



2017 ASIA-PACIFIC-EURO SUMMER SCHOOL ON SMART STRUCTURES TECHNOLOGY (APESS)

JULY 17-AUG 4, 2017

YOKOHAMA NATIONAL UNIVERSITY

WELCOME PACKAGE



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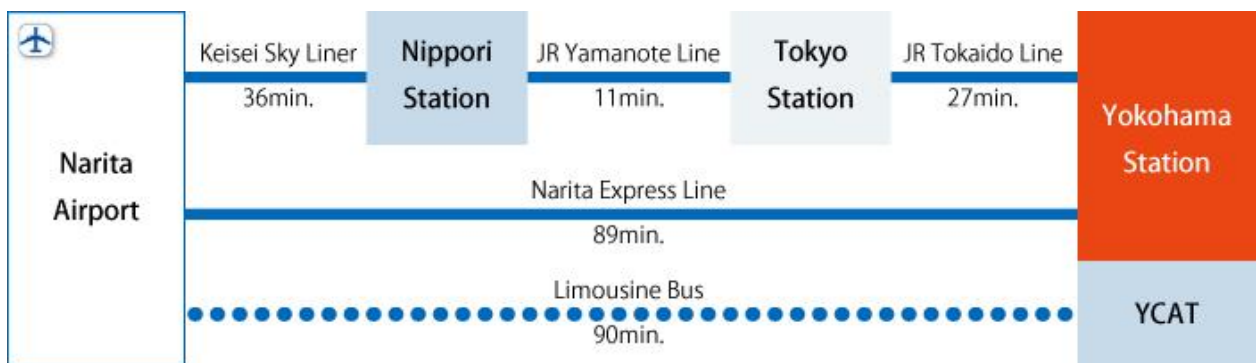
A. ARRIVAL

Sunday July 16, 2017 Welcome to Yokohama

1. Getting to Yokohama City from Airports

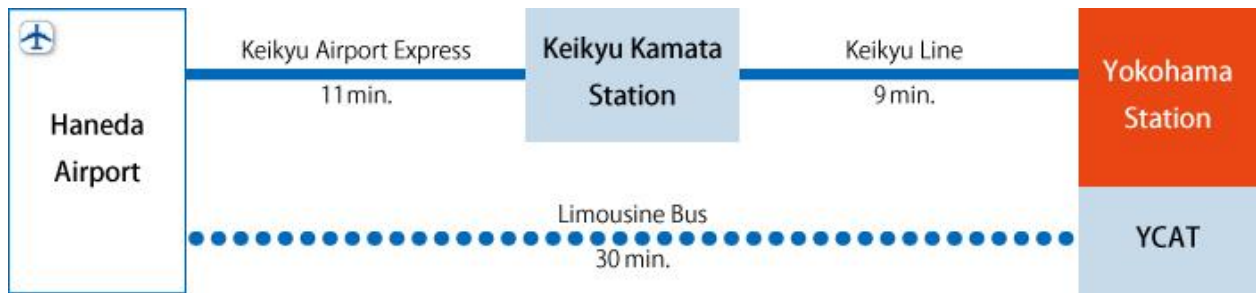
Yokohama city can be reached from two main international airports, Narita and Haneda.

From Narita Airport



Train	Narita Express	From Narita Airport→ Yokohama station	89 min	One-way fare: 4,290yen (Limited Express ticket including train fare) Discount Round Trip Ticket
Limousine bus	<ul style="list-style-type: none"> • Airport Limousine • Keihin Kyuko Bus • Keisei Bus 	From Narita Airport→Yokohama City Air Terminal(YCAT)	90 min	One-way fare: 3,600yen

From Haneda Airport



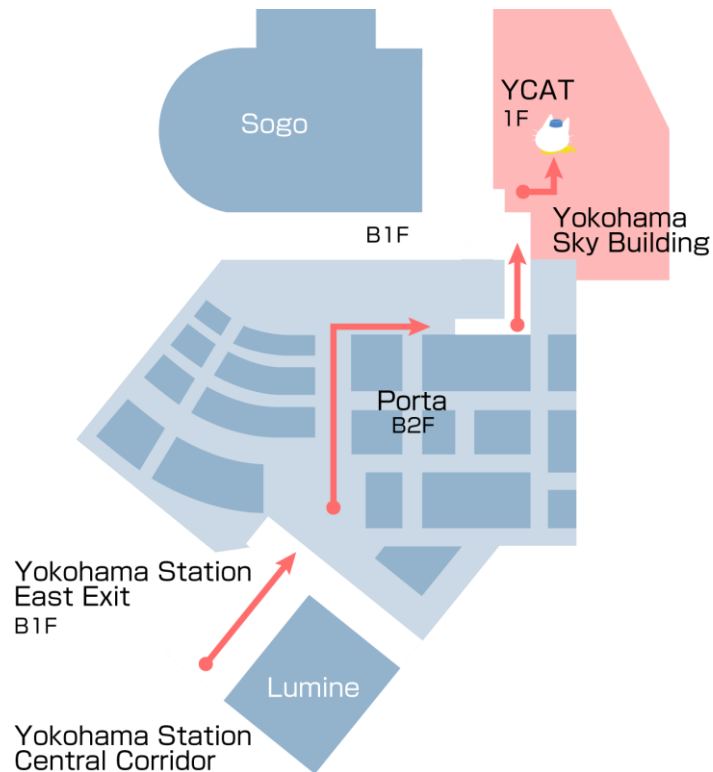
Train	Keikyu Line	Haneda Airport→Yokohama Station	25 min	One-way fare: 480yen
Limousine bus	Keihin Kyuko Bus	Haneda Airport→Yokohama City Air Terminal(YCAT)	30 min	One-way fare: 580yen

Useful Links:

- [Narita International Airport](#)
- [Haneda Airport / Tokyo International Airport](#)
- [Yokohama City Air Terminal\(YCAT\)](#)
- [Airport Limousine](#)
- [Keihin Kyuko Bus](#)
- [Keisei Bus](#)
- [Narita Express](#)

Walking from YCAT to Yokohama Station

If you arrive by bus at YCAT, you need to walk to get to the Yokohama station



Access from Tokyo

Tokyo station→Yokohama station	JR East Tokaido Line, Yokosuka Line, Keihin-Tohoku Line	25min	One-way fare: 470yen
Shinagawa station→Yokohama station	JR East Tokaido Line, Yokosuka Line, Keihin-Tohoku Line, Shonan Shinjuku Line	16min	One-way fare : 290yen
Shinagawa station→Yokohama station	Keikyu Line	17min.	One-way fare : 300yen
Shibuya station→Yokohama station	Tokyu Toyoko Line	26min	One-way fare : 270yen
	JR East Shonan Shinjuku Line	24min	One-way fare : 390yen

Tokyo metropolitan area railway and subway route map

http://www.jreast.co.jp/e/routemaps/pdf/RouteMap_majorrailsub.pdf

Address and Phone Number

If you have problems when arriving in Yokohama or get separated from your group or having NON-EMERGENCY difficulties, please contact the following numbers:

Secretariat of 2017 APSS

Institute of Advanced Sciences
S7-4 Building Room 301
Yokohama National University
79-5 Tokiwadai, Hodogaya, Yokohama 240-8501, JAPAN
Phone: 045-339-4286 or 045-339-4468 (only during weekdays office hours)
Cellphone: 090-9845-5923 (Dionysius Siringoringo)
Fax : 045-449-4286
Email: apess2017-ias@ynu.ac.jp

In Japan, in case of emergency requiring police, ambulance or rescue you need to call 119

How to call for emergency in English: [Call 119 in a foreign language](#)

2. Getting to APESS accommodations from Yokohama Station and YCAT

1. HEIWA PLAZA HOTEL

Address : 5-65 Oota-cho Naka-ku, Yokohama

Postal code : 231-0011

Tel : 045-212-2333

Website : <http://www.heiwaplaza-hotel.com/english.html>

Heiwa plaza hotel can be easily accessed from three train lines at the Yokohama station.

1. Minato Mirai Line: Yokohama sta → Basamichi sta, then a-minute-walk from Bashamichi Station, Exit 5
2. JR Keihin Tohoku Line: Yokohama-sta → Sakuragicho or Kannai Station, then 5-minute-walk.
3. Yokohama Municipal Subway Blue Line: Yokohama sta → Kannai Station (B17), then, 3-minute-walk from Kannai Station, Exit 9.



Payment of hotel: the hotel can accept major credit cards and cash in Japanese yen. Make sure to bridge reservation letter provided by APESS when checking in.

Access map: Heiwa Plaza Hotel



2. Yokohama Hostel Village

Address: Sanwa building 1F, 3-11-2 Matsukage-cho, Naka-ku, Yokohama-shi, Kanagawa, Japan 231-0025 TEL: 045-663-3696

Website : <http://yokohama.hostelvillage.com/en/>

- The closest transit station to YOKOHAMA HOSTEL VILLAGE is the **JR Ishikawacho Station (JK09)**
- From Yokohama station, take **JR Negishi Line** to **Ishikawacho station**: Approx. 6 min. cost 150 Yen
- Get off at **Ishikawacho station** and go to North Gate and walk for 4 minute to the hostel.

Walking direction:

1. Go North Gate and go out ticket gate, and then turn right.
2. You can see a vacant lot out of the station and then turn right.
3. Go straight to the first traffic light and then turn left.
4. Go through under an expreeway and go straight about 300m
5. You can see "Familymart" on your right and "Lawson" on your left side
6. Pass the road to a park lot side and go straight
7. You can find Yokohama Hostel Village on your right side. You can find a blue sing board with "Yokohama Hostel Village".(9:00~20:00). next shop is blue roof on 1st floor.

Payment of hostel: the hostel **only receives cash payment in Japanese yen**, when you check in. Make sure to bridge reservation letter provided by APSS when checking in.



ACCESS MAP

YOKOHAMA HOSTEL VILLAGE

石川町駅 中華街口 north gate
切符 売場
改札
崎陽軒

中華街西門 China town W.

Yokohama Stadium
Yokohama stadium Fro.

関内・横浜駅方面
Kannai/Yokohama St.

ファミリーマート
FamilyMart

かながわ労働プラザ
Kanagawa works plaza

さなぎ食堂
Sanagi Cafeteria

Yokohama cultere gymnasium

YOKOHAMA HOSTEL VILLAGE
ヨコハマホステルヴィレッジ
横浜市中区松影町 3-11-2
三和ビル 1F
045 - 663 - 3696
Address :
3-11-2 Matsukage-cho,
Naka-ku, Yokohama-shi,
Kanagawa, Japan
+81-45 - 663 - 3696


3. YNU Ooka International Residence

Address: 2-31, Ooka, Minami-ku, Yokohama-shi, Kanagawa-Japan 232-0061

TEL: 045-712-8870

Website : <http://www.int-residence.jp/english/>

Train directions:

- At the Yokohama station, take the Yokohama Subway Blue Line 
- Take the train to Gumyoji station Blue Line (B12)

Walking direction:

At the Gumyoji Blue Line station get off at Exit 1. Go up the stairs of Exit 1 and keep going forward for about 2 min until you see "Yokohama Shinkin Bank (横浜信用金庫)". Take a right at the intersection with Yokohama Shinkin Bank on the corner, keep going straight for about 1 min and you will see the Ooka International Residence with Family Mart on the ground floor.



YNU Ooka International Residence

Payment of Ooka Residence: the residence only accepts cash payment in Japanese yen, when you check in. Make sure to bring reservation letter provided by APESS when checking in and show it to the staff at the residence office.

Walking direction to YNU Ooka Residence from Gumyoji Blue Line station



Note : If you arrive at Haneda airport, you can also use the keikyu line to go directly to YNU Ooka Residence without transit at Yokohama Station.

- Train ride via Keikyu Line : Take a train Keikyu Airport Express for SHINZUSHI and stop at the Gumyoji Keikyu Station (KK43). The total time from Haneda is 33 minutes with cost 530 yen.
- Note that the Gumyoji Keikyu Station (KK43) is **different** from Gumyoji Blue Line Station (B12), and it is farther away from YNU Ooka Residence.

Walking direction to YNU Ooka Residence from Gumyoji Keikyu station



B. GETTING TO YNU CAMPUS

Monday July 17, 2017 Welcome to YNU

Getting to Yokohama National University (YNU) Campus from APSS accommodations

1. By Train

The closest train station to YNU campus is **Mitsuzawa-kamicho station (B22)** on the Yokohama Municipal Subway Blue Line.

Getting to nearest subway station from your accommodations

Heiwa Plaza Hotel	From Kannai station (B17) on the Subway blue line, take the train to Mitsuzawa-kamicho station (B22)	9 Min. (one ride ticket 240 yen)
Yokohama Hostel Village	<ul style="list-style-type: none">From Ishikawacho station, take the JR Keihin-Tohoku/Negishi Line to Kannai Station.At Kannai station transfer to the Subway blue line and take the train to Mitsuzawa-kamicho station (B22)	19 Min. Transfer: 1 (one ride ticket 380 yen)
YNU Ooka International Residence	From Gummyoji station on Subway Blue line take a train to Mitsuzawa-kamicho station (B22)	18 min (one ride ticket 270 yen)

Walking from Mitsuzawa-kamicho Station to YNU Campus

Walking from Mitsuzawa-kamicho Station to YNU campus main gate takes about 15-20 min. You can follow the guideline below to arrive at the YNU campus.

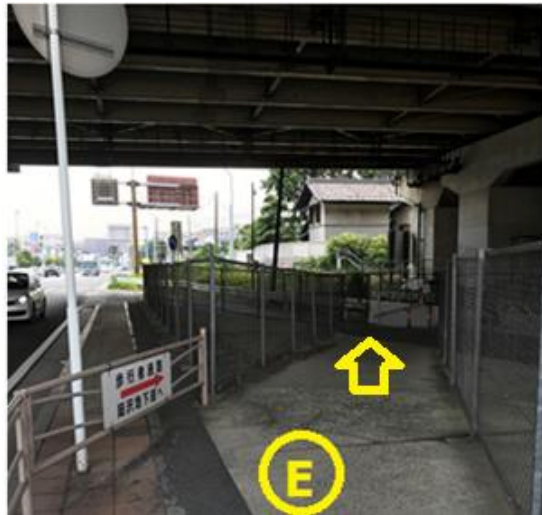
- Climb the stairs of the Exit No. 2 of the Mitsuzawa-kamicho Station (A). When you get on the street, turn to the right side (B). With Family mart on your right side, the road you see in front of you is the Route No. 1. Walk this road to the left for about 3 minutes.



- By the time you walk for about 3 minutes, you will come across the Pedestrian Overpass of the Mitsuzawa-kamicho intersection (C).



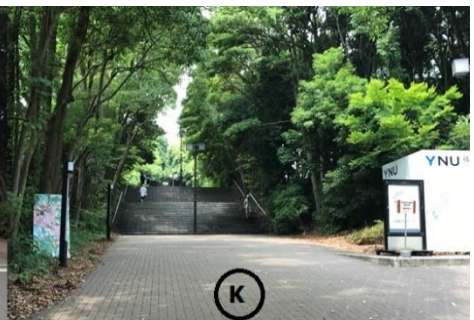
- Keep walking and cross the Pedestrian Overpass. After crossing the pedestrian bridge you will find a Honda dealer on your right and continue to walk.



- Keep walking and go down to underpass pedestrian tunnel (F). At the end of the tunnel you will find a Mercedes Benz dealer on your right side and a bus stop Shiminbyoin shita (G) in front of you.

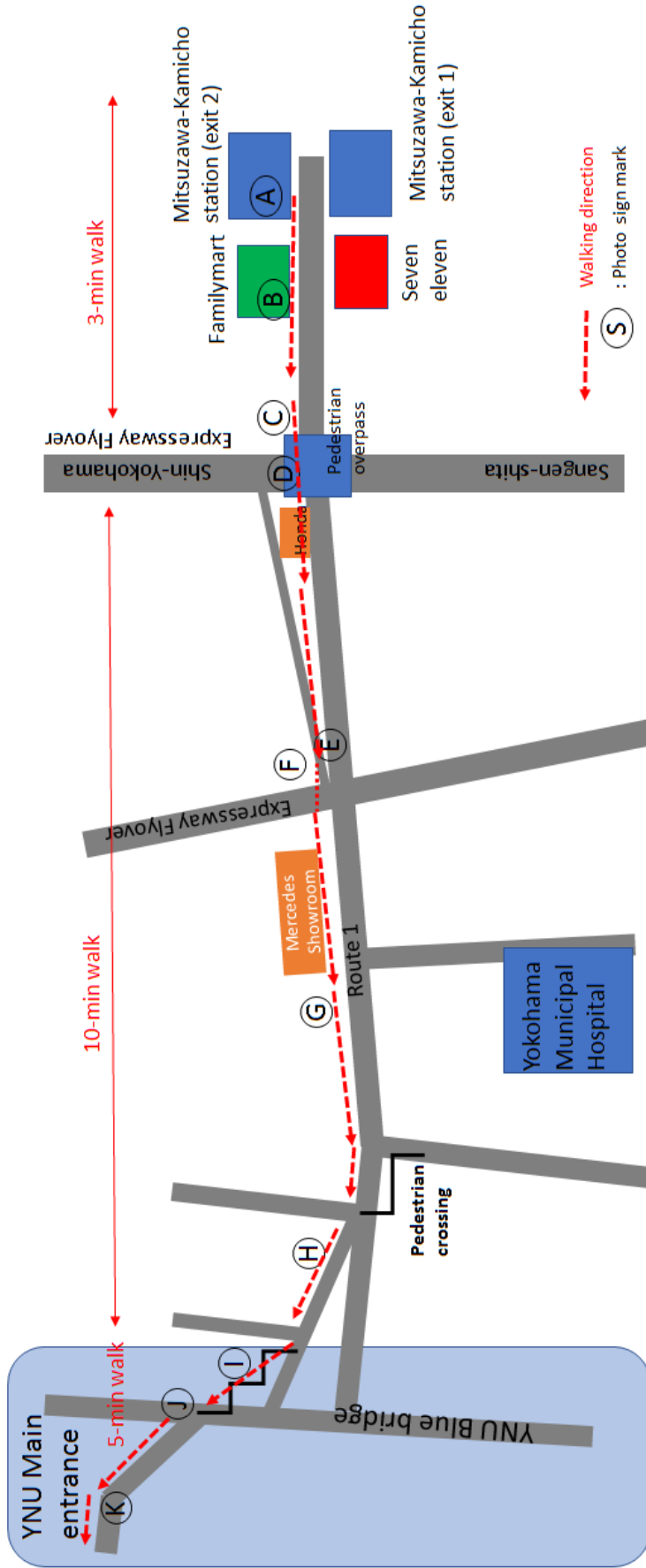


- Keep walking until you see a YNU bridge on your left side and Okazawa-cho bus stop (H) in front of you, then turn right. You are entering the YNU campus area with unique wooden stairs on your right (I).



- When you finish climbing the stairs, walk further along the sidewalk and on the left side in front of you is the Main Entrance or Front Gate of the University (K).

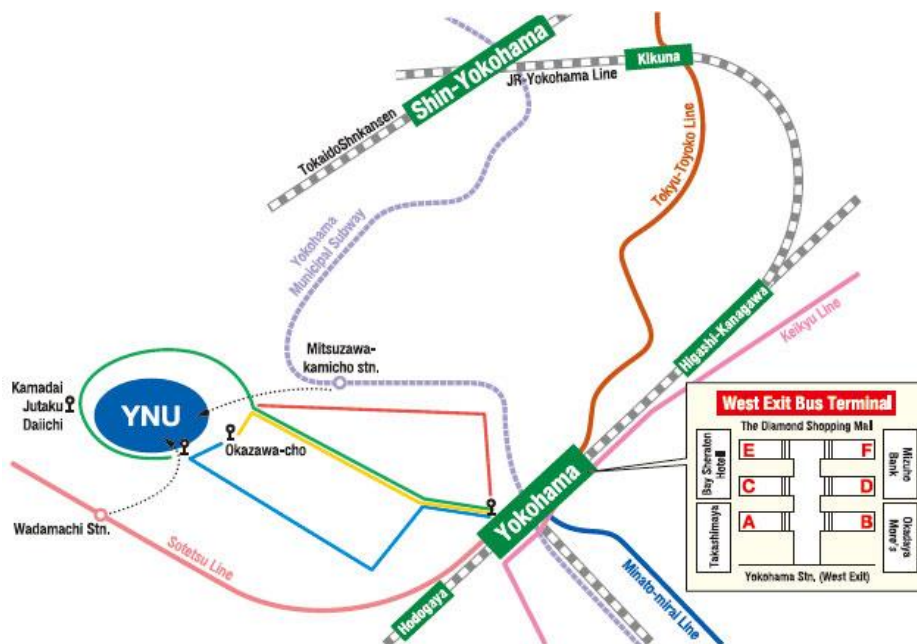
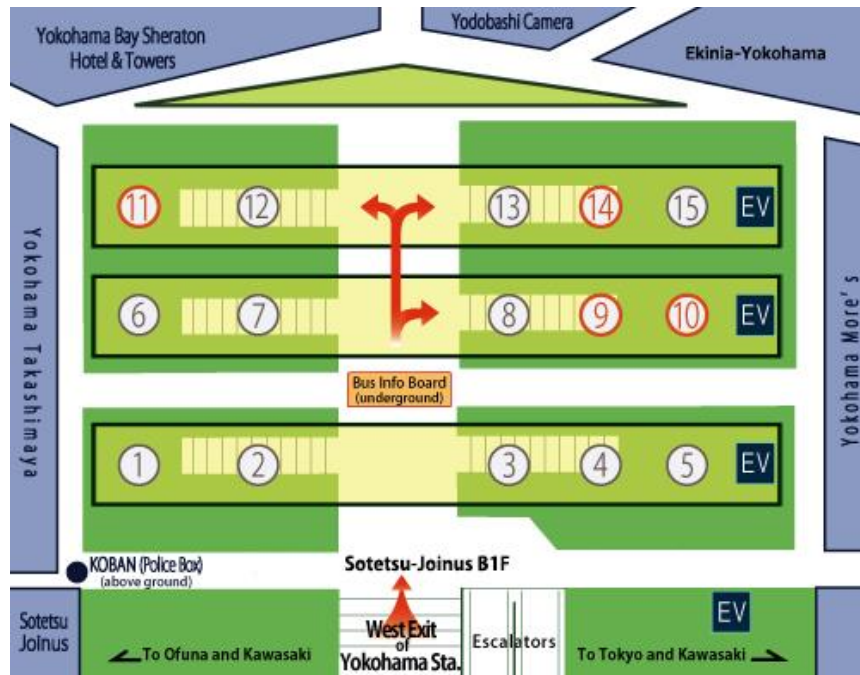
Walking path from Mitsuzawa-Kamicho Station to YNU Campus



2. By Bus

It takes 20-25 minutes from the bus terminal at the **West Exit of Yokohama Station** to YNU Campus. The bus will take you to OFF Campus Bus Stop **Okazawa-cho** near the Front Gate or Main Entrance. On weekdays, some buses enter the university and you can get off inside the university. Please refer to the Bus Stop Map in the following section.

Bus terminal map at Yokohama Station



Yokohama Municipal Bus

Platform	11
Bus No. & Destination	#202(Junkan-sotomawari) for Yokohama Sta. West Exit
Bus Stops to get off	Yokohama-shindo or Okazawa-cho (OFF CAMPUS) Near Main Entrance
Platform	14
Bus No. & Destination	#201(Junkan-uchimawari) for Yokohama Sta. West Exit via Matsumoto
Bus Stops to get off	Yokohama-shindo or Okazawa-cho (OFF CAMPUS) Bus goes inside the campus on WEEKDAYS ONLY See the bus stops inside campus on the map below
Platform	14
Bus No. & Destination	#329(Express) for Yokohama Sta. West Exit
Bus Stops to get off	Yokohama-shindo or Okazawa-cho (OFF CAMPUS) Bus goes inside the campus on WEEKDAYS ONLY See the bus stops inside campus on the map below

Kanachu Bus

Platform	14
Bus No. & Destination	#1 for Nakayama-ekimae
Bus Stops to get off	Yokohama-shindo or Okazawa-cho (OFF CAMPUS)

Sotetsu Bus

Platform	10
Bus No. & Destination	#Hama-10 for Yokohama Sta. West Exit
Bus Stops to get off	Yokohama-shindo or Okazawa-cho (OFF CAMPUS). Bus goes inside the campus on WEEKDAYS ONLY See the bus stops inside campus on the map below.
Platform	10
Bus No. & Destination	#Hama-5 for Yokohama Sta. West Exit via Kotsu Saibansho
Bus Stops to get off	Okazawa-cho (OFF CAMPUS)

Map of Bus Stops on and off campus



YNU Bus Timetable (Weekdays only)

date last modified 2016/3/29

Fares : 220yen (cash) / 216yen (PASMO/Suica)

※ To go to University Hall, Kokudai-chuo bus stop is convenient. Daigakukaikan-mae is running bus back from Kokudai-nishi.

Sotetsu Bus (west exit of Yokohama Station, Sotetsu-Joinus B1F, D stairs, Platform 10) #Route No. Hama-10 for Yokohama Sta. West Exit

west exit of Yokohama Station time	Yokohama-kokuritsu- daigaku-seimon-mae	Kokudai-chuo	Kokudai-kita	Kokudai-nishi weekdays	Kokudai-kita	Kokudai-chuo	Daigakukaikan- mae	Kokudai- minamimon
7 48				05	06		07	09
8 03 18	01 16 31	02 17 32	03 18 33	10 25 40	11 26 41	11 26 41	12 27 42	14 29 44
9 43 58	56	57	58	00	01	01	02	03
10	11	12	13	20	21	21	22	24
11				30	31	31	32	33
12 13 28	25 41	27 42	28 43	50	51	51	52	54
13				48	49	49	50	52
14 48				10	11	11	12	14
15 01	02	02	03	30	31	31	32	34
16 28	41	42	43	50	51	51	52	54
17 23	36	37	38	45	46	46	47	49
18 03	16	17	18	05	06	06	07	09
19 03	16	17	18	25	26	26	27	29
20 03	16	17	18	25	26	26	27	29

● mark: Bus is stopped at Yokohama Shiindo bus station, otherwise bus goes to Yokohama Sta. West Exit.

Yokohama Municipal Bus (west exit of Yokohama Station, F stairs, Platform 14)

#Route No. 201 loops Yokohama station west exit (via Wadamachi) #Route No. 329 loops Yokohama station west exit (via Matsumoto), and Kokudai-nishi.

west exit of Yokohama Station time	Yokohama-kokuritsu- daigaku-seimon-mae	Kokudai-chuo	Kokudai-kita	Kokudai-nishi weekdays	Kokudai-kita	Kokudai-chuo	Daigakukaikan- mae	Kokudai- minamimon
7 54								
8 10 24 26	06 26 36 38	07 27 37 39	08 28 38 40	12 32 42 44	13 33 43 45	14 34 44 46	15 35 45 47	17 36 47 49
9 02 10	14 26	15 27	16 28	20 32	21 33	22 34	23 35	25 36
10 00 11	12 27	13 28	14 29	33	34	35	36	37
11				44	45	46	47	48
12 22	38	39	40	44	45	46	47	48
13 22	38	39	40	44	45	46	47	48
14 35	51	52	53	57	58	59	00	01
15				15	16	17	18	20
16 00	16	17	18	22	23	24	25	26

● : [Express] goes Yokohama station west exit (via Matsumoto), ▲ : [Express] goes Kokudai-nishi, otherwise bus loops Yokohama station west exit (via Wada-machi) /
 † : [Rainy day special bus] travels in the case of probability of precipitation (the probability of precipitation of East Kanagawa district 6:00am-12:00pm of the Yokohama Local
 Meteorological Observatory 17:00 announcement more than 70%) of the day before.

Rainy day bus does not travel in the case of less than 70%, regardless of weather of the next day. In addition, buses do not travel during summer vacation
 [from August 1 to August 31], also the year end and New year holidays [from December 29th to January 3rd].

Payment:

Depending on the bus route, payment varies from 200-300 yen. Make sure you have coins available to pay the bus and prepare the coin before getting off the bus. You can make the payment by inserting the coins into a payment box near the driver.

You can also pay by pre-paid card SUICA or PASMO. These cards are available to purchase at the Yokohama station ticket counter. The card itself costs 500 yen and you can put deposit money (charge) the card at any ticket vending machine at the train stations. You can also charge the card inside some buses by asking the driver to do so. Payment with pre-paid card is recommended since it is very convenient and will give you discounted price. You can also use the card to buy beverages at vending machines.



Yokohama City Bus Map

<http://www.city.yokohama.lg.jp/koutuu/english/bus/pdf/rosenmape.pdf>

3. By Taxi

It takes 15 minutes from the West Exit of Yokohama Station to YNU campus by taxi. The cost may vary depending on the routes but it may cost about 3000 yen.

You can also take taxi from Mitsuzaka-Kamicho station exit 1 and go to YNU campus by taxi if you do not want to walk. The cost of taxi from Mitsuzaka-Kamicho station to YNU campus will be around 800 yen.

When ask for the direction by the driver, you can say 'KOKUDAI' or YOKOHAMA KOKURITSU DAIGAKU' as your destination.

C. CAMPUS AND LOCATIONS FOR SUMMER SCHOOL ACTIVITIES

Printable version of the map can be downloaded:

http://www.ynu.ac.jp/english/access/pdf/YNU_MAP_E.pdf



YNU campus is quite spacious, green and hilly. The main boulevard (main street) is marked by orange pathway on the map, stretching from the Main Gate all the way to the west gate (Kokudai Nishi). The main street divides the campus into two areas; the south areas where buildings are coded by S and north areas with buildings coded by N.

1. Building Locations for APESS Lectures and Activities

During the summer-school, we will use different buildings for lectures, activities and group works. These buildings are: Building S7-5, Building S1-2, Building S6-3, Building S7-4 and S8-2. **Locations of all buildings used during summer school are marked by red box on the map.**



Building S7-4 Institute of Advanced Sciences (IAS): Secretariat of 2017 APESS



Building S7-5 Dept. of Urban Innovation: used on July 17, 27(afternoon), 31, and Aug 1-4th



Building S1-2 Education and Cultural Hall near the main entrance (used on July 18-25)



Building S6-3 Education and Cultural Hall near the main entrance (used on July 26 and 27 morning).



Building S8-2 Experiment Building and Wind Tunnel



YNU Bridge

2. Places to Eat inside Campus

Places for Lunch

There are three main cafeterias inside the campus, where you can have lunch a la carte or 'limited buffet'.

- Two cafeterias located near lecture rooms Building S1-2, namely the Cafeteria 1 inside Building S1-4 and on the second floor of University Hall Building S1-6.
- You can also find Bento (Japanese lunch box) , onigiri or sandwich at the first floor of University Hall-COOP (Bld S1-6)
- Average price for one lunch meal or lunch box is 500 yen.
- Halal Meals are also available in the cafeterias.



Cafeteria 1 Building S1-4 in front of Bus stop Daigakukan-mae (Near lecture room Bld S1-2)



University Hall – Coop, Building S1-6. Cafeteria in the 2nd Floor

- Another cafeteria located near lecture rooms Building S7-5, and S6-3 : Cafeteria #2 inside Building S1-4 and on the second floor of University Hall Building S1-6.

- You can also find Bento (Japanese lunch box) , onigiri or sandwich at the convenience store LAWSON next to Cafeteria 2.



On the weekdays, you can also find mobile food stalls during lunch time in front of main library offering hot dishes lunch box (bento) with prices from 500-700 yen.



Places to get Coffee

- You can find a coffee shop on the first floor of the main library located on the campus' main street.
- Coffee to go are also available from LAWSON or COOP (Building S1-6)



Coffee shop on the first floor of main library

3. Stationery and Electronics

Stationeries and electronics are available inside the campus at the COOP inside University hall (Bld S1-6) and on the second floor of Cafeteria #2 Building N10-5. Gift shops and YNU merchandise can be purchased at the COOP inside University hall.

4. Internet Wireless Connection

Most buildings in the campus have accessible wireless connection provided by Eduroam Wireless Network. You can apply for the Eduroam access from your university before coming to the summer school. In addition you can also use YNU Wifi (account and password will be given during registration)



5. ATMs inside Campus

ATMs are available inside University Hall (1st Floor) of building S1-6 and next to the Cafeteria 2 (Bld N10-5).

6. Computer and Software

All participants are strongly advised to bring with them electronics:

- Personal computer (laptop) with Matlab software (strongly required).
- Digital camera/smart phone camera for taking pictures
- Plug adaptor (Japan is 100 V, 50 Hz / 60 Hz). You can find detail on the adaptor used in Japan from <http://www.worldstandards.eu/electricity/plug-voltage-by-country/>

If you need to buy cables and plug adaptor for your computer, you can purchase them at the Yodobashi camera store near west exit of Yokohama station. Some appliances and computer-related devices are also available on the COOP store at the first floor of building S1-6 and second floor of cafeteria 2.

D. RELEVANT INFORMATION

1. Personal Identity (Passport and Visa)

Make sure to bring a copy of your passport and part of the passport that shows the visa with you during the entire stay.

2. Medical Insurance

If you have medical insurance issued in your residing country, you need to take it with you to ensure that you are covered especially if you are in a condition that require medical attention. Please check whether your medical insurance have an arrangement with Japan. Medical costs are quite expensive without insurance.

3. Travel Insurance

You are advised to get travel insurance to cover yourself during your stay and your return journey. The travel insurance will cover all expenses should unforeseen circumstances such as stolen property, cancelation of return flight and so on occur. The organizer accepts no liability for loss or damage to participants' property.

4. Daily Life and Tourist Information

To get to know Yokohama city and its daily life, it may be useful to read the living guide provided by the city: <http://www.city.yokohama.lg.jp/lang/livingguide/en.pdf>

You can also explore Yokohama city on your free time. Find information on places where you can buy groceries, shopping and eat out. Also, you can find information on interesting places, tourists attractions, transportation system and things to do in Yokohama area on the following websites:

<http://www.yokohamajapan.com/>

<http://www.yokohamajapan.com/maps/>

<http://www.yokohamajapan.com/tourist-information/>

5. Cash and Expenditure

While major credit cards (VISA, Master Card, JCB, Diners, American Express) are accepted in many big shops. Credit cards are not very widely used especially for small purchase. So, it is advisable to bring cash with you. ATMs are available in most of convenient stores and you can withdraw cash in Japanese yen from using credit cards in that ATMs.

You can withdraw Japanese Yen day or night from ATMs at 7-Eleven stores across Japan,. <http://www.sevenbank.co.jp/intlcard/index2.html>

In addition to the ATMs at 7-Eleven convenience stores, international ATMs can be found at post offices, international airports, in major department stores, in many Family Mart convenience stores in Yokohama and greater Tokyo and in Shinsei Bank branches. ATMs by Aeon Bank, found at Aeon malls and selected other locations, also accept cards issued outside of Japan

To use international ATMs, ensure the following at home before leaving for Japan:

- Make sure that your credit or debit card can be used abroad.
- Inquire what fees and daily and/or monthly limits are associated with international withdrawals.
- Remember your card's secret 4-digit PIN.
- Notify your bank that you are going to use your card overseas, since many banks will block a card which is suddenly used abroad, suspecting a fraud.

When your credit card is lost, or stolen you can contact the following numbers

Name of Card	Contact
VISA	00531-44-0022 (Toll Free/English) 00-6633-800-553 (Toll Free/Japanese)
American Express (AMEX)	1-800-528-4800 (AMEX Customer Service) 0120-020120 (Toll Free)
Diners Club	0120-074-024 (Toll Free/English)
JCB	1-800-366-4522 (American JCB Customer Service) 0120-794-082 (Toll Free/Japanese)
MasterCard	00-531-11-3886 (Toll Free/English)
China Union Pay	0034-800-800287 (Help Desk/Chinese)
DISCOVER	1-801-902-3100 (American DISCOVER Customer Service)
Citi	0120-003-081 (Toll Free/English) *045-330-6901 (from mobile phone)

• In case of bank-issued credit cards, you need to contact the bank.

6. Clothing and Laundry

ANCRISST : formal business attire

APESS daily activities : comfortable attire for summer weather.

Technical visit, outdoor experiment and laboratory activities: comfortable clothes and shoes for outdoor activities (not sandals).

For laundry you can ask the staffs in the hotel, hostel and residence where you stay. Automatic laundry machine with coins are quite common and can usually be found near stations. Please ask the staffs where you stay locations of nearest automatic laundry machines.

7. Weather

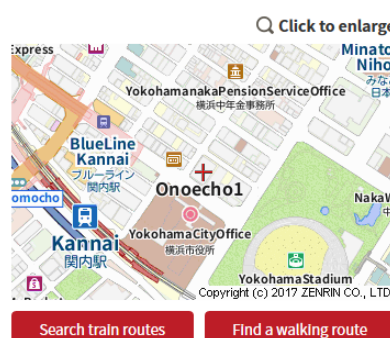
Average temperature during summer time in Yokohama is 30C. But in some days the mercury can reach up to 35C. Coupled with humidity about 70-80%, midsummer condition in Japan can be unbearable for some. Make sure you have comfortable attire and drink lots of water to avoid dehydration. Bringing small towel and wearing hat can be helpful to sustain the sweat and heat. We may also have some rain during the late July, so it is advisable to bring umbrella with you. If you have sensitive skin it is advisable to bring sunblock lotion and use it for the outdoor activities. Make sure to check daily weather forecast <http://www.jma.go.jp/en/yoho/320.html> and prepare appropriate attire and other necessary measures.

8. Drug Stores and Medicine

The Japanese word for pharmacy is *yakkyoku*. While there are pharmacies throughout Yokohama, not all handle prescriptions, and those that do cannot always provide medications that foreigners require. It is advisable to take medicines for common sickness with you from your home countries. In case of emergency you can find drug store Sugi Pharmacy group near Kannai station (see below information)

Store information

Name of store	Sugi Pharmacy Group/Kannai
Address	1F, Kannai Arai Building, 1-8 Onoecho, Naka-ku, Yokohama-shi, Kanagawa
Telephone number	045-227-5770 * Telephone number for calls inside Japan.
URL	http://www.sugi-net.jp/tenpo/
Hours of operation	営業時間はホームページをご参照ください。
Available for use	TaxFree UnionPay card available Credit card available Open after 8:00 pm English-speaker staff available Chinese-speaker staff available



9. Emergency Services and Police

If you are in danger, having an accident or in other emergencies, please call the emergency telephone number “110” for police assistance. English is available for 110 calls.

The police box plays an important role in Japanese life. Police boxes are usually located near train stations, in busy areas, and in residential areas. Police officers at satellite offices usually conduct patrols both during the day and at night. Their work includes crime prevention, and locating and arresting suspects in crimes to maintain security in the local area. Police officers are also happy to give directions if you are lost or cannot find an address.

Police Station around Yokohama and Minato Mirai Area
<http://www.city.yokohama.lg.jp/lang/en/>

10. Hospital and Ambulance

Hospitals (Emergency Number for Rescue, Ambulance: 119) How to call for emergency in English:
[Call 119 in a foreign language](#)

The City of Yokohama's Website provides guideline on how to use 119 to inform about a fire and ask for an ambulance Hospitals and Medical Consultation at Night and on Holidays See the information provided by the [City of Yokohama](#).

11. In the Event of Earthquake

Earthquake is very common in Japan, so please make sure that you know the procedure for evacuation in case of earthquake in your hotel/hostel or residence, or when you are commuting by subway. Follow the procedure provided by the staff or building management.

Please make sure to read the manual for earthquake emergency procedure for Yokohama city area:

<http://www.city.yokohama.lg.jp/somu/org/kikikanri/jishinpanfu/pdf/jishinpanfu.pdf>

The book covers important information regarding

- Earthquake Emergency Procedures
- Earthquake Early Warning
- Weather & Earthquake Information
- Yokohama City Shelter List
- Disaster Prevention Mailing List

You may also want to download and bring with you a pocket manual for emergency for Yokohama city: <http://www.yokohamajapan.com/wp-content/uploads/2014/03/emergency.pdf>

12. Safety tips for foreigners

You can find more about tips on safety for foreigners from <http://www.jnto.go.jp/safety-tips/pc/index.html> . The tips include:

- Application" Safety tips"
- Weather Information
- News
- Weather Warnings and Advisories
- My location from Google Maps
- Contact list (Embassies, News media, Medical Information, and more)
- Transportation
- Communication cards
- Useful tips to protect yourself from a disaster
- Useful tools and information to protect yourself from an disaster

In case that you need to contact your embassy, find the list of foreign embassy in Japan:
http://www.mofa.go.jp/about/emb_cons/protocol/index.html