



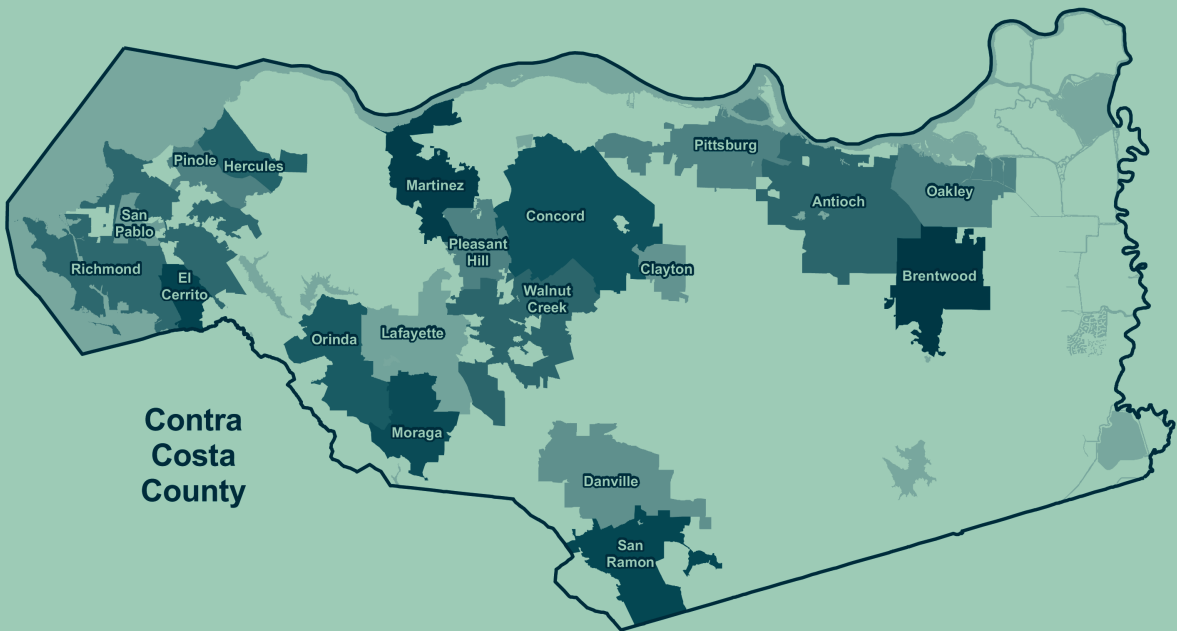
2007 Edition

NEW HOME CONSTRUCTION GREEN BUILDING GUIDELINES



2007 Edition

NEW HOME CONSTRUCTION GREEN BUILDING GUIDELINES



Recycling Agencies In Contra Costa

The local recycling agency phone numbers below will put you in contact with a representative for one of the nineteen cities or the unincorporated areas of Contra Costa County. These agencies offer a wide range of programs in the areas of waste reduction, recycling, composting, market development and other related technical assistance.

CITY/COUNTY	PHONE NUMBERS
Antioch	925-779-6137
Brentwood	925-516-6090
Clayton	925-673-7300
Concord	925-671-3394
Danville	925-906-1801
El Cerrito	510-215-4350
Hercules	510-215-3125
Lafayette	925-906-1801
Martinez	925-372-3531
Moraga	925-906-1801
Oakley	925-335-1231
Orinda	925-906-1801
Pinole	510-215-3125
Pittsburg	925-252-4110
Pleasant Hill	925-671-5203
Richmond	510-215-3125
San Pablo	510-215-3125
San Ramon	925-973-2800
Walnut Creek	925-906-1801
Unincorporated County (all other areas)	925-335-1231

Construction & Demolition Waste

Construction and demolition (C & D) debris comprise up to 30% of materials disposed in California landfills. Through job site recycling, efficient use of materials, use of recycled content building materials and similar practices, you can effectively decrease the amount of materials needed for home construction.

All cities and counties in California are required to implement programs that divert waste from landfills. The County and many cities have passed C & D ordinances that require certain construction projects to reuse and recycle jobsite debris. For additional details regarding

these ordinances, go to <http://www.cccrecycle.org/debris> or call the Contra Costa County Community Development Department at 925-335-1231. Free copies of the "Contra Costa Builder's Guide to Reuse and Recycling", which identifies resources to reuse and recycle C & D debris are available on-line at <http://www.cccrecycle.org> or by calling the Recycling Hotline at 1-800-750-4096.

Household Hazardous Waste Facilities

Serving West County:

West County Household Hazardous Waste Collection Facility 888-412-9277

Serving Central County:

Central Contra Costa Sanitary District Household Hazardous Waste Collection Facility 800-646-1431

Serving East County:

Delta Diablo Sanitary District Household Hazardous Waste Collection Facility 925-756-1990

Local Water Utilities

The following cities/communities are served by their own local water utility:

CITY/COUNTY	PHONE NUMBERS
Antioch	925-779-7060
Brentwood	925-516-5416
Bay Point	925-458-3112
Martinez	925-372-3575
Oakley	925-625-3798
Pittsburg	925-252-4940

The remaining cities and unincorporated communities are served by one of the below water utilities.

Serving West County and portion of Central County:

East Bay Municipal Utilities District 510-287-1380 or www.ebmud.com

Serving majority of Central County: Contra Costa Water District 925-688-8000 or www.ccwater.com

Energy Utility

PG&E's Smarter Energy Line 800-933-9555 or www.pge.com

About Build It Green

Build It Green is a professional non-profit membership organization whose mission is to promote healthy, durable, energy- and resource-efficient buildings in California. Supported by a solid foundation of outreach and education, Build It Green connects consumers and building professionals with the tools and technical expertise they need to build quality green homes. Build It Green fosters collaboration with key stakeholder groups to accelerate the adoption of green building standards, policies, and programs.

In addition to providing these Guidelines for educational purposes, Build It Green offers the following companion resources at www.BuildItGreen.org:

- Green Points calculator
- List of references for all Guidelines measures
- Innovation checklist for approaches beyond the measures described in the Guidelines
- Cross-referencing with other residential initiatives (e.g. ENERGY STAR® Indoor Air Package, LEED-H, CA Green Builder and the NAHB Guidelines)
- Addendums that explain how to use the Guidelines in conjunction with other programs
- Information about new practices and materials or corrections that are identified after publication

Disclaimer

These Guidelines are provided exclusively for general education and informational purposes and as a public service of Build It Green, a California non-profit corporation registered under Section 501(c)(3) of the Internal Revenue Code. Build It Green authorizes you to view these Guidelines for your use and to copy any part of them as-is. In exchange for this authorization: (i) you agree not to alter, sell or publish the Guidelines in any way without first receiving written permission from Build It Green; and (ii) you waive, release and covenant not to sue Build It Green and all others affiliated with developing these Guidelines from any liability, claims and actions, both known and unknown, for any losses, damage or equitable relief you may now have a right to assert or later acquire, arising from such use or reliance on the Guidelines. Unauthorized use of these Guidelines is prohibited and a violation of copyright, trademark and other laws.

RESOURCES

AccessGreen Directory

Locate green building products, local suppliers and service providers that correspond with the measures listed in the green building guidelines. The database is continuously updated based on the local availability of products and development of new materials. It is searchable by product categories, product names, and green building measures. Available at www.BuildItGreen.org

Ask an Expert

Have a green building question? The Ask an Expert hotline is a FREE service that provides homeowners and building professionals with unbiased, technical information for their green project.

Call today!

888-40-GREEN (888-404-7336) or
www.BuildItGreen.org

LOCAL SUSTAINABLE CONSTRUCTION RESOURCES

Green Building Program Information

925-335-1230 or www.cccrecycle.org/greenbuilding

Construction & Demolition Debris Recovery

925-335-1231 -or- www.cccrecycle.org/debris

Recycling Hotline

800-750-4096 -or- www.cccrecycle.org

Nothing in these Guidelines constitutes an endorsement, approval, or recommendation of any kind by any persons or organizations affiliated with developing these Guidelines. The suitability and applicability of this information for a given use depends on various factors specific to that use. These include, but are not limited to, laws and regulations applicable to the intended use, specific attributes of that use, and the specifications for any product or material associated with this information. All warranties, express or implied, are disclaimed, and the reader is strongly encouraged to consult with a building, product, and/or design professional before applying any of this information to a specific use or purpose.

Foreword

These residential Guidelines were developed for the following reasons:

- To provide local governments with an educational tool for city staff, builders and homeowners interested in green residential construction
- To present a range of voluntary measures for builders to choose from when constructing a green home in California
- To create a policy foundation for local governments interested in implementing a green building program
- To establish regional consistency in green building guidelines to increase predictability for builders
- To integrate varying residential initiatives in order to achieve greater simplicity and local applicability
- To offer a set of guidelines developed by an independent, third-party source.

Guidelines Development Process

The New Home Construction Guidelines were developed through a collaborative process that included the following steps:

These guidelines are based on the Alameda County New Home Construction Green Building Guidelines, which were first developed in 2000 through a collaborative process and public-private partnership among builders, green building experts, and local government staff in Alameda County. Representatives from major production builders, including Centex Homes, Greenbriar Homes, Ponderosa Homes, Pulte Homes, Shea Homes, Signature Properties, Silverwood Homes, and Toll Brothers, provided input and direction in the development of the original Guidelines.

The Guidelines were updated in 2005 to expand its applicability throughout California, address changes in Title 24, and incorporate measures from other residential green building initiatives such as the California Green Builder program, National Association of Home Builders guidelines, and the pilot draft LEED for Homes checklist.

The Green Residential Environmental Action Team (GREAT), a task force of state agencies including the California Integrated Waste Management Board, California Energy Commission, Office of Environmental Health Hazard Assessment, Office of the State Architect, Department of General Services, Department of Water Resources, and California Air Resources Board, provided technical expertise and input in the update of these Guidelines.

Build It Green—a professional non-profit organization whose mission is to promote green building in California—expanded and facilitated the stakeholder process to include input from its various councils, including the Public Agency Council, Builders Council, Non-Profit Network, and Suppliers Council. In 2006 the water efficiency measures in the Guidelines were revised based on input from the Southern California Public Agency Council.

Publicly available information, scientific data, and third-party standards were referenced in the development of these Guidelines. The Guidelines are intended to be a living document, and will be regularly updated as additional technical and quantitative information becomes available, measurement tools such as Life Cycle Assessment become more accessible, and new green measures are developed.



Acknowledgments

Special thanks to the following individuals and organizations for contributing to the development of these guidelines:

ENERGY EFFICIENCY

- Douglas Beaman, Douglas Beaman Associates
- David Blanke, Southern California Gas Co.
- Elaine Hebert, California Energy Commission
- Gary Klein, California Energy Commission
- Randel Reidel, California Energy Commission
- David Springer, Davis Energy Group

WATER EFFICIENCY & STORMWATER MANAGEMENT

- Diamera Bach, Alameda County Public Works Agency
- Geoff Brousseau, California Stormwater Quality Association
- Dan Cloak Environmental Consulting
- John Koeller, California Urban Water Conservation Council
- Tom Larson, DUDEK
- Carlos Michelin, Metropolitan Water District

RESOURCES

- Gregory Dick, California Integrated Waste Management Board
- Teresa Eade, Bay-Friendly Landscaping
- Cynthia Havstad, Bay-Friendly Landscaping
- Clark Williams, California Integrated Waste Management Board

IAQ/HEALTH

- Peggy Jenkins, California Air Resources Board
- Richard Lam, California EPA, Office of Environmental Health Hazard Assessment
- Jed Waldman, California Department of Health Services

BUILDERS

- Don Babbitt, Heartwood Communities
- Troy Bevilacqua, Christopherson Homes
- Amy Christopherson Bolten, Christopherson Homes
- Pamela Hardy, Ponderosa Homes
- Stephen Holmes, Brookfield Homes
- Jeff Jacobs, Centex Homes
- Dave Kay, Shea Homes

PUBLIC AGENCIES

- Southern California Public Agency Council Technical Advisory Committee
- Jill Boone, County of San Mateo RecycleWorks
- Peter Bruck, City of Rohnert Park
- Michael Foster, City of San Jose
- Alec Hoffmann, County of Marin
- Laura Ingall, City and County of San Francisco
- Karen Kho, Green Building in Alameda County
- Glenn Kirby, City of Union City
- Mauricio Mejia, City of Pasadena
- Kae Ono, Contra Costa County Community Development
- Annette Puskarich, City of Palo Alto
- Greg Reitz, City of Santa Monica
- Keith Roberts, City of Sacramento
- Billi Romain, City of Berkeley
- Rosalind Rondash, City of Pleasanton
- Peter Schultze-Allen, City of Emeryville
- Gregory Shreeve, City of Dublin
- Wendy Sommer, Green Building in Alameda County
- Wes Sullens, Green Building in Alameda County
- Scott Terrell, Truckee Donner Public Utility District
- Dell Tredinnick, City of Santa Rosa

NON-PROFIT AND COMMUNITY GROUPS

- Build It Green
- Global Green USA
- Healthy Building Network
- San Luis Obispo County Green Building Initiative Group
- Santa Cruz Green Building Working Group

OTHERS

- David Johnston, What's Working
- Marc Richmond, What's Working
- Jennifer Roberts, Editor
- Donald Simon, Wendel, Rosen, Black & Dean

Table of Contents

1. OVERVIEW OF GREEN BUILDING	7
Introduction	8
Fundamental Objectives of Green Building	9
The House as a System	12
Cost Considerations	13
2. HOW TO START BUILDING GREEN	14
What's Inside the Guidelines	16
3. GREENPOINT CHECKLIST	17
4. GREEN BUILDING MEASURES	22
Community Design and Planning	23
A. Site	25
B. Foundation	27
C. Landscaping	28
D. Structural Frame and Building Envelope	33
E. Exterior Finish	37
F. Insulation	38
G. Plumbing	39
H. Heating, Ventilation and Air Conditioning	40
I. Renewable Energy	44
J. Building Performance	46
K. Finishes	48
L. Flooring	51
M. Appliances	53
N. Other	54
5. MARKETING GREEN HOMES	55

Chapter One:

Overview of Green Building

“As our population along the coast increases, our resources are decreasing and it is only responsible to build homes that use less water and energy if the technology is available and cost-effective.”

—Amy Christopherson Bolten, Christopherson Homes

Overarching Principles of Green Building

1

Build for the long-term
Build durable homes & livable communities.

2

Build for our children
Make their homes, communities & environment safe.

3

Build for the planet
Use natural resources wisely.

Introduction

In response to growing concerns about building quality, health, quality of life, energy costs and dwindling natural resources, an increasing number of California homebuilders are embracing “green building.” This holistic approach to homebuilding emphasizes quality construction, energy efficiency, good indoor air quality and livable neighborhoods. As you’ll discover in these Guidelines, green building provides myriad benefits to California’s homebuilders, homeowners and communities.

Does green building really matter?

Green building means improving our design and construction practices so that the homes we build today will last longer, cost less to operate, and won’t harm people’s health. It also involves protecting natural resources and improving the built environment so that people, communities and ecosystems can thrive and prosper.

With the budget and time pressures we’re all under today, is it really worth the extra effort? Increasingly, builders, developers, real estate professionals, policy-makers and homeowners agree that it is worth the effort. Better homes, it turns out, are also better for business. Developers, builders and other real estate professionals who follow “building as usual” practices may find themselves at a competitive disadvantage as regulatory and market forces shift the industry toward built environments that are healthier, more resource efficient and less polluting.

Green building is gaining momentum in California, and for good reason. To meet expected population growth between now and 2020, approximately 220,000 housing units need to be added annually. That’s 3.3 million homes over the next 15 years.

Imagine the demands that all those homes will put on our water and energy supplies, forests, farmlands, recreational areas, roadways and municipal infrastructure.

Green building offers solutions to meeting those demands while minimizing environmental impacts. By building durable, healthy homes that consume less energy, water and other resources, today’s green homebuilders are helping to safeguard the well-being and prosperity of Californians today and for decades to come.

Fundamental Objectives of Green Building

There's nothing mysterious about green building—it's really just applied common sense. To move forward with greening your construction project, it is helpful to think of green building as quality design and construction achieved through the convergence of four fundamental objectives:

1. Conserve natural resources
2. Use energy wisely
3. Improve indoor air quality
4. Plan for livable communities

Conserve natural resources

Conventional building construction and operation consumes large quantities of wood, water, metals, fossil fuels and other natural resources. Even though the majority of the materials used to build a home are put to good use, vast quantities of resources are wasted. In fact, building an average 2,000-sq. ft. house produces about 7,000 pounds of waste.

Much of this waste is avoidable. Careful management of the construction process makes a big difference. There are also many well-established homebuilding practices that help protect natural resources. For example, advanced framing techniques can substantially reduce lumber requirements without compromising structural integrity. Using engineered lumber and wood products certified by the Forest Stewardship Council can help protect old-growth forests.

There are many effective building strategies that conserve natural resources, as well as provide benefits such as cost savings. These include using durable products such as roofing materials with 40- or 50-year warranties, and specifying recycled-content products that divert waste from landfills. Recycled-content decking, reclaimed lumber and other products put waste to good use, while providing quality and durability that

often exceed conventional materials. For example, decking materials made of recycled plastic mixed with wood waste fibers can last up to five times longer than wood decking, and never needs to be treated or painted.

Water is another critical resource. California residences use 5.6 million acre-feet of applied water annually. Our prosperity and ability to meet the needs of our growing population hinge on having adequate supplies of clean, fresh water. Homes built and landscaped to use water wisely make a tremendous contribution to protecting our shared resources. An added benefit is lower expenses for the homeowner. Today's builders can take advantage of a new generation of cost-effective, high efficiency appliances and landscape water management systems.

Use energy wisely

New houses in California must be built to the most stringent energy code in the country, but given the state's projected population growth, even this may not be enough to keep demand for energy in check. Generation and use of energy are major contributors to air pollution and global climate change. With homes accounting for roughly 31% of the electricity consumed in the state, it is clear that homebuilders have a significant role to play in helping our society address energy-related concerns now and in the coming decades.

Energy efficiency is the cornerstone of every green home. Improving energy efficiency and using renewable energy sources are effective ways to reduce the potential of energy supply interruptions, improve air quality, reduce the impacts of global warming, and slow the rate at which we need to build new power plants.

Energy efficiency also makes good sense for homeowners: an energy-efficient house saves money by reducing utility bills year after year, and provides other valuable benefits. Better insulation, for example, reduces uncomfortable drafts, and double-pane windows make for a quieter home.

Improve indoor air quality

On average, Americans spend 90% of their time indoors, yet the air in new homes can be ten times more polluted than outdoor air, according to the U.S. Environmental Protection Agency. Children are particularly vulnerable when it comes to air pollution. A report in the New England Journal of Medicine states that 40% of children will develop respiratory disease, in part due to the chemicals in their homes.

A common source of indoor air pollution is the off-gassing of chemicals found in many building materials. Kitchen cabinets, countertops, shelving and furniture may be made from particleboard or medium density

fiberboard. These pressed-wood products are typically made with adhesives that release urea formaldehyde—a known human carcinogen—into the home for years after installation. Also, many paints, floor finishes, adhesives and sealants emit unhealthy volatile organic compounds (VOCs). That “new house smell” is a telltale sign that there are harmful chemicals in the indoor environment.

Fortunately, the building products industry is responding to these indoor pollution problems by developing safer products, including low-VOC paints, cleaners and adhesives. These products are now commonly available from most major suppliers at costs comparable to conventional products. California also now has specifications available for some materials to assure that they are low emitting and safe.

Poor indoor air quality is also often caused by biological contaminants, such as mold that grows as a result of moisture infiltration due to inadequate ventilation, poor design and maintenance, and other factors. Dust, another major source of air pollution inside homes, can be reduced by installing permanent front door walk-off mats and by using hard surface flooring materials such as natural linoleum, bamboo, wood or wood alternatives, or concrete.

Pleasant Hill CoHousing Common House, Pleasant Hill, CA.



Plan for livable communities

California's homebuilders and homebuyers are making decisions today that will affect the quality of our lives for decades to come. New construction, whether of a single home or a large development, contributes to the state's economic vitality and helps meet our pressing need for more housing. At the same time, every new home places additional demands on our supplies of land, water and energy, and on our infrastructure of roads, sewers and other services.

Green building offers homebuilders, community leaders and California residents sensible solutions that improve an individual home's performance and provide broad-based community benefits. These benefits range from cleaner air to reduced traffic congestion, from more appealing recreational opportunities to greater economic vitality.

For local municipalities, green building can provide many economic benefits. Developments designed to reduce dependence on cars help ease traffic congestion, which can improve business productivity. Mixed-use developments encourage economic vitality and a diversified municipal tax base. Infill projects help revitalize older urban areas and allow public funds to be used for upgrading existing services such as schools, transit and sewers, rather than diverting limited funds to the development of new services.

For California residents, developments designed to cluster homes help preserve open space for recreation,

views and natural habitats. Pedestrian- and bicycle-friendly neighborhoods provide people with opportunities to exercise and get to know their neighbors. Higher density urban infill developments allow people to live closer to where they work, shop and go to school, which means less time spent driving and more time for family, community and personal activities.

Clearly, green building cannot solve all the social, economic or environmental challenges facing California's communities. Still, green building gives homebuilders a valuable set of strategies for meeting residents' expectations for livable, healthy, sustainable communities.

Centex Homes, PowerSave Plus home at Lunaria in Windemere, San Ramon.



The House as a System

A house is an intricate system made up of interdependent components. Changing one aspect of this system can create a ripple of effects in other areas. Builders were reminded of this when they began building tighter houses in the 1970s in response to rising energy costs. Tightly sealing the thermal envelope reduced heating and cooling costs but sometimes had unintended results, such as increased indoor air pollution due to inadequate ventilation or problems with mold due to moisture trapped within the structure.

The solution was not to return to the days of leaky, uncomfortable houses that wasted energy. Instead, what grew out of this experience was a new approach to home building, called the whole-house systems approach. In collaboration with building-science researchers, home-building associations and government agencies such as the U.S. Department of Energy's Building America program, many home builders across the nation are now successfully using this approach. It emphasizes strategic planning, systems analysis, and testing and verification to ensure that improvements in one area won't jeopardize health, safety, affordability, durability, profitability and other vital concerns.

Ideally, home builders should incorporate green building into their practices as part of this whole-house systems approach. This requires taking into account the interaction of many factors: the building's structure and thermal envelope; heating, cooling, water heating and electrical systems; renewable energy systems; the site's climate, topography, landscaping and surrounding structures; aesthetics; health and safety requirements; and how the occupants will use the house.

For example, a green builder concerned with improving the performance of the whole house will not merely select a more energy-efficient heating and cooling system and call it a day. Instead, the builder will look for opportunities to improve the thermal envelope and decrease heating and cooling loads, such as by reducing air leakage, designing and locating ductwork to minimize energy losses, increasing insulation, and choosing low-e windows. These improvements may allow the use of significantly smaller—and less costly—heating and cooling systems. Properly sized HVAC systems also lower the owner's energy costs and provide greater comfort.

According to Building America, a whole-house systems approach can reduce the energy consumption of new houses by as much as 40% with little or no effect on the cost of construction. Usually the decisions made as part of a whole-house approach yield multiple benefits.

For example, framing the home with 2x6 studs spaced at 24 inches allows increased insulation compared to conventional 2x4 studs spaced at 16 inches. Increased insulation saves heating and cooling energy and improves comfort. Also, as mentioned above, it may allow the downsizing of heating and cooling equipment. What's more, the 2x6 framing technique reduces wood use and labor costs.

The whole-house systems approach requires that the design and construction process be highly integrated. This involves:

- Careful planning and attention to detail from the outset of design through all the phases of construction.
- Understanding of building science principles, including the principles of air, heat and moisture flow.
- Good communication among the entire team, including the developers, architects, engineers, builders, trade contractors, and material suppliers.
- Proper sequencing of decision-making and building activities throughout the entire design and construction process.
- Adequate training and supervision to ensure quality construction.
- Testing and verifying performance during and after construction, and establishing a feedback loop to improve future designs based on the testing results.

Building America provides detailed information about the whole-house systems approach on their website, www.eere.energy.gov/buildings/building_america.

It's no coincidence that green homes designed with a whole-house systems approach are better homes. Improving building performance takes time and care, but can significantly reduce energy needs, improve health and comfort, and reduce builder risk and cost.

Cost Considerations

There are many reasons to build green. These include concern for the environment, desire for higher quality buildings, health considerations and interest in creating an environmentally friendly image for your business. Although some individual green building strategies may cost more, the benefits of adopting a green approach to homebuilding are remarkable.

Balancing costs and benefits

These Guidelines recommend methods and materials that range in cost—some of them cost no more or even less than conventional options. In fact, when a home is designed from the outset to be green, it need not cost more than a conventionally built home. While not all measures recommended in these Guidelines will be applicable to your project, the measures included are relevant and reasonable for residential developments built today.

Some of the recommended measures do cost more initially, but this additional cost needs to be evaluated in the context of the longer-term benefits provided: utility cost savings, better indoor air quality for residents, healthier jobsites for workers, and longer building life. When considering green building measures, it is very important to balance upfront design, product and construction costs with these other significant benefits.

Pacific Gas and Electric Company
WE DELIVER ENERGY.™

ELECTRIC ACCOUNT DETAIL

Service ID #: 1239872345
Billing Days: 29 days

Charges
Rate Schedule: ENET B
09/24/2003 - 10/22/2003
Net Charges \$4.28

TOTAL CHARGES \$4.28

Usage Comparison	Days Billed	Kwh Billed	Kwh per Day
This Year	29	0	0.0
Last Year	19	0	0.0

Sample utility bill for a zero net energy home.

How green building can reduce costs

While the health and environmental benefits of green building are well established, many people still assume that green building costs more. But taking a whole-house systems approach to green building, as described on the previous page, can actually reduce construction and operating costs compared to standard practice. This integrated approach to green building can help steer the design away from expensive solutions and toward cost-effective ones.

During schematic design, for example, the team might consider strategies such as simplifying a building's wall structure by changing the wall articulation to a flat wall with bolted-on overhangs and thick trim. Such a change can often save money and materials, but would be costly to do once construction documents were underway.

To give another example, a design team that takes a whole-house systems approach might recommend increasing the exterior wall thickness to accommodate more insulation, which could result in reducing the size and cost of the heating system.

The key to reducing costs is to evaluate opportunities as early as possible in the design process because the range of cost-effective solutions narrows as the design progresses. Consider framing techniques. During schematic design, the design team might decide to incorporate advanced framing techniques. These techniques, as described in the Guidelines, reduce wood and construction costs while maintaining structural integrity and meeting building code. But if framing changes aren't considered until much later in the design or construction process, significant cost and resource-saving opportunities may be missed.

Green building is pushing the design and construction industry to do things that may be new, such as taking a whole-house systems approach to design and construction. Learning new practices sometimes involves an initial outlay of time and money. But green buildings are more than just buildings. They are the end result of a collaboration between people on all levels of design and construction who are committed to improving on past practices and improving homes for today and the future.

Chapter Two:

How to Start Building Green

These Guidelines are for developers, builders and homeowners planning to construct a single-family residential project in California. The Guidelines provide a range of green building practices that can be implemented by people who are new to green construction as well as those aiming for higher levels of building performance.

“Ponderosa Homes believes green homes are kinder to the environment and provide substantial economic and comfort benefits. Homeowners can expect lower utility bills, higher resale values and reduced maintenance.”

—Dennis Swickard, Ponderosa Homes

How to Start Building Green

For building professionals, building green involves new ways of thinking about common building practices. Generally, it is best to build from your existing market base, adding green features as the market evolves and matures. If you start gradually, you are less likely to make expensive mistakes. It is critical to carefully consider the changes you make and the additional costs you might incur. The earlier you start integrating green strategies into your building process, the less it may cost you and the consumer in the long run.

Local governments can facilitate green building by providing educational opportunities and considering incentives for better quality construction. Builders value incentives that save them time in the development process or allow them to differentiate their homes in the marketplace. Incentives can include streamlined or expedited permitting, offering community recognition or partnering with organizations that offer consumer marketing programs.

Taking steps toward building green

The measures in these Guidelines range from basic, common sense recommendations such as venting bathroom fans to the outside, to more sophisticated strategies such as installing renewable energy systems.

No matter where you are on the green building spectrum—from novice to expert—you will find resources, design ideas, and real-world advice that you can put to use today.

If you are new to green building, you can start taking steps right away toward creating healthier and more energy- and resource-efficient homes. Inside these Guidelines, you'll find many strategies that are easy to implement and add virtually no cost.

As your team's experience with green building grows, you'll likely find yourselves scaling up to even healthier and more effective design and construction practices. The GreenPoint Checklist in Chapter Three provides a very convenient way for you to track green features in a particular project, as well as benchmark your progress over time as you and your company gain experience with green building.

If you are experienced with building green homes, some of the approaches and practices recommended here may already be part of your daily practice. In that case, these Guidelines will help you employ more advanced green-building strategies that will reinforce your organization's leadership position.



What's Inside the Guidelines

The measures in these Guidelines are listed in the Single-Family GreenPoint Checklist (Chapter 3) and described in detail in Chapter 4. The measures are grouped into sections corresponding to the various stages of construction. This organization will help you understand which green building measures can be incorporated at various points of a construction project. However, it's essential that each measure be considered and planned for holistically prior to designing a home.

These Guidelines also include some sidebars titled "Building Basics." They are included for general educational purposes and are not listed in Single-Family GreenPoint Checklist.

The sections are briefly summarized here:

- Community Design and Planning.** These measures are not part of the GreenPoint Checklist because they may not be in the developer's or builder's control. This section includes strategies to help preserve open space; promote social interaction, physical activity and community safety; and make homes more accessible to people of all physical abilities.
- A. Site.** Site measures include recommendations for managing the construction process to minimize disruptions to the building site, reduce waste, and prevent pollution of air, soil and waterways.
- B. Foundation.** New-home builders have the opportunity to make the buildings green from the ground up. This section includes suggestions for incorporating recycled flyash in concrete, using frost-protected shallow foundations in cold climates, and installing radon-mitigation measures where appropriate.
- C. Landscaping.** These measures offer strategies to keep pollutants out of waterways, reduce water use, promote healthy soils, create fire-safe landscaping, and reduce excessive outdoor lighting.
- D. Structural Frame and Envelope.** These measures address the building's structural frame, including the walls, floors and roof. Following these recommendations will result in more durable buildings that use energy and other resources more efficiently.
- E. Exterior Finish.** This section focuses on siding, roofing and decking materials that will hold up well for decades and help protect the home from moisture damage, fire, and general wear-and-tear.
- F. Insulation.** The measures in this section encourage proper insulation installation techniques, and the use of insulation products with recycled content and low or no formaldehyde emissions.
- G. Plumbing.** This section addresses ways in which builders and homeowners can save water and energy by designing the plumbing system to reduce hot-water runs, insulating hot water pipes and installing water-efficient toilets.
- H. Heating, Ventilation and Air Conditioning.** These measures provide two main, and complementary, benefits: energy efficiency and better indoor environmental quality. Houses with high-efficiency heating and cooling equipment tend to be more comfortable. Effective ductwork and ventilation provide better indoor air quality.
- I. Renewable Energy.** These measures describe solar hot water systems that reduce water heating energy costs, and photovoltaic systems that generate electricity from sunlight.
- J. Building Performance.** This section provides cost-effective recommendations for designing and building high performance homes that meet or exceed the state's building energy efficiency standards.
- K. Finishes.** Many conventional interior materials, including particleboard, paints and sealants, offgas noxious chemicals into the home. Most of the measures in this section describe healthier options for paints, trim, cabinets and countertops that perform well and are readily available. Other measures promote environmentally preferable materials for interior finishes.
- L. Flooring.** This section provides recommendations for a wide range of finish flooring materials that are attractive, long-lasting and environmentally friendly.
- M. Appliances.** High efficiency residential appliances can significantly cut a home's energy and water use. This section recommends choosing dishwashers, clothes washers, and refrigerators that exceed minimum federal efficiency standards.
- N. Other.** This section encourages innovative approaches to green building that go beyond the basic measures described in these Guidelines.

Chapter Three:

Single–Family GreenPoint Checklist

The GreenPoint Checklist offers builders, homeowners and municipalities a tool to assess how environmentally friendly or green a home is. This checklist is also the basis for Build It Green’s third-party verification program—GreenPoint Rated. GreenPoint Rated was developed with the cooperation of local builders, city planners and building officials. Each green measure has been assigned a point value based on its benefits to the homeowners and the environment, as well as its ease of implementation.

A home can be considered green if it fulfills the prerequisites, earns at least 50 points and meets the minimum points per category: Energy (30), Indoor Air Quality/Health (5), Resources (6), and Water (9). Please contact Build It Green for a list of certified GreenPoint Raters if you are interested in obtaining a green home rating.

“Centex Homes continues to pursue sustainable building methods and practices in all our Northern California neighborhoods. The GreenPoint Checklist provides a meaningful way to gauge our progress.”

—Jeff Jacobs, Centex Homes

Single-Family GreenPoint Checklist 2007 EDITION

POINTS PER CATEGORY	Community	Energy	IAQ/Health	Resources	Water
A. SITE					
1. Protect Topsoil and Minimize Disruption of Existing Plants & Trees					
a. Protect Topsoil from Erosion and Reuse after Construction	1				1
b. Limit and Delineate Construction Footprint for Maximum Protection					1
2. Deconstruct Instead of Demolishing Existing Buildings On Site				3	
3. Recycle Construction Waste (Including Green Waste)					
a. <i>Minimum 50% Waste Diversion by Weight (Recycling or Reuse) - Required</i>				P	
b. Minimum 65% Diversion by Weight (Recycling or Reuse)				2	
c. Minimum 80% Diversion by Weight (Recycling or Reuse)				2	
4. Use Recycled-Content Aggregate (Minimum 25%)					
a. Walkway and Driveway				1	
b. Roadway Base				1	
Site = Total 12					
B. FOUNDATION					
1. Replace Portland Cement in Concrete with Recycled Flyash or Slag					
a. Minimum 20% Flyash or Slag				1	
b. Minimum 25% Flyash or Slag				1	
2. Use Frost-Protected Shallow Foundation in Cold Areas (C.E.C. Climate Zone 16)				3	
3. Use Radon Resistant Construction (In At-Risk Locations Only)			1		
4. Design and Build Structural Pest Controls					
a. Install Termite Shields & Separate All Exterior Wood-to-Concrete Connections by Metal or Plastic Fasteners/Dividers				1	
b. All New Plants Have Trunk, Base, or Stem Located At Least 36 Inches from Foundation				1	
Foundation = Total 8					
C. LANDSCAPING					
1. Construct Resource-Efficient Landscapes					
a. No Invasive Species Listed by Cal-IPC Are Planted					1
b. No Species Will Require Shearing				1	
c. 75% of Plants Are Drought-tolerant California Natives, Mediterranean, or Other Appropriate Species					3
2. Use Fire-Safe Landscaping Techniques	1				
3. Minimize Turf Areas in Landscape Installed by Builder					
a. All Turf Will Have a Water Requirement Less than or Equal to Tall Fescue (0.8 plant factor)					2
b. Turf Shall Not Be Installed on Slopes Exceeding 10% or in Areas Less than 8 Feet Wide					2
c. Turf is <=33% of Landscaped Area (total 2 points)					2
d. Turf is <=10% of Landscaped Area (total 4 points)					2
4. Plant Shade Trees					3
5. Group Plants by Water Needs (Hydrozoning)					2
6. Install High-Efficiency Irrigation Systems					
a. System Uses Only Drip, Bubblers, or Low-flow Sprinklers					2
b. System Has Smart Controllers					3
7. Incorporate Two Inches of Compost into the Top 6 to 12 Inches of Soil					3
8. Mulch All Planting Beds to the Greater of 2 Inches or Local Water Ordinance Requirement					2
9. Use 50% Salvaged or Recycled-Content Materials for 50% of Non-Plant Landscape Elements				1	
10. Reduce Light Pollution from Site Lighting by Shielding Fixtures and/or Directing Light Downward	1				
Landscape = Total 31					

POINTS PER CATEGORY		Community	Energy	IAQ/Health	Resources	Water
D. STRUCTURAL FRAME & BUILDING ENVELOPE						
1.	Apply Optimal Value Engineering					
	a. Place Rafters & Studs at 24-Inch On Center Framing				1	
	b. Size Door and Window Headers for Load				1	
	c. Use Only Jack and Cripple Studs Required for Load				1	
2.	Use Engineered Lumber					
	a. Beams and Headers				1	
	b. Insulated Engineered Headers	1				
	c. Wood I-Joists or Web Trusses for Floors				1	
	d. Wood I-Joists for Roof Rafters				1	
	e. Engineered or Finger-Jointed Studs for Vertical Applications				1	
	f. Oriented Strand Board for Subfloor				1	
	g. Oriented Strand Board for Wall and Roof Sheathing				1	
3.	Use FSC-Certified Wood					
	a. Dimensional Lumber, Studs and Timber: Minimum 40% (total 2 points)				2	
	b. Dimensional Lumber, Studs, and Timber: Minimum 70% (total 4 points)				2	
	c. Panel Products: Minimum 40% (total 1 point)				1	
	d. Panel Products: Minimum 70% (total 2 points)				1	
4.	Use Solid Wall Systems (Includes SIPs, ICFs, & Any Non-Stick Frame Assembly)					
	a. Floors		2		2	
	b. Walls		2		2	
	c. Roofs		2		2	
5.	Reduce Pollution Entering the Home from the Garage					
	a. Tightly Seal the Air Barrier between Garage and Living Area			1		
	b. Install Garage Exhaust Fan OR Build a Detached Garage			1		
6.	Design Energy Heels on Roof Trusses (75% of Attic Insulation Height at Outside Edge of Exterior Wall)		1			
7.	Design Roof Trusses to Accommodate Ductwork		1			
8.	Use Recycled-Content Steel Studs for 90% of Interior Wall Framing				1	
9.	Thermal Mass Walls: 5/8-Inch Drywall on All Interior Walls or Walls Weigh more than 40 lb/cu.ft.		1			
10.	Install Overhangs and Gutters					
	a. Minimum 16-Inch Overhangs and Gutters				1	
	b. Minimum 24-Inch Overhangs and Gutters		1			
Structural Frame and Building Envelope = Total 36						
E. EXTERIOR FINISH						
1.	Use Recycled-Content (No Virgin Plastic) or FSC-Certified Decking				2	
2.	Install a Rain Screen Wall System				2	
3.	Use Durable and Noncombustible Siding Materials				1	
4.	Use Durable and Noncombustible Roofing Materials				2	
Exterior Finish = Total 7						
F. INSULATION						
1.	Install Insulation with 75% Recycled Content					
	a. Walls and/or Floors				1	
	b. Ceilings				1	
2.	Install Insulation That Is Low-Emitting (Certified CA Section 01350)					
	a. Walls and/or Floors			1		
	b. Ceilings			1		
3.	Inspect Quality of Insulation Installation before Applying Drywall		1			
Insulation = Total 5						
G. PLUMBING						
1.	Distribute Domestic Hot Water Efficiently					
	a. Insulate Hot Water Pipes from Water Heater to Kitchen		1			1
	b. Insulate All Hot Water Pipes		1			1
	c. Use Engineered Parallel Piping					1

POINTS PER CATEGORY		Community	Energy	IAQ/Health	Resources	Water
d. Use Engineered Parallel Piping with Demand Controlled Circulation Loop						1
e. Use Structured Plumbing with Demand Controlled Circulation Loop			1			2
f. Use Central Core Plumbing			1		1	2
2. Install Only High Efficiency Toilets (Dual-Flush or 1.3 gpf)						4
Plumbing = Total 17						
H. HEATING, VENTILATION & AIR CONDITIONING						
1. Design and Install HVAC System to ACCA Manual J, D, and S Recommendations			4			
2. Install Sealed Combustion Units						
a. Furnaces				2		
b. Water Heaters				2		
3. Install Zoned, Hydronic Radiant Heating with Slab Insulation			1	1		
4. Install High Efficiency Air Conditioning with Environmentally Responsible Refrigerants	1					
5. Design and Install Effective Ductwork						
a. Install HVAC Unit and Ductwork within Conditioned Space			3			
b. Use Duct Mastic on All Duct Joints and Seams			1			
c. Install Ductwork under Attic Insulation (Buried Ducts)			1			
d. Pressure Balance the Ductwork System			1			
e. Protect Ducts during Construction and Clean All Ducts before Occupancy			1			
6. Install High Efficiency HVAC Filter (MERV 6+)				1		
7. Don't Install Fireplaces or Install Sealed Gas Fireplace with Efficiency Rating Not Less Than 60% using CSA Standards				1		
8. Install Effective Exhaust Systems in Bathrooms and Kitchens						
a. Install ENERGY STAR Bathroom Fans Vented to the Outside				1		
b. All Bathroom Fans Are on Timer or Humidistat				1		
c. Install Kitchen Range Hood Vented to the Outside				1		
9. Install Mechanical Ventilation System for Cooling						
a. Install ENERGY STAR Ceiling Fans & Light Kits in Living Areas & Bedrooms			1			
b. Install Whole House Fan with Variable Speeds			1			
c. Automatically Controlled Integrated System			2			
d. Automatically Controlled Integrated System with Variable Speed Control			3			
10. Install Mechanical Fresh Air Ventilation System						
a. Any Whole House Ventilation System That Meets ASHRAE 62.2			1	2		
b. Install Air-to-Air Heat Exchanger			1	2		
11. Install Carbon Monoxide Alarms				1		
Heating, Ventilation and Air Conditioning = Total 37						
I. RENEWABLE ENERGY						
1. Pre-Plumb for Solar Water Heating			4			
2. Install Solar Water Heating System			10			
3. Install Wiring Conduit for Future Photovoltaic Installation & Provide 200 ft ² of South-Facing Roof			2			
4. Install Photovoltaic (PV) Panels						
a. 30% of electric needs OR 1.2 kw (total 6 points)			6			
b. 60% of electric needs OR 2.4kw (total 12 points)			6			
c. 90% of electric need OR 3.6 kw (total 18 points)			6			
Renewable Energy = Total 34						
J. BUILDING PERFORMANCE						
1. Diagnostic Evaluations						
a. House Passes Blower Door Test			1			
b. House Passes Combustion Safety Backdraft Test				1		
2. <i>Design and Build High Performance Homes - 15% above Title 24 - Required</i>			30			
3. House Obtains ENERGY STAR® with Indoor Air Package Certification				5	2	
Building Performance = Total 39						
K. FINISHES						
1. Design Entryways to Reduce Tracked-In Contaminants				1		
2. Use Low-VOC or Zero-VOC Paint						
a. Low-VOC Interior Wall/Ceiling Paints (<50 gpl VOCs (Flat) and <150 gpl VOCs (Non-Flat))				1		
b. Zero-VOC: Interior Wall/Ceiling Paints (<5 gpl VOCs (Flat))				3		

POINTS PER CATEGORY		Community	Energy	IAQ/Health	Resources	Water
3.	Use Low-VOC, Water-Based Wood Finishes (<250 gpl VOCs)			2		
4.	Use Low-VOC Caulk and Construction Adhesives (<70 gpl VOCs) for All Adhesives			2		
5.	Use Recycled-Content Paint				1	
6.	Use Environmentally Preferable Materials for Interior Finish: A) FSC-Certified Wood B) Reclaimed, C) Rapidly Renewable D) Recycled-Content or E) Finger-Jointed					
a.	Cabinets (50% Minimum)				1	
b.	Interior Trim (50% Minimum)				1	
c.	Shelving (50% Minimum)				1	
d.	Doors (50% Minimum)				1	
e.	Countertops (50% Minimum)				1	
7.	Reduce Formaldehyde in Interior Finishes (CA Section 01350)					
a.	Subfloor & Stair Treads (50% Minimum)			1		
b.	Cabinets & Countertops (50% Minimum)			1		
c.	Interior Trim (50% Minimum)			1		
d.	Shelving (50% Minimum)			1		
8.	After Installation of Finishes, Test of Indoor Air Shows Formaldehyde Level <27ppb			3		
Finishes = Total 22						

L. FLOORING

1.	Use Environmentally Preferable Flooring: A) FSC-Certified Wood B) Reclaimed C) Rapidly Renewable D) Recycled-Content E) Exposed Concrete. <i>Flooring Adhesives Must Have <50 gpl VOCs.</i>					
a.	Minimum 15% of Floor Area				1	
b.	Minimum 30% of Floor Area				1	
c.	Minimum 50% of Floor Area				1	
d.	Minimum 75% of Floor Area				1	
2.	Thermal Mass Floors: Floor Covering Other than Carpet on 50% or More of Concrete Floors		1			
3.	Flooring Meets Section 01350 or CRI Green Label Plus Requirements (50% Minimum)			2		
Flooring = Total 7						

M. APPLIANCES

1.	Install Water- and Energy-Efficient Dishwasher					
a.	ENERGY STAR		1			
b.	Dishwasher Uses No More than 6.5 Gallons/Cycle (total 2 points)					1
2.	Install Water- and Energy-Efficient Clothes Washing Machine					
a.	Meets CEE Tier 2 requirements (modified energy factor 2.0, Water Factor 6.0) (total 3 points)		1			2
b.	Meets CEE Tier 3 requirements (modified energy factor 2.2, Water Factor 4.5 or less) (total 5 points)		2			
3.	Install ENERGY STAR Refrigerator					
a.	ENERGY STAR Qualified & < 25 Cubic Feet Capacity		1			
b.	ENERGY STAR Qualified & < 20 Cubic Feet Capacity		1			
4.	Install Built-In Recycling & Composting Center					
a.	Built-In Recycling Center				2	
b.	Built-In Composting Center				1	
Appliances and Lighting = Total 12						

N. OTHER

1.	<i>Incorporate GreenPoint Rated Checklist in Blueprints - Required</i>				P	
2.	Develop Homeowner Manual of Green Features/Benefits		1	1		1
3.	Innovative Measures That Meet the Green Building Objectives of the Guidelines. Maximum of 20 points.					
4.	Community Design Measures and Local Priorities: Maximum of 20 points.	20				
Other = Total 43						

	Community	Energy	IAQ/Health	Resources	Water	Total
Total Available Points in Specific Categories	24	108	45	66	47	290
Innovation Points Available in Any Category						20
OVERALL TOTAL (Note: Some points are not applicable to every project type.)						310
MINIMUM POINTS REQUIRED IN SPECIFIC CATEGORIES		30	5	6	9	50

Chapter Four:

Green Building Measures

Every green feature in these Guidelines benefits the builder, homebuyer and the environment. This chapter lists each feature, discusses the conditions under which it should be used, and describes the benefits. A few green building practices are required by California or local codes. These “Building Basics” are included for educational purposes and are not numbered or listed in the GreenPoint Checklist.

“Green Building is about combining land use planning and building construction to create communities that are better for people. It is time for homebuilders to combine stewardship of the environment with economic growth to create a healthier and more environmentally sustainable future.”

—Don Babbitt, Heartwood Communities

Community Design and Planning

Community design and planning measures have a substantial influence on the overall environmental impact of a home. The following green building practices are recommended in the Guidelines but not listed separately in the Single-Family GreenPoint Checklist because they may not be in the developer's or builder's control. Projects may receive points for these measures in Section N of the GreenPoint Checklist.

1. Develop Infill Sites

Description:

Infill development reduces pressure to develop greenfields such as open space and farmland by reclaiming abandoned and underutilized sites and buildings.

Application:

When selecting a development site, choose built urban settings where public infrastructure is already in place. Give preference to locations that are: in a downtown area; targeted for revitalization; close to major employment centers; and/or within an urban growth boundary or designated for development by the local jurisdiction. Also, locate the project within walking distance of a major transit stop; look for locations where good transit service already exists or work with officials to bring public transit to the area.

Benefit:

Urban infill allows public funds to be used for maintaining or upgrading existing services such as schools, transit and sewers, rather than diverting limited funds to the development of costlier new services.

2. Cluster Homes and Keep Size in Check

Description:

On a given site, there are often many options for placing and orienting homes. Paying careful attention to land use and home size can help conserve natural resources.

Application:

A. Cluster Homes for Land Preservation

Two strategies for minimizing developed areas are clustering homes and building upward instead of outward. Besides preserving open space, certain clustered designs also use building materials and energy efficiently due to shared walls or roofs.

B. Conserve Resources by Increasing Density

Developments that allow for more households on a given site reduce pressure to develop greenfields or open space. Where there is access to public transit or commercial activities, dense developments offer the advantage of shorter commutes, less dependence on cars, and walkable communities.

C. Design Homes for Reasonable Size

Homes can be designed to be comfortable and spacious without being excessively large; smaller, more compact homes conserve land, building materials and energy.

Benefit:

Minimizing the development footprint and providing permanent open spaces can help protect the local ecosystem and enhance the community. Homes that are clustered and not overly large may cost less to build.

3. Subdivision Layout and Orientation

Description:

Summer temperatures in neighborhoods that have large expanses of pavement exposed to the sun can be several degrees warmer than neighborhoods with shaded pavement. Homes that are oriented without regard to solar access may require excessive energy to heat and cool. Planning strategies that take solar access into account can address these concerns.

Application:

Plan streets and lot layouts to provide for shading of streets by trees to reduce this "heat island" effect.

Keeping streets narrow will make them easier to shade by trees and will contribute to traffic calming, improving safety.

Orient homes on an east-west access to facilitate passive solar design, reduce heating and cooling energy use, and facilitate placement of rooftop solar electric and solar thermal systems. Use alley ways, greenbelts, and other methods to provide good solar access to the homes.

Benefit:

Planning for solar access and shading can create more pleasant neighborhoods, lower homeowners' energy bills, and reduce reliance on fossil fuel-based energy.

4. Design for Walking and Bicycling

Description:

Walking and bicycling are inexpensive, healthy forms of transportation but they are often incompatible with conventional car-based development patterns. Convenience, safety and aesthetics are key factors in promoting travel by foot and bicycle.

Application:

A. Provide Pedestrian Access to Neighborhood Services

Build pedestrian-friendly communities that combine residential and commercial spaces so that people can shop, play and meet their daily needs close to where they live.

B. Include Pedestrian Pathways that Connect to Recreation

Many new home developments include plans for new roadways and pedestrian paths. Where applicable, connect walkways to places of interest, such as parks, stores, and recreation areas. Use landscaping buffers to separate sidewalks from roadways.

C. Design Traffic-Calming Elements to Encourage Walking and Bicycling

Design 10-foot vehicle travel lanes, rather than the standard 12-foot lanes, to discourage fast driving. Use the remaining right of way for bike lanes. Consider rumble strips, bulbouts and raised crosswalks to reduce speeding.

Benefit:

Walking and bicycling are inexpensive, healthy forms of physical activity, transportation and neighborhood interaction. Traffic-calming measures reduce pedestrian injury rates and increase neighborhood economic activity and public safety.

5. Design for Safety and Social Gathering

Description:

Design buildings and landscapes to deter crime and promote safety through casual observation and community interaction.

Application:

Design all home entrances so that outside callers can be seen from inside the home. Place tall windows with low sill heights at front doors, or use transparent panels in the doors so any occupant, including children and the disabled, can view all visitors.

Orient porches to streets and public spaces to provide natural surveillance. Help keep the community safe and neighborly by orienting windows so that residents can easily view and feel comfortable using nearby areas such as outdoor benches, pathways, pocket parks, children's play areas and other features that promote socializing.

Benefit:

While it may be possible to deter some crime with tall fences, gates, video surveillance and bright lights, these elements also deter outdoor play and neighborliness. Creating a greater sense of community in residential areas results in safer and more inviting living.

6. Design for Diverse Households

Description:

Simple universal design elements make it much more likely that residents can remain in their homes as they age, if they become temporarily or permanently disabled,

or if they wish to have elderly relatives join their household.

Application:

Design homes so that at least one prominent entrance (not from a garage) has a zero-step clearance, with less than 1/2-inch difference in height. Design all main-floor interior doors and passageways to have a minimum 32-inch clear passage space to accommodate disabled persons. Locate at least a half-bath on the ground floor with blocking in the walls for grab bars. Ideally, also locate a bedroom on the ground floor. Consider providing a full-function, independent unit that would allow extended family members to reside at home yet maintain independence.

Benefit:

Over the long term, money can be saved and remodeling waste minimized if homes are designed from the outset to accommodate changing occupant needs and a wider range of physical abilities.



Sacramento Street Cohousing, Berkeley.

A. Site

1. Protect Topsoil and Minimize Disruption of Existing Plants and Trees

Description:

Soil is a valuable, living resource that should be protected. Through careful planning and construction practices, valuable soil as well as mature trees and other plants can be preserved.

Application:

Limit and delineate the construction footprint; restrict heavy equipment that compacts soil, including cars, to areas that are or will be paved or

built over. Identify areas to be paved as a place to store existing topsoil, if topsoil needs to be removed from an area during construction. Protect stored soil from erosion.

Complete a landscape survey to determine the feasibility of preserving or relocating mature trees, shrubs and native vegetation. Protect trees and shrubs from construction equipment by placing temporary fencing beyond their driplines. Create or preserve wildlife corridors adjacent to open space, wild lands and creeks.

Design for minimum building and hardscape footprints and little or no

grading. When grading is unavoidable, existing horticulturally suitable topsoil shall be stockpiled and re-spread during final landscape grading.

After construction, evaluate the quality of the stockpiled soil, amend with compost, and re-spread. Any new soil that needs to be added shall be similar to existing soil in pH, texture, permeability, and other characteristics, unless soil analysis reveals that a different type of soil is appropriate.

Benefit:

Plants thrive in healthy soil.

Healthy soils can also significantly reduce storm runoff, reduce fertilizer

BUILDING BASICS

Incorporate Passive Solar Design

Passive solar heating involves storing the sun's energy during the day in building materials that have high thermal mass; those materials later convey their heat to interior spaces, reducing the need for furnace operation. Passive cooling involves using overhangs and other exterior window shading to keep the sun out in summer, taking advantage of thermal mass to moderate temperature swings, ventilating the home with cool night air, and other practices to reduce or eliminate air conditioner operation.

Some of the energy benefits derived from passive strategies can be evaluated using California Building Energy Efficiency Standards (Title 24) compliance models. Consider implementing these passive strategies:

- a. Plan subdivision lots and street layout to optimize solar access for all homes. See *Subdivision Layout and Orientation* in Community Design and Planning.
- b. Orient the home with the long axis running east-west and minimize east- and west-facing windows to improve passive solar performance.
- c. Use wall and floor materials that improve thermal mass. For additional information, see *Provide Thermally Massive Walls* in Section D: Structural Frame and Building Envelope and *Provide Thermally Massive Floors* in Section L: Flooring.
- d. Design windows to catch prevailing breezes and provide cross ventilation. Install high windows, skylights or cupolas with securable low windows to create a stack effect that exhausts rising hot air and draws in cooler outdoor air.
- e. Incorporate roof overhangs, awnings, trellises and shade trees to selectively control solar heat gain through windows. See *Plant Shade Trees* in Section C: Landscaping.
- f. Reduce solar heat gain through exterior surfaces by using light exterior colors or paints with reflective pigments, ENERGY STAR® roofing materials, and/or radiant barrier roof sheathing. Roofing materials are available that have a reflectance greater than 0.75 and an emittance greater than 0.70. See Building Basics in Section J: Building Performance for application details.
- g. Install energy-efficient windows (double-paned, low-conductivity frames and low-e coating). There are two types of low-e glazing. One is heat rejecting (hard coat) and the other is heat receiving (soft coat). The recommended south glazing for passive solar buildings is low-e hard coat, heat receiving glazing with a U-factor of .40 or lower and a solar heat gain coefficient (SHGC) of .65 or higher. See Building Basics in Section J: Building Performance for additional information about windows.

and pesticide requirements, improve water quality and conserve irrigation water. Protection of existing mature landscape features helps prevent soil erosion, keeps the home and surrounding environment cooler in the summer, keeps plant waste out of landfills, preserves nature and adds value to the community.

2. Deconstruct Instead of Demolishing Existing Buildings

Description:

Deconstruction of existing buildings is a good way to salvage quality building products that have not yet reached the end of their usable life, even if the building or part of it has. Salvaged materials may be less expensive, of higher quality, or have more character than new materials.

Application:

Whole house deconstruction requires a team of workers experienced in dismantling buildings. Locate a demolition contractor who offers deconstruction services or an organization that specializes in salvaging building materials. In some cases, deconstruction may cost more than traditional demolition, but donating the salvaged materials to a nonprofit or charity may result in a substantial tax deduction that can offset the cost.

Common salvageable materials include timber, doors, sinks, fencing, bricks, tile, pipes, hardware and light fixtures. Reclaimed lumber, in the form of studs, beams, flooring and trim, is among the most valuable and available of salvaged building products.

Benefit:

Reusing building materials typically generates less waste and pollution than recycling does, decreases disposal costs and increases landfill capacity.

3. Recycle Construction Waste

Description:

Each year close to nine million tons of construction and demolition (C&D) debris is disposed of in California landfills. This represents 22% of the statewide waste stream, but in newer communities C&D waste sent to landfills can be as high as 50%. Construction waste generally consists of wood, drywall, metal, concrete, dirt and cardboard. It can also include plant debris (green waste) from the landscape. Much of this material can be reused or recycled.

Application:

Identify the types and quantities of materials generated at the job site and determine what can be reused in the current project or on another project, and what can be recycled. On the jobsite, allocate space for recycling bins and storage areas for reusable materials. Train workers on what goes where. Separate green waste from other materials. Cardboard, concrete and asphalt can almost always be recycled. At least 50% of the remaining construction materials, including green waste, should be recycled. Contact local recycling facilities and haulers to identify terms and conditions

required for recycling materials. Contact the California Integrated Waste Management Board at www.ciwmb.ca.gov for more information on recycling facilities.

Benefit:

Reuse and recycling of construction debris conserves natural resources and slows the rate at which landfills reach capacity. In addition, builders can save money by lowering disposal fees.

4. Use Recycled-Content Aggregate

Description:

Virgin aggregate comes from sources such as riverbeds and quarries where mining activities may disturb the environment. Recycled aggregate consists mainly of crushed concrete and crushed asphalt pavement. Recycled concrete and asphalt crushed to 3/4-inch meets the California Department of Transportation's (CalTrans) specification for Class 2 Aggregate Base.

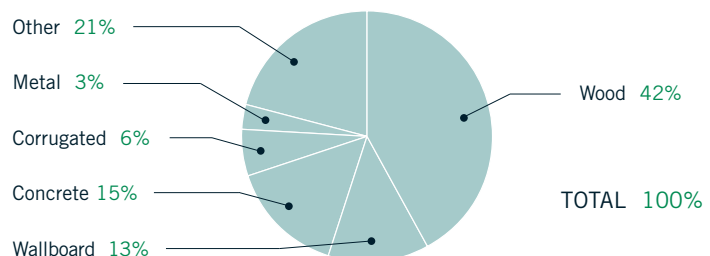
Application:

Use wherever Class 2 aggregate is specified; for example as drainage backfill, and under driveways, sidewalks and building slabs.

Benefit:

Recycled aggregate puts waste materials to good use.

Construction Waste Generated from a 2,000-Square-Foot New Home



Source: Based on waste generation studies for three residential developments in Alameda County (1999–2004) and compiled by Matthew J. Southworth, P.E. – Civil Engineer

B. Foundation

1. Replace Portland Cement in Concrete with Recycled Flyash or Slag

Description:

Flyash is a byproduct of coal-burning power plants. It is typically landfilled, but can be an inexpensive and quality substitute for a portion of the Portland cement in concrete. Concrete suppliers routinely replace 10 to 15% of the Portland cement in their mixes with flyash. Slag, a byproduct of the steel industry, may also be used like flyash to replace some of the cement.

Application:

Up to 50% of cement can be replaced with flyash or slag in many residential concrete mixes. However, high-volume flyash or slag mixes (35% replacement or more) may require longer cure times and different finishing techniques than standard concrete. Consult a structural engineer for information.

Benefit:

Flyash and slag improve the performance of concrete by increasing strength, reducing permeability and reducing corrosion of reinforcing steel. Using flyash or slag also reduces use of water and cement needed. Cement production is energy intensive; it accounts for more than 6% of the world's carbon dioxide emissions that contribute to global warming.

2. Use Frost-Protected Shallow Foundation in Cold Areas (Climate Zone 16)

Description:

Foundations in cold climates typically sit deep below the frost line to prevent heaving damage from the freeze-thaw cycle. A frost-protected shallow foundation (FPSF) is surrounded by insula-

tion, which, in effect, raises the frost line to just below the surface, allowing reduced excavation and foundation wall depths.

Application:

Excavate the foundation perimeter to 16 inches rather than the 36 to 48 inches typical for cold climates. Place insulation horizontally 4 feet extending out from the foundation, against the outside face of the foundation wall, and under the entire slab.

Benefit:

An FPSF typically reduces both concrete use and labor by up to 40%. An FPSF's insulation can significantly moderate the foundation temperatures, making the home more energy efficient and comfortable.

3. Use Radon-Resistant Construction

Description:

Radon gas is naturally emitted by some soils and rocks. The U.S. Environmental Protection Agency estimates that exposure to radon may be the second leading cause of lung cancer, after cigarette smoking. In California about 1% of homes have radon levels above the recommended mitigation level (4 picocuries). Most of these homes are located in the Sierra foothills and coastal mountains and foothills.

Application:

Use radon-resistant construction if a home is being built in EPA Radon Zone 1 or identified by the California Department of Health Services as having above average risk (www.cal-iaq.org/RADON). Lay a perforated pipe in a 4- to 6-inch layer of large gravel under the foundation slab. Connect this to a

solid pipe running to the attic and through the roof. Attach a fan to this pipe for discharging the radon.

Benefit:

Installing a radon mitigation system will significantly reduce the occupants' levels of radon exposure.

4. Design and Build Structural Pest Controls

Description:

Ants, termites and other pests can damage cellulose-based building materials, but some chemical treatments designed to deter pests may also be toxic to humans and other animals. Permanent, structural pest controls can help keep pests out of the home.

Application:

a. Install Termite Shields and Separate All Exterior Wood-to-Concrete Connections by Metal or Plastic Fasteners or Dividers

Install a continuous, durable termite shield around all foundation slab penetrations, at the junction of the foundation or piers and the wall framing, and wherever slab perimeter insulation is installed. When wood is in constant contact with concrete or soil, it remains moist. Create a separation to allow water to drain and wood to dry out.

b. Locate All New Plants At Least 36 in. from Foundation

This keeps roots away from the foundation, reduces the chance of pests traveling from nearby branches onto the home, and makes it easier to inspect for termite tunnels.

Benefit:

Physical pest controls reduce chemical use and increase the home's durability.

C. Landscaping

BUILDING BASICS

Control Stormwater Runoff

Land development and construction activities can significantly alter natural drainage patterns and pollute stormwater runoff.

Excessive stormwater runoff can erode residential landscapes and local streams, and stress local stormwater drainage systems, increasing flood risks. Keeping sediment and pollutants out of storm drains helps protect local creeks, reservoirs and the ocean. Increases in impervious surfaces are directly related to reductions in water quality in nearby creeks, rivers, lakes and bays.

Because controlling stormwater runoff is critical to protecting water quality, many projects will need to file a Notice of Intent (NOI) and prepare a Stormwater Pollution Prevention Plan (SWPPP) per the State General Construction NPDES Permit. Be sure to contact your local municipality for during-construction and post-construction stormwater quality control requirements.

During construction and grading, use stormwater Best Management Practices (BMPs) to control erosion and to prevent sediment and pollutants from entering storm drains. Erosion control protects the soil surfaces whereas sediment control traps soil particles after they have been dislodged. Consider implementing these BMPs during the construction stage:

- a. Schedule grading so that disturbed slopes are stabilized and revegetated during the non-rainy season. Minimize and delineate the area to be disturbed.
 - b. Trap sediment on site using a combination of effective erosion and sediment control measures. Place barriers around storm drain inlets to pond water and allow sediments to settle out.
 - c. Cover construction materials and stored topsoil exposed to rain; store wastes under cover and dispose of properly.
 - d. Install temporary concrete washout areas for use by contractors to prevent pollution from entering storm drains.
 - e. Educate on-site workers to practice good housekeeping practices and implement best management practices to prevent stormwater pollution.
 - f. Inspect and maintain control measures before and after each rainstorm.
- Post-construction activities include protecting the stormwater by implementing permanent stormwater controls. Consider incorporating the following BMPs into your project:
- a. Minimize the total amount of impervious paved area used for roadways, driveways, walkways, and patios by avoiding large expanses of contiguous impermeable surfaces.
 - b. Install gravel, porous concrete and permeable pavers that allow stormwater to percolate through and infiltrate into subsurface drainage systems or the ground. This reduces stormwater runoff and filters out sediments.
 - c. Direct stormwater runoff from hardscapes toward adjacent landscaped areas that are graded to receive the excess water; this will help recharge groundwater, filter pollutants, and water vegetation.
 - d. Construct rainwater catchment systems such as ponds, cisterns and other rainwater collection basins. Stormwater ponds collect, retain and filter runoff during and after a storm. The pond's natural chemical, physical and biological processes remove suspended solids, metals and dissolved nutrients.
 - e. Create a biofilter, such as a swale, to slow the flow of stormwater into storm drains and allow pollutants to settle and decompose. This will reduce sedimentation and other pollutants in the water. Large planting beds designed as swales can absorb stormwater from a building's downspouts.

1. Construct Resource-Efficient Landscapes

Description:

Conventional residential landscapes are often designed without regard for climate and soil conditions. Typically, they require high inputs of water and chemicals and produce excessive plant debris from pruning and mowing activities. Invasive plants used in landscaping often escape into natural areas, where they can spread rapidly, crowd out native plants, degrade wildlife habitat and increase the wildfire fuel load. Resource-efficient landscapes use plants and techniques that are better

suited to local soils, wildlife, rainfall and climate.

Application:

Evaluate the climate, exposure, and topography of the site. Assess the soil. Have the soil professionally analyzed for texture, nutrients, organic matter content and pH, especially if the topsoil was not protected during construction activities. If soil amendments are advised, ask the laboratory to recommend organic or environmentally friendly amendments.

Select drought-tolerant species that are appropriate for the site's soil and microclimates, such as California natives, Mediterranean or other well-adapted species. Plant a variety of

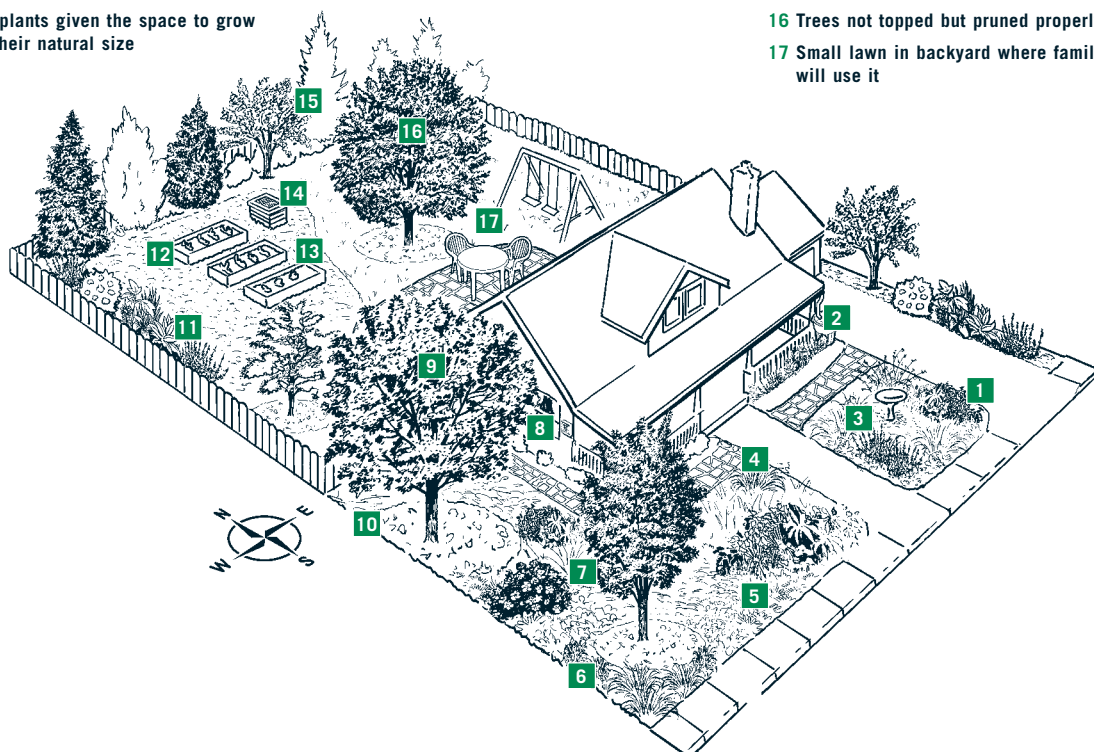
trees, shrubs and other perennials and limit annuals. Find out which invasive species are problematic locally; do not include them in the planting palette and eliminate any from the site before planting. See the California Invasive Plant Council website at www.Cal-IPC.org for a list of local invasive species for your area.

Give plants plenty of room to mature, reducing the need for pruning and shearing. Limit turf to the smallest area that will meet recreational needs (see Minimize Turf Areas, below). Include a site for composting and mulching plant debris.

- 1 Permeable paving on driveway and walkway to front door
- 2 Water from roof channeled to cistern
- 3 Water for wildlife habitat
- 4 Pavers with spaces and low water use plants between
- 5 Front lawn replaced by diverse plantings with many California native groundcovers, shrubs and trees, but no invasive species
- 6 All plants given the space to grow to their natural size

- 7 Plants selected to match the microclimates
- 8 Irrigation controller waters hydrozones according to plant needs, soil moisture and weather
- 9 Deciduous trees placed to the west & southwest of the house & patio for summer cooling
- 10 Repository for leaves to collect under trees as mulch

- 11 Mulched paths keep soil covered
- 12 Drip irrigation for vegetable beds, shrubs, trees and elsewhere where feasible
- 13 Raised beds are constructed from plastic or composite lumber
- 14 Compost bin recycles plant and kitchen debris
- 15 Evergreen windbreak blocks north winter winds
- 16 Trees not topped but pruned properly
- 17 Small lawn in backyard where family will use it



Benefit:

A diverse landscape of native species supports beneficial birds, bees and other insects and may resist disease and other pests better than one with little variety. Choosing and placing plants appropriately will also reduce the amount of plant debris sent to landfills and water used for irrigation.

2. Use Fire-Safe Landscaping Techniques

Description:

California's hot, dry climate makes fire protection an important consideration for landscape design, especially because new home developments are increasingly located adjacent to areas that may be prone to wildfires. Simple landscaping design practices can help defend the homes by reducing fuel accumulation and interrupting the fire path.

Application:

Determine whether the site is in a high-risk area. Map the site, identifying exposure to prevailing winds during the dry season and steep slopes that can increase wind speed and convey heat. Identify adjacent wildlands or open space, as well as south- and west-facing slopes and their vegetation, particularly species that burn readily.

For sites adjacent to fire sensitive open space or wildlands, create defensible space around buildings; this is an area where vegetation is modified to reduce fuel load and allow firefighters to operate. Use irrigated, low-growing, fire-resistant vegetation, patios, paving stones and other low-risk features in the

zone immediately surrounding the structure. Specify plants with low fuel volume and/or high moisture content. Avoid plants with high oil content or that tend to accumulate an excessive amount of dead wood or debris.

Do not plant trees and shrubs at distances where limbs and branches will reach the house or grow under overhangs as they mature. To minimize fire ladders, do not plant dense hedges or space tall vegetation too closely together. Use mulch (except fine shredded bark) and decomposed granite to control weeds and reduce fuel for fires. Construct roofs, siding and decks with fire-resistant materials. Consider alternatives to wood fences, such as rock walls.

Benefit:

Fire-safe landscaping reduces risk of harm to residents and firefighters, and protects valuable personal and community assets.

3. Minimize Turf Areas

Description:

Lawns (or turf) are useful for recreation and relaxation, but turf requires frequent cutting, watering and application of fertilizers or other chemicals to stay green during California's long dry season.

Application:

Replace decorative lawns with water-conserving California native groundcovers or perennial grasses, shrubs and trees. If lawns are desired, plant in small areas where they are most likely to be used for play and relaxation. Choose plant species that are native or regionally

appropriate and have a water requirement less than or equal to tall fescue. Avoid planting turf on slopes greater than 10% or in irregularly shaped areas that cannot be irrigated efficiently. Avoid turf in isolated areas (driveway strips) or other areas less than 8 feet wide on the shortest side, unless irrigated with subsurface irrigation or micro spray heads.

Benefit:

Minimizing turf conserves water. If a 1,000-square-foot lawn needs 1 inch of water per week, reducing it to 500 square feet can save approximately 10,000 gallons of water per dry season. Minimizing turf reduces the need for mowing and removing grass clippings. Chemical use may also be decreased, thereby protecting the quality of local waterways and aquifers.

4. Plant Shade Trees

Description:

During summer months, the sun heats up homes, which makes air conditioners work harder and drives up peak electricity demand. Large shade trees keep direct sun off the roof, walls and windows in the summer, thereby lowering cooling costs and increasing comfort while providing an attractive and valuable landscape.

Application:

Augment the existing tree cover on the site, particularly to the west of the building, by planting California native or other Mediterranean tree species that are drought tolerant and appropriate for the site's soil and microclimates. Plant trees

to shade walls, windows and paved areas. If the building design includes passive solar heating, do not plant trees too close to the home's south side. Avoid planting trees too close to utilities. Plant a variety of deciduous trees and give them plenty of room to mature, reducing the need for pruning and shearing.

Benefit:

Shade trees can create a microclimate that is up to 15°F cooler than the surrounding area, and can reduce summer air-conditioning costs by 25 to 40%. Peak electricity demand is at its highest during late afternoons in the summer; shade trees play an important role in reducing this demand. Trees provide numerous additional benefits including absorbing carbon dioxide, cleansing the air, creating habitats for birds and other creatures, providing play places for children, making neighborhood more beautiful and increasing property values.

5. Group Plants by Water Needs (Hydrozoning)

Description:

Different plants have different water requirements. Hydrozoning involves dividing the landscape into zones of low, medium and high water use to prevent overwatering.

Application:

Group plants by water needs, creating irrigation zones based on the plants' water requirements and their exposure. Delineate each hydrozone on the site, irrigation and planting plans. Place thirstier plants in relatively small, highly visible areas and if possible, in spots that naturally

collect water. Plant the larger areas with drought-tolerant species. Install separate irrigation valves for different zones. Consider that some California natives do not tolerate water in the summer after they are established; be sure to separate them from plants that need ongoing irrigation.

Benefit:

Hydrozoning matches irrigation to the plants' water requirements, conserving water and fostering resistance to pests and disease. Plant mortality is also reduced, saving time and money.

6. Install High Efficiency Irrigation Systems

Description:

With increasing demand on supplies of fresh water, efficient landscaping irrigation is vital in California. Efficient irrigation systems apply only the amount of water that the plants need, with little or no waste through runoff, overwatering or misting.

Drip and bubbler irrigation technologies apply water to the soil at the plant root zones at the rate the soil can absorb it, and are often more appropriate than overhead sprinklers in areas that are narrow, oddly shaped or densely planted, or in areas such as parking lots and medians. Low-flow sprinkler heads apply water uniformly and slowly. Smart controllers regulate the irrigation program based on weather or moisture sensors, historic data or a signal. A rain sensor overrides the system in the event of rainy weather.

Application:

Design the irrigation system to meet or exceed the requirements

of your local water conservation ordinance. Install drip, subsurface drip or low-flow irrigation systems in place of standard systems for all landscape applications.

A smart irrigation controller will provide even more water savings. Choose a smart irrigation controller that has at a minimum the following capabilities: 1) automatic periodic adjustments to the irrigation program, accomplished through external sensors, internally stored historical weather data or a provider-supplied signal, 2) multiple start times, 3) run-times able to support low-volume applications, 4) irrigation intervals for days of the week or same-day intervals, and 5) more than one operating program (for example, A=turf, B=shrubs, C=water features). If necessary, turn off the irrigation system or valve for the landscape or hydrozone that includes only low water use California natives, once the plants are fully established.

Benefit:

High efficiency irrigation systems minimize overspray and evaporation and reduce runoff, dramatically reducing landscape water use while preventing disease and minimizing weed growth that results from overwatering.

7. Incorporate Compost to Promote Healthy Topsoil

Description:

A robust, living soil with sufficient organic content is the foundation of a water-conserving, resource-efficient, thriving landscape. Adding good quality compost before planting brings life to the soil and feeds existing soil organisms, fueling many natural

processes that supply nutrients, minimize disease and improve soil quality.

Application:

Assess the soil quality on site. Have the soil professionally analyzed for texture, nutrient and organic matter content and pH, especially if the topsoil was not protected during construction activities. If soil amendments are advised, ask the laboratory to recommend organic or environmentally friendly amendments.

Incorporate 2 to 4 inches of compost into the top 6 to 12 inches of soil, or as much as is required to bring the soil organic matter content to 3.5% for turf and 5% for planting beds, except for plant species that will not thrive in such soils. Use fully stabilized, certified compost as a soil amendment where appropriate (stabilized compost has been properly matured and can be safely handled, stored and applied to the soil). Loosen all planting and turf areas to a minimum depth of 6 inches prior to final landscape grading. Topdress with compost on turf and around established shrubs and trees.

Benefit:

Compost can increase permeability, water-holding capacity and plant nutrient availability. This encourages healthy plant growth, improves the ability of the soil to filter pollutants, improves water quality, reduces irrigation needs and lowers water bills.

8. Mulch All Planting Beds

Description:

Mulch is any material spread evenly over the surface of the soil. Organic materials, including chipped landscape debris, are preferable over

inorganic materials because they supply nutrients over time and provide wildlife habitat.

Application:

Apply and maintain a minimum of 2 to 3 inches of natural mulch to all soil surfaces or at least until plants grow to cover the soil. Do not place mulch directly against any plant stem or tree. Designate areas under trees and away from hardscapes or storm drains as repositories for fallen leaves to remain as mulch. Buy mulch produced from urban plant waste debris, or from local suppliers within a 150-mile radius.

Benefit:

Mulch can conserve water, reduce weed growth and simplify maintenance operations.

9. Use Salvaged or Recycled-Content Materials for Landscape Elements

Description:

Landscape elements present many opportunities for using salvaged or recycled materials. Recycled-plastic lumber or recycled-composite lumber makes a very durable landscape edging. Broken concrete can be used to make a very attractive retaining wall or path, and tumbled glass cullet can be used to create beautiful walkways.

Application:

Use salvaged or recycled-content materials for hardscapes (planting beds, patios, decks, walls, walkways and driveways) and other landscape features (for example, edging, benches, play equipment). If recycled plastic or composite lumber is not appropriate, use FSC-certified sustainably harvested wood.

Benefit:

For landscaping and hardscaping, recycled plastics or composites are generally much more durable than wood because they do not rot, crack or splinter or require ongoing wood treatments.

10. Reduce Light Pollution

Description:

Light pollution occurs when outdoor light fixtures let light escape onto neighboring properties and into the night sky.

Application:

Avoid outdoor lighting where it is not needed. Rather than leaving outdoor lights on all night, use lighting controls such as motion sensors, timers and photosensors so that the lights are only on when and where needed. Exterior lighting that provides low contrast on critical areas, such as sidewalks and home entrances, is better for visual acuity than overlighting.

Eliminate all unshielded fixtures that let light escape skyward or trespass on neighboring properties, such as floodlights. Look for fixtures certified by the Dark Sky Association for light pollution reduction (www.darksky.org).

Benefit:

Reducing light pollution minimizes neighborhood or wildlife habitat disruption and saves energy.

D. Structural Frame and Building Envelope

1. Apply Optimal Value Engineering

Description:

Optimal Value Engineering (OVE), also known as advanced framing, refers to techniques that reduce the amount of lumber used to build a home, while maintaining structural integrity and meeting the building code.

Application:

Implement any number of common OVE techniques including framing on 24-inch centers instead of 16-inch, using the right-sized headers for the load, using only jack and cripple studs required for the load, using insulated headers on exterior walls, and building two-stud corners with drywall clips.

Benefit:

Using OVE techniques saves wood and construction costs without a significant reduction in structural strength. Many OVE techniques also allow more of the wall to be better insulated, which improves energy efficiency and comfort.

2. Use Engineered Lumber

Description:

Solid-sawn lumber in sizes 2x10 and greater typically comes from old-growth forests or large diameter trees. Engineered lumber products, on the other hand, come from small-diameter, fast-growing plantation trees. These products include glued laminated timber (glulam), laminated veneer lumber (LVL), laminated strand lumber (LSL), parallel strand lumber (PSL), wood I-joists, wood floor trusses, finger-jointed studs and oriented strand board (OSB).

Application:

Use engineered lumber instead of solid-sawn lumber wherever applicable. Review structural building

plans to make sure that engineered lumber is called out on the plans.

A. Beams and Headers

Engineered beams and headers can easily replace any solid-sawn member of similar size or even larger. In addition, large solid-sawn lumber is often used for headers and beams when smaller dimension lumber would suffice.

B. Insulated Engineered Headers

Engineered headers with pre-installed insulation are lighter than solid wood headers, do not shrink (reducing cracks in drywall), and insulate better than solid wood.

C. Wood I-Joists or Web Trusses for Floors

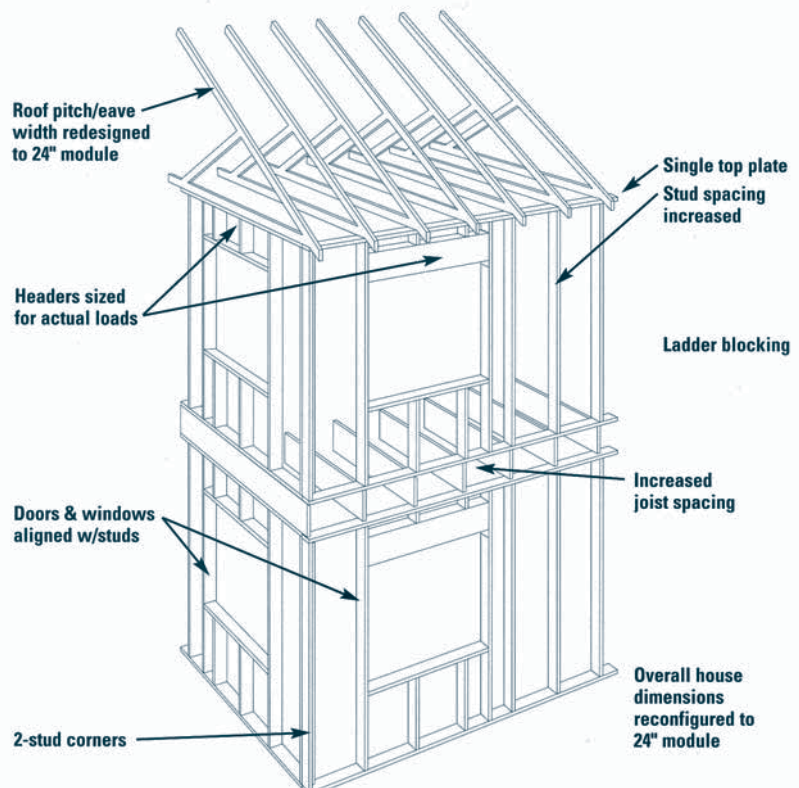
The typical 2x10 and larger solid lumber used for floor joists can be replaced with engineered lumber in most applications. For long-span floor joists use floor web trusses

instead of solid-sawn lumber. Not only are web trusses stronger than solid beams, they are lighter. Some have knock-outs or cavities that allow ducts, pipes and wires to easily pass through them, resulting in quicker installation.

I-Joists use 50% less wood fiber than solid sawn lumber.



Optimal Value Engineering Techniques.



Adapted from Building Science Corporation

D. Wood I-Joists for Roof Rafters

For roof rafters, use I-joists instead of solid lumber.

E. Engineered or Finger-Jointed Studs for Vertical Applications

Use engineered or finger-jointed studs wherever conventional studs are typically used. Finger-jointed studs use short pieces of 2x4 or 2x6 material glued together to form standard stud lengths, while engineered lumber is typically veneers, strands or flakes of wood glued to form studs. These studs are all dimensionally straight and save on labor and material costs associated with culling crooked lumber and shimming and straightening crooked walls.

F. Oriented Strand Board for Subfloor

OSB is a type of engineered wood product manufactured from fast-growing farm trees. OSB comes in sheets and is used as an alternative to plywood for subfloors.

G. Oriented Strand Board for Wall and Roof Sheathing

Use OSB as an alternative to plywood for wall and roof sheathing.

Benefit:

Reducing demand for large dimensional lumber decreases pressure to harvest old-growth or large-diameter trees. Engineered lumber uses wood fiber more efficiently than conventional lumber. Most engineered wood products are straighter and stronger than solid-sawn equivalents, eliminating crooked walls and reducing material waste.

3. Use FSC-Certified Wood

Description:

Forest Stewardship Council (FSC) certification assures that the forest from which the wood was harvested is managed in an environmentally, economically and socially responsible manner. FSC is the

only lumber verification rating that maintains chain-of-custody certification throughout the cutting, milling and final delivery of products, thus ensuring that the end product originated from a certified sustainably managed forest.

Application:

Use FSC-certified solid wood framing, engineered lumber, oriented strand board and plywood.

Benefit:

FSC certification assures that forests are managed in a way that protects the long-term availability of wood resources, the health of forest ecosystems, and the sustainability of local economies.

4. Use Solid Wall Systems

Description:

Solid wall systems include structural insulated panels (SIPs), insulated pre-cast concrete, insulated concrete forms (ICFs), autoclaved aerated concrete (AAC), and similar systems that are not constructed of wood studs.

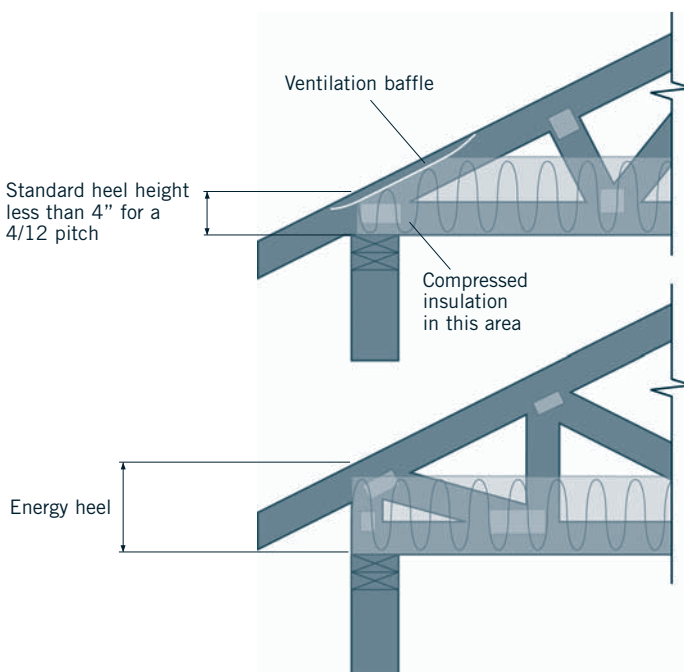
Application:

Each of these systems entails its own specialized installation techniques. Always follow manufacturer specifications.

Benefit:

These walls replace wood stud construction by including structure, sheathing and insulation in a single durable, energy-efficient system. Most solid wall systems improve home comfort and save significant amounts of wood.

Energy Heels on Trusses Allow More Insulation.



5. Reduce Pollution Entering the Home from the Garage

Description:

According to the U.S. Environmental Protection Agency (EPA), an attached garage is the biggest contributor to poor indoor air quality in a home. Car exhaust contains many known carcinogens and can migrate into living spaces through doors and cracks in walls and ceilings adjacent to the garage. Other pollutants commonly found in garages include benzene from lawn mowers and power tools, pesticides for gardens, toxic cleaning agents, and chemicals in paints and adhesives.

Application:

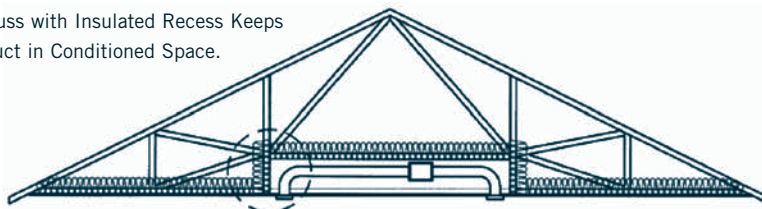
A. Tightly Seal the Air Barrier between Garage and Living Area

Use foams, weatherstripping and caulking to create an air barrier between the garage and living areas. Completely seal garage walls and ceilings adjacent to the interior. Doors should have full weatherstripping and sealed thresholds. Spray-applied foam insulation that creates a complete air barrier is recommended.

B. Install Separate Garage Exhaust Fan

For added protection, install an exhaust fan in the garage on the opposite wall from the door to the house. It can be triggered by an electric garage door and put on a timer to run after door has been opened or closed. Detached garages provide the most effective means of keeping garage pollutants out of the home.

Truss with Insulated Recess Keeps Duct in Conditioned Space.



Steven Winter Associates

Benefit:

Properly designed and isolated garages keep polluted air out of the home.

6. Design Energy Heels on Roof Trusses

Description:

At the intersection of perimeter walls and the roof framing, there is often increased heat loss, because conventional roof trusses reduce the area available for insulation to less than 6 inches. An energy heel is a framing technique that raises the height of the truss at exterior wall top plates to accommodate the full depth of insulation at the home's perimeter.

Application:

Install where conventional trusses are used. The increased height may require modifications to exterior soffit and trim details.

Benefit:

Energy heels on trusses allow for full insulation around the perimeter, saving energy and reducing utility bills.

7. Design Roof Trusses to Accommodate Ductwork

Description:

One way to include HVAC ducts in conditioned space (see Section H.5.a) is to design trusses with a raised center section that accommodates the ducts. This may add only slightly to the cost of the trusses.

Application:

Coordinate with the HVAC contractor and structural engineer before ordering trusses to identify opportunities for including all ducts in conditioned space. If feasible, order trusses with a plenum space between the bottom truss chord and the ceiling; insulate the plenum and seal it with drywall or another air barrier.



Construction using SIPs.

Benefit:

Designing trusses to accommodate ducts can reduce the cost of the duct installation. It also reduces duct heat loss/gain and air leakage to outdoors.

8. Use Recycled-Content Steel Studs for Interior Framing

Description:

Steel studs can be either stand-alone or contain wood pieces within the “C” channel. Steel studs may or may not be load-bearing, depending on their rating.

Application:

Use in non-insulated interior walls.

Benefit:

In addition to its recycled content, steel provides strength, light weight, exacting specifications, fire- and pest-resistance, and fewer of the twisting, warping and other defects that can plague wood framing.

9. Provide Thermally Massive Walls

Description:

Use wall materials that improve thermal mass.

Application:

Low cost strategies for thermal mass walls include using 5/8” drywall on all interior surfaces. Less conventional approaches include using pre-cast insulated concrete walls or insulated concrete forms (ICFs).

Benefit:

Increasing thermal mass will reduce heating and cooling energy use and will moderate indoor temperature swings, keeping the home more comfortable.

10. Install Overhangs and Gutters

Description:

Overhangs increase a home’s durability by protecting it from the elements and helping regulate the amount of rain striking walls. Overhangs also provide shading for windows. Gutters provide a pathway for water to exit the roof without entering walls and splashing back onto the foundation and siding.

Application:

Design at least a 16-inch overhang with gutters around the building’s entire roof. Consider adding deeper overhangs where needed to shade walls and windows to provide cooling during summer. Drain gutters at least 24 inches from the home and into a rainwater cistern or toward adjacent landscaped areas that are graded to receive the excess water so as to recharge groundwater, filter pollutants, and water vegetation.

Benefit:

Overhangs and gutters protect siding, windows and doors from water intrusion, thereby reducing the likelihood of rot and mold issues. Overhangs also provide protection from the sun’s harsh UV rays, which can degrade building materials and furnishings.

E. Exterior Finish

1. Use Recycled-Content or FSC-Certified Decking

Description:

Besides being exposed to the weather, the deck often gets heavy foot traffic. Environmentally sound alternatives to conventional lumber can extend the life of the deck and conserve natural resources.

Application:

a. Use Recycled-Content Decking

Use recycled-content decking in all nonstructural deck applications. There are two types of recycled-content lumber: recycled plastic lumber, which contains only recycled plastic, and composite lumber, which combines recycled wood fiber and recycled plastic. Both can be used in place of redwood, cedar and pressure-treated lumber for the top planks and railing. These products accept screws and nails, and cut like wood. Follow the manufacturer's installation recommendations closely. Choose recycled-content lumber that contains no virgin plastic.

b. Use FSC-Certified Wood Decking

FSC-certified lumber comes from forests managed in an environmentally and socially responsible manner. Use FSC-certified lumber for all exterior decking applications or as structural deck members in conjunction with

recycled-content decking. Choose a species of FSC-certified wood that is appropriate for exterior decking.

Benefit:

Recycled-content plastic and composite decking is more durable than most wood. It doesn't rot, crack, splinter, or require staining, and isn't treated with potentially toxic chemicals. Using recycled-content decking also reduces pressure to harvest forests. FSC certification guarantees that forests are managed in a way that will assure the long-term availability of wood resources and the health of forests.

2. Install a Rain Screen Wall System

Description:

A rain screen wall system or ventilated drainage plane is an effective solution to external moisture penetration. It allows for an air space between the siding and wall structure, protecting the home from damaging rain intrusion.

Application:

Install siding with an air space between it and the structural wall. Flash all wall openings correctly and create vent strips at the top and bottom of the wall.

Benefit:

Rain screen wall systems protect

against moisture intrusion and rot; reduce potential for indoor air quality problems associated with leaks; increase the life of siding materials; and reduce heat gain by shading walls.

3. Use Durable and Noncombustible Siding Materials

Description:

Sidings made of metal, stone, brick, stucco and fiber-cement offer a durable and noncombustible home exterior.

Application:

Use in place of conventional wood siding.

Benefit:

Using these siding materials can reduce repainting and maintenance, protect from fire, and may lower the homeowner's insurance, especially in fire-prone areas.

4. Use Durable and Noncombustible Roofing Materials

Description:

Forty- to fifty-year asphalt shingles, tile, slate, fiber-cement, recycled plastic and metal are examples of durable roofing materials. A Class A fire rating offers a home the highest in fire protection.

Application:

Applicable anytime roofing materials are specified. The Class A fire rating is achieved through the roofing material itself or through the roof assembly as a whole.

Benefit:

Short-lived roofing materials result in more waste going to landfills and more money spent on roof replacement.

BUILDING BASICS

Avoid Moisture Intrusion

Most major building failures and construction defect lawsuits are related to water intrusion into the building's walls, ceilings and floors due to incorrectly installed flashing. Water intrusion leads to rot, mold and mildew, and may eventually result in structural and health problems.

Offer detail drawings on plans that show how moisture drains away from building elements. Show proper shingle-flashing of all penetrations and joints such as chimneys, pipes, roofs, windows, doors, vents and decks. It is a highly recommended practice to provide on-site training for workers.

F. Insulation

1. Install Insulation with 75% Recycled Content

Description:

Fiberglass insulation typically contains 25 to 30% recycled glass, with a combination of post-industrial and post-consumer content. Materials such as recycled cotton or cellulose insulation contain up to 80% post-industrial or post-consumer recycled materials.

Application:

Choose products with high recycled content. Post-consumer recycled content comes from products that have been used and discarded by a consumer and are then reprocessed as a raw material for a new product. Post-industrial content is waste material from a manufacturing process that is reused to create a new product.

Benefit:

High recycled content reduces reliance on virgin raw materials. High post-consumer recycled content closes the loop in the curbside recycling process and reduces landfill deposits.

Recycled-Content Batt Insulation.



2. Install Insulation That Is Low Emitting

Description:

Many insulation products emit formaldehyde and other volatile organic compounds (VOCs). Look for products that have been tested for low emissions by a reputable third-party organization or government agency.

Application:

Select a product that has been tested for low emissions according to the California "Standard Practice for the Testing of Volatile Organic Emissions from Various Sources Using Small Scale Environmental Chambers." For information about this standard, go to www.ciwmb.ca.gov/GreenBuilding/Specs/Section01350/default.htm.

Benefit:

Minimizing formaldehyde and VOCs in the home improves indoor air quality.

Damp-Blown Spray Cellulose Wall Insulation.



3. Inspect Quality of Insulation Installation before Applying Drywall

Description:

Studies show that poorly installed insulation severely decreases the material's insulating value. Ensure quality installation of insulation in walls, floors and ceilings. Consider installing above Title 24 minimum levels.

Application:

Pay proper attention to installation detail and quality assurance. Install insulation with no gaps or voids. Size insulation correctly to fill the cavity side-to-side, top-to-bottom and front-to-back. Cut or fill to fit around wiring and plumbing without compression. Compared to batts, blown-in fiberglass, blown-in cellulose or spray-foam insulation typically do a much better job of filling gaps and sealing around pipes. Don't be tempted to skip the insulation of cavities that are difficult to access.

Benefit:

Effectively installed insulation creates a more comfortable home and reduces the owner's utility costs. Lower energy demand reduces pollution and improves public health.



G. Plumbing

1. Distribute Domestic Hot Water Efficiently

Description:

Locating the water heater close to usage points reduces heat loss, speeds the rate of hot water delivery, and reduces water wasted while waiting for hot water to arrive at a plumbing fixture. For larger houses, an on-demand hot water circulation pump may reduce waiting time without wasting energy.

Application:

a. Insulate Hot Water Pipes from Water Heater to Kitchen

Follow Title 24 pipe insulation standards; in addition, insulate the hot water pipe from the water heater to the kitchen. A no-cost option for insulating piping run through attics is to bury them in ceiling insulation.

b. Insulate All Hot Water Pipes

Reduce heat loss, waste less water, and improve service by insulating all hot water pipes.

c. Use Engineered Parallel Piping

Often termed “home run,” “manifold,” or “parallel” piping, this alternative to typical “branched” piping can save water and water heating energy, if the system is well designed. Small diameter flexible pipes are run from a manifold (with branched outlets) located near the water heater directly to the fixtures, thereby decreasing the volume of water in the individual pipe and reducing friction losses and leaks imposed by elbows and other fittings.

Parallel piping typically uses PEX (cross-linked polyethylene) pipe, although soft copper could be used. Use PEX only where codes permit it. With low-flow fixtures, 3/8-in.

diameter piping should be adequate for sinks; use 1/2-in. piping for other fixtures. To ensure that pipe efficiency is actually gained, that lengths are minimized, and that sufficient flow will be provided, prepare an engineered piping plan to show the location and diameter of hot water pipes.

d. Use Engineered Parallel Piping with Demand Controlled Circulation Loop

A parallel piping system can still waste water. Each time hot water is pulled from a fixture, the plumbing system must discharge the water in the small pipe from the fixture to the manifold as well as the large diameter pipe that connects the manifold to the water heater. To reduce the water loss in the large pipe, install a circulation loop between the water heater and the manifold that is run by an on-demand pump.

e. Use Structured Plumbing with Demand Controlled Circulation Loop

In larger homes with branched piping systems, another way to greatly shorten hot water delivery times is to install an on-demand hot water circulation system. These consist of a pump with on-demand controls (push button or motion-sensor activated) that circulate water from the hot water line through the cold line or via a dedicated return loop to the water heater. The term “structured plumbing” is similar to the term “engineered” (as used with parallel pipe systems) in that a structured pipe system is designed from the outset to optimize the circulation system. Only one pump is needed to supply hot water to all fixtures in the same circulation loop. All pipes carrying circulated hot water must also be insulated.

f. Use Central Core Plumbing

The most effective means of reducing energy and water loss and material use, is to locate the water heater within 8 to 15 feet in plan view of all hot water fixtures, including bathrooms, kitchen and laundry. This can be accomplished by stacking or clustering rooms that need water, and creating a central core mechanical space to house the water heater and pipes and integrate the furnace, air conditioner and ducts.

Benefit:

Efficient design and distribution of domestic hot water saves energy, conserves water, uses less piping, and speeds hot water delivery.

2. Install Only High Efficiency Toilets

Description:

Standard new toilets use 1.6 gallons per flush (gpf). Toilets that use less than 1.3 gpf are called High Efficiency Toilets (HETs). HETs are available in dual-flush, pressure-assist and conventional gravity-flush models.

Application:

Unlike some older models of ultra low-flow toilets, the majority of today's HET toilets perform well and don't require multiple flushes. Install HETs that meet or exceed the Maximum Performance (MaP) testing report or Uniform North American Requirements (UNAR). Download a list of qualifying HETs from www.cuwcc.org/toilet_fixtures.lasso.

Benefit:

HETs perform well, reduce homeowners' water and sewer costs, and reduce demand on water supplies and treatment facilities.

H. Heating, Ventilation and Air Conditioning (HVAC)

1. Design and Install HVAC System to ACCA Recommendations

Description:

The Air Conditioning Contractors of America (ACCA) has developed a set of calculation manuals—Manuals J, D and S—to determine the appropriate size and design of a home's heating, ventilation and air conditioning (HVAC) system.

Application:

Design and install the HVAC system according to results obtained from Manual J (the home's heat load calculation), Manual D (ductwork design and sizing) and Manual S (equipment selection and sizing).

Benefit:

Doing these calculations correctly and installing the system correctly and as indicated by the calculations will result in an efficient and effective HVAC system that will deliver comfort and energy savings.

2. Install Sealed Combustion Units

Description:

Sealed combustion furnaces and water heaters duct outdoor air directly into a sealed jacket around the combustion chamber and then vent it directly outdoors, eliminating the use of house air for combustion.

Application:

Install in place of conventional atmospherically vented furnaces or water heaters.

Benefit:

Some gas appliances such as gas dryers and fireplaces require indoor air for combustion and exhaust conditioned air. When a house is

negatively pressurized by exhaust fans, dryers or leaky ducts, carbon monoxide can be pulled into the house from the combustion chamber. Sealed furnaces and water heaters eliminate that condition, thereby improving indoor air quality and reducing the danger of carbon monoxide contamination. Sealed combustion furnaces can also be installed (by code) in conditioned indoor spaces in tightly sealed houses, thus reducing heat loss to outdoors.

3. Install Zoned, Hydronic Radiant Heating with Slab Insulation

Description:

Instead of providing warm air via ducts, hydronic radiant heating systems circulate hot water through under-floor tubing, wall radiators, or baseboard convectors.

Application:

Hydronic radiant heating is most appropriate in cold climates or in homes where air conditioning is not needed. Design the system in accordance with Radiant Panel Association guidelines and use an RPA-certified installer. To reduce heat loss to the ground, the entire slab (edge and bottom) should be insulated to a minimum of R-5.

Benefit:

Many people find hydronic radiant heating to be more comfortable than forced air heating. Hydronic radiant heating can provide even heat throughout a room, reduce drafts and eliminate duct leakage. Hydronic radiant heating systems are also easily zoned.

4. Install High Efficiency Air Conditioning with Environmentally Responsible Refrigerants

Description:

Energy-efficient air conditioning equipment saves homeowners money and reduces demand for electricity from power plants. Environmentally sound refrigerants reduce the risk of damage to the ozone layer.

Application:

Choose an air conditioner with a SEER (Seasonal Energy Efficiency Ratio) of 14 or higher or an EER (Energy Efficiency Ratio) of 11 or higher. While these units usually have higher upfront costs, they are a good investment. Many utilities offer rebates for higher efficiency units.

The air conditioner should have thermostatic expansion valve (TXV), which is a refrigerant regulation device that can help ensure that the system operates at maximum efficiency over a wide range of conditions.

Another good strategy for energy efficiency is a zoned system, which allows two to four zones to be conditioned at different temperatures.

Install AC units that don't use hydrochlorofluorocarbon (HCFC) refrigerants. HCFCs can destroy the ozone layer if the refrigerant leaks out. R-22 (HCFC-22) is commonly used in many residential cooling systems. The federal Clean Air Act requires that HVAC manufacturers discontinue using R-22 in new air conditioners by 2010.

Some new AC units already use an alternative to R-22 refrigerant,

including: R-410a, R-134a, or R-407C. Common trade names for these refrigerants are Puron® SUV-410A® GENETRON AZ20® DuraCool®, and more.

Always select a reputable dealer that employs service technicians who have been EPA certified to handle refrigerants.

Benefit:

High efficiency air conditioners save money and energy, and reduce peak electricity demand. Installing air conditioning systems with a TXV lowers utility bills and saves energy.

If the refrigerant leaks during replacement, a non-HCFC refrigerant will not damage the ozone layer.

5. Design and Install Effective Ductwork

Description:

Poorly designed and installed ductwork lowers heating and cooling system efficiency and capacity, and can contribute to poor indoor air quality and comfort problems.

Application:

a. Install HVAC Unit and Ductwork within Conditioned Space

Install HVAC unit and all heating and cooling ductwork inside the insulated envelope of the home. The unit and duct runs may be installed in closets, chases, and soffits purposefully designed to accommodate them, or they may be installed in an attic that is insulated at the roof deck (unvented attic).

b. Use Duct Mastic on All Duct Joints and Seams

Leaks in the joints between ductwork have been shown to allow, on average, 20 to 30% of conditioned air to leak out. Leaky air ducts can cause negative

pressure in the house, which can draw many outdoor and indoor contaminants into the home, including carbon monoxide from gas water heaters and furnaces. Don't use duct tape to seal ducts; it loses its effectiveness in a few years. To maintain a tight seal for decades, use a water-based mastic at every duct joint and seam or have professionally installed aerosol sealant sprayed into the ducts.

c. Install Ductwork under Attic Insulation (Buried Ducts)

As a low cost alternative to installing ductwork in conditioned space, the insulation value of ductwork can be significantly improved by burying ducts in loose-fill ceiling insulation. For this approach to be most effective, duct connections must be tightly sealed.

Instead of suspending ducts from rafters or trusses, allow ducts to lay over ceiling joists or the bottom chord of trusses and blow insulation over them. To achieve moderate coverage, insulate to at least R-38. Using supply boots with side instead of top connections keeps ducts low and aids burial.

Title 24 credit may be taken for this measure if markers are placed to indicate duct locations and if inspected by a HERS rater.

d. Pressure Balance the Ductwork System

When a bedroom door is closed, it reduces or cuts off the return airflow path. This restricts air movement, leading to comfort problems and a pressure imbalance, with the bedroom pressurized and the rest of the house depressurized. This may cause infiltration of contaminated air from the attic or crawl space, or backdrafting of combustion appliances. Install an additional return duct in the master

bedroom and other large rooms that can be closed off with a door. Or install a jump duct or transfer grille between the hall or main living area and these rooms with doors. Make the transfer duct long enough to minimize sound transmission.

e. Protect Ducts during Construction and Clean All Ducts before Occupancy

Debris and dust from construction can lodge in HVAC units and the ductwork, potentially causing occupants to have allergic reactions and reducing the effectiveness of the blower fan and heating/cooling elements. As soon as the ducts are installed, completely seal off each duct register and the HVAC unit to block out any construction dust. Use methods and materials that will stay in place under the abuse of a typical construction site. After construction is completely finished, vacuum the blower unit and ductwork as necessary.

Benefit:

Effective ductwork practices significantly reduce energy loss, minimize indoor air quality problems and improve occupant comfort.

6. Install High Efficiency HVAC Filter

Description:

HVAC filters remove particulates from the air. MERV, or Minimum Efficiency Reporting Value, is a metric used to measure an air filter's efficiency. The MERV scale ranges from 1 to 20. The higher the MERV number, the more efficient the filter is at removing particles.

Application:

Use HVAC air filters rated at MERV 6 to 10. These filters are recom-

mended for cleaner air without compromising the performance of standard mechanical systems. Filters with MERV ratings of more than 10 create too much resistance to airflow, because the filter media becomes denser as efficiency increases. Only use a filter with a MERV of greater than 10 if the HVAC system is specifically designed for it.

Benefit:

The U.S. EPA has identified micro-particulates as a leading cause of respiratory discomfort. By reducing these particles in the indoor air, a high efficiency filter protects the HVAC equipment and makes the living space healthier.

7. Don't Install Fireplaces or Install Efficient Gas Fireplaces

Description:

Gas fireplaces are installed in a large percentage of new homes mostly for decorative use. Many have very low efficiency (as low as 13%), yet homeowners depend on them to meet some percentage of the heating load. Though there are no U.S. or state standards regulating their efficiency, efficiency listings are required in Canada and are available for many models sold in the United States.

Application:

Do not install gas fireplaces unless their listed efficiency (from Natural Resources Canada) exceeds 60%.

Benefit:

Efficient gas fireplaces consume less gas and reduce winter heating costs.

8. Install Effective Exhaust Systems in Bathrooms and Kitchens

Description:

Bathrooms and kitchens produce odors and a lot of moisture that can cause mold and other problems if the rooms are not properly ventilated. Gas ovens and cooktops produce carbon monoxide, nitrogen dioxide and other pollutants. Additionally, cooking food produces odors and particulates.

Application:

a. Install ENERGY STAR® bathroom fans vented to the outside. Exhaust all bathroom ventilation fans to the outdoors, not to the attic. Choose ENERGY STAR®-qualified bathroom fans; quieter fans will have a rating of 1.5 sones or less.

b. Put all bathroom fans on timer or humidistat. This ensures proper run-time to adequately remove moisture from the room. Timers are triggered when the lights are turned on, and then run for a set time, such as 15 to 30 minutes. Humidistat controllers are even better, as they automatically switch on when moisture in the air reaches a threshold level, and shut down when the moisture level subsides.

Radiant Floor Heating.



c. Install kitchen range-hood exhaust system vented to the outside. Use high efficiency range-hood exhaust systems that are ENERGY STAR®-qualified and vent them to the outside. ENERGY STAR® units are typically designed to be quieter (less than 4 sones) so that people will be more likely to use them. Don't buy overpowered hoods that may cause backdrafting of combustion appliances.

Benefit:

Effective bathroom and kitchen exhaust systems reduce energy use compared to standard models, provide better efficiency and comfort with less noise, and reduce moisture and indoor air quality problems.

9. Install Mechanical Ventilation System for Cooling

Description:

Ceiling fans improve a home's comfort by circulating air. ENERGY STAR®-qualified models are energy efficient thanks to improved motors, blade designs and fluorescent light kits; also, they can be operated to either draw warm air upward in the summer or push it downward in the winter.

Whole house fans are used instead of an air conditioner to cool a house at night. They exhaust warm indoor air and bring in large volumes of cool outdoor air. However, they require open windows to admit air, and they do not filter the air. Integrated ventilation cooling systems integrate with heating and cooling equipment, are automatically controlled, do not require the use of windows, and deliver filtered outdoor air.

Application:

Install ENERGY STAR® ceiling fans and light kits in areas where occupants tend to spend more time, such as bedrooms and family rooms. Anchor ceiling fans to ceiling joists. Select models with ENERGY STAR®-qualified compact fluorescent light fixtures, or purchase an ENERGY STAR®-qualified light kit.

Install a whole house fan with variable speeds. In a multistory home it must be mounted in a hallway ceiling on the top floor. An insulated, airtight seal is necessary to prevent air leakage in winter. Fans should be sized to produce between four to five air changes per hour and should have two speeds: low speed for continuous ventilation and high speed. When the fan is running, you must keep a few downstairs windows open to allow the outdoor air in and to avoid backdrafting of carbon monoxide from gas appliance flues.

Ventilation cooling systems should be sized for four to six air changes per hour, and should have at least two speeds. Integrated ventilation cooling systems that combine with variable speed furnaces or air handlers use less fan energy and offset more air conditioning energy.

Benefit:

Ceiling fans can make residents feel more comfortable while cutting back on their use of heating and air conditioning systems. An average whole house fan uses one-tenth the electricity of an air conditioner. Moving large volumes of air can achieve indoor comfort at higher temperatures without air conditioning.

10. Install Mechanical Fresh Air Ventilation System

Description:

An air-to-air heat exchanger (also called a heat or energy recovery ventilator) is a mechanical fresh air ventilation system that recovers heat from exhausted indoor air and transfers it to the incoming fresh air stream.

Application:

California Title 24 standards require mechanical ventilation when “tight” construction is used for compliance (specific leakage area, or SLA, is less than 3). Design the mechanical ventilation systems to meet established ventilation standards such as in ASHRAE Standard 62.2. Provide the homeowner with clear information about such systems, so that they can operate and maintain them properly. When used for whole-house ventilation, exhaust fans should operate continuously and include provisions for filtered makeup air. Integrated systems use the furnace fan to bring in outside air through a dampered duct, and should be equipped with controls to regulate volume of air. Stand-alone systems include heat recovery ventilators (HRV’s) and energy recovery ventilators (ERV’s) that employ heat exchangers to recover heat and/or moisture. HRV’s and ERV’s are appropriate for colder climates; their high fan energy use may not justify their use in most California climate zones.

Install an air-to-air heat exchanger to deliver fresh air to high occupancy areas like bedrooms and living rooms. Use of this equipment is particularly appropriate if a blower

door test of the home shows less than 0.35 Natural Air Changes per Hour (NACH7).

Benefit:

Mechanical ventilation systems provide today’s tighter homes with fresh outdoor air. Whole house ventilation systems improve indoor air quality by diluting pollutants. Air-to-air heat exchangers introduce fresh air into the home while reducing energy loss by capturing heat from the exhausted air stream and transferring it to the incoming air.

11. Install Carbon Monoxide Alarms

Description:

Carbon monoxide (CO) is emitted from fuel-burning appliances such as stoves, cooktops, water heaters, furnaces and fireplaces, as well as from cars and some landscape equipment. If a home is tightly built for energy efficiency but has leaky HVAC ducts, the air leaks may depressurize the home and reverse the flow of exhaust vent pipes. This can introduce carbon monoxide from fuel-burning appliances back into the home, a process known as backdrafting.

Application:

Install a carbon monoxide alarm per manufacturer’s instructions. Alarms must comply with both UL 2034 and CSA 6.19 standards. Alarms must be replaced every three to five years, as they lose their sensitivity over time.

Benefit:

A carbon monoxide alarm provides an added level of home safety.

I. Renewable Energy

1. Pre-Plumb for Solar Water Heating

Description:

Preparing for the installation of solar water heating will substantially reduce the cost of future installation, and adds little cost during the time of construction.

Application:

Installation of insulated copper pipes and sensor wiring between the attic and the water heater location will facilitate future installation of a solar water heater. To accommodate “active” systems, provisions should also be made for a solar storage tank (with pressure relief drain line) and an electrical outlet for a pump. Provide at least an 8 ft. by 8 ft. clear section of south-facing roof for future installation of solar panels.

Benefit:

Solar hot water pre-plumbing will make it easier and less expensive to install a solar water heater in the future.

2. Install Solar Water Heating System

Description:

Solar water heating systems use solar panels and water storage to collect and store heat from the sun for domestic hot water use or space heating. Solar water heating systems are typically used to deliver preheated water to a standard water heater. Solar water heating is more cost effective than ever, as a result of new technologies, reliable products, and rising energy prices.

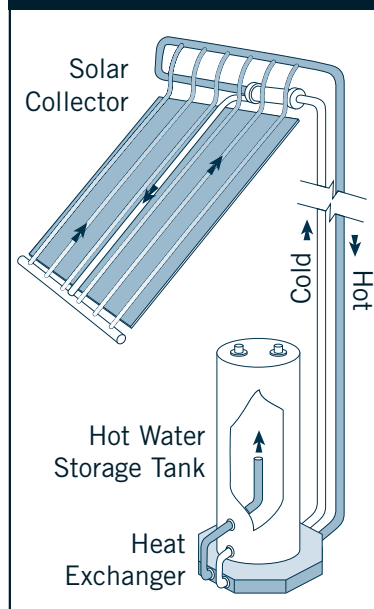
Application:

Use only solar water heaters that are SRCC (Solar Rating and Certification Corporation) certified. Ensure that there is sufficient south-facing roof area for collectors, that the roof structure will accommodate the system’s weight, and that there is adequate area near the conventional water heater for additional mechanical equipment such as storage tanks, pumps, pipes and controllers.

Installing Solar Water System.



Solar Hot Water and Space Heating System



Federal tax credits are currently available for installing solar hot water systems. Consult a tax advisor or solar energy installer for more information.

Benefit:

Many solar water heating systems can provide all the hot water needed during summer months. For many households, these energy savings can offset the cost of the system in less than ten years.

3. Pre-Wire for Future Photovoltaic (PV) Installation

Description:

Making provisions during construction for installing future PV systems can significantly lower the cost when systems are installed later. These provisions include installing conduit from the attic to a location near the electric service entrance/circuit breaker panel, allowing space for installation of PV modules on south-facing roofs, and ensuring that roof trusses are adequate to accommodate any added roof loads.

Application:

Maintain a 200-square-foot or larger section of south or west roof area clear of vent pipes and other obstructions to allow for the installation of modules. Install 3/4-inch or larger conduit with pull boxes as needed to run wire from the attic to a junction box near the main panel and meter. Provide the owner with a roof plan with the preferred location for PV modules and the conduit location clearly marked, and provide structural information on what added loads the roof can

accommodate. (One type of PV systems, called building-integrated PV modules, typically weigh less than the roof tiles they replace.)

Benefit:

Net metering rules and time-of-use electric rates are improving the economics of photovoltaic systems, which can provide all of the electrical energy needed by a home on a net annual basis. PV-generated electricity produces no air pollution and reduces the need for building new power plants. Photovoltaic panels and systems may drop in price over the next few years, and California incentives may increase.

4. Install Photovoltaic (PV) Panels

Description:

PV systems convert solar energy into electricity when sunlight strikes the PV cells. Most residential systems are grid connected; when the PV system is providing more power than the home uses, additional electricity is fed back into the utility grid. This effectively spins the home's electricity meter backward in what is known as net metering.

When the sun is not shining or when the home requires more electricity than the PV system can produce, the home draws power from the grid. If there is a power outage, a home with a grid-connected PV system will lose power just like homes without PV systems.

Adding battery back-up to the PV system is expensive but allows the homeowner to keep some electrical systems running during power outages.

Application:

For cost and appearance, the best location for PV modules is flush on

south or west-facing roofs. South-facing modules produce more energy annually, but west-facing modules can take better advantage of time-of-use rates that are available from some utilities, and help reduce the electricity grid's peak load.

For tile or metal roofs, building-integrated modules can be easier to install and are designed to blend in well with the roof. For other roof types, specially designed racks that anchor to the rafters are typically used to mount the PV panels.

Current incentives include a California Energy Commission "buy-down" and a federal tax credit.

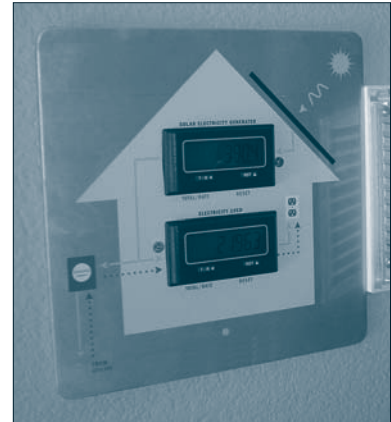
Benefit:

Benefits include lower utility costs, reduced greenhouse gas and other emissions from fossil fuel-burning power plants, reduced need to develop new power plants, and improved national energy security.

Photovoltaic panel system, Centex Homes, Livermore.



Power meter showing the amount of solar electricity generated and used.



BUILDING BASICS

Design Energy-Efficient Homes

In October 2005, revisions to California's Building Energy Efficiency Standards (Title 24) went into effect.

Consider the following energy efficiency strategies to achieve and exceed Title 24 standards.

a. Improve Insulation

Insulation in exterior walls and ceilings can reduce demand for air conditioning and heating and make homes more comfortable. However, if the insulation is not properly installed, the insulation's stated value will not be achieved. Ensure quality installation of insulation. Title 24 now allows a credit for "quality installation" whereby a certified professional verifies in the field that insulation has been installed well, and with minimal gaps and voids.

b. Install Radiant Barrier Roof Sheathing in Warm Inland Climates

Radiant barrier sheathing is a roof sheathing material with a reflective layer (film or foil) applied to the underside. Use in place of, and install in the same manner as, conventional roof sheathing. Radiant barrier sheathing can reduce attic temperatures by as much as 30 degrees on hot days.

c. Install Energy Efficient Windows

When selecting windows, look for low-e models that have an NFRC

label listing a U-value of 0.4 or less and an SHGC of 0.4 or less. The cost premium for low-e glass is minimal and typically pays for itself very quickly. There are two types of low-e glazing: heat rejecting (soft coat) and heat receiving (hard coat). The soft coat low-e is more commonly available, and it is effective as a cooling strategy. However, the hard coat low-e is recommended for south glazing in passive solar buildings. Wood, vinyl and fiberglass frames generally insulate much better than aluminum frames.

d. Install Tankless Water Heaters

The new generation of tankless water heaters can meet the hot water needs of most houses, have no standing pilot, and can reduce water heating gas use by 50% or more. Instead of storing hot water they heat water as needed, thus reducing standby energy use. Install the tankless water heater as close to the points of use as possible, and adjacent to an exterior wall or roof to reduce the cost of venting (stainless steel venting is required). A control that allows the hot water temperature to be varied is recommended.

e. Install Water Heater with Energy Factor >0.62

Water heaters with high energy factors use more of the energy for

heating the water rather than losing it out of the flue. This also saves money on fuel costs.

f. Install High Efficiency Furnace (AFUE 90 % or higher)

Install a furnace with 90% AFUE (annual fuel utilization efficiency) or greater. A properly sized, high efficiency furnace costs less to operate and reduces air emissions. Furnaces with variable speed fans also use less electrical energy. Check with your local utility company for rebate information.

g. Install High Efficiency Air Conditioner (SEER >14) with a Thermostatic Expansion Valve (TXV)

Air conditioning is the greatest contributor to residential peak loads in California. There are two efficiency ratings, SEER (seasonal energy efficiency ratio), which reflects energy use at 82°F outdoor temperature, and EER, which is measured at 95°F outdoor temperature. The higher the SEER and EER numbers, the less electricity is required to provide comfort. Both values should be considered, since most of California's air conditioning occurs at temperatures above 82°F. TXV is a refrigerant regulation device that can help ensure that the air conditioning system operates at maximum efficiency over a wide range of conditions, and can compensate for incorrect refrigerant charge.

1. Plan Review and Diagnostic Evaluations

Description:

Early review of project plans can help maximize a home's energy efficiency and green building benefits. Homes designed to be very energy efficient may still perform poorly. Diagnostic evaluations and inspections can help uncover errors and fix potential problems.

Application:

Have an experienced and certified green building professional review the home's design for maximum efficiency and interaction of the building elements. The plan reviewer can identify additional green building opportunities for the project and ensure proper installation.

Later, have the home performance tested for thermal envelope and HVAC effectiveness. Inspection and diagnostic evaluations should include the following measures: Use a certified Home Energy Rating System (HERS) technician to test duct system air delivery (CFM); results should be within 10% of design flow calculations. Pressurize ducts and verify that leakage is under 6%. Use a blower door test to estimate the interior natural air changes per hour (NACH) for the whole house. The NACH should be close to or less than 0.35; if it isn't, make any necessary improvements and test again.

Perform a combustion safety test if needed to ensure carbon monoxide is not backdrafting into the home from an open-combustion fireplace, water heater or furnace.

Benefit:

Third-party plan review can lead to additional green building benefits for the project. Third-party home performance testing is vital for ensuring that homes will perform as intended.

2. Design and Build High Performance Homes

Description:

California's Building Energy Efficiency Standards, commonly known as Title 24, set energy efficiency requirements for residential and nonresidential construction in the state. High performance homes are designed and built to exceed Title 24 requirements.

Application:

Identify opportunities where exceeding Title 24 will be cost effective or will provide other significant benefits, such as improved comfort, indoor air quality or durability. Homes that exceed Title 24 by 15% or more may be eligible for ENERGY STAR® certification (see next measure).

Benefit:

People living in a high performance home will benefit from increased comfort, lower energy costs, and higher quality construction.

3. Obtain ENERGY STAR® with Indoor Air Package Certification

Description:

Homes that earn the ENERGY STAR® have met guidelines for energy efficiency set by the U.S. Environmental Protection Agency. ENERGY STAR®'s Indoor Air Quality Package goes beyond

energy efficiency and requires that duct leakage be controlled, the thermal envelope tightened, air pressures balanced, fresh air introduced, pest control measures installed, indoor contaminants reduced, and all major moisture issues managed.

Application:

To earn the ENERGY STAR®, a home must exceed Title 24 by 15% and pass a home performance test conducted by a certified Home Energy Rating System (HERS) technician. Incentives may be available to help offset the cost of the home performance testing.

Fulfill ENERGY STAR® energy-efficiency and Indoor Air Quality requirements, apply for and receive qualification. Only ENERGY STAR® qualified homes are eligible for the Indoor Air Package label.

Benefit:

New homes that qualify as ENERGY STAR® provide greater comfort, durability and energy savings for the homeowner, and protect the environment by reducing greenhouse gas emissions. Through ENERGY STAR®, building professionals can differentiate themselves in the market.



K. Finishes

1. Design Entryways to Reduce Tracked-In Contaminants

Description:

Up to two-thirds of dust and particulates in houses is tracked in on shoes. These tracked-in contaminants contain everything from soil and pesticides to abrasive sand, mold, road grime and bacteria. Once these particulates are inside the home, they can be difficult to get rid of.

Application:

The most effective way to avoid tracking contaminants into the home is for people to remove their shoes upon entering. Provide features near entryways that encourage the removal and storage of outerwear and shoes, such as benches or a mudroom. For entryways, avoid carpet, and choose easily cleaned flooring with a hard surface, such as hardwood, bamboo, concrete, ceramic tile or natural linoleum.

Benefit:

The home will be cleaner, with less dirt and other pollution tracked in.

2. Use Low-VOC or Zero-VOC Paint

Description:

Most interior paints contain volatile organic compounds (VOCs), a major class of indoor and outdoor air pollutants. Besides affecting indoor air quality, certain VOCs react with other chemicals in the atmosphere, producing ground-level ozone (smog) that can affect human health. Low- and zero-VOC paints reduce these sources of pollution.

Application:

Interior paints with low or zero levels of VOCs are available from most major manufacturers. They are applied and perform like conventional paint.

Low-VOC paints contain less than 150 grams per liter (gpl) of VOCs for nonflat finishes, and 50 gpl or less for flat finishes. Paints that contain less than 5 gpl of VOCs are classified as zero VOC.

Benefit:

Low- or zero-VOC paint reduces the emissions of VOCs, improving indoor air quality and reducing the formation of smog.

3. Use Low-VOC, Water-Based Wood Finishes

Description:

Conventional petroleum-based wood finishes can offgas for months and can be harmful to children and chemically sensitive individuals. Offgassing means the solvents in the product are released into the air, contaminating indoor air quality. Low-VOC finishes, such as waterborne urethane and acrylic or plant-based oils, are lower in toxic compounds compared to conventional oil-based finishes while providing similar durability.

Application:

Use wood finishes with VOC concentrations of 250 gpl or less. If oil-based wood finishes must be used, they should be applied off-site or allowed to offgas for three to four weeks prior to occupancy.

Benefit:

Using low-VOC wood finishes reduces offgassing, improving indoor air quality and reducing the formation of smog.

4. Use Low-VOC Caulk and Construction Adhesives

Description:

Unlike conventional caulks and construction adhesives that may offgas toxic compounds for months, low-VOC products reduce toxic gases such as aromatic hydrocarbons or other petroleum solvents that contribute to indoor and outdoor air pollution.

Application:

Use caulks and adhesives with VOC concentrations of 70 gpl or less in place of standard caulks and adhesives for all interior applications such as installation of framing, subfloors, finish flooring, countertops, trim, wall coverings, paneling and tub/shower enclosures.

Benefit:

Low-VOC caulks and adhesives work as well as or better than conventional products, emit fewer pollutants and reduce the risk of potentially harmful health impacts.

Low/No-VOC paint.



5. Use Recycled-Content Paint

Description:

A number of manufacturers have developed high-quality recycled-content latex paint and primers. The recycled portion (ranging from 20% to 100%) comes from unused consumer or industrial stock, as well as paint recovered from household hazardous waste collection facilities. The paint is checked for quality and then sent to paint manufacturers for recycling and blending with a portion of new paint.

Application:

Latex paint with recycled content is applied like conventional paint. Due to the blended nature of the paint, it tends to come in a limited range of colors. Look for products that are certified by Green Seal to meet quality, performance, safety and environmental standards.

Benefit:

Recycled paint is often less expensive than new paint. It also reduces the need to manufacture new paint and supplies a market for unused paint, rather than putting it into the waste stream.

6. Use Environmentally Preferable Materials for Interior Finish

Environmentally preferable options for interior finishes include materials that are FSC-certified, reclaimed or refinished, rapidly renewable, contain recycled-content or are finger-jointed.

a. Use FSC-Certified Materials

Description:

Forest Stewardship Council (FSC)–certified wood comes from forests managed in accordance with stringent sustainable forestry practices.

Application:

Use FSC-certified wood and wood products in any application that normally calls for conventional plywood or stain-grade materials, such as cabinets, trim, doors, shelving and window frames.

Benefit:

FSC certification assures that forests are managed in a way that protects the long-term availability of wood resources and the health of forest ecosystems and local economies.

b. Use Reclaimed Materials

Description:

High quality finish materials and dimensional lumber can often be salvaged from other buildings that are being deconstructed.

Application:

Use reclaimed material instead of new material. Commonly used salvaged products include reclaimed lumber for nonstructural applications, such as mantels, nonstructural beams, casing, trim, cabinets and doors; cabinetry; wood flooring; sinks and tubs; electrical products or fixtures; and roofing materials.

Benefit:

Reclaimed materials reduce resource consumption and landfill deposits. Reclaimed lumber and many other salvaged materials are often of higher quality than new products.

c. Use Rapidly Renewable Materials

Description:

Rapidly renewable materials are made from agricultural products that grow quickly and can be harvested on a relatively short cycle compared to slower-growing wood. Examples include bamboo, a fast-growing grass that can be harvested in three to five years, and straw, the stalk of wheat, rice, barley and other grains.

Application:

Instead of using solid wood, plywood or wood-based medium density fiberboard (MDF) for interior finishes, consider rapidly renewable materials such as straw-based particleboard and bamboo plywood.

Benefit:

Rapidly renewable materials are attractive, durable and reduce pressure to harvest forests. Bamboo is as durable as most hardwoods typically used for interior trim.

FSC-certified cabinets, countertop made from wood fibers harvested from sustainable forests and linoleum flooring.



d. Use Recycled-Content Materials

Description:

Some recycled-content interior finishes, such as molding, are made from recycled polystyrene or other plastics. Recycled-content countertops include recycled glass tiles, terrazzo-like materials that blend recycled glass and concrete, and natural fiber composites derived from rapidly renewable or recycled resources.

Application:

Use recycled-content finish materials in any application where virgin materials are typically used. Recycled-content products are available for kitchen and bathroom applications such as countertops, backsplashes, shower walls and vanity tops.

Benefit:

Recycled-content products keep valuable resources out of the waste stream. Recycled-content trim materials are often straighter and more stable than conventional clear wood.

e. Use Finger-Jointed Materials

Description:

Finger-jointed trim, studs and fascia are manufactured from short pieces of wood glued together to create a finished material.

Application:

Use finger-jointed materials in any application where the materials are to be painted.

Benefit:

Finger-jointed elements are straighter and more stable than conventional clear wood, and use wood more efficiently.

7. Reduce Formaldehyde in Interior Finishes

Description:

Formaldehyde is often used as a binder in home-building products such as plywood, particleboard and other composite wood products. These binders come in two basic forms: urea and phenol. Urea-formaldehyde binders are common in interior-grade products. Phenol-formaldehyde binders are used in exterior applications because they are more water resistant. This water resistance quality makes phenolic glues offgas more slowly and in lower quantities than urea glues, reducing some of the harmful effects on indoor air quality.

Application:

Whenever possible, use interior materials (including subfloor and stair treads, cabinets and countertops, interior trim and shelving) that emit little or no formaldehyde. Select materials that have been tested for low emissions according to the California "Standard Practice for the Testing of Volatile Organic Emissions from Various Sources Using Small Scale Environmental Chambers." (For information, go to www.ciwmb.ca.gov/GreenBuilding/Specs/Section01350/default.htm)

Benefit:

Reducing formaldehyde exposure helps protect the health of residents, particularly children, who are most susceptible.

8. Test Indoor Air for Formaldehyde after Installation of Finishes

Description:

The California Air Resources Board (ARB) has classified formaldehyde

as a Toxic Air Contaminant. ARB recommends that formaldehyde levels inside buildings be as low as possible (no greater than 27 parts per billion) because of formaldehyde's cancer-causing potential. Formaldehyde, a colorless gas, is usually present at higher levels in indoor air than outdoor air, in part because it is used as a binder and preservative in many common building products and furnishings. Formaldehyde evaporates from products into the home's interior, often for many years after the product is installed.

Application:

Using products with low formaldehyde emissions, such as those mentioned in these Guidelines, will usually lower formaldehyde to this level. Test the building after installation of all finishes. Home test kits are available that measure the average indoor concentration of formaldehyde.

Benefit:

Reducing formaldehyde can decrease the risks associated with exposure.



Recycled content glass tile and concrete bathroom counters.

L. Flooring

1. Use Environmentally Preferable Flooring

a. Use Forest Stewardship Council (FSC)–Certified Wood Flooring



Description:

FSC-certified wood flooring comes from forests managed in accordance with stringent sustainable forestry practices. FSC-certified products are available in a wide variety of domestic and exotic species.

Application:

Use FSC-certified or reclaimed wood in place of conventional hardwood flooring.

Benefit:

FSC certification assures that forests are managed in a way that protects the long-term availability of wood resources, the health of forest ecosystems, and the sustainability of local economies.

b. Use Reclaimed Flooring Materials

Description:

High quality salvaged wood flooring or other salvaged flooring products can often be reclaimed from demolished or remodeled buildings.

Application:

Use low-VOC sealers when refinishing reclaimed wood floors. Find salvaged flooring from building materials reuse stores or through online resources such as Craigslist.org and Freecycle.org. The California Integrated Waste Management Board (www.ciwmb.ca.gov) also provides information about material reuse.

Benefit:

Reclaimed building materials reduce resource consumption and landfill deposits. Many salvaged products are of higher quality and often cost less than new materials.

c. Use Rapidly Renewable Flooring Materials

Description:

Bamboo, cork and natural linoleum flooring are alternatives to conventional hardwood flooring, carpet or vinyl flooring. Bamboo, which is as durable as most hardwood used for floors, is a fast-growing grass that

can be harvested in three to five years. Cork is harvested from the outer bark of the cork oak tree; the tree regenerates its bark within about 10 years. Natural linoleum is manufactured primarily from renewable materials such as cork, wood flour and linseed oil.

Application:

Use these rapidly renewable flooring materials in place of conventional hardwood, carpet or vinyl flooring.

Cork can also be used as an underlayment for hard-surfaced flooring to reduce impact noise between rooms.

Benefit:

Rapidly renewable flooring materials are attractive, durable, low-toxic, perform well and reduce pressure to harvest forests. Bamboo is as durable as most hardwoods. Cork and linoleum are naturally fire and moisture resistant as well as sound absorbent.

Ingredients of natural linoleum



Used with permission from *This Old House*

d. Use Recycled-Content Flooring

Description:

Recycled-content ceramic tiles can contain up to 70% recycled glass or other materials. Recycled-content carpet is made from recycled plastic bottles, recycled nylon and wool, or recycled cotton.

Application:

Install recycled-content tiles wherever conventional tiles are specified. Recycled-content carpet can be used in all applications where conventional carpet is specified, and is comparable in appearance, performance and price to conventional synthetic carpet made from virgin materials.

Benefit:

Recycled-content products keep valuable resources out of the waste stream. Each square yard of recycled-content carpet uses approximately 40 two-liter soda bottles. Some recycled-content ceramic tile is very dense, which significantly reduces the amount of moisture and stains that are absorbed into the tile, making it more durable and easier to maintain.

Bamboo flooring and recycled-content carpet.



e. Use Exposed Concrete as Finished Floor

Description:

With slab-on-grade construction, the concrete can be polished, scored with joints in various patterns, or stained with pigments to make an attractive finish floor. This approach is especially appropriate for use with in-floor radiant heating systems and passive solar design.

Application:

Use this approach for slab-on-grade construction. The finish must be designed and constructed when the slab is being poured, and well protected throughout construction.

Benefit:

Using the slab as a finish floor eliminates the need to use other flooring materials. It is also durable and easy to clean.

2. Provide Thermally Massive Floors

Description:

Use flooring materials that improve thermal mass.

Application:

Low-cost thermal mass includes using hard floor coverings such as tile and wood. Wood flooring over a concrete slab also provides reasonably good thermal mass.

Benefit:

Increasing thermal mass will reduce heating and cooling energy use and will moderate indoor temperature swings, keeping the home more comfortable.

3. Use Flooring That Is Low-Emitting

Description:

Flooring products may emit formaldehyde and other volatile organic compounds. To protect indoor air quality, look for products that have been tested and approved for low-emissions by a reputable third-party or government organization.

Application:

Choose carpet that meets or exceeds the CRI Green Label Plus requirements (www.carpet-rug.org) or a flooring product that has been tested for low emissions



according to the California "Standard Practice for the Testing of Volatile Organic Emissions from Various Sources Using Small Scale Environmental Chambers." (For information, go to www.ciwmb.ca.gov/GreenBuilding/Specs/Section01350/default.htm.)

Benefit:

Minimizing formaldehyde and volatile organic compounds in the home improves indoor air quality.

M. Appliances

1. Install Water- and Energy-Efficient Dishwasher

Description:

High efficiency dishwashers use less water and energy than conventional dishwashers. They reduce energy use by at least 25% compared to the federal minimum standards. Some dishwashers are more water-efficient than others, even among ENERGY STAR®-qualified models. The most water-efficient models (which in general are also the most energy efficient) use 6.5 gallons or less per cycle in their normal setting, and less if run in the model's water-saving mode.

Application:

Select water- and energy-efficient dishwashers. They use an internal water heater to boost temperatures inside the dishwasher. This means that household water heaters can be turned down to 120°F, saving water-heating costs. To find models that use less than 6.5 gallons of water per cycle in their normal setting, see the Oregon Department of Energy website at: www.oregon.gov/ENERGY/CONS/RES/tax/appdish.shtml.

Benefit:

High efficiency dishwashers reduce water and energy use.

2. Install Water- and Energy-Efficient Clothes Washing Machine

Description:

Compared to standard clothes washers, high efficiency models save up to 9,400 gallons of water per year and significantly reduce energy use. To maximize water

efficiency, choose a model that meets the Consortium for Energy Efficiency's (CEE) Tier 2 or 3 specifications.

Application:

Most high efficiency models have a front-loading design (horizontal axis) that tumbles clothes in a small amount of water. Most models also include a high-speed final spin cycle that extracts more moisture than standard washers. Less moisture means less drying time, which saves additional energy. Choose energy-saving models that meet CEE's Tier 2 (water factor of 6.0 or less and modified energy factor of 2.0) or the more efficient Tier 3 (4.5 or less water factor, 2.2 modified energy factor). Information: www.cee1.org. Check with your water utility for rebates on these types of machines.

Benefit:

CEE Tier 2 and 3 washing machines use substantially less water and energy than conventional washers.

3. Install ENERGY STAR® Refrigerator

Description:

Refrigerators and freezers are among the largest users of electricity in most homes. They can account for up to 25% of household energy use. ENERGY STAR® refrigerators save at least 10% over the federal minimum standards. Larger refrigerators tend to use more energy than smaller models.

Application:

Select an ENERGY STAR®-qualified refrigerator that has less than 20 to 25 cubic feet of capacity

(refrigerator and freezer). For a list of qualifying models, visit www.energystar.gov.

Benefit:

ENERGY STAR® refrigerators can reduce the total annual electricity bill by more than 10%. Choosing a refrigerator that's not too big will further reduce electricity costs.

4. Install Built-In Recycling and Composting Center

Description:

Built-in recycling and composting centers provide bins for separated recyclables, compostables and trash.

Application:

Install a built-in recycling area in the kitchen's base cabinets. Some waste haulers allow recyclables to be mixed, while others require that glass, paper, plastic or other materials be separated. Check local requirements and design the built-in recycling area accordingly. Design a kitchen compost bin that is protected from pests and is odor-resistant. Food scraps can be added to a backyard compost pile, or in some cities can be set out at the curbside in a designated food scraps bin.

Benefit:

Recycling and composting reduces the amount of material entering landfills and can save money for homeowners through reduced disposal fees (many waste haulers charge a lower fee for smaller garbage bins). Composting creates high quality soil amendments useful in gardens.

1. Include Single-Family GreenPoint Checklist in Blueprints

Description:

Attaching the Single-Family GreenPoint Checklist to the blueprints makes it easier for everyone involved—including the building professionals, homebuyer and municipality—to see which green features are included in the home.

Application:

In one of the first few pages of the project blueprints, include the GreenPoint Checklist, with the applicable points checked off. To make it easier to verify the project's achievements, next to each item on the checklist note the blueprint page number that corresponds to that particular point and make an obvious note on that blueprint page.

Benefit:

Including the Single-Family GreenPoint Checklist in the blueprints raises the visibility of green building. This may encourage builders to incorporate more green features. It also provides a quick reference and benchmark for the builder, buyer and municipality.

2. Develop a Homeowner Manual of Green Features, Benefits and Operations

Description:

A green homeowner manual describes all of the home's green features and their benefits. It also gives important information about best practices for maintaining and operating the home.

Application:

Develop a separate green homeowner manual or include a green section in the standard homeowner manual. A comprehensive manual should include the following information:

- description of the home's green building features
- explanation of importance of maintenance and operations to achieve ongoing green building benefits
- warranty, operation and maintenance instructions for equipment and appliances
- household recycling opportunities
- ways to optimize water and energy use
- clear labeling of safety valves and controls for major house systems
- information about periodically checking crawl space for termite tubes
- information on organic pest control, fertilizers, and environmental cleaning products
- instructions for keeping gutters clean
- information on proper tree maintenance
- instructions for proper handling and disposal of hazardous chemicals

Benefit:

Green homeowner manuals instruct homeowners on best practices to maximize their investment by maintaining their home and its landscaping in a healthy and environmentally responsible manner.

3. Innovation

The measures in these Guidelines are not an exhaustive list of all the green elements that could be incorporated into a home. Rather, they are a list of field-tested options that are more likely to be used by custom and production builders. Look for opportunities to go beyond these measures and incorporate innovative techniques and materials that will conserve natural resources and improve the home's energy efficiency, durability and healthfulness.



Green Building Showroom, Ponderosa Homes.

Chapter Five: Marketing Green Homes

Every green feature provides your customers with a benefit. Communicating these benefits and conveying the superior value of a green home are key aspects of your marketing effort. Train sales staff to tell the stories behind the features. For example, a buyer is more likely to perk up her ears if you talk about lower utility bills and greater comfort than if you merely tell her that the house is energy efficient.

Depending on which green features you offer, your story may focus on environmental stewardship, greater comfort, lower utility bills, healthier homes and communities, or some combination of these benefits. Remember, the story you tell leaves a lasting impression on all your stakeholders—so take the time to refine your message.

Market Differentiation

In California's hot real estate market, virtually any home will sell, whether it's green or not. But even in a seller's market where homes are sold before they are finished, building green creates a lasting and positive image among buyers, community leaders, government officials and the media. Here are some of the advantages your company will enjoy as a result of your green-building marketing efforts:

- Enhance your reputation for quality. Buyers are becoming more informed as home improvement television shows and mainstream consumer publications like *Better Homes and Gardens*, *Redbook*, *Family Circle* and *Sunset* regularly showcase green homes and products. As a result, today's buyers are increasingly associating green builders with high-quality construction. What's more, many community leaders and government officials associate green builders with companies that care and that are willing to invest in their community's best interest. A solid reputation for quality and caring will serve your business well over the decades, regardless of market conditions.
- Outshine the competition by offering green amenities. As a green builder, you are not asking your buyers to sacrifice anything. Instead you are offering

them additional value—whether it's lower utility bills, the peace of mind that comes with knowing the home was built with healthier products, or the prestige and “bragging rights” of owning an environmentally responsible home. By providing buyers with these valuable amenities, you engender good will and loyalty, which may translate into referrals and repeat sales down the road.

- Reap the rewards of positive media attention. The news and trade media are hungry for positive stories. Green building is still a fresh concept, making your story attractive to them. Media coverage draws public interest and helps you more effectively engage your potential customers. It's possible this positive media coverage may also serve your business well when you are working to gain approval for new developments.

Educate Your Sales Staff

Sales are everything. It doesn't matter how well built or how green your projects are if your sales staff doesn't communicate the value of green to your customers. Your salespeople are your greatest advocates, so take the time to effectively train them and get them excited about the green features and benefits you offer. Providing people with quality homes is a rewarding profession, and adding the green factor gives your sales staff even more reason to be proud of what they do. Once you sell them on the idea that green building is good for business, good for people, and good for the community, they will enthusiastically convey this message to potential customers.

Convey the Benefits

It is important to complement green products and practices with a marketing program that clearly identifies the benefits. Homeowners do not always intuitively grasp how they directly benefit from energy efficiency, improved indoor air quality, or resource conservation. One way to address this in your marketing efforts is to sort the features in terms that are important to the buyer. Use the lists below as a tool to assist you in creating marketing materials and assembling the story of how your homes are different from those built by the competition.

The following is a list of green building features that help convey the benefits of building green:

BENEFITS: Higher Quality, Low Maintenance, Good for the Environment

Most green building products were developed to do something better than their conventional counterparts—they may be stronger, last longer, use resources more efficiently, or manufactured in an environmentally sound manner. Consider offering the following features:

- Durable and noncombustible roofing and siding
- FSC-certified or reclaimed wood
- Engineered wood beams, joists and studs
- Resource-efficient landscaping
- Natural linoleum, cork and bamboo flooring
- Recycled-content ceramic tile
- Recycled-content or composite decking

BENEFITS: Greater Comfort and Lower Utility Bills

Comfort drives high energy use. When it gets hot or cold, we turn on the air conditioning or furnace. By designing the home and its systems properly from the start, you can provide your customers with greater continuous comfort while reducing their utility bills. Emphasize that green doesn't necessarily cost more and will generally save money in the long run. Consider offering the following:

- Passive solar heating
- ENERGY STAR® appliances
- Efficiently designed/installed ductwork

- Whole house fans
- Photovoltaic panels
- Improved wall and ceiling insulation
- High efficiency toilets
- Efficient landscape irrigation systems

BENEFITS: Healthier Products and Practices for Families

What is more important than the health of our families? The public health community has identified homes as one of the most significant threats to children's health. It makes sense to reduce the use of products that are known to have adverse health impacts. Consider offering the following:

- Low and no-VOC paints and adhesives
- Building products with low or no formaldehyde emissions
- Water-based, low-VOC wood finishes
- Exhaust fan in attached garages
- Low-sone range hood vented to outside
- High quality air filters on heating/cooling unit
- Sealed combustion furnace and water heater

BENEFITS: Healthy Communities

Living green should extend beyond the boundary of the individual home to the entire neighborhood. Healthy communities offer residents opportunities to interact with neighbors and watch out for each other, enjoy walks, bike rides and other outdoor recreation, walk to local services, or use mass transit. Consider offering the following:

- Clustered homes for land preservation
- Mixed-use, walkable communities
- Located near a major transit stop
- Pedestrian pathways to open space, parks, and trails
- Home entrances with porches and views of the neighborhood
- Accessible entrances and pathways
- Rental units



Build It Green™
Smart Solutions From The Ground Up

