

St. Marys Independent

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Issue #1070

Thursday, September 2, 2021

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Engage and earn rewards at Speak Up St. Marys

New engagement platforms provides St. Marys residents with opportunity to have their say in the Town's annual budget



Mayor Al Strathdee and Director of Finance/Treasure Andre Morin encourage St. Marys residents to speak up and engage with the 2022 annual budgeting process.

The Town of St. Marys has launched an exciting new initiative to gather residents' ideas and opinions in order to create and ensure the annual budget reflects the Town's wants and needs.

Speak Up St. Marys provides residents with the opportunity to raise questions, vote on topics, provide feedback on municipal service levels, community concerns, and budget spending in general.

As a thank you, residents can earn exciting rewards for participating, including a tour of the new fire

station with a fire truck ride, contest entries to win one of two Samsung Galaxy tablets, St. Marys Money, gift cards for the St. Marys Museum, and even lunch with the Mayor!

"We've received feedback that some residents do not know how to provide input or that they even have the opportunity" says Director of Finance/Treasurer Andre Morin. "Input from our residents is very important to us so we have launched Speak Up St. Marys as a fun and easy way to engage and provide us with valuable data

Continued on page 2

What's open and not this holiday weekend

With Monday being "Labour Day", here is a summary of who is open or not this weekend.

Both Foodland, McDonald's Independent Grocer and Canadian Tire are open all weekend including Monday. The Beer Store and the LCBO are open Saturday and Sunday but closed Monday. The banks and the Post Office are closed Monday.

Beverly Brenneman, on behalf of the Town, issued the following information:

Please note the following hours will be in effect for Town of St. Marys facilities for Labour Day Holiday.

Closed Monday, September 6:

- Administrative offices (Town Hall and Municipal Operations Centre)
- Adult Learning
- Mobility Service Office
- St. Marys Child Care Centre
- St. Marys Fire Station
- St. Marys Landfill
- St. Marys Museum

Friendship Centre/Senior Services

· Closed Monday, September 6 for recreational programming. Home support services such as Meals on Wheels and Telephone Reassurance calls will continue.

Garbage and Recycling Collection

· Will continue as scheduled.

Library

· Closed Monday, September 6. Open Friday, September 3 from 10:30 a.m. to 5:00 p.m. and Saturday

Continued on page 2



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Edward Jones

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COMMUNITY —

St Marys Resident Wins \$100,000 in Lotto Max Draw



A St Marys resident is doing her happy dance after being the recent winner of \$100,000 by matching the last six of seven Encore numbers in the July 6 Lotto Max draw.

Joanne Winchester says she's been playing the lottery for decades, always playing Encore. Winchester added she was shocked to see she had won.

Winchester says she plans to use her winnings to go shopping, buy a new vehicle and complete some home renovations.

The winning ticket was purchased at McDonald's Independent Grocer on Queen Street in St Marys.

What's open and not this holiday weekend

Continued from page 1

day, September 4 from 10:00 a.m. to 4:00 p.m.

Pyramid Recreation Centre

The Aquatics Centre will be closed on September 6. Please visit www.townofstmarys.com/aquatics for details and registration.

Pyramid Recreation Centre will be closed Saturday, September 4 to Monday September 6

Quarry

Open daily until (and including) September 6 with the following swim times:

1:00pm to 2:45 p.m., 3:15

to 5:00 p.m., 5:30 to 7:30 p.m.

Pre-registration is required at townofstmarys.com/quarry

VIA Rail Station

Open for regular hours: 7:45 a.m. to 8:45 a.m. and 8:00 p.m. to 9:00 p.m.

Any additional updates will be posted to the Town website (townofstmarys.com/covid19), Facebook page (facebook.com/stmarysontario) and Twitter account (twitter.com/townofstmarys) as soon as they are available. Any questions can be directed to communications@town.stmarys.on.ca or 519-284-2340.

Engage and earn rewards at Speak Up St. Marys

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during the annual budgeting process."

To participate, residents simply need to create an account at speakupstmarys.mindmixer.com.

Creating an account is quick and easy

as only an email address, internet connection and less than a minute of time is needed. Participants can earn points by participating in surveys, instant polls, sharing with their social networks, submitting ideas and even commenting and rating other community members ideas.

"We really encourage the community to start the conversation and keep engaging over the next few months through Speak Up St. Marys" says Andre. "We're very excited to hear what the town has to say."

To view more information on the

program prior to creating an account, visit townofstmarys.com/SpeakUp. To sign up and start engaging and earning rewards points, visit speakupstmarys.mindmixer.com. To speak with a Town staff, please contact Andre Morin at amorin@town.stmarys.on.ca or 519-284-2340 x 217.

7 Day Forecast - Weather Sponsored by **The HITCHING POST**

Wednesday Sept-1st	Thursday Sept-2nd	Friday Sept-3rd	Saturday Sept-4th	Sunday Sept-5th	Monday Sept-6th	Tuesday Sept-7th
Sunny	Sunny	Sun/cloud	Light rain	Potential showers	Potential showers	Sun/cloud
25°C	23°C	24°C	24°C	23°C	21°C	22°C
Feels Like 27	Feels Like 23	Feels Like 24	Feels Like 27	Feels Like 27	Feels Like 22	Feels Like 24

Market Prices Sponsored by

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#2 YELLOW CORN	SOYBEANS	SOFT RED WHEAT
Old Crop - \$8.42	Old Crop - \$17.88	Old Crop - \$7.55
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FINANCIAL MARKET INDICES

		YTD chg
TSX Composite Index	20,594.97	18.17%
S&P 500 Index	4,528.79	20.61%
Dow Jones Industrial	35,399.84	15.69%
CAD to USD	\$1.00 CAD = \$0.79 USD	
Bank of Canada Prime Rate	2.45%	

(as of close on Monday, August 30)

COVID-19 STATISTICS

	Total Cases	Active Cases	Deaths
World	217,362,146	18,694,806	4,515,661
Canada	1,489,813	29,817	26,901
Huron-Perth	2,027	27	57

73.16% of Canadians have received at least one vaccination dose.
66.51% of Canadians are fully vaccinated.
(as of Monday, August 30. Sources: worldometers.info; hph.ca; covid19tracker.ca)

STONETOWN FINANCIAL SERVICES Unit 1, 60 Water Street South St. Marys, ON. ph: 519.284.4448

GICs	RRSPs	TFSAs
1 yr - 1.38%	1 yr - 1.15%	1 yr - 1.00%
3 yr - 2.10%	3 yr - 1.85%	3 yr - 1.62%
5 yr - 2.30%	5 yr - 2.20%	5 yr - 2.00%

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COMMUNITY —

St. Marys Town Council acknowledges victims and hardship from drug overdoses

By Spencer Seymour

The first item on the main agenda of the most recent St. Marys Town Council meeting was a very emotional and impactful presentation on drug overdoses in the community.

Anna Maria Iredale spoke to Council members about the opioid crisis, a personal story of its effects on her family, and her involvement with a group called Moms Stop The Harm.

"The number of opioid and drug-related deaths in Ontario towns and cities is really skyrocketing now," Iredale told Council. She reported that 21,174 people have died from substance abuse since 2016 with 6,214 coming in 2020 alone.

Iredale told the story of her son Matthew, who battled and eventually succumbed to substance abuse. She said that he left town for several years to go through treatment for his addiction, and after several years, was successful in his recovery journey. He went on to become a youth teacher at an Oshawa church, speaking about

his struggles to the entire church congregation from time to time. He was also an accomplished mason, building many houses in Oshawa, and his father said fondly that Matthew "had lime in his blood." He was loving and kind and told his mother that "we are rich because we have each other."

Unfortunately, things would take a tragic turn on September 3rd, 2016, when Matthew's younger brother along with his cousin had passed away in a car crash. "That night," Iredale said, "was the night we called to tell Matthew of the boys' deaths. And that night was the night Matthew relapsed." After a year of spiraling downward, Matthew passed away after a toxic drug mix including fentanyl. Matthew, always being a giving person, had signed up to be an organ donor, and his liver saved another man's life.

"My son wasn't defined by his drug use," Iredale said, "Matt was a talented bricklayer, an awesome, sweet, and loving son, he spoke fluent French, donated his skills to help build the

Japanese Church in Toronto, and always tried to help someone else up."

Several months after Matthew's death, Iredale joined Moms Stop The Harm, a Canada-wide network of families impacted by substance abuse aiming to help put an end to the opioid crisis. Iredale noted that the organization wants an end to the failed war on drugs through treatment, policy change, and prevention efforts supported by facts. They also look to eliminate substance-related stigma, harm, and death. For more information, go to momsstoptheharm.com.

Joining Moms Stop The Harm gave Iredale a new perspective on addiction. She said the support from other families helped her understand that drug addiction is a disease and that it needs to be treated like a disease. "People deserve understanding, compassion, and empathy when they are sick and asking for recovery," she said. "Stigma is what prevents people from reaching out and asking for help and that is what costs people their lives."

Iredale then gave an example of how

Portugal has dealt with its addiction problem. According to Iredale, money that was spent on policing, courts, and jails for addicts were redirected to rehabilitation efforts. The results were fewer people struggling with substance abuse and significantly fewer overdose deaths. Decriminalization of abused drugs is also an effective tool in battling the addiction crisis.

The Council members were all moved by Iredale's presentation and voted unanimously in favour of several recommendations. They recognized the purpose of International Overdose Awareness Day as remembering loved ones lost to overdoses and ending substance use-related stigma, harms, and deaths. They resolved to help reduce the overdose death toll, which claimed eight lives in the community in 2020. They affirmed that those struggling with addiction in our area are our sons, daughters, brothers, sisters, friends, and neighbours, and deserve our love, compassion, and support. Finally, they proclaimed this past Tuesday, August 31st, Overdose Awareness Day in St. Marys.

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BACK TO SCHOOL —

Time for school: What you need to know about this school year

The Avon Maitland District School Board (AMDSB) has released its initial safety criteria and protocols for this school year. They say that the protocols will be updated throughout the year.

Elementary students will return to either in-person or online learning based on what parents selected in the Spring when the AMDSB asked families to register for remote learning. All other families were automatically placed in face-to-face learning. If a family wants to switch to online learning, contact the school principal. Each family admitted to online classes should hear from one of the Remote Learning administrators before school starts. Students returning to in-person classes will return on September 7, except for Kindergarten students. Kindergarten families will receive direction from their school regarding staggered entry and interviews. Arrival expectations, as well as pick-up/drop-off locations, should be clearly outlined for parents in start-up communication.

Students and classes should be assigned a designated door for entry. Students in Grades 1 to 8 will wear face coverings while in school and on school transportation. When possible, maintain physical distancing while inside. In general, students will remain in their classroom and won't move from room to room. When possible, gyms, libraries, or activity rooms will be used for individual

classes. Students will eat lunch in their classrooms and wash their hands or use hand sanitizer before and after eating. Students are reminded not to share food, utensils, or drinks.

During recess, students are expected to remain in their designated area. They must wash their hands or use hand sanitizer before and after recess. Outdoor times can provide students with breaks from wearing masks within their cohorts. Students are encouraged to maintain physical distance while playing outside. Elementary students should remember to bring a pair of "inside shoes" for the winter months.

Many of the same protocols will be in place for secondary students. Secondary schools are being organized in a modified semester format. Students will take two courses in week one, followed by two more courses the following week. Students will remain in each period for 150 minutes each day. There will be short breaks built-in throughout the day, as per practice in the 2020-21 school year. Teachers are encouraged to take their classes outside when possible. When students arrive at school they will be entering through a designated door, they must have their masks on, should practice hand hygiene, and will head directly to their period one classroom. For full details go to <https://www.amdsb.ca/apps/pages/BacktoSchoolPlan>

Bravo

We have five Bravos this week.

- 1) Bravo to the Ukrainians for getting 29, who were Canada bound, out of Afghanistan in a daring operation
- 2) Bravo to Erin and Ryan at Broken Rail Brewery for meeting with, and working with, their neighbors on addressing some concerns so quickly. It is a great establishment and we all look forward to them continuing to build on their success.
- 3) The stone wall at the Lind Park (northeast corner of Church Street South and Jones Street East) was re-pointed and repaired earlier this summer. Kudos and thank you to the workers who did an excellent job.
- 4) Bravo and thank you to the kind and caring people who came to the aid of a young woman on James Street S last Thursday. The quick response of all who stopped to assist was very impressive. You are all heroes.
- 5) Bravo to dog owners who are considerate knowing when and how to walk and clean up after their pets.

*Please note all Boos and Bravos must be signed in order to be considered.

Boo

We have three Boos this week.

- 1) A Boo to inconsiderate dog owners who use very long retractable leashes that allow their dogs to run through my flower beds and poop on my lawn while the owners stay on the sidewalk ignoring their pet.
- 2) Boo to those who are destroying election signs in the early stage of the election. Volunteers spend time and effort putting up these signs and not only is this a waste of candidates money, it is also against the law.
- 3) A boo goes to people who are quick to shame businesses on Facebook instead of contacting them directly to give them helpful feedback.

Bravos and Boos are submitted by community members and do not necessarily reflect the opinions of the St. Marys Independent

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Quote of the Week

"We're set to see one of the biggest jumps at the gas pumps we've seen in a long time. The so called futures market for gasoline and oil really rocketed, we're talking 12 cents a gallon for gasoline and oil picked up almost three and a half dollars a barrel."

- Dan McTeague, a gas price analyst and President of Canadians for Affordable Energy, says the cost will increase by 5 cents in this area and across most of Ontario at midnight Thursday.

St. Marys Independent

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The St. Marys Independent

THOUGHTS
OF THE WEEK

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If you can't cook don't tell someone their food needs salt.

Great minds discuss ideas. Average minds discuss events. Small minds discuss people.

People have very long memories, so invest in making yourself a good memory.

Some people dream of success. Others make it happen.

Overheard at the Coffee Shop

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Seems like these scumbags who come to town to steal stuff aren't afraid of the consequences.

Regardless of who you intend to vote for, there's no place for violent protests or destruction of property.

Have you heard something humorous around town that you think might be of interest to others?

Either email them to us at info@stmarys-independent.com with the title

"Overheard at The Coffee Shop", call 519-284-0041 or drop by the office to let us know!

COMMUNITY —

Driving test failed



Most golfers know enough to not drive too close to the greens, and to let cart paths be a guide of where to go. Presumably, the driver of this golf cart on Friday night took a wrong turn and was headed northbound behind the 6th green at St. Marys G&CC when they came to a sudden and wet stop. The following morning, the professional grounds crew of Sandy and Rick Fifield were seen towing the cart out, but this unnecessary dip in the pond would surely not be good for the cart's engine. (Stewart Grant photo)



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Municipal information from the Town of St. Marys

Covid-19 Updates

Current Public Health Measures

St. Marys is operating under Step Three of Ontario's Roadmap to Reopen. Details on changes to Town services are posted on our website. Please continue to follow all health and safety guidelines when using town services and facilities.

The Municipal Operations Centre and Town Hall are open for service. Hours for both locations are 8:30 a.m. to 4:30 p.m. Waiting area capacities are limited to accommodate physical distancing. Prearranged appointments and drop-box services are still available; call 519-284-2340 to book.

Details: townofstmarys.com/covid19



Community Wellness & Stonetown Supports

Community Wellness Programs

Our Community Wellness Programs are available to people of all ages and abilities who need assistance with essential needs such as:

- Hot and frozen meal delivery
- Delivery of groceries and other essentials
- Social connection calls and telephone reassurance
- Virtual and telephone programming

Call us between 8:30 a.m. and 4:30 p.m. from Monday to Friday and we will connect you with the proper resources to meet your needs.

Details: townofstmarys.com/communitywellness or 519-284-3272

Stonetown Supports

If you are in need of supports and resources for food security, mental health and addiction, financial aid, housing, youth services and more, visit our website.

Details: townofstmarys.com/stonetownsupports



General Municipal Updates

Labour Day, Swimming Lessons & Council Meeting

Labour Day Closures

Town Hall and the Municipal Operations Centre will be closed on Monday, September 6. Other municipal closures for the holiday can be seen at our website.

Details: townofstmarys.com

Fall Swimming Lessons

Fall swimming lessons at the PRC start September 18. Registration opens September 4 at 9:00 a.m.

Details: townofstmarys.com/AquaticsCentre

Regular Council Meeting

The next regular council meeting will be September 14 at 6:00 p.m. It will be live streamed on our YouTube channel and the agenda will be on our website on Sept. 10, 2021.

Details: townofstmarys.com/Meetings



Contact us: 519-284-2340 | townofstmarys.com



POLICE NEWS —



566 Queen St. E. • 519.284.4348

Senior of the Week



Our senior of the week is Gerda Coddington who celebrated her 90th birthday on July 1st. Gerda, who came to Canada in 1964 from Holland, has two children and loves living in St. Marys. Happy belated birthday Gerda!

If you would like to nominate someone for Senior of the Week, Contact us at 519-284-0041 or info@stmarys-independent.com.

Weekend Quiz

Sponsored by: **Gordy's** 17 Water St. S
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- 1) What is the real first name of Marilyn Monroe?
- 2) What golfer was known as "The Golden Bear"?
- 3) What is the name of the prehistoric town in which The Flintstones live?
- 4) What was Babe Ruth's first name?
- 5) If a male donkey is a jack, what is the female called?
- 6) How many sides does the home plate in baseball have?
- 7) What country is the band "The Cranberries" from?
- 8) In horse racing, the Triple Crown is awarded to a horse that wins which three races?
- 9) What is the name of the toy cowboy in Toy Story?
- 10) Who was the first American to go into space?

This week's answers are found on pg. 23

St. Marys Healthcare Foundation announces July 50/50 winner

We are thrilled to announce that Joyce Hanna won \$9,830 in our July 50/50 draw! Her lucky ticket number, B-2877353, was drawn at the St. Marys Memorial Hospital by Board Members, Scott Graham and Amy Cubberley. Joyce looks forward to using her winnings to travel in the future.

We are blown away by the support that this monthly fundraiser continues to receive! Thank you to everyone who continues to show support by buying tickets and sharing our emails and social media posts.

Funds raised through the Foundation's 50/50 will be directed towards the upcoming Patient Room Rebuild Project at the St. Marys Memorial Hospital. Major components of the project include a negative pressure room to reduce the spread of infectious diseases such as COVID-19, new modern and efficient headwalls at the top of patient beds, hand hygiene sinks in every room, smart tablets, and patient lifts. Many necessary mechanical and infrastructure upgrades will be made to the rooms at the same time.

Tickets for the August draw are now on sale at www.stmarys5050.com. The August draw will take place on September 13, 2021. Tickets can be purchased by anyone in Ontario who is over the age of 18. Visit the website or follow us on Facebook at www.facebook.com/StMarysHealthcareFoundation/ to watch the jackpot grow!

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Joyce Hanna

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COMMUNITY —

Return to in-person meetings, vaccine mandate discussed by St. Marys Town Council

By Spencer Seymour

The Town Council of St. Marys is looking to return to in-person proceedings after more than a year of virtual meetings, as well as looking into mandating vaccines for Town staff.

Town clerk Jenna McCartney prepared a report on how Council might go about returning to meeting in person. The report focused on a hybrid approach to the subject to allow members of Council or the public who aren't ready or would prefer to meet virtually to do so, while those wanting to return to the

Council Chambers at Town Hall could do so. The key topic of discussion was whether to stay fully virtual or to move to a hybrid system.

Under the proposal from Town staff, beginning September 14th, the seven councilors along with the Mayor, Chief Administrative Officer (CAO), Clerk, and one additional staff member would be inside the chambers. Any other staffers or members of the public would participate virtually. This is part of the municipality's cautious approach to reopening and would al-

low staff and Council to become comfortable with the public health restrictions and operating in person within the Town Hall space again. The council unanimously agreed to the hybrid approach, including the September 14th return date.

CAO Brent Kittmer provided an update on mandatory vaccinations for Town staff, which was asked about in the public input portion at the start of the meeting. Workers with the Town's home care and health services, which are provided through the Friendship

Center, are included under the Provincial vaccine mandate for health care workers. Kittmer noted that smaller municipalities have yet to introduce vaccine mandates and doing so would make St. Marys a "thought leader" on the matter. Kittmer also cited larger cities that have introduced vaccine mandates including London and Toronto. Kittmer said that it "makes some sense" to Town staff to institute a vaccine mandate in some form, so it's likely that more on this subject can be expected in the coming weeks and months.

Two proclamations passed by St. Marys Town Council

By Spencer Seymour

Two motions expected to pass through the St. Marys Town Council did so at last Tuesday's meeting.

The municipality formally agreed to proclaim September 13th to September 19th Terry Fox Week in St. Marys. As part of this proclamation, the Town will be encouraging residents to take note of the occasion and participate in this year's Terry Fox Run for Cancer Research on September 19th. This year's Terry Fox Run will be held as a virtual event with the title "One Day. Your Way", giving all who wish the opportunity to participate how they choose. This will mark

the 41st anniversary of the Terry Fox Run and since its inception, more than \$850 million has been raised for cancer research in Canada and more than 50 other countries.

The Town also proclaimed the following week from September 20th to September 26th as Rail Safety Week. The purpose of this week will be to raise awareness of the dangers of ignoring safety warnings at level crossings and trespassing on rail property to reduce avoidable deaths, injuries, and damage caused by incidents involving trains and citizens. The motion also recognized Operation Lifesaver, which is a public/

private partnership whose aim is to work with the public, rail industry, governments, police services, media,

and others to raise rail safety awareness.



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Connecting Our Community

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Friday	Dusk:	Community Fireworks (gates open at 7pm)
Saturday	10am - 2pm:	Great events and activities for the whole family including parade (10:00 am), baby show, pig races, pedal tractor pull, animal poop bingo, petting zoo, pony rides, food trucks and the pumpkin catapult.
	4pm:	Truck and Tractor Pull
Sunday	9am - 12pm:	Community Breakfast with music, social and guest speaker
	1pm:	Demolition Derby and Classic Car Show

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SPORTS —

Kooy, Jones repeat as Junior Club champs at St. Marys

A total of 46 Juniors competed in annual championship last Tuesday at G&CC



Seamus McCotter follows his chip onto the No. 11 green during the annual Junior Club championships last Tuesday, Aug. 24 at St. Marys G&CC.

By Pat Payton

Repeat winners in both the boys and girls divisions.

Thomas Kooy and Avery Jones retained their titles in the boys and girls divisions, respectively, at the annual Junior Club championships last Tuesday, Aug. 24 at St. Marys Golf and Country Club.

A total of 46 Juniors teed it up in very warm weather conditions.

Kooy, 17, fired an 82 (41-41) to claim a four-shot victory over Peyton Lobb (41-45) and Jimmy Schiedel (43-43), who both finished with scores of 86. In 2020, Kooy defeated Lobb in a one-hole playoff to win his first Club title.

"Nothing was really going perfect; it was more consistency than anything," Kooy said after his round last Tuesday. "I didn't have any big blow-up holes. I kind of kept my round mostly consistent.

"I think my biggest thing was recovery today. When I made a bad drive, I was able to recover with my irons. And if I made a bad putt, I was able to make the next one."

Kooy, a lefthander, said it felt "pretty good" repeating as Junior champ in his last year of eligibility. He admitted he felt the pressure this year.

"I was a little nervous coming into today," he said. "Next year, I will be moving up to the men's (competitions)."

He competed in the two-day Men's Club championships the previous weekend.



2021 Junior Club champs. Thomas Kooy and Avery Jones won the boys and girls Junior Club titles for the second consecutive year last Tuesday at St. Marys G&CC.

Age division winners

For finishing second, Lobb, 15, was the winner of the boys 15-17 division. Jimmy Schiedel was second and Chase Carter (51-45-96) third.

In the boys 13-14 division (nine holes), Nate Schiedel topped the field with a 45. Simon Greig (49) was second and Hayden Brintnell (51) third.

In the boys 11-12 division, Hayden Wright won a close battle for first place. Wright fired a 42 over nine holes, winning by retrogression over Nate Wolfkamp who also came in with a 42. Kolton McAllister (44) was third and Donovan McGregor (46) fourth.

In the 9-10 boys grouping (six holes), Elliott Wilhelm (33) was first, followed by Nate Hern (34) and Evan Wolfkamp (37).

In the 8-and-under boys division (six holes), Talan Ward grabbed top spot with a 45, followed by Briland Cunningham (50) and Hudson Monteith (52).

Girls results

Avery Jones, 15, repeated as overall girls champion after shooting a 59 over nine holes. Jones was the only girl in the 15-17 age division.

"Overall, my round was pretty good and I had a lot of fun," she said with a smile. "You just have to stay positive when you're on the course and have fun."

Jones said she also felt "pretty good" about being back-to-back girls champion at the club.

In the 11-12 girls division (nine holes), Cammie Lobb won the plaque with a 64, followed by Regan



Nice par save. Chase Carter drains a nice par putt on No. 4 during the annual Junior Club championships last Tuesday at St. Marys G&CC. (Payton photos)

Jones (74) and Charlotte Richardson (75).

In the 10-and-under girls division (six holes), Rylee Cunningham was first with a 57, followed by Chloe Phillips (58) and Addison Jones (60).

Director of Golf Operations Brandon De Groote was pleased with the Junior Club turnout this year. He also praised both Kooy and Jones for their performances.

"Thomas has been working super hard over the last couple of weeks, really grinding it out with (Junior coach) Kellen (Fifield) at the Junior camps, and also finding time to practice," De Groote noted.

"And the same with Avery. She's been helping a lot at our Junior golf camps. For both Thomas and Avery to repeat, it shows that they're strong golfers and their hard work has definitely paid off for both of them."



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SPORTS —

St. Marys athletes shine at U16 Provincial track and field

Championships held in St. Catharines on Aug. 20-22 weekend

By Pat Payton

ST. CATHARINES - St. Marys athletes on the Stratford Sabrecats performed very well here at the Athletics Ontario U16 Provincial Track and Field Championships and U16/U14 Combined Events Championship on the Aug. 20-22 weekend.

Athletes from all over the province competed in a total of 44 different events.

Sabrecats are based in Stratford, but also practice in St. Marys and have several St. Marys athletes on the team.

"Despite the heat, many athletes had personal best results," reported Nathan Good, sprint/hurdles coach with the Sabrecats and a teacher at St. Marys DCVI. Ian Morton is the team's head coach and is also a DCVI teacher.

Results from St. Catharines

The following are results posted by the St. Marys athletes who attended the St. Catharines meet, held at the Niagara Olympic Centre.

On Friday, in the U14 Tetrathlon (80-metre hurdles, high jump, shot put and 200-metre dash), Myles Clinton earned the silver medal. He picked up a total of 1,460 points in the competition.

On the girls side, Alexis Lealess, of



These members of the Stratford Sabrecats all brought home medals from the Athletics Ontario U16 Provincial Track and Field Championships and U16/U14 Combined Events Championship on the Aug. 20-22 weekend in St. Catharines. From left, front row: Jonah Lariviere, Nola Ma, Anna Ropp and Charlotte Clinton. Back row: Myles Clinton, Kaleb Dingman, Daniel Ogilvie, Luke Feltham, Chloe McCabe and Poppy Challenger. (Contributed)

Fullarton, was fourth overall in the U14 Tetrathlon. She collected 1,155 points in the four events.

On the Saturday, Charlotte Clinton won silver in the girls 1,500-metre

Steeplechase. Her time was 5:56.09 -- less than one second behind the race winner.

In girls discus, Rebecca Stevens placed seventh overall. Her best

toss was 20.70 metres.

Two bronze in hurdles

More good results followed on the Sunday as Anna Ropp and Myles Clinton both won bronze in their respective 200-metre hurdles races. Ropp's time was 31.03 seconds, while Clinton posted a time of 33.03 seconds.

In the girls hammer throw, Rebecca Stevens finished sixth overall. Her best toss was 25.33 metres.

In the boys 800-metre race, Jonah Lariviere placed seventh in a time of 2:13.12.

Ropp also competed in the girls 300-metre dash. There were a total of five heats, and Ropp took third in heat 4. Ropp's time was 44.42 seconds -- giving her the 11th fastest time out of a big field of 38 competitors.

In the boys 4X400 metre relay, the Sabres' entry of Jonah Lariviere, Kaleb Dingman, Luke Feltham and Daniel Ogilvie won the silver medals. Their combined time was 4:15.92.

In the girls 4X400 metre relay, the Sabrecats' foursome of Charlotte Clinton, Chloe McCabe, Poppy Challenger and Anna Ropp picked up the bronze medals. Ropp ran anchor for the team. Their time was 4:38.26.

Sabrecats track and field history, club was formed in 2018

By Pat Payton

Stratford Sabrecats have a total of 71 athletes, many of whom are recreational. They also have a couple of Masters athletes.

Ian Morton is the team's head coach. The club was formed by Morton in 2018, with help from Nathan Good and a few others. It started with just three throws athletes that year (coached by Morton, who is the throws coach).

In 2019, the Sabrecats grew to 30 athletes and practiced indoors during the winter months at St. Marys DCVI and Northwestern, and outdoors in the spring/summer at DCVI and SERC.

"Last summer, we were able to work with the pandemic restrictions to offer some outdoor programming," explained Good, the Sabrecats' sprints/hurdles coach.

"We had a total of 60 athletes participate in sprints, hurdles, distance,



Ian Morton

throws and jumps. While there were no competitive track and field meets for us, some of our distance athletes were able to compete in cross-country races when restrictions eased in the fall."

Last year, the Sabrecats offered a program for younger athletes. Their "development group" for athletes, aged six to nine, gives youngsters a chance to try a variety of track and

field events in a fun environment.

"Again this year, we did not have an indoor season, but were able to practice outdoors when restrictions eased in early June," Good noted. "We grew to 71 athletes, including 30 competitive. Our competitive athletes participated in meets in Hamilton and at York University.

"In a first for our club, we hosted two successful meets at Medway in Arva to provide competitive opportunities to athletes in southwestern Ontario, something that was sorely needed as most meets are in the Toronto/Golden Horseshoe areas."

With several new coaches this year, Sabrecats also had the opportunity to expand what they can offer athletes.

"We had three athletes participate in combined events (for U14 this was a tetrathlon -- 80-metre hurdles, shot put, high jump and 200-metre dash), coached by Bruce Pepper, with sup-

port from Tracey James-Britton (HJ), Ian (SP) and myself (80mH, 200m)," Good said. "With Damian Warner's Olympic success, we expect this to be a popular event over the next several years.

"We're very proud of the success and growth we've had. There are larger clubs with much better facilities in London and Kitchener, but families are very pleased to have a local club with many dedicated coaches. As we grow, our long-term goal is to build a proper track and field facility in Stratford or area," he added.

More information about the Sabrecats track and field club, including a full list of coaches, can be found at their website (www.sabrecats.ca).

Note: Ian Morton, throws coach for the Sabrecats, won a throwing event at the OMA (Provincial Masters) championships Aug. 14 at York University in Toronto. He won the men's hammer throw for 45-49 year olds, with a toss of 24.88 metres.

SPORTS —

Jr. 'B' Lincolns make a few deals as team takes shape

Centremen Mazur back with Lincs; Martin new Nationals' head coach



Lincoln's forward Kevin Perrott, 18, and his dad Nathan Perrott, the team's new assistant coach, pose for a quick photo before a Lincs' workout in Tavistock this past weekend. (Payton photo)



Lincoln's assistant coach Ryan Shipley draws up a drill for the defencemen and a goaltender during a team workout last Friday night in Tavistock. Lincoln's host Komoka Kings in pre-season action at the PRC Wednesday, Sept. 1, starting at 7:30 p.m. (Payton photo)

By Pat Payton

Director of Hockey Operations/GM Greg Smale announced this past weekend that he completed three trades recently as St. Marys Lincolns' 2021-22 GOJHL roster continues to take shape.

Smale dealt 20-year-old defenceman Brennan Long to the Kincardine Bulldogs of the PJHL. The Kincardine native spent the last two seasons in St. Marys.

"Basically, it came down to a numbers game with 20-year-olds," the GM explained. "Brennan has been nothing but phenomenal here. We wanted to give him the opportunity to play more minutes with the Jr. 'C' Bulldogs and also play an extra year of Junior."

Lincs also sent forward Josh Short back to the Dorchester Dolphins of the PJHL. The 18-year-old Londoner scored 32 goals, including playoffs, with Dorchester in 2019-20.

"Josh signed with us in the Covid year, and put the time in," Smale said. "But with work commitments he decided the lighter Jr. 'C' schedule is better for him, so we accommodated him for that."

Lincs also sent the rights to defenceman Zach Betts to the Brantford 99ers of the OJHL. The 18-year-old Woodstock native also signed with St. Marys during the 2020-21 Covid season. Betts played with the GOJHL's Pelham Panthers in 2019-20.

Lincs received cash for all three players.

Mazur returns to the fold

Smale got a pleasant surprise recently when big centremen Joe Mazur agreed to return to the Lincolns. He skated with the team this past weekend.

The Sudbury native spent two seasons (2018-20) with the Lincs. The GM said Mazur told him that he's heard that the Lincolns are going to have a "heckuva team" this season and he wants to be a part of it. Mazur, a strong penalty-killer, had 30 points (8-22) in the 2019-20 season.

"That puts us up to a whopping seven 20-year-olds," Smale noted. "It's going to be a veteran team."

Every GOJHL team is allowed a maximum of nine 20-year-olds on its roster.

With Mazur, the Lincolns have five or six players back from the 2019-20 squad that won 30 games, finished third overall in the conference, and won a quarter-final playoff series in five games against the Strathroy Rockets.

GOJHL notebook:

--GM Smale reports that Lincolns held a prospects camp on the Aug. 20-22 weekend in Tavistock. "It was three days of games and it went well," he said. "It was nice to see some real five-on-five hockey again."

Almost 40 players took part in the

camp.

--Former Lincs' forward Colin Martin is the new head coach of the London Nationals. The 30-year-old London native recently left the Komoka Kings to take the Nats' job.

The London vacancy came about after Pat Powers recently stepped down as Nationals' coach and GM. Powers held the job for six seasons, leading the Nats to four straight Western Conference titles. He is now the southwestern Ontario scout for the OHL's Kingston Frontenacs.

Martin, meanwhile, was a member of the Lincolns (2007-09) for two

seasons, and then went on to play three years with the OHL's London Knights. In the 2008-09 season, Martin led St. Marys in scoring, clicking for 39 goals and 65 points in 37 games.

--Chatham Maroons recently announced that they've signed two players from Michigan. Goalie Brenden Stroble, 19, hails from Livonia, and defenceman Colin Whaley, 18, calls Adrian home.

--The GOJHL's Top Prospects and Future Stars games will be played either Dec. 28 or 29 at the Waterloo Memorial Recreational Centre.



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SPORTS —

Lincolns win GOJHL pre-season opener 4-0 in Komoka

Coach McClement pleased with solid effort against Kings Saturday

By Pat Payton

KOMOKA - Coach Trent McClement called it a "solid effort" by his entire team as St. Marys Lincolns opened their GOJHL pre-season schedule with a well-deserved 4-0 victory over the home-town Kings here Saturday night.

"We definitely played the way we envisioned our team playing this year," McClement told the Independent. "In the offensive zone, we want to cycle pucks and get a lot of zone time and create our scoring chances. We're a team that is always going to finish our checks and be a hard team to play against.

"We had four lines that were all going. Everybody was working hard, and that's all you can ask and expect in these exhibition games when you're looking at players. I liked everything

that we did," he added.

Build period leads of 2-0, 4-0

Kings carried the play to the Lincolns for the first five minutes of the contest. After that, Lincs dominated the next 10 to 12 minutes and built a 2-0 lead on goals by Eric Smith and Noah Vandenbrink.

With just under eight minutes remaining in the second period, Austin Keleher made it 3-0 after teaming up with linemates Smith and Matt Pendergast. Justin Skirten completed the scoring late in the period from Johnny Diver.

Lincolns had a four-minute power-play midway through the third, but couldn't add to their lead.

Overall, shots on net were 27-17 in favour of St. Marys. Veteran goalies Sean Andrus and Bryce Walcar-

ius combined for the shutout, both playing 30 minutes for the visitors. Andrus, 20, spent the 2019-20 season with the Kincardine Jr. 'C' Bulldogs, while Walcarius, 19, previously played with London and Chatham in the GOJHL.

"In pre-season, I'm more concerned with how we're playing and how we're looking, our compete level," McClement noted. "That's what matters to me most in exhibition games. Even if you lose, you want to play the right way."

Lincs and Kings have a rematch Wednesday, Sept. 1 at the PRC, starting at 7:30 p.m. GM Greg Smale says Lincolns will ice "a mixture" of veterans, prospects trying out, and young affiliate players they want to see in a game situation.

Notes:

--The top Lincolns line in Komoka was comprised of veterans Joe Mazur and Ethan Lamoureux with rookie Noah Vandenbrink.

--In other Western Conference pre-season games Saturday, London Nationals blanked the St. Thomas Stars 5-0 at Western Fair, and Strathroy Rockets edged the visiting Sarnia Legionnaires 3-2 in overtime.

--In a pre-season game last Friday in Stratford, a Komoka squad lost 9-2 to the Warriors.

--Lincs have a home-and-home series with Cambridge Redhawks on the Sept. 10-11 weekend. The teams meet Friday in St. Marys at 7:30 p.m., and Saturday at the Galt Arena in Cambridge at 7 o'clock. Due to Covid, apparently no spectators will be allowed in the Galt Arena.

More Club 'C' championship photos from St. Marys G&CC



Paul Fitzgeorge won the Super Seniors division (for golfers 70 and up). He claimed a two-shot victory in the two-day event. (Payton photo)



Janis Kapp, left, was overall Ladies champ, Melanie Fisher was the 'B' Flight winner and low net winner, and Jan Jenkins was the 'A' Flight winner. (Payton photo)



Tom Westerveld makes a nice putt on the No. 9 green during the recent two-day Club Championships at St. Marys G&CC. (Payton photo)

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SPORTS —

Juggernauts earn pair of ties in recent WOSL action

Team hosts Chatham Storm this Thursday at DCVI field at 8 p.m.

WOODSTOCK - Last Thursday, St. Marys Juggernauts traveled here to take on the second-place Stallions in Second Division action.

Undaunted by their opponents' unblemished record, the Juggernauts were able to withstand consistent attacking pressure from the home team and were able to come away with a 2-2 WOSL draw.

Goals by Braiden Weston and Harrison Ritchie, and a goal-line clearance

by Lucas Jeffrey, brought the team into the half-time break ahead 2-0. However, the Stallions (4-0-1) were able to claw themselves back into the game with an opportunistic penalty shot early in the second half and a late goal after St. Marys had gone down to 10 men from a soft call that led to a second yellow card.

Fennema strikes late

The previous Friday night, the Juggernauts welcomed LACFC to St.

Marys DCVI field for a game under the bright lights.

A slow start by the home side led to an early breakaway goal against that had St. Marys chasing an equalizer for much of the evening. With time ticking away, the Juggernauts finally got their breakthrough when Harrison Ritchie delivered a beautiful ball to the head of striker Kyle Fennema and he made no mistake to bring the Juggernauts level at 1-1 and secure the point.

After six games played, Juggernauts are still looking for their first 2021 win, but are doing well not to lose as they sit with a record of four draws and two defeats.

The Juggernauts open up the second half of their 12-game schedule this Thursday night (rescheduled from Friday) when Chatham Storm come to town for an 8 p.m. kick-off at DCVI.

Note: St. Columban lead the seven-team pack with a 6-1-1 record.

Rotary Mite girls league finalists at year-end tourney

EXETER - The Rotary Club Mite girls fastball team finished their 2021 season on a high note here this past weekend.

At the summer-ending tournament, the Mites went a strong 4-1 overall -- losing only to their Exeter counterparts in the final.

St. Marys defeated Londesborough 14-12, Parkhill 15-3 and Listowel 15-7 in their first three games. In the semi-finals, the Rotary Mites doubled Ingersoll 10-5 to earn a spot in the final. In the championship game, Exeter claimed a 7-1 decision over St. Marys.

"The final saw us come up against a very good defensive Exeter team that held St.

Marys from scoring until the sixth inning," head coach Scott Walsh reported. "Our bats were alive all weekend and our great pitching and timely defence kept us going each game."

For the season, the St. Marys girls finished with a record of 10 wins, 5 losses and 1 tie.

The Rotary Mite girls team roster was as follows: Reese Crawford, Rylee Cunningham, Julia Gracey, Molly Haight, Dayna Hinz, Laine Leis, Lexi Leis, Pierce MacNeil, Mary McCutcheon, Chloe Phillips, McKenna Ross, Maeve Sheldon, Zoe Smith, Tealya Thistle, Teadora Walsh and Brynlee White.


The team was sponsored by the Rotary Club of St. Marys.



The Rotary Mite girls completed their summer season as league finalists at a wind-up fastball tournament in Exeter this past weekend. The team went a strong 4-1, losing only to host Exeter in the final game. (Contributed)

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Community Liaison Committee

The next Community Liaison Committee is going to be held **September 10th, 2021 at 10am**. Due to the COVID-19 Pandemic this meeting will be held virtually. Members of the public who wish to observe as the members of the Committee discuss information with respect to St Marys Cement can watch the live meeting online. Please see the Town of St Marys Event Calendar for the link to the online meeting.

Please submit any questions and concerns in advance of the meeting to kara.terpstra@vcimentos.com.

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HISTORY —

HISTORIC ST. MARYS - Salem School

By Mary Smith

Perhaps because school is about to start up for another year, there have recently been a number of nostalgic postings of old class photos on various St. Marys-related Facebook sites. Often these postings include requests to fill in missing names so that all members of the class can be identified. If the photos are relatively recent, this can usually be done successfully – some people have excellent memories. But if the photograph is older, like the one with this week's column, showing the students at S. S. #10 Blanshard in 1899, the challenge is greater. Fortunately, the previous owner of this photograph, before it was donated to the St. Marys Museum, was meticulous. The young bicycle-riding teacher and her 31 students have all been identified. (The names are listed at the end of this column.)

Several Museum supporters have been using these Facebook postings to urge the owners of the photographs to donate the originals to the archives. These sorts of donations are always welcome, although the value of a photograph for research purposes is greatly enhanced if the people in the image are identified. The R. Lorne Eedy Archives at the St. Marys Museum already has a number of class photographs, some available on Picture St. Marys, (www.images.ourontario.ca), the on-line digital collection. Many of these school pictures are from Arthur Meighen (North Ward) Public School because, when that school closed in 2010, a great deal of material, such as class photos, scrapbooks, programs, was donated to the Museum. In these particular photographs, identifying the teachers is usually straightforward. But children change as they grow older and are much harder to name. Trying to remember these names is part of the fun of looking at old school pictures. From time to time, Museum staff put some on display and ask visitors to help with identification. Perhaps they will do so again, possibly for Homecoming 2022.

Other sources of school pictures are the various township history books. The Museum's reference area has these volumes for all the neighbouring townships: Blanshard, Downie, Osborne, Fullarton, Biddulph, East Nissouri, and West Nissouri as well as excellent histories of Motherwell, Carlingford and the twin communities, Kirkton and Woodham. All of them have photographs of their district schools along with classes of children from various years. Usually, they are fully identified.

For instance, the East Nissouri history book, "People, Perseverance, Progress," published in 2012, has some 70 pages in the chapter, entitled "School Days."



As well as background on the development of primary education in early Ontario, there are a few pages for each of its school sections. This includes Union School Section # 15 – also called Wildwood School – that served families in that area where the corners of three townships, Blanshard, the Gore of Downie and East Nissouri, came together. Much of it is now under the lake formed by Wildwood Dam. The children from the school sections in the north part of East Nissouri usually attended the St. Marys Collegiate for their secondary education. That gives their names added interest for local history researchers.

The Downie Township history book, "Memories of Downie," 2002, has more than 80 pages on schools in both the "Square" and the "Gore" of the township. These include several union schools (school sections whose boundaries overlapped two or more townships) and one rural Catholic school. When legislation was passed in 1863 allowing Catholic property owners to direct their municipal taxes towards separate schools, the large number of Irish Catholic families in the Gore had Separate School Section # 9 built on the northeast corner of Lot 4 on the West Oxford Road. In all other school sections near St. Marys, Protestant and Catholic children attended the closest rural schools together. This changed in the mid-1960s when small rural schools in Ontario were closed and children travelled by bus to either public or Catholic consolidated schools.

Blanshard Township does not have a large published history book like other area townships where committees worked for months – sometimes for years – collecting information on all properties and the families associated with them, compiling hundreds of pages of information and photographs and publishing them at great expense. But Blanshard does have two, very useful, smaller books. The first one, published

in 1951, "The History of Blanshard in Review," has 100 pages of information organized into 21 chapters, 15 of them for the 15 school sections. Then in 1989, "My Roots are in Blanshard" was published to mark the 150th anniversary of the township, celebrated with a grand community party on August 26 and 27 of that year. This 200-page book includes a two-page Family Tree chart at the back to encourage Blanshard families to record their genealogy for future reference.


The history of S. S. #10 Blanshard (Salem School) is outlined in both these books. The school shown in the background of this photograph is on the Kirkton Road, on Lot 19, Concession 4. It was the third school building on or near this site. The first, built in 1863, was a basic log structure, intended to be temporary. It was replaced in 1867 with a white brick school, described in the township histories as "hastily built" and needing frequent repairs. The third and final school was built in 1886 and at the same time, the school

property was expanded to provide the students with an adequate playground.


The teacher in the photograph is L. E. (Lottie) Huston. The students in the back row are: Louis Nairn, Earl Spearin, John Berry, George Nairn, Roland Paynter, Charles Nairn, Samuel Spearin; second row from the back: Jane Adair Bragg, Bertha Kemp, Nellie Hollingshead, Mary Belle Spearin, Ethel Kemp, Amelia Bellamy, Annie Paynter, Clarence Stone; seated row: Lawrence Nairn, Harold Bellamy, Norman Nairn, Harold Bragg, Harold Berry, Alfred Robertson, Jimmy Webster, Eddie Kennedy, Alfred Stone, Johnston Robertson; front row on the ground: Esther Bellamy, Lillian Stone, Rachel Paynter, Myrtle Senn, Ada Kennedy, Sarah Kemp. There are many siblings or cousins in this school picture. For instance, it includes five boys whose last name is Nairn. According to the 1901 census, there were 11 children in the Nairn farm family. When the school photograph was taken, two older sons and three daughters had finished their education and were helping at home and one little girl, born in 1894, was still too young for school.

The photograph is part of the Milne Family collection in the Museum's R. Lorne Eedy Archives. John Mervyn Milne (1903-1983) and Greta Allin Stone Milne (1902-1991) were a stimulus in the establishment of the excellent resources for local genealogy available at the St. Marys Museum. Their contributions have benefitted countless researchers through the years. The Milnes acquired information about their own families from the St. Marys area and, in so doing, collected material relating to many extended family members, friends and neighbours. Next week's column will explain more about these remarkable people.


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COMMUNITY —



Ron Hicks is standing proudly beside his giant sunflowers at his home on Water Street South. Hicks has been growing and maintaining the sunflowers, the tallest of which is over seven metres (approximately 23 feet) in height for three years. The tallest is one of five massive sunflowers, with the other four ranging from six-and-a-half to seven metres (approx. 21 to 23 feet) tall. (Spencer Seymour photo)

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The United Way is kicking off its 2021 St. Marys campaign with its most delicious idea yet. We want to proclaim the Official Pizza of St. Marys and we need your help!

A panel of judges will use the results to determine the Official Pizza of St. Marys, with deliberations being streamed during the United Way's official kick-off on September 17th.

1. What toppings should be on the Official Pizza of St. Marys (Choose up to five)?

- Pepperoni
- Ham
- Mild Sausage
- Spicy Sausage
- Bacon
- Ground Beef
- Grilled Chicken
- Green Pepper
- Roasted Red Pepper
- Banana Peppers
- Mushroom
- Red Onion
- Jalapenos
- Black Olives
- Green Olives
- Pineapple
- Other: _____

2. Now, choose the crust type (Please choose one).

- Regular
- Thin Crust
- Pan Crust
- Deep Dish
- Stuffed Crust
- Gluten-Free

3. How about the sauce (Please choose one)?

- Marinara
- BBQ Sauce
- Alfredo
- Garlic Parmesan
- Pesto
- Ranch Dressing

Fill out the above survey and drop it off at the St. Marys Independent Newspaper office (36 Water Street South) or at any participating St. Marys pizza shop. The deadline to submit your completed poll is Friday, September 10th.

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COLUMN —

FROM THE GARDEN: Fall planting



By Nancy Abra

When rainfall and temperatures begin to moderate at the end of summer, it is time to think about fall planting. You may have noticed a couple of your perennials have died out this summer or maybe they have outgrown this position in the garden and need to be divided. Maybe you have a shrub that struggled this year and needs replacing? And I believe that there is always room for another tree in our garden landscape.

Late summer or early fall is a good time to plant many kinds of trees, shrubs, and perennials. Specimens plant-

ed now often settle into their new homes more easily than those planted in Spring, especially if the Spring happens to be drier and warmer than usual.

The success of planting in early fall has much to do with soil temperatures. The soil at 15cm should be about 12C to give plants ample time to get established and start growing roots. As for conifers, they prefer soil temperature closer to 18C.

For trees and shrubs aim your fall planting about six weeks before the expected frost date which according to the Farmer's Almanac is October 2nd in our area. For evergreens you want to plant those eight weeks before the frost date.

As the gardening season winds down, there are usually sales at your local garden centre or nursery. This is another good reason to plant this time of the year. Choose healthy looking container grown shrubs or balled-and-

burlapped trees. Planting guidelines are the same as Spring planting ~ dig a hole 2X as wide but no deeper than the container. Water immediately after planting and if the soil settles, add a little more soil but don't tramp to compact it. Spread mulch around your new shrub or tree, keeping about 10cm away from the trunk or stems. The mulch will help insulate over the winter. Throughout the fall make sure your new plantings receive ample water, approximately 2.5cm a week from planting time up until the ground starts to freeze. Avoid specimens that are generally slow to establish such as magnolia trees, birch, willows, and oak.

As for perennials, concentrate on planting spring and summer flowering specimens now. These will establish better than fall bloomers and will likely reward you with great blooms next year. If you want to plant fall bloomers,



remove their flowers to encourage these perennials to put their energy into taking root, rather than blooming and making seeds.

If you are dividing perennials and replanting the divisions, work with spring and early summer bloomers. Perennials are generally best divided in the season opposite of that in which they bloom. For example, fall for spring and early summer bloomers and in the spring for late summer and fall bloomers.

After planting perennials water well and apply a light mulch around them to con-

serve moisture. If fall rains are scarce, water your newly planted perennials regularly by hand aiming for about 2-3cm of water each week, just like you would newly planted shrubs. Once the ground freezes, spread another layer of mulch which will help moderate the soil temperature over the winter, preventing frost heaves that could push your new plants out of the soil.

Fall planting is a great concept as days are cooler for working in our gardens, less insects that may bother your new plantings and you have a jump on your Spring chores.

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COLUMN —

WHAT'S FOR DINNER: Savoury Peaches



By Lauren Eedy

August is peak peach season and that doesn't just entail desserts! Peaches can be wonderful in both sweet or savoury recipes, and I thought I'd shine a little light on their potential when it comes to different methods of incorporating them into being stars of the show rather than an afterthought to a meal. Nothing beats the sweetness of a freshly ripened Ontario peach, and this week we can look at different and simple ways to play with their underrated complexity.

Peach Bruschetta with Goat Cheese, Basil & Infused Honey

30 minutes, 25-30 bruschetta
 1 baguette, sliced at a diagonal 1/2" thick slices
 Olive oil, for brushing
 4 oz goat cheese
 4 oz cream cheese

1/4 tsp kosher salt
 1/4 tsp cracked pepper
 3 ripe peaches, sliced into wedges
 15 basil leaves, cut into ribbons/chiffonade
 Honey (to infuse, see note)

Method

- Preheat oven to 400°
- Slice baguette into 1/2" slices, brush both sides with olive oil and place on parchment lined sheet pan for 15min, or until crisp. Alternatively, grill on a BBQ. Set aside.
- Place cream cheese and goat cheese in a bowl and either warm in a microwave until just barely soft enough to combine easily with a fork or place bowl in oven or toaster oven on low. Mix until smooth. Add some chopped basil (approximately 1/3 of the basil ribbons) salt, and cracked pepper. Set aside.
- Assemble: Spread a little goat cheese mixture on each crostini, top with a peach wedge. Garnish with a few basil ribbons, then drizzle with honey and sprinkle with cracked pepper.
- To infuse honey place a cup or so of honey in a small pot, add a few sprigs of rosemary, thyme, sage, or lavender (your

preference) and warm on medium heat. Once it comes to a gentle simmer, add a few teaspoons of water, gently stir and turn heat off. Let herbs marinate in the honey at room temperature for a few hours or overnight. Place in a squeeze bottle. Once cooled if honey seems too thick, re-warm, and stir in a little more water.

- Serve on white platter or rustic cutting board.

Peach Salsa

30 minutes, 5-6 servings
 6 ripe or slightly unripe peaches
 3 tbsp fresh lime juice
 1 medium shallot, finely chopped
 1 small red onion, finely chopped
 2 jalapeño peppers, deseeded and finely chopped
 3 tbsp fresh cilantro leaves (or parsley)
 1 tsp grapeseed oil
 Kosher salt & cracked pepper to taste

Method

- Heat grill to medium heat.
- While grill is heating, dice shallot and onion finely. Remove seed from jalapeño



peppers and dice finely. Slice cilantro leaves.

- Cut peaches in half and remove pit. Brush with grapeseed oil.
- When grill has hit desired temperature, place peaches on prepared grill and cook until soft and surface has been caramelized, around 5 minutes. Turn peach and cook the other side for 3 minutes.
- Remove peaches from grill and allow to cool slightly.
- Cut peaches into chunks of desired size.
- Combine peaches and oth-

er prepared ingredients in a glass bowl, season with salt and pepper to taste. Mix thoroughly until well combined.
 - Cover bowl with plastic wrap and place in fridge overnight. If serving immediately, place on counter at room temperature for at least 30 minutes for flavours to combine.
 - Serve with corn chips as an appetizer or on top of grilled chicken or pork chops. Recipe is easily doubled and keeps in the fridge for around 5-7 days.
 Enjoy!



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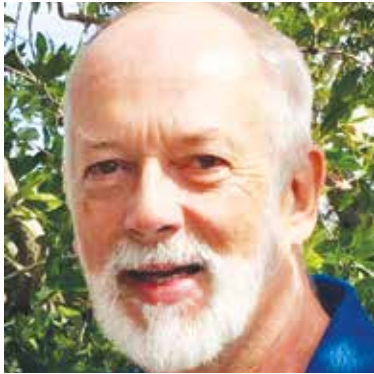
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COLUMN —

OH, THE PLACES WE'LL GO: *Having a great time in these challenging times*

By Paul Knowles

Whew!

As I reported in a previous column, I was recently charged with the responsibility of planning a girls' getaway to Prince Edward County. As I wrote at that time, planning a short holiday in pandemic times is not as easy as it once was.

But it worked – hence, the “whew!” – and the ladies returned, relaxed and happy with their three-day getaway. They were full of stories about the highlights and only a couple of minor challenges.

Humans being what we are, you probably want to know about the challenges, first of all. They weren't big issues – one destination that seemed well worth a visit, and was open, according to their website, was shut as tight as a drum. So no stop, there. Another involved some wineries, and Prince Edward County has become known as a key destination for wine lovers. The wineries have fig-

ured this out, and, like some of the larger, more corporate Niagara wineries, have upped the prices for tastings, tours, etc. So you have to be careful in picking your wine-tasting stops – but there are so many wineries in PEC these days, that that should not be a problem.

Enough negative stuff. The visitors had a terrific time. When asked about the highlights, they immediately pointed to a unique Prince Edward County business called The Local Store. The name is half true – it's not exactly what you would expect of the word “store” since the establishment is an enormous, renovated barn – but it sure is local. The Local Store carries products, crafts and art produced by over 150 artists, artisans and food producers based in Prince Edward County.

My researchers visited a number of unique shops during their stay, including the unique City Revival shop in downtown Picton (featuring “quality second hand clothing” sourced from upscale Toronto folk). They liked City Revival; they loved The Local Store.

And wineries? Yes, of course, they visited wineries. Although their impression was that the combination of PEC's popularity as a tourist destination, and the restrictions caused by COVID-19, have

created a level of anxiety among some staff members that has made the visiting/tasting experience less relaxed, in some cases.

Not so at Karlo Estates, one of the finest wineries in the country (Karlo was the first recommendation I made in starting to plan this itinerary). Visitors to Karlo can purchase a selection of cheeses, nuts and other comestibles designed to match the wines being tasted, which greatly enhances the experience. The visitors reported great service, and a reasonable deal – each tasting was free of charge if you bought a bottle of wine (not necessarily the wine you were tasting), so bringing home a couple of bottles to their trip planner meant their tasting was at no charge.

Some other wineries worth investigating: Sandbanks Estate, Huff Estates Winery (next door to a fine art gallery, the Oeno Art Gallery), and Norman Hardie, with highly reputed wines and a great outdoor pizza oven, ready to serve from lunch through 6 p.m.

Speaking of food, the travelers were delighted with two evening meals at establishments across the road from one another. The first night they ate at The Inn Restaurant, at the unique Lake on the Mountain; one of a very few restaurants that will take



A platter of munchies that can accompany your tasting at Karlo.

reservations.

The second evening they returned to Lake on the Mountain, and dined at the Miller House Brasserie (where they don't take reservations), and had a fabulous meal in a historic building overlooking the water. The menu features tasting platters and between three diners, wonderful tastes abounded.

The visitors stayed at Avanti Bed & Breakfast where the hosts provided comfortable and safe accommodations (vaccinated visitors only), and terrific breakfasts delivered to their suite. And just in case they weren't sufficiently relaxed by wine and great food, the three enjoyed a terrific visit to the Bloom-

field Beauty Company, in the quaint village of Bloomfield, for pedicures and massages. While in Bloomfield, they popped into intriguing local shops and boutiques.

They returned home, smiling and full of stories, proof that while travel in our times may be more challenging than pre-pandemic, it is still possible to organize and enjoy a wonderful three-day escape.

And to any person, they would recommend Prince Edward County as an ideal spot for just such a getaway.

Paul Knowles is an author and travel writer. To contact Paul about travel, his books, or speaking engagements, email pknowles@golden.net.



The Local Store – 150 county artists, artisans and food producers under one large roof. Photos supplied by Paul Knowles

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Word List

- Olympics
- Paralympics
- Fourth Wave
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Solutions on page 23

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COLUMN —

TUNED IN: It Ain't Over 'til Its Over



By Rob Edney

The 'mile' is an imperial unit of measure, standardized by an agreement between the British Commonwealth and the United States in 1959.

While imperial measurements have been largely abandoned for the convenience of the metric system, many industries maintain the antiquated system because conversion may prove too cumbersome.

One industry that employs miles as opposed to kilometers is music. Given its affinity for romantic analogies 'the mile' readily invites the listener to imagine some great, and unfathomable distance. Something so unattainable

that only the most steadfast of heart dare traverse it's breadth.

From jazz trumpeter Miles Davis, to Canadian's Allanah Miles, and April Wine's Myles Goodwyn you don't have to travel far to find musicians named after that 5280 feet.

Let's explore the miles that many of our favorite artists have laid out for us.

Scottish twins Craig and Charlie Reid, better known as the band The Proclaimers, proclaimed their love in terms of distance when they sang, 'I'm Gonna Be (500 Miles)' in 1988.

The song went to number 3 on Billboard 5 years later, bolstered by its inclusion in the 1993, Johnny Depp film, 'Benny and Joon.'

The song is about complete devotion. The vocalist lists a number of activities, and his inspiration for each is the object of his affection.

While the song is called '500 Miles,' the singer insists he would actually walk a thou-

sand miles during the chorus with the lines, "But I would walk five hundred miles, And I would walk five hundred more. Just to be the man who walks a thousand miles to fall down at your door."

American singer-songwriter Vanessa Carlton looked to up the ante on The Proclaimers by double when she released, 'A Thousand Miles,' in 2002.

The song peaked at number 5 on Billboard, and was nominated for three Grammy Awards: Record of the Year, Song of the Year and Best Instrumental Arrangement Accompanying Vocalist.

'A Thousand Miles,' became very popular with American troops stationed in Iraq. By 2003, it had become the most requested song on British Forces Broadcasting Service in the Middle East.

The song featured prominently in the Wayans Brothers' film, 'White Chicks.'

Country music legend, Dwight Yoakam, took apathy to a new level in his 1993 single, 'A Thousand Miles From

Nowhere,' mourning the loss of a relationship.

Yoakam uses the 'distance analogy' to describe his feelings of desolation. "I'm a thousand miles from nowhere, Time don't matter to me. 'Cause I'm a thousand miles from nowhere, and there's no place I want to be."

"A Thousand Miles From Nowhere," climbed to the number two position on Billboard's Country Music Charts.

To this day, despite over 5 decades of hit songs, The Who's 1967 single, 'I Can See for Miles,' remains their highest charting release on Billboard, and their only top 10, peaking at number 9.

Guitarist Pete Townsend wrote the song as a creepy reminder to his girlfriend that even when he was away on tour, he would still know what she was doing. The lyrics reflect the vindictive, stalker-vibe very accurately.

Accolades have poured in since its release, ever present in lists of critics' all-time

favorites, including Rolling Stone Magazine's 500 Greatest Songs of All Time.

The short-lived TV series, 'CSI: Cyber,' which debuted in 2015, used 'I Can See For Miles,' as it's theme song. The CSI franchise used a different Who song for each of it's 4 incarnations.

The song fit well as the detectives on the show investigated crimes using technology, allowing them to scrutinize offenses occurring many miles away.

Chrissy Hynde and The Pretenders create an even larger chasm with their song '2000 Miles,' while Edwin Starr prefers a shorter voyage with '25 Miles.' The Byrds are '8 Miles High,' which wasn't unusual at all in the 60s, and Kylie Minogue looks to outdistance everyone with 'Million Miles.'

Ancient Chinese Philosopher Lao Tzu, often considered the founder of Taoism, is credited with the adage, "The journey of a thousand miles begins with one step."

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We would like to thank Jill O'Connell for all her hard work and dedication over the past 53 years at Home Hardware and want to wish her all the best for her retirement! Happy Retirement Jill!

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LETTER TO THE EDITOR —

I just read the responses to my "I gotta write" letter in the previous issue, and would like to clarify some things... First and foremost, I do think it is a good idea to show support for the LGB community, as I have quite a few friends who live alternate lifestyles. Should we paint the crosswalks? Yes, as long as it is with the no slip paint, go for it!

As a taxpayer who HAS TO PAY his taxes - (this is not an option), and a motorcyclist who has had the front wheel of his motorcycle slide out from under him on slippery crosswalk paint, I raised my concerns in the first letter - with no hatred or malice towards anyone. I do feel sorry for the person who has to decide whether to go ahead with this taxpayer funded idea, since ANYONE who writes in opposition to this, has

their words rewritten and are promptly insulted and criticized - welcome to the new Canada.

While myself and others continue to live and drive on rough, pot hole filled, tar and gravel streets, I look forward to seeing what the town decides to spend my hard earned tax dollars on.

P.S Note to the Town : you can still spearhead the project of painting the crosswalks, like alot of other communities are doing, just write a letter in the paper asking for donations to the project and do all 3 intersections downtown (12 crosswalks) - I can suggest 2 names right now - who WANT to give you donation money.

Thank you, Dave Lotte

Plant Trees to Slow Climate Change – Never a Better Time Than Today

By Rob Keen, CEO of Forest Recovery Canada and Forests Ontario

Vast, beautiful, healthy forests define Canada, making up 38 per cent of our land, but they are under attack. Wildfires engulf huge swaths of woodlands in British Columbia; smoke from similar infernos in north-west Ontario reaches as far as Toronto, Windsor and Ottawa.

We know a main cause of this conflagration: climate change. The Intergovernmental Panel on Climate Change (IPCC) - Sixth Assessment Report, released August 9th, leaves no room for debate on why the Earth is warming, but does leave some room for hope: we can still restore Earth's health.

Soon after the IPCC report appeared, Prime Minister Justin Trudeau set in motion a federal election. As Canadians prepare to vote on September 20th, the climate crisis is one of the top issues in many polls. Voters want to hear what every political party will do to fight climate change.

Study upon study has told us we can cool the planet through a very Canadian activity: planting trees. Our forests and urban trees solve many problems.

Record high temperatures have sparked heat warnings in Montreal; trees provide shade, cooling neighbourhoods by 5°C. When we plant trees, we turn scorched lands into healthy forests. Trees absorb water, helping

to prevent floods. Forests filter and purify the water we drink. And of course, forests sequester the carbon that we've released into the atmosphere that is dangerously warming our Earth.

The organizations I lead, Forest Recovery Canada and Forests Ontario, know how to grow new forests. We have planted nearly as many trees as there are Canadians – more than 36 million trees so far.

A recent study by Natural Resources Canada shows that over 50 years, the trees we have planted will sequester the equivalent of the carbon emitted by a million cars driving from Montreal to Vancouver – and back. Canadians are good at planting trees.

Ours is the rare organization that fully integrates all the components of tree planting. We carefully select and gather the best seeds of native trees, grow seedlings, then plant the right tree in the right spot, and keep track of new forests' progress with the precision of an accountant.

We work to put the right trees in the ground with First Nations, private landowners, non-profits, volunteers, governments and the corporate sector. Each tree needs years from seed to seedling, from planting to healthy forest.

To grow healthy forests that future-proof Canada and Earth requires long-term political commitment. We, like many Canadians, are keen to learn how each party in this 44th election is incorporating tree planting as a nature-based component of their climate change response plan

LOOKING BACK



BY AMY CUBBERLEY

Not a saloon (or saloon), it's a salon

25 years ago (1996)

Poor swimming weather in June and July has affected revenues at the Quarry this year. Admissions are at about \$25,000, compared to nearly \$29,000 last year. Cadzow Pool fared better, down just \$200 this year from last.

St. Marys resident Sean "Reg" Jackson, 25, is one of the four owners of the elegant Westover Inn. The young entrepreneur became a registered Investment Executive this year. He also won a Merit Award from the Western Business School, when he graduated in June.

Katherine Ashenburg, author of the book Going to Town: Architectural Walks in Southern Ontario, will be in St. Marys later this month. Because of their architectural heritage, Stratford and St. Marys have been chosen by Ashenburg to be part of an exploration of Ontario's charming towns.

50 years ago (1971)

42 area swimmers will take part in the final swim meet of the Zone for the season at Listowel this Wednesday evening. The local swimmers have won two meets and lost one thus far into the season.

A house full of smoke resulted Tuesday evening when a limb fell over hydro wires during a tree trimming operation at the home of Ross Marshall, James Street North. Damage was limited to smoke.

Dr. James Loucks came home with the top trophy from the Elgin County golf tournament held in St. Thomas on August 25.

75 years ago (1946)

One local man who took a shortcut through the back fence to get a good view of the quarry swim meet landed on a nest of hornets. He is reported to have had bees in his hair.

The Streets and Highway workmen using the articulated snake-like drain cleaning device had the job of removing the obstructions from an old tile drain north of Queen on Peel Street on Tuesday.

When a well-known local painter became so interested in the beauty of his work that he forgot the proper spelling, the result was the word saloon instead of salon on a certain beauty parlour window. Some townsmen thought the sud-sipping days were here again in a new delightful setting.

C. E. Richardson, president of the C. Richardson Co. believes in doing something about it when a labour shortage is tying up construction. He was to be seen on Tuesday wielding a hammer with the other men engaged in laying the plank roof on the new machine shop building.

100 years ago (1921)

The Town Council has been anxious to know the wishes of citizens generally on the question of numbering the houses and placing up street signs in the town. The Journal interviewed the businessmen who were in their shops on Tuesday morning and most were in favour.

The Allen Theatre is trying to get their admission prices down to pre-war figures and this week announced another further reduction. Instead of the usual 27 cents admission, adults will only have to pay 22 cents (including the war tax).

On Thursday, a very enjoyable evening was had on the farm of Mr. Jim Love. A party of fourteen motored over from Stratford and partook in a real corn roast and hot dog party. Everyone filled to the uttermost, spent the balance of the evening dancing.

Over one hundred people gathered on Monday evening at the corner of Queen and Ann Streets to enjoy an old-time dance. The music was good and the new road provided a splendid floor. This was the first time the residents have had an opportunity to dance on the road, and there is no doubt it will not be the last, as it promotes a feeling of community friendship.

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3	6	4	8	9	1	2	5	7
5	1	7	4	3	2	9	8	6
2	8	9	7	5	6	1	4	3

OBITUARY

Elliott



Edna "Irene" Elliott passed away at Wildwood Care Centre, St. Marys, on August 23, 2021, at the age of 88. Born in Brookfield Newfoundland, daughter of the late Edgar and Mary Sturge. Also predeceased by her first husband Albert Hoyles (1974). Survived by her husband Jack Elliott, married 44 years. Mother of Bessie (Cliff Hounsell), Alex Hoyles (Marlene), Mary Kindree (Harold), Nettie Hoyles, Baxter Hoyles (Jane Cox), Wilfred Hoyles (deceased 2014), Nina Petersen (Rob), Drewie Hirst (Al), Percy Hoyles (Shannon) and predeceased by three children in infancy: Edgar, Elizabeth and Dorcus. Forever loved by 23 grandchildren 43 great-grandchildren and 12 great-greatgrandchildren. Predeceased by seven siblings and survived by sister Muriel Vivian. Irene will be remembered by many nieces, nephews and extended family members. She was a proud Newfoundlander. "Small but mighty" Irene gave the biggest hugs. Everyone -to her- was "My Love." A private family funeral will take place with interment in Granton Cemetery. Memorial donations may be made to the Alzheimer's Society, Change Her World or to a charity of choice. Arrangements with the Andrew L. Hodges Funeral Home, St. Marys. Online condolences at www.hodgesfuneralhome.ca.

OBITUARY

Haight



HAIGHT, Dennis William October 17th, 1934 – August 27th, 2021
Dennis is now at peace after a long illness with Alzheimer's. He passed away peacefully at Kingsway Lodge at the age of 86. Predeceased by his loving wife Donna Haight (nee Wilson). Dennis also joins his late parents Lillian and Clarence Haight, and his brothers David and Paul Haight. Survived by daughters Lisa (Brian) Murray, and Paula (Bill) Burns. Special grandfather to Charlotte Poolton, Aaron Poolton, and Ashley Burns. At Dennis' request there will be no funeral. A private celebration of his life will take place at a later date. Donations to the Heart and Stroke Foundation and Diabetes Association would be greatly appreciated by the family. Online condolences and donations may be made at memorialfuneral.ca. Special thank you to the caring staff at Kingsway Lodge as well as his friend and caregiver Madeline Sweetz. Arrangements entrusted to Memorial Funeral Home (519) 452-3770.

THANK YOU

Thank You Thank You Thank You! A huge thank you to everyone who called for pickup or dropped off items at the "Old Plover Mills School". You have generously given clothes, footwear, sports items, books, medical supplies, financial gifts, tools and food preparation - serving items. We have nearly enough to fill half the container. Fifty bikes have also been donated.

Each one of you that has given should have joy in your heart, for when the container arrives in South Sudan there will be much happiness and thankfulness among the community people. The excitement we see is amazing when the children get a turn to ride a bike.

So if anyone still has something for the container, please call or drop it off. Let's cram the container full by the end of the year.

Stu McCutcheon | CEDASS.org
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Casler

Thank you to Andrew Hodges Funeral Home for the great job you did. To Lyric Flowers for the beautiful wreath you made. To Reverend Quenton Little for the wonderful service you did for my sister. To Kingsway Lodge for holding Rosie's service in the Memorial Garden. To everyone who sent cards, online and spoken condolences. For donations made to the Diabetes Association in Rosie's honour. To my daughter Erica and my friend Terry-Lyn for your most loving support at this time.

Sandra Holden.

Healy

The family of the late Wilma (Chapo) Healy would like to express our heartfelt thanks to all our family and friends for their many acts of support and kindness during this difficult time. The flowers, cards, phone calls, e-mails and the fabulous food tray from the Cheese Shoppe were all appreciated. A sincere thank you to Dr. Gatfield for his care and compassion. Also thank you to Fr. Don, Kingsway Lodge and Westover Inn. Thank you to Andrew Hodges for your guidance and support.

Sincerely, the Healy family
Julie, Shelly, Mike, Gloria and Bridget.

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