



# 2020 Annual Report

Empowering Seniors TO LIVE HEALTHY, INDEPENDENT LIVES

www.seniorresourcesinc.org

# 53 YEARS

## OF EMPOWERING SENIORS TO REMAIN HEALTHY AND INDEPENDENT

nenior Resources is a non-profit organization that coordinates services, provides resources and encourages the personal choices that allow Richland County's senior citizens to remain independent. Un FY2020, our programs and services reached thousands of elderly and disabled Midlands residents, as well as their family members and caregivers. By providing in-home and community-based services, as well as volunteer and social opportunities, we helped these elderly and disabled citizens maintain their healthy, independent lifestyles and avoid or delay the need for institutionalized care.

# 2020

### REFLECTING ON A YEAR OF DEDICATION, RESPONSE AND RESILIENCE



**Andrew Boozer Executive Director** 

enior Resources' annual report this year tells the story of dedication, response, and resilience. By March of 2020, we all realized that this year would be unlike any other as COVID-19 spread into our community. Seniors were

overwhelmed by the threat posed by the virus and the consequences of social isolation. Seniors also felt the pinch of a broken food and supply chain and the loss of income from families and caretakers.

I am proud to report that Senior Resources rose to the occasion. We never missed a day of meal service. We increased capacity on Meals on Wheels routes and built partnerships to serve those on our waiting list and those who found themselves food insecure for the first time. With the help of a small army of supporters, we teamed with others around the state to increase food access. In addition, we distributed masks, toilet paper, hand sanitizer, and other needed supplies to keep seniors safe. While we celebrate these large scale achievements, the ultimate success of this year is the individual lifechanging moments that improved the lives of seniors.

When our phone rang in March, a woman in California was calling because she was concerned about her Aunt Jane\* in Columbia. She was all alone, no family to check on her, no transportation, and no food in her house. Jane was living off of her pet's food to survive. Within hours, we were restocking her pantry and started her with meal services, and referred other community supports. Jane has not been hungry since that day, and her niece now has peace of mind that her aunt is going to be ok.

Last April, a senior on our Meals on Wheels program, Mildred\*, experienced a house fire, completely destroying her home. Thankfully she was not injured and her dear friend allowed Mildred to move in with her. When we found out, we made sure that Mildred had everything she needed and rerouted her meals to her new temporary home. She never missed a meal.

By Mid-May, one of our in-home care seniors, Myra\*, had not left her home since March and no one had come to help her do laundry since then either. Senior Resources provided her with a free laundry bag from a local cleaner so she could get clean clothes and linens. And when the clean clothes arrived, our home care aide had the safety equipment needed to enter the home and change her bedsheets for the first time since March. Fresh clothes and linens provided dignity and improved her emotional well-being.

These are just a sample of the lives you have enabled us to change. Your support improved and saved the lives of seniors during this pandemic. While on paper in this report our year's work is complete, rest assured that the work is not done. With your continued support we are going to be here for our vulnerable older adults through this pandemic and beyond. Thank you for rising to the occasion with us and supporting seniors in our community.

Sincerely,

\*names changed to protect identities

# **OUR PROGRAMS**

**THREE AREAS OF CARE** 



#### **Meals On Wheels**

As the only provider of Meals On Wheels in Richland County, we deliver hot, nutritious meals to homebound clients each day. The beneficiaries of our Meals On Wheels service are the disabled and elderly who cannot maintain an adequate, healthy diet, either because of cost or lack of transportation. Our balanced meals provide one-third of their daily nutritional requirements.

### **Food Co-op Program**

Our volunteers pack hundreds of bags of fresh produce each month for local seniors. Most bags are delivered by volunteer groups to homebound and low-income seniors, while other bags are available for purchase.

#### **Senior Care Pantry**

This program provides non-perishable foods, household goods and personal hygiene items to seniors on the waiting list for services. Our pantry is supported through food drives and community donations.

# Helping at **HOME**

**HOME CARE** 

TRANSPORTATION SERVICE

**PET PALS** 

#### **Home Care**

This program provides personal care services in the home on a temporary or long-term basis. Clients can receive wheelchairs, walkers, shower seats and other assistive devices, subject to availability. The program also links clients to resources in the community that provide housing, food, discount prescription drugs and other services.

# Senior Wheels Transportation Service

Transportation is provided to doctor appointments and other medical-related trips, including pharmacy. This service is currently available only to existing clients in our Meals On Wheels, Home Care or Wellness Center programs.

#### **Pet Pals**

We recognize that pets provide important companionship to many homebound seniors. Meals On Wheels clients who have pets can receive monthly pet food delivery through our Pet Pals program to help them care for their pets at no cost.

# Promoting ACTIVE LIVING

**WELLNESS CENTER** 

**FOSTER GRANDPARENTS** 

**SENIOR COMPANIONS** 

#### **Wellness Centers**

Each day our four wellness centers offer seniors a hot lunch, crafts, physical fitness activities and the companionship of friends. Transportation may be available to the wellness centers for seniors who need it.

#### Foster Grandparents\*

Foster Grandparents mentor and tutor at-risk students, primarily in elementary schools. This intergenerational program leads to improved behavior and academic performance, and provides the participants with an opportunity to remain active and engaged in their community.

#### **Senior Companions\***

Senior Companions assist homebound seniors with light housekeeping and meal preparation and provide respite to regular caregivers. Senior Companions also provide a human connection that helps prevent loneliness and isolation.

\*Foster Grandparents and Senior Companions are programs of the Corporation for National and Community Service, which provide volunteer opportunities for seniors ages 55 and older. Eligible volunteers receive a stipend for their service.







# 2020 BY THE NUMBERS - PROGRAM DETAILS

# **Meals On Wheels**

- 66,961 hot meals and 73,552 frozen meals delivered
- 837 homebound seniors and disabled adults served
- 2,678 shelf-stable meals provided for emergency response
- 20,856 hours given and 59,085 miles driven by volunteers (equivalent of \$176,614 in service)

## **Home Care and Social Work**

- 4,100 referrals provided by social workers to connect seniors to community resources including mental and physical health services, home repair, rent assistance and legal services.
- 8,112 hours of home care service, including light housekeeping, personal care, companionship and caregiver respite.
- 250 boxes of food, household goods and toiletries provided by our pantry to seniors on our waiting lists.

REPORTING PERIOD: JULY 1, 2019-JUNE 30, 2020

# **Foster Grandparents**

- 93 Foster Grandparents
- 73,090 hours of mentoring and tutoring
- 576 at-risk students served at 32 locations

# **Senior Companions**

- 48 Senior Companions
- 41,766 hours of social interaction, housekeeping, meal preparation, medication monitoring, and appointment escorts.
- 96 clients served

# **Wellness Centers**

- 127 attendees at four centers
- **8,375** meals served
- · 242 physical fitness sessions
- 80,121 miles of transportation for 127 attendees



# RAMBNUBS

### BY FUNDING SOURCE

Central Midlands	\$1,032,310
Federal	\$801,824
Richland County	\$548,046
Donations/Fundraising	\$354,512
Local Grants/Other	\$2,696,980
United Way	\$83,650
Investments	\$18,245
Participant Payments	\$3,646

# DXPDNSDS

### **BY PROGRAM**

Meals on Wheels	\$3,343,029
Foster Grandparent	\$394,064
Home Care	\$282,053
Center Meals Program	\$243,124
Senior Companion	\$249,557
Transportation	\$175,658
Development/Fundraising	<b>\$177,250</b>
Food Truck	\$10,544
Senior Wheels	\$184,973
Other	\$65,376



# COVID 19

**RESPONSE** 



# MEALS SERVED: 346,300

March 23-June 17, 2020

# **Emergency Response Partners\***

BlueCross BlueShield of South Carolina
BlueCross BlueShield of SC Foundation
Richland County
City of Columbia
Meals on Wheels Association of America
Bank of America

Delta Dental of South Carolina

\*Donated \$25,000 or more to our COVID-19 disaster relief fund.



# FUNDRAISING & OUTREACH EVENTS

**Biscuits & Bluegrass Sponsors:** BlueCross BlueShield of South Carolina, Dominion Energy, Colonial Life, South State Bank, First Citizens Bank, Aflac, Scott & Corley, P.A., Mutual of America, Eye Concepts, LLC, Doctors Care, Recruiting Solutions, Founders Federal Credit Union, SG, GMK Associates, Inc., SCENT, Digital Mortgage, LLC, Inkfish, All About Seniors, Frenzy, Hunter-Gatherer Brewery, Food Lion, Sun Solutions, Inc., Adluh Flour, Senior Resources Board of Directors













**March for Meals Sponsors:** Dominion Energy, Town of Cayce, First Citizens Bank, Valuant, Scott & Corley, P.A., BlueCross BlueShield of South Carolina, Modern Woodmen Fraternal Financial, AllSouth Federal Credit Union, SCENT, Eye Concepts, LLC, Colonial Life, Food Lion, Strictly Running, Northeast Trophies, Frenzy, Steel Hands Brewing, Panera Bread, Bernie's Chicken























# DONORS & SPONSORS

### Donors - \$500,000+

BlueCross BlueShield of South Carolina

BlueCross BlueShield of South Carolina Foundation

### Donors - \$100,000+

City of Columbia

Meals on Wheels Association of America

Richland County

### Donors - \$50,000+

Bank of America

Southeastern Freight Lines

Robert R. Hill, Jr. Family Foundation

United Way of the Midlands

### Donors - \$25,000+

Central Carolina Community Foundation Delta Dental of South Carolina

The Leon Levine Foundation

### Donors - \$10,000+

DAV Charitable Service Trust

Dominion Energy South Carolina

Molina Healthcare of South Carolina, Inc.

Sisters of Charity Foundation

The Cheerful Giver

Walmart Foundation

## Donors - \$5,000+

**Enterprise Holdings** 

Food Lion Charitable

Foundation, Inc

Forest Lake Presbyterian Church

Palmetto Citizens Federal

Credit Union

Town of Blythewood

#### Donors - \$1,000+

AllSouth Federal Credit Union

Alpha Gamma Delta - Theta Omega

Beverly & Lee Breuer

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**Brittons Foundation** 

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Colonial Life

Columbia Capital Rotary Club

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Founders Federal Credit Union

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Good Shepherd Lutheran Church

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Hellenic Community Of Columbia

International Paper

Junior League of Columbia

Listen, Inc.

Living Springs Lutheran Church

Modern Woodmen of America

Mutual of America Life Insurance

National Financial Services

Network for Good

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Perry Lancaster & Stacy Levinson

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Scott & Corley, P.A.

Select Health of SC

Shandon United Methodist Church

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South State Bank

Spring Valley Rotary Club

St. John's Episcopal Church

St. Martin's-in-the-Fields Foundation

The Columbus Foundation

The GoodCoin Foundation

Unitarian Universalist Fellowship

of Columbia

USC Delta Sigma Theta Sorority, Inc.

Valuant, LLC

William & Maria Beaman

Your Cause

#### Donors - \$500+

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Anne Morris

Bev Denny

Billy Routh

Cindy Palmer

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Gerrit Iobsis

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St. Andrews Lutheran Church

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WoodmenLife

# 2020

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**Andrew Boozer** Executive Director

# PROGRAM

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**Marcus Hunter** Director of Finance & Administrative Operations



**Elizabeth Struble** Director of Development



**Anne Shissias** Director of In-Home & Community-Based Services



**Beverly B. Breuer** Director of Foster Grandparent & Senior **Companion Programs** 



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