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Surveillance for Infections in Long-term Care

Evelyn Cook, RN, CIC Associate Director SPICE



How confident are you that your facility has a strong infection prevention program that includes all the recommended elements?

Completely confident
Somewhat confident
Not confident
Have no idea

Do you believe you have the skills and the qualifications to be the individual with oversight of the infection prevention program?



What Standardized Definition Does

Your Facility Use for Surveillance

National Healthcare Safety Network (NHSN)

If you wanted to compare your infection surveillance data to another nursing home in your community that cared for a similar resident population, how confident are you that events will be tracked in the same way

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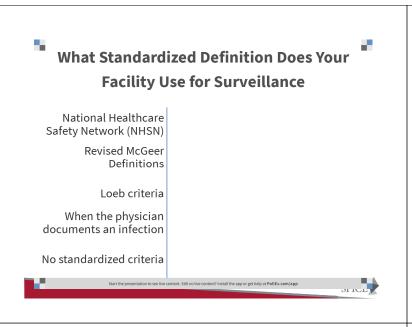
Completely Confident
Slightly Confident
Highly Confident
I'm not even sure I can compare my own
surveillance data from year to year

When the physician documents an infectionNo standardized criteria

Loeb criteria

Revised McGeer Definitions





Objectives

- Discuss the importance of surveillance
- Describe standardized surveillance definitions
- Discuss ways to implement and apply surveillance definitions





 "Surveillance is a comprehensive method of <u>measuring</u> outcomes and related processes of care, <u>analyzing</u> the data, and <u>providing</u> information to members of the healthcare team to assist in <u>improving</u> those outcomes and processes"



Surveillance in LTCF

 The LTCF should have a system for ongoing collection of data on infections in the institution (Cat IC)







Types of Surveillance

- Total (or Whole) House Surveillance
- Targeted Surveillance
- Combination Surveillance Strategy



Total (Whole House)

- · Monitor:
 - All infections
 - Entire population
 - All units



Pros	Cons
Monitor all infections	Overall rate not sensitive or risk-adjusted
Include entire population	No trends or comparison
	Labor intense and inefficient use of resources
	Not based on risk assessment



Priority Directed (Targeted)

- · Focus on:
 - Care units
 - Infections related to devices
 - Invasive procedures
 - Significant organisms epidemiologically important
 - High-risk, high-volume procedures
 - Infections having known risk reduction methods



Targeted Surveillance

Pros	Cons
Risk-adjusted rates	May miss some infections
Can measure trends and make comparisons	Limited information on endemic rates
More efficient use of resources	
Can target potential problems	
Identify performance improvement opportunities	
Can evaluate effectiveness of prevention activities	



Combination

- · Monitor:
 - Targeted events in defined populations and
 - Selected whole-house events
- Pros:
 - Rates are risk-adjusted
 - Measure trends
 - Target potential problems
 - Track selected events house-wide
- Cons:
 - May miss some infections





Selection of Processes and Outcomes

Processes

- Hand hygiene
- Urinary Catheter insertion/maintenance

Outcomes

- Acute respiratory infections
- · Urinary tract infections
- Skin/Soft Tissue Infections
- Gastroenteritis







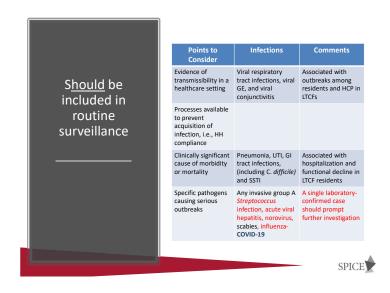


Consideration for choosing Outcomes

- Mandatory/required
- Frequency (incidence) of the infection
- Communicability
- System/resident cost (↑mortality, hospitalization)
- Early Detection

Outcomes selected for surveillance should be re-evaluated annually as a component of the IP risk assessment





Infections that could be included in routine surveillance

Points to Consider	Infections	Comments
Infections with limited transmissibility in a healthcare settings	Ear and sinus infections, fungal oral and skin infections and herpetic skin infections	Associated with underlying comorbid conditions and reactivation of endogenous infection
Infections with limited preventability		



Infections for which other accepted definitions should be applied in LTCF surveillance

Points to Consider	Infections	Comments
Infections with other accepted definitions (may apply to only specific at-risk residents)	Surgical site infections, central-line- associated bloodstream infections and ventilator-associated pneumonia	LTCF-specific definitions were not developed. Refer to the National Healthcare Safety Network's criteria



Sources of Data for Surveillance

- Clinical ward/unit rounds
- Medical Chart
- Lab reports
- Kardex/Patient Profile/Temperature logs
- Antibiotic Starts
- IT support





IMPLEMENTING AND APPLYING SURVEILLANCE DEFINITIONS **AND PRINCIPALS**

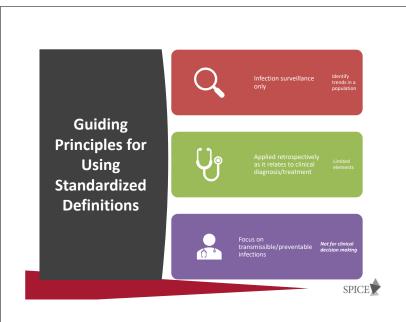


Surveillance

• The facility's surveillance system must include a data collection tool and the use of nationally-recognized surveillance criteria such as but not limited to CDC's National Healthcare Safety Network (NHSN) Long Term Care Criteria to define infections or updated McGeer criteria

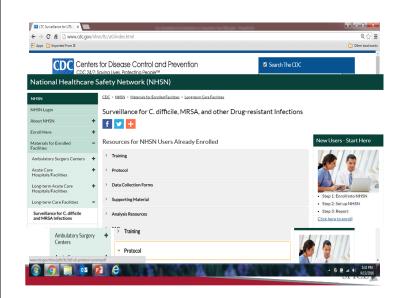
> **State Operations Manual** Appendix PP - Guidance to Surveyors for Long Term Care Facilities Table of Contents (Rev. 11-22-17)

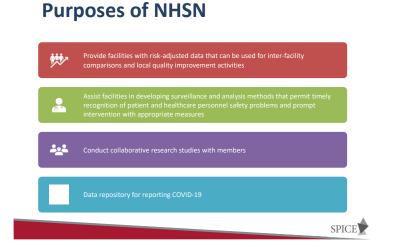


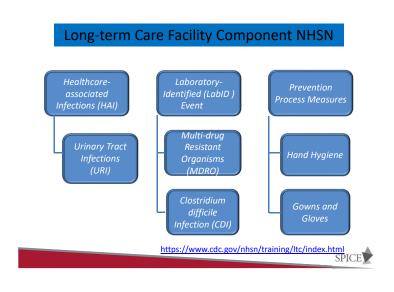


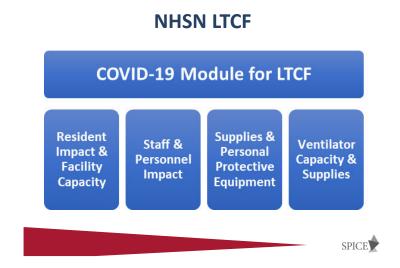


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INFECTION CONTROL AND HOSPITAL EPIDEMIOLOGY OCTOBER 2012, VOL. 33, NO. 10

SHEA/CDC POSITION PAPER

Surveillance Definitions of Infections in Long-Term Care Facilities: Revisiting the McGeer Criteria

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for the Society for Healthcare Epidemiology Long-Term Care Special Interest Group⁸



Attribution of infection to LTCF

- No evidence of an incubating infection at the time of admission to the facility
 - Basis of clinical documentation of appropriate signs and symptoms and not solely on screening microbiologic data
- Onset of clinical manifestation occurs > 2 calendar days after admission.



Attribution of infection to LTCF

- All symptoms must be new or acutely worse
- Non-infectious causes of signs and symptoms should always be considered prior to diagnosis
- Identification of an infection should not be based on a single piece of evidence
 - Clinical, microbiologic, radiologic
- Diagnosis by physician insufficient (based on definition)



Attribution of infection to LTCF

 A "new, nursing home onset" refers to COVID-19 cases that originated in the nursing home, and not cases where the nursing home admitted individuals from a hospital with a known COVID-19 positive status, or unknown COVID-19 status but became COVID-19 positive within 14 days after admission.

https://www.cms.gov/files/document/qso-20-30-nh.pdf



Constitutional Requirements

Fever:

- A single oral temperature >37.8°C [100°F], OR
- Repeated oral temperatures >37.2°C [99°F]; rectal temperature >37.5° (99.5°F) OR
- >1.1°C [2°F] over baseline from a temperature taken at any site

Constitutional Requirements

Leukocytosis

Neutrophilia > 14000 WBC/mm³

OR

Left shift (>6% bands or ≥1500 bands/mm³)





Constitutional Requirements

Acute Change in Mental Status from Baseline

 Based on Confusion Assessment Method (CAM) criteria available in MDS

Change	Criteria	
Acute Onset	Evidence of acute change in mental status from resident baseline	
Fluctuating	Behavior fluctuating (e.g., coming and going or changing in severity during assessment) $ \\$	
Inattention	Resident has difficulty focusing attention (e.g., unable to keep track discussion or easily distracted	of
Disorganized Thinking	Resident's thinking is incoherent (e.g., rambling conversation, uncleaflow of ideas)	- N
Altered level of consciousness	Resident's level of consciousness is described as different from /or baseline (e.g., hyperalert, sleepy, drowsy, difficult arouse, nonresponsive)	/

Constitutional Requirements

Acute Functional Decline

- New 3-point increase in total ADL score (0-28) from baseline based on 7 ADLs {0 = independent; 4 = total dependence}
 - 1. Bed mobility
 - 2. Transfer
 - 3. Locomotion within LTCF
 - 4. Dressing
 - 5. Toilet use
 - 6. Personal hygiene
 - 7. Eating







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Respiratory Tract Infections

Comments A. <u>Common cold syndrome/pharyngitis</u> Fever may or may not be present. Symptoms must be new, and not At least **two** criteria present attributable to allergies 1. Runny nose or sneezing 2. Stuffy nose (i.e., congestion) 3. Sore throat or hoarseness or difficulty swallowing 4. Dry cough 5. Swollen or tender glands in neck

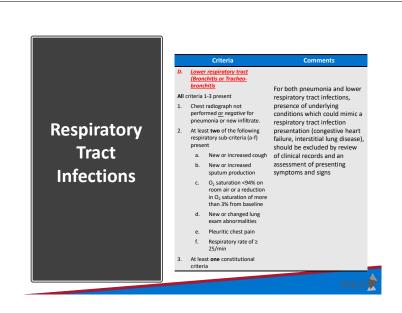
Respiratory Tract Infections

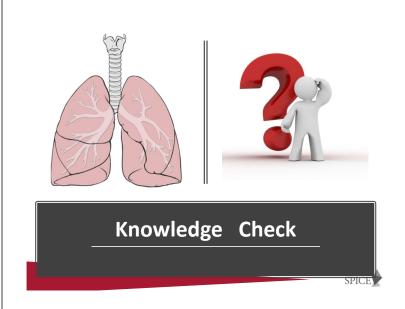
If criteria for influenza-like illness and another upper or lower respiratory tract infection are Both criteria 1 and 2 present met at the same time, only the diagnosis of 1. Fever influenza-like illness should be used 2. At least three of the following symptom sub-criteria (a-f) present Due to increasing uncertainty surrounding the b. New headache or eye pain timing of the start of influenza season, the c. Myalgias or body aches peak of influenza activity and the length of the season, 'seasonality' is no longer part of the d. Malaise or loss of appetite criteria to define influenza-like illness e. Sore throat f. New or increased dry cough



с.	Pneui	<u>monia</u>	
All c	riteria	1-3 present	
1.	Interpretation of chest radiograph as demonstrating pneumonia or the presence of new infiltrate	For both pneumonia and lower respiratory tract infections, presence of underlying conditions which could mimic a	
2.		st one of the following atory sub-criteria (a-f) nt	respiratory tract infection presentation (congestive heart failure, interstitial lung disease),
	a.	New or increased cough	should be excluded by review
	b.	New or increased sputum production	of clinical records and an assessment of presenting
	c.	O ₂ saturation <94% on room air or a reduction in O ₂ saturation of more than 3% from baseline	symptoms and signs
	d.	New or changed lung exam abnormalities	
	e.	Pleuritic chest pain	
	f.	Respiratory rate of ≥ 25/min	
3.	At lea	st one constitutional ia	
			SDICE







Knowledge Check #1 Mr. Do Little has multiple comorbidities including hypertension and acute respiratory failure. Vitals on admission WNL

On day seven after admission, the daughter tells the nurse "dad is not responding like he used to. He can not hold a conversation, tires easily and is not able to brush his teeth, eat or dress without assistance."

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• Temp 100 7 r

Clinical

Picture

Physical exam:

- Temp 100.7, pulse 107, RR 26 and O2 sat 93%
- Ronchi noted on auscultation of the chest the resident is confused

MD notified and orders urine and chest x-ray

Results:

- Culture + E. coli 10² cfu/ml and
- chest x-ray: no new findings

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What surveillance criteria are met?

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Resident has a cold

Resident has pneumonia

Resident has a lower respiratory tract infection

Resident is just "faking" to get daughter's attention

Urinary Specimens: What do the Guidelines Say?

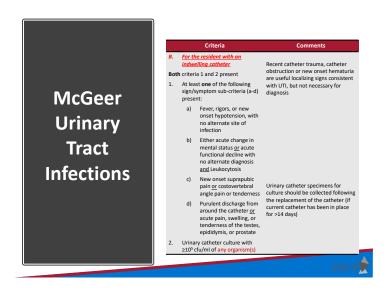
- Specimens collected through the catheter present for more than a few days reflect biofilm microbiology.
- For residents with chronic indwelling catheters and symptomatic infection, changing the catheter immediately prior to instituting antimicrobial therapy allows collection of a bladder specimen, which is a more accurate reflection of infecting organisms.
- Urinary catheters coated with antimicrobial materials have the potential to decrease UTIs but have not been studied in the LTCF setting.

SHEA/APIC Guideline: Infection prevention and control in the long-term care facility Philip W. Smith, MD, Gail Bennett, RN, MSN, CICb Suzanne Bradley, MD, Paul Drinka, MD, Ebbing Lautenbach, MD, James Marx, RN, MS, CIC, Lona Mody, MD, Lindsay Nicolle, MD and Kurt Stevenson, MD July 2008



McGeer Urinary Tract Infections

Comments UTI should be diagnosed when there are localizing s/s and a positive urinary culture leukocytosis, then at least two or more of the following localizing urinary symptoms Both criteria 1 and 2 present A diagnosis of UTI can be made without localizing symptoms if a blood culture isolate of the same organism isolated from the urine and there is no alternate sight of infection At least one of the following sign/symptom sub-criteria (a-c) present: Suprapubic pain Gross hematuria a) Acute dysuria <u>or</u> acute pain, swelling, or tenderness of the testes, epididymis, or prostate New or marked increase in incontinence b) Fever or leukocytosis New or marked increase in In the absence of a clear alternate source, fever or rigors with a positive urine culture in a non-catheterized resident will often be treated as a UTI. and New or marked increase in At least one of the following localizing frequency urinary tract sub-criteria: However evidence suggest most of the these episodes are not from a urinary 2. One of the following microbiologic sub-Acute costovertebral angle pain or tenderness a) ≥105 cfu/ml of no more than 2 Suprapubic pain species of microorganisms in a voided urine Pyuria does not differentiate symptomatic UTI from asymptomatic bacturia New or marked increase in incontinence ≥102 cfu/ml of any number of Absence of pyuria in diagnostic test excludes symptomatic UTI in residents of LTCF New or marked increase in an in and out catheter New or marked increase in frequency Urine specimens should be processed within 1-2 hours, or refrigerated and processed with in 24 hours.



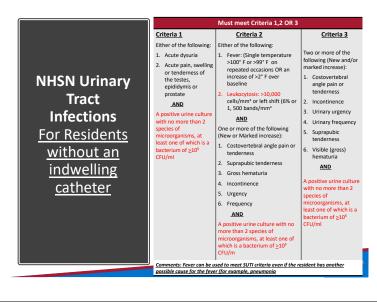




NHSN Notes

- Indwelling urinary catheter should be in place for a minimum of 2 calendar days before infection onset (day 1 = day of insertion)
- Indwelling urinary catheter: a drainage tube that is inserted into the urinary bladder through the urethra, is left in place and is connected to a closed collection system, also called a foley catheter. Indwelling urinary catheters do not include straight in-and-out catheters or suprapubic catheters (these would be captures as SUTIs, not CA-SUTIs)
- Indwelling catheters which have been in place for > 14 days should be changed prior to specimen collection but failure to change catheter does not exclude a UTI for surveillance purposes





NHSN Urinary Tract Infections

For the resident with an indwelling catheter Criteria Comments CA-SUTI One or more of the following (Signs and Symptoms and Laboratory and diagnostic Testing): AND a) *Fever (Single temperature >100° F or >99° F on repeated occasions OR an increase of >2° F over baseline) A positive urine culture with no more than 2 c) New onset hypotension, with no alternate site of infection species of microorganisms, at least one of which is a bacterium of ≥10⁵ CFU/mI d) New onset confusion/functional decline AND Leukocytosis (>10,000 cells/mm³ or left shift (6% or 1, 500 bands/mm³) e) New or marked increase in costovertebral angle pain or tenderness New or marked increase in suprapubic *Fever can be used to meet CA-SUTI criteria even if the resident has another Acute pain, swelling, or tenderness of the possible cause for the fever (for example, testes, epididymis, or prostate pneumonia) h) Purulent discharge from around the

Asymptomatic Bacteremic Urinary Tract Infection (ABUTI)

Resident with or without an indwelling urinary catheter:

 No qualifying fever or signs or symptoms (specifically no urinary urgency, urinary frequency, acute dysuria, suprapubic tenderness, or costovertebral angle pain or tenderness). If no catheter is in place, fever alone would not exclude ABUTI if other criteria are met

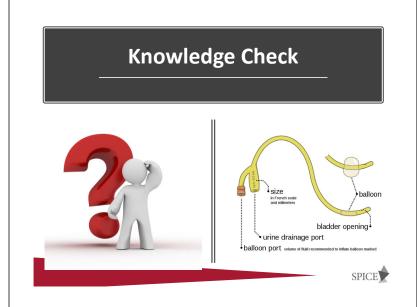
AND

 A positive urine culture with no more than 2-species of microorganisms, at least one of which is a bacterium of ≥ 10⁵ CFU/ml

AND

A positive blood culture with at least 1 matching bacteria to the urine culture





Knowledge Check #1



1 Mar.

Mrs. Ross is a resident in your facility. An indwelling urinary catheter was inserted on March 1.



5 Mar.

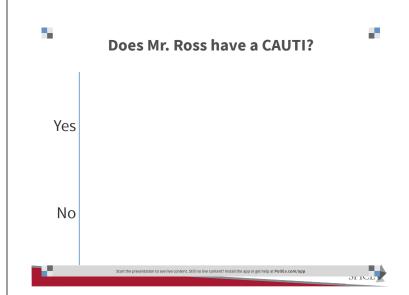
On March 5, the nurse practitioner documented that Mrs. Ross complained of suprapubic pain.



6 Mar.

The following day, on March 6, a specimen collected from the Foley catheter was sent to the lab and subsequently tested positive for greater than 100,000 CFU/ml of E. coli and 100,000 CFU/ml of Candida auris.





The process of the second state of the second

Check

2

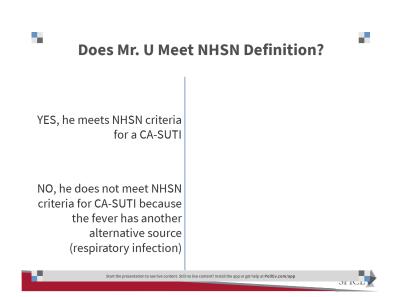
Mr. U, a resident of LTC facility has a urinary catheter in place for 3 days for acute urinary retention. On day 3, he spikes a fever of 101°F and has a cough with shortness of breath.

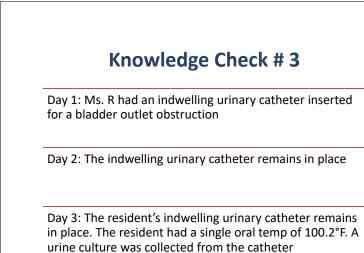
The physician orders a urine culture, and it comes back positive with >100,000 CFU/ml of Pseudomonas aeruginosa and Candida albicans.

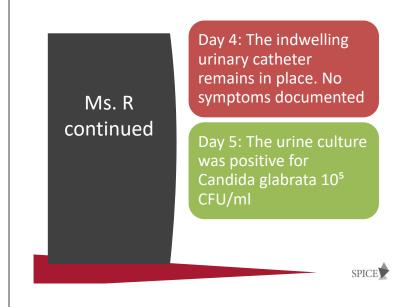
Upon further work, up Mr. U is determined not to have any other symptoms that meet the NHSN CA-SUTI criteria,

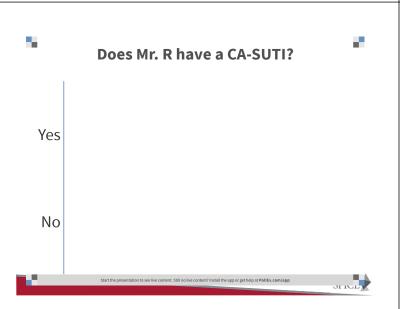
§ But, a chest X-ray does show infiltrates in the right upper lobe of the lung.

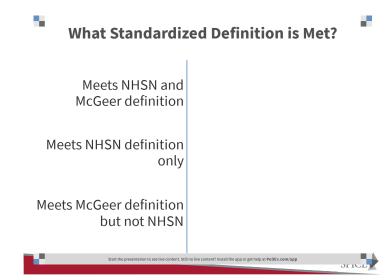












Knowledge Check #4

Mrs. C is an 85-year-old female who is normally ambulatory, independent of ADLs and very social with staff and other residents. She has been a resident of your facility for 10 years

This morning, March 5th, Mrs. C seems confused, refuses breakfast, is incontinent of stool and does not want to get out of bed.

Vital Signs are: Temp 99.5, RR 22, O²Sat 93% on room air and BP is 110/70. Urine is dark yellow and has a strong odor. Physician orders, UC, BC and chest x-ray



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Knowledge Check #4

Diagnostic test are completed and results are as follows:

UC positive for >10⁵ cfu/ml of klebsiella pneumonia and > 10² candida albicans

Chest x-ray negative for infiltrate

BC + for *Klebsiella pneumonia*



What Surveillance Definition Does Mrs. C meet?

- 1. Lower respiratory tract
- 2. Gastroenteritis

biopsy)

c) Epidemiologic linkage to a case of scabies

with laboratory confirmation

- 3. Urinary tract infection
- 4. Bloodstream infection
- 5. Asymptomatic Bacteremic Urinary Tract Infection



Skin, Soft Tissue and Mucosal Infections

Criteria	Comments
A. Cellulitis/soft tissue/wound infection At least one of the following criteria is present 1. Pus present at a wound, skin, or soft tissue site	More than one resident with streptococcal skin infection from the same serogroup (e.g., A, B, C, G in a LTCF may suggest an outbreak
New or increasing presence of at least four of the following sign/symptom sub-criteria a) Heat at affected site b) Redness at affected site c) Swelling at affected site	For wound infections related to surgical procedures: LTCF should use the CDC's NHSN surgical site infection criteria and report these infections back to the institution performing the original surgery
d) Tenderness or pain at affected site e) Serous drainage at affected site f) One constitutional criteria	Presence of organisms cultured from the surface (e.g., superficial swab culture) of a wound is not enough evidence that the wound is infected



Skin, Soft Tissue and Mucosal Infections

B. Scabies Care must be taken to rule out rashes due to skin irritation, allergic reactions, eczema, and other non-Both criteria 1 and 2 present infectious skin conditions 1. A maculopapular and/or itching rash $2. \quad \hbox{At least ${\bf one}$ of the following sub-criteria:} \\$ An epidemiologic linkage to a case can be considered if there is evidence of geographic a) Physician diagnosis proximity in the facility, temporal relationship to b) Laboratory confirmation (scrapping or the onset of symptoms, or evidence of a common

source of exposure (i.e., shared caregiver).

Skin, Soft Tissue and Mucosal

Infections		
Criteria	Comments	
C. Fungal oral/perioral and skin infections	Mucocutaneous candida infections are usually due	
Oral candidiasis:	to underlying clinical conditions such as poorly	
Both criteria 1 and 2 present:	controlled diabetes or severe immunosuppression. Although not transmissible infections in the	
Presence of raised white patches on inflamed mucosa, or plaques on oral mucosa	healthcare setting, they can be a marker for increased antibiotic exposure	
2. Medical or dental provider diagnosis		

Dermatophytes have been known to cause occasional infections, and rare outbreaks, in the LTC



Fungal skin Infection:

Both criteria 1 and 2 present:

scrapping or biopsy

1. Characteristic rash or lesion

2. Either a medical provider diagnosis or laboratory confirmed fungal pathogen from

Skin, Soft Tissue and Mucosal Infections

Criteria	comments
D. <u>Herpes viral skin infections</u>	Reactivation of old herpes simplex ("cold sores") or
Herpes simplex infection	herpes zoster ("shingles") is not considered a healthcare-associated infection
Both criteria 1 and 2 present:	nearncare-associated injection
A vesicular rash	Primary herpes viral skin infections are very
Either physician diagnosis or laboratory confirmation	uncommon in LTCF, except in pediatric populations where it should be considered healthcare-associated.
Herpes zoster infection	
Both criteria 1 and 2 present:	
1. A vesicular rash	
Either physician diagnosis or laboratory confirmation	

Skin, Soft Tissue and Mucosal Infections

Criteria	Comments
E. <u>Conjunctivitis</u>	Conjunctivitis symptoms ("pink eye") should not be due to allergic reaction or trauma.
At least one of the following criteria present:	due to allergic reaction of trauma.
 Pus appearing from one or both eyes, present for at least 24 hours 	
New or increasing conjunctival erythema, with or without itching.	
 New or increased conjunctival pain, present for at least 24 hours. 	









Gastrointestinal Tract Infections Norovirus gastroenteritis In the absence of laboratory confirmation, an

Both criteria 1 and 2 present

1. At least one of the following GI sub-criteria

- a) Diarrhea, three or more liquid or watery
- stools above what is normal for the resident within a 24-hour period b) Vomiting, two or more episodes in a 24-
- hour period
- A stool specimen positive for detection of norovirus either by electron microscopy, enzyme immune assay, or by a molecular diagnostic test such as polymerase chain reaction (PCR).

outbreak (2 or more cases occurring in a LTCF) of acute gastroenteritis due to norovirus infection in a LTCF may be assumed to be present if all of the following criteria are present ("Kaplan criteria")

- a) Vomiting in more than half of affected persons
- b) A mean (or median) incubation period of 24-48 hours
- c) A mean (or median) duration of illness of 12-60 hours
- d) No bacterial pathogen is identified in stool

A "primary episode" of *C. difficile* infection (CDI) is defined as one that has occurred without any previous history of CDI., or that has occurred more than 8 weeks after the onset of a previous Both criteria 1 and 2 present One of the following GI sub-criteria episode of CDI. Diarrhea, three or more liquid or watery stools above what is normal for the resident within a 24-hour period A "recurrent episode" of CDI is defined as an episode of CDI that occurs 8 weeks or less after the onset of previous episode, provided the symptoms from the earlier (previous) episode resolved b) The presence of toxic megacolon (abnormal dilation of the large bowel documented on radiology) Gastrointestinal One of the following diagnostic sub-criteria **Tract Infections** The stool sample yields a positive laboratory test result for *C. difficile* toxin A or B, or a toxin-In the setting of a GI outbreak, individuals could test positive for *C. difficile* toxin due to ongoing colonization and be co-infected with A or B, or a toxin-producing C. difficile organism is identified in a stool culture or by a molecular diagnostic test such as PCR another pathogen. It is important that other surveillance criteria are used to differentiate infections in this situation. Pseudomembranous colitis is identified during endoscopic examination or surgery, or in histopathologic examination of a biopsy specimen.

CDI LabID Event (different than an infection)

• C. difficile positive laboratory assay, tested on a loose-unformed stool specimen, and collected while a resident is receiving care from the LTCF, and the resident has no prior C. difficile positive laboratory assay collected in the previous two weeks (<14 days) while receiving care from the LTCF

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Why is C. difficile Surveillance Important?



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