

# catalogue 2077

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Atharai Publication  
आठराई पब्लिकेशन

*Let's Chart A New Course In Education*



आठराई पब्लिकेशन प्रा.लि.  
**Atharai Publication Pvt. Ltd.**

## Publisher's Note

It is indeed gratifying to note that the quality of education in Nepal is improving gradually over the years. There are several reasons behind this positive development, the availability of quality books and education materials being the key one. We feel proud that we have been able to contribute to quality education by bringing out textbooks and reference materials that cater to the needs of students as well as general readers.

Atharai Publication has taken up the challenge of producing high quality teaching/learning materials and making them easily available and accessible across the country. Hence we bring out text and reference books that follow the latest curriculum designed by the Curriculum Development Centre, Nepal and revise and upgrade them regularly.

We pledge to supply text and reference books to meet the growing requirements of school, college and university students and teachers. We reaffirm our continued effort to ensure the quality of our publications.

We are thankful to teachers, students and parents' appreciation and their invaluable feedback. As always we expect to receive constant support in the days ahead.

Thank you,

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"Grow with culture,  
Learn with nature"



Maria Montessori

**A**dvanced Kids' Series is the latest series designed specially for the kids of 21st century based on Montessori principle in Nepali context by experienced child development specialist Mrs. Sanu Amatya. She is the Coordinator of Bal Bagaicha Child Development Centre, Founder Chairperson of SMART Training and Resource Centre, Member of Curriculum Development Centre, Sanothimi, Advisor to PABSON and Technical Member of ECD caucus of parliament. She is also involved in many more education and social endeavours.

These series have been developed after having gained more than 30 years of experience with children. She has also gained knowledge by publishing various other such series.

She has gathered knowledge by receiving training in different countries like Bangladesh, India, Italy, Israel, Germany, Japan, Malaysia, Netherlands, Pakistan, Philippines and Sri Lanka as well.

Mrs. Amatya has also involved herself as a researcher, trainer, coordinator, facilitator of child rights and child development in government as well as non-government organizations like DEO, Ministry of Education, Save the Children, PLAN Nepal, Unicef, Municipality and PABSON.

She has conducted training, seminars and workshops in almost all the districts of Nepal and also in South Asian countries.

She is also involved in developing the curriculum and ELDS (Early Learning Development Standard) for ECD under the Department of Education, Nepal.

Advanced Kids' Series provide the children of Nepal an opportunity to develop in a holistic manner. So the series are a holistic package for the children aged 3 to 6 years for their strong foundation.

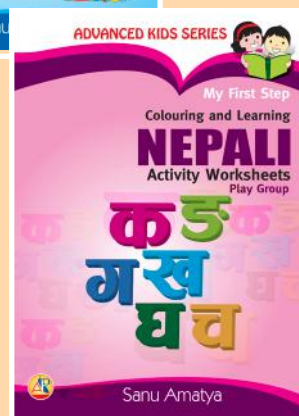
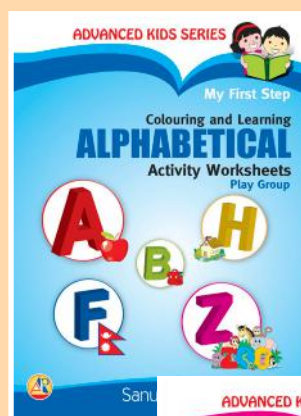
The parents, educators and teachers should be able to guide/teach the children with the coverage of six different learning areas in an interactive and integrated joyful way based on creative teaching learning pedagogy.



Sanu Amatya

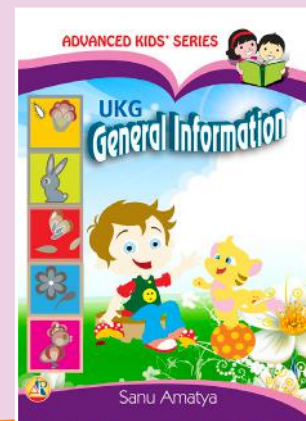
## Play Group

- English
- Maths
- Nepali



## UKG

- English
- Maths
- Nepali
- Science
- Social Studies
- General Information



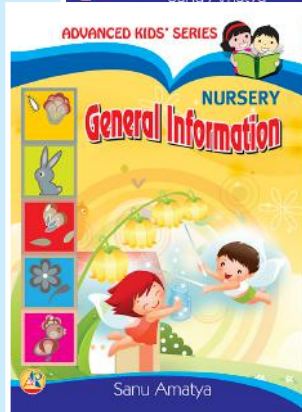
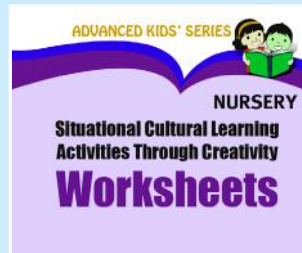
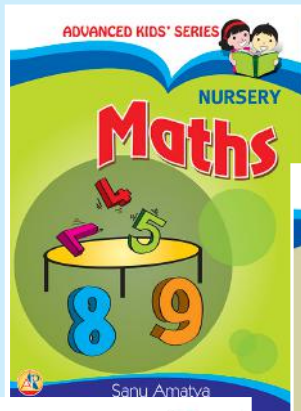




# ADVANCED KIDS' SERIES

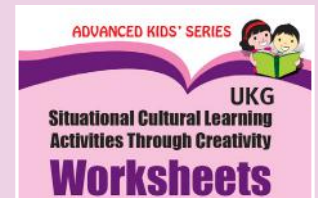
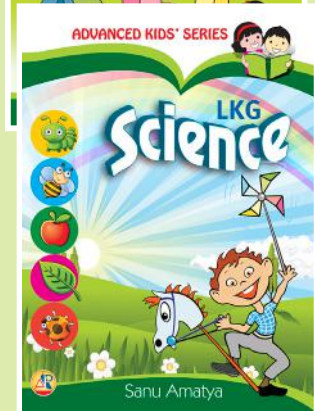
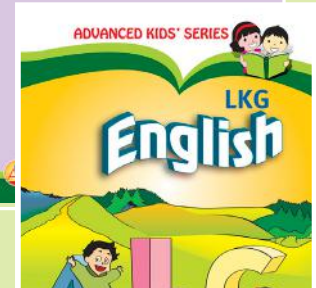
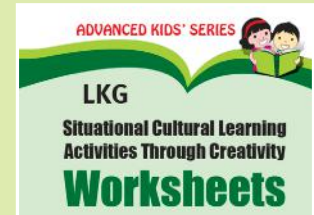
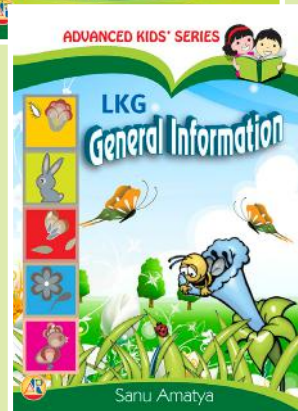
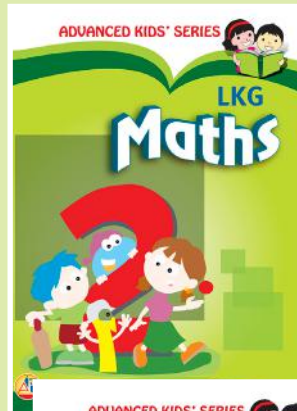
## Nursery

- English
- Maths
- Nepali
- General Information



## LKG

- English
- Maths
- Nepali
- Science
- General Information

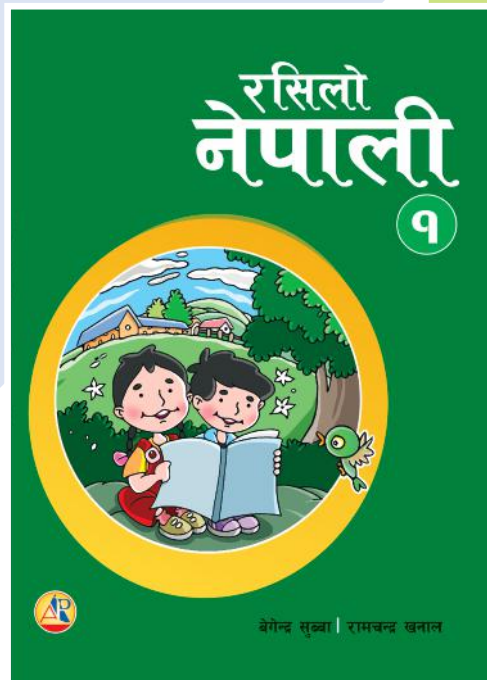
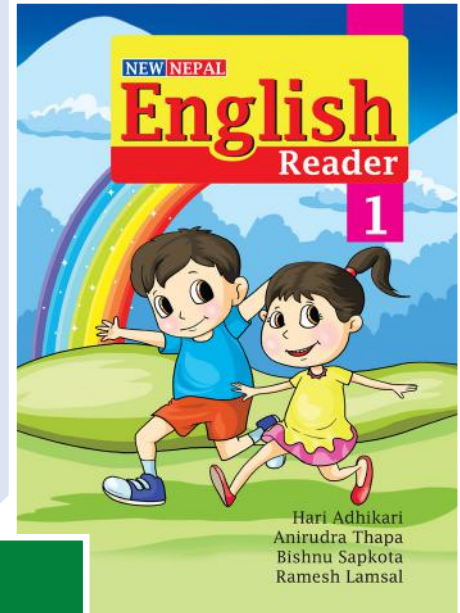


# New Textbooks Based on Integrated Curriculum

## Features

- Based on recently implemented curriculum of CDC in 2076.
- Based on integrated approach of teaching-learning in Grade 1- Grade 3.
- Theme-based and activity oriented teaching-learning approaches.
- Based on participatory and self-discovery activities.
- Child friendly reading texts followed by other activities for practice.
- Based on all three domains of learning: providing knowledge, attitude, and skills.
- Inclusion of non-discriminatory representation of gender, ethnicity, and class.

New Nepal English Reader	Book- 1
रसिलो नेपाली	Book- 1



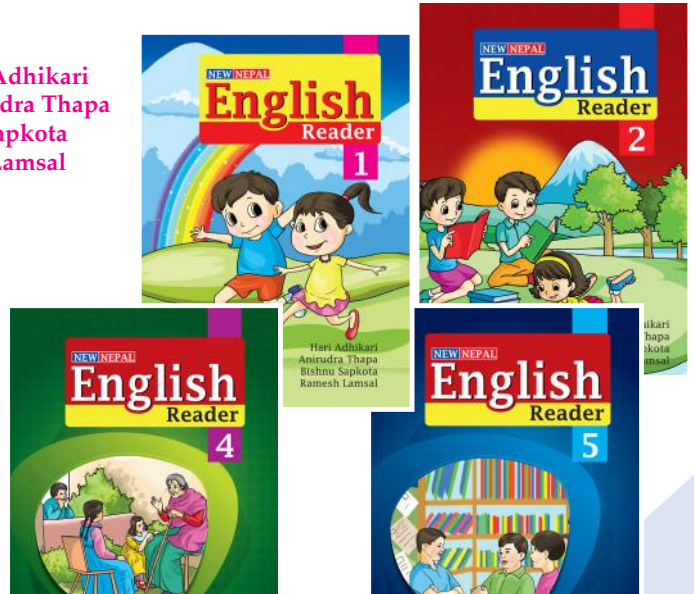


# English Reader

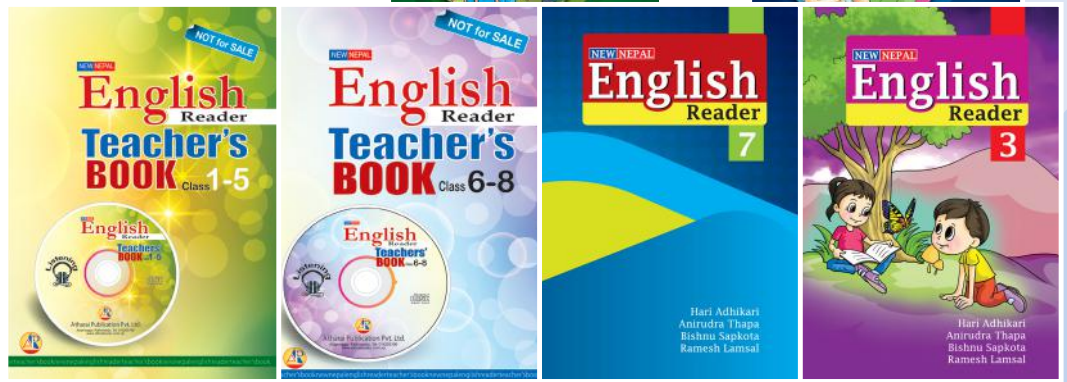
Authors: **Dr. Hari Adhikari**  
**Dr. Anirudra Thapa**  
**Bishnu Sapkota**  
**Ramesh Lamsal**

**Features**

- Holistic emphasis on fundamental language skills - listening, speaking, reading, and writing
- Stimulating reading materials selected from diverse disciplines - literature, history, culture, science, etc.
- Functional approach to teaching grammar
- Focus on contextual use of language skills
- Incorporation of "Teaching Strategies" for effective pedagogy
- Inclusive and non-discriminatory representation of gender, ethnicity, and class



New Nepal English Reader	Primer- A
New Nepal English Reader	Primer- B
New Nepal English Reader	Book- 1
New Nepal English Reader	Book- 2
New Nepal English Reader	Book- 3
New Nepal English Reader	Book- 4
New Nepal English Reader	Book- 5
New Nepal English Reader	Book- 6
New Nepal English Reader	Book- 7
New Nepal English Reader	Book- 8



Teachers' guide can be viewed on [www.atharaipublication.com.np](http://www.atharaipublication.com.np)

# Activity Books

New Nepal English Reader	Activity Book- A
New Nepal English Reader	Activity Book- B
New Nepal English Reader	Activity Book- 1
New Nepal English Reader	Activity Book- 2
New Nepal English Reader	Activity Book- 3
New Nepal English Reader	Activity Book- 4
New Nepal English Reader	Activity Book- 5
New Nepal English Reader	Activity Book- 6
New Nepal English Reader	Activity Book- 7
New Nepal English Reader	Activity Book- 8
New Nepal English Reader	Activity Book- Key





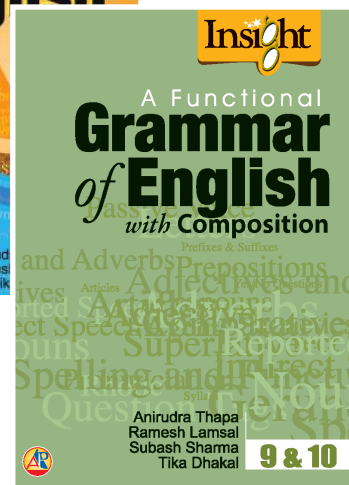
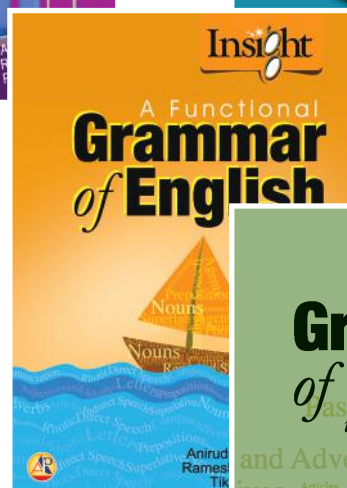
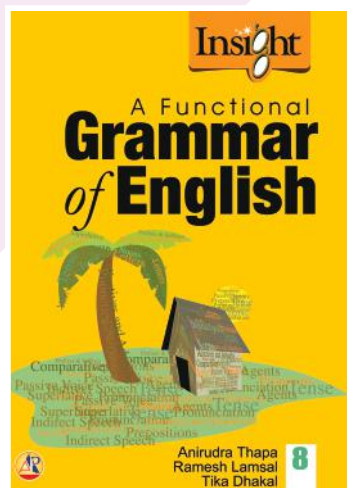
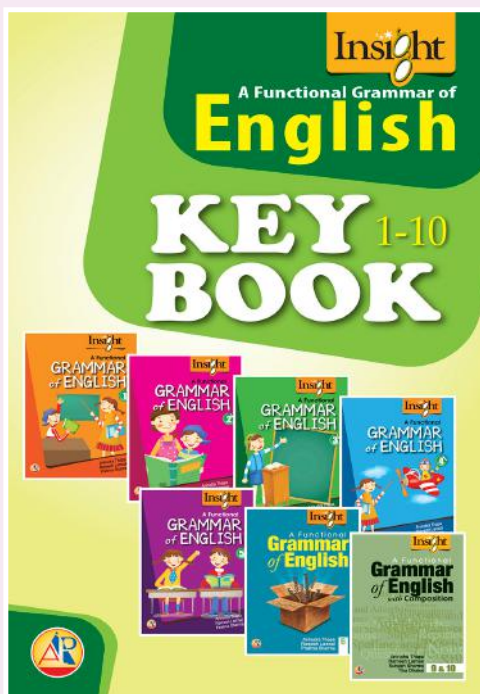
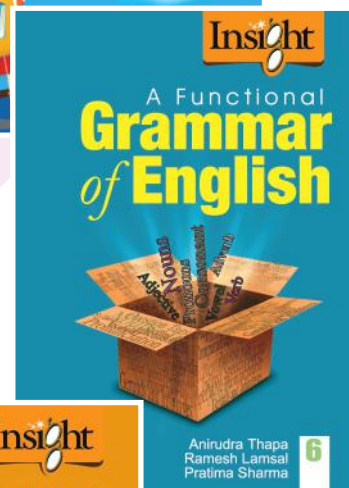
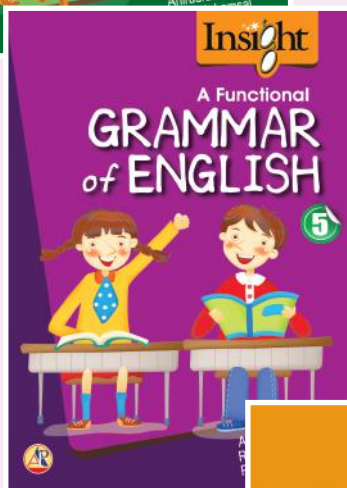
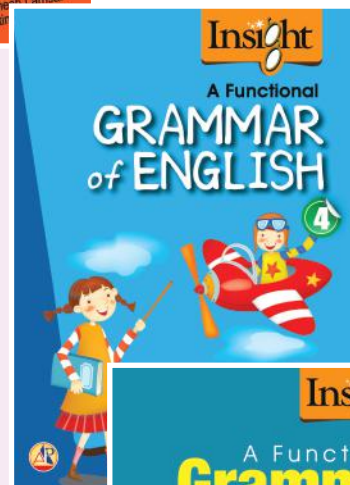
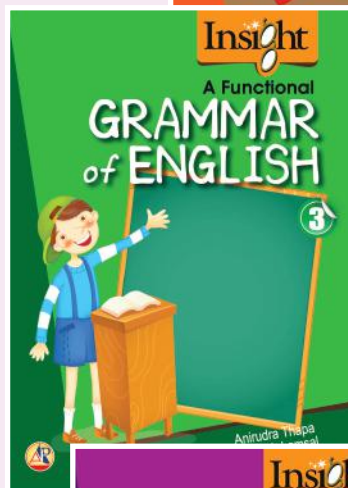
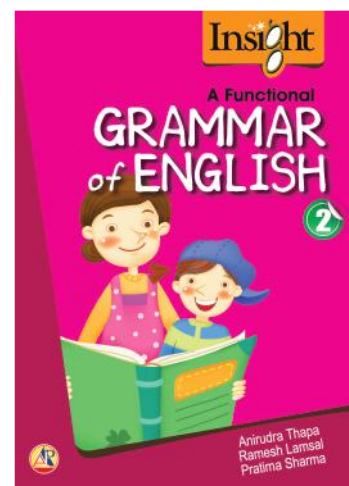
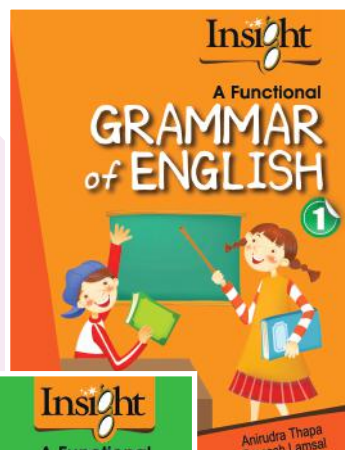
# Insight : A Functional Grammar of English

Authors: Dr. Anirudra Thapa, Ramesh Lamsal  
Subash Sharma, Tika Dhakal, Pratima Sharma

## Features

- Judiciously graded teaching materials
- Functional approach to grammar
- Contextual use of language structures
- Descriptive rather than prescriptive orientation
- Presentation based on authentic English expressions
- Variety of situational drills and exercises
- Incorporation of writing component with a focus on process pedagogy

Insight: A Functional Grammar of English	Book- 1
Insight: A Functional Grammar of English	Book- 2
Insight: A Functional Grammar of English	Book- 3
Insight: A Functional Grammar of English	Book- 4
Insight: A Functional Grammar of English	Book- 5
Insight: A Functional Grammar of English	Book- 6
Insight: A Functional Grammar of English	Book- 7
Insight: A Functional Grammar of English	Book- 8
Insight: A Functional Grammar of English	Book- 9 & 10
Insight: A Functional Grammar of English	Key Book



Teachers' guide can be viewed on [www.atharaipublication.com.np](http://www.atharaipublication.com.np)

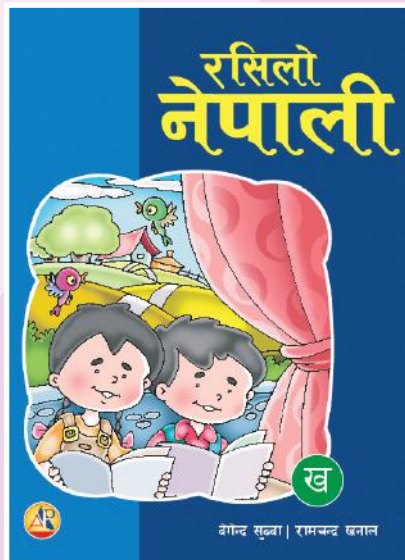
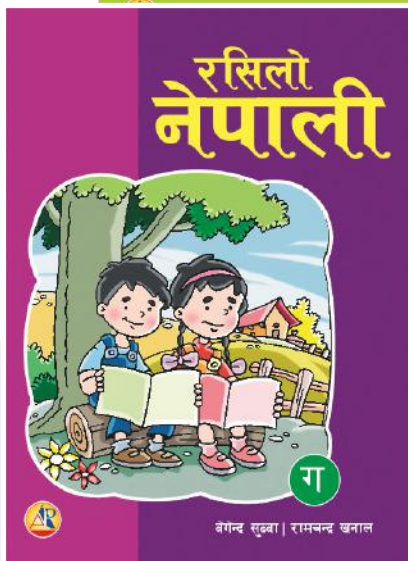
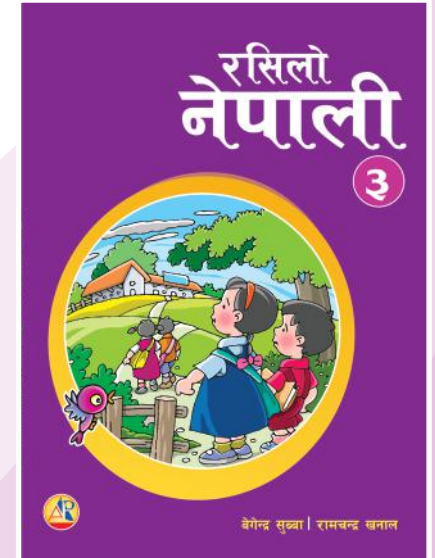
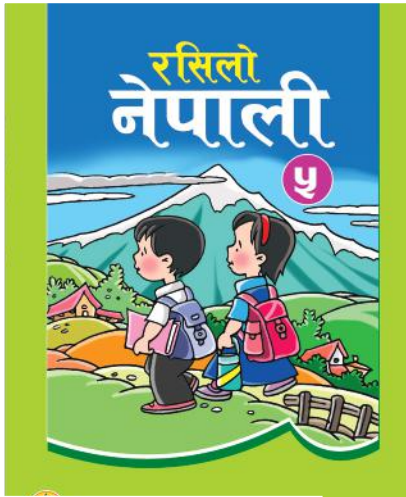
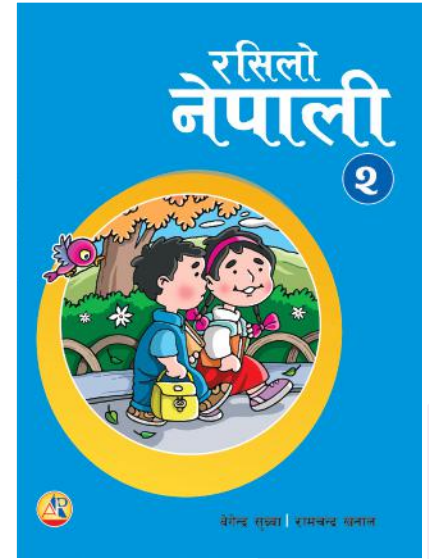


## रसिलो नेपाली

लेखकहरू: बेगेन्द्र सुब्बा र रामचन्द्र खनाल

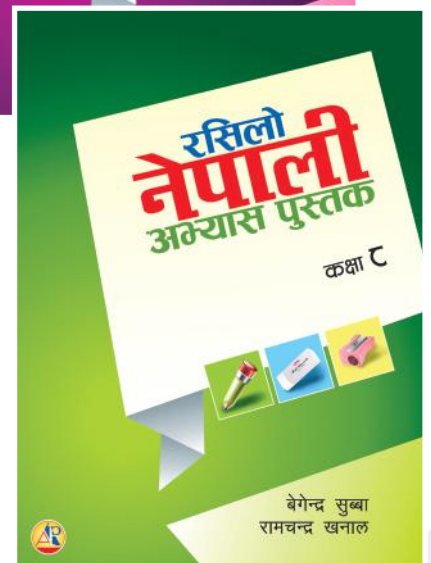
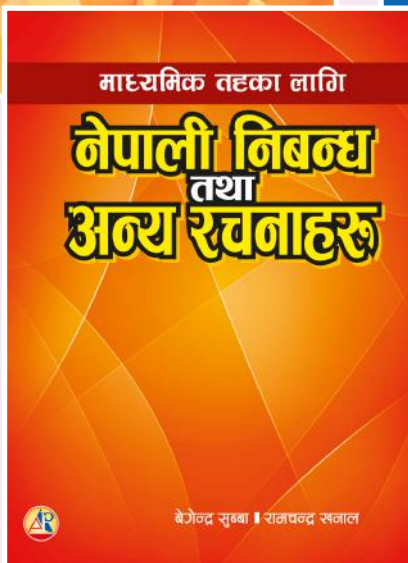
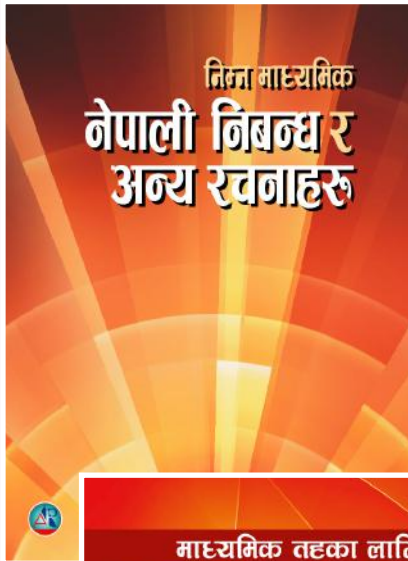
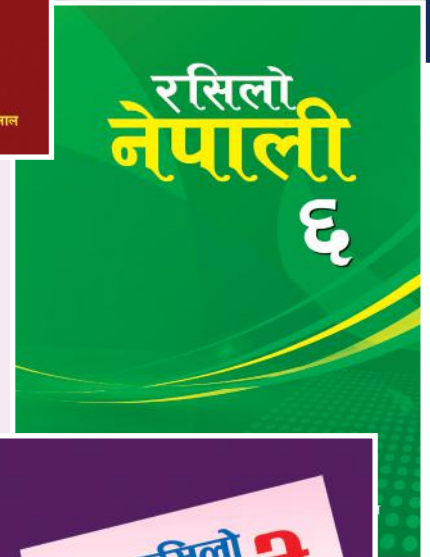
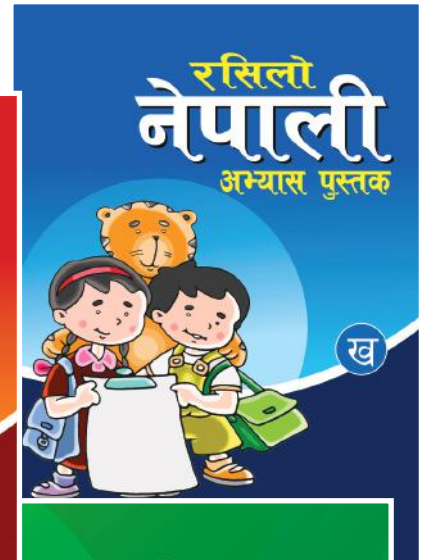
पाठ्यपुस्तकका मूलभूत विशेषताहरू

- पाठप्रति विद्यार्थीहरूको अभिरूचि जगाउन पूर्वपठनको व्यवस्था
- पाठानुकूलका आकर्षक रङ्गीन चित्रद्वारा सजाइएका द्वैपृष्ठात्मक/चौपृष्ठात्मक पाठहरू
- तहअनुकूलका बोध तथा अभिव्यक्ति विकास गर्ने व्यवस्थित अभ्यासहरू
- सामूहिक भावनाको विकास गर्न तथा बाह्यभिव्यक्तिका लागि उत्साहित गर्न सामूहिक क्रियाकलाप
- विद्यार्थीहरूको उमेर र रूचिअनुकूलका सिर्जनात्मक लेखनका अभ्यासहरू
- विद्यार्थीहरूले आर्जन गर्ने भाषिक मूल्याङ्कनका लागि सिकाइ उपलब्धिको रूपरेखा





रसिलो नेपाली	क
रसिलो नेपाली अभ्यासपुस्तक	क
रसिलो नेपाली	ख
रसिलो नेपाली अभ्यासपुस्तक	ख
रसिलो नेपाली	ग
रसिलो नेपाली अभ्यासपुस्तक	ग
रसिलो नेपाली	१
रसिलो नेपाली	२
रसिलो नेपाली	३
रसिलो नेपाली	४
रसिलो नेपाली	५
रसिलो नेपाली	६
रसिलो नेपाली	७
प्राथमिक तहका लागि रसिला नेपाली रचनाहरू	
निम्न माध्यमिक नेपाली निबन्ध र अन्य रचनाहरू	
माध्यमिक नेपाली निबन्ध र अन्य रचनाहरू	
रसिलो नेपाली अभ्यासपुस्तक	८
रसिलो नेपाली अभ्यासपुस्तक	९
रसिलो नेपाली अभ्यासपुस्तक	१०



## व्याकरण खण्ड

लेखकहरू: बेगेन्द्र सुब्बा र रामचन्द्र खनाल

रसिलो नेपाली व्याकरण	१
रसिलो नेपाली व्याकरण	२
रसिलो नेपाली व्याकरण	३
रसिलो नेपाली व्याकरण	४
रसिलो नेपाली व्याकरण	५
निम्न माध्यमिक नेपाली व्याकरण र रचना	
माध्यमिक नेपाली व्याकरण र रचना	

लेखक:  
विमला श्रेष्ठ

मलाई सजिलो व्याकरण	६
मलाई सजिलो व्याकरण	७
मलाई सजिलो व्याकरण	८



## Mathematics Series

NEW NEPAL

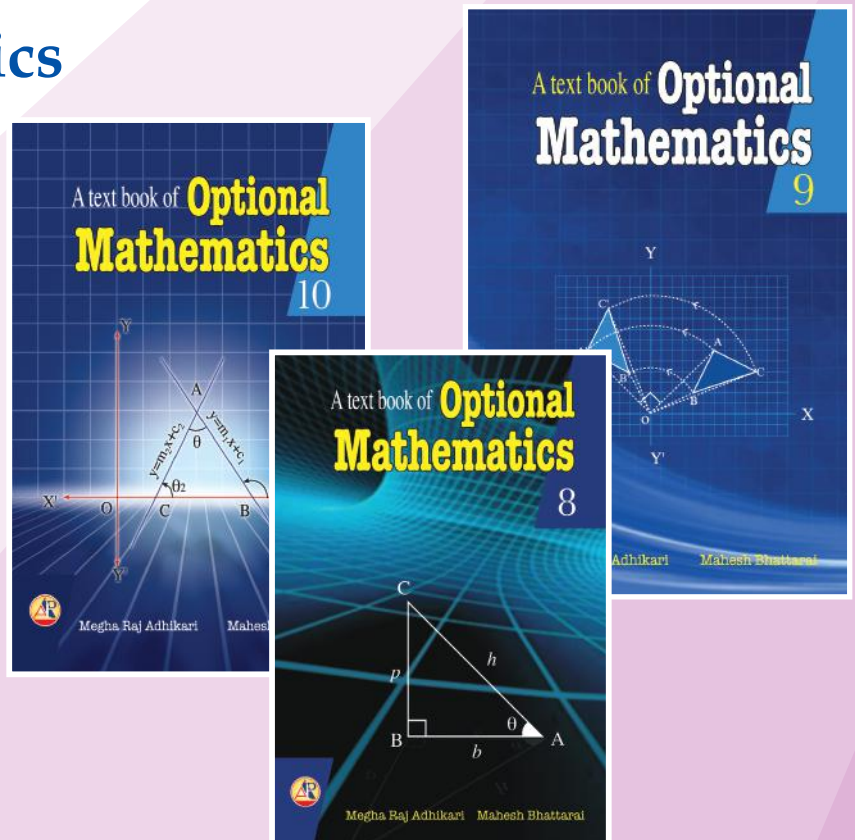
## A text book of Optional Mathematics

Authors: Meghraj Adhikari, Mahesh Bhattarai

### Features

- Strictly based on CDC curriculum
- Sufficient elaboration of each chapter
- Diagrammatically explained (as much as possible)
- Emphasis has been given to practical application
- 'Notes' are mentioned
- Formulae are summarized
- Sufficient examples are provided in each chapter
- Well-designed exercises
- Good coverage of the problems in each exercise
- Additional questions are included

A Text Book of Optional Mathematics	Class-6
A Text Book of Optional Mathematics	Class-7
A Text Book of Optional Mathematics	Class-8
A Text Book of Optional Mathematics	Class-9
A Text Book of Optional Mathematics	Class-10





**NEW NEPAL**

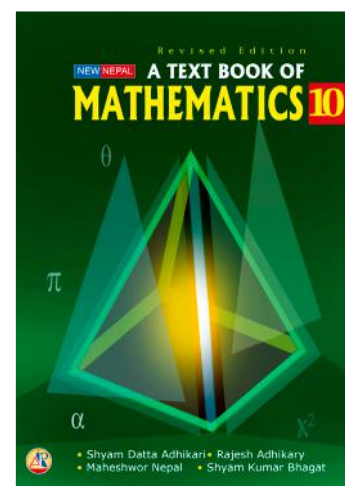
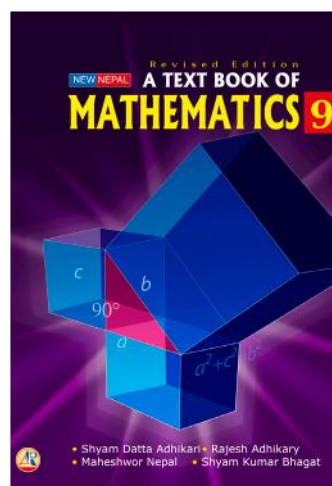
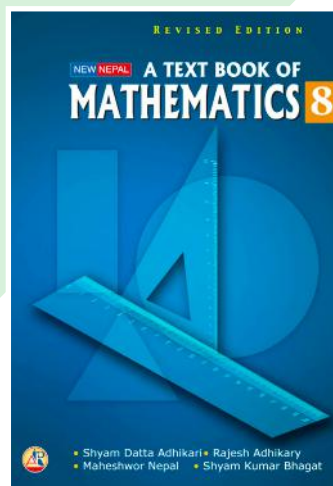
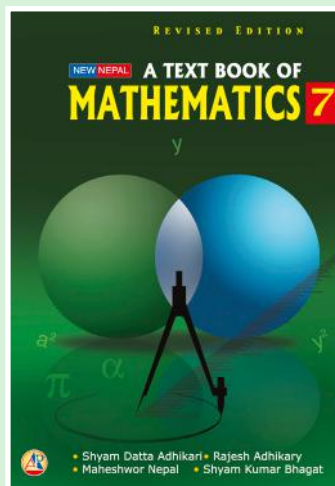
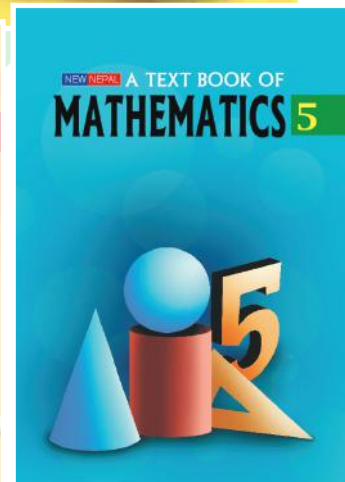
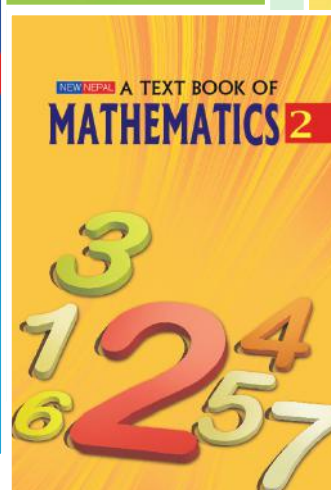
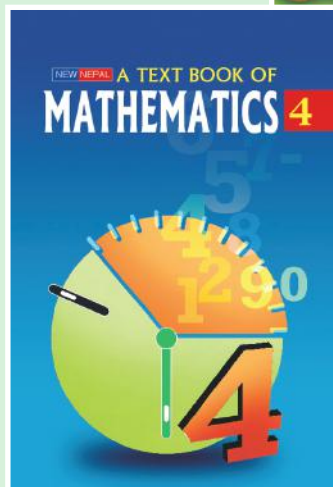
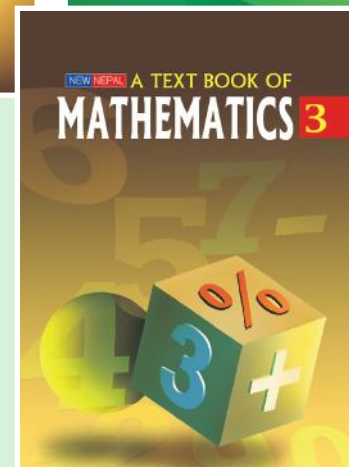
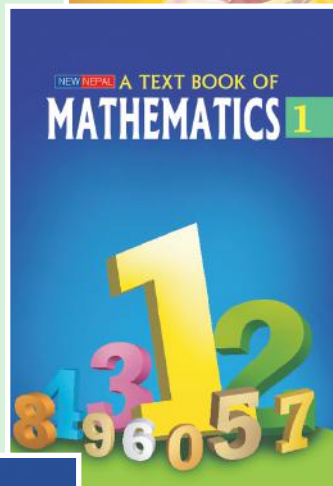
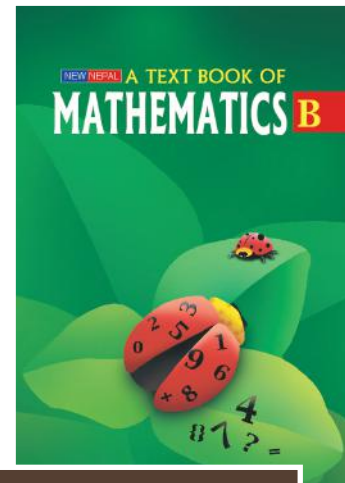
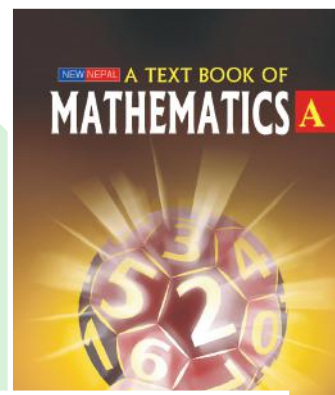
# A text book of Mathematics

Authors: **Shyam Datta Adhikari, Rajesh Adhikary, Maheshwor Nepal, Shyam Kumar Bhagat**

## Features

- A text book of mathematics is a carefully graded series
- Innovative concept has been provided to treat mathematics as more than just formulae and calculation techniques
- Necessary activities and project works have been provided to build the concept
- Each chapter is provided with enough practice material
- Exercises have been carefully planned
- Unit test at the end of each chapter is provided for the evaluation of the students
- Emphasis has been given to the practical application of mathematics

A Text Book of Mathematics	Primer - A
A Text Book of Mathematics	Primer - B
A Text Book of Mathematics	Book - 1
A Text Book of Mathematics	Book - 2
A Text Book of Mathematics	Book - 3
A Text Book of Mathematics	Book - 4
A Text Book of Mathematics	Book - 5
A Text Book of Mathematics	Book - 6
A Text Book of Mathematics	Book - 7
A Text Book of Mathematics	Book - 8
A Text Book of Mathematics	Book - 9
A Text Book of Mathematics	Book - 10





# Social Studies Series

## Life and Heritage Social Studies

Editor: **Dr. Anirudra Thapa**

Authors: **Mahabir Paudel, Youba Raj Dhakal, Suresh Shah, Tika Dhakal, Ram Pd. Gyanwali**

### Features

- Creative approach to teaching and learning Social Studies through lessons that feature real-life stories, contextual dialogues, ethno-social profiles, and pictorial illustrations
- Contains lessons that avoid "guess paper style" of writing textbooks that depend much on memorizing than critical thinking
- Designed as per the course grid developed by the Curriculum Development Centre
- Incorporation of the latest available data
- Reflects the principles and spirit of inclusive social structure envisioned by the constitution, avoiding discriminatory representation of peoples, cultures, and society
- Figures and maps follow cartographical rules
- Envisions a participatory pedagogy by providing advisory notes, notes to teachers, and pre-reading activities where appropriate
- Abounds with doable self-discovery projects



Life and Heritage Social Studies	Book – 1
Life and Heritage Social Studies	Book – 2
Life and Heritage Social Studies	Book – 3
Life and Heritage Social Studies	Book – 4
Life and Heritage Social Studies	Book – 5
Life and Heritage Social Studies	Book – 6
Life and Heritage Social Studies	Book – 7
Life and Heritage Social Studies	Book – 8
Life and Heritage Social Studies	Book – 9
Life and Heritage Social Studies	Book – 10



# Science Series

NEW NEPAL

## School Science

Authors: Jayananda Kapadi, Prakash Adhikari, Chinta Mani Panthee

### Features

- Based on the latest syllabus prescribed by CDC with some additional texts
- Objectives of each chapter are given at the beginning of the unit to keep the teachers and learners alert about the topic
- 'For the Teacher' is given at the beginning of the unit to assist teachers in the teaching learning process [For Junior Classes]
- Integrated 'Science, Health and Physical Education' and multicolour editions [For Junior Classes]
- Presents a systematic and logical development of concepts from 'Simple to Complex'
- Lucid language and 'Easy to Read' with a 'comprehensive text' to build up a sound base of science
- Clear and self-explanatory diagrams and a pointwise summary of the important concepts
- Activities and experiments to develop scientific skills and exhaustive exercises to test the knowledge and understanding of the concepts taught/learnt
- Presents 'Teachers' strategy' to develop 'pedagogical approach'

New Nepal School Science, Health & Physical Education	Book – A
New Nepal School Science, Health & Physical Education	Book – B
New Nepal मेरो सेरोफेरो	Book – 1
New Nepal School Science, Health & Physical Education	Book – 2
New Nepal School Science, Health & Physical Education	Book – 3
New Nepal School Science, Health & Physical Education	Book – 4
New Nepal School Science, Health & Physical Education	Book – 5
New Nepal School Science	Book – 6
New Nepal School Science	Book – 7
New Nepal School Science	Book – 8
New Nepal School Science	Book – 9
New Nepal School Science (New Course)	Book – 10



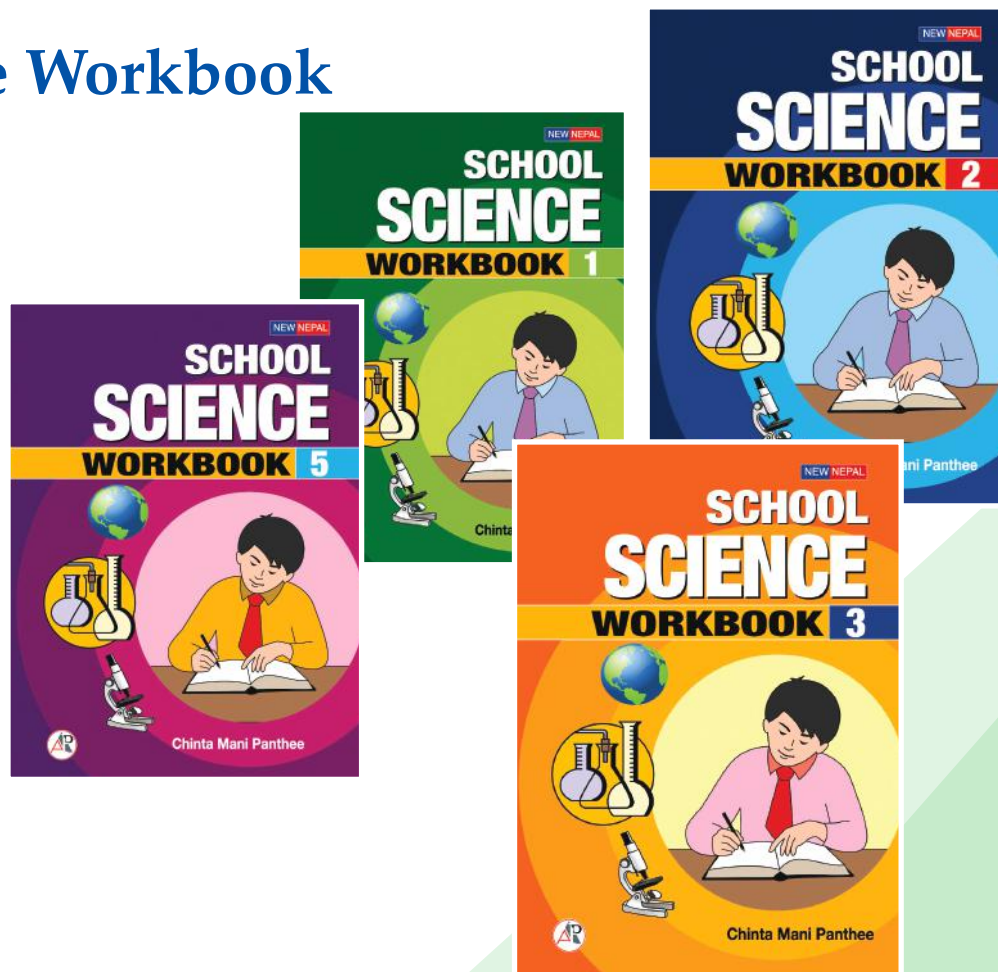


**NEW NEPAL**

# School Science Workbook

*Author: Chinta Mani Panthee*

- New Nepal School Science Workbook 1
- New Nepal School Science Workbook 2
- New Nepal School Science Workbook 3
- New Nepal School Science Workbook 4
- New Nepal School Science Workbook 5



**NEW NEPAL**

# School Science Practical

*Authors: Jayananda Kapadi  
Prakash Adhikari  
Chinta Mani Panthee*

- New Nepal School Science Practical Book 8
- New Nepal School Science Practical Book 9
- New Nepal School Science Practical Book 10



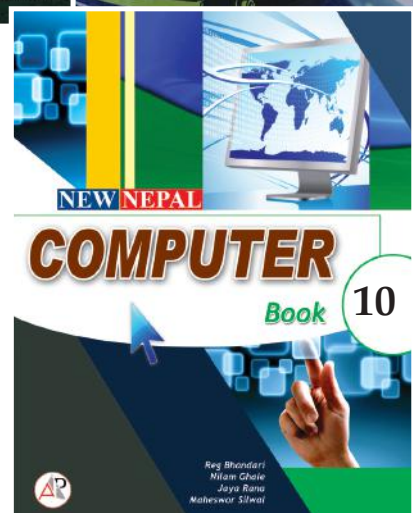
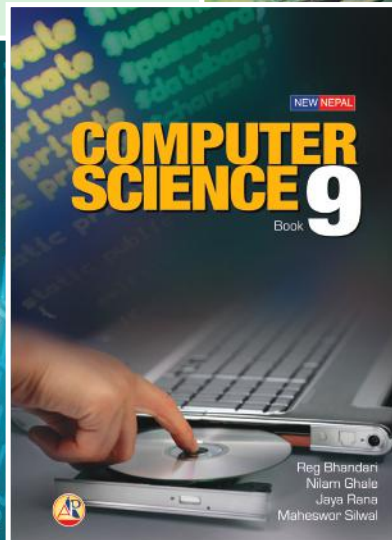
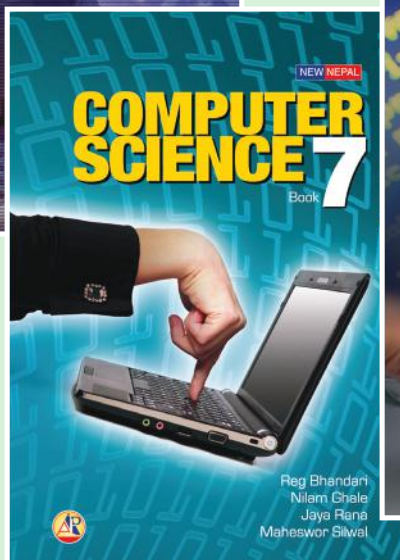
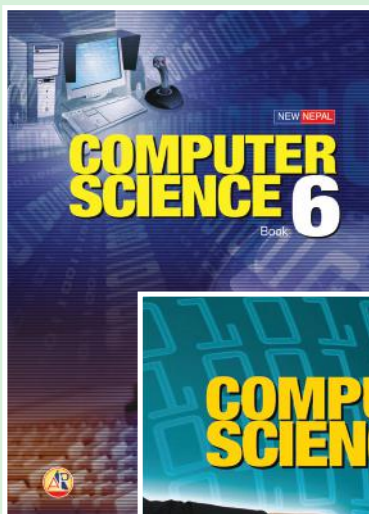
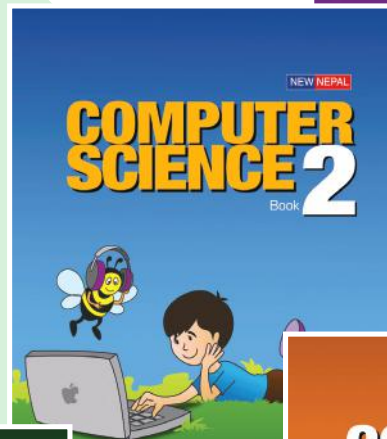
# Computer Science

Authors: Reg Bhandari, Nilam Ghale, Jaya Rana, Maheswor Silwal

## Features

- Based on the latest syllabus prescribed by the CDC, Nepal
- Written by highly proficient teachers of reputed schools of Nepal
- Meets the standard of international books
- Good for practice and exercises
- Contains varieties of exercises such as fill in the blanks, multiple choice and so on
- Background in each chapter highlights the importance of the topic
- "Objectives" and "Points to remember" are given in each chapter

New Nepal Computer	Book – 1
New Nepal Computer	Book – 2
New Nepal Computer	Book – 3
New Nepal Computer	Book – 4
New Nepal Computer	Book – 5
New Nepal Computer	Book – 6
New Nepal Computer	Book – 7
New Nepal Computer	Book – 8
New Nepal Computer	Book – 9
New Nepal Computer	Book – 10





# Health, Population & Environment

*Author: Dheejan Babu Kaphle*

**Features**

- Information is updated with a focus on CDC grid
- Presentation of subject matter is classified with examples
- Prepared in a way to make it different in the market
- Highly useful for students and teachers

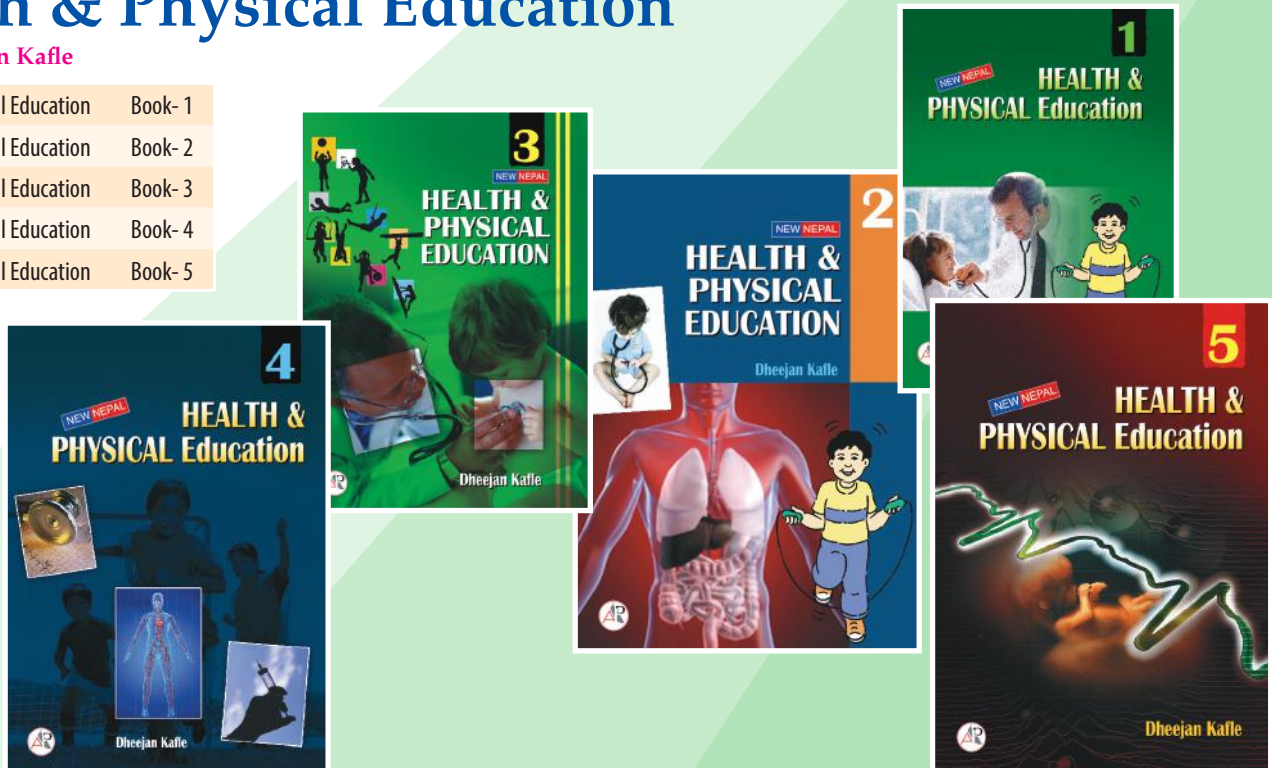
The Text Book of Health, Population & Environment	Book - 9
The Text Book of Health, Population & Environment	Book - 10 (New Course)



# Health & Physical Education

*Author: Dheejan Kafle*

Health and Physical Education	Book- 1
Health and Physical Education	Book- 2
Health and Physical Education	Book- 3
Health and Physical Education	Book- 4
Health and Physical Education	Book- 5

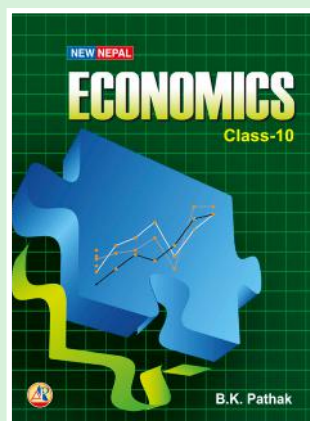
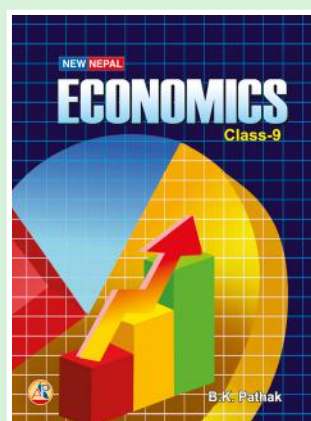
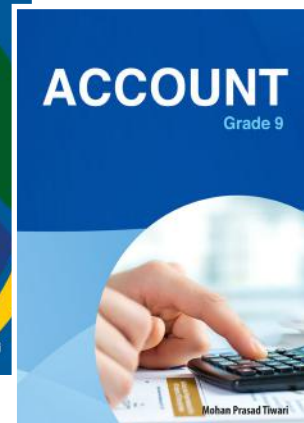
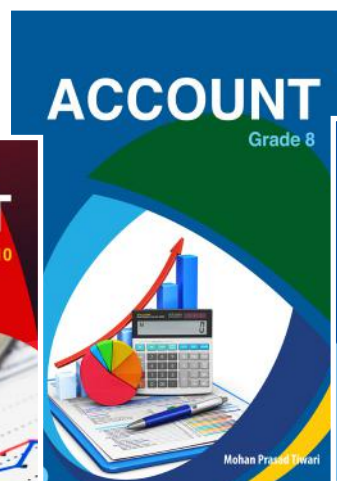
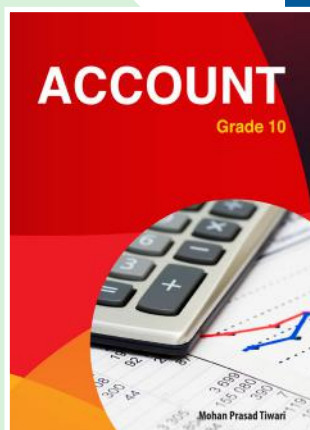




# Account Series

Author: Mohan Prasad Tiwari

A Text Book of Accountancy	Book- 8
A Text Book of Accountancy	Book- 9
A Text Book of Accountancy	Book- 10



# NEW NEPAL Economics

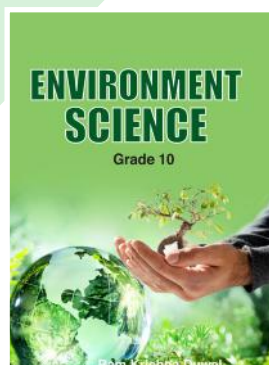
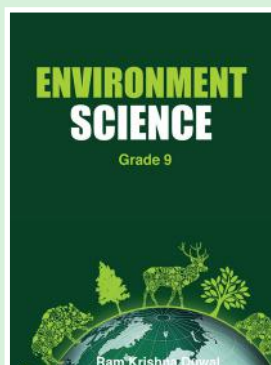
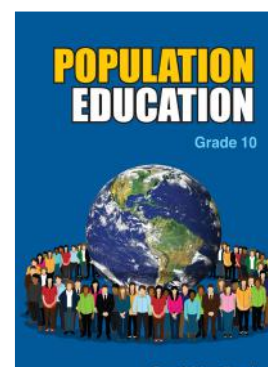
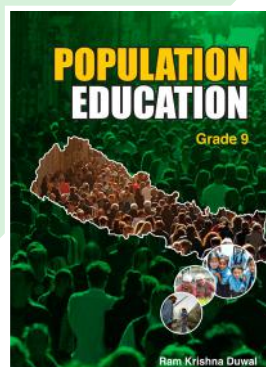
Author: B.K. Pathak

New Nepal Economics	Book – 9
New Nepal Economics	Book – 10

# Population Education

Author: Ram Krishna Duwal

Population Education	Book – 9
Population Education	Book – 10



# Environment Science

Author: Ram Krishna Duwal

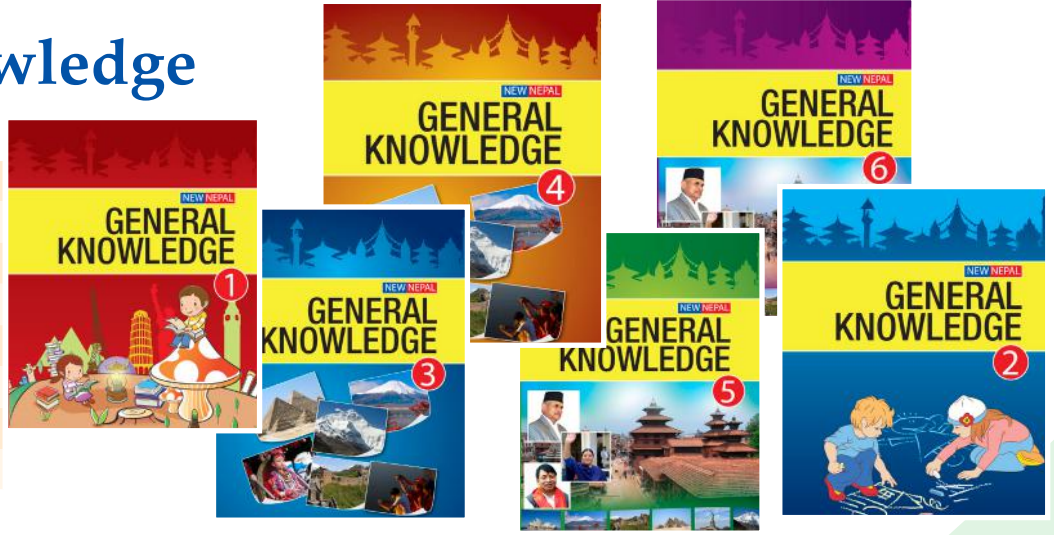
Environment Science	Book – 9
Environment Science	Book – 10

**NEW NEPAL**

# General Knowledge

Author: Ram Babu Khadka

New Nepal General Knowledge	Book- 0
New Nepal General Knowledge	Book- 1
New Nepal General Knowledge	Book- 2
New Nepal General Knowledge	Book- 3
New Nepal General Knowledge	Book- 4
New Nepal General Knowledge	Book- 5
New Nepal General Knowledge	Book- 6
New Nepal General Knowledge	Book- 7



**NEW NEPAL**

# Colouring Series

New Nepal Colouring	Book – A
New Nepal Colouring	Book – B
New Nepal Colouring	Book – C
New Nepal Colouring	Book – 1
New Nepal Colouring	Book – 2
New Nepal Colouring	Book – 3
New Nepal Colouring	Book – 4
New Nepal Colouring	Book – 5



**NEW NEPAL**

# Cursive Writing Series

New Nepal Cursive Writing	Primer- A
New Nepal Cursive Writing	Primer- B
New Nepal Cursive Writing	Primer- 1
New Nepal Cursive Writing	Primer- 2
New Nepal Cursive Writing	Primer- 3
New Nepal Cursive Writing	Primer- 4
New Nepal Cursive Writing	Primer- 5



**NEW NEPAL**

# Nursery Series

New Nepal All in One (Soft Cover)
New Nepal All in One (Hard Cover)
New Nepal Capital Letters and Colouring
New Nepal Small Letters and Colouring
Number Book
Table Book
नेपाली वर्णमाला



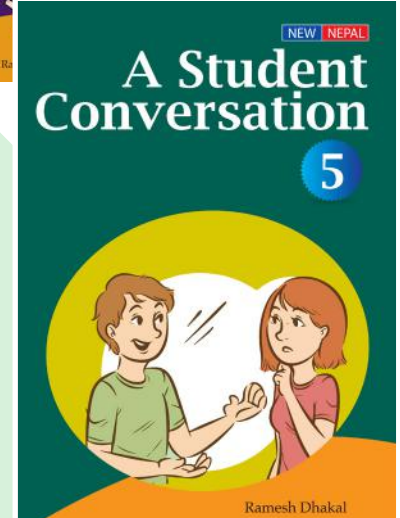
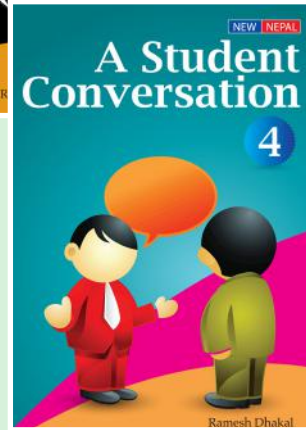
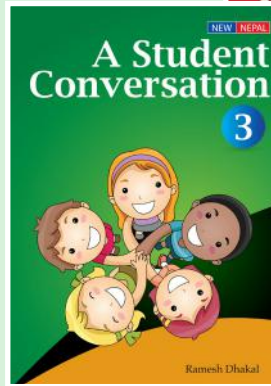
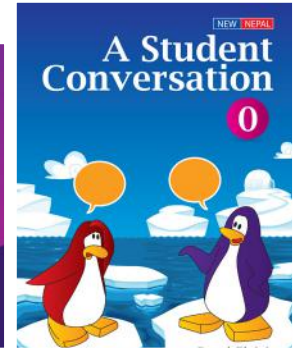
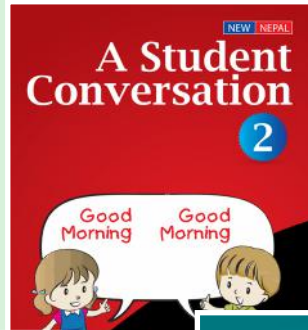


**NEW NEPAL**

# Conversation Series

Author: **Ramesh Dhakal**

New Nepal A Student Conversation	Primer
New Nepal A Student Conversation	Book 1
New Nepal A Student Conversation	Book 2
New Nepal A Student Conversation	Book 3
New Nepal A Student Conversation	Book 4
New Nepal A Student Conversation	Book 5



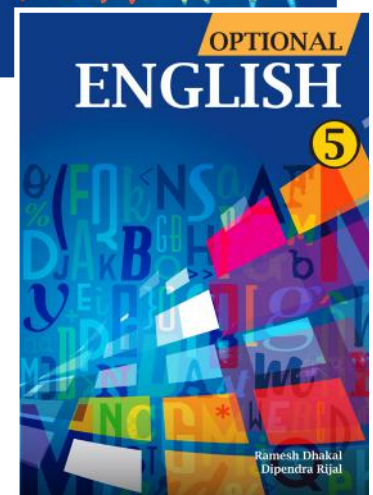
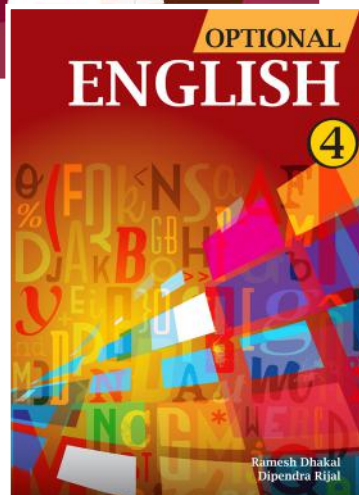
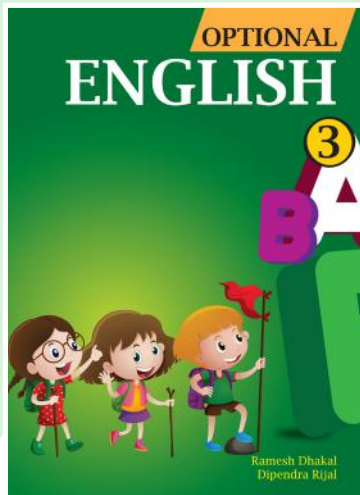
**NEW NEPAL**

# Optional English

(for Government Schools)

Authors: **Ramesh Dhakal, Dipendra Rijal**

New Nepal Optional English	1
New Nepal Optional English	2
New Nepal Optional English	3
New Nepal Optional English	4
New Nepal Optional English	5

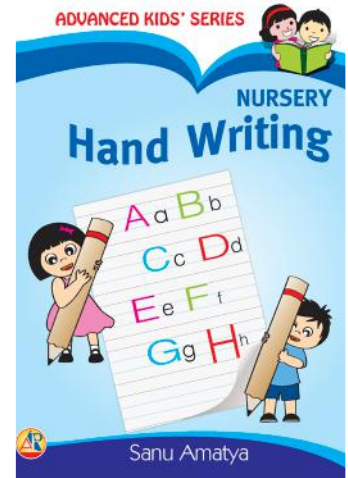
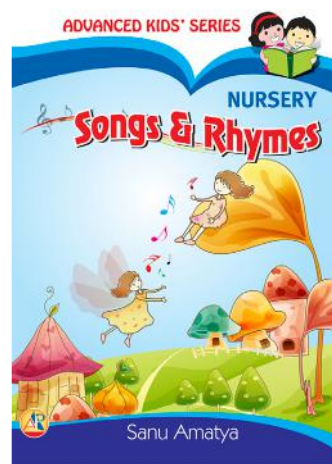




# Additional Books for Nursery, LKG & UKG

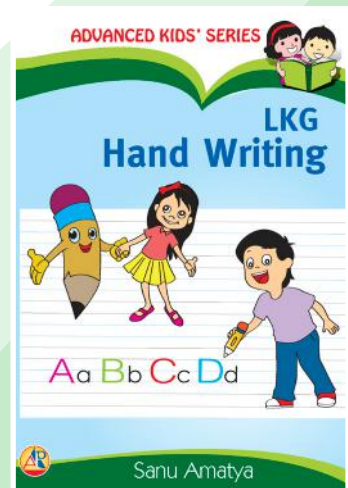
## Nursery

Handwriting  
Songs & Rhymes



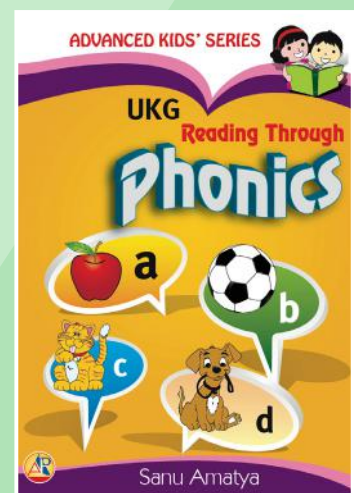
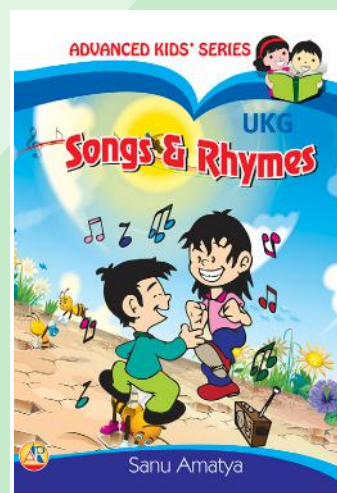
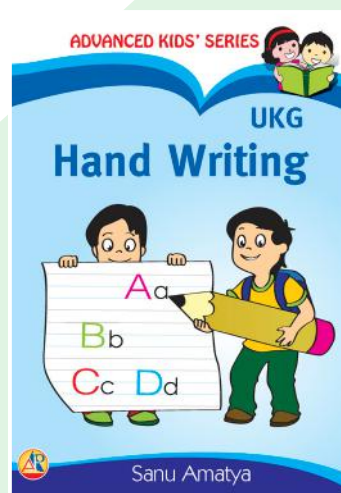
## LKG

Handwriting  
Songs & Rhymes



## UKG

English Phonics  
Handwriting  
Songs & Rhymes



# English Medium Books for Government Schools

## I Enjoy English

Author: Hira Lal Subedi

I Enjoy English	KG
I Enjoy English	1
I Enjoy English	2
I Enjoy English	3
I Enjoy English	4
I Enjoy English	5



## I Enjoy Social Studies & Creative Arts

Author: Deepak Sharma

I Enjoy Social Studies & Creative Arts	Book KG
I Enjoy Social Studies & Creative Arts	Book 1
I Enjoy Social Studies & Creative Arts	Book 2
I Enjoy Social Studies & Creative Arts	Book 3
I Enjoy Social Studies & Creative Arts	Book 4
I Enjoy Social Studies & Creative Arts	Book 5





# I Enjoy Mathematics

Author: Dinesh Kumar Shrestha

I Enjoy Mathematics	KG
I Enjoy Mathematics	1
I Enjoy Mathematics	2
I Enjoy Mathematics	3
I Enjoy Mathematics	4
I Enjoy Mathematics	5



# I Enjoy Science

Author: Dinesh Kumar Shrestha

I Enjoy Science, Health & Physical Education	KG
I Enjoy Science, Health & Physical Education	1
I Enjoy Science, Health & Physical Education	2
I Enjoy Science, Health & Physical Education	3
I Enjoy Science, Environment, Health & Physical Education	4
I Enjoy Science, Environment, Health & Physical Education	5



Let's Chart A New Course In Education



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