

2020-2021

Quest



Guide

RADFORD UNIVERSITY

New Student and Family Programs



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Quest has been a vital part of the Radford University student and family experience since 1979. As part of Quest, you will connect with New Student and Family Programs staff members who have designed an orientation program that will help you navigate a successful transition to your campus home. You will also encounter incredible student leaders who will be your mentors and guides. Do not hesitate to ask any of us questions about living and learning at Radford University.

This Quest Guide will complement and supplement what you will learn during orientation. It contains important information about programs and services you will access during your first year as a Highlander. Hold onto it after Quest and into your fall semester, when it can serve as a valuable reference guide.

Please let us know if we can do anything to enhance your Quest experience. Welcome to the Radford family!

Sincerely,

Joel Hanlon
Director of New Student and Family Programs
www.radford.edu/nsfp
540-831-5923

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FOLLOW NEW STUDENT AND FAMILY PROGRAMS
AND CONNECT WITH RADFORD UNIVERSITY





Letter from the President

Greetings, New Highlander Students and Families!

Let me be one of the first to officially welcome you to Radford University and the Radford family! As you continue your educational pursuit and embrace this unique and rewarding opportunity, please know that you are truly joining an enthusiastic and caring community that is deeply committed to you and your success.

Radford University faculty and staff are true champions with you in the journey ahead. Take time to get to know them. You are the reason they are here. Their dedication and enthusiasm to your success are a powerful source of inspiration and motivation. Seeing our students become successful professionals and grounded citizens unites the Radford family. Without question, student success is our commonly held passion.



Radford is an amazing place from which to start your journey in higher education or to continue it. For years to come, the happiness, growth and relationships you enjoy here with classmates, professors and friends from the Radford family will be a solid foundation upon which to build.

The information you will receive and the people you will encounter through Quest, especially those from the Office of New Student and Family Programs, will answer your questions about academic programs, campus life and anything involving your transition to Radford University as a Highlander student. As a member of the Class of 2024, you will ultimately become a Radford University graduate.

As a new Highlander, you are becoming part of an incredibly rich community of talented people of all ages, backgrounds and interests, who are eager — and here — to help you achieve your overall dreams, as well as specific goals and individual milestones during your journey, whether you are a first-generation college student or come from a family of college graduates.

Your path toward a college degree may feel overwhelming at times. However, the Radford family is here to help you along the way. We stand ready and willing to assist you in any way. We hope you will treasure your time at Radford. To do so, a good start is critical. With Quest, we can help you begin that journey on the right foot.

On behalf of the Radford family, I am pleased to welcome you and your fellow Highlanders, the Class of 2024!

With Highlander Pride,

Brian O. Hemphill, Ph.D.
President





Letter from the Students

Welcome! We are so excited that you chose Radford University as your home away from home. Here at Radford, we have so much to offer — from excellent facilities and phenomenal faculty and staff to hundreds of clubs and organizations. There is no doubt that you will find your perfect fit here in our diverse and inclusive community.

We have been putting in many hours of hard work over the past year in order to prepare for your new beginning here on campus. Quest is designed to ensure that you have a smooth transition to Radford University. The goal of Quest is to provide incoming students with the necessary social and academic tools in order for them to be as successful as possible here.

As you begin your journey at Radford, your time here will become a part of your story. Like all great stories, you will face obstacles and challenges that will try to stand in the way of your goals. But don't worry — your Highlander family is here to support and help you along the way. We hope you are ready to embark on your incredible journey at Radford University. We look forward to seeing you thrive as a Highlander!

Sincerely,

Alexis, Marah and Olivia
Your Quest 2020 Student Directors



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CREDITS A SEMESTER
TO GRADUATE ON TIME

#15TOFINISH

15 to Finish

All new freshmen are encouraged to register for 15 credit hours per semester. By successfully completing 15 credit hours each semester, you will:

- Stay on track to receiving your degree in four years;
- Save time by not extending time to degree;
- Save money on tuition and other charges by not requiring additional time to get your degree (taking 15 or 16 credit hours per semester costs the same in tuition as taking 12 credit hours); and
- Enter the workplace and begin earning an income sooner.



Important Dates



SATURDAY-SUNDAY, AUGUST 1-9
Move-in

MONDAY, AUGUST 10
Tuition payment deadline

MONDAY-TUESDAY, AUGUST 10-11
Welcome activities

WEDNESDAY, AUGUST 12
First day of classes

Next steps after Quest ...

- Check Radford University email frequently. It is the official way the University corresponds with you!
- Pay tuition and other charges by August 10.
- Submit final transcripts.
- Complete and submit health records.
- Order textbooks.
- Complete AlcoholEdu for College and Sexual Assault Prevention for Undergraduates. Instructions will be sent to your Radford University email at the beginning of August.
- Download RU Mobile app.
- Submit a photo for your student ID through the RU Mobile app. Please be aware that the photo is subject to approval based on requirements shown on the submission link.

If applicable ...

- Check housing room assignments via email.
- Prepare for your move-in day! Pay close attention to your email for more information.
- Complete financial aid paperwork.
- Purchase Radford University parking pass.
- Register with Center for Accessibility Services (CAS).

As you begin the semester ...



EXPLORE CAMPUS

Check out Radford University's campus and the surrounding area.



CONNECT WITH YOUR COMMUNITY

Embrace your new campus community by spending time with your roommate and friends, joining a club or organization and connecting with your faculty members during office hours.



SHOP WITH SCHOOL SPIRIT

Visit the University Barnes & Noble Bookstore and get official Radford University gear!



ONE CARD/ID OFFICE

540-831-5054

ONEcard@radford.edu

www.radford.edu/onecard

PARKING AND TRANSPORTATION

540-831-6361

parking@radford.edu

www.radford.edu/parking

BARNES & NOBLE BOOKSTORE AT RADFORD UNIVERSITY

540-831-5498

sm8165@bncollege.com

www.radfordu.bncollege.com

DINING SERVICES

540-831-5351

www.dineoncampus.com/radford

RADFORD UNIVERSITY POSTAL SERVICES

540-831-5148

postoffice@radford.edu

www.radford.edu/post-office



University Services

University Services addresses students' non-academic needs. These services include: ONE Card/ID Office; Parking and Transportation; Barnes & Noble Bookstore at Radford University; and Dining Services. Check your Radford University email throughout the summer for important information about tasks to complete before classes start.

ONE Card/ID Office

The ONE Card serves many purposes: an ID; a library card; access to Radford Transit; and swipe access to your residence hall, the fitness center, computer labs, campus events and your meal plan!

The ONE Card also gives you access to a debit account to which you may add money at any time and spend at participating locations on or off campus. Since this account is not part of the meal plan, the funds roll over from semester to semester.

SPEAKIN' OUR LANGUAGE

FLEX PLAN: One of the meal plan options. Please see the Dining Services and Meal Plan Options section for more information about the Flex Plan.

ONE CARD: Money can be added to a student's ONE Card account. Students then swipe their ID cards to pay for items across campus and at identified off-campus locations. Please see the ONE Card/ID Office section for more information.

T-SHOPS: The Terrace Shops are located in Dalton Hall on the second floor. The T-Shops offer numerous dining options, including Au Bon Pain, Wendy's and Papa John's.

THE BONNIE: The Bonnie Hurlburt Student Center features numerous dining options, a game room for bowling and billiards and an auditorium that offers weekly movie screenings.

Parking and Transportation

Students who wish to bring a car to campus can purchase a parking permit in person or online. All permits should be displayed on the rearview mirror by Wednesday of the first week of classes. Visit www.radford.edu/parking to learn about campus parking regulations. Students living on campus may park in lots BF, CC, DC, FF and Z. The University enforces parking regulations every Monday through Friday from 7 a.m. to 6 p.m.

There are two kinds of parking: campus parking and street parking. To learn more about city parking regulations and how to obtain a city parking permit, please visit www.radfordva.gov/260/Parking-Enforcement.

Radford University, in cooperation with the City of Radford, offers a transit bus system to provide safe, reliable and convenient transportation for students. Radford University students are provided with unlimited free rides on Radford Transit with their ONE Card. The transit has routes around campus, as well as within the City of Radford and to the towns of Christiansburg and Blacksburg. The status of bus routes can be tracked with NextBus, accessible via the website or the RU Mobile app. For further route information and schedules, visit www.radford.edu/parking.

Roanoke Amtrak

Radford students have a safe and comfortable way to travel to and from the Radford area: passenger rail. From the Amtrak station in Roanoke, travelers can conveniently connect with trains serving the Northeast Corridor and cities such as Washington, D.C., Baltimore, Philadelphia and New York. From Radford, the Amtrak station in Roanoke can be reached via the Smart Way bus in Blacksburg from Monday through Saturday.

Barnes & Noble Bookstore at Radford University

The Barnes & Noble Bookstore at Radford University, located in Dalton Hall, is where students go to purchase textbooks, supplies, Radford University items and apparel and more. Students may order their textbooks online before the semester starts or buy their books when they arrive on campus. Students who wish to use financial aid to pay for textbooks can apply for bookstore vouchers on the Radford portal through the "Finances" icon. Once approved, the voucher can be applied the Monday prior to the start of the semester and will expire three weeks after the semester starts. Once the deadline for using vouchers has passed, any excess money will be refunded to the student.



MARAH CHEEK Senior, Psychology

Both of my parents went to Radford, making me a legacy student. Growing up, my parents would bring me to campus for alumni and sporting events. This is when my love for Radford was instilled in me. When the time came to apply for colleges, there was only one place for me!

The task at the beginning of my freshman year was not to see Radford as my parents' school, but as my own. Getting involved helped me do just that! Working as a tour guide, a peer instructor and with the Quest program helped me to share my love of Radford with others and build relationships professionally and socially. I also became president of Psychology Club and secretary of Psi Chi, an honors fraternity in psychology, just like my mom when she was here. These experiences have helped me become closer with professors in my field of study.

Radford has given me opportunities I didn't know existed for myself. I have grown socially, personally and professionally, all while my love for Radford has grown exponentially. I cannot wait to see you flourish at this institution and build memories that last a lifetime. Go Highlanders!

Dining Services and Meal Plan Options

Radford University strives to provide students, faculty, staff and visitors with a wide array of excellent dining options. These options include two all-you-care-to-eat dining halls, two food courts, a convenience store in Kyle Hall and a full-service lunch and dinner restaurant in Muse Hall. There is also a Starbucks in the College of Humanities and Behavioral Sciences (CHBS) Building.

DINING LOCATIONS

Dalton Kitchen

- Healthy options
- Homestyle menus
- Vegan options
- All-you-care-to-eat

New River Grille House (Muse Hall)

- All-you-care-to-eat lunch
- Full-service dinner restaurant

Terrace Shops (Dalton Hall)

- Wendy's
- Papa John's
- Fairfax Street Subs
- Au Bon Pain (ABP)

Bonnie Shops

- Chick-fil-A
- Create
- Hissho Sushi
- Au Bon Pain (ABP)

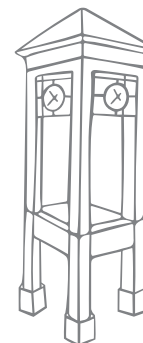
For residential students, there are three meal options to choose from: the 15 Meal Plan, 19 Meal Plan or the Flex Plan.

The 15 and 19 Meal Plans guarantee students that number of meals per week in Dalton Kitchen. The Flex Plan allots funds in Flex Dollars that can be spent in any of the dining facilities on campus. When using the Flex Plan in the dining halls, students receive a 60-70% discount off the door rate for that particular meal period. Students who eat in the other dining locations receive a 50% discount. For pricing and other information, visit www.dineoncampus.com/radford.

The deadline for students living on campus to change their meal plans is the Sunday before the start of classes.

Radford University Post Office

The Post Office is located on the ground level of Dalton Hall. All students living on campus are assigned a box and receive their USPS mail at the Post Office, as well as FedEx and UPS deliveries. The Post Office offers a full-service counter. Customers may purchase postage stamps; special postage and mailing services including priority, certified and insured; money orders; and more at the customer service counter. The Post Office is a contracted USPS unit and is open to the entire University community, as well as the surrounding Radford community, Monday through Friday, 8:30 a.m. to 4:30 p.m. For more information, visit www.radford.edu/post-office.





HOUSING AND RESIDENTIAL LIFE

540-831-5375
res-life@radford.edu
www.radford.edu/housing



STAY UP TO DATE

As the summer progresses and the University looks forward to the 2020-2021 academic year, updates and details regarding move-in will be posted on our website. Please continue to monitor your Radford University email account and the Housing and Residential Life website throughout the summer for more information.

SPEAKIN' OUR LANGUAGE

QUAD: A grouping of residential communities.

RA: Resident Assistants are trained resources for residents, current student leaders and your go-to person for questions, concerns and getting connected to the community.

RD: Resident Directors are professional staff members who oversee residence halls and University-operated apartments. They also supervise Resident Assistants.

AD: Assistant Directors are professional staff members who oversee portions of campus and supervise Resident Directors.

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Learning Happens Outside of the Classroom, Too!

Housing and Residential Life strives to educate and support residents through the residential curriculum. Its educational priority is to cultivate communities that encourage student achievement and personal development, as well as foster community engagement and cultural responsibility.

For more information about the residential curriculum, visit www.radford.edu/residential-curriculum.



Housing Assignments

While there is no deadline to submit your housing deposit and application, we encourage you to do this as soon as possible. The period to request a specific roommate ended on June 1; while we will make every effort to accommodate your roommate request, preferences cannot be guaranteed. Housing and Residential Life plans to communicate room assignments in July, but the assignment release date is subject to change. Roommate change requests made after move-in can begin in the third week of classes.

MUSE HALL

At 13 stories tall, Muse Hall houses 857 students, including the majority of first-time students. Since the building does not have air conditioning, Muse Hall residents should bring a fan to use during the first few weeks of the fall semester.

TEMPORARY ROOM ASSIGNMENTS

To offer on-campus living to as many students as possible, some students may be placed in temporary room assignments until more space becomes available. Most students in temporary room assignments are moved to permanent assignments by Thanksgiving. Temporary assignments include living with a resident assistant in a double occupancy space. Any new student could be assigned to a temporary space. For more information, visit www.radford.edu/housing and read the FAQs.

Bunk and Loft Kits

All beds are bunkable. If you wish to bunk, all you need to do is stack the beds; they have built-in pegs to lock into place. If you want to loft your bed to create empty space underneath, loft kits will be available to students at move-in on a first come, first served basis.

What to Bring

NECESSITIES

Bring twin extra-long sheets for your residence hall bed. Don't forget bathroom essentials, including bath towels and a shower curtain. Some items are not allowed in University-operated housing. Visit www.radford.edu/housing for more details.

OPTIONAL ITEMS

Feel free to decorate up to 10% of your walls with posters and photos that can be attached with damage-free removable adhesive strips. To add comfort and personality to your room, you can bring accessories such as pillows, blankets, rugs or photos. Some residence halls allow microwaves and mini-fridges, which can be very convenient. To use residence hall kitchens, you will need to bring your own kitchen supplies. For optional protection, we encourage students to purchase renter's insurance or see if their family's homeowner policy provides coverage for their belongings.

Residence Hall Amenities

ALL RESIDENCE HALL ROOMS HAVE

- One bed, desk, chair and dresser and/or closet space for each resident;
- Window blinds;
- A full bathroom;
- Cable television ports; and
- Wired or wireless internet.

ALL RESIDENCE HALLS HAVE

- At least one kitchen;
- A laundry room that accepts the ONE Card; and
- A smoke-free policy, which includes vaping (this also applies to University-operated apartments).



ALEXIS BEARD

Senior, Psychology and Sociology

Before I became a Highlander, I was very unsure of not only my potential, but my ability to be successful. Being so unsure of the world around me, I was naturally uncertain about Radford University at first. That is, until I came to Quest. Quest is what first made me fall in love with Radford; it made me feel like I was a part of a family that loved me and would push me to be my very best.

That fall, I applied to be a Quest Assistant (QA) and, unfortunately, I did not get the job. But, that did not stop me. Over the next few years, I got involved on campus, developed myself as a student leader, focused on my grades and became more resilient. My junior year was my third time applying to be a QA, and I finally got the job! Now, I'm a student director for Quest! All of my hard work has paid off; I've become the best version of myself. These have been some of the most insightful and gratifying years of my life, and I hope they are for you, too.



MOVE-IN REMINDER

Check the Housing and Residential Life website and your Radford University email for important information such as parking, key pickup and traffic patterns. It can be a very exciting yet stressful day, so remember to be patient!



OFFICE OF THE BURSAR
 540-831-5417
 bursar@radford.edu
 P.O. Box 6922
 Radford, VA 24142

SPEAKIN' OUR LANGUAGE

FERPA: Family Educational Rights and Privacy Act (FERPA) is a federal law stipulating that institutions of higher education must not release information about a student to third parties — including parents — without first obtaining the written consent of the student. While Radford University encourages and expects students to keep parents or guardians informed, we urge students to consider signing the FERPA release form. Visit www.radford.edu/ferpa for more information.



REMINDER

Fall semester payments are due
 Monday, August 10.



OPTIONS TO PAY

- Pay electronically by going to the Radford portal, clicking the "Finances" icon and selecting a payment option:
 - Set up a Payment Plan (\$45 initial set-up fee); or
 - Pay by eCheck or Credit Card (VISA, MasterCard, American Express and Discover) (2.7% additional fee).
- Pay in person at the cashier window in Heth Hall, second floor, August 3-10, 2020. Office hours are Monday through Friday, 8 a.m. to 4:30 p.m.
 - Payment options:
 - Cash;
 - Check; or
 - Credit Card (VISA, MasterCard, American Express and Discover) (2.7% additional fee).
- Pay by mail with a check made out to Radford University and addressed to the Office of the Bursar. Please include the student ID number on the check.

AUTHORIZED PAYER

You can register your parent/guardian as an "authorized payer" on your account.

RADFORD PORTAL > FINANCE > MAKE A PAYMENT

This will take you to the site to set up the authorized payer. All authorized payers will receive all notifications of e-bills and will have access to view the student account online.

EXPECTING A REFUND FROM THE OFFICE OF THE BURSAR?


Receive refunds faster by completing the Direct Deposit Form in the Office of the Bursar to receive any overpayments on your account by electronic transfer instead of paper check. This form must be completed prior to the refund being processed.

Sample E-Bill


Student ID 900000000
Student Name: John Doe


Due Date: August 10, 2020
Amount Due: \$7,644.00


Term	Date	Description	Charges	Credits
		* PREVIOUS BILLED BALANCE *	0.00	0.00
FALL20	1-Aug-20	Matriculation Fee	275.00	0.00
FALL20	1-Aug-20	Flex Meal Plan-On Campus	2112.50	0.00
FALL20	1-Aug-20	Room-Standard Double	2693.50	0.00
FALL20	1-Aug-20	Mandatory Technology Fee	29.00	0.00
FALL20	1-Aug-20	Mandatory Comprehensive Fee	1685.00	0.00
FALL20	1-Aug-20	Tuition-Undergraduate In-state	3961.00	0.00
FALL20	1-Aug-20	Room Deposit	0.00	200.00
FALL20	1-Aug-20	Tuition Deposit	0.00	200.00
FALL20	1-Aug-20	E-Bill Generated	0.00	0.00
		* CURRENT BILLED BALANCE *	10356.00	0.00
		--- PENDING CREDITS ---	0.00	0.00
FALL20	1-Aug-20	Direct Unsub Stafford Loan	0.00	990.00
FALL20	1-Aug-20	Direct Sub Stafford Loan	0.00	1722.00
		** PENDING CREDIT TOTAL **	0.00	2712.00


 Pays for Quest and all New Student Support Services

 95% of students select Flex Meal Plan

 Muse Hall will be \$2,385.00

 Full-time (12-16 hours) in-state

 On-campus living admission confirmation

 Financial aid award

Bills are due no later than Monday, August 10.

Financial Aid

Heth Hall 169 • 540-831-5408 • www.radford.edu/finaid

Financial aid is an important part of a student's and/or family's decision on how to pay for a college education. Every situation is unique; in most cases, it is best to speak directly to a financial aid counselor to have your questions answered. Staff can help you create a plan to manage the financial obligations of attending Radford University.

Here are some general steps to take if you have applied (or are planning to apply) for financial aid:

- 1 Complete the Free Application for Federal Student Aid (FAFSA) at www.fafsa.ed.gov. The Radford school code is 0003732.
- 2 Once FAFSA is finalized and requested documents verified, you will receive an email of awards you are eligible to receive. Follow the steps as outlined in the award email.
- 3 Go to the Radford portal and click "Finances" and then "Financial Aid Award." You must accept or decline the awards offered.
- 4 Parent and private educational loans are available. Visit the Financial Aid website for more information.

5 Accepted financial aid will be deducted from your billing statement.

6 Financial aid comes in three forms:

- Grants and scholarships, which do not require repayment;
- Loans, which do not need to be repaid until a student is no longer enrolled at least half-time; and
- Private educational loans, which are secured directly from the lending institution.

Most questions can be answered by reading the "Award Memorandum" found on the Financial Aid website.

Investing in a college degree offers great rewards and a long-lasting impact on your job satisfaction and financial future. It also represents a commitment and obligation on your part. Staffers in the Financial Aid Office will help you however they can. Please visit the office, call or email your questions.



ADVISING CENTERS

ADVISING CENTER FOR MAJOR EXPLORATION

Young Hall
540-831-5220

BUSINESS AND ECONOMICS

Davis College
Kyle Hall 244
540-831-5074

EDUCATION AND HUMAN DEVELOPMENT

Peters Hall A104
540-831-5424

HEALTH AND HUMAN SERVICES

Waldron College
Waldron Hall 351
540-831-7699

HUMANITIES AND BEHAVIORAL SCIENCES

CHBS Building 3301
540-831-6366

SCIENCE AND TECHNOLOGY

Artis College
Reed Hall 108
540-831-5601

VISUAL AND PERFORMING ARTS

Porterfield Hall 243
540-831-6903



UNDERGRADUATE CATALOG

When in doubt, check the catalog! The undergraduate catalog, which is posted online at catalog.radford.edu, contains official policies and requirements students must follow in order to advance academically and graduate from Radford University.



Your Classes

SCHEDULE ADJUSTMENT (AKA "DROP/ADD")

During the first week of the semester, students may add and drop classes without penalty or grades. New freshmen **must** visit their advising center to adjust their course schedules. Transfer students can adjust their schedules without visiting their advising center.

WITHDRAWALS

Students may withdraw from a total of five individual courses during their careers at Radford University. Each withdrawal must be approved by an academic advisor and submitted to the Office of the Registrar by 5 p.m. on the Friday of the 10th week of the semester. Students who officially withdraw from courses by the deadline will receive a "W" for withdrawal.

Students who withdraw from Radford University — and therefore from all of their courses — receive W's for those courses. However, these withdrawals do not count against the five-course limit. Students may withdraw from the University through the 12th week of classes.

Your Grades

MIDTERM GRADES

All new students receive midterm grades for each course during their first two semesters of enrollment. Midterms are available to view in the Radford portal by the end of the eighth week of the semester. Midterms are typically excellent predictors of final course grades, but they are unofficial and will not appear on transcripts.

GRADE POINT AVERAGE (GPA)

Radford University grade point averages are calculated on a 4.00 scale. Each student must maintain a specified GPA to remain in good standing and to prevent being placed on academic probation or academic suspension.

DEAN'S LIST

Students who earn at least a 3.40 GPA in at least 12 hours of courses graded A-F, who earned no grades below a C and who received no incomplete grades, are honored with Dean's List recognition at the end of the semester.

SUSPENSION

Radford University expects students to demonstrate an appropriate level of academic achievement each year. Failing to do so may result in academic suspension. The cumulative GPA required to avoid suspension is determined by the student's total number of credit hours attempted. See the Undergraduate Catalog for details.

Harvey Knowledge Center

The Harvey Knowledge Center supports students in achieving academic success. Using a learner-centered approach, students are provided with free academic coaching and workshops to support skills and confidence in navigating the opportunities and challenges of their coursework. The focus is to help students develop and leverage their own strategies for learning which can extend beyond the questions that bring them to the center.

SERVICES:

- One-on-one assistance and small group tutoring for writing, math, science courses and more;
- Short-term and sustained tutoring and skills groups;
- Workshops on time management, test-taking approaches and similar topics; and
- ESL tutors are available for students in need. Appointments can be scheduled through Starfish.

Location: McConnell Library, fourth floor

www.radford.edu/hkc

Academic Advising

You will work with both professional and faculty advisors. They will help you understand course and program requirements, and they will assist with course selection and registration.

Your advisor's name can be found on your Degree Audit soon after the semester begins. You must meet with your advisor at least once each semester. Ideally, you will meet more frequently, developing a partnership to pursue your educational and professional goals and develop your academic skills.

Additional information about advising and academic policies can be accessed through the Orientation to Advising module in D2L, located in the Radford portal.

To learn more about Academic Advising, including the newly created Academic Success Center, which serves as a one-stop shop for first-year students, visit www.radford.edu/advising.

10 Keys* for Opening the Door to Academic Success

1 Take UNIV 100. In a welcoming, accessible environment, you will learn numerous first-year survival skills that will improve your academic, personal and social transition to college.

2 ATTEND EVERY CLASS ... and listen carefully. Just being there is not enough; you must be alert, attentive and undistracted.

3 Avoid procrastination. The same effort that earned you A's and B's in high school will typically earn you C's and D's in college. Given the increased workload, you must not fall behind. A good rule of thumb is to accomplish some work for each class every day.

4 Lead a balanced life. Stay physically fit and healthy, appropriately manage the inevitable highs and lows of college life, get involved in clubs and organizations outside the classroom and make good decisions about the consumption of controlled substances.

5 Get to know your faculty. Find a good mentor who will support you; challenge you to participate in valuable experiences like internships, undergraduate research, study abroad or leadership positions; and eventually write you strong letters of recommendation. Students with greater experience often stand out when applying for jobs or graduate or professional school.

6 ATTEND EVERY CLASS ... and take good notes.

Develop a note-taking style that works for you. In most classes, a significant number of test questions will be from class lecture and discussion, not the textbook.

7 Educate yourself about academic policy! For example, deadlines to add/drop classes. Remember, when in doubt, talk to your academic advisor.

8 Be a proactive advisee. Your academic advisor will help you navigate your curriculum, but the final responsibility for completing all requirements is yours. Always arrive prepared for advising appointments.

9 Seek help when you need it. University life is a big adjustment, and you'll encounter bumps along the way. Reach out to someone, whether it's your RA, friends, faculty, staff or Student Counseling Services. Radford has the resources to help you.

10 ATTEND EVERY CLASS ... and participate. Get the most out of class and your instructors by coming prepared, asking thoughtful questions and engaging fully in the class.

* Beyond good, old-fashioned hard work.



UNIV 100
 540-831-5923
 nsfp@radford.edu
 www.radford.edu/nsfp/univ100



OLIVIA BERRY
 Senior, Social Work

My first week navigating campus was tough, and I wasn't entirely sure where I was going to fit in. Thankfully, my incredible resident assistant gave me guidance and became a great resource for anything I needed. With her encouragement, I decided to get involved and applied to be a University 100 peer instructor. I gained a stronger sense of leadership and learned I have a passion for helping students. From this, I wanted to further expand my involvement and have since been a Quest Assistant, joined SGA and continued to teach UNIV 100. Through these experiences, I have gained numerous skills, forged irreplaceable friendships and found my purpose here. Never hesitate to ask questions and be sure to take advantage of the resources around you. My hope for you is that you exceed your expectations for yourself, grow in unimaginable ways and find your passion, too!



UNIV 100

UNIV 100, or Introduction to Higher Education, is a small seminar-style course that helps students transition to college by teaching the skills and resources necessary to be both personally and academically successful at Radford University. This course is interactive, incorporating regular discussion, hands-on activities and out-of-class explorations that help students grow and form a community within their classrooms. UNIV 100 is worth one credit and is graded A-F.

Instructors

UNIV 100 is co-taught by a faculty-student teaching team. Faculty instructors are Radford University faculty members or administrators who have chosen to go above and beyond their regular responsibilities because of their strong commitment to student success. Peer instructors are highly trained upperclassmen dedicated to mentoring their fellow students and providing a real student perspective. While each teaching team takes a unique approach to the course, they all ensure that students receive thorough and useful information for success at Radford University.

Course Topics

UNIV 100 covers college success skills (such as studying, time management and career planning), University policy (such as registering for classes, meeting with advisors and understanding conduct and academic expectations) and personal development topics (such as getting involved on campus, living with roommates and maintaining wellness). While most sections are open to all students, some are restricted by major or program. Sections might also include a course theme based on the instructors' interest and expertise. With 70+ sections, we hope that all students can find their ideal class.

Center for Career and Talent Development

The Center for Career and Talent Development is here to help students discover career interests, gain relevant experience and thrive. Through assessment workshops, one-to-one coaching, industry events and resumé roundtables, students will learn how to apply their unique talents and learn critical skills that will lead to University and career success. With customized career development plans, dedicated career coaches, connections to successful alumni and access to thousands of job opportunities, the Center for Career and Talent Development is committed to helping students flourish personally and professionally.

Employment Opportunities

Looking for an on-campus or near-campus job? Ready to explore internship and career-related volunteer opportunities? Job opportunities are available on Handshake, the Career and Talent Development app!



CENTER FOR CAREER AND TALENT DEVELOPMENT

Russell Hall 331
540-831-5373
csc@radford.edu
www.radford.edu/careers

SPEAKIN' OUR LANGUAGE

CAREER CLOSET: Need professional attire? Stop by the Career Closet located in Russell Hall 331 for free business attire. No appointment is necessary.

DISCOVER. EXPERIENCE. THRIVE: A customizable career development plan that begins with your first year at Radford University. Schedule an appointment with your career coach when you arrive on campus to get started.

HANDSHAKE: The comprehensive Career Center app. You can find a job, make an appointment with your career coach, create your customized profile or register for an event on Handshake.





SUBSTANCE ABUSE AND VIOLENCE EDUCATION SUPPORT (SAVES)

Tyler Hall Lower Level
540-831-5709
saves@radford.edu
www.radford.edu/saves

SPEAKIN' OUR LANGUAGE

SAVE ACT: A federal mandate that requires all colleges and universities to address sexual violence by providing educational programming to all incoming students on the prevention of domestic violence, dating violence, sexual assault and stalking. Radford University has partnered with EverFi, an online educational company that develops learning courses, to provide education to incoming students on topics of sexual violence and substance use. Radford University requires incoming students to complete two interactive, online EverFi courses called AlcoholEdu for College and Sexual Assault Prevention for Undergraduates.



REMINDER

New incoming students are required to complete both AlcoholEdu for College and Sexual Assault Prevention for Undergraduates prior to the start of classes. Remember to check your Radford University email beginning in early August for detailed completion instructions and due dates.

Mission

Radford University's Substance Abuse and Violence Education Support (SAVES) services is dedicated to reducing substance abuse and/or violence through campus-wide initiatives that address these issues and promote student success.

Services

- Confidential advocacy, counseling services and support groups are available for students in recovery from substance use disorders and/or impacted by sexual violence. Students can stop by or make an appointment by contacting the office by phone or email.
- Educational programming and campus events are offered on topics of sexual violence, alcohol and other drug use and bystander intervention.
- RU Aware offers substance use assessment, brief intervention and referral to treatment as needed.
- Recovery United provides a safe, comfortable environment for students in recovery to strive academically, connect with peers and attend to their emotional and physical wellbeing with trained professionals.
- Health educators and peer health educators provide educational programming on other health and wellness topics.

AlcoholEdu FOR COLLEGE TOPICS INCLUDE:

- How media, family and social expectations shape ideas and behaviors;
- Body and health factors, including blood alcohol concentration (BAC);
- Potential risks associated with problem drinking, such as violence and drinking and driving; and
- Impacts of alcohol on academic performance, resources, BAC calculator and reference guides.

SEXUAL ASSAULT PREVENTION FOR UNDERGRADUATES TOPICS INCLUDE:

- Sexual assault, consent, relationship violence, stalking and bystander intervention; and
- Assessments of sexual violence-related knowledge, attitudes and behaviors.





Purpose

The Radford University Police Department works to provide a safe environment for all students, faculty, staff and visitors. Police officers are valuable resources and are advocates for students. RUPD urges students to make responsible choices, be proactive bystanders and take care of one another.

Services

RUPD responds to emergency and non-emergency calls. Mental Health Crisis Response officers work with Residential Life to do well-being checks on students when concerns arise. RUPD officers deliver presentations on topics such as alcohol awareness and sexual assault awareness to UNIV 100 classes, student clubs and organizations and Greek Life. If a student feels unsafe walking on campus, officers can act as a safety escort. This service is available 24/7. Students simply call 831-5500 or use a Blue Light phone to connect with police dispatch. Additionally, Radford University has the "Adopt-A-Hall" program. Each residence hall is "adopted" by an officer to provide students with a familiar RUPD face.



RUPD AND PUBLIC SAFETY
540-831-5500
police@radford.edu
www.radford.edu/police

SPEAKIN' OUR LANGUAGE

BLUE LIGHT PHONES: Blue emergency phones are placed around campus and near parking lots to ensure safety. They immediately connect callers to a police dispatcher.

RU ALERTS: A system that enables students to receive Radford University emergency alerts via phone and email. To sign up for these alerts, select the "Personal Info" icon on the Radford portal and go to the "RU Alerts" column.



REMINDER

If you see something, say something.
Anyone can report anonymous tips on the RUPD web page:
www.radford.edu/police.





DEAN OF STUDENTS

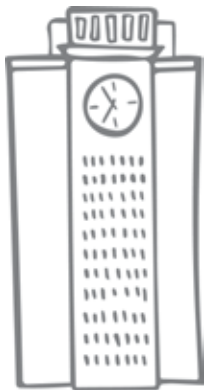
Heth Hall 274
540-831-6297

dos-web@radford.edu
www.radford.edu/dos

SPEAKIN' OUR LANGUAGE

DOS: The Dean of Students Office is staffed by full-time professionals who have experience helping students. If you ever need information but don't know where to go, try the Dean of Students Office. It is an essential part of the campus community you should definitely become familiar and comfortable with.

SGA: The Student Government Association is made up of Radford University students who ensure student voices are heard. First-semester students can join SGA through an election process. The SGA will have interest meetings during the fall semester. SGA holds open meetings each week and encourages all students to attend.



The Dean of Students Office

Awareness

To provide information and education to students and their family members from admission through graduation.

Advocacy

To advocate for and support students in developing their self-advocacy skills.

Accountability

To prepare students to achieve their life goals through personal accountability, an essential component of the growth and development of a Radford University student.

The Dean of Students Office serves as an advocate for students, connecting them to resources, helping navigate processes and resolve conflicts, assisting with absence notifications and facilitating the exception to University withdrawal policy (more commonly referred to as the "medical withdrawal" process). For a more detailed list of what the Dean of Students Office can do for you, please visit www.radford.edu/dos.

Student-Centered

It can't be stressed enough — if you ever have questions or concerns, or if you just want to chat, feel free to contact the Dean of Students Office. There is an open-door policy for all students, meaning that you can call, email or even just drop by. The Dean of Students Office also offers numerous leadership positions for students. You can join the Student Government Association or connect with a committee to help effect positive change on campus.

Basic Needs Assistance

The Dean of Students Office is the home of the HEHROS program. There are times that life circumstances for Radford University students may change unexpectedly and they find themselves in need of assistance for basic needs around homelessness and/or food insecurity. HEHROS provides transition assistance and connection to campus and community resources to meet basic life needs. HEHROS can provide immediate access to a hot meal, coat, toiletries and basic school supplies to students in need through the Dean of Students Office.



Radford University provides state-of-the-art technology to make student life easier and more productive. Before you come to campus, complete the following checklists to take full advantage of the tools and technologies at your disposal.

Preparing Your Smartphone or Tablet

SET UP EMAIL ON YOUR SMARTPHONE

Radford University email can be easily configured on your smartphone or other mobile device. For detailed instructions, visit www.radford.edu/smartphone.

INSTALL RU MOBILE ON YOUR MOBILE DEVICES

RU Mobile offers easy access to everything such as campus maps, bus routes, class schedules, dining menus and more. Visit www.radford.edu/rumobile.

INSTALL UPDATES ON ALL YOUR DEVICES

Using the update tool, update the operating system on all your devices.

INSTALL THE DUO APP ON YOUR SMARTPHONE

Radford University uses two-factor authentication to enhance the security of your University account. This app will allow you to use your smartphone as your second layer of authentication and is available for free download on both the iOS app store and Google Play. For more information, visit www.radford.edu/2fa.

Preparing Your Computer

Students are encouraged to check the Division of Information Technology (DoIT) website for computer recommendations, including both minimum and recommended specs at www.radford.edu/computers.

DOWNLOAD MICROSOFT OFFICE FOR FREE!

Radford University provides the Microsoft Office suite at no charge for Windows and Macintosh, as well as for tablets. For more information, visit www.radford.edu/office.

INSTALL OS UPDATES

Use the update tool to update your operating system. If your computer is running an operating system earlier than Windows 10 or OS X 10.10 Mojave, consider upgrading.

ENABLE AUTOMATIC UPDATES

This is the best way to keep your technology and information secure.

INSTALL ANTI-VIRUS SOFTWARE

Windows users should either enable the free Windows Defender anti-virus software or ensure that they have another anti-virus software package installed.

IF YOU BRING A PRINTER, BRING A WIRED PRINTER AND CABLE

Use a printer cable to connect your computer directly to the printer. This will help you avoid Wi-Fi interference and keep others from printing to your printer across the University Wi-Fi network.

University Housing Television Information

Live TV streaming service is available for students living in University housing at no additional cost. For detailed information on hardware options and requirements, visit www.radford.edu/cabletv.



DIVISION OF INFORMATION
TECHNOLOGY
540-831-7500
cio@radford.edu
www.radford.edu/itonestop

SPEAKIN' OUR LANGUAGE

D2L: Desire 2 Learn, the learning management system, is located on your Radford portal. Many professors post content, discussion boards and grades on D2L, so check it frequently.

DUO: Radford University uses two-factor authentication to enhance the security of your University account by adding a second layer of authentication. DUO is the name of the tool used at Radford. Be sure to reach out to the Technology Assistance Center (TAC) or read more about DUO at www.radford.edu/2fa.

IT ONESTOP: IT OneStop is the quickest online route to assistance. Use the online form to request support or search the Knowledge Center to find a step-by-step guide. You can access IT OneStop through www.radford.edu/itonestop or via the RU Mobile app under "Resources."

RADFORD PORTAL: Use this portal to access your email, D2L, grades, class schedules, finances and housing information. Be sure to check your email daily!

TECHNOLOGY ASSISTANCE CENTER (TAC): TAC is the walk-in support desk at Walker Hall 153. You can visit the TAC Monday through Friday between 8 a.m. and 5 p.m., request assistance by phone at 540-831-7500 or make a request online at www.radford.edu/itonestop.



Academic Success Center

Young Hall

Advising Center for Major Exploration

Young Hall
540-831-5220

Artis College of Science and Technology

Reed Hall 108
540-831-5601

**Barnes & Noble Bookstore at
Radford University**

Dalton Hall
540-831-5498

Center for Career and Talent Development

Russell Hall 331
540-831-5373

**College of Education and
Human Development**

Peters Hall A104
540-831-5424

**College of Humanities and
Behavioral Sciences**

CHBS 3301
540-831-6366

College of Visual and Performing Arts

Porterfield Hall 243
540-831-6903

Davis College of Business and Economics

Kyle Hall 244
540-831-5074

Dean of Students Office

Heth Hall 274
540-831-6297

Dining Services

Heth Hall 152
540-831-5351

Division of Information Technology

Walker Hall 153
540-831-7500

Financial Aid

Heth Hall 169
540-831-5408

Housing and Residential Life

Heth Hall 226
540-831-5375

New Student and Family Programs

Young Hall
540-831-5923

Office of the Bursar

Heth Hall Second Floor
540-831-5417

ONE Card/ID Office

Heth Hall 152
540-831-5054

Parking and Transportation

Heth Hall 152
540-831-6361

Postal Services

Dalton Hall
540-831-5148

RUPD and Public Safety

Allen Building
540-831-5500

**Substance Abuse and Violence
Education Support (SAVES)**

Tyler Hall Lower Level
540-831-5709

UNIV 100

Young Hall
540-831-5923

**Waldron College of
Health and Human Services**

Waldron Hall 351
540-831-7699

RADFORD UNIVERSITY

New Student and Family Programs

www.radford.edu/nsfp