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Past NSCA CEU Approved Events (1/1/2018 - present)

| Past NSCA CEU Approved Events (1/1/2018 - present) | | | | | | | |
|--|----------------|-------|--------------|-------|---|--|--|
| Course Title | City | State | Date | CEU's | Course Provider | | |
| Workload Monitoring & Athlete Management | Webinar Series | | January 2018 | 0.5 | Gabbett Performance Solutions | | |
| NSCA Coaches Conference | Charlotte | NC | 1/3/2018 | 2.0 | NSCA | | |
| Flames Strength Summit | Lynchburg | VA | 1/6/2018 | 0.2 | Liberty University | | |
| NSPA National Conference 2018 | McKinney | TX | 1/6/2018 | 1.3 | National Sports Performance Association | | |
| DNS Basic Course A | Winter Garden | FL | 1/12/2018 | 1.7 | DNS Florida | | |
| San Francisco Giants Sports Medicine Conference | San Francisco | CA | 1/12/2018 | 0.6 | San Francisco Giants | | |
| Functional Strength: An Updated Approach to Exercising | Portland | OR | 1/13/2018 | 1.6 | Great Lakes Seminars | | |
| Learn By Doing One-Day Seminar | Fair Lawn | NJ | 1/13/2018 | 0.7 | Perform Better | | |
| Elite Baseball Mentorship - Upper Extremity | Hudson | MA | 1/14/2018 | 2.0 | Cressey Performance | | |
| (Re)Defining the Core: The Key to Functional & Corrective Exercise | San Antonio | TX | 1/17/2018 | 0.6 | Vyne Education | | |
| (Re)Defining the Core: The Key to Functional & Corrective Exercise | The Woodlands | TX | 1/18/2018 | 0.6 | Vyne Education | | |
| (Re)Defining the Core: The Key to Functional & Corrective Exercise | Sugar Land | TX | 1/19/2018 | 0.6 | Vyne Education | | |
| Dynamic Movement with the Bulgarian Bag Course Level 1 | Boise | ID | 1/19/2018 | 0.9 | Suples Training Systems | | |
| Myofascial Stretching | Santa Monica | CA | 1/19/2018 | 2.0 | Global Health and Performance | | |
| 2018 McLeod Sports Performance Clinic | Florence | SC | 1/20/2018 | 0.4 | McLeod Sports Medicine | | |
| Secrets to Improving Game Speed, Agility, & Athlete Quickness | Mt. Washington | MD | 1/20/2018 | 0.5 | John Philbin | | |
| The Pain-Free Performance Training System | Austin | TX | 1/20/2018 | 1.6 | Dr. John Rusin | | |
| Active Isolated Stretching | Sarasota | FL | 1/25/2018 | 2.0 | Stretching USA | | |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|---------------|-----------|-----------|-------|------------------------------------|
| 2018 Hawaii Strength Coaches Clinic | Honolulu | НІ | 1/26/2018 | 0.7 | University of Hawaii |
| 36th Annual Injuries in Baseball | Birmingham | AL | 1/26/2018 | 1.6 | American Sports Medicine Institute |
| Analytical and Segmental Strengthening of the Lower Limbs | Ft Lauderdale | FL | 1/26/2018 | 2.0 | Hellman Holistic Health |
| DVRT Workshop | Seattle | WA | 1/27/2018 | 0.5 | Ultimate Sandbag |
| Functional Strength: An Updated Approach to Exercising | Des Moines | IA | 1/27/2018 | 1.6 | Great Lakes Seminars |
| Learn By Doing One-Day Seminar | San Francisco | CA | 1/27/2018 | 0.7 | Perform Better |
| Movement Coaching: Deadlift, Squat and Press | Kennett | PA | 1/28/2018 | 0.8 | FIT EDU |
| 3rd Annual Hutto Sports Performance Clinic | Hutto | TX | 2/2/2018 | 0.6 | Hutto High School |
| Speed XLab | Melbourne | Australia | 2/3/2018 | 0.7 | PLAE |
| NSCA West Virginia State Clinic | Morgantown | wv | 2/3/2018 | 0.8 | NSCA |
| NSCA TSAC Practitioners Course | Denver | со | 2/5/2018 | 2.0 | NSCA |
| 3.5 Day Mentorship | San Diego | CA | 2/8/2018 | 1.0 | Todd Durkin Enterprises |
| 11th Annual Spartan Strength and Conditioning Clinic | East Lansing | МІ | 2/9/2018 | 0.9 | Michigan State University |
| NSCA South Dakota State Clinic | Rapid City | SD | 2/9/2018 | 0.7 | NSCA |
| Specific Proprioception & Awareness | Santa Monica | CA | 2/9/2018 | 2.0 | Global Health and Performance |
| Learn By Doing One-Day Seminar | Los Angeles | CA | 2/10/2018 | 0.7 | Perform Better |
| Sydney Lab | Sydney | Australia | 2/10/2018 | 0.9 | PLAE |
| The Brolando Experience | Orlando | FL | 2/10/2018 | 1.2 | Spark Fitness |
| (Re)Defining the Core: The Key to Functional & Corrective Exercise | College Park | MD | 2/14/2018 | 0.6 | Vyne Education |
| Opioid Epidemic & Its Adverse Effects On Exercise, Sport, Competition | Billings | MT | 2/14/2018 | 0.1 | Athletic Medicine and Performance |
| (Re)Defining the Core: The Key to Functional & Corrective Exercise | Annapolis | MD | 2/15/2018 | 0.6 | Vyne Education |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|---------------|-------------------|-----------|-----------|--|
| (Re)Defining the Core: The Key to Functional & Corrective Exercise | Ellicott City | MD | 2/16/2018 | 0.6 | Vyne Education |
| Analytical and Segmental Muscular Strengthening of the Upper Limbs and the Trunk | Ft Lauderdale | FL | 2/16/2018 | 2.0 | Hellman Holistic Health |
| 8th Annual Strength and Conditioning/Athletic Development New Jersey Clinic | Martisville | NJ | 2/17/2018 | 0.8 | SMARTER Team Training |
| Functional Fitness | Houston | TX | 2/17/2018 | 0.2 - 0.8 | Exercise ETC |
| Leading Training and Fitness Conference | Alexandria | MN | 2/17/2018 | 0.5 | Alexandria Technical and Community College |
| Scientific Shoulder Training | Lancanshire | United Kingdom | 2/17/2018 | 1.6 | C.H.E.K. Institute |
| Speed Performance Workshop | Kamen | Germany | 2/17/2018 | 1.3 | EXOS |
| Sports and Dance Injury Prevention | Waltham | MA | 2/17/2018 | 0.2 | The Micheli Center for Sports Injury Prevention |
| Functional Fitness | Pittsburgh | PA | 2/18/2018 | 0.2 - 0.8 | Exercise ETC |
| ALTIS Apprentice Coach Program | Phoenix | AZ | 2/19/2018 | 2.0 | ALTIS |
| High Performance Workshop Series | Brize Norton | United Kingdom | 2/19/2018 | 2.0 | Athletic Performance Education Company |
| Performance Mentorship Phase 1 | Kamen | Germany | 2/19/2018 | 2.0 | EXOS |
| Performance Mentorship Phase 3 | Phoenix | AZ | 2/19/2018 | 2.0 | EXOS |
| NHSSCA Pacific Regional Conference | Las Vegas | NV | 2/23/2018 | 1.0 | National High School Strength Coaches Association |
| NSCA Oklahoma State Clinic | Stillwater | ОК | 2/23/2018 | 1.5 | NSCA |
| 2018 Puerto Rico Mini-Clinic | Ponce | PR | 2/24/2018 | 0.7 | NSCA |
| Biomechanics of the Hip Joint in the Context of Exercise Selection | Eden Prairie | MN | 2/24/2018 | 0.4 | Lifestyle Management |
| Functional Fitness | Los Angeles | CA | 2/24/2018 | 0.2 - 0.8 | Exercise ETC |
| Learn By Doing One-Day Seminar | Tampa | FL | 2/24/2018 | 0.7 | Perform Better |
| Noblesville Lab | Noblesville | IN | 2/24/2018 | 0.8 | PLAE |
| NSCA New Mexico State Clinic | Albuquerque | NM | 2/24/2018 | 0.7 | NSCA |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|--------------------|-------|-----------|-------------|--|
| NSCA North Dakota State Clinic | Bismarck | ND | 2/24/2018 | 0.7 | NSCA |
| 2018 Professional Football Athletic Trainers Society Educational Symposium | Indianapolis | IN | 2/26/2018 | 0.6 | Hospital for Special Surgery |
| IDEA Personal Trainer Institute | Alexandria | VA | 3/1/2018 | CEU Grid | IDEA Health & Fitness Association |
| NHSSCA Southwest Regional Conference | Dallas | TX | 3/2/2018 | 1.0 | National High School Strength Coaches Association |
| Functional Fitness | Central New Jersey | NJ | 3/3/2018 | 0.2 - 0.8 | Exercise ETC |
| Human Movement Optimization and Performance Enhancement | Dania Beach | FL | 3/3/2018 | 1.2 | Optimum Performance Training Institute |
| NSCA Oregon State Clinic | Portland | OR | 3/3/2018 | 0.6 | NSCA |
| 2018 Spring Fitness & Training Forum | Vancouver | WA | 3/4/2018 | 0.8 | Northwest Fitness Education |
| Metabolic Conditioning: Movements & Program Designs That Deliver | Kennett | PA | 3/4/2018 | 0.8 | FIT EDU |
| NSCA TSAC Practitioners Course | Virginia Beach | VA | 3/5/2018 | 2.0 | NSCA |
| MIAC Strength Coaches Annual Meeting | Ramsey | MN | 3/7/2018 | 0.4 | Minnesota Intercollegiate Athletic Conference |
| NSCA South Dakota State Clinic | Sioux Falls | SD | 3/9/2018 | 1.1 | NSCA |
| Resistance Exercise Conference | Minneapolis | MN | 3/9/2018 | 0.9 | Discovery Strength |
| Strength & Power Performance Workshop | Phoenix | AZ | 3/9/2018 | 1.5 | EXOS |
| 5th Annual Strength and Conditioning/Athletic Development Virginia Clinic | Brambleton | VA | 3/10/2018 | 0.8 | SMARTER Team Training |
| Brains & Balance Past 60 | Detroit | MI | 3/10/2018 | 0.2 - 0.8 | Exercise ETC |
| Buffalo State Strength & Conditioning Conference | Buffalo | NY | 3/10/2018 | 0.8 | Buffalo State College |
| Functional Strength: An Updated Approach to Exercising | Newark | NJ | 3/10/2018 | 1.6 | Great Lakes Seminars |
| Hammer Strength West Coast | Santa Clara | CA | 3/10/2018 | 1.0 | Hammer Strength/NSCA |
| The Pain-Free Performance Training System | Los Angeles | CA | 3/10/2018 | 1.6 | Dr. John Rusin |
| Functional Fitness | Cleveland | ОН | 3/11/2018 | 0.2 - 0.8 | Exercise ETC |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|----------------|--------|-----------|---------------------------|-------------------------------|
| Speed Performance Workshop | Phoenix | AZ | 3/11/2018 | 1.3 | EXOS |
| ALTIS Apprentice Coach Program | Phoenix | AZ | 3/12/2018 | 2.0 | ALTIS |
| (Re)Defining the Core: The Key to Functional & Corrective Exercise | Tinley Park | IL | 3/14/2018 | 0.6 | Vyne Education |
| (Re)Defining the Core: The Key to Functional & Corrective Exercise | Schaumburg | IL | 3/15/2018 | 0.6 | Vyne Education |
| Performance Mentorship Phase 1 | Sao Paulo | Brazil | 3/15/2018 | 2.0 | EXOS |
| (Re)Defining the Core: The Key to Functional & Corrective Exercise | Naperville | IL | 3/16/2018 | 0.6 | Vyne Education |
| Functional Strength: An Updated Approach to Exercising | Salt Lake City | UT | 3/16/2018 | 1.6 | Great Lakes Seminars |
| Kabuki Movement System | Los Angeles | CA | 3/16/2018 | 1.7 | Kabuki Strength |
| Original Strength Pro Performance | Fuquay-Varina | NC | 3/16/2018 | 0.9 | Original Strength Systems |
| Strength & Power Performance Workshop | San Diego | CA | 3/16/2018 | 1.5 | EXOS |
| Brains & Balance Past 60 | Denver | со | 3/17/2018 | 0.2 - 0.8 | Exercise ETC |
| Designing a Science-Based Workout - Using EMG for Exercise Selection | Eden Prairie | MN | 3/17/2018 | 0.4 | Lifestyle Management |
| Exercise for Older Adults | Milwaukee | WI | 3/17/2018 | 0.2 - 0.8 | Exercise ETC |
| IronCat Strength and Conditioning Coaching Clinic | Tucson | AZ | 3/17/2018 | 0.6 | University of Arizona |
| Learn By Doing One-Day Seminar | Boston | MA | 3/17/2018 | 0.7 | Perform Better |
| Northeast Ohio Strength Clinic | Berea | ОН | 3/17/2018 | 0.6 | Berea-Midpark Sports Medicine |
| Reconditioning Level 1 | Montreal | QC | 3/17/2018 | 1.6 | High Performance Consultants |
| IHRSA 2018 | San Diego | CA | 3/21/2018 | <u>CEU</u> <u>Grid</u> | IHRSA |
| Firefighter Mentorship Phase 1 | Phoenix | AZ | 3/22/2018 | 2.0 | EXOS |
| Speed Performance Workshop | Ribeirão Preto | Brazil | 3/22/2018 | 1.3 | EXOS |
| 12th Annual HSS Sports Medicine Symposium | New York | NY | 3/23/2018 | <u>CEU</u> <u>Grid</u> | Hospital for Special Surgery |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|----------------|-----------|-----------|-------------|--|
| How to Organize a Global Movement: Squat, Posturology Testing and Training | Ft Lauderdale | FL | 3/23/2018 | 2.0 | Hellman Holistic Health |
| Speed Performance Workshop | San Diego | CA | 3/23/2018 | 1.3 | EXOS |
| Complete Speed & Power Summit | LaVerne | CA | 3/24/2018 | 1.3 | Athletes Acceleration |
| Functional Fitness | Minneapolis | MN | 3/24/2018 | 0.2 - 0.8 | Exercise ETC |
| Functional Training | Buenos Aires | Argentina | 3/24/2018 | 0.6 | Justo Aon |
| Movement Foundations Seminar | Chatham | NJ | 3/24/2018 | 0.8 | Resilient Performance Physical Therapy |
| NSCA Great Lakes Regional Conference | Ypsilanti | МІ | 3/24/2018 | 0.7 | NSCA |
| NSCA Tennessee State Clinic | Nashville | TN | 3/24/2018 | 0.7 | NSCA |
| Strength & Power Performance Workshop | Ribeirão Preto | Brazil | 3/24/2018 | 1.5 | EXOS |
| Wildcat Performance Symposium | San Francisco | CA | 3/24/2018 | 0.8 | St. Ignatius College Preparatory |
| Assisted Stretching Techniques for Health and Fitness Professionals | Charleston | SC | 3/25/2018 | 0.6 | LowCountry Rolfing |
| Simplified Periodization | Buenos Aires | Argentina | 3/25/2018 | 0.6 | Justo Aon |
| Performance Mentorship Phase 1 | Phoenix | AZ | 3/26/2018 | 2.0 | EXOS |
| Performance Mentorship Phase 1 | Moscow | Russia | 3/29/2018 | 2.0 | EXOS |
| Muscle, Strength, and Fat Loss Seminar | San Diego | CA | 3/30/2018 | 1.4 | BC Athletics |
| Performance 4 Clinic | San Antonio | TX | 3/30/2018 | 0.5 | Performance 4 |
| NSCA Southeast Regional Conference | Bradenton | FL | 3/31/2018 | 0.8 | NSCA |
| 2018 TSAC Annual Training | Norfolk | VA | 4/2/2018 | 2.0 | NSCA |
| Performance Mentorship Phase 2 | Phoenix | AZ | 4/2/2018 | 2.0 | EXOS |
| IDEA Personal Trainer Institute South | Dallas | TX | 4/5/2018 | CEU Grid | IDEA Health & Fitness Association |
| Inland Empire Fitness Conference | Spokane | WA | 4/6/2018 | 0.4 - 1.2 | Spokane Club |

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|---|----------------|-------|-----------|-----------|---|
| 6th Annual New England Sports & Orthopedic Rehabilitation Summit | Providence | RI | 4/7/2018 | 0.4 | Brown University |
| Brains & Balance Past 60 | Ft. Lauderdale | FL | 4/7/2018 | 0.2 - 0.8 | Exercise ETC |
| ISSN-GAINZ | Dallas | TX | 4/7/2018 | 0.6 | International Society of Sports Nutrition |
| Kinetic Link Training - Level 1: Evolving Functional Strength | Boca Raton | FL | 4/7/2018 | 1.6 | Health Adventure Courses International |
| NSCA Iowa State Clinic | Cedar Falls | IA | 4/7/2018 | 0.8 | NSCA |
| NSCA Mississippi State Clinic | Starksville | MS | 4/7/2018 | 0.7 | NSCA |
| NSCA Texas State Clinic | Forth Worth | TX | 4/7/2018 | 0.8 | NSCA |
| Performing at any Cost | Clearwater | FL | 4/7/2018 | 0.8 | Associates in Sports Medicine Education |
| Posture, Mobility & Performance | New York | NY | 4/7/2018 | 0.2 - 0.8 | Exercise ETC |
| Strength & Power Performance Workshop | Chicago | IL | 4/7/2018 | 1.5 | EXOS |
| ALTIS Apprentice Coach Program | Phoenix | AZ | 4/9/2018 | 2.0 | ALTIS |
| Thoracic Outlet Syndrome: Causes, Prevention & Return to Play | Billings | MT | 4/11/2018 | 0.1 | Athletic Medicine and Performance |
| Sports Chiropractic Principles & Practice Workshop | San Diego | CA | 4/12/2018 | 0.3 | American Chiropractic Board of Sports Physicians |
| 2018 Chiropractic Sports Sciences Symposium | San Diego | CA | 4/13/2018 | 0.5 | American Chiropractic Board of Sports Physicians |
| Sanford POWER Strength & Conditioning Clinic | Fargo | ND | 4/13/2018 | 1.1 | Sanford Health-POWER Center |
| 5th International Conference on Evidence-Based Aquatic Therapy | Las Vegas | NV | 4/14/2018 | 1.9 | ICEBAT US 2018 |
| Brains & Balance Past 60 | Boston | MA | 4/14/2018 | 0.2 - 0.8 | Exercise ETC |
| Coaching Principles/Techniques | Savannah | GA | 4/14/2018 | 0.3 | Hyperformance Athletics |
| Flexibility Scripts Assessments | Gainesville | FL | 4/14/2018 | 0.8 | Flexibility Script |
| Functional Strength: An Updated Approach to Exercising | Philadelphia | PA | 4/14/2018 | 1.6 | Great Lakes Seminars |
| ISSN - Coastal Carolina University Conference | Conway | SC | 4/14/2018 | 0.6 | International Society of Sports Nutrition |

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|---|----------------|-------|-----------|-----------|--|
| Kinetic Link Training - Level 1: Evolving Functional Strength | Miami Beach | FL | 4/14/2018 | 1.6 | Health Adventure Courses International |
| Learn By Doing One-Day Seminar | Durham | NC | 4/14/2018 | 0.7 | Perform Better |
| NSCA Utah State Clinic | Salt Lake City | UT | 4/14/2018 | 0.6 | NSCA |
| NSCA Wisconsin State Clinic | Waukesha | WI | 4/14/2018 | 0.6 | NSCA |
| Reconditioning Level 1 | Phoenix | AZ | 4/14/2018 | 1.6 | High Performance Consultants |
| Spurling Spring Seminar | Kennebunk | ME | 4/14/2018 | 0.7 | Spurling Fitness |
| Steel Mace Modern Foundations Level 1 | Montville | NJ | 4/14/2018 | 0.7 | Rich Thurman |
| Strength & Power Performance Workshop | Chicago | IL | 4/14/2018 | 1.5 | EXOS |
| Functional Fitness | Hartford | СТ | 4/15/2018 | 0.2 - 0.8 | Exercise ETC |
| Hip Hinge 101 Workshop | Corbetta Milan | Italy | 4/15/2018 | 0.7 | Matthew Ibrahim |
| Steel Mace Foundations & Coaching L2 | Montville | NJ | 4/15/2018 | 0.7 | Rich Thurman |
| (Re)Defining the Core: The Key to Functional & Corrective Exercise | Billings | MT | 4/18/2018 | 0.6 | Vyne Education |
| (Re)Defining the Core: The Key to Functional & Corrective Exercise | Great Falls | МТ | 4/19/2018 | 0.6 | Vyne Education |
| Postural Restriction: An Interdisciplinary Approach to Alignment of Functional Patterns | Lincoln | NE | 4/19/2018 | 1.0 | Postural Restoration Institute |
| (Re)Defining the Core: The Key to Functional & Corrective Exercise | Missoula | MT | 4/20/2018 | 0.6 | Vyne Education |
| 17th Annual Sanford Strength and Conditioning Clinic | Sioux Falls | SD | 4/20/2018 | 1.2 | Sanford Hospital Wellness Center |
| 5th Annual Rutgers Human Performance Pre-Conference Clinic | New Brunswick | NJ | 4/20/2018 | 0.4 | Rutgers University |
| Behavior Change in Exercise | Charlotte | NC | 4/20/2018 | 0.8 | PTA Global |
| NSCA Hawaii State Clinic | Honolulu | НІ | 4/20/2018 | 1.0 | NSCA |
| NSCA Idaho State Clinic | Boise | ID | 4/20/2018 | 1.1 | NSCA |
| NSCA Pennsylvania State Clinic | Philadelphia | PA | 4/20/2018 | 0.6 | NSCA |

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|---|---------------|-----------|-----------|-----------|-----------------------------|
| NSCA Southwest Regional Conference | Santa Monica | CA | 4/20/2018 | 1.0 | NSCA |
| Nutrition Strategies For The Strength Athlete | North Andover | MA | 4/20/2018 | 0.5 | NEACSM/NSCA |
| 5th Annual Rutgers Human Performance Conference | Piscataway | NJ | 4/21/2018 | 0.6 | Rutgers University |
| Bay Area Sport Performance Symposium | Sacramento | CA | 4/21/2018 | 0.6 | Ramsey Nijem |
| Behavior Change in Exercise | Raleigh | NC | 4/21/2018 | 0.8 | PTA Global |
| Coaching Competency | Sterling | VA | 4/21/2018 | 0.7 | Gentilcore Training Systems |
| Complete Speed & Power Summit | Woburn | MA | 4/21/2018 | 1.3 | Athletes Acceleration |
| Functional Fitness | Norfolk | VA | 4/21/2018 | 0.2 - 0.8 | Exercise ETC |
| Functional Fitness | Philadelphia | PA | 4/21/2018 | 0.2 - 0.8 | Exercise ETC |
| Functional Fitness | Albuquerque | NM | 4/21/2018 | 0.2 - 0.8 | Exercise ETC |
| Functional Strength: An Updated Approach to Exercising | Gary | IN | 4/21/2018 | 1.6 | Great Lakes Seminars |
| Functional Training | Buenos Aires | Argentina | 4/21/2018 | 0.6 | Justo Aon |
| NSCA Kentucky State Clinic | Georgetown | KY | 4/21/2018 | 0.5 | NSCA |
| NSCA Missouri State Clinic | St. Charles | МО | 4/21/2018 | 0.6 | NSCA |
| PLAE Lab | Washington | DC | 4/21/2018 | 0.7 | PLAE |
| Rehab 2 Perform Spring Seminar | Germantown | MD | 4/21/2018 | 0.4 | Rehab 2 Perform |
| Southwest Michigan Strength and Conditioning Clinic | Niles | MI | 4/21/2018 | 0.8 | Niles High School |
| The Science of the Olympic Lifts | Franklin | MA | 4/21/2018 | 0.4 | RWL Weightlifting |
| Functional Training for Sports | Buenos Aires | Argentina | 4/22/2018 | 0.6 | Justo Aon |
| Level 1 Blood Flow Restriction Training Course | Houston | TX | 4/22/2018 | 0.9 | Smart Tools |
| Scientific Shoulder Training | San Diego | CA | 4/22/2018 | 1.6 | C.H.E.K. Institute |

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|--|----------------|-------|-----------|-----------|---|
| ELDOA 1 | San Jose | CA | 4/26/2018 | 1.2 | Beach Fitness |
| Health Coaching Fundamentals Mentorship: Part 1 | Carlsbad | CA | 4/27/2018 | 2.0 | Institute of Motion |
| Brains & Balance Past 60 | Washington | DC | 4/28/2018 | 0.2 - 0.8 | Exercise ETC |
| ELDOA 2 | San Jose | CA | 4/28/2018 | 1.5 | Beach Fitness |
| Exercise for Older Adults | Atlanta | GA | 4/28/2018 | 0.2 - 0.8 | Exercise ETC |
| Functional Strength: An Updated Approach to Exercising | Lynchburg | VA | 4/28/2018 | 1.6 | Great Lakes Seminars |
| High School Coaches Sports Performance Clinic | USAFA | со | 4/28/2018 | 0.8 | United States Air Force Academy |
| IronCat Sports Specific Coaching Clinic | Tucson | AZ | 4/28/2018 | 0.6 | University of Arizona |
| Learn By Doing One-Day Seminar | Atlanta | GA | 4/28/2018 | 0.7 | Perform Better |
| Maverick Sports Performance Clinic | Houston | TX | 4/28/2018 | 0.5 | St. John's School |
| NSCA Arkansas State Clinic | Jonesboro | AR | 4/28/2018 | 0.7 | NSCA |
| NSCA North Central Regional Conference | St. Paul | MN | 4/28/2018 | 1.2 | NSCA |
| Utilizing Neuromuscular and Neurocognitive Strategies to Enhance Dynamic Stability of the Knee | Dayton | ОН | 4/28/2018 | 0.4 | Premier Health |
| Hip Hinge 101 Workshop | Rockville | MD | 4/29/2018 | 0.7 | Matthew Ibrahim |
| Powerlifting Coach Certificate Course | Mumbai | India | 5/2/2018 | 2.0 | Strength and Conditioning Academy,India |
| Active Isolated Stretching | Sarasota | FL | 5/3/2018 | 2.0 | Stretching USA |
| Andrews Institute - Injuries in Football Conference 2018 | Miramar Beach | FL | 5/3/2018 | 1.0 | Andrews Research & Education Foundation |
| 2018 Long Term Athlete Development Summit | Aston | PA | 5/4/2018 | 0.7 | 2018 Long Term Athlete Development Summit |
| 2018 Midwest Sports Performance Conference | Lawrence | KS | 5/4/2018 | 0.7 | University of Kansas |
| Behavior Change in Exercise | Irmo | SC | 5/4/2018 | 0.8 | PTA Global |
| NSCA Delaware State Clinic | Rehoboth Beach | DE | 5/4/2018 | 0.6 | NSCA |

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|--|------------------|--------|-----------|-----------|----------------------------------|
| The Fitness Summit | Kansas City | МО | 5/4/2018 | 1.8 | The Fitness Summit |
| Blueprint for a Bulletproof Shoulder | Sacramento | CA | 5/5/2018 | 0.8 | Kime Human Performance Institute |
| Functional Fitness | New York | NY | 5/5/2018 | 0.2 - 0.8 | Exercise ETC |
| Mobility Wod Performance Workshop | East Brunswick | NJ | 5/5/2018 | 0.6 | Mobility Wod |
| Northwestern College Performance Clinic | Orange City | IA | 5/5/2018 | 0.7 | Northwestern College |
| NSCA Maine State Clinic | Biddeford | ME | 5/5/2018 | 0.6 | NSCA |
| Steel Mace Modern Foundations Level 1 | Boston | MA | 5/5/2018 | 0.7 | Rich Thurman |
| NSCA Maine State Clinic | Biddeford | ME | 5/5/2018 | 0.6 | NSCA |
| Mobility Wod Performance Workshop | Rockville Centre | NY | 5/6/2018 | 0.6 | Mobility Wod |
| Performance Mentorship Phase 1 | Moscow | Russia | 5/7/2018 | 2.0 | EXOS |
| Foundation for Fitness - Core Concepts in Program Design | New York | NY | 5/11/2018 | 2.0 | Hype Gym |
| Mountain-Con 2018 (Pre-Con) | Minturn | со | 5/11/2018 | 0.5 | Minturn Fitness Center |
| NSCA Ontario Provinicial Clinic | Toronto | Canada | 5/11/2018 | 1.1 | NSCA |
| Speed Performance Workshop | Gulf Breeze | FL | 5/11/2018 | 1.3 | EXOS |
| Learn By Doing One-Day Seminar | Tacoma | WA | 5/12/2018 | 0.7 | Perform Better |
| Mountain-Con 2018 | Minturn | со | 5/12/2018 | 1.5 | Minturn Fitness Center |
| Peak Performance | Richmond | VA | 5/12/2018 | 0.5 | HCA VA Sports Medicine |
| NSCA Ontario Provincial Clinic | Toronto | ON | 5/11/2018 | 1.1 | NSCA |
| Performance Mentorship Phase 2 | Moscow | Russia | 5/12/2018 | 2.0 | EXOS |
| Relative Learning in a Group Setting | McKinney | TX | 5/12/2018 | 0.3 | Michael Johnson Performance |
| ALTIS Apprentice Coach Program | Phoenix | AZ | 5/14/2018 | 2.0 | ALTIS |

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|--|---------------|-------|-----------|-----------|--|
| NSCA TSAC Practitioners Course | San Diego | CA | 5/14/2018 | 2.0 | NSCA |
| Translating Research to Practice | Chapel Hill | NC | 5/15/2018 | 0.8 | Gabbett Performance Solutions |
| 2018 CATS Spring Symposium | Las Vegas | NV | 5/17/2018 | 0.9 | College Athletic Trainers' Society |
| ELDOA 1 | Manoa | Н | 5/17/2018 | 1.2 | Beach Fitness |
| Coach 4 Kindness Clinic | Oklahoma City | ОК | 5/18/2018 | 0.4 | The Good Athlete Project |
| Kabuki Movement System | San Antonio | TX | 5/18/2018 | 1.7 | Kabuki Strength |
| Summer Strong XI | Lexington | SC | 5/18/2018 | 1.2 | Sorinex Exercise Equipment |
| 27th Annual Magic City Sports Medicine Conference | Billings | MT | 5/19/2018 | 0.6 | Athletic Medicine and Performance |
| Complete Speed & Power Summit | Tinton Falls | NJ | 5/19/2018 | 1.3 | Athletes Acceleration |
| ELDOA 2 | Manoa | НІ | 5/19/2018 | 1.5 | Beach Fitness |
| Fifth Annual BOSHA Sports Medicine Conference 2018 | Arlington | TX | 5/19/2018 | 0.6 | Camenae Group |
| Fueling Your Brain and Body | Waltham | MA | 5/19/2018 | 0.2 | The Micheli Center for Sports Injury Prevention |
| Functional Fitness | San Antonio | TX | 5/19/2018 | 0.2 - 0.8 | Exercise ETC |
| Functional Fitness | St. Louis | МО | 5/19/2018 | 0.2 - 0.8 | Exercise ETC |
| Functional Strength: An Updated Approach to Exercising | Reno | NV | 5/19/2018 | 1.6 | Great Lakes Seminars |
| Mastering the Squat | Phoenix | AZ | 5/19/2018 | 0.4 | Liberty Performance Training |
| Mobility Wod Performance Workshop | Denver | со | 5/19/2018 | 0.6 | Mobility Wod |
| NHSSCA Northwest Regional Conference | Seattle | WA | 5/19/2018 | 1.0 | National High School Strength Coaches Association |
| NSCA Illinois State Clinic | Lombard | IL | 5/19/2018 | 0.7 | NSCA |
| NSCA Northern California State Clinic | Atherton | CA | 5/19/2018 | 0.8 | NSCA |
| University of Pennsylvania Sports Performance Symposium | Philadelphia | PA | 5/19/2018 | 0.6 | University of Pennsylvania |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|---------------------|-------------|-----------|-------------|--|
| Movement Foundations | Hudson | MA | 5/20/2018 | 0.8 | Resilient Performance Physical Therapy |
| Steel Mace Modern Foundations Level 1 | Corona Del Mar | CA | 5/20/2018 | 0.7 | Rich Thurman |
| CPSDA's 10th Annual Conference | Indianapolis | IN | 5/22/2018 | CEU Grid | Collegiate and Professional Sports Dietitians Association |
| Performance Mentorship Phase 1 | Eindhoven | Netherlands | 5/22/2018 | 2.0 | EXOS |
| LA Galaxy Sports Science Symposium | Carson | CA | 5/23/2018 | 1.5 | Los Angeles Galaxy |
| S.M.A.R.T. Strategies 101: Stress Management and Resilience Training for Health and Fitness Professionals | Boca Raton | FL | 5/25/2018 | 0.4 | SMART Strategies Consulting |
| 2018 CPTN Personal Trainer Summit | Toronto | Canada | 6/1/2018 | CEU Grid | Certified Professional Trainers Net\work |
| 33rd Annual Advances on the Knee, Shoulder, & Sports Medicine Conference | Hilton Head Island | SC | 5/26/2018 | 1.2 | Cincinnati Sportsmedicine Research and Education Foundation |
| High Performance Athletic Development Clinic | Cary | NC | 5/26/2018 | 1.5 | Athletic Lab |
| Revisiting the Basics | Minneapolis | MN | 5/29/2018 | 0.4 | Gatorade Sports Science Institute |
| 3-Day Functional Training Summit | Orlando | FL | 6/1/2018 | 1.6 | Perform Better |
| Hypertrophy Training Camp | Huntington Beach | CA | 6/1/2018 | 2.0 | KILO Strength Society |
| NSCA Connecticut State Clinic | Storrs | СТ | 6/1/2018 | 0.5 | NSCA |
| Endurance Sports Functional Training | San Jose | Costa Rica | 6/2/2018 | 0.6 | Justo Aon |
| Inside the House - Athletic Based Strength Training for the High School | Franklin | TN | 6/2/2018 | 0.7 | Big House Power Competitive Athletic Training |
| Level 1 Blood Flow Restriction Training Course | La Cañada Flintride | CA | 6/2/2018 | 0.9 | Smart Tools |
| Mobility Wod Performance Workshop | Bismarck | ND | 6/2/2018 | 0.6 | Mobility Wod |
| NSCA New Jersey State Clinic | Cherry Hill | NJ | 6/2/2018 | 0.9 | NSCA |
| PLAE Lab | Toronto | Canada | 6/2/2018 | 0.8 | PLAE |
| Soccer Functional Training | San Jose | Costa Rica | 6/2/2018 | 0.6 | Justo Aon |
| Functional Fitness | New Orleans | LA | 6/3/2018 | 0.2 - 0.8 | Exercise ETC |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|------------------|--------|-----------|-------------|--|
| Level 1 Blood Flow Restriction Training Course | Newport Beach | CA | 6/3/2018 | 0.9 | Smart Tools |
| Steel Mace Modern Foundations Level 1 | Nashville | TN | 6/3/2018 | 0.7 | Rich Thurman |
| Evidence-Based Sports Enhancement Programs | Brentwood | TN | 6/6/2018 | 0.6 | Vyne Education |
| ATHLEAN-X Live 2018 | Stamford | СТ | 6/7/2018 | 1.3 | ATHLEAN-X |
| Evidence-Based Sports Enhancement Programs | Chattanooga | TN | 6/7/2018 | 0.6 | Vyne Education |
| Feed for Speed & Power: Evidence- Based Sports Nutrition | San Diego | CA | 6/7/2018 | 0.6 | Vyne Education |
| Performance Mentorship Phase 1 | Fortaleza | Brazil | 6/7/2018 | 2.0 | EXOS |
| 2018 Hockey Strength and Conditioning Clinic | Colorado Springs | со | 6/8/2018 | 1.5 | NSCA |
| 2018 Premier Health Sports Medicine Symposium | Dayton | ОН | 6/8/2018 | CEU Grid | Premier Health |
| Evidence-Based Sports Enhancement Programs | Lithonia | GA | 6/8/2018 | 0.6 | Vyne Education |
| Feed for Speed & Power: Evidence- Based Sports Nutrition | Irvine | CA | 6/8/2018 | 0.6 | Vyne Education |
| Nutrition in Injury Prevention and Recovery | Boston | MA | 6/8/2018 | 0.4 | Collegiate and Professional Sports Dietitians Association/ASN |
| Advanced Strategies to Program Design | Huntington Beach | CA | 6/9/2018 | 1.4 | KILO Strength Society |
| Feed for Speed & Power: Evidence- Based Sports Nutrition | Torrance | CA | 6/9/2018 | 0.6 | Vyne Education |
| Functional Fitness | Phoenix | AZ | 6/9/2018 | 0.2 - 0.8 | Exercise ETC |
| Human Movement Optimization and Performance Enhancement | Dania Beach | FL | 6/9/2018 | 1.2 | Optimum Performance Training Institute |
| NSCA Alberta Provincial Clinic | Calgary | Canada | 6/9/2018 | 0.8 | NSCA |
| Restoring Functional Movement of the Upper Extremity | New York | NY | 6/9/2018 | 0.8 | Professional Seminars |
| ALTIS Apprentice Coach Program | Phoenix | AZ | 6/11/2018 | 2.0 | ALTIS |
| NSCA TSAC Practitioners Course | Denver | СО | 6/11/2018 | 2.0 | NSCA |
| Sport Exchange Summit | Kansas City | МО | 6/11/2018 | 0.7 | Drug Free Sport |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|--------------|-----------|-----------|-------------|-----------------------------------|
| the Core: The Key to Functional & Corre | Appleton | WI | 6/13/2018 | 0.6 | Vyne Education |
| Role of Ground Force Reaction in Development of Exercise Plans | Billings | МТ | 6/13/2018 | 0.1 | Athletic Medicine and Performance |
| (Re)Defining the Core: The Key to Functional & Corrective Exercise | Madison | WI | 6/14/2018 | 0.6 | Vyne Education |
| Speed Performance Workshop | Brasilia | Brazil | 6/14/2018 | 1.3 | EXOS |
| (Re)Defining the Core: The Key to Functional & Corrective Exercise | Milwaukee | WI | 6/15/2018 | 0.6 | Vyne Education |
| Atlantis Strength Summit | Laval | Canada | 6/15/2018 | 1.2 | Atlantis |
| Atlantis Strength Summit | Laval | QC | 6/15/2018 | 1.2 | Atlantis |
| Kabuki Movement System | Chicago | IL | 6/15/2018 | 1.7 | Kabuki Strength |
| Barbell Technician Level 1 | Ottawa | Canada | 6/16/2018 | 0.7 | Barbell Technician |
| Functional Training | Buenos Aires | Argentina | 6/16/2018 | 0.6 | Justo Aon |
| Human Performance Clinic - Strength Development | Santa Monica | CA | 6/16/2018 | 0.4 | Elite Performance Club |
| Mobility Wod Performance Workshop | Portland | ME | 6/16/2018 | 0.6 | Mobility Wod |
| NSCA Vermont State Clinic | Burlington | VT | 6/16/2018 | 0.7 | NSCA |
| Strength & Power Performance Workshop | Brasilia | Brazil | 6/16/2018 | 1.5 | EXOS |
| Atlantis Strength Summit | Laval | QC | 6/15/2018 | 1.2 | Atlantis |
| Mobility Wod Performance Workshop | Portland | ME | 6/16/2018 | 0.6 | Mobility Wod |
| Training from Blocks | Chandler | AZ | 6/17/2018 | 0.8 | DC Concepts |
| PHATS/SPHEM 2018 Annual Meeting | Orlando | FL | 6/19/2018 | CEU Grid | PHATS/SPHEM |
| NSCA TSAC Practitioners Course | Queensland | Australia | 6/21/2018 | 2.0 | NSCA |
| 2018 Juniata College Strength & Conditioning Conference | Huntingdon | PA | 6/22/2018 | 1.8 | Juniata College |
| Rokke Performance Summit | Tigard | OR | 6/22/2018 | 1.6 | Rokke Performance Therapy |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|----------------|-----------|-----------|-------------|--|
| S3: The Sports Science Summit Conference | Orlando | FL | 6/22/2018 | 0.7 | Athlete AnalytiX LLC |
| SCAPH Annual Conference | Orlando | FL | 6/22/2018 | 0.6 | Keiser |
| UC FitCon 2018 | Riverside | CA | 6/22/2018 | CEU Grid | UC FitCon 2018 |
| Brains & Balance Past 60 | Norfolk | VA | 6/23/2018 | 0.2 - 0.8 | Exercise ETC |
| Functional Fitness | Salt Lake City | UT | 6/23/2018 | 0.2 - 0.8 | Exercise ETC |
| Functional Strength: An Updated Approach to Exercising | Phoenix | AZ | 6/23/2018 | 1.6 | Great Lakes Seminars |
| The Power Conference | Englewood | со | 6/23/2018 | 0.7 | The Power Conference |
| NSCA Maryland State Clinic | Baltimore | MD | 6/23/2018 | 0.7 | NSCA |
| ACE Behavior Change in Practice: Hands-On Skills for Health Coaches and Exercise Professionals | San Diego | CA | 6/27/2018 | 0.5 | IDEA Health & Fitness Association |
| NASM Corrective Exercise Specialist Fundamentals | San Diego | CA | 6/27/2018 | 0.4 | IDEA Health & Fitness Association |
| Precision Nutrition: The Art and Science of Nutrition Coaching | San Diego | CA | 6/27/2018 | 0.6 | IDEA Health & Fitness Association |
| STOTT PILATES® Foam Roller™ Plus, Levels 1 & 2 | San Diego | CA | 6/27/2018 | 0.4 | IDEA Health & Fitness Association |
| TRX® Duo Trainer: Hacking Body- Weight Strength | San Diego | CA | 6/27/2018 | 0.4 | IDEA Health & Fitness Association |
| Unlock Functional Mobility with FMS Essentials | San Diego | CA | 6/27/2018 | 0.4 | IDEA Health & Fitness Association |
| IDEA World Convention 2018 | San Diego | CA | 6/28/2018 | CEU Grid | IDEA Health & Fitness Association |
| 3-Day Functional Training Summit | Providence | RI | 6/29/2018 | 1.6 | Perform Better |
| World Conference on Kinanthropometry | Santiago | Chile | 6/29/2018 | 0.8 | International Society for the Advancement of Kineanthropometry |
| 2018 International Human Performance Summit | San Antonio | TX | 6/30/2018 | 0.7 | Southwest Research Institute |
| Functional Training | Buenos Aires | Argentina | 6/30/2018 | 0.6 | Justo Aon |
| Olympic Weightlifting for Sports | Santa Monica | CA | 6/30/2018 | 0.8 | Velocity Sports Performance |
| ViPR PRO Fundamentals Workshop | Miami | FL | 6/30/2018 | 0.7 | ViPR Pro |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|------------------|-------------------|-----------|-----------|---|
| Scientific Core Conditioning | Lancanshire | United Kingdom | July 2018 | 1.5 | C.H.E.K. Institute |
| Designing the Most Result-Producing Resistance Training Programs | San Diego | CA | 7/1/2018 | 0.8 | IDEA Health & Fitness Association |
| Neuromuscular Profiling and Assessment | Dublin | Ireland | 7/2/2018 | 1.2 | Noraxon |
| ISSN 15th Annual Conference | Clearwater | FL | 7/7/2018 | 1.6 | International Society of Sports Nutrition |
| Mobility Wod Performance Workshop | Ottawa | ON | 7/7/2018 | 0.6 | Mobility Wod |
| Mobility Wod Performance Workshop | Ottawa | Canada | 7/7/2018 | 0.6 | Mobility Wod |
| Performance Mentorship Phase 1 | San Diego | CA | 7/9/2018 | 2.0 | EXOS |
| (Re)Defining the Core: The Key to Functional & Corrective Exercise | Raleigh | NC | 7/11/2018 | 0.6 | Vyne Education |
| NSCA National Conference | Indianapolis | IN | 7/11/2018 | 2.0 | NSCA |
| (Re)Defining the Core: The Key to Functional & Corrective Exercise | Winston-Salem | NC | 7/12/2018 | 0.6 | Vyne Education |
| Active Isolated Stretching | Sarasota | FL | 7/12/2018 | 2.0 | Stretching USA |
| (Re)Defining the Core: The Key to Functional & Corrective Exercise | Charlotte | NC | 7/13/2018 | 0.6 | Vyne Education |
| Body Composition Training Camp | Huntington Beach | CA | 7/13/2018 | 2.0 | KILO Strength Society |
| 2018 Philadelphia Sports Medicine Conference | Philadelphia | PA | 7/14/2018 | 1.0 | Select Medical |
| Brains & Balance Past 60 | San Francisco | CA | 7/14/2018 | 0.2 - 0.8 | Exercise ETC |
| Functional Fitness | Baltimore | MD | 7/14/2018 | 0.2 - 0.8 | Exercise ETC |
| Optimizing Adaptation & Performance | Woburn | MA | 7/14/2018 | 0.8 | Optimizing Human Performance |
| Scientific Core Conditioning | Toronto | ON | 7/14/2018 | 1.5 | C.H.E.K. Institute |
| Scientific Core Conditioning | Toronto | Canada | 7/14/2018 | 1.5 | C.H.E.K. Institute |
| Body Composition Training Camp | Huntington Beach | CA | 7/13/2018 | 2.0 | KILO Strength Society |
| Brains & Balance Past 60 | San Francisco | CA | 7/14/2018 | 0.2 - 0.8 | Exercise ETC |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|------------------|---------|-----------|-------------|--|
| Performance Mentorship Phase 2 | San Diego | CA | 7/16/2018 | 2.0 | EXOS |
| Performance Mentorship Phase 1 | Porto Alegre | Brazil | 7/19/2018 | 2.0 | EXOS |
| 12th Annual Strength and Conditioning/Athletic Development Conference | Brambleton | VA | 7/20/2018 | 1.2 | SMARTER Team Training |
| 2018 Eating Disorders in Sport Conference | Berkeley | CA | 7/20/2018 | CEU Grid | McCallum Place |
| Central Virginia Sports Performance Seminar | Richmond | VA | 7/20/2018 | 1.1 | Central Virginia Sports Performance |
| DNS Basic Course A | Winter Garden | FL | 7/20/2018 | 1.7 | DNS Florida |
| Human Performance Clinic - Speed Development | Santa Monica | CA | 7/20/2018 | 0.4 | Elite Performance Club |
| 2018 European Powerlifting Conference | Dublin | Ireland | 7/21/2018 | 1.4 | European Powerlifting Conference |
| Advanced Strategies to Program Design | Huntington Beach | CA | 7/21/2018 | 1.4 | KILO Strength Society |
| Brains & Balance Past 60 | Seattle | WA | 7/21/2018 | 0.2 - 0.8 | Exercise ETC |
| Flexibility Restoration | Gainesville | FL | 7/21/2018 | 1.4 | Flexibility Script |
| Functional Fitness | Chicago | IL | 7/21/2018 | 0.2 - 0.8 | Exercise ETC |
| Fundamentals of the Squat | Lincoln | NE | 7/21/2018 | 0.8 | Tyler Ideus |
| ITPA World Tennis Fitness Conference | Marietta | GA | 7/21/2018 | 1.2 | International Tennis Performance Association |
| Level 1 Blood Flow Restriction Training Course | New York | NY | 7/21/2018 | 0.9 | Smart Tools |
| Level 1 Blood Flow Restriction Training Course | Portland | OR | 7/21/2018 | 0.9 | Smart Tools |
| Level 1 Blood Flow Restriction Training Course | Coral Gables | FL | 7/22/2018 | 0.9 | Smart Tools |
| Original Strength Pro Performance | Baltimore | MD | 7/22/2018 | 0.9 | Original Strength Systems |
| Performance Mentorship Phase 3 | Phoenix | AZ | 7/23/2018 | 2.0 | EXOS |
| Speed Performance Workshop | Curitiba | Brazil | 7/26/2018 | 1.3 | EXOS |
| 3-Day Functional Training Summit | Chicago | IL | 7/27/2018 | 1.6 | Perform Better |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|------------------|---------|-----------|-------------|--|
| ELDOA 3 | Seal Beach | CA | 7/27/2018 | 2.0 | Beach Fitness |
| Essentials of Elite Performance | Harford | СТ | 7/27/2018 | 2.0 | Z-Health |
| Speed Performance Workshop | London | England | 7/27/2018 | 1.3 | EXOS |
| 2018 Kansas City Sports Performance Forum | Lenexa | KS | 7/28/2018 | 0.2 | Top Speed Strength & Conditioning |
| Exercise for Older Adults | Charlotte | NC | 7/28/2018 | 0.2 - 0.8 | Exercise ETC |
| Functional Fitness | San Diego | CA | 7/28/2018 | 0.2 - 0.8 | Exercise ETC |
| Reconditioning Level 1 | Toronto | ON | 7/28/2018 | 1.6 | High Performance Consultants |
| Reconditioning Level 1 | Toronto | Canada | 7/28/2018 | 1.6 | High Performance Consultants |
| Scientific Rational for Traditional Strength Exercise and Nutrition for Body Fat Reduction | Scottsdale | AZ | 7/28/2018 | 0.8 | Shepard Strength |
| Strength & Power Performance Workshop | Curitiba | Brazil | 7/28/2018 | 1.5 | EXOS |
| ViPR PRO Fundamentals Workshop | Denver | со | 7/28/2018 | 0.7 | ViPR Pro |
| Assisted Stretching Techniques for Health and Fitness Professionals | Charleston | NC | 7/29/2018 | 0.6 | LowCountry Rolfing |
| Strength & Power Performance Workshop | London | England | 7/29/2018 | 1.5 | EXOS |
| NSCA TSAC Practitioners Course | San Diego | CA | 7/30/2018 | 2.0 | NSCA |
| Performance Mentorship Phase 1 | London | England | 7/31/2018 | 2.0 | EXOS |
| DCAC International Fitness Education Conference 2018 | Reston | VA | 8/3/2018 | CEU Grid | DCAC Fitness Conventions |
| Sport Specific Training Camp | Huntington Beach | CA | 8/3/2018 | 2.0 | KILO Strength Society |
| Functional Training Coach Course | Mumbai | India | 8/4/2018 | 2.0 | Strength and Conditioning Academy, India |
| Posture, Mobility & Performance | New York | NY | 8/4/2018 | 0.2 - 0.8 | Exercise ETC |
| Level 1 Blood Flow Restriction Training Course | Chicago | IL | 8/5/2018 | 0.9 | Smart Tools |
| Level 1 Blood Flow Restriction Training Course | El Segundo | CA | 8/5/2018 | 0.9 | Smart Tools |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|------------------|-------|-----------|-----------|---|
| Lactic Acid Versus Lactate Production In Skeletal Muscle | Billings | MT | 8/8/2018 | 0.1 | Athletic Medicine and Performance |
| Essentials of Elite Performance | Atlanta | GA | 8/10/2018 | 2.0 | Z-Health |
| Advanced Strategies to Program Design | Huntington Beach | CA | 8/11/2018 | 1.4 | KILO Strength Society |
| Advanced Trouble Shooting - Field Techniques | Chicago | IL | 8/11/2018 | 1.2 | Project Blueprint |
| Blueprint for a Bulletproof Knee | Sacramento | CA | 8/11/2018 | 0.8 | Kime Human Performance Institute |
| Human Performance Clinic - Strength and Power Development | Santa Monica | CA | 8/11/2018 | 0.4 | Elite Performance Club |
| Posture, Mobility & Performance | Kansas City | МО | 8/11/2018 | 0.2 - 0.8 | Exercise ETC |
| Refining Your Kettlebell Training | Dublin | ОН | 8/11/2018 | 0.9 | Athlete Enhancement |
| Restoring Functional Movement of the Lower Extremity | New York | NY | 8/11/2018 | 0.8 | Professional Seminars |
| Return-to-Play and Conditioning | Waltham | MA | 8/11/2018 | 0.2 | The Micheli Center for Sports Injury Prevention |
| 3-Day Functional Training Summit | Long Beach | CA | 8/17/2018 | 1.6 | Perform Better |
| Essentials of Elite Performance | San Diego | CA | 8/17/2018 | 2.0 | Z-Health |
| Barbell Technician Level 1 | South Portland | ME | 8/18/2018 | 0.7 | Barbell Technician |
| Brains & Balance Past 60 | Los Angeles | CA | 8/18/2018 | 0.2 - 0.8 | Exercise ETC |
| Mobility Wod Performance Workshop | St. Louis | МО | 8/18/2018 | 0.6 | Mobility Wod |
| Posture, Mobility & Performance | Houston | TX | 8/18/2018 | 0.2 - 0.8 | Exercise ETC |
| Rotational Athlete Performance Development | Phoenix | AZ | 8/18/2018 | 0.5 | Fischer Institute |
| 2018 Juggernaut Performance Summit | Uniondale | NY | 8/19/2018 | 0.7 | Juggernaut Training Systems |
| Level 1 Blood Flow Restriction Training Course | San Jose | CA | 8/19/2018 | 0.9 | Smart Tools |
| Powerlifting & Olympiclifting Coach | Mumbai | India | 8/22/2018 | 2.0 | Strength and Conditioning Academy, India |
| Essentials of Elite Performance | Berkeley | CA | 8/24/2018 | 2.0 | Z-Health |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|--------------------|---------|-----------|-------------|--|
| Fitness MBA Summit 2018 | Moore | ОК | 8/24/2018 | 1.5 | FMI Guild |
| Power, Strength, and Neuro- biomechanics | Cape Canaveral | FL | 8/24/2018 | 2.0 | Carrick Institute for Graduate Studies |
| DNS Exercise I | Atlanta | GA | 8/25/2018 | 1.2 | DNS Florida |
| Exercise for Older Adults | Cincinnati | ОН | 8/25/2018 | 0.2 - 0.8 | Exercise ETC |
| Functional Fitness | Orlando | FL | 8/25/2018 | 0.2 - 0.8 | Exercise ETC |
| Viking Ninja Steel Mace Prep Course | West Chicago | IL | 8/25/2018 | 0.5 | Viking Ninja |
| ViPR PRO Fundamentals Workshop | San Francisco | CA | 8/25/2018 | 0.7 | ViPR Pro |
| Tactical Optimization and Resiliency | Virginia Beach | VA | 8/27/2018 | 1.6 | Performance First |
| Performance Mentorship Phase 1 | Munich | Germany | 8/30/2018 | 2.0 | EXOS |
| Functional & Cross Training | Mumbai | India | 9/1/2018 | 1.5 | Strength and Conditioning Academy, India |
| Hip Hinge 101 Workshop | Laguna Beach | CA | 9/1/2018 | 0.7 | Matthew Ibrahim |
| Orangetheory Annual Convention | Colorado Springs | со | 9/6/2018 | CEU Grid | Orangetheory Fitness |
| Essentials of Elite Performance | Malmo | Sweden | 9/7/2018 | 2.0 | Z-Health |
| Medical Fitness Tour | San Francisco | CA | 9/7/2018 | 1.2 | Medical Fitness Education Foundation |
| 2018 Albuquerque Strength and Conditioning Clinic | Albuquerque | NM | 9/8/2018 | 0.7 | The Fitness Superstore |
| Brains & Balance Past 60 | Central New Jersey | NJ | 9/8/2018 | 0.2 - 0.8 | Exercise ETC |
| Chain Reaction | Seattle | WA | 9/8/2018 | 1.8 | Gray Insitute |
| Even More Complete Shoulder & Hip Blueprint | Houston | TX | 9/8/2018 | 1.4 | Somerset Fitness |
| Functional Strength: An Updated Approach to Exercising | Grand Rapids | MI | 9/8/2018 | 1.6 | Great Lakes Seminars |
| NSCA Southern California State Clinic | Santa Monica | CA | 9/8/2018 | 0.7 | NSCA |
| Sprint Mechanics | Victoria | Canada | 9/8/2018 | 0.6 | KO Athletics |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|----------------|---------|-----------|-----------|--------------------------------------|
| Sprint Mechanics | Victoria | ВС | 9/8/2018 | 0.6 | KO Athletics |
| Steel Mace Foundations & Coaching Level 1 | Chicago | IL | 9/8/2018 | 0.7 | Xodus |
| Steel Mace Foundations & Coaching Level 2 | Chicago | IL | 9/9/2018 | 0.7 | Xodus |
| NSCA TSAC Practitioners Course | Virginia Beach | VA | 9/10/2018 | 2.0 | NSCA |
| Performance Mentorship Phase 1 | Gulf Breeze | FL | 9/10/2018 | 2.0 | EXOS |
| (Re)Defining the Core: The Key to Functional & Corrective Exercise | Marietta | GA | 9/12/2018 | 0.6 | Vyne Education |
| (Re)Defining the Core: The Key to Functional & Corrective Exercise | Macon | GA | 9/13/2018 | 0.6 | Vyne Education |
| Évaluation en Préparation Physique (Assessment in Physical Preparation) | Montréal | Canada | 9/13/2018 | 2.0 | Institut National du Sport du Québec |
| Évaluation en Préparation Physique (Assessment in Physical Preparation) | Montréal | QC | 9/13/2018 | 2.0 | Institut National du Sport du Québec |
| (Re)Defining the Core: The Key to Functional & Corrective Exercise | Decatur | GA | 9/14/2018 | 0.6 | Vyne Education |
| Chain Reaction | Chicago | IL | 9/15/2018 | 1.8 | Gray Insitute |
| Level 1 Blood Flow Restriction Training Course | Kansas City | МО | 9/15/2018 | 0.9 | Smart Tools |
| Strength & Conditioning for Seniors | Detroit | МІ | 9/15/2018 | 0.2 - 0.8 | Exercise ETC |
| Functional Strength: An Updated Approach to Exercising | Chicago | IL | 9/22/2018 | 1.6 | Great Lakes Seminars |
| Performance Mentorship Phase 1 | Herzogenaurach | Germany | 9/17/2018 | 2.0 | EXOS |
| Evidence-Based Speed, Power & Sport Performance | Franklin Lakes | NJ | 9/21/2018 | 0.9 | Parisi |
| Kabuki Movement System | New York | NY | 9/21/2018 | 1.7 | Kabuki Strength |
| Chain Reaction | Providence | RI | 9/22/2018 | 1.8 | Gray Insitute |
| Focus on Flexibility 1: The Extremities | New York | NY | 9/22/2018 | 1.6 | Swedish Institute |
| Strength & Conditioning for Seniors | Denver | СО | 9/22/2018 | 0.2 - 0.8 | Exercise ETC |
| 2018 Combat Sports Clinic | Las Vegas | CA | 9/21/2018 | 1.6 | NSCA |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|----------------|-----------|------------|-----------|--|
| Functional Strength: An Updated Approach to Exercising | Chicago | IL | 9/22/2018 | 1.6 | Great Lakes Seminars |
| Level 1 Blood Flow Restriction Training Course | Toronto | ON | 9/29/2018 | 0.9 | Smart Tools |
| NSCA International Conference | Madrid | Spain | 9/26/2018 | 2.0 | NSCA |
| Performance Mentorship Phase 2 | Herzogenaurach | Germany | 9/24/2018 | 2.0 | EXOS |
| Reconditioning Level 2 | Montreal | Canada | 9/28/2018 | 2.0 | High Performance Sport |
| Level 1 Blood Flow Restriction Training Course | Toronto | Canada | 9/29/2018 | 0.9 | Smart Tools |
| NSCA Arkansas State Clinic | Fayetteville | AR | 9/29/2018 | 0.6 | NSCA |
| Reconditioning Level 2 | Montreal | QC | 9/28/2018 | 2.0 | High Performance Sport |
| 2018 Tactical Athlete Human Factors Summit | Auburn | AL | 9/26/2018 | 1.2 | Warrior Research Center |
| Functional Fitness | Birmingham | AL | 9/29/2018 | 0.2 - 0.8 | Exercise ETC |
| ELDOA 1 | Chapel Hill | NC | 9/29/2018 | 1.4 | Beach Fitness |
| Chain Reaction | San Diego | CA | 9/29/2018 | 1.8 | Gray Insitute |
| The Fitness Pro Educational Series | Long Beach | CA | 9/29/2018 | 0.8 | So Cal Strength & Conditioning |
| Performance Mentorship Phase 3 | Herzogenaurach | Germany | 10/1/2018 | 2.0 | EXOS |
| Active Isolated Stretching | Sarasota | FL | 10/4/2018 | 2.0 | Stretching USA |
| NSCA Personal Trainers Conference | Baltimore | MD | 10/5/2018 | 2.0 | NSCA |
| RISE Fitness Business Conference | San Jose | CA | 10/5/2018 | 1.5 | RISE Fitness Business Conference |
| Strength & Power Performance Workshop | Gulf Breeze | FL | 10/5/2018 | 1.5 | EXOS |
| Functional & Cross Training | Calicut | India | 10/6/2018 | 1.5 | Strength and Conditioning Academy, India |
| Strength & Conditioning for Seniors | Seattle | WA | 10/6/2018 | 0.2 - 0.8 | Exercise ETC |
| NSCA TSAC Practitioners Course | Robina | Australia | 10/11/2018 | 2.0 | NSCA |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|----------------|--------|------------|-------------|--|
| Performance Mentorship Phase 1 | Rio de Janeiro | Brazil | 10/11/2018 | 2.0 | EXOS |
| Reconditioning Level 1 | Montreal | Canada | 10/13/2018 | 1.6 | High Performance Sport |
| Level 1 Blood Flow Restriction Training Course | New York | NY | 10/13/2018 | 0.9 | Smart Tools |
| Reconditioning Level 1 | Montreal | QC | 10/13/2018 | 1.6 | High Performance Sport |
| Cressey Sports Performance Fall Seminar | Hudson | MA | 10/14/2018 | 0.8 | Cressey Sports Performance |
| NSCA Oregon State Clinic | Bend | OR | 10/13/2018 | 0.7 | NSCA |
| Concepts of Training the Female Athlete Post Partum | Billings | MT | 10/10/2018 | 0.1 | Athletic Medicine and Performance |
| Exercise for Older Adults | Portland | OR | 10/13/2018 | 0.2 - 0.8 | Exercise ETC |
| Performance Mentorship Phase 1 | Phoenix | AZ | 10/8/2018 | 2.0 | EXOS |
| NASM Optima 2018 Conference | Scottsdale | AZ | 10/11/2018 | CEU Grid | National Academy of Sports Medicine |
| Sports Nutrition Conference: Fueling Practice & Play | Tucson | AZ | 10/12/2018 | 0.6 | University of Arizona |
| Critical Power: Unlocking The Limits of Human Performance | Provo | UT | 10/13/2018 | 0.8 | Rocky Mountain University of Health Professions |
| Level 1 Blood Flow Restriction Training Course | Phoenix | AZ | 10/13/2018 | 0.9 | Smart Tools |
| Elite Human Performance: The Marriage of Training and Sports Nutrition | Davie | FL | 10/13/2018 | 0.6 | International Society of Sports Nutrition |
| Functional Fitness | Atlanta | GA | 10/13/2018 | 0.2 - 0.8 | Exercise ETC |
| The Fleximobile Integration | Gainesville | FL | 10/13/2018 | 1.4 | Flexibility Script |
| SCU Tactical Clinic | Whittier | CA | 10/13/2018 | 0.7 | SCU Health System |
| NSCA TSAC Practitioners Course | Denver | со | 10/15/2018 | 2.0 | NSCA |
| Performance Mentorship Phase 2 | Phoenix | AZ | 10/15/2018 | 2.0 | EXOS |
| 23rd Annual Sideline Help Coaches' Clinic | Billings | MT | 10/18/2018 | 0.9 | Athletic Medicine and Performance |
| Central States ACSM Conference | Kansas City | МО | 10/18/2018 | CEU Grid | Central States Chapter - ACSM |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|----------------|----------|------------|-------------|--|
| ELDOA 1 | San Jose | CA | 10/18/2018 | 1.2 | Beach Fitness |
| ICAA Conference and Trade Show | Long Beach | CA | 10/18/2018 | CEU Grid | International Council on Active Aging |
| Programmation (Programming Activities) | Montréal | QC | 10/18/2018 | 2.0 | Institut National du Sport du Québec |
| Speed Performance Workshop | Belo Horizonte | Brazil | 10/18/2018 | 1.3 | EXOS |
| Health Coaching Fundamentals Mentorship: Part 2 | Carlsbad | CA | 10/19/2018 | 2.0 | Institute of Motion |
| Perspectives in Exercise Health and Fitness Conference | Kananaskis | AB | 10/19/2018 | CEU Grid | Provincial Fitness Unit |
| ELDOA 2 | San Jose | CA | 10/20/2018 | 1.5 | Beach Fitness |
| Even More Complete Shoulder & Hip Blueprint | Ljubljana | Slovenia | 10/20/2018 | 1.4 | Somerset Fitness |
| Focus on Flexibility 2 - The Trunk and Fascia: A Neurological Approach | New York | NY | 10/20/2018 | 1.6 | Swedish Institute |
| Juggernaut Performance Summit | Newport Beach | CA | 10/20/2018 | 0.9 | Juggernaut Training Systems |
| Rethinking the Big Patterns | Philadelphia | PA | 10/20/2018 | 1.5 | Terminator Training Systems |
| Sprint Mechanics | Victoria | ВС | 10/20/2018 | 0.6 | KO Athletics |
| Strength & Conditioning for Seniors | Ft. Lauderdale | FL | 10/20/2018 | 0.2 - 0.8 | Exercise ETC |
| Strength & Power Performance Workshop | Belo Horizonte | Brazil | 10/20/2018 | 1.5 | EXOS |
| Cream City Performance Summit | Wauwatosa | WI | 10/21/2018 | 1.2 | Cream City Performance Summit |
| Personal Training | Darjeeling | India | 10/21/2018 | 2.0 | Strength and Conditioning Academy, India |
| NSCA Oklahoma State Clinic | Tulsa | ОК | 10/19/2018 | 1.0 | NSCA |
| Performance Mentorship Phase 3 | Phoenix | AZ | 10/22/2018 | 2.0 | EXOS |
| Club Industry Show 2018 | Chicago | IL | 10/24/2018 | CEU Grid | Club Industry |
| Medical Fitness Tour | Chicago | IL | 10/25/2018 | 1.4 | Medical Fitness Education Foundation |
| Cardio-Vascular Performance and Neuro-integration | Cape Canaveral | FL | 10/26/2018 | 2.0 | Carrick Institute for Graduate Studies |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|------------------|-----------|------------|-----------|----------------------------------|
| Functional Golf System | Chicago | IL | 10/27/2018 | 1.6 | Gray Institute |
| NSCA British Columbia Provincial Clinic | Burnaby | Canada | 10/27/2018 | TBD | NSCA |
| NSCA Puerto Rico State Clinic | Santurce | PR | 10/27/2018 | 0.8 | NSCA |
| Premier Body Method Introductory Seminar | Fullerton | CA | 10/27/2018 | 0.8 | Premier Body Method |
| Strength & Conditioning for Seniors | Washington | DC | 10/27/2018 | 0.2 - 0.8 | Exercise ETC |
| ALTIS Apprentice Coach Program | Phoenix | AZ | 10/29/2018 | 2.0 | ALTIS |
| Active Isolated Stretching | Sarasota | FL | 11/1/2018 | 2.0 | Stretching USA |
| ELDOA 3 | Seal Beach | CA | 11/2/2018 | 2.0 | Beach Fitness |
| NSCA Rocky Mountain Regional Conference | Colorado Springs | со | 11/2/2018 | 1.1 | NSCA |
| PRIMEIGHT Training Camp | Huntington Beach | CA | 11/2/2018 | 2.0 | KILO Strength Society |
| Redline Athletics Training Camp and Seminar | Mandeville | LA | 11/2/2018 | 2.0 | Totten Training Systems |
| Blueprint for a Bulletproof Spine | Sacramento | CA | 11/3/2018 | 0.8 | Kime Human Performance Institute |
| Functional Strength: An Updated Approach to Exercising | San Jose | CA | 11/3/2018 | 1.6 | Great Lakes Seminars |
| Marketing Strategies for the Fitness Professional | Glendale | AZ | 11/3/2018 | 0.4 | Glendale Community College |
| NSCA Indiana State Clinic | Indianapolis | IN | 11/3/2018 | 0.6 | NSCA |
| Reconditioning Level 1 | Vancouver | Canada | 11/3/2018 | 1.6 | High Performance Sport |
| Reconditioning Level 1 | Vancouver | ВС | 11/3/2018 | 1.6 | High Performance Sport |
| Scientific Shoulder Training | New South Wales | Australia | 11/3/2018 | 1.6 | C.H.E.K. Institute |
| Strength & Conditioning for Seniors | Boston | MA | 11/3/2018 | 0.2 - 0.8 | Exercise ETC |
| Strength and Conditioning Seminar | Rochester | NY | 11/3/2018 | 0.7 | Midtown Athletic Club |
| Training the Cerebellum: Foundations in Neurologically Based Strength, Conditioning and Rehabilitation | Boston | MA | 11/3/2018 | 1.2 | Marchese Sports Therapy |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|------------------|-------|------------|-------------|--|
| Twin Cities Orthopedics Baseball Medicine Conference | Eagan | MN | 11/3/2018 | 0.7 | Twin Cities Orthopedics |
| 2018 Fall Fitness & Training Forum | Portland | OR | 11/4/2018 | 0.8 | Northwest Personal Training and Fitness Education |
| NSCA North Carolina State Clinic | Durham | NC | 11/4/2018 | 0.7 | NSCA |
| Athletic Business Show 2018 | New Orleans | LA | 11/7/2018 | CEU Grid | Athletic Business |
| Mayo Clinic Sports Performance Clinic | Rochester | MN | 11/9/2018 | 0.4 | Mayo Clinic Sports Medicine |
| Advanced Strategies to Program Design | Huntington Beach | CA | 11/10/2018 | 1.4 | KILO Strength Society |
| Back Mechanic: Working With The Back Pained Client | Washington | D.C. | 11/10/2018 | 0.7 | Backfitpro |
| Brains & Balance Past 60 | Milwaukee | WI | 11/10/2018 | 0.2 - 0.8 | Exercise ETC |
| Coaching Competency | New York | NY | 11/10/2018 | 0.7 | Gentilcore Training Systems |
| Current Topics in Sports Medicine Research | Waltham | MA | 11/10/2018 | 0.2 | The Micheli Center for Sports Injury Prevention |
| Exercise for Older Adults | St. Louis | МО | 11/10/2018 | 0.2 - 0.8 | Exercise ETC |
| Hip Hinge 101 Workshop | Fishkill | NY | 11/10/2018 | 0.7 | Matthew Ibrahim |
| NSCA Manitoba Provincial Clinic | Winnipeg | МВ | 11/10/2018 | 0.8 | NSCA |
| NSCA MidWest Regional Conference | Corpus Christi | TX | 11/10/2018 | 0.9 | NSCA |
| Nutrition for the Fitness Professional | Powell | ОН | 11/10/2018 | 0.3 | The National Personal Training Institute |
| Olympic Weightlifting for Sports | Atherton | CA | 11/10/2018 | 0.8 | Velocity Sports Performance |
| Reconditioning Level 1 | Calgary | AB | 11/10/2018 | 1.6 | High Performance Sport |
| Rehab 2 Perform Fall Seminar | Germantown | MD | 11/10/2018 | 0.8 | Rehab 2 Perform |
| High Performance Training: Progressing Backs From Pain to Performance | Washington | D.C. | 11/11/2018 | 0.7 | Backfitpro |
| Shoulder Assessment, Corrective Exercise, and Programming | Indianapolis | IN | 11/11/2018 | 0.7 | Cressey Performance |
| NSCA Nevada State Clinic | Las Vegas | NV | 11/10/2018 | 0.8 | NSCA |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|------------------|-----------|------------|-----------|---|
| (Re)Defining the Core | Toledo | ОН | 11/14/2018 | 0.6 | Vyne Education |
| (Re)Defining the Core | Ann Arbor | МІ | 11/15/2018 | 0.6 | Vyne Education |
| 2nd Annual McGill Method Conference | Vancouver | ВС | 11/15/2018 | 2.0 | RED Project Management Corp |
| (Re)Defining the Core | Sterling Heights | МІ | 11/16/2018 | 0.6 | Vyne Education |
| Essentials of Elite Performance | Cologne | Germany | 11/16/2018 | 2.0 | Z-Health |
| Brains & Balance Past 60 | Phoenix | AZ | 11/17/2018 | 0.2 - 0.8 | Exercise ETC |
| BREAK OUT of Breaking Even! | Cambridge | MA | 11/17/2018 | 0.3 | Fitness Foundry |
| Even More Complete Shoulder & Hip Blueprint | Los Angeles | CA | 11/17/2018 | 1.4 | Somerset Fitness |
| Functional Golf System | San Diego | CA | 11/17/2018 | 1.6 | Gray Institute |
| Functional Strength: An Updated Approach to Exercising | Baltimore | MD | 11/17/2018 | 1.6 | Great Lakes Seminars |
| Sprint Mechanics | Victoria | ВС | 11/17/2018 | 0.6 | KO Athletics |
| Strength & Conditioning | Mumbai | India | 11/17/2018 | 2.0 | Strength and Conditioning Academy, India |
| The Pain-Free Performance Training System | Taipei | Taiwan | 11/17/2018 | 1.6 | Dr. John Rusin |
| ViPR PRO Fundamentals Workshop | Boca Raton | FL | 11/17/2019 | 0.7 | Institute of Motion |
| Strength and Conditioning Conference//Brasil | Brasilia | Brazil | 11/24/2018 | 1.6 | BF Eventos |
| Sports Biometrics Conference | San Francisco | CA | 11/27/2018 | 1.0 | Synapse Events |
| Evidence-Based Sports Enhancement Programs | Wichita | KS | 11/28/2018 | 0.6 | Vyne Education |
| Evidence-Based Sports Enhancement Programs | Oklahoma City | ОК | 11/29/2018 | 0.6 | Vyne Education |
| 13th Annual Coaching and Sport Science College | Johnson City | TN | 11/30/2018 | 1.5 | ETSU - Center of Excellence for Sport Science and Coach Education |
| Evidence-Based Sports Enhancement Programs | Tulsa | ОК | 11/30/2018 | 0.6 | Vyne Education |
| International Conference of Strength Training | Perth | Australia | 11/30/2018 | 2.0 | Arinex |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|----------------|---------|------------|-------|--|
| Periodization, Cinesiology, and Clinical Application | Ft Lauderdale | FL | 11/30/2018 | 2.0 | Hellman Holistic Health |
| Functional Golf System | Phoenix | AZ | 12/1/2018 | 1.6 | Gray Institute |
| Strength & Power Performance Workshop | Munich | Germany | 12/1/2018 | 1.5 | EXOS |
| NSCA Northeast Regional Conference | Biddeford | ME | 12/2/2018 | 0.6 | NSCA |
| Entrainer en Préparation Physique A, Multisport (Coaching Physical Activities Multisport) | Montréal | QC | 12/5/2018 | 2.0 | Institut National du Sport du Québec |
| Injury Prevention and Rehab | Los Angeles | CA | 12/6/2018 | 1.6 | Frans Bosch |
| Performance Mentorship Phase 2 | Sao Paulo | Brazil | 12/6/2018 | 2.0 | EXOS |
| NSCA Mid-Atlantic Regional Conference | Aston | PA | 12/7/2018 | 1.4 | NSCA |
| Anatomy of Agility | Sherman Oaks | CA | 12/8/2018 | 1.6 | Frans Bosch |
| CSI Ontario Annual S&C Clinic | Toronto | ON | 12/8/2018 | 0.6 | Canadian Sport Institute - Ontario |
| DNS Exercise II | Atlanta | GA | 12/8/2018 | 1.2 | DSN Florida |
| NSCA Arizona State Clinic | Mesa | AZ | 12/8/2018 | 0.7 | NSCA |
| NSCA Kansas State Clinic | Emporia | KS | 12/8/2018 | 0.7 | NSCA |
| NSCA Louisiana State Clinic | Lafayette | LA | 12/8/2018 | 0.7 | NSCA |
| Rethinking the Big Patterns | Santa Barbara | CA | 12/8/2018 | 1.5 | Terminator Training Systems |
| Reconditioning Level 1 | Toronto | ON | 12/9/2018 | 1.6 | High Performance Sport |
| Scientific Rational for Traditional Strength Exercise and Nutrition for Body Fat Reduction | Scottsdale | AZ | 12/9/2018 | 0.8 | Shepard Strength |
| ALTIS Apprentice Coach Program | Phoenix | AZ | 12/10/2018 | 2.0 | ALTIS |
| NSCA TSAC Practitioners Course | Virginia Beach | VA | 12/10/2018 | 2.0 | NSCA |
| 4th Annual SCHSSCA Strength and Conditioning Clinic | Roebuck | SC | 12/11/2018 | 0.5 | South Carolina High School Strength Coaches Association |
| Injury Prevention and Rehab | Chapel Hill | NC | 12/12/2018 | 1.6 | Frans Bosch |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|----------------|--------|------------|-------|---|
| Explosive Performance Mentorship | Ashburn | VA | 12/13/2018 | 2.0 | Explosive Performance |
| Firefighter Mentorship Phase 2 | Phoenix | AZ | 12/13/2018 | 2.0 | EXOS |
| Performance Mentorship Phase 3 | Sao Paulo | Brazil | 12/13/2018 | 2.0 | EXOS |
| Anatomy of Agility | Chapel Hill | NC | 12/14/2018 | 1.6 | Frans Bosch |
| 2018 San Diego Sports Performance Clinic | San Diego | CA | 12/15/2018 | 0.3 | Polar USA |
| Ashland University Strength and Conditioning Clinic | Ashland | ОН | 12/15/2018 | 0.8 | Ashland University |
| The Pain-Free Performance Training System | London | ОН | 12/15/2018 | 1.6 | Dr. John Rusin |
| ViPR PRO Fundamentals Workshop | Greenwich | СТ | 12/15/2018 | 0.7 | ViPR Pro |
| Coaching Principles/Techniques | Savannah | GA | 12/22/2018 | 0.3 | Hyperformance Athletics |
| Learn By Doing One-Day Seminar | Fair Lawn | NJ | 1/5/2019 | 0.7 | Perform Better |
| Load Management - Training Smarter and Harder | New York | NY | 1/5/2019 | 1.3 | Gabbett Performance Solutions |
| NSCA Coaches Conference | Indianapolis | IN | 1/10/2019 | 2.0 | NSCA |
| 4th Annual San Francisco Giants Sports Medicine Conference | San Francisco | CA | 1/11/2019 | 0.6 | Center for Joint Preservation |
| ViPR PRO Fundamentals | Nyack | NY | 1/12/2019 | 0.7 | ViPR Pro |
| Active Isolated Stretching | Sarasota | FL | 1/17/2019 | 2.0 | Stretching USA |
| DNS Exercise Course Part 1 | Los Angeles | CA | 1/18/2019 | 1.3 | Movement Links |
| Metabolism and Neuro-nutritional Strategies | Cape Canaveral | FL | 1/18/2019 | 2.0 | Carrick Institute for Graduate Studies |
| 1st Southwest Athletic Development Symposium | Santa Monica | CA | 1/19/2019 | 0.8 | Elite Performance Club |
| Art of Breath | San Diego | CA | 1/19/2019 | 0.6 | PowerSpeedEndurance |
| ELDOA 1 | Seal Beach | CA | 1/19/2019 | 1.4 | Beach Fitness |
| ISSN GAINZ Conference | Dallas | TX | 1/19/2019 | 0.7 | International Society of Sports Nutrition |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|---------------|-----------|-----------|-------------|--------------------------------------|
| Learn By Doing One-Day Seminar | San Francisco | CA | 1/19/2019 | 0.7 | Perform Better |
| Load Management - Training Smarter and Harder | Santa Barbara | CA | 1/19/2019 | 1.3 | South Coast Seminars |
| Posture Assessment and Training | Mumbai | India | 1/19/2019 | 0.8 | SCA India |
| Premier Body Method Introductory Seminar | Burbank | CA | 1/19/2019 | 0.8 | Premier Body Method |
| NSCA Nebraska State Clinic | Omaha | NE | 1/19/2019 | 0.7 | NSCA |
| Juggernaut Powerlifting Clinic | Oakland | CA | 1/20/2019 | 0.6 | Juggernaut Training Systems |
| Olympic Weightlifting | Mumbai | India | 1/20/2019 | 1.0 | SCA India |
| 1st North American Global Hamstring Project | Salinas | CA | 1/25/2019 | 0.7 | The Alpha Project |
| Shoulder Assessment, Corrective Exercise, and Programming | Dallas | TX | 1/27/2019 | 0.7 | Cressey Performance |
| Train Like A Pro | Cedar Park | TX | 1/27/2019 | 0.2 | How To Train An Athlete |
| Trigger Point and Foam Roller | Mumbai | India | 1/27/2019 | 0.6 | SCA India |
| Prévention des Blessures, Réathétisation (Injury Prevention and Return to Play) | Montréal | QC | 1/30/2019 | 2.0 | Institut National du Sport du Québec |
| 4th Annual Hutto Sports Performance Clinic | Hutto | TX | 2/1/2019 | 0.6 | Hutto Strength & Conditioning |
| Learn By Doing One-Day Seminar | Los Angeles | CA | 2/2/2019 | 0.7 | Perform Better |
| Sydney Lab | Sydney | Australia | 2/2/2019 | 0.7 | PLAE Perform |
| TSAC Practitioners Course | Denver | со | 2/4/2019 | 2.0 | NSCA |
| Dietary Supplements for Athlete | Billings | MT | 2/6/2019 | 0.2 | Athletic Medicine and Performance |
| Entrainer en Préparation Physique B, Multisport (Coaching Physical Activities Multisport) | Montréal | Canada | 2/6/2019 | 2.0 | Institut National du Sport du Québec |
| A World Well-Nourished: Dairy's Role in Health and Sustainable Food Systems | Webinar | | 2/7/2019 | 0.1 | National Dairy Council |
| 12th Annual Spartan Strength and Conditioning Clinic | East Lansing | MI | 2/8/2019 | 0.6 | Michigan State University |
| Medical Fitness Tour | Irvine | CA | 2/8/2019 | CEU Grid | Medical Fitness Education Foundation |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|--------------|--------|-----------|-------|---|
| Performance Enhancement Principles for Lower Extremity Rehabilitation and Return to Play Athlete | Garden City | NY | 2/9/2019 | 0.8 | Professional Seminars |
| The Revolution: A Deep Dive Into Anti- Fragility | Needham | MA | 2/9/2019 | 1.3 | Pure Performance Training |
| BREAK OUT of Breaking Even! | Cambridge | MA | 2/10/2019 | 0.3 | Fitness Foundry |
| Nutritional Supplements in Sports, Exercise and Health | Cochin | India | 2/15/2019 | 1.0 | SCA India |
| Strength, Power and Neuro- biomechanics | Helsingborg | Sweden | 2/15/2019 | 2.0 | Carrick Institute for Graduate Studies |
| Art of Breath | Austin | TX | 2/16/2019 | 0.6 | PowerSpeedEndurance |
| Functional Strength: An Updated Approach to Exercising our Patients | Dallas | TX | 2/16/2019 | 1.6 | Great Lakes Seminars |
| Leading Training and Fitness Conference | Alexandria | MN | 2/16/2019 | 0.5 | Alexandria Technical and Community College |
| Learn By Doing One-Day Seminar | Dallas | TX | 2/16/2019 | 0.7 | Perform Better |
| NSCA Maryland State Clinic | Baltimore | MD | 2/16/2019 | 0.8 | NSCA |
| NSCA North Dakota State Clinic | Bismarck | ND | 2/16/2019 | 0.7 | NSCA |
| An In-Depth Look at the Latest Review of the Squat Technique | Cedar Park | TX | 2/17/2019 | 0.2 | How To Train An Athlete |
| 2019 Notre Dame Football Strength and Conditioning Clinic | Notre Dame | IN | 2/22/2019 | 1.1 | University of Notre Dame |
| Essentials of Elite Performance | Phoenix | AZ | 2/22/2019 | 2.0 | Z-Health Performance Solutions |
| Long Term Athlete Development Playground - Chicago | Chicago | IL | 2/23/2019 | 0.6 | Long Term Athlete Development Summit |
| Load Management - Training Smarter and Harder | Taipei | Taiwan | 2/23/2019 | 1.3 | Gabbett Performance Solutions |
| Movement Coaching: Deadlift, Squat and Press | Kennett | PA | 2/23/2019 | 0.8 | FIT EDU |
| NSCA New Mexico State Clinic | Albuquerque | NM | 2/23/2019 | 0.6 | NSCA |
| NSCA Virginia State Clinic | Lynchburg | VA | 2/24/2019 | 0.8 | NSCA |
| Juggernaut Powerlifting Clinic | Sandy | UT | 2/24/2019 | 0.6 | Juggernaut Training Systems |
| 2019 Professional Football Athletic Trainers Society Educational Symposium | Indianapolis | IN | 2/25/2019 | 0.3 | 2019 Professional Football Athletic Trainers Society |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|--------------|-------|----------|-------------|--|
| Essentials of Elite Performance | Orlando | FL | 3/1/2019 | 2.0 | Z-Health Performance Solutions |
| 2019 Livonia Athletic Performance Summit | Livonia | NY | 3/2/2019 | 0.6 | Livonia Central School |
| Central College Athletic Performance Clinic | Pella | IA | 3/2/2019 | 0.7 | Central College |
| Jacksonville University Human Performance Conference | Jacksonville | FL | 3/2/2019 | 0.6 | Jacksonville University |
| Load Management - Training Smarter and Harder | Hong Kong | China | 3/2/2019 | 1.3 | Gabbett Performance Solutions |
| Low Back Pain - What Every Personal Trainer Needs To Know | Eden Prairie | MN | 3/2/2019 | 0.4 | Lifestyle Management |
| Olympic Speed Training Workshop | Baltimore | MD | 3/2/2019 | 0.5 | No Limit Fitness/Sports Performance |
| Rethink Your Career by Rethinking Exercise | Seattle | WA | 3/2/2019 | 0.8 | Exercise Professional Education |
| 2019 Spring Fitness & Training Forum | Gresham | OR | 3/3/2019 | 0.8 | Northwest Personal Training and Fitness Education |
| ViPR PRO Fundamentals | Greenwich | СТ | 3/3/2019 | 0.7 | ViPR Pro |
| NSCA TSAC Practitioners Course | San Diego | CA | 3/4/2019 | 2.0 | NSCA |
| MIAC Annual Strength and Conditioning Meeting | Eagan | MN | 3/6/2019 | 0.3 | Minnesota Intercollegiate Athletic Conference |
| IDEA Personal Trainer Institute South | Dallas | TX | 3/7/2019 | CEU Grid | IDEA Health & Fitness Association |
| NSCA South Dakota State Clinic | Sioux Falls | SD | 3/8/2019 | 1.2 | NSCA |
| 2nd KSU Nutrition and Training Conference | Kennesaw | GA | 3/9/2019 | 0.5 | International Society of Sports Nutrition |
| 6th Annual Strength and Conditioning/Athletic Development Virginia Clinic | Brambleton | VA | 3/9/2019 | 0.8 | Smarter Team Training |
| Active Life Assessment Workshop for Coaches | Jupiter | FL | 3/9/2019 | 1.1 | Active Life Rx |
| Art of Breath | Cherry Hill | NJ | 3/9/2019 | 0.6 | PowerSpeedEndurance |
| Load Management - Training Smarter and Harder | Mumbai | India | 3/9/2019 | 1.3 | Gabbett Performance Solutions |
| Mobility-WOD Performance | St. Cloud | MN | 3/9/2019 | 0.6 | Mobility WOD |
| NSCA Illinois State Clinic | Chicago | IL | 3/9/2019 | 0.7 | NSCA |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|----------------|-----------|-----------|-------------|--|
| Pathway of Power | San Diego | CA | 3/9/2019 | 1.0 | Noble Movement |
| Pitching and Throwing: Proper Technique and Analysis | Waltham | MA | 3/9/2019 | 0.2 | The Micheli Center |
| Prehab 101 | Brisbane | Australia | 3/9/2019 | 1.4 | Prehab 101 |
| Premier Health: Sports and Human Performance Conference | Dayton | ОН | 3/9/2019 | 0.8 | Premier Health |
| Unlocking Rotational Power | Boston | MA | 3/10/2019 | 0.7 | Miguel Aragoncillo |
| NSCA TSAC Practitioners Course | Virginia Beach | VA | 3/11/2019 | 2.0 | NSCA |
| IHRSA 2019 | San Diego | CA | 3/13/2019 | CEU Grid | International Health, Racquet & Sportsclub Assocation |
| Original Strength Pro Performance | Fuquay Varina | NC | 3/15/2019 | 0.9 | Original Strength Systems |
| OrangeTheory Summit 2019 | Orlando | FL | 3/15/2019 | CEU Grid | Orangetheory Fitness |
| 2019 F4P Strength & Conditioning Clinic | Greensboro | NC | 3/16/2019 | 0.5 | Fitness4Professionals |
| 7th Annual Webber Strength & Conditioning Clinic | Babson Park | FL | 3/16/2019 | 0.7 | Webber International University |
| Functional Strength: An Updated Approach to Exercising our Patients | Sacramento | CA | 3/16/2019 | 1.6 | Great Lakes Seminars |
| Learn By Doing One-Day Seminar | Boston | MA | 3/16/2019 | 0.7 | Perform Better |
| Northeast Ohio Strength Clinic | Berea | ОН | 3/16/2019 | 0.6 | Berea-Midpark Sports Medicine |
| NSCA Oregon State Clinic | McMinnville | OR | 3/16/2019 | 0.8 | NSCA |
| NSCA Saskatchewan Provinical Clinic | Regina | SK | 3/16/2019 | 0.8 | NSCA |
| Prehab 101 | Sydney | Australia | 3/16/2019 | 1.4 | Prehab 101 |
| Rethink Your Career by Rethinking Exercise | Columbus | ОН | 3/16/2019 | 0.8 | Exercise Professional Education |
| Coaching Competency | Raleigh | NC | 3/17/2019 | 0.7 | Gentilcore Training Systems |
| Juggernaut Powerlifting Clinic | Athens | GA | 3/17/2019 | 0.6 | Juggernaut Training Systems |
| Rethink Your Career by Rethinking Exercise | Atlanta | GA | 3/17/2019 | 0.8 | Exercise Professional Education |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|----------------|-------------|-----------|-------------|--|
| ISSN Asia Sports Nutrition Information Clinic | Beijing | China | 3/19/2019 | 2.0 | ISSN Asia |
| Performance Mentorship Phase 1 | Gdansk | Poland | 3/21/2019 | 2.0 | EXOS |
| Metabolism and Neuro-nutritional Strategies | Cape Canaveral | FL | 3/22/2019 | 2.0 | Carrick Institute for Graduate Studies |
| NSCA Great Lakes Regional Conference | Fort Wayne | IN | 3/22/2019 | 0.9 | NSCA |
| NSCA Pennsylvania State Clinic | Indiana | PA | 3/22/2019 | 0.7 | NSCA |
| Resistance Exercise Conference | Minneapolis | MN | 3/22/2019 | 0.7 | Resistance Exercise Conference |
| BREAK OUT of Breaking Even! | Cambridge | MA | 3/23/2019 | 0.4 | Fitness Foundry |
| Complete Speed & Power Summit | La Verne | CA | 3/23/2019 | 1.4 | Athletes Acceleration |
| Fulcrum-Lever-Sport | Seattle | WA | 3/23/2019 | 0.4 | SODO Health & Performance |
| Prehab 101 | Melbourne | Australia | 3/23/2019 | 1.4 | Prehab 101 |
| Strength and Conditioning for Basketball | Mtaileb | Lebanon | 3/23/2019 | 0.6 | Fit Per Form Institute |
| Acumobility Level 1 Course | Scotch Plains | NJ | 3/24/2019 | 0.8 | Acumobility |
| NSCA Rhode Island State Clinic | Kingston | RI | 3/30/2018 | 0.6 | NSCA |
| Performance Mentorship Phase 1 (Available in Spanish) | Phoenix | AZ | 3/25/2019 | 2.0 | EXOS |
| Performance Mentorship Phase 1 | Bern | Switzerland | 3/27/2019 | 2.0 | EXOS |
| 16th Annual DFW Sports Medicine Symposium | Southlake | TX | 3/29/2019 | CEU Grid | Texas Health Sports Medicine |
| 6th Annual Rutgers Human Performance (Pre-Conference) | New Brunswick | NJ | 3/29/2019 | 0.4 | Rutgers |
| 6th Annual Rutgers Human Performance (Main-Conference) | Piscataway | NJ | 3/30/2019 | 0.6 | Rutgers |
| Functional Training | Mendoza | Argentina | 3/30/2019 | 0.6 | Justo Aon |
| Learn By Doing One-Day Seminar | Nashville | TN | 3/30/2019 | 0.7 | Perform Better |
| Lower Extremity Injury Prevention Seminar | Columbus | ОН | 3/30/2019 | 0.3 | Ohio State University |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|-----------------|-----------|-----------|-------------|-----------------------------------|
| NSCA Southwest Regional Conference | Los Angeles | CA | 3/30/2019 | 0.7 | NSCA |
| Strength and Conditioning | Mumbai | India | 3/30/2019 | 2.0 | SCA India |
| Functional Training for Soccer | Mendoza | Argentina | 3/31/2019 | 0.6 | Justo Aon |
| ViPR PRO Fundamentals | New York | NY | 3/31/2019 | 0.7 | ViPR Pro |
| Performance Mentorship Phase 2 | Phoenix | AZ | 4/1/2019 | 2.0 | EXOS |
| 2019 US Lacrosse Sports Medicine Conference | Philadelphia | PA | 4/4/2019 | 0.5 | US Lacrosse |
| IDEA Personal Trainer Institute East | Alexandria | VA | 4/4/2019 | CEU Grid | IDEA Health & Fitness Association |
| Movement Facilitation Assessment | Taipei | Taiwan | 4/4/2019 | 1.4 | Know & Apply Training |
| Aurora BayCare Sports Medicine Symposium | Green Bay | WI | 4/5/2019 | CEU Grid | Aurora Baycare Sports Medicine |
| Essentials of Elite Performance | San Diego | CA | 4/5/2019 | 2.0 | Z-Health Performance Solutions |
| Conditioning Principles & Application Across the Performance Continuum | New York | NY | 4/6/2019 | 0.6 | NSCA |
| Fundamentals for Optimal Service- Branding-Success | Boston | MA | 4/6/2019 | 0.2 | Fitness Foundry |
| Indian Club and Health Wand Pre-and Post-Rehab Exercise Protocols | New York | NY | 4/6/2019 | 0.8 | Swedish Institute |
| NSCA Michigan State Clinic | Big Rapids | МІ | 4/6/2019 | 0.6 | NSCA |
| NSCA Mississippi State Clinic | Starkville | MS | 4/6/2019 | 0.7 | NSCA |
| NSCA Tennessee State Clinic | Nashville | TN | 4/6/2019 | 0.8 | NSCA |
| NSCA Texas State Clinic | College Station | TX | 4/6/2019 | 0.8 | NSCA |
| Prehab 101 | Toronto | ON | 4/6/2019 | 1.4 | Prehab 101 |
| Stronger Expert Series | New York | NY | 4/6/2019 | 1.4 | Stronger Experts |
| Art of Breath | Vancouver | ВС | 4/7/2019 | 0.6 | PowerSpeedEndurance |
| How to Fire Your Glutes | Cedar Park | TX | 4/7/2019 | 0.2 | How To Train An Athlete |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|-----------------|-----------|-----------|-------------|--|
| SUNY Cortland Strength and Conditioning Symposium | Cortland | NY | 4/7/2019 | 0.5 | SUNY Cortland |
| Performance Mentorship Phase 1 | Cairo | Egypt | 4/10/2019 | 2.0 | EXOS |
| Performance Mentorship Phase 1 | Sydney | Australia | 4/11/2019 | 2.0 | EXOS |
| 2019 AFS SUCCEED! | Irvine | CA | 4/12/2019 | CEU Grid | Association of Fitness Studios |
| Cardiovascular Enhancement and Neuro-integration | Helsingborg | Sweden | 4/12/2019 | 2.0 | Carrick Institute for Graduate Studies |
| Inland Empire Fitness Conference | Spokane | WA | 4/12/2019 | 1.2 | Spokane Club |
| NSCA North Central Regional Conference | Cedar Falls | IA | 4/12/2019 | 1.4 | NSCA |
| Sanford POWER Strength and Conditioning Clinic | Fargo | ND | 4/12/2019 | 1.1 | Sanford Health |
| Activate FitCon 2019 | Ottawa | ON | 4/13/2019 | 0.6 | Activate FitCon 2019 |
| Active Life Assessment Workshop for Coaches | Atlanta | GA | 4/13/2019 | 1.1 | Active Life Rx |
| Flexibility Script Assessments | Gainesville | FL | 4/13/2019 | 0.8 | Flexibility Script |
| Fulcrum-Lever-Sport | Seattle | WA | 4/13/2019 | 0.4 | SODO Health & Performance |
| Functional Strength: An Updated Approach to Exercising our Patients | Anchorage | AK | 4/13/2019 | 1.6 | Great Lakes Seminars |
| Kime Bulletproof Summit | El Dorado Hills | CA | 4/13/2019 | 1.6 | Kime Human Performance Institute |
| Learn By Doing One-Day Seminar | Baltimore | MD | 4/13/2019 | 0.7 | Perform Better |
| Loughborough Lab | Loughborough | UK | 4/13/2019 | 0.7 | PLAE Perform |
| Mental Recovery after Season-ending Injuries | Billings | MT | 4/13/2019 | 0.2 | Athletic Medicine and Performance |
| Movement Facilitation Assessment | Taipei | Taiwan | 4/13/2019 | 1.4 | Know & Apply Training |
| NSCA Delaware State Clinic | Rehoboth | DE | 4/13/2019 | 0.7 | NSCA |
| NSCA Hawaii State Clinic | Wahiawa | НІ | 4/13/2019 | 1.0 | NSCA |
| NSCA Missouri State Clinic | Kansas City | МО | 4/13/2019 | 0.9 | NSCA |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|----------------|----------|-----------|---------------------------|---|
| NSCA West Virginia State Clinic | Morgantown | WV | 4/13/2019 | 0.8 | NSCA |
| NSCA Wisconsin State Clinic | Waukesha | WI | 4/13/2019 | 0.6 | NSCA |
| Acumobility Level 1 Course | Hopkinton | MA | 4/14/2019 | 0.8 | Acumobility |
| Juggernaut Powerlifting Clinic | Albuquerque | NM | 4/14/2019 | 0.6 | Juggernaut Training Systems |
| The Big Picture | Chester | NJ | 4/14/2019 | 0.7 | BOLT Fitness & Performance Training |
| Performance Mentorship Phase 1 | St. Louis | МО | 4/18/2019 | 2.0 | EXOS |
| ISSN Asia Sports Nutrition Information Clinic | Shanghai | China | 4/19/2019 | 2.0 | ISSN Asia |
| Movement Facilitation Assessment | Taipei | Taiwan | 4/20/2019 | 1.4 | Know & Apply Training |
| NSCA Arkansas State Clinic | Conway | AR | 4/20/2019 | 0.7 | NSCA |
| NSCA Massachusetts State Clinic | Springfield | MA | 4/27/2018 | 0.6 | NSCA |
| FitnessFest Arizona | Mesa | AZ | 4/25/2019 | CEU Grid | FitnessFest Conference and Expo |
| Performance Mentorship Phase 1 | Sao Paulo | Brazil | 4/25/2019 | 2.0 | EXOS |
| Sports Chiropractic Principles & Practice Workshop | Salt Lake City | UT | 4/25/2019 | 0.3 | American Chiropractic Board of Sports Physicians |
| 2019 Chiropractic Sports Sciences Symposium | Salt Lake City | UT | 4/26/2019 | 0.3 | American Chiropractic Board of Sports Physicians |
| Chain Reaction | Chicago | IL | 4/26/2019 | 1.8 | Gray Institute |
| Essentials of Elite Performance | Lakewood | со | 4/26/2019 | 2.0 | Z-Health Performance Solutions |
| Performance Mentorship Phase 1 | Nemce | Slovakia | 4/26/2019 | 2.0 | EXOS |
| Sanford POWER Strength & Conditioning Clinic | Sioux Falls | SD | 4/26/2019 | 1.1 | Sanford Health |
| Strong(er) Sports Training Success Summit 2019 | London | ОН | 4/26/2019 | <u>CEU</u> <u>Grid</u> | EliteFTS |
| 2019 Arizona Ironcat Performance Coaching Clinic | Tucson | AZ | 4/27/2019 | 0.6 | University of Arizona |
| Even More Complete Shoulder & Hip Blueprint | Philadelphia | PA | 4/27/2019 | 1.4 | Somerset Fitness |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|----------------|-----------|-----------|-------------|--|
| Functional Strength: An Updated Approach to Exercising our Patients | Columbus | ОН | 4/27/2019 | 1.6 | Great Lakes Seminars |
| NSCA Alabama State Clinic | Montevallo | AL | 4/27/2019 | 0.7 | NSCA |
| NSCA Kentucky State Clinic | Danville | KY | 4/27/2019 | 0.5 | NSCA |
| NSCA Utah State Clinic | Kearns | UT | 4/27/2019 | 0.5 | NSCA |
| Original Strength Pro Performance | Tucson | AZ | 4/27/2019 | 0.9 | Original Strength Systems |
| Prehab 101 | Vancouver | ВС | 4/27/2019 | 1.4 | Prehab 101 |
| Southwest Michigan Strength and Conditioning Clinic | Niles | МІ | 4/27/2019 | 0.8 | Niles High School |
| ViPR PRO Fundamentals | Miami | FL | 4/28/2019 | 0.7 | ViPR Pro |
| 2019 Annual HSS Sports Medicine Symposium | New York | NY | 4/26/2019 | CEU Grid | Hospital for Special Surgery |
| Fundamentally Sound/Circuiting the Rehab Training Model | Needham | MA | 4/27/2019 | 1.0 | Pure Performance Training |
| Movement Facilitation Assessment | Los Angeles | CA | 5/2/2019 | 1.4 | Know & Apply Training |
| Performance Mentorship Phase 1 | Santiago | Chile | 5/2/2019 | 2.0 | EXOS |
| Mountain-Con 2019 | Minturn | со | 5/3/2019 | 2.0 | Minturn Fitness Center |
| Neuro-modulation of Human Performance | Cape Canaveral | FL | 5/3/2019 | 2.0 | Carrick Institute for Graduate Studies |
| NSCA Idaho State Clinic | Meridian | ID | 5/3/2019 | 0.9 | NSCA |
| The Fitness Summit | Kansas City | МО | 5/3/2019 | 1.5 | The Fitness Summit |
| Anti-Fragile Athleticism | Boston | MA | 5/4/2019 | 1.6 | Synergy Wellness & Performance |
| Art of Breath | Brisbane | Australia | 5/4/2019 | 0.6 | PowerSpeedEndurance |
| Mobility-WOD Performance | Fisher | IN | 5/4/2019 | 0.6 | Mobility WOD |
| Northwestern College Performance Clinic | Orange | IA | 5/4/2019 | 0.7 | Northwestern College |
| NSCA Georgia State Clinic | Augusta | GA | 5/4/2019 | 0.7 | NSCA |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|----------------|-------------------|-----------|-------|---|
| NSU Sports Performance Strength Clinic | Virginia Beach | VA | 5/4/2019 | 0.7 | Norfolk State University |
| Prehab 101 | London | United Kingdom | 5/4/2019 | 1.4 | Prehab 101 |
| Spring Strength Sessions | Dallas | TX | 5/4/2019 | 0.7 | Parker Seminars |
| ViPR PRO Fundamentals | Dallas | TX | 5/4/2019 | 0.7 | ViPR Pro |
| Art of Breath | Melbourne | Australia | 5/5/2019 | 0.6 | PowerSpeedEndurance |
| ViPR PRO Fundamentals | Dallas | TX | 5/5/2019 | 0.7 | ViPR Pro |
| Olympic Weightlifting | Mumbai | India | 5/6/2019 | 1.0 | SCA India |
| Strength & Power Performance Course | Calgary | AB | 5/6/2019 | 2.0 | Canadian Sport Institute - Calgary |
| Muscle Camp | Redondo Beach | CA | 5/7/2019 | 2.0 | Allegiate |
| Andrews Institute Injuries In Football Conference | Frisco | TX | 5/9/2019 | 1.0 | Andrews Research & Education Foundation |
| Performance Mentorship Phase 1 | Corbetta | Italy | 5/9/2019 | 2.0 | EXOS |
| 2019 Midwest Sports Performance Conference | Lawrence | KS | 5/10/2019 | 0.5 | University of Kansas |
| Essentials of Elite Performance | Neu-Isenburg | Germany | 5/10/2019 | 2.0 | Z-Health Performance Solutions |
| NSCA Ontario Provinical Clinic | Toronto | ON | 5/10/2019 | 1.1 | NSCA |
| Fundamentals of Exercise Prescription for the Lower Extremity and Trunk | Los Angeles | CA | 5/11/2019 | 0.8 | Chad Waterbury |
| Prehab 101 | Dublin | Ireland | 5/11/2019 | 1.4 | Prehab 101 |
| Queens University of Charlotte Sports Performance Clinic | Charlotte | NC | 5/11/2019 | 0.7 | Queens University of Charlotte |
| The Olympic Lifts: Theory & Practical Application | San Bernardino | CA | 5/11/2019 | 0.7 | So Cal Strength & Conditioning |
| Art of Breath | Sydney | Australia | 5/12/2019 | 0.6 | PowerSpeedEndurance |
| Mindful Mechanics Bodyweight and Steel Mace | New York | NY | 5/12/2019 | 0.7 | Viking Ninja |
| Functional and Cross Training | Calicut | India | 5/13/2019 | 1.0 | SCA India |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|--------------------|----------|-----------|-------------|--|
| Fat or Fiction: The Science of Whole Milk Dairy Foods within Healthy Eating Patterns | Webinar | | 5/14/2019 | 0.1 | National Dairy Council |
| 2019 CATS Spring Symposium | Las Vegas | NV | 5/16/2019 | CEU Grid | College Athletic Trainers' Society |
| Performance Mentorship Phase 1 | Estoril | Portugal | 5/16/2019 | 2.0 | EXOS |
| Southeast Michigan's Long Term Development Summit | Livonia | MI | 5/17/2019 | 0.8 | Mercy Elite Sports Performance |
| Summer Strong 12 | Lexington | SC | 5/17/2019 | 1.1 | Sorinex |
| U.S. Olympic Committee High Performance Strength and Conditioning Symposium | Colorado Springs | со | 5/17/2019 | 2.0 | U.S. Olympic Committee |
| 2019 NBSCA Sports Performance Summit | Chicago | IL | 5/18/2019 | 0.5 | National Basketball Strength & Conditioning Association |
| 28th Annual Magic City Sports Medicine Conference | Billings | MT | 5/18/2019 | 0.8 | Athletic Medicine and Performance |
| Chain Reaction | Jefferson | LA | 5/18/2019 | 1.8 | Gray Institute |
| NSCA New Jersey State Clinic | Sparta | NJ | 5/18/2019 | 0.7 | NSCA |
| NSCA Northern California State Clinic | Atherton | CA | 5/18/2019 | 0.8 | NSCA |
| NSPA National Conference 2019 | Bloomington | IN | 5/18/2019 | 1.3 | National Sports Performance Association |
| Rehab 2 Perform Spring Seminar | Germantown | MD | 5/18/2019 | 0.8 | Rehab 2 Perform |
| Acumobility Level 1 Course | Augusta | ME | 5/19/2019 | 0.8 | Acumobility |
| Juggernaut Powerlifting Clinic | Indianapolis | IN | 5/19/2019 | 0.6 | Juggernaut Training Systems |
| CPSDA's 11th Annual Conference | Grapevine | TX | 5/20/2019 | CEU Grid | Collegiate and Professional Sports Dietitians Association |
| High Performance Basketball Symposium | Las Vegas | NV | 5/22/2019 | 1.0 | Stephenson Strength Clinic |
| Performance Mentorship Phase 2 | Estoril | Portugal | 5/23/2019 | 2.0 | EXOS |
| 34th Annual Advances on the Knee, Shoulder, & Sports Medicine Conference | Hilton Head Island | SC | 5/25/2019 | 1.3 | Cincinnati Sportsmedicine |
| Even More Complete Shoulder & Hip Blueprint | Edmonton | Canada | 5/25/2019 | 1.4 | Somerset Fitness |
| Performance Mentorship Phase 2 | | Russia | 5/28/2019 | 2.0 | EXOS |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|------------------|--------|-----------|-------|--|
| Metabolism and Neuro-nutritional Strategies | Helsingborg | Sweden | 5/31/2019 | 2.0 | Carrick Institute for Graduate Studies |
| Buffalo State Strength & Conditioning Conference | Buffalo | NY | 6/1/2019 | 0.8 | Buffalo State University |
| Kettlebell Coaching: Swing, Goblet Squat, Turkish Get Up | Malvern | PA | 6/1/2019 | 0.8 | FIT EDU |
| Movement Mastery in the Squat | Kansas City | МО | 6/1/2019 | 0.8 | Squat University |
| NSCA Connecticut State Clinic | Storrs | СТ | 6/1/2019 | 0.5 | NSCA |
| NSCA Florida State Clinic | Gainesville | FL | 6/1/2019 | 0.8 | NSCA |
| Nurition for the Fitness Professional | Highland Heights | ОН | 6/1/2019 | 0.4 | The National Personal Training Institute of Ohio |
| Outdoor Sports, Survival, and Wilderness Medicine | Waltham | MA | 6/1/2019 | 0.2 | The Micheli Center |
| Prehab 101 | Atlanta | GA | 6/1/2019 | 1.4 | Prehab 101 |
| Restoring Functional Movement of the Core | New York | NY | 6/1/2019 | 0.8 | Professional Seminars |
| UMBC Sports Performance Seminar | Catonsville | MD | 6/1/2019 | 0.7 | University of Maryland-Baltimore County |
| University of Denver Strength & Conditioning Clinic | Denver | со | 6/1/2019 | 0.7 | University of Denver |
| Acumobility Level 1 Course | Las Vegas | NV | 6/2/2019 | 0.8 | Acumobility |
| Shoulder Assessment, Corrective Exercise, and Programming | St. Louis | МО | 6/2/2019 | 0.7 | Cressey Performance |
| Mechanical Factors Influencing Resistance Exercise Prescription | Billings | MT | 6/5/2019 | 0.2 | Athletic Medicine and Performance |
| Explosive Performance Mentorship | Gainesville | VA | 6/6/2019 | 2.0 | US Fitness Academy |
| 3-Day Functional Training Summit | Orlando | FL | 6/7/2019 | 1.8 | Perform Better |
| Dynamic Neuromuscular Stabilization (DNS): Exercise 1 - Weight Lifting | Lombard | IL | 6/7/2019 | 1.7 | Athlete Enhancement |
| Essentials of Elite Performance | Phoenix | AZ | 6/7/2019 | 2.0 | Z-Health Performance Solutions |
| Dallas Lab | Dallas | TX | 6/8/2019 | 0.7 | PLAE |
| Functional Strength: An Updated Approach to Exercising our Patients | Lansing | MI | 6/8/2019 | 1.6 | Great Lakes Seminars |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|------------------|---------|-----------|-------------|---|
| Minneapolis Lab | Minneapolis | MN | 6/8/2019 | 0.7 | PLAE |
| Mobility-WOD Performance | Long Island City | NY | 6/8/2019 | 0.6 | Mobility WOD |
| Movement Facilitation Assessment | Toronto | Canada | 6/8/2019 | 1.4 | Know & Apply Training |
| NSCA Alberta Provinical Clinic | Edmonton | Canada | 6/8/2019 | 1.0 | NSCA |
| NSCA Vermont State Clinic | Burlington | VT | 6/8/2019 | 0.5 | NSCA |
| Pensacola Lab | Pensacola | FL | 6/8/2019 | 0.7 | PLAE |
| Rethinking the Big Patterns 2.0 | Needham | MA | 6/8/2019 | 1.4 | Pure Performance Training |
| Strategic Strength | Boston | MA | 6/8/2019 | 1.4 | Gentilcore Training Systems |
| Strength and Conditioning | Bengaluru | India | 6/8/2019 | 2.0 | SCA India |
| NSCA Puerto Rico State Clinic | San Juan | PR | 6/9/2019 | 0.7 | NSCA |
| ViPR PRO Fundamentals | Salem | MA | 6/9/2019 | 0.7 | ViPR Pro |
| TSAC Practitioners Course | Denver | со | 6/10/2019 | 2.0 | NSCA |
| ISSN 16th Annual Conference | Las Vegas | NV | 6/13/2019 | 1.6 | International Society of Sports Nutrition |
| 2019 Premier Health Sports Medicine Symposium | Dayton | ОН | 6/14/2019 | CEU Grid | Premier Health |
| Neuromuscular Profiling and Assessment | Phoenix | AZ | 6/14/2019 | 1.1 | Noraxon |
| Exercise and Pain: A New Perspective | Cleveland | ОН | 6/15/2019 | 0.8 | Exercise Professional Education |
| Human Performance Clinic - Strength and Power Development | Santa Monica | CA | 6/15/2019 | 0.3 | Elite Performance Club |
| Acumobility Level 1 Course | Portland | OR | 6/15/2019 | 0.8 | Acumobility |
| Performance Mentorship Phase 1 | Bonn | Germany | 6/17/2019 | 2.0 | EXOS |
| 2019 PHATS/SPHEM Annual Conference | Austin | TX | 6/18/2019 | CEU Grid | Professional Hockey Athletic Trainers Society |
| Roots of Performance | Seattle | WA | 6/20/2019 | 1.6 | Seattle Sounders Football Club |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|---------------------|-----------|-----------|-------------|-------------------------------|
| 2019 Juniata College Strength & Conditioning Conference | Huntingdon | PA | 6/21/2019 | CEU Grid | Juniata College |
| Art of Breath | Pensacola | FL | 6/22/2019 | 0.6 | PowerSpeedEndurance |
| Restoring Functional Movement of the Upper Extremity | New York | NY | 6/22/2019 | 0.8 | Professional Seminars |
| Stanford Sports Performance Symposium | Stanford | CA | 6/22/2019 | 0.4 | Stanford University |
| The Power Conference | Denver | со | 6/22/2019 | 0.7 | The Power Conference |
| Elite Baseball Mentorship - Upper Extremity | Hudson | MA | 6/23/2019 | 2.0 | Cressey Performance |
| Juggernaut Powerlifting Clinic | Setauket | NY | 6/23/2019 | 0.6 | Juggernaut Training Systems |
| Performance Mentorship Phase 1 | Le Plessis-Robinson | France | 6/26/2019 | 2.0 | EXOS |
| 2019 IDEA World Convention | Anaheim | CA | 6/27/2019 | CEU Grid | IDEA |
| 3-Day Functional Training Summit | Chicago | IL | 6/28/2019 | 1.8 | Perform Better |
| Foundation of Coaching Lifts | Santa Monica | CA | 6/28/2019 | 2.0 | NSCA |
| Active Life Assessment Workshop for Coaches | Boston | MA | 6/29/2019 | 1.1 | Active Life Rx |
| DNS Exercise Course Part 1 | Los Angeles | CA | 6/29/2019 | 1.3 | Movement Links |
| Functional Training | Surat | India | 6/29/2019 | 2.0 | SCA India |
| Functional Training | Mumbai | India | 6/30/2019 | 2.0 | SCA India |
| Load Management - Training Smarter and Harder | Beijing | China | 7/6/2019 | 1.3 | Gabbett Performance Solutions |
| Load Management - Training Smarter and Harder | Shanghai | China | 7/8/2019 | 1.3 | Gabbett Performance Solutions |
| NSCA National Conference | Washington | D.C. | 7/10/2019 | 2.0 | NSCA |
| Group Training: Training the Group or Team and Utilizing Your Space | Chicago | IL | 7/12/2019 | 0.2 | Goodman Elite Training |
| Even More Complete Shoulder & Hip Blueprint | Sydney | Australia | 7/13/2019 | 1.4 | Somerset Fitness |
| Reconditioning Level 1 | Montreal | Canada | 7/13/2019 | 1.6 | Reconditioning HQ |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|------------------|------------|----------------|-------------|-------------------------------|
| The Art of Sports Science | Needham | MA | 7/13/2019 | 1.4 | Pure Performance Training |
| Art of Breath | Chicago | IL | 7/20/2019 | 0.6 | PowerSpeedEndurance |
| We Move Fitness | Toronto | ON | 7/20/2019 | 1.6 | SofeeFit |
| Performance Mentorship Phase 1 | Perth | Australia | 7/18/2019 | 2.0 | EXOS |
| Even More Complete Shoulder & Hip Blueprint | Melbourne | Australia | 7/20/2019 | 1.4 | Somerset Fitness |
| We Move Fitness | Toronto | ON | 7/20-7/21/2019 | 1.6 | SofeeFit |
| 2019 International Human Performance Summit | San Antonio | TX | 7/18-7/19/2019 | 1.0 | Southwest Research Institute |
| Load Management - Training Smarter and Harder | Boston | MA | 7/20-7/21/2019 | 1.3 | Gabbett Performance Solutions |
| Active Life Assessment Workshop for Coaches | Colorado Springs | со | 7/20/2019 | 1.1 | Active Life Rx |
| Rocky Mountain Strength & Conditioning Summit | For Collins | со | 7/20/2019 | 1.2 | Colorado State University |
| Performance Mentorship Phase 1 | San Diego | CA | 7/15/2019 | 2.0 | EXOS |
| 2019 Eating Disorders in Sport Conference | Berkeley | CA | 7/19/2019 | CEU Grid | McCallum Place |
| 3-Day Functional Training Summit | Long Beach | CA | 7/19/2019 | 1.8 | Perform Better |
| Flexibility Restoration | Gainesville | FL | 7/20/2019 | 1.4 | Flexibility Script |
| Mindful Mechanics Bodyweight and Steel Mace | Stuart | FL | 7/20/2019 | 0.7 | Viking Ninja |
| Speed Development 2.0 | Santa Monica | CA | 7/20/2019 | 0.3 | Elite Performance Club |
| Performance Mentorship Phase 2 | San Diego | CA | 7/22/2019 | 2.0 | EXOS |
| Active Life Assessment Workshop for Coaches | Wauwatosa | WI | 7/27/2019 | 1.1 | Active Life Rx |
| Functional Training | | Costa Rica | 7/27/2019 | 0.6 | Justo Aon |
| Load Management - Training Smarter and Harder | New Orleans | LA | 7/27/2019 | 1.3 | Gabbett Performance Solutions |
| Olympic Weightlifting | Cincinnati | ОН | 7/27/2019 | 0.2 | J2Fit Strength & Conditioning |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|------------------|------------|-----------|-------------|---|
| Sports Performance Monitoring and Periodic Planning | Alamo | CA | 7/27/2019 | 0.8 | Alex Su Strength and Conditioning |
| Simplified Periodization | | Costa Rica | 7/28/2019 | 0.6 | Justo Aon |
| The Next Level Sports Medicine Conference | Celebration | FL | 7/28/2019 | 0.7 | AdventHealth Sports Medicine and Rehabilitation |
| Performance Mentorship Phase 3 | San Diego | CA | 7/29/2019 | 2.0 | EXOS |
| DCAC International Fitness Education Conference 2019 | Reston | VA | 8/1/2019 | CEU Grid | DCAC Fitness Conventions |
| 3-Day Functional Training Summit | Providence | RI | 8/2/2019 | 1.8 | Perform Better |
| Advanced Concepts in Strength and Conditioning Within Sports Medicine | Sacramento | CA | 8/3/2019 | 0.8 | Results Physical Therapy and Training Center |
| Exercise and Pain: A New Perspective | Austin | TX | 8/3/2019 | 0.8 | Exercise Professional Education |
| NSCA TSAC Practitioners Course | San Diego | CA | 7/29/2019 | 2.0 | NSCA |
| Enhancing Athletic Performance & Rehabilitation Through Iso-Inertial Training | Edwardsville | IL | 8/9/2019 | 0.8 | Exxentric |
| Essentials of Elite Performance | Berkeley | CA | 8/9/2019 | 2.0 | Z-Health Performance Solutions |
| Programming Part 1: Programming for the Day | Chicago | IL | 8/9/2019 | 0.2 | Goodman Elite Training |
| Bay Area Sports Performance Symposium | Sacramento | CA | 8/10/2019 | 0.7 | Bay Area Sports Performance Symposium |
| Functional Training | Bogota | Colombia | 8/10/2019 | 0.6 | Justo Aon |
| Manchester University Sports Performance Conference | North Manchester | IN | 8/10/2019 | 0.7 | Manchester University |
| ViPR PRO Fundamentals | Westwood | KS | 8/10/2019 | 0.7 | VIPR Pro |
| Performance Mentorship Phase 1 | Medelin | Colombia | 8/15/2019 | 2.0 | EXOS |
| Sports Nutrition Symposium 2019 | Kearns | UT | 8/15/2019 | 0.3 | Dairy West |
| NSCA Northwest Regional Conference | Portland | OR | 8/16/2019 | 1.3 | NSCA |
| Strength and Hypertrophy Training | Alamo | CA | 8/16/2019 | 1.5 | Randy Zhou |
| Active Life Assessment Workshop for Coaches | Covington | WA | 8/17/2019 | 1.1 | Active Life Rx |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|----------------|----------|-----------|-------------|--|
| Functional Strength: An Updated Approach to Exercising our Patients | Charleston | SC | 8/17/2019 | 1.6 | Great Lakes Seminars |
| Functional Training | Mumbai | India | 8/17/2019 | 2.0 | SCA India |
| Strong Body-Strong Mind | Chicago | IL | 8/18/2019 | 0.7 | Gentilcore Training Systems |
| NSCA Tactical Annual Training | San Antonio | TX | 8/20/2019 | 2.0 | NSCA |
| Performance Mentorship Phase 2 | Medelin | Colombia | 8/22/2019 | 2.0 | EXOS |
| Evolution of Nutritional Recommendations and Nutritional Quality | New York | NY | 8/24/2019 | 0.7 | Todd Smith Fitness Consulting |
| Functional and Cross Training | Mumbai | India | 8/24/2019 | 1.5 | SCA India |
| NSCA Southern California State Clinic | Pomona | CA | 8/24/2019 | 0.7 | NSCA |
| ISSN Sports Nutrition Diet Course | Shanghai | China | 8/26/2019 | 1.7 | ISSN Asia |
| Load Management - Training Smarter and Harder | Sao Paulo | Brazil | 8/27/2019 | 1.3 | Gabbett Performance Solutions |
| Essentials of Elite Performance | Malmo | Sweden | 8/30/2019 | 2.0 | Z-Health Performance Solutions |
| Load Management - Training Smarter and Harder | Santiago | Chile | 8/30/2019 | 1.3 | Gabbett Performance Solutions |
| Active Life Assessment Workshop for Coaches | Toronto | ON | 8/31/2019 | 1.1 | Active Life Rx |
| Active Life Assessment Workshop for Coaches | Toronto | ON | 8/31/2019 | 1.1 | Active Life Rx |
| Chain Reaction | Seattle | WA | 9/7/2019 | 1.8 | Gray Institute |
| Functional Strength: An Updated Approach to Exercising our Patients | Washington | D.C. | 9/7/2019 | 1.6 | Great Lakes Seminars |
| NSCA TSAC Practitioners Course | Virginia Beach | VA | 9/9/2019 | 2.0 | NSCA |
| Athletic Movement Assessment - Lower Extremity | Taipei | Taiwan | 9/13/2019 | 1.4 | Know & Apply Training |
| Elite Fitness and Performance Summit 2019 | Indianapolis | IN | 9/13/2019 | CEU Grid | Fitness Revoultion |
| Neuro-modulation of Human Performance | Helsingborg | Sweden | 9/13/2019 | 2.0 | Carrick Institute for Graduate Studies |
| Programming for the Week/Month | Chicago | IL | 9/13/2019 | 0.2 | Goodman Elite Training |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|---------------|-------------|-----------|-------------|--------------------------------------|
| Prehab 101 | Victoria | Canada | 9/14/2019 | 1.4 | Prehab 101 |
| Active Life Assessment Workshop for Coaches | Morristown | PA | 9/14/2019 | 1.1 | Active Life Rx |
| Anti-Fragile Athleticism | Dallas | TX | 9/14/2019 | 1.6 | Synergy Wellness & Performance |
| ELT Method Strength Training and Nutrition | Los Angeles | CA | 9/14/2019 | 0.8 | Sohee Fit Systems |
| K3 Foundations Level 1 | New York City | NY | 9/14/2019 | 1.4 | K3 Combat Movement Systems |
| NSCA Southeast Regional Conference Clinic | Rock Hill | SC | 9/14/2019 | 0.7 | NSCA |
| Prehab 101 | Victoria | ВС | 9/14/2019 | 1.4 | Prehab 101 |
| Athletic Movement Assessment - Upper Extremity | Taipei | Taiwan | 9/15/2019 | 1.4 | Know & Apply Training |
| Training The Lumbar Spine for Performance and Resilience | Powell | ОН | 9/15/2019 | 0.4 | Athlete Enhancement |
| Get Cultured on Fermented Dairy Foods | | | 9/17/2019 | 0.1 | National Dairy Council |
| Olympic Weightlifting | Mumbai | India | 9/20/2019 | 1.0 | SCA India |
| 2019 EXOS Continuous Improvement Summit | Phoenix | AZ | 9/21/2019 | CEU Grid | EXOS |
| Cressey Sports Performance Fall Seminar | Hudson | MA | 9/21/2019 | 0.9 | Cressey Performance |
| The Barbell Rehab Workshop | Pittsburgh | PA | 9/22/2019 | 0.7 | Barbell Rehab |
| Orangetheory Annual Convention | Austin | TX | 9/23/2019 | 0.3 | Orangetheory Fitness |
| Performance Mentorship Phase 2 | Bern | Switzerland | 9/25/2019 | 2.0 | EXOS |
| From Rehab to Athletic Development Best Practices | Washington | D.C. | 9/27/2019 | 1.8 | Optimal Performance & Reconditioning |
| 1st Annual Strength & Conditioning Conference | Newbury Park | CA | 9/28/2019 | 1.3 | Mamba Sports Academy |
| Art of Breath | Los Angeles | CA | 9/28/2019 | 0.6 | PowerSpeedEndurance |
| BFR Training Accelerate Performance | Loveland | СО | 9/28/2019 | 0.8 | The BFR Pros |
| Chain Reaction | Seattle | WA | 9/28/2019 | 1.8 | Gray Institute |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|--------------|--------|------------|-------------|---------------------------------------|
| Complete Speed & Power Summit | Tinton Falls | NJ | 9/28/2019 | 1.4 | Athletes Acceleration |
| Cueing & Programming Clinic | London | ON | 9/28/2019 | 0.4 | Training2XL |
| Cueing & Programming Clinic | London | Canada | 9/28/2019 | 0.4 | Training2XL |
| Functional Strength: An Updated Approach to Exercising our Patients | Charleston | wv | 9/28/2019 | 1.6 | Great Lakes Seminars |
| Movement Facilitation Assessment | Nairobi | Kenya | 9/28/2019 | 1.4 | Know & Apply Training |
| NSCA Arkansas State Clinic | Jonesboro | AR | 9/28/2019 | 0.7 | NSCA |
| The Barbell Rehab Workshop | Huntersville | NC | 9/28/2019 | 0.7 | Barbell Rehab |
| The Vertical Diet and Peak Performance | Des Moines | IA | 9/28/2019 | 0.6 | The Vertical Diet |
| Heavy Mace/Club Course | Chicago | IL | 9/29/2019 | 0.3 | Viking Ninja |
| Strength & Conditioning for the Soccer Athlete | Billings | MT | 10/2/2019 | 0.2 | Athletic Medicine and Performance |
| The Vertical Diet and Peak Performance | Moscow | Russia | 10/4/2019 | 0.6 | The Vertical Diet |
| Active Life Assessment Workshop for Coaches | Las Vegas | NV | 10/5/2019 | 1.1 | Active Life Rx |
| Athletic Movement Assessment - Lower Extremity | Calgary | AB | 10/5/2019 | 1.4 | Know & Apply Training |
| Athletic Movement Assessment - Upper Extremity | Calgary | Canada | 10/5/2019 | 1.4 | Know & Apply Training |
| Functional Strength: An Updated Approach to Exercising our Patients | Trenton | NJ | 10/5/2019 | 1.6 | Great Lakes Seminars |
| NSCA Ohio State Clinic | Delaware | ОН | 10/5/2019 | 0.7 | NSCA |
| 2019 Personal Trainer's Virtual Conference | | | 10/7/2019 | 2.0 | NSCA |
| Performance Mentorship Phase 1 | Phoenix | AZ | 10/7/2019 | 2.0 | EXOS |
| ICAA Conference and Tradeshow 2019 | Kissimmee | FL | 10/10/2019 | CEU Grid | International Council on Active Aging |
| Exercise Anatomy and Free Weight Training | Alamo | CA | 10/11/2019 | 2.0 | Randy Zhou |
| Programming: The Specifics and Nonspecifics of Specialized Training | Chicago | IL | 10/11/2019 | 0.2 | Goodman Elite Training |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|------------------|-----------|------------|-------------|-----------------------------------|
| Training the Older Adult | Sacramento | CA | 10/11/2019 | 1.2 | Be SRONGER Fitness |
| BFR Training Accelerate Performance | Bethesda | MD | 10/12/2019 | 0.8 | The BFR Pros |
| Bridging the Gap From Rehab to Performance | Tokyo | Japan | 10/12/2019 | 1.2 | Structure and Function Education |
| Chain Reaction | Annville | PA | 10/12/2019 | 1.8 | Gray Institute |
| Prehab 101 | Sydney | Australia | 10/12/2019 | 1.4 | Prehab 101 |
| Restoring Functional Movement of the Core | New York | NY | 10/12/2019 | 0.8 | Professional Seminars |
| Sport Nutrition Health and Performance Conference | Regina | SK | 10/12/2019 | 0.6 | University of Regina |
| The Fleximobile Integration | Gainesville | FL | 10/12/2019 | 1.4 | Flexibility Script |
| The Vertical Diet and Peak Performance | Rochester | MN | 10/12/2019 | 0.6 | The Vertical Diet |
| Applied Seminar- Athlete Health and Performance | Regina | SK | 10/13/2019 | 0.6 | University of Regina |
| ViPR PRO Fundamentals | Raleigh | NC | 10/13/2019 | 0.7 | ViPR PRO |
| Performance Mentorship Phase 2 | Phoenix | AZ | 10/14/2019 | 2.0 | EXOS |
| Load Management - Training Smarter and Harder | Helsinki | Finland | 10/15/2019 | 1.3 | Gabbett Performance Solutions |
| 24th Annual Sideline Help Coaches' Clinic | Billings | MT | 10/17/2019 | 0.6 | Athletic Medicine and Performance |
| FIBO USA 2019 | Miami Beach | FL | 10/17/2019 | CEU Grid | FIBO USA |
| Dynamic Neuromuscular Stabilization (DNS): Exercise 1 - Weight Lifting | Hilliard | ОН | 10/18/2019 | 1.7 | Athlete Enhancement |
| Neuromuscular Profiling and Assessment | Colorado Springs | СО | 10/18/2019 | 1.1 | Noraxon |
| 2019 Albuquerque Strength and Conditioning Clinic | Albuquerque | NM | 10/19/2019 | 0.7 | The Fitness Superstore |
| Active Life Assessment Workshop for Coaches | Pasadena | CA | 10/19/2019 | 1.1 | Active Life Rx |
| BFR Training Accelerate Performance | Portland | OR | 10/19/2019 | 0.8 | The BFR Pros |
| Bridging the Gap From Rehab to Performance | Taipei | Taiwan | 10/19/2019 | 1.2 | Structure and Function Education |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|-------------|--------|------------|-------|---|
| Grounded Athlete | Tainan | Taiwan | 10/19/2019 | 1.2 | Fischer Institute |
| ISSN-Coastal Carolina Workshop on Sports Science | Conway | SC | 10/19/2019 | 0.5 | International Society of Sports Nutrition |
| ViPR PRO Fundamentals | Miami | FL | 10/20/2019 | 0.7 | ViPR PRO |
| Performance Mentorship Phase 3 | Phoenix | AZ | 10/21/2019 | 2.0 | EXOS |
| Performance Mentorship Phase 1 | Cairo | Egypt | 10/23/2019 | 2.0 | EXOS |
| BFR Training Accelerate Performance | Mesa | AZ | 10/26/2019 | 0.8 | The BFR Pros |
| Chain Reaction | San Diego | CA | 10/26/2019 | 1.8 | Gray Institute |
| Grounded Athlete | Taichung | Taiwan | 10/26/2019 | 1.2 | Fischer Institute |
| How to Become an A-List Personal Trainer. Fundamentals for Optimal Service-Branding-Success | Malden | MA | 10/26/2019 | 0.2 | Fitness Foundry |
| Movement Facilitation Assessment | Los Angeles | CA | 10/26/2019 | 1.4 | Know & Apply Training |
| Obesity and Weight Management Exercise Training Program | Taipei | Taiwan | 10/26/2019 | 1.2 | Alexis Batrakoulis |
| Progressive Muscle Recovery | Albuquerque | NM | 10/26/2019 | 0.3 | Halcyon Wellness Initiative |
| Sports Performance Monitoring and Periodic Planning | Alamo | CA | 10/26/2019 | 0.8 | Alex Su Strength and Conditioning |
| The Vertical Diet and Peak Performance | Buffalo | NY | 10/26/2019 | 0.6 | The Vertical Diet |
| XLeration Series: Cueing & Programming Clinic | Toronto | ON | 10/26/2019 | 0.4 | Training2XL |
| XLeration Series: Cueing & Programming Clinic | Toronto | ON | 10/26/2019 | 0.4 | Training2XL |
| Advanced Kettlebell Coaching | Glen Mills | PA | 10/27/2019 | 0.8 | FIT EDU |
| S &C Track - OAPHERD Convention | Edmond | ОК | 10/28/2019 | 0.6 | NSCA |
| Active Life Assessment Workshop for Coaches | Lubbock | TX | 11/2/2019 | 1.1 | Active Life Rx |
| BFR Training Accelerate Performance | Claremont | CA | 11/2/2019 | 0.8 | The BFR Pros |
| Cueing & Programming Clinic | Halifax | Canada | 11/2/2019 | 0.4 | Training2XL |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|----------------|-------|-----------|-------|--|
| Cueing & Programming Clinic | Halifax | NS | 11/2/2019 | 0.4 | Training2XL |
| Maximizing Human Performance | Mokena | IL | 11/2/2019 | 1.3 | Motus Education |
| Movement Facilitation Assessment | Toronto | ON | 11/2/2019 | 1.4 | Know & Apply Training |
| NSCA Colorado State Clinic | Denver | со | 11/2/2019 | 0.7 | NSCA |
| NSCA Manitoba Provincial Clinic | Winnipeg | MB | 11/2/2019 | 0.8 | NSCA |
| NSCA Manitoba Provincial Clinic | Winnipeg | MB | 11/2/2019 | 0.8 | NSCA |
| Restoring Functional Movement of the Lower Extremity | New York | NY | 11/2/2019 | 0.8 | Professional Seminars |
| 2019 Fall Fitness & Training Forum | Portland | OR | 11/3/2019 | 0.8 | Northwest Personal Training and Fitness Education |
| Coaching Competency | New York | NY | 11/3/2019 | 0.7 | Gentilcore Training Systems |
| Performance Mentorship Phase 2 | Santiago | Chile | 11/7/2019 | 2.0 | EXOS |
| 2019 RISE: Elevate Your World | Dallas | TX | 11/8/2019 | 1.1 | RISE |
| NSCA Midwest Regional Conference | Corpus Christi | TX | 11/8/2019 | 1.0 | NSCA |
| 4th Annual Mayo Clinic Sports Medicine Performance Clinic | Rochester | MN | 11/9/2019 | 0.4 | Mayo Clinic Sports Medicine |
| Active Life Assessment Workshop for Coaches | Frisco | TX | 11/9/2019 | 1.1 | Active Life Rx |
| Art of Breath | Virginia Beach | VA | 11/9/2019 | 0.6 | PowerSpeedEndurance |
| Functional Strength: An Updated Approach to Exercising our Patients | Virginia Beach | VA | 11/9/2019 | 1.6 | Great Lakes Seminars |
| NSCA Georgia State Clinic | Statesboro | GA | 11/9/2019 | 0.7 | NSCA |
| NSCA Nebraska State Clinic | Omaha | NE | 11/9/2019 | 0.7 | NSCA |
| NSCA Nevada State Clinic | Las Vegas | NV | 11/9/2019 | 0.9 | NSCA |
| Renaissance Periodization Summit 2019 | Philadelphia | PA | 11/9/2019 | 0.6 | Renaissance Periodization |
| NSCA Puerto Rico Clinic | Ponce | PR | 11/9/2019 | 0.8 | NSCA |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|-----------------|---------|------------|-------------|---------------------------|
| Athletic Business Show 2019 | Orlando | FL | 11/13/2019 | CEU Grid | Athletic Business |
| 1st Annual Society for NeuroSports Conference | Deerfield Beach | FL | 11/14/2019 | 1.1 | Society for Neurosport |
| DNS Exercise Part 1 | Peoria | AZ | 11/14/2019 | 1.3 | Movement Links |
| Performance Mentorship Phase 3 | Santiago | Chile | 11/14/2019 | 2.0 | EXOS |
| NSCA Tennessee State Clinic | Alcoa | TN | 11/15/2019 | 0.8 | NSCA |
| Compound Performance | Needham | MA | 11/16/2019 | 1.4 | Pure Performance Training |
| Functional Strength: An Updated Approach to Exercising our Patients | Madison | WI | 11/16/2019 | 1.6 | Great Lakes Seminars |
| NSCA British Columbia Provinical Clinic | Vancouver | ВС | 11/16/2019 | 0.7 | NSCA |
| Skiing and Snowboarding: Conditioning and Strength Training | Waltham | MA | 11/16/2019 | 0.2 | The Micheli Center |
| The Vertical Diet and Peak Performance | Pittsburgh | PA | 11/16/2019 | 0.6 | The Vertical Diet |
| ViPR PRO Fundamentals | Boca Raton | FL | 11/16/2019 | 0.7 | ViPR PRO |
| 3.5 Day Mentorship Program | San Diego | CA | 11/7/2019 | 0.8 | Todd Durkin Enterprises |
| Assisted Stretching | North Hollywood | CA | 11/9/2019 | 1.6 | Stretch Pro |
| Padres Baseball Strength & Conditioning Workshop | San Diego | CA | 11/14/2019 | 1.1 | San Diego Padres |
| NSCA North Carolina State Clinic | Winston-Salem | NC | 11/17/2019 | 0.7 | NSCA |
| Performance Mentorship Phase 1 | Budapest | Hungary | 11/19/2019 | 2.0 | EXOS |
| ViPR PRO Fundamentals Workshop | San Diego | CA | 11/19/2019 | 0.7 | ViPR Pro |
| Athletic Movement Assessment - Upper Extremity | | CA | 11/23/2019 | 1.4 | Know & Apply Training |
| Houston High Performance | Houston | TX | 11/23/2019 | 0.4 | Houston Dynamo |
| The Barbell Rehab Workshop | Philadelphia | PA | 11/23/2019 | 0.7 | Barbell Rehab |
| XLeration Series: Cueing & Programming Clinic | Toronto | ON | 11/23/2019 | 0.4 | Training2XL |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|----------------|--------|------------|-------|---|
| Functional Training | Mumbai | India | 11/26/2019 | 2.0 | SCA India |
| Olympic Weightlifting | Mumbai | India | 11/30/2019 | 1.0 | SCA India |
| NSCA TSAC Practitioners Course | Virginia Beach | VA | 12/2/2019 | 2.0 | NSCA |
| US Department of Health & Human Services Physical Activity Guidelines for Americans | Billings | MT | 12/4/2019 | 0.2 | Athletic Medicine and Performance |
| Performance Mentorship Phase 2 | Sao Paulo | Brazil | 12/5/2019 | 2.0 | EXOS |
| 14th Annual Coaching and Sport Science College | Kingsport | TN | 12/6/2019 | 1.5 | Center of Excellence for Sport Science and Coach Education |
| Athletic Movement Assessment - Lower Extremity | | CA | 12/7/2019 | 1.4 | Know & Apply Training |
| Barbell Rehab Workshop | Boston | MA | 12/7/2019 | 0.7 | Barbell Rehab |
| CSI Ontarito Strength & Conditioning Clinic | Toronto | ON | 12/7/2019 | 0.6 | Canadian Sport Institute - Ontario |
| Functional Strength: An Updated Approach to Exercising our Patients | Asheville | NC | 12/7/2019 | 1.6 | Great Lakes Seminars |
| NSCA Kansas State Clinic | Emporia | KS | 12/7/2019 | 0.7 | NSCA |
| NSCA Rocky Mountain Regional Conference | Tempe | AZ | 12/7/2019 | 0.7 | NSCA |
| Strength and Conditioning | Bangalore | India | 12/7/2019 | 2.0 | SCA India |
| The Vertical Diet and Peak Performance | Vancouver | ВС | 12/7/2019 | 0.6 | The Vertical Diet |
| Dairy DYK: Your Top Five Questions Answered | Webinar | | 12/12/2019 | 0.1 | National Dairy Council |
| Performance Mentorship Phase 3 | Sao Paulo | Brazil | 12/12/2019 | 2.0 | EXOS |
| Ashland University Strength and Conditioning Clinic | Ashland | ОН | 12/13/2019 | 1.1 | Ashland University |
| Win the Off Season 2019 | Cleveland | ОН | 12/13/2019 | 1.0 | Brush High School |
| Functional Training and Cross Training | Pune | India | 12/14/2019 | 1.5 | SCA India |
| Los Angeles Dodgers Baseball Strength and Conditioning Symposium | Los Angeles | CA | 12/14/2019 | 1.4 | Los Angeles Dodgers |
| Louisiana State Clinic | Mandeville | LA | 12/14/2019 | 0.7 | NSCA |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|---------------|-------|------------|-------|------------------------------------|
| NSCA Mid-Atlantic Regional Conference | Aston | PA | 12/14/2019 | 0.9 | NSCA |
| The Vertical Diet and Peak Performance | Cincinnati | ОН | 12/14/2019 | 0.6 | The Vertical Diet |
| Sports Science Strength & Conditioning Seminar | San Antonio | TX | 12/15/2019 | 0.6 | Trinity University Athletics |
| The Barbell Rehab Workshop | San Francisco | CA | 12/15/2019 | 0.7 | Barbell Rehab |
| 2nd Southwest Athletic Development Symposium | Santa Monica | CA | 1/4/2020 | 0.8 | Elite Performance Club |
| NSCA Coaches Conference | San Antonio | TX | 1/8/2020 | 2.0 | NSCA |
| Learn By Doing One-Day Seminar | Fair Lawn | NJ | 1/11/2020 | 0.7 | Perform Better |
| Strength and Conditioning | Mumbai | India | 1/11/2020 | 2.0 | SCA India |
| The Barbell Workshop | San Antonio | TX | 1/11/2020 | 0.7 | Barbell Rehab |
| The Barbell Workshop | Houston | TX | 1/12/2020 | 0.7 | Barbell Rehab |
| Active Life Assessment Workshop for Coaches | Long Beach | NY | 1/16/2020 | 1.1 | Active Life Rx |
| DNS Exercise Part 1 | Peoria | AZ | 1/16/2020 | 1.3 | Movement Links |
| ELDOA 1 | Honolulu | НІ | 1/16/2020 | 1.2 | ELDOA USA |
| Energy Systems Training | Scottsdale | AZ | 1/16/2020 | 0.2 | OPEX |
| ELDOA 2 | Honolulu | НІ | 1/18/2020 | 1.5 | ELDOA USA |
| K3 Foundations Level 1 | Austin | TX | 1/18/2020 | 1.4 | K3 Combat Movement Systems |
| Load Management - Training Smarter and Harder | Bradenton | FL | 1/18/2020 | 1.3 | Gabbett Performance Solutions |
| XLeration Series: Cueing & Programming Clinic | Toronto | ON | 1/18/2020 | 0.4 | Training 2XL |
| 2020 Para Powerlifting Coaches Summit | Chesterfield | МО | 1/19/2020 | 0.5 | Logan University |
| 38th Annual Injuries in Baseball | Atlanta | GA | 1/24/2020 | 1.3 | American Sports Medicine Institute |
| Active Life Assessment Workshop for Coaches | Layton | UT | 1/25/2020 | 1.1 | Active Life Rx |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|---------------|---------|-----------|-------|--|
| Art of Coaching Apprenticeship | Brookhaven | GA | 1/25/2020 | 1.8 | Art of Coaching |
| Building Strength | Gdynia | Poland | 1/25/2020 | 1.4 | Strength and Conditioning Education Center |
| High Performance Athlete Development Workshop Level 1 | Bangalore | India | 1/25/2020 | 1.5 | Range of Motion Sports Science Academy |
| Learn By Doing One-Day Seminar | San Francisco | CA | 1/25/2020 | 0.7 | Perform Better |
| Load Management - Training Smarter and Harder | New York | NY | 1/25/2020 | 1.3 | Gabbett Performance Solutions |
| NSCA Indiana State Clinic | Terre Haute | IN | 1/25/2020 | 0.8 | NSCA |
| Rethinking the Big Patterns 2.0 | New York | NY | 1/25/2020 | 1.6 | Train Boston Sports Center |
| 5th Annual Hutto Sports Performance Clinic | Hutto | TX | 1/31/2020 | 0.6 | Hutto Strength & Conditioning |
| Barbell Rehab Workshop | Raleigh | NC | 2/1/2020 | 0.7 | Barbell Rehab |
| Corrective Exercise | Taichung | Taiwan | 2/1/2020 | 0.8 | Know & Apply Training |
| Distance Running: Mechanism and Injury Prevention | Waltham | MA | 2/1/2020 | 0.2 | The Micheli Center |
| The Training-Performance Puzzle | New York | NY | 2/1/2020 | 1.4 | Gabbett Performance Solutions |
| Corrective Exercise | Taipei | Taiwan | 2/2/2020 | 0.8 | Know & Apply Training |
| ViPR Pro Fundamentals | Richmond | ВС | 2/3/2020 | 0.7 | ViPR Pro |
| 2020 Strength & Conditioning Clinic | East Lansing | МІ | 2/7/2020 | 0.8 | Michigan State University |
| Essentials of Elite Performance | Munich | Germany | 2/7/2020 | 2.0 | Z-Health |
| 2020 F4P Sports Nutrition Summit | Raleigh | NC | 2/8/2020 | 0.5 | Fitness4Professionals |
| Active Life Assessment Workshop for Coaches | Montebello | CA | 2/8/2020 | 1.1 | Active Life Rx |
| Learn By Doing One-Day Seminar | Los Angeles | CA | 2/8/2020 | 0.7 | Perform Better |
| Level 2 Cueing & Programming Clinic | Oakville | ON | 2/8/2020 | 0.5 | Training 2XL |
| Load Management - Training Smarter and Harder | Park City | UT | 2/8/2020 | 1.3 | Gabbett Performance Solutions |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|-------------|-----------|-----------|-------|--|
| NSCA Virginia State Clinic | Springfield | VA | 2/9/2020 | 0.8 | NSCA |
| NSCA Maryland State Clinic | Baltimore | MD | 2/15/2020 | 0.6 | NSCA |
| Sports Conditioning | Mumbai | India | 2/15/2020 | 1.5 | SCA India |
| Corrective Exercise | Taipei | Taiwan | 2/21/2020 | 0.8 | Know & Apply Training |
| Essentials of Elite Performance | Austin | TX | 2/21/2020 | 2.0 | Z-Health |
| Running Symposium 2020 | Iowa City | IA | 2/21/2020 | 0.8 | University of Iowa |
| Anatomy of Strength Training | Gdynia | Poland | 2/22/2020 | 1.4 | Strength and Conditioning Education Center |
| BFR Training Accelerate Performance | Beverly | MA | 2/22/2020 | 0.8 | The BFR Pros |
| Corrective Exercise | Hsinchu | Taiwan | 2/22/2020 | 0.8 | Know & Apply Training |
| Expert Training Methodology Level 1 | Hung Hom | Hong Kong | 2/22/2020 | 1.4 | Thibarmy |
| Functional Training | Mumbai | India | 2/22/2020 | 2.0 | SCA India |
| Learn By Doing One-Day Seminar | Austin | TX | 2/22/2020 | 0.7 | Perform Better |
| RPR Level One Clinic | Oviedo | FL | 2/22/2020 | 0.8 | Reflexive Performance Reset |
| Barbell Rehab Workshop | Brooklyn | NY | 2/23/2020 | 0.7 | Barbell Rehab |
| Corrective Exercise | Kaohsiung | Taiwan | 2/23/2020 | 0.8 | Know & Apply Training |
| Functional Training | Bangalore | India | 2/23/2020 | 2.0 | SCA India |
| Interdisciplinary Training for High Performance | Durham | NC | 2/23/2020 | 0.7 | Duke University |
| Essentials of Elite Performance | Denver | со | 2/28/2020 | 2.0 | Z-Health |
| Active Life Assessment Workshop for Coaches | Dover | DE | 2/29/2020 | 1.1 | Active Life Rx |
| Functional Strength: An Updated Approach to Exercising our Patients | Olympia | WA | 2/29/2020 | 1.6 | Great Lakes Seminars |
| North Dakota State Clinic | Bismarck | ND | 2/29/2020 | 0.7 | NSCA |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|--------------|-------------|-----------|-------------|--|
| NSCA Rhode Island State Clinic | Porvidence | RI | 2/29/2020 | 0.6 | NSCA |
| RPR Level One Clinic | Columbus | ОН | 2/29/2020 | 0.8 | Reflexive Performance Reset |
| RPR Level One Clinic | Ridgefield | СТ | 2/29/2020 | 0.8 | Reflexive Performance Reset |
| Training Around Common Injuries Seen In The Weight Room | Eden Prairie | MN | 2/29/2020 | 0.4 | Lifestyle Management |
| 2020 Spring Fitness & Training Forum | Portland | OR | 3/1/2020 | 0.8 | Northwest Personal Training & Fitness Education |
| Training the Older Adult | | | 3/2/2020 | 1.6 | Be Stronger Fitness |
| 2020 IDEA Personal Trainer Institute East | Alexandria | VA | 3/5/2020 | CEU Grid | IDEA Heath & Fitness Association |
| Active Life Assessment Workshop for Coaches | Smyrna | GA | 3/7/2020 | 1.1 | Active Life Rx |
| Art of Breath | New York | NY | 3/7/2020 | 0.6 | PowerSpeedEndurance |
| Corrective Exercise | Jurong West | Singapore | 3/7/2020 | 0.8 | Know & Apply Training |
| Load Management - Training Smarter and Harder | Zurich | Switzerland | 3/7/2020 | 1.3 | Gabbett Performance Solutions |
| Power Conference | Hobart | WI | 3/7/2020 | 0.7 | Synergy Sports Performance |
| South Dakota State Clinic | Sioux Falls | SD | 3/7/2020 | 0.8 | NSCA |
| Corrective Exercise | Novena | Singapore | 3/8/2020 | 0.8 | Know & Apply Training |
| MIAC Annual Strength and Conditioning Meeting | St. Paul | MN | 3/11/2020 | 0.4 | Minnesota Intercollegiate Athletic Conference |
| Fit to Deliver | Orlando | FL | 3/12/2020 | 0.4 | Orangetheory Fitness |
| Fitness Pitfalls | Orlando | FL | 3/12/2020 | 0.4 | Orangetheory Fitness |
| Running Technique | Orlando | FL | 3/13/2020 | 0.2 | Orangetheory Fitness |
| Barbell Rehab Workshop | New Orleans | LA | 3/14/2020 | 0.7 | Barbell Rehab |
| Corrective Exercise | Kuala Lumpur | Malaysia | 3/14/2020 | 0.8 | Know & Apply Training |
| High Performance Athlete Development Workshop Level 1 | Delhi | India | 3/14/2020 | 1.5 | Range of Motion Sports Science Academy |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|------------------|-------------|-----------|-------|--|
| NSCA Oregon State Clinic | Portland | OR | 3/14/2020 | 0.7 | NSCA |
| RPR Level One Clinic | Hong Kong | China | 3/14/2020 | 0.8 | Reflexive Performance Reset |
| Running Technique | Orlando | FL | 3/14/2020 | 0.2 | Orangetheory Fitness |
| Corrective Exercise | Petaling Jaya | Malaysia | 3/15/2020 | 0.8 | Know & Apply Training |
| Performance Mentorship Phase 1 | Nemce | Slovakia | 3/20/2020 | 2.0 | EXOS |
| Resilient Movement Foundations | Lake Tahoe | NV | 3/20/2020 | 0.8 | Resilient Performance Systems |
| Corrective Exercise | Selangor | Malaysia | 3/21/2020 | 0.8 | Know & Apply Training |
| Corrective Exercise | Kuala Lumpur | Malaysia | 3/22/2020 | 0.8 | Know & Apply Training |
| Performance Mentorship Phase 1 | Bern | Switzerland | 3/24/2020 | 2.0 | EXOS |
| Developing Power and Explosive Strength | Gdynia | Poland | 3/28/2020 | 1.4 | Strength and Conditioning Education Center |
| Manchester Coaches Clinic | North Manchester | IN | 3/29/2020 | 0.7 | Manchester University |
| Performance Mentorship Phase 1 | Phoenix | AZ | 3/30/2020 | 2.0 | EXOS |
| Performance Mentorship Phase 1 | Milan | Italy | 4/2/2020 | 2.0 | EXOS |
| Coaches vs. COVID-19 | Virtual | | 4/3/2020 | 0.3 | Coaches vs. COVID-19 |
| Coaches vs. COVID-19 | Virtual | | 4/4/2020 | 0.9 | Coaches vs. COVID-19 |
| NSCA Missouri State Clinic | Virtual | | 4/4/2020 | 0.7 | NSCA |
| NSCA Missouri State Clinic | Virtual | | 4/4/2020 | 0.7 | NSCA |
| Force Measurement for Strength and Conditioning | St. Louis | МО | 4/5/2020 | 1.0 | Hawkin Dynamics |
| Performance Mentorship Phase 1 | Cairo | Egypt | 4/8/2020 | 2.0 | EXOS |
| Coaches In Quarantine | Virtual | | 4/9/2020 | 0.8 | 4A Health |
| Performance Mentorship Phase 1 | Segovia | Spain | 4/9/2020 | 2.0 | EXOS |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|-------------|--------|-----------|-------|---|
| Coaches vs. COVID-19 | Virtual | | 4/11/2020 | 0.5 | Coaches vs. COVID-19 |
| Foundations of Health and Movement | New York | NY | 4/11/2020 | 1.3 | Integrated Health Sciences |
| The Science and Application of Muscle Gain and Fat Loss Seminar | Virtual | | 4/11/2020 | 0.8 | Sohee Fit Systems |
| Coaches vs. COVID-19 (College Basketball Roundtable) | Virtual | | 4/12/2020 | 0.2 | Coaches vs. COVID-19 |
| Coaches vs. COVID-19 (NBA Basketball Roundtable) | Virtual | | 4/12/2020 | 0.3 | Coaches vs. COVID-19 |
| 2020 Sounders FC Sports Science Symposium | Virtual | | 4/15/2020 | 0.4 | Seattle Sounders FC |
| Essentials of Elite Performance | Boston | MA | 4/17/2020 | 2.0 | Z-Health |
| Foundations of Exercise and Performance | New York | NY | 4/18/2020 | 1.3 | Integrated Health Sciences |
| High Performance Athlete Development Workshop Level 1 | Mumbai | India | 4/18/2020 | 1.5 | Range of Motion Sports Science Academy |
| NSCA Delaware State Clinic | Virual | | 4/18/2020 | 0.6 | NSCA |
| NSCA Wisconsin State Clinic | Virtual | | 4/18/2020 | 0.6 | NSCA |
| THIRST Sports Performance Clinic | Terre Haute | IN | 4/18/2020 | 0.8 | Terre Haute Intensity Resistance and Sports Training |
| 2020 Sounders FC Sports Science Symposium | | | 4/22/2020 | 0.3 | Seattle Sounders FC |
| Energy System Training | Chicago | IL | 4/24/2020 | 0.2 | Goodman Elite Training |
| Child To Champion USA | | | 4/25/2020 | 1.6 | Proformance/Athletic Lab |
| NSCA Arkansas State Clinic | Virtual | | 4/25/2020 | 0.6 | NSCA |
| NSCA Kentucky State Clinic | Virtual | | 4/25/2020 | 0.5 | NSCA |
| NSCA Kentucky State Clinic | Virtual | | 4/25/2020 | 0.5 | NSCA |
| NSCA Utah State Clinic | Virtual | | 4/25/2020 | 0.6 | NSCA |
| NSCA Utah State Clinic | Virtual | | 4/25/2020 | 0.6 | NSCA |
| Speed and Agility, Acceleration and Endurance and Training | Gdynia | Poland | 4/25/2020 | 1.4 | Strength and Conditioning Education Center |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|-------------|--------|-----------|-------------|---|
| Energy Systems Training | Scottsdale | AZ | 4/23/2020 | 0.2 | OPEX |
| 2020 Sounders FC Sports Science Symposium | | | 4/29/2020 | 0.4 | Seattle Sounders FC |
| Virtual Recovery Summit | | | 5/1/2020 | 1.4 | Online Sleep Coach |
| NSCA Rocky Mountain Regional Confernce | Albuquerque | NM | 5/2/2020 | 0.7 | NSCA |
| NWC Performance Clinic | | | 5/2/2020 | 0.7 | NWC Performance |
| Scientific Application of Mobility Training | Vancouver | Canada | 5/2/2020 | 0.7 | Somerset Fitness |
| Level 1 Cueing & Programming | | | 5/5/2020 | 0.4 | Training2XL |
| Foundations of Sports Performance | | | 5/6/2020 | 2.0 | National Sports Performance Association |
| Human Performance Summit | | | 5/7/2020 | 2.0 | Rebel Performance |
| Performance Mentorship Phase 1 | Sao Paulo | Brazil | 5/7/2020 | 2.0 | EXOS |
| 2020 Midwest Sports Performance Conference | Lawrence | KS | 5/8/2020 | 0.6 | University of Kansas |
| Activate FitCon | | | 5/8/2020 | CEU Grid | Activate |
| Art of Breath | Edmonton | Canada | 5/9/2020 | 0.6 | PowerSpeedEndurance |
| Great Lakes Regional Conference | | | 5/9/2020 | 0.9 | NSCA |
| NSCA Maine/New Hampshiere State Clinic | | | 5/9/2020 | 0.5 | NSCA |
| Find Your Prime | | | 5/15/2020 | 2.0 | Find Your Prime |
| BFR Training Accelerate Performance | Ft. Myers | FL | 5/16/2020 | 0.8 | The BFR Pros |
| High Performance Athlete Development Workshop Level 1 | Bangalore | India | 5/16/2020 | 1.5 | Range of Motion Sports Science Academy |
| NSCA North Central Regional Conference | St. Paul | MN | 5/16/2020 | 0.9 | NSCA |
| KIME Speed | Sacramento | CA | 5/17/2020 | 0.8 | Kime Performance Physical Therapy |
| Power Development | Chicago | IL | 5/18/2020 | 0.2 | Goodman Elite Training |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|-------------|----------|-----------|-------|--|
| 35th Annual Advances on the Knee, Shoulder, & Sports Medicine Conference | Cincinnati | ОН | 5/23/2020 | 1.2 | Cincinnati Sportsmedicine Research and Education Foundation |
| CPSDA 12th Annual Conference | | | 5/18/2020 | 0.5 | Collegiate and Professional Sports Dietitians Association |
| High Performance Basketball Symposium | Las Vegas | NV | 5/20/2020 | 1.2 | Charles Stephenson Strength Clinic |
| Hammer Strength Clinic | | | 5/21/2020 | 1.0 | Hammer Strength |
| The Science and Application of Energy Balance | | | 5/23/2020 | 0.3 | Sohee Fit |
| America East Sports Performance Summit | | | 5/28/2020 | 0.6 | America East Conference |
| Performance Mentorship Phase 1 | Estoril | Portugal | 5/28/2020 | 2.0 | EXOS |
| Essentials of Elite Performance | Washigton | DC | 5/29/2020 | 2.0 | Z-Health |
| Personal Training | Pamplona | Spain | 5/29/2020 | 0.8 | EXOS |
| Advanced Programming Methods | Gdynia | Poland | 5/30/2020 | 1.4 | Strength and Conditioning Education Center |
| The Athlete's Plate and Eating on the Go | Billings | MT | 6/3/2020 | 0.1 | Athletic Medicine and Performance |
| Barbell Rehab | Boulder | СО | 6/6/2020 | 0.7 | Barbell Rehab |
| Corrective Exercise | Toronto | Canada | 6/6/2020 | 0.8 | |
| RPR Level One Clinic | | | 6/6/2020 | 0.8 | Reflexive Performance Reset |
| Corrective Exercise | Mississauga | Canada | 6/7/2020 | 0.8 | |
| Functional Anatomy for the Fitness Professional | | | 6/7/2020 | 0.5 | Redefine Physical Therapy Education |
| Level 2 Cueing & Programming | | | 6/10/2020 | 0.5 | Training2XL |
| Performance Mentorship Phase 1 | Brussels | Belgium | 6/11/2020 | 2.0 | |
| Protein: Plant? Animal? Health? Planet? | | | 6/11/2020 | 0.1 | National Dairy Council |
| Load Management - Training Smarter and Harder | | | 6/13/2020 | 1.3 | Gabbett Performance |
| Load Management - Training Smarter and Harder | Vancouver | ВС | 6/13/2020 | 1.3 | Gabbett Performance Solutions |

| Course Title | City | State | Date | CEU's | Course Provider |
|--|---------------------|--------|-----------|-------------|--|
| Recovery Cycle | Chicago | IL | 6/13/2020 | 0.6 | Linked Fit |
| ViPR Pro Fundamentals | Austin | TX | 6/13/2020 | 0.7 | ViPR Pro |
| Barbell Rehab | Toronto | ON | 6/14/2020 | 0.7 | Barbell Rehab |
| Functional Anatomy for the Fitness Professional | | | 6/14/2020 | 0.5 | Redefine Physical Therapy Education |
| Diets & Physique | | | 6/17/2020 | 0.1 | International Society of Sports Nutrition |
| 20th Annual Juniata College Strength & Conditioning Conference | | | 6/19/2020 | CEU Grid | Juniata College |
| Functional Anatomy for the Fitness Professional | | | 6/20/2020 | 0.5 | Redefine Physical Therapy Education |
| Load Management - Training Smarter and Harder | | | 6/20/2020 | 1.3 | Gabbett Performance |
| Performance Program Design | | | 6/20/2020 | 1.6 | Brookbush Institute |
| Muscle Mentorship | Redondo Beach | CA | 6/22/2020 | 2.0 | Allegiate |
| Anatomy 101: Through the Trainers Eyes | | | 6/23/2020 | 0.6 | Training the Older Adult |
| Barbell Rehab Workshop | New Orleans | LA | 6/27/2020 | 0.7 | Barbell Rehab |
| International Hockey Performance Summit | Mont-Tremblant | QC | 6/27/2020 | CEU Grid | ReconditioningHQ.com |
| Modern Management of the Older Adult | Sacramento | CA | 6/27/2020 | 1.6 | The Institute of Clinical Excellence |
| Performance Program Design | | | 6/27/2020 | 1.6 | Brookbush Institute |
| Recovery. Adapt. Perform. | | | 6/27/2020 | 0.3 | Linked-Fit |
| Functional Anatomy for the Fitness Professional | | | 6/28/2020 | 0.5 | Redefine Physical Therapy Education |
| Special Training Methods and Programming | Gdynia | Poland | 6/28/2020 | 1.4 | Strength and Conditioning Education Center |
| Performance Mentorship Phase 2 | Le Plessis-Robinson | France | 7/1/2020 | 2.0 | EXOS |
| Performance Mentorship Phase 1 | Le Plessis-Robinson | France | 7/5/2020 | 2.0 | EXOS |
| Creatine | | | 7/8/2020 | 0.1 | International Society of Sports Nutrition |

| Course Title | City | State | Date | CEU's | Course Provider |
|---|---------------|-------------------|-----------|-------|--|
| Art of Breath | Amsterdam | Netherlands | 7/11/2020 | 0.6 | PowerSpeedEndurance |
| Functional Strength: An Updated Approach to Exercising our Patients | Fargo | ND | 7/11/2020 | 1.6 | Great Lakes Seminars |
| Microstretching Fundamentals for Fitness Professionals | | | 7/11/2020 | 0.3 | Microstretching |
| Art of Breath | London | United Kingdom | 7/12/2020 | 0.6 | PowerSpeedEndurance |
| Barbell Rehab | Pittsburgh | PA | 7/12/2020 | 0.7 | Barbell Rehab |
| Muscle Hypertrophy | | | 7/15/2020 | 0.1 | International Society of Sports Nutrition |
| The Food Matrix: More Than The Sum of Its Nutrients | | | 7/15/2020 | 0.1 | National Dairy Council |
| Personal Training | Mexico City | Mexico | 7/17/2020 | 0.8 | EXOS |
| 2020 Queens University of Charlotte Sports Performance Clinic | | | 7/18/2020 | 0.7 | Queens University |
| 2020 Queens University of Charlotte Sports Performance Clinic | Charlotte | NC | 7/18/2020 | 0.7 | Queens University of Charlotte |
| Art of Breath | Berlin | Germany | 7/18/2020 | 0.6 | PowerSpeedEndurance |
| Barbell Rehab | Memphis | TN | 7/18/2020 | 0.7 | Barbell Rehab |
| RPR Level One Clinic | Chestnut Hill | MA | 7/18/2020 | 0.8 | Reflexive Performance Reset |
| The Blueprints | Bethesda | MD | 7/18/2020 | 0.9 | Rehab 2 Perform |
| The Blueprints | Bethesda | MD | 7/18/2020 | 0.9 | Rehab 2 Perform |
| Art of Breath | Vienna | Austria | 7/19/2020 | 0.6 | PowerSpeedEndurance |
| Fight Sports | | | 7/22/2020 | 0.1 | International Society of Sports Nutrition |
| Building Strength | Gdynia | Poland | 7/25/2020 | 1.4 | Strength and Conditioning Education Center |