2. Integrated Screening for Co-Occurring Disorders

Nationally, as is identified within the principles of CCISC and ROSC, there is a recognition that Co-occurring disorders are an "expectation and not an exception", and that there is a high prevalence rate for individuals with a combination of mental health and substance use problems. Studies of our health populations consistently tell us that too many Americans go without treatment, due in large part because their disorders go undiagnosed. Regular, integrative screening processes, such as Screening, Brief Intervention, and Referral to Treatment (SBIRT) and other innovative screening in behavioral health and primary care processes (e.g.- "No wrong Door Integrative Screener" by Carlo DiClemente, PhD) enables earlier identification of mental health and substance use disorders, which translates to earlier care. Screenings should be provided to people of all ages, even the young and the elderly (SAMHSA/HRSA). Screening must also focus on health and psychosocial i99ssues prevalent in the co-occurring population to determine the need for further evaluation and follow up.

Skill	Knowledge	Resources/ Sources of Information
2.1 Ability to identify the purpose and the key components of conducting a screening.	- Understand that screening is the process by which the counselor, the client, and available significant others review the current situation, symptoms, and other available information to determine the most appropriate initial course of action, given the client's needs and characteristics and the available resources within the community (SAMHSA). - Understand that screenings are an early and ongoing process that identifies individuals at risk for developing social and health problems and promotes overall health. - Understand the importance of screening across multiple health domains and social service needs because individuals with co-occurring disorders are at high risk for many additional problems such as financial problems, social isolation, family problems, homelessness, sexual and physical victimization, incarceration, and serious medical illnesses. - Understand that screening is often is the initial contact between an individual and the treatment system, and the client	**The Need for Early Mental Health Screening and Intervention** https://www.amhca.org/HigherLogic/System/DownloadDocumentFile.ashx?DocumentFileKey=2ca60afe-8be0-af27-2ad9-7100b61ad636&forceDialog=1 **Alberta Health Services - A Standard Approach to Screening:** **What is a Screening 7-12** **Welcome and Engage pages 14-26** https://www.albertahealthservices.ca/assets/info/amh/if-amh-ecc-standard-approach-to-screening.pdf **Treatment Entry and Engagement** https://www.ncbi.nlm.nih.gov/books/NBK64084/ **Screening for Social Needs: Guiding Care to Engage Patients** https://www.aha.org/system/files/media/file/2019/09/screening-for-social-needs-tool-value-initiative-rev-9-26-2019.pdf **Substance Abuse Treatment: Addressing the Specific Needs of Women:** **Chapter 4 Screening and Assessment** https://www.ncbi.nlm.nih.gov/books/NBK83253/ **SBIRT SAMHSA:** http://www.integration.samhsa.gov/clinical-practice/SBIRT **UMD School of Medicine** http://www.sbirt.umaryland.edu/ **SBIRT Oregon** https://www.sbirtoregon.org/

	forms their first impression of treatment during screening and intake. ● Understand the importance of rapport building while balancing the need to obtain information about many aspects of the individual's life. ● Understand that a successful and engaging screening can lead to further intervention such as assessment, treatment and monitoring for changes in conditions. ● Knowledge of the Screening Brief Intervention Referral to Treatment (SBIRT) process.	
2.2 Able to detect symptoms and behaviors associated with mental health and substance use disorders	● Understand that the presence of a co-occurring disorder is always a possibility based on the high prevalence rate in the population. The presence of a Co-Occurring disorder is treated as the norm rather than the exception. ● Knowledge of the signs and symptoms of mental health disorders and substance use disorders (including problem gambling) that indicate further assessment is needed. ● Knowledge of the more common mental health disorders in substance dependent individuals. ● Knowledge of the more commonly abused substances.	**NAMI Dual Diagnosis** https://www.nami.org/NAMI/media/NAMI-Media/Images/FactSheets/Dual-Diagnosis-FS.pdf **Mental Health: Know the Warning Signs** https://www.nami.org/getattachment/Extranet/NAMI-State-Organization-and-NAMI-Affiliate-Leaders/Awareness/AKA/Mental-Health-Fact-Sheets/AKA-NAMI-Know-the-Warning-Signs-(1).pdf **Screening and Assessment of Co-Occurring Disorders in the Criminal Justice System – Indicators page 27** https://store.samhsa.gov/system/files/sma15-4930.pdf **Signs and Symptoms Indicative of Substance Abuse** **Drug Addiction (Substance Use Disorder)** https://www.mayoclinic.org/diseases-conditions/drug-addiction/symptoms-causes/syc-20365112 **Fact Sheets Explain Common Disorders** http://www.bhevolution.org/public/handouts.page?menuheader=2 **Commonly Abused Drug Charts** https://www.drugabuse.gov/drugs-abuse/commonly-abused-drugs-charts

2.3	Able to screen for mental health and substance use disorders (including gambling).	• Understand the importance of utilizing integrated screening tools that incorporate trauma, cognitive ability, physical health, social needs, and safety risks. • When working in a mental health setting, familiarity with screening tools for substance use disorders (e.g. AUDIT-C, CAGE, CRAFFT, DAST and SSI-AOD), as well as the use of checklists of substances that include amounts and patterns of use for each. • When working in substance treatment setting, familiarity with mental health disorders screens for example, Modified-MINI and Mental Health Screen Form III, and the use of psychiatric symptom checklists that include intensity, duration, and frequency.	**No Wrong Door Integrative Screener": DiClemente, C.,** http://communitycollaboration.umbc.edu/the-no-wrong-door-integrative-screener/ **Commonly Used Substance Use Disorder Screening Instruments** https://www.masspartnership.com/pdf/CommonlyUsedSUDScreeningInstruments.pdf **Screening Tools** http://www.bhevolution.org/public/screening_tools.page **Screening for Co-Occurring Disorders in Mental Health and Substance Use Settings** https://www.omh.ny.gov/omhweb/resources/providers/co_occurring/adult_services/screening.html **Mental Health Screening Form-III (MHSF-III) and Simple Screening Instrument for Substance Abuse (SSI-SA)** http://www.co-occurringdisordersnys.org/practclin/TIP42-Appendix%20H.pdf?rid=hstat5.section.77081 **SAMHSA-HRSA Center for Integrated Solutions: Screening Tools:** https://www.integration.samhsa.gov/clinical-practice/screening-tools **Alcohol and Drug Abuse Institute (ADAI) Substance Use Screening and Assessment data base** http://lib.adai.uw.edu/instruments/ **Effective Screening for Gambling** https://www.naadac.org/assets/2416/2017-04-26_effective_screening_for_gambling_disorders_webinar_slides.pdf
2.4	Able to identify trauma related symptoms and screen for trauma history to determine if further follow up/assessment is needed.	• Understand that trauma is a risk factor for nearly all mental health and substance use disorders and the high prevalence of trauma in individuals with co-occurring disorders. • Understand that not addressing trauma can impede successful co-occurring treatment. • Familiar with populations who experience trauma at higher rates, such as those in economic distress, military and veterans, those with intellectual and development	**Trauma-Informed Care Innovation Community: Screening and Assessing for Trauma** https://www.integration.samhsa.gov/about-us/May_Webinar_TIC_05.05.16.pdf **Trauma Informed Care in Behavioral Health Services - Chapter 1** **Trauma-Informed Care: A Sociocultural Perspective** https://www.integration.samhsa.gov/clinical-practice/SAMSA_TIP_Trauma.pdf **Trauma Informed Care in Behavioral Services - Chapter 2: Trauma Awareness** https://www.ncbi.nlm.nih.gov/books/NBK207203/

	Trauma Informed Care in Behavioral Services - Chapter 3: Understanding the Impact of Trauma
disabilities, homeless, and LGBQT individuals. ● Familiar with the range of traumatic events that individuals are exposed to such as bullying, community violence, complex trauma, disaster, medical, physical abuse, intimate partner violence, refugee trauma, sexual abuse, neglect, violence, and traumatic grief. ● Knowledge of the signs and symptoms associated with trauma which can include intrusive memories, avoidance, arousal, negative changes in thinking and mood, and changes in physical and emotional reactions ● Understand that responses to trauma can be immediate or delayed. ● Familiar with trauma screening tools.	**Trauma Informed Care in Behavioral Services - Chapter 3: Understanding the Impact of Trauma** https://www.ncbi.nlm.nih.gov/books/NBK207191/ **Trauma Informed Care Services - Chapter 4: Screening and Assessment** https://www.ncbi.nlm.nih.gov/books/NBK207188/ **Introduction to Co-Occurring Disorders Part I: Theoretical Perspectives, Practices and Principles for Integrated COD Services-** **How Trauma Can Lead to Substance Use Problems & Co-Occurring Conditions pages 8-10** https://www.sccgov.org/sites/bhd-p/Training/Documents/2018/JUNE%202018/lp-intro-cod-part1-theoretical-perspectives-practices-principles-for-integrated-cod-svcs-ppt-06-06-18.pdf **12 Core Concepts - Concepts for Understanding Traumatic Stress Responses in Children and Families** https://www.nctsn.org/sites/default/files/resources//the_12_core_concepts_for_Understanding_traumatic_stress_responses_in_children_and_families.pdf **Recognizing Severe Reactions to Disaster and Common Psychiatric Disorders** https://www.samhsa.gov/sites/default/files/handout4-recognizing-severe-reactions.pdf **Life Event Checklist** https://www.integration.samhsa.gov/clinical-practice/life-event-checklist-lec.pdf **Abbreviated PTSD-Checklist** https://www.integration.samhsa.gov/clinical-practice/Abbreviated_PCL.pdf **Brief Trauma Questionnaire** https://www.ptsd.va.gov/professional/assessment/documents/BTQ.pdf

| 2.5 Able to identify common physical health issues associated with individuals with co-occurring disorders and determine if follow up is needed. | • Understand the importance of considering the impact of physical health on behavioral health and vice versa.
• Understand the importance of ensuring individuals are engaged in regular physical health checks and screens.
• Knowledge of common physical co-morbidities associated with behavioral health issues, including chronic pain, diabetes, high blood pressure, smoking, heart disease, dental disease, obesity, HIV, Hepatitis, and cancer.
• Familiar with tools that screen for brain injuries and Understand that brain injuries and possible resulting cognitive impairment, are very common in individuals with co-occurring disorders.
• Understand that older individuals have an increased risk of significant medical co-morbidity.
• Understand that many mental health medications have physical side effects. | **Can We Live Longer? Integrated Healthcare's Promise**
http://integration.samhsa.gov/CIHS_Integration_Infographic_PowerPoint_FINAL.pptx
Health Maintenance Guidelines for Adults
https://my.clevelandclinic.org/ccf/media/files/Health/health_maintenance_guidelines.pdf
Common Comorbidities
https://www.samhsa.gov/medication-assisted-treatment/treatment/common-comorbidities

Co-Occurring Substance Use Disorder and Physical Comorbidities
https://www.drugabuse.gov/publications/research-reports/common-comorbidities-substance-use-disorders/part-2-co-occurring-substance-use-disorder-physical-comorbidities
Treating Clients With Traumatic Brain Injury
https://store.samhsa.gov/system/files/sma10-4591.pdf
HELPS Brain Injury Screening Tool
https://www.nashia.org/pdf/hotopics/pa-helps-screening-tool.pdf
Screening for TBI
http://www.tbi-impact.org/cde/mod_templates/T_19.1.%20Screening%20exposure%209.1.pdf
Mental Health Medications and Side Effects
https://www.nimh.nih.gov/health/topics/mental-health-medications/index.shtml
Physical Health Consumer/Career Questionnaire: Part A and Part B4
Appendix 9
https://www1.health.nsw.gov.au/pds/ActivePDSDocuments/GL2017_019.pdf
Tip Sheets
Smoking:
https://www.resourcesforintegratedcare.com/IDD/Navigation%20Services/Tip%20Sheet/Smoking%20and%20Serious%20mental%20Illness
Type 2 Diabetes |

		https://www.resourcesforintegratedcare.com/behavioral_health/navigation_services/tip_sheet/diabetes
		Hypertension:
		https://www.resourcesforintegratedcare.com/behavioral_health/navigation_services/tip_sheets
		Asthma/COPD:
		https://resourcesforintegratedcare.com/behavioral_health/navigation/tipsheet/COPD_Asthma_SMI
		Congestive Heart Failure:
		https://resourcesforintegratedcare.com/behavioral_health/navigation/tipsheet/CHF_SMI
		HIV/AIDS:
		https://resourcesforintegratedcare.com/behavioral_health/navigation/tipsheet/HIV_AIDS_SMI
2.6 Able to screen for common unmet social needs, such as housing instability, inconsistent access to food and transportation to determine if follow up is needed.	• Familiar with the unmet social needs commonly associated with individuals with co-occurring disorders. • Recognize the positive impact of addressing social needs on an individual's overall health.	**Screening for Social Needs** https://www.healthinnovation.org/resources/publications/document/Screening-for-Social-Needs_Final.pdf **Standardized Screening for Health-Related Social Needs in Clinical Settings The Accountable Health Communities Screening Tool** https://nam.edu/wp-content/uploads/2017/05/Standardized-Screening-for-Health-Related-Social-Needs-in-Clinical-Settings.pdf **The Accountable Health Communities Health-Related Social Needs Screening Tool** https://innovation.cms.gov/Files/worksheets/ahcm-screeningtool.pdf **Social Needs Screening Tool** https://medicine.tulane.edu/sites/medicine.tulane.edu/files/pictures/EveryoneProject_patient-long.pdf **Health Needs Screening Tool** https://nopren.org/wp-content/uploads/2016/12/Health-Leads-Screening-Toolkit-July-2016.pdf
2.7 Able to identify a crisis or potential safety risk.	• Knowledge of common safety issues that individual's with co-occurring issues face (suicide and self-harm, violent and aggressive behavior, abuse and neglect, and overdose)	**Warning Signs for Suicide** http://www.sprc.org/sites/default/files/resource-program/RS_warningsigns.pdf **Warning Signs of a Mental Health Crisis** https://www.nami.org/NAMI/media/NAMI-

	• Knowledgeable of the warning signs and risk factors related to suicide. • Knowledgeable of the signs and symptoms of abuse and neglect. • Knowledgeable of the signs of intoxication and withdrawal. • Knowledgeable of the signs and symptoms of an overdose.	Media/Infographics/crisis%20guide/Warning-Signs-of-a-Mental-Health-Crisis.pdf **Understanding Risk and Protective Factors for Suicide: A Primer for Preventing Suicide** https://www.sprc.org/sites/default/files/migrate/library/RiskProtectiveFactorsPrimer.pdf **What Is Child Abuse and Neglect? Recognizing the Signs and Symptoms** https://www.childwelfare.gov/pubpdfs/whatiscan.pdf **Addressing Risk of Violent Behavior in Youth** https://www.samhsa.gov/sites/default/files/addressing-youth-violence.pdf **Opioid Overdose Toolkit** https://store.samhsa.gov/system/files/sma18-4742.pdf **National Institute of Alcohol and Alcohol Abuse-Alcohol Overdose: The Danger of Drinking Too Much** https://pubs.niaaa.nih.gov/publications/alcoholoverdosefactsheet/overdoseFact.pdf **Introduction to Alcohol Withdrawal** https://pubs.niaaa.nih.gov/publications/arh22-1/05-12.pdf **Commonly Abused Drugs and Withdrawal Symptoms** https://www.drugabuse.gov/sites/default/files/nida_commonlyabused_withdrawalsymptoms_10062017-508-1.pdf
2.8 Able to screen for risk of danger to self or others.	• Knowledge of common safety screens for suicide, violence, child abuse and neglect, intimate partner violence, and human trafficking.	**Suicide Assessment Five step Evaluation and Triage (SAFE-T)** https://www.integration.samhsa.gov/images/res/SAFE_T.pdf **The Columbia Suicide Severity Rating Scale** http://cssrs.columbia.edu/ **ASQ Suicide Screening** https://www.nimh.nih.gov/research/research-conducted-at-nimh/asq-toolkit-materials/index.shtml **Triage Tool** https://wwwn.cdc.gov/wpvhc/Content/additionalResources/Triage_Tool.pdf **Violence Risk Screening** http://www.forensic-psychiatry.no/violence_risk/index.html **HITS screening tool for domestic violence**

		https://www.baylorhealth.com/PhysiciansLocations/Dallas/SpecialtiesServices/EmergencyCare/Documents/BUMCD-262_2010_HITS%20survey.pdf
		Adult Human Trafficking Screening Tool and Guide
		https://www.acf.hhs.gov/sites/default/files/otip/adult_human_trafficking_screening_tool_and_guide.pdf
2.9 Able to de-escalate a crisis or high-risk situation and monitor for safety.	- Understand the steps needed to minimize high risk situations. - Knowledge of who to contact within an organization and outside an organization when a crisis emerges. - Knowledge of basic de-escalation techniques. - Understand how to complete a safety plan. - Knowledge of reporting procedures for vulnerable/abused adults and children. - Knowledge of the Emergency Petition process. - Knowledge of Extreme Risk Protection Orders (ERPO). - Understand the importance of receiving Naloxone Training.	**Mental Health First Aid** https://www.mentalhealthfirstaid.org/take-a-course/what-you-learn/ **Core Elements to Responding to Mental Health Crisis** https://store.samhsa.gov/system/files/sma09-4427.pdf **Alberta Council of Women's Shelters – Crisis Intervention** https://acws.ca/sites/default/files/documents/6-CrisisIntervention.pdf **Crisis Intervention - An Overview** http://catholiccharitiesla.org/wp-content/uploads/Crisis-Intervention-An-Overview-MH-11-06.pdf **The Seven-Stage Crisis Intervention Model: A Road Map to Goal Attainment, Problem Solving, and Crisis Resolution** https://pdfs.semanticscholar.org/da77/1c1a5410253ee8dda656f36ca41eedf159e0.pdf?_ga=2.153682748.524432183.1576694963-606187609.1576694963 **Crisis Intervention: An Opportunity for Change** https://www.counseling.org/resources/library/ERIC%20Digests/95-034.pdf **CPIs - Top 10 De-escalation Tips** https://www.jointcommission.org/assets/1/6/CPI-s-Top-10-De-Escalation-Tips_revised-01-18-17.pdf **Addressing Suicidal Thoughts and Behaviors in Substance Abuse Treatment** https://store.samhsa.gov/system/files/sma15-4381.pdf **Recommended Standard Care for People with Suicide Risk: Making Healthcare Suicide Safe** https://wwwn.cdc.gov/wpvhc/Course.aspx/Supplemental/Unit6_8_Supp **Responding to Suicide Risk** https://www.aipc.net.au/articles/responding-to-suicide-risk/

		Safety Planning for Clients At-Risk of Suicide
		https://dbhdid.ky.gov/dbh/documents/cmc/2015/McFarland1.pdf
		Safety Planning Intervention: A Brief Intervention to Mitigate Suicide Risk
		http://suicidesafetyplan.com/About_Safety_Planning.html
		Counseling on Access to Lethal Means (CALM)
		http://zerosuicide.sprc.org/resources/counseling-access-lethal-means-calm
		Assessing Client Dangerousness to Self and Others: Stratified Risk Management Approaches.
		https://socialwelfare.berkeley.edu/sites/default/files/assessing_client_dangerousness_to_self_and_others_stratified_risk_management_approaches_fall_2013.pdf
		RADAR - A Domestic Violence Intervention for Healthcare Providers
		http://www.laurel-house.org/attachments/article/29/RADAR.DOC
		Reporting Suspected Child Abuse and Neglect
		http://dhs.maryland.gov/child-protective-services/reporting-suspected-child-abuse-or-neglect/
		Abuse and Neglect Of Elderly Persons
		https://www.peoples-law.org/abuse-and-neglect-elderly-persons
		What to do in a Psychiatric Crisis in the State of Maryland?
		http://namimd.org/uploaded_files/3/What_to_do_in_a_Psychiatric_Crisis_PDF_for_Web.pdf
		Petition for Emergency Evaluation
		https://www.courts.state.md.us/sites/default/files/import/courtforms/joint/ccdc013.pdf
		How to File for an Extreme Risk Protection Order
		https://mdcourts.gov/sites/default/files/court-forms/dcerpo001br-102018wm.pdf
2.10 Able to provide helpful resources and referrals for further assessment when various symptoms present.	● Knowledge of the various resources within an organization and outside of the organization.	**Network of Care** http://annearundel.md.networkofcare.org/mh/ **Behavioral Health Treatment Locator** https://findtreatment.gov/ **Crisis Response Anne Arundel County** http://www.aamentalhealth.org/pr_warmline.cfm

		AA County Department of Health
		https://aahealth.org/behavioral-health/
2.11 Able to coordinate care through collaboration with the client, natural supports and other providers to ensure the individual receives appropriate services.	● Understand that coordination of care involves eliciting client preferences, values, and concerns. ● Understand that the screening and referral process includes monitoring referrals for treatment with the reality that treatment resources may not be readily available. ● Understand the importance of care coordination to ensure successful access to treatment.	**ASAM Criteria for Patients and Families** https://www11.anthem.com/provider/ct/f3/s9/t1/pw_e233869.pdf?refer=ahpprovider **SAMSHA: eSolutions - Care Coordination** https://www.integration.samhsa.gov/about-us/esolutions-newsletter/july-2012 **Behavioral Health Care Coordination** https://www.chp.edu/-/media/chp/healthcare-professionals/documents/tips/behavioral-health.pdf?la=en **AIMS Center - Behavioral HealthCare Manager Essentials: A Guided Overview** http://aims.uw.edu/collaborative-care/behavioral-health-care-manager-essentials-self-guided-overview
2.12 Able to assure the inclusion of patient rights, informed care, medical information protections, mandated reporting and the importance of information sharing.	● Knowledge of patient rights, informed care, medical information protections, mandated reporting, and the importance of information sharing. ● Familiar with organizations confidentiality and consent forms and requirements.	**SAMSHA Confidentiality** https://www.integration.samhsa.gov/operations-administration/confidentiality#general **What Should Your Employees Know About Confidentiality? A HIPAA Training Guide** http://www.apadivisions.org/division-31/publications/articles/pennsylvania/confidentiality.pdf **HIPAA Basics for Providers: Privacy, Security, and Breach Notification Rules** https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/Downloads/HIPAAPrivacyandSecurity.pdf **Fundamentals of 42 CFR- Why it's so important** https://lac.org/addiction-confidentiality-42-cfr-part-2-important/ **Sample forms** https://lac.org/resources/substance-use-resources/confidentiality-resources/sample-forms-confidentiality/