

# 2014 FALL LLI Bard College Lifetime Learning Institute

## LLI MISSION STATEMENT

The mission of the Lifetime Learning Institute at Bard College is to:

- provide enriching educational and social experiences in a community of mature adults by offering noncredit and noncompetitive courses under the sponsorship of Bard College;
- encourage members to volunteer, according to their individual skills and interests;
- share ideas and experiences with students of all ages.

## About LLI

LLI is affiliated with the Road Scholar Institute Network, a national organization that facilitates communication with similar groups. LLI is an all-volunteer, member-run organization that encourages active participation. Our presenters volunteer from our membership, the community, and the Bard faculty. LLI organizes two seven-week semesters, a winter intersession series, and occasional special events.

## Donations, Grants, and Incentives

- Bard College Conservatory of Music: In 2012 LLI pledged \$25,000 to the Bard Conservatory, to be paid over a five-year period. A grant from the Andrew W. Mellon Foundation matches this donation.
- Seniors to Seniors: An annual program in which five Bard College seniors receive grants to help them complete their Senior Projects. A Bard College committee chooses the recipients, who may use the grant in any way they deem necessary. Prior to graduation, the grantees present their Senior Projects at a high tea hosted by LLI members.
- Bard High School / Early College Summer Intern Incentive: Selected New York City students attend this public high school and can earn two years of college credits before graduation. Many of the students participate in unpaid internships the summer before their senior year. LLI provides a small stipend to four students to help pay their expenses during this time.
- Bard Center for Civic Engagement Community Action Awards: LLI donated \$3,500 to CCE to support student internships, travel, and other costs associated with student research projects related to civic engagement.

## COURSE SCHEDULE AND INDEX

Friday Class Dates: September 19, 26; October 3, 17, 24, 31; November 14

COURSE	FIRST PERIOD 8:30 a.m. – 9:50 a.m.	PAGE
1A	Bach: The Controversial Composer	2
1B	Origins of Art	2
1C	Sit, Breathe, Contemplate (8:30 a.m.–9:30 a.m.)	2
1D	Tai Chi	2
<b>SECOND PERIOD 10:10 a.m. – 11:30 a.m.</b>		
2A	Acting: Monologues and Scenes by Lanford Wilson	2
2B	Aviation: Jets, Passengers, and the Future	2
2C	Passion, Purpose, and Meaning After 64	3
2D	Pre-Revolutionary U.S. History	3
2E	Pastel Art: An Exploration (double period)	3
<b>THIRD PERIOD 11:50 a.m. – 1:10 p.m.</b>		
3A	Bard Masters: Math and Science	3
3B	The Creative Journal	4
3C	European Art Movements: 1880–1945	4
3D	Poetry of Seamus Heaney	4
<b>FOURTH PERIOD 1:30 p.m. – 2:50 p.m.</b>		
4A	Civic Engagement II	4
4B	Fiction Critique: Works in Progress (date exceptions)	5
4C	Rhythm Redux	5
4D	Washington Irving: Life, World, Writings (date exception)	5
<b>FIFTH PERIOD 3:10 p.m. – 4:30 p.m.</b>		
5A	Bohm Dialogue	5
5B	First Monday in October: The U.S. Supreme Court	5
5C	Memoir Writing	5
5D	Wine Tasting	6
<b>OFF-FRIDAY</b>		
6A	Bicycling Hudson Valley Rail Trails	Thursdays, 10 a.m. – noon
		Sept. 18; Oct. 2, 9, 16; rain date Oct. 23
6B	Cooking, the Art and Science	Thursdays, 10 a.m. – noon
		Sept. 18; Oct. 2, 9, 16, 23, 30; Nov. 6
6C	Films: A Potpourri	Mondays: 2:30 – 5:30 p.m.
		Sept. 29; Oct. 13, 20, 27; Nov. 3
6D	Hiking (Intermediate)	Tuesdays: 9 a.m. – 3 p.m.
		Sept. 30; Oct. 7, 14, 21, 28; Nov. 11

**CONTACT:** The Lifetime Learning Institute at Bard College, PO Box 22, Annandale-on-Hudson, NY 12504

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**MEMBERSHIP & FEES:** Annual membership is \$125 per person, non-transferable. The current membership year runs from September 2014 through August 2015. Only LLI members may attend classes. Members may not bring guests to classes or Off-Friday trips. Membership fee does not include books, transportation, entrance fees, or use of the Stevenson Gym.

FRIDAY CLASSES

1A. BACH: THE CONTROVERSIAL COMPOSER

Fridays: 8:30 a.m. – 9:50 a.m.

September 19, 26; October 3, 17, 24, 31;  
November 14

The course discusses issues in which J. S. Bach (1685–1750) was at the center of controversy, during his life and in centuries since. These include university politics; public criticism for not writing in a popular style; his contribution to the appreciation of coffee and the debate on its moral and aphrodisiacal qualities; modern disagreements over the proper instrument for his keyboard music and the size of his Leipzig choir; and his appropriation as a nationalistic symbol of German culture in the 19th century and the Nazi period.

**Presenter: Raymond Erickson** is professor emeritus of music at Queens College and The Graduate Center, CUNY. A harpsichordist and pianist who has performed in the United States, Europe, and China, he directs the summer professional workshop “Rethinking Bach” at Queens College. He holds a Yale Ph.D. in the history of music and is the author of *The Worlds of Johann Sebastian Bach*.

**Producer: Cathy Reinis**

1B. ORIGINS OF ART

Fridays: 8:30 a.m. – 9:50 a.m.

September 19, 26; October 3, 17, 24, 31;  
November 14

This course is the second in a series on “how art happens.” It explores various forms of culture: painting, sculpture, architecture, etc., and how culture evolved from necessity. The class explores and discusses the civilizations of Ancient Egypt, Greece, and Rome, based on archeological discoveries. Participation in class discussion is encouraged.

**Presenter: Rudy Hellenschmidt (LLI)** presented Part 1 of this series in the fall of 2013. He is a graduate of SUNY Brockport and SUNY New Paltz, and has taught for 40 years. He is passionate about this subject,

has traveled to many of the historic sites, and will add his personal experiences and observations.

**Producer: Dorothy Baran**

1C. SIT, BREATHE, CONTEMPLATE

Fridays: 8:30 a.m. – 9:30 a.m.  
(60-minute class)

September 19, 26; October 3, 17, 24, 31;  
November 14

This course will focus on instruction and practice of a Shambhala Meditation called “Shamatha,” which means “peaceful abiding” as taught in the tradition of Pema Chodron, a popular American female monk. Participants will learn to take a grounded sitting posture and how to calm the mind and “wake it up” through breathing techniques. Sessions will end with a contemplation period of resting the mind on a Buddhist slogan. Suggested reading: *Turning the Mind into an Ally* by Sakyong Mipham and *How to Meditate* by Pema Chodron.

**Presenter: Alexandra Morgan Geiger**, LCSWR, has been practicing meditation as a Shambhala Buddhist for more than 10 years. She is a painter, poet, and writer, as well as a psychotherapist in private practice at The Rhinebeck Center. In her work with clients, she integrates both the arts and meditation into a compassion-based approach to treatment.

**Producers: Joanne Mrstik, Margaret Shuhala**

1D. TAI CHI

Fridays: 8:30 a.m. – 9:50 a.m.

September 19, 26; October 3, 17, 24, 31;  
November 14

Tai Chi is a blood-freshening moving meditation and slow-motion martial art. It assures longevity and increases cognition, strength, confidence, balance, and flexibility. By doing these gentle, stress-lowering exercises, participants allow the *chi*, or life force, to follow the blood in the body, rather than stagnate. Tai Chi helps practitioners heal from the inside out.

*Class limit 30*

**Presenter: Annie LaBarge (LLI)** is a poet and a painter who has taught art at the

college level. She studied Tai Chi with Joe Mansfield, Margaret Cheo, and Michael Porter, and her background includes all three of the yang long forms of Tai Chi. She teaches in the Oncology Support Program at Benedictine Hospital.

**Producers: Jane Diamond, Denise Ryan**

2A. ACTING: MONOLOGUES AND SCENES BY LANFORD WILSON

Fridays: 10:10 a.m. – 11:30 a.m.

September 19, 26; October 3, 17, 24, 31;  
November 14

Class material will be a selection of monologues and dialogues by Lanford Wilson, Pulitzer Prize-winning playwright known for his down-to-earth yet eloquent language. Wilson’s plays include *Balm in Gilead*, *Hot I Baltimore*, *The Moundbuilders*, *Fifth of July*, *Talley’s Folly*, and *Burn This*. Each member of the class will work on at least one part. The presenter will suggest and direct. Memorization is optional; a prompter will always be present. Sides (individual lines and cues) will be provided, and class members can buy the plays at a bookstore or online, if they wish.

**Presenter: Trish Hawkins** is an actress who created roles in the original productions of many of Lanford Wilson’s plays at Circle Repertory Theatre in New York City. She starred on Broadway in Wilson’s *Talley’s Folly* opposite Judd Hirsch and has taught acting as faculty in the MFA Acting Program at the University of Iowa.

*Class limit 12*

**Producers: Joanne Mrstik, Margaret Shuhala**

2B. AVIATION: JETS, PASSENGERS, AND THE FUTURE

Fridays: 10:10 a.m. – 11:30 a.m.

September 19, 26; October 3, 17, 24, 31;  
November 14

The aviation course will focus on the air traveler in the jet age. Topics include physics of the atmosphere, aviation physiology, weather, aerodynamics, and how airplanes fly and aircraft engines function. Airline operations and their global nature will be examined. Subjects such as jet lag, fear

of flying, airports, automation, aircrew training and more will be discussed, with a strong emphasis on safety that will include aircraft accident analyses. Advanced systems and new technologies will be presented with a focus on the future of air travel.

**Presenter: D. Michael Simpler** is a retired airline captain with 38 years of worldwide flying experience with National, Pan Am and Delta Airlines. Among the first USAF pilots trained in the supersonic T-38, he flew the B-52 with a combat tour in Vietnam. His airline flying destinations included the Soviet Union and Communist East Bloc Countries.

**Producer: Bill Tuel**

## 2C. PASSION, PURPOSE, AND MEANING AFTER 64

**Fridays: 10:10 a.m. – 11:30 a.m.**

**September 19, 26; October 3, 17, 24, 31; November 14**

This course provides tools and strategies for living a full, rich, and productive life in the wisdom years. Using principles from Japanese mental health traditions (*Morita* and *Naikan*), participants learn how to discover passions and fulfill yearnings they might not even know they have. Aging can be a catalyst for psychological, spiritual, and emotional growth; from this vantage point one is more able to “give forward” and continue to make a difference. Participants should bring a journal and pen to class.

*Class limit 20*

**Presenters: Perri Blaze Ardman (LLI) and Barbara Sarah (LLI)** have 50 years combined experience as certified instructors, guides, and practitioners of Constructive Living and the Buddhist-based Japanese psychologies *Morita* and *Naikan*. Ardman is an ordained interfaith minister and offers spiritual counseling and deep listening. Sarah is a licensed clinical social worker and helps cancer patients live fully with illness.

**Producer: David Bloom**

## 2D. PRE-REVOLUTIONARY U. S. HISTORY

**Fridays: 10:10 a.m. – 11:30 a.m.**

**September 19, 26; October 3, 17, 24, 31; November 14**

In the mid 1600s, the envious British decided to force the successfully established Dutch colony of New Netherlands out of power, and took over the New World’s eastern seaboard from “New France” to Georgia. Less than 100 years later, the British victory in the French and Indian War gave them control over Canada. The group will discuss how these battles became the training ground for U.S. farmers, teaching them what they would need to know to fight the Revolutionary War.

**Presenter: Bob Ulrich (LLI)** is a retired IBM-er and a self-taught historian, focusing on the Hudson Valley and the United States. He has taught LLI classes previously at Bard and at Mount Saint Mary College, SUNY New Paltz, and Marist College.

**Producer: Jay Hochstadt**

## 2E. PASTEL ART: AN EXPLORATION

**Fridays: 10:10 a.m. – 1:10 p.m. (double period)**

**September 19, 26; October 3, 17, 24, 31; November 14**

An exploration of the pastel medium, this course includes a brief history of pastel art, product comparisons, and various techniques of mark making. Using their own photo references, students learn how to edit a landscape and apply value and color principles to compose a dynamic painting. Demonstrations and individual help “at easel” guide students in developing their own style. Working in small format (9 x 12 inches) allows for several pieces to be completed during the semester. \$10 lab fee and supplies to purchase.

*Class limit 12*

**Presenter: E. Susan DeSanna** paints mostly landscapes, en plein air. Pastel is her primary medium, with the splendor of the Hudson Valley her sustaining inspiration. She is an award-winning pastellist with work in collections across the United States, England, and Italy. She has led workshops for small groups around the Hudson

Valley and in Italy, and offers classes and private lessons.

**Producer: Marcie Woodruff**

## 3A. BARD MASTERS: MATH AND SCIENCE

**Fridays: 11:50 a.m. – 1:10 p.m.**

**September 19, 26; October 3, 17, 24, 31; November 14**

Each week a member of the Bard faculty will discuss an area of expertise.

**September 19**

**Milk and Its Contents**

**Presenter: Simeen Sattar**, Professor of Chemical Physics

**September 26**

**Nodes, Links, and Layers: How Network Science Can Help Us Understand Our Complex World**

**Presenter: Csilla Szabo**, Visiting Assistant Professor of Mathematics

**October 3**

**The Subatomic World in the 21st Century**

**Presenter: Matthew Deady**, Professor of Physics; Director, Physics Program

**October 17**

**Rigidity and Flexibility of Structures**

**Presenter: Maria Belk**, Visiting Assistant Professor of Mathematics; Director of Quantitative Literacy

**October 24**

**Chemistry and Biology of Violacein, a Purple Antibiotic from the *Esopus Creek***

**Presenters: Brooke Jude**, Assistant Professor of Biology, and **Emily McLaughlin**, Assistant Professor of Chemistry; Director, Chemistry Program

**October 31**

**Cryptography and Secret Codes**

**Presenter: Lauren Lynn Rose**, Associate Professor of Mathematics

**November 14**

**Ecology of Infectious Diseases**

**Presenter: Felicia Keesing**, Professor of Biology; David and Rosalie Rose Distinguished Professor of Science, Mathematics, and Computing; Director, Biology Program

**Producer: Cathy Reinis**

**3B. THE CREATIVE JOURNAL****Fridays: 11:50 a.m. – 1:10 p.m.****September 19, 26; October 3, 17, 24, 31;  
November 14**

Through journaling, participants celebrate, laugh, mourn, and see the world with new eyes. They blend words and art to go deeply into their own experience. They take part in exploratory class exercises. Participants consider poetry, aphorisms, epigrams, meditation, and observations on life as well as watercolor, collage, photography, and crayons. The group examines the nature of various journals (health, garden, travel, psychological, etc.). With ample reading lists, website research, and class exercises, participants begin the great adventure into the art of visual journals, the interplay between words and line as self-expression.

**Presenter: Anique Taylor** is an award-winning artist and poet who earned a poetry MFA (Drew University), drawing MFA (Pratt Institute), and painting BFA, Highest Honors, (Pratt). She brings her life coaching skills to her teaching. She has shown her art and read her writing in numerous venues. She teaches poetry and creative nonfiction.

**Producer: Dorothy Baran****3C. EUROPEAN ART MOVEMENTS:  
1880–1945****Fridays 11:50 a.m. – 1:10 p.m.****September 19, 26; October 3, 17, 24, 31;  
November 14**

In a segue from the previous course on American art movements, this course is a comprehensive look at the movements and artists, and their effect artistically, socially, and politically at this particular period in Europe. The group will look at pointillism, futurism, impressionism, cubism, Les Fauves, purism, Orphism, the Puteaux Group and the Section d'Or, Dada, surrealism, synchronism, Der Blaue Reiter, Die Brücke, the Nazi era, and others if time permits.

**Presenter: Herb Rogoff (LLI)** had a 50-year career in illustration for books, records, magazines and storyboards

for advertising and films. He created TV art for *Star Trek*, for Walt Disney's *World of Color*, NBC Sports, and CBS Yearly Review. He has given talks on art movements and other subjects. He has presented 80 exhibitions of his paintings and 90 exhibitions of his films.

**Producer: Froma Rogoff****3D. POETRY OF SEAMUS HEANEY****Fridays 11:50 a.m. – 1:10 p.m.****September 19, 26; October 3, 17, 24, 31;  
November 14**

The class reads together poems spanning the life work of Seamus Heaney, the Northern Ireland poet who was awarded the Nobel Prize for literature in 1995 “for works of lyrical beauty and ethical depth, which exalt everyday miracles and the living past.” Great poems probably need more than a single reader. So as the group works, it creates a community of readers to understand and enjoy these artful and humane poems.

*Class limit 25*

**Presenter: Rosemary Deen** taught at Queens College of CUNY. She has co-written two books on writing and on the teaching of writing. She has written a book of essays and is poetry editor of *Commonweal*.

**Producers: Joanne Mrstik, Margaret Shuhala****4A. CIVIC ENGAGEMENT II****Fridays: 1:30 p.m. – 2:50 p.m.****September 19, 26; October 3, 17, 24, 31;  
November 14**

How the world is changed by individuals who take action in the interests of others. Required or suggested readings will be announced.

**September 19****Transnational Advocacy Groups: Old and New Means of Addressing National and International Challenges**

**Presenter: Jonathan Becker**, Vice President and Dean for International Affairs and Civic Engagement; Associate Professor of Political Studies; Director, Globalization and International Studies

**September 26****Bringing Back Radical American Democracy**

**Presenter: Roger Berkowitz**, Associate Professor of Political Studies and Human Rights; Academic Director, Hannah Arendt Center for Politics and the Humanities

**October 3****Angels and Monsters: One Person's Journey from Complacency to Community Action**

**Presenter: Sharon Kotler**, founding member of No Monster Power Lines, which is fighting to protect the Hudson Valley from adverse effects of energy grid upgrades

**October 17****What Can Colleges Do To Rethink American High Schools?**

**Presenter: Stephen Tremaine**, Founding Director of Bard Early College, New Orleans; and Vice President for Early College Policies and Programs

**October 24****Conscience and Courage: Rescuers Who Risked Their Lives to Save Jews from Extermination during the Holocaust**

**Presenter: Suzanne Vromen**, Professor Emeritus of Sociology, co-founder of the Women's Studies Program (now the Gender and Sexuality Studies Program)

**October 31****Health Care is a Human Right—An Organization Providing Holistic Wellness Care to All, Regardless of Socioeconomic Status**

**Presenters: Susan Weeks**, RPA-C, Executive Director, Healthcare is a Human Right; **Carolyn Rabiner**, L.A.C., Acupuncture, Chinese Medicine, High Ridge Traditional Healing Arts

**November 14**

**A panel of class members** discusses their personal experience with civic engagement: who, what, when, how, and reflection.

**Presenters: LLI Class Members****Producers: Jane Diamond, Denise Ryan**



**4B. FICTION CRITIQUE:  
WORKS IN PROGRESS**

**Fridays: 1:30 p.m. – 2:50 p.m.**

**September 19, 26; October 3, 31;  
November 14 (5 classes)**

Participants are working on novels and/or short stories. Each participant will present his or her work and will receive line notes in addition to oral feedback during class discussion. The facilitator will share helpful links and suggest reading materials.

*Class limit 10*

**Facilitator: Rebecca Boroson (LLI)** is an award-winning journalist and retired newspaper editor. A short story of hers, published in *With Signs and Wonders: An International Anthology of Jewish Fabulist Fiction*, has been told all over the world by master storyteller Dan Yashinsky. She is at work on a novel.

**Producers: Joanne Mrstik, Margaret Shuhala**

**4C. RHYTHM REDUX**

**Fridays: 1:30 p.m. – 2:50 p.m.**

**September 19, 26; October 3, 10, 17, 24,  
31; November 14**

A popular course from the 2012 catalog returns. Rhythms in music and sounds will be presented, explained, and experienced. Everyone will be playing percussion instruments in unison within 10 minutes of walking into the class. No prior musical experience is necessary as the class delves into the rhythms of Africa, Cuba, and beyond. All instruments are provided—attendees need bring only their enthusiasm and willingness to participate.

**Presenter: Nathan Brenowitz**, a former Julliard student, is a trumpet player and percussionist. He has played in the Woodstock Chamber Orchestra, Creative Music Studio Orchestra, and numerous other distinguished groups. He has studied drumming and performed in many areas of the world. He holds a master's degree in counseling and continues to teach and perform in a variety of venues.

**Producer: Bob Blacker**

**4D. WASHINGTON IRVING:  
LIFE, WORLD, WRITINGS**

**Fridays: 1:30 p.m. – 2:50 p.m.**

**September 19; October 3, 10, 17, 24, 31;  
November 14**

Washington Irving (1783–1859), “the father of American literature,” was America’s first commercially successful and internationally acclaimed author. His works were admired by Sir Walter Scott, William Makepeace Thackeray, and Charles Dickens. Despite that, Irving has fallen out of the American canon. This course provides an opportunity to examine the fascinating life and diverse writings of the Hudson River Valley’s own Washington Irving. The course includes a field trip on Friday, October 10, to Sunnyside, Irving’s home in Irvington, New York; the admission fee will be announced, and transportation discussed.

**Presenter: The Rev. Dr. Mark D. Isaacs**, M.A.; M.Div.; S.T.M.; D.Min.; Ph.D.; Th.D.; and D.D., is the author of four books, most recently on the life and thought of Dr. Albert Schweitzer. He is the pastor of St. Paul’s Lutheran Church of Wurtemberg in Rhinebeck, New York, and has served as an adjunct college professor for the past 14 years, teaching more than 55 different courses.

**Producer: Dacie Kershaw**

**5A. BOHM DIALOGUE**

**Fridays: 3:10 p.m. – 4:30 p.m.**

**September 19, 26; October 3, 17, 24, 31;  
November 14**

Bohm Dialogue is a way of talking together that reveals attachment to thoughts and reactions to others, and seeks the suspension of both in favor of deepened communication. Participants are introduced to the theory and practice of dialogue as developed by David Bohm, a renowned quantum physicist and philosopher of consciousness. They explore the principles of quantum physics related to the practice of dialogue, learn how Bohm was led to connect quantum physics and consciousness, and sample dialogue as a group. Handouts or purchase of the text, Bohm’s *On Dialogue*.

*Class limit 30 (minimum 15)*

**Presenter: Janet Aslain** is a longtime

student and practitioner of Bohm Dialogue and a former lecturer in English at San Francisco State University. She facilitates a long-running dialogue group in Woodstock, participates in a multi-week course in Dialogue as a Spiritual Practice at Miriam’s Well in Saugerties, and for several years participated in and facilitated Krishnamurti dialogues in Ojai, California.

**Producer: Dacie Kershaw**

**5B. FIRST MONDAY IN OCTOBER:  
AN IN-DEPTH STUDY OF THE U.S.  
SUPREME COURT**

**Fridays: 3:10 p.m. – 4:30 p.m.**

**September 19, 26; October 3, 17, 24, 31;  
November 14**

This course is an inquiry into the internal workings of the United States Supreme Court over the years; it focuses on the political and personal interplay between members of the court.

**Presenter: Steve Klein** is the senior partner at the law firm of Klein and Associates. He received a bachelor’s degree in business administration from SUNY New Paltz in 1989, and a J.D. from New York Law School. He taught for four years at SUNY New Paltz and eight years at Dutchess Community College. This will be his fifth year teaching at LLI.

**Producer: Jane Diamond**

**5C. MEMOIR WRITING**

**Fridays: 3:10 p.m. – 4:30 p.m.**

**September 19, 26; October 3, 17, 24, 31;  
November 14**

The course will examine the several ingredients that go into writing a compelling memoir—dialogue, setting, anecdotes, voice, and humor. The emphasis will be on showing rather than telling. Students will work on their own memoirs. Constructive feedback will be offered by students and the presenter.

*Class limit 10*

**Presenter: Beverly LeBov Sloane (LLI)**, a Vassar graduate and author, has taught and lectured at several colleges in addition to LLI.

**Producers: Joanne Mrstik, Margaret Shuhala**

**5D. WINE TASTING****Fridays: 3:10 p.m. – 4:30 p.m.****September 19, 26; October 3, 17, 24, 31;  
November 14**

The course centers on different grape varieties and how the wines differ in different areas of the Old and New Worlds. The first two weeks will cover white wines, followed by four weeks of reds, and ending with sparkling wines. \$15 fee, and participants should bring two glasses to each class.

*Class limit 36***Presenter: Paul McLaughlin (LLI)**

became interested in wine when he was in Germany in the Army, and he has been seeking new wine experiences ever since. He holds a Ph.D. in chemistry and teaches part-time at Vassar College.

**Producer: Dona McLaughlin****OFF-FRIDAY COURSES****6A. BICYCLING THE HUDSON VALLEY RAIL TRAILS****Thursdays: 10 a.m. – noon****September 18; October 2, 9, 16; rain  
date October 23**

The group will bike at a moderate pace along paved trails, ranging 10 to 16 miles round trip. Participants need a well-maintained bike, water, helmet, and a snack. Trails include portions of the Hudson Valley Rail Trail, Dutchess Rail Trail, Harlem Valley Rail Trail, and one TBA (Orange Trail, D&H Canal Corridor, or Walden-Wallkill Rail Trail). The last ride will include a stop for lunch (Dutch treat).

*Class limit 20*

**Presenter: Maxine Kamin (LLI)** enjoyed leading this course in the fall of 2013 so much that she is back for more. In winter, her favorite place to bike is the Florida Keys.

**Producer: Jay Hochstadt****6B. COOKING, THE ART AND SCIENCE****Thursdays: 10 a.m. – noon****September 18; October 2, 9, 16, 23, 30;  
November 6**

Where does food come from? How is it cooked? Hudson Valley culinary experts introduce new ways of appreciating food. Course fee: \$25.

*Class limit 25***September 18****Molecular Gastronomy**

**Presenter: Diane Reeder**, Member, Chief's Consortium; Member, Food and Security Resource Center; Founder, Queens Galley

**October 2****Sustainable Cooking**

**Presenter: Agnes Devereux**, Owner, Village Tea Room, New Paltz; Advisor, Hudson Valley Restaurant Week; Deputy Chair, Landmark Commission, Village of New Paltz

**October 9****Field Trip to Fruition Chocolate Works, Shokan**

**Presenter: Brian Graham**, Founder, Fruition Chocolate Works

**October 16****Caribbean Islands Cuisine**

**Presenter: Harvey Monder (LLI)** is an expert cook.

**October 23****Herbal Alchemy**

**Presenter: Margo Mullen**, educational coordinator, Hawthorne Valley Farm in Ghent, New York

**October 30****Bread, Demystified**

**Presenter: Ruth Tourjee** is a lifelong farmer and cook.

**November 6****Vegan Cooking**

**Presenter: Roberta Schiff**, Coordinator, Mid-Hudson Vegetarian Society and Hudson Valley Vegans  
**Producer: Amy Messing**

**6C. FILMS: A POTPOURRI****Mondays: 2:30 p.m. – 5:30 p.m.****September 29; October 13, 20, 27;  
November 3 (5 sessions)**

The course consists of a combination of the presenter's favorite foreign and independent films, most of which are not seen by the average film viewer. These films can be provocative, entertaining, and heart warming. Screenings are followed by discussion. An active response is sought from the audience, featuring different opinions and leading to stimulating conversation. The series will focus on each film's direction, screenwriting, acting, and cinematography, and their impact on the audience.

*Class limit: 75*

**Presenter: Froma Rogoff (LLI)** holds a B.S. degree from the University of Florida. She has attended Movies 101, led by Professor Richard Brown at NYU, and, for 11 years, Sunday film presentations at the Fine Arts Cinema in Scarsdale, New York. In addition she has participated in several film programs at various venues.

**Producer: Herb Rogoff****6D. HIKING (INTERMEDIATE)****Tuesdays: 9 a.m. – 3 p.m.****September 30; October 7, 14, 21, 28;  
November 11 (6 sessions)**

Hikes will be in the Catskill Mountains and along the east side of the Hudson River. Some hikes will have moderate to steep inclines. Each hike will be between 5 and 6 miles and may have elevation gains from 1,000 to 1,500 feet.

*Class limit: 25*

**Presenter: Arnold Feinsilber (LLI)**, an architect, has enthusiastically participated in this course over the past several semesters.

**Producer: Harvey Monder**

ANNUAL MEMBERSHIP IS \$125 PER PERSON. Please enclose a check for your membership MADE PAYABLE TO "BARD COLLEGE." Checks not written in this way will be returned and must be resubmitted by July 30. If you are applying as a NEW MEMBER, please complete the new member form (pages 9-10) and mail it with your registration.

Mail forms and check to:  
**LLI Registrar, PO Box 745  
 Rhinebeck, NY 12572**

**REGISTRATION FORMS  
 MUST BE POSTMARKED BY  
 Tuesday, July 30, 2014.**

Check if there is  
 new information

PLEASE PRINT

NAME		
ADDRESS		
CITY	STATE	ZIP
PHONE	EMAIL	

I would like to take a total of \_\_\_\_\_ Friday courses and \_\_\_\_\_ Off-Friday courses.

On the lines below, **write in the number of the two courses you most want.** We will do everything possible to give you your preferred classes. **First preference is given to active member volunteers who participate in the operation of LLI on a regular basis.**

1. \_\_\_\_\_ 2. \_\_\_\_\_

Below, write in the **numbers** of your 2 choices for each period. If you have no interest in a class for that period leave it blank.

	1st Choice	2nd Choice
Friday First Period 8:30-9:50		
Friday Second Period 10:10-11:30		
Friday Third Period 11:50-1:10		
Friday Fourth Period 1:30-2:50		
Friday Fifth Period 3:10-4:30		
Off-Friday Courses		

- 1. DEADLINE:** Because LLI Membership is near capacity, late registration will not be offered this year. Existing members meeting the registration deadline will be registered. New applicants will be registered if capacity has not been reached. If you are applying as a new member, please complete the new member form on pages 9-10 and mail it with your registration.
- 2. CLASS CHOICES:** It is not always possible to accommodate everyone's first choices. Please request a second choice if possible.
- 3. FILL OUT THE FORM COMPLETELY:** Filling out the form as requested maximizes the chance that you will get the classes you want. We are sorry, but we cannot make phone calls to find out what you mean.
- 4. CLASS SIZE:** The presenters, as well as the capacities of the available rooms, determine each class size. **Please do not request class admission from class presenters.**
- 5. NEW SCHEDULE:** We no longer have a fixed lunch period. Please adjust your class requests to account for your lunch requirements. Please remember that food is not permitted in classrooms.
- 6. ADD-DROP CLASSES:** The registration confirmation correspondence will contain the location, dates, and times for changing classes.
- 7. QUESTIONS:** Questions and feedback may be directed to lli@bard.edu or the LLI phone line, 845 758-7314.



# Lifetime Learning Institute

Lifetime Learning Institute

PO Box 22

Annandale-on-Hudson, NY 12504-0022

Phone: 845-758-7314

E-mail: [lli@bard.edu](mailto:lli@bard.edu)

Website: [www.bard.edu/institutes/lli](http://www.bard.edu/institutes/lli)





Bard College

# Lifetime Learning Institute

## Application for Membership 2014-2015

Please be aware that Bard LLI has a limited number of new memberships available.

If you are applying for the first time or reapplying as a former LLI member, this form must be completed.

Name (please print) \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP Code \_\_\_\_\_

Telephone \_\_\_\_\_ E-mail \_\_\_\_\_

### Career and employment information

Job Title \_\_\_\_\_ Organization \_\_\_\_\_ Dates \_\_\_\_\_

Job Title \_\_\_\_\_ Organization \_\_\_\_\_ Dates \_\_\_\_\_

You may also attach a resume, curriculum vitae, or summary of your work or other meaningful experience.

Describe any current and past volunteer and community activities. If you need more room, continue on a separate sheet and attach it to the application.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you a former member of Bard LLI? \_\_\_\_ If yes, in what way did you volunteer?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Describe your interests outside of your professional life or in retirement.

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If you have any teaching or leadership experience, please describe.

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How would you like to be included in the operation of the Lifetime Learning Institute at Bard College?

\_\_\_\_ As a class presenter: What are you interested in teaching? \_\_\_\_\_

\_\_\_\_ In a leadership role, such as committee chair or council member

\_\_\_\_ As a committee member: See committee descriptions below

Please indicate which committee/s \_\_\_\_\_

With which computer programs are you comfortable? \_\_\_\_\_

### **Organizational Structure of Bard LLI**

The LLI Council is the governing body of LLI and manages the overall functioning of the organization. The Council includes an Executive Committee comprising the president, vice president, secretary, treasurer, recording secretary, committee chairs, and five members at large.

#### **Committees**

- Curriculum: develops and produces courses
- Audio-Visual: provides audio-visual and technical support for courses
- Class Support: assists in the production of courses
- Member Services: provides member support services; coordinates volunteers
- Special Events: plans and produces special events for LLI members
- Registration: registers members; maintains databases
- Hospitality: arranges catering for special events and the hospitality room
- Standing Committee: Bylaws
- Special Committees: Newsletter, Database, Catalogue, Proofreading, Art Show, Communications

**Personal statement:** Please tell us below why you wish to become a member of the Bard Lifetime Learning Institute. What are your expectations of the program? How do you see yourself contributing to the program? If you need more room, continue on a separate sheet and attach it to the application.

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Thank you for taking the time to complete this form.

**CURRICULUM**

Jay Hochstadt, Chair  
Irene Esposito, Sec.  
David Bloom  
Joyce Carter-Krawczyk  
Cathy Reinis  
Froma Rogoff

**CONTENT CHAIRS**

Dorothy Baran  
Bob Blacker  
Jane Diamond  
Jay Hochstadt  
Dacie Kershaw  
Amy Messing  
Joanne Mrstik  
Denise Ryan  
Margaret Shuhala  
Bill Tuel

**PRODUCERS**

Dorothy Baran  
Bob Blacker  
David Bloom  
Linda Bouchey  
Joyce Carter-Krawczyk  
Jane Diamond  
Arnold Feinsilber  
Ellen Foreman  
Jay Hochstadt  
Dacie Kershaw  
Claire Luse  
Amy Messing  
Joanne Mrstik  
Barbara Post  
Cathy Reinis  
Froma Rogoff  
Denise Ryan  
Margaret Shuhala  
Bill Tuel  
Donna Warner  
Marcy Woodruff

**CATALOGUE**

Joanne Mrstik  
Margaret Shuhala

**PROOFING**

Barbara Herles  
Tony Herles  
Janeth Thoron  
Bill Tuel

**CLASS SUPPORT**

Diana Ziegenfelder, Chair  
Rose Berek  
Irene Esposito  
Elaine Habernig  
Maxine Kamin

**CLASS MANAGERS**

Nora Adelman

Dorothy Baran  
Al Becker  
Arlene Becker  
David Bloom  
Rebecca Boroson  
Brenda Brocket  
Anne Brueckner  
Rosealice D'Avanzo  
Cheryl Davis  
Renee Englander  
Tom Esposito  
Jean Fitzpatrick  
Dick Franklin  
Sheila Franklin  
Prudence Garcia Renart  
June Gosnell  
Carol Goss  
Elaine Habernig  
Mary Hathaway  
Phyllis Heiko  
Barbara Herles  
Joanne Keller  
Dacie Kershaw  
Ted Krawczyk  
Lorraine Laufer  
Nina Lynch  
Phyllis Marsteller  
Jane McLaughlin  
Ann Mehaffey  
Merrill Mishan  
Colleen Mooney  
Marge Moran  
Connie Mrowzinski  
Bonnie Nechimias  
Lenore Nemeth  
Barbara Post  
Catherine Quick  
Ed Sager  
Susannah Satten  
Barbara Schoenberg  
Joe Schoenberg  
John Shuhala  
Stacey Siegel  
Jane Sunshine  
Ellen Waggener  
John Watterson  
Maddy Watterson  
Jon Wechsler

**AUDIO-VISUAL**

Marty Kutikoff, Chair  
Donn Critchell  
David Gelb  
Joanne Gelb  
Oliver Johnson  
Lily Kamenecka  
Joe Kavaky  
Eileen Kutikoff  
Harvey Monder

Colleen Mooney  
Ron Neufeld  
Dan Peterson  
Fred Reinis  
Fred Roe  
Dale Sorenson  
Lowell Thing

**HOSPITALITY**

Martha Nickels, Chair  
Mary Hathaway  
Janet Junge  
Ann Neufeld  
Rosalie Rossi  
Eileen Savinsky  
Marilyn Skiba

**MEMBER SERVICES**

Marion Corbin, Chair  
Sharon DeVries  
Toby Eisman  
Barbara Herles  
Rudy Kvenvik  
Froma Rogoff

**NOMINATING COMMITTEE**

Margaret Shuhala, Chair  
Joanne Mrstik  
Barbara Post  
Cathy Reinis  
Henry Young

**REGISTRATION**

Henry Young, Chair  
Tom Esposito  
Martha Nickels  
Barbara Post  
Cathy Reinis  
John Shuhala  
Roz Young, Database  
Ted Krawczyk

**SPECIAL EVENTS**

Milly Feinsilber, Chair  
Dacie Kershaw  
Barbara Post  
Froma Rogoff  
Margaret Shuhala  
Anne Sunners

**ART SHOW**

Jay Hochstadt, Chair  
Arnold Feinsilber  
Milly Feinsilber  
Maxine Kamin  
Risha Meledandri  
Fred Reinis  
Froma Rogoff  
Herb Rogoff

**BYLAWS**

Joyce Carter-Krawczyk, Chair  
Jack Conklin

Maxine Kamin  
Claire Luse  
Jan Oser  
Barbara Post  
Laurence Ryan  
Donna Warner

**E-MAIL**

Al Beard  
Margaret Shuhala

**INTERSESSION**

Jay Hochstadt, Chair

**PRODUCERS**

Claire Luse  
Froma Rogoff  
Bill Tuel

**INTERSESSION CATALOGUE**

Rebecca Boroson

**MAILING**

Martha Nickels

**NEWSLETTER**

Donna Warner, Editor  
Cathy Reinis

**PHONE**

Rose Benvenuto  
Kathleen Hanzl  
Barbara Herles  
Suzanne Thing  
Joan Zitz

**WEB PAGE**

Margaret Shuhala

**LLI COUNCIL MEMBERS**

Lou Klein, President  
Joyce Carter-Krawczyk,  
Vice-President  
Colleen Mooney, Finance  
Al Beard, Recording Secretary  
Cathy Reinis, Corresponding  
Secretary  
Barbara Herles, Member at Large  
Maxine Kamin, Member at Large  
Harvey Monder, Member at Large  
Barbara Post, Member at Large  
Donna Warner, Member at Large  
Diana Ziegenfelder, Class Support  
Jay Hochstadt, Curriculum  
Martha Nickels, Hospitality  
Marion Corbin, Member Services  
Margaret Shuhala, Nominating  
Henry Young, Registration  
Milly Feinsilber, Special Events  
Dean Emeritus  
Stuart Stritzler-Levine,  
Bard Liaison  
Anne Sunners, Immediate Past  
President