

# 1<sup>st</sup> and 4<sup>th</sup> Barnehurst & 4<sup>th</sup> North Heath goes virtual

Let's go international...



# Italy - Gondolas

# Instructions

## What to do

1. Cut off the bottom of the banana, so it sits flat on the plate
2. Cut a piece out of the middle of the banana at the top to make a place for two strawberry people
3. Cut the tip off each strawberry and the grape
4. Use the cocktail stick to connect the main part of the strawberry with the blueberry and the strawberry tip. This will make the person's body, its head, and the hat
5. Make two people like that and place them in the middle of the banana
6. Make a similar assembly for the grape and place the grape gondolier at the end of the banana
7. Make a small hole on a side of the grape and insert the chocolate biscuit stick there
8. Enjoy!



## Ingredients

- 1 banana
- 2 strawberries
- 3 blueberries
- 1 green grape
- 1 chocolate finger biscuit or matchmaker
- 3 cocktail sticks



# Turkey - Beaded Mosaic

# Instructions

## Equipment

- Pony Beads
- Cardboard - 5 x 5 inch piece
- Glue
- Paper
- Pens
- Scissors



## What to do

1. Draw a simple pattern on paper and colour if wanted
2. Cut a piece of paper to fit the cardboard
3. Put glue on the paper and place a bead that corresponds to the colour on your drawing on the paper
4. Continue until your design is completed with beads. Only put a small amount of glue on the paper at a time

Why not try using Hama Beads to create your mosaic if you have them.



# Thailand - Elephant

# Instructions

## Equipment

- Card or paper
- Felt
- Decorations - stars, gems, jewels
- Piece of wool
- Marker pens
- Scissors
- Glue
- Tape



## What to do

1. Fold a piece of card in half. Use an elephant template or free hand draw an elephant shape starting at the fold.
2. Cut out the elephant so there are two identical shapes attached at the top. Do not cut the fold.
3. Cut two fan shape pieces for the ears.
4. Glue the pieces on either side of the head and fold back to make the ears.
5. Glue on a piece of felt over the top to make the elephant's saddle.
6. Glue decorations on the saddle.
7. Draw on eyes.
8. On the inside, tape a piece of string for the tail.



# Indonesia - Batik

# Instructions

## Equipment

- Canvas or cotton fabric
- Fabric paint or acrylic paint
- Washable white glue
- Pencil
- Plastic wrap or plastic placemat

## What to do

1. Cut canvas or cotton fabric into the desired size
2. Sketch design lightly onto fabric
3. Place fabric onto plastic placemat to prevent glue seeping through
4. Apply glue along the lines of the drawing and allow to dry - this will take around 6 hours or more, depending on the weight of your fabric and the thickness of the glue lines. When completely dry, the glue lines will turn transparent
5. Add water to paint if wanted (try on spare material to see how it might look) and paint on fabric. Classic batik usually makes use of 1 or 2 colours but just use as many as you like. Glue lines can be used as borders
6. Allow paint to dry - the areas with glue should not absorb any of the colours
7. Remove the glue either by soaking in warm water for 15-30 minutes or by peeling off the dry glue. When all glue is removed allow to dry
8. Iron the fabric after it dries. Frame your lovely batik cloth or hem the edges to make it into a placemat, a bandana or a napkin.



# Egypt - Mummified Apples

# Instructions

Desiccants are chemicals that pull water out of things, speed the drying process, and kill microbes that cause decay. Salt is a well-known desiccant.

Ancient Egyptians used natron, a naturally occurring desiccant to mummify bodies. Mummies were dried for approximately 40 days before they were entombed!

## Equipment

- Apples
- Salt
- Baking soda
- Gauze
- Knife, vegetable peeler



## What to do

1. Either cut the apple in half or leave whole. Use the peeler to carve faces on the apple
2. Cover apple with an equal mixture of salt and baking soda, wrap in gauze
3. Leave for at least 14 days in a dark place

This can be done as an experiment whereby you have different combinations of salt, baking powder, with and without gauze, keep in the dark, a cold or warm place, keep a record of weight loss, make predictions before starting and compare with end results



# The Arctic - Polar Bear Ice Cream

# Instructions

## What to do

1. Fill ice cream cones with ice cream and add a nice rounded scoop on top.
2. Place the cone in the freezer for 10 minutes. Remove and add a small scoop to the lower front side of the larger scoop. This will create the bears snout.
3. Place back in the freezer for another 10 minutes then remove and decorate
4. Add two edible eyes, one chocolate chip nose, two white chocolate button ears, and one sprinkle smile
5. Freeze until you are ready to serve

## Ingredients

- Vanilla ice cream
- Ice cream cups
- White chocolate buttons large
- Chocolate chips
- Chocolate sprinkle
- Edible eyes



# Antarctica - Penguins

# Instructions

## Equipment

- Paper plate
- White, black and orange paper or card
- White wool
- Black paint
- Hole punch
- Glue



## What to do

1. Paint the paper plate black and allow to dry.
2. Cut two elongated ovals from black card. These will be the flippers.
3. Cut two hearts from the orange card for feet and a triangle for a beak.
4. Cut a circle in the paper plate towards the bottom as shown (tummy area).
5. Use a hole punch and punch holes around the edge of the circle.
6. Secure one end of the wool to the back of the plate and thread it randomly through the holes on the plate.
7. Cut two circles from white card and two smaller circles from black card - these are the eyes (or you can use googly eyes or eye stickers).
8. Glue eyes and beak in place.
9. Glue one flipper on each side of the paper plate and the feet at the bottom of the paper plate.





# Caribbean - Palm Trees

## Instructions

### Ingredients

- Banana
- Kiwi fruit
- Satsuma or similar



### What to do

1. Peel the banana and cut in half lengthways and place on a plate.
2. Peel the kiwi fruit and cut into thin slices lengthways.
3. Peel the satsuma and separate segments. Place as shown at the base of the banana - they will represent sand on an island beach.
4. Place slices of kiwi fruit at the top of the banana to look like palm leaves.
5. Finally cut the banana - as shown to look like the trunk of a palm tree.



# Wales - Welsh Cakes

# Instructions

## Ingredients

- 225g of self-raising flour
- 1 pinch of salt
- 100g of butter, or margarine, plus extra for cooking
- 50g of caster sugar, plus extra for sprinkling
- 50g of currants
- 1 egg, beaten with 3 tbsp milk



## What to do

1. Mix the flour and salt together in a large bowl and rub in the margarine or butter. Add the sugar and currants and stir well
2. Pour in the egg mixture and mix until you have a stiff dough
3. Roll the dough out on a lightly floured board until 5mm (1/4inch) thickness and stamp out rounds with a pastry/biscuit cutter
4. Melt some butter in a frying pan and cook the cakes for about 3 to 4 minutes each side, until they are golden brown and have risen slightly
5. Serve immediately sprinkled with a little extra caster sugar



# Japan - Bookmark

# Instructions

## Equipment

- White card
- Paper
- Wrapping paper
- Marker pens
- Scissors
- Glue
- Doll template



## What to do

1. Using the white card cut out the doll's body using the template.
2. Cut an 11cm square of wrapping paper. Make a collar by folding down the top 5mm along one side.
3. Cover the back of the doll with glue - up as far as the head - and place on the blank side of the wrapping paper.
4. Place glue on the front of the doll's body and fold over the right side of the wrapping paper.
5. Fold over the left side of wrapping paper but do not glue yet. Fold back the bottom corner of the kimono to expose the inside material and glue down.
6. To give the doll shoulders, fold back the top corners of the kimono.
7. Cut out a sash from paper and stick it around the middle of the doll. Make sure the seam is at the back so that the front is neat.
8. Use marker pens to draw on hair and features on face.
9. As a finishing touch, cover the back seam with a 2cm strip of paper that has been folded into a 'V' shape and glue in place. This helps to make the kimono look authentic and covers up rough edges.

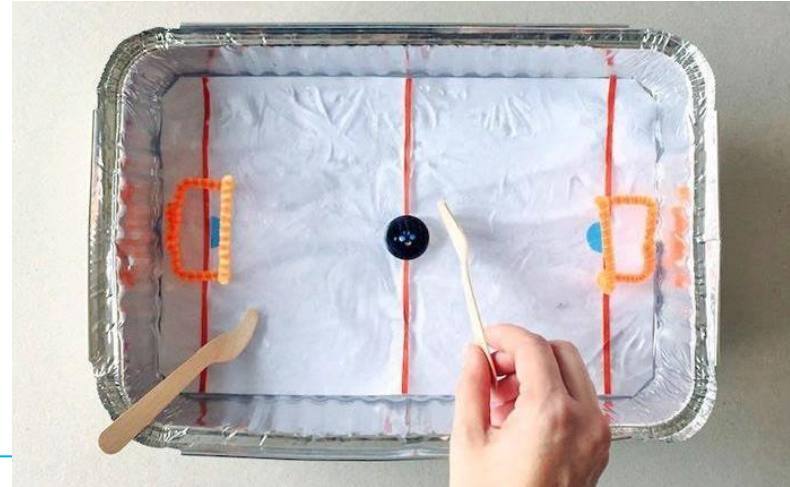


# Canada - Tabletop Ice Hockey

# Instructions

## Equipment

- Aluminium foil container
- Water
- Sheet of paper
- 2 pipe cleaners
- 2 wooden or plastic spoons
- 1 black button
- Thin red tape
- 1 blue circle sticker (medium)
- 1 blue circle sticker (small)
- Scissors



## What to do

1. Cut paper to fit the container. Fold the paper in half and then again at each end. Reopen the folds.
2. Mark the middle and goal lines with the red tape. Fold the paper lengthwise to determine the middle and goal points. Then cut the large blue sticker in half to mark the goals and place the small sticker at the centre of the rink.
3. Place the paper in the container and fill with water until the paper is completely covered, then pour in more to give your ice thickness. Carefully place in a freezer.
4. To make the goals, twist each pipe cleaner together to form a square. Fold the squares in half at a 90-degree angle and the goals are ready to shoot at.
5. The wooden spoons will be the hockey sticks and the button is the puck. To make the spoons look more like real hockey sticks, cut away half of the top.
6. When the water has frozen the rink is ready to play with. After the match, put the rink back in the freezer so that it will be ready for the next game.



# Peru - Llamas

# Instructions

## Equipment

- Paper plates
- Acrylic paint
- Glue
- Scissors



## What to do

1. Cut your paper plate in half. One half will be for the body, and the other half is for the head, legs, and tail.
2. Use a pencil to draw a simple llama neck and head along the cut edge of the paper plate.
3. Cut out the head and use the remaining paper plate scrap to cut out four legs and a tail. The legs are just rectangles with rounded ends, and the tail is a small raindrop shape.
4. Use the glue to assemble the llama, gluing the head, legs, and tail onto the back of the body.
5. Use paint to make a face, ear details, a blanket for its back, and even a collar if you like and allow to dry.
6. Repeat and make lots of llamas!
7. Glue a craft stick to the back and use as a fun puppet.



# Netherlands - Tulip Craft

# Instructions

## Equipment

- Coloured card or paper
- Green straws
- Hole punch
- Glue
- Scissors



## What to do

1. Make a template of a tulip flower by drawing the shape onto thick card
2. Use this to draw round on coloured paper and cut out
3. Accordion fold the flower folding it 4 times
4. Punch a hole in the centre of the folded flower with the hole punch
5. Unfold the flower and thread the straw through the holes
6. Cut two thin leaves from green paper and attach these to the bottom of the straw with glue



# New Zealand - Kiwi Turtle

# Instructions

## Ingredients

- Blueberries
- 3 Grapes, green
- 2 slices of Kiwi



## What to do

1. Peel a kiwi fruit and cut into slices
2. Place slice on plate
3. Cut grapes in half and place 2 at one side of kiwi slice
4. Cut the remaining grapes in half again and place in position of flippers
5. Sprinkle blueberries around plate



# Switzerland - Cable Car

# Instructions

## Equipment

- Small box
- Straw
- Wool
- Coloured craft sticks
- Tape
- Paint
- Scissors



## What to do

1. Carefully cut window openings on all four sides of the box
2. Paint the cable car and let it dry
3. Use tape to attach a short piece of straw to the top of the cable car
4. Glue on craft sticks and decorate
5. Thread a long length of wool through the straw
6. Tie it taut between chairs or trees to make it glide.





# India - Bollywood Dancing

# Instructions

India has a thriving film industry, and many contain a style of dancing called Bollywood. Why not make up your own dance and put it to music.

## What to do

1. Watch a Bollywood film or ask someone to visit the unit to show you some dance moves
2. Put the moves you have learnt to music
3. Add some costumes and put on a performance to entertain others



# Greece - Home of the Olympics

# Instructions

## What to do

1. Use glue to join two wide craft sticks as shown - fan the top half out to create the body of the torch. Allow to dry
2. Glue a small piece of a thinner craft stick to the top of the wide craft sticks and allow to dry
3. Cut the red, orange, and yellow paper into flames
4. If required, the craft sticks could be painted gold and allowed to dry
5. Glue the flames to the top of the torch
6. Secure a second piece of thinner craft stick to the back of the torch with glue and allow to dry



## Equipment

- Craft sticks
- Red, yellow, and orange paper or card
- Glue
- Scissors



# Africa - Animal Magnets

# Instructions

## What to do

1. Draw the outline of a hippo's face on blue card and a zebra on white card - include a mane and cut out
2. Add markings as shown on the zebra using a black pen
3. Leave two small ovals for the nostrils on the muzzle
4. For the hippo draw two nostrils with grey pen
5. Turn the hippo over, cut teeth from white card and glue them to the back of the face
6. Attach each face to a peg with glue
7. On the other side of the peg, fix the magnet



## Equipment

- 2 wooden clothes pegs
- White & light blue card
- Marker pens
- Wobble eyes
- Magnets
- Scissors
- Glue



# Africa - Beaded Necklace

## Instructions

### Equipment

- Coloured paper or old magazines
- String
- Beads
- Cocktail sticks
- Glue
- Scissors



### What to do

1. Cut very narrow triangles from the paper. The wide end of each triangle will be the size of your bead. Make triangles as long as the paper.
2. Beginning with the widest end, wind your paper triangle tightly around the cocktail stick, keeping the triangle centred as you go
3. Glue the point of the triangle to the bead. Let the glue air-dry
4. After the glue dries, remove the cocktail stick
5. String your beads on brightly coloured string. Use smaller beads as spacers, or knot the string between beads for variety



# Brazil - Amazon Rain Cloud

# Instructions

## What to do

1. Fill the jar nearly to the top with plain water
2. Squirt shaving foam on top of the water to fill the jar. This is the cloud
3. Add blue colouring to a separate amount of water
4. Use the dropper to drip the blue water onto the cloud
5. Keep adding blue water eventually it will 'rain' as streaks of blue water fall from the cloud into the water below
6. However, for this rainstorm you will not need an umbrella



## Equipment

- Empty clear jar
- Shaving foam
- Water
- Blue food colouring
- Dropper

As part of the water cycle, water in oceans, lakes, and rivers turns into gaseous water vapor when heated by the sun in a process called evaporation which then rises into the air. As it goes higher, it encounters cooler and cooler temperatures, and the water vapor condenses back into liquid water droplets. When enough of these liquid water droplets come together, they form a cloud. The liquid water droplets that make up a cloud are very, very small - about  $1/100$  mm. At this size, the water droplets are so small they practically float on air. They are far too small to drop to the ground as rain. However, water droplets inside a cloud are always moving and bumping into each other. Sometimes, water droplets collide and join together, forming bigger water droplets. If these droplets reach at least  $1/10$  mm in size, they are big enough to fall to the ground as rain.



# France - Edible Eiffel Tower

# Instructions

## Equipment

12 raspberries or strawberries  
1/3 or 1/2 of banana  
10 blueberries

## What to do

1. Place the blueberries at the top of a plate. These will represent the highest point of the tower.
2. Cut the 1/3 or 1/2 of banana (depending on its size) in half and place it just below the blueberries.
3. Make the Eiffel Tower base using the raspberries or strawberries, just place them below the banana as shown.



# Scotland - Cup Telephones

# Instructions

*Alexander Graham Bell was the Scottish Inventor of the telephone.*

## What to do

1. Poke a small hole at the bottom of each of the cups.
2. Next, thread the string through the hole of one cup and tie a knot on the inside of the cup to keep it in place. If the string keeps slipping through the hole you can tie it to a paper clip to help keep it in place.
3. Pull the string through the bottom of the second cup, securing it with a knot on the inside, too.
4. To use the cup phone the string must be kept taut. When one person whispers in their cup, the other should be able to hear their voice through their own cup.
5. This works because sound waves can travel through air, solids, and liquids. When you speak into the cup, the vibrations are transmitted into the string. They continue to travel through the string, if it is held taut, to the receiving cup. There the vibrations are transmitted to the air in the cup, around the listener's ear, allowing the whisper to be heard.
6. Because the cup and string are solid, and solids carry sound waves better than air, the whisper can be heard much clearer than if you were to just whisper into the air from that distance.



## Equipment

- 2 paper cups
- 20 feet of string or wool
- Paper clips



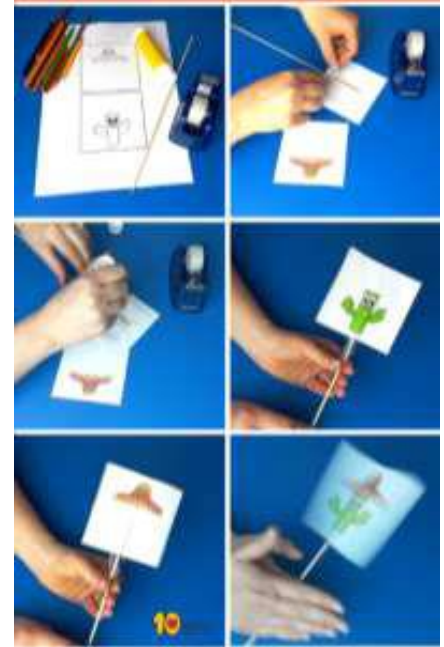
# Mexico - Optical Illusion

This activity covers 'trick and turn' UMA (Rainbows)

# Instructions

## What to do

1. Draw a fun cactus shape on one piece of card and a sombrero on the other
2. Colour before fixing the stick on the back of one picture
3. Put glue on the back of the other picture and stick the pictures together so the stick is sandwiched between them
4. If stuck correctly and drawings are in the correct place you will see an optical illusion by twizzling the stick between your hands. It will look like the cactus is wearing a hat



## Equipment:

- Paper or card (2 pieces the same size)
- Kebab stick
- Glue
- Pens
- Scissors





# China - Pandas

# Instructions

Pandas are only found naturally in China and are one of the rarest animals on Earth. They feed on bamboo

What to do

1. Cut two circles of white card the same size. Cut 2 black circles larger than the wobble eyes from the black paper and glue in place for the panda's eyes, add the wobble eyes.
2. Cut 2 half circles for ears and glue in those to the back of the white card. Also cut out a nose and glue in place.
3. Draw on a mouth with a marker.
4. Attach a craft stick and glue your second circle of white card on the back to cover the stick .

Equipment

- White card
- Black paper
- Wobble eyes
- Marker
- Craft stick



# Australia - Fairy Bread

## Instructions

### What to do

1. Cut crusts off the bread slice and eat them.
2. Spread with butter.
3. Sprinkle hundreds and thousands.
4. Cut to make 4 triangles per slice.
5. Enjoy.

### Ingredients

- white bread
- Butter
- Hundreds and thousands



Denmark - LEGO  
fun

# Instructions

We're going to the home of LEGO.

This challenge is all about building a boat and seeing if it floats.



# The North Pole

# Instructions

5 years on an iceberg out in the ocean wide

Nothing to wear but pyjamas

Nothing to do but slide (weeeee)

One cold night when the frost began to bite

I had to cuddle a polar bear

To keep me warm that night



# The South Pole

# Instructions

The Penguin song

Have you ever seen a Penguin come to tea

Take a look at me, a Penguin you will see

Penguin attention, Penguin begin

Left Arm...

Right arm

Left leg

Right leg

Nod your head

Turn around

Tongues out



# Africa - Animal Highway Game

# Instructions

It's like traffic lights :D

Green - Run on the spot.

Amber - sit down.

Red - freeze.

Lion - Roar as loud as you can.

Giraffe - Stand as tall as you can on tippy toes.

Ostrich - Can you put your head between your legs without falling over.

Elephant - Can you swing your trunk in a big circle.

Hippo - Can you make yourself as big as possible and walk slowly around your room.

