

# Soprema Senior Center

April May June 2020



## READY, SET GOALS!

### 2020 RESOLUTIONS!

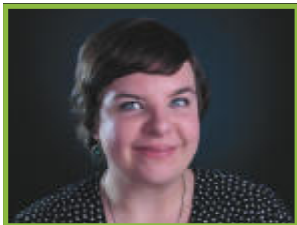
Many thanks to all who submitted their 2020 resolutions! We received quite a few personal goals from our members and all were enlightening and inspiring! Here are the top four resolutions:

1. Exercise & Lose Weight
2. Enjoy Life & Be Kind
3. Get Organized
4. Get More Involved at the Senior Center

Not gonna lie, our favorite is #4! Folks are also aspiring to finish projects, stay within budget, get a pet, let go of the past, be eco-friendly, learn to play an instrument, get closer to God and much more... What great aspirations!

### How Do We Stay on Track?

Okay, now what? Center staff are busy planning programs, activities and opportunities to help you keep your resolutions this year. Check out this newsletter for programs that will help you stay on track, such as our Walking Challenge, exercise classes, our new health and wellness programs, relaxation programs, volunteer opportunities and much more! Know that we'll continue to plan 2020 programs throughout the year that are geared toward our members' goals. Stay tuned for more!



### WELCOME LIZ!

Liz Olszewski, the new Administrative Assistant for the Soprema Senior Center, is thrilled to join our staff!

Liz and her husband moved to Wadsworth in 2013. They have three children and are active in several Wadsworth activities and organizations. Liz is committed to the Soprema Senior Center's mission to improve the lives of seniors in Wadsworth and the surrounding communities. Be sure to introduce yourself and offer Liz a warm welcome to the Soprema Senior Center!

♥ Although we had to say goodbye to our former staff member Beth Lucas, she hasn't gone very far. Beth is now serving as the Administrative Assistant to the Director of Public Service for the City of Wadsworth. Stop by City Hall and say hello to Beth!



Goodbye winter and hello spring! Enjoy the warm weather and stop by the Soprema Café for specialty pancakes, fresh salads, homemade soups, yummy sandwiches, decadent pastries and much more! The gourmet coffee is always hot and fresh, including a daily special flavor. The Café is open Monday through Friday from 7:30 am - 2:00 pm (closing at 1 pm on Fridays in June, July, August). Don't forget, Center members get a 10% discount!

**Attention Seniors: We see a magical evening for you at the Crystal Ball on April 16!**

**Buy your tickets at the Center today!**



# HEALTH & WELLNESS...

## WALKING TRACK AT THE YMCA



Senior Center members without a YMCA membership can enjoy the YMCA indoor walking track. Register at the Center and be sure to sign in and out at our front desk each time you walk.

**Mondays: Noon—2 pm Tuesdays: 9—11 am Wednesdays: Noon—2 pm**



**Thursdays: 9—11 am**

**Fridays: Noon—2 pm**

## ARTHRITIS EXERCISE

**Every Wed. at 10 am**

Join this FREE class sponsored by Altercare that features stretching and strengthening exercises for seniors of all age and ability levels.

## BLOOD PRESSURE CHECKS

**2nd Tuesday at 10:30 am**

~Provided by Sanctuary Wadsworth

**3rd Tuesday at 11 am**

~Provided by Concordia at Sumner

**1st Wednesday at 11 am**

~Provided by Apostolic Christian Home

## FREE HEARING SCREENING and/or HEARING AID SERVICE BY BELTONE

**Thursday, June 11 Noon – 2 pm by Appointment**

Sign up for your free hearing screening and otoscopic exam. Appointments are also available for a free inspection and cleaning of all makes/models of hearing aids. *Call for your appointment.*

## MEDICARE Assistance



Our trained OSHIP volunteers offer Medicare assistance by appointment. Call today for your appointment!



## MEDICARE 101

**2nd Mondays at 3:00 pm—Call to RSVP**

Concerned or confused about Medicare? Stacey Ries of KAZ Company will help you understand and navigate the Medicare maze. This is an educational seminar, no products or sales offered.

## COFFEE WITH THE CAPTAIN

**Last Mondays at 9 am—Call to RSVP**



Active and retired veterans are invited to gather for coffee, camaraderie and conversation. Complimentary coffee and refreshments sponsored by InCare Ohio Home Health, Hospice & Palliative Care.

## TABLE TALK with DR. PATEL

**4th Wednesdays at Noon**



Join Dr. Rachel Patel from Community Health Care Wadsworth to learn about and discuss the latest on a variety of important health topics.

**April 22—Weight Loss**

**May 27—Diabetes**

**June 24—High Blood Pressure**

Feel free to bring your questions. RSVP today to reserve your spot!



## GRIEF SUPPORT GROUP

**4th Thursday 1-3 pm—Call to RSVP**

There are no rules about how you should feel after losing a loved one. Join this caring group sponsored by Crossroads Hospice.

## 2020 WALKING CHALLENGE!

**May 1 - June 30**

**2020 Goal = 20,000 Miles!**



Our eighth annual Senior Walking Challenge is here! We need as many seniors as possible to help reach our goal of 20,000 miles. Whether you are an avid walker or need motivation to get started, we need you! Simply walk inside or outside and record each mile walked in May and June. Sign up at the Center in April and attend the *Walking Challenge Kick-Off* on **Friday, May 1 at 2:00 pm**, where you'll receive everything you need to get started. Save the date for our *Walking Challenge Celebration* to be held on **Friday, July 31** at Memorial Park. Certificates and prizes will be awarded!

Another fun way to keep moving is to join us as we represent the Senior Center in the *Wadsworth Blue Tip Parade* on **Tuesday, June 23**. (Details to come!)

# WE'RE HERE TO HELP..



## CAREGIVER SUPPORT GROUPS

### *Alzheimer's Caregiver Support Group*

Thursdays April 2, May 7 & June 4 at 1:00 pm

If you are caring for a loved one with Alzheimer's Disease or other memory impairment, please join us for this monthly information and sharing session facilitated by the Greater East Ohio Chapter of the Alzheimer's Disease Association. No RSVP necessary.

Please RSVP for the following Support Group meetings:

*\*General Caregiver Support, 1st Tuesdays*

*\*Parkinson's Disease Caregiver Support, 3rd Tuesdays*

**April 7 at 12:15 pm (Includes lunch) - General**

“Safe Lifting Techniques” by Pajevic Chiropractic

**April 21 at 12:15 pm (Includes lunch) - Parkinson's**

“New Treatments in Parkinson's Disease” by University Hospital's Parkinson's Movement Disorder Clinic

**May 5 at 12:15 pm (Includes lunch) - General**

**May 19 at 12:15 pm (Includes lunch) - Parkinson's**

“Mindfulness with Caregiving” by The Blick Center

**June 2 at 12:15 pm (Includes lunch) - General**

“How a *Fix-It* Mentality Can Lead to Caregiver Burnout” by Copley Health Center

**June 16 at 12:15 (Includes lunch) - Parkinson's**

“Safe Lifting Techniques” by Pajevic Chiropractic

*\*These programs are funded by a Family Caregiver grant from the Western Reserve Area Agency on Aging.*



## SENIOR FOOD DISTRIBUTION

April 16, May 21 & June 18 at 12:30 pm

Free food distribution for qualifying seniors provided by Feeding Medina County. *Call the Center to RSVP—First come, first served.*

## LEGAL AID

April 21, May 21 & June 18  
at 9 am by Appointment

Terri Underwood of Community Legal Aid provides free assistance to qualifying seniors. *Call for an appointment. This service is available for Medina County residents only.*



## KIDS & KIN (*Family Alienation Support*)

1st Friday 2– 4 pm



Come and join a caring, monthly support group that discusses an issue that more and more seniors find themselves facing, known as “living loss in families”. Learn how to recognize that it is happening and understand how to cope and deal with the pain. Call to RSVP—Walk-in's welcome.

## COUNTY ASSISTANCE for SENIORS

2nd Thurs. at 1:15 pm by Appointment

A representative from the Medina County Office for Older Adults will offer assistance with services and benefits for senior citizens and persons with disabilities.

*Call today for an appointment.*



## COUPON CLIPPERS

Tuesdays 12 - 2 pm

Sort and clip coupons to keep, share and benefit food pantries and overseas military. Unexpired coupon donations are welcome.

## ASK an ATTORNEY

April 14, May 12 & June 9  
at 1 pm by Appointment

Gwen Perry, elder law attorney with Phillips & Mille Co. LPA, will answer your elder law questions (estate planning, probate, guardianship). *Call for an appt.*

# STAY INFORMED & CONNECTED...



## **TECH CONNECT CLUB** 2nd & 4th Thursdays at 10:30 am

Join us and make new friends from the Medina County Board of Developmental Disabilities. Our group is evolving and we're reformatting as an inclusive club using technology to engage and connect in a fun and meaningful way. Technology experience is not needed and lots of laughter is guaranteed! We need senior volunteers to join this important program. *Call the Center for more info. and how to become a volunteer!*

## **WHS MINI CLASS REUNIONS** Friday, April 3 & June 5 at Noon

The Wadsworth High School Alumni Association invites all graduates to meet at the Center for lunch and to share great Grizzly memories. Caesar Carrino, class of 1948, will be there to moderate and welcome grads from all class years. Please order lunch on your own in the Café and meet in the Activity Room.

*If you can join the fun, RSVP's would be greatly appreciated by calling the Senior Center.*



## **INTERGENERATIONAL TECHNOLOGY CLASSES**

Take advantage of the FREE learning opportunities where Wadsworth High School students serve as the "experts," providing one-on-one instruction to older adults. Classes are held at the Center in April and May and will resume in September after summer break. *Call today to reserve your spot for the following classes:*

### **"Settings & Shortcuts" - Tuesday, April 14 at 2:45 pm**

Having trouble reading your texts and emails because the font size is too small? Is the background of your device too dark or too light? Did you even know that your smart phone has a flashlight and calculator? Come to this class and learn how to personalize the settings on your electronic devices so that they work for you! Sign up for this class today!

### **Computer Assistance Clinics" - Tuesdays, April 28 & May 12 at 2:45 pm**

Bring your questions about computers or any tech gadget (smart phone, tablet, etc.) and our high school student "experts" will help. Use our computers or bring your own laptop or tech gadget. Sign up today!



## **AAA SENIOR DRIVER IMPROVEMENT COURSE**

Monday & Tuesday  
June 29 & 30 9 am - 1 pm

Instructors from AAA Ohio Auto Club will conduct this FREE 8 hour/two part class designed to help mature drivers sharpen their skills. Learn how to adjust to slower reflexes, weaker vision and other changes that can impact driving as we age. The course may qualify participants for a discount on their auto insurance after completing a short drive with the instructor before or after class. *Space is limited—RSVP today!*

### **AAA CAR FIT**

**Tuesday, June 30 2 - 4 pm by Appointment**

CarFit is a FREE educational program that offers older adults the opportunity to check how well their personal vehicles "fit" them. It's designed to improve driver safety and keep you driving longer. Visit Car-Fit.org for more information. *Call today for your 20 minute appointment.*

## **SUMMA HEALTH WEIGHT MANAGEMENT CLASS** *"A, B, C's of Nutrition"*

Friday, April 24 @ 1 pm—Call to RSVP

Rose Ann Chiurazzi, Registered Dietitian & Certified Diabetes Educator with Summa Health's Weight Management Institute, will provide an overview of how to control your A1C, Blood Pressure and Cholesterol through healthy diet choices. Whether you are pre-diabetic, diabetic or want to learn more about weight management, this class is for you!



## **U.S. CENSUS—DO YOUR PART!**

Every ten years, the U.S. Census works to count every person living in the U.S. It gives valuable data about our community, allocating billions of federal dollars for services like healthcare, senior care, school programs, housing and transportation. It also determines the number of decision-makers representing Ohio. Participating in the census only takes a few minutes. Each home will receive an invitation to participate by April 1. Residents will have three options to respond—online, by phone or by mail. Reminders will be sent to those who don't respond.

**\*\* Stand Up and Be Counted—Complete the U.S. Census! \*\***





# JUST FOR FUN...

## CARDS

~ Euchre ~

1st, 2nd, 4th, 5th Wed. at 12:30 pm

~ Pinochle ~

3rd Wednesday at 12:30 pm

~ Bridge ~

Every Thursday at 11:00 am



## KNITTING CLASS!

4th Monday at 10 am

Volunteer instructors will help you learn knitting basics or bring your own project and knit with us!



## CROCHET MEET & SHARE

Fridays Noon - 2 pm

Love to crochet? Bring your own project and meet new friends. Want to learn? Come and we will teach you! Mat makers for the homeless are also welcome!

## MAKE & TAKE CRAFT CLASS

Select Mondays at 1 pm

Call the Center to RSVP!

Join our FREE Make & Take classes offered by our terrific Professional Friends:

April 27 — Sanctuary Wadsworth

May 25 — Memorial Day—No Class

June 22 — Autumnwood



## SEWING SENIORS

1st & 3rd Thursday at 9:30 am beginning August 6

What possible connection might our Sewing Seniors have with children living 6,600 miles away? Dresses, of course! We'll be working on turning pillow cases into beautiful dresses for children in Africa. (Check out this mission at [littledressesforafrica.org](http://littledressesforafrica.org).) Come join our group and explore your creative side and embrace the opportunity to engage in meaningful projects like this!

Call the Center today to RSVP for the August session!



## PHOTOGRAPHY CLASS

1st & 3rd Mondays at 10 am

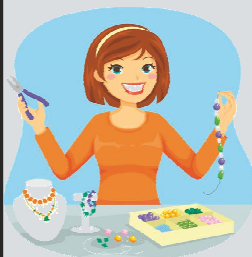
Join this fun group of all skill levels and share your photos, troubleshoot problems and learn editing techniques, photo storage and creative ways to use photos you've taken.

Classes held at 10 am at the Center:

Monday, April 6 & 20

Monday, May 4 & 18

Monday, June 1 & 15



## JEWELRY & CRAFTING with WINDFALL

3rd Wednesday at 11:30 am

April 15, May 20, June 17

Windfall Industries, in partnership with the Center, is excited to offer a Jewelry and Crafting Class. This monthly class will bring participants together for a fun afternoon of crafting and friendship. Supplies will be provided.

Space is limited—Call today to RSVP!

## GET PUZZLED with WINDFALL

2nd Monday 11 am in the Café

Join our friends from Windfall Industries for puzzling fun every second Monday of the month. Meet in the Café and make some new friends!



## BREAKFAST OUT

3rd Tuesday at 8:30 am

Call the Center to RSVP and meet at the restaurant at 8:30 am:

April 21 —The Depot in Rittman

May 19—Yours Truly in Medina

June 16—Cracker Barrel in Montrose

# MORE FUN...



## MOVIE MATINEE

Select Mondays at 1 pm at Wadsworth Library  
Call the Center to RSVP for ALL Movies!

### April 6 Snacks by Autumnwood

This film celebrates the voice, capacity for love and pizzazz of “the world’s greatest entertainer” along with her whirlwind romance with her fifth husband. (PG-13)

### May 4 Snacks by Altercare

A noble family and their intrepid staff from an early 20th century manor prepare for a royal visit that will unleash scandal, romance and intrigue. (PG)

### June 1 Snacks by Sanctuary Wadsworth

This story of a teen girl who is an aspiring athlete, raised by her grandmother, dares to leave you filled with hope and inspiration. (PG)

## GENEALOGY CLASS

Fridays at 2 pm Call to RSVP!



Genealogy specialists will help you establish a family tree and connect with relatives. Sponsored by the Wadsworth Ward of the Church of Jesus Christ of Latter Day Saints. **RSVP's required!**



## GARDEN FRIENDS

2nd Tuesday at 10:00 am—Call to RSVP!

April 14 - “Container Gardening” by Diane & Earl Lucas

May 12 - “Attracting Hummingbirds & Butterflies” by Karisa Zinsmayer from Boyert’s Greenhouse

June 9 - “America in Bloom & Downtown Flowers” by Kay Bowman & Pam Douglas from Bud-n-Bloom Garden Club



## COLORING CLUB

Mondays at 1 pm

Spend a relaxing afternoon coloring with a fun group of friends every Monday at 1 pm. Bring your own supplies or use our supplies.

## COOKING CLASS

Thursday, April 23 at 2:00 pm



Join Bev Long of Liberty Residence to sample and learn about new recipes. Space is limited—call to RSVP!

## SOPREMA CAFÉ CUSTOMER APPRECIATION



**\$5.50 Lunch Special Served from 11:30 am - 1:30 pm**

**Programs Start at Noon ~ Sponsored by the Wadsworth Older Adults Foundation!**

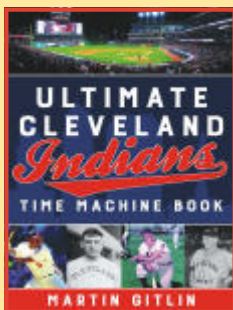


### Friday, April 17 “Community Unity Gospel Sing” featuring the Baumans

Enjoy a delicious meal, featuring bruschetta chicken breast (tomato, basil, onion w/ a balsamic glaze), rice pilaf and lemon cookies. Stay for an old fashioned gospel sing featuring the Baumans brought to you by Autumnwood Nursing & Rehab.

### Friday, May 22 “Straight Up” Musical Performance by John Lutz, Ken Renner & Jim Pertee

Don't miss this fabulous lunch, including fried chicken, baked beans and Oreo pudding parfaits. While you enjoy your meal, prepare to be entertained by “Straight Up,” a vocal trio featuring Wadsworth's own 1979 graduate John Lutz (son of volunteer Carolyn Lutz!) and get your toes tapping to your favorite tunes from the '50s, '60s and '70s.



### Friday June 19 “The Ultimate Indians Presentation” by Author Marty Gitlin

Come and enjoy the perfect summer lunch featuring Italian sausage sandwiches, potato salad and baseball cookies. Then join Marty Gitlin, an award-winning sports journalist who covered the Cleveland Indians during their glory years in the 1990's and early 2000's, as he relays exciting game highlights along with Indians trivia. Check out his book at: [www.gitlinbooks.com](http://www.gitlinbooks.com)

# SPECIAL PROGRAMS...



## SUMMER FUN GAMES

Select Fridays in June @ 10 am

Beginning in June, regular Bingo is on break for the summer, but our Professional Friends have stepped up to keep the Friday fun going all summer long! Join us for fun games, prizes and lots of laughs. *Don't miss out on a single Friday! Call to RSVP!*

**June 5** "Ear-resistable Trivia Challenge" by CapTel

**June 12** "Music Bingo" by Echelon of Medina

**June 19** "Family Feud" by Stacey Ries/KAZCompany

**June 26** "Summer Bingo" by Wadsworth Pointe

The Wadsworth Older Adults Foundation  
Presents...

## THE CRYSTAL BALL SENIOR CITIZENS PROM

### A MAGICAL NIGHT OF FANTASY AND FUN

*Featuring Dinner (Choice of Prime Rib,  
Chicken Marsala, Baked Scrod, Vegetarian),  
Music, Dancing, Prizes,  
Keepsake Photos and More!*

**Thursday, April 16, 2020  
6:00 - 8:30 pm**



**Tickets - \$20/Person**

*Come to the Center today to  
make your reservation.  
Cash or check only, please.*

**For more information call the  
Center at (330) 335-1513.**



## PREVENTION BINGO

**Wed., April 29 at 11:15 am**

Enjoy a fun game of Bingo while learning about the use and misuse of prescription drugs, over-the-counter medications, tobacco, herbal supplements and alcohol. Cindy McQuown from Cornerstone Wellness will provide important information on how our aging bodies are less able to handle alcohol safely and how accidental drug reactions can lead to hospitalization. Join us for this very important and fun program and win prizes. *Please call the Center to RSVP.*

## FEEL GOOD BINGO

**Tuesday, May 26 at 10 am**



Getting older is not supposed to leave you feeling bad. Depression as one ages can reduce independence and increase health problems. Learn the signs and symptoms of depression through a fun game of Bingo! Cindy McQuown from Cornerstone Wellness will bring prizes and lead the fun. She will also offer private depression screenings following the game. *Don't forget to RSVP—space is limited!*

## MEDINA COUNTY SENIOR CITIZENS DAY

**Tuesday, May 19 9 am—1 pm**

**Medina County Fairgrounds**

Enjoy the rousing Roaring '20s theme along with lunch, entertainment, vendors and more for only \$5/person. Call the Office for Older Adults at (330) 723-9514 for details.





## CHRONIC DISEASE SELF-MANAGEMENT

Mondays 10 am - 12:30 pm April 27 - June 8  
(No class May 25-Memorial Day)

Are you or someone you love dealing with a chronic disease? Then this important six-week workshop is for you! Discover practical ways to deal with symptoms and challenges and set weekly goals. You will make step-by-step plans to improve your health, make better eating and exercise choices, understand new treatment options and discover better ways to talk



to your doctor and family about your health.

This workshop is sponsored by Fairhill Partners. Space is limited,

**RSVP now to reserve your spot!**

## MINDFUL WELLNESS

### Stress Management

Thursdays April 30—May 28  
at 2 pm Call to RSVP!



This five-week series led by OSU Extension of Medina County will equip healthy adults with skills to strengthen mind and body and promote holistic health and wellness. By the end of the series, each participant will adopt at least one new behavior that supports a healthy lifestyle. Space is limited!

*Many thanks to the Wadsworth Older Adults Foundation for sponsoring this program and providing the materials.*



## AKRON RUBBER WORKERS STORIES & STATUE PROJECT

Friday, May 15 at 1 pm

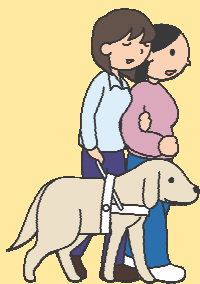
In September 2020, the city of Akron will install a statue of a rubber worker to commemorate the industry that put Akron on the map.

You are invited to attend a special presentation and recording session hosted by Art x Love, a creative design company, working on collecting audio/visual stories about Akron's rubber workers and their descendants.

Come learn about this innovative project to honor Akron's history. Attendees are encouraged to record their own stories! **Call today to RSVP!**

## BLIND TRUTH

### Support for People Living with Visual Impairment 4th Tuesday at 11 am



Join Ed Arnold and Barb Weisen for this new monthly support group! Whether you or someone you know has a pre-existing condition or has been recently diagnosed, we can help. Our group's visual limitation range is from 20/20 to no vision at all. Our goal is to help people with visual limitations live as independently as possible. Monthly meetings will include guest speakers and will cover a variety of topics including:

- Coping with daily living challenges
- Maintaining safety
- Finding and using available visual aids and appliances
- Accessing evolving assistive technologies

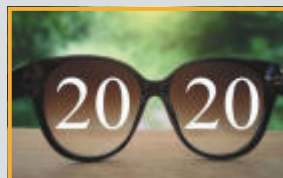
**RSVP's are appreciated, but walk-in's are always welcome.**

## SEEING EYE DOG Q & A

Friday, June 26 at 1 pm

Ever see a guide dog lead a blind person across the street and wonder *how does that work?* In a word, it's relationship. Human and dog, dependent on one another, yet independent. Come meet Ed Arnold and Buzzy! Ed will share the history of guide dogs and a robust question and answer session will follow.

This special program is for you, whether you're losing your sight, know someone who has/is, or just want to know the right thing to do when you meet up with Ed and Buzzy on the street or in a restaurant. Everyone is welcome to attend and children are encouraged. **Call the Center to RSVP!**



## EYE SENSE VISION SCREENINGS

Friday, May 29  
from 11 am—1 pm

By Appointment

The year is 2020 and May is "Healthy Vision Month" so it's the perfect time to take advantage of this special opportunity from the Western Reserve Area Agency on Aging. Vision Screeners will offer this FREE program that can identify risks for eye disorders or disease. Some may qualify for free glasses.

**Space is limited—Call to reserve your 20 minute appointment!**





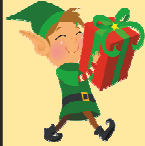
## Supporting Seniors for Over Thirty Years WadsworthOlderAdultsFoundation.org



### PROFESSIONAL FRIENDS SPOTLIGHT!

Each quarter we randomly select several Professional Friends and give them a special “shout out” in recognition of and appreciation for their support of our Center! *Join us in thanking the following Professional Friends:*

- Gilcrest Center**
- InCare Ohio Home Health & Hospice**
- Pajevic Chiropractic**



### VOLUNTEERS - WE NEED YOU!

We're looking for volunteers to join our *25 Days of Christmas* fundraising volunteer team! Please come to a **Volunteer Meeting** at the Center on **Monday, May 18 at 1:30 pm**. Call Lori Wilkinson to RSVP. If you can't make the meeting, just let Lori know and we'll give you the scoop on a day that's convenient for you.

To make our raffle baskets extra special, we're asking for new handmade items from our talented seniors! If you are a quilter, crocheter, woodworker, knitter or painter, please consider donating your *new* handmade items. Give us a call to donate your work of art!



### WADSWORTH OLD FASHIONED DAY!

**-Save the Date-  
Friday, July 24, 2020**

You won't want to miss the biggest event of the summer, so save the date of **Friday, July 24** on your calendar! This popular event has become an annual tradition filled with summertime fun. *Stay tuned for more information in the next newsletter!*

### ARE YOU HUNGRY?!!!!

#### Support the Senior Center thru these Restaurant Fundraisers!

No need to make lunch or dinner when you can dine out for a good cause... YOUR Soprema Senior Center! Bring your friends, family and neighbors to these local restaurants for great food and a great cause. Stop by the Center for a flyer, which must be shown at the restaurants when you dine.



**Dolce at the Strand—Wednesday, April 22 1—9 pm**

**Casa Del Rio—Monday, May 18 11 am—10 pm**



## SENIOR ADVOCATE HALL OF FAME

**Inductee Awards Reception  
Thursday, May 14, 2020**

**5:30 - 7:00 pm at the Galaxy Restaurant**



The Wadsworth Older Adults Foundation Senior Advocate Hall of Fame recognizes those who have made a significant difference in the lives of older adults in our community. Join us for a wine and appetizers celebration as we honor the following inductees:

- Richard (Dick) Davis, Leatherman Lifetime Achievement Award**
- Norman Brague, Retired Wadsworth City Prosecutor**
- Community Legal Aid**
- Rotary Club of Wadsworth**
- Wadsworth Newcomers Club**

Tickets are only \$20/person. Call the Center at (330) 335-1513 to RSVP and for more information.



## Getting ready for Medicare?

Attend a **FREE** seminar.

**888-240-9025**



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**Stacey Ries**

330-416-1033

[sries@medicareplansneo.com](mailto:sries@medicareplansneo.com)

Independent Life & Health Insurance Agent



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CONTACT

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or (800) 477-4574 x6401

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**Supporting  
Seniors  
for Over  
Thirty Years**

[wadswortholderadultsfoundation.org](http://wadswortholderadultsfoundation.org)

*Be sure to check out the  
WOA Foundation page in this newsletter!*

Our reputation is built on the trust of neighbors and friends.

Learn more at [vsecommunities.org](http://vsecommunities.org)



<b>FAIRLAWN</b> 3131 Smith Rd, Fairlawn 330-668-2828	<b>WADSWORTH</b> 880 Main St, Wadsworth 234-217-8735	<b>GREEN</b> 3813 Fortuna Dr, Akron 234-292-0010
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# Do you receive both MEDICARE AND MEDICAID?

OSHIIP is here with answers to your questions!



Ohio Senior Health Insurance  
Information Program

800-686-1578



MyCare Ohio  
Ombudsman

800-282-1206

MyCare Ohio is a managed care program for Ohioans who receive BOTH Medicaid and Medicare benefits.



Department  
of Insurance





617 School Drive Wadsworth, OH 44281  
(330) 335-1513 www.wadsworthcity.com  
Center Hours: Monday-Friday 8:30am-4:30pm  
Café Hours: Monday-Friday 7:30am-2:00pm

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## VOLUNTEER APPRECIATION LUNCHEON

*“Volunteers Are Our Shining Stars!”*

**WHO:** Soprema Senior Center Volunteers!  
**WHERE:** Wadsworth High School (Enter through Senior Center)  
**WHEN:** Wednesday May 13 at 1:00 pm (Doors open at 12:30)  
**RSVP:** By Wednesday, May 6

*“The brightest stars are those who shine for the benefit of others.”*

Our volunteers definitely shine bright at the Soprema Senior Center! Center staff along with the Wadsworth Older Adults Foundation and Professional Friends are eager to recognize our volunteers for the difference they make brightening lives each and every day.

After enjoying a delicious “all star” luncheon courtesy of *The Village of St. Edward*, each volunteer in attendance will receive a gift followed by a dazzling WHS Show Choir performance.

*and we all shine on...*

## TRAVEL

Sign up at the Center for these fabulous trips!

### RIVERS CASINO!

*Thursday, June 25*  
*\$25/Person with \$20 Slot Play*

### NEW ORLEANS!

*August 2-6, 2020 \$975/Person/Dbt*  
*\$50 Deposit Due May 1 - Balance Due June 1*

- ◆ Round trip air from CLE
- ◆ 3 New Orleans excursions
- ◆ 4 nights at Courtyard by Marriot French Quarter
- ◆ Optional group dinners
- ◆ Group excursion to Harrah’s