



## WELCOME TO LAKERIDGE HIGH SCHOOL

***Lakeridge Promotes a Respectful Community Where Each Individual is Responsible for Contributing to Excellence - Let It Begin With Us!***

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- Registration for AP Tests
- 2018 Scholastic Writing Awards
- Congratulations Pacer Band Musicians
- Free Evening Lecture Opportunity
- Feb. 11th: Let's X-Out Cancer Together!
- Save the Date - June 1st Grad Night!
- Spring Sports Clearance
- Oregon Scholastic Art Awards
- Open House: All 8th Grade Families Welcome
- **FREE Play Smart –Youth Heart Screenings**
- College/Career Corner
- Student of the Quarter

NEW LHS Homepage : <https://www.losdschools.org/Domain/17>

ALL LHS Daily Schedules: <https://www.losdschools.org/domain/436>

### **Upcoming Dates**

January 26	Grade Prep Day (No School)
February 13	Blood Drive



Registration for the May 2018 Advanced Placement (AP) Exams: February 5-16!

An AP Exam "Pre-Registration" assembly will be provided for AP students on Wednesday, January 31. A brochure and registration instructions will be distributed at that time.

AP Exam registration will take place next month, February 5, 6:00 a.m. through February 16,

4:00 p.m. The cost is \$68 per exam (cash, check, or credit card made payable to Lakeridge –OR– pay online through the new school Webstore, accessible on the LHS website).

Updates will continue to be published in issues of this publication.

Exam schedules, FAQs, links to College Board and other helpful sites are offered on the Lakeridge website: Advanced Placement Exams listed under the Academics tab (<https://www.losdschools.org/domain/1704>).

Note: Please be aware that "AP Exam" refers to the culminating exam offered in May, at the conclusion of a student's year-long course of study in an AP class and from which a student may earn college credit. "AP Exam" does not refer to any assessment that may be associated with entry/enrollment in an AP course. For enrollment in an AP course, please see your counselor.

If you have questions, please contact Lakeridge's AP Coordinator, Lisa Oliva at [lhsap@loswego.k12.or.us](mailto:lhsap@loswego.k12.or.us).

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### **2018 Scholastic Writing Awards**

The following Lakeridge students are the regional award recipients of the 2018 Scholastic Writing Awards. Congratulations to them on their efforts and achievements.

Emerson Donohoe: "Masterpiece Cakeshop versus Colorado" (critical essay) = Silver Key

Claire Fennell: "The Monster Under My Bed" (short story) = Honorable Mention

Claire Fennell: "Flying Toward the Sea" (short story) = Silver Key

Sofia Higgins: "Memory" (personal essay/memoir) = Honorable Mention

Deepak Kaushal: "Loss" (personal essay/memoir) = Honorable Mention

Aislinn Marek: "Thank You for Dinner" (flash fiction) = Silver Key

Nicole Rogers: "My Darling Muse" (poetry) = Gold Key

Clara Faucher: "Primal Pattern" (critical essay) = Silver Key

Mya Gordon: "To Climb a Victory Tree" (poem) = Honorable Mention

Lexie Swisher: "Dead Roses" (short story) = Silver Key

Natalie Goldberg: "2:00 A.M. on a Stormy Night" (poetry) = Honorable Mention

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### **Congratulations Pacer Band Musicians**

Super successful day at the Clark College Jazz Festival. They played really well and were one of only two schools in our division with multiple outstanding musician awards. Penelope Tharp on Alto sax/clarinet and Jacob Khawaja on piano.



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### Free Evening Lecture Opportunity

You are invited: Former NBA player Chris Herren is speaking on Monday March 5th at 7:00pm at Tualatin High School.

Chris was a MacDonal's All American and Gatorade Player of the year (1994) before playing for the Denver Nuggets and Boston Celtics. His story of addiction started with drinking in high school and took him down roads he never could have known existed. Chris Herren's story and his redemptive rise from the depths of addiction were captured through the publication of the book, Basketball Junkie and the release of the ESPN Films documentary, Unguarded. This event is FREE and appropriate for children middle school aged and older.

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### Feb. 11th: Let's X-Out Cancer Together!

All FOUR Classes at the Bar Method Lake Oswego will be by donation only with ALL PROCEEDS going to the Leukemia & Lymphoma Society (LLS) to register, visit <https://barmethod.com/locations/lake-oswego/>

Flow for a Cure Yoga Class at Twist Yoga 12:15-1:45 with Jennifer Pahl and Dena Zimbel. Twist Yoga will be matching all funds raised so please come!

To register, visit

<https://clients.mindbodyonline.com/classic/ws?studioid=49454&stype=-8&sTG=22&sVT=6&sView=day&sLoc=0&date=02/11/18>

About LLS:

The mission of The Leukemia & Lymphoma Society (LLS) is: Cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families.

LLS exists to find cures and ensure access to treatments for blood cancer patients. We are the voice for all blood cancer patients and we work to ensure access to treatments for all blood cancer patients.

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### Save the Date - June 1st Grad Night!

Hi Senior-Class Parents: Grad night for the class of 2018 will be here before you know it. Plans are being made for a fun and safe night for our graduating seniors. Information is up on the Pacer Club webpage here (<https://www.losdschools.org/Page/4825>). Electronic forms and a link to buy tickets will be coming soon. We will need your help with prize donations and volunteering so watch for frequent updates. If you have questions now, contact us: Sonya Seyle, [Sonyaseyle@live.com](mailto:Sonyaseyle@live.com) Stefanie Johnston, [ccst@mac.com](mailto:ccst@mac.com)

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## Spring Sports Clearance-

\*\*February 20-23 from 8am-10am or 12:30-3:30pm at the Athletic Office.

The Pacer Athletic office will be doing spring sports clearance on sport specific days.

The Clearance process includes:

1. Sign up at [LakeridgeAthletics.com](http://LakeridgeAthletics.com) prior to Clearance date. If new to sports, please create a new account; if not please go through the steps.
  2. On sports specific date, come to the athletic office to pay sports fee of \$300, bring in OSAA Physical paperwork (if needed), and have Ms. Murphy give you a final clearance.
- Tuesday 2/20 — Baseball and Softball
  - Wednesday 2/21 — Golf and Girls Lacrosse
  - Thursday 2/22 — Tennis
  - Friday 2/23 — Track

All Athletes will need to be cleared before participating on the first day of Spring Sports on Monday, February, 26th.

If you have any questions please email Liz Murphy at: [murphyl@loswego.k12.or.us](mailto:murphyl@loswego.k12.or.us)

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## Oregon Scholastic Art Awards

Lakeridge High School Art Department rakes in the awards in the Oregon Scholastic Art Awards

Lakeridge has amazing talented students and this year in the Oregon Scholastic Art Awards LHS, students earned 310 awards! The Oregon Scholastic Art Awards juried over 7,700 pieces of art from around the state, Lakeridge came out on top with the most honorable mentions, silver keys and gold keys. Both the ceramics department and art department did very well. Students of note include, Nicole Konike whose work titled, Pacific Northwest Thrush Kneels to Feed the Newborns, earn top honors, Best of Show. There are only five works selected from the state of Oregon, as Best of Show and Nicole's was one of them! Congrats. Seniors, Peri Heath, Roy Raviv, Rowan Nelson, Devon Burt, Isabella Melendez, Lucas Morimoto, Jessica McIver, and Amber Miller earned Gold Keys for their portfolios, a body of 8 works. You can see all this amazing work and the other 898 Gold Key works from the state at, [www.littlebirdarts.org](http://www.littlebirdarts.org) Treat yourself to a visit to this site, it's a feast for the eyes!

If you want to see the work in person, Gold Key individual and portfolio works will be on display at the Pacific Northwest College of Art during the month of February. The ceremony will be held at Rolling Hills on February 15th, 7:00 pm. All are welcome to come celebrate the Pacer artists!



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**Open House: All 8th Grade Families Welcome**

**Parents and Future Pacers are Invited!**

Lakeridge High School

# OPEN HOUSE

Wednesday, February 7, 2018 from 6:30-9:00

Open House Activities: 6:30 p.m.-7:00 p.m.

Athletics Information, Faculty Meet & Greet

General Session In Auditorium: 7:05 p.m.- 7:50 p.m.

Principal's Welcome, Student Speakers, Student Performances

Tours & Panel For Students: 8 p.m.- 9 p.m.

Students and any "shopping" parents are invited to spend time with current Pacers

Forecasting Information For Parents: 8:00 p.m.-9:00 p.m.

Counselors will provide detailed information about forecasting for classes.

Please join us and see why Lakeridge High School has again earned the Oregon Department of Education's Highest Rating



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## FREE *Play Smart* –Youth Heart Screenings

Dates: March 14 & 15@ 8:00am-3:30pm

Location: Lakeridge High School

Providence Heart and Vascular Institute (PHVI) is pleased to offer, *Play Smart* –Youth Heart Screenings Program, a **free** youth heart screenings program that has been extremely successful in **screening over 18,346 youth and identifying 1,140 students or 7%** (to date) for further follow-up and treatment. Young people with undiagnosed heart defects, especially

athletes, are susceptible to sudden cardiac arrest. Often there are no advance signs or symptoms and most routine physical exams will not pick up the defects. An electrocardiogram (EKG/ECG) usually is necessary to uncover signs of heart irregularities, something normally not done in “well-child” checks or even some sports physicals. In an effort to protect the hearts of area middle and high school students, **Play Smart** offers free painless, noninvasive heart-health checks to youth aged 12-18.

**Play Smart** is partnering with Lakeridge High School to offer ALL students 12-18 years old free heart screening.

**FREE **Play Smart** –Youth Heart Screenings @ Lakeridge High School: March 14 & 15**  
**Must complete 2 heart screenings forms to receive free heart screening. (Attach pdf’s of the two screening forms.)**

- **Play Smart** site: [www.playsmartgetsscreened.org](http://www.playsmartgetsscreened.org)
- **Access video:** Go to the Play Smart main page, [www.playsmartgetsscreened.org](http://www.playsmartgetsscreened.org) and click on the hyperlinked "**educational video**" in the middle of the page. This [educational video](http://www.playsmartgetsscreened.org) takes you through the screening process. <http://phsoregon.org/video/?view=926c2c60041d6x480x294>

**ALL forms must be turned in at the office prior to the screening.**

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## **College and Career Corner**

### **Seniors and Juniors College Visits**

Juniors and seniors are welcome to visit with the college reps from the following colleges. Sign up in Naviance to reserve your place. Often, the college representative will be the same person who looks over your application, so it's great to get your foot in the door early!

#### *Upcoming College Visits*

University of Alabama, March 9 at 8:00am

Boise State University, March 9 at 8:00am



### **PLAN AHEAD FOR THE SUMMER. EARN COURSE CREDIT AS A FARM INTERN!**

Luscher School to Farm Summer Internship Program

June 25 - August 10

Monday, Wednesday, Friday

9 - 11 am (and two scheduled Farmer's Markets)

Fee: \$150

Register through Lake Oswego Parks and Recreation. Registration opens April 10th!

PLEASE COME TO AN INFORMATIONAL MEETING ON WEDNESDAY, FEBRUARY 7, 6:00 PM, IN ROOM 215 AT LAKE OSWEGO HIGH SCHOOL TO MEET THE TEACHER, RECEIVE COURSE REGISTRATION MATERIALS, INFORMATION ABOUT FINANCIAL AID, AND TO HAVE QUESTIONS ANSWERED.

Questions? Email Andrew Duden at [dudena@loswego.k12.or.us](mailto:dudena@loswego.k12.or.us).

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### Student of the Quarter

Congratulations to our Pacer Students

<b>Teresa Lehto</b>	Algebra	Leo Braunschweig
	Algebra	Avery Morris
	Advanced Algebra A	Dante Sterling
	Advanced Algebra A	Anna-Marie Guenther
	Advanced Algebra A	Saeun Go
	Discrete Mathematics	Sam Seidel
<b>Anna Raschko</b>	Algebra	Aden Paquette
	Math Connections	Grace Green
	Math Connections	Jack Lowney
	Math Connections	Trieste Stephens
	Math Connections	Kai Tinker
	Algebra	Luzahn Chandler
<b>John Bass</b>	Freshman Honors English	Isabelle Ansberry
	Freshman English	Marie Nesheiwat
	Freshman English	Savannah Moore
	Senior English	William Wise
	Senior English	Jose Velez
	Freshman Honors English	Melanie Du
<b>Natalie Shevlin</b>	World History and Geography	Elias Herman
	World History and Geography	Grace Rooney
	US History and Government	Brooklyn Lowcock
	US History and Government	Alexa Block

	AP Psychology	Colin McNeill
	AP Psychology	Ellie Gossett
<b>Ken James</b>	Advanced Algebra A	Barbara Roehm
	Advanced Algebra A	Sara Shallenberger
	Geometry	Kyle Humbert
	Geometry	Nina Seidel
	Advanced Algebra	Sydney Utech
	Advanced Algebra	Evan Johnson
<b>William Raphelt</b>	Geometry	Mackenzie Smallen
	Geometry	Brianna Anderson
	Geometry	Christopher Markstaller
<b>Roger Oakes</b>	Biology	Emily Johnson
	Biology	Keely Lipp
	Human Physiology	Emily Morton
	Human Physiology	Garrett Bolen
	Human Physiology	Natalie Peterman
	Human Physiology	Sidney Case
<b>James Watts</b>	Lifetime Health	Rachel Donaldson
	Lifetime Health	Milla Beremski
	Lifetime Health	Andrea Nguyen
	Weight Training	Stuart Allen
	Team Sports	Zoe Kapp
	Team Sports	Luke Neville
<b>Janell Cinquini</b>	America and the Contemporary World	Nicole Konicke
	America and the Contemporary World	Claire Petersen
	America and the Contemporary World	Abigael Sidibe
	Constitutional Law	Cooper McIntosh-Nelson
<b>Drew Larson</b>	Pre-Calculus	Ellie Jew
	Pre-Calculus	Dalton Stormo
	Algebra 1	Hope Williams
	Geometry	Grace Rooney



	Algebra 1	Gracie Kuhn
	Algebra 1	Taylor Aldrich
<b>Frank Obiesie</b>	Alt 11/12 History	William Simpson
	World History & Geography 2nd	Taylor Aldrich
	World History & Geography 3rd	Melanie Du
	World History & Geography 7th	Stephanie Marlow
	World History & Geography 8th	Emily Johnson
	AP Economics	Eliza Donaghy
<b>Kristin Moore</b>	Integrated Algebra/Geometry	Ariah Dull
	Integrated Algebra/Geometry	Porah Carpenter
	Math Connections	Emma Schuhmann
	Math Connections	Bianca Keo-Williams
	Math Connections	Zoe Kapp
	Math Connections	Natalie LeVee
<b>Cilei Han</b>	Chinese 1	Michael Hui
	Chinese 2	Jenny Li
	Chinese 3	Rohan Myers
	Chinese 4	Sofia Marin-Quiros
	AP Chinese	Roselyn Dai
<b>Carrie Chase</b>	Geometry	Bella Yannello
	Geometry	Ethan Ashbrook
	Geometry	Emily Bachman
	AP Calculus AB	Grace O'Neill
	AP Calculus AB	Mitchell Parker
	AP Calculus AB	Eva Augst
<b>Bill Campbell</b>	Pacer Choir	Tulima'aga Freeman
	Treble Choir	Ella Hardie
	Concert Choir	Malena Newland
	Chamber Choir	Henrik Hunt
	A Cappella Choir	Jacob Skidmore
	Company	Jenna Wilson

<b>Rachel Griffin</b>	Lifetime Health	Jalen John
	Health Issues	Harrison Brown
	Health Issues	Nicole Coronado
	Health Issues	Dylan Taylor
	Health Issues	Molly Bradley
	Health Issues	Nolan Russell
<b>Julie Pacheco</b>	Spanish 3	Flannery Gustavson
	Spanish 3	Farrah Tyler
	Spanish 2	Mete Bakircioglu
	Spanish 4	Evan Melendez
	Spanish 4	Abigail Outcalt
	Spanish 4	Mathew Ragsdale
<b>Neil Barker</b>	US History	Henrik Hunt
	US History	Bea Kelly
	US History	Kalista Marandas
	US History	Justine Ricca
	US History	Cole Bryant
	Sociology	Laurel Finlay
<b>Tammy James</b>	Required PE	Nicole Taniguchi
	Aerobics	Anna Seely
	Required PE	Barbara Roehm
	Required PE	Ryan Johnson
	Required PE	Guiliani Roberti
<b>Yvette Slingerland</b>	Spanish 1	Sailor Mickey
	Spanish 1	Jamie Munt
	Spanish 1	Makenna Ertell
	Spanish 1	Aiden Bissett
	Spanish 3	Olivia Ricketts
	Spanish 3	Paul Corso
<b>Chris McCurdy</b>	Symphonic Band	Mackenzie Smallen
	Wind Ensemble	Hannah Negri

	Jazz Ensemble	Michael Rodenkirch
	AP Theory	Helen Plotkin
<b>Lindsay Allen</b>	Advanced Communication Skills	Eli Waehrer
	10th Honors English	Madeleine Lorber
	10th Honors English	Anna-Marie Guenther
	Advanced Communication Skills	River Dolan, Melanie Du
	Freshman English	Emma Sewell
	Freshman English	Esben Schroeder
<b>Tim Provost</b>	Mindfulness/Yoga	Ava Eucker
	America and the Contemporary World	Nicole Coronado
	America and the Contemporary World	Ines Pitari
	Psychology	Laney Hutchings
	Psychology	Carly Wood
	Psychology	Abi Sidibe
<b>Brittney Driscoll</b>	French 1	Clark Sheehan
	French 2	Connor Jespersen
	French 4	Parker Carnahan
<b>Brittany Larson</b>	World History	Jiana Bartunek
	World History	Anna Michie
	World History	Cody Taylor
	World History	Cameron Johnston
	World History	Brianna Anderson
	AP European History	Emily Haraldsen
<b>Jason Brown</b>	ASC	Samantha Beach
	ASC	Ethan Borrell
	ASC	Anne Bunster
	ASC	Zachary Candau
	ASC	Catherine Carpenter
	ASC	Lauryn Denton
	ASC	Roham Goudarznia
	ASC	Angelique Herzberg
	ASC	Nick Kopinski

	ASC	Edward Mahoney
	ASC	Hunter McCauley
	ASC	Nicole Taniguchi
	ASC	Gage Terry
	ASC	Alexander Welborn
<b>Chenne Fox</b>	AP Human Geography	Artyom Karyukin
	AP Human Geography	Claire Johnston
	AP Human Geography	Jenna Grace Milionis
	ACW	Sydney Thomas
	ACW	Talia Milionis
	ACW	Abigail Debrine
<b>Joe Schloetter</b>	English Connections	David Nyhus
	Senior English	Artyom Karyukin
	Senior English	Ken Meyer
	Sophomore English	Gemma Diforio
	Sophomore English	Matthew Ragsdale
	Sophomore English	Natalie Scott
<b>Terry Shlaes</b>	Learning Support Center	Jonathan Wareherer
	Learning Support Center	Joseph Parry-Marini
	Laerning Support Center	Sadie Fashana
	Learning Support Center	Maguire Drake
<b>Derek Abbott</b>	AP Statistics	Nastaran Milani-Baladi
	AP Statistics	Matthew Martin
	AP Statistics	Ashlynn Lawston
	AP Statistics	Sydney Case
	AP Calculus BC	Nicole Gooding
<b>Charlotte Stewart</b>	Japanese 1	Abigael Sidibe
	Japanese 2	River Dolan
	Japanese 3	Veronica Hansen
	Japanese 4	Taylor Russell

<b>Matt Briggs</b>	AP Biology	Sarah May-Varas
	AP Biology	Ellie Russell
	AP Biology	Nastaran Milani-Baladi
	US History	Ivan Beremski
	US History	Aidan Streatly
	US History	Amanie Bender
<b>Patrick Connolly</b>	Environmental Science	Parker Tanguay
	Environmental Science	Ayah Said-Al-Naief
	Biology	Macy Wear
<b>Sarah Price</b>	Physics	London Joslin
	Conceptual Physics	Bryce Damas
	Conceptual Physics	Roham Goudarznia
	Geoscience	Cameron Williams
	Geoscience	Nicole Taniguchi
	Geoscience	Amy Frinell

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