



# 2017-18 NFHS SOCCER RULES POWERPOINT

National Federation of State  
High School Associations



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Presentation.



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# SOCCER ANNOUNCEMENTS

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- Mid-Season Webinars
  - Fall – September 14, 2017; 2:00 p.m.
  - Spring - April 5, 2018; 2:00 p.m.
- Rule Change Proposal Form is now Open for Soccer
- Soccer Interpretations – distributed later this month
- Have a Great Season!





# SOCCER ANNOUNCEMENTS

- **Corrections to the 2017 Soccer Rules Book**
  - Page 23, 4-1-1i(3) – CHANGE 4-1-1h(1) to 4-1-1i(1)
  - Page 26, 4-1-1 Situation Q – RULING a is illegal
  - Page 54, 13-1-2 – CHANGE reference 12-2-3 to 13-2-3
  - Page 77, State Association Adoptions 1. CHANGE (4-2-1h Exception 3) to (4-2-1h Exception 2)
  - Page 78, Comments on the Rules – CHANGE second reference in first comment 4-4-1e to 4-1-1e



# STANDARDIZED OPEN AND CLOSE DATES FOR NFHS RULE CHANGE PROPOSAL SUBMISSION

Sport	Committee Meeting	Open Date for Proposals	Due Date for Proposals
Field Hockey	January	April 1	November 1
Football	January	April 1	November 1
Soccer	January	April 1	November 1
Volleyball	January	April 1	November 15
Spirit	March	June 1	February 1
Swimming/Diving	March	June 1	February 15
Basketball	March	June 1	March 1
Wrestling	April	June 1	March 1
Water Polo	April	June 1	March 15
Ice Hockey	April	June 1	April 1
Baseball	June	September 1	May 1
Girls Lacrosse	June	September 1	May 1
Softball	June	September 1	May 1
Track & Field	June	September 1	May 1
Boys Lacrosse	July	September 1	June 1
Girls Gymnastics	October (2017)*	January 1, 2017*	September 15, 2017*

\*These are standard annual open and close dates with the exception of girls gymnastics which will always occur during odd number year. (i.e. 2017, 2019, etc.)



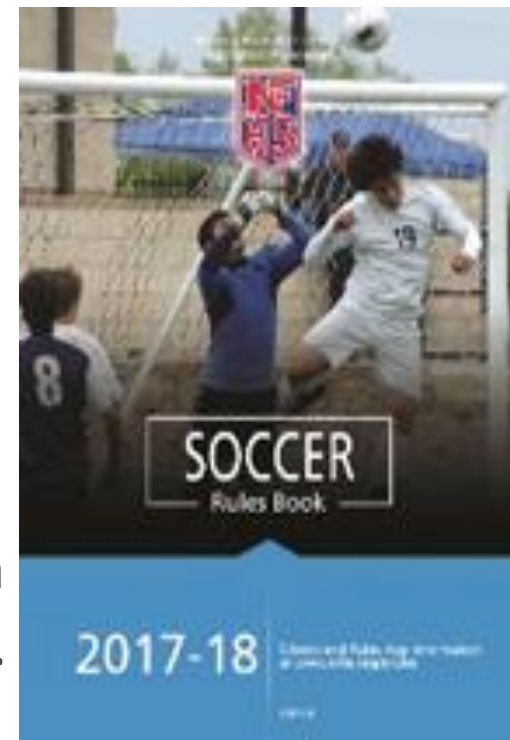


# NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS (NFHS)



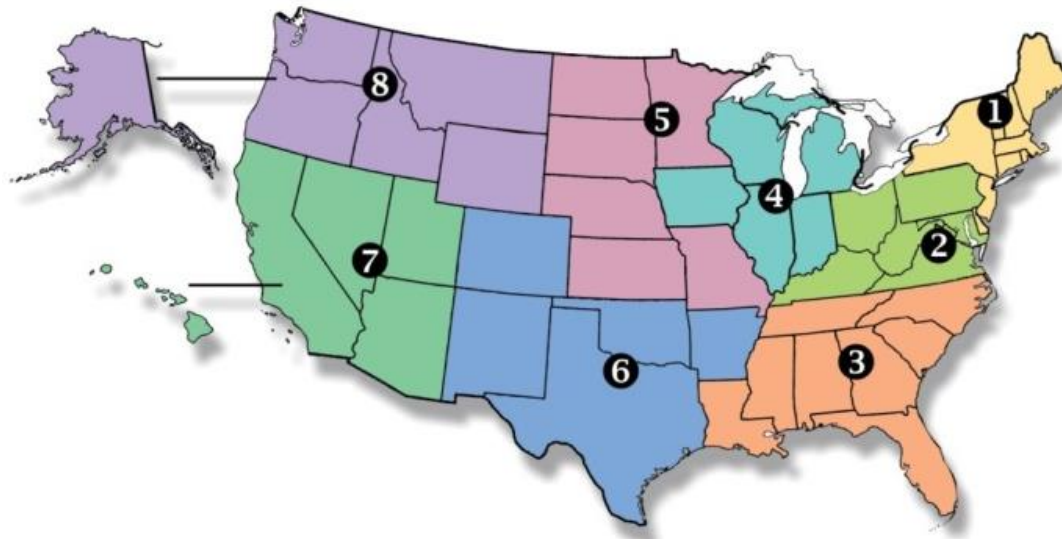
# NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- NFHS (located in Indianapolis, IN – Est. 1920):
  - National leadership organization for high school sports and fine arts activities;
  - National authority on interscholastic activity programs.
  - Conducts national meetings;
  - Sanctions interstate events;
  - Produces national publication for high school administrators;
  - National source for interscholastic coach training and national information center.



# NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- Membership = 50 member state associations and D.C.
- NFHS reaches more than 19,000 high schools and 12 million participants in high school activity programs, including more than 7.8 million in high school sports.





# NFHS RULES REVIEW COMMITTEE

The NFHS Rules Review Committee is chaired by the chief operating officer and composed of all rules editors. After each committee concludes its deliberations and has adopted its recommended changes for the subsequent year, such revisions will be evaluated by the Rules Review Committee.



Davis Whitfield  
Chief Operating  
Officer



Bob Colgate  
Football and Sports  
Medicine



Sandy Searcy  
Softball and  
Swimming & Diving



Elliot Hopkins  
Baseball and  
Wrestling



Mark Koski  
Field Hockey



Julie Cochran  
Cross Country,  
Gymnastics,  
Volleyball and  
Track & Field



James Weaver  
Boys and Girls  
Lacrosse and Spirit



Theresa Wynns  
Basketball and  
Soccer

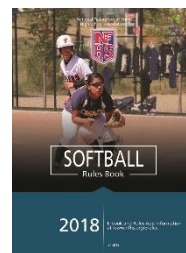
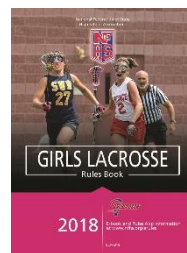
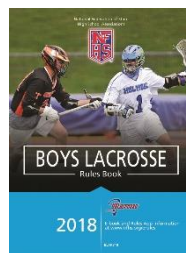
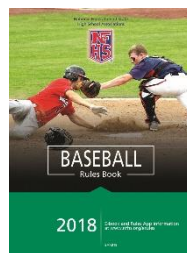
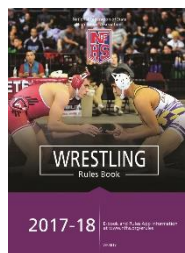
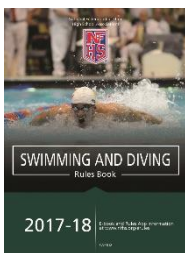
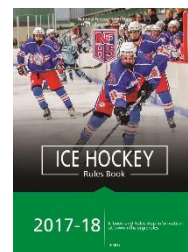
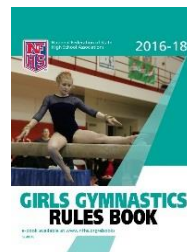
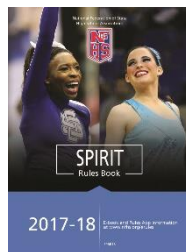
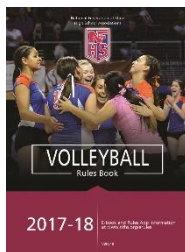


Dan Schuster  
Ice Hockey



# NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- The NFHS writes playing rules for 17 sports for boys and girls at the high school level.
  - Publishes 4 million pieces of materials annually.



# NFHS RULES BOOK AS E-BOOKS

National Federation of State  
High School Associations

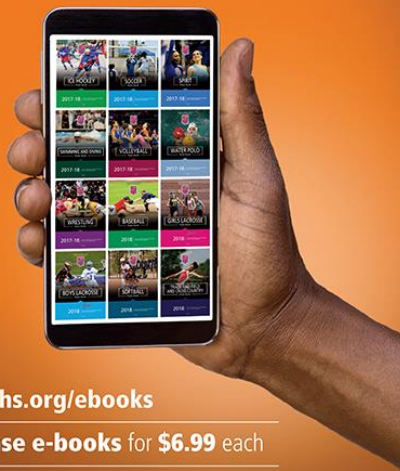


## GET NFHS RULES ON YOUR MOBILE DEVICE

Have you been without your printed rules book and needed to find  
an obscure rule quickly, make a note or highlight a rule?

### E-books Features:

- Searchable
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[www.nfhs.org/ebooks](http://www.nfhs.org/ebooks)

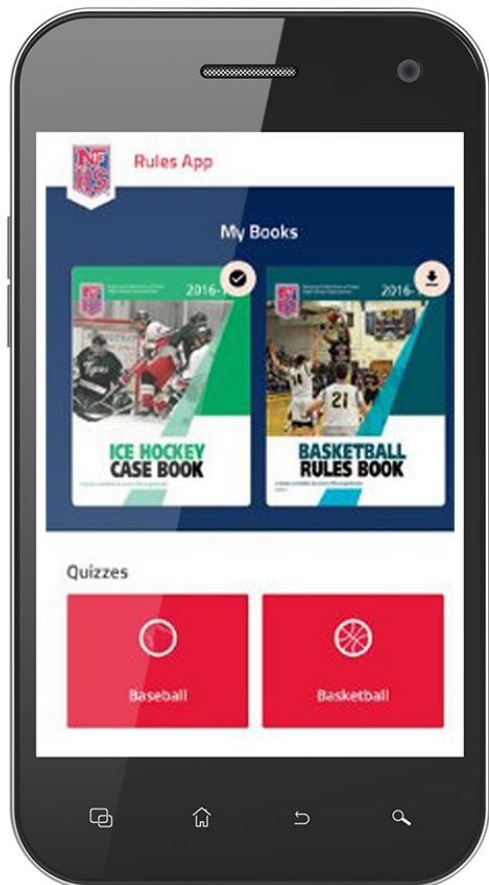
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- Rules App features:
  - Searchable
  - Highlight notes
  - Bookmarks
  - Quizzes for all sports
  - Easy navigation
  - Immediate availability
  - Free to paid members of the NFHS Coaches and Officials Associations
  - [www.nfhs.org/erules](http://www.nfhs.org/erules) for more information







# 2017-18 NFHS SOCCER RULES CHANGES





# RULE 4-1-1D VISIBLE APPAREL

- If visible apparel is worn under the jersey and/or shorts, it shall be a single solid color matching the predominant color of the respective garment.



NFHS PARTNER





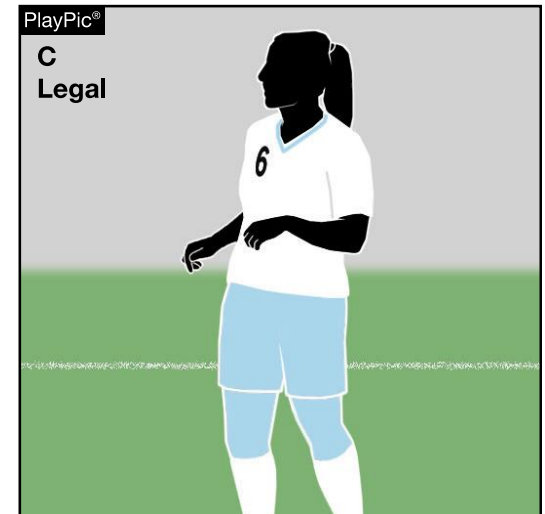
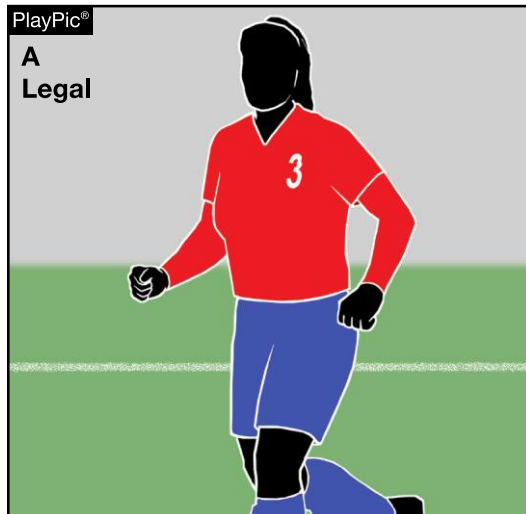
## **RULE 4-1-1E**

# **VISIBLE ARM COMPRESSION**

- Visible arm compression sleeves shall be a similar length, all alike and of a solid color matching the predominant color of the jersey. Visible leg compression sleeves shall be of a similar length, all alike and of a solid color matching the predominant color of the shorts.



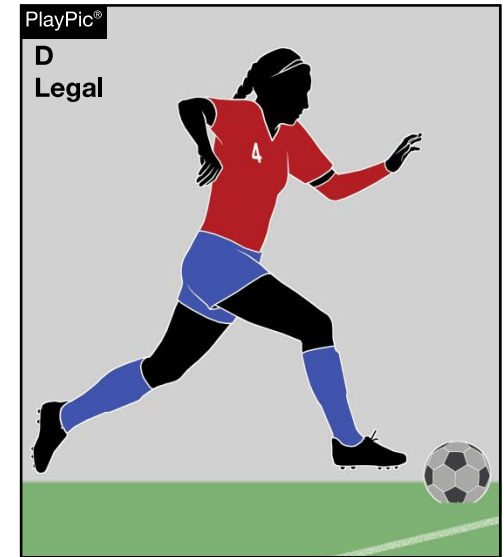
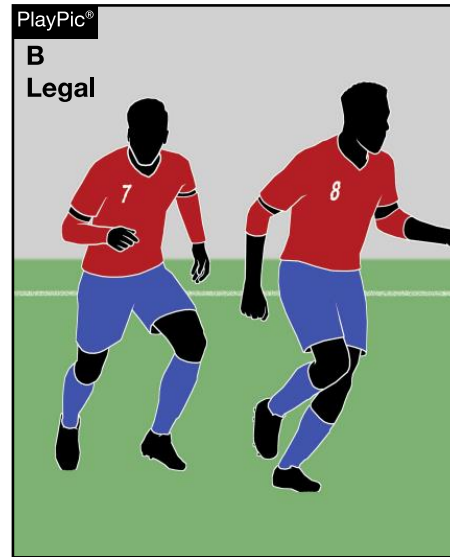
# RULE 4-1-1D REQUIRED EQUIPMENT (UNDERSHIRT)



- Any undershirts worn must be a solid color that matches the predominant color of the jersey worn. Any undergarment, such as tights, worn on the leg must match the predominant color of the shorts.
- PlayPic A. Legal undershirt worn; PlayPic B. Illegal undershirt — undershirt if worn must be white; PlayPic C. Legal undergarment worn on legs.



# RULE 4-1-1E REQUIRED EQUIPMENT (EQUIPMENT)



- PlayPic A: Illegal, arm sleeves must match the predominant color of the jersey and leg sleeves must match the predominant color of the shorts.
- PlayPic B: Legal, if a player wears sleeves on both arms, they must be of similar lengths on each arm (but, they may be of different length than a teammates' sleeves).
- PlayPic C: Illegal, arm sleeves must be of a similar length.
- PlayPic D: Legal.



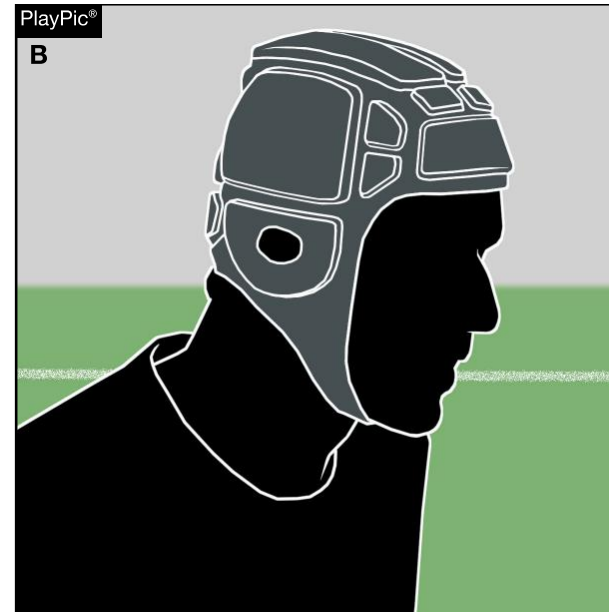
## **RULE 4-2-9**

# **A SOFT PADDED HEADGEAR**

- A soft padded headgear that meets the ASTM standard is permitted.
- No headgear can stop athletes from suffering concussions, and all sports should be played, coached and officiated in recognition of that fact.



# RULE 4-2-9 OTHER EQUIPMENT



- The ability to wear headgear has been expanded beyond headbands. PlayPic A remains legal and the change now makes PlayPic B legal. Wearing of any headgear is not required. Schools, parents and students are encouraged to make their own assessment on the type of equipment worn via ASTM standards.

## RULE 5-1-3F

# ELECTRONIC COMMUNICATION DEVICES

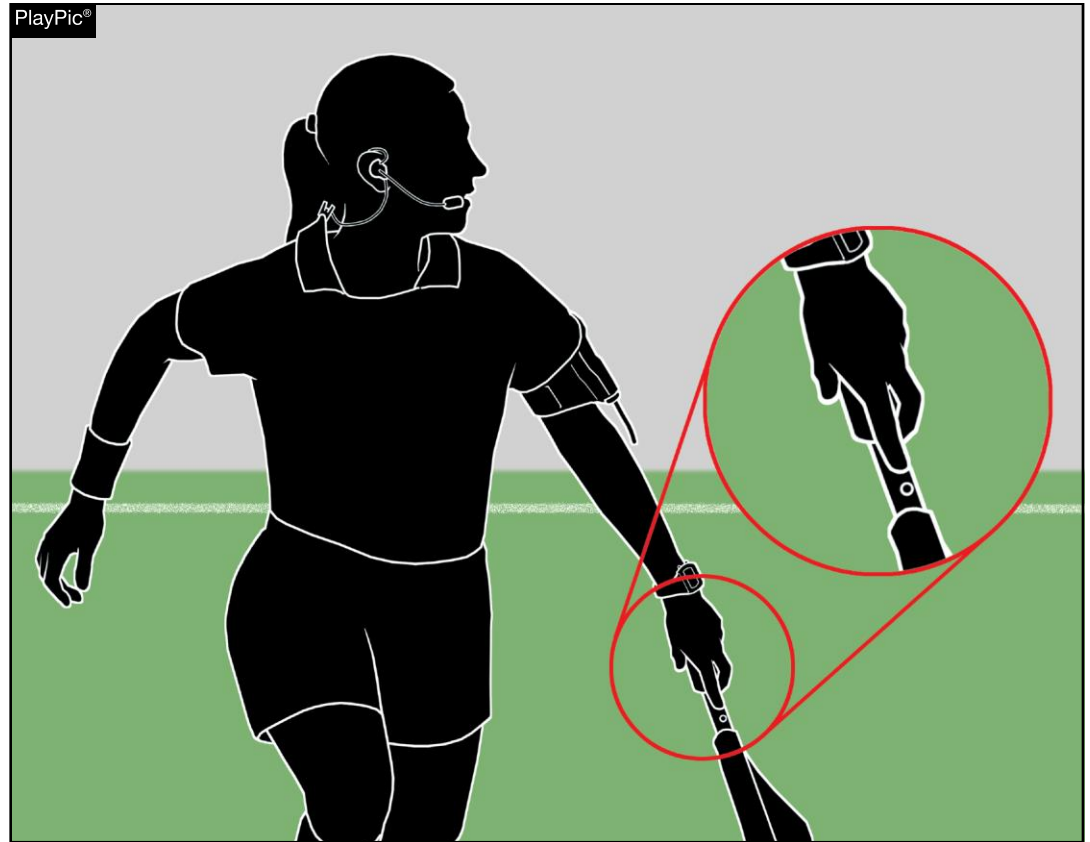
- Unless otherwise prohibited by the state association, electronic communication devices may be used to communicate with crew members.





# RULE 5-1-3F OFFICIALS: GENERAL

Electronic-communication devices including buzzer/beep flags and headsets may be used by the officials.

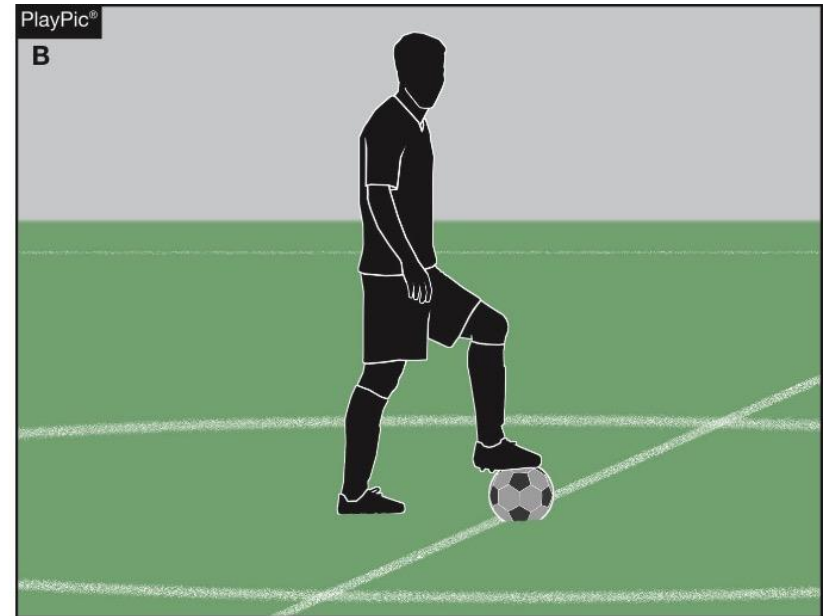
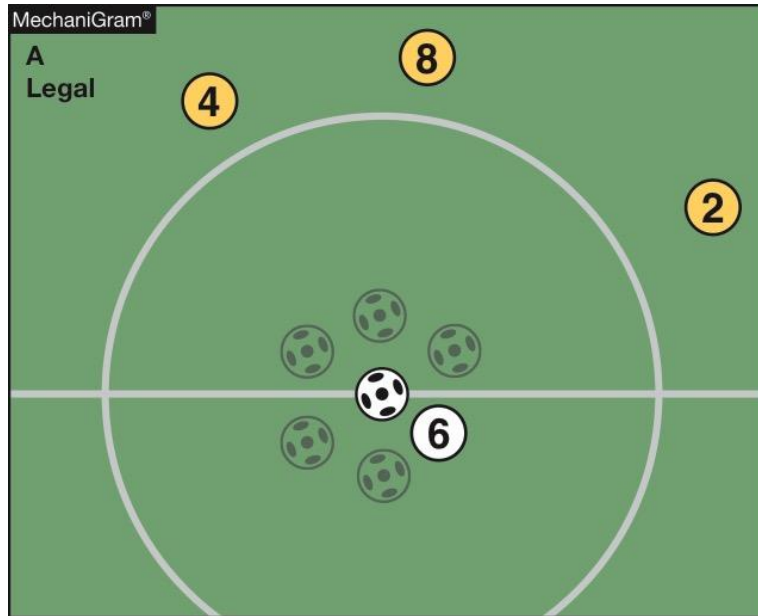




## **RULE 8-1-3 KICKOFF**

- The ball shall be kicked while it is stationary on the ground in the center of the field of play and may clearly move in any direction.

# RULE 8-1-3 KICKOFF



The ball is in play when it is kicked and clearly moves in any direction (MechaniGram A). The ball is *not* in play until it has *clearly* moved (PlayPic B).



# RULE 10-1-3F GOALS

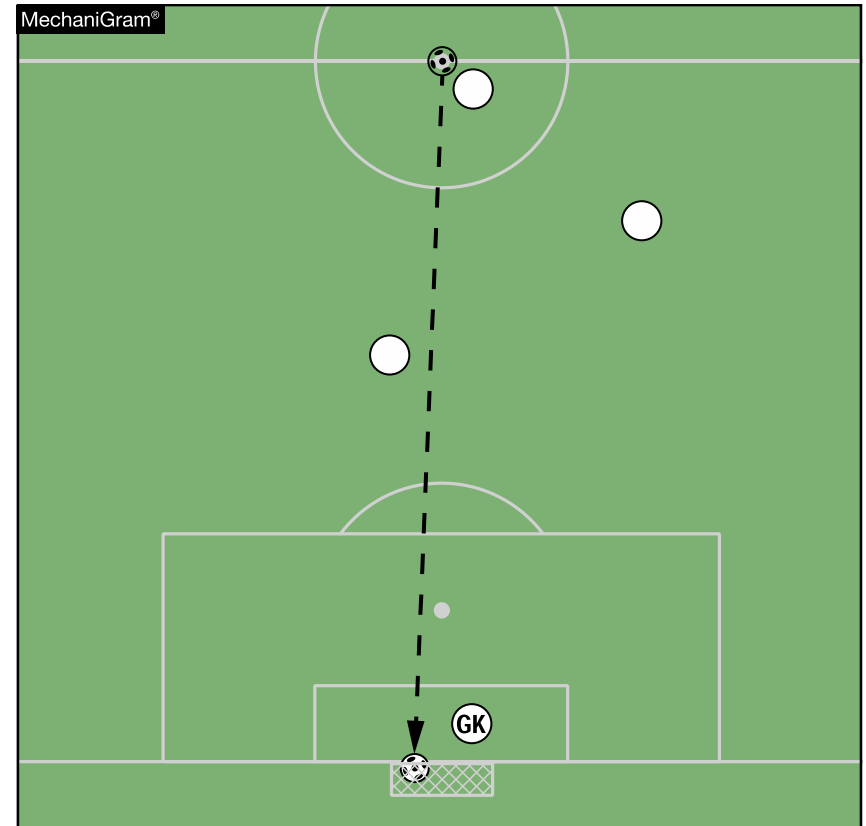
- A goal may not be scored directly from a kickoff into the kicking team's own goal.





# RULE 10-1-3F GOALS

- With the change to allow the kickoff to be taken in any direction, the rule maintains the game's foundation that a team cannot score on itself from a kickoff. The restart would be a corner kick for opposing team.





## **RULE 13-1-2**

### **DESCRIPTION OF A FREE KICK**

- All free kicks, with the exception of penalty kicks, may be taken in any direction. Free kicks are taken from the spot of the foul except for the reasons listed in 13-2-3, which are taken from the location of the ball when the referee stopped play.
- Free kicks resulting from fouls committed in the goal area are taken as described in 13-1-3 or 13-1-4.





## **RULE 13-1-2**

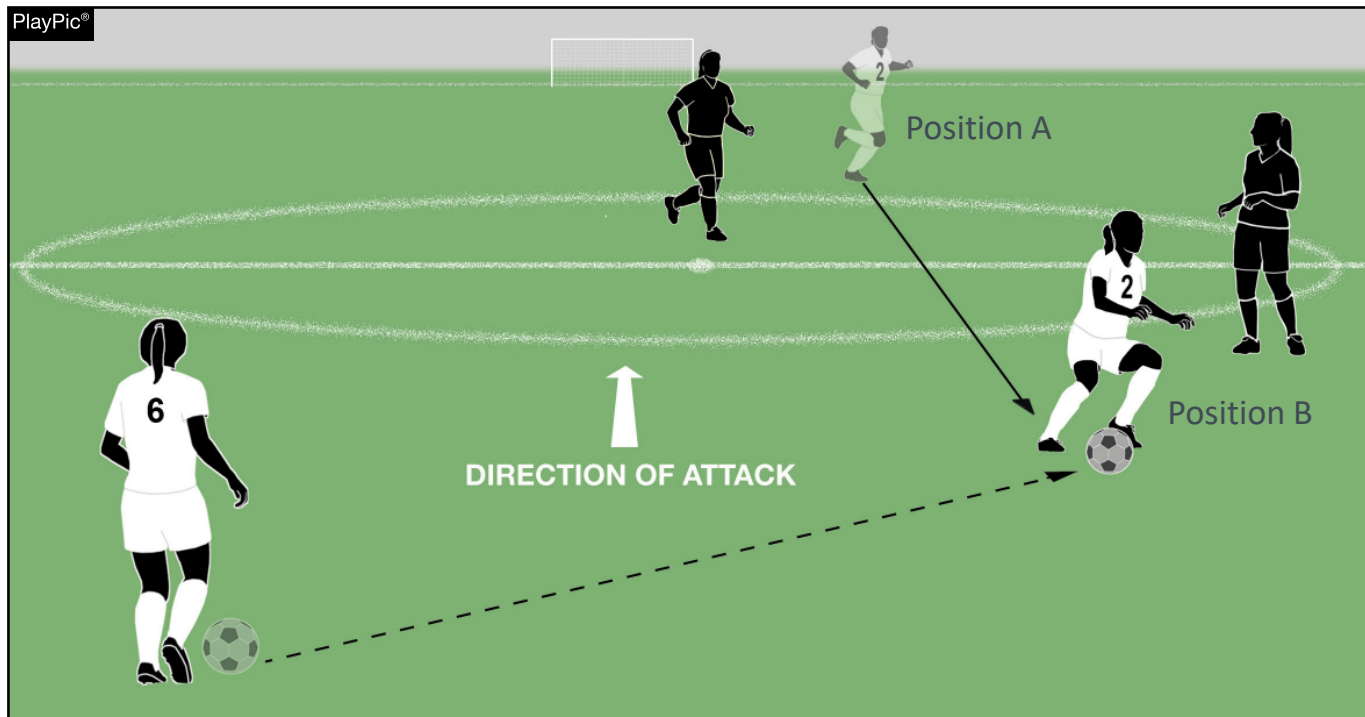
### **DESCRIPTION OF A FREE KICK, CONT.**

- Indirect free kicks for offside (13-2-2b) are taken from the spot where the offending player interfered with play, interfered with an opponent or gained an advantage by being in that position.



# RULE 13-1-2

## DESCRIPTION OF A FREE KICK



- The restart for offside is an indirect free kick. The kick should be taken from the position where the offending player interfered with play (Position B), interfered with an opponent or gained an advantage by being in that position. In this play, the restart would be from A2's defensive half of the field because she ran to receive the ball here after having been in an offside position when the ball was kicked.



## **RULE 14-1-4 PENALTY KICK**

- The ball shall be kicked while it is stationary on the ground from the spot or any place on the penalty mark. To be in play, the ball shall be moved forward.
- The player taking the penalty kick is permitted to use a stutter-step or a hesitation move provided there is no stopping and there is continuous movement toward the ball.





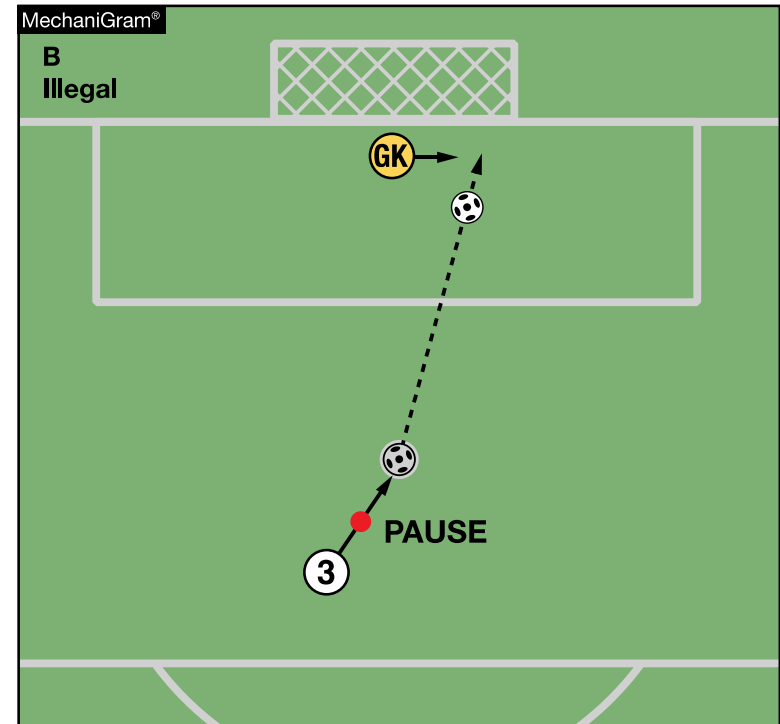
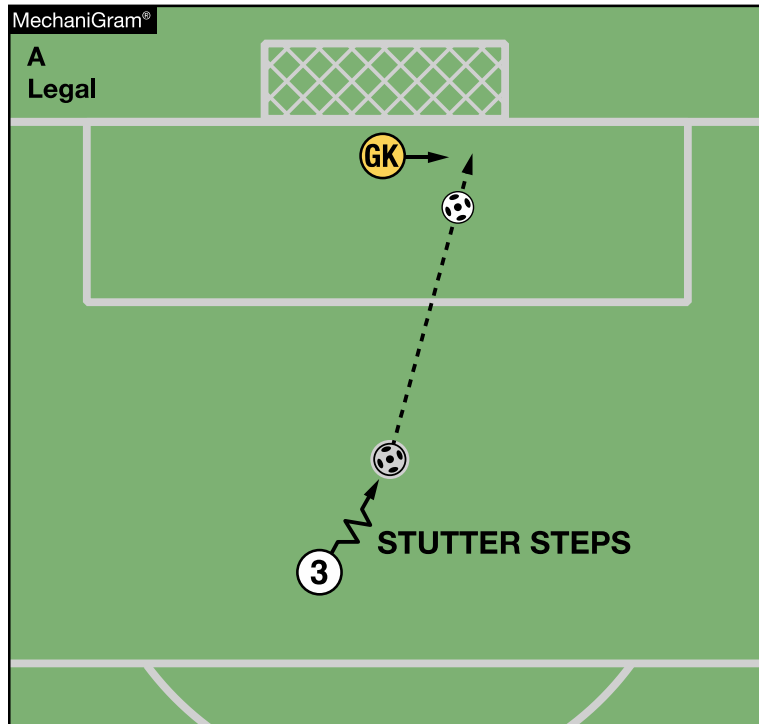


## **RULE 14-1-4 PENALTY KICK, CONT.**

- Failure to kick the ball as specified shall be considered a violation by the attacking team and the appropriate penalties shall apply. Stutter-stepping is not an interruption in movement.



# RULE 14-1-4 PENALTY KICK



- MechaniGram A: Legal; stutter stepping is not an interruption of movement.
- MechaniGram B: Illegal; there must be continuous movement toward the ball.



# 2017-18 NFHS SOCCER MAJOR EDITORIAL CHANGES





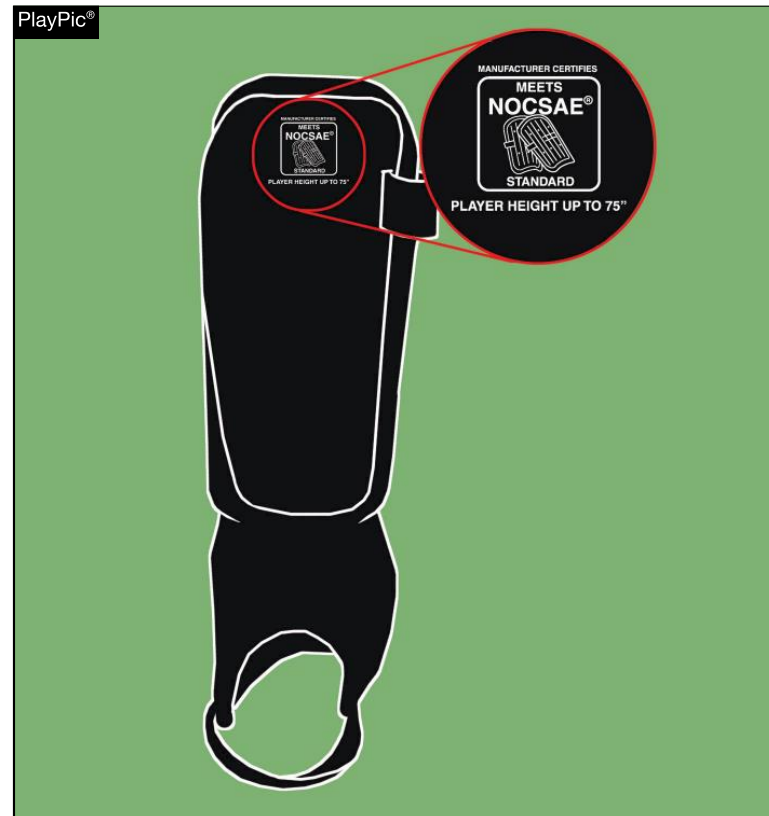
# **RULE 4-1-1 REQUIRED EQUIPMENT**

- Shinguards must meet the National Operating Committee on Standards for Athletic Equipment (NOCSAE) standards at the time of manufacture.



# RULE 4-1-1 REQUIRED EQUIPMENT

- When the size of a player's shinguard is in question, the officials should request to see the NOCSAE stamp that meets those standards.





# RULE 5-1-3C

## OFFICIALS: GENERAL

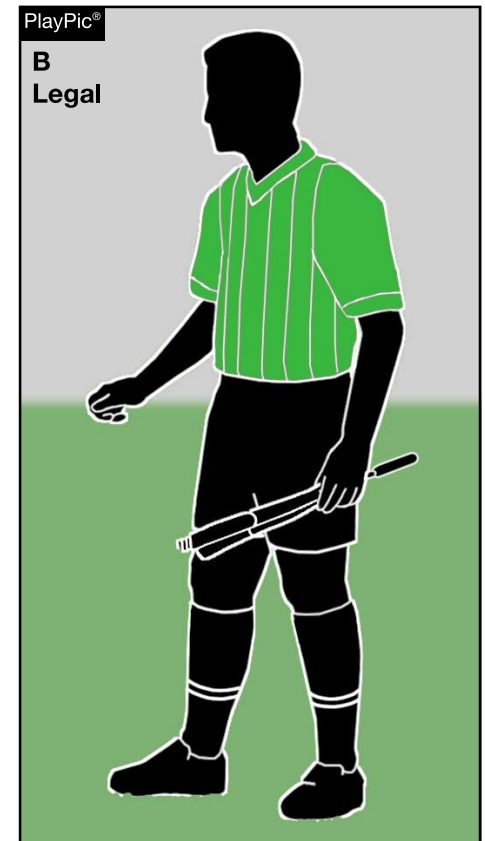
- Officials shall be dressed alike in the uniforms primarily consisting of predominantly black shoes and black knee socks with white horizontal stripes.





# RULE 5-1-3C OFFICIALS: GENERAL

- Officials are required to wear black socks that extended toward the knee and have white horizontal stripes.
- The traditional three-stripe sock is permitted (PlayPic A).
- The modern two-stripe sock is permitted (PlayPic B).



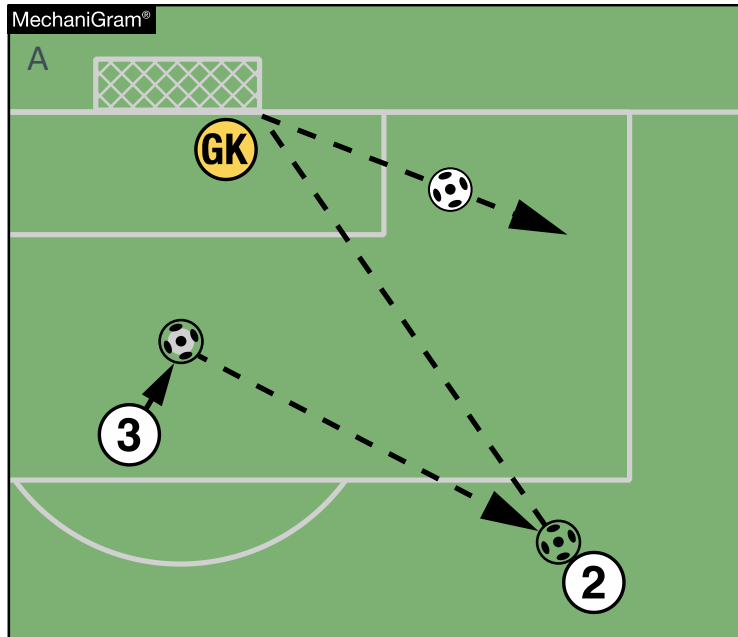


## **RULE 14-1-4 PENALTY KICK**

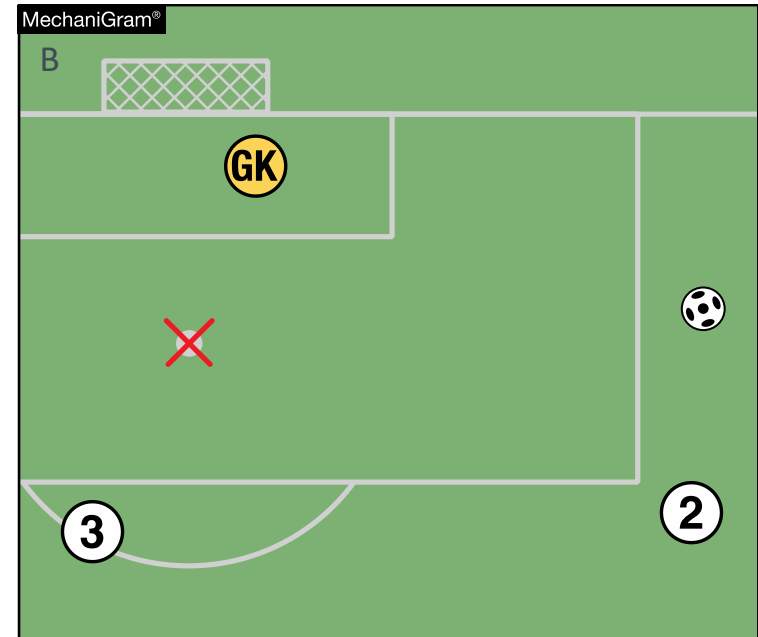
14-1-4 – the ball shall be kicked while it is stationary on the ground from the spot or any place on the penalty mark. To be in play, the ball shall be moved forward. The player taking the penalty kick is permitted to use a stutter-step or a hesitation move provided there is no stopping and there is continuous movement toward the ball. Failure to kick the ball as specified shall be considered a violation by the attacking team and the appropriate penalties shall apply. Stutter-stepping is not an interruption in movement.



# RULE 14-1-3 PENALTY KICK



Penalty kick infringement



Restart location

- The penalty was added to clarify how play is resumed for the failure to kick as specified. In this case, the ball did not move forward. Since the ball remained in play, the restart for this penalty-kick infraction is an indirect free kick given from the location of the infraction (at the red x).



**2017-18 NFHS**

**SOCCKER POINTS OF EMPHASIS**





## RISK MINIMIZATION: CONCUSSIONS

- Concussions continue to be a focus in soccer at all levels of competition. The NFHS has been at the forefront of national sports organizations in emphasizing the importance of concussion education, recognition and proper management.
- Discussion of proper concussion management at all levels of play in all sports has led to the adoption of rules changes and concussion-specific policies by multiple athletic organizations, state associations and school districts.





## RISK MINIMIZATION: CONCUSSIONS

- Coaches and game officials need to become familiar with the signs and symptoms of concussed athletes so that appropriate steps can be taken to safeguard the health and safety of participants.
- There continues to be concern from the NFHS Sports Medicine Advisory Committee (SMAC) about the cumulative effects of non-concussive blows to the head and body in practice and games.







# RISK MINIMIZATION: CONCUSSIONS

- Research data is showing that there are significant impacts to the head when athletes are constantly "heading" the ball and in "free ball" situations where multiple players are positioning for control of the ball.



# RISK MINIMIZATION: CONCUSSIONS

- When an official sees an athlete who exhibits, signs, symptoms or behaviors consistent with a concussion, the official shall direct the athlete to the appropriate health-care professional. The athlete may only return if cleared by that appropriate health-care professional. In the event of a concussed athlete, coaches should review the NFHS guidelines on pg. 113 of the Rules Book.





## RISK MINIMIZATION: SHINGUARDS

- Shinguards are one part of several required pieces of soccer equipment. Coaches need to make sure to follow the requirements for proper fitting, verifying that the shinguards are not altered by the athlete, are worn under the sock and are worn with the bottom edge no higher than 2 inches above the ankle. More importantly, the shinguard is required to be age- and size-appropriate. Coaches need to make sure that the required shinguard properly fits the respective player based on his/her age and size.



# RISK MINIMIZATION: SHINGUARDS

- Shinguards are required pieces of all players' equipment. Coaches need to ensure shinguards are: properly fitting, not altered by the athlete, worn under the socks, worn with the bottom edge no higher than 2 inches above the ankle.





## RISK MINIMIZATION: HEADGEAR

- Though not required equipment, soft-padded headgear is permitted to be used by any soccer player. The SMAC emphasizes that there is no research or data available that shows that wearing soft-padded headgear prevents or lessens the possibility of a concussion. The determination regarding wearing soft-padded headgear is entirely up to the individual or school district.





## RISK MINIMIZATION: HEADGEAR

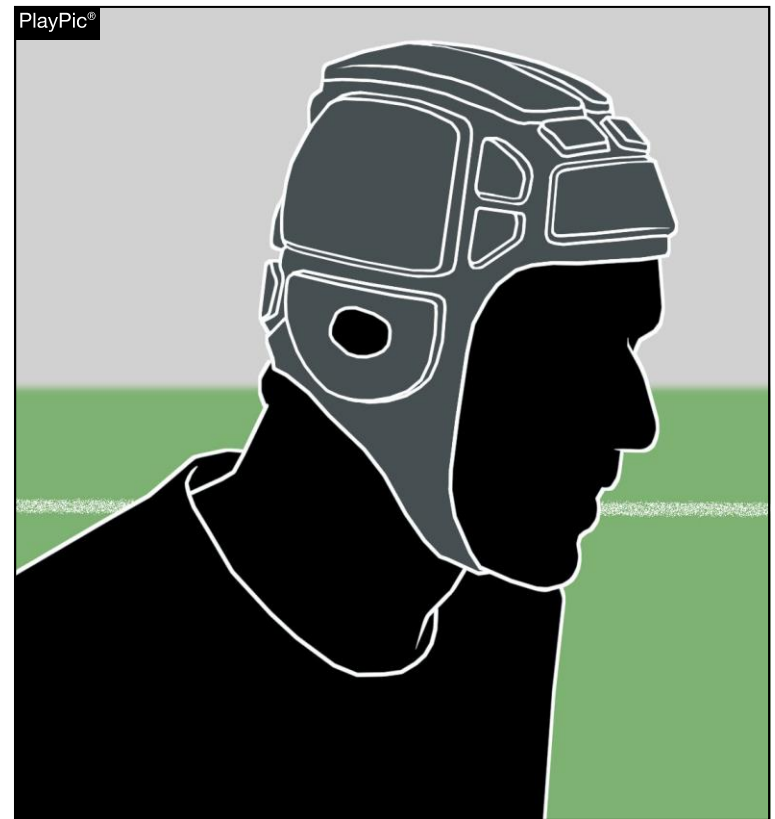
- Schools, parents and students are free to make their own assessments relative to this piece of equipment. The relevant ASTM standard for the soft-padded headband can be found at [www.astm.org/Standards/F2439.htm](http://www.astm.org/Standards/F2439.htm).





## RISK MINIMIZATION: HEADGEAR

- Soft-padded headgear is allowed to be used by any player. The determination to use headgear is entirely up to the individual or school district. There is no research or data showing headgear prevents or lessens the possibility of a concussion.





# REFEREE COMMUNICATION AND TEAMWORK

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- Active and effective communication among referees and with coaches and team captains is critical to ensure successful game management. Conducting a meaningful and thorough pregame with the head coach, captains and referee crew provides an opportunity to review important rules changes, ensure players are legally and properly equipped, discourage rough play and emphasize a zero tolerance for the use of offensive or abusive language or gestures.





# REFEREE COMMUNICATION AND TEAMWORK

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- Advancements in electronic communication devices will afford opportunities to improve communication among referees during the run of play.



# REFEREE COMMUNICATION AND TEAMWORK

- Communication is critical for effective game management. Referees should conduct a thorough pregame with the head coach, captains and officiating crew in order to review rule changes, ensure proper equipment, discourage rough play and emphasize zero tolerance for offensive or abusive language or gestures. Communication devices may also be used to enhance communication among officials.



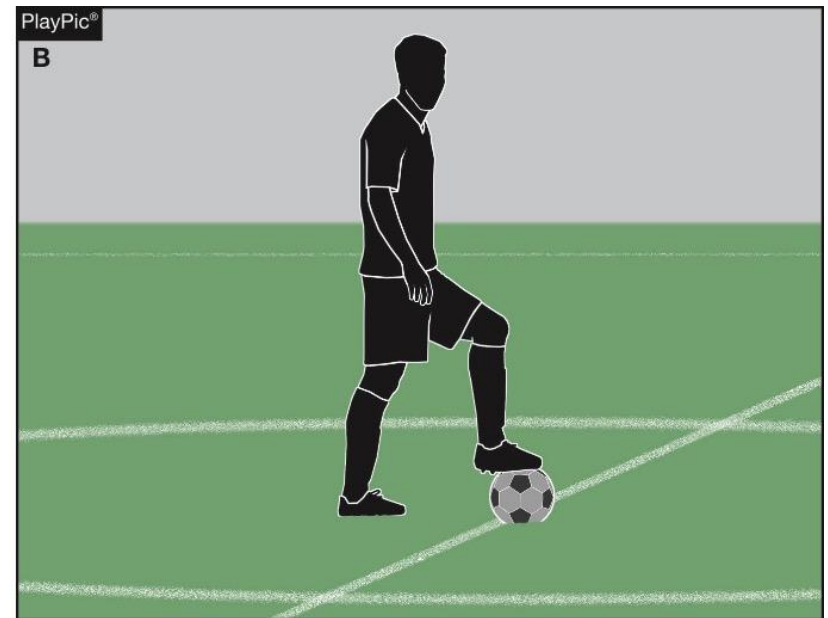
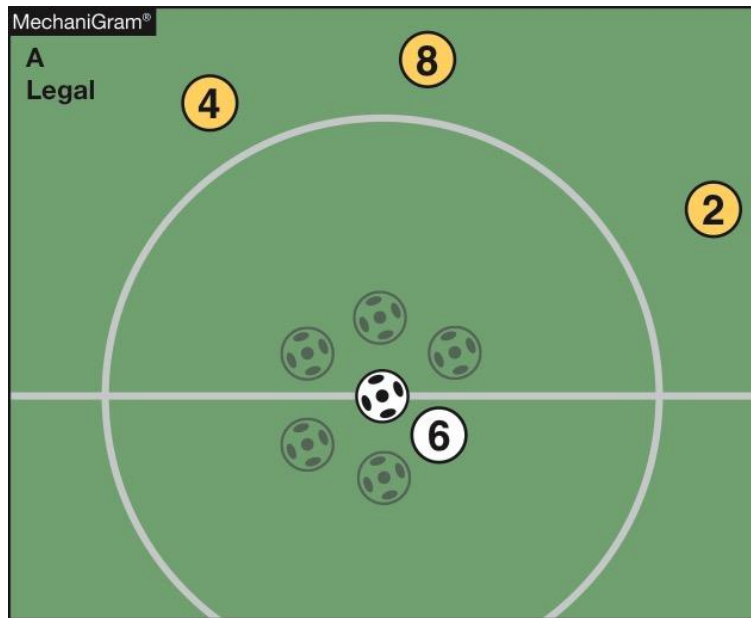


# RESTARTS: KICKOFF

- At the kickoff, the ball shall be kicked while it is stationary on the ground in the center of the field of play. The ball is in play when it is kicked and clearly moves in any direction.



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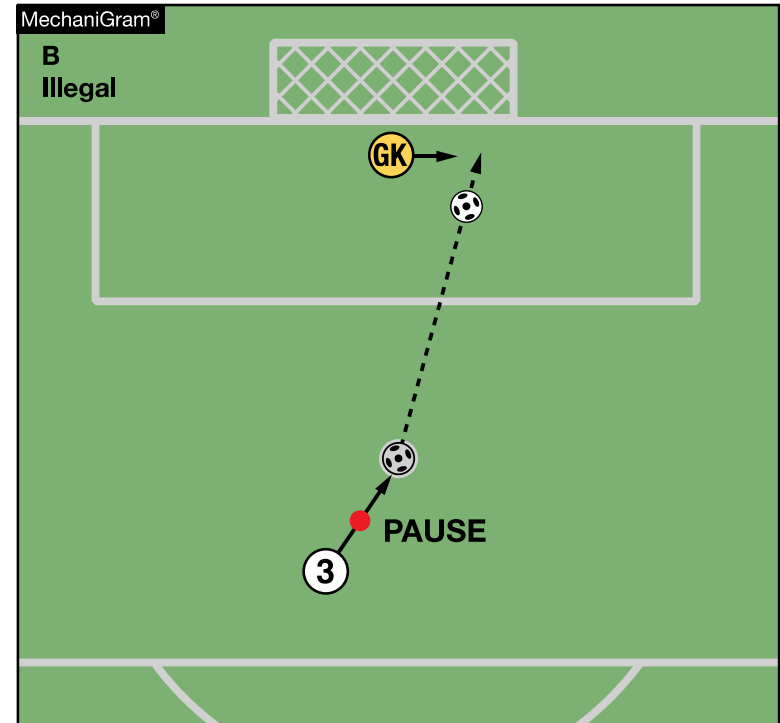
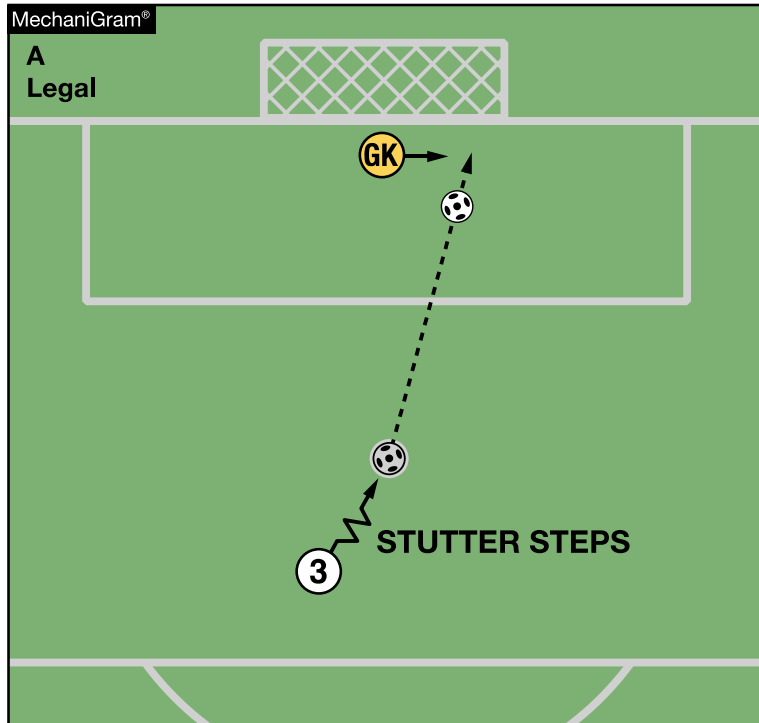


# RESTARTS: PENALTY KICK

- Once the kicker starts his/her approach toward the ball, he/she may not stop his/her movement. A stutter-step is permitted; however, continuous movement toward the ball is required.



# RESTARTS: PENALTY KICK



- Once the kicker starts their approach toward the ball, the kicker may not stop their movement. A stutter step is permitted, however, continuous movement toward the ball is required.

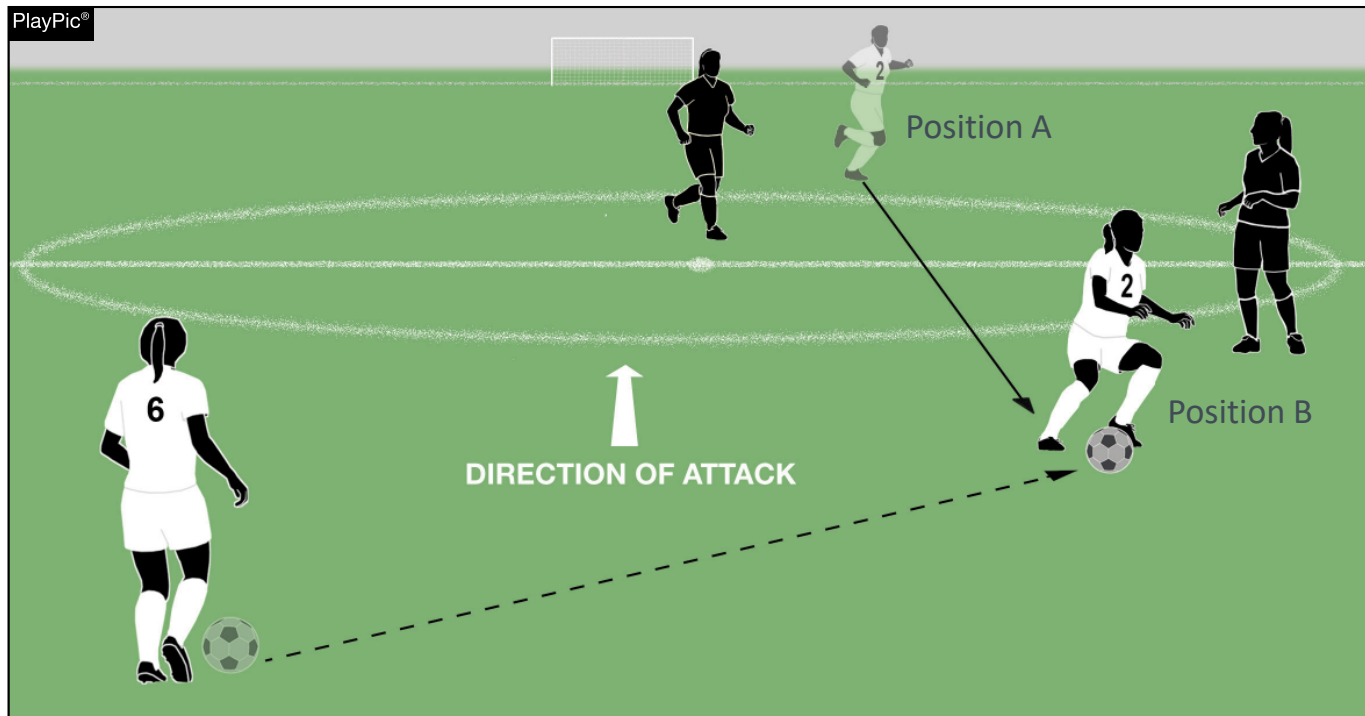


# RESTARTS: LOCATION OF OFFSIDE RESTART

- Indirect free kicks for offside are taken from the spot where the offending player interfered with play, interfered with an opponent or gained advantage by being in that position.



# RESTARTS: LOCATION OF OFFSIDE RESTART



- The restart for offside infractions is an indirect free kick taken from the spot where the offending player interfered with play, interfered with an opponent or gained advantage by being in that position.



# NFHS OFFICIALS EDUCATION



# NFHS OFFICIALS ASSOCIATION CENTRAL HUB

<https://nfhs-soccer.arbitersports.com/front/105413/Site>

- Contains:
  - Sport information
  - Rules information
  - Rules library
  - Searchable rules book
  - Video content on officiating sport, competition situations and interpretations

The screenshot shows the website's header with the NFHS logo and 'OFFICIALS ASSOCIATION' text. A navigation menu includes 'NFHS HOME', 'SOCCER', 'VIDEO', 'PUBLICATIONS', 'GROUP INFO', 'FORUM', and 'CONTACT'. A search bar is located in the top right. The main content area features a 'GOAL LINE' banner with a soccer player. Below the banner are three columns: 'Soccer Rules Information' with links to rule changes and comments; 'Welcome' with a photo of Theresa Wynms and a message from the committee; and 'Sport Specific Information' with buttons for Baseball, Basketball, Cross Country, Field Hockey, Football, Gymnastics, Ice Hockey, Lacrosse, Soccer, and Softball.



# NFHS OFFICIALS EDUCATION COURSE AND VIDEOS

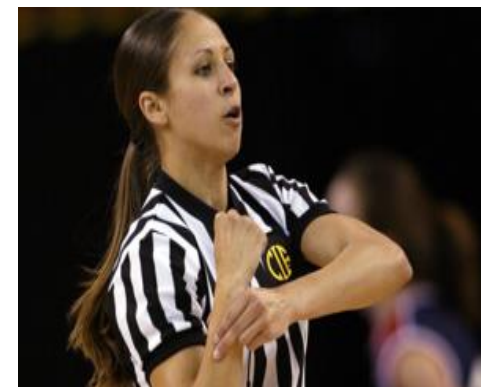
- Ideal for new officials or those in first few years of officiating
- 30-45 minutes to complete
- Topics include: Basics of Becoming and Staying an Official, Science of Officiating, Art of Officiating
- Course is FREE to NFHS Officials Association members, non-members fee is \$20
- NFHSLearn.com
- Sports such as soccer, basketball and baseball offer direct illustrations of the rules book, including rules references and officials signals
- Animated mechanics videos for softball, and baseball umpires
- Video interpretation of the NFHS Basketball Rules Book created through a partnership with the International Association of Approved Basketball Officials





# NFHS OFFICIALS EDUCATION COURSE AND VIDEOS

- Additional courses available in...
  - Officiating Basketball
  - Officiating Volleyball: Ball Handling
  - Umpiring Softball
- Courses Coming Soon...
  - Officiating Swimming and Diving
  - Officiating Soccer: Fouls and Misconduct





# NFHS LEARNING CENTER

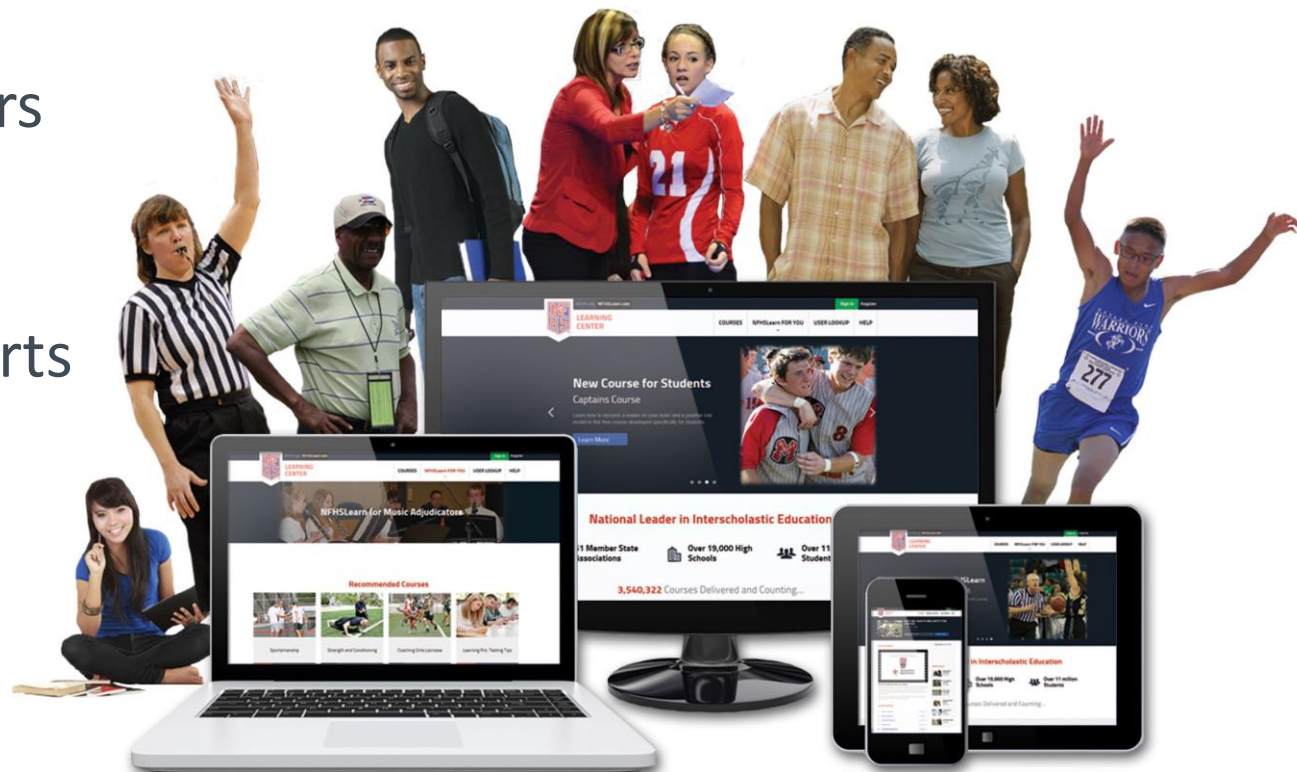


# NFHS LEARNING CENTER

## WWW.NFHSLEARN.COM

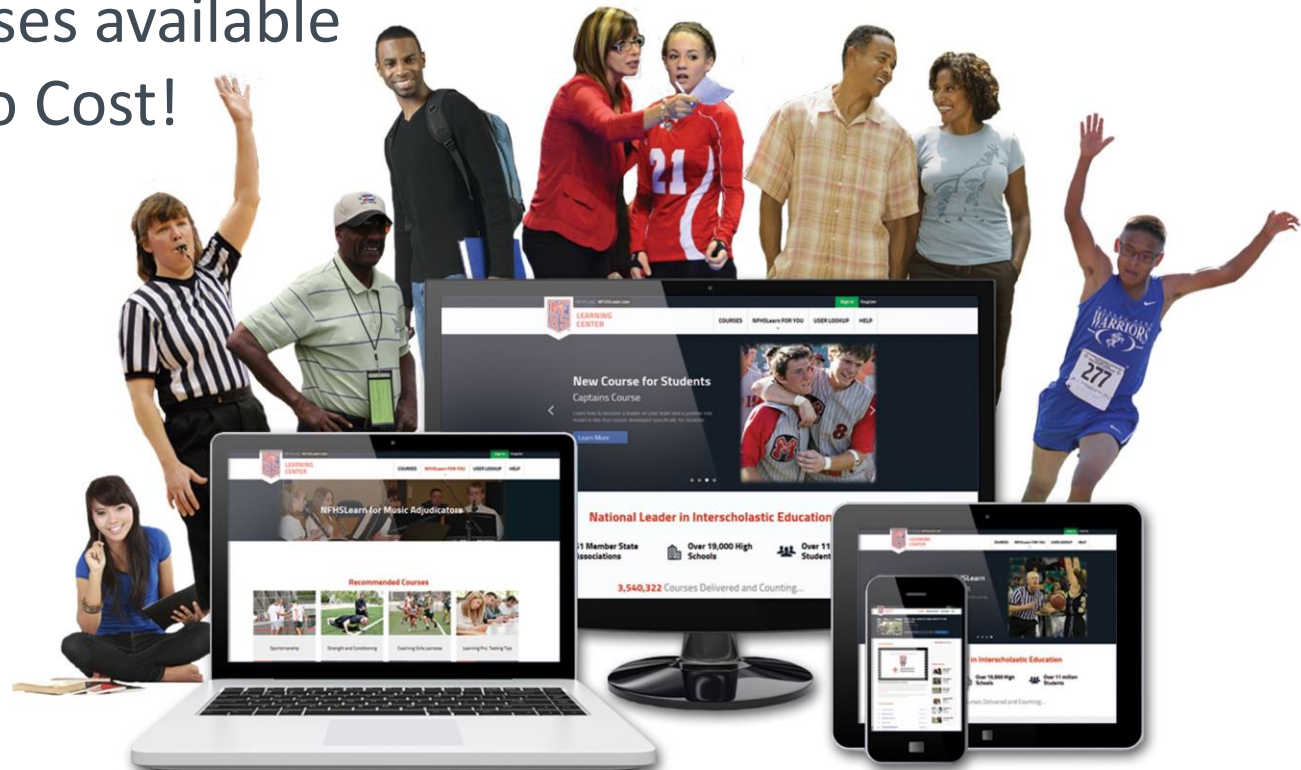
### Professional Development For ALL

- Coaches
- Officials
- Administrators
- Parents
- Students
- Performing Arts



# NFHS LEARNING CENTER WWW.NFHSLEARN.COM

- Over 1.2 Million courses delivered in 2016
- Over 5 Million courses since 2007 launch
- Over 50 courses available
- Over 20 at No Cost!



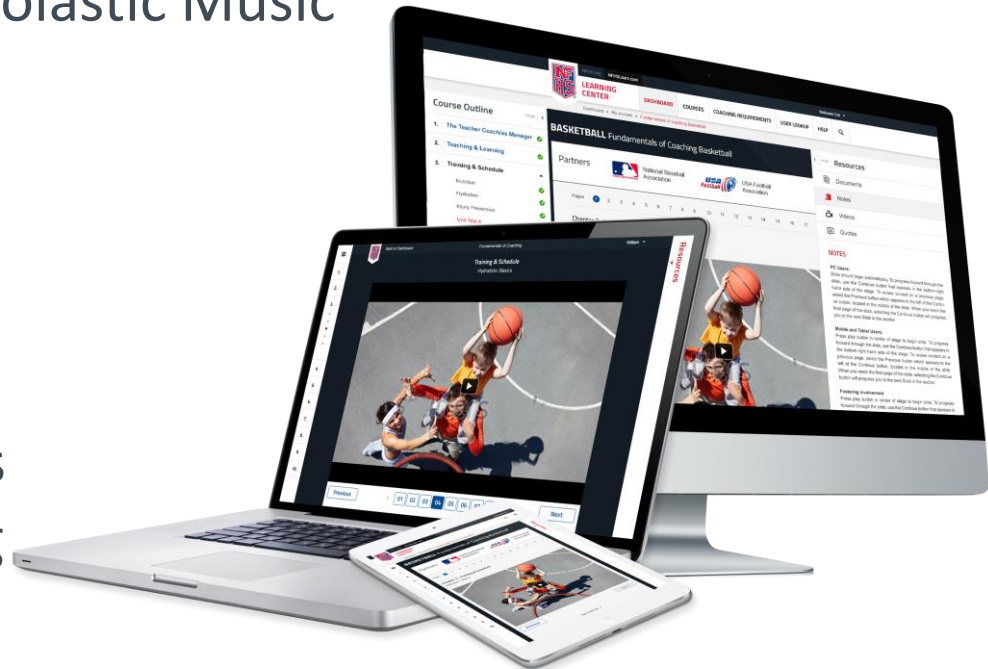


# FREE COURSES | OVER 20 AVAILABLE!

## WWW.NFHSLEARN.COM

### Examples of FREE courses include:

- Bullying, Hazing and Inappropriate Behaviors
- Social Media
- Introduction to Interscholastic Music
- Concussion in Sports
- Heat Illness Prevention
- Sudden Cardiac Arrest
- Sportsmanship
- Sports Nutrition
- Coaching Unified Sports
- Positive Sport Parenting
- NCAA Eligibility





# NFHS NETWORK



# NFHS NETWORK

- By 2020, every high school sporting event in America will be streamed live.
- The NFHS Network will be THE DESTINATION for fans to view these broadcasts.



[www.NFHSnetwork.com](http://www.NFHSnetwork.com)





# 27 DIFFERENT SPORTS AND ACTIVITIES

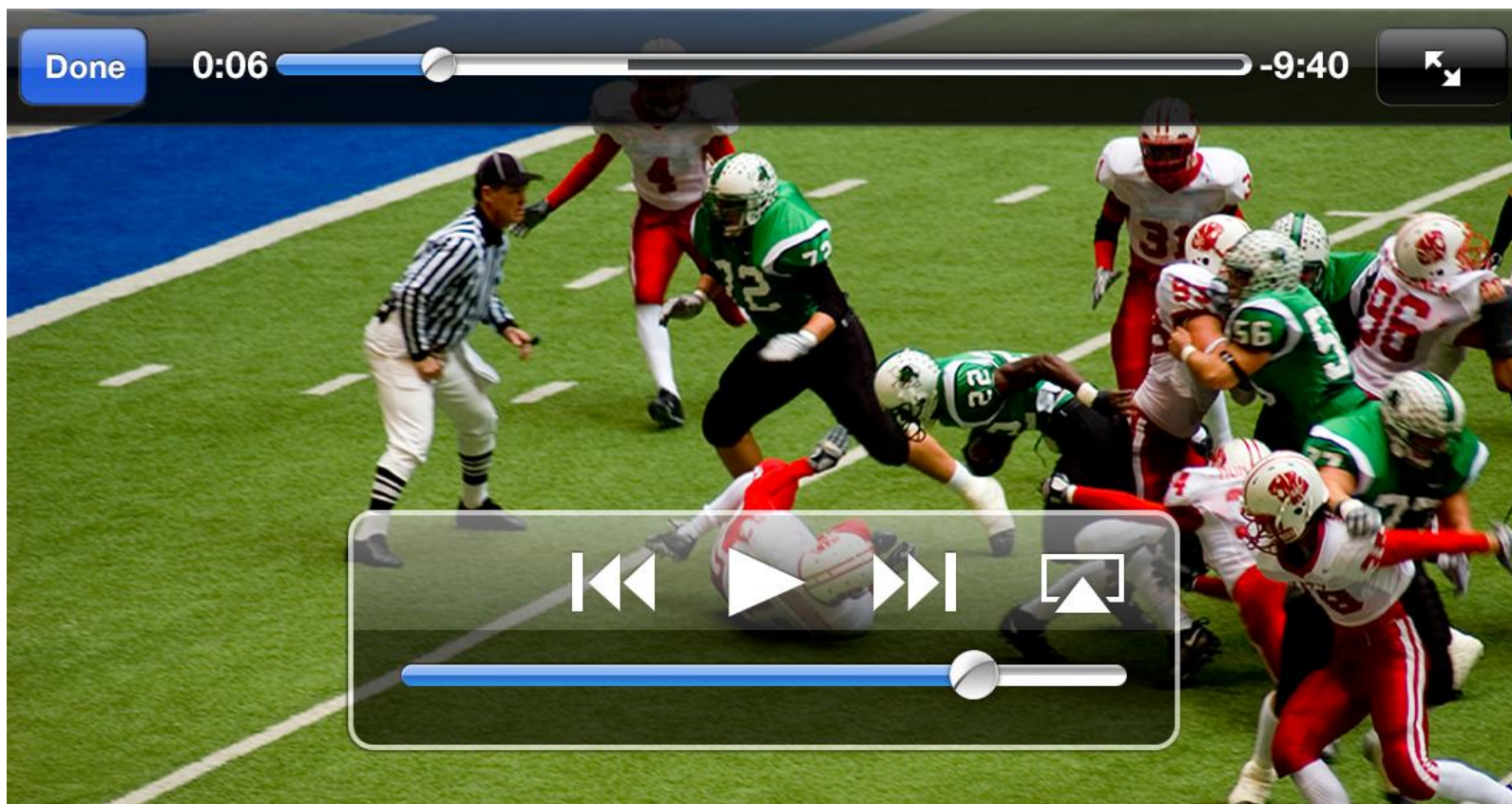


# 3 MILLION UNIQUE VIEWERS



# NFHS NETWORK

- View from mobile...





# IN-PERSON RULES INTERPRETERS MEETING

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- September 2017
  - September 20 and 21
    - Basketball, Ice Hockey, Wrestling
    - Arrive on 20<sup>th</sup> with general evening session, meet on 21<sup>st</sup> with individual groups.





# IN-PERSON RULES INTERPRETERS MEETING

- July 2018
  - July 18
    - Volleyball and Field Hockey
  - July 19
    - Soccer and Spirit
  - July 23
    - Football
  - July 24
    - Swimming and Diving and Girl's Gymnastics
  - Attendees will arrive the day before the stated date above for a general evening meeting, with the individual meetings set for the dates above.





# IN-PERSON RULES INTERPRETERS MEETING

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- January 2019
  - TBD - Track, Boy's Lacrosse, Baseball and Softball



# THANK YOU

**National Federation of State High School Associations**

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[www.nfhs.org](http://www.nfhs.org) | [www.nfhslearn.com](http://www.nfhslearn.com)

