

### Tuesday's Child





Tuesday's Child c/o Gordon Tech High School 3633 N California Ave | Chicago, IL 60618 tel: 773.423.5055 | fax: 773.423.5054 www.TuesdaysChildChicago.org







### 30 Years and Counting...

For over 30 years, countless parents across Chicago have come to Tuesday's Child looking to improve their relationship with their child – looking for help and support, to ease the frustration of daily struggles, and looking for answers about their child's development. Many of these parents have read numerous parenting books, joined support groups, and tried multiple preschools looking for answers to why parenting is so much harder than they ever imagined. At Tuesday's Child, they found not only solutions but a community of other families that shared and understood their frustrations and challenges.

Jill found a positive way to approach parenting, and has continued to mentor other families for 30 years.

Mojdeh found answers about her child's struggles, and a direction for his continued care.

Gail and Mario solved the piece of the developmental puzzle that helped the whole family build confidence and trust.



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### **The Board Chair's Welcome**

#### Dear Friends,

2011 was an exciting and very busy year for Tuesday's Child. While serving close to 800 parents and children in our existing programs, three new programs were introduced. A group of children who struggled in traditional preschool attended a **full-day program** at Tuesday's Child. They benefited from a combination of academics and behavioral therapy. Alumni parents were able to attend **workshops and group support sessions** to help with adapting Tuesday's Child techniques to older children. **The Prevention Initiative** also kicked off in 2011 supporting at-risk, low income families with in-home visits.

In January 2011, Tuesday's Child welcomed a new Executive Director, Brandon Combs. Brandon comes to the agency with over 10 years of experience in not-for-profit management. With a strength in Development and Fundraising, he adds a crucial area of expertise.

While there are several new programs, and successful fundraising events to celebrate, Tuesday's Child was greatly challenged in 2011 by a loss of government funding. Due to a change in policy, the state is no longer funding center-based programming like that of Tuesday's Child. The board and staff continue to seek funding from other important sources and create new relationships.

Despite the challenges, our leaders and staff as well as our generous donors are incredibly committed to the mission of Tuesday's Child and always strive to grow its programs.

Bruce E. Balfe President and Board Chair



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## **Statement of Activitie**

Support and Revenue Corporate and Foundation Grants Individual Donations Government Grants Special Event Program Income Investment Income Other

Total Support and Revenue

Expenses Program Services Support Services

Total Expenses

Change in net assets

Net Assets, beginning of year

Net assets, end of year

es				
	Fiscal Year Jan	Fiscal Year January-December		
	2011	2010		
\$	191,629	113,191		
	64,301	62,042		
	162,866	182,470		
	44,671	27,491		
	202,056	266,768		
	86	58		
	1,440	512		
\$	667,049	652,532		
\$	607,923	533,503		
	79,568	88,609		
\$	687,491	622,112		
	(20,442)	30,420		
	190,341	159,921		
\$	169,899	190,341		

### **Statement of Financial Position**

Fiscal Year January-December

	 2011	2010
Assets		
Cash	\$ 85,992	95,827
Grants Receivable	101,250	154,987
Accounts Receivable	10,425	9,364
Prepaid Expenses and Deposits	16,991	8,835
Property & Equipment, Net	 21,266	31,700
Total Assets	\$ 235,924	300,713
Liabilities and Net Assets		
Liabilities		
Accounts Payable and Accrued Liabilities	\$ 4,226	13,879
Unearned Government Grants	61,799	96,493
Total Liabilities	 66,025	110,372
Net Assets Surplus/(Deficit)		
Unrestricted	\$ 118,836	144,268
Temporarily Restricted	 51,063	46,073
Total Net Assets	 169,899	190,341
Total Liabilities and Net Assets	\$ 235,924	300,713

## **The Executive Review**

Dear Friends,

It is with great excitement that I was able to join the Tuesday's Child family in January 2011 as the Executive Director. The organization has a storied history with a reputation for high-quality, successful programming. Today, that history and reputation continues with new service offerings, fundraising opportunities, and continuing support services.

Tuesday's Child helps families address behavioral issues through individualized training for both parents and children. We work with families who need more than standard parenting advice. Our evidenced-based program centers on an individualized approach that enables our team to address each family's specific situation.

We are the only service for parents that combines clinical expertise with peer-to-peer support. Parents who have been through the program are an integral part of our team and their practical, day-to-day experiences enhance the techniques taught by our professional staff. This provides families a sense of comfort that they are not alone in their challenges.



Upon completing the program, Tuesday's Child is determined that children succeed. With alumni support groups, IEP Support for Parents, Educational Workshops and refresher courses, Tuesday's Child is helping parents help their children every step of the way.

Thank you for inviting me to be a part of this change in families' lives.

Brandon M. Combs Executive Director

# **Three Decades of Service**

Jill found a positive way to approach parenting, and has continued to mentor other parents for 30 years.

Shortly after Victoria Lavigne, PhD, and Kate Augustyn started Tuesday's Child to help families who had conflict-ridden relationships with their young children, Jill Minetz and her daughter Lara came seeking support. Today, Jill will tell you that she truly believes every parent should go through a program at Tuesday's Child. Why? Because during the months she spent as a program participant – back in 1982 – and the years she spent volunteering, she has seen countless families who enter the doors of Tuesday Child feeling hopeless and leave with a plan and the confidence to have a positive relationship with their spirited children.

#### **Getting help**

Jill came for help with Lara shortly after Anya, Lara's younger sister, was born. When mom had to share her attention with both girls, Lara became increasingly difficult, to the point where she didn't comply with anything. Jill was very frustrated with Lara's behaviors, but even more frustrated with her own reactions – yelling and threatening. At Tuesday's Child, Jill found ways to manage her own actions and reactions so that Lara responded positively. Over time, their relationship improved, their home returned to its peaceful state. Jill brought all three of her children to Tuesday's Child, and the family thrived. As an adult Lara, now 33 years old, is just as busy as she was as a toddler. She has a Masters in Actuarial Science and keeps busy with work and her new husband.

#### Helping others

And the most amazing part -- Jill still comes to Tuesday's Child every week to train parents. Over the years, she has worked with over 150 families!



The Minetz Family—Anya, Bob, Jill, Brice Faulkner, Noah, Lara, Dave Clausen

### **Agency Leadership**

#### **Board of Directors**

Bruce Balfe Amy Gudgeon Victoria Lavigne, PhD Jill Gordon Wendy Donahue Maria Justiniano Kathy McCabe Diana Organista Chairperson, American Medical Association Vice Chair, Fiscal Management Associates Co-Founder, Clinical Psychologist Treasurer, Kid Snips Secretary, Chicago Tribune University of Chicago Attorney-at-Law Parent and Volunteer

#### <u>Staff</u>

Brandon M. Combs, MNA Rich Arend, PhD Meg Kincaid, PhD Katie Conklin, M.Ed JoAnne Loper Kimberly Heather, MBA Maria Cruz Jessica Broniarczyk Juanita Tullis Fran Smith Amanda Scott Rosann Mazzanti Gigi Granato Yvonne Afable, CMA Executive Director Clinical Child Psychologist Clinical Psychologist Program Director Director of Parent Education Development Associate Bilingual Program Coordinator Case Manager Curriculum Coordinator Teacher Teacher Parent Trainer Bookkeeper Consulting Accountant

### **An Important Intervention**

#### Gail solved the piece of the puzzle doctors could not

Nothing could have prepared Gail and Mario for the unexpected and traumatic birth of their twin boys. Born at just 28 weeks gestation and weighing only 1.5 pounds each, the doctor said their future was uncertain.



As the boys grew, they required speech, occupational and developmental therapies but this was least of their issues. Just as they would reach a developmental milestone, they faced more challenges with



communication, sensory, socialization and basic daily activities. Their home life grew more tense by the day as Gail and Mario constantly worried.

#### **Relief at Tuesday's Child**

"Our story could have been so different if it were not for the amazing professionals at Tuesday's Child. Developmental issues were only one half of the puzzle — the boys had every private service they needed, but it wasn't until parent training at Tuesday's Child that we learned the skills to cope with the behavioral issues." Once Gail and Mario had the necessary tools to communicate and nurture their children in a way they could understand, the boys progressed exponentially.

#### **Five Years Later**

Today, they are typically developing children. Tuesday's Child prepared the twins to learn at preschool where they knew how to sit at their desk and color while the other children were crying for their parents. They also knew about routines and sharing. In kindergarten they were social and happy, playing sports and music and reading two levels above average. As they head into first grade, their primary concern is winning the spelling bee, not getting in trouble or making new friends. Gail believes that behavioral intervention at Tuesday's Child set her family on the course for success over five years ago. Her children listen, trust their parents, and have a positive outlook because of the daily tools they all learned at Tuesday's Child.

# **Agency Mission and Programs**

Tuesday's Child enables families to thrive though positive parent training, inclusive therapeutic classrooms and support services. Our proven model impacts home, school and the community.

Tuesday's Child helps families address behavioral issues through individualized training for both parents and children. Our evidence-based program centers on an individualized approach that enables our team to address each family's specific situation.

- Behavioral Intervention: Parents work on individualized behavioral and goal planning activities, with group sessions led by a Clinical Psychologist and individual time with trained peer mentors. Tuesday's Child offers both weekday and Saturday programs and is offered in English, and Spanish through Familias Felices.
- Child Center: While parents are in session children are placed in the Child Center ٠ which uses the same developmentally appropriate, behavior management strategies taught to parents. Emphasis is placed on cooperating with teachers and interacting appropriately with peers through play and games.
- Outreach Services: A combination of multi-week and one-day training programs, based on the model of the on-site Behavioral Intervention program, presented to families and service providers at schools and other human service organizations. Outreach Services may include parent training, child development and professional staff training.
- **Summer Camp:** A full-time summer day camp that mixes educational field trips • with developmental intervention and behavior management..
- **IEP Support for Parents:** Assists parents with navigating school's service offerings and advocating for various support systems to be put in place for children.
- **Speech Therapy:** A therapy program for children exhibiting signs of either speech • or language delays.
- **Occupational Therapy:** A therapy program for children needing additional motor skills development.
- **Prevention Initiative:** Provides parent training and support for low income • families in their homes.

# **A Voice to Advocate**

#### Mojdeh found a voice and the confidence to advocate for her child.

Guided by her pediatrician, Mojdeh came to Tuesday's Child with her 2 1/2 year old son, Seena, who seemed slow to talk and had concerning behaviors. The staff at Tuesday's Child thought Seena may be autistic.

#### Building confidence and skills

Mojdeh vividly remembers the lead teacher talking her through the next steps for evaluation and services. "They explained all the terms and lingo in such a non-invasive way, I was no longer afraid" she says. At the same time, she participated in parent training and worked hard at home to incorporate all the recommendations Tuesday's Child made. She remembers that it was not easy. In fact, sometimes it was very stressful, but as she persevered, she regained control in the house and felt empowered to be the best parent and advocate she possibly could.

#### Becoming an expert

Seena continues to receive the services he needs and the support of his most powerful champion, his mom. Mojdeh went on to obtain a Masters in Early Education and a PhD. She is now teaching others in the same field. Mojdeh believes in Tuesday's Child because of the program's ability to transform the entire family.



Moideh, Seena, Naseem, Ali

# **Success with Diverse Populations**

2011 Client Demographics	Ethnicit
	His
Total individuals served: 780	Ca
Behavioral Intervention: 489	As
Outreach: 291	Afı
	An
Gender	Μι
Male: 22%	
Female: 78%	Househ
Boys: 72%	Hio
Girls: 28%	Me

#### **Demonstrated Results for Parents and Children**

Children showed steady progress in the area of social competence as a prerequisite for emotional growth and school readiness.

- 85% demonstrated awareness of rules for turn-taking, social reciprocity and • productive patterns of interaction with peers.
- 90% demonstrated progress in emotional regulation in response to others and expressed then in adaptive ways.
- 89% demonstrated increased time on task and general compliance.

Parents enrolled in our program developed confidence, knowledge and the skills to develop behavioral goals plans that help their children successfully navigate the world.

- 95% reported improved parenting skills and improvement in functioning in the family.
- 94% demonstrated confidence, knowledge and the skills to develop behavioral goals for their children.
- 100% demonstrated an understanding of their child's unique characteristics that • support their child's development and social competence.

#### ity

lispanic: 63% aucasian: 30% sian: 2% frican American: 1% merican Indian: 1% 1ulti-racial: 3%

### hold Income

ligh: 13% 1edium: 17% Low: 70%