

**ROCKPOOL**  
**PUBLISHING**

2020

# CATALOGUE

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Mind-body-spirit and health/wellness

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# Tarot Cards

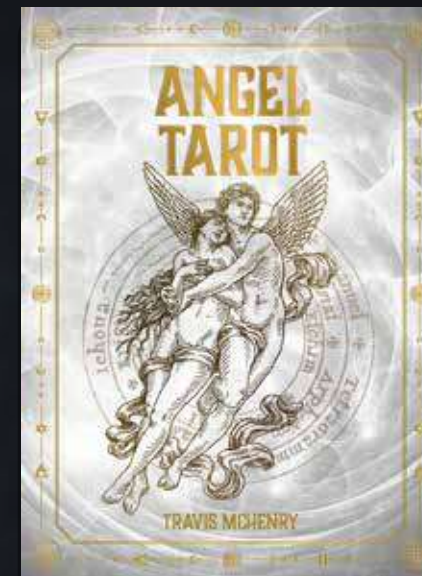
Drawing from the world's most mysterious form of divination first used during the mid-18th century in Europe, tarot cards are a universal means of accessing wisdom and messages through its two sections: the Major Arcana and the Minor Arcana cards, containing suits to represent the mind, emotions, passions and strengths. Beautifully packaged in a practical closed box that easily fits alongside your favourite books on the shelf, the Rockpool tarot series is a bold and exciting step into one of the world's most revered means of intuitive development in the esoteric realm.

**RRP:** \$26.95 USD

Includes:  
1 x box  
- 163mm x 112mm

1 x guidebook  
- 96 pages

78-80 x cards  
- 96mm x 141mm



## Angel Tarot

*Travis McHenry*

**ISBN:** 978-1-925924-20-6 **Format:** 78 cards, 48pp guidebooklet **RRP:** \$26.95 USD

For the first time in history the power of the Shem HaMephorash has been shared with all those interested in the mysteries of these heavenly creatures, secrets previously held in ancient magical grimoires and obscure religious texts. By invoking these supreme angelic beings through their corresponding sigils you can discover their true power. More than just prophetic and insight tools, when combined with the supplied summoning seals and pentacles, the nine choirs of angelic hierarchy and the original divine names you can invoke the true energies of these sacred beings into your life.

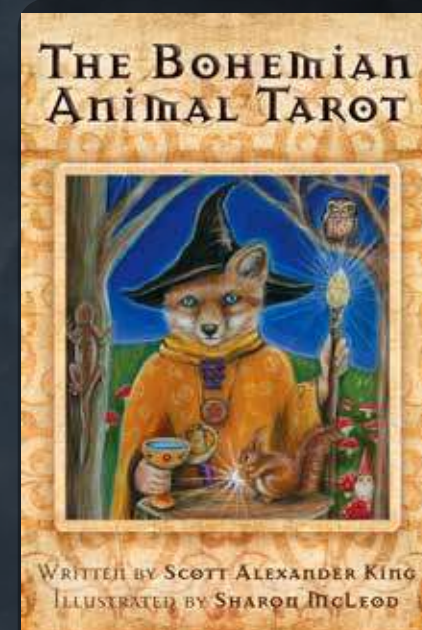


## Occult Tarot

*Travis McHenry*

**ISBN:** 978-1-925924-21-3 **Format:** 78 cards, 48pp guidebooklet **RRP:** \$26.95 USD

Author and occultist Travis McHenry reveals the secret daemons of the 17th century and conjures their powers into this unique 78 divination card set. Drawing on symbols and sigils from ancient magical grimoires, including *Archixis Magica* and the *Key of Solomon*, the Occult tarot presents a fully realised divination tool to finally embrace and behold the mysteries of the night.



## The Bohemian Animal Tarot

*Scott Alexander King*

**ISBN:** 978-1-925429-25-1 **Format:** 80 cards, 192 guidebooklet **RRP:** \$29.95 USD

Representing our archetypal aspects as part human and part animal, it explores the fundamental types of people and life situations entrenched in the collective psyche of all people. The card artwork blends 15th-century Tudor- and Elizabethan-inspired costume styles with classical late Baroque, Victorian, and French themes and a touch of Romany Gypsy—a totally unique tarot experience!





# Oracle Cards

Inspired by the times of classical antiquity, oracle cards have proven to be the world's most popular tool for prophecy predictions and wise counsel. In our own range of oracle cards we publish the works of leading Australian authors and international artists, creating a series of cards that celebrates the journey of the human spirit through cultures, themes and natural wonders of the earth. Designed in a carry-friendly box complete with full-colour companion guide booklet, you'll always have words of wisdom at reach with our oracle cards.

RRP: \$21.95 USD

Includes:  
1 x box  
- 102mm x 138mm

1 x guidebook  
- 76-180 pages

36-44 x cards  
- 90mm x 128mm



**Goddess Love Oracle**  
Wendy Andrew



**Enchanted Unicorn Oracle**  
Priestess Moon



**Self Love Oracle**  
Akal Pritam



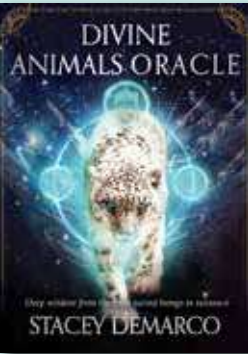
**Making Magick Oracle**  
Priestess Moon



**Mists of Avalon Oracle**  
Rose Inserra



**Goddess Dream Oracle**  
Wendy Andrew



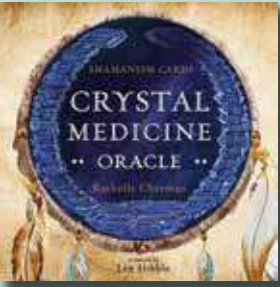
**Divine Animals Oracle**  
Stacey Demarco



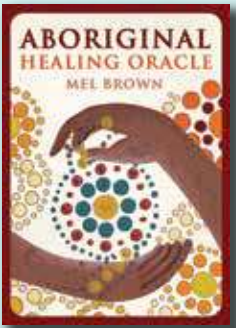
**Magick of You Oracle**  
Fiona Horne



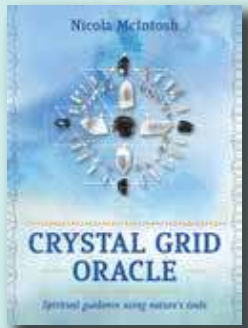
**Magickal Herb Oracle**  
Cheralyn Darcey



**Crystal Medicine Oracle**  
Rachelle Charman



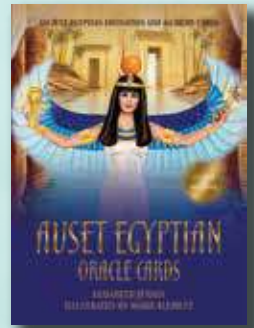
**Aboriginal Healing Oracle**  
Mel Brown



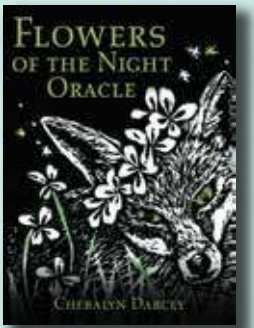
**Crystal Grid Oracle**  
Nicola McIntosh



**Queen of the Moon Oracle**  
Stacey Demarco



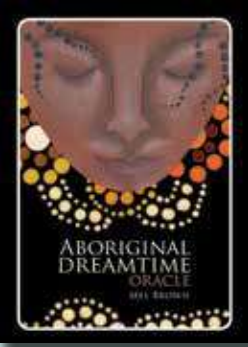
**Auset Egyptian Oracle**  
Elisabeth Jensen



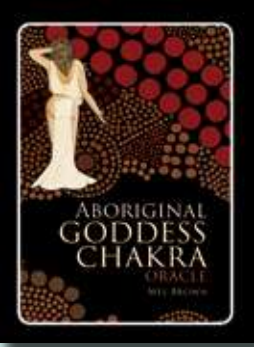
**Flowers of the Night Oracle**  
Cheralyn Darcey



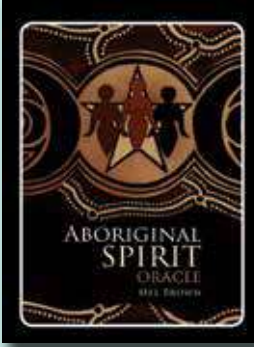
**Enchanted Spell Oracle**  
Priestess Moon



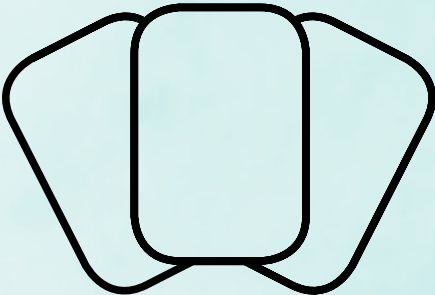
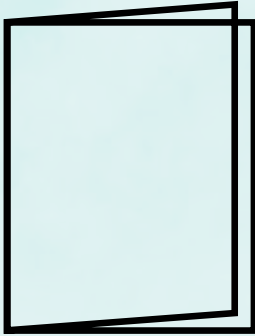
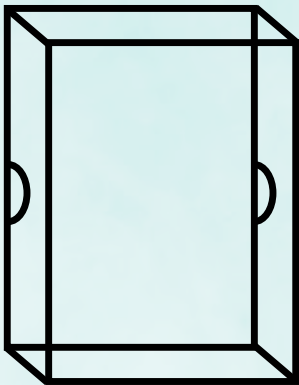
**Aboriginal Dreamtime Oracle**  
Mel Brown



**Aboriginal Goddess Chakra Oracle**  
Mel Brown



**Aboriginal Spirit Oracle**  
Mel Brown







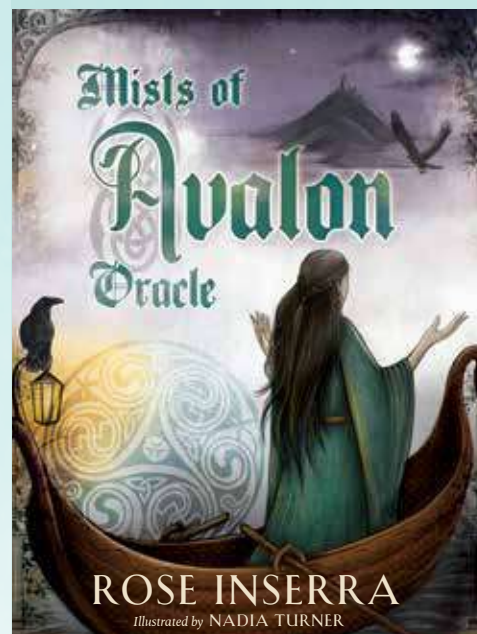
## Self Love Oracle

Akal Pritam

ISBN: 978-1-925924-17-6 Format: 36 cards RRP: \$21.95 USD Coming Soon

Explore your chakras and aura, and integrate your past emotional experiences and energies for a total mind, body and soul healing. Through its stunning multi-layered illustrations and unique and loving messages, this 36-card oracle invites you to discover the essence of your divine femininity.

Each card in the 36-card set offers an energy description, a soul lesson, element, gift and ritual. Additional cards for the seven chakras and aura, as well as four wild cards for extended guidance, complete this powerful, sensual oracle.



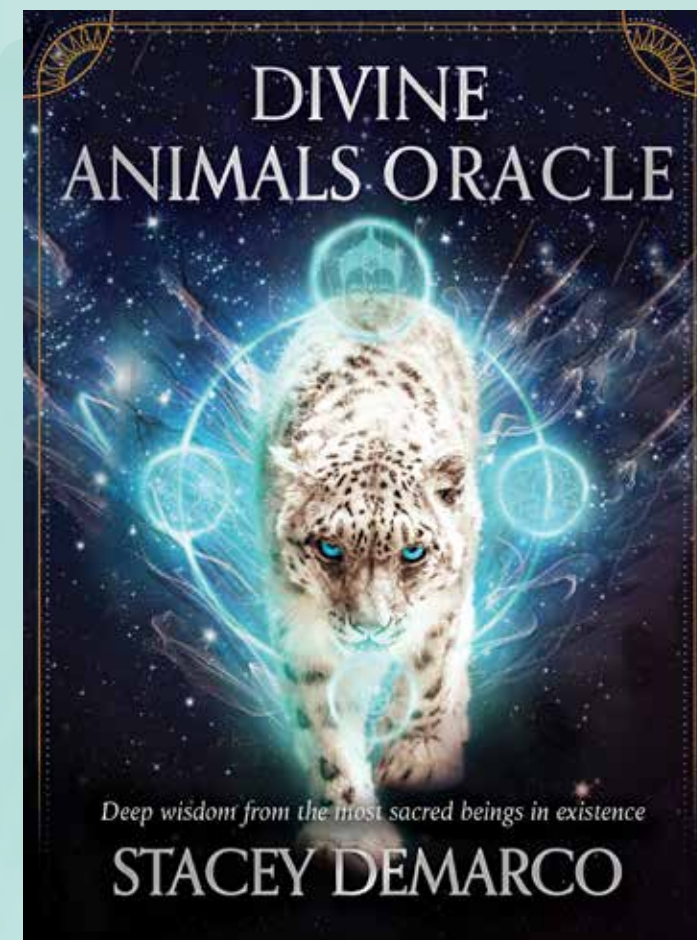
## Mists of Avalon Oracle

Rose Inserra

ISBN: 978-1-925682-05-2 Format: 36 cards RRP: \$21.95 USD

*Mists of Avalon Oracle* invites you on a sacred spiritual path to heal and awaken to your full potential. Uncover the myth of King Arthur and the Camelot story as you connect to the magic of Morgan le Fay. Feel the spiritual power of the mystic landscape of Glastonbury and its surrounds, once the site of Avalon, revered since ancient times as a gateway to the Otherworld.

This stunning deck captures the true essence of the mystery of Avalon, empowering you to self-discovery on your soul quest. It is a transformational experience for those who are ready to follow their true spiritual path in the ways of the Avalon goddesses and priestesses. Call on the energy of Avalon to provide insight, clarity and guidance for your life now and to illuminate the way forward.



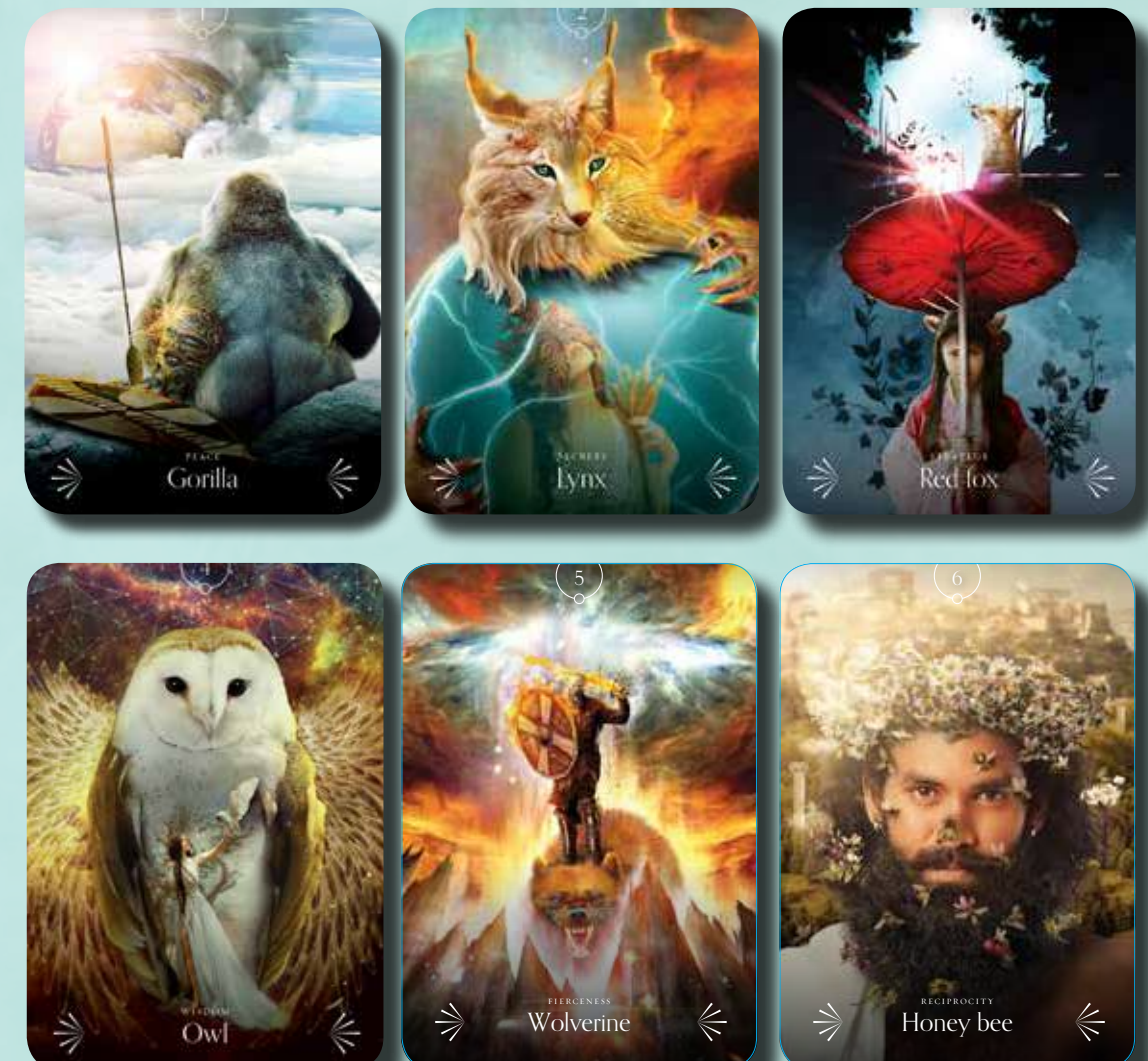
## Divine Animals Oracle

Stacey Demarco

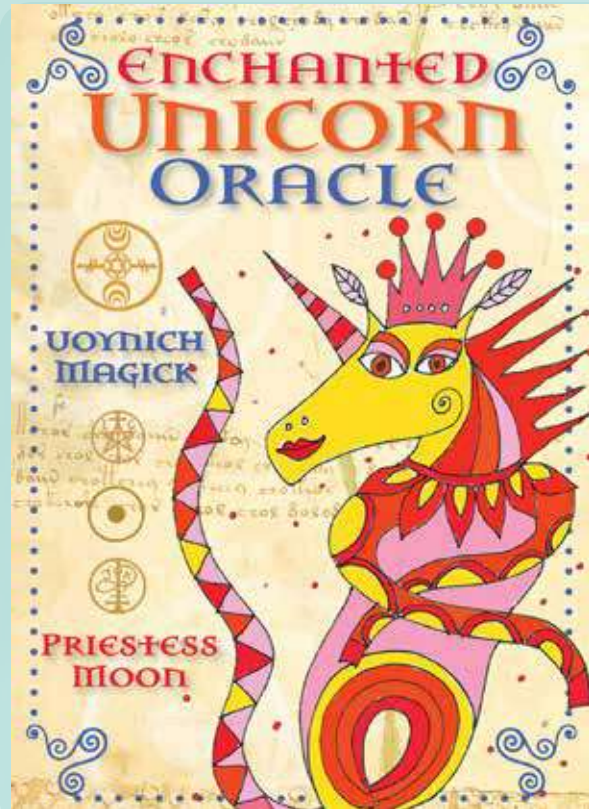
ISBN: 978-1-925429-94-7 Format: 44 cards RRP: \$21.95 USD

The voices and energy of our animal kin have always been a part of our human experience, across most cultures and timeframes. The stories of their relationships with the goddesses and gods entwined the two energies into a divine form. Now it is time for us to again reconnect with this powerful partnership.

Deeply researched and richly written, in this oracle you will discover the mythos of the animals and the eternal deities whose energy is woven together in synergistic magic and learn how to use it to benefit your life. Double the power, double the wildness, double the wisdom! Featuring animals and mythos from across the planet — from Africa to the Arctic — this unique oracle is not only truly beautiful but will deliver accurate and compassionate insight to the reader.





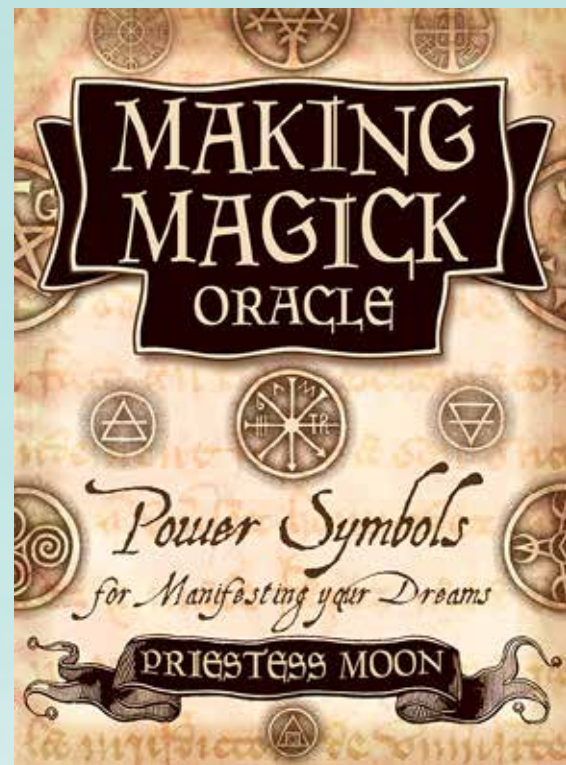


## Enchanted Unicorn Oracle

*Priestess Moon*

**ISBN:** 978-1-925924-31-2 **Format:** 36 cards **RRP:** \$21.95 USD *Coming Soon*

Discover the enchanting power of unicorns and embrace the magick of these mystical creatures through their sacred legends and mystery in this unique 36-card deck. Inspired by the Voynich manuscript, an impenetrable mediaeval work that is one of the most perplexing mysteries in the history of cryptology. Within the 36 cards and accompanying booklet the mystical nature of the cryptic codex is explored, beautifully matching the myth and magick of the unicorn legend.



## Making Magick Oracle

*Priestess Moon*

**ISBN:** 978-1-925429-99-2 **Format:** 36 cards **RRP:** \$21.95 USD *Coming Soon*

Symbols have been used as talismans for thousands of years to attract good luck, prosperity, healing, love and success, as well as being employed as amulets to repel unwanted influences. Enter the charmed world of magickal symbols!

Featuring a dynamic combination of mediaeval charms, ancient symbols, alchemical glyphs and Priestess Moon's own channelled sigils, each card depicts a powerful cypher that has been designed to tilt the future in your favour.



## Goddess Love Oracle

*Wendy Andrew*

**ISBN:** 978-1-925924-32-9 **Format:** 36 cards **RRP:** \$21.95 USD *Coming Soon*

*The enigmatic Goddess dances into our lives calling us to remember . . . our soul's truth and spiritual force residing within our hearts, beckoning its empowered return.*

Walk through the seasons of change with the Goddess and unveil her power in this illustrative oracle of beauty, truth and love. Discover 36 cards of wisdom and imagination to embrace the energy of the awakened feminine and grow into your life's purpose and path. Through working with this oracle in your daily life you will be guided towards positive choices for empowerment in all areas of your life. Meet her allies, touch her tenderness, kiss her serenity and dance in her delight. With the crown of the Goddess in your hands, you will remember your magickal soul once again.



## Goddess Dream Oracle

*Wendy Andrew*

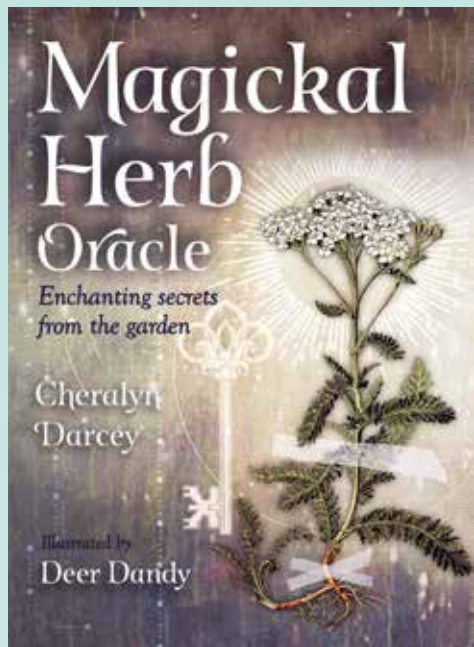
**ISBN:** 978-1-925682-10-6 **Format:** 36 cards **RRP:** \$21.95 USD

A force of nature that calls all life into being, the Goddess is divine feminine awakened to the greatest magick held within. She is maiden of creativity, mother of love and crone of sacred wisdom. Take her hand through the *Goddess Dream Oracle* and reconnect to your own intuition and remember who you really are.

Through working with this oracle in your daily life you will delve into the divine dreamworld of the Goddess in all her forms and meet her allies. She will reveal herself through her dark mysteries in the depths of the forest to her splendour as the waves of the sea, and guide you in your search for your inner truth, your life purpose and your higher self.





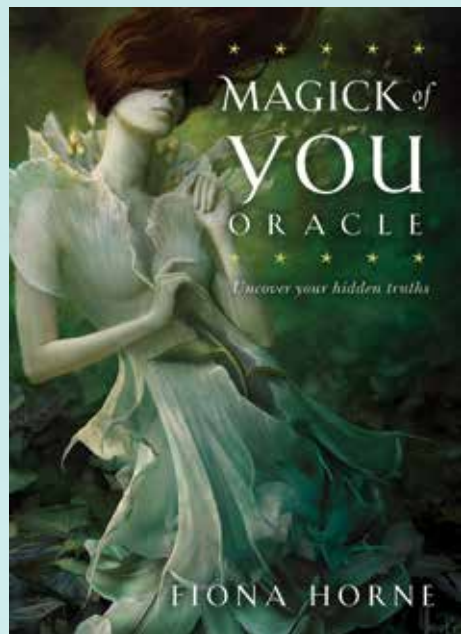


## Magickal Herb Oracle

Cheralyn Darcey

ISBN: 978-1-925682-89-2 Format: 36 cards RRP: \$21.95 USD

The *Magickal Herb Oracle* brings the precious secrets and ancient wisdoms of herbs for you to explore while immersing your soul, body and spirit in real nature magick. You will learn how to create powerful magick and rituals for everyday purposes, or you can consult the herbs within this deck to construct traditional oracle readings that will help you find divine answers, support and guidance.

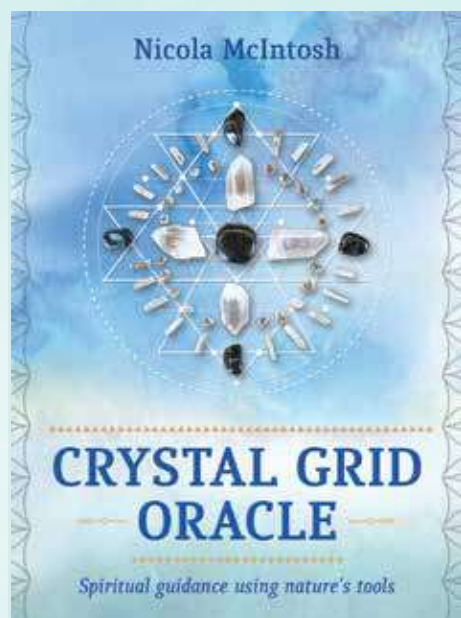


## Magick of You Oracle

Fiona Horne

ISBN: 978-1-925682-82-3 Format: 36 cards RRP: \$21.95 USD

The *Magick of You Oracle* will help you navigate obstacles and clear your path in times of need. Tap into universal wisdom and the enhancement of your own inner vision in order to heal recurring problems in your life.

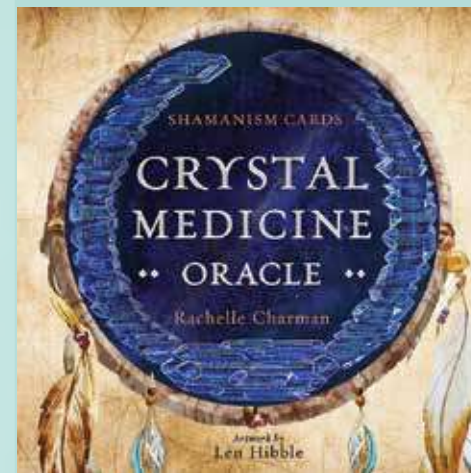


## Crystal Grid Oracle

Nicola McIntosh

ISBN: 978-1-925682-60-1 Format: 36 cards RRP: \$21.95 USD

Awaken the healer within and tune into your intuition as you access the wisdom of crystal grids. The *Crystal Grid Oracle*, a tool to aid spiritual growth, will change the way you use and work with crystals and gem stones forever.



## Crystal Medicine Oracle

Rachelle Charman

ISBN: 978-1-925682-35-9 Format: 33 circular cards RRP: \$23.95 USD

These sacred *Crystal Medicine Oracle* cards work on all levels of your being: mind, body and spirit. As you connect with these 33 magickal cards you will be taken on a potent journey of self-empowerment and mastery. They invite you to deepen to the next level as they work with five different aspects of medicine, making them holistic in their application and approach. Aligning such powerful medicine has allowed for the birthing of these compelling one-of-a-kind medicine cards.

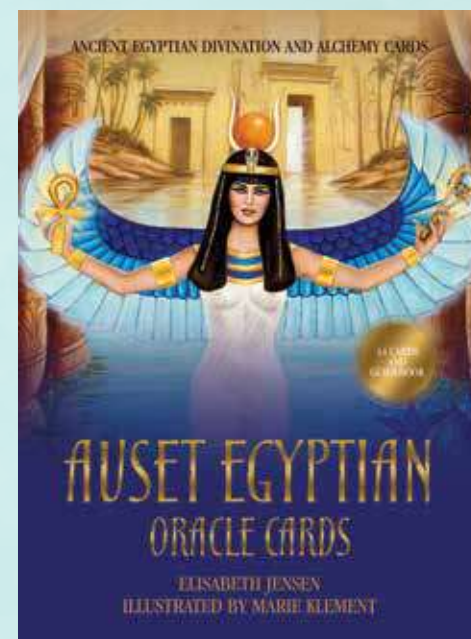


## Queen of the Moon Oracle

Stacey Demarco

ISBN: 978-1-925682-58-8 Format: 44 cards RRP: \$21.95 USD

For countless millennia, humans have connected to the mystical power of the moon and the energy of the seasons. For our ancient ancestors, the earliest veneration and sacred honouring was of the moon, the seasons, the cycles of light and dark, hot and cold and fertility and rest, and this beautifully illustrated *Queen of the Moon Oracle* allows you, the modern seeker, to plug into these, the most primal energies of all.



## Auset Egyptian Oracle Cards

Elisabeth Jensen

ISBN: 978-1-925682-62-5 Format: 44 cards RRP: \$21.95 USD

These beautiful 44 cards and guidebook give you access to the magical powers and sacred wisdom of Auset, Mother Goddess of Healing and Prophecy. Also known as Isis, who is the most loved of all the Egyptian goddesses, Auset has imbued these cards with her divine intuition so you will always find them highly accurate and reliable.







## Enchanted Spell Oracle

*Priestess Moon*

**ISBN:** 978-1-925682-12-0 **Format:** 36 cards **RRP:** \$21.95 USD

Brimming with botanical information, symbolic meaning and kitchen magick, allow divine priestesses help you create the life you want through bewitching recipes, rituals and spells. By using commonplace kitchen ingredients, return to a place where herbal lore could cure everything from physical to spiritual ailments.

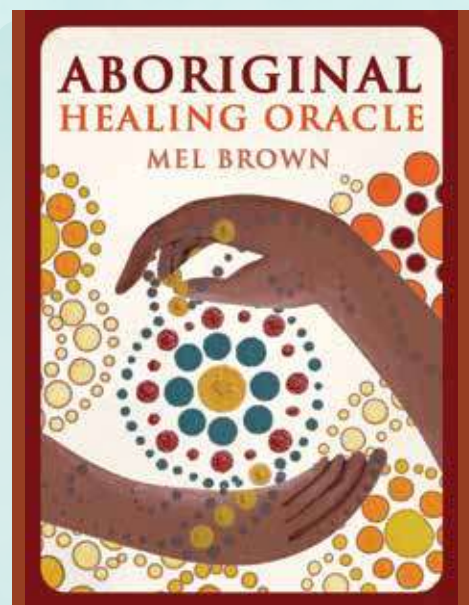


## Flowers of the Night Oracle

*Cheralyn Darcey*

**ISBN:** 978-1-925682-09-0 **Format:** 44 cards **RRP:** \$21.95 USD

Come into the enchanting garden of the night and explore your power and passion with this dedicated oracle of 44 cards and guidebook. Each card depicts a flower in its original environment and is coupled with the animals, insects and birds of the flower's habitat.

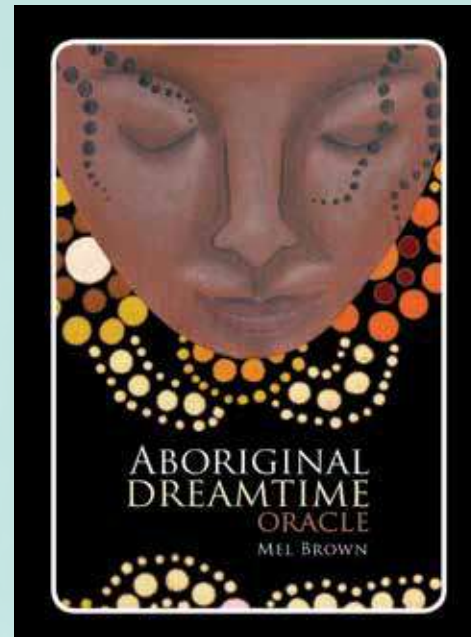


## Aboriginal Healing Oracle

*Mel Brown*

**ISBN:** 978-1-925682-36-6 **Format:** 36 cards **RRP:** \$21.95 USD

*Aboriginal Healing Oracle* is a unique Indigenous healing set of 36 cards divided into three sets: Bush Medicine, Animal Totems and Aboriginal Ancestors.

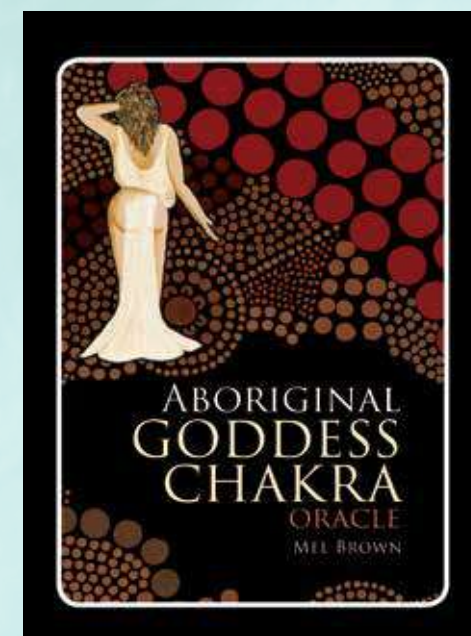


## Aboriginal Dreamtime Oracle

*Mel Brown*

**ISBN:** 978-1-925429-29-9 **Format:** 40 cards **RRP:** \$21.95 USD

The *Aboriginal Dreamtime Oracle* is inspired by the close connection between Aboriginal spirituality and the relationship with ancestors of the past — the caretakers of ancient lands.

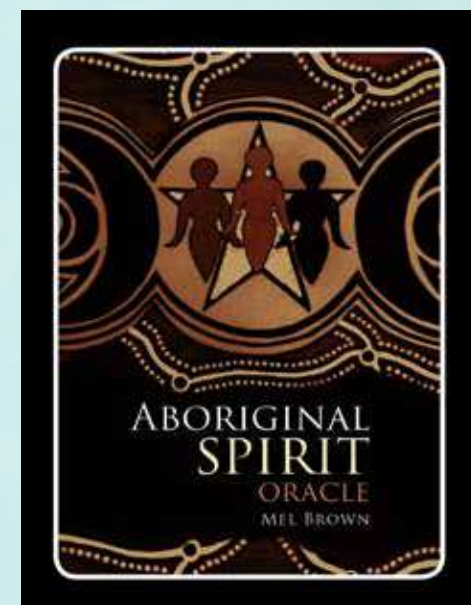


## Aboriginal Goddess Chakra Oracle

*Mel Brown*

**ISBN:** 978-1-925429-30-5 **Format:** 49 cards **RRP:** \$21.95 USD

The *Aboriginal Goddess Chakra Oracle* is a unique mix of Aboriginal and universal spirituality, encompassing a range of deities and teachings of the seven energy chakras within the body.



## Aboriginal Spirit Oracle

*Mel Brown*

**ISBN:** 978-1-925429-31-2 **Format:** 40 cards **RRP:** \$21.95 USD

Featuring 40 cards beautifully illustrated to represent the mental, emotional and raw spiritual aspects of our soul, the *Aboriginal Spirit Oracle* is a powerful tool to navigate you towards empowerment and self-healing, clarifying questions and issues that arise in life, allowing peace to encompass your heart again.





# Reading Cards

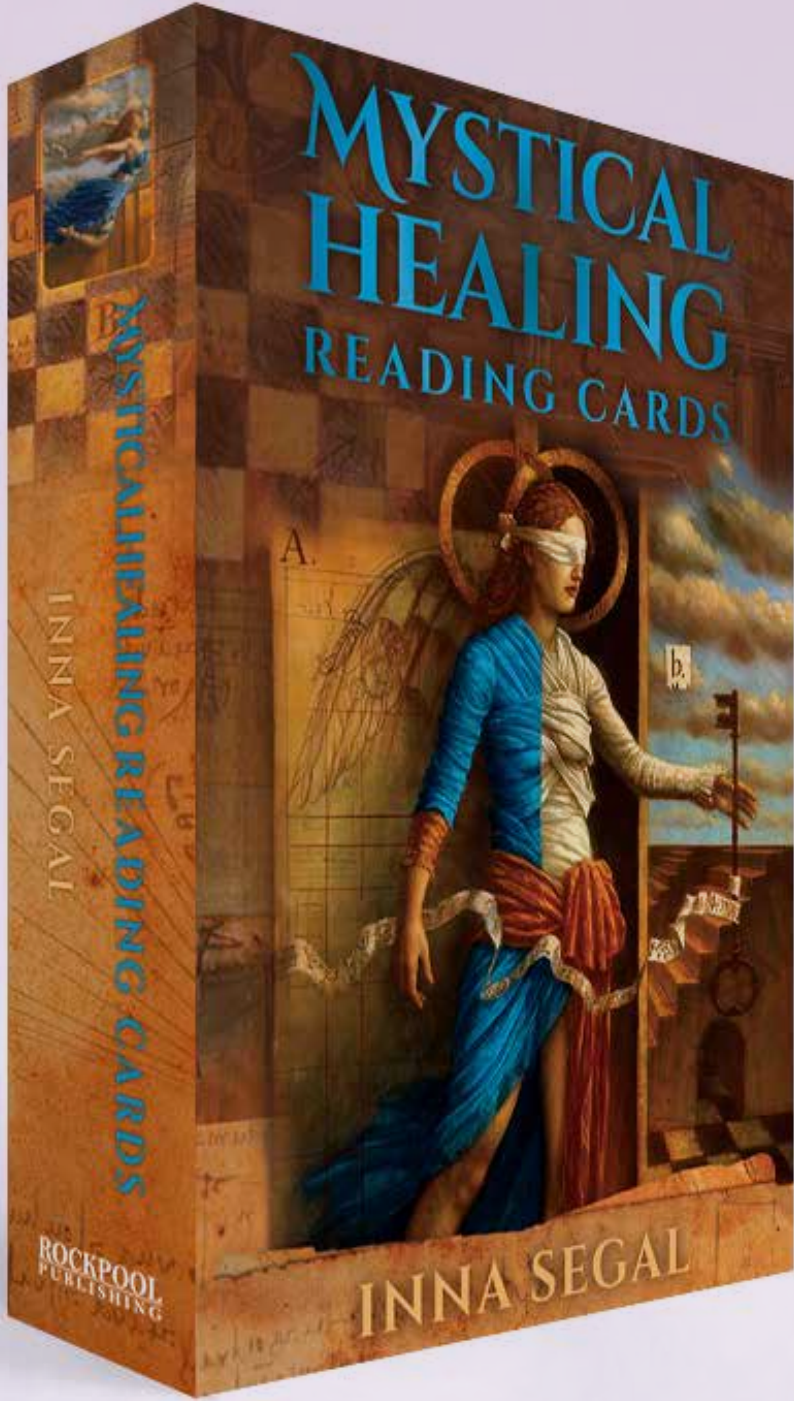
A modern take on divination, the Reading Cards are the perfect tool for self-reflection, healing guidance, inspiration and insight. Covering an array of soul-focused topics, from dreams and astrology to crystals, angels and Indigenous culture, each set of cards explores interpretive messages for spiritual awareness. Beautifully packaged in a magnetic-close box that easily fits alongside your favourite books on the shelf, the Rockpool Reading Cards are recognised world-wide for their quality, imagination and uniqueness. A perfect gift for yourself, friends or family.

RRP: \$21.95 USD

- Includes:
- 1 x box
  - 133mm x 192mm
  - magnetic seal

- 1 x guidebook
- 88-112 pages

- 36 x cards
- 96mm x 141mm



## Our Series

Choose from our popular range of inspired designs with artworks by international illustrators and written by leading Australian authors. Each 36-card set offers powerful wisdom for the mind, heart and soul.



**Mystical  
Healing  
Reading Cards**  
Inna Segal



**Sacred Spirit  
Reading Cards**  
Anna Stark



**Sacred Power  
Reading Cards**  
Anna Stark



**Blue Messiah  
Reading Cards**  
Nari Anastarsia



**Cosmic  
Reading Cards**  
Nari Anastarsia



**Saints and  
Mystics  
Reading Cards**  
Andres Engracia



**Zodiac  
Reading Cards**  
Patsy Bennett



**Guardian  
Angel  
Reading Cards**  
Debbie Malone



**Angel  
Reading Cards**  
Debbie Malone



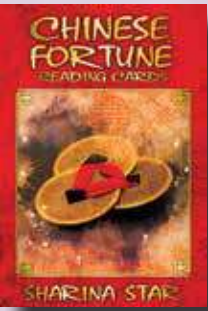
**Chakra  
Reading Cards**  
Rachelle Charman



**Crystal  
Reading Cards**  
Rachelle Charman



**Fortune  
Reading Cards**  
Sharina Star



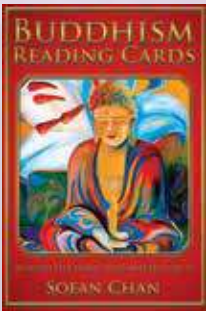
**Chinese  
Fortune  
Reading Cards**  
Sharina Star



**True Love  
Reading Cards**  
BelindaGrace



**Clairvoyant  
Reading Cards**  
BelindaGrace



**Buddhism  
Reading Cards**  
Sofan Chan



**Heal Yourself  
Reading Cards**  
Inna Segal



**Dream  
Reading Cards**  
Rose Inserra



**Dreamtime  
Reading Cards**  
Laura Bowen



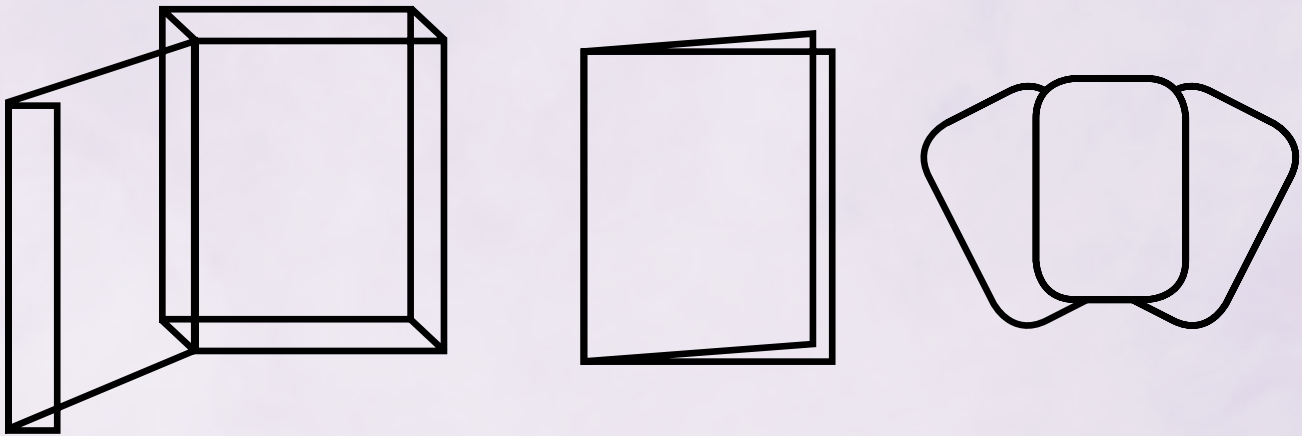
**Saltwater  
Reading Cards**  
Laura Bowen



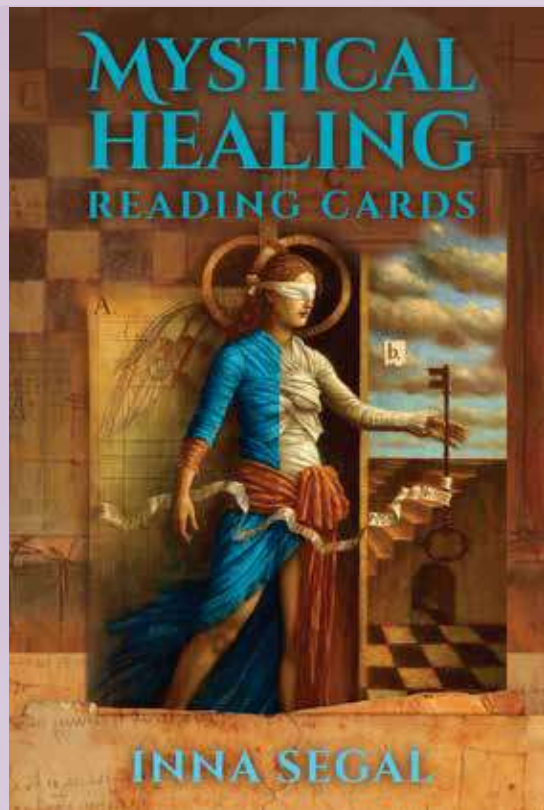
**Flower  
Reading Cards**  
Cheralyn Darcey



**Australian  
Wildflower  
Reading Cards**  
Cheralyn Darcey







## Mystical Healing Reading Cards

Inna Segal

ISBN: 978-1-925924-18-3 Format: 36 cards RRP: \$21.95 USD

Healing everything from fear and anxiety to ancestral patterns and karma, this deck will be one of the most profound and life changing you have ever encountered.

Propel yourself into your inner life of feelings, soul wisdom and spiritual evolution with this mystical card deck. Each card's evocative image offers you profound knowledge of self and spirit combined with practical guidance and tools for transformation. You will find yourself more aware, more resilient and more able to tackle challenges and embrace opportunities.

Author Inna Segal's power lies in her ability to awaken you to what is going on inside you and giving you cutting-edge, powerful, enlivening processes for regeneration and refinement.

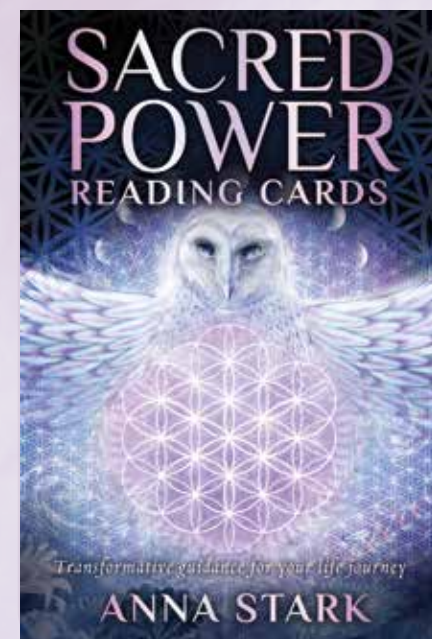


## Sacred Spirit Reading Cards

Anna Stark

ISBN: 978-1-925682-84-7 Format: 36 cards RRP: \$21.95 USD

*Sacred Spirit Reading Cards* is a deck of 36 cards of visionary artworks that will help you look beyond the physical realm and connect to higher vibrational energies to empower your spirit with confidence and direct you towards positive life paths.

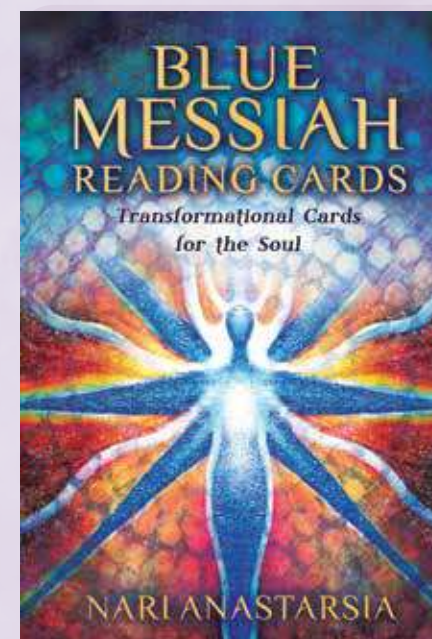


## Sacred Power Reading Cards

Anna Stark

ISBN: 978-1-925429-27-5 Format: 36 cards RRP: \$21.95 USD

*Sacred Power Reading Cards* is a 36-card deck that provides self-empowerment and healing by delving deep into sacred symbols, totem animals and the spiritual realms. This deck will awaken your spirit's path and open your heart towards new possibilities and guidance.

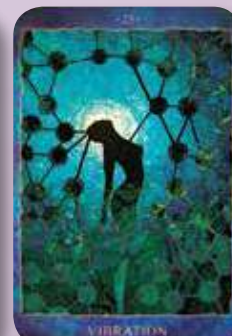
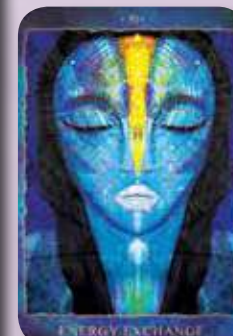


## Blue Messiah Reading Cards

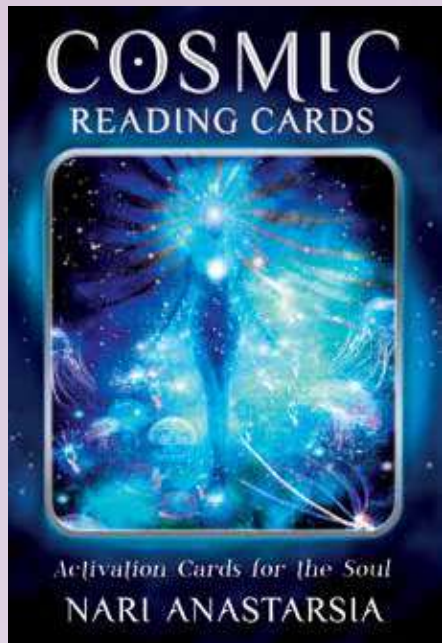
Nari Anastarsia

ISBN: 978-1-925682-34-2 Format: 36 cards RRP: \$21.95 USD

The *Blue Messiah Reading Cards* have been divinely created as a universal heart compass to guide and support humanity through the immense changes and energy shifts occurring all around us.







## Cosmic Reading Cards

Nari Anastarsia

**ISBN:** 978-1-925017-94-6 **Format:** 36 cards **RRP:** \$21.95 USD

The 36 visionary artworks on each card contain healing messages for growth, clarity and direction. Activate your soul to the memory of its true creative potential with the use of the cards and your intuitive abilities.



## Saints and Mystics Reading Cards

Andrés Engracia

**ISBN:** 978-1-925429-28-2 **Format:** 36 cards **RRP:** \$21.95 USD

*Saints and Mystics Reading Cards* takes the reader through time to discover the secrets and teachings of the revered mystics and saints across the globe. The beautifully illustrated 36-card deck brings the stories and mystical knowledge of some of history's most fascinating spiritual and mystical figures into the modern age.

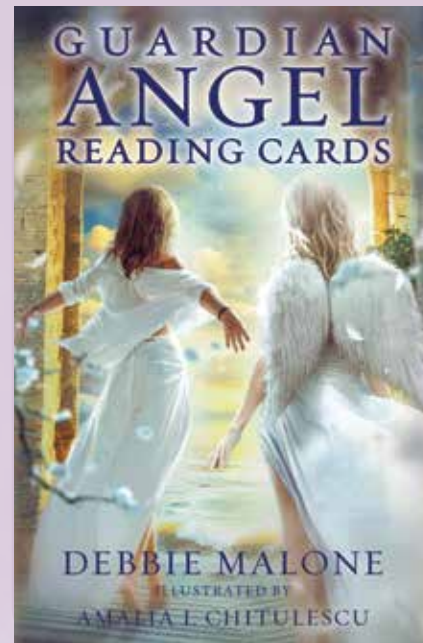


## Zodiac Reading Cards

Patsy Bennett

**ISBN:** 978-1-925429-25-1 **Format:** 36 cards **RRP:** \$21.95 USD

*Zodiac Reading Cards* is a powerful 36-card set with sun signs, moon signs and lunar eclipses. Within this special deck you will find your astrological guide to your own circumstances, aims, wishes, hurdles and triumphs, highlighting turning points and the best process to navigate your way forward in life.



## Guardian Angel Reading Cards

Debbie Malone

**ISBN:** 978-1-925682-16-8 **Format:** 36 cards **RRP:** \$21.95 USD

*Guardian Angel Reading Cards* by Australian psychic of the year Debbie Malone shares a stunningly beautiful collection of guardian angels to guide you through different challenges and situations in your life.

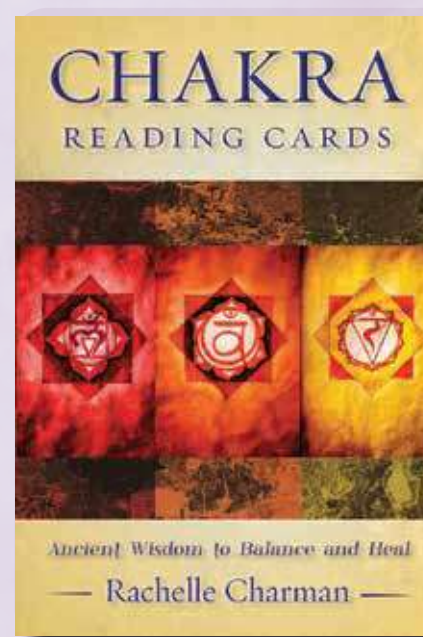


## Angel Reading Cards

Debbie Malone

**ISBN:** 978-1-925429-93-0 **Format:** 36 cards **RRP:** \$21.95 USD

A beautiful collection of angels to help you tackle any situation; from the Angel of Parking, Angel of Travel, Angel of Fertility, Angel of Detoxification to the Bully-prevention Angel. The booklet takes you through the meanings behind each card, and how best to utilise them.



## Chakra Reading Cards

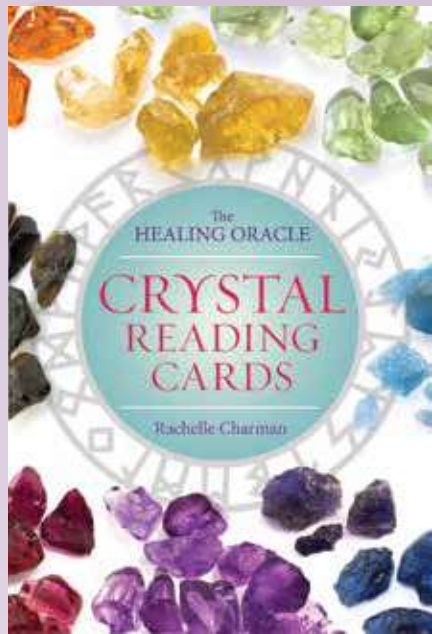
Rachelle Charman

**ISBN:** 978-1-925017-92-2 **Format:** 36 cards **RRP:** \$21.95 USD

These one-of-a-kind *Chakra Reading Cards* bring a world of guidance and clarity to your life. The deck incorporates the seven main chakra systems plus the soul star and earth star chakras. These two extra chakra systems are what make this deck unique, as they offer a deeper connection and expanded awareness of each situation in your life.





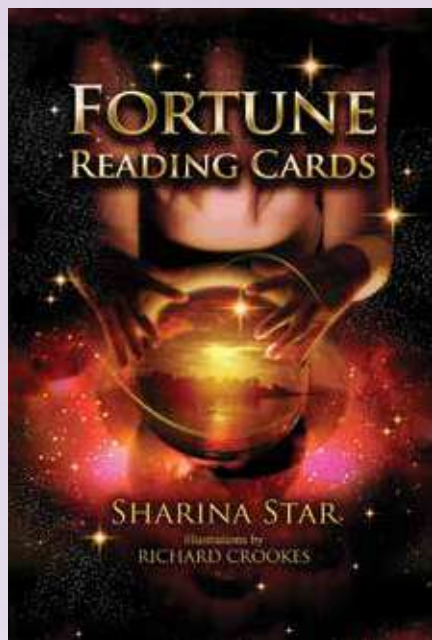


## Crystal Reading Cards

Rachelle Charman

ISBN: 978-1-925429-92-3 Format: 56 cards RRP: \$21.95 USD

*Crystal Reading Cards* are a sacred healing oracle and a powerful transformation tool. You can use the cards to gain healing energy from the crystals or to seek guidance and direction. Includes 56 cards: 4 master teacher crystal cards and 52 standard cards, all with exquisite photos of many of the world's most powerful crystals.

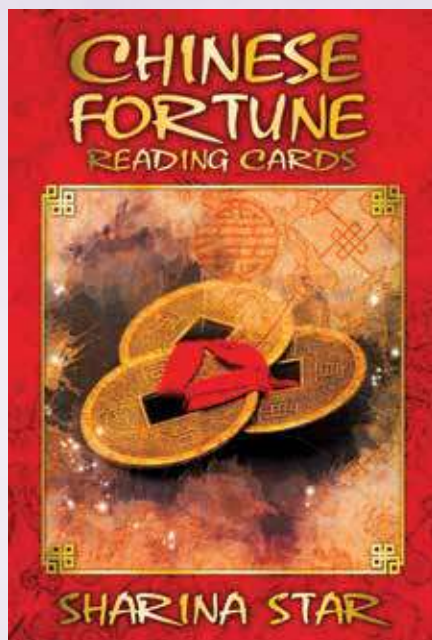


## Fortune Reading Cards

Sharina Star

ISBN: 978-1-925017-37-3 Format: 36 cards RRP: \$21.95 USD

We are all born with psychic ability, but over time the left side of our brain takes over from the intuitive right brain and we lose our confidence in these abilities and our familiarity with them. The deck consists of 36 *Fortune Reading Cards*, each one with a spiritual message.

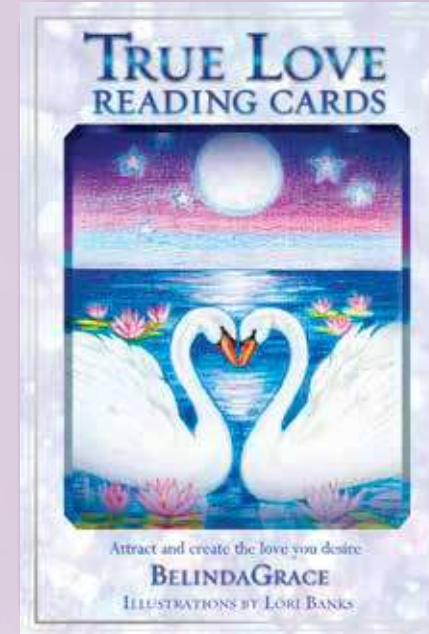


## Chinese Fortune Reading Cards

Sharina Star

ISBN: 978-1-925017-90-8 Format: 36 cards RRP: \$21.95 USD

*Chinese Fortune Reading Cards* are a divination tool based on ancient Chinese teachings and philosophies for modern-day situations. The cards are beautifully illustrated with an ancient Chinese symbol, and the message in each card will help to answer questions on love, marriage, property, travel and money.

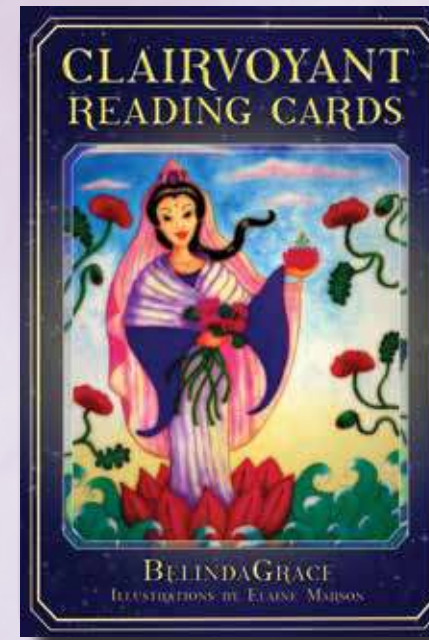


## True Love Reading Cards

BelindaGrace

ISBN: 978-1-925017-41-0 Format: 36 cards RRP: \$21.95 USD

At last a set of reading cards that will help you with your love life. Do you have questions about romance, relationships and love? Would you like to meet that special someone or bring the joy back into your current relationship? The *True Love Reading Cards* will guide you in matters of the heart and help you to answer those crucial questions.

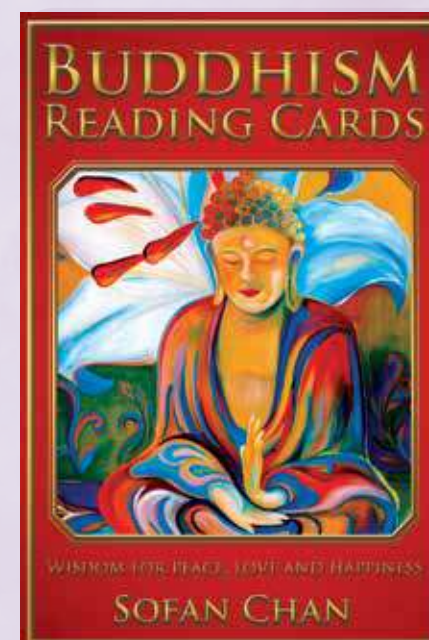


## Clairvoyant Reading Cards

BelindaGrace

ISBN: 978-1-925017-42-7 Format: 36 cards RRP: \$21.95 USD

All 36 cards are beautifully illustrated, uplifting and helpful. The set includes a booklet with simple card layouts. This clairvoyant oracle will take you by the hand and will show you how to develop your strengths, explore forgotten areas of your inner world and encourage you to trust your own intuition and divine guidance.



## Buddhism Reading Cards

Sofan Chan

ISBN: 978-1-925017-38-0 Format: 36 cards RRP: \$21.95 USD

*Buddhism Reading Cards* are designed as an easy and simple introduction to the fundamental teachings of Buddhism, with each card representing one fundamental core principle. With unique artwork by internationally recognised painter and Buddhism teacher Sofan Chan, these cards will be the journey cards for all international readers.





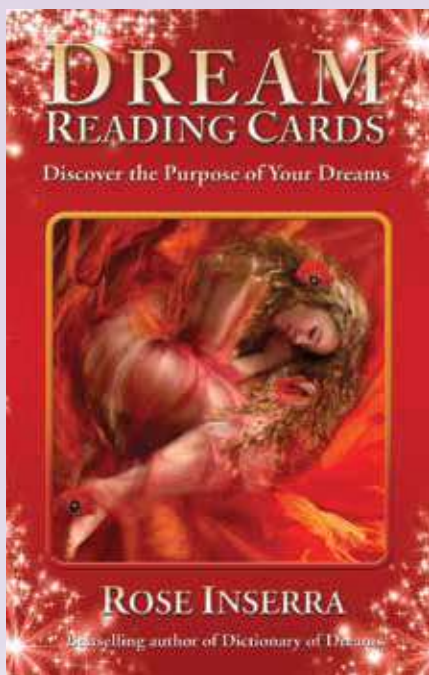


## Heal Yourself Reading Cards

*Inna Segal*

**ISBN:** 978-1-925017-98-4 **Format:** 36 cards **RRP:** \$21.95 USD

A beautifully illustrated deck by Inna Segal that is focused on healing, transformation and the raising of consciousness. This deck is visceral, emotional and raw, in both text and visuals, expressing both the lighter and the darker sides of life.



## Dream Reading Cards

*Rose Inerra*

**ISBN:** 978-1-925017-10-6 **Format:** 52 cards; 22 theme cards, 30 oracle cards **RRP:** \$21.95 USD

This gorgeous set of 52 cards plus booklet by international best-selling dream author Rose Inerra will guide you through the symbolic world of dreams. The 22 theme cards offer interpretations of the most common dream scenarios, from flying to intimacy.



## Flower Reading Cards

*Cheralyn Darcey*

**ISBN:** 978-1-925017-58-8 **Format:** 36 cards **RRP:** \$21.95 USD

Floramancy, a way of connecting with the language of nature, is the foundation of this deck of cards and guidebook. It is an excellent introduction to flower reading as well as an entry-level botanical reference; the artwork is uniquely created on linocut with a water colour paint finish.

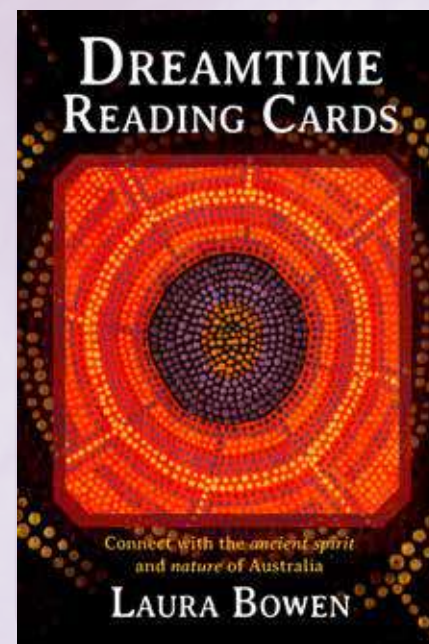


## Australian Wildflower Reading Cards

*Cheralyn Darcey*

**ISBN:** 978-1-925017-24-3 **Format:** 44 cards **RRP:** \$21.95 USD

*Australian Wildflower Reading Cards* consists of 44 cards and a booklet capturing the native Australian wildflower imagery and oracle teachings. The artwork is uniquely created by Cheralyn Darcey on linocut with a watercolour paint finish.



## Dreamtime Reading Cards

*Laura Bowen*

**ISBN:** 978-1-925017-43-4 **Format:** 36 cards **RRP:** \$21.95 USD

Includes 36 cards and a booklet that introduces the user to some of the unique flora, fauna and sacred spaces of the ancient Australian land, the energy of which vibrates strongly. Readers will be able to interpret secret messages from their subconscious and receive insights into their personal lives.



## Saltwater Reading Cards

*Laura Bowen*

**ISBN:** 978-1-925017-89-2 **Format:** 36 cards **RRP:** \$21.95 USD

Aboriginal Australia has had a deep relationship with the waters surrounding our island continent for thousands of years. This beautiful set of 36 cards will introduce you to the ancient wisdom that is the very spirit of Australia. Readers will have the opportunity to discover valuable insights into their personal lives.





# Mini Cards

Inspired by creative visualisation and mindfulness practices, our range of mini affirmation cards are created to empower positive thoughts and inner guidance with each 40-card set. Rockpool Mini Cards are designed in beautiful magnetic-close boxes, making them an ideal pocket-friendly gift for friends, family, colleagues and yourself!

RRP: \$12.95 USD

Includes:

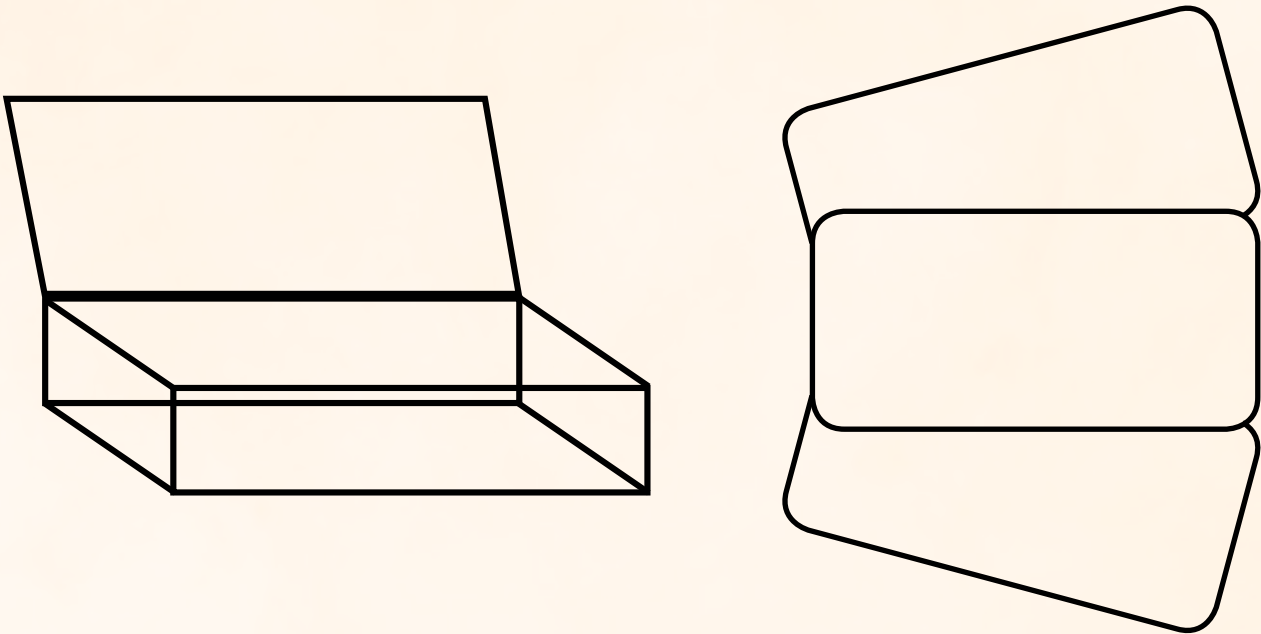
- 1 x box
- 108mm x 57mm
- magnetic seal

40 x cards

-100mm x 50mm



\*Actual card size



# Our Series

Embrace the positive mind and give the gift of inspiration with our range of original, counter-friendly mini cards. Step through the divine doors, embrace the wisdom of Buddha, meditate with the whispering woods, discover secret fairies or fall asleep to sweet dreams.



Inspired by Frida  
Akal Pritam



Let Go  
Akal Pritam



Secret Garden  
Jessica Le



Chakra Love  
Katie Manekshaw



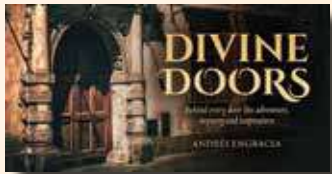
The Language of Flowers  
Cheralyn Darcey



Daily Healing  
Inna Segal



Making Magick  
Priestess Moon



Divine Doors  
Andrés Engracia



Aboriginal Dreaming Totems  
Mel Brown



Sea Melodies  
Jessica Le



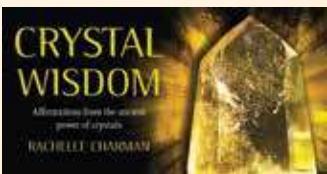
Star Seeds  
Nari Anastarsia



Sweet Dreams  
Rose Inserra



Flower Petals  
Cheralyn Darcey



Crystal Wisdom  
Rachelle Charman



Fairy Dust  
Andrés Engracia



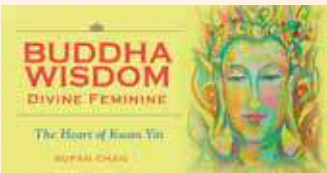
Whispering Woods  
Jessica Le



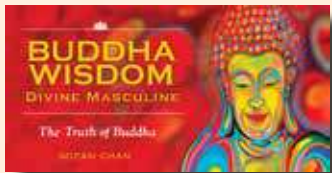
Divine Directions  
Jade Sky



Fortune Cookies  
Sharina Star



Buddha Wisdom  
Divine Feminine  
Sofan Chan



Buddha Wisdom  
Divine Masculine  
Sofan Chan



Angel Wishes  
Debbie Malone



Angel Whispers  
Debbie Malone





## Inspired By Frida

*Akal Pritam*

**ISBN:** 978-1-925924-22-0 **Format:** 40 cards **RRP:** \$12.95 USD

Frida Kahlo, who is considered to be one of Mexico's greatest artists, began painting mostly self-portraits after she was severely injured in a bus accident. The strength and power of Frida Kahlo's creative spirit has left a legacy that inspires unapologetic self-expression and celebrates the potential to overcome great challenges just as Frida used her own artistic voice with courage and purpose.



Your heart says, 'Enjoy your unique beauty and adorn yourself with love'.



Let every gesture show the world your blooming, fragrant heart.



## Secret Garden

*Jessica Le*

**ISBN:** 978-1-925924-24-4 **Format:** 40 cards **RRP:** \$12.95 USD

Step into the wonder and mystery of the secret garden. This set of 40 charming cards contains small signs and encouragement imbued with magic from every corner of the garden. Take refuge from daily life within the secret mazes, rose trellises, strange statues and fairy gates. As the commotions of the outside world fade away, what secrets will you uncover?



Potential

The smallest key can open the heaviest door.



Be present

Use the hours; don't count them.



Generosity

Sow seeds of kindness.



## Let Go

*Akal Pritam*

**ISBN:** 978-1-925924-23-7 **Format:** 40 cards **RRP:** \$12.95 USD

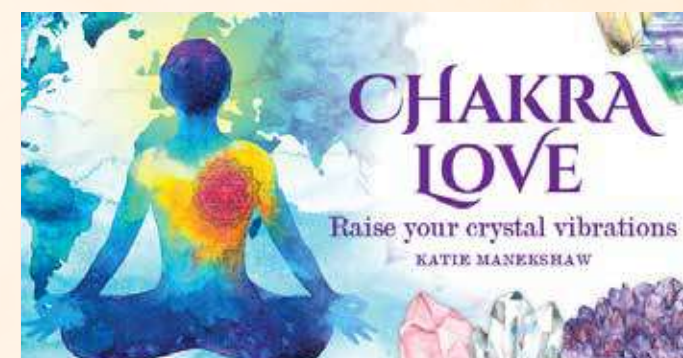
When you let go of the past all the things that no longer serve you from last year, last month, last week or yesterday you can live with greater presence and inner peace. And when you are present you can see all the opportunities and prosperity that is meant for you. Let these cards serve as reminders to stay focused on your creative destiny and future success and living your life with purpose.



Go into the garden, go thoughtless just for a moment.



Fragrant are the flowers that bloom when you smile and let go.



## Chakra Love

*Katie Manekshaw*

**ISBN:** 978-1-925924-25-1 **Format:** 40 cards **RRP:** \$12.95 USD

Learn which crystals create more energetic flow and balance in your chakra system and raise your positive vibrations. Your seven chakras are energetic centres of power and wisdom that influence all aspects of your life and the world around you. When your chakras are aligned and in balance you'll experience your purest self and awaken a new sense of well-being.

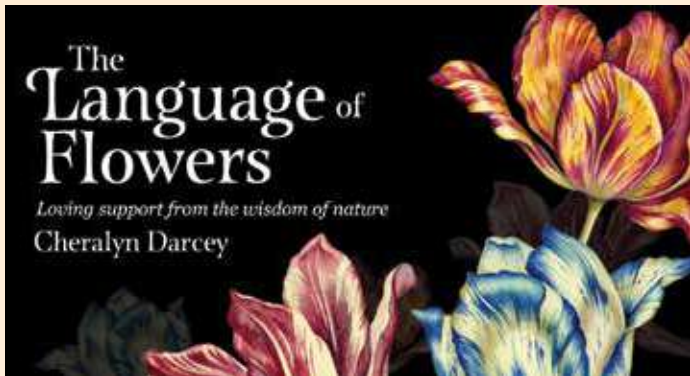


Intuition is the little tug that pulls you towards your light.



Turn your fear of change into an excitement for change.



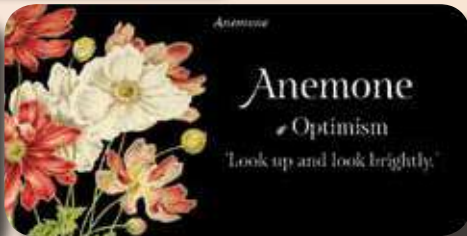


## The Language of Flowers

Cheralyn Darcey

ISBN: 978-1-925682-98-4 **Format:** 40 cards **RRP:** \$12.95 USD

Discover a new way to communicate with nature and her delightful gifts. Invite new challenges with coltsfoot flower; relax with the essence of skullcap; propose to your love with the scent of valerian; and be still with the flower of belladonna.

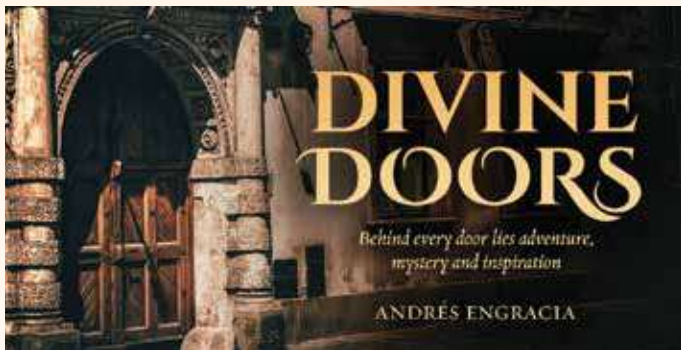


## Daily Healing

Inna Segal

ISBN: 978-1-925682-96-0 **Format:** 40 cards **RRP:** \$12.95 USD

We all need direction from time to time. With insightful messages, *Daily Healing* cards work as a reminder to delve into your heart and soul, to awaken the eternal wisdom that lies beneath your subconscious so you can be your best self. Just pick a card with a question close to your heart, and trust in the guidance of this special little pocket deck to aid you on your path every day.



## Divine Doors

Andrés Engracia

ISBN: 978-1-925682-95-3 **Format:** 40 cards **RRP:** \$12.95 USD

From Tokyo, Paris, London, Sydney and Rome ... adventure, mystery and inspiration lie behind every door, waiting to be opened. *Divine Doors* is a 40-card companion deck that reveals answers to your deepest reflections and inspired musings.

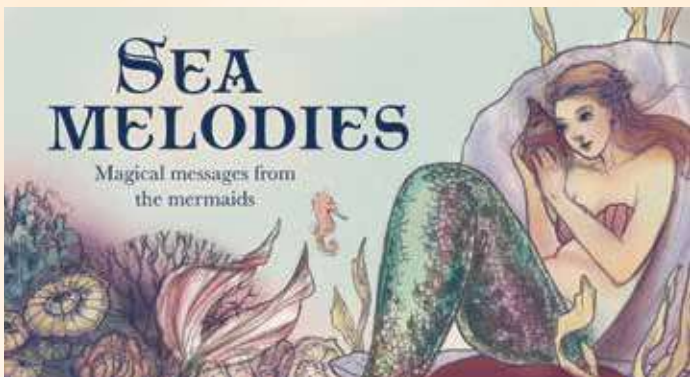


## Making Magick

Priestess Moon

ISBN: 978-1-925682-97-7 **Format:** 40 cards **RRP:** \$12.95 USD

*Making Magick* is a potent tool to support you in manifesting your desires, whether it's for wisdom, protection, healing, love, fortune or insight or whatever you dream of. This 40-card mini deck features a combination of mediaeval amulets, Celtic charms, alchemical glyphs and channelled sigils from Priestess Moon's guides and angels, as well as an explanation of how each symbol can help you.



## Sea Melodies

Jessica Le

ISBN: 978-1-925682-23-6 **Format:** 40 cards **RRP:** \$12.95 USD

Be swept away by the endless ocean into a world of mermaid magic. When feeling lost in the currents of everyday life, let the enchanting and mystical songs of mermaids guide you towards the right path.



## Aboriginal Dreaming Totems

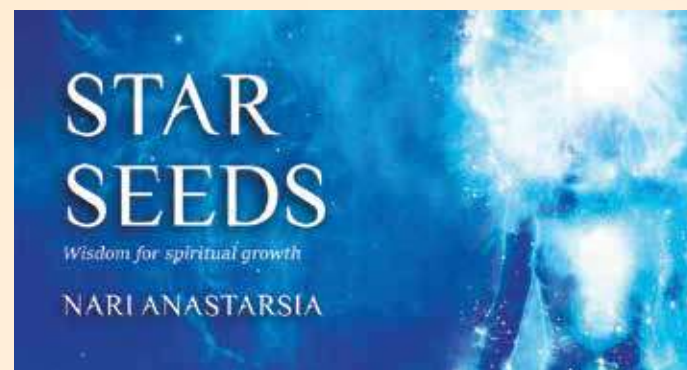
Mel Brown

ISBN: 978-1-925682-24-3 **Format:** 40 cards **RRP:** \$12.95 USD

*Aboriginal Dreaming Totems* have been used for thousands of years as a way of seeking advice. The use of totems is not fortune-telling in the sense that you actually see the future; instead, the dreaming totems provide the user with a means of analysing questions and seeking answers about a likely outcome.







## Star Seeds

Nari Anastarsia

ISBN: 978-1-925682-22-9 Format: 40 cards RRP: \$12.95 USD

These illuminating *Star Seeds* cards serve as seeds of empowerment to raise your personal power and awareness. Each message will encourage you to ponder on your birth from the stars, to raise your unique vibration through earth's planetary shifts and to make conscious choices of self-love.

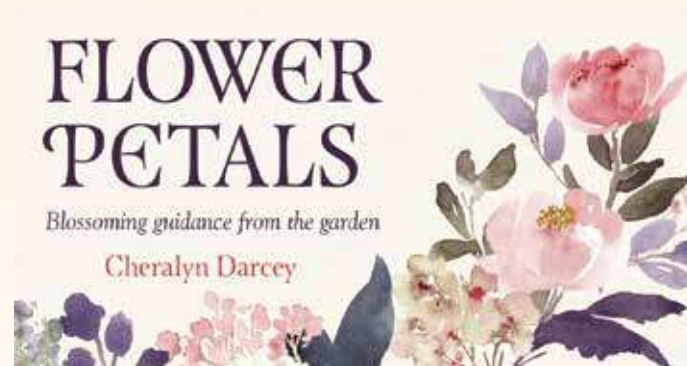


## Sweet Dreams

Rose Inerra

ISBN: 978-1-925682-21-2 Format: 40 cards RRP: \$12.95 USD

Connect with your dreams, develop your intuition and become fully present in your waking life with these inspiring *Sweet Dreams* mini cards. Dreams offer insights into your innermost self and connect you to the realm of spirit, magic and intuition. Each card in this deck contains messages and affirmations to guide and connect you to your deepest, inner wisdom.

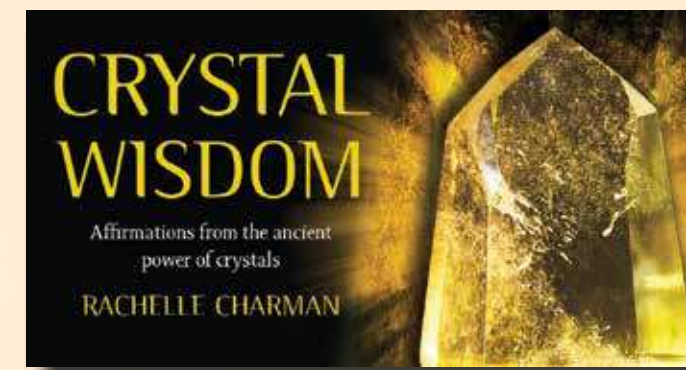


## Flower Petals

Cheralyn Darcey

ISBN: 978-1-925429-32-9 Format: 40 cards RRP: \$12.95 USD

*Flower Petals* is a set of 40 inspiration cards with reminders of beauty through the hidden meanings of nature. Learn to speak the secret language of flowers and develop a deeper appreciation of nature. Written by botanical expert, author and artist Cheralyn Darcey.



## Crystal Wisdom

Rachelle Charman

ISBN: 978-1-925429-33-6 Format: 40 cards RRP: \$12.95 USD

These 40 cards represent universal messages of love from the inner symbols and spirit of crystals, allowing their inspirations to connect across all ages and walks of life. The cards can be drawn to inspire jolts of creative ideas, for self-healing meditation and as an oracle for guidance.



## Fairy Dust

Andrés Engracia

ISBN: 978-1-925429-35-0 Format: 40 cards RRP: \$12.95 USD

As above, and so below, ancient fairy wisdom flows. Our pockets full of magic and dreams, we are always around...unseen. To be used as an oracle for fun divination or daily inspired guidance, this deck is most suitable for charming girls and cheeky boys.



## Whispering Woods

Jessica Le

ISBN: 978-1-925429-34-3 Format: 40 cards RRP: \$12.95 USD

*Whispering Woods* is a deck of 40 inspiration cards guided by the ancient wisdom of the woods and the secrets they whisper to one another. Designed for the lovers of magic and the ancient world, *Whispering Woods* invites you to draw a card or two for daily guidance, enabling encouragement and confirmation for your questions and musings.







## Divine Directions

Jade-Sky

**ISBN:** 978-1-925429-05-3 **Format:** 40 cards **RRP:** \$12.95 USD

These 40 beautifully simplistic and inspirational cards can give you the answers you need to guide you past any obstacles in life. Call upon your spirit guides and angels to help you to use the cards in love and light for your benefit.

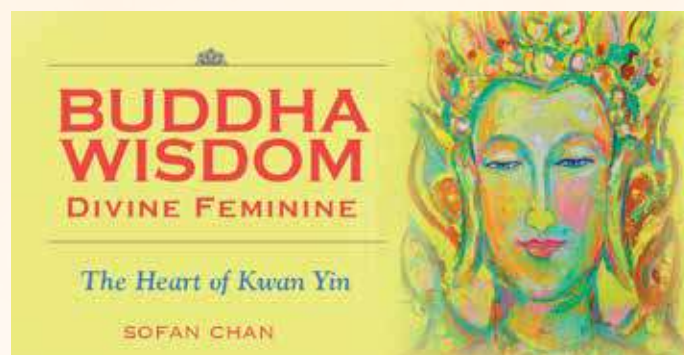
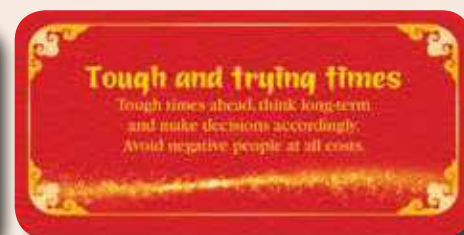


## Fortune Cookies

Sharina Star

**ISBN:** 978-1-925429-06-0 **Format:** 40 cards **RRP:** \$12.95 USD

Fortune Cookies are a fun way to find the answers to your most significant questions and concerns about love, money, travel and career. The Cookies are the perfect divination tool to guide you onto the right path by revealing what's in store for your immediate future.

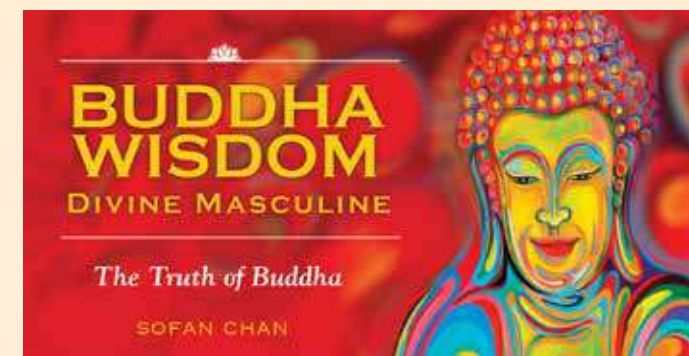
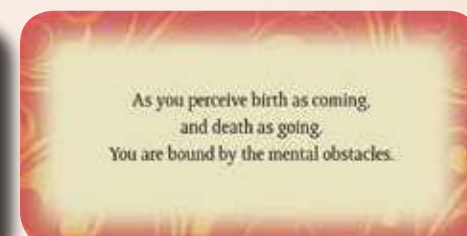
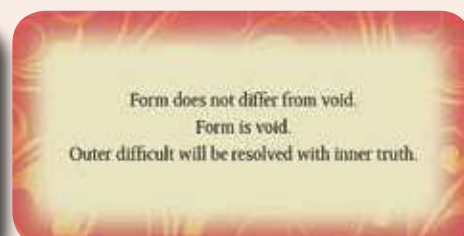


## Buddha Wisdom: Divine Feminine

Sofan Chan

**ISBN:** 978-1-925429-03-9 **Format:** 40 cards **RRP:** \$12.95 USD

A beautiful gift set of 40 cards inspired by the sacred texts of the 'Prajnaparamita Sutras, known as the Perfection of Wisdom. These sacred texts represent the divine feminine consciousness in Buddhism and are used to transcend mental obstacles by opening up your heart deeply so that divine guidance is possible.

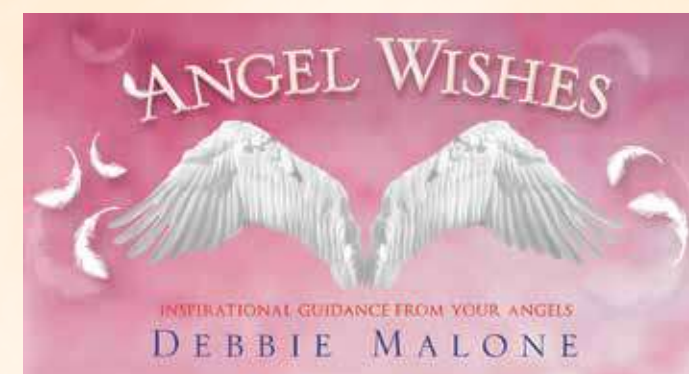
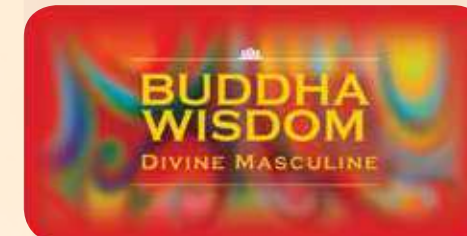


## Buddha Wisdom: Divine Masculine

Sofan Chan

**ISBN:** 978-1-925429-04-6 **Format:** 40 cards **RRP:** \$12.95 USD

This beautiful set is inspired by the sacred text of 'Dhammapada Sutra, which is widely known as the sayings of Buddha. With the energy of the divine masculine throughout these cards, the ultimate truth of wisdom provides you with powerful tools to illuminate all darkness and free the limitations of the reasoning mind.

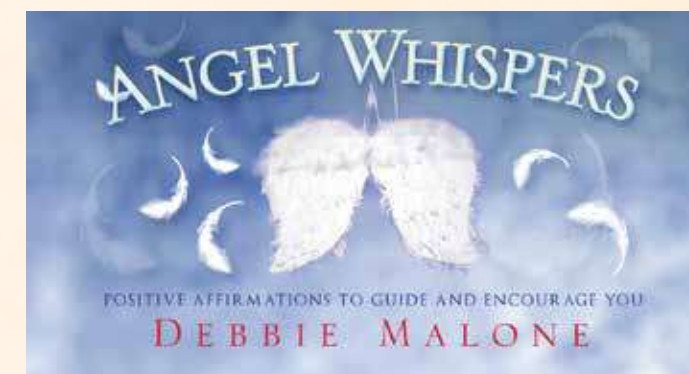


## Angel Wishes

Debbie Malone

**ISBN:** 978-1-925017-00-7 **Format:** 40 cards **RRP:** \$12.95 USD

Angel Wishes is a companion set of inspiration cards to match the fast-selling Angel Whispers affirmation cards, published in 2012, a beautifully boxed set of 40 inspirational messages. Pick a message each morning before you start your day to see what guidance or encouragement your angels wish to share with you. Remember your angels love to guide and help you. You are never alone!



## Angel Whispers

Debbie Malone

**ISBN:** 978-1-921878-80-0 **Format:** 40 cards **RRP:** \$12.95 USD

Angel Whispers is a boxed set of 40 affirmation cards inspired and channelled from Debbie's angels. Pick a message each morning before you start your day to see what guidance or encouragement your angels wish to share with you.



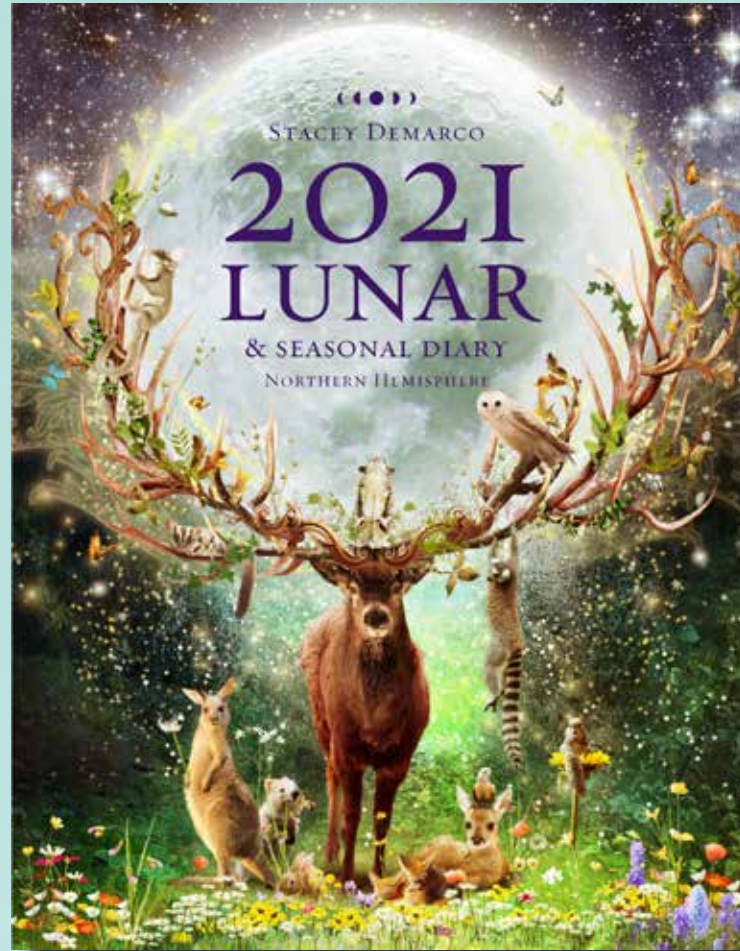


# 2021 Lunar & Seasonal Diary

Stacey Demarco

**ISBN:** 978-1-925924-28-2 **Format:** 224 x 152mm, 192pp, concealed spiral binding, ribbon marker, metallic foil text **RRP:** \$19.95 USD

From Australia's most trusted witch Stacey Demarco comes the *2021 Lunar & Seasonal Diary*. A beautifully produced diary with full-colour pages and spiral binding that allows the pages to lay flat, and extra space for recording notes. The diary includes lunar timings and explanations of the moon phases and their impact on humans, with practical magical suggestions to get the most out of the energies of the season. Packed with invaluable tips and techniques ranging from increasing your wealth to improving your relationships.



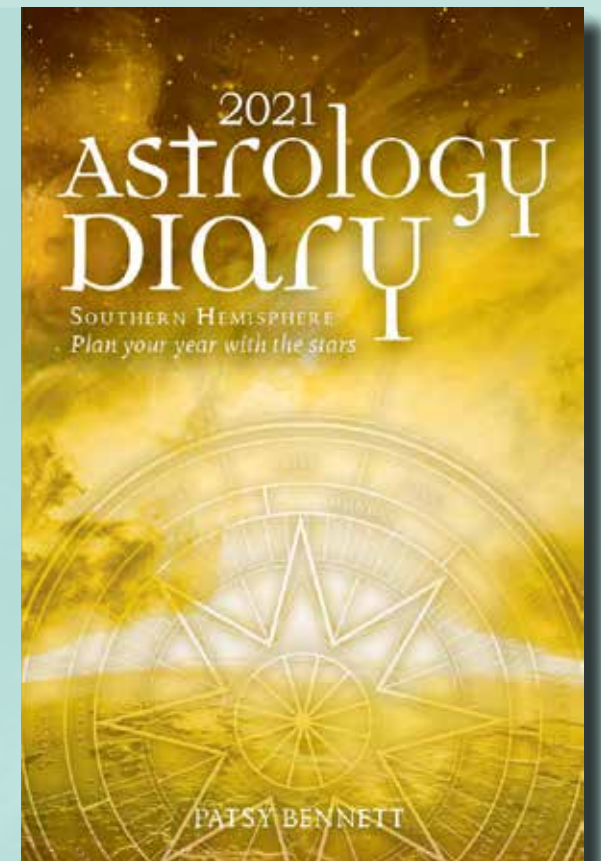
# 2021 Astrology Diary

Patsy Bennett

**ISBN:** 978-1-925924-30-5 **Format:** 187 x 123mm, 160 pp **RRP:** \$8.95 USD

Make 2021 your best year with Patsy's astrology guide to the signs and stars. Focus on health, wealth and happiness with up-to-date insight into major planetary alignments and what they will mean for you, including eclipses, new moons, full moons and sun sign forecasts throughout the year. Includes:

- Week-at-a-glance diary
- Monthly sun sign forecasts
- Eclipse seasons and how to excel
- Dates, signs and meanings of new moons and full moons in 2021
- Mercury retrogrades: communication and travel delays; and great for reviewing ideas



# 2021 Crystal Calendar

Rachelle Charman

**ISBN:** 978-1-925924-29-9 **Format:** 24pp, 224 x 127mm, flipback **RRP:** \$7.95 USD

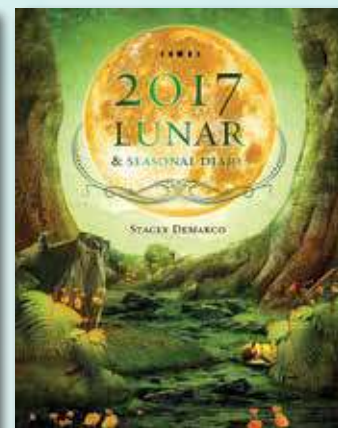
Lighten up your year and beautify your desk with this *2021 Crystal Calendar*. As you move into each month you are blessed with a different crystal energy and positive words of wisdom to guide and inspire you.

This magical calendar will brighten up your days as it pours good vibrations into your life with its energy of love and healing.

Whether you consciously connect and work with the energy and crystals of this calendar or simply have it in your home, it will fill your world with love and inspiration.



Lunar diary series...





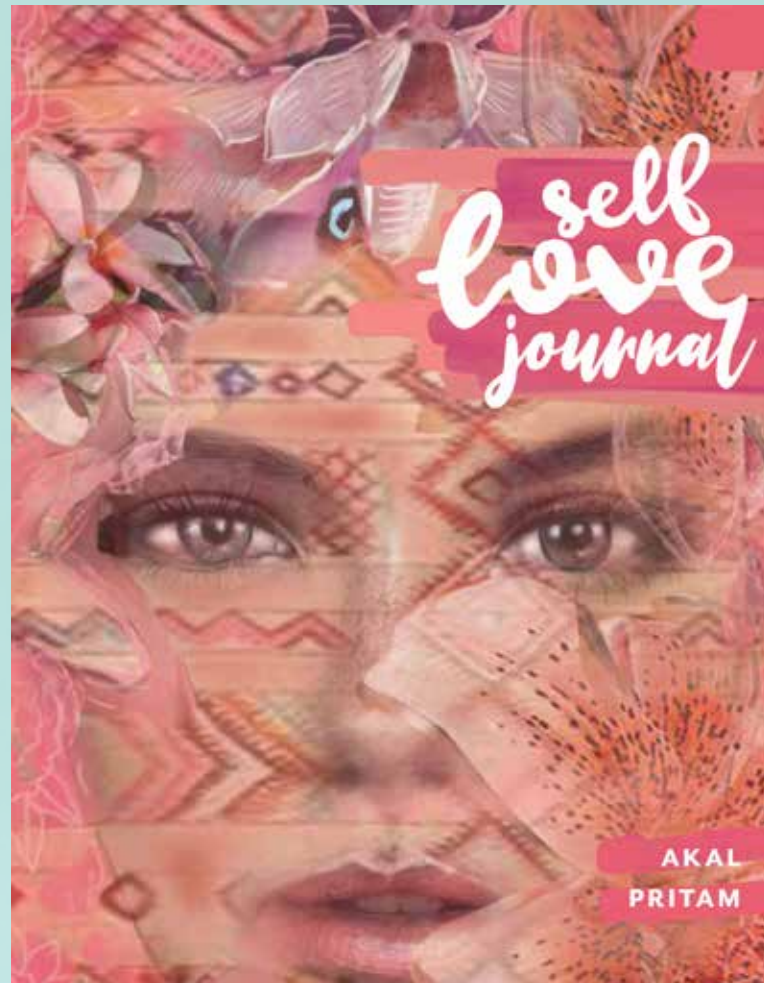
# Self-love Journal

Akal Pritam

**ISBN:** tbc **Format:** 160pp, 195 x 160mm, deckled edges, hard-back with jacket  
**RRP:** \$14.99 USD

*All she wants is to bloom . . . let her sing, let her dance, let her shine . . .*

Artist and author Akal Pritam delivers again in this beautiful illustrated work of soul and passion. Akal reaffirms the art of self-love and empowers the reader to explore their inner sanctuary of peace with inspired poetry, dharma art, powerful quotes and affirmations to grow the sacred seeds of creativity. Self-Love Journal is a gift of self-care and a return home to the heart.

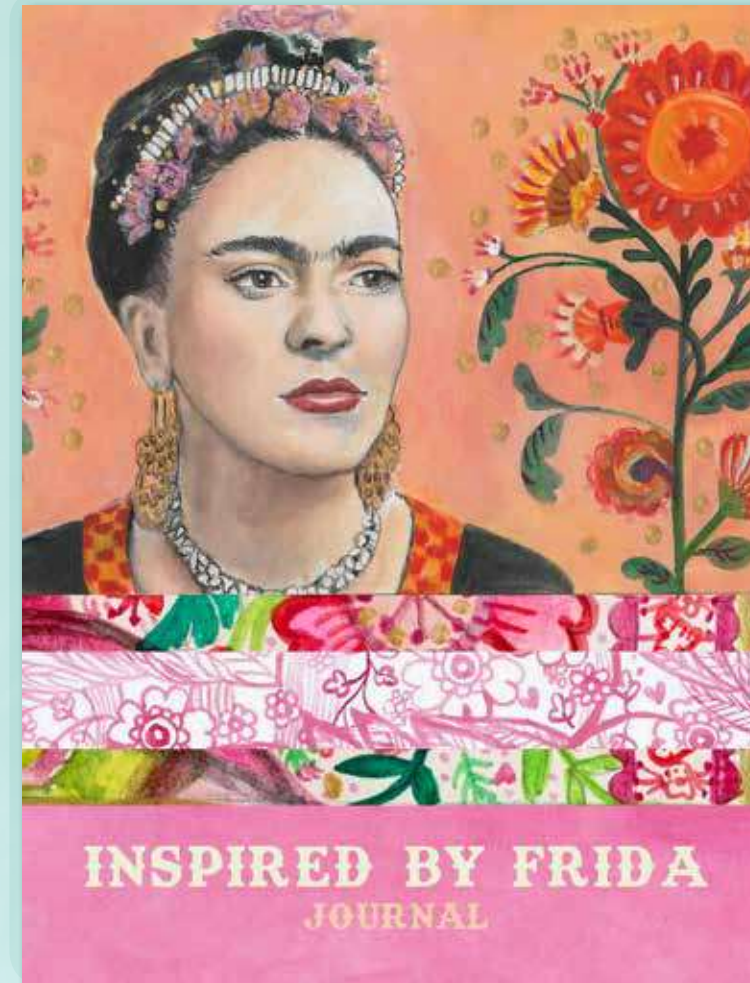


# Inspired by Frida Journal

Akal Pritam

**ISBN:** tbc **Format:** 160pp, 195 x 160mm, deckled edges, hardback with jacket  
**RRP:** \$14.99 USD

Artist and author Akal Pritam taps into the inspired life and artistry of the one and only Frida Kahlo. Embracing the late artist's wild and wonderful view of the world, Akal explores the power of creative fuel and deep passion with inspired poetry, dharma art, quotes from Frida and affirmations to blossom ideas of love and beauty. *Inspired by Frida Journal* is a love letter to the artist and is the perfect gift for the heart, from one inspired visionary to another.

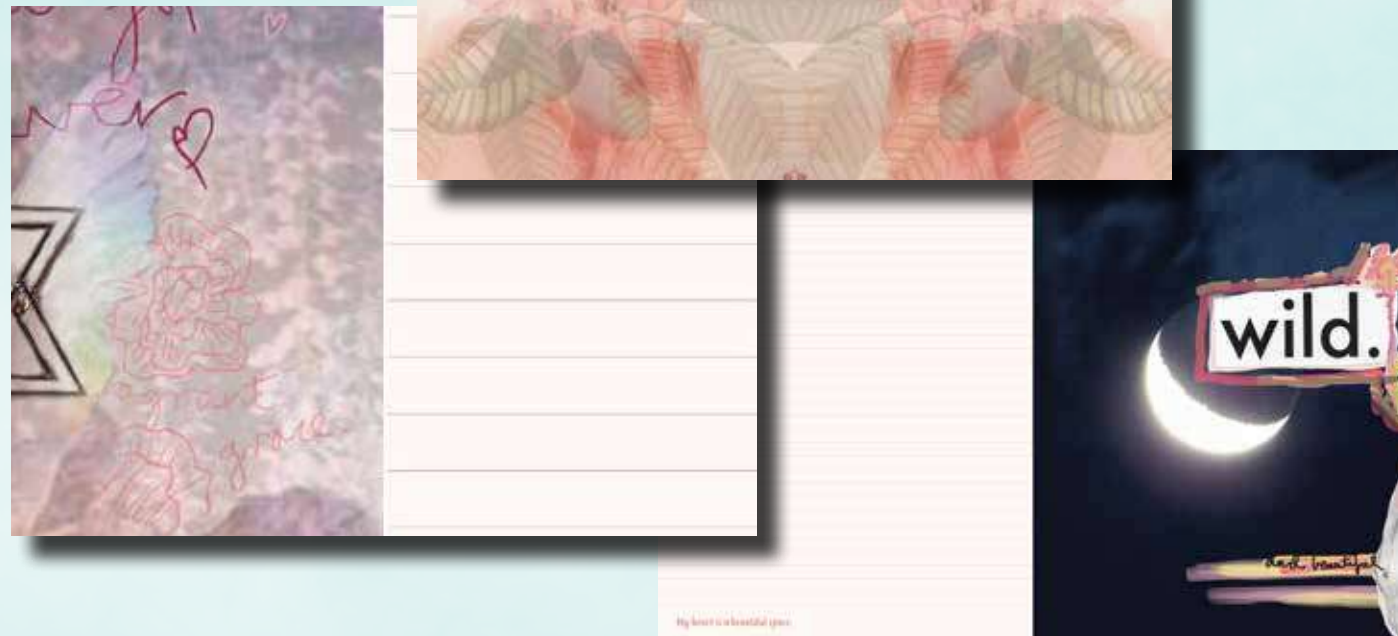
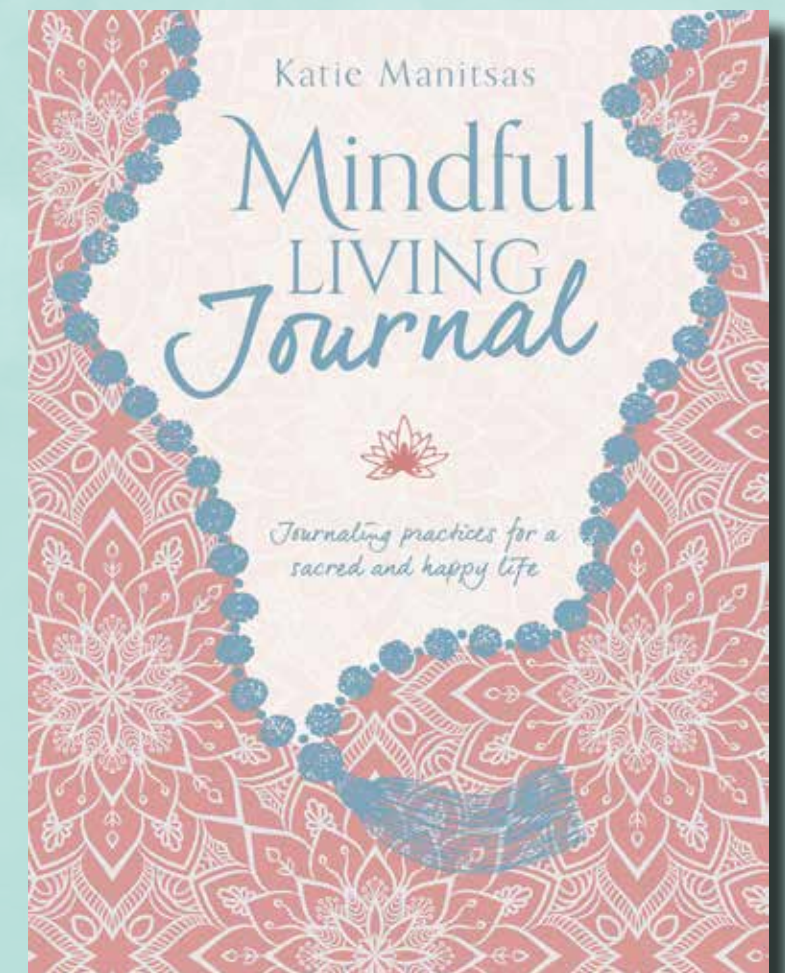


# Mindful Living Journal

Katie Manitsas

**ISBN:** tbc **Format:** 160pp, 195 x 160mm, deckled edges, hard-back with jacket  
**RRP:** \$14.99 USD

Written and compiled by Ayurvedic master teacher Katie Manitsas, *Mindful Living Journal* is a heartfelt devotion of meditation and kindness filled with pages to pour your daily experiences and inspired spiritual practices into. Displayed with beautiful images of yogic elements, mantras and rituals to honour the energy body, you will be motivated to empower your foundations of philosophy, growth and transformation each and every day with mindful grace.





# Horoscopes

## 2020

Patsy Bennett

**Format:** 178 x 111mm, 160pp, holographic cover **RRP:** \$6.95 USD

Navigate your year through the guidance of the stars and your personal horoscope for 2020, featuring daily horoscope predictions for each sun sign plus the year's overview of your love life, money, home life, career and health. Written by Patsy Bennett, one of Australia's best psychic astrologers, the inspiring and motivational forecasts for 2020 provide daily insight into what to expect and how best to navigate through your entire year – with 2020 vision!

Predictions include moon phases, new and full moon equinoxes, supermoons and eclipses and what these mean personally for each sun sign. You will find out more about your compatibility with other sun signs, your ascendant sign and moon sign. Also included are easy-to-read energy charts showing where to put your focus each month for the best results.



## Aquarius

**ISBN:** 978-1-925924-10-7

Lighten up your year with your own Aquarius 2020 horoscope guide. As you move into each month you are aided with personal directions, advice and wisdom to navigate and inspire your year ahead.



## Pisces

**ISBN:** 978-1-925924-11-4

Lighten up your year with your own Pisces 2020 horoscope guide. As you move into each month you are aided with personal directions, advice and wisdom to navigate and inspire your year ahead.



## Aries

**ISBN:** 978-1-925924-00-8

Lighten up your year with your own Aries 2020 horoscope guide. As you move into each month you are aided with personal directions, advice and wisdom to navigate and inspire your year ahead.



## Taurus

**ISBN:** 978-1-925924-01-5

Lighten up your year with your own Taurus 2020 horoscope guide. As you move into each month you are aided with personal directions, advice and wisdom to navigate and inspire your year ahead.



## Gemini

**ISBN:** 978-1-925924-02-2

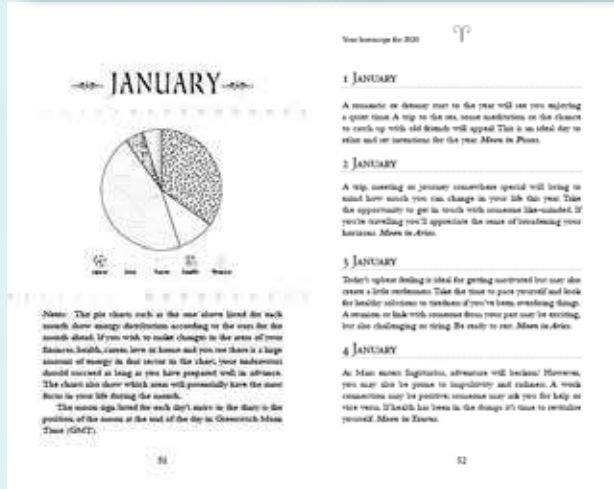
Lighten up your year with your own Gemini 2020 horoscope guide. As you move into each month you are aided with personal directions, advice and wisdom to navigate and inspire your year ahead.



## Cancer

**ISBN:** 978-1-925924-03-9

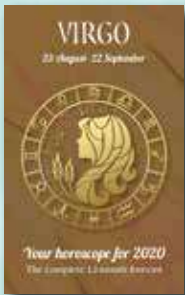
Lighten up your year with your own Cancerian 2020 horoscope guide. As you move into each month you are aided with personal directions, advice and wisdom to navigate and inspire your year ahead.



## Leo

**ISBN:** 978-1-925924-04-6

Lighten up your year with your own Leo 2020 horoscope guide. As you move into each month you are aided with personal directions, advice and wisdom to navigate and inspire your year ahead.



## Virgo

**ISBN:** 978-1-925924-05-3

Lighten up your year with your own Virgo 2020 horoscope guide. As you move into each month you are aided with personal directions, advice and wisdom to navigate and inspire your year ahead.



## Libra

**ISBN:** 978-1-925924-06-0

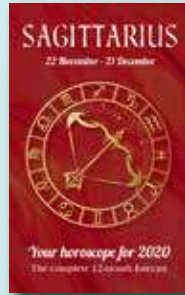
Lighten up your year with your own Libra 2020 horoscope guide. As you move into each month you are aided with personal directions, advice and wisdom to navigate and inspire your year ahead.



## Scorpio

**ISBN:** 978-1-925924-07-7

Lighten up your year with your own Scorpio 2020 horoscope guide. As you move into each month you are aided with personal directions, advice and wisdom to navigate and inspire your year ahead.



## Sagittarius

**ISBN:** 978-1-925924-08-4

Lighten up your year with your own Sagittarius 2020 horoscope guide. As you move into each month you are aided with personal directions, advice and wisdom to navigate and inspire your year ahead.



## Capricorn

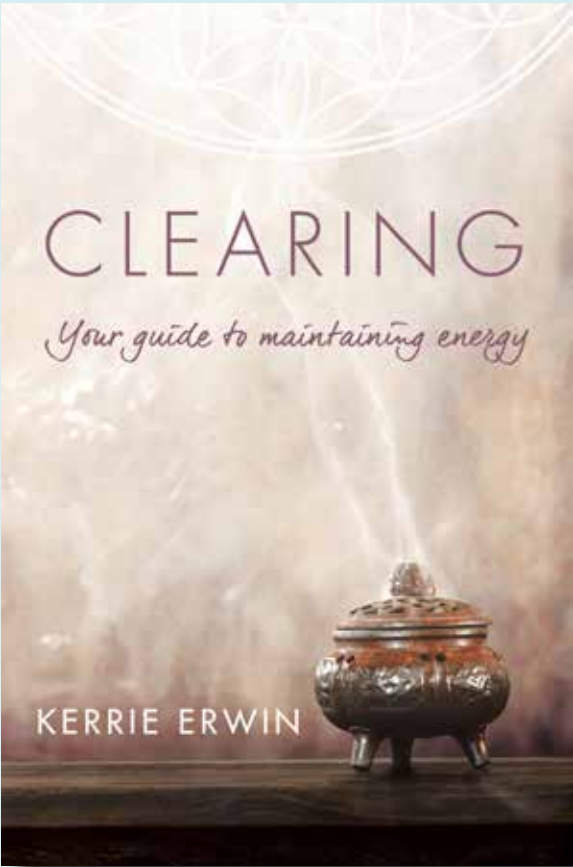
**ISBN:** 978-1-925924-09-1

Lighten up your year with your own Capricorn 2020 horoscope guide. As you move into each month you are aided with personal directions, advice and wisdom to navigate and inspire your year ahead.



# Mind Body Spirit Books

For over 14 years Rockpool Publishing has continued to release the best of practical spirituality, inspiration and mindfulness books, with leading Australian authors taking on ground-breaking topics and providing modern wisdom for the soul. Covering popular topics including developing psychic abilities, insights into the subconscious, uncovering past lives, learning crystal healing energies, the science of astrology, modern witchcraft or chakra healing, there is something for everyone. Dive deep into your mind, body and spirit with Rockpool Publishing.



**Clearing**  
Kerrie Erwin

# MBS Titles



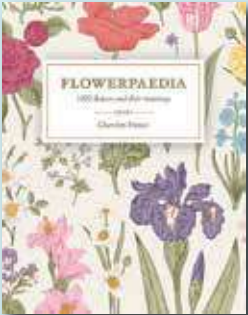
**Magickal Mermaids**  
Flavia Kate Peters



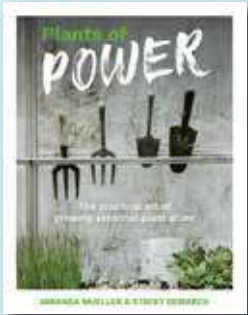
**Magickal Unicorns**  
Flavia Kate Peters



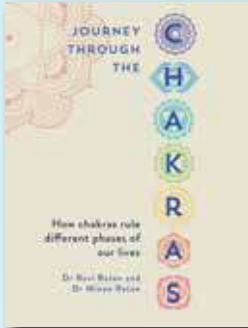
**The Language of Houseplants**  
Cheralyn Darcey



**Flowerpaedia**  
Cheralyn Darcey



**Plants of Power**  
Miranda Mueller and Stacey Demarco



**Journey Through the Chakras**  
Dr Ravi Ratan and Dr Minoo Ratan



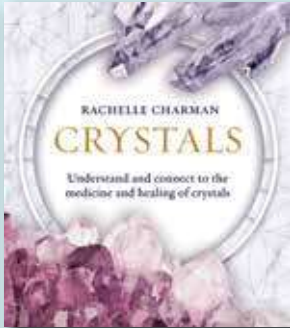
**Journey Through Aromatherapy**  
Dr. Ravi Ratan



**The Art of Witch**  
Fiona Horne



**Self Love**  
Akal Pritam



**Crystals**  
Rachelle Charman

# Gift Books



**The Gift of Flowers**  
Cheralyn Darcey



**The Gift of Spells**  
Lucy Cavendish



**The Gift of Crystals**  
Rachelle Charman



**The Gift of Dreams**  
Rose Inserra

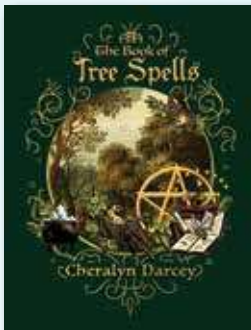


**The Gift of Nature**  
Catherine DeVrye

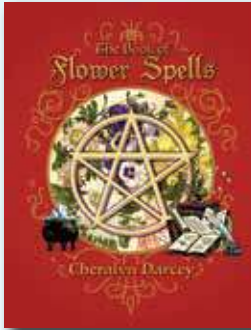
# Spellbook Series



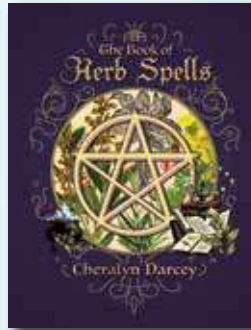
**The Book of Faerie Spells**  
Cheralyn Darcey



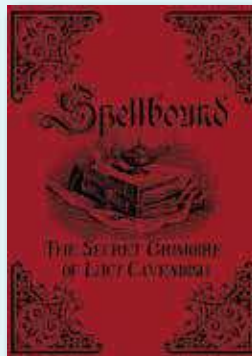
**The Book of Tree Spells**  
Cheralyn Darcey



**The Book of Flower Spells**  
Cheralyn Darcey

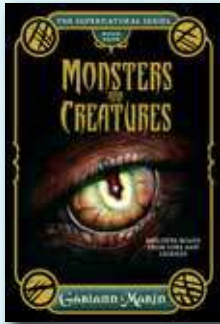


**The Book of Herb Spells**  
Cheralyn Darcey

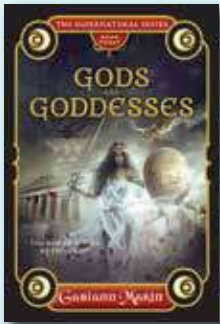


**Spellbound**  
Lucy Cavendish

# Supernatural Series



**Monsters and Creatures**  
Gabiann Marin



**Gods and Goddesses**  
Gabiann Marin

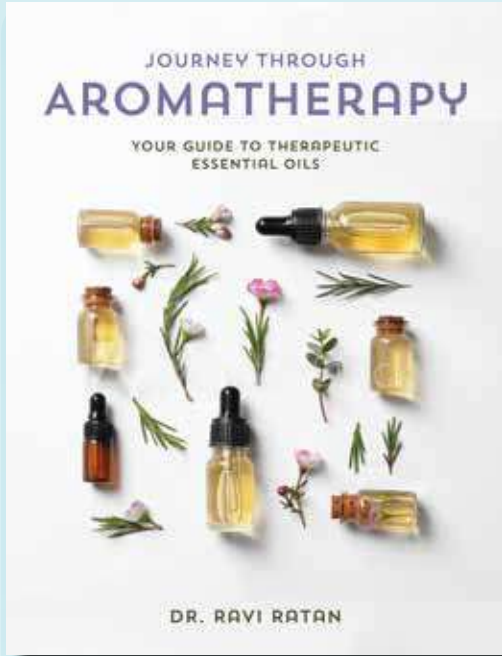


**Aliens and the Unexplained**  
Rose Inserra



**Witches and Wizards**  
Lucy Cavendish





## Journey through Aromatherapy

Dr. Ravi Ratan

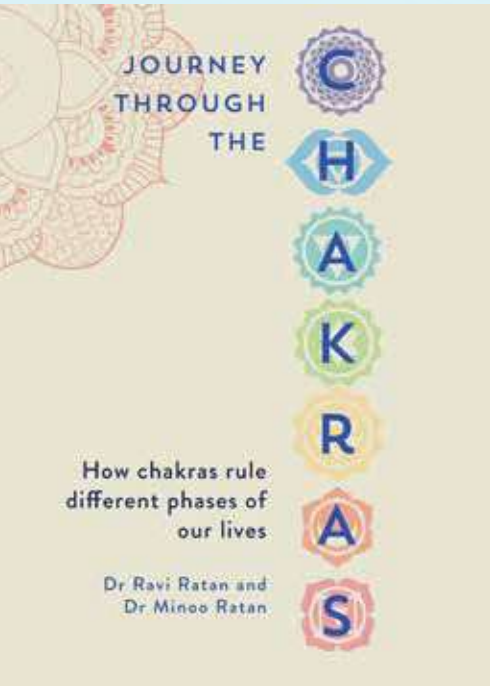
**ISBN:** tbc **Format:** 500pp, 210 x 135mm; paperback **RRP:** \$18.95 USD

Packed with over 150+ formulations, blends and tonics, this book is a complete guide to essential and carrier oils, their application and natural therapeutic use. Discover natural Vedic aromatherapy treatments for all types of issues including dry and dehydrated skin, muscular pain, burns, mental fatigue, travel sickness, respiratory issues and more. Dr. Ravi Ratan breaks down the complex network of aromatic information and delivers a practical, simplistic and powerful handbook to easily understand and harness the healing modality of this ancient natural therapy.

Includes:

- *A-Z of essential and base oils*
- *Self-care remedies for body, skin and beauty*
- *Body issues and aromatic treatments*
- *Common ailments and healing blends*

Aromatherapy medicine will empower your senses and inspire a transformative outlook on your health and well-being, balancing a stronger state of mind, body and spirit.

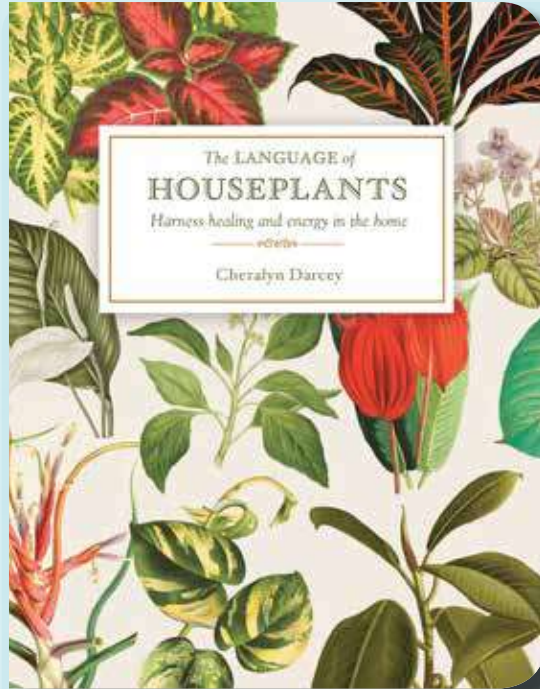
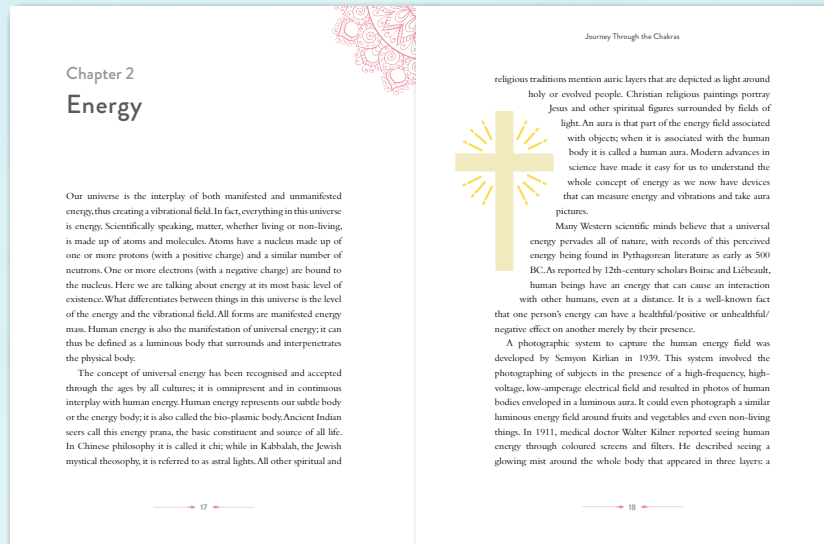


## Journey Through the Chakras

Dr Ravi Ratan and Dr Minoo Ratan

**ISBN:** 978-1-925682-99-1 **Format:** PB, 230 x 179mm, 160pp, 4c x 4c, illustrated **RRP:** \$21.95 USD

*Journey Through the Chakras* is a comprehensive guide to the inner workings of the chakra system from an age-old Indian spiritual, metaphysical and tantric perspective. The book dives deep into one of the most ancient structures of the spiritual body. With both anatomical and physiological views, Dr Ravi and Dr Minoo deconstruct the complexities behind the system, explaining the chakras in a simple fashion that is accessible to anyone. Filled with chakra mantras, mudras, meditations and kundalini awakening, discover how to work with the chakras in your subtle body and begin your journey towards deeper spiritual healing.



## The Language of Houseplants

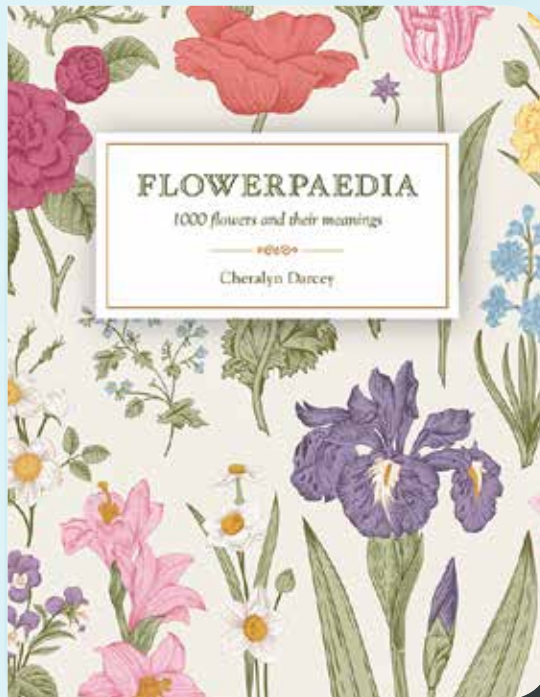
Cheralyn Darcey

**ISBN:** 978-1-925682-87-8 **Format:** 185 x 145 PB booklet of 200pp cream paper with black line illustrations throughout + endpapered + flexi case + H&T bands **RRP:** \$17.95 USD

Every plant has a meaning, energy and special qualities that will enhance your life and the spaces you live and work within. *The Language of Houseplants* is a practical guide featuring 44 popular houseplants, illustrated with vintage artworks plus detailed explorations into the characteristics, symbology and qualities to help you master the energy language of plants and maintain an indoor haven of healing, rejuvenation and peace.

Includes:

- Indoor gardening care guides and helpful tips for common challenges
- Original botancial names and meanings
- Care and feeding of houseplants



## Flowerpaedia

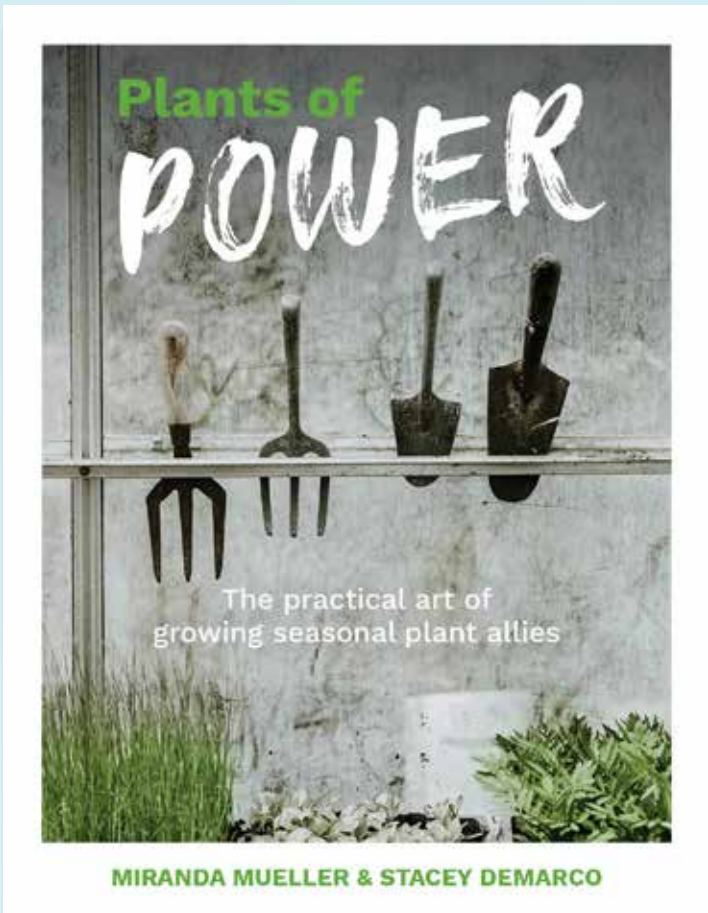
Cheralyn Darcey

**ISBN:** 978-1-925682-88-5 **Format:** 150 x 180mm, paperback, 272pp **RRP:** \$17.95 USD

*Flowerpaedia* is an A-Z reference guide of over 1000 flowers researched and compiled by botanical explorer Cheralyn Darcey. This comprehensive dictionary includes each flower's correct botanical name for easy and exact identification.

You will delight in understanding what each flower means – emotionally, spiritually and symbolically – and are also able to search by the feeling or emotion you wish to convey or change.





## Plants of Power

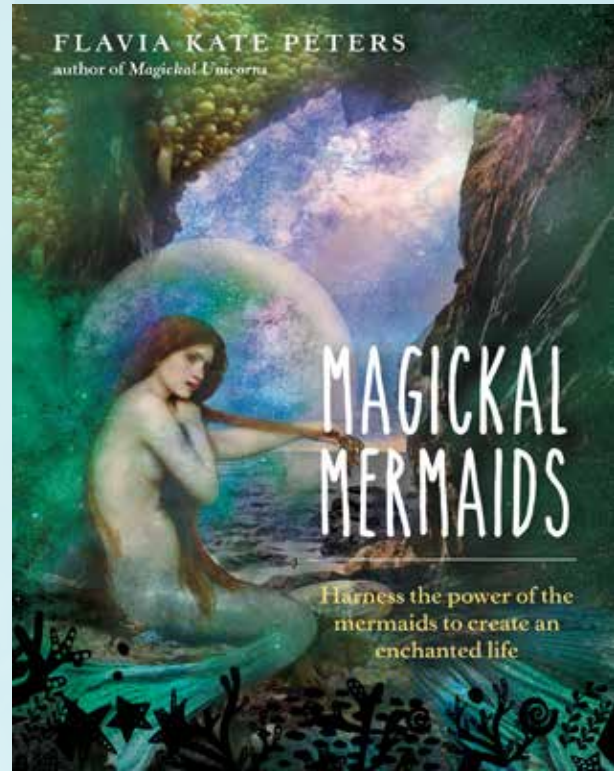
Miranda Mueller & Stacey Demarco

**ISBN:** 978-1-925924-35-0 **Format:** 230 x 179mm, 272pp, flexibound coffee table book **RRP:** \$29.95 USD

Right now, gardening and growing your own food or remedies is a mainstream activity, but many people don't know how to do this and even what are the best plants to try where they live.

This is a mainstream book with a difference. There are lots of very dry and factual gardening books out there and there are some books focused just on plants in magic or spellcraft, but there are none we could find that offers a guide to growing useful yet powerful plants according to the seasons with some tried and tested old and new ways to use these plants. The plants we have chosen include weeds' (which are merely plants out of place), edible plants, plants used for mood and health and plants that have quite a bit of controversy and mystery about them.

Featuring over 50 easy to grow plants that can change a garden and a life! This is reciprocity you can feel and see with plants that we have grown ourselves.



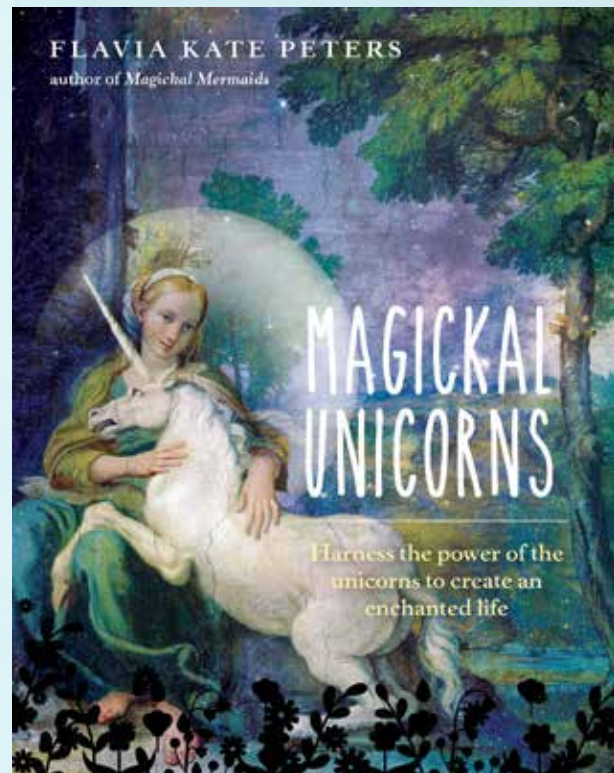
## Magickal Mermaids

Flavia Kate Peters

**ISBN:** 978-1-925682-43-4 **Format:** hardback, 190 x 150mm, 224pp **RRP:** \$16.95 USD

*It is time to reap the magick and abundance that has been bubbling under the surface and dive right in to stir the siren within ...*

Faeries of the seas, mermaids are alluring elementals who help to ignite your own sensuality and seductive powers, whether male or female, and harness your natural powerful manifestation abilities. Discover how to tap into the magickal energy frequency of these empowering goddesses of the water to enhance every aspect of your life. The magick of mermaids is deep and nurturing, and because of their links with recovering sunken treasures and receiving coins for wishes you can ask them to fill your inner storeroom with a bounty of riches.



## Magickal Unicorns

Flavia Kate Peters

**ISBN:** 978-1-925682-44-1 **Format:** hardback, 190 x 150mm, 224pp **RRP:** \$16.95 USD

Discover the path of ancient magick and lore with *Magickal Unicorns*. Learn to awaken, connect and heal with these magickal creatures as you shift your personal energy to a different realm. Wishes, invocations, meditations and easy to learn spellwork all feature in this book, enhancing our natural magickal abilities to bring about healing and balance into our lives.

*A new and magickal page has turned, as you are invited to awaken to the healing power of unicorn magick ...*





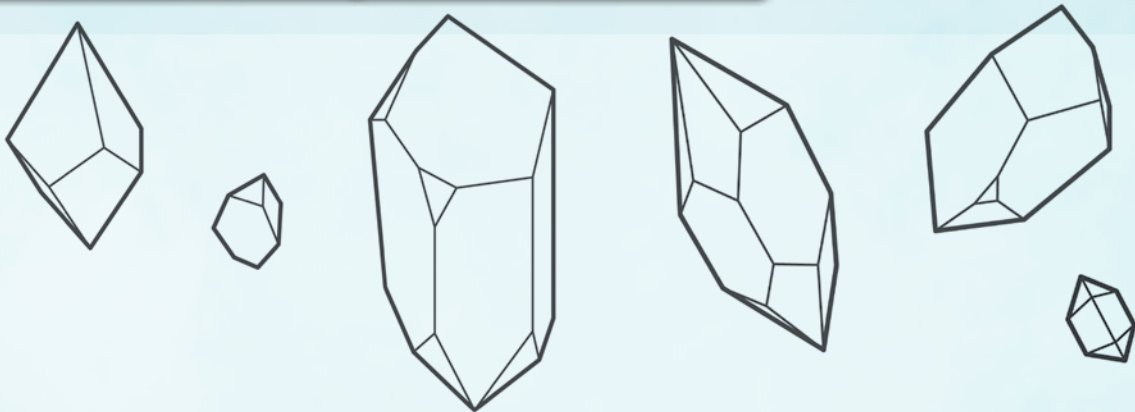
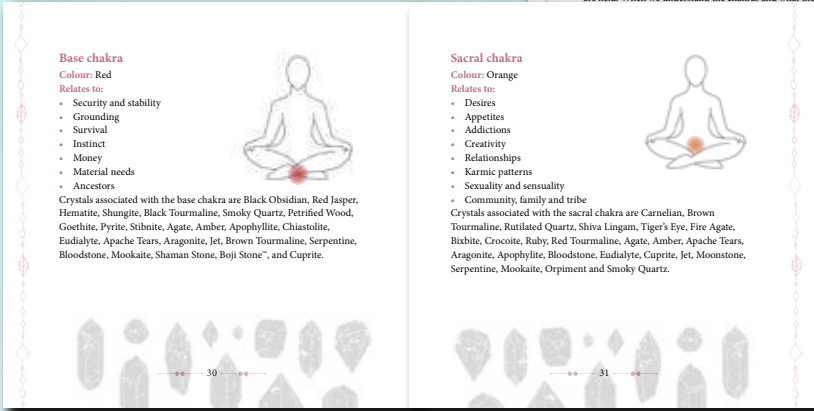
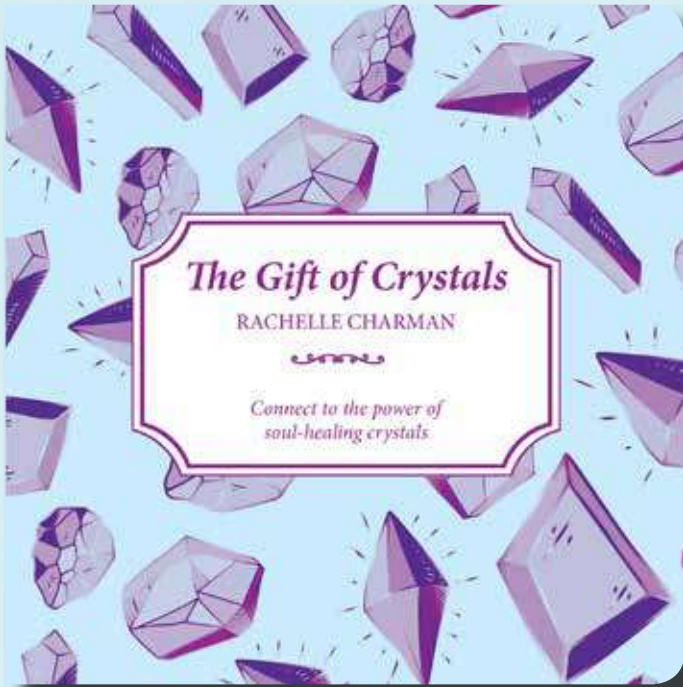
# The Gift of Crystals

Rachelle Charman

**ISBN:** 978-1-925017-82-3 **Format:** paperback, spot-UV cover, 145 x 145mm, 168pp **RRP:** \$12.95 USD

*Connect to the power of soul-healing crystals ...*

A beautifully designed beginner's guide on how to work and connect with crystals and their properties to promote healing and psychic awareness. The book lists popular crystals with full-colour photographs and simple steps to connect your heart with its inner diva, ready to assist you in life, luck and love.

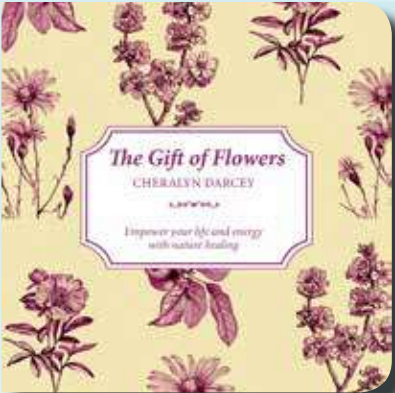
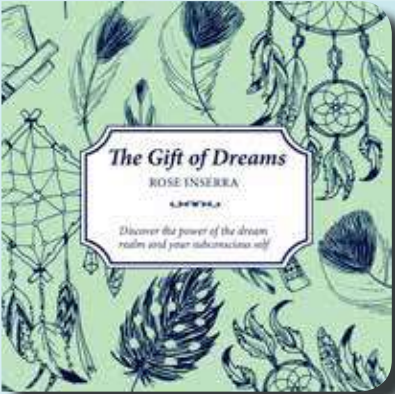


# The Gift of Dreams

Rose Inserra

**ISBN:** 978-1-925017-83-0 **Format:** paperback, spot-UV cover, 145 x 145mm, 168pp **RRP:** \$12.95 USD

*The Gift of Dreams* mini book is a unique guide map into your subconscious mind, providing deep insight into your dreams and what they reveal about your inner world. A perfect size for the bedside table upon waking, you will discover the most secret parts of your soul and soar to new heights.

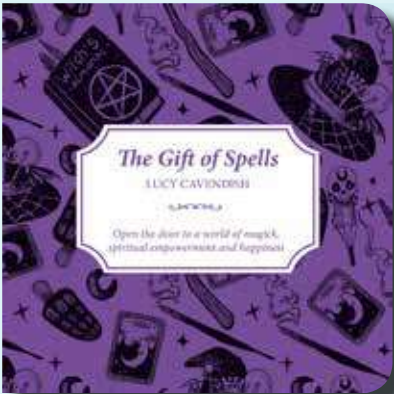


# The Gift of Flowers

Cheralyn Darcey

**ISBN:** 978-1-925429-97-8 **Format:** paperback, spot-UV cover, 145 x 145mm, 168pp **RRP:** \$12.95 USD

*The Gift of Flowers* is a beautiful guide to the many ways to use flowers as gifts, from infusions, vinegars, teas, liqueurs and cordials to skincare and fragrances, as well as making fresh flower bouquets, dried flower arrangements, potpourri and pressed flower art. Recipes are given for over 50 delightful floral gifts, with brief descriptions of their healing qualities, such as jasmine bath oil, traditional tussie mussies and rose petal moisturiser.

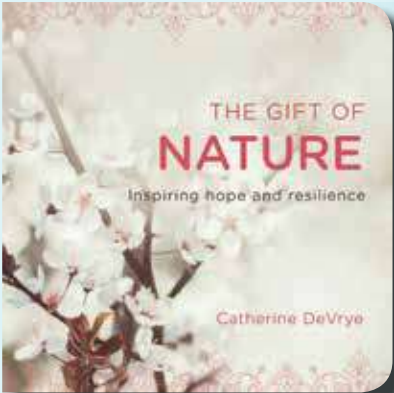


# The Gift of Spells

Lucy Cavendish

**ISBN:** 978-1-925429-37-4 **Format:** paperback, spot-UV cover, 145 x 145mm, 168pp **RRP:** \$12.95 USD

Learn how to bend and shape your energy wisely, the rules and laws of witchcraft, how to build a magickal altar and create a safe personal space for your magick circle – even the art of magickal dressing. Discover how to use the timing to optimise your innate magickal powers by casting by the moon's cycles, the seasonal solstices and the wheel of the year.



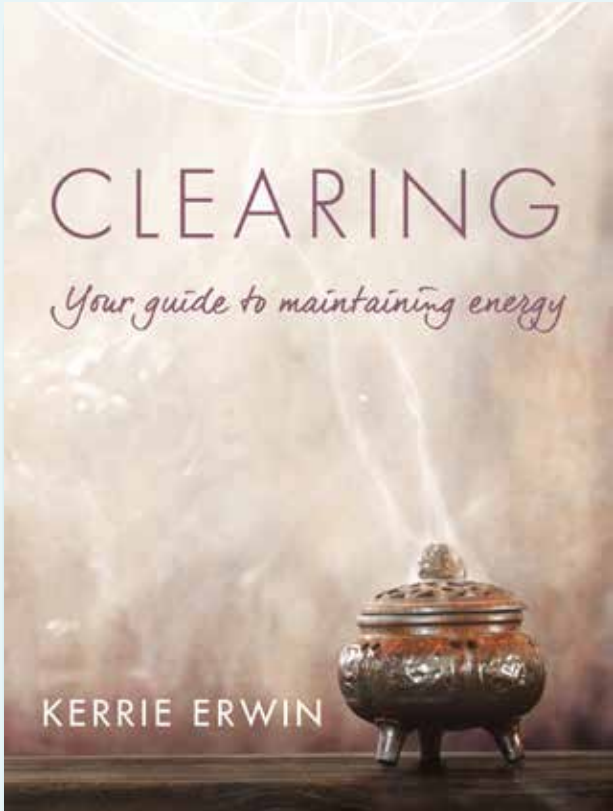
# The Gift of Nature

Catherine DeVrye

**ISBN:** 978-1-925682-27-4 **Format:** paperback, spot-UV cover, 140 x 140mm, 184pp **RRP:** \$12.95 USD

*The Gift of Nature* is uplifting as it applies the timeless wisdom of Mother Nature to human nature. Personal resilience and the global environment are hot topics and this book addresses both in a unique way. Containing over 100 photographs matched with quotes about resilience in nature from famous writers and author.





## Clearing

Kerrie Erwin

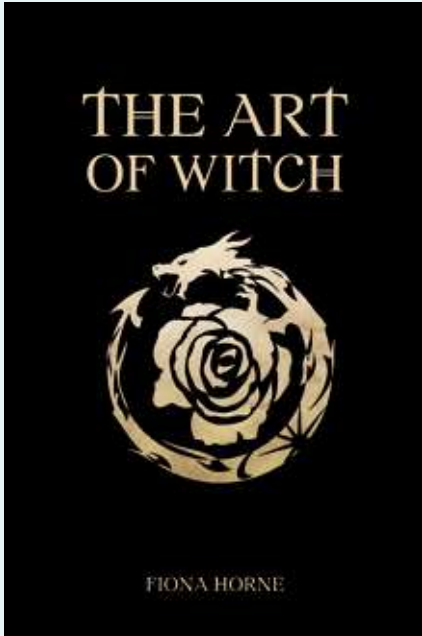
**ISBN:** 978-1-925682-61-8 **Format:** PB 240pp, 200 x 178 mm, **RRP:** \$19.95 USD

*Clearing* will help you transform your life, clear negative energies around your home and usher in the positivity and well-being you have been yearning for. Kerrie Erwin, one of Australia's best loved psychic healers and spirit mediums, guides you through an array of practical and useful exercises to help you create and maintain positive, creative energy within your aura, home and workplace.

Learn to:

- *Clear your aura and dispel negative energies*
- *Protect psychic children*
- *Attract positive vibrations*
- *Balance your mind, body and soul*

Packed with easy to follow exercises, stories and useful advice on using spiritual tools such as sage, incense and essential oils, plus peppered with Kerrie's own unique cases and amazing experiences, this book is a must have for anyone wanting to create an uplifting and happy environment for themselves and their loved ones.



## The Art of Witch

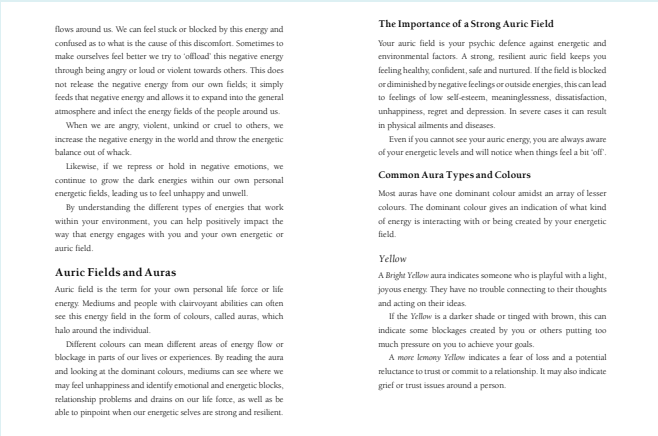
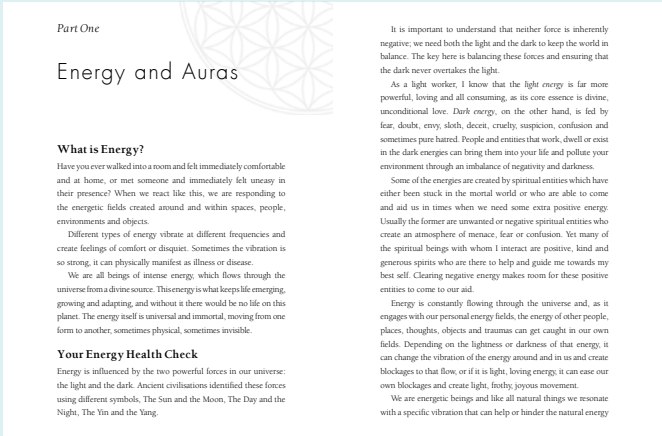
Fiona Horne

**ISBN:** 978-1-925682-83-0 **Format:** hardback, trade format 234 x 153mm 200pp, beautifully packaged as a gift book, velvet cover texture with gold foil and text printing 1c x 1c on cream paper **RRP:** \$18.95 USD

*The Art of Witch* moves beyond bells, whistles, tools and potions and enters into a new wave of spiritual mastery for the modern age.

Join Fiona Horne as she guides you through what it really means to be a witch and how to create real power from everyday witchcraft and rituals in order to live a sacred life. Blending ancient principles and virtues with modern techniques, *The Art of Witch* is a manifesto for every woman who wants to get more from life and make magick.

- Master the art of true transformation
- Perfect the craft of witches' resilience



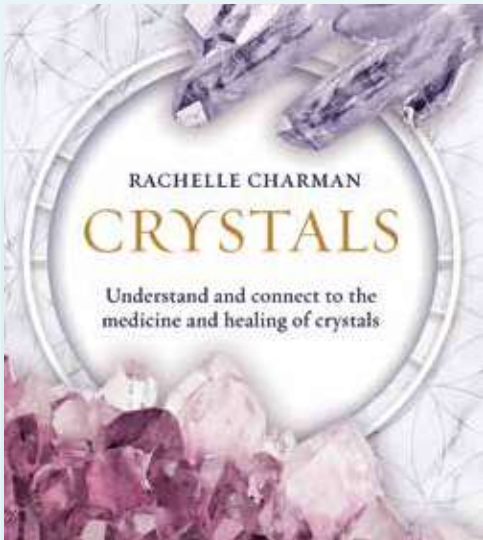
## Self Love

Akal Pritam

**ISBN:** 978-1-925682-59-5 **Format:** 230 x 179mm, 272pp, flexibound coffee table book, highly illustrated **RRP:** \$29.95 USD

This book is an intriguing guide to being your true self. *Self love* has become part of our language, especially the language of women.

*Self Love* is visually layered with dharma art, expressing the many layers of the complex divine feminine. This book offers a visual journey that is like the life of a woman and is an intricate tapestry of colour and beauty woven with love. The dharma art on each page presents visual, poetic and practical offerings to guide each reader as they immerse themselves in self-love, compassion, forgiveness and an expanded perspective.



## Crystals

Rachelle Charman

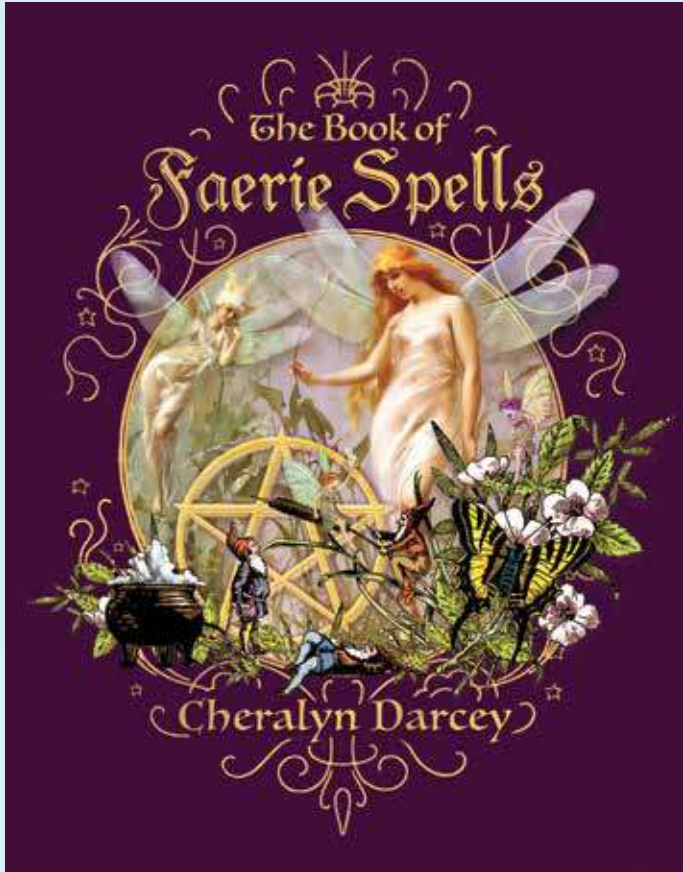
**ISBN:** 978-1-925682-61-8 **Format:** PB 240pp, 200 x 178 mm, full colour **RRP:** \$19.95 USD

*Crystals*, the definitive crystal bible, brings a fresh new approach to the world of crystals by providing the user with step-by-step instructions on how to work with crystals and promote healing. The reader is encouraged to become actively involved in the world of the book to experience the crystal energy for themselves.

The book lists all popular crystals, over 200, with colour photographs of each and instructions on how to connect with each crystal.







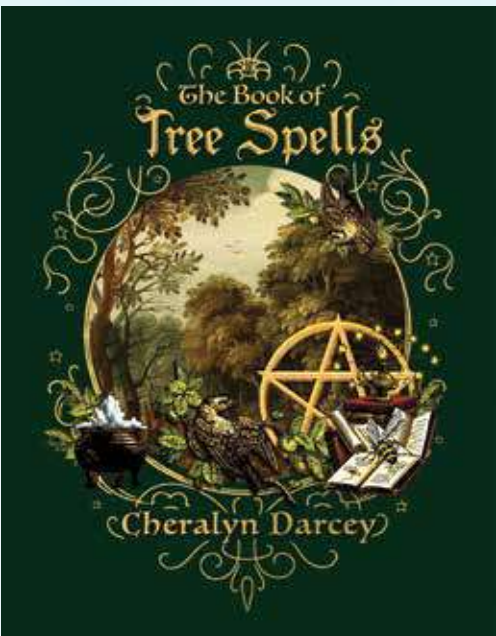
## The Book of Faerie Spells

*Cheralyn Darcey*

**ISBN:** 978-1-925682-87-8 **Format:** paperback, 185 x 145mm, 200pp, cream paper with purple line illustrations throughout + endpapered + flexi case + H&T bands **RRP:** \$14.95 USD

Here is your invitation to enter the between world of the faerie. Come and learn magick with the Fae Folk while deepening your personal bonds with earth, nature and spirit. Endless possibilities will open as you create your own divine faerie spells to enrich your life with happiness, balance and inspiration under their gracious and loving support. It includes:

- 60 sacred faerie spells
- spellcrafting and spellcrafting basics
- magickal gardening
- dedicated lessons on how to write your own spells
- a personal grimoire journal section

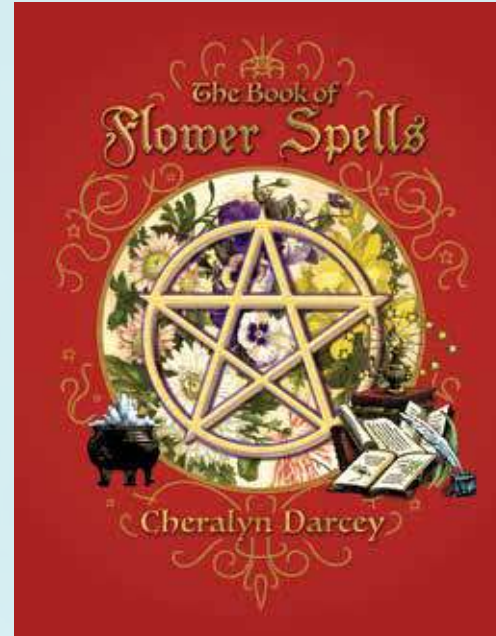


## The Book of Tree Spells

*Cheralyn Darcey*

**ISBN:** 978-1-925682-88-5 **Format:** paperback, 185 x 145mm, 200pp, cream paper with green line illustrations throughout + endpapered + flexi case + H&T bands **RRP:** \$14.95 USD

Powerful nature magick is yours when you learn the mystical way of the trees and listen well to their beautiful wisdom. From forests, plains, mountains and fields, this book of divine tree spells will enrich your life with the support, strength and balance of dedicated and time-honoured botanical magick.

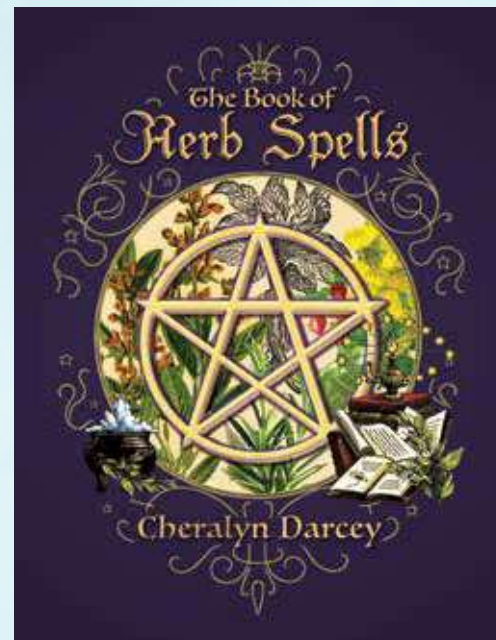


## The Book of Flower Spells

*Cheralyn Darcey*

**ISBN:** 978-1-925682-25-0 **Format:** paperback, 185 x 145mm, 200pp, cream paper with black line illustrations throughout + 8pp ends + flexi case + ribbon marker + H&T bands **RRP:** \$14.95 USD

Beautiful to behold and sacred throughout time, flowers hold powerful nature magick entwined with the rhythms of the earth. Work with flowers to create your own powerful and divine spells for the change, support and inspiration you seek in life, love and happiness.

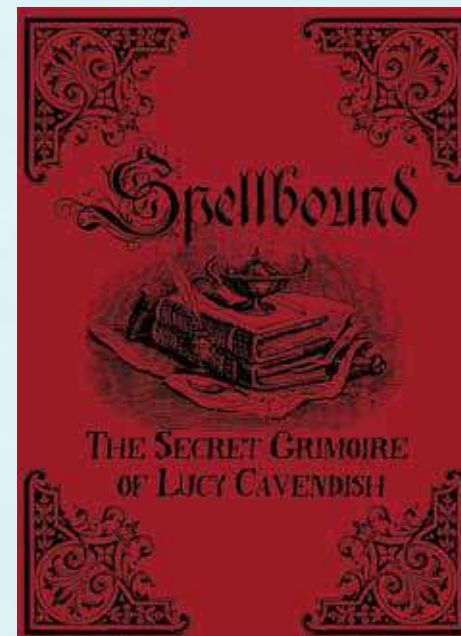


## The Book of Herb Spells

*Cheralyn Darcey*

**ISBN:** 978-1-925682-26-7 **Format:** paperback, 185 x 145mm, 200pp, cream paper with indigo line illustrations throughout + 8pp ends + flexi case + ribbon marker + H&T bands **RRP:** \$14.95 USD

Herbs can heal, comfort and nourish us and hold ancient energies that people have used throughout time to create magickal spells. Incorporating 60 sacred herb spells direct from Cheralyn's own personal nature grimoire, *The Book of Herb Spells* shares with you spellcrafting basics, magickal gardening, supply sourcing and dedicated lessons on how to write and cast your own spells. To complete your treasury of herb nature magick, a beautifully illustrated personal grimoire journal section is provided for you to keep your own bespoke herb spells.



## Spellbound

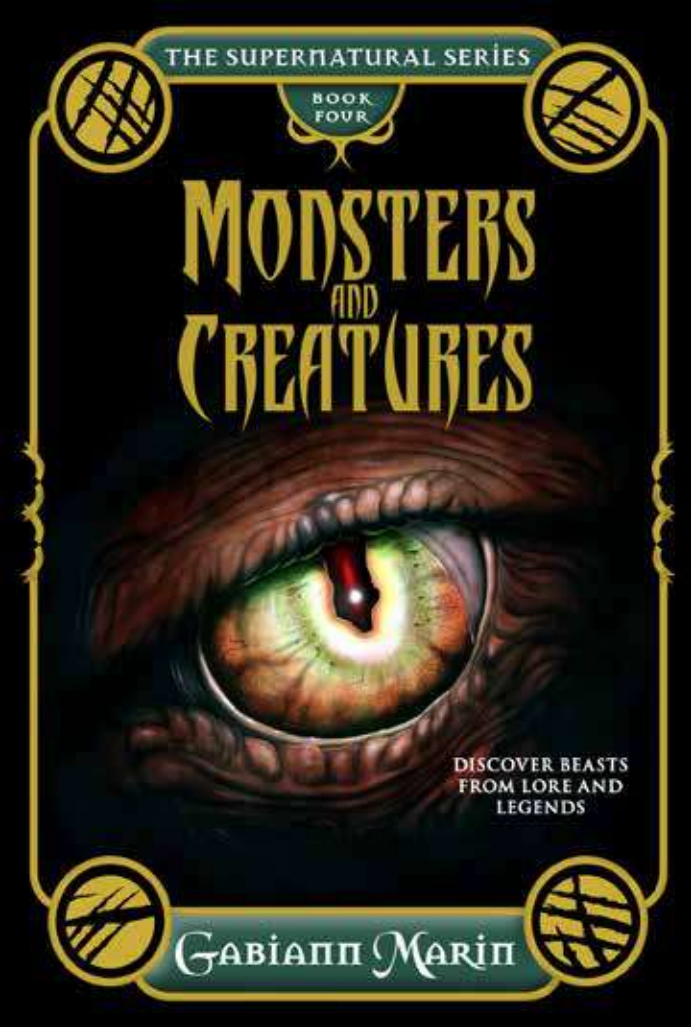
*Lucy Cavendish*

**ISBN:** 978-1-925017-15-1 RRP £13.99 **Format:** paperback, 215 x 155mm, 200pp, cream paper with black line illustrations throughout + 8pp ends + flexi case + ribbon marker + H&T bands **RRP:** \$17.95 USD

*Finally a book of spells to empower you!*

Come on a mystical journey with the world's most loved and respected witch, Lucy Cavendish, as she takes you into the secret world of spellcasting. Watch your life become the magickal experience it was always meant to be. Learn how and why spells work; the history of spells; magickal symbols to use in your spells; dressing magickally; and rules of spellcasting. A beautiful tactile book of spells for use in everyday life!





## Monsters and Creatures

Gabiann Marin

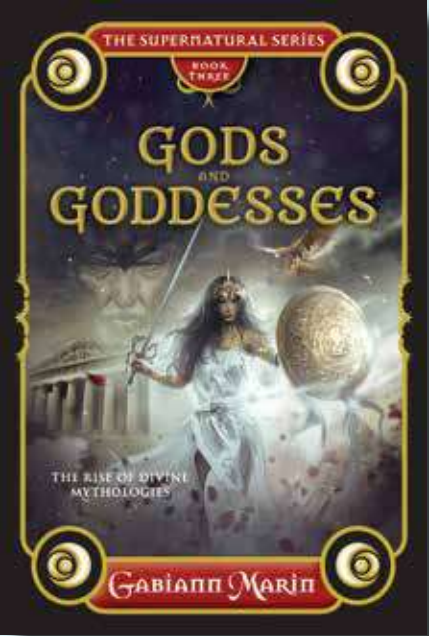
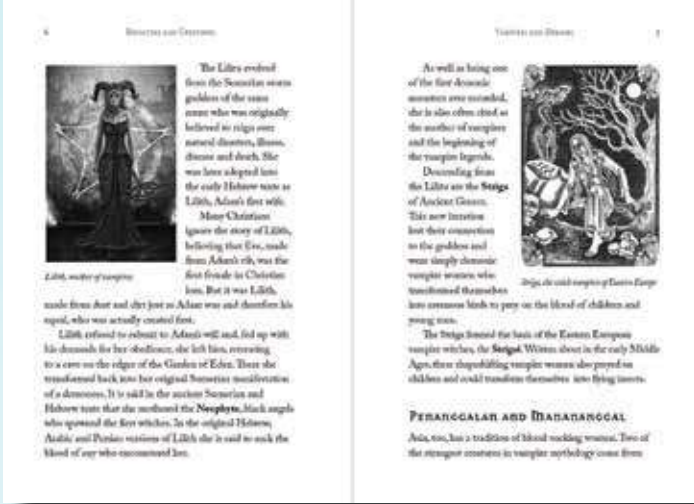
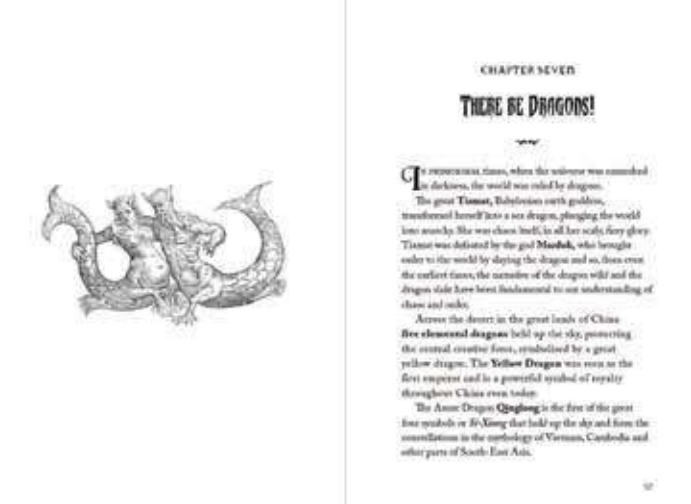
**ISBN:** 978-1-925017-45-8 **Format:** HB, endpapered 192 pages, 181 x 125mm; 1c x 1c **RRP:** \$18.95 USD

Have you ever wanted to track Bigfoot? Slay a dragon? Introduce yourself to a vampire?

From the writer of *Gods and Goddesses*, *Monsters and Creatures* delves into the legends of some of the world's best-known and most bizarre beasts and ghastly creations, revealing the facts and the fictions.

Explore the real-life origins of some of the strangest creatures ever encountered in the murky depths, in enchanted forests – and even one or two that could be lurking under your bed. Discover the real werewolves of mediaeval Europe, glimpse the magickal history of the famed unicorn and encounter the terrifying bloodsucking dogs of Mexico.

All these and more are found within the pages of *Monsters and Creatures*. More than a bestiary, this carefully researched book documents the mythologies, sightings and origins of over 100 weird and wonderful beasts from every continent and every time period, including modern monsters stalking us today. All of these creatures have inspired films, books, scientific research, poems and music, as well as our collective dreams and nightmares. It's time to come meet them and find out the amazing true stories behind these legendary mythical beasts.



## Gods and Goddesses

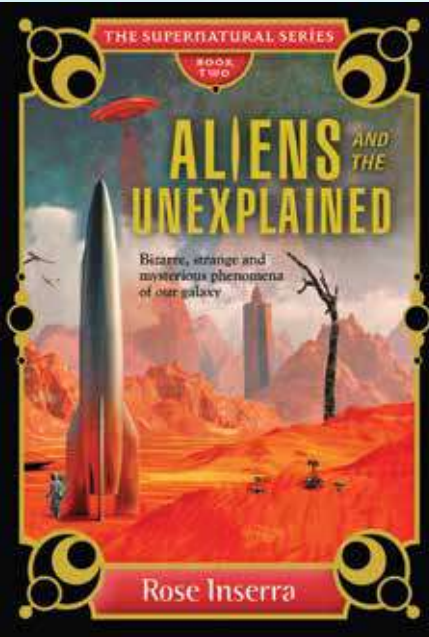
Gabiann Marin

**ISBN:** 978-1-925017-47-2 **Format:** HB, endpapered 176 pp, 181 x 125mm; 1c x 1c **RRP:** \$18.95 USD

Over the millennia gods and goddesses have taken on many forms, given great gifts and unleashed furious punishments on those who worshipped and angered them.

This book introduces the main gods and goddesses of the past: their myths and rituals and how they have influenced modern popular culture.

- Discover the feuding goddesses of Babylon
- Witness the great love affair of the Egyptian creator gods
- Travel with the West African goddess from the shores of Nigeria to the new world of the Americas
- Meet the divine forces that may still dwell in the heavens, the mountains, rivers, oceans and stars.



## Aliens and the Unexplained

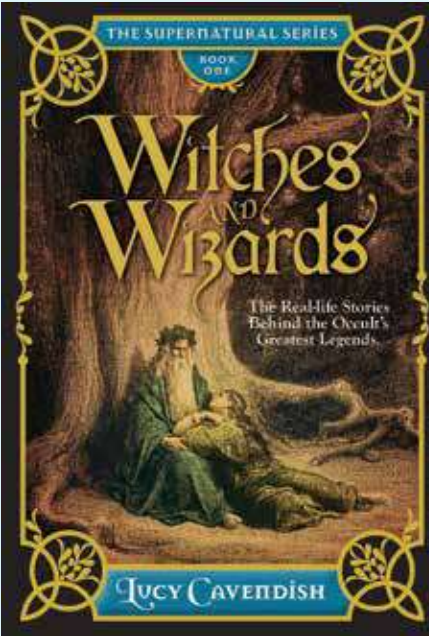
Rose Inserra

**ISBN:** 978-1-925017-48-9 **Format:** HB, endpapered 160 pp, 181 x 125mm; 1c x 1c **RRP:** \$18.95 USD

Are you fascinated by the unknown? Have you seen a UFO? Do you want to know the latest on alien encounters?

*Aliens and the Unexplained* explores the fascinating universe of UFOs, aliens and strange phenomena:

- Are we alone?
- Did our ancient ancestors have connections to galactic visitors?
- Do we all have alien DNA?
- What really happened at Roswell and why is Area 51 still controversial?
- Why do ships and planes disappear in the Bermuda Triangle?
- Why are famous ancient sites built on ley lines and how do they connect to extra-terrestrials?



## Witches and Wizards

Lucy Cavendish

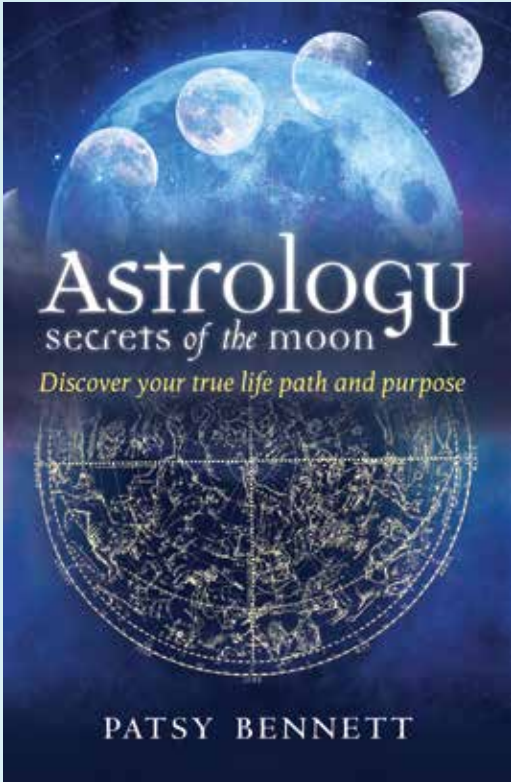
**ISBN:** 978-1-925017-44-1 **Format:** HB, endpapered 192 pp, 181mm x 125mm; 1c x 1c **RRP:** \$18.95 USD

Are you ready to be astonished?

*Witches and Wizards* reveals the real-life stories of the most notorious and powerful occult personalities of all time. Within its pages you'll discover the amazing stories behind the legends: from King Arthur's Merlin to the infamous Aleister Crowley, right through to the modern icons of witchcraft. Shining light on the Salem witch trials, the burning times, the magickal Battle of Britain and beyond, *Witches and Wizards* is a thrilling read for anyone who loves the mysterious, the true and the strange.

Written by renowned witch and author Lucy Cavendish, *Witches and Wizards* is an unforgettable read brimming with magick, myth and mystery.





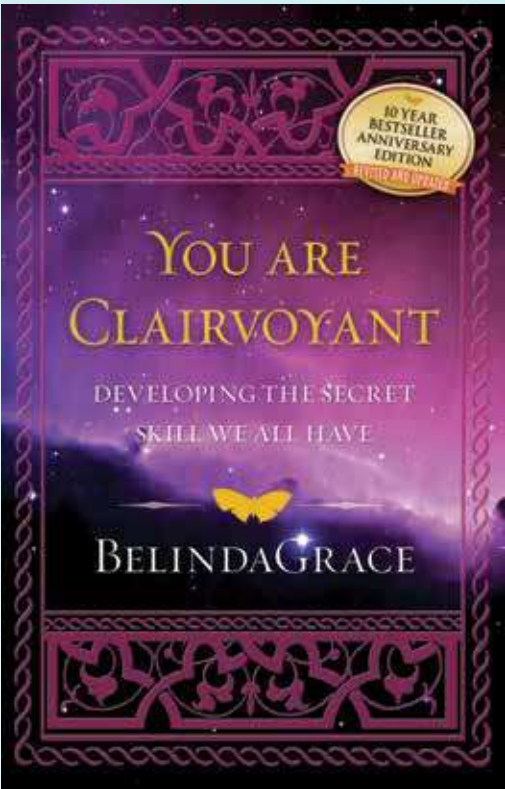
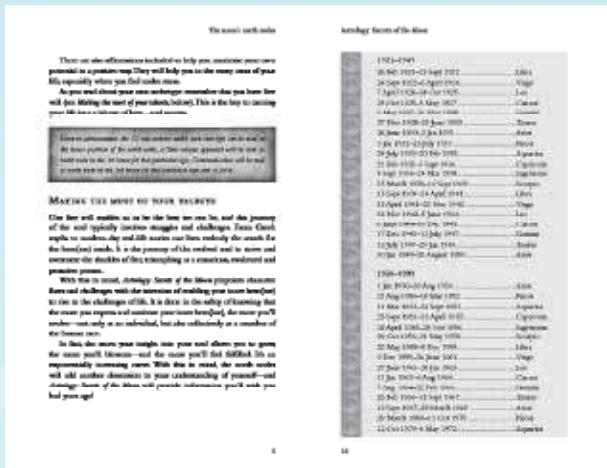
## Astrology: Secrets of the Moon

Patsy Bennett

**ISBN:** 978-1-925017-76-2 **Format:** 330pp, 234 x 153mm, paperback **RRP:** \$18.95 USD

We are all familiar with our sun signs, but in *Astrology: Secrets of the Moon* Patsy Bennett focuses on the new astrology and, in particular, the fascinating study of the moon's north nodes, or soul signs. Often regarded as the gateway to divine inspiration, the moon's north nodes can provide a detailed picture of your soul's true path in life.

Each north node description has a list of approaches, talents, interests, challenges and potential pitfalls as well as an affirmation to help you focus on your own special attributes. Based on your unique astrological makeup, you will also discover your most successful career paths, your most rewarding activities and the most fulfilling approaches to life that you can take.



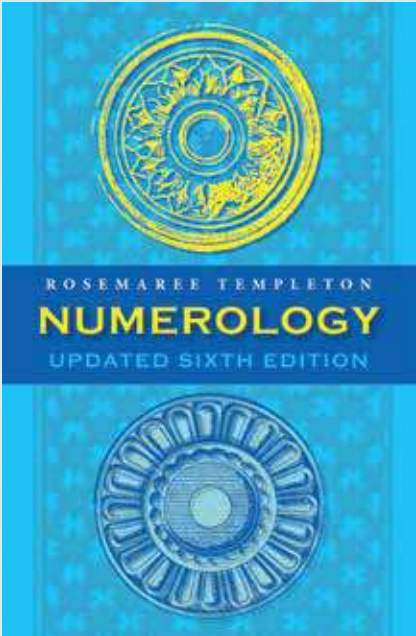
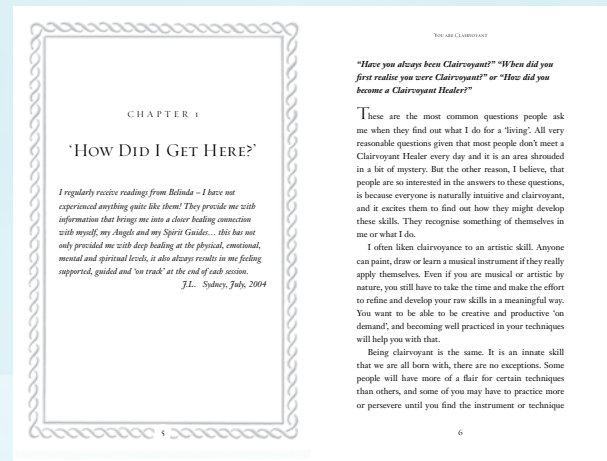
## You are Clairvoyant (Updated edition)

BelindaGrace

**ISBN:** 978-1-925429-66-4 **Format:** 272pp, 210 x 135mm; paperback **RRP:** \$18.95 USD

*You are Clairvoyant* is a best-selling book outlining simply how to develop clairvoyance skills. With fun and easy exercises, *You are Clairvoyant* teaches you to understand and cleanse your chakras and explore channelling and your inner screen. Learn how to meet your angels and spirit guides and how to conduct a psychic conversation. Learn automatic writing, read past lives and release negative patterns from your life.

In this revised and updated edition, there are new chapters on star seeds, who they are and whether or not you or your intuitive child is one, and one on parallel lives and how they can affect you and benefit you in this lifetime.



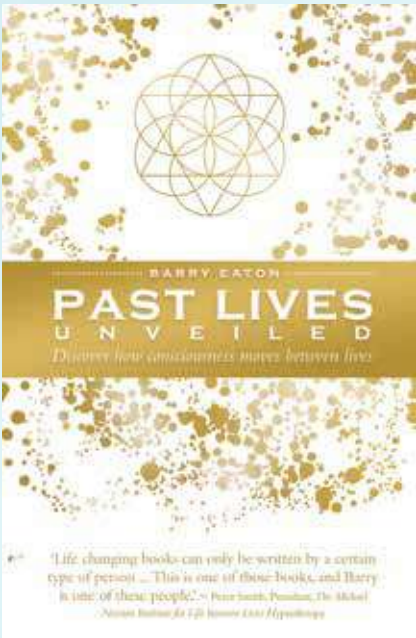
## Numerology

RoseMaree Templeton

**ISBN:** 978-1-925429-02-2 **Format:** 210 x 135mm, HB 272pp **RRP:** \$18.95 USD

Our universe, our world, every living thing is governed by a number – the trees, flowers and grass all have a numbered sequence in the petals, leaves and the way they grow. Of all living things, humans are the only species that looks for guidance in their lives. *Numerology* is the perfect practical tool to give comfort and support with a strong reference point.

This book will show you how to prepare numerology readings for yourself, your family and your friends by calculating and interpreting your ruling number, day number and destiny number. You will learn how to draw up and read birth dates, name charts and pyramid charts that map peaks and troughs throughout your life according to the Pythagorean method. This updated edition also includes ruling number 33/6 as a master number.



## Past Lives Unveiled

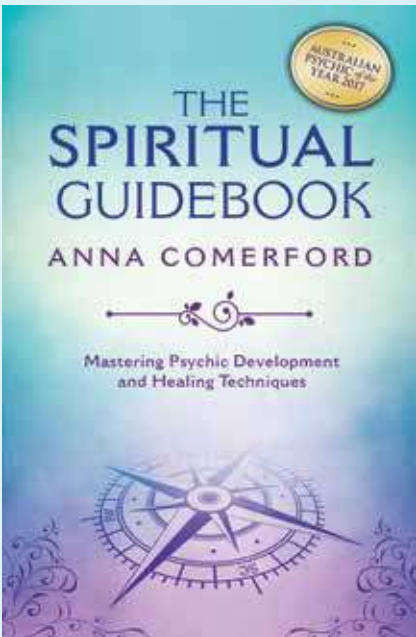
Barry Eaton

**ISBN:** 978-1-925682-86-1 **Format:** HB, 210 x 135mm, 220pp **RRP:** \$18.95 USD

What are soul groups? What is the reality of the spirit world? What lies at the mysterious realm of life between lives? Do our past lives really catch up with us in the present?

*Past Lives Unveiled* takes a fresh, new look at past lives and reincarnation. It features some highly unusual case studies, including two intriguing hypnotic regressions by eminent psychologist, author and past-life expert Dr Michael Newton. Two sisters were regressed independently by Dr Newton and went back to life in a Stone Age tribe, details of which have until now been limited to members of the Newton Institute.

*Past Lives Unveiled* is the third book in the trilogy written by Barry Eaton, following *Afterlife* and *No Goodbyes*.



## The Spiritual Guidebook

Anna Comerford

**ISBN:** 978-1-925682-63-2 **Format:** 234 x 153mm; 320pp, paperback **RRP:** \$18.95 USD

*The Spiritual Guidebook* is a comprehensive guide to understanding and mastering healing and psychic techniques. Tap into your intuition, your heart and soul and be amazed at how your skills unfold and develop in surprising ways you have never imagined.

*The Spiritual Guidebook* includes information about opening the third eye, chakras, tarot, mediumship, crystals, reiki, healing, meditation, self-hypnosis, channelling, automatic writing, auras, scrying, psychometry, energy, essential oils, yoga, guides, shamanism, numerology, health, quantum physics, sacred geometry, self-hypnosis, mind power, spirit releasement and setting goals!





## Always With You

Debbie Malone

**ISBN:** 978-1-925017-96-0 **Format:** 208pp, 234 x 153mm, PB **RRP:** \$19.95 USD

Australia's most gifted and acclaimed

psychic medium, Debbie Malone, shares her life-changing stories of healing and love through her extraordinary ability to communicate between two worlds – the living and the dead.



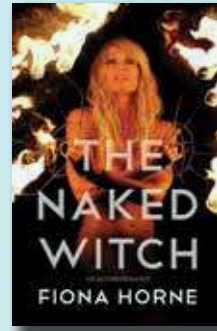
## Awaken Your Psychic Ability

Debbie Malone

**ISBN:** 978-1-925017-95-3 **Format:** 264pp, 234 x 155mm, PB **RRP:** \$18.95 USD

*Awaken Your*

*Psychic Ability* opens the treasure chest of your soul as Debbie shares her wisdom and skills of intuition and spirituality, including exercises for awakening the psychic within you already.



## The Naked Witch

Fiona Horne

**ISBN:** 978-1-925429-63-3 **Format:** 224pp, 234 x 153mm, PB **RRP:** \$19.95 USD

Fiona Horne's extraordinary journey through

a metaphysical-laced material world has all the breathtaking twists, turns, perils, redemption and enlightenment of a fantasy novel merged with Siddhartha and *Entertainment Weekly*.



## A Perfect Practice

Belinda Grace

**ISBN:** 978-1-925429-71-8 **Format:** 200pp, 210 x 135mm, PB **RRP:** \$24.95 USD

*A Perfect Practice* is a step-by-step guide

to help the novice spiritual practitioner establish and maintain a successful practice in their choice of modality. Full of real-life examples, *A Perfect Practice* encourages you to follow your true passion.



## You are Inspired

Belinda Grace

**ISBN:** 978-1-921295-23-2 **Format:** 288pp, 210 x 135mm, PB **RRP:** \$16.95 USD

With practical exercises and true

stories, tap into your true self and life dreams. *You are Inspired* will gently take you on your own journey of self-discovery to the world of your personal gifts and sense of meaning.



## You are Abundant

Belinda Grace

**ISBN:** 978-1-921878-59-6 **Format:** 228pp, 210 x 135mm, PB **RRP:** \$16.95 USD

*You are Abundant* asks us to shift our

focus from what we don't have to what we do have, and in doing so allows us to experience a greater sense of happiness and contentment, opening the way to healing and an abundance some can only dream of.



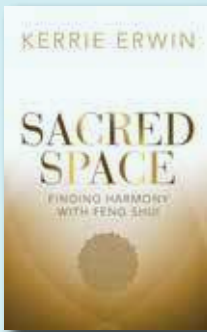
## Sacred Signs

Kerrie Erwin

**ISBN:** 978-1-925564-13-6 **Format:** 192pp, 135 x 210mm, PB **RRP:** \$19.95 USD

*Sacred Signs* gives you the tools to identify and interpret signs

of love and connection from those in the spiritual realms. Covering soul groups, soul contracts and karmic lessons, Kerrie takes us beyond our world and past the fear of



## Sacred Space

Kerrie Erwin

**ISBN:** 978-0-9923070-8-0 **Format:** 180pp, 135 x 210mm, PB **RRP:** \$19.95 USD

A deeply engrossing look into healing your

home energy and work-life space with practical feng shui techniques and using your own intuitive abilities to bring peace and manifest your goals to fruition.



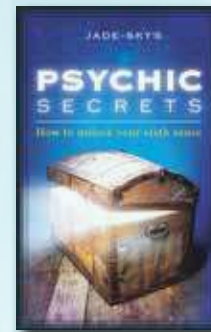
## Sacred Soul

Kerrie Erwin

**ISBN:** 978-0-992307-8 **Format:** 256pp, 135 x 210mm, PB **RRP:** \$19.95 USD

Kerrie unveils the secrets to the spiritual world of hauntings, healings,

reincarnation and incredible psychic phenomena. You will learn and understand about topics that may be controversial to most people, but soon discover there is nothing to ever fear.



## Psychic Secrets

Jade-Sky

**ISBN:** 978-1-921878-48-0 **Format:** 240pp, 210 x 135mm, PB **RRP:** \$16.95 USD

Psychic medium Jade-Sky shows how you can attune yourself to the spirit

world. Meet your spirit guides, open up psychically, see and feel auras and sense things intuitively. Empower your life and unlock the secrets to your psychic world.



## What Happens Next

Jade-Sky

**ISBN:** 978-1-921295-32-4 **Format:** 160pp, 170 x 170mm, PB **RRP:** \$12.95 USD

Drawing on her

many years of communicating with the spirit world, Jade-Sky's sympathetic answers offer comfort and reassurance to anyone who wonders what happens next, showing it is possible to feel and sense your passed loved ones in spirit.



## Dreams

Rose Inserra

**ISBN:** 978-1-925017-17-5 **Format:** 304pp, 234 x 153mm, PB **RRP:** \$18.95 USD

*Dreams* is a comprehensive and practical guide to all aspects of

dreaming. Discover how you can intuitively interpret your dream symbols and, on waking, use practical self-help remedies to recall the dream's message.



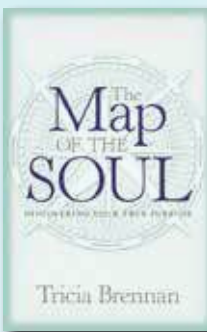
## Paramedic

Sandy Macken

**ISBN:** 978-1-925682-79-3 **Format:** 224pp, 234 x 153mm, PB **RRP:** \$19.95 USD

Experience the exhilaration and danger of emergency

trauma, where a few seconds can mean the difference between life and death, but also the raw beauty, vulnerability and remarkable resilience of the human spirit.



## The Map of the Soul

Tricia Brennan

**ISBN:** 978-1-921295-33-1 **Format:** 320pp, 234 x 170mm, PB **RRP:** \$19.95 USD

Designed and set-up as a step-by-step 12 week guide, *The*

*Map of the Soul* encourages the reader to record their insights and gather vital clues that ultimately reveal the bigger picture of who you are and what is possible to achieve in your life.



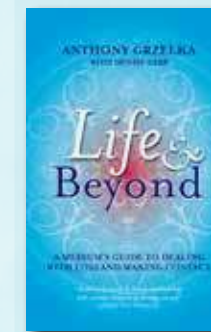
## The Joy of Living

Barry Eaton

**ISBN:** 978-1-925429-48-0 **Format:** 220pp, 210 x 135mm, PB **RRP:** \$19.95 USD

*The Joy of Living* is a story that touches the soul and gives

us heart-warming, fascinating and deep insights on the hard road from diagnosis to treatment and eventual survival from throat cancer.



## Life & Beyond

Anthony Grzelka

**ISBN:** 978-1-921295-15-7 **Format:** 208pp, 210 x 135mm, PB **RRP:** \$15.95 USD

*Life & Beyond* gives a hands-on insight and approach to

different types of loss, including grief and loss in men and how to use a medium's spirituality to recover. Accessible for all, this book will inspire people to cope with death and loss by connecting to the spirit world.



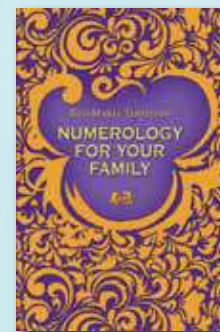
## Raising Angels

Paul Segal

**ISBN:** 978-1-921878-49-7 **Format:** 160pp, 175 x 135mm, PB **RRP:** \$12.95 USD

When young Raphael finds

a worn out angel lying on the side of the road in the pouring rain, he decides to take it home and look after it. Raphael and his sister are intrigued: this angel doesn't look the way they had imagined angels to be.



## Numerology for Your Family

Rose Maree Templeton

**ISBN:** 978-1-921295-29-4 **Format:** 224pp, 210 x 135mm, PB **RRP:** \$16.95 USD

Whether you're

new to numerology or ready to take the next step and begin applying it to your own family, here is a simple and informative self-help book that will show parents how to use the energies and vibrations of numbers to better understand their children.

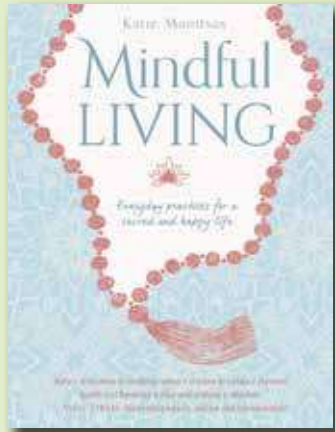


# Health and Wellness Books

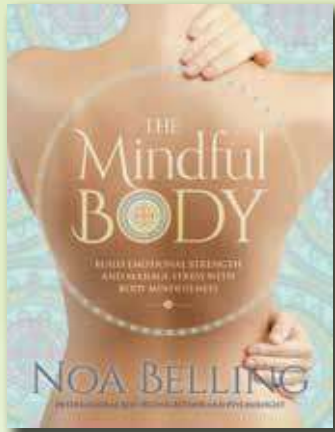
From our best-selling *Natural Remedies* to *The Mindful Body*, our range of health and wellness titles aims to promote and improve personal well-being through a variety of topics including physical fitness, diet and nutrition, alternative therapies, natural living and meditation. We are proud to publish practical non-fiction titles for health, home and wellness that help cultivate healing foundations and routines for yourself, your friends and your family.



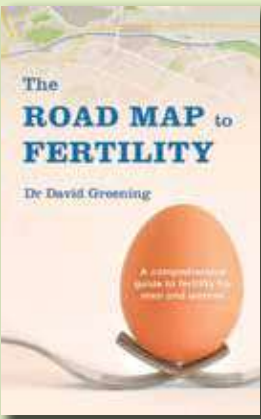
**Your Best Year Ahead**  
Dr. Cris Beer



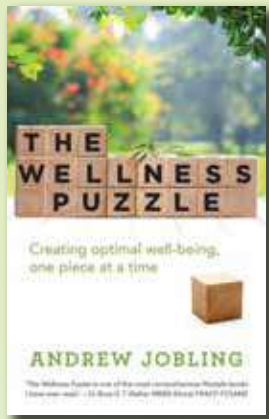
**Mindful Living**  
Katie Manitsas



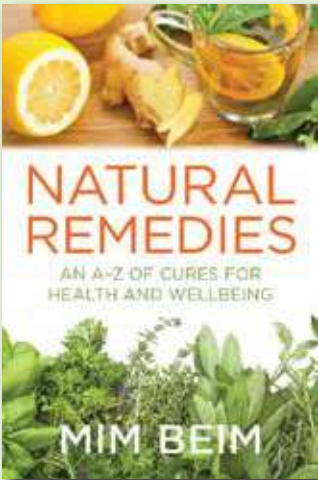
**The Mindful Body**  
Noa Belling



**The Road Map to Fertility**  
Dr David Greening



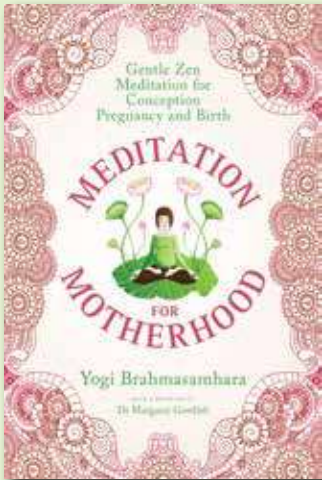
**The Wellness Puzzle**  
Andrew Jobling



**Natural Remedies**  
Mim Beim



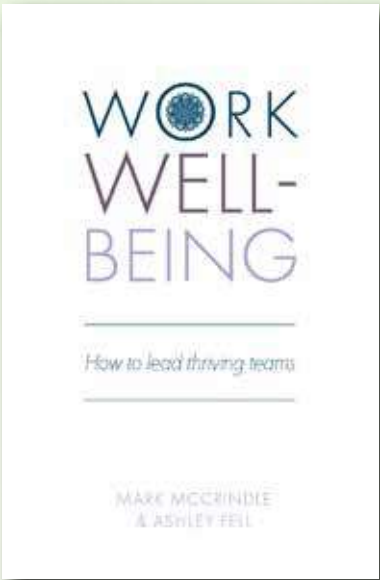
**Raising Competent Teenagers**  
Dr. Linda Friedland



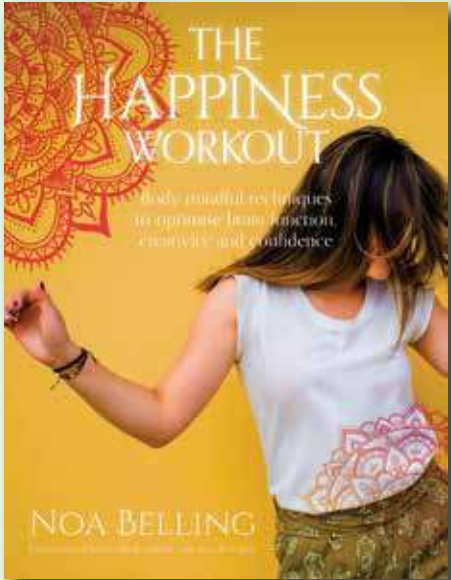
**Meditation for Motherhood**  
Yogi Brahmasamhara



**Menopause**  
Dr Barry G. Wren



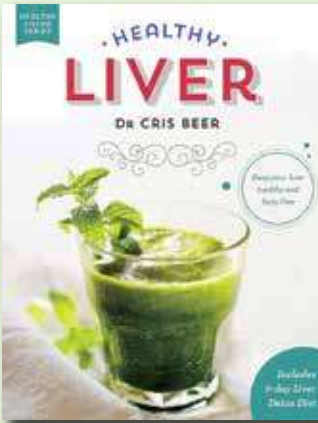
**Work Well-being**  
Mark McCrindle and Ashley Fell



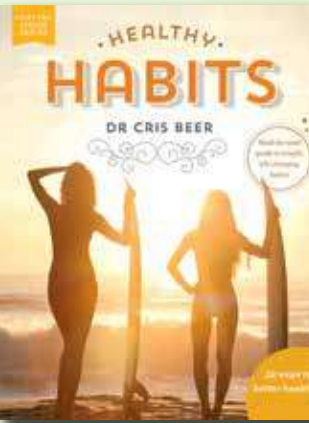
**The Happiness Workout**  
Noa Belling



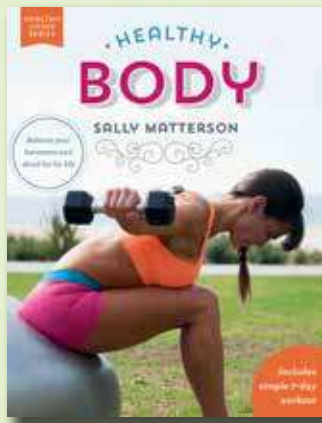
**Your Best Year Ahead**  
Dr. Cris Beer



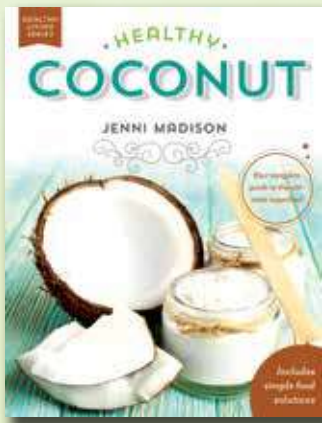
**Healthy Liver**  
Dr. Cris Beer



**Healthy Habits**  
Dr. Cris Beer



**Healthy Body**  
Sally Matterson



**Healthy Coconut**  
Jenni Madison





## Your Best Year Ahead

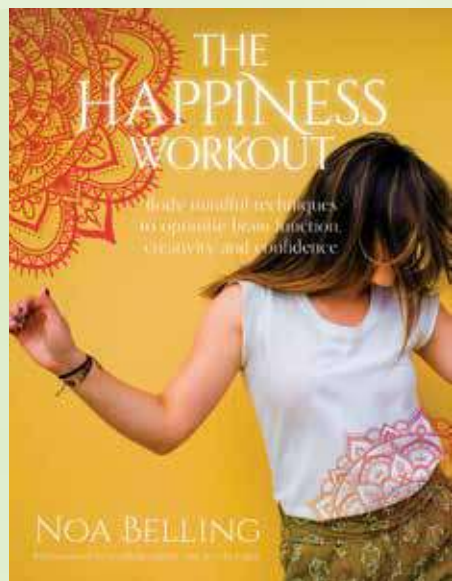
Dr. Cris Beer

**ISBN:** 978-1-925924-37-4 **Format:** paperback, TBCpp, 210 x 135mm  
**RRP:** \$18.95 USD

Have you ever longed to be healthy, have lots of energy and be comfortable with your body weight? Simple habits lead to good health, energy and optimum body weight.

*Your Best Year Ahead* is written for every busy person who thinks they do not have time to look after their health, but they want to try to start off the new year with a fresh, easy approach.

Supported by evidence-based research and no-fuss tips. The simpler we keep things the more likely we are to stick with any changes we make. By following the week-by-week advice within these pages you will see you have the health that you and your body deserve.



## The Happiness Workout

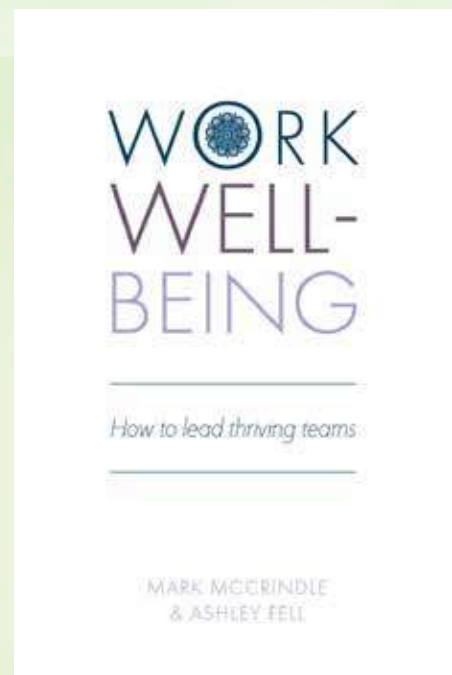
Noa Belling

**ISBN:** tbc **Format:** tbcpp, 180mm x 234mm, paperback  
**RRP:** \$22.95 USD

*Optimise brain function and enhance creativity and resilience!*

*The Happiness Workout* takes a dive into the deeper end and looks at how feelings of happiness are created and sustained by naturally occurring biochemicals in your body. Discover your ability to influence the levels of these feel-good chemicals by honing certain physical skills, such as strength, flexibility, grounding and warm-heartedness to essentially manufacture happiness from the inside out.

- Learn the biochemistry of happiness in the body and mind
- Navigate physical stress responses that block happiness
- Practice happiness workout exercises to bounce back from stress
- Meet life's challenges and grow a sense of a life well lived
- Boost your creativity, resilience and sense of connectedness



## Work Well-being

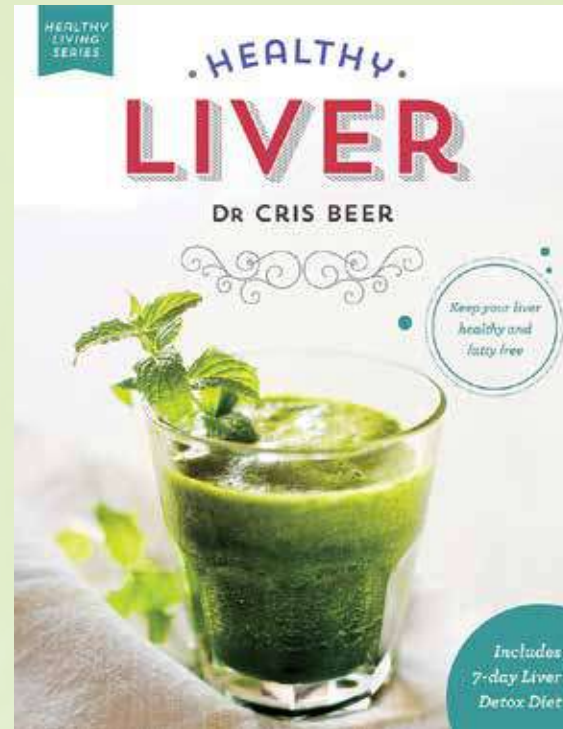
Mark McCrindle and Ashley Fell

**ISBN:** 9781925924190 **Format:** PB trade format, 234 x 153mm, 192pp,  
**RRP:** \$18.95 USD

Over the last decade our world has increased its focus on individual well-being. There is a huge amount of information available and education offered on how to enhance personal well-being by reducing stress and being more physically active, but when it comes to our workplaces do we really know what well-being means?

Because we now live longer and work for extended hours and well into our twilight years, workplace well-being becomes a key element to employee attraction, retention and satisfaction. It's not just important that workplaces prioritise well-being; it's vital for their success.

With whom does the responsibility lie to ensure this is happening? Using data-driven insights, social researchers Ashley Fell and Mark McCrindle have surveyed thousands of employees on this topic to better equip managers, leaders and employees with a thorough understanding of what workplace well-being is, why it is important and how to achieve it.

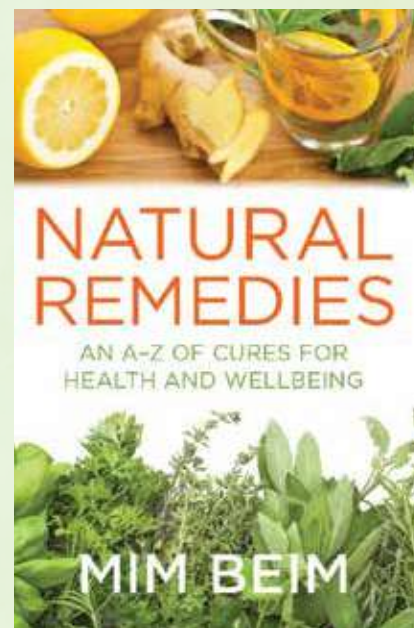


## Healthy Liver

Dr. Cris Beer

**ISBN:** 978-1-925017-57-1 **Format:** PB 224pp, 245 x 190mm, 4c x4c  
**RRP:** \$22.95 USD

*Healthy Liver* delivers up-to-date methods and recipes to cleanse and detox your liver. A healthy liver performs an amazing 500 different functions, from breaking down fat to extracting vitamins, storing energy and fighting infections. With modern liver diets, this book will keep your liver healthy and fat free.



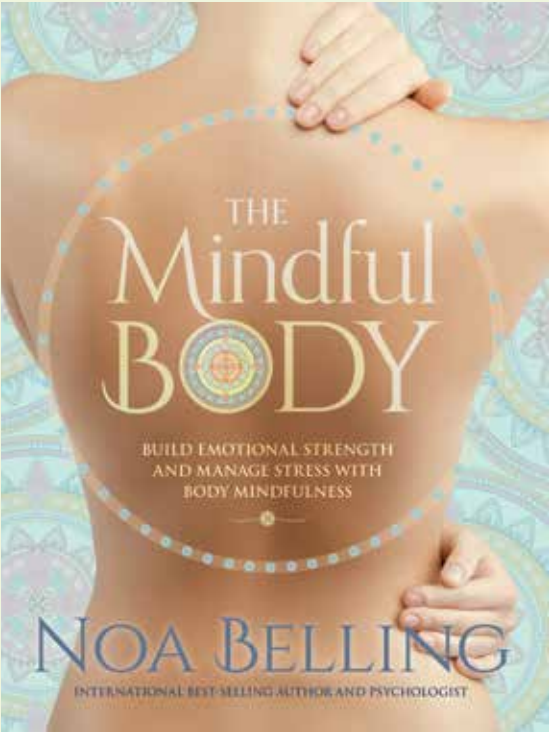
## Natural Remedies

Mim Beim

**ISBN:** 978-1-921878-10-7 **Format:** PB 512pp, 210 x 135mm; 1c x 1c **RRP:** \$18.95 USD

Mim Beim's comprehensive, practical and easy-to-use 500+ page reference book belongs in every home. It outlines natural remedies to help with 200 common ailments including the common cold, burns, arthritis, premenstrual tension, infertility and menopause. There are also strategies for losing weight, boosting the immune system, increasing energy levels and dealing with stress.





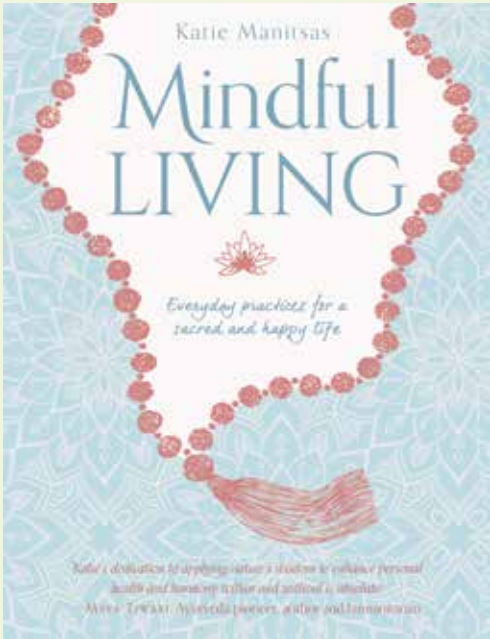
## The Mindful Body

Noa Belling

**ISBN:** 978-1-925682-18-2 **Format:** 234 x 153mm, 300pp, paperback **RRP:** \$21.95 USD

How does your mind live in your body? How can body awareness help you change your mind and experience of life? Successful author and practising psychotherapist Noa Belling offers a practical, personal way to use your body as a direct path to mindfulness and mindful living.

Supported with psychological and neuroscientific studies, this book provides you with many opportunities to practise body mindfulness, to experience your physical being as an empowering and intelligent resource.



## Mindful Living

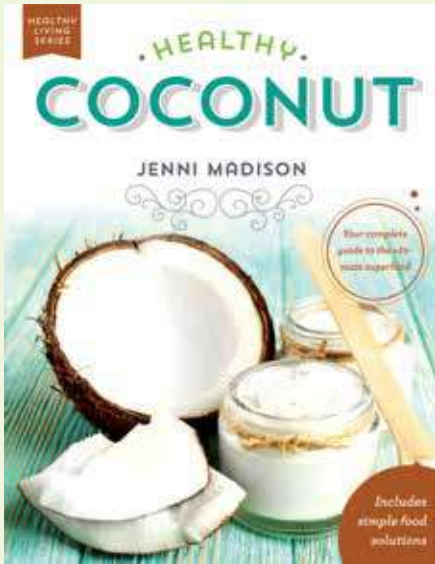
Katie Manitsas

**ISBN:** 978-1-925682-85-4 **Format:** paperback, 230 x 170mm 160pp, illustrated **RRP:** \$19.95 USD

*Mindful Living* draws from yogic philosophy and foundations to inspire an invitation towards bringing conscious spiritual practices into your life.

In this heartfelt and inspiring book, author Katie Manitsas shares sacred practices to cultivate a spiritual devotion and outlook on life focused on meditation, intention setting, prayer and chanting as well as routines for honouring the energy body, working with the elements, eating food with kindness and daily rhythms to soothe the soul.

For everyone, *Mindful Living* offers tools for growth and reformation that will allow you to experience deeper self-confidence and a powerful intuition arising in your life.



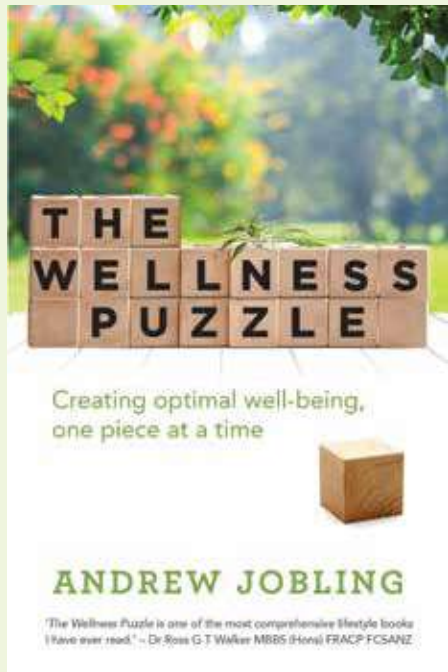
## Healthy Coconut

Jenni Madison

**ISBN:** 978-1-925429-07-7 **Format:** paperback, 224pp, 255 x 205mm, full-colour images throughout **RRP:** \$26.95 USD

*Healthy Coconut* is a simple guide to incorporating the amazing benefits of coconut into your daily lifestyle. It features more than 100 wholefood, plant-based and gluten-free recipes bursting with coconut goodness and superfood nutrition. This book will show you how to use coconuts, both internally and externally, to receive maximum health and beauty benefits and toxin-free living. Includes:

- Australian author well known within the health industry, expert in the field of coconut products and their benefits
- unique book on the holistic superfood uses of coconuts extending past the well-known benefits of coconut oil through to recipes, body care and beauty



## The Wellness Puzzle

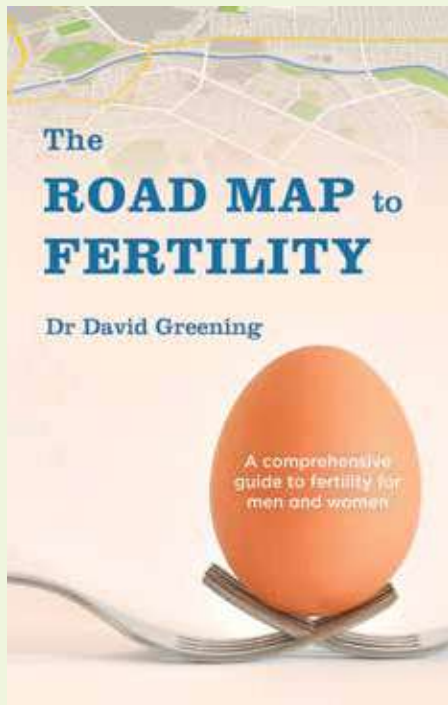
Andrew Jobling

**ISBN:** 978-1-925682-81-6 **Format:** paperback, 234 x 153mm,, 270pp, **RRP:** \$21.95 USD

With the high demands of life and the rush of fast-paced living, our bodies and minds are filled with deadlines, stress, anxiety and nervous energy. You *can* make order out of the chaos of your life.

*The Wellness Puzzle* outlines seven core pieces of life's puzzle to promote real change and create a longer, happier, healthier version of life, along with sharing powerful messages of motivation.

Through the right thinking, positive emotions, deliberate actions and healthy habits, optimal well-being is more than just a hope — it is an exciting reality for anyone who is willing to make it happen.



## The Road Map to Fertility

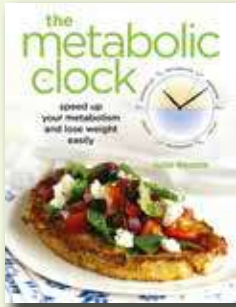
Dr David Greening

**ISBN:** 978-1-925682-17-5 **Format:** 234 x 153mm; 264pp, paperback **RRP:** \$18.95 USD

Getting pregnant is not easy for many couples; fertility for some is difficult. In this comprehensive, thorough and wide-ranging look at fertility, Dr David Greening takes the reader on an informative and intelligent journey that will inform them of the complexities and understanding of how to improve both partners' fertility.

Filled with medical and practical advice for both men and women, Dr Greening includes real stories and cases from his many years in the reproductive medicine field working from London to Sydney.



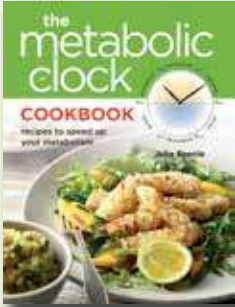


## The Metabolic Clock

Julie Rennie

**ISBN:** 978-1-921295-31-7 **Format:** 176pp, 245 x 190mm, PB **RRP:** \$21.95 USD

How would you feel if you knew exactly what to do to finally shed unwanted body fat and keep it off? Australian author Julie Rennie provides readers with strategies to create a balanced approach to losing weight and being healthy.

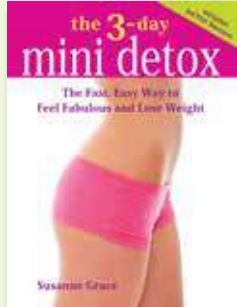


## The Metabolic Clock Cookbook

Julie Rennie

**ISBN:** 978-1-921295-67-6 **Format:** 174pp, 245 x 190mm, PB **RRP:** \$21.95 USD

Discover what to eat, and when, to speed up your metabolism and lose weight easily. *The Metabolic Clock Cookbook* is filled with recipes that are designed to speed up your metabolism and improve your health.



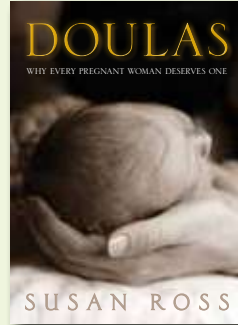
## The 3-Day Mini Detox

Susanne Grace

**ISBN:** 978-1-921878-07-7 **Format:** 136pp, 224 x 127mm, PB **RRP:** \$9.95 USD

Nutritious, delicious and easy-to-make recipes using

fresh organic foods are included, along with soothing therapies and all the information you need to enhance this holistic approach to detoxing.



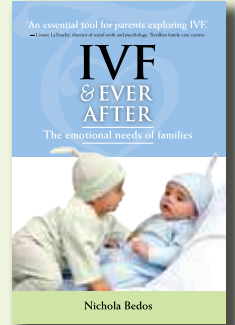
## Doulas

Susan Ross

**ISBN:** 978-1-921295-30-0 **Format:** 200pp, 210 x 135mm, PB **RRP:** \$18.95 USD

Doulas are trained to look after you, both emotionally and

physically, during pregnancy, labour and birthing. An Australian book to educate you on what a doula is, why a pregnant woman needs one and what to look out for when selecting one.



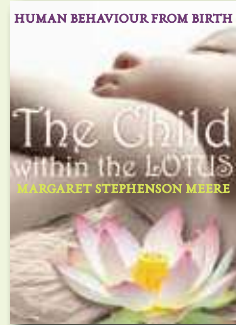
## IVF & Ever After

Nichola Bedos

**ISBN:** 978-1-921295-05-8 **Format:** 224pp, 234 x 153mm, PB **RRP:** \$18.95 USD

*IVF and Ever After* discusses the latest

international research, bringing together the most up-to-date information for parents. It moves beyond the here and now to look at issues families and practitioners need to know about IVF conception and surrogacy.

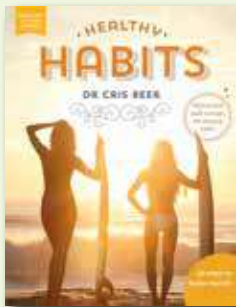


## The Child Within the Lotus

Margaret Stephenson Meere

**ISBN:** 978-1-921295-16-4 **Format:** 240pp, 230 x 171mm, PB **RRP:** \$18.95 USD

Blending current western knowledge with eastern wisdom, this book is a guide on how to nurture a child both physically, emotionally and spiritually through all stages of growth.



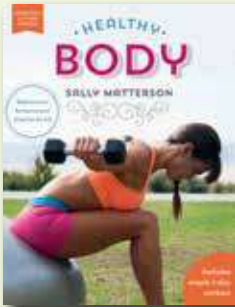
## Healthy Habits

Dr. Cris Beer

**ISBN:** 978-1-925017-54-0 **Format:** 288pp, 245 x 190mm, PB **RRP:** \$21.95 USD

Have you ever longed

to be healthy, have lots of energy and be comfortable with your body weight? *Healthy Habits – 52 Ways to Better Health* is an easy-to-read book offering an effective ‘habit-a-week’ approach.



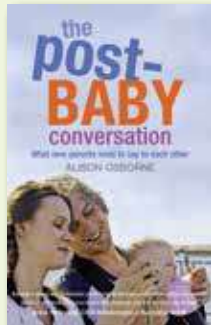
## Healthy Body

Sally Matterson

**ISBN:** 978-1-925017-52-6 **Format:** 160pp, 245 x 190mm, PB **RRP:** \$19.95 USD

*Healthy Body*

educates you about your body, getting fit and how to eat right for it. Once you understand the hormonal rules that govern your body you will become the master of your physique and the controller of your body.



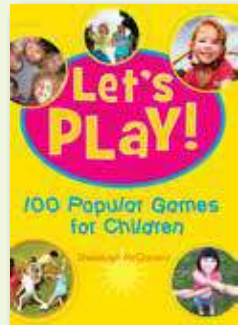
## The Post-baby Conversation

Alison Osborne

**ISBN:** 1877 082 783 **Format:** 304pp, 210 x 170mm, PB **RRP:** \$18.95 USD

*The Post-baby Conversation* is a first: a relationship book

for new parents. It is not a book about babies and it's not about how to be a parent. It's about how to be a happy couple after the arrival of children.



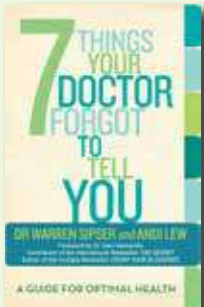
## Let's Play

Shelalagh McGovern

**ISBN:** 978-1-921295-34-8 **Format:** 176pp, 210 x 148mm, PB **RRP:** \$18.95 USD

Filled with colour photos of children playing the games

and an easy to follow layout, *Let's Play* is an invaluable resource for mums, dads and families everywhere with over 100 unique and fun games to practise and play!



## 7 Things Your Doctor Forgot to Tell You

Dr. Warren Sipser and Andi Lew

**ISBN:** 978-1-921295-12-6 **Format:** 336pp, 210 x 135mm, PB **RRP:** \$18.95 USD

*7 Things Your Doctor Forgot To Tell You* helps you to understand that the only real cure is prevention. This step-by-step guide will change the way you currently manage your health care.

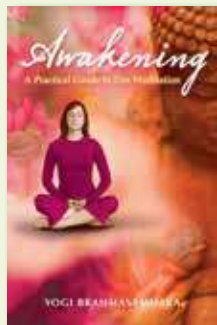


## Help Your Child to Excel at Reading

Katherine Bates

**ISBN:** 978-1-921295-13-3 **Format:** 224pp, 210 x 135mm, PB **RRP:** \$18.95 USD

A practical handbook to help parents knowledgeably guide their children as they learn how to read and write, so their children can achieve their full potential while feeling great and believing in themselves.



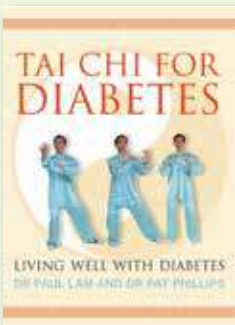
## Awakening

Yogi Brahmasamhara

**ISBN:** 978-1-921878-00-8 **Format:** 320pp, 234 x 153mm, PB **RRP:** \$18.95 USD

*Awakening* is a book of wisdom – wisdom for its

understanding of human nature, wisdom for its answers to the unhappiness in modern life, and wisdom of meditation; letting go the unnecessary burdens of life ... and begin to fully experience and cherish each precious moment of our being.



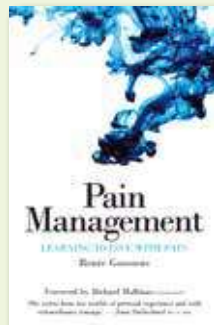
## Tai Chi for Diabetes

Dr. Paul Lam

**ISBN:** 978-1-921295-14-0 **Format:** 200pp, 235 x 170mm, PB **RRP:** \$21.95 USD

Combining medical and tai chi expertise with

practical information on diabetes and how it affects your body, Dr. Paul Lam uncovers the best diet to follow, and step-by-step instructions with photos illustrate each tai chi move to improve your health and well-being.



## Pain Management

Renee Goossens

**ISBN:** 978-1-921295-09-6 **Format:** 288pp, 210 x 135mm, PB **RRP:** \$18.95 USD

Written in plain language, *Pain Management* explains

the effect of pain on the human nervous system. It provides medical and psychological strategies to enable patients to help themselves.



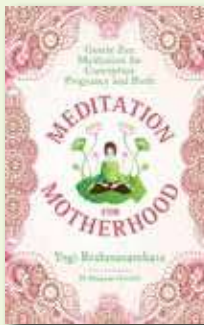
## Menopause

Dr Barry Wren

**ISBN:** 978-1-921878-69-5 **Format:** 240pp, 210 x 153mm, PB **RRP:** \$18.95 USD

With more than 40 years' experience as a gynaecological endocrinologist,

Dr Wren has researched the pros and cons of HRT and presents them in easy-to-understand language in this book with family health nurse and author Margaret Stephenson Meere.



## Meditation for Motherhood

Yogi Brahmasamhara

**ISBN:** 978-1-925017-16-8 **Format:** 256pp, 234 x 153mm, PB **RRP:** \$18.95 USD

Yogi Brahmasamhara presents step-by-step guidance

on authentic Zen meditation, the most powerful, natural and deeply beneficial practice available to a woman during the phases of creating and nurturing her baby.



## Raising Competent Teenagers

Dr. Linda Friedland

**ISBN:** 978-1-925017-39-7 **Format:** 240pp, 210 x 135mm, PB **RRP:** \$18.95 USD

This hands-on manual contains tools on how to keep up communication with your teen. Dr. Linda Friedland has distilled the wisdom of prominent parenting educators and her own knowledge as a medical doctor and also a mother of five children.



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