



# BRAIN INJURY REHABILITATION CONFERENCE

SPONSORED BY THE REHABILITATION CENTER AT SCRIPPS MEMORIAL HOSPITAL ENCINITAS

# March 11-12, 2016

Liberty Station Conference Center San Diego, California

FEATURED KEYNOTE SPEAKER
Bennet Omalu, MD, MBA, MPH
As chronicled in the recently released film
Concussion (starring Will Smith), Dr. Bennet
Omalu's story is one of great triumph in the
face of seemingly insurmountable odds.



Visit www.scripps.org/BrainInjuryCME for conference updates!

## **Course Overview**

#### COURSE OVERVIEW

The 11th Annual Brain Injury Rehabilitation Conference is designed to provide a clear understanding of the need for multidisciplinary strategies in the management of patients with brain injuries. A renowned faculty of interdisciplinary specialists will present the latest in research and outcomes from a variety of medical perspectives. Topics include interventions and management for medical and physical rehabilitation as well as cognitive, emotional, and social problems common to brain injury patients. A strong emphasis on the need for increased quality, efficiency, and value will be a consistent theme throughout the course as we continue our quest for excellence in brain injury treatment and rehabilitation.

#### **EDUCATIONAL OBJECTIVES**

#### After attending this activity, participants should be able to:

- Describe the epidemiology of brain injury and its resultant impairments, disability, and psychosocial impact.
- Integrate new developments in science and medicine into practice for brain injury rehabilitation.
- Utilize multidisciplinary strategies for the management of psychological and behavioral problems common to brain injury including behavior management.
- Identify neurophysiological mechanisms involved in brain plasticity and their potential application to improving practice and service provision across rehabilitation disciplines.
- Discuss the life long, post-acute rehabilitation needs of individuals with traumatic brain injuries and the importance of developing long term care plans.
- Review the latest rehabilitative and assistive technology tools for individuals with traumatic brain injuries.
- Examine the latest advances in neuroimaging for brain injury rehabilitation.
- Identify current robotic technologies in the role of brain injury rehabilitation.
- Evaluate cutting-edge neurosurgical interventions for brain injury rehabilitation.
- Discuss the unique needs and approaches for pediatric brain injury rehabilitation.
- Improve quality of life for brain injury survivors and their caregivers by connecting them with community resources.
- Create networking opportunities and build partnerships with key brain injury researchers, clinicians, and prevention professionals.

#### **ACCREDITATION**

Please check the conference website for a complete list of available continuing education credits for health care professionals: www.scripps.org/BrainInjuryCME

Physicians (MD, DO) Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 12.25 AMA PRA Category 1 Credit(s) TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Board of Registered Nursing (BRN)

For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit(s)™ issued by organizations accredited by the ACCME. For the purpose of re-licensure, the California Board of Registered Nursing accepts AMA PRA Category 1 Credit(s)™. The majority of state boards accept AMA PRA Category 1 Credit(s)™ as meeting continuing education requirements for Items are nowed Nurses should check with their state's Reard of license renewal. Nurses should check with their state's Board of Registered Nursing regarding use of CME credit.

American Speech-Language Hearing Association (ASHA)



Rancho Los Amigos National Rehab Center is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology

and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

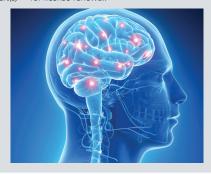
This course is offered for up to 1.2 ASHA CEUs (Intermediate Level; Professional Area)

Physician Assistants (AAPA)

The American Academy of Physician Assistants accepts Category 1 credit from AMA Category 1 CME organizations accredited by the ACCME.

**Psychologists** 

The Board of Psychology accepts AMA PRA Category 1 Credit(s)™ for license renewal.



#### THOMAS CHIPPENDALE MD, PHD MEMORIAL LECTURE



Dr. Thomas J. Chippendale was a neurologist and holistic healer. He started practicing with The Neurology Center and Scripps Health in 1985, and touched many lives as a physician, healer and friend. He had an extensive research background, having received two Masters Degrees and a PhD in Neuroscience from Princeton University before entering medical training. He was board certified by the American Board of Psychiatry and Neurology and by the American Board of Holistic Medicine.

Dr. Chippendale was Chief of Staff at Scripps Encinitas, Chair of the Scripps Health Neuroscience Service Line, Chair of the Scripps Stroke Task Force, Stroke Director, Co-director of Scripps Rehabilitation and par-

ticipated as research director on numerous clinical trials. For many years Dr. Chippendale also co-directed the Mindfulness Based Stress Reduction course at Scripps Encinitas and was a passionate advocate for holistic healing and resiliency.

# Program

#### FRIDAY, MARCH 11, 2016

7:30 a.m. Registration, Breakfast, View Posters & Exhibits

8 a.m. Welcome & Introductions Michael A. Lobatz, MD

8:15 a.m. New Neurosurgical Treatments for Traumatic Brain Injury and Hemorrhage Jeffrey S. Schweizter, MD

8:45 a.m. Polytrauma and Traumatic Brain Injury Michael J. Sise, MD

9:15 a.m. Posttraumatic Resilience & Growth J. Eric Gentry, PhD

10 a.m. Break, View Posters & Exhibits

10:30 a.m. Neuropsychiatry of Agitation Daniel D. Sewell, MD

#### **KEYNOTE PRESENTATION**

11 a.m. Don't Break the Rules, Change the Game:
How Bennet Omalu Single-handedly
Changed American Football,
Professional Sports, and How the World
Perceives Traumatic Brain Injuries
Bennet Omalu, MD



As chronicled in the upcoming film Concussion (starring Will Smith), Dr. Bennet Omalu's story is one of great triumph in the face of seemingly insurmountable odds. Born in 1968 in Eastern Nigeria during the civil war, his family lived as refugees, his town under constant fire by the Nigerian Air Force. Despite suffering war-related under-nutrition in the first two years of his life, Omalu would go on to attend medical school at age 15 and become a physician by age 21.

In 2002, Dr. Omalu made a career breakthrough when he became the first doctor to discover and identify chronic brain damage as a major factor in the deaths of some professional athletes. He called the disease Chronic Traumatic Encephalopathy (CTE), which he first discovered as the result of an autopsy he performed on Mike Webster—one of the best Centers in NFL history. "Iron Mike", the legendary Pittsburgh Steeler and Hall of Famer, died at age 50, his brain revealing something doctors had never seen before. Within five years of reporting on Webster's case, Dr. Omalu went on to identify CTE in eight more deceased NFL players. He was also the first to discover CTE in military veterans diagnosed with PTSD, as well as professional wrestlers. But his findings were summarily dismissed—and even ridiculed—by his professional peers, the NFL, and the sports industry.

The NFL even made a concerted effort to retract Dr. Omalu's published papers. But he stood his ground in search of the truth. Today, CTE has become generally accepted and Dr. Omalu's findings have revolutionized neuroscience, sports medicine and safety, the study of all types of brain trauma, and the entire sports industry.

Noon Lunch Break

1:15 p.m. WORKSHOPS (concurrent sessions)

A. Early Mobilization and Rehabilitation Therapies in the ICU Julie L. Cavins, OTR-L Kimberly Kristan, MSPT Kyle Wade, MA, CCC-SLP

B. Motivational Interviewing William J. Matulick, PhD

C. Music Therapy for Traumatic Brain Injury Michael H. Thaut, PhD

2:15 p.m. Break, View Posters & Exhibits

2:30 p.m. Workshops Repeat

3:30 p.m. Transition Back to General Session

3:45 p.m. Neuropsychology of Traumatic Brain Injury Jay Rosen, PhD

Lori Haase-Alasantro, PhD

4:30 p.m. Adjourn

#### SATURDAY, MARCH 12, 2016

7:30 a.m. Breakfast, View Posters & Exhibits

7:55 a.m. Welcome & Introductions Michael A. Lobatz, MD

#### 8 a.m. THOMAS J. CHIPPENDALE, MD MEMORIAL LECTURE

A Mindful and Compassionate Response Frank Ostaseski

In 1987 Frank co-founded the Zen Hospice Project, the first Buddhist hospice in America. In 2004, he created the Metta Institute to provide broad based education on mindful and compassionate end of life care. His groundbreaking work has been widely featured in the media, including the Bill Moyers television series On Our Own Terms, The Oprah Winfrey Show, and in numerous print publications. In 2001, he was honored by H.H. Dalai Lama for his years of compassionate service to the dying and their families.

9 a.m. Neuroscience of Concussion: Anatomy, Pathophysiology and Concepts on Concussion and Mild TBI Michael A. Lobatz, MD

9:30 a.m. Concussion Evaluation on the Field Bob S. Carter, MD, PhD

10 a.m. Break, View Posters & Exhibits

10:30 a.m. Office Evaluation of the Concussed Patient Michael L. Van Buskirk, MD

11 a.m. Emotional Aspects of Concussion Christine Baser, RN, PhD

11:30 a.m. Update on Protocols for Managing Concussion Michael A. Lobatz, MD

Noon Lunch Break

**WORKSHOPS** (concurrent sessions)

1:15 p.m. A. Returning to the Classroom after Concussion Cindy Pahr, MEd

> B. A Discussion with Brain Injury Survivors and Their Caregivers Yolanda Ortega, MSW Andrea C. Schwarb, LCSW

C. Technology and Traumatic Brain Injury Michelle R. Wild

D. Driving after Traumatic Brain Injury Ali Azin, MS, OTR/L, CDRS

2:15 p.m. Break, View Posters & Exhibits

2:30 p.m. Workshops Repeat

3:30 p.m. Transition Back to General Session

3:45 p.m. New Strength after Trauma H'Sien Hayward, PhD

4:30 p.m. Closing Remarks & Final Adjournment





## **Faculty**

#### COURSE DIRECTORS

#### Michael A. Lobatz, MD

Medical Director, Neuroscience Clinical Care Line, Scripps Health Medical Director, Scripps Rehabilitation Center Scripps Memorial Hospital Encinitas Encinitas, California

#### Jessica J. Martinez, OTR/L, HTC, PAM

Supervisor Rehabilitation Therapies Brain Injury Day Treatment Program Care Manager Scripps Memorial Hospital Encinitas Encinitas, California

#### CONFERENCE FACULTY

Ali Azin, MS, OTR/L, CDRS Certified Driver Rehabilitation Specialist Scripps Memorial Hospital Encinitas Encinitas, California

#### Christine Baser, RN, PhD

Licensed Clinical Psychologist Carlsbad, California

#### Robert S. Carter, MD, PhD

Co-Director

UC San Diego Neurological Institute Professor and Chair of Neurosurgery University of California, San Diego Health System San Diego, California

#### Julie L. Cavins, OTR-L

Occupational Therapist Scripps Memorial Hospital La Jolla La Jolla, California

#### Kimberly Kristan, MSPT

Physical Therapist Scripps Memorial Hospital La Jolla La Jolla, California

J. Eric Gentry, PhD
Board Certified Expert in Traumatic Stress Vice-president IATP Compassion Unlimited Sarasota, Florida

#### Lori Haase-Alasantro, PhD

Neuropsychologist, The Neurology Center Assistant Clinical Professor University of California, San Diego San Diego, California

#### H'Sien Hayward, PhD

Department of Psychology, Harvard University Postdoctoral Respecialization Program Alliant International University San Francisco, California

#### William J. Matulick, PhD

Clinical Psychologist Motivational Interviewing Online San Diego, California

#### Bennet Omalu, MD, MBA, MPH

Chief Medical Examiner San Joaquin County, California President and Medical Director Bennet Omalu Pathology Clinical Professor and Associate Physician Diplomate University of California, Davis Medical Center Davis, California

#### Yolanda Ortega, MSW

Rehabilitation Counselor Scripps Rehabilitation Center Scripps Memorial Hospital Encinitas Encinitas, California

#### Frank Ostaseski

Co-Founder Zen Hospice Project Metta Institute Sausalito, California

#### Cindy Pahr, MEd

Physical & Health Impairment Education Specialist Brain Injury Services Coordinator San Diego Unified School District San Diego, California

#### Jay Rosen, PhD

Assistant Clinical Professor, Voluntary Department of Psychiatry University of California, San Diego Neuropsychologist The Neurology Center of Southern California San Diego, California

#### Andrea C. Schwarb, LCSW

Community Programs Coordinator Brain Injury Day Treatment Program Scripps Memorial Hospital Encinitas Encinitas, California

#### Jeffrey S. Schweizter, MD

Neurosurgeon, Director of Epilepsy, Movement Disorder and Functional Neurosurgery Senta Clinic San Diego, California

#### Daniel D. Sewell, MD

Director, Senior Behavioral Health Professor of Psychiatry University of California, San Diego Health System San Diego, California

Michael J. Sise, MD, FACS Clinical Professor of Surgery University of California, San Diego School of Medicine Medical Director, Division of Trauma Scripps Mercy Hospital San Diego, California

#### Michael H. Thaut, PhD

Director of the Center for Biomedical Research in Music Professor of Music Therapy Colorado State University Fort Collins, Colorado

#### Michael L. Van Buskirk, MD, ABFM

Chair, Family Medicine Clinical Professor, Voluntary Family and Preventive Medicine University of California, San Diego Scripps Ćlinic Encinitas, California

#### Kyle Wade, MA, CCC-SLP

Speech-Language Pathologist Scripps Memorial Hospital La Jolla La Jolla, California

#### Michelle R. Wild

Partner, Author, Trainer Professor, Coastline Community College Fountain Valley, California

#### **Faculty Disclosure**

In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Employees of a commercial interest with business lines or products relating to the content of the CME activity will not participate in the planning or any accredited portion of the conference. Disclosure will be made to all participants at the conference location, prior to the educational activity commencement.

## Conference Location & Hotel Information

#### The conference will be held at the Liberty Station Conference Center.

LIBERTY STATION CONFERENCE CENTER 2600 Laning Road, San Diego, California 92106 http://lsconferencecenter.com/

#### A room block has been set up at the Courtyard by Marriott Liberty Station.

COURTYARD BY MARRIOTT LIBERTY STATION 2592 Laning Road, San Diego, California 92106 619-221-1900

Make your reservations early! A block of rooms is being held for us at the discounted rate of \$189 until Friday, February **12, 2016** or until the block fills, whichever comes first. After this date, reservations will be accepted on a space and rate available basis only. Be sure to request the Scripps conference rate when making reservations.

This excellent rate also includes the following:

- Complimentary airport shuttle
- Complimentary high-speed internet in guest rooms
- Complimentary self-parking

#### DOWNLOAD THE SCRIPPS CME APP FOR YOUR SMART PHONE OR TABLET!

All conference information including a detailed agenda, faculty listing, faculty disclosures, industry support, attendee list, and course materials can be found on the free Scripps CME conference app for smart phones, tablets and laptop and computers. To download the app on your smart phone or other device visit the appropriate app store and search ScrippsCME (must be one word). The app is free of charge and will be continuously updated during and after the course.

To access the site using a web browser: http://www.grupio.com/BrainInjury16

## Brain Injury Rehabilitation Conference

### March 11-12, 2016 Liberty Station Conference Center, San Diego, CA

#### **CONFERENCE FEES Space is limited, so register early!**

Included: Course tuition, continental breakfast, coffee breaks, lunch, access to conference materials (via mobile app and conference website), and wireless internet

Not Included: Travel costs, lodging, parking, and dinner

MAIN CONFERENCE	Thru Feb 10	Feb 11 - Mar 8	On-site after Mar 8
Health Care Professionals	\$425	\$450	\$475
Group Discount (5 or more)	\$375	\$400	\$425
Active Duty Military / Students/ Family & Caregivers	\$275	\$300	\$325
Dr. Bennet Omalu Keynote Guest Ticket	\$35		
Frank Ostaseki Memorial Lecture Guest Ticket	\$35		

Would you like to receive the Scripps Conference Services & CME email newsletter? \_\_\_Yes By completing this registration form and returning it to Scripps you are acknowledging compliance with all attendance policies. PLEASE PRINT CLEARLY, YOUR BADGE WILL READ AS FOLLOWS: FIRST, MI, LAST NAME AFFILIATION/HOSPITAL/COMPANY SPECIALTY MAILING ADDRESS OFFICE TELEPHONE E-MAIL (This is required and will be your user name when accessing your online account) PLEASE INDICATE ANY SPECIAL NEEDS (INCLUDING DIETARY RESTRICTIONS): Special requests will be considered and accommodated in full compliance with the Americans with Disabilities Act (ADA). PAYMENT METHOD Check Please make checks payable to Scripps (in U.S. dollars only). ☐ Visa ☐ MasterCard ☐ Amex ☐ Discover If paying by credit card, please complete the information below. CREDIT CARD NUMBER WAYS TO REGISTER ATTENDANCE POLICIES

Online www.scripps.org/BrainInjuryCME

Fax 858-652-5565

Scripps Conference Services & CME Mail Brain Injury Rehab Conference 11025 North Torrey Pines Rd. Suite 200, Maildrop: SCRC 200 La Jolla, California 92037

#### QUESTIONS

**Contact** Scripps Conference Services & CME

Phone 858-652-5400

Email med.edu@scrippshealth.org

#### Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$100 processing fee if your cancellation is received in writing no later than Friday, March 4, 2016. Attendee substitutions are allowed, but notification must be made in writing by Friday, March 4, 2016. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows."

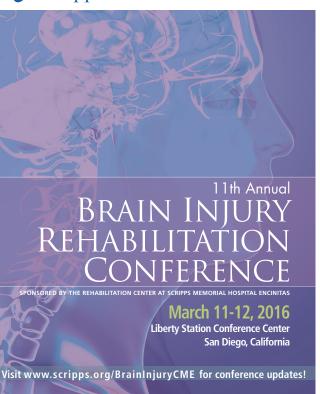
#### Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. We are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

#### **Recording and Photography Clause**

Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.





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FEATURED KEYNOTE SPEAKER
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As chronicled in the recently released film Concussion (starring Will Smith).
Dr. Bennet Omalu's story is one of great triumph in the face of seemingly insurmountable odds.

## Target Audience

- Physicians
   Nurses
   Physician Assistants
   Physical Therapists
- Occupational Therapists
   Speech-Language Pathologists
- Social Workers and Case Managers
   Others involved in the care of patients with brain injuries