



L to R: Angela Heyn, Mikkel Conover, Dr. Amin, Cheryl Wasland, Darcy Raethz, Michelle Ross

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Oncology Services Ready

Chemotherapy is often a vital part of a treatment plan when battling cancer. The Chemotherapy Infusion Suite at Johnson Memorial Health Services (JMHS) provides a calming, relaxing environment. Designed with your needs in mind, we provide state of the art treatment chairs that offer heat and massage, as well as personal televisions. In addition we have snacks and beverages and specialty drinks available for our patients and their companion.

made to accommodate your requested time with each visit. This flexibility allows you to come in for chemo whenever it coordinates best with your schedule. Our Chemotherapy Infusion Suite eliminates the need for long distance travel and provides you with the opportunity for more recovery time at home.

If you are going to start or are currently undergoing a chemo regiment you can ask to have your treatments done at JMHS. Our pharmacist and staff will collaborate with your oncologist to provide you with the best treatment options available.

JMHS abides by the Oncology Nursing Society guidelines for administering chemotherapy. Every nurse on the team has completed the certification course with the Oncology Nursing Society and in Chemotherapy and Biotherapy. The services are led by Oncologist and Hematologist Dr. Bipin Amin of the Prairie Lakes Cancer Center in Watertown, SD, however, we work in conjunction with any oncologist.

Johnson Memorial Health Services is also able to do port and picc line placements in-house. The same-day surgical procedures are performed by a surgeon with a local anesthetic.

If you would like more information on our Oncology services please contact Angela Heyn at (320) 312-2133.



JMHS Oncology Team

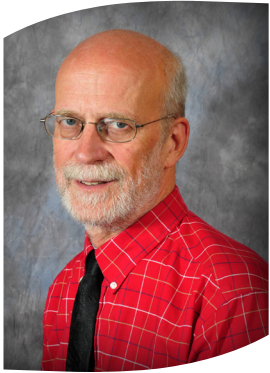
Michelle Ross, Angela Heyn, Dana Lien, Mary Helgeson Julie Erdmann, Mikkel Conover



Excellence in Healthcare. Everyday.

Chemotherapy treatments are scheduled, but you have the option to provide us with your preference for administration time. All efforts will be

Medical Staff



Dr. Ralph Gerbig
Family Practice



Dr. Ayaz Virji
Family Practice



Jill Christie, FNP-BC
Family Practice



Carla Lee, FNP-BC
Family Practice



Julie Olson, FNP, PA-C
Family Practice

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From the Administrator

With healthcare regulations ever changing as well as the reimbursement methods, it is imperative that we continually look for ways to improve and expand our services at JMHS. This year we have added endocrinology, oncology and pulmonology services at our facility. With the help of a grant, we purchased a C-Arm, which allows us to perform additional surgical procedures in-house instead of sending our patients to another facility. Successfully updating our EMR system to Healthland Centriq has enhanced patient safety. Migrating to this system was a crucial step for us to reach Stage 2 Meaningful Use (MU). Meaningful Use is the term used for the criteria of the Federally mandated use of the electronic medical record (EMR). JMHS has successfully reached Stage 1 MU and has attested to reach Stage 2 MU. This is important, because facilities that successfully achieve the stages of MU are financially rewarded, while those who do not are penalized.



Kathy E. Johnson
Administrator/CEO

This time of year we often reflect on what we are thankful for. At JMHS we are grateful that our community continues to support us. I am personally thankful for the dedicated and talented staff we have at JMHS. Without their commitment to quality we would not be able to provide excellence in healthcare, everyday.

Kathy E. Johnson

Certified Wound Care Available

Johnson Memorial Health Services offers a Wound Care clinic with certified Wound Care Nurses on Staff. Karolee Knudson-Lee and Sara West are Registered Nurses, who are experienced in skin and wound assessments and have been certified in wound care. The Wound Care clinic is designed to care for patients who have both acute and chronic wounds, which include skin tears, vascular wounds, pressure ulcers and surgical incisions that have not healed.

The Wound Care clinic is an important part of the health care team. The Wound Care nurses often collaborate with the physicians to discuss the need

for different treatments and they offer their extended training and experience to assist the physician in managing each individual wound patient based on that patient's needs.



Sara West & Karolee Knudson-Lee

Wound Care Nurses work with patients, families and caregivers to educate them about wound care. If applicable they will teach the caregiver and sometimes even the patient how to change dressings at home. JMHS offers a structured Wound Clinic on Monday, Wednesday and Friday from 9am-11am where a wound patient can have consistent care with one of our Wound Clinic nurses. If you have a wound you are concerned about please talk to your physician or call the Outreach Services at 320-312-2133 for a consultation with one of our Wound Clinic Nurses.

Care Center adds EMR Systems

In August the Care Center began the transition to American Health Tech (AHT) computer system for charting. There are computer screens positioned throughout the facility which allows charting to be done in real time.

This means staff completes charting immediately after giving care to a resident. The



Jennifer Kittelson, NA/R

system will improve how we capture what is being done, including frequency and time of service. Staff also started using EMAR (Electronic Medication Administration Record). This allows them to electronically enter orders and sign out medications from the computers. The new technology is projected to make charting easier and improve the quality of life of our residents.

New Outreach Doctors and Services at JMHS

Pulmonology is a medical specialty focused on the diagnosis and management of both chronic and acute diseases of the lungs, respiratory tract and bronchial tubes. Common diseases treated by a pulmonologist include:

- Asthma
- Bronchitis
- Cough
- COPD
- Cystic fibrosis
- Emphysema
- Pneumonia
- Shortness of Breath
- Sleep Apnea
- Tuberculosis

Dr. Jeffrey Kowitz, has over 25 years of pulmonology experience and is board certified in Pulmonology and Internal Medicine. He also has extensive experience in critical care and sleep disorders. Dr. Kowitz believes in patient centered healthcare, in teamwork and in patient education. He efficient, common sense healthcare that empowers each patient to make regarding his or her care. He is available to see patients at JMHS on a monthly basis.



Dr. Jeffrey Kowitz

works to promote informed decisions

Endocrinologists are specially trained physicians who diagnose diseases related to the glands. The diseases they are trained to treat often affect other parts of the body beyond glands. They treat people who suffer from hormonal imbalances, typically from glands in the endocrine system. The overall goal of treatment is to restore the normal balance of hormones found in a patient's body. Some of the more common conditions treated by endocrinologists include:

- Menopause
- Diabetes
- Metabolic disorders
- Lack of growth
- Osteoporosis
- Thyroid diseases
- Cancers of the endocrine glands
- Over- or under-production of hormones
- Cholesterol disorders
- Hypertension

Dr. Eric Ocampo, has over 24 years of endocrinology experience and is board certified in Endocrinology, Internal Medicine, Diabetes and Metabolism. Dr. Ocampo sees his patients the first time at the Tyler Clinic and following appointments through eConsult at JMHS.



Dr. Eric Ocampo

Oncology and Hematology is a medical specialty focusing in the diagnosis and treatment of patients with cancer and blood diseases. Dr. Bipin Amin has over 20 years of experience in providing cancer care at Prairie Lakes Cancer Center in Watertown, SD and Mid-Dakota Clinic in Bismarck, ND. He was Clinical Professor of Internal Medicine at the University of North Dakota, Southwest Campus - Bismarck.

Dr. Amin is board certified in Medical Oncology, Hematology and Internal Medicine. He believes in providing a combination of healing and teaching to his patients. Dr. Amin has started seeing patients on a monthly basis through our Outreach Services.



Dr. Bipin Amin

Please contact 320-312-2107 to schedule an appointment with one of our specialists.

Internal Happenings JMHS

JMHS Receives Grant to implement NIV Services

The Minnesota Department of Health Office of Rural Health & Primary Care recently awarded JMHS \$17,700 to implement non-invasive ventilation (NIV) services at our facility.

BiPAP (bi-level positive airway pressure) is a type of non-invasive ventilation that supports lung function through the use of a face mask. BiPAP provides important therapeutic benefit for those suffering from respiratory distress. Congestive heart failure, COPD, and asthma are common conditions treated by BiPAP for hospitalized patients.

Included in the grant is comprehensive, hands-on staff training. Proper utilization of the equipment is instrumental for providing the best outcomes for our patients.

Johnson Memorial Health Services (JMHS) in its commitment to state of the art healthcare now offers BiPAP treatment to its patients. It's one more way JMHS is providing excellence in health care, everyday.

New Faces at JMHS

Lindsay Ourada is our Registered Dietician. She completed her undergrad studies in Family and Consumer Science Emphasis Dietetics at Minnesota State University, Mankato. Following graduation she completed a dietetic internship at University of South Dakota - Sanford School of Medicine in Yankton South Dakota.



Lindsay Ourada

Prior to becoming a consultant at JMHS Lindsay was the community dietitian for public health and worked with the WIC and SHIP programs. She has really enjoyed getting back into clinical dietetics.

In the clinic and hospital setting Lindsay sees patients with nutritional concerns following a physician referral. The majority of the patients she sees are for Pre-diabetes, Diabetes, and Overweight/Obesity. There are several programs available for those patients interested in weight loss. Please contact your practitioner for a referral.

Vicki Lozinski was hired as the new Dietary Manager. She attended AIC School of Business in Davenport IA, and is certified in both Dietary Management and Food Management. She has more than 32 years of experience in the dietary field. She really enjoys working with the staff and the residents.



Vicki Lozinski

Vicki is married to Ed and they have three sons, two daughters and 10 grandchildren! In her spare time she enjoys sewing, crocheting, baking, riding bike and walking.

Michelle Buseman is our new Home Health Manager. She has more than 14 years of experience in Healthcare. During that time she has worked in nursing home, clinic and hospital settings. She most recently has experience in Home Health and teaching for Minnesota West. She began her career as a Certified Nursing Assistant (CNA) and has received her LPN and Bachelors RN degree. She is currently working on obtaining her Masters Degree.



Michelle Buseman

Michelle lives in Montevideo with her fiancé Terry and three children; Justine (8), Danica (7), and QC (6 months). In her spare time she enjoys baking, reading, and doing Pinterest projects.

Foundation Donations from Sept. 2013 to Sept. 2014

+In memory of Agnes Erickson Gary & Julie Turnberg, Ronald Helgeson, Carla Johnson; **+In memory of Alice Dougherty** Terry & Bev Westfield; **+In memory of Alta Roesch** Janet & Larry Jensen, Stanley & Margaret Stamp; **+In memory of Art Lau** Allen & Eileen Dale; **+In memory of Audrey Froiland** Harold & Ruth Solem; **+In memory of Berneil Jacobson** Donn & Sue Mork; **+In memory of Don Holtan** Curtis & Sharon Johnsrud, Harold & Ruth Solem, Lowell & Mary Berglund, Phil & Jean Maus, Norma & Gordy Powers, Stanley & Margaret Stamp; **+In memory of Don Moe** Carla Johnson; **+In memory of Edna Kragh** Phil & Jean Maus, L.S. Richards, John & Effie Deno, Sam & Mary Olson, Strand Agency, Kenwood & Diane Peet, Milton & Virginia Goplen; **+In memory of Ernest Bakken** Curtis & Sharon Johnsrud; **+In memory of Fenske F. Miller** Delmore & Bethel Fenske; **+In memory of Francis Kassel** Curtis & Sharon Johnsrud; **+In memory of Iola Kostad** Ronald Helgeson, Curtis & Sharon Johnsrud, Ervin & Janice Kostad, Sam & Mary Olson, Michael & Beth Westby, Kenwood & Diane Peet; **+In memory of James Larson** Curtis & Sharon Johnsrud; **+In memory of Janet Rensberger** Curtis & Sharon Johnsrud, Neil & Rosalie Schilling; **+In memory of Jerry Bergeson** Donn & Sue Mork Lowell & Mary Berglund, Larry & LuAnn Dahl, Philip Greseth, Carla Johnson, Robert & Marlene Lee, Brad & Maggie Madsen, Phil & Jean Maus, Sam & Mary Olson, Kenwood & Diane Peet, Norma & Gordy Powers, Debra & Donald Ranallo; **+In memory of Jim Larson** Phil & Jean Maus, Stanley & Margaret Stamp, Loretta Larson; **+In memory of Joe Saboe** Donn & Sue Mork; **+In memory of Ken Heinrich** Charles & Sharon Skordahl; **+In memory of Larry Strand** Sam & Mary Olson; **+In memory of Lee Klosterboer** Curtis & Sharon Johnsrud; **+In memory of Lorraine Winslow** Paul & Luella Strand, Kim & Danny Miller; **+In memory of Mildred Jauss** Roger & Diane Seefeld, Sam & Mary Olson, Phil & Jean Maus, John & Ginger Tollefson, Florence Werner, Steve Nash, Linda Boraas, Helen Leasman; **+In memory of Odeu Halvorson** Curtis & Sharon Johnsrud; **+In memory of Pete Knutson** Donn & Sue Mork; **+In memory of Rich Thompson** Kenwood & Diane Peet, Curtis & Sharon Johnsrud, Eldon Kragh, Terry & Bev Westfield; **+In memory of Shirley Storlien** Steve Nash, Norma & Gordy Powers; **+In memory of Steve Anderson** Curtis & Sharon Johnsrud; **+In memory of Theola Hofseth** Janet Pearson, Gary & Julie Turnberg; **+In memory of Thor Berg** Lowell & Mary Berglund; **+In memory of Urban Just** Florence Werner; **+In memory of Vivian Sundin** J. Dennis Anderson, Donn & Sue Mork, Florence Werner; **+In memory of Wendell Anderson** Phil & Jean Maus, Florence Werner; **+In honor of Pearl Nelson's 90th Birthday** Thomas & Peggy Smith.

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Donations

Larry & LuAnn Dahl, Dawson Designated Charities, Milton & Virginia Goplen, Douglas & Barbara Hagg, Healthland, Timothy & Mary Nealy, Timothy & Mary Nealy, LQP Hope Network, Vern & Laurel Silvernale, Trinity Women's Organization, LQP Lutheran - WELCA, Grace Lutheran Church, Providence Valley WELCA, Dawson-Boyd School Steven's Elementary.

Thank you for your continued support!

Continued

Foundation Donations (continued)

Give to the Max Day

Ellen & Michael Alberg, Melissa Anderson, Michael & Jody Bjerke, Cori & Rick Bothun, Crystal & Tom Bothun, Patricia Elliott, Dan & Luanne Fondell, Angela Heyn, Marilee Jager, Kathy & Dwayne Johnson, Cathy & Jim Michels, Kimberly & Derrick Ochsendorf, Becky & Terrence Overlander, Norma & Gordy Powers, Brianna Sather, Kristyn & Jeff Wicht, Bonnie & Jason Will.

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Gala

Ellen & Michael Alberg, J. Dennis Anderson, Melissa Anderson, Lori & Jeff Andreas, Prairie Lakes Health Care System, Sharilyn & Douglas Bates, Duane & Rebecca Behnke, Alain & Kathern Bellicot, Bruce & Diane Bergeson, Karen & Myles Bergeson, Colette & Dick Berglund, Linda Boraas, Cori & Rick Bothun, Crystal & Tom Bothun, Genevieve Bothun, Jager Building Company, Jill Christie, Sue Christopher, Dustin Citrowske, Kenneth & Sandra Club, Kris Cosentino, DCCU, Michael & Judith Dahl, Wayne & Laura Dahl, MinnWest Bank, John & Effie Deno, Clyde & Hope Dessonville, Linda & Ken Ellefson, Roger & Audrey Ellefson, Patricia Elliott, Aaron & Jennifer Erdmann, Loren & Carole Femrite, Fiesta City Liquor, Randy & Julie Fjerkenstad, Dan & Luanne Fondell, Jill Fuller, Phil Greseth, Mary and

Steven Helgeson, Todd & Amanda Hennberg, Angela Heyn, Garney Jager, Kathy & Dwayne Johnson, Carla & Jeff Johnson, Curtis & Sharon Johnsrud, Kristal Knopp, Keith & Judy Kunde, Irene Larson, Melva Larson, Tollefson & Lee Law Office, John & Carla Lee, Danny & Dana Lien, Kelly & Billy Lindeman, Nathan & Jessica Martison, Jane Martinson, Phil & Jean Maus, Maxine Moyer, Chad & Rhonda Nelson, Kimberly & Derrick Ochsendorf, Dawson Oil Company, Valerie & Jason Olson, Sam & Mary Olson, Dean & Joyce Pearson, David Pederson & Peggy Crosby, Woody & Diane Peet, Dawn Pehrson, Donald & Alice Perkins, Lindsay Perkins, John & Jeanne Peterson, Laurel & Manley Peterson, Richard & Lois Pollei, Norma & Gordy Powers, Charles & Janice Prestholdt, Jim & Kristi Prestholdt, Brian Reinert, Mark Roisen, Michelle & Andy Ross, Ashley & Andrew Sandven, Brianna Sather, Les & Deb Sather, Clete & Rachel Schilling, Vern & Laurel Silvernale, Scott & Saundra Snobl, Cerro Gordo Softball Team, Harold & Ruth Solem, Dean & Sadie Solem, Cynthia Staab, Kacey Streich, Karen & Roger Strom, Missy & Dan Struxness, Sylvia Sundin, Ross Sutter, Mark & Rebecca Thoen, Gale & Barb Torstenson, Dawn & Lowell Tyler, Kelly & Mike Wentte, Jeff & Kristyn Wicht, Jason & Bonnie Will.

Oncology Suite

Colette & Dick Berglund, Linda & Ken Ellefson, Roger & Audrey Ellefson, Curtis & Sharon Johnsrud, Kristal Knopp, Kim & Danny Miller, Dean & Sadie Solem, Ambient Chiropractic, Presbyterian Women, Lac qui Parle Coop, Dawson Liquor Store, Jerome & Linda Olson.

Foundation Board Members

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Carole Femrite, Vice Chairman

Ken Club Marilee Jager

Rachel Schilling Paul Strand

Karen Strom Marc Thoen

Pediatric Occupational Therapy

Pediatric occupational therapists work with children and their families to promote development of fine motor, sensory motor, and visual motor skills that children need to function and socialize in their home, school, play, and community environments. Occupational therapy assesses children to achieve independence with self-care, play and learning skills to the greatest of their ability.

At Johnson Memorial Health Services, our occupational therapist evaluates and treats children of all ages, infant to 21, with a variety of diagnoses and needs which may include but are not limited to:

- Developmental delay
- Developmental disabilities, including cognitive delays, down's syndrome, cerebral palsy and muscular dystrophy
- Sensory processing difficulties
- ADHD/ADD
- Delayed or impaired motor development
- Upper extremity disabilities and injuries
- Self-care difficulties including, dressing, feeding and grooming
- Autism spectrum disorders
- Visual processing and handwriting skills
- Recommendation, training, and use of adaptive equipment



Jeanie Stocland,
Occupational Therapist



VISIT US ONLINE AT: www.jmhsnmn.org

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