Florida Plastic Surgery Forum



2018











The Breakers, Palm Beach, Florida
December 13-16, 2018

Jointly Provided by:





Natrelle® Breast Implants Important Information

INDICATIONS

Breast augmentation for women at least 22 years old for silicone-filled implants. Breast augmentation includes primary breast augmentation to increase breast size, as well as revision surgery to correct or improve the result of a primary breast augmentation surgery.

IMPORTANT SAFETY INFORMATION

CONTRAINDICATIONS

- Breast implant surgery should not be performed in:

 Women with active infection anywhere in their body.

 Women with existing cancer or precancer of their breast who have not received adequate

- Avoid damage during surgery: Care should be taken to avoid the use of excessive force and to minimize handling of the implant. Use care when using surgical instruments in proximity with the breast implant. For more information, please see the full Directions for Use.

PRECAUTIONS

- Autoimmune diseases (eg, lupus and scleroderma).
 A compromised immune system (eg, currently receiving immunosuppressive therapy).
 Planned chemotherapy following breast implant placement.

- currical diagnosis of depression of other membran leath disorders, including body dysmorphic disorder and eating disorders. Please discuss any history of mental health disorders prior to surgery. Patients with a diagnosis of depression, or other mental health disorders, should wait until resolution or stabilization of these conditions prior to

ADVERSE EVENTS

Key adverse events are reoperation, implant removal with or without replacement, implant rupture with silicone-filled implants, and capsular contracture Baker Grade III/IV.

Other potential adverse events that may occur with breast implant surgery include: asymmetry, breast pain, breast/skin sensation changes, capsular calofication, delayed wound healing, hematoma, hypertrophic scarring/scarring, implant extrusion, implant malposition, implant palpability/visibility, infection, nipple complications, redness, seroma, swelling, tissue/skin necrosis, wrinkling/rippling.

For more information see the full Directions for Use at www.allergan.com /labeling/usa.htm. To report a problem with *Natrelle* Breast Implants, please call Allergan at 1-800-433-8871.

Natrelle® Breast Implants are available by prescription only.

Reference: 1. Data on file, Allergan, January 2017; Allergan Plastic Surgery

Contact your Allergan sales representative or visit NatrelleSurgeon.com to learn more.



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Spero Theodouro, MD

New York, NY

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Gainesville, FL

Michael A. Harrington, MD

Tampa, FL

Martin I. Newman, MD

Weston, FL

Resident Presenters

Conner Barnes, MD

Tampa, FL

Mustafa Chopan, MD

Gainesville, FL

Jeena Eas Miami, FL Jointly Provided by:



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As a program jointly provided by The American Society for Aesthetic Plastic Surgery (ASAPS) and FSPS, we must ensure balance, independence, objectivity and scientific rigor in our educational activities. All planners, presenters and faculty members are required to disclose all relevant financial relationships with commercial interests in advance of the activity. Anyone who refuses to disclose will be removed. All disclosures are reviewed by ASAPS & FSPS. Conflicts of interest are identified and managed in advance of the activity.

All planners, presenters and faculty members' disclosures will be provided to the audience in advance of the activity and via slides. Additionally, all presenter disclosures will be announced verbally.

Additionally, if any unapproved or off label use of a product is to be referenced in a CME program presentation, the presenter is required to disclose that the product is either investigational or it is not labeled for the usage being discussed. ASAPS & FSPS shall convey any information disclosed by the presenter to the CME program audience prior to the activity. FSPS does not allow commercial interests to influence the planning of our educational

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Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The American Society for Aesthetic Plastic Surgery and Florida Society of Plastic Surgeons.

The American Society for Aesthetic Plastic Surgery designates this live activity for a maximum of 21.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Of the 21.75 AMA PRA Category 1 Credits™, 5.25 have been identified as applicable to patient safety.

This activity will address the following ACGME/ABMS competencies:

- · Patient Care
- Procedural Skills
- Medical Knowledge
- Systems-Based Practice

2018 Program Objectives

After attending this meeting the participants will be able to:

- · Describe updates in the sociopolitical system and how it works for the betterment of patient care,
- · Identify the latest strategies in facial rejuvenation, including invasive and non-invasive procedures,
- Comply with and take advantage of the new laws affecting plastic surgery that have been enacted in Florida over the course of 2018,
- · Implement tips for breast surgery procedures as shared by their peers,
- · Review the latest patient safety strategies.

2018 Planner*/Presenter Disclosures

Connor Barnes, MD	Nothing to Disclose
Mauricio Castellon, MD*	Nothing to Disclose
Harvey Chim, MD	Nothing to Disclose
Mustafa Chopan, MD	Nothing to Disclose
Christopher Constance, MD*	Nothing to Disclose
Jeena Easow, MD	Nothing to Disclose
Enrique Fernandez, MD	Founder/President of Inspiring Effective Leadership—receives coaching fees, online course subscriptions—unrelated to patients
Thomas Fiala, MD*	Scientific Advisory Council with Dominion Aesthetic—receives stock options
Jack Fisher, MD	Medical Director with NeoGraft—receives consulting fees
Craig Forleiter, MD	Nothing to Disclose
Dana Fox	Nothing to Disclose
Onelio Garcia, MD	Consultant and Speaker with Galatea and MTF—receives travel expenses and speaker honorarium; consultant and speaker with Solta Medical—receives travel expenses, research support and speaker honorarium
Braun Graham, MD	Consultant with Galatea Surgical—Receives speaker fees
Joseph Gryskiewicz, MD	Consultant with Mentor—receives consulting fees; founder of Incisive Surgical; Stock owner with Strathspey Crown
Mike Haridopolos	Nothing to Disclose
Stephanie Haridopolos, MD	Nothing to Disclose
Michael Harrington, MD	Speaker with Integra—receives speaking fees
Corey Howard, MD	Nothing to Disclose
Patrick Mallucci, MD	Key Opinion Leader with B-Lite/Polytech—shareholder
Bruce Mast, MD*	Stockholder with Axogen; Editor with Thieme Medical Publishing—receives royalties
Alan Matarasso, MD	Nothing to Disclose
Randy Miller, MD	Consultant with Tulip Medical—receives consulting fees & royalties; Consultant with Human Med and CAREstream—receives consulting fees
James Namnoum, MD	Nothing to Disclose

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Martin Newman, MD	. Consultant and Speaker with Stryker—receives consulting fees; Consultant with Somalution—receives consulting fees
Larry Nichter, MD	. Consultant with Ideal Implant—receives Honorarium
Christopher Nuland, Esq	. Nothing to Disclose
Marie Olesen	. Chief Patient Experience Officer and Creator of Vizium 360, LLC—receives reimbursement of expenses
Salvatore Pacella, MD	. Advisory board and consultant with Mentor—receives consulting fees; Consultant and principal investigator with Telabio—receives grants and consulting fees
Manuel Pena, MD	. Nothing to Disclose
Kendall Peters, MD*	. Nothing to Disclose
Jason Pozner, MD	Advisory Board/Discount/Speaker; Alma—Discount/ Speaker/ Equipment; Apollo – Equipment; Avava—Stockholder; BTL— Equipment; Candesant—Stockholder; Canfield—Advisory Board/Discount; Cutera—Equipment; Cynosure—Investigator/ Equipment/Discount/Speaker; Cytori—Discount; Cytrellis— Advisory Board/Stockholder/Research; Exilis—Equipment; Innovative Optics—Equipment; Invasix/InMode—Investigator/ Stockholder/Discount/Equipment; Jeisys—Equipment; Journal of Cosmetic & Laser Therapy—Editorial Board; Joylux— Stockholder; Lutronic—Equipment/Research; MTF—Research; Oculoplastik—Equipment; Plastic and Reconstructive Surgery—Reviewer; Plastic Surgery Channel—Board Member/ Stockholder; Ra Medical—Discount; Real Self—Advisory Board/ Stockholder; Revance—Stockholder; Sciton Inc—Consultant/ Stockholder/Equipment/Patent; Syneron—Investigator/ Equipment/Advisory Board; Therapeutics MD—Stockholder; TDM—Stockholder/Research; Thermi—Equipment/Speaker; Valeant—Advisory Board/Discount/Speaker/Equipment; Zimmer—Equipment
Rod Rohrich, MD	. Eriem Surgical—receives royalties; Clinical and Research Expert with Allergan and MTF—receives honorarium; Author with Thieme Publishers—receives royalties
Bruce Shack, MD	. Nothing to Disclose
Spero Theodouro, MD	. Consultant with InMode – receives consulting fees

FSPS Plastic Surgery Forum Agenda December 13–16, 2018

Thursday, December 13, 2018

11:30-1:00 pm	FSPS Board Mtg	3:30-5:30 pm	Prevention of Medical Errors
1:30-1:50 pm	Hot Topics from ASAPS/ASPS Joseph Gryskiewicz, MD		Course Christopher Nuland, Esq.
1:50-2:10 pm	RF for Face/Neck Lift and Upper Arm Tightening	6:45-8:00 pm	Networking Reception Sponsored by Galatea Surgical
	Spero Theodouro, MD	6:45-8:00 pm	Networking Reception
2:10-2:30 pm	Buttock Augmentation Study Update Onelio Garcia, MD		"P4HB Reinforcement of Soft Tissue in Plastic and Reconstructive Surgery" Guest Speaker:
2:30-2:50 pm	Opioids in Florida: Barriers and Opportunities Bruce Mast, MD		William P. Adams, Jr., MD Sponsored by Galatea Surgical (light fare and libations)
2:50-3:10 pm	Laser/Tech Update Jason Pozner, MD		
3:10-3:30 pm	Discussion		



Florida Society of Plastic Surgeons

6300 Sagewood Drive Suite H255 Park City, UT 84098 (435) 602-1326

www.fsps.org

Friday, December 14, 2018

Exhibits located in Ponce de Leon 4, 5 & 6. General Session located in Ponce de Leon 2 & 3. All breakfasts, breaks, and lunches located in Ponce de Leon 4, 5 & 6.

7:00-7:30 am	Breakfast and Visit Exhibits	12:15-12:30 pm	Discussion	
Com	8 Year Structured Implant	12:30-1:30 pm	Lunch	
	Comparison Larry Nichter, MD	1:00 pm	Golf Tournament	
7:55–8:20 am	BIA-ALCL: Is There Still a Role for Textured Implants James Namnoum, MD	1:30-2:00 pm	North American Buttocks Augmentation Using Local Anesthesia Spero Theodorou, MD	
8:20-8:45 am	Surgical Pocket Irrigation—		Society Updates	
	Does it Impact ALCL? Jack Fisher, MD	2:00-2:15 pm	The New Age of Health	
8:45–9:10 am	Mesh in Your Mastopexy Patrick Mallucci, MD		Insurance Bruce Mast, MD	
9:10–9:35 am Five Year Experience with		2:15-2:30 pm	Board of Medicine Update Stephanie Haridopolos, MD	
	Absorbable Mesh in Breast Surgery	2:30-2:45 pm	FMA Update Corey Howard, MD	
Onelio Garcia, MD		2:45-3:00 pm	ASPS Update Alan Matarasso, MD	
9:35–10:00 am As Revisional Breast Augmentation for Dummies		3:00-3:30 pm	Break and Visit Exhibits	
	Joseph Gryskiewicz, MD	3:30–5:30 pm	Socio-Political Seminar	
10:00–10:15 am Discussion		3.30-3.30 pm	Ponce de Leon 1	
10:15–10:45 am	Break and Visit Exhibits		Christopher Constance, MD,	
10:45–11:15 am	45–11:15 am Ultrasound and Radio Frequency Assisted Liposuction Under Local Anesthesia in an Office Based		Enrique Fernandez, MD, Corey Howard, MD, Christopher Nuland, Esq, Mike Haridopolos	
Setting—a Paradi	Setting—a Paradigm Shift Spero Theodorou, MD	3:30-5:30 pm	The Changing Tide of Cosmetic Surgery	
11:15–11:45 am Vaginal Reconstruction Bruce Shack, MD			Marie Olesen; Dana Fox; Joseph Gryskiewicz, MD SPONSORED BY MENTOR	
11:45–12:15 pm	The Aesthetic Abdomen James Namnoum, MD	6:00-7:30 pm	Welcome Reception	

Saturday, December 15, 2018

Exhibits located in Ponce de Leon 4, 5 & 6. General Session located in Ponce de Leon 2 & 3. All breakfasts, breaks, and lunches located in Ponce de Leon 4, 5 & 6.

7:00-7:30 am	Breakfast and Visit Exhibits	10:25–10:35 am	Peripheral Nerve Surgery	
7:00 am	YPS Breakfast with the Faculty		Harvey Chim, MD—University of Florida	
	Ponce de Leon 1	10:35–10:45 am	Role of Tumescent Solution	
7:30-8:00 am	The Evolution of Adipose Transfer: From Macrofat to Nanofat to Regenerative Medicine		in Fat Transfer: The Missing Link in Adipocyte Survival Martin I. Newman, MD— Cleveland Clinic of Florida	
	Randy Miller, MD	10:45-11:00 am	Discussion	
8:00-8:30 am	Pearls & Pitfalls in Cosmetic	11:00–12:00 am	RESIDENT COMPETITION	
	Lower Bleph Salvatore Pacella, MD	11:00–11:12 am	Anti-FLEX: Flexed Levering of Gluteal Vessels on	
8:30-9:00 am	Combined Upper Eyelidplasty and Brow Lift Alan Matarasso, MD		OR Table May Lead to Extreme Danger During Gluteal Augmentation with	
9:00-9:30 am	How Fat Augmentation Transformed Facial Rejuvenation		Lipoaspirate Connor Barnes, MD—Univeristy of South Florida	
	Rod Rohrich, MD	11:12–11:24 am	A New Innovation for	
9:30-9:40 am	Discussion		Projected Flap Design Mustafa Chopan, MD—	
9:40–10:15 am	Break and Visit Exhibits		Univeristy of Florida	
10:00-3:00 pm	Ask the Experts: The 2nd Annual FSPS Business Course Marie Olesen & Dana Fox STAFF PROGRAM Ponce de Leon 1	11:24–11:36 am	Synthetic Mesh Applications in Non-Reconstructive Breast Surgery Craig Forleiter, MD—Cleveland Clinic of Florida	
10:15–11:00 am	RESIDENCY PROGRAM HOT TOPICS	11:36–11:48 am	Neuroprotective Effect of Lidocaine Administration	
10:15–10:25 am	Operation Smile Panama Michael A. Harrington, MD— University of South Florida		Prior to Nerve Transection Jeena Easow, MD—University of Miami	
		11:48-12:00 pm	Discussion	

Exhibits located in Ponce de Leon 4, 5 & 6. General Session located in Ponce de Leon 2 & 3. All breakfasts, breaks, and lunches located in Ponce de Leon 4, 5 & 6.

	12:00-12:30 pm	0–12:30 pm FSPS Business Meeting		Instant Neck Lifting Using	
	12:30-1:30 pm	Lunch		Internal RF, Liposuction, and Barbed Sutures	
1:30-2:30 pm 🛕		Keynote—"Life Lessons and Horizons in Plastic Surgery" "Developing Consistency in Plastic Surgery—The		Manuel Pena, MD	
			4:30-5:00 pm	Why the Neck Matters Most Rod Rohrich, MD	
		Rhinoplasty Model" Rod Rohrich, MD	5:00-6:15 pm 125	Secondary Breast Augmentation and Revision	
	2:30-3:00 pm	Break and Visit Exhibits		Panel—Challenging Cases Medaratory Pruse Chack MD	
	3:00-3:30 pm	Special Guest: Florida Senate President Bill Galvano (Non-CME)		Moderator: Bruce Shack, MD Panel Members: Jack Fisher, MD, Patrick Mallucci, MD, James Namnoum, MD,	
3:30-4:00 pm		Neck Rejuvenation: The		Salvatore Pacella, MD	
Spectrum of Surgical and Non Surgical Options Alan Matarasso, MD	Non Surgical Options	6:15-6:30 pm	Microwave Treatment for Excesive Sweating and Odor Larry Nichter, MD		
			7:30-10:00 pm	FSPS Gala Dinner Soiree	

Sunday, December 16, 2018

7:30-8:00 am	Breakfast and Visit Exhibits	10:00-10:30 am	Break and Visit Exhibits
8:00-8:30 am	An Introduction to Stem Cells and Regenerative Medicine	10:30–11:00 am	You've Reached Your Goal— Now What? Braun Graham, MD
8:30-9:00 am	Randy Miller, MD Nasal Fillers—Wise or Not/ Filler Emergencies Joseph Gryskiewicz, MD	11:00–11:30 am	The MedSpa Forecast for Plastic Surgeons is Very Bright Dana Fox & Marie Olesen
9:00–9:30 am	Nasal Reconstruction After Mohs Salvatore Pacella, MD	11:30–12:00 pm 0.5	Critical Elements in Establishing Your MedSpa James Namnoum, MD
9:30-10:00 am	Pearls of Wisdom Bruce Shack, MD	12:00 pm	Wrap-up/Adjourn

Social Program & Events

The FSPS Annual Scientific Meeting is a "Family" event. All **registered** spouses, guests and children are welcome to all social activities.

Friday, December 14, 2018

7:00–7:30 pm Breakfast in the Exhibit Hall

10:15–10:45 am Break and Visit Exhibits

12:30–1:30 pm Lunch

1:00 pm Forum Golf Tournament

Ocean Course

(registration required)

6:00–7:30 pm Welcome Reception

Sunday, December 16, 2018

7:30–8:00 am Breakfast in the Exhibit Hall

10:00–10:30 am Break and Visit Exhibits

12:00 pm Wrap-up and Adjourn

Saturday, December 15, 2018

7:00–7:30 am Breakfast in the Exhibit Hall

7:00–7:30 am Breakfast with the Faculty

(registration required)

9:40–10:15 am Break and Visit Exhibitors

12:30–1:30 pm Lunch

7:30–10:00 pm Forum Soirée

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1983	Jeffrey Lang, MD	2014	C. Cayce Rumsey III, MD
1984	H. Hollis Caffee, MD	2015	Thomas J. Zaydon, Jr., MD
1985	James L. Baker Jr., MD	2016	Thomas Fiala, MD
1986	Charles Radlauer, MD	2017	Christopher G. Constance, MD
1987	Lawrence B. Robbins, MD	2018	Mauricio J. Castellon, MD
1988	John S. Bruno, MD		

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FMA—Founded in 1874, the Florida Medical Association is a professional association dedicated to the service and assistance of Doctors of Medicine and Doctors of Osteopathic Medicine in Florida.

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InMode—InMode is an aesthetic medical technology company focused on developing products and procedures utilizing the most innovative radio frequency, light-based energy and laser technologies.

100 Leek Cres. #15 Richmond Hill, ONT, Canada L4B3E6 855-411-2639 www.inmodemd.com

Lubell Rosen Law Firm—Lubell Rosen is a full service law firm with offices in Coral Gables, Fort Lauderdale and Tampa providing Flat Fee Legal Defense and a variety of legal services.

200 S. Andrews Ave, 9th Floor Ft. Lauderdale, FL 33301 954-623-5126 www.lubellrosen.com

Lumenis—Lumenis, a pioneer in the field of aesthetic medicine, was the first to introduce technologies in the field, such as Intense Pulsed Light and CO2 laser skin resurfacing.

2077 Gateway Place, Suite 300 San Jose, CA 95110 408-764-3824 www.Lumenis.com Mentor Worldwide, LLC —Founded in 1969, Mentor Worldwide LLC is a leading supplier of medical products for the global aesthetic market. The company develops, manufactures, and markets innovative, science-based products for surgical medical procedures that allow patients to improve their quality of life. The company is focused on breast and body aesthetics with a portfolio of breast implants proudly made in the U.S.A. Mentor joined the Johnson & Johnson Family of Companies in 2009.

33 Technology Drive Irvine, CA 92618 213-239-3890 www.mentorwwllc.com

MiraDry—Miramar Laboratories, a subsidiary of Sientra, Inc., develops the miraDry system to reduce the sweat through the precise and non-invasive delivery of energy to the region where sweat glands reside.

2790 Walsh Ave Santa Clara, CA 95051 408-334-7950 www.miradryhcp.com

MTF—MTF Biologics is a nonprofit organization. It is a national consortium comprised of leading organ procurement organizations, tissue recovery organizations and academic medical institutions. As the nation's largest tissue bank, MTF Biologics saves and heals lives by honoring donated gifts, serving patients and advancing science. FlexHD Pliable, created in collaboration with leading plastic surgeons, is a high quality acellular dermal matrix (ADM) designed specifically for breast reconstruction.

125 May Street Edicon, NJ 08537 732-661-3199 www.mtf.org

2018 Exhibitors

Newmedical—Newmedical Technology specializes in post-procedure recovery products. Our Silagen line features silicone gels & sheeting for scars, and arnica/bromelain products for bruising & swelling.

310 Era Drive North Brook, IL 60062 847-412-1001 www.newmedical.com

Pacira — Pacira Pharmaceuticals, Inc. (NASDAQ:PCRX) is a specialty pharmaceutical company dedicated to advancing and improving postsurgical outcomes for acute care practitioners and their patients. The company's flagship product, EXPAREL® (bupivacaine liposome injectable suspension) was commercially launched in the United States in April 2012. To learn more about Pacira, including the corporate mission to reduce overreliance on opioid.

5 Sylvan Way, Ste. 300 Parsippany, NJ 07054 973.254.4317 www.pacira.com

PMT—PMT Corporation is proud to offer Integra™ and AccuSpan low profile breast and extremity tissue expanders. PMT also manufactures New Beginnings™ GelShapes™, a surgery specific treatment for hypertrophic and keloid scars, MicroMat™, microsurgical background, the Jaw Bra™, facial compression garment and Micropigmentation equipment, pigments and supplies.

1500 Park Road C Chanhassen, MN 55317 952-470-0865 www.pmtcorp.com **ProAssurance**—Our healthcare professional liability solutions make insurance simpler. Get coverage that fits and a pledge of fair treatment. ProAssurance Group is A.M. Best A+ (Superior).

2801 SW 149th Ave Suite 200 Miramar, FL 33027 954-602-5831 www.proassurance.com

Red Spot Interactive — Red Spot Interactive delivers end-to-end patient acquisition, retention technology and marketing services. RSI's clients have generated over \$100 million in new patient fees and 100,000 patient consultations since 2011. Marketing profit tracking a patient scheduling lead management, marketing automation and services are included in RSI's platform.

1001 Jupiter Park Dr. #124 Jupiter, FL 33458 561-320-0211 www.redspotinteractive.com

Sientra—Sientra, a leader in the plastic surgery industry and known for bringing innovation to the market, was the 1st company to offer its breast implants exclusively to board-certified and board-eligible plastic surgeons. Sientra offers a range of aesthetic and specialty products, including bioCorneum®, the first quick-drying silicone gel scar treatment.

402 S. Fairview Avenue, Suite 200 Santa Barbara, CA 93117 805-679-8823 www.sientra.com

Sciton—Sciton is committed to providing the best laser and light technologies to medical professionals who want superior value, performance, and results.

925 Commercial Street Palo Alto, CA 94303 408-531-7063 www.sciton.com **Surgical Pathologies**—Surgical Pathology Laboratories (SLP), is Florida's largest provider pf frozen section coverage to individual doctors, group practices and surgical centers. We have an available staff of 7 pathologists supported by 9 full-time histotechnologists.

8455 66th Street N Pinellas Park, FL 33781 727-403-5342 www.surgicalpathlabs.com

Syneron Candela—Syneron Candela is a leading global aesthetic device company with a comprehensive product portfolio. The Company's technology enables physicians to provide advanced solutions for a broad range of applications including body contouring, hair removal, tattoo removal, wrinkle reduction, and the treatment of vascular/pigmented lesions, acne, leg veins and cellulite.

530 Boston Post Rd. Wayland, MA 01778 949-716-6670 www.syneron-candela.com

Thermi—Thermi® is a leading global manufacturer of temperature controlled radiofrequency technology. The company's flagship product is ThermiRF® a pla5orm technology that uses temperature as an endpoint for various minimally and noninvasive applications.

8304 Esters Blvd, Suite 890 Irving, TX 75063 214-612-5849 www.thermi.com

Zero Gravity Skin—Zero Gravity is a wholesale company and one of the biggest supplier of LED medical devices that are FDA approved and based on NASA technology.

940 Lincoln Rd. Miami Beach, FL 33139 704-774-2577 www.zerogravityskin.com

Votes	

Notes		

