

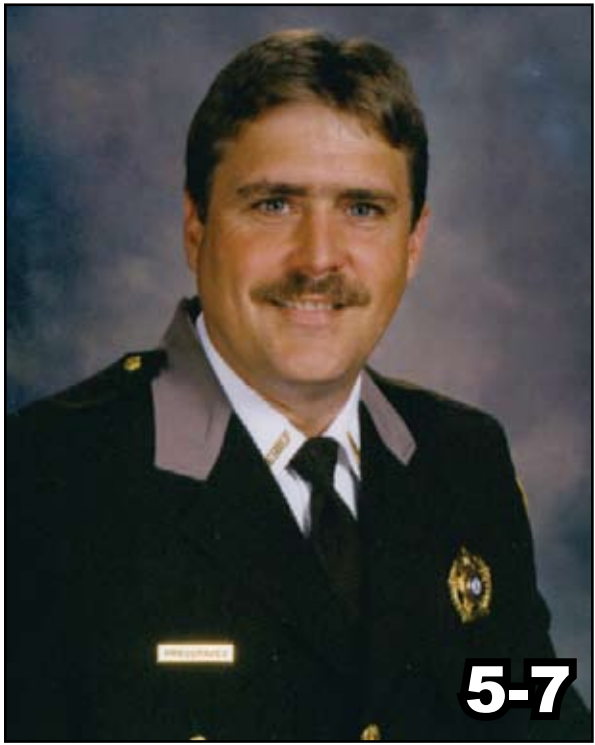
# FREE

\*Volume 3, Issue 22 • Early November, 2008\*

# Warren County Report

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## Page Sheriff arrested by 'the feds'



## Recall aftermath at animal shelter



## Ousted Humane Society chairman reacts

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## Don't Forget to Vote Nov 4!

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## Oops!

Council appointment may be illegal

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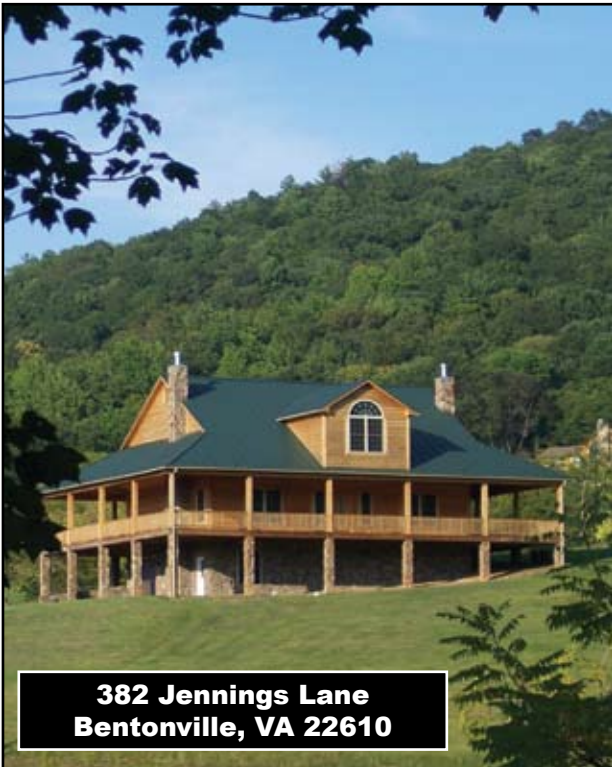
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Send briefs to Laura at [layout@warrencountyreport.com](mailto:layout@warrencountyreport.com)

## Briefs

October 29, 2008

### Tina Maddox Wins Edward Jones Award

Tina Maddox, the branch office administrator, BOA, of the John Marshall Highway, Front Royal Edward Jones office, recently won the Branch Office Administrator Summer Challenge award. Maddox works for Edward Jones financial advisor Bret Hrbek.

Maddox said she is honored by the recognition. "I enjoy my work helping Hrbek help people in this community plan for their financial futures, but it gives me an extra boost to receive special recognition for my work."

"Tina is my right arm," Hrbek said, "and is not only responsible for the daily operation of our branch, but she also works closely with my clients, helping me provide them with top-notch service."

October 28, 2008

### "The Mousetrap"

Wayside Theatre's "The Mousetrap" runs through November 8. Performances Thurs/Fri/Sat @ 8:00 PM and Wed/Sat/Sun matinees at 2:30 PM. Call (540) 869-1776 to reserve your tickets.

### Doc Smith Christmas Basket Registration Dates Announced

The Front Royal Rotary Club will hold registration for the Doc Smith Christmas Baskets on Friday, November 14 from 1:30 pm - 5:00 pm and Saturday, November 15 from 9 am - 12: pm at the Front Royal United Methodist Church.

### Let's Celebrate Front Royal's 220th Birthday!

Front Royal Landing Dedication and 1st Annual Downtown Dash. Join the Town of Front Royal in celebrating Front Royal's 220th Birthday on Saturday, November 15, 2008 from 8am - 5pm. Come out and enjoy birthday cake, music, Art on the River and then head to Main Street for the 1st annual Downtown Dash.

Start the day by pitching in and helping with a roadside cleanup sponsored by the Front Royal - Warren County Anti-Litter Council. Meet at the Front Royal

Boat Landing at 8:00 am to clean up Criser Road and Luray Avenue.

At 10:00 am enjoy the talents of Pat Windrow and other local artists as they paint the river from the Front Royal Landing. Then at 11:00 meet local officials at the opening and dedication ceremony for the improved Front Royal Boat Landing. Enjoy Birthday cake and the sounds of Vintage Country then head to Main Street for the 1st Annual Downtown Dash! The Dash is great way to get to know Main Street and Downtown Front Royal!

Begin at noon at the Visitors Center and "dash" up and down Main Street and take in tastes, art, prizes, a ferret race and much more! At the end of the day you will be ready for the real downtown dash when it's time to shop for the holidays and you will be armed with coupons and great new ideas!

This special anniversary provides an opportunity to celebrate Front Royal and promote community spirit. Front Royal is a vibrant community with an up and coming downtown, beautiful parks and many recreational opportunities but it's the people that make Front Royal extraordinary. For more information please contact Jennifer Keck at 671-5361 or Valerie Johnson at 703-477-7265.

October 27, 2008

### Red Ribbon Week

Red Ribbon Week runs from October 23rd - 31st. The drug problem affects the entire community, and therefore needs the entire community's help to fight it. It is a week of celebrating a drug free life and working to protect our children against drugs. This campaign began when the town of Calexico, CA wished to honor one of their own, Enrique "Kikki" Camarena. He was a young DEA agent, tortured and murdered by a drug cartel while working undercover in Mexico in the mid 80's. His hometown wore red ribbons to remember Kikki and to take a stand against drugs. It grew from there until Nancy Reagan, with the help of congress, made it a national celebration and campaign.

Warren County schools, private schools, and the community cel-

brate Red Ribbon Week in various ways--through poetry/essay contests, decorations, wearing red ribbons, daily drug-free announcements, theme days, displaying posters, and more.

### Winners of the poetry/essay and poster contests:

Elementary School posters (Leslie Fox Keyser Elem.) 1st place: Brad Murray, 4th grade. 2nd Place: Matthew Hurd, 3rd grade. Honorable Mention: Tara Salak, Carter Chalmers, Josh Payne, Zachary Knight, and John Rutherford. Middle School Posters: 1st place: Cali Brooks 2nd place: Maria Kleimann 3rd Place: Ashley Jorgensen Honorable Mention: Kenzie Mills, Michael Williams Middle School Poetry/Essays: 1st Place: Alexandra Dawson 2nd Place: Noah Carr Honorable Mention: Dillon Silbaugh, Garrett Dean High School Poetry: (Warren County High School) 1st place: Cory Martin, 11th grade. 2nd place: Charity Gaile, 11th grade.

Thanks to those who contributed time or donations to our Red Ribbon Rally, making it a great success: Target, Play N Trade, D.J. Mike McLean, Java Media Concepts, Blockbuster, Mayor Tewalt and the town of Front Royal, Hands to Create, Youth In Action!

October 23, 2008

### Regional Farmers And Foodies To Feast On Information

Ever wonder what exactly was being grown on the farms you drive by every day? How do you access that food? Maybe you want to try your hand at farming and wonder where to start? Perhaps you are a farmer already but want to know about more ways to stay local, grow your business, and be sustainable? And then again perhaps you are the veteran farmer seeking ways to retire while keeping the land in production?

Virginia Organic Producers' & Consumers' Association invites you to answer these questions and join the fun at the first annual Farm & Food Expo.

Live music, good food, trade demonstrations, and activities for the kids will make this a day of FREE fun for the whole farm-loving family. Bring your dancing shoes for the contra dance and old time jam to follow the Expo!



**Loving, local Christian couple seeks private adoption of infant. Will provide for all legal expenses. Call us toll free and let's talk some more.**

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The Farm & Food Expo will be held November 2nd, 2008 from 1pm to 7pm, at the Z Street Market @ ZeroPak, 580 N. Cameron St. Winchester, VA 22601. For more information on this event visit [www.vopca.org](http://www.vopca.org) or email [info@vopca.org](mailto:info@vopca.org). There is no admission cost.

October 14, 2008

### Rockland Community Church Celebrates 60th Anniversary

On Sunday, November 2, 2008, Rockland Community Church (Front Royal, VA) will celebrate its 60th anniversary. RCC was established as an inter-denominational church of "Christian Unity" on November 1, 1948 through the merger of Rockland Baptist Church (founded in 1874) and Rockland Methodist Church (founded in 1891). The first church in Rockland was the Free Church, established in 1780 by the Lutheran and Calvinist communities. It was called a "Free Church" because other denominations were permitted to use the sanctuary as well. RCC continues this interdenominational tradition to this day and is currently composed of members from a wide range of Christian denominations and traditions. We invite all who have ever been a part of RCC to join us on this special day. Coffee and donuts will be served from 9:45-10:45; the worship service will be from 11:00-12:00; and a catered dinner will be held at the North Warren Fire Department's Celebration Hall at 12:30. Some of the former ministers and their families will also join us for this day of celebration. Please consider joining us as well. If you would like to attend the diner RSVP to the church office at 540.635.8312. More informa-

tion about RCC can be found at [www.rockland.cc](http://www.rockland.cc).

October 10, 2008

### Downtown Front Royal Seeks New Board Member

Downtown Front Royal, Inc., a 501c3 organization, is currently in search of interested individuals to serve on their Board of Directors. The mission of Downtown Front Royal is to promote, preserve and revitalize Front Royal's historic Main Street district as the commercial and cultural center of Front Royal Warren County; to provide opportunities for citizen's education and involvement in the process of the revitalization and improvement of Front Royal's historic district; and to work in partnership with local, state, and federal governments and private businesses, foundations, and private citizens to accomplish these goals.

Business owners and/or employees, residents and representatives of non-profit organizations located in Front Royal/Warren County are all being considered. If you feel you have qualities to help further these goals, we would like to hear from you. Please obtain an application for serving on the board via the Downtown Front Royal website at [www.downtownfrontroyal.org](http://www.downtownfrontroyal.org); by calling the Downtown Front Royal office at 540-631-0099; or via email to [info@downtownfrontroyal.org](mailto:info@downtownfrontroyal.org). If you have further questions regarding the duties, responsibilities & expectations of board members, please contact any board member. Contact information for board members can be found online at [www.DowntownFrontRoyal.org](http://www.DowntownFrontRoyal.org).

# Opinion

Letters to the editor are welcome but must include the sender's name, contact information and be limited to 750 words. E-mail: [editor@warrencountyreport.com](mailto:editor@warrencountyreport.com)

Dear General McDonnell,

I would like to ask that the Office of the Attorney General appeal the decision of the State Corporation Commission (SCC) regarding the transmission line issue to the VA Supreme Court.

I do not agree with the SCC commissioners' reading of the Virginia power statute that the General Assembly in effect gave away the authority to regulate the placement of transmission lines out of the hands of the SCC, and instead gave it to a private entity (PJM) because that would be an unconstitutional delegation of public authority which the General Assembly CANNOT do.

Commissioner Shannon points out that "the PJM process may result in overbuilding transmission versus other alternatives, with the accompanying costs being born by the rate payers and the appearance of the Virginia landscape being adversely affected." A regulatory process that intentionally wastes limited citizen resources is unconscionable.

It is clear this transmission line is NOT for the benefit of Virginia electric power consumers because even the Virginia SCC grants only preliminary approval to the line dependent upon the actions of Pennsylvania.

No such abdication of legislative intent was ever discussed as part of the deregulation bill which passed the General Assembly several years ago, and I doubt it would have passed if that were the clear legislative intent.

Thank you for your assistance with this matter. If you have any questions please contact me at (703) 853-4213 and please send all responses to [delbmarshall@house.state.va.us](mailto:delbmarshall@house.state.va.us).

Sincerely,  
Delegate Bob Marshall

Dear Attorney General McDonnell,

I write today in support of Delegate Bob Marshall's letter, a copy of which I have enclosed, requesting that you appeal the October 7 final order of the State Corporation Commission (SCC) granting permission for Dominion Virginia Power and the Trans-Allegheny Interstate Line Company (TrAILCo) to build high voltage transmission lines through parts of northern Virginia. I ask that you use the full authority at your disposal as the attorney general of Virginia to act on behalf of the people of the Commonwealth to protect Virginia consumers who will be affected by this decision.

I continue to believe that some in Virginia have lost trust in the regulatory process and decisions like this perpetuate this perception. It is important for you to take action for the following reasons.

The SCC final order states that "other options might be a more efficient use of capital and much less intrusive on the landscape." This statement indicates that the decision could place an unnecessary economic burden on ratepayers in Virginia as it may be more expensive to build transmission lines rather than exploring other options such as integrated planning that considers not only transmission, but generation and conservation.

Commissioner Preston Shannon states in his concurring statement that, "transmission planning and interconnection of generating plants to the grid are no longer based solely on what is best for Virginia." Shouldn't the SCC always be doing what is in the best interest of Virginia? It is appalling that this decision allows other states' needs to be put before the Commonwealth's.

I urge you to exhaust every option under your authority and consider the ramifications of such a massive project, particularly given these concerns raised by the SCC commissioners in the final order.

Best wishes,  
Frank Wolf  
Member of Congress

# Warren County Report

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# Correction

On the second page of the "what happened to the airshow" story that began on page 9 of the "Late October" edition it was stated that state and federal grants would pay for 90 to 95 percent of costs for new hangars to be constructed at the airport. Actually federal (90) and state (8) will pay for 98 percent of site preparation work for future hangars. The actual cost of design and hangar construction must be born by the county, usually through a loan. The plan is to repay that loan through revenue produced by rentals of those new hangars.

“Our citizens must know that the people given the responsibility to enforce our nation’s laws and keep our friends and neighbors safe are doing so in a fair and responsible manner. This investigation uncovered a variety of very serious allegations against a high-ranking member of law enforcement. Like any other person charged with a crime, Sheriff Presgraves must be held accountable for these alleged acts.” -Julia C. Dudley

## Sheriff indicted

# Page County sheriff indicted on fed racketeering charges

## Page’s chief cock of the roost faces fight with fed bandy rooster



Acting United States Attorney Julia C. Dudley

By Roger Bianchini  
Warren County Report

On Oct. 23 the whispering and suddenly averted side-glances that have followed Page County Sheriff Daniel W. Presgraves since allegations first surfaced over possible improprieties in his conduct of his office stopped – and turned into hard stares, open conversation and finger-pointing. Early that Thursday morning federal authorities arrested Presgraves at his home following an investigation of allegations that first surfaced in 2003.

A Federal Grand Jury sitting in the United States District Court for the Western District of Virginia in Abingdon returned a 22-count indictment under seal on October 22, 2008. That indictment was unsealed following Presgraves’ arrest. Those indictments charge Presgraves, 46, of Luray, with committing a series of criminal acts that abused his power as Sheriff of Page County, Virginia.

The indictment charges Presgraves with six counts of obstructing a law enforcement investigation, four counts of obstructing an investigation by a Federal Grand Jury, four counts of violating the civil rights of female subordinates

at the Page County Sheriff’s Office, two counts of making false statements, two counts of conspiracy, two counts of mail fraud, one count of money laundering and one count of violating federal Racketeering laws. The popular 46 year-old Sheriff faces a total of 22 counts. He could serve a maximum of 304 years in federal prison if convicted on all those charges.

The full weight of the federal authority that put the hammer down on the Page County sheriff might be reflected in the number of federal staff involved in a Charlottesville press conference around 3 p.m., a little over three hours after Presgraves was arrested at his home. Present were Acting United States Attorney for the Western District of Virginia Julia C. Dudley, Criminal Chief for the Western District Thomas J. Bondurant Jr., Special Agent in Charge for the Federal Bureau of Investigation’s Richmond Division Jennifer Smith Love, Special Agent in Charge for the Internal Revenue Service Criminal Investigation C. Andre’ Martin and Special Agent in Charge of the Northeast Region for the Department of Agriculture Brian L. Haaser. Their tone was harsh in alleging that a public trust

had been betrayed on the local level. However, it was noted that Presgraves has not yet been convicted, only charged. And while it may not always hold true in the public eye, U.S. law maintains a presumption of innocence until proven guilty at trial.

“Our citizens must know that the people given the responsibility to enforce our nation’s laws and keep our friends and neighbors safe are doing so in a fair and responsible manner. This investigation uncovered a variety of very serious allegations against a high-ranking member of law enforcement. Like any other person charged with a crime, Sheriff Presgraves must be held accountable for these alleged acts,” Acting United States Attorney Julia C. Dudley said.

“Regardless of one’s status or position, when a public official elects to betray the public’s trust for personal gain, the very core of how and why our system of government operates is immediately and negatively impacted,” Special Agent in Charge of the Internal Revenue Service’s Criminal Investigation Division C. Andre’ Martin added. “Therefore, in partnership with the U.S. Attorney’s Office and the FBI, the IRS Criminal Investigation Division

gives priority to investigations involving the alleged breach of the public trust by government officials at any level.”

“We are often asked, what harm is caused by a few folks involved in animal fighting activities,” Brian L. Haaser, Special Agent-in-Charge, USDA-OIG said. “This and previous cases investigated by USDA-OIG demonstrate that the crime of animal fighting is often connected to other types of illegal conduct.”

The indictment alleges that while serving as the Sheriff of Page County, Virginia, Presgraves

used intimidation and his official position to engage in a series of illegal activities. Those intimidating activities included, sexually harassing and sexually assaulting 12 different female victims, laundering money and attempting to coerce witnesses from testifying about his activities to law enforcement officials and before a Federal Grand Jury investigating his actions.

The indictment alleges that Presgraves attempted to intimidate these victims from talking about the Sheriff’s activities with the “Feds.” He told the victims

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## Sheriff indicted

The indictment alleges that Presgraves took bribes from the operators of the Little Boxwood cockfighting pit.

to take this information "to the grave." In one instance, Presgraves threatened one victim, reminding the woman that even if her daughter testified to the grand jury, he could have access to her at any time.

The indictment alleges that Presgraves took bribes from the operators of the Little Boxwood cockfighting pit. In return for these bribes, the Sheriff, who is also charged with conspiring to sponsor this animal-fighting venture, pledged to not interfere with the operation of Little Boxwood and to tip-off the proprietors of

the pit if any other law enforcement agency was planning to raid the operation. On April 12, 2007, Presgraves made a false statement to a special agent of the United States Department of Agriculture about his lack of knowledge of any active cockfighting pits in his jurisdiction.

In addition to the bribes being paid by members of the Little Boxwood pit, the indictment also alleges that between 2000 and the time of his indictment, Presgraves accepted bribes from an unidentified corporation. These bribes included cash, gift cards,

the use of earth moving machines and free labor for his personal projects. In exchange for these bribes, Presgraves used his position as County Sheriff to tip-off officials with the corporation about an investigation into their dealings. Presgraves also used his power to intimidate a witness not to cooperate with federal authorities investigating the corporation.

Also alleged is that from 2001 until 2004, Presgraves deposited, or had employees of the Page County Sheriff's Office deposit, in excess of \$100,000 in cash to

his personal checking accounts. Presgraves structured those deposits in amounts less than \$10,000 per deposit to avoid the filing of a Currency Transaction Report by various financial institutions.

The indictment also alleges that Presgraves withheld large amounts of revenue received by the Page County Sheriff's Office from being deposited with the Page County Treasurer. Specifically, Presgraves withheld at least \$39,409 the Sheriff's Office received from the United States Customs Service and \$47,000

the office received from PayTel, a company which installed pay phones in the Page County Jail.

One of Presgraves' duties as the Sheriff of Page County is to monitor and supervise the Page County Jail, its employees and its inmates. The indictment alleges that Presgraves abused his power by using inmates of the Page County Jail to perform work for him on his personal, residential property and properties in which he, or a member of his family, had a vested financial interest. To further this scheme, Presgraves contacted the Virginia Department of Corrections and convinced them that certain inmates, scheduled to be transferred from the Page County Jail, should remain under his custody. The defendant did not disclose that these inmates were performing personal work for him. Both the defendant his wife, and other family members transported inmates from the Page County Jail to these job locations.

The indictment alleges that Presgraves, through the activities described in the preceding paragraphs and others mentioned only in the indictment, participated in a pattern of racketeering activity.

If convicted on all counts, the maximum penalty faced by the defendant is 304 years imprisonment and/or a fine of \$2,000,000.

The investigation of the case was conducted by Phil Barnett of the Internal Revenue Service, the Federal Bureau of Investigation, Jim Knorr of the United States Department of Agriculture, and Wayne Sumner of the Virginia State Police. Criminal Chief for the United States Attorney Thomas J. Bondurant and Assistant United States Attorney Zach Lee are prosecuting the case for the United States.

A Grand Jury indictment is only a charge and not evidence of guilt. The defendant is entitled to a fair trial with the burden on the government to prove guilt beyond a reasonable doubt.

Following the press conference, Sheriff Presgraves was released on \$50,000 bond under the condition that he not wear his uniform, conduct no business as sheriff, not contact any members of the department. (See related story on next page).

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# Not for Republican Eyes

This political ad is being paid for solely by me and has not been approved by Senator Obama or anyone else. The opinions voiced herein are strictly my own.

Senator McCain has repeatedly said that he has lots of experience and if elected, will make good decisions. And he questions Senator Obama's experience and ability to make good decisions.

Senator McCain may have our best interests at heart, but he apparently has not learned much from his 72 years of experience. Based on his record, I certainly don't know that he is capable of making good decisions. Following are some examples of his incredibly poor judgment:

**IRAQ WAR:** This is a war McCain has supported from the beginning. Forget about whether we ought to have a time table for withdrawal. That is a separate issue. We simply should not have gone to war with Iraq in the first place. This war was supposed to be paid for with Iraqi oil--what happened to that idea? What about our inability to act decisively on other matters of national interest because we are tied down in Iraq? Think about all the dead and maimed Americans--not to mention Iraqis. What about the rise of Iran as a powerful negative force in the world--which almost certainly would not have happened had we stayed out of Iraq? Look at the ill will we have created among those countries we would like to call our allies. John McCain's never ending support for the war in Iraq was and continues to be terrible judgment.

**TAX POLICY:** The Bush tax policies (big tax breaks for big business) which Senator McCain supported and still supports, do not, repeat do not, create jobs. If they did we would not have lost 605,000 jobs over the past nine months alone--with more job losses each week. Will your job be next? What about jobs for your sons and daughters? Bad judgment.

**REGULATORY POLICY:** A decade ago McCain pushed unsuccessfully for a moratorium on all federal regulations. Asked about that by the Wall Street Journal this spring, McCain said, "I'm always for less regulation." Now look at the mess we are in. Bad judgment.

**ECONOMIC POLICY:** John McCain doesn't have an economic policy. Notwithstanding the fact that we were in the middle of a financial meltdown, McCain said in a speech in Jacksonville, Florida, on September 15, that "the fundamentals of our economy are sound." What! Bad judgment.

**VETERANS ISSUES:** In the first debate John McCain said "I know the veterans. I know them well. And I know that they know that I'll take care of them." The DAV (Disabled American Veterans) reports that over his long career in the U. S. Congress, McCain has voted with veterans 11 times and against veterans 16 times while in the past four years Senator Obama has voted with veterans 17 times and against veterans only once. McCain thinks that veterans don't know this. Bad judgment.

**RUNNING MATE SELECTION:** Just ask yourself, "If McCain were to withdraw from the presidential race, would you want Sarah Palin to be the new Republican Presidential Nominee? I find Palin to be quick and energetic and I don't blame her for accepting the nomination, but she is not yet anywhere near being presidential timber. Bad judgment on McCain's part.

**RECENT POLITICAL ATTACKS:** John McCain and his handlers at a rally in Pennsylvania on October 8, 2008, had his wife Cindy say "The day that Senator Obama cast a vote not to fund my son when he was serving (in the armed forces) sent a cold chill through my body." Her comments came just one day after she said in Nashville that Senator Obama had waged "the dirtiest campaign in American history." Ha! While it is true that Senator Obama did cast that vote because it did not have a time table for withdrawal, McCain voted against a similar bill on March 29, 2007 (H.R. 1591), for the reason that the bill had a time table in it. What! John McCain voted against funding for our troops? You betcha! If McCain thinks that Americans can stomach this kind of campaign, I think he is in for a rude awakening. Bad judgment.

**ROBO SLEAZE:** During the final Presidential Debate Senator McCain said, "I don't care about some washed-up terrorist," and "every time there's been an out-of-bounds remark made by a Republican, no matter where they are, I have repudiated them." A few hours later he was saying something very different to thousands of voters in Virginia. A new "robocall" paid for by McCain-Palin 2008 tells voters who answer their phones that Senator Obama "has worked closely with domestic terrorist Bill Ayers" whose organization "killed Americans." Would you trust a man who says one thing and then does another? I don't think so. Bad judgment Senator McCain.

**CORRUPTION:** Is this the same John McCain who accepted thousands if not hundreds of thousands of dollars from Charles Keating of Lincoln Savings and Loan, then intervened successfully in Keating's behalf which led indirectly (if not directly) to the \$3.4 billion failure of Lincoln Savings & Loan--at that time the most costly failure of a depository institution in U.S. history? And McCain thought he could get away with this? The Report of the Senate Select Committee on Ethics of November 11, 1991, said "Senator McCain exercised poor judgment in intervening with regulators without first inquiring as to the Bank Board's position in the case." Bad judgment.

John McCain has had a lot of experience in his long life,. So have I. But I am not qualified to be President of the United States and I know it. My hat is off to Senator McCain for his service during the Vietnam War, but based on his demonstrated poor judgment, John McCain is not qualified to be President.

Waller H. Wilson - Veteran, United States Army

*Paid for by Waller H. Wilson and not authorized by any candidate or candidate's committee. Waller H. Wilson, Front Royal, Virginia, wallerw@embarqmail.com*

"We're doing fine," a calm and reassuring Major Russell Montgomery said.

## Sheriff indicted

# Page Sheriff's Office adjusts to a new reality

*It may still be 'Sheriff Presgraves office'- but he's not in*



**Page County, VA Sheriff Daniel W. Presgraves**

By Dan McDermott  
Warren County Report

Following the early morning Oct. 23rd arrest of Page County, VA Sheriff Daniel W. Presgraves on 22 counts that could yield up to 304 years in prison and up to \$2 million in fines if convicted, one might assume that the department the popular 46 year-old Sheriff has led since 2000 might

be in disarray.

But that is not the case according to the man tasked with running the sheriff's office while Presgraves is prohibited from doing so by a no-nonsense federal judge in Charlottesville.

"We're doing fine," a calm and reassuring Major Russell Montgomery said. "Our doors are open. People can expect the same level of professional law enforce-

ment we've been providing."

Montgomery is technically the "acting operations officer" of the sheriff's office. As the second in command, it's the same title and role he would have if the sheriff were out of town on vacation, which he technically is, though it's a court-ordered one.

"The judge in Charlottesville told the sheriff he couldn't contact anyone here and couldn't come to work or conduct any business as the sheriff. But he is still the Sheriff," Montgomery noted.

And indeed, the assistant in Major Montgomery's office answered the phone, "Sheriff Presgraves office."

Reports also said the judge told Presgraves he "didn't want him parading around Page County in his sheriff's uniform." When Presgrave's attorney objected U.S. District Court Judge B. Waugh Crigler suggested that he would be happy to provide a different uniform if the sheriff didn't like it. That apparently settled the matter.

When this reporter contacted Major Montgomery to find out how the official "pecking order" worked and how the sheriff would or could be replaced before or after a conviction, Montgomery said, "Those are the same questions I have been asking. The county attorney is looking into it."

One thing Montgomery is very clear on is that he has no intention of running for sheriff in the next election, whenever that may

occur. "No, sir. I would not be interested," he said. Asked if he would stay on under a new sheriff, he replied, "I would consider it if asked."

All department employees are considered at-will and can be terminated by the sheriff at any time.

"I doubt there would be major terminations. It would be hard to replace an entire department," he said. "It's become a technically complicated and professional job."

Presgraves, a Republican, is 46 and was first elected sheriff in 1999. Prior to that he served as an agent for the state Alcoholic Beverage Control Board and as a police officer in the Town of Luray.

Despite existing allegations about Sheriff Presgraves role in allowing the cock-fighting ring to exist, Presgraves was re-elected in 2007 with 47% of the vote against three challengers.

"These people would elect Danny Presgraves in jail," said one resident.

### Technically, that could happen.

In Virginia, a sheriff can be replaced three ways; resignation, petition or upon having been found guilty of a felony and having exhausted all appeals.

If Sheriff Presgraves resigns, the county board of supervisors would have 15 days to request that the local circuit court appoint an interim sheriff and

schedule a special election. That special election could be tacked on to an already-scheduled general election (the least expensive route) or at another time of the year but not less than 60 days before a general election or during a period of about 6 weeks after a general election. The special election may not be held on a primary election day nor may it be held within 60 days of the end of the sheriff's term.

A second option is for citizens to petition the circuit court to remove the sheriff "for neglect of duty, misuse of office, or incompetence in the performance of duties when that neglect of duty, misuse of office, or incompetence in the performance of duties has a material adverse effect upon the conduct of the office." The code of Virginia states, "The petition must be signed by a number of registered voters who reside within the jurisdiction of the officer equal to ten percent of the total number of votes cast at the last election for the office that the officer holds." In the 2007 Page County Sheriff's election 7,297 votes were cast.

The third way the sheriff could lose his job is if he pleads guilty to a felony or if he is convicted of a felony and has exhausted all appeals, which could go all the way to the U.S. Supreme Court.

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# Humane society

"I'm not going to pay to have someone stab me in the back – let them do it on their own dime" – Doug Scott explains rescinded HSWC memberships

## Humane board recalled under contentious circumstances *Accusations fly over membership voting eligibility, animal care priorities*



**Doug Scott explains recall vote procedure as TV 3 camera watches, along with, seated from left, new Shelter Director Jane Johnson and the interim director she replaced, Brenda Helsley.**

By Roger Bianchini  
Warren County Report

It may have come as no surprise to Humane Society of Warren County Board of Directors President Douglas R. Scott that he was

about to lose a vote of the general membership to oust his entire board on Oct. 16. With a standing room crowd of 110 or more people gathered in the Santmeyers Youth Center the writing was on the wall. As debate escalated over

the recall move it seemed Scott's support was confined largely to the rest of the five-member board with which he sat and a number of recently hired Julia H. Wagner Animal Shelter staffers hand picked to counter in-house opposition Scott believes conspired to discredit him and his board in the wake of a rash of turnovers beginning in June.

In fact Scott told the crowd "this is more about networking and friendships" than issues as the recall vote loomed.

When all the arguing and finger pointing was over Scott announced the result of the recall vote: 38-16-1.

"The recall vote has failed," Scott deadpanned, quickly adding, "just kidding, it has succeeded by a 69 percent margin." The one isolated vote was to recall only Scott and leave the remainder of the board in place.

Removed along with Scott, were Dr. Richard Hammett, Ken Garvey, Mary Williams and Ted Kane. The board was down to five members following the June

9 resignation of Kim Vohs in protest of the ouster of Shelter Director Jeanette Farrell and the Sept. 29 removal of board Vice President Lou Landerer. Landerer called his ouster after butting heads with Scott over personnel and procedural issues illegal.

Scott accused Landerer of being promised a position on a new board were the recall vote successful. Landerer said he had merely been polled about his interest should the recall succeed. And while one of 10 nominated, Landerer did not make the cut of six elected to the new board immediately after the recall vote.

Elected to the HSWC Board of Directors following the recall were local resident and Manassas area veterinarian Kent Smith, Mike Kenyon, Kim Vohs, Judge John Ewell, Middleburg Humane Society founder and Director Hillary Bogley and Charles Hamner. In an impromptu first meeting under a street light by the youth center parking lot the board elected officers – Kenyon, president; Bogley, vice president;

Hamner, secretary; and Ewell, treasurer.

Former and again board President Kenyon later addressed the recall vote margin. He pointed out that the 16 people whose memberships had been terminated by Scott prior to the meeting were polled and indicated they would have added their votes against the current board – "So the margin would have been more like 80 percent if they had been allowed to vote," Kenyon said.

### Court and resignation

In Warren County General District Court on Oct. 21, as a scheduled witness for Farrell in a misdemeanor case related to her and the board's decision not to return a dog picked up by WCSO animal control on Feb. 12 to its owner, Vohs said she had decided to resign from the board. She said the decision was personal and did not reflect any dispute with the newly installed board.

"No, not at all – I'll still volunteer and do what I can to help out

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“No, not at all – I’ll still volunteer and do what I can to help out there,” Vohs said before hearing Farrell’s trial continued to Dec. 16 at 2:30 p.m.

## Humane society

there,” Vohs said before hearing Farrell’s trial continued to Dec. 16 at 2:30 p.m.

With a trial still pending Farrell continued to decline to address specifics of the charge against her. However, she did characterize her prosecution as a waste of taxpayer money and continued to assert her innocence of any wrongdoing in the Nadia case. She also blasted the Warren County Commonwealth’s Attorney’s office for being unprepared to proceed with a case that has been pending for several months. Farrell noted that her seven witnesses had taken time off from work to appear and would have to again on Dec. 16.

### Changing alliances

The Oct. 16 HSWC board turnover was the second in 17 months and reflected changing alliances and controversies surrounding how the Wagner shelter has operated and prioritized its function over that time.

In late spring of 2007 Scott, who had become board president about six months earlier when Mike Kenyon resigned those duties, called for the ouster of Kenyon and three other board members – Kelly Walker, Judge Ewell and Christine Winterkorn.

At the time Scott questioned the membership terms of those voted out and characterized the existing board majority as somewhat out of touch with day-to-day operations at the Wagner shelter. At issue with shelter staff also seemed an unwillingness of the sitting board majority to immediately include recently resigned but popular shelter director Kim Vohs on the board of directors. At the time Walker said the board simply wanted to give Vohs a several month break from what can be a stressful job before jumping back into society affairs as a board member.

Scott characterized the June 2007 board turnover as procedurally correct and an expression of the will of the general membership – 16 months later it seemed that turnabout was fair play.

In 2007 Scott admitted to paying for society memberships for a number of shelter staff as a “gesture of holiday good will” prior to the 2007 board membership controversy coming to a vote. At the June 2007 special meeting at-

tended by many of those new humane society members Scott had brought on board, Kenyon, Walker, Ewell and Winterkorn’s ousters were finalized. A fifth board member, Carol Goddard, then resigned in protest over the action and its method. Other than Scott, only board Treasurer Ted Kane survived that shake up.

The Scott-led board eventually included Vohs, Garvey, Williams, Hammett, Kane and Lou Landerer. Garvey works with Scott at Scott’s non-profit right to life organization, Life Decisions International. Williams is Garvey’s stepmother. Landerer is a neighbor of Scott’s. And Hammett is a Strasburg veterinarian who supported Scott initiatives to reduce euthanasia as a population and disease-control mechanism at the shelter.

Despite a small hourly wage increase for shelter staff in the wake of the 2007 board turnover and Vohs’ immediate installation as a board member, relations between Scott and some of his former allies began to sour within the year. Perhaps ironically, it was aspects of that promised hands on board involvement that led to trouble.

### The Nadia factor

Vohs resigned her board positions in protest of the forced ouster of Farrell on June 9. That ouster followed Farrell, Scott and several other board members’ (Vohs, Kane, Scott and Hammett’s) first court appear-

ance four days earlier in a civil suit filed by Kathy Mauk. Mauk was attempting to sue the entire humane board and the shelter director over a refusal to have her dog Nadia returned to her from the shelter following a sixth documented escape from her rural South River District home off Browntown Road. Collarless and tagless, Nadia was picked up by WCSO Animal Control on Feb. 12 and taken to the shelter. By a Feb. 14 board meeting there appeared to be a unified front in refusing to return Nadia to the Mauck household.

But with civil liabilities as high as \$15,000 hanging over each defendants’ head things began unraveling. In explaining Farrell’s removal, Scott asserted the former shelter director had acted unilaterally in sending the disputed canine Nadia to another animal rescue operation out of state with potential litigation pending. Scott also inferred the Feb. 14 board decision supporting Farrell in the matter was based solely on information supplied by Farrell to justify her initial decision.

With Farrell out and Vohs resigned, infighting accelerated between the board and shelter staff over policies regarding euthanasia, overcrowding and allegations over resultant disease among the shelter’s cat population. Also at issue was fault over a lack of legally required paperwork involving the movement and treatment of cats at Hammett’s veterinary practice.

Violations reported by Farrell based on information supplied by shelter staff lead to citations by the state vets office against the board of directors and the shelter.

### Stabbed in the back

Later explaining his move to oust some humane society members prior to this month’s recall vote, Scott said, “I’m not going to pay to have someone stab me in the back – let them do it on their own dime.”

In an e-mail he explained the action in more detail.

“At its August 2008 meeting the HSWC board passed the follow-

ing motion: ‘Any person who pays for a membership may cancel the membership at any time. Refunds will be made on a prorated basis only.’ It did not give the board the authority to cancel any memberships. It gave the person who paid the right to do so. And this was long before any recall petition was submitted. Only the memberships I had paid for were canceled.”

Scott said he saw little point in getting into a debate with Jim Treadway on the matter prior to the Oct. 16 recall vote.

For it was with accusations over those rescinded memberships

**see Humane pg 11**

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# Skatepark

"I don't think they understand what they will have when this is built or how much it will be used. It will be used year round other than extreme weather and I venture to say more people will use it day to day, year round than use Bing Crosby, which is a seasonal facility." – skatepark committee member John Bracken

## Skatepark funding commitment – what does it mean? County puts up \$100k - challenges private sector to finalize the deal



By Roger Bianchini  
Warren County Report

At its Oct. 21 meeting the Warren County Board of Supervisors followed through with an additional funding commitment to a long-planned skatepark. In a unanimous vote the board agreed to add \$100,000 to match additional contributions from the private sector. A sense of urgency has crept into reaching funding goals because of time constraints on retaining a \$75,000 state grant for the project.

County Parks & Recreation De-

partment Director Dan Lenz explains that the skatepark must be completed by the end of calendar year 2009 in order not to lose the \$75,756 grant from the Virginia Department of Conservation and Recreation.

The skatepark committee created to oversee realization of the project has narrowed contract negotiations of Request for Proposals down to two companies that specialize in skateparks – Pillar Design of Arizona and Wally Hollyday of California. Several days after the additional funding was approved by the supervisors,

Lenz confirmed the skatepark committee hopes to have a design and construction contract with one of the companies in place within 60 days. That contract will allow additional design work to be completed in order to begin construction next spring. If that schedule is maintained the skatepark should be completed in the summer of 2009.

In June 2003 about a month after the county committed to a project to bring a state-of-the-art skateboarding park into its parks and recreation umbrella, the board made an initial \$75,000 commitment to match private contributions. Five and a half years later the total contributions from the private sector have totaled about \$90,000. That total includes a \$25,000 community grant from the Front Royal Rotary Club designated at \$5,000 per year beginning on May 23, 2003 and culminating on June

29,2007.

With that fundraising track record why should county officials – or skateboarders for that matter – be confident the most recent county funding commitment will raise what is now estimated to be between \$250,000 and \$300,000 necessary to complete the project?

"Because we're working with a great team of folks within the community and there's a broader community that will benefit from this project and I think we can ask them to help out still, and it can be in-kind labor or materials," county grant coordinator Susan Musante explains. "We can have people step up to do site prep work, provide meals/housing, on-site dumpster and trash removal, etc. If you take a look at some of the cost estimates you'll see that some of these costs are pretty significant ... [The Town of] Stanley did their park for half of the actual cost because the community came together to make it happen."

Lenz has told the supervisors the skatepark committee is favoring the slightly higher (by about \$23,000) Pillar RFP due to more a more detailed design presentation, an in-house design/construction partner, Artisan Skateparks, and a firmer commitment to reduce project costs through local contributions of construction and material support. The committee also has a nearby, recent Pillar project in Stanley to inspect, along with references on the general satisfaction about the Stanley, Pillar project from public officials and the local skateboarders themselves.

County Administrator Doug Stanley has also explained that the county has \$100,000 in its current budget committed to a concession building in the area of the county soccer complex and proposed skatepark location that

could be diverted to the skatepark. In work session discussion of the necessary financial commitment to realize the skatepark project Stanley estimated a potential \$200,000 to \$250,000 of county money to move the project forward toward completion next year.

As with the 20-year public school capital improvement project discussed elsewhere in this issue, it has been illustrated that delays to gather either public support, or in this case public money to allow capital improvement projects to proceed add substantial costs due to inflationary trends. When the fundraising effort began in the spring of 2003 the cost estimate for the skatepark was \$330,000. The two bids currently being considered range from \$525,085 to \$548,749.

That leaves the county needing to raise, divert or commit between \$269,000 and \$293,000 in 2008 money or construction and material contributions to contract the project to completion.

One person involved in the project from the start predicted that the skatepark at a total cost in the \$500,000 range would be used by more people day to day on average annually than the renovated Bing Crosby Stadium is. The county committed over \$2.5 million to the Bing Crosby Stadium baseball park renovations as part of its 2005-06 \$89-million capital improvement bond issue that included construction of Skyline High and the new Warren County High School.

"I don't think they understand what they will have when this is built or how much it will be used. It will be used year round other than extreme weather and I venture to say more people will use it day to day, year round than use Bing Crosby, which is a seasonal facility," skatepark committee member John Bracken says.

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“The bulls@\*t is going to stop tonight, the board doesn’t run the shelter,” Johnson said in asserting her new authority over Wagner shelter operations.

## Humane society



**Newly-installed shelter Director Jane Johnson seems to be gesturing “cut it out or get cut off” as she promises restored order at the Julia H. Wagner Shelter.**

**from Humane pg 9**

that Jim Treadway began the board opponents’ portion of the Oct. 16 recall meeting. Treadway, who identified himself as a former board officer, called into question Scott’s above-explained attempt to have the membership roll purged of potential opponents.

Treadway also questioned Scott’s chairing of a meeting about his and his board’s recall. It was at that point Scott would later assert he announced his resignation from the board in order to continue to chair the meeting and help lobby for the survival of the remaining four board members. However, Scott’s resignation only became clear to the crowd as the

recall vote was beginning. When he verified his resignation when questioned directly by Treadway the announcement was met by applause and cheering from some of his opponents.

When oversight of the vote count by board secretary Garvey was also brought into question, Helen Brinkman, who serves on the county electoral board, and her husband Jim, a court bai-

liff, were drafter to oversee the count.

**Final hire**

One unexpected development prior to the recall vote was Scott’s introduction of a new Julia H. Wagner Shelter director to replace second Interim Shelter Director Brenda Helsley. The new permanent (hopefully longer than six days) shelter director introduced by Scott on Oct. 16 is Jane Johnson. Johnson told the crowd she had to retire from her animal control position with the Warren County Sheriff’s Office due a back injury and consequent disability.

Scott later explained his board decided to hire Johnson about a week earlier but that she had taken her position as permanent shelter director the afternoon of the recall vote. Johnson late said she started hands-on management of the shelter on Oct. 17. Staring recall in the face, Scott’s board gave the new shelter director a three-year contract.

During the debate over the board recall, Johnson appeared to make a colorful defense of the board, seeming to place the blame for recent shelter issues on staff (see related story).

“The bulls@\*t is going to stop tonight the board doesn’t run the shelter,” Johnson said in asserting her new authority over Wagner shelter operations.

Following the recall and his

election to the new board as president, a position has formerly held, Kenyon said he had what he believed was a good working relationship with Johnson from his tenure as past board president. He said he had met with Johnson at the shelter to discuss staffing and operational issues and believed things would work out between the new board, the shelter director and staff.

**‘This ain’t Florida’?!?**

At one point as tensions over who would be allowed to vote escalated, Johnson loudly asserted, “Don’t worry, this ain’t Florida.”

Perhaps it was a more than appropriate analogy with the primary issue being – as it was in Florida during the 2000 presidential election – who would be allowed to vote, rather than which way some chads were hanging.

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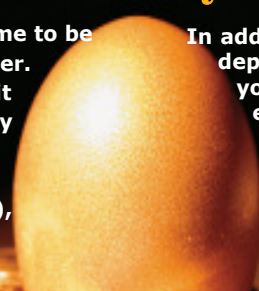






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## Wagner Shelter

"I think it is awesome how quickly things have turned around ... Jane has been doing a great job just getting dumped into this ... And we thank all the community for their support and for their well wishes." – new HSWC Board President Mike Kenyon

# Wagner Shelter two weeks later – a remarkable change

## *In the wake of contentious board recall, humans & animals move on*



**Jane Johnson discusses her first two week as director of the Julia H. Wagner Animal Shelter as her rescued Mastiff, Izzy, keep a watchful eye on the media.**

By Roger Bianchini  
Warren County Report

In the wake of her sometimes colorful comments during an ultimately successful Oct. 16 Humane Society of Warren County Board of Directors recall meeting (see related story), one might wonder how newly hired Julia H. Wagner Animal Shelter Director Jane Johnson would be adjusting to life with a board of directors other than the ousted one that gave her a 3-year contract the day of the recall meeting.

The verdict according to both Johnson and newly re-installed HSWC Board President Mike Kenyon is just fine.

"Things are wonderful. I told Jane to trust her instincts on staffing issues and I think it is awesome how quickly things have turned around. It is a lot quicker than we anticipated. Jane has been doing a great job just getting dumped into this immediately. And we thank all the community for their support and for their well wishes."

"The first week was hectic," Johnson admitted. "Nothing was maintained, we were out of medication, there were staff training issues. I'm not blaming [staff] – there was a management change here about every week, wasn't it?"

It smelled bad; it was filthy. But we've gotten it back to the way it should be."

### Familiar turf

Johnson is very familiar with the Wagner shelter from her years as a Warren County Sheriff's Office animal control officer. As she explained at the recall meeting she had to give up that work due to a back and shoulder injury.

"When Kimmie Vohs was here [as shelter director, pre-2007] the place ran as smooth as glass and a lot of those people have graciously agreed to come back. Ashley [Priest] and Anna Marie [Fahey] are the only two who stayed with me after I took over on the 17th. Everybody else are old employees who came back or new ones that I found that are so good."

To illustrate her heartfelt "so good" comment, Johnson pointed out that several of those staffers had voluntarily clocked out when they got to their allotted weekly hours and volunteered additional hours rather than stress a currently tight shelter budget with overtime pay.

"That's the kind of people that are here now," Johnson enthused. "The care of the animals has gone way up. We've restocked their medications, had a vet tech come

in here to help do what needed to get done. And I'm telling you the community's coming in here too. Today for example a man came in here and donated his time and services to find out about some funding issues that we had and he didn't charge a thing."

### Staffing issues

While clearly grateful at the community support she has thus far experienced, Johnson quickly refocused her attention on the staff that has been assembled, largely in her first 10 days on the job. Among those who have returned are recently terminated Angela Arrington and Michael Kerns. Johnson said some employees brought in during the recent months and week of turmoil had either been fired or resigned, further stabilizing her staff and efforts to bring the shelter back from the chaos she found.

Arrington had been singled out for particular criticism by Scott recently, as well as by some of his most vocal supporters, largely new staff, at the recall meeting. That criticism largely revolved around Arrington's decision to euthanize some cats without the authorization of either the board or interim shelter director Brenda Helsley.

"I will say that the allegations against Angela were investigated by me, and I found them to be untrue," Johnson stated. "Yes, she did do unauthorized euthanizations. But they were animals that were suffering. She had asked for support from the director and board [on a decision] and was turned down. She made a hard decision she believed was in the animals' best interest. She is certainly not the grim reaper of cats some portrayed her as," Johnson said.

However, to avoid further accusations or more personal stress on Arrington, Johnson said Arrington's current duties do not include euthanizations. Arrington had been the only shelter staffer licensed to perform euthanizations.

"She's in charge of the cats up front here. Right now our euthanizations are being done by local vets. We've had some vicious dogs that had to be put down. I can't stress it enough – we have a wonderful staff here now. They are very dedicated."

### Recall comments

We asked Johnson if she had any second thoughts about her recall meeting remarks.

"Not really, I still don't think the board should be responsible

for the operations of the shelter. It should be the people who are here working. The board [members] all have other jobs. It says right here in the bylaws that [the board] is not here to micromanage. They're supposed to be an advisory board for the [shelter] director and unfortunately that wasn't happening. I think there was one person on the board who was responsible for a whole lot of turmoil at the shelter."

Johnson also said that the shelter's recently tumultuous relationship with the WCSO and its animal control officers was already a thing of the past.

"I've got a great working relationship with the sheriff's office, which they've never had here. They've always put out an 'us against them' mentality and passed that on to their workers. And they are my brothers," Johnson said of the WCSO animal control officers. "I love them and we work together really well. They don't want someone on this side working against them and that's been an ongoing problem."

So while it's still early in a changing landscape, it seems that wherever the blame has lain for the recent tumult at the HSWC and its shelter, the recent board turnover has had an initially posi-

**See Shelter, 14**

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## Realigning election?

# Could this be a realigning election?

*What kind of change will this presidential election bring to the political landscape? Historian Robert S. McElvaine compares 2008 with past elections, and concludes that the results this year have the potential to be broad, profound and lasting.*

**This year's equation:  
1920 + 1932 = 2008**

By Robert S. McElvaine  
History News Service

We often hear that the election that takes place next Tuesday will be one of the most important in American history. Such statements, however, are often little more than hyperbole. To make the case that an election is momentous, you need to compare it with previous critical ones.

The most important elections are those in which political history changes course. There have been only three genuine realignments in the past 125 years. They centered on the presidential elections of 1896, 1932 and 1968.

It's often assumed that realignments are the positive results of the actions of popular leaders, such as Franklin D. Roosevelt and Ronald Reagan. In fact, however, the origins of realignments are always negative. Voters turn against a party that has long held power when it presides over a major failure.

A long period of Republican dominance began with the 1896 election as the result of an economic collapse, the Panic of 1893, that started under the Democrats. GOP supremacy continued until an economic collapse on its watch, the Panic of 1929, turned the public against the party. The Democratic ascendancy that was made possible by the Panic of 1929 and began with the Election of 1932 lasted until 1968, when a disastrous, unnecessary war discredited the party.

The 1968 turning point was somewhat disguised in that year's election because of the third-party candidacy of George Wallace and a very narrow victory by Richard Nixon. But Republican strategists un-

derstood that if they could add the Wallace vote to Nixon's they would have a substantial majority and that they could do that by running against "the Sixties." The GOP used that formula to win an overwhelming victory in 1972. Watergate temporarily slowed the Republican ascendancy, but it was clear by 1980.

Now the long period of Republican dominance that began with a negative reaction against the Democrats in 1968 appears likely to end next Tuesday because both a disastrous, unnecessary war and the Panic of 2008 have discredited the Republicans. If so, Barack Obama will be presented with an opportunity to turn a negative rejection of the party blamed with messing things up into a positive mandate for change and a lasting majority for his party. FDR was able to take advantage of such an opportunity, but Nixon was not, leaving it for Reagan to do so a decade later.

As for which previous election this year's most resembles, several candidates have been nominated. The two mentioned most often are 1960 and 1980.

In 1960, a young, inexperienced "celebrity" Democrat from a minority that had never before produced a president ran against a more experienced but less likable Republican. The young, handsome, Catholic John F. Kennedy won a narrow victory over the experienced, monochromatic Republican vice president, Richard Nixon.

Voters in 1980 were very upset with the failings of the incumbent party's president but were also fearful that the challenger was not up to the job, had no experience in foreign policy, and might be dangerous. In the closing days of the campaign, though, a majority of voters decided that it was even riskier to keep going in the same direc-

tion with Jimmy Carter than to take a leap into the unknown with Ronald Reagan.

Both of these elections parallel that of 2008 and point toward an Obama victory this year. There are, though, three other elections that are even more similar to the one this year.

In 1896, the party in power under which the economy had collapsed nominated a man who disagreed with the party's president on some issues. Although William Jennings Bryan was far more different from Democratic President Grover Cleveland than John McCain is from Republican President George W. Bush, Bryan's party affiliation helped to doom him and William McKinley was elected.

In 1920, the incumbent party's president had become very unpopular as a result of a war that had not produced the idealistic results he had promised when the United States entered it. Woodrow Wilson was not on the ballot, but his party's nominee, James Cox, was chained to his party's unpopular president, who pulled him down like an anchor, and Republican Warren Harding won in a landslide.

In 1932, as in 1896, the economy had collapsed and the incumbent president was extremely unpopular. The challenger was a man who was criticized as being all fluff and no substance. That challenger, Franklin Roosevelt, easily defeated the incumbent, Herbert Hoover.

Next week's election is shaping up as a combination of 1932 and 1920. The Panic of 2008 is having an effect on the Republican nominee similar to that of the Panic of 1929 on the Republican candidate in 1932. But, unlike Hoover in 1932, McCain is not the incumbent president. That circumstance makes the

2008 election more like that of 1920: McCain is being weighed down by his party's president and that president's war, as Cox was in 1920.

The equation for next Tuesday, then, is: 1920+1932 = 2008.

And we can take some comfort in the fact that history indicates that while realignments are caused by party failures,

they usually set the country in a fresh direction and usher in needed reforms.

*Robert S. McElvaine, a writer for History News Service, is a professor of history at Millsaps College and the author of "The Great Depression."*

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## Town continues mandatory water restrictions *River levels stay below state guidelines for conservation action*

The Town of Front Royal Department of Environmental Services has observed that the 14-day rolling average stream flow rate of the South Fork of the Shenandoah River continues to be below 340 cubic feet per second (cfs), or approximately 220 million gallons per day following the rain over the weekend of Oct. 25-26. Due to those measurements mandatory water restrictions first instituted on Oct. 21 have been continued the town announced on Oct. 28. Voluntary water conservation measures first requested of citizens on Oct. 15 also remain in place.

The average river flow for 2007 as measured by the United States Geological Survey was 1,774 cfs, indicating that the river is flowing at 19% of last year's average flow. The Town's permit for water withdrawal from the river issued by the Virginia Department of Environmental Quality stipulates certain river flow rates require various conservation measures.

As a result of this reduced river flow and in compliance with the issued withdrawal permit, all users of the Town of Front Royal's municipal water system are advised to observe mandatory water conservation efforts.

During periods of mandatory water conservation, all users of Front Royal municipal water system shall be prohibited from the following:

1. The watering of shrubbery, trees, lawns, grass, plants, or any other vegetation from Town water supplies (except indoor plantings, greenhouse and commercial nursery stocks, and new plantings less than one year old) between the hours of 9:00 a.m. and 4:00 p.m.
2. The outdoor washing of automobiles, trucks, trailers, boats, airplanes, or other types of mobile equipment, except in a commercial vehicle wash facility.
3. The washing of private streets, driveways, parking lots, service station grounds, or other paved outdoor surfaces.
4. The operation of any ornamental fountains, unless the water is recycled. Municipal ornamental fountains shall be cleaned and closed within two (2) days of the mandatory water conservation restriction declaration.
5. The filling of swimming and/or wading pools, except that filled pools may be topped off to maintain the appropriate levels for use.

*Violation of any of these mandatory water conservation activities can be punished by a fine up to \$1000 per offense committed. In addition, each day that a violation occurs can be punished as a separate offense. Water users are urged to comply with these efforts.*

### Voluntary conservation

Citizens are requested to continue to reduce water usage through various other voluntary water conservation measures enacted earlier.

Voluntary water conservation practices include the following:

1. Serving drinking water in restaurants only upon patron request.
2. Operating only fully loaded dishwashers and clothes washing machines.
3. Take short showers instead of baths.
4. Turn off the tap while shaving or brushing teeth.
5. Use two basins when washing dishes by hand, one for washing and one for rinsing, rather than letting the tap run.
6. Reduce all non-essential water usage.
7. Repair or replace all water fixtures with reduced flow fixtures.

Conserving water will not only assist during this drought period, but will also save consumers money on their utility bills. Thank you for your assistance in conserving our water resources during this low river flow time period. Please monitor your local media sources for future reports of water conservation efforts in the Town of Front Royal. If you have any questions about this project, please contact the Department of Environmental Services at (540) 635-7819.

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### Shelter, from 12

and its president's harshest critics may have to admit their adversaries got at least one thing right in the end – after months of firings, hirings, refirings and walkouts, it appears the previous board's final hire was on the

But even the ousted board

itive impact in moving things forward onto more steady footing for both humans and animals at the Wagner shelter.

money. At dawn's first light in the wake of the Oct. 16 rocket's red recall glare, it appears Jane Johnson is the right person, in the right place, at the right time for the Julia H. Wagner Animal Shelter.

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"Perhaps you should look more closely at your informants and see if you are being used for the satisfaction of others who may have exhausted their means to retaliate against our Director and the Warren County Department of Social Services." – WCDSS Board Chairman Prudence Mathews on allegations of departmental improprieties

## Warren County

# County social services war of words heats up

## Board chair responds to Pierceall's allegations of wrongdoing



**File photo of WCDSS Board Chairman Prudence Mathews and department Director Ron King at board meeting within last year.**

By Roger Bianchini  
Warren County Report

Stung by allegations of potential collusion within the Warren County Department of Social Services to pad the director's salary in return for potential favors in personal benefit distribution, WCDSS Board Chairman Prudence Mathews has lashed back.

In a lengthy series of e-mail exchanges with WCDSS Director Ron King, county resident Bill Pierceall has requested a variety of documentation on departmental procedures and policies. Based on some of that information Pierceall addressed the Warren County Board of Supervisors on DSS matters to at its Oct. 21 meeting. At the conclusion of his remarks Pierceall presented a thick packet of materials regarding his questions about how the social services department operates.

Two of Pierceall's chief complaints are King's \$120,535 salary and the length of Mathews' tenure on the social services board,

as well as her possible role in salary increases King has received. Pierceall noted that King's salary is higher than Winchester's DSS director. Portions of social service director's salaries are paid by the state, the rest from the locality in which the state-funded and overseen department operates. Pierceall also questioned whether the county department wasn't operating under outdated state code sections, and was therefore operating "without proper legal authority."

According to Pierceall's research of WCDSS archives when King was hired in 1999 the state paid \$62,729 of his \$72,000 salary. In his Oct. 21 presentation to the supervisors Pierceall questioned whether the county had paid the balance of King's salary "unknowingly."

"The accusations of Bill Pierceall are false, malicious and inaccurate," Mathews began in an e-mail concerning Pierceall's allegations and front-page coverage of those allegations in a regional daily newspaper. "I challenge

you, Mr. Pierceall, to divulge the sources of the accusations you have made against me personally."

"The question by Mr. Pierceall suggesting quid pro quo (Latin for "something for something" or English "a favor for a favor") regarding money controlled by DSS authorities is insulting and threatening. Wherein does your prejudice lie – female or people of color?" Mathews asked, questioning Pierceall's motive.

County Social Services Director King is black.

In a subsequent telephone interview, Mathews pointed out that King has been county DSS head for the last 10 years of a 28-year career with the state and its local social services branches. She said that compares to a three-year tenure by the Winchester DSS chief whose salary Pierceall compared King's to.

"Winchester also has an assistant director, Ron doesn't. And other than possibly a state cost of living increase Ron hasn't gotten an increase from us in two years because we haven't had [the money]. A lot of what Ron makes is determined by the state," Mathews said of the county social services director's salary.

"In regard to Mr. King's salary and your comments that habitually are taken out of context, it is puzzling to me that you feel that you are so well informed that you can evaluate Mr. King's performance since you have no idea what his evaluation, with guidelines provided by the State, requires," Mathews stated of Pierceall's

criticism of King's salary. "That you are of the opinion that Mr. King's performance is 'average' is simply your opinion of something that you know absolutely nothing about. There is neither room for, nor need of 'favors' at DSS. If you do your homework you will see that the Department is strictly governed by the Virginia Department of Social Services. I would say to you Mr. Pierceall, that you are getting your information from the wrong people. Perhaps you should look more closely at your informants and see if you are being used for the satisfaction of others who may have exhausted their means to retaliate against our Director and the Warren County Department of Social Services."

Asked about potential sources she feels may have Pierceall's ear, Mathews declined to elaborate.

In his prepared remarks to the supervisors on Oct. 21, Pierceall cited a newspaper article from a "few months ago" alleging "irregularities at WCDSS that first attracted his attention.

In that general timeframe issues have been publicly raised by local attorney Linda Selover over issues involving the social service department's role in her invalidated mother's care as arranged by her father and what she believes were unsatisfied Freedom of Information Act (FOIA) requests to WCDSS. Other allegations against King and WCDSS have been raised in the last year by former WCDSS caseworker Judy McClosky over her termination by King. McClosky's grievance

filed over her termination produced no result.

"You can certainly continue to do your 'thing' Mr. Pierceall if this is your entertainment, but let me tell you, the Warren County Department of Social Services is a well run Department in our County," Mathews concluded in her reaction to an Oct. 27 front-page story in the NVD. "Aside from the grief that we hear from you and others on a regular basis, our Department will continue to operate above board in a manner that will serve the citizens of our County fairly and with the utmost of trust and confidentiality. Our Board of Directors is committed to this and our citizens can be assured that despite the ugly, malicious and inaccurate accusations by you and others, we will continue to do the work we are sworn to do."

Programs provided by WCDSS and overseen by its director include Foster Care, Adult Protective Services, Food Stamps, Heating, Cooling and Medical Coverage assistance, Housing and Adoptions.

Asked if she felt she had been libeled by Pierceall in any of his queries on WCDSS business, Mathews said, "I have discussed that with my attorney." She refused to elaborate further.

The afternoon of Oct. 29 Pierceall indicated he was preparing responses to the major points raised by Mathews in her e-mail and forwarded to him as questions by this paper (see related story, pg 16.)

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# Warren County

“Would it be fair of me to ask if this is an example of shooting the messenger for delivering a message? The important thing here is are we going to discuss the donut or the donut’s hole? ... it is entirely possible, indeed, very likely, somebody I know is connected with Ms. Mathews mind-movie demons, [Linda] Selover and [Judy] McClosky.” – Bill Pierceall

## Pierceall defends county social services inquiries

By Roger Bianchini  
Warren County Report

In an e-mail received Oct. 29, Bill Pierceall responded to a number of questions posed by Warren County Department of Social Services Board Chairman Prudence Mathews concerning Pierceall’s recent criticism of the department reported elsewhere in this issue.

We summarize those responses as follows.

### ‘Informants’

Concerning the source of his interest in WCDSS affairs and so-called “informants” directing that interest, Pierceall said, “Unfortunately, my previous notebook computer had a motherboard malfunction and I lost a couple of individual NV Daily articles. I still have 20 issues of The Warren County Report saved to my desktop computer and my search engine says 14 of them have references to Social Services.

“The answer to ‘do you have sources’ is yes, several hundred and growing. I liken some of my sources as ‘those people who throw messages wrapped around bricks over my transom.’” Pierceall elaborated, “I use 4 email lists containing approximately

250 individuals. To every one of those names I guarantee confidentiality if they, or anyone who receives a copy, reply with volunteered information.

“Would it be fair of me to ask if this is an example of shooting the messenger for delivering a message? The important thing here is are we going to discuss the donut or the donut’s hole? If you believe in Kevin Bacon’s ‘6 Degrees of Separation,’ it is entirely possible, indeed, very likely, somebody I know is connected with Ms. Mathews mind-movie demons, [Linda] Selover and [Judy] McClosky.”

### Director’s performance

Concerning his appraisal of King’s performance as director of the county social services department, Pierceall said, “I am not aware of any Board member, Chair Mathews included, who has observed Mr. King perform his daily duties and interact with the DSS staff. No public person or private citizen, as far as I know and excluding DSS clients visiting their case workers, has ever observed Mr. King working with his subordinates or how he handles himself in this position and reported their observations. The WCDSS Employee Handbook



File photo of Bill Pierceall at Warren County Board of Supervisors meeting.

prohibits employees from talking to newspaper reporters and the public at large.

“What exactly are the Board members rating – his shoeshine, haircut, clean clothes and friendly disposition? Are they rating the monthly blather that passes for the Directors Report at the monthly Board meetings? Now there is one speech that could put a glass eye to sleep. I know, I’ve tried to listen without yawning.”

### Quid pro quo?

Concerning his quid pro quo

(you scratch my back, I’ll scratch yours) observation of Mathews’ potential role in King’s salary increases over the years indicating potential departmental irregularities, Pierceall said, “Evidence certainly points in that direction. In addition to King’s signature, as Board Chair, her signature is the only one needed to sign off on King’s raises. Where are the votes she’s talking about? Ten years of Board meeting minutes do not reveal these votes. If the votes are held in closed session, then they are going into illegal closed sessions, as his salary is pub-

lic knowledge, readily obtained from multiple sources. What is not readily available from multiple sources is how and who pays his salary?”

Could such a quid pro quo arrangement imply illegal activities within the department?

“I am not an attorney. I am simply a concerned citizen asking my elected representatives to investigate information contained in public records. The Warren County Board of Supervisors will decide if any laws or codes of conduct have been violated.”

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Letters to the editor are welcome but must include the sender's name, contact information and be limited to 750 words. E-mail: [editor@warrencountyreport.com](mailto:editor@warrencountyreport.com)

# Letters

Editor:

This 2008 presidential election is about judgment and intellectual vigor. These are requirements to get us from the actual economic abyss, two wars, high priced daily commodities, etc...

During canvassing assignments for Obama in Warren County, I often met undecided voters who questioned his level of experience. Some Mc Cain's supporters even suggested he is inexperienced.

Obama has the necessary judgment, and experience to lead America in this global world where we are more and more interconnected than ever. He has the necessary judgment to be commander in chief. Those who argue that Obama lacks the necessary experience to lead the USA in this global environment are flatly wrong. They are mistaken. They confuse experience and judgment.

Experience relates to the set of our doings over a period of time. Judgment is the foundation, which helps build a track record of doings, and results on a set

of experience. Dick Cheney, the current Vice President, and Donald Rumsfeld were the most experienced individuals in running the American government. After all, they've been there before with Richard Nixon and Gerald Ford.

Helped in their policies with Mc Cain, see where they led us: high unemployment, high foreclosure rate, financial system in the brink of collapse, high cost of gas, and higher prices for other staple food most middle class families rely upon like bread, flour, milk etc...

The middle class squeeze is upon us. Average middle class income is down about \$2,000.00 compared to the Clinton's years. The projected surplus has turned down in gigantic deficit.

By contrast, Obama has demonstrated the sound foundation of his judgment's abilities; time and time again, he was proven right. He can think, and take appropriate actions in line with his judgment. That's consistency! When he could have made more money after graduating from Columbia University in NY, he chose to work for about \$10,000.00 a year

helping struggling families after their mills were closed, and their jobs shipped overseas. When it was popular to start the Iraq War, he was against it with a rational that reads today as a biblical prophesy.

As we think, so we talk, and

we do. The sum of our doings is called experience. Obama has the right kind.

Being elected President of the USA, Obama will bring more of our foes into the tent of global discussions, and threats to our national security will be dimin-

ished because more countries will be willing to work with the USA again, and global threats will be reduced.

G. Bediong  
Front Royal, VA

## DOWNTOWN FRONT ROYAL SEEKS NEW BOARD MEMBER

Downtown Front Royal, Inc., a 501c3 organization, is currently in search of interested individuals to serve on their Board of Directors. The mission of Downtown Front Royal is to promote, preserve and revitalize Front Royal's historic Main Street district as the commercial and cultural center of Front Royal Warren County; to provide opportunities for citizen's education and involvement in the process of the revitalization and improvement of Front Royal's historic district; and to work in partnership with local, state, and federal governments and private businesses, foundations, and private citizens to accomplish these goals.

Business owners and/or employees, residents and representatives of non-profit organizations located in Front Royal/ Warren County are all being considered. If you feel you have qualities to help further these goals, we would like to hear from you. Please obtain an application for serving on the board via the Downtown Front Royal website at [www.downtownfrontroyal.org](http://www.downtownfrontroyal.org); by calling the Downtown Front Royal office at 540-631-0099; or via email to [info@downtownfrontroyal.org](mailto:info@downtownfrontroyal.org).

If you have further questions regarding the duties, responsibilities & expectations of board members, please contact any board member. Contact information for board members can be found online at [www.DowntownFrontRoyal.org](http://www.DowntownFrontRoyal.org). Applications will be accepted until November 24, 2008.

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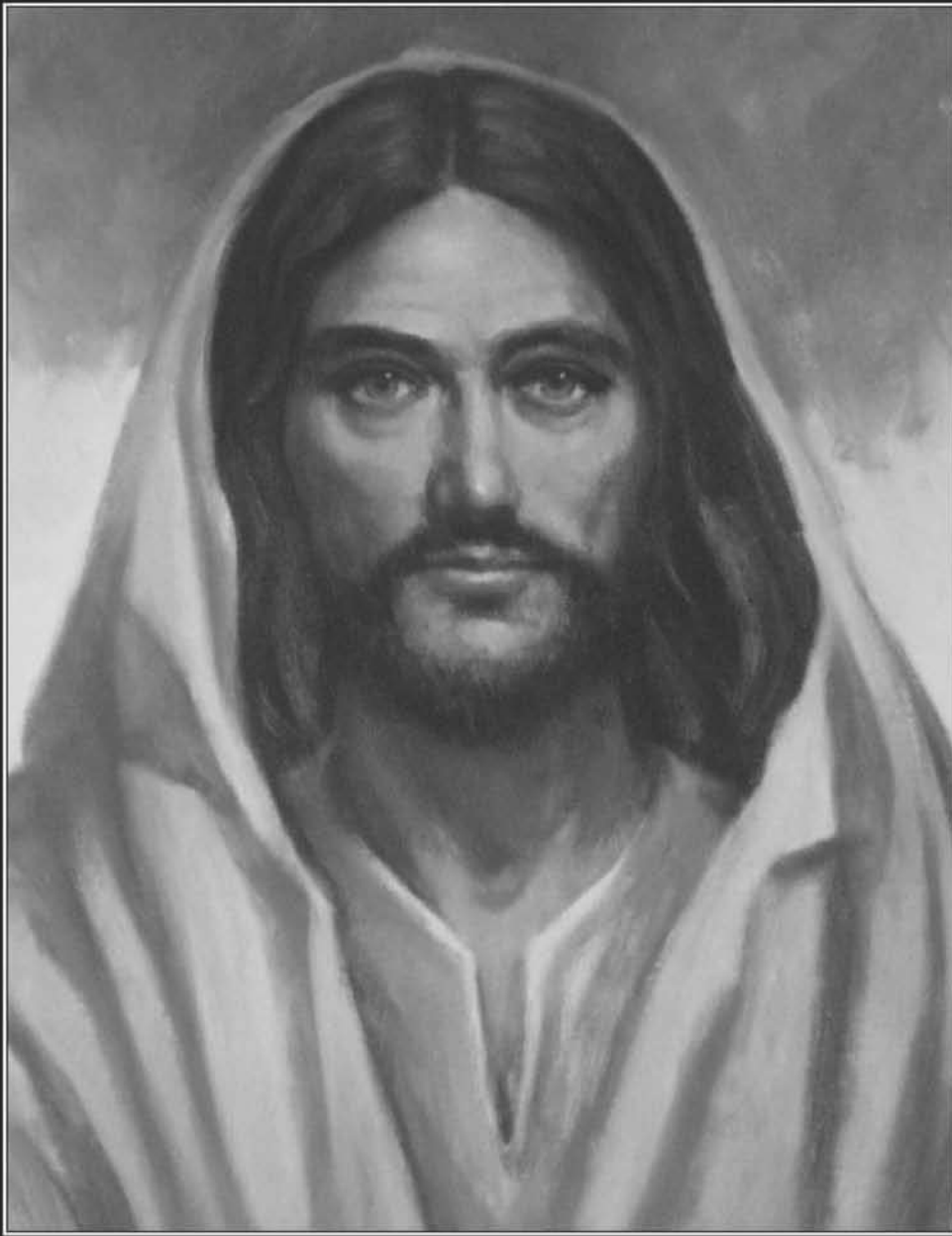


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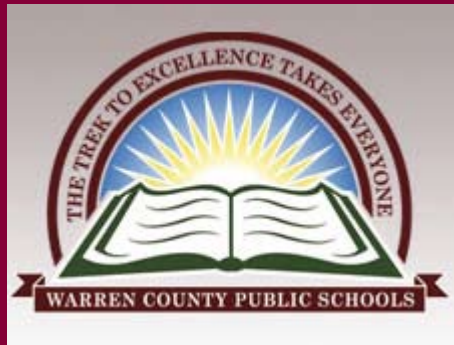
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## Edward Jones Financial Advisor Announces Grand Opening At New Location



L to R: Teresa Thomas, Dolly Mason, Financial Advisor Richard Mason, Mayor Eugene Tewalt, Chamber Vice-Chairman Mimi Ouakil, and Tracey Funk

From Janis Miller

A Grand Opening/Open House for Dick Mason's new Edward Jones office was held on Saturday, September 20, 2008 at "The Triangle" 21 Lee Street and Luray Avenue. The new office is located in the newly renovated historic former residence of Carl and Emily Thompson. On hand for the Grand Opening and ribbon cutting were Mayor Eugene Tewalt, Town Manager Michael Graham, as well as other dignitaries.

The original structure was constructed in about 1890 as a private school run by the Holcombe sisters. Around 1900 it was purchased by the Ramsey family (original owners of Ramsey Hardware on Main Street) who remodeled it as a residence. It was later passed on to their daughter, Emily and her husband, Carl Thompson. Extensive renovation has been done over the past year by Dick and Dolly Mason with an eye to preserving this very historic structure for future generations.

After serving for 21 years in the Front Royal area as an Edward Jones Financial Advisor, Dick Mason exclaims, "I am very excited to be reopening my Edward Jones Office in this lovely historic setting! I really see a need for the type of service we provide which concerns itself exclusively with the needs of individual investors and small business owners providing everything from education savings to retirement accounts. I am happy to continue bringing this kind of personalized service to our community."

Dick Mason invites the public to join him and his staff for tours of this newly renovated office during the Festival of Leaves Celebration on October 11, 2008. His office is coordinating this tour with the Warren Heritage Society.

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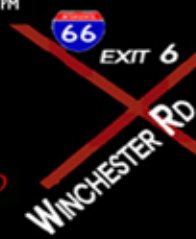
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# Humane

“We were dependent upon the members who were not directly involved in the recall effort, on either side. But they did not show up and the vocal minority won ... It seems to me that the wrong group was targeted for criticism.” – former HSWC Board President Doug Scott

## Scott remains bitter about humane board recall vote

By Roger Bianchini  
Warren County Report

Immediately after his board was recalled on Oct. 16 we asked resigned board President Doug Scott for a reaction to the evening's events. Knowing this paper had two weeks of lag time before publication he asked for time to reflect before responding.

In an e-mail exchange on Oct. 29 Scott expressed his feelings in response to questions posed to him. It appears that two weeks was not time enough to heal old wounds. Scott remained adamant that he and his board were the victims in a personal vendetta based largely on misguided past grievances. Some of his comments echoed statements at the recall meeting; others are based on his perception of events that have followed. We print his comments virtually unedited below.

WCR: Two weeks down the road what is your perspective on the recall?

Doug Scott: It was unquestion-

ably based on friendships and alliances. We were defeated by former employees who were fired for killing cats without cause or authorization, intentionally violating state code, abandoning the animals and the shelter, and other acts of insubordination and violation of shelter policy and state code.

We were defeated by a former employee who was asked to resign and a former member of the board who put a personal relationship ahead of doing what is in the best interest of the shelter. We were defeated by former board members who had lost their seats in the past and sought revenge.

And we were defeated by the friends of all of the above.

Some noteworthy items:

A. Kim (Vohs) was after us for asking her friend to resign. They wanted to get Jeanette [Farrell] reinstated. What they did not know is that the other factions in the recall had promised the County that Jeanette would not be rehired. Of course, this was

kept from Kim and Jeanette so the coalition would stay intact. Only after the recall did Kim find out so she resigned from the board – again (in a related story Vohs denies this).

B. You can expect the new board to significantly reduce the amount of money the County was being asked to pay [Scott's board requested a \$60,000 annual increase to \$186,000].

C. If we had it to do all over again, I would be much more aggressive during the recall meeting rather than choosing the passive approach. I would let no accusation go unanswered, no matter how outrageous the accusation.

D. Recall leader John Ewell was quoted as saying he wanted a board consisting of all new people. Not a bad idea, I thought, but the new board consisted of three former and previously recalled board members.

E. [Former shelter director] Peg Goodyear said my treatment of the animals was shameful. What??? She must not like the brand of treats I bought them. Maybe she was referring to all the

time I spent playing with them. I suppose she could have been referencing the money I personally donated to get them medical care. Or course, it's hard to say since she has not stepped foot on shelter property for about five years!

F. I cancelled the memberships I had paid for because it became clear to me that employees should not have a vote and if they were going after the board it could be done on their dimes; not mine.

G. On their first day, the new board cancelled the order for the cat cages. Better dead than more work for the staff that is supposed to clean up after them?

H. The staff has made it clear that they are in charge and they will go to any lengths to get what they want (or 'get' who they don't want) – truth and honesty optional.

I. Jane has rehired all of the fired staff because they are 'knowledgeable.' Jane apparently does not care that every fired person had committed at least one serious ... offense so long as they did not do it to her. Nowhere else would this

kind of rehiring be done.

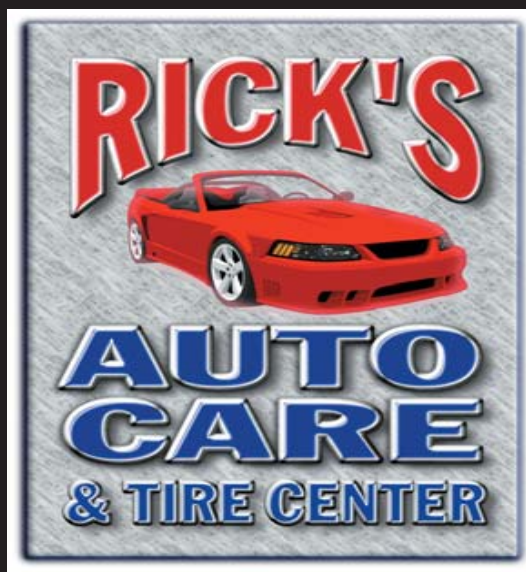
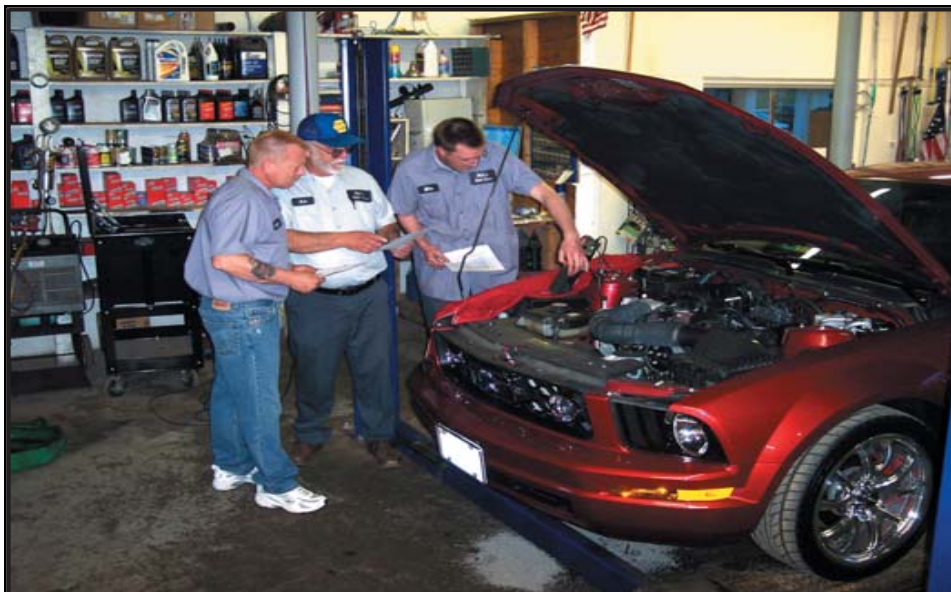
J. Several attendees at the recall meeting said the staff was 'nice' and they liked the staff. The staff is probably nice as can be but good business practices and decisions should not take a back seat.

K. At no time did anyone at the recall meeting demonstrate that the board was guilty of anything we had been publicly accused of before the meeting, but the facts did not matter.

L. Many people tried to make me the issue at the recall meeting, but I called the bluff with my resignation. They still recalled the rest of the board.

WCR: Jane Johnson said there has been quite a bit of stabilization of the situation with staff and conditions at the shelter over her first 2 weeks. She said it had been somewhat unkempt and chaotic when she took over on Oct. 17. Do you think all the infighting you had been engaged in could have had a negative, if unintention-

**See Scott, 23**



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"I think when Tom [Robinett] explains to them how the question posed to them should have been worded they will reverse the opinion that we exceeded the 45-day time limit. On the other issue of Councilman Parker's voting rights, we have already worked on the assumption that he could not legally vote on those categories cited." – Vice Mayor Bret Hrbek

# Oops!

## AG's office may rule Parker illegally seated by council

### *Vice-Mayor Hrbek predicts opinion will change when facts clarified*



**Was Shae Parker humming that old Beatles favorite "Hello, Goodbye" as he was welcomed to council by Tom Sayre on Aug. 11?**

By Roger Bianchini  
Warren County Report

In a late breaking story Warren County Report has been informed that 18th District Del. Clifford L. "Clay" Athey has received preliminary, courtesy notice from the Office of Virginia Attorney General Bob McDonnell on a potential formal opinion on the status of Front Royal Town Councilman Shae Parker's seat and voting rights.

According to information provided by Vice Mayor Bret Hrbek and verified by Parker on Oct. 30, that opinion is that the town council illegally "appointed" Parker because it had exceeded

the 45-day maximum time to fill a vacant seat authorized by state law. The opinion also reportedly would be that were Parker legally seated by council he would be appointed, rather than elected, therefore not having voting rights on certain items related to finances, bond issues, annexation matters and the awarding of franchises by the town.

"I don't think there is anything for me to comment on at this point," Parker said on Oct. 30. "My understanding is it is an informal opinion at this point. I believe it is something the town attorney and full council will ultimately have to deal with – that is why we have a town attorney."

Parker added that his understanding is that the opinion on the legality of his seating by council may be based on inaccurate information. Issues surrounding the town exceeding a 45-day timeframe in which to fill a vacant council seat came about when Councilman and Mayor-elect Eugene Tewalt chose to be sworn in on June 25, six days before Mayor James Eastham term officially expired. Parker said he has been told the notice to Athey states that Tewalt resigned his council seat at or near the time he was sworn in as mayor. Parker said he has been informed Tewalt did not resign his council seat when he was sworn in as mayor.

If that is in fact the case, Tewalt's council seat would not have actually come vacant until July 1, therefore placing Parker's selection to fill the seat within the 45-day time frame.

Hrbek said it was also his understanding the informal notice sent to Athey incorrectly reported Tewalt as resigning his council seat at the time he took the mayor's oath.

"I think we all have taken our oaths prior to the date terms began either because of scheduling conflicts or the availability of the court clerk the day those terms actually began," Hrbek said. "And even if Mayor Eastham had resigned his office prior to July 1, Tim Darr (then vice mayor) would have become mayor until July 1. I



**Sing it pretty Shae: "I say hello, you say goodbye; Hello, hello, I don't know why you say goodbye, I say hello."**

think when Tom [Robinett] explains to them how the question posed to them should have been worded they will reverse the opinion that we exceeded the 45-day time limit. On the other issue of Councilman Parker's voting rights, we have already worked on the assumption that he could not legally vote on those categories cited – appropriations over \$500, annexation and those other issues. So I think we'll continue to move on as we have been. It's nothing against Shae, it is a question of interpreting the letter of the law and whether or not it was followed."

Parker was officially selected

from a pool of candidates fulfilled Tewalt's seat at the regularly scheduled council meeting on Monday, Aug. 11, 47 days after Tewalt took the oath of office as mayor but only 41 days after Jim Eastham's term as mayor officially ended.

Parker acknowledged he became aware of the AG office notice to Athey on Oct. 29 and had spent much of that day getting opinions on the implications of the AG office informal notice.

Efforts to reach Athey, Robinett and others within town government about the matter prior to an extended deadline were unsuccessful.

### Scott, from 22

tional impact on how things were going there?

Doug Scott: That's ridiculous. There was a very divisive recall election; of course it was a bit chaotic.

The comment about the place being unkempt is equally ridiculous. We had a surprise inspection by the State Vet less than 48 hours before the recall meeting and we passed. In fact, we were praised!

Simply put, outright lies were spread about the board. We were

dependent upon the members who were not directly involved in the recall effort, on either side. But they did not show up and the vocal minority won, despite the fact that the accusations were baseless. Yet we could prove that some of the staff had, on several occasions, intentionally tried to sabotage the shelter. It seems to me that the wrong group was targeted for criticism.

The final vote count was 36 for the recall and 17 against. This means that less than a quarter of the membership cast a vote.

*From left, Doug Scott, Mary Williams and Dr. Richard Hammitt.*



## Skyline Drive

“Skyline Drive is an outstanding example of the naturalistic landscape design developed by the National Park Service in the 1920s and refined in the following decade in the national parks and parkways of the eastern United States,” according to the Interior Department.

# Skyline Drive Designated a National Historic Landmark

## *Rare NHL Designation Recognizes Places of National Significance*

From a release:

Governor Timothy M. Kaine announced recently that Virginia’s Skyline Drive, a 105-mile roadway which winds through Shenandoah National Park along the crests of the Blue Ridge Mountains between Front Royal and Rockfish Gap, has been designated as a National Historic Landmark by U.S. Secretary of Interior Dirk Kempthorne.

The NHL designation is the highest ranking bestowed by the U.S. government on a historic resource. It is reserved for those places that “possess exceptional value or quality in illustrating or interpreting the heritage of the United States,” according to the National Park Service.

“This designation reminds Virginians of what an extraordinary national treasure we have in the Skyline Drive and the Blue Ridge Parkway, that portion of the road extending beyond Shenandoah National Park,” Governor Kaine said. “What better time for this honor to arrive than in October, when autumn colors along the roadway are at their

peak, attracting visitors from around the state and nation to Skyline Drive’s vistas.”

In 1996, the Department of Historic Resources listed Skyline Drive on the Virginia Landmarks Register and nominated it to the National Register of Historic Places. The department’s nomination cited the road’s national significance as a new model for conservation. That model was based on the acquisition of land with inherent natural beauty for permanent protection, while also providing recreational and scenic opportunities for the growing number of automobile travelers that arose during the early 20th century.

“The paradox of Skyline Drive is that the roadway was a powerful force for preserving the natural and historic landscapes and viewsheds of the Blue Ridge Mountains. From its earliest conception through to its final innovative design, the drive became the centerpiece of Shenandoah National Park, shaping the development of that splendid place,” said Kathleen S. Kilpatrick, director of the Department of His-

toric Resources. “Skyline Drive represents one of the earliest successes in Virginia resulting from a partnership between local, state, and federal agencies.”

In honoring Skyline Drive, the Interior Department notes that the roadway was “[d]esigned and constructed as the backbone of Shenandoah National Park from 1931 to 1942.”

“Skyline Drive is an outstanding example of the naturalistic landscape design developed by the National Park Service in the 1920s and refined in the following decade in the national parks and parkways of the eastern United States,” according to the Interior Department. The road’s balanced design, which flows with the landscape, “became the model not only for the nation, but also for other nations,” according to the Secretary’s announcement.

While Skyline Drive’s construction is often associated with the Civilian Conservation Corps formed under President Franklin D. Roosevelt’s New Deal, work on the roadway officially began in 1931, under President Hoover, who had a presidential getaway cabin at

Rapidan Camp, located today within the park in Madison County.

Although the CCC did not construct the roadbed, “there would be no Skyline Drive without the efforts of the CCC,” according to Reed Engle, a cultural resource specialist with Shenandoah National Park. “They graded the slopes on either side of the roadway, built the guardrails and guard walls, constructed overlooks, planted hundreds of thousands of trees and shrubs and acres of grass to landscape both sides of the roadbed, built picnic areas and campgrounds, comfort stations, visitor contact and maintenance buildings, and made the signs that guided visitors on their way,” Reed writes

on the Shenandoah National Park’s Website.

In Virginia there are 118 other National Historic Landmarks, including George Washington’s Mount Vernon, Thomas Jefferson’s Monticello, Fort Monroe in Hampton and Richmond’s Jackson Ward. Nationwide there are fewer than 2,500 NHLs.

More information on Secretary Kempthorne’s announcement designating Skyline Drive an NHL, along with 15 other sites, is available at [http://www.doi.gov/news/08\\_News\\_Releases/101408b.html](http://www.doi.gov/news/08_News_Releases/101408b.html).

A complete listing of Virginia’s National Historic Landmarks is available at <http://www.nps.gov/history/nhl/designations/listofNHLs.htm>.

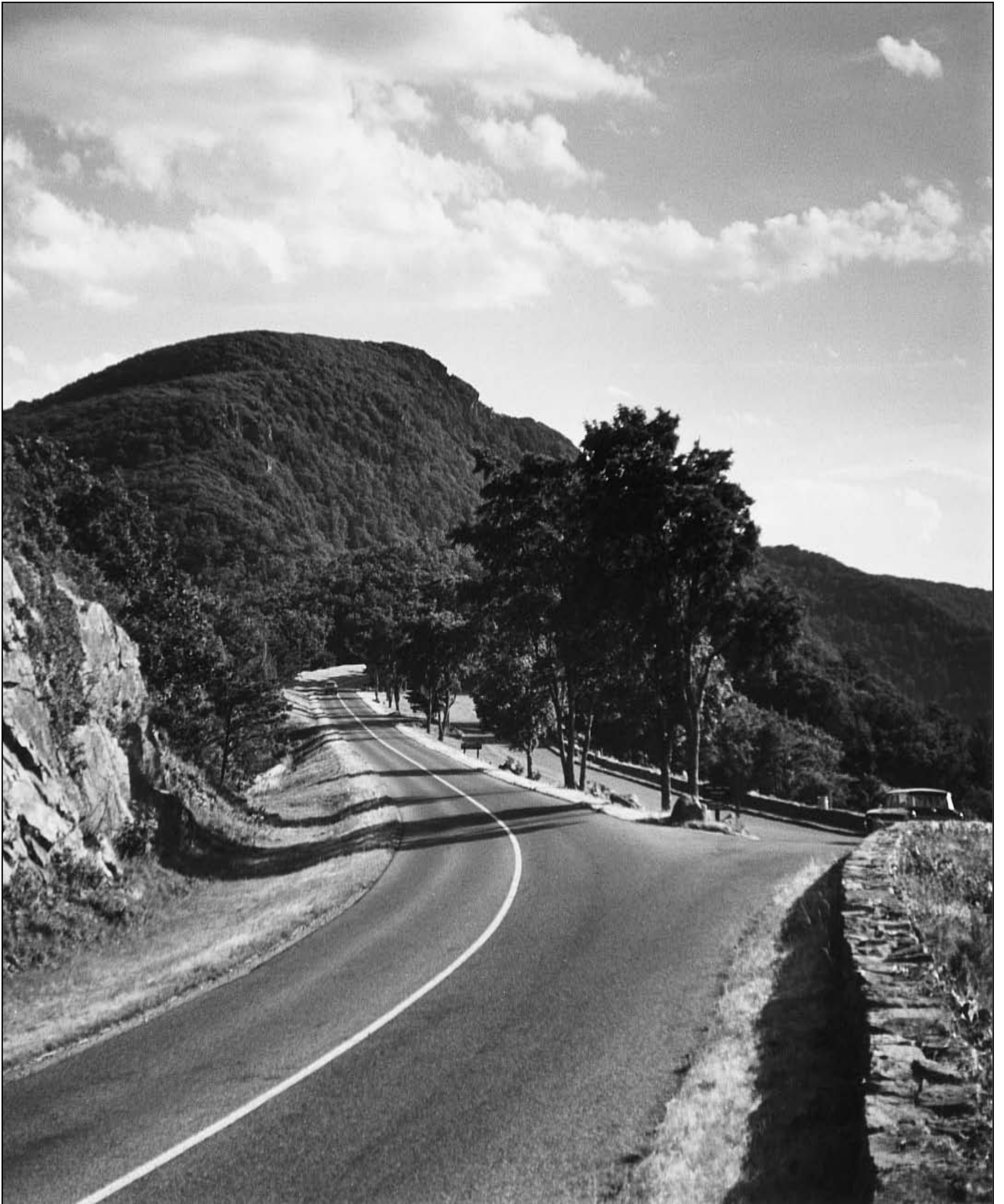
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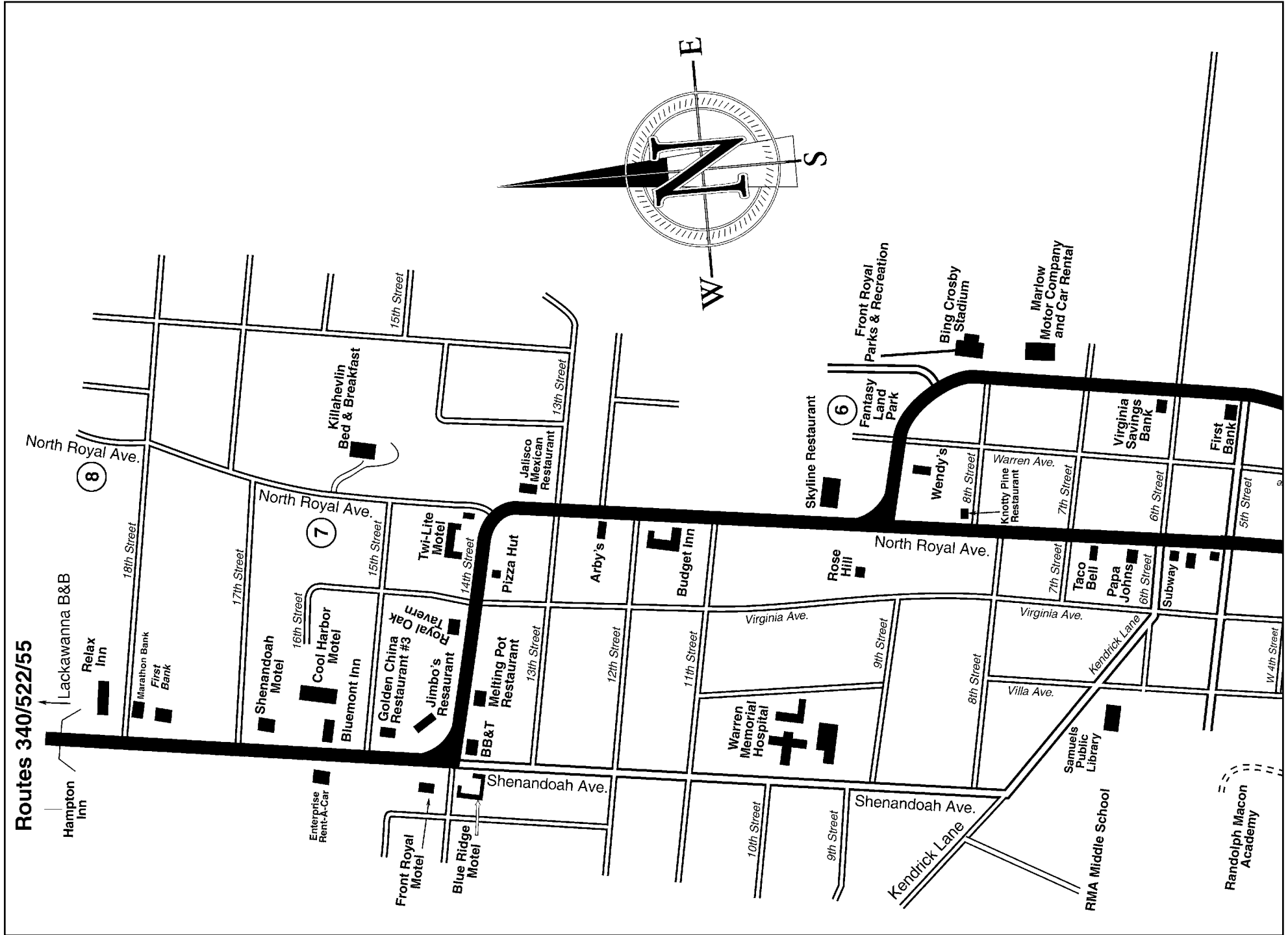
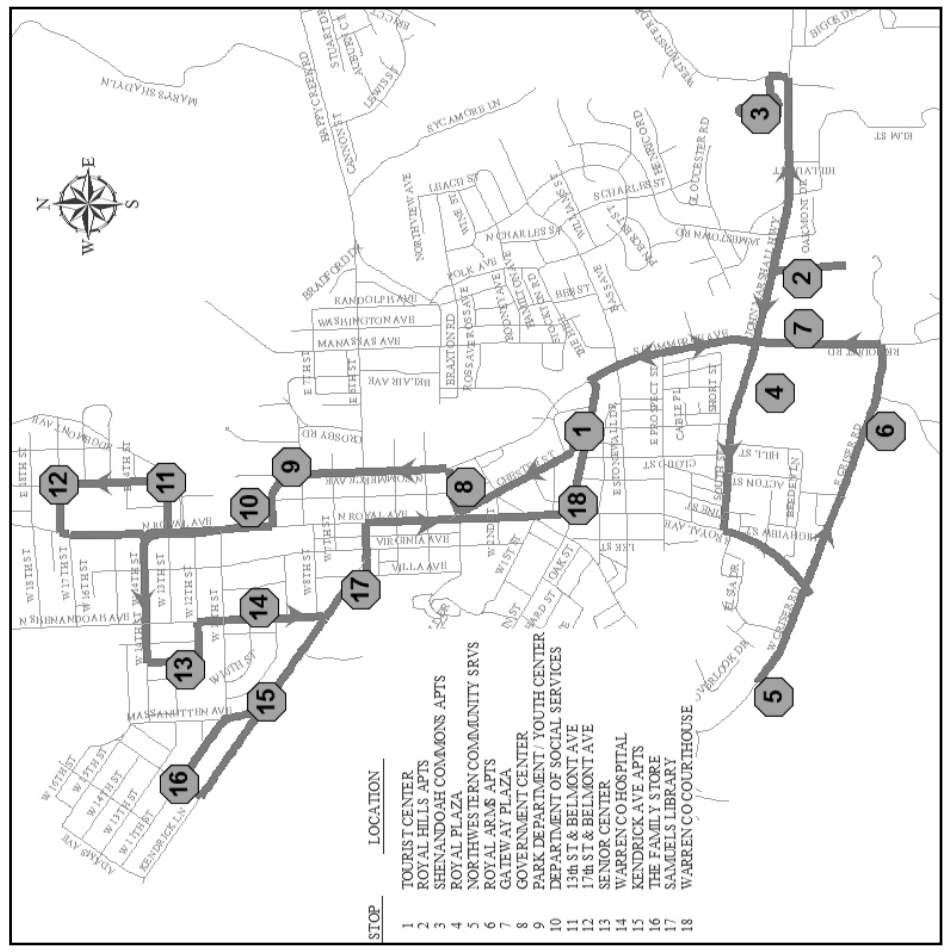
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Northwestern Community Services	:51 :21	8:51-11:51 / 1:21-4:21
Royal Arms Apartments	:54 :24	8:54-11:54 / 1:24-4:24
Gateway Plaza / Food Lion	:56 :26	8:56-11:56 / 1:26-4:26
Visitor's Center	:00 :30	9:00 - 12:00 / 1:30-4:30
Warren County Government Center	:03 :33	9:03-12:03 / 1:33-4:33
Park Department / Youth Center	:06 :36	9:06-12:06 / 1:36-4:36
Department of Social Services	:07 :37	9:07-12:07 / 1:37-4:37
13th Street & Belmont Avenue	:11 :41	9:11-12:11 / 1:41-4:41
17th Street & Belmont Avenue	:12 :42	9:12-12:12 / 1:42-4:42
Senior Center	:16 :46	9:16-12:16 / 1:46-4:46
Warren Memorial Hospital	:18 :48	9:18-12:18 / 1:48-4:48
Kendrick Avenue Apartments	:21 :51	9:21-12:21 / 1:51-4:51
The Family Store	:23 :53	9:23-12:23 / 1:53-4:53
Samuels Library	:26 :56	9:26-12:26 / 1:56-4:56
Warren County Courthouse	:28 :58	9:28-12:28 / 1:58-4:58
Visitor's Center	:00 :30	9:30-12:30 / 2:00-5:00

## Saturday service

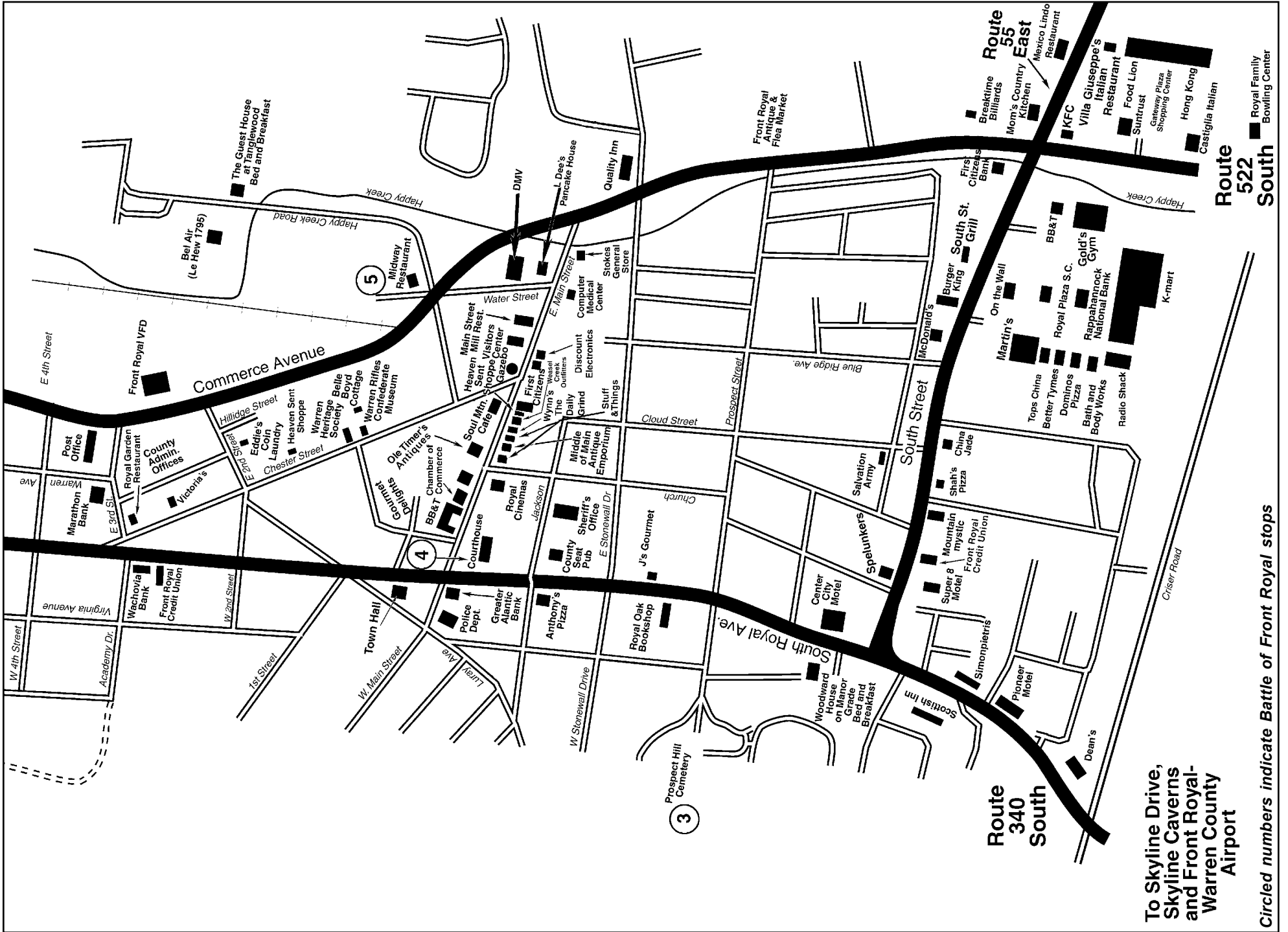
RMA Circle	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
Subway	1:03	1:33	2:03	2:33	3:03	3:33	4:03	4:33	5:03	5:33
Warren Theater	1:07	1:37	2:07	2:37	3:07	3:37	4:07	4:37	5:07	5:37
Visitor's Center	1:08	1:38	2:08	2:38	3:08	3:38	4:08	4:38	5:08	5:38
Bowling Alley	1:14	1:44	2:14	2:44	3:14	3:44	4:14	4:44	5:14	5:44
Gateway Plaza	1:16	1:46	2:16	2:46	3:16	3:46	4:16	4:46	5:16	5:46
Royal Plaza	1:22	1:52	2:22	2:52	3:22	3:52	4:22	4:52	5:22	5:52
Warren Theater	1:26	1:56	2:26	2:56	3:26	3:56	4:26	4:56	5:26	5:56
RMA Circle	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00

## Sunday service

RMA Circle	1:00	2:00	3:00	4:00	5:00	6:00
Subway	1:03	2:03	3:03	4:03	5:03	
Warren Theatre	1:08	2:08	3:08	4:08	5:08	
Visitor's Center	1:10	2:10	3:10	4:10	5:10	
Bowling Alley	1:16	2:16	3:16	4:16	5:16	
Gateway Plaza	1:18	2:18	3:18	4:18	5:18	
Royal Plaza	1:22	2:22	3:22	4:22	5:22	
Target	1:40	2:40	3:40	4:40	5:40	
Samuels Library	1:53	2:53	3:53	4:53	5:53	
RMA	2:00	3:00	4:00	5:00	6:00	

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To Skyline Drive, Skyline Caverns and Front Royal Warren County Airport

Circled numbers indicate Battle of Front Royal stops

## Police awards

These were among the recipients at the Front Royal Police "Promotions and Awards Ceremony" on Oct. 27. More on pg. 32.



**Officer of the Year J. Bryan Courtney, with Capt. Richard Furr**



**Civilian Employee of the Year Cynthia Bailey with the Captain**



***New Beginnings Community Greetings***

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According to an employee at the new 7-Eleven in Crooked Run Center in North Warren County, VA (who said she planned to write-in Micky Mouse Nov. 4th) several customers return throughout the day to buy a second or third cup and boost their candidate's score.

## 7-Election

# Previously accurate 7-Election gives Obama the edge *Democrat way ahead nationally, not doing so hot locally*

By Dan McDermott  
Warren County Report Newspaper

If John McCain and his supporters have seemed angry at recent rallies it isn't because they've been drinking too much coffee.

7-Eleven customers currently give Barack Obama a 20 point advantage in the company's 7-Election poll of coffee drinkers. The Democrat Illinois Senator is leading by 60% to 40% over Republican McCain of Arizona.

Obama leads in all but two participating states. The two are tied 50%-50% In North Carolina and New Hampshire.

While of dubious scientific merit, the choices 7-Eleven coffee drinkers have made in the past two presidential contests have proven to be almost exactly correct nationally and close on a state-by-state basis.

According to 7-Eleven's website, the 2000 7-Election had George Bush 1 point over Al Gore. In 2004, the tally gave Bush 51% and John Kerry 49%.

According to an employee at the new 7-Eleven in Crooked Run Center in North Warren County, VA (who said she planned to write-in Micky Mouse Nov. 4th) several customers return throughout the day to buy a second or third cup and boost their candidate's score. Most customers purchase a cup with no logo. She figures they are independents.

7-Eleven serves more than 1 million cups of coffee per day. On the net: 7-election.com

editor@warrencountyreport.com



**44 year-old Teddy Smoot of Shenandoah County, VA is a coffee drinker and a McCain man.**



**32 year-old Tata Lewis lives in Winchester, VA but works in the Sally Beauty Supply in Crooked Run Center in North Warren County, VA. She was buying her second Obama cup of the day.**



**While down 60-40 nationally in the 7-Election poll, John McCain was faring well Oct. 18th at the new 7-Eleven in the north side Crooked Run Shopping Center. No other 7-Elevens in traditionally-Republican Front Royal and Warren County, VA had current results posted.**

## REWARD



**LOST CAT** - Our one year old cat, "PUMA" went missing in Front Royal (RiverView Estates Subdivision) on October 15th, on Hill Top Court. Puma is a neutered male, Domestic Short-Haired Tabby (Gray/Black/Tan stripes), very approachable and tame. If found, please call:

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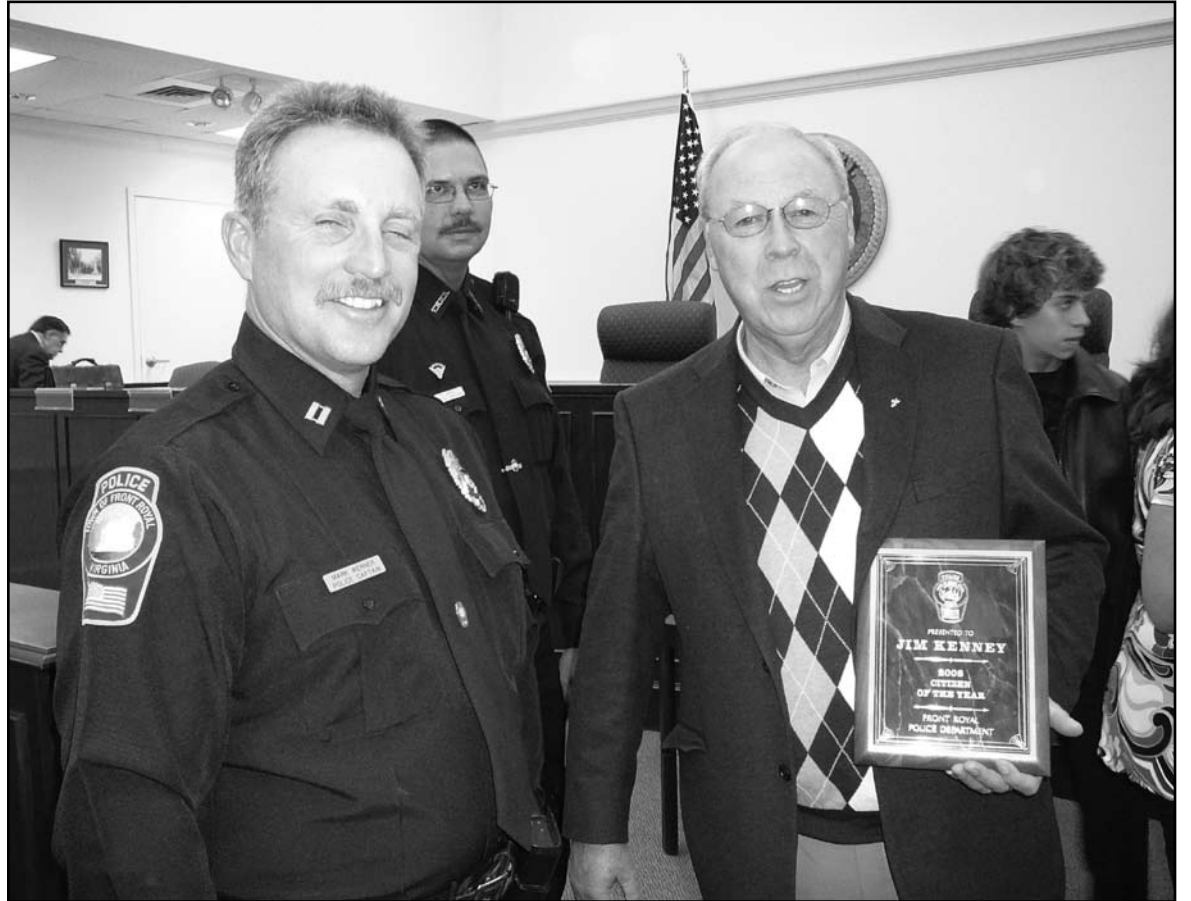
**Cline Construction, Inc. is also a full service Contractor. We can turnkey your project and leave you worry free.**

# Police awards

These were among the recipients at the Front Royal Police "Promotions and Awards Ceremony" on Oct. 27. More on pg. 28.



Saved by the Belt car wreck survivors Nicholas, Teresa and Kristin Weaver and Michael Brown



Citizen of the Year Jim Kenney with Capt. Mark Werner



Outstanding Citizen Advisory honoree Gali Sanchez



By a 4-2 vote the Front Royal Town Council put a decision to ban through-truck traffic on Royal Avenue on hold on Oct. 27. Carson Lauder raised safety concerns expressed by one constituent over the ability of tractor-trailer drivers to negotiate the left turn from Commerce Ave. onto South Street. FRPD Capt. Richard Furr told council he was not aware of any history of truck-involved accidents at that intersection.

## Earthworks Gallery

-  African Masks, Ritual Vessels, Bronze Sculptures & Jewelry
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In the last 16 days the national debt grew by \$300 billion. At this pace, the government will owe \$17 trillion by this time next year. One best-selling author explains why Washington is hoping you won't notice ... and what it means to your future ...

## Literature

# 'IOUSA: One Nation. Under stress. In debt'

*Authors address US economic turmoil, its politics and its people*

From a release:

Hoboken, NJ (October 2008)—Panic on Wall Street! Confusion in Washington! Recession? Depression? Inflation? Deflation? Turn on any news show, read your favorite blog or pick up the morning paper and you will be crushed by an avalanche of information on the nation's economy. But who knows what's really happening? Economic expert Addison Wiggin says you owe it to your country and your future to find out the truth about this disaster—and don't expect the government to be much help.

"It's amazing how poorly the bailout plan and our economic situation in general have been explained to the public," says Addison Wiggin, coauthor along with Kate Incontrera of *I.O.U.S.A.: One Nation. Under Stress. In Debt.* (Wiley, September 2008, ISBN: 978-0-470-22277-5, \$19.95). "In the government's haste to pass the plan and the turmoil surrounding stock market plunges that followed, the long-term implications of our economic turmoil have been ignored, or at least glossed over."

In *I.O.U.S.A.* Wiggin consults "The Mount Rushmore Crowd" of the American economic scene—luminaries like Warren Buffett, Alan Greenspan, Paul Volcker, Robert Rubin, Paul O'Neill, Ron Paul, Arthur Laffer, Steve Forbes, William Bonner, and more—to shed light on the economic challenges facing the nation.

"We are entering an economic cycle that happens only once every few generations," says Wiggin. "And while our politicians seem to have just recently discovered what a challenge it's going to be, the truth is the economy has been on a precarious path for some time, including, but not limited to, the out-of-control spending habits of the federal government and a complicit, credit-addicted American people."

*I.O.U.S.A.* illuminates today's financial crisis in a unique and easy-to-grasp way by examining four serious "deficits" the nation faces—the budget deficit, the

personal savings deficit, the trade deficit, and most importantly, the leadership deficit. The book serves as a companion to the critically acclaimed documentary of the same name—a national debt documentary that was nominated for the Grand Jury Prize at the 2008 Sundance Film Festival.

What America's Economic Mess Means For...

...The National Debt. A couple of weeks ago when America's debt surpassed the \$10 trillion mark, the National Debt Clock in Times Square ran out of digits. There may not be a better indicator that the U.S. is drowning in debt. The passing of the \$700 billion bailout only increased our debt woes, because in order to approve the bailout plan, Congress had to raise the debt ceiling for a second time this year to a whopping \$11.3 trillion dollars. If we actually do hit the \$11.3 trillion dollar mark, our debt will then make up over 70 percent of our GDP.

But that's only the beginning. During the first 16 days of this fiscal year, the debt increased by another \$300 billion. That's an annual growth rate of 75 percent. At this pace, we're going to owe \$17 trillion by this time next year. That would be over 120 percent of our GDP—roughly equivalent to the nation's debt after World War II.

"The bailout only increases the problems we will have trying to pay down the federal debt," says Wiggin. "Aside from its gargantuan size, the biggest problem with our debt today is how it is funded. During another historic pay-down period following World War II, the federal debt

was funded using savings bonds bought by Americans. So though our debt level was high, at least our government was mostly in debt only to its own citizens. That's no longer the case. Today, half of our debt is gobbled up by foreign central banks and investors, most notably China, Japan, and the oil exporting countries.

"Foreign debt, in and of itself, is not a bad thing," he adds. "But it does put future financial decisions in the hands of people who may or may not have the United States' interests in mind when they go to make them. It will be better for America and future Americans if we make tough decisions now and bring our debt and dependence on foreign lending under control."

...The Next Generations of Americans. In the documentary *I.O.U.S.A.* William Bonner, founder of Agora, Inc., says, "That one generation can spend the money of the next is not just immoral...it's fundamentally wrong and mean." Unfortunately, our government and the current generations have no choice but to be wrong and mean.

"Years of reckless spending in government and even in our own households have finally caught up with us," says Wiggin. "And we've dug such a hole that it is unlikely we can have these economic troubles tidied up any time soon. What's scary is that with those troubles come other problems. The nation's security will be at risk, and it's likely that the levels of crime and poverty in future generations will increase. Because we are a wealthy nation, we can spend more than we take in for a very long time. But if we do

it for too long and our debt service becomes a problem, there's a big chance that, in the words of Warren Buffett, 'demagogues will come along and do some very foolish things.'"

...The Cheap and EZ American Way of Life. For too long the American way of life has been funded by credit cards and ill-advised loans and propped up by little to no savings. In fact, 2005 and 2006 saw negative national savings rates. The last time we saw back-to-back negative savings rates was in 1933-34 during the depths of the Great Depression.

"Following years of historically low interest rates, America is dependent on ready sources of cheap and easy credit," says Wiggin. "Unfortunately, too many people used cheap and easy credit to buy things they couldn't afford. That 'spend now, save never' mentality is what led to the subprime mortgage bubble and collapse. For the bailout to work, Americans must rediscover their sense of rugged individualism. We must be more realistic in terms of what we can and can't afford. We must start saving more. And we must demand that those leading the nation are heeding this advice as well."

...Entitlement Programs. Many Americans rely on entitlement programs such as Medicare, Medicaid, and Social Security. And while many baby boomers and the generations following them have long been told they won't be able to rely solely on Social Security in their retirement, is it possible the current financial crisis and the nation's misman-

aged economy signal an end to these programs altogether? Wiggin says all signs point to yes. Backing up his assessment is a study from the National Center for Policy Analysis (NCPA) that suggests that without increases in government revenues and reform of entitlement programs, the following could happen:

- By 2010, the federal government will stop doing 1 in 10 things it's doing now.

- By 2020, the federal government will stop doing 1 in 4.

- By 2030, the federal government will stop performing half of the services it provides.

- By 2050, Social Security, Medicare, and Medicaid will consume nearly the entire federal budget.

- By 2082, Medicare spending alone will consume nearly the entire federal budget

"Entitlement programs are clearly in danger," says Wiggin. "Baby boomers are getting older and putting more of a burden on them. At the same time, health-care costs are increasing, and the economy is obviously incredibly shaky. If we don't figure out how to better fund some of these programs, we are headed for major problems down the road."

...The Dollar. The post bailout world has been surprisingly kind to the dollar. In fact, the height of the Wall Street selling saw the dollar index rally from a historic

**See IOU, 34**



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## Literature

“For their part, individuals need to save more, invest wisely, expect less from the government, and be willing to pay for the services they do expect.” - Addison Wiggin

### IOU, from 33

low of 71 to over 82. “The dollar’s reaction to this turmoil might be the only positive thing to come of this disaster,” says Wiggin. “It’s an indication that if we can get our act together, we can still be a strong global economic leader. But first we must get our spending under control both in government and as individual Americans. We are at a tipping point with the dollar. If we get our act together, we can preserve its importance in the global economy.”

...The American Political Process. Without reforming the American political process, solving our financial crisis and reducing the debt load will be difficult. If the government mismanages the money allocated in the bailout, our economic problems will increase exponentially. The urgency with which the bailout plan was proposed and passed is, according to Wiggin, politically dangerous.

“The plan was first presented as a three-page request for an exorbitant amount of money to

be given free of any oversight,” he explains. “That didn’t fly with Congress. So, what they put together was a 451-page legislative document that would still hand over an exorbitant amount of money, but which now included the pork spending that so many politicians revel in. So, the best thinking of those in our government seems to be that to fix our broken economy we need to spend money, mostly in the form of tax breaks, on industries that produce children’s wooden arrows, NASCAR race tracks, rum producers in Puerto Rico and the Virgin Islands, and so forth.

“Fiscal conservatism is now an oxymoron in Washington, and without completely revamping the way our government handles money, there is little hope for us as a nation,” adds Wiggin. “There is an enormous opportunity for the next president to make dramatic improvements in the finances of the government, which would be a ‘legacy issue’ of his administration.”

“Most Americans feel like im-

portant decisions regarding the economy and fiscal policy happen in some far-away place, by ‘experts’ in Washington or on Wall Street,” says Wiggin. “That’s just not true. And it’s dangerous to think that way. You’re abdicating your responsibility to hold your government accountable. Congress needs to renew tough budget controls like the PAY-GO rules that expired in 2002. And take additional steps to cut spending, finance the entitlement programs, balance the budget, and start paying down debt.

“For their part, individuals need to save more, invest wisely, expect less from the government, and be willing to pay for the services they do expect,” adds Wiggin. “They also need to educate themselves about the tough economic challenges the country faces, so they can both hold public officials accountable and give officials the political permission they need to make the tough policy decisions that are inevitable and on our doorstep.”

### About the Authors:

Addison Wiggin is the editorial director and publisher of The Daily Reckoning and executive publisher of Agora Financial, a multi-million-dollar financial research firm and publishing group based in Baltimore, Maryland.

The Daily Reckoning has attracted more than 500,000 readers in the United States and Great Britain, has been translated into French, German and Spanish, and has been popularized by such mainstream publications as Money and Marketwatch.com. Wiggin has been featured as an expert in such publications as The New York Times Magazine, Worth, The Washington Times, The Washington Post, Time, The Pittsburgh Post Gazette, The Baltimore Sun, The MotleyFool.com, The Street.com and CNN/Money.

He is also coauthor along with William Bonner of *Empire of Debt: The Rise of an Epic Financial Crisis* (Wiley, 2006). He is the

author of newly revised and updated *Demise of the Dollar and Why It’s Even Better for Your Investments*.

Mr. Wiggin has been a student, writer, and commentator of financial markets and governments for more than a decade. With a master’s degree in philosophy from St. John’s College and experience working with the Cato Institute in Washington, D.C., Mr. Wiggin has acquired both a macroeconomic and contrarian’s outlook on domestic and international markets.

Kate Incontrera is the managing editor of The Daily Reckoning. Ms. Incontrera was also an associate producer and writer on the critically acclaimed documentary film *I.O.U.S.A.* Before joining Agora Financial in 2004, Ms. Incontrera studied writing at The University of Cambridge and at Towson University in Baltimore, Maryland.

# Fixing a Damaged Metabolism

By Viviane Knight  
Warren County Report

Most of the diet programs out there that claim to help you get rid of excess weight, end up making it more difficult for you in the long run because their approach is typically severe calorie restriction and not enough exercise, and particularly weight training. If you feel you have caused damage to (i.e. slowed) your metabolism, yes it can be “fixed” and all it takes is the right combination of metabolism stimulating exercise and metabolism stimulating nutrition (NOT just a diet), all done consistently over time.

### Consistency is the key.

Nothing will undermine the restoration of your metabolism like inconsistency. If you stop and start, or skip meals and workouts often - you will not even get off the ground. There is an initial period that your body will vigorously resist your efforts because it has adapted to your current

habits. How long it takes to overcome this period of inertia depends on many things one cannot control: your genetics, your age and gender, and metabolic conditions present from birth such as diabetes, however there are things you can control – proper nutrition and the amount of calorie burning muscle on your body. Yes that’s right, muscle tissue is your metabolism’s BFF! It is more important than how active you are, although for most folks the two go hand in hand.

Here in a list of descending order, are the most important factors affecting metabolism:

1.Amount of Muscle tissue. Incorporate at least 2-3 days per week of progressive and varied strength training workouts into your schedule. A certified personal trainer can assist you in finding the proper weight, exercises and repetitions for your current fitness level and continue to challenge you as you get stronger. The ‘one size fits all’ workouts you see in the magazines may neither be safe nor appropriate,

nor challenging enough for you.

2.Small, Frequent Meals. The longer you go between meals, the more your metabolism slows down to conserve energy. The most influential meal of the day as far as your metabolism is concerned is breakfast – skip it – and you’ve smothered the fire in your metabolic furnace for the day!

3.Calorie Intake. Your calorie intake should be in line with your activity level and your weight goals. It makes sense that excess calorie intake without appropriate activity leads to excess weight, but too low calorie intake can shut down metabolism as well.

4.Nutrient Content. The content of your meals (proteins, carbohydrates and fats) is equally important. Protein should be consumed at each small meal. If you aren’t sure what a solid metabolism enhancing meal plan looks like it is well worth talking to a nutritionist to find out.

5.Hydration level. More than 70% of bodily functions, including breakdown of fat and building of muscle, require an adequate

hydration level. Dehydration slows down your metabolism and places unnecessary stress on your system.

6.Genetics. Yes, some folks are genetically gifted with fast burning metabolisms, but they are not the majority. People who are truly fit spend a lot of time training and eat to support their active lifestyles. Everyone can optimize their metabolism.

7.Metabolic conditions such as diabetes and thyroid disorders. Unless you were born with these conditions, chances are the nutrition and exercise choices you’ve made in the past have caught up with you. Adopt a clean meal plan that will lower and stabilize your blood sugar and therefore normalize your hormones (i.e. insulin, etc). Weight training helps tremendously.

8.Stress. This one is actually both good and harmful. Some types of stress cause a rise in metabolism. Physical stress/ exercise, is often a positive stressor causing a metabolic rise for growth of new muscle and bone. An exciting

new job or romance is another example. It is the harmful stressors, particularly those that are chronic or constant, that impact metabolism negatively. Find ways to reduce those harmful stressors, which includes a solid night of sleep, and your metabolism will work for you.

Once your metabolism is roaring again, it takes continued stoking of your metabolic furnace to keep it going. Stay with the same exercises and resistance levels and you will certainly plateau. Be consistent with your commitment to regular exercise and healthy eating. Change your body with new exercises, frequency, intensity levels and length of time to continue muscle growth and fuel your metabolic engine.

*Viviane Knight is the Personal Training Director at Gold’s Gym in Front Royal. With over 20 years in the fitness industry, Viviane specializes in ‘over 40 fitness and nutrition’ but welcomes all fitness levels and ages. She can be contacted at VCKnightCPT@gmail.com or (540) 660-4501.*

This and other back issues are available in their entirety free on the new warrencountyreport.com

**warrencountyreport.com**

# Two years ago

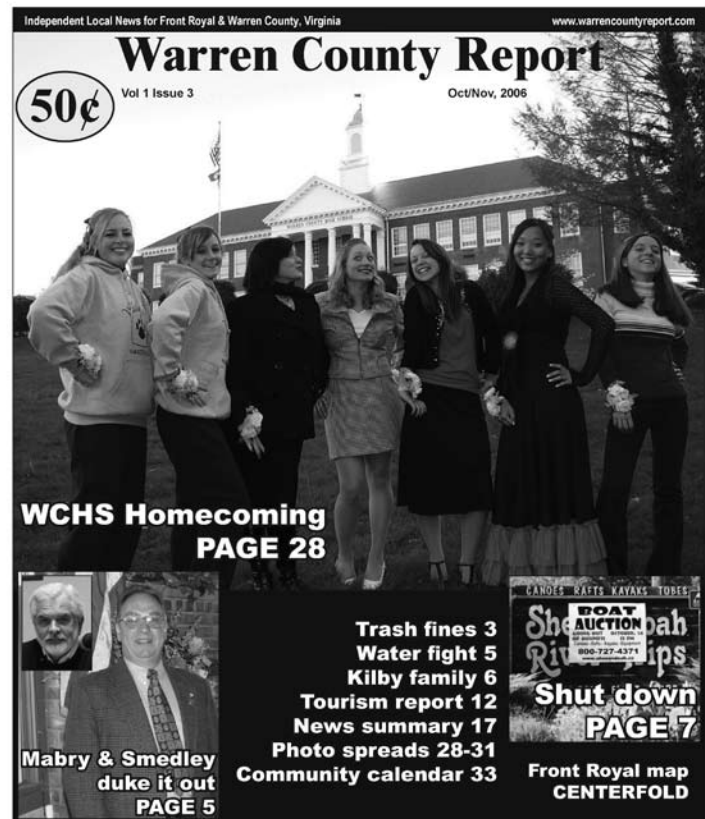
Now that we are the ripe old age of 2 (actually 2.25 years old thank you very much) we thought we would take a look back at what was going on back in the olden days. So here is a peek at the Oct/Nov 2006 issue available in its entirety for free at warrencountyreport.com



**Town votes to clamp down on residents over garbage rules**  
*Failure to follow strict trash rules will lead to misdemeanor charges*



**Shenandoah River Trips in Bentonville closes after 17 years. Bad blood with property heirs, estate lawyer decisive in decision.**



**Cross accusations fly over water issues**  
*Town, county spar over growth perspectives, municipal authority*



Some skaters enjoy a nice break from the chilly weather at the intersection of Cloud Street and Jackson Street. From left are Walter Bracken, Jesse Guardiola, Lane Williams, Sean Haynes, Sheigh Minor, and Cody Williams.



*Chamber of Commerce*

## Front Royal-Warren County Chamber of Commerce

### Small Business Committee

The Chamber's Small Business Committee will begin meeting on Wednesday, November 5th at 8 a.m. We encourage all our members to be a part of this committee – this is your opportunity to help determine the path of your Chamber. The committee will work on training seminars, co-op advertising opportunities, economic issues and much more. Contact the Chamber at 635-3185 or [nfoster@frontroyalchamber.com](mailto:nfoster@frontroyalchamber.com) to add your name to the list.

### Ethics Workshop Volunteers Needed

The Education Committee is planning the Ethics Workshop for Wednesday, November 12th from 8:30 – 1 p.m. The Ethics Workshop will bring seniors from Warren County & Skyline High Schools together at Bowling Green Country Club to work through a series of ethical dilemmas designed to help them learn more about decision making. Volunteers will be assigned to a table of eight students and will present the students with the ethical dilemmas provided and facilitate a discussion of possible solutions. Lunch is provided. Contact the Chamber at 635-3185 or [nfoster@frontroyalchamber.com](mailto:nfoster@frontroyalchamber.com) to volunteer.

### Brown Bag Luncheon

The next Brown Bag Luncheon is scheduled for Thursday, November 6th at Noon at the Chamber office. The topic will be "Leaving Your Mark – How to Market Yourself in Today's Economy." Presenters include Jim Gainey – Northern Virginia Daily, Mike O'Dell – The River 95.3, Janet Michael - Java Media Concepts, and Teresa Henry – Linking You Web and Business Solutions. Join us for this informative session as advertising and marketing specialists from all areas give tips on how to continue to market yourself and why it is so important in today's economy. RSVP to the Chamber at 635-3185 or [info@frontroyalchamber.com](mailto:info@frontroyalchamber.com).

### Showcase Your Business In 2009

Looking for a way to get more exposure for your business? Host a Business After Hours. The Chamber has some dates available in 2009.

Business After Hours is held on the 2nd Wednesday of each month from 5:30-7 p.m. It's a great way to showcase your business and network with other Chamber members and guests. For more information contact Pam at 635-3185 or [priffle@frontroyalchamber.com](mailto:priffle@frontroyalchamber.com).

### Member News

**Raymond R. "Andy" Guest, Jr. / Shenandoah River State Park** announces this week's organized activities will be held for park visitors to enjoy! Activities are scheduled as follows: Friday, October 31 - Haunted Forest (7-10pm) Celebrate Halloween at the park. Join us just after nightfall if you dare. Take a chilling hike down a lost trail; discover where it leads and see what lurks in these woods at night. After your hike, or while waiting for others, join us around the campfire for s'mores. This event delights guests of all ages. It's \$2 per person or \$5 per car. Location - Massanutten Shelter Phone - (540) 622-6840; Saturday November 1 - Haunted Forest (7-10pm) Celebrate Halloween at the park. Join us just after nightfall if you dare. Take a chilling hike down a lost trail; discover where it leads and see what lurks in these woods at night. After your hike, or while waiting for others, join us around the campfire for s'mores. This event delights guests of all ages. It's \$2 per person or \$5 per car. Location: Massanutten Shelter. Phone (540) 622-6840

On November 2nd 1-3 p.m., **Wakefield Country Day School** invites all families to come for a tour and enjoy some refreshments. WCDS is a private college preparatory PS-12th grade day school offering a rigorous classical education focusing on both character and intellect. We have an unbroken tradition of 100% 4-year college acceptance and our nine 2008 graduates received over \$1 million in merit scholarship offers. Come see what a Wakefield Country Day School education could mean for your child. WCDS is located at 1059 Zachary Taylor Highway, Flint Hill, VA 22627 ~ (540) 635-8555 ext. 227 ~ [www.wakefieldcds.org](http://www.wakefieldcds.org) ~ bus service available from 8 area counties.

Greetings from the **House of Hope**, men's homeless shelter. This is an exciting time for us, so please mark your calendars November

16th to the 22nd is National Homeless Awareness Week. On Tuesday, November 18th House of Hope will have our official "Ribbon Cutting Ceremony," at 10:00 AM. It includes the house and the renovated church space. There will be an Open House later from 5:00 to 7:00 PM, at 722 Warren Avenue. Please come help us celebrate.

**Belle Grove's** Living History Days and Antiques Appraisal Fair will be held on November 1st and 2nd between 10 A.M. and 3 P.M.. During the weekend Belle Grove will bring the "old ways" alive with demonstrations from a chair caner, a silver smith, blacksmiths and cider makers, with a chance to buy some of their unique handcrafted wares. Additionally, the Manor House will be available for self-guided tours and will host displays from the Shenandoah County Historical Society and the Newton History Center. On the front lawn, the Shenandoah Long Rifles will have a primitive encampment in front of the scenic vistas of the Blue Ridge Mountains. Admission to Living History is \$5 for adults and \$3 for Belle Grove and National Trust for Historic Preservation members. Children under six are free. Visitors are also encouraged to bring their treasured antiques for a verbal appraisal from one of a licensed antiques appraisal expert. Individuals with a large furniture item that cannot be moved are encouraged to bring photos and a part of the piece (a door, a drawer, etc.) if they are interested in an appraisal. Appraisals are \$10 per item or three items for \$25. Admission to the Living History event is required for appraisals. Proceeds will benefit Belle Grove's educational and preservation activities. **Also visit Belle Grove on November 5th thru November 7th, 2008** for exclusive insiders' visits to three National Trust Historic Sites & much more! The trip includes a visit to the Union Church of Pocantico Hills, a gourmet dinner at the acclaimed Blue Hill at Stone Barns & tours of historic Kykuit, Lyndhurst, and The Lower East Side Tenement Museum. The trip starts and ends at Belle Grove in Middletown, the cost per person is \$595 (double room) & \$995 (single room) and includes transportation, hotel accommodations, exclusive tours, the Blue Hills gourmet Dinner, a private luncheon at Kykuit and wine & cheese reception at Lyndhurst.

Space is limited, contact Betsey Anderson at (540) 869-2028 or by email at [banderson@bellegrove.org](mailto:banderson@bellegrove.org) to register or for more information.

The **Warren Coalition** wants to help you battle the high price of gas with \$1000 Exxon Gas Card Raffle. While your friends and neighbors are struggling to fill their tanks this winter, you can cruise worry free to any Exxon station. The lucky winner will receive 10 Gas Cards each valued at \$100. That's \$1000 worth of gas just for you! Raffle tickets are only \$10 each (only 1000 tickets will be sold) All proceeds benefit Youth Drug Prevention in Warren County and the Warren Coalition Programs. Tickets can be purchased at the Coalition office or from any Coalition volunteer. Call for more details. 540.636.6385.

**Bowling Green Country Club** is now booking for the 2008 Holiday season. Bowling Green has 2 grand ballrooms with seating up to 300 and 2 smaller rooms for a more intimate setting. Bowling Green offers special pricing for weekday events. Contact Brian Jones at 540-635-2024 or 540-771-7084 for more information.

**The Front Royal Oratorio Society**, George T. Amos, director and Judy B. Connelly, accompanist, announces that the annual Fall/Winter concerts will be a preview of the coming holiday season with, as a special feature, a sing-a-long of the choruses in part I of Handel's "Messiah". Those wishing to participate are urged to bring (beg or borrow) a score of the music. The program will also feature music of the season from the 17th century to the current decade, with a work by composer Glenn L. Rudolph, "The Dream Isaiah Saw", which is dedicated to the victims of 9/11. The performances will be Sat., Nov. 22nd at Boggs Chapel, Randolph-Macon Academy, Front Royal and Sun., Nov. 23rd at Braddock Street United Methodist Church, Winchester. Both concerts will be at 7:30p.m. There is no charge for admission to the performances. A free-will donation will be accepted. Those wishing more information may call either (540) 622-6974 or (540) 667-0867. A web-site is available at [www.frontroyaloratoriosociety.org](http://www.frontroyaloratoriosociety.org).

**Front Royal Presbyterian Church** has a large office space it would be willing to rent to a non-profit. Interested parties may contact us

at (540) 635-3894.

**The Lord Fairfax Small Business Development Center** has made additions to their resource library. The three new books include Entrepreneur Magazine's Legal Guides – Asset Protection, Bankruptcy for Business and Buying and Selling a Business. The center has also received nine new "Start Your Own Business" books relating to Arts and Crafts, Automobile Detailing Business, Bar and Club, Event Planning, Gift Basket Business and More, Graphic Design Business, Grant-Writing Business, Kid-Focused Business and More, and Mail Order Business. Another book of interest to entrepreneurs is the "So You Want to Franchise Your Business". The books may be reviewed by appointment with the LFSBDC at Middletown. The Lord Fairfax Small Business Development Center offers free counseling to assist entrepreneurs in starting and maintaining small businesses. They also offer low cost seminars to assist in management. Contact the Lord Fairfax Small Business Development Center in Middletown at (540) 868-7093.

Get in on our last special of the year...**Coffee News** holiday special: run your ad for 6 weeks from November 21 – December 26 for only \$225. Deadline is November 7th. Call Mike Cody at 540-683-0393 for more information.

**Workforce Solutions and Small Business Development Center** upcoming fall courses. For more information on the upcoming WSCE courses please contact: Pat Jennings / Middletown (540-868-7021)

### Town Of Front Royal

Monday, November 10th, 7 p.m. at the Warren County Government Center

Monday, November 24th, 7 p.m. at the Warren County Government Center

### County Of Warren

Tuesday, November 5th, 9 a.m. at the Warren County Government Center

Tuesday, November 18th, 7 p.m. at the Warren County Government Center

[www.frontroyalva.com](http://www.frontroyalva.com)

MansEyeView@gmail.com

**Bo Kane**

# Man's Eye View

By Bo Kane  
Warren County Report

Dear Bo,

I have two kids, 10 and 11, and all they want to do is watch television. Before school, after school, and all weekend they watch every cable show and play every video game they can find, for hours on end. I've tried taking away their tv, and I've put limits on our main tv, but they ignore the rules whenever I'm not around. I know watching hours of television isn't good for them, and I try to get them outside but it hasn't been working. How do I get them to quit watching that [junk] before it really affects their schoolwork?

Loren

Hey Loren,

Cut the cable. Who's running that house, you or the kids? Don't be their friend, be their parent; make your rules stick and get their behinds outside. If they need a friend get 'em a dog.

Dear Bo,

I read your response to Laura (whose child was put in to a class with an acknowledged poor teacher) with interest. Having experienced some of the same dilemmas over the course of our children's education, I would have to say that your solution to the problem would not only not suffice but would not be particularly welcome by the teacher herself. Generally the teacher who is "not a credit to

education" has no desire for help from anyone who might have an opportunity to observe just how incompetent or unmotivated they are. "Tossing your kid into private school" might be the only real solution to the problem of substandard public education, at least until some competitive forces are introduced into the system.

For a better idea of just how widespread and pervasive the problem is you might want to view John Stossel's ABC "20/20" report "Stupid in America".

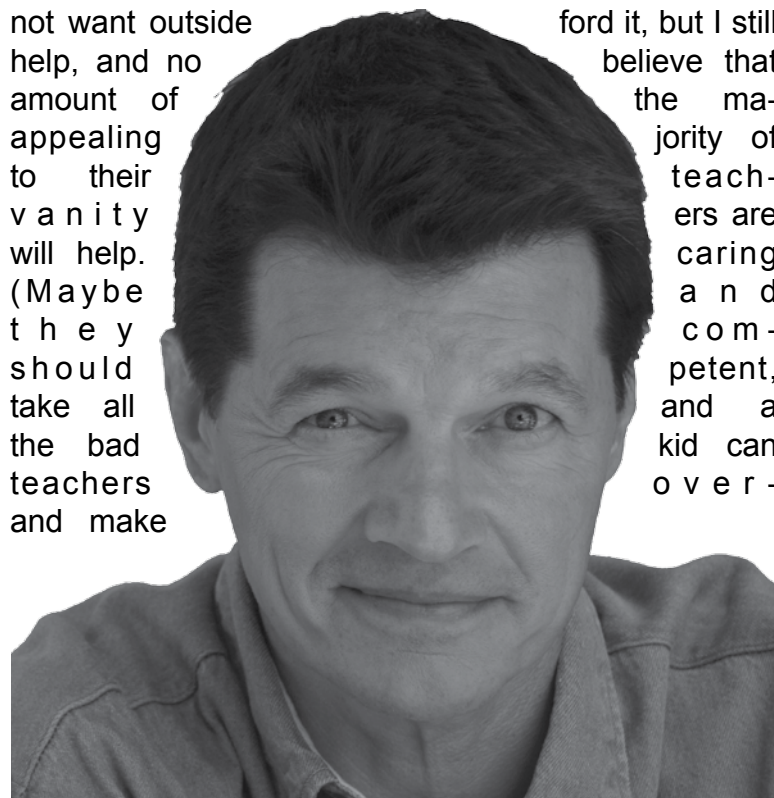
Connie M.

Dear Connie,

Quite the general statement you begin with, but.... in some cases I'm sure you're right. There are some teachers who may

not want outside help, and no amount of appealing to their vanity will help. (Maybe they should take all the bad teachers and make

ford it, but I still believe that the majority of teachers are caring and competent, and a kid can over-



them coaches; then after a few losing seasons they could fire 'em). But that was a minor point in my reply to Laura; my main point was to take charge of your child's education if he gets a bad teacher, and fill in the gaps until he gets a normal instructor. Private schools are a good option, IF you can af-

come a couple of semesters of the bad ones with good parenting (Stossel and his 'sensational' report to the contrary).

*Bo Kane is a former newscaster in Charlottesville and a graduate of the University of Notre Dame. You can reach him at MansEyeView@gmail.com*

## Ferhoodled

by Ryan Koch



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# Activities and events

Please e-mail brief calendar notices in this format to:  
[layout@warrencountyreport.com](mailto:layout@warrencountyreport.com)

## Main Street Melodies/ Octoberfest October 31: 12pm-5pm

Enjoy the sounds of DJ Mike and a Monster Mash at the Gazebo followed by the Sheriffs' Department Haunted Bus 6pm-9pm! More info (540) 635-5788

## Halloween Party October 31: 6pm-8pm

At Browntown Community Center. Come join the fun! Games, a Costume Contest, many prizes, treats, and delicious food will bring a smile to children and adults as well! \$2.00/child - Parents are FREE. Halloween Party help needed! More info: 540-671-6494

## HAPPY HALLOWEEN! October 31: 6:30pm-9pm

Halloween Trick-or-Treating is observed tonight. Parents are encouraged to accompany their children and to carry flashlights for safety. It is requested that children over (12) not wear masks and that all children are off the streets by 9:00pm. Police will have additional officers on patrol.

## Bethel Community Center Fall/Christmas Bazaar November 1&2

Saturday 10am-4pm and Sunday 1pm-5pm. Help raise money for Alzheimers Foundation! Refreshments, unique crafts, jewelry, florals, craft vendors welcome! More info: Patty 540-635-7377

## Shenandoah River State Park Halloween Event October 31 - November 1: 7pm-10pm

Haunted Forest. Celebrate

Halloween at the Park. Join in after nightfall if you dare. Take a chilling hike down a lost trail; discover where it leads and see what lurks in the woods at night. After the hike join a campfire for s'mores. It's \$2.00/person or \$5.00/car. Meet at the Massanutten Shelter. More info. (540)622-6840.

## Teen Creative Writing Club November 1: 2pm

At Samuel's Public Library for ages 12 and up. Sign up NOW! More info: (540) 635-3153

## "Totally Red!" Play November 1: 1:30pm & 4:30pm

Five Rings Very Little Theatre will perform Totally Red! which revisits the Little Red Riding Hood story in several dramatic styles. Tickets are \$5.00 and are available at Five Rings Arts & Education Centre or Front Royal Visitors center. Call 636-2787 for more information.

## Partlowe Family Benefit Dance November 1: 7pm-11pm

Jennifer Partlowe and her 3 children lost their husband/father (Chip Partlowe) on 9/1/08 as a result of a mowing accident. Benefit will be held at Front Royal Moose Lodge, beer will be provided, 50/50 raffles, music by Stacy Lockhart, \$25 per person. More info: 540-635-3893, 540-636-4150 or 540-635-6309.

## Toddler and Preschool Story time November 5 & 6

At Samuel's Public Library. "Leaves" theme. Toddlers at 10:15am and Preschoolers at

## 11am. More info: (540) 635-315 Skyline High School Athletic Benefit November 7: 6pm

Harlem Rockets (formerly Harlem Globetrotters) vs. Warren County Dream Team (teachers/coaches from Warren County schools) in Skyline HS gym. This benefit is to raise money for the Skyline High School athletic program. Buy tickets in advance at Skyline HS \$6/students \$8/adults. Tickets at the gate \$8/students \$10/adults. More info email Coach Lacey at [alacey@wcps.k12.va.us](mailto:alacey@wcps.k12.va.us)

## Books and Barks November 8: 10am

At Samuel's Public Libaray. Relax and read to the Books and Barks therapy dogs. Sign up NOW! More info: (540) 635-3153

## Fortune-Fest 2008 November 8: 12pm-All day

Benefit show for Ralph Fortune at Lucky Star Lounge 205 E. Main St., Front Royal. Silent auction, free will offering, several performances by local artists. All proceeds will be used to offset Ralph's mounting medical costs associated with his recent bybass surgery. More info: 635-5297

## "Totally Red!" Play November 8: 1:30pm & 4:30pm

Five Rings Very Little Theatre will perform Totally Red! which revisits the Little Red Riding Hood story in several dramatic styles. Tickets are \$5.00 and are available at Five Rings Arts & Education Centre or Front Royal Visitors center. Call 636-2787 for more information.

## Native American Story Time and Craft November 8: 2pm

At Samuel's Public Library. For ages 6 and up. Sign up NOW. More info: (540) 635-3153

## Rotary Event November 8: 6:30pm-11pm

Tonight is the Front Royal Rotary Club's Annual "Cash Party". In addition to the \$10,000.00 raffle it will also include casino games and a Las Vegas theme. This is a major fundraising event where proceeds benefit many youth related activities. For more information and tickets please call Rick Novak at (540)660-9597 or Kelley Miller at (540)631-4339.

## Annual Mosby Banquet November 8: 6pm

Hosted by John S. Mosby Camp of the Sons of Confederate Veterans at Dean's Steakhouse. Social Hour begins at 6pm with dinner at 7. The public is welcome. Our speaker is Patrick Farris, Executive Director of the Warren Heritage Society. Reservations are \$20 per person and may be made by calling 635-2865.

## Skyline High School Holiday Bazaar November 8: 9am-2pm

A variety of vendors will be on hand and food will be available. Interested vendors, tables may be rented for \$15. Call Lisa at 540-869-0959 or Karen at 540-635-5278.

## Veterans Day 2008 November 11: 11am

Giles B Cook American Legion Post 53 will again host the

Veterans Day Ceremony at the Warren County Court House. Skyline and Warren County high school bands, as well as the RMA band and E. Wilson Morrison Elementary school choir, will perform. There will be an open house at the Post, 22 West 8th Street, for the community immediately after the ceremonies.

This is the time for all of us to honor our 25 million living veterans from the Greatest Generation to the Latest Generation, those still in uniform and to show respect for those who gave their last measure in service to their country.

## Toddler and Preschool Story time November 12 & 13

At Samuel's Public Library. "Thanksgiving" theme. Toddlers at 10:15am and Preschoolers at 11am. More info: (540) 635-3153

## Notices:

**Girl Scout Troop 489** is once again collecting gently used coats. Adult and children coats can be dropped off at Samuels Public Library or the new Front Royal Walmart. Coats will be donated to social services to be passed out to families in our community.

**Salvation Army:** Seeking holiday volunteers for our Thanksgiving and Christmas effort. We are making a plea for immediate donations of cash and nonperishable food items for the food drive, as well as volunteers to fill Christmas stockings and individuals and groups to man out Christmas Kettles. Please call our office at 540-635-4042 between 9:30am and 3:30pm, Mon-Thur.

Place your classified ad in the most widely-read newspaper in Warren County by calling (540) 636-1014.

## Classifieds

### HELP WANTED

Part-time / Full-time on call help. Must have car, cell phone and GPS. Be willing to work week-ends. Starting pay \$15 per hour and up. Great for retirees. Must be legal U.S. resident. Call Mon-Fri 8am-4pm. 703-895-4233

Need **2 Stylists** in a rental salon. Call now for position available in November. Cindy Vaught 540-974-9950.



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## Ah, No Thanks

By Kevin S. Engle  
Warren County Report

"Don't shake my hand. Don't shake my hand. Please don't shake my hand."  
That's what goes through my head when I walk into church and see her standing there. It's not that I don't like the white-haired woman handing out bulletins. I don't even know her. She's probably a very nice lady. What I do know is that she just blew her nose and hasn't had a chance to wash her hands. As nice as she probably is, I'd rather not shake her hand until she washed it. She gives me a bulletin and says hello. And then sticks out her right hand to greet me.

Hmmm.

As I'm sitting in church thinking about that germ exchange, I see the minister blow his nose. Ok, what's going on here? Unless he leaves during the service, he won't be washing his hands either. Guess who's breaking the communion bread in a few minutes and giving it to everyone?

I'm not feeling too well.

Communion at my church is a germ fest. We do it by intinction. That's a fancy word that means the minister breaks off a chunk of bread and gives it to me. This is the same guy who just blew his nose. I take that piece of bread and dip it in the communion cup. More often than not, grape juice isn't the only thing in that cup. Take a peek and you'll see other chunks of bread floating along. How they got there I'm not sure, but they're there. Some folks like to eat their grape juice -soaked bread directly over the cup. How nice. That brings to mind all sorts of unpleasant thoughts.

My brother was visiting when the subject of intinction came up. He won't do it. He's a smart guy.

There's a saying that cleanliness is next to godliness. I don't think the people in my church are familiar with it.

Sunday service ends and I head for the door. The minister is already standing there, greeting worshippers as they leave. Here we go again.

"Don't shake my hand. Don't shake my hand. Please don't shake my hand."

"Have a good week," he tells me and smiles. And then sticks out his hand.

Where are my anti-bacterial hand wipes?

**The author is not afraid of germs. As long as they're his.**

Engle's Angle



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# Souled Out



## Saturday, Nov. 29th

### Victoria's Restaurant Union Hall Bar & Grill

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