

2021 | February - April

Leisure Ledger



**Raleigh
Parks**

***Online Registration Starts
January 11, 2021***

parks.raleighnc.gov

919.996.6640

A guide to Raleigh Parks, Recreation and Cultural Resources Department's programs, special events, and facilities

Contents

General Information

- Administration 5
- Capital Area Greenway 65
- Directory 70-71
- Registration Options 3
- Registration Form 68-69
- Special Events 7
- Volunteer Opportunities 67

Facilities

- Amusements 65
- Arts Centers 13
- Historic Homes 65
- Lakes 65
- Museums 66
- Additional Facilities and Programs 65-67
- Tennis Center 66

Program Areas

- Adult Program 66
- Adventure 8-9
- Aquatics 10-12
- Arts Program 13-26
- Athletic Teams/Leagues 27-29
- City of Oaks Foundation 52
- Cultural Outreach and Enrichment Program 66
- Educational Programs 30-37
- Fitness 38-47
- Gallery Program 13
- Greenways 65
- Nature Education 48-51
- Social Program 53-58
- Specialized Recreation and Inclusion Services 59-60
- Sports Program 61-64
- Tennis 66
- Teen Program 67

Together we connect and enrich our community through exceptional experiences.

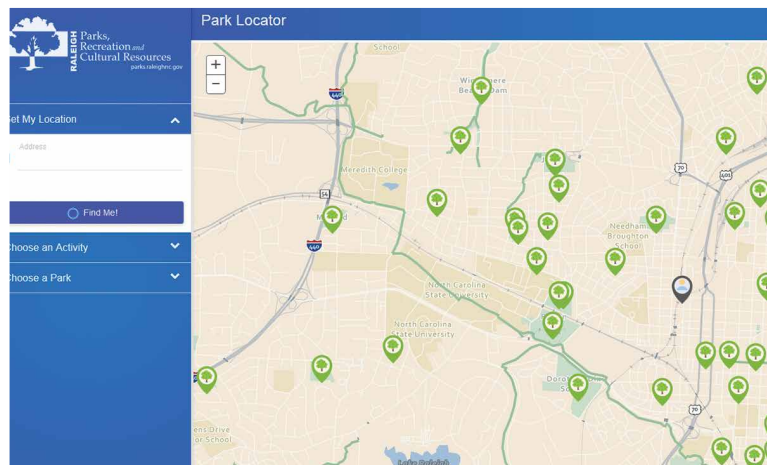
Raleigh Parks, Recreation and Cultural Resources Department boasts over 200 parks including features like amusements, art centers, athletic facilities, community centers, lakes, nature preserves, off-leash dog parks, playgrounds, swimming pools, historic homes, and open spaces. With innovative programs offered throughout the year, there are endless opportunities to learn something new, refine skills, or meet new friends. Whether you play tennis on one of our 108 courts, dive into one of 9 pools, explore over 100 miles of paved greenway, or simply enjoy a picnic in the park, we hope you take time to discover YOUR Raleigh Parks, Recreation and Cultural Resources Department!

Start Exploring With Park Locator!

The Park Locator mapping tool makes it even easier to find the closest parks to your home, search for parks by amenities, get directions and explore program offerings. It is responsive to different devices and is supported by all major, current browsers. Access Park Locator:

<http://maps.raleighnc.gov/parklocator/>

* You may also access Park Locator at parks.raleighnc.gov



DISCOVER YOUR

Raleigh Parks, Recreation and Cultural Resources Department

3 WAYS TO REGISTER

Registration Status: Check the status of your registration at any time by going to ReLink at parks.raleighnc.gov



Browse or Register online with ReLink

Visit parks.raleighnc.gov

ReLink allows you to search for classes, programs, and events by age, location, or keyword. With your Login ID and password you can then complete your registration and payment online.



mail-in

Raleigh Parks, Recreation and Cultural Resources Department
Attn: Recreation Business Office
2401 Wade Avenue
Raleigh, NC 27607



walk-in

Bring your completed registration form and payment to one of our staffed Recreation sites during regular business hours.

For more information about online registration, visit parks.raleighnc.gov or call 919-996-2153 (ReLink). Program information is accurate at time of printing, but may be subject to change.



My Raleigh Subscriptions

Sign up at www.raleighnc.gov to receive emails or text messages about a variety of City of Raleigh topics including Parks and Recreation.

BE SOCIAL



[Instagram.com/
raleighparks](https://www.instagram.com/raleighparks)



[YouTube.com/
raleighparksandrec](https://www.youtube.com/raleighparksandrec)



[@raleighparks](https://twitter.com/raleighparks)



[pinterest.com/
raleighparks](https://www.pinterest.com/raleighparks)



[facebook.com/
raleighparks](https://www.facebook.com/raleighparks)



PLAY SAFELY

The health and safety of the community and our staff remain our top priorities. While we are hopeful that the programs included will give you an opportunity to stay active and healthy, all offerings are subject to modification or cancellation based upon state and local guidelines. Visit parks.raleighnc.gov to view the status of park facilities, amenities, and programs.

Social Distancing Best Practices

- Always keep at least 6 feet between you and others.
- Walk, jog, hike, and bike in a single file on the trail.
- When crossing a bridge on the trail, allow one group or trail user to pass at a time to maintain 6 feet of distance.
- Avoid gathering in groups at trailheads or other areas.
- To improve social distancing, consider visiting less busy trails or parks. Use our Park Locator <http://maps.raleighnc.gov/parklocator/> to find the park closest to you.
- If you are exhibiting symptoms, do not visit the park or trails. However, people with COVID-19 may not exhibit symptoms, so it is important to practice the above guidelines even when feeling well.

Thank you for staying safe, Raleigh!



Raleigh Parks

Raleigh City Council*

Mayor: Mary-Ann Baldwin
Corey Branch
Patrick Buffkin
David Cox
Stormie D. Forte
David Knight
Jonathan Melton
Nicole Stewart

Parks, Recreation and Greenway Advisory Board Members*

Chair: Jennifer Wagner
Vice Chair: Beverley Clark
Carol Ashcraft
Christopher Dillon
Lex Janes
Brad Johnson
Christina Jones
Rashawn King
Kendall Harris
Dexter Hebert
Carol Love
Marsha Presnell Jennette
Lindsay Saunders
Dave Toms
Charles Townsend

**at time of printing*

Parks, Recreation and Greenway Advisory Board Meetings are held on the 3rd Thursday at 5:30pm of each month. Please check the City website for location. The public is invited to attend.

Arts Commission Members

Chair: Moses T. Alexander Greene
Vice Chair: Jamie Dawson
David Clegg
Courtney Greer
Pam Hartley
Bain Jones
Judy Payne
Angela Salamanca
Shelley Smith
Isabel Villa-Garcia
Billy Warden
Patty Williams

Management Team

Director:
Oscar Carmona
Assistant Director:
Scott Payne
Assistant Director:
Ken Hisler
Assistant Director:
Stephen Bentley
Assistant Director:
Sally Thigpen
Administration Superintendent:
Helene McCullough

Historic Resources and Museum Program Advisory Board

Clare Bass
Fred Belledin
Jannette Coleridge-Taylor
Sally Greaser
Esther Hall
Holmes Harden
Matt Hobbs
Alicia McGill
Joe Mobley
Sam Mordecai
Edna Rich-Ballentine
Stephen Rabin
Jennifer Wagner, PRGAB
Liaison

City of Raleigh Historic Cemetery Advisory Board

David Brown
Danny Coleman
Barden Culbreth
Joe Dillon
Ruby Greene
Jenny Harper
Terry Harper
Amy Howard
Jane Thurman

Public Art and Design Board

Chair: Scott Hazard
Vice Chair: Linda Dallas
Adam Cave
Susan Cannon
Lincoln Hancock
Angela Lombardi
Phillip Jefferson

Financial Assistance

The City of Raleigh Parks, Recreation and Cultural Resources Department strives to provide programs to all. Thanks to generous donations and support, we are able to provide financial assistance to those in need. Financial assistance is provided on a sliding scale based on income and other financial circumstances. All patrons who wish to register for programs provided by the City of Raleigh Parks, Recreation and Cultural Resources Department are eligible to apply for financial assistance. Please note that financial assistance is not available for: specialty camps, organizations, adult teams, special events, trips, or rentals. For more information on eligibility or to request the financial assistance application, please call **919-996-4839** or email **Fee.Assistance@raleighnc.gov**



Donate to Financial Assistance Fund

Together we connect and enrich our community through exceptional experiences.



Play It Forward Financial Assistance Fund

Throughout the past 25 years the Parks, Recreation, and Cultural Resources Department has provided assistance to families and individuals who desire to participate in departmental programs but for financial reasons cannot always afford to. From 1993, when the department held its first employee auction to help raise funds for this purpose, to today, the fund has helped over 7,500 individuals in Raleigh and the surrounding communities to participate in recreation programs that encourage healthy lifestyles, promote self-confidence and teach life-long lessons. Assistance is awarded based on financial need and is offered to support all who wish to participate in our programs.

To make a tax-deductible donation, please mail a completed form to:

City Of Raleigh
Financial Assistance Program – 6107
P.O. Box 590 Raleigh, NC 27602
City of Raleigh tax ID number: 56-6000236

Play It Forward Scholarship Fund

BY CHECK

- Yes, we/I would like to help by donating to the Financial Assistance Scholarship Fund. Please accept my gift of: \$10 \$20 \$50 Other _____
- My check is enclosed (Payable to the City of Raleigh and Tax Deductible)

Name(s): _____
 Phone: _____
 Address: _____
 City: _____ State: _____ Zip: _____

ONLINE

To make a tax-deductible donation online, visit parks.raleighnc.gov and search "Play It Forward".

Special Events

February

Raleigh Trolley Celebrates Black History Month

All ages. Celebrate Black History Month on this special trolley tour around Raleigh highlighting the downtown area's African American heritage. Tour route includes historic homes, schools, churches, and business areas important to Raleigh's African American heritage. The trolley departs from Mordecai Historic Park and lasts approximately one hour. Call 919-996-4364 for tickets and information.

Mordecai Historic Park – \$10

#266469	Feb 27	Sa	1:00-2:00pm
#266470	Feb 27	Sa	2:00-3:00pm
#266471	Feb 27	Sa	3:00- 4:00pm



March

Pullen Park Carousel Centennial Celebration

All ages. Did you know in 2021 the Historic Dentzel Carousel is celebrating its 100th anniversary at Pullen Park? Join us for a celebration of this centennial milestone with different themed programs and experiences. Follow @raleighparks for more details as the date draws near!

Pullen Amusements

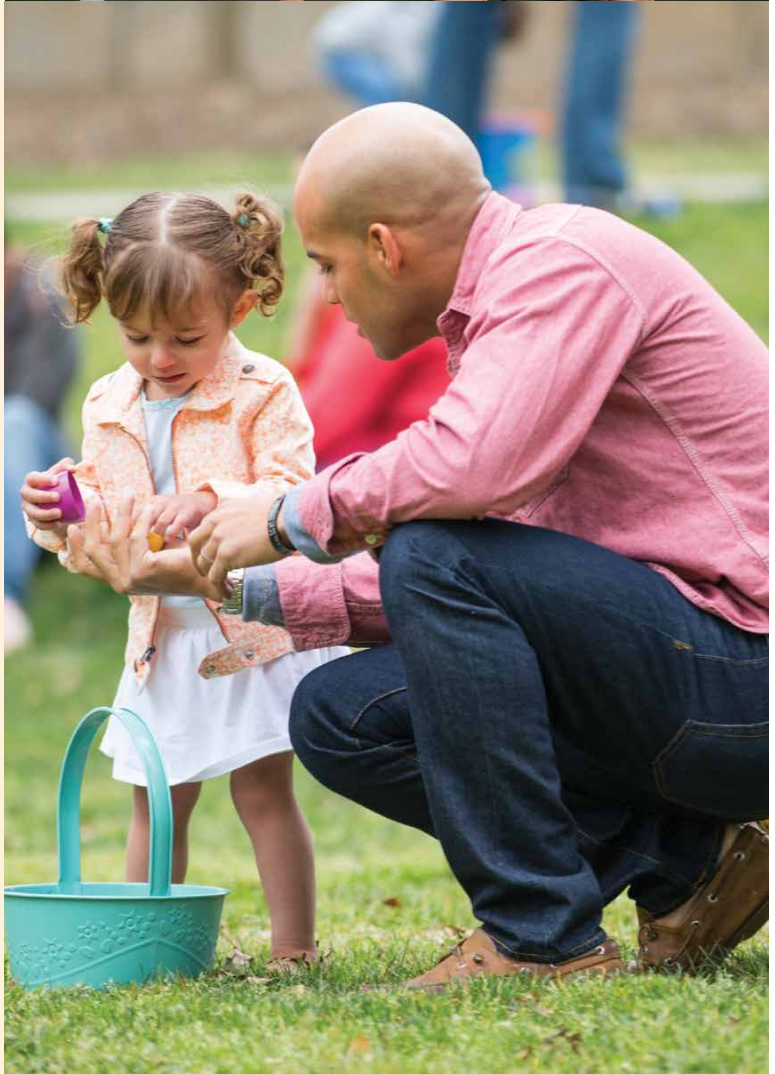
#267059	Mar 22-28	Daily	10:00am-7:00pm
---------	-----------	-------	----------------

Egg Hunt

Age: Up to 10 yrs. Come to your local community center for a fun-filled morning! Check with the center closest to you to find out what exciting pre-hunt events are planned and for the inclement weather policy. Hunts start promptly at 11 a.m. This is a free activity, and preregistration is not required.

Mar 27	Sa	11am
--------	----	------

Abbotts Creek Community Center
Anderson Point Park
Brier Creek Community Center
Carolina Pines Community Center
John Chavis Memorial Park
Laurel Hills Community Center
Lions Park Community Center
Mordecai Historic Park
Pullen Amusements
Roberts Park Community Center



Adventure

Outdoor Recreation Director:

Seth Yearout

Seth.Yearout@raleighnc.gov

For more information about facilities, hours of operation, and available services please visit: <http://www.raleighnc.gov/parks> and search the term "Outdoor Recreation."

Outdoor Recreation:

Our mission is to enrich the lives of our patrons through programs, services and park facilities that connect them with the natural environment. Outdoor Recreation seeks to foster a personal connection to resources through firsthand experience and evaluation of one's relationship with the natural environment.

Our goal is to provide a variety of exceptional programs, services and park facilities that reach all members of the community. Programs, services and park facilities are designed to assist the balance of our participants' physical, mental or social needs through the use of the outdoor environment.

Facilities:

Lake Johnson
4601 Avent Ferry Rd.
Raleigh, NC 27606
Phone: 919-233-2121

Outdoor Recreation Program
2401 Wade Avenue
Raleigh, NC 27607
Phone: 919-996-6855

Lake Wheeler
6404 Lake Wheeler Rd.
Raleigh, NC 27603
Phone: 919-662-5704

Forest Ridge Park
2100 Old NC 98 Hwy.
Wake Forest, NC 27587
Phone: 919-996-5800

River Access and Disc Golf Courses:

Visit our Website for more information

Adult

Bike Maintenance Clinic

Age: 14yrs. and up. Stop paying for costly bike repairs that can be done on your own! Participants will learn how to change flat tires, adjust gears and brakes, as well as perform general upkeep on their bikes. We will also go over signs and symptoms of bicycles in need of maintenance. Bring your own bike and helmet, and wear clothes that can get dirty! Sign up today for quality instruction and hands-on experience.

Forest Ridge Park – Course Fee: \$10
#263460 Mar 27 Sa 1:00-3:00pm

Kayak Pool Sessions

Age: 8yrs. and up. Pool sessions are open paddling times for all levels of boaters, whether you're working on your roll, practicing new skills, or just wanting to try out the sport. Formal instruction is not provided, but a brief, basic boat orientation is available for beginners. Take advantage of the warm water, grab your boat and come join us at the pool! No preregistration required. Participants under 14 are welcome when accompanied by an adult (over 16). Entrance fees: resident - \$4, nonresident - \$6, 5-punch pass, \$15. Don't have your own boat? Kayaks are available to rent for \$4. Bring clothes that can get wet, towel and a change of dry clothes. Questions? Contact the Outdoor Recreation Programs at adventure.program@raleighnc.gov or 919-996-6855.

Optimist Pool

#266971	Feb 5	F	5:00-8:00pm
#266972	Feb 12	F	5:00-8:00pm
#266973	Feb 19	F	5:00-8:00pm
#266974	Feb 26	F	5:00-8:00pm
#266975	Mar 5	F	5:00-8:00pm
#266976	Mar 12	F	5:00-8:00pm
#266977	Mar 19	F	5:00-8:00pm
#266978	Mar 26	F	5:00-8:00pm

Youth

Fishing on the Banks

Age: 10-12 yrs. Have fun and learn to fish from the banks of Falls Lake! Join our experienced instructors as they lead the group through fishing techniques and etiquette before heading down to the water to test out your skills. This program is designed to introduce fishing terms and basic casting skills in a fun environment. All equipment and bait is provided, but bring your pole if you'd like. Spots are limited so register soon to catch the big one!

Forest Ridge Park – Course Fee: \$4
#263462 Mar 31 W 4:00-6:00pm

Teen

Mountain Bike Basics

Age: 14yrs. and up. Hit the trails with this multi-sessioned approach to mountain biking. If you're interested in mountain biking but don't have equipment or don't know where to ride, this course is for you. Utilize our bikes and learn to ride on some of the newest single track trail in the area. Each session will be led by one of our experienced instructors that will get you set up to ride and guide you through fundamentals that can prepare you for a lifetime of enjoyment. All equipment will be provided. Pre-registration is required so sign up today!

Forest Ridge Park – Course Fee: \$10
#263456 Apr 24 Sa 9:00-11:00am

Family

Compass Basics

Age: 10yrs. and up. Have you ever been lost in the woods? This course is designed to teach you the skills needed to navigate using a compass through a fun, hands-on experience. Adult(s) must accompany participants under the age of 16. Adult(s) and child(ren) must register and pay the program fee. Advance registration is required for this program.

Lake Johnson – Course Fee: \$4
#263978 Mar 6 Sa 1:00-3:00pm

Navigating the Wilderness

Age: 12yrs. and up. How would you get around the wilderness if your phone and GPS lost power or broke altogether? This course will take you on a journey off the trails inside Lake Johnson Park. You will learn how to take bearings, read a topographic map, read a compass, understand triangulation, and much more. No prior experience is necessary. Adult(s) must accompany participants under the age of 16. Adult(s) and child(ren) must register and pay the program fee. Advance registration is required for this program.

Thomas G Crowder Woodland Center – Course Fee: \$4
#263979 Mar 13 Sa 1:00-3:00pm



Aquatics

For information about dates of operations, hours of operation, and amenities please visit www.raleighnc.gov/aquatics.

Admission Fees

To ensure everyone's safety, all visitors passing the front desk must pay! Children 12 years old or younger must be accompanied by paying adult. All passes are not transferable and become property of the City of Raleigh upon expiration date. Replacement passes are available for \$10. Private lessons are also available for individuals wanting one on one instruction. Swim lessons for individuals with disabilities are available following the inclusion model. (For more information, contact Specialized Recreation and Inclusion Services at 919-996-2147.)

All Pools

(with the exception of Buffalo Road Aquatic Center)

At The Door	Resident	Non-Res
1-12 years	\$2	\$3
13-54 years	\$4	\$7
55 and older	\$3	\$5

Buffalo Road Aquatic Center

At The Door	Resident	Non-Res
1-12 years	\$4	\$7
13-54 years	\$8	\$15
55 and older	\$6	\$11

The Aquatics Division offers the following certification courses: Lifeguarding, Lifeguarding Instructor, and Water Safety Instructor. Please check www.raleighnc.gov/aquatics for course requirements and schedules.

All Pools

Photo I.D. Pass may be purchased at all pools.

Punch Passes
Purchased at each pool for 15 swims. (valid two years-to-date)

	Resident	Non-Res
1-12 years	\$24	\$36
13-54 years	\$48	\$84
55 and older	\$36	\$60

Monthly Pass	Resident	Non-Res
1-12 years	\$18	\$27
13-54 years	\$36	\$63
55 and older	\$27	\$45

Annual Pass	Resident	Non-Res
(valid one year-to-date)		
1-12 years	\$120	\$180
13-54 years	\$240	\$420
55 and older	\$180	\$300

Preschool

Parent & Child Aquatics Level 1

Age: 6 mths - 3 yrs. This class introduces basic skills to parents and children. Parents are taught to safely and appropriately hold their children in the water while preparing and encouraging their children to participate fully and try the skills. These basic skills will lay the foundation to help children learn to swim in the future. The class also introduces water safety topics for parents.

Buffalo Rd Aquatic Center – Course Fee: \$41

#264369	Apr 10-May 1	Sa	10:10-10:40am
Course Fee: \$56			
#264365	Mar 9-25	Tu, Th	10:10-10:40am
#264366	Mar 9-25	Tu, Th	4:30-5:00pm
#264367	Apr 6-22	Tu, Th	10:10-10:40am
#264368	Apr 6-22	Tu, Th	4:30-5:00pm
Millbrook Pool – Course Fee: \$41			
#264769	Feb 6-27	Sa	9:30-10:00am
#264777	Mar 6-27	Sa	9:30-10:00am
#264781	Apr 17-May 8	Sa	9:30-10:00am

Course Fee: \$56

#264771	Feb 15-Mar 3	M, W	10:10-10:40am
#264775	Feb 15-Mar 3	M, W	5:10-5:40pm
#264778	Mar 8-24	M, W	5:10-5:40pm
#264779	Apr 12-28	M, W	10:10-10:40pm
#264780	Apr 12-28	M, W	5:10-5:40pm
Optimist Pool – Course Fee: \$41			
#265649	Feb 20-Mar 13	Sa	10:10-10:40am
#265650	Apr 10-May 1	Sa	10:10-10:40am

Parent & Child Aquatics Level 2

Age: 6 mths - 3 yrs. Participants improve on skills from Level 1 parent and child swim lessons and learn more advanced skills to prepare for Level 1 preschool swim lessons. Three-year-olds ready to learn without a parent or caregiver should enroll in Level 1 preschool swim lessons.

Buffalo Rd Aquatic Center – Course Fee: \$41

#264376	Apr 10-May 1	Sa	10:10-10:40am
---------	--------------	----	---------------

Course Fee: \$56

#264372	Mar 9-25	Tu, Th	10:10-10:40am
#264373	Mar 9-25	Tu, Th	4:30-5:00pm
#264374	Apr 6-22	Tu, Th	10:10-10:40am
#264375	Apr 6-22	Tu, Th	4:30-5:00pm
Millbrook Pool – Course Fee: \$41			
#264790	Feb 6-27	Sa	10:10-10:40am
#264801	Mar 6-27	Sa	10:10-10:40am
#264806	Apr 17-May 8	Sa	10:10-10:40am
Course Fee: \$56			
#264795	Feb 15-Mar 3	M, W	10:50-11:20am
#264805	Apr 12-28	M, W	10:10-10:40am
Optimist Pool – Course Fee: \$41			
#265652	Feb 20-Mar 13	Sa	10:50-11:20am
#265653	Apr 10-May 1	Sa	10:50-11:20am
Pullen Aquatic Center – Course Fee: \$56			
#266332	Feb 16-Mar 4	Tu, Th	5:10-5:40pm

Preschool Aquatics Level 1

Age: 3-5 yrs. Participants learn to enjoy and feel comfortable in the water. Participants gain elementary aquatic skills such as underwater exploration while opening eyes, blowing bubbles and floating with assistance. Participants start developing good attitudes and safe practices around the water. This course has no prerequisites.

Buffalo Rd Aquatic Center – Course Fee: \$41

#264397	Apr 10-May 1	Sa	10:50-11:20am
Course Fee: \$56			

#264391	Mar 9-25	Tu, Th	10:50-11:20am
#264392	Mar 9-25	Tu, Th	5:10-5:40pm
#264394	Apr 6-22	Tu, Th	10:50-11:20am
#264395	Apr 6-22	Tu, Th	5:10-5:40pm

Millbrook Pool – Course Fee: \$41

#264823	Feb 6-27	Sa	9:30-10:00am
#264824	Feb 6-27	Sa	10:10-10:40am
#264827	Mar 6-27	Sa	9:30-10:00am
#264828	Mar 6-27	Sa	10:10-10:40am
#264834	Apr 17-May 8	Sa	9:30-10:00am
Course Fee: \$56			

#264825	Feb 15-Mar 3	M, W	11:30am-12:00pm
#264826	Feb 15-Mar 3	M, W	5:10-5:40pm
#264829	Mar 8-24	M, W	10:10-10:40am
#264830	Mar 8-24	M, W	5:10-5:40pm
#264831	Apr 12-28	M, W	10:50-11:20am
#264832	Apr 12-28	M, W	5:10-5:40pm
#264833	Apr 12-28	M, W	5:50-6:20pm

Optimist Pool – Course Fee: \$41

#265660	Feb 20-Mar 13	Sa	10:10-10:40am
#265661	Feb 20-Mar 13	Sa	11:30am-12:00pm
#265662	Apr 10-May 1	Sa	10:10-10:40am
#265663	Apr 10-May 1	Sa	11:30-12:00pm
Course Fee: \$56			

#265659	Feb 16-Mar 4	Tu, Th	5:10-5:40pm
#265664	Apr 13-29	Tu, Th	5:10-5:40pm

Preschool Aquatics Level 2

Age: 3-5 yrs. Participants must be able to perform the exit skills for Level 1 preschool swim lessons. In Level 2, participants go completely under water while blowing bubbles from their mouths and noses. Participants learn to float without support and to recover to a vertical position. This level marks the beginning of true locomotor skills while building on the skills learned in Level 1.

Buffalo Rd Aquatic Center – Course Fee: \$41

#264404	Apr 10-May 1	Sa	10:50-11:20am
Course Fee: \$56			

#264400	Mar 9-25	Tu, Th	10:50-11:20am
---------	----------	--------	---------------

#264401 Mar 9-25 Tu, Th 5:10-5:40pm
 #264402 Apr 6-22 Tu, Th 10:50-11:20am
 #264403 Apr 6-22 Tu, Th 5:10-5:40pm
Millbrook Pool – Course Fee: \$41
 #264937 Feb 6-27 Sa 10:10-10:40am
 #264939 Mar 6-27 Sa 10:10-10:40am
 #264945 Apr 17-May 8 Sa 10:10-10:40am
 Course Fee: \$56
 #264938 Feb 15-Mar 3 M, W 5:10-5:40pm
 #264940 Mar 8-24 M, W 10:50-11:20am
 #264941 Mar 8-24 M, W 5:10-5:40pm
 #264942 Apr 12-28 M, W 10:50-11:20am
 #264943 Apr 12-28 M, W 11:30am-12:00pm
 #264944 Apr 12-28 M, W 5:10-5:40pm
Optimist Pool – Course Fee: \$41
 #265676 Feb 20-Mar 13 Sa 10:10-10:40am
 #265677 Feb 20-Mar 13 Sa 11:30am-12:00pm
 #265678 Apr 10-May 1 Sa 10:10-10:40am
 #265679 Apr 10-May 1 Sa 11:30am-12:00pm
 Course Fee: \$56
 #265672 Feb 16-Mar 4 Tu, Th 5:10-5:40pm
 #265680 Apr 13-29 Tu, Th 5:10-5:40pm
Pullen Aquatic Center – Course Fee: \$56
 #266336 Feb 16-Mar 4 Tu, Th 5:50-6:20pm

Preschool Aquatics Level 3
 Age: 3-5 yrs. Participants must have completed exit skills in Level 2 preschool swim lessons. While building on skills learned in Level 2, participants learn to coordinate simultaneous and alternating arm and leg actions. Level 3 lets participants master skills without assistance.
Buffaloe Rd Aquatic Center – Course Fee: \$41
 #264411 Apr 10-May 1 Sa 10:50-11:20am
 Course Fee: \$56
 #264407 Mar 9-25 Tu, Th 11:30am-12:00pm
 #264408 Mar 9-25 Tu, Th 5:10-5:40pm
 #264409 Apr 6-22 Tu, Th 11:30am-12:00pm
 #264410 Apr 6-22 Tu, Th 5:10-5:40pm

Millbrook Pool – Course Fee: \$41
 #264950 Feb 6-27 Sa 10:50-11:20am
 #264953 Mar 6-27 Sa 10:50-11:20am
 #264962 Apr 17-May 8 Sa 10:50-11:20am
 Course Fee: \$56
 #264952 Feb 15-Mar 3 M, W 5:50-6:20pm
 #264956 Mar 8-24 M, W 11:30am-12:00pm
 #264957 Mar 8-24 M, W 5:50-6:20pm
 #264960 Apr 12-28 M, W 11:30am-12:00pm
 #264961 Apr 12-28 M, W 5:50-6:20pm
Optimist Pool – Course Fee: \$41
 #265691 Feb 20-Mar 13 Sa 10:50-11:20am
 #265692 Feb 20-Mar 13 Sa 11:30am-12:00pm
 #265693 Apr 10-May 1 Sa 10:50-11:20am
 #265694 Apr 10-May 1 Sa 11:30am-12:00pm
 Course Fee: \$56
 #265684 Feb 16-Mar 4 Tu, Th 5:50-6:20pm
 #265695 Apr 13-29 Tu, Th 5:50-6:20pm

Youth

Aquatic Junior Lifeguard

Age: 11-14 yrs. The City of Raleigh Junior Lifeguard Program provides youth ages 11-14 an introduction into the role of a professional lifeguard. The program helps participants build a foundation of knowledge, attitudes and skills that they will need to be responsible future lifeguards. Lessons are grouped into four main areas: prevention, response, leadership and professionalism.

Millbrook Pool – Course Fee: \$135
 #265508 Mar 29-Apr 2 M-F 9:00am-4:00pm

Group Swim and Play

Age: 3-5 yrs. This program combines a 30 minute swim lesson for varying skill levels with 45 minutes of self directed recreational swimming scheduled during the day for children that are home schooled, tracked out or on a non-traditional calendar.

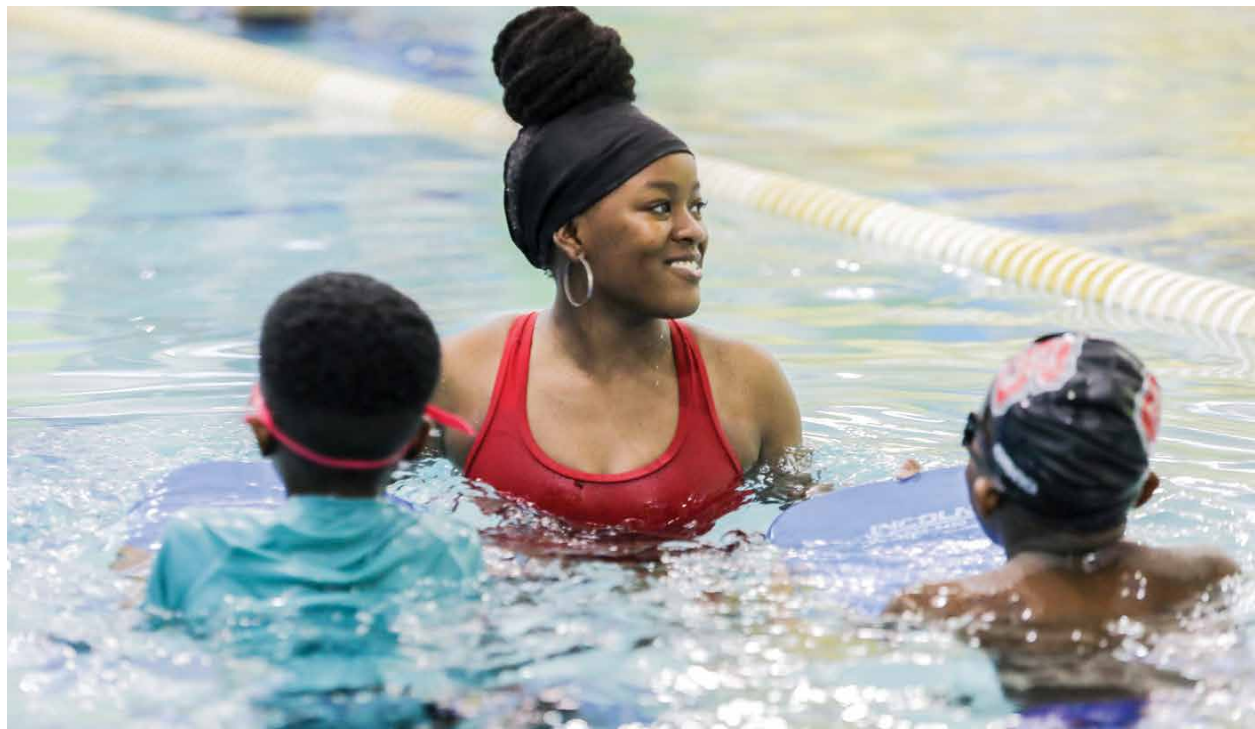
Millbrook Pool – Course Fee: \$64
Group Swim and Play Beginner
 #265509 Feb 15-Mar 3 M, W 12:15-1:30pm
 #265513 Feb 15-Mar 3 M, W 1:30-2:15pm
 #265514 Mar 8-24 M, W 12:15-1:30pm
 #265515 Mar 8-24 M, W 1:30-2:15pm

Swim Lesson - Level 1 Intro Water Skills

Age: 6-13 yrs. School-age participants learn elementary aquatic skills. This class helps participants enjoy and feel comfortable in the water, learn underwater exploration while opening eyes, blow bubbles and float with assistance. Participants start developing good attitudes and safe practices around the water.

Buffaloe Rd Aquatic Center – Course Fee: \$41
 #264416 Apr 10-May 1 Sa 11:30am-12:00pm
 Course Fee: \$56
 #264414 Mar 9-25 Tu, Th 5:50-6:20pm
 #264415 Apr 6-22 Tu, Th 5:50-6:20pm
Millbrook Pool – Course Fee: \$41
 #265051 Feb 6-27 Sa 9:30-10:00am
 #265052 Feb 6-27 Sa 10:50-11:20am
 #265054 Mar 6-27 Sa 9:30-10:00am
 #265055 Mar 6-27 Sa 10:50-11:20am
 #265058 Apr 17-May 8 Sa 9:30-10:00am
 #265059 Apr 17-May 8 Sa 10:50-11:20am
 Course Fee: \$56
 #265053 Feb 15-Mar 3 M, W 5:50-6:20pm
 #265056 Mar 8-24 M, W 5:50-6:20pm
 #265057 Apr 12-28 M, W 5:50-6:20pm
Optimist Pool – Course Fee: \$41
 #265700 Feb 20-Mar 13 Sa 10:10-10:40am
 #265701 Apr 10-May 1 Sa 10:10-10:40am
 Course Fee: \$56
 #265699 Feb 16-Mar 4 Tu, Th 5:50-6:20pm
 #265702 Apr 13-29 Tu, Th 5:50-6:20pm

continued on page 12 —





**Swim Lesson - Level 2
Fundamental Skills**

Age: 6-13 yrs. Participants must have completed exit skills in Level 1. In Level 2, participants go underwater completely while blowing bubbles from their noses and mouths. Participants learn to float without support and to recover to a vertical position. This level marks the beginning of true locomotor skills while building on the skills learned in Level 1.

- Buffaloe Rd Aquatic Center** – Course Fee: \$41
 #264421 Apr 10-May 1 Sa 11:30am-12:00pm
 Course Fee: \$56
 #264419 Mar 9-25 Tu, Th 5:50-6:20pm
 #264420 Apr 6-22 Tu, Th 5:50-6:20pm
Millbrook Pool – Course Fee: \$41
 #265128 Feb 6-27 Sa 10:50-11:20am
 #265131 Mar 6-27 Sa 10:50-11:20am
 #265136 Apr 17-May 8 Sa 10:10-10:40am
 #265137 Apr 17-May 8 Sa 10:50-11:20am
 Course Fee: \$56
 #265129 Feb 15-Mar 3 M, W 5:50-6:20pm
 #265130 Feb 15-Mar 3 M, W 6:30-7:00pm
 #265132 Mar 8-24 M, W 5:50-6:20pm
 #265133 Mar 8-24 M, W 6:30-7:00pm
 #265134 Apr 12-28 M, W 6:30-7:00pm
 #265135 Apr 12-28 M, W 7:10-7:40pm
Optimist Pool – Course Fee: \$41
 #265710 Feb 20-Mar 13 Sa 10:50-11:20am
 #265711 Feb 20-Mar 13 Sa 11:30am-12:00pm
 #265712 Apr 10-May 1 Sa 10:50-11:20am
 #265713 Apr 10-May 1 Sa 11:30am-12:00pm
 Course Fee: \$56
 #265709 Feb 16-Mar 4 Tu, Th 6:30-7:00pm
 #265714 Apr 13-29 Tu, Th 6:30-7:00pm
Pullen Aquatic Center – Course Fee: \$56
 #266339 Feb 16-Mar 4 Tu, Th 6:30-7:00pm

**Swim Lesson - Level 3
Stroke Development**

Age: 6-13 yrs. Participants must have completed exit skills in Level 2. They will learn to coordinate alternating and simultaneous arm and leg actions of several strokes. Level 3 lets participants perform skills without assistance and learn survival float, elementary backstroke, dolphin and scissor kicks and coordination of the front crawl.

- Buffaloe Rd Aquatic Center** – Course Fee: \$41
 #264426 Apr 10-May 1 Sa 11:30am-12:00pm
 Course Fee: \$56
 #264424 Mar 9-25 Tu, Th 5:50-6:20pm
 #264425 Apr 6-22 Tu, Th 5:50-6:20pm
Millbrook Pool – Course Fee: \$41
 #265141 Feb 6-27 Sa 11:30am-12:00pm
 #265143 Mar 6-27 Sa 11:30am-12:00pm
 #265184 Apr 17-May 8 Sa 11:30am-12:00pm
 Course Fee: \$56
 #265142 Feb 15-Mar 3 M, W 6:30-7:00pm
 #265144 Mar 8-24 M, W 6:30-7:00pm
 #265145 Apr 12-28 M, W 6:30-7:00pm
Optimist Pool – Course Fee: \$41
 #265719 Feb 20-Mar 13 Sa 10:50-11:20am
 #265720 Apr 10-May 1 Sa 10:50-11:20am
 Course Fee: \$56
 #265718 Feb 16-Mar 4 Tu, Th 6:30-7:00pm
 #265721 Apr 13-29 Tu, Th 6:30-7:00pm

**Swim Lesson - Level 4
Stroke Improvement**

Age: 6-13 yrs. Participants must have completed exit skills in Level 3. In Level 4 swim lessons, the back crawl and breaststroke are introduced. Endurance is also a key factor for this course. Participants continue to build upon the scissor kick and dolphin kick by adding the arms for sidestroke and butterfly.

- Buffaloe Rd Aquatic Center** – Course Fee: \$41
 #264431 Apr 10-May 1 Sa 12:10-12:40pm
 Course Fee: \$56
 #264429 Mar 9-25 Tu, Th 6:30-7:00pm
 #264430 Apr 6-22 Tu, Th 6:30-7:00pm
Millbrook Pool – Course Fee: \$41
 #265276 Feb 6-27 Sa 11:30am-12:00pm
 #265278 Mar 6-27 Sa 11:30am-12:00pm
 #265281 Apr 17-May 8 Sa 11:30am-12:00pm
 Course Fee: \$56
 #265277 Feb 15-Mar 3 M, W 6:30-7:00pm
 #265279 Mar 8-24 M, W 6:30-7:00pm
 #265280 Apr 12-28 M, W 6:30-7:00pm
Optimist Pool – Course Fee: \$41
 #265725 Feb 20-Mar 13 Sa 9:30-10:00am
 #265726 Apr 10-May 1 Sa 9:30-10:00am
 Course Fee: \$56
 #265724 Feb 16-Mar 4 Tu, Th 7:10-7:40pm
 #265727 Apr 13-29 Tu, Th 7:10-7:40pm

**Swim Lesson - Level 5
Stroke Refinement**

Age: 6-13 yrs. Participants must have completed exit skills in Level 4 swim lessons. In Level 5 swim lessons, participants coordinate and refine all strokes. Flip turns on both front and back are introduced in this course. Endurance and distance are important in this course.

- Buffaloe Rd Aquatic Center** – Course Fee: \$41
 #264436 Apr 10-May 1 Sa 12:10-12:40pm
 Course Fee: \$56
 #264434 Mar 9-25 Tu, Th 6:30-7:00pm
 #264435 Apr 6-22 Tu, Th 6:30-7:00pm
Millbrook Pool – Course Fee: \$41
 #265282 Feb 6-27 Sa 11:30am-12:00pm
 #265283 Mar 6-27 Sa 11:30am-12:00pm
 #265284 Apr 17-May 8 Sa 11:30am-12:00pm
Optimist Pool – Course Fee: \$41
 #265731 Feb 20-Mar 13 Sa 9:30-10:00am
 #265732 Apr 10-May 1 Sa 9:30-10:00am
 Course Fee: \$56
 #265730 Feb 16-Mar 4 Tu, Th 7:10-7:40pm
 #265733 Apr 13-29 Tu, Th 7:10-7:40pm

**Swim Team – Intra-City Swim
Association**

Age: 3-18 yrs. Experience competitive swimming in a fun, enjoyable and relaxed environment. Prerequisite: Participants must be able to swim 25 yards unassisted.

Buffaloe Rd Aquatic Center – Course Fee: \$50

11-18 Yrs Buffaloe Road Blue Whales
 #268349 Mar 8-Apr 26 M, W 4:00-4:45pm

3-10 Yrs Buffaloe Road Blue Whales
 #268350 Mar 8-Apr 26 M, W 5:00-5:45pm

3-18 Yrs Buffaloe Road Blue Whales
 #268351 Mar 8-Apr 26 M, W 6:00-6:45pm

Millbrook Pool – Course Fee: \$78

3-10 Yrs Millbrook Marlins
 #268352 Feb 16-Apr 27 T, Th 6:00-6:45pm

11-18 Yrs Millbrook Marlins
 #268353 Feb 16-Apr 27 T, Th 7-7:45pm

Optimist Pool – Course Fee: \$78

3-10 Yrs Optimist Otters
 #268393 Feb 15-Apr 26 M, W 6:00-6:45pm

11-18 Yrs Optimist Otters
 #268394 Feb 15-Apr 26 M, W 7:00-7:45pm

Adult

Adult Learning the Basics Swim Class

Age: 13yrs. and up. This class helps teens and adults overcome their fear of the water and learn the basic skills for a minimum level of water competency. Participants strive for skill and stroke performance, to be able to jump into deep water from the side, swim front crawl for 15 yards, maintain position by treading or floating for 30 seconds and swim elementary backstroke for 15 yards.

Buffaloe Rd Aquatic Center – Course Fee: \$47

#264441 Apr 10-May 1 Sa 12:10-12:50pm
 Course Fee: \$62

#264439 Mar 9-25 Tu, Th 6:30-7:10pm

#264440 Apr 6-22 Tu, Th 6:30-7:10pm

Millbrook Pool – Course Fee: \$47

#265287 Feb 6-27 Sa 8:40-9:20am

#265288 Mar 6-27 Sa 8:40-9:20am

#265290 Apr 17-May 8 Sa 8:40-9:20am
 Course Fee: \$62

#265289 Apr 12-28 M, W 7:10-7:50pm

Optimist Pool – Course Fee: \$47

#265735 Feb 20-Mar 13 Sa 9:20-10:00am

#265736 Apr 10-May 1 Sa 9:20-10:00am

Adult Refining Swim Strokes Class

Age: 13yrs. and up. This class is for teens or adults who want to improve their foundational skills and swimming strokes to gain an overall level of comfort in the water.

Buffaloe Rd Aquatic Center – Course Fee: \$47

#264446 Apr 10-May 1 Sa 12:10-12:50pm
 Course Fee: \$62

#264444 Mar 9-25 Tu, Th 6:30-7:10pm

#264445 Apr 6-22 Tu, Th 6:30-7:10pm

Millbrook Pool – Course Fee: \$47

#265293 Feb 6-27 Sa 8:40-9:20am

#265294 Mar 6-27 Sa 8:40-9:20am

#265296 Apr 17-May 8 Sa 8:40-9:20am
 Course Fee: \$62

#265295 Apr 12-28 M, W 7:10-7:50pm

Optimist Pool – Course Fee: \$47

#265738 Feb 20-Mar 13 Sa 9:20-10:00am

#265739 Apr 10-May 1 Sa 9:20-10:00am

Pullen Aquatic Center – Course Fee: \$62

#266341 Feb 16-Mar 4 Tu, Th 7:10-7:50pm



Raleigh Arts

The City of Raleigh believes that arts, culture, and creativity enhance our quality of life, boost the economy, and help connect our communities. With the help of two volunteer advisory groups, the Arts Commission and the Public Art and Design Board, Raleigh Arts oversees a portfolio of programs, funding opportunities and creative placemaking initiatives including:

- Artist Opportunities, resources, and capacity building
- Arts Grants that provide \$1.9 million to non-profit organizations each year
- Exhibitions and the Municipal Art Collection
- Medal of Arts and Gifts of Gold Awards
- Neighborhood Art Funds
- Piedmont Laureate Program
- Public Art including the Percent for Art program and Citizen-Initiated Projects
- Pullen and Sertoma Arts Centers
- Universal Access and the Arts Initiatives

To learn more visit www.raleighnc.gov/arts and follow us on social media.

Facebook: @OfficeofRaleighArts

Instagram: @Raleigh_Arts

Twitter: @RaleighArts



Pullen Arts Center

105 Pullen Road Raleigh, NC 27607

(919)996-6126

Director: Eliza Kiser

Pullen Arts Center Reopening

Following a complete renovation and expansion made possible by the 2014 Parks Bond, Pullen Arts Center will be reopening in Winter/Spring 2021. Visit www.raleighnc.gov/arts for specific reopening dates and plans.

Pullen Arts Center is a community arts education facility focused on serving beginning to advanced visual artists of all ages by providing quality instruction by professional teaching artists, gallery exhibition opportunities, and studio access. Programming is focused in five studio areas - pottery, glass, bookmaking & printmaking, painting & drawing, and jewelry.

In addition to the art classes, studio memberships, and Art4Fun summer camps that Pullen Arts Center has been known for, Pullen Arts Center now also offers a Teen Art Pass, Monday Creative Aging memberships, Studio Assistantships, kiln rentals, and facility rentals. Learn more at www.raleighnc.gov/arts. Questions? Email Pullen.Arts@raleighnc.gov.

Pullen Arts Center's Gallery Exhibits

March - April:

Ann Roth & Mary Kircher
Sarah West
Nancy Carty
Brenda Pokorny
Robyn Scott

Group Exhibition - Who are we? Raleigh's People in Postcards

Exhibitions are free, open to the public, and on display during normal operating hours.

Sertoma Arts Center

1400 W. Millbrook Road Raleigh, NC 27612

(919)996-2329

Director: Julia Meder

Sertoma offers classes in painting, drawing, fiber arts, printmaking, jewelry, kids' art classes and pottery. Programs in music, dance, and fitness allow participants to improve their health and vitality while engaged in the arts.

Gallery Hours – Exhibits are on display in the lobby and hall gallery during normal operating hours. For exhibits in the Raleigh Room please call Sertoma for viewing hours.

Raleigh Room, Display Case and Hall Gallery:

M-Th	9am-10pm
F	9am-1pm
Sa	10am-5pm
Su	12-5pm

Sertoma Arts Center's Gallery Exhibits

January/February

Raleigh Room: Joe O'Shaughnessy + Corneille Little

Hall Gallery: John Johnson

Display Cases: Meg O'Connor + Randy Hinson

March

All Gallery Spaces: ArtQuake

April

All Gallery Spaces: Sertoma Park Artists' Annual Show

Preschool

Art - Krafty Kids

Age: 3-5 yrs. Get your creative juices flowing in this class focused on creating! Join us for a different and creative arts-and-crafts project or edible creation. A new project is introduced with each themed class. Staff provides supplies; you provide the fun! Preregistration is required, and the fee is per class.

Optimist Community Center – Course Fee: \$7

Valentine's For Everyone

#267244	Feb 13	Sa	12:30-1:30pm
#267245	Mar 12	F	12:30-1:30pm
#267246	Apr 10	Sa	12:30-1:30pm
#267247	Feb 12	F	12:30-1:30pm
#267248	Apr 9	F	12:30-1:30pm
#267249	Mar 13	Sa	12:30-1:30pm

Art - Storyland Adventures with Mr. Moo Monet

Age: 18 mths - 3 yrs. Join our adventure through Storyland with Mr. Moo Monet. We start by waking up Mr. Moo Monet and sharing a story that goes with the theme for that day. Children will participate in storytime and make arts and crafts projects at each adventure. Parent participation is required. Class length is four weeks, with a makeup class, if needed, added the week following the scheduled end of the session. Instructor: Maureen Seltzer.

Optimist Community Center – Course Fee: \$36

#267326	Feb 10-Mar 3	W	10:30-11:15am
#267327	Mar 17-Apr 7	W	10:30-11:15am

Art - Storytime Art

Age: 3-5 yrs. Children will bring storybook characters alive by making themed art with a story! Some stories include The Cat in the Hat, Brown Bear, Rainbow Fish and many more.

Marsh Creek Park – Course Fee: \$36

#264191	Feb 10-Mar 3	W	9:30-10:15am
---------	--------------	---	--------------

Art Adventures

Age: 2-5 yrs. Preschoolers and Families, come join us for Art Adventures as we explore the world. Little minds will wander, soar, and develop as they create projects to take home and put on the shelf!

Laurel Hills Community Center – Course Fee: \$36

#266171	Mar 6-27	Sa	10:00-11:00am
#266172	Feb 6-27	Sa	10:00-11:00am
#266173	Apr 10-May 1	Sa	10:00-11:00am

Ballet and Tap for Preschoolers

Age: 2-3 yrs. Your preschooler will learn technique and grow as a dancer in this class. Half of the class is devoted to ballet and the other half is devoted to tap.

White or pink tights, pink or black leotard, ballet slippers and tap shoes are preferred but not required.

Millbrook Exchange Community Center – Course Fee: \$36

Ages 2-3

#266388	Feb 3-24	W	10:15-11:00am
#266389	Mar 3-24	W	10:15-11:00am
#266390	Apr 7-28	W	10:15-11:00am
#266392	Feb 2-23	Tu	10:15-11:00am
#266393	Mar 2-23	Tu	10:15-11:00am
#266394	Apr 6-27	Tu	10:15-11:00am

Raleigh Little Theatre

Website: <http://raleighlittletheatre.org/>
 Email: info@raleighlittletheatre.org
 Box Office: 919-821-3111

Since 1936, Raleigh Little Theatre is a welcoming community using theatre to enrich, educate, entertain and engage volunteers, students, and audiences of all ages. Programs include plays for adult and family audiences, classes and camps for all ages, and volunteer opportunities.

UPCOMING PERFORMANCES AND EVENTS

Please check RaleighLittleTheatre.org for events in Winter/Spring 2021 that may have been rescheduled from the 2019-2020 season due to COVID-19.

For tickets, visit raleighlittletheatre.org or call 919-821-3111

Theatre In The Park

Website: www.theatreinthepark.com
 Email: info@theatreinthepark.com
 Box Office 919-831-6058
 Business Office: 919-831-6936

Theatre In The Park, located in the northern end of Raleigh's Pullen Park, provides a quality theatre experience to a diverse audience base in Raleigh and the surrounding areas. We also offer the public an opportunity to become involved and participate in the creation and development of live theatre through classes, productions and volunteer opportunities in order to nurture a general appreciation and respect for the arts.

UPCOMING PERFORMANCES AND EVENTS

February 12-28, 2021

The Complete History of Comedy (Abridged)

April 9-25, 2021

Buyer & Cellar

For tickets, visit www.theatreinthepark.com or call 919-831-6058.

Ballet Basics at Greystone

Age: 3-5 yrs. Enroll your budding ballet dancers in Ballet Basics! Steps, combinations and technical training will enhance your young dancer's coordination, vocabulary and knowledge of music. Dancers will refine their technique in a fun and safe environment with Ms. Judy.

Greystone Community Center – Course Fee: \$40

#267629	Feb 4-25	Th	10:00-10:45am
#267630	Mar 4-25	Th	10:00-10:45am
#267631	Apr 8-29	Th	10:00-10:45am

Ballet/ Tap Duo - Beginner Basics

Age: 3-5 yrs. Participants will explore the fundamentals, including body alignment, basic ballet and tap terminology and principles of postures. Participants will learn basic tap steps and to follow instructions while having fun. All students will need ballet and tap shoes. Prior experience is not necessary. Instructor: Tanesha Patrick

Green Road Community Center – Course Fee: \$70

#263137	Mar 6-Apr 24	Sa	9:15-10:00am
#263138	Mar 6-Apr 24	Sa	10:15-11:00am

Ballet/ Tap Duo - Intermediate

Age: 6-8 yrs. First half of class is ballet and 2nd half is tap. Students will work on flexibility and learn foundational ballet skills and positions. They will build upon the skills that are taught in the 3 year old class. Students will learn beginners tap steps and work on rhythm and synchrony. Students will learn a short ballet dance and tap dance. All students will need ballet shoes and tap shoes. Instructor Tanesha Patrick

Green Road Community Center – Course Fee: \$70

#263141	Mar 6-Apr 24	Sa	11:15am-12:00pm
---------	--------------	----	-----------------

Dance - Creative Dance for 2s and 3s

Age: 2-3 yrs. Come, little dancers, and do your thing! Dancers will also perform top hat moves and use floating ribbon streamers, scarves and other memorable props to enhance their artistic dance experience. This is a fun, creative class, great for motor skills, fitness and social skills.

Laurel Hills Community Center – Course Fee: \$36

#266179	Feb 6-27	Sa	10:15a10:45am
#266182	Mar 6-27	Sa	10:15-10:45am

Dance- Tap and Twirl

Age: 4-5 yrs. Your little dancer will have tons of fun learning the basics of ballet and tap. The class will help develop balance, coordination and self-confidence. Students will learn basic technique, body position and steps.

Hill Street Center – Course Fee: \$35

#264308	Feb 2-23	Tu	5:30-6:30pm
#264311	Mar 2-23	Tu	5:30-6:30pm
#264314	Apr 6-27	Tu	5:30-6:30pm

Dancin' Dynamos

Age: 3-5 yrs. Does your little one love to dance, spin and bust a move? Dancin' Dynamos is a perfect class to introduce your little mover and shaker to basic dance techniques, including tap, ballet and jazz to name a few. Ms. Judy will teach beginning steps to encourage a love of dance and inspire movement; while building a foundation for artistic expression.

Greystone Community Center – Course Fee: \$40

#267641	Feb 1-22	M	4:15-5:00pm
#267642	Feb 3-24	W	10:45-11:30am
#267643	Feb 3-24	W	4:30-5:15pm
#267646	Mar 1-22	M	4:15-5:00pm
#267648	Mar 3-24	W	10:45-11:30am
#267650	Mar 3-24	W	4:30-5:15pm
#267647	Apr 5-26	M	4:15-5:00pm
#267649	Apr 7-28	W	10:45-11:30am
#267651	Apr 7-28	W	4:30-5:15pm

Eastgate Art Cart

Age: Up to 5 yrs. Calling all future artists in the Eastgate area. Join us for open-ended art each Wednesday morning. Staff will provide supplies, and you provide the fun. This is a great way to explore with new art materials and to meet other budding artists in your neighborhood. Wear clothes that can get messy!

Eastgate Park

#266402	Jan 6-Apr 28	W	9:30-11:00am
---------	--------------	---	--------------

Happy Hearts

Age: 2-5 yrs. Love is in the air! Would you like to give your Valentine a handmade gift? Join us at Abbotts Creek for an exciting morning of cards and other fun crafts. Pre-registration required.

Abbotts Creek Community Center – Course Fee: \$5

#265745	Feb 12	F	10:00-10:45am
---------	--------	---	---------------

Little Fancy Feet Dance

Age: 18 - 36 mths. Share the joy of dancing together with your child. Dancers will choose their own props, including instruments, teddy bears, dolls and scarves to dance with in this fun and interactive class. Join Ms. Judy as we transform those little feet into fancy, happy, dancing feet.

Greystone Community Center – Course Fee: \$40

#267667	Feb 5-26	F	11:00-11:45am
#267668	Mar 5-26	F	11:00-11:45am
#267669	Apr 9-30	F	11:00-11:45am

Lucky Leprechauns

Age: 2-5 yrs. Is there gold at the end of the rainbow? Can you help us find A four-leaf clover? Follow the rainbow to Abbotts Creek for a fun morning of crafts and fun. Pre-registration required.

Abbotts Creek Community Center – Course Fee: \$5

#265746	Mar 12	F	10:00-10:45am
---------	--------	---	---------------

Music - Silly Sounds

Age: 3-5 yrs. Guardian and child explore the exciting world of sound with sing-a-longs, child safe instruments, movement, and props to promote social and educational development.

Marsh Creek Park – Course Fee: \$36

#264207	Mar 2-23	Tu	2:30-3:15pm
---------	----------	----	-------------

Pottery - Little Potters

Age: 4-5 yrs. Bring your little potter for an hour of fun with you in the clay studio! We will guide you and your child in a clay project designed with young artists' skills, abilities and attention span in mind. Explore textures, form and function and enjoy the creative process together. Pieces will be glazed and fired after class for pickup at a later date. Please register child only; one caregiver must attend with each child. (1 session)

Pullen Arts Center – Course Fee: \$20

#267302	Apr 17	Sa	10:00-11:00am
#267303	Apr 17	Sa	11:00am-12:00pm

Preschool - Mini Monets

Age: 18 mths - 2 yrs This class introduces little ones to a variety of art materials through hands-on learning. Discovery and creative play encourage the development of motor skills and group social skills. A parent or caregiver attends with child; only child should be registered for class. Supplies included. Instructor: Michelle Davis Petelinz.

Sertoma Arts Center – Course Fee: \$65

#265533	Mar 12-Apr 16	F	9:30-10:15am
---------	---------------	---	--------------

Preschool - Petite Picassos

Age: 3-4 yrs. Classes will encourage children to create unique works of art as we explore different painting and craft techniques. Each week, we'll read a new book that will inspire our projects. The classes provide preschool prep with a focus on student independence. No parent/guardian participation. Supplies included. Instructor: Michelle Davis Petelinz.

Sertoma Arts Center – Course Fee: \$75

#265497	Mar 11-Apr 15	Th	10:30-11:30am
---------	---------------	----	---------------

Preschool - What Can You See Under the Sea?

Age: 3-5 yrs. Each week we'll explore books about the wonders of the undersea world and create sea-themed art. Projects include salt painting, sand painting, watercolors, and torn paper seascapes. Supplies included. Instructor: Michelle Davis Petelinz.

Sertoma Arts Center – Course Fee: \$75

#265502	Mar 11-Apr 15	Th	12:00-1:00pm
---------	---------------	----	--------------

continued on page 16 —



Preschool - Wild Animal Art

Age: 3-5 yrs. We'll read about wild animals and create wild art projects! Projects include painted masks, clay sculptures, watercolor habitats, recycled object sculptures, salt painting and more. Supplies included.

Instructor: Michelle Davis Petelinz.

Sertoma Arts Center – Course Fee: \$75
#265485 Mar 9-Apr 13 Tu 1:00-2:00pm

Suzuki Music for Babies

Age: Up to 3 yrs. In this interactive music class for parent and child (birth to age 3), parents enjoy watching their babies develop rhythm, melodic awareness, memory and movement. Through activities such as singing, dancing and story time, children learn self-control, sharing, independence and listening skills. A home CD and booklet (one-time purchase from instructor) reinforce class songs and activities. For the most rewarding experience, start early (age 1 or younger) and repeat as often as you wish. Caregiver does not enroll.

Greystone Community Center – Course Fee: \$55
#267679 Mar 10-Apr 14 W 9:30-10:20am

Toe Tappin' Toddlers

Age: 1-2 yrs. Though it seems like yesterday since your little one took his/her first steps, these little movers and shakers are capable of (fairly) complex choreography by 18 months of age. Toddler dance classes are a great source of exercise, help children adjust to group situations and tap into children's love for music. Let's start them early, while having fun! Your little shakers will be exposed to ballet, tap, hip-hop, jazz and ballroom while learning simple steps, listening to fun music and joining imaginative play with children their own age. Barefoot is always fun; no special shoes needed!

Greystone Community Center – Course Fee: \$40
#267693 Feb 3-24 W 3:45-4:30pm
#267694 Mar 3-24 W 3:45-4:30pm
#267695 Apr 7-28 W 3:45-4:30pm

Youth

African Dance for Youth

Age: 5-10 yrs. Participants will learn the fundamentals of African dance, starting with basic movements and progressing to choreographed dance steps. Emphasis is on technique, dance steps and understanding how dance and drum rhythms are closely intertwined. This is a high-spirited, high-powered rhythmic dance experience for anyone who loves to dance. Clothing should be loose.

Barwell Road Community Center – Course Fee: \$43
#267788 Feb 6-27 Sa 11:00-11:45am
#267789 Mar 6-27 Sa 11:00-11:45am
#267790 Apr 3-24 Sa 11:00-11:45am

Afterschool Art - Drawing to Painting

Age: 11-14 yrs. In this class you will learn basic drawing skills, composition and painting. Discover what you can do with color! Learn the color wheel, mix colors and then apply the paint. Students can bring in pictures or objects to work on, use their imagination to create their own subject, or work on items brought in by the instructor. Students will work with pencils, water color and/or acrylics. Registration is due 3 days prior to class start date.

Halifax Community Center – Course Fee: \$60
#265920 Feb 4-25 Th 4:00-5:30pm
#265921 Mar 4-25 Th 4:00-5:30pm
#265922 Apr 1-29 Th 4:00-5:30pm

Art - Fantastic Beasts and How to Make Them

Age: 6-11 yrs. We'll create fantastic creatures, letting our imaginations run wild! We'll build them out of recycled materials, polymer clay, paper, paint, oil pastel, wood, rocks, leaves, fabric, yarn and more. What will you create? A dinodogbat? A flying cathopper with webbed feet? A blue tortoise with spiky hair? Come create with us! Supplies included. Instructor:

Michelle Davis Petelinz.
Sertoma Arts Center – Course Fee: \$100
#265489 Mar 9-Apr 13 Tu 4:00-6:00pm

Art - Game Creators

Age: 7-10 yrs. If you've ever wanted to design your own game for which you make up the rules, the board and all the game pieces, here's your chance! Become a toy maker, and create an entire game, including the logo, box, board, playing pieces and book of rules. Then we'll play everyone's game on the last day of class. Supplies included. Instructor:

Michelle Davis Petelinz.
Sertoma Arts Center – Course Fee: \$100
#265493 Mar 10-Apr 14 W 4:00-6:00pm

Art Adventures for Kids

Age: 6-12 yrs. Your artist will explore the world of art and create masterpieces each week. Watch as imaginations soar and we get dirty in the process!

Laurel Hills Community Center – Course Fee: \$36
#266176 Mar 6-27 Sa 11:15am-12:15pm
#266177 Feb 6-27 Sa 11:15am-12:15pm
#266178 Apr 10-May 1 Sa 11:15am-12:15pm

Ballet I

Age: 3-7 yrs. This is a continual program to allow children to build their skills. New students are welcome each month. Students will be introduced to the structure of a ballet class, basic ballet vocabulary, alignment and posture and the five positions of ballet, stressing the importance of proper posture. Traditional barre work, center work and combinations are included in all classes. Students focus on building balance, strength, coordination and poise. Instructor Ms. E is the owner of Ethlyn Lassiter's Dance Ensemble.

Barwell Road Community Center – Course Fee: \$43
#267784 Feb 6-27 Sa 10:00-10:45am
#267785 Mar 6-27 Sa 10:00-10:45am
#267786 Apr 3-24 Sa 10:00-10:45am

Ballet/ Tap Duo - Advanced

Age: 9-12 yrs. Allow your dreams to come alive and express yourself through dance! Participants will enjoy learning two dance styles within one class. Students will build their ballet technique and skills during the first half of class. The second half we'll kick it up with tap rhythm and style. Dancing is a healthy form of self-expression and a effective way to increase self-esteem in people of ages. Don't miss out on this opportunity to experience this fun class. Prior experience is required for this course. Instructor: Tanesha Patrick

Green Road Community Center – Course Fee: \$70
#263143 Mar 6-Apr 24 Sa 12:15-1:00pm

Dance -Ballet

Age: 4-6 yrs. This class will introduce your child to the wonderful world of ballet. Your tiny dancer will build confidence and nurture a love of movemen and music. .

Laurel Hills Community Center – Course Fee: \$40
#266180 Feb 6-27 Sa 11:00-11:45am
#266181 Mar 6-27 Sa 11:00-11:45am

Dance- Modern Dance

Age: 8-13 yrs. Fundamentals of Contemporary/Modern Dance class is designed for the beginner/intermediate dancer with a curiosity for modern/contemporary dance, this class builds on basic movement for a foundation to better prepare you for more advanced techniques in modern dance. It also develops strong creative dancers that allows beginners/intermediate to experience the sheer joy of dance and introduces integral concepts like body awareness, alignment, strength, flexibility, and endurance through the study of technique and improvisation with a focus on musicality, dynamics, footwork and artistic expression. The class is Rooted in Graham technique, which explores principles like contraction, release, and spiral. Skill and self-confidence are developed in a fun, and open environment.

Barwell Road Community Center – Course Fee: \$43
#267801 Feb 6-27 Sa 1:00-1:45pm
#267802 Mar 6-27 Sa 1:00-1:45pm
#267803 Apr 3-24 Sa 1:00-1:45pm

Drawing - Drawing Fundamentals

Age: 8-12 yrs. In this class students will learn the basics of drawing using techniques that will help them draw the objects in front of them. We will do practice and final drawings using a variety of materials including marker, charcoal, pastel and pencil. Supplies included. Amy Veatch instructs

Sertoma Arts Center – Course Fee: \$90
#265715 Mar 25-Apr 29 Th 4:30-6:00pm

Hip Hop Hoorary

Age: 5-10 yrs. This fun, high-energy class uses the latest pop music to teach students hip-hop dance moves. Emphasis will be on coordination, rhythm, timing and confidence. Class will include time to freestyle, which develops an individual sense of style and promotes artistic expression, movement and teamwork in a fun, musical environment. Hip-hop is always age appropriate and always a blast for both boys and girls! Let's get dancing!

Greystone Community Center – Course Fee: \$40
 #267664 Feb 1-22 M 5:00-5:55pm
 #267665 Mar 1-22 M 5:00-5:55pm
 #267666 Apr 5-26 M 5:00-5:55pm

Homeschool & Afterschool Art Time

Age: 7-12 yrs. Come join us for this four-week class. We will explore art elements such as line and color composition. We will use many kinds of media, such as watercolor, tempera, chalk and acrylic paint. This class will at times get a little messy, so it is advisable to wear old clothes or bring an old T-shirt. Class length is four weeks, with a makeup class, if needed, added the week following the scheduled end of the session. Instructor: Maureen Seltzer.

Optimist Community Center – Course Fee: \$47
 #267808 Feb 10-Mar 3 W 1:30-3:00pm
 #267809 Feb 10-Mar 3 W 4:30-6:00pm
 #267810 Mar 17-Apr 7 W 1:30-3:00pm
 #267811 Mar 17-Apr 7 W 4:30-6:00pm

Homeschool Art Time (ages 4 - 6)

Age: 4-6 yrs. Join us for this four-week art class. We will explore art elements such as line and color composition and use many kinds of media, such as watercolor, tempera, chalk and acrylic paint. This class will at times get a little messy, so it is advisable to wear old clothes or bring an old T-shirt. Class length is four weeks with a makeup class, if needed, added the week following the scheduled end of the session. Instructor: Maureen Seltzer.

Optimist Community Center – Course Fee: \$40
 #267341 Feb 10-Mar 3 W 11:45am-12:45pm
 #267342 Mar 17-Apr 7 W 11:45am-12:45pm

Introduction to Guitar

Age: 9-13 yrs. Have you ever wanted to learn how to play the guitar? Now is the time! In this class you will learn the parts of a guitar, basic chords, notes, fundamental skills such as tuning and restringing a guitar. Please bring your own guitar or can rent one from instructor for \$40 for all 4 classes. Instructor: Ross Osborn, BA Elementary Education.

Brier Creek Community Center – Course Fee: \$80
 #266817 Feb 1-22 M 4:45-5:15pm
 #266818 Mar 1-22 M 4:45-5:15pm

Jazz/Hip Hop Duo

Age: 6-11 yrs. Get moving and shaking in this engaging, fun-filled dance class! Participants will enjoy learning fundamental jazz and hip hop skills and dance moves. Dancing is a healthy form of self-expression

and a effective way to increase self-esteem in people of ages. Don't miss out on this opportunity to experience this fun class
 Instructor: Tanesha Patrick
Green Road Community Center – Course Fee: \$70
 #265378 Mar 6-Apr 24 Sa 1:15-2:00pm

Jazz/Hip-Hop

Age: 7-14 yrs. Jazz/Hip-hop is a fusion of jazz, hip-hop and contemporary. The dancers will develop strength, flexibility and body control. Skills such as isolations, extensions, leaps and turns are incorporated into upbeat fast and fun combinations to challenge the dancers. The dances will also step outside of the box by bringing their own individual style and personality to the movements. Instructor is Ms. E of Ethlyn Lassiter Dance Studio.

Barwell Road Community Center – Course Fee: \$43
 #267798 Feb 6-27 Sa 12:00-12:45pm
 #267799 Mar 6-27 Sa 12:0-12:45pm
 #267800 Apr 3-24 Sa 12:00-12:45pm

Music - Raleigh Children's Orchestra

Age: 6-13 yrs. The Raleigh Children's Orchestra is a multilevel string orchestra for students in grades 1-7 who have played for six months or more. The orchestra provides a rare opportunity for young players to rehearse and perform in an ensemble setting. For those who are not yet proficient in reading music, parts are available with string names and finger numbers. More experienced players have more difficult parts and leadership opportunities. All will gain fluency in playing and ensemble skills. The semester ends with a free public concert. Students

provide their own instruments, music stands and three-ring binders. Director: Ilse Mann.

Sertoma Arts Center – Course Fee: \$85
Half session
 #264387 Mar 4-Apr 29 Th 6:15-7:30pm

Pottery - Funky Fungi

Age: 6-11 yrs. Children will create splendidly speckled and spotted toadstools using textures and handbuilding techniques during the first class. During the second class, young potters will decorate with vibrant glazes. Pottery will be ready for pick-up two weeks after class is over. Supplies included. Instructor: Patty Merrell.

Sertoma Arts Center – Course Fee: \$40
 #265559 Apr 15-22 Th 4:15-5:30pm

Pottery - Snails and Bugs

Age: 6-11 yrs. If you like slimy or squirmy creatures then this is the class for you! We will form, texture, incise, and join clay during the first class. During the second class we will decorate the pottery with glazes. Pottery will be ready for pick-up two weeks after class is over. Supplies included. Instructor: Patty Merrell.

Sertoma Arts Center – Course Fee: \$40
 #265558 Mar 10-17 W 4:15-5:30pm

Pottery - The Circus

Age: 6-11 yrs. In the first class students will create a big top circus tent. In the second class we will create clowns and circus animals. In the last class we will glaze these with bright colors. Pottery will be ready 2 weeks after the last class. Supplies included. Instructor: Patty Merrell.

Sertoma Arts Center – Course Fee: \$60
 #265557 Feb 4-18 Th 4:15-5:30pm

continued on page 18 —





Pottery - Young Potters

Age: 5-7 yrs. Bring your young potter for an hour of fun with you in the clay studio! We will guide you and your child in a clay project designed with budding artists' skills, abilities and attention span in mind. Explore textures, form and function and enjoy the creative process together. Pieces will be glazed and fired after class for pickup at a later date. Please register child only; one caregiver must attend with each child. (1 session)

Pullen Arts Center – Course Fee: \$20
 #267304 Apr 17 Sa 1:00-2:00pm
 #267305 Apr 17 Sa 2:00-3:00pm

Pottery - Youth Handbuilding

Age: 9-12 yrs. Students will work with slabs, coils, pinch pots and other handbuilding techniques manipulating clay and making functional and decorative pieces. Class experimentation with clay will allow confidence in skills as well as relaxation. All glazes are food safe and students will have different glazes to decorate the work. Supplies included. Instructor: Lynn Kurisko.

Sertoma Arts Center – Course Fee: \$90
 #265555 Feb 22-Mar 15 M 4:00-6:00pm

Sweetheart Art

Age: 5-14 yrs. Roses are red, violets are blue, sugar is sweet, this program at Sanderford Road Center is too! Join us for Valentine's Day inspired arts and crafts.

Sanderford Road Park
 #267836 Feb 18 Th 5:00-6:00pm

Teen

Dance- Contemporary Movement

Age: 10-17 yrs. This is a class that blends movements of lyrical, jazz, ballet, and modern styles of dance. Participants develop flexibility, strength, and coordination as they learn about the elements of dance. Instructor is Tokishia Dockery-Ragland.

Barwell Road Community Center – Course Fee: \$30
 #267333 Feb 3-24 W 11:30am-12:45pm
 #267334 Mar 3-24 W 11:30am-12:45pm

Drawing - Drawing Fundamentals for Teens

Age: 12-16 yrs. This class will explore drawing fundamentals such as contour drawing, gesture drawing, value and shading, composition and perspective. We will draw figures, landscapes in realistic and abstract experiments using a variety of drawing materials: pencil, pen, charcoal, colored pencils, pastels and markers. Supplies included. Anne Terry instructs.

Sertoma Arts Center – Course Fee: \$90
 #265743 Mar 8-Apr 19 M 4:30-6:00pm

Pottery - Handbuilding for Teens

Age: 13-16 yrs. These ceramics classes are specially geared towards fun and artistic discovery by learning basic skills for sculpting and manipulating clay with pinch, coil and slab techniques. In our relaxed environment, teens will gain knowledge & confidence in the arts, while learning creative thinking. Teens will gain the experience of working in a professional pottery studio as well as learn hand building/sculpting and multiple surface decoration techniques will be demonstrated and applied. No prior experience is required. Supplies included. Instructor: Lynn Kurisko.

Sertoma Arts Center – Course Fee: \$105
 #265556 Mar 16-Apr 20 Tu 4:00-6:00pm

Pottery - Wheel Throwing for Teens

Age: 12-16 yrs. Teens learn the basics of throwing pots on the potter's wheel. Class time includes throwing demonstrations followed by practice time on the wheel. Students work at their own level, so all teens are welcome! Class ends with glazing all pots for firing. Pottery will be ready for pick-up two weeks after class is over. Class does not qualify participants for a studio card. Supplies included. Anne Terry instructs

Sertoma Arts Center – Course Fee: \$125
 #265744 Mar 18-Apr 22 Th 4:00-6:30pm

Printmaking - Printmaking for Teens

Age: 12-16 yrs. Explore the world of printmaking from ordinary objects. Students will use plates and blocks to print images on paper with ink and paint. We will create plates to repeatedly print from and we will

create plates for mono printing. This class will give students a chance to try several types of printmaking! Supplies included. Instructor: Amy Veatch.

Sertoma Arts Center – Course Fee: \$90
 #265707 Feb 23-Mar 30 Tu 4:30-6:00pm

Adult

Bookmaking - The Bookish Box

Age: 16yrs. and up. We'll make a box that looks like a book with compartments inside for tiny treasures and a hidden compartment underneath. You'll cover it inside and out with beautiful commercial and artist-decorated papers and finish it with a neodyne magnet as the closure. Designed for beginner to advanced box maker, the class will be fun for all levels and create a delightful box you'll use and treasure. A supply fee of \$40 is payable to the instructor at the first class. Instructor: Kathy Steinsberger (4 sessions)

Pullen Arts Center – Course Fee: \$76
 #267370 Mar 22-25 M-Th 6:00-9:00pm

Bookmaking - Three Long-stitch Books

Age: 16yrs. and up. Learn how fun and easy it is to make your own books. This class explores historic long-stitch bindings by making three 4 x 6-inch books with unique and beautiful longstitch bindings that show on the spine and have unique cover options including leather covers, soft fabric covers, and hard board covers. All levels will enjoy this class. A supply fee of \$40 is payable to the instructor at the first class. Instructor: Kathy Steinsberger (4 sessions)

Pullen Arts Center – Course Fee: \$76
 #267369 Apr 5-26 M 1:00-4:00pm

Dance - Hemlock Bluff Cloggers Club

Age: 12yrs. and up. Are you an advanced clogger? The Hemlock Bluffs Cloggers perform at area functions and events under the direction of Bryan Craddock. To learn more or register, visit the Advanced Clogging Class at 7 p.m.

Jaycee Community Center
 #266374 Mar 11-May 6 Th 8:00-9:00pm
 #266375 May 13-Jul 8 Th 8:00-9:00pm



Dance Beginner Clogging

Age: 6yrs. and up. Learn the basic steps of clogging and advance at your own pace. You'll be amazed how quickly you can be a clogger. It's fun and great exercise in an open, noncompetitive environment. Partners are not necessary. Line dances as well as traditional figures and steps are taught. Clogging is the wonderful percussive dance often seen when bluegrass or old-time music is playing. This class incorporates pop songs as well. Bryan Craddock, director of the Hemlock Bluff Cloggers, is an excellent instructor. Learn the official folk dance of North Carolina, which is catching on worldwide.

Jaycee Community Center – Course Fee: \$35
#266439 Mar 11-May 6 Th 6:00-7:00pm
#266440 May 13-Jul 8 Th 6:00-7:00pm

Dance-Advanced Clogging

Age: 6yrs. and up. Looking for a clogging challenge? Give our advanced class a try. It's fun and great exercise, in an open, noncompetitive environment. Clogging began in the mountains of North Carolina and has spread worldwide. It is the wonderful percussive dance often seen when bluegrass or old-time music is playing. This class incorporates pop songs as well. Bryan Craddock, director of the Hemlock Bluffs Cloggers, is an excellent instructor. Partners are not necessary for this class. Line dances as well as traditional figures and steps are taught. Please note that a beginner class is offered at 6 p.m., and the Hemlock Bluff Cloggers Club is offered at 8 p.m.

Jaycee Community Center – Course Fee: \$35
#266441 Mar 11-May 6 Th 7:00-8:00pm
#266442 May 13-Jul 8 Th 7:00-8:00pm

Drawing - Beginning Drawing Part 2

Age: 16yrs. and up. This class is for students who have taken a basic drawing class. Students will explore value, style, space, texture and portraiture. We will be exploring different drawing mediums and how to take the basics one step further. Supply list available on Sertoma's webpage. Amanda Wilson instructs.

Sertoma Arts Center – Course Fee: \$105
#264964 Mar 10-Apr 21 W 6:30-9:00pm

Drawing - Intro to Drawing with Peter Marin

Age: 16yrs. and up. This course covers the elemental visual languages of drawing- line, contour, mass, gesture and value- and builds upon them to begin developing the necessary drawing skills to facilitate personal expression. Students are encouraged to practice drawing through class and take-home assignments and strengthen their observational skills. Course consists of slide lectures and studio time. No experience required. Students provide their own supplies after the first class. Supplies list provided on receipt or by calling 919-996-4895. Instructor: Peter Marin (6 sessions)

Pullen Arts Center – Course Fee \$114
#267287 Mar 11-Apr 15 Th 6:30-9:30pm

Drawing - Landscapes with Amanda Wilson

Age: 16yrs. and up. This is a drawing class focusing on drawing Landscapes. It is best to have taken Beginning Drawing Part 1 at Sertoma before attending this class or have any comparable drawing experience. Amanda will lead you through each stage of a drawing so that you can draw along with her from start to finish. Students will also be creating their own drawings from references that they bring in. Along the way you will learn valuable tricks and methods to use in your future artwork and leave with drawings that you are proud of. Amanda will take you step by step through demonstrated examples that you can practice and use in your own work as well as provide plenty of one on one help to answer any questions you may have. Supply list available on Sertoma's webpage. Instructor: Amanda Wilson.

Sertoma Arts Center – Course Fee: \$105
#264958 Mar 11-Apr 22 Th 6:30-9:00pm

Fibers - Beginning Sewing: Quilting

Age: 16yrs. and up. Are you a beginning sewer interested in quilting, but would like some hands on instruction and support as you learn? If so, this class is for you! Each student will make a small wall hanging size quilt, learning the fundamental steps of fabric preparation, quilt construction and finishing methods along the way. We will discuss key tools and the 'why' of each step (exploring topics such as fabric and batting selection and how fabric grainline affects your quilt). Each student will gain the skills needed to progress to more advanced quilts. We will be using Sertoma's sewing machines. Supply list available on Sertoma's webpage. More details can be found on the instructor's website creativesewingstudios.com. Instructor: Joy Kelley

Sertoma Arts Center – Course Fee: \$120
#265473 Mar 23-Apr 27 Tu 10:00am-12:00pm
#265474 Mar 25-Apr 29 Th 6:30-8:30pm

Fibers - Beginning Sewing: Zippered Pillow

Age: 16yrs. and up. Register for this class and together we will create your own special pillow with a zippered closure! You will also learn how to make a pillow insert, which will enable you to create your own custom sized pillows. You will learn the basics of operating a sewing machine and develop the fundamental sewing skills necessary for progressing to more advanced projects. No prior sewing experience is necessary. We will be using Sertoma's sewing machines. The supply list is available on Sertoma's webpage. A \$13 supply fee for pillow form materials and interfacing is due to instructor at the beginning of class. Pictures of some finished pillows can be found at the instructor's website: creativesewingstudios.com. Instructor: Joy Kelley

Sertoma Arts Center – Course Fee: \$100
#265471 Feb 2-Mar 2 Tu 10:00am-12:00pm

Fibers - Sewing Machine - Beyond the Basics

Age: 16yrs. and up. Take your basic understanding of a sewing machine to the next level. This hands-on class offers a fun and supportive environment where beginners will explore various specialty stitches and presser feet. We will also discuss some of the more advanced sewing tools and accessories you may want to add to your supplies. This class is intended for students who can confidently and independently thread and operate a sewing machine. A supply fee of \$10 is paid to the instructor. Note: this class does not cover computerized or embroidery machines. We will be using Sertoma's sewing machines. Instructor: Joy Kelley.

Sertoma Arts Center – Course Fee: \$30
#265480 Apr 24 Sa 1:00-4:00pm

Fibers - Sewing Machine Basics

Age: 16yrs. and up. Sewing machines are wonderful tools, but they are also complex and can be intimidating for beginners. This hands-on class offers a fun and supportive environment where beginners will gain the confidence to set up and use a sewing machine. We will cover machine set-up, operation, accessories, safety and basic maintenance. We will also address your particular sewing goals and offer advice on sewing machines and supplies to consider as you progress. A supply fee of \$7 is paid to the instructor at start of workshop. Note: This class does not cover computerized or embroidery machines. We will be using Sertoma's sewing machines. Instructor: Joy Kelley.

Sertoma Arts Center – Course Fee: \$30
#265477 Mar 20 Sa 1:00-4:00pm
#265478 Apr 10 Sa 1:00-4:00pm

Fibers - Traditional Japanese Embroidery

Age: 18yrs. and up. The technique of Japanese embroidery goes back more than 1,600 years. We use silk and metallic fibers on silk fabrics to produce traditional and modern designs for framing. Instruction follows an orderly progression of steps with a new design at each level. This workshop is open to beginners as well as current students at all levels. Current students should bring projects they are working on. New students are required to purchase kit and supplies from the instructor, payable at first class. Two options are available, see the supply list on Sertoma's webpage for details and cost. Instructor needs one month's notice to order supplies for new students. Additional supplies will be available for purchase from instructor in class. New students are highly encouraged to contact the instructor for more information before enrolling. Instructor: Pam Reading.

Sertoma Arts Center – Course Fee: \$75
#265456 Feb 20-21 Sa-Su 9:30am-4:30pm
#265459 Apr 24-25 Sa-Su 9:30am-4:30pm

continued on page 20 —

Fibers - Workshop: Back to Indigo & Shibori

Age: 16yrs. and up. This is a two day workshop to ease us back into the 'game' - celebration and an opportunity to simply make and 'dip' freely. We will stitch, wrap, fold, board clamp and use other cloth manipulations plus a few other fun tidbits. Then we will dip the cloth in that magical blue dye - indigo. A small cloth kit will be provided but feel free to bring from your stash as well: cottons, linen, rayon, bamboo or silk is recommended - no polyester blends. Indigo dye vats and tools for creating pattern will also be provided. Please bring small scissors, dishwashing type gloves and an apron or old shirt to wear in the dye studio and also a bag lunch. Supply fee of \$40 due to instructor at the start of the workshop, this includes a small kit containing some cotton yardage, ingredients for the indigo dye vats and dispensable supplies. Instructor: Susan Fennell.
Sertoma Arts Center – Course Fee: \$130
 #265645 Mar 20-21 Sa-Su 10:00am-4:00pm

Jewelry - Beginning Metal

Age: 16yrs. and up. Design and construct earrings, pins, pendants, charms or other small objects and tokens in this basic metalworking class. Students will learn to saw, file, hammer and solder wire and sheet metals to create individual projects. Students may purchase and bring in their own silver for projects. Optional jewelry kits will be available for \$25. The kit will provide each student with solder, sawblades, drill bits, sandpaper and a small amount of copper to get started on projects. Instructors: Caitlin Lewis, Sarah West or Amy Veatch. (6 sessions)
Pullen Arts Center – Course Fee: \$125
 #267183 Mar 16-Apr 20 Tu 6:30pm-9:00pm
 #267184 Mar 22-Apr 26 M 10:00 AM-12:30pm
 #267185 Mar 24-Apr 28 W 4:00pm-6:30pm
 #267362 Mar 6-20 Sa-Su 1:30pm-4:30pm

Jewelry - Beginning Metals - Small Group

Age: 16yrs. and up. On of our most popular classes offered in a small group setting (3 students - 1 instructor). Design and construct earrings, pins, pendants, charms or other small objects and tokens in this basic metalworking class. Students will learn to saw, file, hammer and solder wire and sheet metals to create

individual projects. Students may purchase and bring in their own silver for projects. Optional jewelry kits will be available for \$25. The kit will provide each student with solder, sawblades, drill bits, sandpaper and a small amount of copper to get started on projects. Instructor: Caitlin Lewis (5 sessions)

Pullen Arts Center – Course Fee: \$150
 #267363 Mar 1-9 M-W 6:30-9:30pm

Jewelry - Enameling Introduction

Age: 16yrs. and up. Come explore fusing ground glass onto metal in this introductory enameling course. There are many methods of technique and application that provide widely varying results. In this course students will explore several basic enameling techniques, and will utilize both the kiln and the torch as a means to fuse the glass. Students are encouraged to bring an open mind, a willingness to experiment and work hard as the possibilities are endless! Prerequisite: Beginning Metal at Pullen Arts Center or Sertoma Arts Center. Students should expect to pay approx \$10-20 for supplies at first class. Instructor: Sarah West. (4 sessions).

Pullen Arts Center – Course Fee: \$85
 #267360 Mar 5-26 F 10:00am-12:30pm

Jewelry - Hydraulic Press Class

Age: 16yrs. and up. Learn to emboss, raise metal and make hollow forms while maintaining surface embellishment. Prerequisite: Beginning Jewelry at Pullen Arts or Sertoma Arts. Silver will be ordered at first class (approximately \$30). Instructor: Amy Veatch. (4 sessions).

Pullen Arts Center – Course Fee: \$85
 #267361 Apr 9-30 F 10:00am-12:30pm

Jewelry - Metal Continuing

Age: 16yrs. and up. Prerequisite: Beginning Metals class at the Pullen Arts Center or Sertoma Arts Center. Continue to expand your skills working independently and on assigned projects to further your knowledge of jewelry techniques. Explore methods of stone-setting and hollow-form construction. Students may purchase and bring in their own silver for projects. Optional jewelry kits will be available for \$25. The kit will provide each student with solder, sawblades, drill bits, sandpaper and a small amount of copper to get started on projects. Instructors: Betty McKim, Sarah West or Amy Veatch. (6 sessions)

Pullen Arts Center – Course Fee: \$125
 #267186 Mar 22-Apr 26 M 6:30-9:00pm

Jewelry: Advanced Ring Making

Age: 16yrs. and up. In this class the students will construct and set a ring in sterling silver with a large gemstone set in a handmade full bezel, with accent stones set into the shoulders of the ring band in the French pavÉ style. Students may choose the stone species, shape and cut (cabochon or faceted) of center stone and the color they wish to accent the center stone they choose. The student will construct the bezel and shank of the ring, assemble them together, and lay out and set the stones during the course of the class. Class kits will be available for purchase for \$25 on the first day of class. Prerequisite: Beginning Metals at Sertoma or Pullen Arts Center and intermediate soldering skills. Instructor: Dustin Walker.

Sertoma Arts Center – Course Fee: \$180
 #265788 Mar 16-Apr 20 Tu 6:30-9:30pm

Jewelry: Beginning Metals

Age: 16yrs. and up. Design and construct earrings, pins, pendants, charms or other small objects and tokens in this basic metalworking class. Students will learn to saw, file, hammer and solder wire and sheet metals to create individual projects. Students may purchase and bring in their own silver for projects. Optional jewelry kits will be available for \$25. The kit will provide each student with solder, sawblades, drill bits, sandpaper and a small amount of copper to get started on projects.

Sertoma Arts Center – Course Fee: \$150
 #265688 Mar 11-Apr 15 Th 6:30-9:00pm
 Dustin Walker instructs
 #265689 Feb 1-Mar 15 M 10:00am-12:30pm
 Amy Veatch instructs

Jewelry: Chain Making

Age: 16yrs. and up. Learn how to make your own chain! Hone your soldering skills while learning tips and tricks to make beautiful one-of-a-kind chains. Using sterling silver, brass, and copper wire students will be working with pliers, hammers, and the rolling mill along with an acetylene torch to create their own designs. Leave class with a completed chain and the skills to create many more! Class kits will be available for purchase for \$25 on the first day of class. Students are encouraged to bring their own materials. Prerequisite: Basic metalworking skills required. Instructor: Samantha Clarke.

Sertoma Arts Center – Course Fee: \$100
 #265779 Mar 31-Apr 21 W 10:00am-12:30pm

Jewelry: Continuing Enamels

Age: 16yrs. and up. In this class we will expand on the Beginning Enamel class and delve into alternative techniques in enameling. We will learn about decals, iridescent powders as well as enamel paints and crayons. The sky's the limit - there will be tons of room for experimentation! Students will need to provide their own 20g copper. Everything else will be provided. Prerequisite: Beginning Enamel at Sertoma or Pullen Arts Center. Instructor: Sarah West.

Sertoma Arts Center – Course Fee: \$200
 #265760 Mar 20-Apr 17 Sa 10:30am-3:30pm



Jewelry: Continuing Metals

Age: 16yrs. and up. Prerequisite: Beginning Metals class at Pullen or Sertoma Arts Center. Continue to expand your jewelry making skills learning to solder, make a simple ring, set a stone and form a hollow bead. Students may purchase and bring in their own silver for projects. Optional jewelry kits will be available for \$25. The kit will provide each student with solder, sawblades, drill bits, sandpaper and a small amount of copper to get started on projects.

Sertoma Arts Center – Course Fee: \$150

#265703 Mar 22-Apr 26 M 10:00am-12:30pm
Dustin Walker instructs

#265704 Feb 24-Mar 31 W 6:00-8:30pm
Amy Veatch instructs

Jewelry: Hydraulic Press and Cold Joining

Age: 16yrs. and up. Use the hydraulic press to form your metal and learn to cold join the things you have formed! Students will use tabs, rivets, and wires to set objects and metal pieces formed in the hydraulic press. You will learn to make lockets and bracelets using the hydraulic press to form them. Bring your ideas and stones or other small objects to set! Must have had a jewelry class at Sertoma or Pullen Arts Centers. \$30 kit will be available for purchase at the first class. Instructor: Amy Veatch.

Sertoma Arts Center – Course Fee: \$150

#265698 Feb 5-Mar 19 F 10:00am-12:30pm

Jewelry: Liquid Enamels

Age: 16yrs. and up. In this class we will primarily be using liquid enamels. We will play with layering liquid enamels, over-firing to produce new colors, torch firing and much more! Students will need to bring their own 20g and 22g copper. Prerequisite: Beginning Enamel at Sertoma or Pullen Arts Center. Instructor: Sarah West.

Sertoma Arts Center – Course Fee: \$150

#265759 Feb 20-Mar 6 Sa 10:30am-3:30pm

Jewelry: Make Your Own Anodized Niobium Earrings

Age: 16yrs. and up. Anodizing niobium adds a splash of bright color to your jewelry. In this class students will learn how to safely carry out this electrochemical process to create beautiful one-of-a-kind pieces. In addition, students will learn basic metalsmithing techniques such as sawing, drilling, filing, texturing and riveting in order to turn their colored creations into 2 pairs of earrings or pendants. A \$30 kit will be available for purchase at the first class and will contain materials for your first project. Additional supplies will also be available for purchase if your creative juices really start to flow and you'd like to create further pieces. Instructor: Caitlin Lewis.

Sertoma Arts Center – Course Fee: \$100

#265774 Apr 8-29 Th 10:00am-12:30pm

**Jewelry: Make Your Own Stud Earrings**

Age: 16yrs. and up. Stud earrings are a popular and practical alternative to larger dangly designs. In this class students will learn how to transform sheet metal and wire into unique stud earrings of their own design. Learn the basics of cutting, shaping and texturing metal, and how to solder ear posts. Optional jewelry kits will be available for \$25. The kit will provide you with solder, sawblades, drill bits, sandpaper and a small amount of silver wire and sheet copper to get started on projects. Instructor: Caitlin Lewis.

Sertoma Arts Center – Course Fee: \$100

#265773 Mar 9-Apr 6 Tu 10:00am-12:30pm

Jewelry: Textured and Twisted - Bangle Bracelets

Age: 16yrs. and up. In this fun make and take class, you will learn some jewelry making basics. Each student will make at least two bangle bracelets - one with twisted wire and one with a hammer texture. Beginners welcome! Instructor: Sarah West.

Sertoma Arts Center – Course Fee: \$60

#265763 Feb 6 Sa 10:30am-3:30pm

Painting - Abstraction

Age: 16yrs. and up. This course invites the curious painter to explore abstraction through the painting medium. We will examine the history of abstraction with all its movements and the evolution of modern thinking, equipping ourselves with the necessary references to embark on developing a personal abstract language/voice. Any painting medium is welcome. Previous painting experience recommended. Instructor: Peter Marin.

Pullen Arts Center – Course Fee: \$105

#267225 Mar 11-Apr 15 Th 1:00-4:00pm

Painting - Advanced Painting Lab

Age: 16yrs. and up. Join us in this motivating and informative class so you may focus deeper into painting and improve your painting practice. Students work independently and directly with instructor to focus on developing critical thinking, creating a personal visual vocabulary, and establishing foundations for technical mastery. This class is for painters who are familiar with their

medium. Students supply their own materials. Any wet media welcome. Instructor: Peter Marin. (6 sessions)

Pullen Arts Center – Course Fee: \$114

#267795 Mar 11-Apr 15 Th 9:30am-12:30pm

#267796 Mar 22-Apr 26 M 1:00-4:00pm

Painting - Advanced Painting with Peter Marin

Age: 16yrs. and up. Join us in this motivating and informative class so you may focus deeper into painting and improve your painting practice. Students work independently and directly with instructor to focus on developing critical thinking, creating a personal visual vocabulary, and establishing foundations for technical mastery. Students supply their own materials. Any wet media welcome. Instructor: Peter Marin.

Sertoma Arts Center – Course Fee: \$125

#265857 Mar 12-Apr 23 F 9:30am-12:30pm

Painting - Beginning Acrylics

Age: 16yrs. and up. Students will learn basic techniques for working with acrylics while learning about applying good composition and color scheme and incorporating mixed media and thematic elements. Students supply materials. Supply list will be provided with receipt. (6 sessions)

Pullen Arts Center – Course Fee: \$95

#267190 Mar 10-Apr 14 W 7:00-9:30pm

Painting - Beginning Watercolor, Groundwork for Adventure

Age: 16yrs. and up. Students will learn the basic skills of watercolor painting that create colorful and glowing effects. We will demonstrate the properties of paints, paper and brushes, wet and dry techniques, washes, glazes and traditional methods of developing a watercolor painting. Students will gain an understanding of how pigment and water work along with specific brush skills. Skills to be taught include: use of color wheel, how values work, the importance of leaving your whites and mixing bright colors, neutrals and darks. Students provide their own supplies. A supply list is included. Instructor: Rick Bennett. (6 sessions)

Pullen Arts Center – Course Fee: \$95

#267189 Mar 4-Apr 8 Th 7:00-9:30pm

continued on page 22 —

Painting - Beginning Watercolors

Age: 16yrs. and up. Learn the basic techniques of transparent watercolor. Find out about the best paper, paint and brushes to use. Students will create a landscape after learning how to do wet-on-wet washes, wet-on-dry washes, trees, water, rock and skies. Students will learn how to achieve a beautiful glowing sky in watercolor. Supply list available on Sertoma's webpage. Instructor: Ryan Fox.

Sertoma Arts Center – Course Fee: \$105
#264079 Mar 15-Apr 19 M 9:30am-12:30pm

Painting - Continuing Watercolor with Rick Bennett

Age: 16yrs. and up. This class is for intermediate or advanced artists with some experience with the basics of watercolor who are looking to expand their skills. Emphasis is on individual painting with one-on-one assistance. Topics will include use of color, demonstration of brush work, how to develop a painting and composition. Students bring their own supplies. Instructor: Rick Bennett. (6 sessions)

Pullen Arts Center – Course Fee: \$95
#267187 Mar 2-Apr 6 Tu 7:00-9:30pm
#267188 Apr 20-May 25 Tu 7:00-9:30pm

Painting - Fun with Experimental Watercolor

Age: 15yrs. and up. Learn to experiment with watercolor using a variety of techniques and alternate surfaces. Through classroom demonstrations you will learn different ways to mix paint for unique effects and textures. Each class will feature a different teacher demonstration. Beginners and experienced students welcome. Supply list available on Sertoma's webpage. Instructor: Ryan Fox.

Sertoma Arts Center – Course Fee: \$105
#264057 Mar 15-Apr 19 M 1:00-4:00pm

Painting - Impressionistic Palette Knife Painting in Acrylic

Age: 16yrs. and up. This class will be a great introduction for how to use a palette knife to achieve texture in an Impressionistic style of painting. We will be practicing different ways to use the tool to create different textures that build into a scene. Students will be taught the basics of impasto painting with Acrylic on Canvas using Gel Mediums to create different textures in the raised paint. We will touch on the use of color and space and how to achieve depth and space within the painting while also using thick paint application to bring certain objects into the foreground. This is a great class to take if you have already taken an acrylic painting class, and will teach you how to abstract objects just enough to create more interest within your work. Instructor Amanda Wilson will guide you every step of the way and be there to give in class demonstrations as well as one on one assistance. This course is great for any skill level. Supply list available on Sertoma's webpage. Instructor: Amanda Wilson.

Sertoma Arts Center – Course Fee: \$105
#264966 Mar 11-Apr 22 Th 2:30-5:00pm

Painting - Intro to Painting

Age: 16yrs. and up. This course introduces the student to the practice of painting by examining practicing the fundamental languages of painting such as color, form, composition and narrative. Comparative methods will be used to develop the foundations of a personal visual vocabulary with the aim of supporting a painting practice. Technical and theoretical issues will be discussed to form a frame of reference to serve as a reference point into painting. Class consists of slide lectures, studio time and take-home assignments. Any wet media welcome. NO experience required. Students provide supplies after first day of class. Supply list included on receipt or by calling 919-996-4895. Instructor: Peter Marin (6 sessions)

Pullen Arts Center – Course Fee: \$114
#267226 Mar 22-Apr 26 M 9:30am-12:30pm

Painting - Larry Dean's Acrylics Studio

Age: 16yrs. and up. This class is ideal for those with some acrylic experience. However, beginners are welcome. Students will bring their own projects and proceed with advice and demonstrations from the instructor. Assistance with choosing and mixing colors, composition, perspective and more will help you develop your own style of painting. Come hone your skills in this friendly, informal environment. Supply list available on Sertoma's webpage. Instructor: Larry Dean.

Sertoma Arts Center – Course Fee: \$105
#264146 Mar 16-Apr 27 Tu 6:30-9:00pm

Painting - Larry Dean's Beginning Acrylics

Age: 16yrs. and up. This true beginners class offers a gentle introduction to acrylic painting or a reintroduction to basic concepts with a focus on getting started. Students will work from their own photos, simple still-life arrangements or their imagination. Students will learn about materials, color mixing, shape and perspective. Informal lessons and paint-along demonstrations will assist as you learn at your own pace. Supply list available on Sertoma's webpage. Instructor: Larry Dean.

Sertoma Arts Center – Course Fee: \$105
#264118 Mar 15-Apr 26 M 6:30-9:00pm

Painting - Larry Dean's Studio

Age: 16yrs. and up. Students have usually taken a beginning class. Students will work on projects of their own choice. They may also bring works-in-progress. Instructions will include color mixing, shape and perspective. Topics range from selecting a subject to varnishing the finished work. Informal advice will assist as you learn at your own pace. Supply list available on Sertoma's webpage. Instructor: Larry Dean.

Sertoma Arts Center – Course Fee: \$105
#264142 Mar 16-Apr 27 Tu 1:00-3:30pm

Painting - The Art of the Landscape with Peter Marin

Age: 16yrs. and up. The Art of the Landscape is a studio painting course framed by the history of landscape painting and how the landscape has been used by artists to render ideas about modernity, discovery, manifest destiny, colonialism, beauty and most recently, how it has formed the modern idea of environmentalism. Special focus is placed on understanding how the idea of landscape shapes ideas of the contemporary environmental movement. Work is made in response to the discussions and slide lectures. Formal and theoretical issues are addressed to aid the student in achieving a defined critical thinking position as to their work. Students provide their own supplies after the first class meeting.

Pullen Arts Center – Course Fee: \$114
#267216 Mar 22-Apr 26 M 6:30-9:30pm

Painting - Tropical Sunsets in Acrylic with Amanda Wilson

Age: 16yrs. and up. Have you ever seen a beautiful ocean painting and thought to yourself, I wish I could paint like that. Guess what!? You absolutely can!! In this class you will learn how to create your very own seascapes and leave with at least one completed painting. We will cover use of color, perspective, light, value, how to create your own compositions and more. You will start with a sketch and move along during the length of the course with plenty of one on one assistance from the instructor as well as class demonstrations and mid course critiques to help you along the way. We will move from basic shape and color placement, to working with finishing details and final touches! Students are welcome to follow along with the instructors demonstrations in more of a step by step manor, or bring in a reference photograph and work more independently with the instructors guidance. This course is great for any skill level, whether you have been painting for years or have never touched a brush before you will be able to go home with something you are proud of! Supply list available on Sertoma's webpage. Instructor: Amanda Wilson.

Sertoma Arts Center – Course Fee: \$105
#264965 Mar 10-Apr 21 W 2:30-5:00pm

Painting - Watercolor Exploration with Kate Lagaly

Age: 18yrs. and up. Join Kate for 3 days of watercolor exploration. Kate will introduce techniques each morning for students to explore during work time. She will provide demonstrations throughout the day and digital handouts for extra information. Kate will circulate during work time to answer questions and provide individual assistance. Photos and drawings are available for those who wish to use them (highly recommended for students who are newer to watercolor)



or students can use their own photos and drawings. Come ready to learn and explore! Supply list available on Sertoma's webpage. Instructor: Kate Lagaly.

Sertoma Arts Center – Course Fee: \$150
#265642 Mar 1-3 M-W 9:30am-3:30pm

Painting - Workshop: Watercolor Weekend

Age: 16yrs. and up. Experience the joy of watercolor in a casual environment at Sertoma Arts Center. We will explore traditional techniques as well as some experimental techniques. Janie will demonstrate in the morning. We will break for lunch (bring your own) and we will have both of the afternoons to explore and enjoy art. Bring lots of photos, ideas and enthusiasm. Supply list available on Sertoma's webpage. Instructor: Janie Johnson.
Sertoma Arts Center Course Fee: \$120
#265853 Feb 13-14 Sa-Su 9:45am-3:30pm
#265854 Mar 20-21 Sa-Su 9:45am-3:30pm
#265855 Apr 17-18 Sa-Su 9:45am-3:30pm

Pottery - Beginning Wheel

Age: 16yrs. and up. Beginning Wheel is one of our most popular classes! Demonstrations will focus on the fundamentals of wheel-thrown pottery. Projects will teach skills such as wedging, sticking and centering clay on the wheel, use of throwing tools and basic glazing techniques. Instructors offer individual attention as skill progression is unique to each person. Students purchase clay through Pullen Arts store (approximately \$25). (7 sessions)
Pullen Arts Center – Course Fee: \$105
#267296 Mar 8-Apr 19 M 9:30am-12:00pm
#267297 Mar 10-Apr 21 W 4:00pm-6:30pm
#267298 Mar 16-Apr 27 Tu 7:00pm-9:30pm
#267299 Mar 18-Apr 29 Th 7:00pm-9:30pm

Pottery - Beginning Wheel - Small Group

Age: 16yrs. and up. Want to take beginning wheel in a smaller group setting with more one-on-one instruction? Join us for this semi-private (4 students + 1 instructor) version of our most popular class! Demonstrations will focus on the fundamentals of wheel-thrown pottery. Projects will teach skills such as wedging, sticking and centering clay on the wheel, use of throwing tools and basic glazing techniques. Instructors offer individual attention as skill progression is unique to each person. Students purchase clay through Pullen Arts store (approximately \$25). (5 sessions)
Pullen Arts Center – Course Fee: \$175
#267345 Mar 13-Apr 10 Sa 1:00-4:00pm

Pottery - Carving on Clay Surfaces

Age: 16yrs. and up. Explore the tools and techniques that will make your pottery surfaces more unique and professional. This class focuses on ways to get a more consistent look, putting ideas into practice and fine-tuning a carving style that sets your work apart! Clay slab work will be the primary format, but wheel-thrown pieces may also be used. Basic pottery tools are necessary, and additional carving tools will be suggested at the first

class. Beginning Handbuilding at Sertoma or Pullen Arts Centers is required to qualify for this class. This course does not qualify for a studio card. Instructor: Steve Karloski.

Sertoma Arts Center – Course Fee: \$65
#265542 Feb 1-22 M 7:00-9:15pm

Pottery - Creatures of Habitat

Age: 16yrs. and up. Bring all your basic handbuilding skills together to create fun and unique animals for the garden, porch or patio. This four-week course will focus on smaller wildlife forms, including frogs, fish, birds, lizards, turtles and a few insects. Explore the components that bring your favorite creatures to life. Students should bring a notebook to help with the thought and planning process. Prerequisite: Beginner Handbuilding at Sertoma or Pullen Arts Center. This course does not qualify for a studio card. Instructor: Steve Karloski.

Sertoma Arts Center – Course Fee: \$65
#265541 Apr 5-26 M 7:00-9:15pm

Pottery - Handbuilding Techniques Intro

Age: 16yrs. and up. Expand your possibilities with clay! If you can imagine it, you can build it with clay. We will cover the basics of handbuilding with clay. We will talk about the entire process of working with clay, from creating a piece to glazing and firing it. Course will include an introduction to the slab roller and other handbuilding tools. Students purchase clay through Pullen Arts store (approximately \$25). (7 sessions)

Pullen Arts Center – Course Fee: \$105
#267300 Mar 8-Apr 19 M 7:00-9:30pm
#267301 Mar 10-Apr 21 W 7:00-9:30pm

Pottery - Handbuilding: Continuing

Age: 16yrs. and up. Through a combination of demonstrations and individual work time, students will further develop their hand building skills while making distinctive pieces, including planters, unique boxes and tile. A variety of construction techniques will include soft slabs, stiff slabs and coils. Students will learn to add flair and professionalism to their pieces by adding finishing touches such as feet and handles. This class will help individuals develop and express their own unique style through clay. Prerequisite: Beginning Handbuilding class at Sertoma or Pullen Arts.

Sertoma Arts Center – Course Fee: \$110
#265537 Mar 17-Apr 28 W 9:30-11:45am
Tim Cherry instructs
#265538 Mar 17-Apr 28 W 7:00-9:15pm
Steve Karloski instructs

Pottery - Introduction to Majolica

Age: 16yrs. and up. Developed in the Middle East during the 9th century and made famous by Italian artisans, majolica is earthenware pottery with a white opaque glaze decorated with ceramic colorants brushed on top of the raw, unfired glaze. The glaze is formulated to be viscous which restricts the flow and movement of the glaze retaining most of the line quality of the decoration. In this class

we will examine historical aspects, designs of majolica and explore the process using commercial glazes & majolica colors making the techniques easy to use. Formulas for mixing your own majolica glazes/colors will be provided & discussed. If you like color and painting designs on pottery, this class is for you. This class does not qualify for a studio card at Sertoma Arts Center. Open to qualified Sertoma Arts Center potters and qualified Pullen Arts Center potters who have completed the Studio Orientation for Pullen Potters class prior to registration only. Students must be able to throw or hand build forms for decorating. Registrants will be emailed information on tools and brushes shortly after registration. Students pay glaze and color fee of \$45 at the first class to the instructor. Instructor: Randy Hinson.

Sertoma Arts Center – Course Fee: \$70
#265548 Apr 8-29 Th 9:30am-12:00pm

Pottery - Making and Using Your Own Pottery Tools

Age: 16yrs. and up. Join Tim Cherry in this four week intermediate workshop. He'll focus each week on techniques and materials to design numerous tools for forming and decorating pots. Bring your own tools and ideas and explore! Although Tim works exclusively as a handbuilder, wheel potters are welcome as well. Much of what he covers may apply to your work as well. Prerequisite: Beginning Handbuilding at Sertoma Arts Center. This workshop does not qualify you for a studio card. Instructor: Tim Cherry.

Sertoma Arts Center – Course Fee: \$65
#265540 Mar 15-Apr 5 M 9:30-11:45am

Pottery - Sagger Firing and Terra Sigillatas

Age: 16yrs. and up. Throughout history potters have worked with saggars to protect pieces from the heat and damaging impact of direct flame. In this course we will use saggars, or protective containers, to create a contained environment where the pots can be impregnated by the metallic oxides and salts, and carbon bearing organic material that surrounds them. In order to create a wonderful shiny surface on these pots we will create terra sigillatas (a very fine clay slip) that will allow the pots to be burnished and achieve a nearly glass like surface with out the addition of a glaze. Prerequisite: Beginner Wheel at Sertoma or Pullen Arts Center. Instructor: Andy McKenzie.

Sertoma Arts Center – Course Fee: \$110
#265551 Mar 9-Apr 20 Tu 9:30-11:45am

Pottery - Throwing Bigger and Taller

Age: 16yrs. and up. This class is designed to give students the required skills to begin to work with larger amounts (greater than 4 lbs.) on the potters wheel. Proper ergonomics and body position will be emphasized to help control the clay and to minimize the risk of injury. Large bowls and cylinder forms will

continued on page 24 —

be covered, as well steps to deal with the host of issues that trimming and glazing larger work presents. Prerequisite: Beginner Wheel at Sertoma or Pullen Arts Center. This class does not qualify for a studio card. Instructor: Andy McKenzie.

Sertoma Arts Center – Course Fee: \$65
#265550 Apr 9-30 F 9:30-11:45am

Pottery - Wheel Throwing: Continuing

Age: 16yrs. and up. This class is designed for those who have taken beginner wheel and need further refinement in basic throwing skills in order to progress to more challenging levels. It also serves as a refresher course for students who have previously taken throwing classes but have not thrown for some time. This is a seven-week class. Prerequisite: Beginner Wheel at Sertoma or Pullen Arts Center.

Sertoma Arts Center – Course Fee: \$110
#265546 Mar 17-Apr 28 W 7:00-9:15pm
Joan Walsh instructs
#265547 Mar 17-Apr 28 W 9:30-11:45am
Tina Granville instructs

Printmaking - Learn to Screen Print

Age: 16yrs. and up. If you want to make your own T-shirts, this is the class for you. Get your screens, ink and squeegee ready. We will cover applying emulsion, making transparencies, exposing the screen and printing techniques. You can use store-bought screens or learn how to build your own inexpensive screens. You can also print on tote bags, dish towels, paper and more. All skill levels welcome. Supply list is available on Sertoma's webpage. Instructor: Keith Norval.

Sertoma Arts Center – Course Fee: \$105
#265644 Mar 16-Apr 27 Tu 7:00-9:30pm

Pullen Arts New Studio Orientation for Studio Card Holders

Age: 16yrs. and up. This one-night studio orientation is required for participants who want to purchase a Jewelry, Pottery, or Printmaking Studio Card at Pullen Arts Center without taking a multiweek class. This option is only available for participants who have purchased Pullen or Sertoma Pottery, Printmaking or Jewelry Studio Memberships between 2015 - 2020. Completion of the orientation, which includes important safety information, is required before a studio card can be issued. Questions? Please email Pullen.Arts@raleighnc.gov. (1 session)

Pullen Arts Center – Course Fee: \$20

Pottery Studio

#267348	Mar 6	Sa	10:00-11:00am
#267349	Mar 6	Sa	11:30am-12:30pm
#267350	Mar 8	M	1:00-2:00pm
#267351	Mar 8	M	5:00-6:00pm
#267346	Mar 10	W	2:30-3:30pm
#267347	Mar 10		6:30-7:30pm

Jewelry Studio

#267352	Mar 11	Th	11:00am-12:00pm
#267353	Mar 22	M	2:00-3:00pm
#267354	Mar 26	F	1:00-2:00pm
#267355	Mar 31	W	7:00-8:00pm
#267356	Apr 5	M	2:00-3:00pm
#267357	Apr 14	W	7:00-8:00pm

Bookmaking & Printmaking Studio

#267358	Mar 8	M	7:00-8:00pm
#267359	Mar 9	Tu	10:00-11:00am

Sewing For Beginners

Age: 18yrs. and up. In this class you will complete an item of your choice. You will select a pattern, fabric and notions. Some knowledge of sewing is required. Class cost does not include materials.

Biltmore Hills Community Center – Course Fee: \$40
#267592 Feb 6-27 Sa 10:00am-12:00pm

Sewing: 101

Age: 18yrs. and up. In this class you will complete an item of your choice. You will select a pattern, fabric and notions. Some knowledge of sewing is required. Class cost does not include materials.

Biltmore Hills Community Center – Course Fee: \$40
#267573 Mar 6-27 Sa 11:00am-12:00pm

Sustainability in Art

Age: 14yrs. and up. Join us for this conservation and sustainability focused art series. On the first Wednesday evening of each month we will be crafting a new projects suitable for gift giving or sprucing up your own home. We will cover a broad range of topics from spotting and utilizing invasive plants or giving household scraps new life.

All participants under the age of 16 must be registered with an adult.

Thomas G Crowder Woodland Center – Course Fee: \$12
#263970 Feb 10 W 6:00-8:00pm
#263971 Mar 3 W 6:00-8:00pm
#263972 Apr 7 W 6:00-8:00pm

Wednesday Night Social Ballroom Dance

Age: 18yrs. and up. Do you need a date night? Want to get out of the house and connect with old friends and make new ones? You are invited to check out the Pullen Park Wednesday Night Social Ballroom Dance at Pullen Community Center. Dancers meet every Wednesday night to enjoy and dance to live ballroom music. Some of the popular dances are fox-trot, waltz, swing and Latin. Fee is \$8 per person per week. First-time dancers get in for free!

Pullen Community Center – Course Fee: \$8
#261985 Feb 3 W 7:00-9:30pm
#261986 Feb 10 W 7:00-9:30pm
#261987 Feb 17 W 7:00-9:30pm
#261988 Feb 24 W 7:00-9:30pm
#261989 Mar 3 W 7:00-9:30pm
#261990 Mar 10 W 7:00-9:30pm
#261991 Mar 17 W 7:00-9:30pm
#261992 Mar 24 W 7:00-9:30pm
#261993 Mar 31 W 7:00-9:30pm
#261994 Apr 7 W 7:00-9:30pm
#261995 Apr 14 W 7:00-9:30pm
#261996 Apr 21 W 7:00-9:30pm
#261997 Apr 28 W 7:00-9:30pm

Senior

Drawing: Drawing with Ink

Age: 18yrs. and up. Students will focus on learning brush/ink and pen/ink techniques. You will experiment with contour, hatching, cross-hatching, stippling and textures. You will learn how to incorporate these techniques in your still-life drawings of natural and man-made objects. Master drawings will be referenced. Supply list provided upon registration. Instructor Susan Soper.

Five Points Center for Active Adults – Course Fee: \$50
#267208 Feb 5-26 F 9:30am-12:00pm

Drawing: Fundamentals of Perspective

Age: 18yrs. and up. This class introduces one point, two point and aerial perspective to students who would like to create a sense of depth in their work. Subject matter will include geometric forms from still life studies, architectural structures and the theme of landscape. No prior experience in drawing is needed, as this course will help both beginning and advanced students who have an interest in improving their drawing skills.

Instructor: Tracie Fracasso
Green Road Community Center – Course Fee: \$90
#267192 Feb 19-Mar 26 F 10:00am-1:00pm

Drawing: Introduction, Part 2

Age: 18yrs. and up. This class is for students who have taken a basic drawing class. Students will explore surface textures and composition. Materials may include pencil, Sharpie, charcoal, ink, or conte. A supply list will be provided upon registration. Course content varies with instructor. Instructor: Tracie Fracasso

Five Points Center for Active Adults – Course Fee: \$60
#266742 Feb 19-Mar 26 F 2:00-4:00pm

Drawing: Value Drawing

Age: 18yrs. and up. Do you want to explore the use of value in your drawing? In this class, we will draw natural and man-made objects from life using charcoal, learning as we go how to break drawings down into three or more values. Master drawings will be referenced. Supply list provided upon registration. Instructor: Susan Soper.

Five Points Center for Active Adults – Course Fee: \$50
#267209 Mar 5-26 F 9:30am-12:00pm

Mixed Media and Collage

Age: 18yrs. and up. In this class, the focus is on experimentation and the creative process. Students will study the history of collage/mixed media including the contemporary art of today. The instruction will be either directed or based on each individual student's visual preferences and materials. Materials, best practices, technical and archival issues relevant to created works will also be discussed. Materials for this class are the student's preference. Quality supports (paper, canvas) and a variety of media are encouraged. Supplies list provided upon registration. Instructor: Tracie Fracasso

Five Points Center for Active Adults – Course Fee: \$60
#266774 Apr 9-30 F 1:00-4:00pm
Green Road Community Center – Course Fee: \$60
#266850 Apr 9-30 F 10:00am-1:00pm



Painting: Acrylic & Oil

Age: 18yrs. and up. This basic painting class for both acrylic and oil painters is open to all levels. Topics include: how to handle, mix and apply paint; to break down complicated subjects into basic shapes; composition, proportion and how to create form using value and color. Students may work from still lifes, photos or copy old masters paintings. Supply list provided upon registration. Instructor: Tracie Fracasso

Five Points Center for Active Adults – Course Fee: \$60
#266700 Mar 30-Apr 20 Tu 1:00-4:00pm
#266701 Feb 2-23 Tu 1:00-4:00pm
#266702 Mar 2-23 Tu 1:00-4:00pm

Painting: Acrylic Intermediate

Age: 18yrs. and up. This class will focus on application, value placement, color harmony, and composition. The class will combine a structured approach to a still life for the first three sessions. The last three sessions of the class will focus on the theme of landscape of the student's choice. Students are welcome to bring personal reference photos and work on individual projects. Students who need structure are encouraged to work from an assignment provided by the instructor. This class is geared for those who have had prior painting experience with Acrylics and want to have studio time to paint. Instructor: Nancy Carly
Five Points Center for Active Adults – Course Fee: \$120
#267198 Mar 1-Apr 19 M 9:30am-12:30pm

Painting: Acrylic and Oil Still Life

Age: 18yrs. and up. This class is open to everyone from absolute beginners to seasoned painters. This is a basic painting class for both acrylic and oil painters. Students will learn to handle, mix and apply paint. Students will learn to render an object's correct proportions and create the impression of form in 2D using value. They will also study composition. Students may select their own subject/props. Supplies list provided upon registration. Instructor: Tracie Fracasso
Five Points Center for Active Adults – Course Fee: \$60
#266841 Feb 2-23 Tu 1:00-4:00pm

Painting: Oil, Advanced

Age: 18yrs. and up. This course is for those who have experience with oil painting and wish to further their knowledge and technical skills. Topics include architectural references in a landscape, creating a dynamic composition, and color harmony with a defined focal point. Students are encouraged to develop a personal style and interpretation for the subject matter from which they work. Instructor: Nancy Carly
Five Points Center for Active Adults – Course Fee: \$120
#267207 Mar 1-Apr 19 M 1:30-4:30pm

Watercolor: Exploring the Landscape

Age: 18yrs. and up. This class provides an ongoing opportunity for students to paint in watercolor. Students should have had an introduction to watercolor and are familiar with working with transparent washes. Focus will be on the color and design of the composition with demonstration using the theme of Landscapes. The characteristics of Realism versus Abstraction will be addressed in this course as part of creating a personal response to subject matter. Students should plan to bring in their personal photo references. Providing a photo in black and white as well as color is helpful in planning value placement in the composition. Instructor: Nancy Carly
Abbotts Creek Community Center – Course Fee: \$90
#267195 Feb 23-Mar 30 Tu 10:00am-1:00pm

Watercolor: Introduction

Age: 18yrs. and up. This class will introduce the basics of watercolor, including: types of paper; use of brushes; use of flat wash, graded wash, wet on wet and dry on dry as part of using watercolor as a medium; basic still life, landscape, and nature; composition of the page; value placement; and color theory. Instructor: Nancy Carly
Five Points Center for Active Adults – Course Fee: \$90
#267194 Mar 10-Apr 14 W 1:00-4:00pm

Family

A Taste of Art at Lions

Age: 16yrs. and up. Taste of the Arts at Lions Park celebrates and supports the rich diversity of arts and cultural experiences in our community. The monthly class will highlight a specific art form each class and is open to all.
Lions Park Community Center – Course Fee: \$15

February- Photo Scrap it Art

#267038 Feb 20 Sa 10:30-11:30am
#267039 Mar 20 Sa 10:30-11:30am
#267040 Apr 17 Sa 10:30-11:30am

Fibers - Sandy Creek Weavers Community Residency

Age: All Ages. For a Community Residency we are aware that most people know very little about weaving. Not often do people have an opportunity to observe a weaver at work or to see an exhibit entirely made up of woven objects, or perhaps more importantly to sit at a loom and make it work. We intend to change all that. Sandy Creek Weavers have woven with over 180,000 adults, in hospitals, arts councils, cancer centers, church's, and mini camps creating large tapestries on the 300-year-old floor loom which incorporates items of sentimental value woven into the weaving by the community members. The weaving becomes 'A Fabric Time Capsule' representing the time in history of the community. The tapestry is also left for permanent display. Participants are encouraged to bring an item that represents who they are at this time in their life or an

item that represents what Sertoma Arts Center means to you. Participants are welcome to create individual weaving projects as well. Victoria Sowers from Sandy Creek Weavers will supervise and instruct. Drop in times listed below. Community Weaving Project Monday-Friday: 10am-2pm and 6pm-8pm Individual Weaving Project Monday-Tuesday: 9am-10am and 2pm-3pm

Sertoma Arts Center

Community Weaving Project

#265420 Mar 22-26 M-F 10:00am-2:00pm
#265421 Mar 22-23 M-Tu 9:00-10:00am
#265446 Mar 22-26 M-F 6:00-8:00pm
#265447 Mar 22-23 M-Tu 2:00-3:00pm

Greeting Card Creations

Age: 8yrs. and up. Enjoy creating your own greeting cards, with that special personalised and unique touch. During the session participants will make cards covering a range of techniques from stamping, embossing, peel offs, punches, colouring, using templates, pattern papers, to learning different types of folds and much more.

Worthdale Community Center

– Course Fee: \$10
#266909 Feb 1 M 6:30-7:30pm
#266910 Feb 8 M 6:30-7:30pm

Juggling for Genius

Age: 10yrs. and up. Join an activity that has been shown to increase brain mass. Juggling can trigger the non dominant side of the brain, which can make you smarter and able to focus more. This course is a great stress reliever and excellent for students during test-taking time. This course is free.

Method Road Community Center

#266073 Feb 1-22 M 6:30-8:00pm
#266074 Mar 1-29 M 6:30-8:00pm
#266075 Apr 5-26 M 6:30-8:00pm

Spring Egg Decorating

Age: 3yrs. and up. Springtime is here again! Join us at Sanderford Road Center to make fun and colorful decorative eggs with your family. Come one, come all!

Sanderford Road Park

#267835 Apr 1 Th 5:00-6:00pm

Valentine Card Making at Kiwanis

Age: All Ages. What says 'I Love You' more than a handmade card to your Valentine? Join us at Kiwanis Park for drop-in Valentine Card Making. We will provide the supplies you need to make a special card for your special someone. All ages are welcome. Pre-registration is encouraged but not required.

Kiwanis Park

– Course Fee: \$5
#266504 Feb 12 F 10:00am-12:00pm
#266505 Feb 12 F 3:00-5:00pm



Sandy Creek Weavers Community Residency

For a Community Residency we are aware that most people know very little about weaving. Not often do people have an opportunity to observe a weaver at work or to see an exhibit entirely made up of woven objects, or perhaps more importantly to sit at a loom and make it work. We intend to change all that.

Sandy Creek Weavers have woven with over 180,000 adults, in hospitals, arts councils, cancer centers, church's, and mini camps creating large tapestries on the 300-year-old floor loom which incorporates items of sentimental value woven into the weaving by the community members. The weaving becomes 'A Fabric Time Capsule' representing the time in history of the community. The tapestry is also left for permanent display. Participants are encouraged to bring an item that represents who they are at this time in their life or an item that represents what Sertoma Arts Center means to you. Participants are welcome to create individual weaving projects as well. Victoria Sowers from Sandy Creek Weavers will supervise and instruct. Drop in times listed below.

COMMUNITY WEAVING PROJECT

March 22-26, Monday-Friday: 10am-2pm and 6pm-8pm

INDIVIDUAL WEAVING PROJECT

March 22-26, Monday-Tuesday: 9am-10am and 2pm-3pm



Athletics Teams/Leagues

Athletics Programs

athletics@raleighnc.gov
919-996-6836

Athletic Program Director

Jason Simpson
jason.simpson@raleighnc.gov

Athletic Program Managers

Toni Moyer
toni.moyer@raleighnc.gov

Ryan Ryba
ryan.ryba@raleighnc.gov

Jason Clemons
jason.clemons@raleighnc.gov

Athletic Program Assistant Manager

Raven Johnson
raven.johnson@raleighnc.gov

The Athletics Program is dedicated to providing quality athletic competition, instruction, and participation for youth and adults through camps, clinics, and leagues. The Youth Athletics Program caters to children ages 5-17 and offers numerous benefits from playing in organized sports. Youth sports, sponsored by the Raleigh Parks Recreation and Cultural Resources Department, provide the opportunity for boys and girls to learn good sportsmanship and progressively develop skills. The Adult Athletics Program makes available a great opportunity to stay active, engage in social interaction and community involvement while providing a safe, fun, family atmosphere. The Raleigh Parks, Recreation and Cultural Resources Department continues to recruit people that are interested in scorekeeping and coaching for both youth and adult programs.

Note that Athletic League registration does not follow the standard registration period. Please visit www.parks.raleighnc.gov for athletic league registration forms. Registration periods and locations are indicated in each program/league description. For additional information please call 919-996-6836.

Youth

Biltmore Hills Spring Youth Basketball League

This league is designed for 10-12 year olds and 13-15 year olds. Team and Individual registrations are accepted. Jerseys are not included. Games will be played on Saturday beginning in April. Registration begins February 22 through March 14.

Biltmore Hills Community Center – Course Fee: \$30
10-12 yrs

#267594 Apr 6-May 29 Tu, Sa 6:00-8:00pm

13-15 yrs.

#267598 Apr 8-May 29 Th, Sa 6:00-8:00pm

Girls Spring Softball

Age: 10-17 yrs. Youth Girls Spring Softball registration is February 1-12 (or until filled). The Girls Softball League is a way for youth to learn the fundamentals of softball and to teach positive sportsmanship. Modified Pitch is offered for Girls (10-12) and Fast Pitch is offered for Girls (13-17). This league does keep score and records wins and losses. Volunteer coaches are needed who enjoy softball, want to teach youth, and to help develop league participants' skills and knowledge of softball. League Age is determined by participant's age on August 31, 2020. For more information please go to: www.raleighnc.gov. The fee is \$40 for Raleigh Residents or \$55 for Non-Raleigh Residents.

Optimist Community Center (Modified)

#266612

Buffaloe Road Athletic Park (Fastpitch)

#266613

Mini Girls Softball

Age: 7-9 yrs. This league is for girls ages 7-9 years old who are looking to learn the basic fundamentals of the sport of softball as well as learn good sportsmanship. Registration is February 1-12 (or until filled). Cost will be \$40 for Raleigh Residents and \$55 for Non-Raleigh Residents. Players age will be determined with an age as of date by August 31, 2020. Practices and games will take place at Lions Park.

Lions Park Community Center – Course Fee: \$40

#266982

Spring Youth NFL Flag Age 5-7 (COED)

Age: 5-7 yrs. The Athletics Division is offering youth flag football for ages 5-7. Open registration is February 1-12. Registration may be left open pending number of available spots. League age as of date is August 31, 2020. Fee is \$40 for Raleigh residents and \$55 for non-Raleigh residents. Practices will begin tentatively in July and can be anytime Monday-Friday, 6pm-8pm, Saturday, 9am-3pm, and Sunday, 1pm-6pm. Games will be played on Saturdays, tentatively, starting in April. Registration will be conducted at all local Raleigh Community Centers and online. Please check with your

continued on page 28—

local Community Center for hours of operation. For more information please contact the Athletics Program at 919-996-6836 or email athletics@raleighnc.gov.

- Brier Creek Community Center (District 1)**
#266946 Mar 8-May 29
- Lions Park Community Center (District 2)**
#266947 Mar 8-May 29
- Jaycee Community Center (District 3)**
#266948 Mar 8-May 29
- Chavis Community Center (District 4)**
#266949 Mar 8-May 29

**Spring Youth NFL Flag
Age 8-10 (COED)**

Age: 8-10 yrs. The Athletics Division is offering youth flag football for ages 8-10. Open registration is February 1-12. Registration may be left open pending number of available spots. League age as of date is August 31, 2020. Fee is \$40 for Raleigh residents and \$55 for non-Raleigh residents. Practices will begin tentatively in July and can be anytime Monday-Friday, 6pm-8pm, Saturday, 9am-3pm, and Sunday, 1pm-6pm. Games will be played on Saturdays, tentatively, starting in April. Registration will be conducted at all local Raleigh Community Centers and online. Please check with your local Community Center for hours of operation. For more information please contact the Athletics Program at 919-996-6836 or email athletics@raleighnc.gov.

- Brier Creek Community Center (District 1)**
#266958 Mar 8-May 29
- Lions Park Community Center (District 2)**
#266959 Mar 8-May 29
- Jaycee Community Center (District 3)**
#266960 Mar 8-May 29
- Chavis Community Center (District 4)**
#266961 Mar 8-May 29

**Spring Youth Flag
Age 11-13 (COED)**

Age: 11-13 yrs. The Athletics Division is offering youth flag football for ages 11-13. Open registration is February 1-12. Registration may be left open pending number of available spots. League age as of date is August 31, 2020. Fee is \$40 for Raleigh residents and \$55 for non-Raleigh residents. Practices will begin tentatively in July and can be anytime Monday-Friday, 6pm-8pm, Saturday, 9am-3pm, and Sunday, 1pm-6pm. Games will be played on Saturdays, tentatively, starting in April. Registration will be conducted at all local Raleigh Community Centers and online. Please check with your local Community Center for hours of operation. For more information please contact the Athletics Program at 919-996-6836 or email athletics@raleighnc.gov.

- Brier Creek Community Center (District 1)**
#266954 Mar 8-May 29
- Lions Park Community Center (District 2)**
#266956 Mar 8-May 29
- Jaycee Community Center (District 3)**
#266957 Mar 8-May 29
- Chavis Community Center (District 4)**
#266955 Mar 8-May 29

Spring Youth Soccer

Age: 4-4 yrs. Our Youth Soccer Leagues are for boys and girls ages 4-8 of all skill levels. These leagues are intended to promote the interest in soccer among young athletes and teach the fundamentals and rules of the sport. All teams are coached by trained and certified volunteer coaches. Participants will experience playing in a team sport, with an emphasis on sportsmanship, fair play and fostering a love for the game. Leagues are offered to children ages 4-8; league age is determined by August 31 of the current year. Practices will start in March and may be one weeknight and Saturdays, games start in April and will be held on Saturdays through May. Games and practices will be played in the North and West Raleigh areas. Registration fee is \$55 for Raleigh residents and \$70 for non-Raleigh residents and will begin in January at your local community center and online.

- U4 Co-ed - Dix Park** - Course Fee: \$55
#265476 Mar 6-Jun 12 Sa 9:00am-3:00pm
#265479 Mar 6-Jun 12 Sa 9:00am-3:00pm
#265481 Mar 6-Jun 17 Sa, M-Th 9:00am-3:00pm
- U4 Co-ed - Dix Park** - Course Fee: \$70
#265476 Mar 6-Jun 12 Sa 9:00am-3:00pm
#265479 Mar 6-Jun 12 Sa 9:00am-3:00pm
#265481 Mar 6-Jun 17 Sa, M-Th 9:00am-3:00pm
- U4 Co-ed - Williams Park** - Course Fee: \$55
#265467 Mar 6-Jun 12 Sa 9:00am-3:00pm
#265470 Mar 6-Jun 13 Sa-Su 9:00am-3:00pm
#265475 Mar 6-Jun 17 Sa-Th 9:00am-3:00pm
- U4 Co-ed - Williams Park** - Course Fee: \$70
#265467 Mar 6-Jun 12 Sa 9:00am-3:00pm
#265470 Mar 6-Jun 13 Sa-Su 9:00am-3:00pm
#265475 Mar 6-Jun 17 Sa-Th 9:00am-3:00pm

**Youth Baseball - Spring TBall
(5-6)**

Youth T-Ball (ages 5-6) Baseball registration is February 1-12th, 2021. The T-Ball Baseball League is a way for youth to learn the fundamentals of baseball and to teach positive sportsmanship. This league does not keep score or record wins and losses. Volunteer coaches are needed who enjoy baseball, want to teach youth, and to help develop league participants' skills and knowledge of baseball. League Age is determined by participant's age on August 31, 2020. For more information please go to: www.raleighnc.gov. The fee is \$40 for Raleigh Residents or \$55 for Non-Raleigh Residents.

- District 1** - #267275
- District 2** - #267276
- District 3** - #267277
- District 4** - #267278

**Youth Baseball - Spring Pinto
(7-8)**

Youth Pinto (ages 7-8) Baseball registration is February 1-12th, 2021. The Pinto Baseball League is a way for youth to learn the fundamentals of baseball and to teach positive sportsmanship. This league does not keep score or record wins and losses. Volunteer coaches are needed who enjoy baseball, want to teach youth, and to help develop league participants' skills

and knowledge of baseball. League Age is determined by participant's age on August 31, 2020. For more information please go to: www.raleighnc.gov. The fee is \$40 for Raleigh Residents or \$55 for Non-Raleigh Residents.

- District 1** - #267261
- District 2** - #267262
- District 3** - #267263
- District 4** - #267264

**Youth Baseball - Spring Mustang
(9-10)**

Youth Mustang (ages 9-10) Baseball registration is February 1-12, 2021. The Mustang Baseball League is a way for youth to learn the fundamentals of baseball and to teach positive sportsmanship. This league does keep score and records wins and losses. Volunteer coaches are needed who enjoy baseball, want to teach youth, and to help develop league participants' skills and knowledge of baseball. League Age is determined by participant's age on August 31, 2020. For more information please go to: www.raleighnc.gov. The fee is \$40 for Raleigh Residents or \$55 for Non-Raleigh Residents.

- District 1** - #267212
- District 2** - #267213
- District 3** - #267214
- District 4** - #267215

**Youth Baseball - Spring Bronco
(11-12)**

Youth Bronco (ages 11-12) Baseball registration is February 1-12, 2021. The Bronco Baseball League is a way for youth to learn the fundamentals of baseball and to teach positive sportsmanship. This league does keep score and records wins and losses. Volunteer coaches are needed who enjoy baseball, want to teach youth, and to help develop league participants' skills and knowledge of baseball. League Age is determined by participant's age on August 31, 2020. For more information please go to: www.raleighnc.gov. The fee is \$40 for Raleigh Residents or \$55 for Non-Raleigh Residents.

- District 1** - #267202
- District 2** - #267203
- District 3** - #267204
- District 4** - #267205

**Youth Baseball - Spring Pony
(13-14)**

Youth Pony (ages 13-14) Baseball registration is February 1-12th, 2021. The Pony Baseball League is a way for youth to learn the fundamentals of baseball and to teach positive sportsmanship. This league does keep score and records wins and losses. Volunteer coaches are needed who enjoy baseball, want to teach youth, and to help develop league participants' skills and knowledge of baseball. League Age is determined by participant's age on August 31, 2020. For more information please go to: www.raleighnc.gov. The fee is \$40 for Raleigh Residents or \$55 for Non-Raleigh Residents.

- District 1/3** - #267269
- District 2/4** - #267270



Youth Baseball - Spring Colt (15-17)

Youth Colt (ages 15-17) Baseball registration is February 1-12, 2021. The Colt Baseball League is a way for youth to learn the fundamentals of baseball and to teach positive sportsmanship. This league does keep score and records wins and losses. Volunteer coaches are needed who enjoy baseball, want to teach youth, and to help develop league participants' skills and knowledge of baseball. League Age is determined by participant's age on August 31, 2020. For more information please go to: www.raleighnc.gov. The fee is \$40 for Raleigh Residents or \$55 for Non-Raleigh Residents. **City Wide - #267211**

Youth Lacrosse

Registration is scheduled for January 11th through 29th, 2021. Raleigh Parks, Recreation and Cultural Resources Athletics Division in conjunction with the North Carolina Lacrosse Academy offers Youth LAX for boys grades 2nd through 8th. Registration can be done online at reclink.raleighnc.gov. Practices and games will be primarily held at Jaycee Community Center & Buffalo Road Athletic Park. Game and practice days will vary, but expect to practice and play two weekdays and on Saturday. The fee is \$75 for Raleigh Residents or \$90 for Non-Raleigh Residents. **Grades 2nd-4th - #267199**
Grades 5th-6th - #267200
Grades 7th-8th - #267201

Youth Volleyball

Age: 7 - 15. Are you looking to BUMP, SET and ROTATE into a new sport? Then sign up for fun with District 1 sponsored youth volleyball. This Fall league will give participants the opportunity to be introduced, prepare and practice their skills. Registration is Feb. 1 - until full. Registration will remain open, if needed, until league requirements are met, if

space is still available. League practices will not start until March and games will be played in April – First of June. League age is determined by the participant's age as of August 31st, 2020. Games will be held at Optimist Community Center and practice will be held at Optimist. Dates and times of practice and play will be determined after registration numbers are in.

Optimist Community Center – Course Fee: \$65
Ages 7 – 9 #256870
Ages 10 – 12 #256869
Ages 13 – 15 #256868

Adult

Adult Baseball

The Athletics Division will be holding registration for the Adult Baseball League on March 1-5, 2021. Registration will be taken online or in person at 2401 Wade Ave. Raleigh 27607 from 8:30am-5:15pm Monday-Friday. For more information please contact (919) 996-6836. Individuals who are not a part of a team will need to contact City of Raleigh Athletics at 919-996-6836 to be placed on our Free Agent list. Registration is for teams only and team fee is \$600. **City Wide - #255050**

Adult Kickball

The Athletics Division will be holding registration for the Spring Adult Kickball league on March 8-12. Registration will be taken online or in person at 2401 Wade Ave. Raleigh 27607 from 8:30am-5:15pm Monday-Friday. For more information please contact (919) 996-6836. Individuals who are not a part of a team will need to contact City of Raleigh Athletics at 919-996-6836 to be placed on our Free Agent list. Registration is for teams only. **Lions Park (Mon/Wed League)**
#267844 Mar 15-Jun 16
Lions Park (Tues/Thurs League)
#267845 Mar 16-Jun 17

Sand Volleyball - Spring League at Jaycee

Age: All Ages. Spring into the warmer weather with Sand Volleyball at Jaycee. Team registration only: 6-person, 4-person, 3-person and doubles. Leagues will play mid March-April at Jaycee Park. Registration is limited based on dates of play. Registration dates: February 22- March 5, 2021.

Jaycee Community Center
Sand Volleyball-Spring Doubles Coed Intermediate
Course Fee: \$50
#266455 Mar 16-May 4 Tu 6:30-10:30pm
Sand Volleyball- Spring 3 Person Intermediate
Course Fee: \$60
#266453 Mar 18-May 6 Th 6:30-10:30pm
Sand Volleyball-Spring 4 Person Coed Intermediate
Course Fee: \$70
#266456 Mar 16-May 4 Tu 6:30-10:30pm
Sand Volleyball-Spring 6 Person Coed Beginner
Course Fee: \$80
#266454 Mar 18-May 6 Th 6:30-10:30pm

Spring Adult Slow-Pitch

Age: 18 yrs. and up. The Athletics Division will be holding registration for Adult Spring Softball from Monday, February 15th through Friday, February 19th either online or in person at the Wade Avenue Building (2401 Wade Ave.) from 8:30am- 5pm for participants ages 18 and up. Registration will be taken for Men's and Women's Open Leagues, Church and Coed. Registration is a team fee of \$500 (includes tournament entry for all teams) with a Non Raleigh Resident fee of \$24 per player. Plan to begin the week of April 5th. Each team will receive a 12-game season. The single elimination tournament will begin at the end of the regular season games.

Men's Open #267818
Women's Open #267819
Co-Ed #267820
Church #267821



Educational



Preschool

Let's Ride! An Introduction to Bike Riding

Age: 3-5 yrs. Sign your child up for this introduction to bike riding using Strider Balance Bikes. Taught by Certified Strider Bike Instructors, this class will teach the basics of balancing and moving on a bike independently, while preparing them to start pedaling by the end of the series. Participants should come wearing comfortable clothes for biking (including athletic shoes). A helmet will be provided to all registrants for them to keep. Class will be held indoors. Parents should plan to stay for the entire class.

Abbots Creek Community Center – Course Fee: \$40
#266665 Feb 3-24 W 4:00-5:30pm

Little Learners Preschool Program

Age: 3-5 yrs. Little Learners is an interactive preschool program for ages 3-5. The students will engage in developmentally appropriate educational activities such as arts and crafts, music, imaginative play, group games and stories. Activities will be geared to develop and enhance their social, emotional, fine and gross motor skills. This is the ideal program for your child to learn, grow, and make new

friends in a fun and safe environment. Our goal is to create an environment that will nurture positive character, development and an excitement for learning. Little Learners runs September through May. Participants must be toilet-trained; no diapers or pull-ups. All children will need to bring a snack and drink each day.

Greystone Community Center – Course Fee: \$216
#267670 Feb 1-26 M, W, F 9:15am-12:15pm
Course Fee: \$252
#267671 Mar 1-31 M, W, F 9:15am-12:15pm
Course Fee: \$216
#267672 Apr 5-30 M, W, F 9:15am-12:15pm

TKD-Tiny Tigers

Age: 3-6 yrs. A blend of traditional and modern training gives student a strong understanding and foundation. This program increases flexibility, creates speed and explosion, improves reaction time, improves balance and coordination, agility and core strength. It also aids discipline, self service, respect, integrity, self-control, self-worth, courtesy, loyalty, and honor.

Biltmore Hills Community Center – Course Fee: \$40
#267513 Feb 1-24 M, W 6:30-7:00pm
#267514 Mar 1-31 M, W 6:30-7:00pm
#267515 Apr 5-28 M, W 6:30-7:00pm

Youth

Afterschool STEM Club

Age: 6-12 yrs. Description: Did you know that STEM (science, technology, engineering, and math) related jobs are growing faster than any other profession? If your child enjoys hands-on learning and getting to interact with a variety of cool science materials, we have a program they are sure to love. Join us as we explore the world of STEM through hands-on discovery and exploration. Each class will have a different STEM theme centered around a unique and fun activity.

Eastgate Park – Course Fee: \$60
#266386 Feb 3-Mar 10 W 4:00-5:00pm

Millbrook Exchange Community Center – Course Fee: \$60
#266385 Feb 2-Mar 9 Tu 4:00-5:00pm

Know Money...

Age: All Ages. Financial literacy for kids is the knowledge, skills and motivation that will best prepare children to achieve their personal financial and life goals. So where do we start? When dealing with financial literacy for kids, you need to start with the basics.

Sanderford Road Park
#267837 Jan 26-Mar 4 Tu, Th 6:00-7:00pm

MATHMATTERS Elementary Tutoring Age: 8-12 yrs. This Academy focus

s on providing tutoring to community youth and assisting in improving overall mathematics mastery and skills for students grades 3rd-12th. MATHMATTERS Academy is 100% face to face onsite tutoring. Tutors are assigned to small groups. The objectives are to provide supplementary academic assistance to classroom instruction while working on mastery of grade level appropriate math content and interactive learning as connectors.

Biltmore Hills Community Center
#267621 Feb 1-Mar 10 M, W 6:00-7:30pm
#267622 Mar 22-Apr 28 M, W 6:00-7:30pm

Pi Day at Pullen

Age: 1-18 yrs. Learn about Pi and numbers through a variety of fun activities at Pullen Parkamusements and Pullen Community Center. Enjoy crafts, games, a scavenger hunt and even a chance to ipii a teacher in the face! Enter competitions for a chance to win cool prizes.

Pullenamusements
#266920 Mar 14 Su 12:00-5:00pm

Saturday Science for Kids

Age: 6-10 yrs. Get into some science fun Saturday afternoons with hands-on science projects. Different themes each month. Learn and play at Peach Road Park.

Peach Road – Course Fee: \$3
#267060 Feb 13 Sa 3:30-4:30pm
#267061 Mar 20 Sa 3:30-4:30pm
#267062 Apr 17 Sa 3:30-4:30pm

Science in Candy

Age: 6-12 yrs. Candy is sweet and science can be too! We will use several of your favorite type of candy to conduct science experiments. We will also use science to make candy!!! Make sure you register, space is limited.

Marsh Creek Park – Course Fee: \$10

#264208 Feb 6 Sa 10:00am-12:00pm
#264209 Apr 3 Sa 10:00am-12:00pm

Youth Reading, Writing and Math

Age: 5-13 yrs. Julia's School work with children with the development of life skills. Reading, Writing, Math and Manners are essential for the fundamental development of young people. The school emphasizes the three L's (listen, learn and laugh). Registration for this program will be taken on site at the Tarboro Road Community Center.

Tarboro Road Community Center

#264686 Feb 14 Su 2:30-4:30pm
#264687 Mar 14 Su 2:30-4:30pm
#264688 Apr 11 Su 2:30-4:30pm

Teen

MATHMATTERS Middle/High School Tutoring

Age: 11-14 yrs. This Academy focuses on providing tutoring to community youth and assisting in improving overall Mathematics mastery and skills for students grades 3rd-12th. MATHMATTERS Academy is 100% face to face onsite tutoring. Tutors are assigned to small groups. The objectives are to provide supplementary academic assistance to class room instruction while working on mastery of grade level appropriate math content and interactive learning as connectors.

Biltmore Hills Community Center

Middle Session 1

#267623 Feb 1-Mar 10 M, W 6:00-7:30pm
#267624 Mar 22-Apr 28 M, W 6:00-7:30pm
#267625 Feb 1-Mar 10 M, W 6:00-7:30pm
#267626 Mar 22-Apr 28 M, W 6:00-7:30pm

Adult

A Love Affair With My Hair - Natural Hair Workshop Series

Age: 13yrs. and up. Are you a newly transitioned natural or considering embarking upon this journey? If yes, then this workshop is for you. We will discuss tips on how to maintain growth, deep conditioning techniques, and styles that prevent hair breakage.

Green Road Community Center – Course Fee: \$5

#263146 Feb 8 M 6:30-7:30pm
#263147 Mar 8 M 6:30-7:30pm
#263148 Apr 12 M 6:30-7:30pm

Birds - Raleigh-Durham Caged Bird Society

Age: 18yrs. and up. The Raleigh-Durham Caged Bird Society educates the public on the care of caged birds, addresses avicultural concerns and encourages the conservation of avian species. The society meets the 3rd Sunday of each month. No registration necessary.

Jaycee Community Center – Course Fee: \$1

#266363 Feb 21 Su 1:00-5:00pm
#266364 Mar 21 Su 1:00-5:00pm
#266365 Apr 18 Su 1:00-5:00pm
#266366 May 16 Su 1:00-5:00pm

Bridge 101

Age: 18yrs. and up. If you are new to bridge or just want to brush up on the basics, this class is for you. Topics include etiquette, rank of suits and counting points, opening bids and responding, raising your partner, preemptive bids, the overcall, scorekeeping, game points, double and the finesse. Conventions to be covered include the Better Minor, Short Club, Blackwood, Gerber and Stayman.

Sessions are hands-on and accompanied by a syllabus. Please preregister for this class. Please note that there are two beginner level classes, an intermediate level class, and an intermediate- 'advanced play' class being offered. The 'advanced play' class is intended for participants who are experienced bridge players or who have previously taken the beginner and intermediate classes.

Pullen Community Center – Course Fee: \$35

Beginner Bridge Classes

#261954 Jan 4-Feb 15 M 2:00-4:00pm
#261955 Mar 1-Apr 5 M 2:00-4:00pm
#261956 Mar 3-Apr 7 W 10:00am-12:00pm

English as a Second Language (ESL) - Clases de Inglés

Age: 18yrs. and up. Ready to thrive in the community by learning to speak English and understand American culture? Classes are taught in a fun and welcoming environment for non-English-speaking adults. Listo para prosperar en la comunidad aprendiendo a hablar inglés y a entender la cultura estadounidense? Las clases se imparten en un ambiente divertido y que le dan la bienvenida a los adultos que no hablan inglés.

Abbotts Creek Community Center

#265561 Feb 1-22 M 6:30-8:00pm
#265562 Mar 8-29 M 6:30-8:00pm
#265563 Apr 5-26 M 6:30-8:00pm

Biltmore Hills Community Center

#265564 Feb 4-25 Th 7:00-8:30pm
#265565 Mar 4-25 Th 7:00-8:30pm
#265566 Apr 1-22 Th 7:00-8:30pm

Brier Creek Community Center

#265567 Feb 3-24 W 7:00-8:30pm
#265568 Mar 10-31 W 7:00-8:30pm
#265569 Apr 7-28 W 7:00-8:30pm

Chavis Community Center

#265570 Feb 6-27 Sa 11:30am-1:00pm
#265571 Mar 6-27 Sa 11:30am-1:00pm
#265572 Apr 3-24 Sa 11:30am-1:00pm

Green Road Community Center

#265573 Mar 6-Apr 10 Sa 11:30am-1:00pm

Method Road Community Center

#265574 Mar 4-Apr 8 Th 6:30-8:00pm

Peach Road

#265575 Feb 2-23 Tu 6:30-8:00pm
#265576 Mar 2-23 Tu 6:30-8:00pm
#265577 Apr 6-27 Tu 6:30-8:00pm

Ralph Campbell Community Center

#265578 Feb 3-24 W 1:00-2:30pm
#265579 Mar 10-31 W 1:00-2:30pm
#265580 Apr 7-28 W 1:00-2:30pm

Film and Acting Basics

Age: 18yrs. and up. Join Artist Christopher Terrell with his award-winning Industry Experts and your Abbotts Creek family for these unique explorations through film and acting basics. Register for all workshops in the series or just the ones that interest you! Basic Acting will cover screen acting, timing/line delivery, what casting directors look for, and how to build your resume. Screen Writing will cover what a script is/different types/characteristics. Cinematography will cover exposure, aperture, shutter speed, shot sizes, angles/moves. Film Directing will cover roles of the director, the director as a storyteller, the business of film, and the visual concept.

Abbotts Creek Community Center – Course Fee: \$80

Basic Acting

#266662 Feb 13 Sa 10:00am-1:00pm

Screen Writing

#266663 Mar 13 Sa 10:00am-1:00pm

Learning Cinematography

#266664 Apr 10 Sa 10:00am-1:00pm

Finance: Budgeting to Enjoy Your Life

Money doesn't buy happiness, but being able to pay our bills provides peace of mind! This class will give you tools to make a budget, money saving tips and eliminate impulse buying.

Walnut Terrace Neighborhood Center – Course Fee: \$15

#267009 Mar 18-Apr 22 Th 6:30-8:30pm

Gardening for Beginners

Age: 15yrs. and up. Join your fellow 'newbies' at Abbotts Creek Community Center to learn the basics gardening in this three-part series. 'Introduction to Gardening' will go through the basics of starting your garden; including what you'll need, your timeline, and how to start seeds indoors in preparation for the growing season that's right around the corner. Part two, 'Hands-on Gardening' will teach you how to plant the baby plants we started in part one of the series, how to direct sow your seeds, how to water/fertilize, and how to space your crops. Be sure to check back in the Summer session for 'Continuing the Harvest' - a class that will focus on Fall crops and preserving your harvests. It's never too late to start your garden and prepare for the next growing season - be sure to sign up even if you missed the previous class!

Abbotts Creek Community Center – Course Fee: \$5

Introduction to Gardening

#265457 Feb 24 W 6:15-7:30pm

Hands-on Gardening

#265458 Apr 7 W 6:15-7:30pm

Lawn Care for Beginners

Age: 16yrs. and up. Have you ever wondered how to get your lawn to look lush and green year around? How do you know if you need to add lime to your soil? When is the right time to aerate your lawn? Join Abbotts Creek Community Center and their partner, Westlake ACE

Hardware for this beginner class in lawn care. This class will focus on Cool Season grasses.

Abbotts Creek Community Center

#262628 Feb 23 Tu 6:30-7:30pm

continued on page 32—

Living Frugally

Age: 18yrs. and up. Bring your ideas and a pad of paper for this exciting exploration in to living frugally! The staff at Abbotts Creek Community Center is excited to discuss and brainstorm concepts of living 'on-the-cheap'. Topics discussed will include couponing, growing food, storing and preserving food/ supplies, cost-effective 'DIY' options, and the importance of having a network for like-minded enthusiasts to work together on your journey! Join us as we challenge you to think outside of your current budget

Abbotts Creek Community Center – Course Fee: \$5
#267637 Mar 24 W 6:30-8:00pm

Rain Barrels and Rain Gardens

Age: 16yrs. and up. Learn the basics of how to design and install a rain garden or a rain barrel for your home and how these simple measures can help protect our streams and wildlife. After a brief introduction to stormwater and its impacts to streams, this class will focus on choosing appropriate locations and sizes for rain barrels and rain gardens and maintaining them for maximum aesthetic and environmental benefits. This class also will discuss using native plants and other DIY practices for protecting our natural resources. Advance registration required.

Walnut Creek Wetland Center
#265635 Mar 27 Sa 10:00-11:30am

Sell Yourself! Interview Prep

Age: 16-60 yrs. Come join us to learn about the art of selling yourself in a job interview! We will cover the core elements of interview prep including resume building, what to wear, practice questions, and selling yourself. After this course you will be able to sell water to a whale!

Marsh Creek Park – Course Fee: \$5
#264210 Feb 11 Th 7:00p8:00pm
#264211 Mar 11 Th 7:00-8:00pm
#264212 Apr 8 Th 7:00-8:00pm

Simplify Your Spending & Savings Strategies

Age: 18yrs. and up. Balancing your expenses now can help you reach your financial goals later. Join Michael Minotti, our Financial Advisor with Edward Jones for our 'Simplify Your Spending and Saving Strategies' workshop to learn more about the basics of budgeting and the importance of managing credit and debt. We'll also discuss how these strategies can impact your financial future. Seating is limited and you must pre-register by March 2, 2020.

Method Road Community Center
#266114 Mar 9 Tu 6:30-8:00pm

Senior

Aging In Place: Preparing to 'Stay Put'

Age: 18yrs. and up. Learn the pro's and con's about aging-in-place during this lively and informative discussion. We will share with you some of the most effective strategies and resources available for living safely and independently in your home as you get older. Learn about precautions you can take to ensure that you remain in control of your lifestyle choices and decisions. Presented by Milestone Movers.

Anne Gordon Center for Active Adults
#265875 Mar 11 Th 11:00am-12:00pm
Five Points Center for Active Adults
#266600 Apr 13 Tu 1:00-2:00pm

Amazon Alexa Basics 1

Age: 18yrs. and up. Alexa is a virtual assistant developed byamazon that you interact with in your home using a smart speaker called Echo. The Echo Smart Speaker can check your calendar, weather, traffic, and sports scores, manage to-do and shopping lists, control your compatible smart lights, thermostats, garage doors, sprinklers, ask when businesses open, and more by saying commands. Learn about its exciting two-way intercom feature allowing you to talk to a family member inside your home, even if you are outside or miles away! Learn to use smart light bulbs and smart outlets to power lamps and lights on and off, on demand or on a schedule for convenience and added security! Learn the basic setup and what it takes to useamazon Alexa's Echo smart speaker.

Five Points Center for Active Adults – Course Fee: \$6
#267487 Mar 30 Tu 2:00-4:00pm
#267488 Feb 11 Th 2:00-4:00pm
#267491 Apr 27 Tu 10:00am-12:00pm

Android Phone Basics 1

Age: 18yrs. and up. Get comfortable using your Android Phone in this Android Phone Basics 1 course. Please bring your Android Phone because none will be provided. Please know your Android Account information which is typically your Google account info (GMAIL). Please be advised the screenshots shown in class may not match your Android phone exactly due to the different manufacturers that sell Android phones. Learn to create contacts, text, make phone calls, take & share photos, connect to Wi-Fi and how to get directions using Google Maps. For more information about this class please contact Tommy Hodges at 919-996-2458.

Anne Gordon Center for Active Adults – Course Fee: \$12
#267492 Mar 24-31 W 10:00am-11:30am
Five Points Center for Active Adults – Course Fee: \$12
#267494 Feb 18-25 Th 2:00-3:30pm

Android Phone Basics 2

Age: 18yrs. and up. Prerequisite: Android Phone Basics 1. Learn about Google Assistant and how you can say or type commands to get help by: having Google Assistant tell you how the traffic is, Finding the News, Playing Relaxing Music, Directions, the Weather, and more. Learn about Google Lens which helps you find product prices in stores with only a barcode! Plus learn about the Google Play Store and how to download and install useful apps on your smartphone. Learn how to use your quick settings, calendar settings, Clock, Alarm, and Memos. Please bring your Android Phone because none will be provided. Please know your Android Account Information (typically your GMAIL account).

Five Points Center for Active Adults – Course Fee: \$12
#267499 Mar 4-11 Th 2:00-3:30pm
#267500 Apr 1-8 Th 10:00-11:30am

Android Tablet 1

Age: 18yrs. and up. Did you recently purchase an Android Tablet but don't know how to use it? Register today and learn on your own device! The only requirements: Bring your account information and your own tablet. Tablets will not be provided. If you have any questions about this class please contact Tommy Hodges 919-996-2458.

Five Points Center for Active Adults – Course Fee: \$12
#267502 Feb 2-9 Tu 10:00am-11:30am
#267503 Mar 18-25 Th 2:00-3:30pm

Android Tablet Basics 2

Age: 18yrs. and up. Join us for the second installment of our Android Tablet series titled Android Tablet Basics 2. Please bring your own tablet and account information. If you have any questions about this course please contact Tommy Hodges 919-996-2458.

Five Points Center for Active Adults – Course Fee: \$12
#267504 Feb 16-23 Tu 10:00-11:30am
#267505 Apr 1-8 Th 2:00-3:30pm

App Based Taxi and Food/Grocery Delivery Services like UBER

Age: 18yrs. and up. Learn how to get car rides on demand with budget friendly options using apps on your smart phone! It is an easy way to give you freedom to get around at your convenience - go anywhere you want to go - when you want to do it! Plus learn how to get food delivered from your favorite restaurants and grocery stores to your home. All through the convenience of your smartphone and the Internet! If you can't go out or don't feel like driving no problem, have it delivered or get a car ride! We will show you how you can do it safely and easily. Some of the apps we will cover are UBER, LYFT, Grubhub, UberEATS, Doordash, Postmates, Instacart, and Shipit!

Prerequisite: You must have working knowledge of your smartphone and your phone's App Store.
Anne Gordon Center for Active Adults – Course Fee: \$6
#267509 Apr 7 W 10:00am-12:00pm
#267510 Apr 28 W 10:00am-12:00pm
Walnut Terrace Neighborhood Center – Course Fee: \$6
#267511 Mar 8 M 2:00-4:00pm

Apple Time Machine: How to back up your Apple Computer

Age: 18yrs. and up. Prerequisite: Must know your Apple ID and Password and bring it to class. You must bring your own Apple laptop to class. One will not be provided. Apple's Time Machine is a backup software application that allows you to back up EVERYTHING on your Apple laptop. If you have an Apple computer then you already have Time Machine. But are you using it? In this class I will show you how to use Time Machine to back up your computer to an external hard drive. In addition to Time Machine, you will also learn how to create a disk image as well as a boot disk. If you want to learn how to back up your files then you definitely should attend.

Walnut Terrace Neighborhood Center – Course Fee: \$6
#267523 Apr 19 M 2:00-4:00pm

Book Discussion: It's Ok That You're Not Ok

Age: 18yrs. and up. We will dive into Megan Devine's book on the cultural reaction to grief and loss. Whether you are grieving the loss of a loved one, or if you would like to learn how to better support others, this discussion group is for you. Purchase the book ahead of time (available on amazon or at most bookstores) and read chapters 1-4 before the first session. Try not to read ahead—we will take it one section at a time! Lead by Heartland Hospice bereavement coordinator, Kristin Lassiter.

Five Points Center for Active Adults
#266591 Feb 4-25 Th 2:00-3:00pm

Chromecast Basics 1

Age: 18yrs. and up. What exactly is a Google Chromecast? You've probably seen boxes of them at the stores. They can stream things to your television. And they can make a dumb tv smart. So how does it work? Join us as we dive into Google Chromecast as we show you all of its features for free. Get a better understanding of what it means to stream! There are no prerequisites for this class. However, if you are interested in more information about cable television options please check out our more detailed Cutting the Cord class. If you have any questions please contact Tommy Hodges 919-996-2458.

Anne Gordon Center for Active Adults
#267526 Feb 3 W 10:00-11:30am

Five Points Center for Active Adults
#267527 Mar 2 Tu 2:00-3:30pm

Computer Basics 1

Age: 18yrs. and up. Prerequisite: Little or no computer skills. Class will be using computers that have the Windows 10 operating system. This course is for beginners or new users who are just starting off using a computer, mouse, and keyboard. Objectives: improve skills in these areas and teach participants to use the Microsoft store to get free and paid applications for their computer. Plus learn to install and uninstall applications. Understand how to charge, sleep, shutdown, turn on your computer and connect to Wi-Fi. Learn how to go online and search the Internet. For more information about this class please contact Tommy Hodges at 919-996-2458.

Anne Gordon Center for Active Adults – Course Fee: \$12
#267534 Apr 14-21 W 2:00-3:30pm
Five Points Center for Active Adults – Course Fee: \$12
#267536 Mar 2-9 Tu 10:00-11:30am

Computer Basics 2

Age: 18yrs. and up. Prerequisite: 'Computer Basics 1' or equivalent computer knowledge. Class will be using computers that have the Windows 10 operating system. This course is for students who have basic computer experience using the mouse and keyboard. Learn the basics of Windows 10 as well as how to use some of the different features and functions. See how to save and find files inside folders that you create using an application (Microsoft Word). Learn how to surf the web, save favorites, and shop safely. Feel confident in understanding how to clear your web browser history as well as passwords your web browser may remember even when you don't want it to. And learn how to download images from the web and find them once you done so.

Five Points Center for Active Adults – Course Fee: \$12
#267543 Mar 16-23 Tu 10:00-11:30am

Computer Basics 3

Age: 18yrs. and up. Prerequisite: 'Computer Basics 1' or equivalent computer knowledge. Have you ever wanted to make copies of your work or maybe store those files as a backup? This class goes into detail on how to save files, create folders, delete files and backup your computer. In addition to this, you will see how to save files using an external hard drive as well as a USB or 'Flash' drive. Learn how to create a disk image, a boot disk, and utilize File History to make backups on your computer. Ever wondered how much space items are using on your computer? We'll show you how. Plus learn how to create zip files, cut, copy, and rename files.

Anne Gordon Center for Active Adults – Course Fee: \$12
#267558 Feb 3-10 W 2:00-3:30pm

Five Points Center for Active Adults – Course Fee: \$12
#267559 Mar 30-Apr 6 Tu 10:00-11:30am

Computer Basics 4

Age: 18yrs. and up. In this course we concentrate solely on the Windows 10 Operating System Settings. Have more control over your computer by learning more about your system. Prerequisite: It is recommended that you have taken Computer Basics 1 and 2 or have good navigational skills within the Windows 10 Operating System. *A computer will be provided* Learn about Windows Troubleshoot, Quick Actions in the Action Center, Sharing files with people nearby, Night Light, Snip & Sketch, Control when Windows Updates, make your display, cursor, pointer, and text larger, Clipboard History, collaborate / share files with others, and an overview of using OneDrive. Understand how to take control and customize using Settings. Contact Tommy Hodges for more information about this class at 919-996-2458.

Anne Gordon Center for Active Adults – Course Fee: \$10
#267569 Feb 17-24 W 2:00-3:30pm
Five Points Center for Active Adults – Course Fee: \$10
#267568 Apr 13-20 Tu 10:00-11:30am

Computer Network Basics 1

Age: 18yrs. and up. In this class learn the theory behind setting up a basic wireless network in your home using the Internet for your wireless devices like laptops and smartphones. Since every modem and wireless router is different, we will discuss generalities on how to set it up in your own home. This is a fantastic class for those interested in maintaining or setting up their own network. Plus, learn how you can save a little bit of money buying the equipment yourself instead of renting. There are no prerequisites. This class is also recommended for those who have attended our Cutting the Cord class. For more information about this class please contact Tommy Hodges at 919-996-2458.

Anne Gordon Center for Active Adults – Course Fee: \$6
#267570 Apr 7 W 2:00-4:00pm
Five Points Center for Active Adults – Course Fee: \$6
#267571 Mar 9 Tu 2:00-4:00pm

Cutting the Cord: What does it mean and how does it work?

Age: 18yrs. and up. 'Cutting the Cord' is a phrase that you hear a lot. Often it is associated with steps to lower your television or cable bill. But what does it actually mean and how would you even begin? In this class we will look at how television entertainment is evolving onto different types of platforms: cable, satellite, antenna, and online. Learn the steps some people are taking to 'cutting the cord'. But at the end of the day are you really cutting the cord or simply paying for television on a different platform? Is it worth your time to try it? You be the judge. For more information about this class please contact Tommy Hodges at 919-996-2458.

Five Points Center for Active Adults – Course Fee: \$12
#267576 Mar 16-23 Tu 2:00pm-3:30pm
#267577 Feb 16-23 Tu 2:00pm-3:30pm
#267582 Feb 4-11 Th 10:00am-11:30am
#267583 Apr 22-29 Th 2:00pm-3:30pm

continued on page 34—



Eldercare is a Team Sport

Age: 18yrs. and up. Providing exceptional elder care involves a collection of individuals and organizations with different professions collaborating. There may come a time because of the natural aging process, illness or an injury, you may need a little help to remain and live well independently in your home or apartment. Also, it may be that your home can't support you as it once did and moving to a community may be your best option. In either case, building your support team or what we refer to as your 'circle of support' will help you live the best life you can wherever you choose to live. This seminar will explore questions to ask yourself about how you want to spend your time; present a self-assessment tool to aid you in determining if you need help to live independently in your home. Presented by Gina Murray, RN BSN and co-founder of Aware Senior Care.

Five Points Center for Active Adults

#266602 Apr 22 Th 1:00-2:00pm

Electronic Coupons

Age: 18yrs. and up. Most stores are moving to the use of electronic coupons. This can be a great way to save not only paper, but also time and money! We'll show you how to collect coupons using popular apps on your smart phone and ditch those scissors and newspapers. Keep all of your coupons in the same place! Plus we will show you how to redeem them to save some dough at the register! We will go over stores like Harris Teeter, Target, Whole Foods, Food Lion, Publix, and Lidl. You may need a key tag account to link your coupons too - For example a rewards card from those stores. For more information about this class please contact Tommy Hodges at 919-996-2458.

Anne Gordon Center for Active Adults – Course Fee: \$6

#267596 Apr 26 M 10:00am-12:00pm

Excel Basics 1

Age: 18yrs. and up. In Excel Basics 1 you will learn how to use a budget template to create and maintain a monthly budget. This project is a simple project that will allow you to learn some of the basics of using Excel while building a budget. Learn how to create charts and have a good understanding of cells, tables, rows, and basic formulas. Prerequisite: Computer Basics 1, 2, and 3 or a strong understanding of how to use the Windows 10 Operating System. For more information about this class please contact Tommy Hodges at 919-996-2458.

Anne Gordon Center for Active Adults – Course Fee: \$6

#267605 Feb 1 M 10:00am-12:00pm

Five Points Center for Active Adults – Course Fee: \$6

#267603 Apr 15 Th 10:00am-12:00pm

#267607 Mar 18 Th 10:00am-12:00pm

Finance: Basics of Estate Planning

Age: All Ages. Tom McCuiston from McCuiston Law Offices, PLLC, discusses documents needed in estate planning such as powers of attorney, trust, wills and living wills. Topics include: tax implications, creating trusts and why they may be helpful, responsibilities of designated power of attorney, property transfer and the consequences of not having a will. Sponsored by McCuiston Law Firm.

Five Points Center for Active Adults

#266592 Feb 9 Tu 1:00-2:00pm

Finance: Government Benefits for Long Term Care

Age: 18yrs. and up. The cost of Long-Term Care is staggering, from in-home care, Assisted Living, Memory Care to Skilled Nursing Care, monthly costs often exceed \$10,000 per month. Learn various government benefit programs and the requirements to qualify. We will primarily review Veteran's Aid and Attendance, Special Assistance for Assisted Living and Medicaid for Skilled Nursing. Presented by Huston Law Firm, PLLC and Carolina Estate Counsel.

Anne Gordon Center for Active Adults

#265866 Apr 13 Tu 11:00am-12:00pm

Five Points Center for Active Adults

#266593 Feb 23 Tu 11:00am-12:00pm

Finance: Medicare 101

Age: 18yrs. and up. The Seniors' Health Insurance Information Program (SHIIP) is a division of the N.C. Department of Insurance that offers free, objective information about Medicare, Medicare supplements, Medicare Advantage plans, Medicare prescription drug plans, Medicare fraud and abuse, and long-term care insurance. This seminar will provide a quick explanation of Medicare and a time for questions.

Anne Gordon Center for Active Adults

#265879 Mar 16 Tu 10:00am-12:00pm

Five Points Center for Active Adults

#266604 Apr 20 Tu 10:00am-12:00pm

Finance: Selling Your Home As-Is

Age: 18yrs. and up. There are many myths about what is required in order to sell a home. These falsehoods are often perpetuated by television shows featuring tiny homes selling for millions. Learn the truth about what is 'required' to sell a home in the Raleigh area, what selling 'as-is' really means, and the secret behind the 'We Buy Houses' business model. Sponsored by Freda Hamlett a certified senior housing professional of the Milestone Moves Realty Group.

Anne Gordon Center for Active Adults

#265871 Feb 11 Th 11:00am-12:00pm

Five Points Center for Active Adults

#266595 Mar 30 Tu 11:00am-12:00pm

Finance: Social Security Strategies for Retirement

Age: 18yrs. and up. Edward Jones Investments will cover the advantages/disadvantages associated with retirement and social security, including how social security should fit into retirement income plan, when to begin taking benefits, and tax implications.

Anne Gordon Center for Active Adults

#265872 Mar 2 Tu 11:00am-12:00pm

Five Points Center for Active Adults

#266596 Apr 6 Tu 1:00-2:00pm

Finance: The Truth About Living Trusts

Age: All Ages. This presentation by Tom McCuiston of the McCuiston Law Firm takes the mystery out of living trusts and explains when a trust is necessary and when it is not.

Five Points Center for Active Adults

#265897 Apr 27 Tu 1:00-2:00pm

Finance: Understanding Beneficiary Designations

Age: 18yrs. and up. Beneficiary designations are an important part of an estate plan. Find out the problems that occur every day on insurance, 401K and IRA plans as well as bank accounts with beneficiary designations, 'in trust for' or 'payable on death (POD)' designations. Presented by Huston Law, PLLC and Carolina Estate Counsel.

Five Points Center for Active Adults

#266598 Mar 16 Tu 2:30-3:30pm

Finance: Veterans' Aid and Attendance Benefits

Age: All Ages. There is a Veterans benefit that pays between \$1,000 and \$2,000 per month TAX FREE! This benefit will help cover the cost of long-term care (skilled nursing, assisted living, or professional in-home care). War-time veterans should learn how to qualify and how to use this benefit. Presented by Huston Law, PLLC and Carolina Estate Counsel.

Five Points Center for Active Adults

#266599 Apr 20 Tu 2:30-3:30pm

Finance: Wills Versus Trusts

Age: 18yrs. and up. Trusts are used for many different purposes. There are different trusts for different purposes, from a basic revocable Living Trust, to Special Needs or Supplemental Needs Trusts, Charitable Trusts, right down to a Pet Trust for your beloved animals. Learn the various types of trusts and how they may benefit you. Presented by Huston Law Firm, PLLC and Carolina Estate Counsel.

Anne Gordon Center for Active Adults

#265874 Feb 16 Tu 11:00am-12:00pm

Five Wishes

Age: 18yrs. and up. Having the conversation with family and friends about our advanced directives and living will can be challenging. Five Wishes is a program that provides the opportunity to express your personal, emotional, and spiritual needs. It lets you choose the person you want to make your health care decisions for you in the event you are not able. It helps you decide how you wish to be treated if you get seriously ill. Five Wishes is written by the American Bar Association and designed to help you plan for the future. Sponsored by Liberty Hospice and Resources for Seniors.

Anne Gordon Center for Active Adults

#265876 Mar 9 Tu 11:00am-12:00pm

Five Points Center for Active Adults

#266601 Mar 23 Tu 1:00-2:00pm

Gimp Photo Editing Basics 1

Age: 18yrs. and up. Are you serious about photo editing, but don't want to pay for expensive software? Learn to use GIMP, a photo editing program that can help make your images look unique. GIMP is a free and open-source raster graphics editor used for image retouching, editing, free-form drawing, converting between different image formats, and more specialized tasks. GIMP is similar to the professional photo editor Adobe Photoshop. For more information about this class please contact Tommy Hodges at 919-996-2458. Prerequisite: 'Computer Basics 1' or equivalent computer knowledge.

Anne Gordon Center for Active Adults – Course Fee: \$12

#267609 Mar 1-8 M 10:00-11:30am

Gimp Photo Editing Basics 2

Age: 18yrs. and up. If you are excited about editing photos with software that has the features of those professional programs, then you should check out GIMP. Back by popular demand here is part 2 of our Gimp Photo Editing series. GIMP is a free and open-source raster graphics editor used for image retouching and editing, free-form drawing, converting between different image formats, and more specialized tasks. Learn to use GIMP, a photo editing program that has some similar features that the professional photo editing programs use like Adobe Photoshop! For more information about this class please contact Tommy Hodges at 919-996-2458. Prerequisite: 'Computer Basics 1', Gimp Basics 1 or equivalent computer knowledge.

Anne Gordon Center for Active Adults – Course Fee: \$12

#267611 Apr 12-19 M 10:00-11:30am

Five Points Center for Active Adults – Course Fee: \$12

#267610 Feb 2-9 Tu 2:00-3:30pm

GMAIL Basics 1

Age: 18yrs. and up. Nowadays, you need an email address for almost everything: Rewards programs, subscriptions, online receipts, and access to more knowledge through online newsletters require you to have an email account. Even medical offices ask for your email when making appointments because they want you to use their online portal! In this class we will show you how to create an email account and how to use it. *You must have a working knowledge of using a computer or you have already taken Computer Basics 1 and 2. For more information about this class please contact Tommy Hodges at 919-996-2458.

Anne Gordon Center for Active Adults – Course Fee: \$6

#267635 Mar 3 W 2:00-4:00pm

Five Points Center for Active Adults – Course Fee: \$6

#267634 Apr 13 Tu 2:00-4:00pm

Google Applications Overview

Age: 18yrs. and up. Did you know if you have a Google or GMAIL account you have access to many free applications? Everything from word processing to spreadsheets to presentation software is at your fingertips for FREE and you probably didn't even know you had access to it. In this class you will learn about several free Google applications. This includes Google Maps, Earth, Drive, YouTube, Google Docs, Calendar, and others. For more information about this class please contact Tommy Hodges at 919-996-2458. Prerequisite: 'Computer Skills 1' or equivalent.

Anne Gordon Center for Active Adults – Course Fee: \$12

#267644 Mar 24-31 W 2:00-3:30pm

#267645 Feb 15-22 M 10:00-11:30am

Google Chrome Intro

Age: 18yrs. and up. Did you know that you should consider having more than one web browser on your computer for security purposes? A web browser is an application on your computer that allows you to view websites. Your computer already came with one, but you should have at least 2. In this class you will learn about the Google Chrome web browser or just Chrome for short. Learn how it protects you from security issues like phishing and dangerous sites. Chrome provides quick answers in your address bar, one-click translation, and personalized articles. Plus learn how to install other software applications called extensions into Chrome. Prerequisite: 'Computer Basics 1' or equivalent. Class will install and use the Internet browser Google Chrome. *A laptop will be provided*

Anne Gordon Center for Active Adults – Course Fee: \$6

#267700 Mar 10 W 2:00-4:00pm

Google Photos Intro

Age: 18yrs. and up. Does your phone no longer have storage space because of all those photos you've taken? Wish there was an alternative solution to storing and editing pictures to clear storage space on your phone's cloud service without costing you money? Or maybe you're just looking for a basic way to edit photos and create a physical photo book.

Introducing Google Photos! Learn basic photo editing, photo sharing, and steps to create a photo book using the Google Photos app. Please bring your own smart phone, iPad or tablet - but it is not required. If you have a Google account already you will not need to create an account, but you will need to bring your Google account's Username and Password to class. If you do not have an account, we will provide you with the information to create one on your own. If you do not wish to create an account, then you may observe.

Five Points Center for Active Adults – Course Fee: \$12

#267704 Feb 18-25 Th 10:00am-11:30am

Herb Gardening

Learn about easy to grow herbs and how to enjoy them as plants, flowers, fragrance, and food enhancers. Instructor will bring sample cuttings to share. Instructor: Janet Harrison

Walnut Terrace Neighborhood Center

#267029 Mar 17 W 2:00-4:00pm

iCloud Basics for iPad/iPhone

Age: 18yrs. and up. If you own an Apple product then you have iCloud. But are you using it to its fullest potential? Did you know if you lost your Apple Device, iCloud could help you find it? It even comes with free word processing, spreadsheet, and presentation software that can be accessed by both Windows and Apple computers via the web for free! The iCloud is a virtual hard drive service allows users to securely store photos, videos, documents, apps, music and so much more online! It also lets you sync multiple devices, including your iPad, iPhone, iPod and PCs running Mac OS or Windows. Prerequisite: 'iPad/iPhone Basics 1' or Intermediate user. Bring your Apple device PLUS your Apple ID and password.

Anne Gordon Center for Active Adults – Course Fee: \$6

#267705 Mar 17 W 10:00am-12:00pm

#267706 Apr 21 W 10:00am-12:00pm

Introducing SIRI Your Personal Assistant for iPad/iPhone

Age: 18yrs. and up. Do you hate typing when you are on your iPad, iPhone, or Apple Laptop? Wish you could just say what you want your device to do like send a text message, call a friend, or remind me to buy bananas the next time I'm near the grocery store without bumbling around on your Apple device? Well you can. And it is called Siri! Using your voice, you can get Siri to do all sorts of things like add appointments to your calendar, grocery lists and so much more! Get to know Siri, your personal assistant on your Apple device. Prerequisite: 'iPad/iPhone Basics 1' or intermediate user. Bring your Apple device like you iPhone or iPad. PLUS your Apple ID and password.

Anne Gordon Center for Active Adults – Course Fee: \$6

#267755 Mar 10 W 10:00am-12:00pm

Five Points Center for Active Adults – Course Fee: \$6

#267756 Apr 15 Th 2:00-4:00pm

continued on page 36—

iPad Basics 1

Age: 18yrs. and up. You just got your iPad, now what do you do with it because it certainly didn't come with a manual? Join us as we show you how to perform a quick search, set reminders, Facetime, Alarms, create Folders, Photo App Sharing and Editing, Connect to Wifi, use the QR Code reader, Airdrop, open and close Applications, lock screen and power down, learn where your Apple ID is located, check out your notifications feed page, use your camera, control panel and more! Introduction to the basics of owning an iPad. Must bring: Your own iPad PLUS your Apple ID & Password. Contact Tommy Hodges for more information regarding this course at 919-996-2458.

Anne Gordon Center for Active Adults – Course Fee: \$12
#267708 Mar 15-22 M 10:00-11:30am

iPad Basics 2

Age: 18yrs. and up. Learn to view existing email accounts using Mail app, Search and Download Apps from Apple Store, Search locations, how to look at suggested searches, directions to home and work, Managing Apps, Customize Notification Settings, Customize Do Not Disturb, Create and Manage Contacts, Calendar, Maps, Weather, Safari, Mail, Messages, Customize Control Center, How to Access All Connected Devices under a single Apple ID, Personal Info, and more! Prerequisite: 'iPad/iPhone Basics 1' or if you are an Intermediate user. Bring your iPad or iTouch PLUS your Apple ID and Password. Contact Tommy Hodges for more information regarding this course at 919-996-2458.

Anne Gordon Center for Active Adults – Course Fee: \$12
#267711 Mar 29-Apr 5 M 10:00-11:30am

iPad Basics 3

Age: 18yrs. and up. Want to read books and listen to Audio books and Music on your iPad? Or maybe find some cool apps? Learn how to search and download a variety of content from the App Store, the iTunes Store, and the iBook store. Plus learn how to check out eBooks from the Wake County Public Library! Contact Tommy Hodges for more information regarding this course at 919-996-2458. Prerequisite: 'iPad/iPhone Basics 1' or Intermediate user. Bring your iPad PLUS your Apple ID and password.

Anne Gordon Center for Active Adults – Course Fee: \$6
#267719 Apr 14 W 10:00am-12:00pm
Five Points Center for Active Adults – Course Fee: \$6
#267720 Feb 4 Th 2:00-4:00pm

iPhone Basics 1

Age: 18yrs. and up. You just got your iPhone, now what do you do with it because it certainly didn't come with a manual? Join us as we show you how to perform a quick search, set reminders, Facetime, Alarms, create Folders, Photo App Sharing and Editing, Connect to Wifi, use the QR Code reader, Airdrop, open and close Applications, lock screen and power down, learn where your Apple ID is

located, check out your notifications feed page, use your camera, control panel and more! Introduction to the basics of owning an iPhone. Must bring: Your own iPhone PLUS your Apple ID & Password. Contact Tommy Hodges for more information regarding this course at 919-996-2458.

Anne Gordon Center for Active Adults – Course Fee: \$12
#267723 Feb 10-17 W 10:00-11:30am
Five Points Center for Active Adults – Course Fee: \$12
#267721 Mar 4-11 Th 10:00-11:30am

iPhone Basics 2

Age: 18yrs. and up. Learn to view existing email accounts using Mail app, Search and Download Apps from Apple Store, Search locations, how to look at suggested searches, directions to home and work, Managing Apps, Customizing Notification Settings, Customize Do Not Disturb, Create and Manage Contacts, Calendar, Maps, Weather, Safari, Mail, Messages, Customize Control Center, How to Access All Connected Devices under a single Apple ID, Personal Info, and more! Prerequisite: 'iPad/iPhone Basics 1' or if you are an Intermediate user. Bring your iPhone PLUS your Apple ID and Password. Contact Tommy Hodges for more information regarding this course at 919-996-2458.

Anne Gordon Center for Active Adults – Course Fee: \$12
#267728 Feb 24-Mar 3 W 10:00-11:30am
Five Points Center for Active Adults – Course Fee: \$12
#267729 Apr 22-29 Th 10:00-11:30am

Know Your Property's Title and Deed

Age: 18yrs. and up. This presentation explores voluntary and involuntary transfer of Title and the various deeds involved in selling or buying a home. The class will cover the four deeds on property-General Warranty Deeds, Special Warranty Deeds, Quitclaim Deeds, and Special Purpose Deeds. Presented by Lila Martin of Allen Tate Real Estate.

Anne Gordon Center for Active Adults
#265878 Mar 30 Tu 11:00am-12:00pm
Five Points Center for Active Adults
#266603 Feb 9 Tu 2:30-3:30pm

Legal: Important Documents Everyone Should Have

Age: 18yrs. and up. Learn what core documents make up the foundation of a good estate plan - you need more than a will! Presented by Huston Law Firm, LLC and Carolina Estate Counsel.

Anne Gordon Center for Active Adults
#265870 Mar 23 Tu 11:00am-12:00pm

Microsoft Word Basics 1

Age: 18yrs. and up. Microsoft Word is a powerful program that you can use to create many different documents, brochures, etc. You can create your own document from scratch or select a template that Microsoft has already created. In this class you will learn how to: change the font, font size,

create a bulleted list, set line spacing, insert tables, insert pictures, insert clip art, utilize text boxes, add WordArt, adjust the margins, utilize the built-in dictionary/thesaurus and more! This is a fantastic beginner class for Microsoft Word. Prerequisite: You must have taken Computer Basics 1 & 2 or have a working knowledge of the Windows 10 Operating System.

Anne Gordon Center for Active Adults – Course Fee: \$6
#267735 Feb 8 M 10:00am-12:00pm
Five Points Center for Active Adults – Course Fee: \$6
#267733 Mar 25 Th 10:00am-12:00pm
Walnut Terrace Neighborhood Center – Course Fee: \$6
#267734 Apr 12 M 2:00-4:00pm

New To Computers 1

Age: 18yrs. and up. This is the first in a series of Digital Literacy classes where you can learn the essentials to using a computer. If you are brand new to computers, then you are signing up for the right class! In this first program we break down the essentials for you to get on any computer and get online to explore, shop, pay bills, find out when a store opens/closes, get directions and more! Learn how to use a mouse while understanding the key differences between left-clicking and right-clicking. Understand how to get on the Internet and 'Surf' the World Wide Web safely and most importantly, securely! Plus learn how to play games for free on your computer. *A computer will be provided*

Walnut Terrace Neighborhood Center
#267742 Feb 15 M 2:00-4:00pm
#267743 Mar 15 M 2:00-4:00pm

New To Email 1

Age: 18yrs. and up. Email is a form of communication that citizens and businesses use daily. We will show you how to set up and use GMAIL in this 2 hour long class. *A computer will be provided*

Walnut Terrace Neighborhood Center
#267749 Feb 22 M 2:00-4:00pm
#267750 Mar 22 M 2:00-4:00pm

Normal Aging vs Non-Normal Aging

Age: 18yrs. and up. This seminar based on material from Teepa Snow's Positive Approach to Care Dementia Training will: Compare and contrast normal aging versus not normal aging related to various cognitive functions; describe the five sensory input and processing systems, highlighting the dominant role of vision, and the major differences between protective and discriminating sensation in each and discuss the impact of changing sensory awareness and processing as dementia progresses. Presented by Gina Murray, RN BSN and co-founder of Aware Senior Care.

Anne Gordon Center for Active Adults
#265908 Feb 23 Tu 11:00am-12:00pm
Five Points Center for Active Adults
#266610 Mar 23 Tu 1:00-2:00pm

Pinterest Basics 1

Age: 18yrs. and up. So, what is Pinterest Basics 1? It is a comprehensive overview of how to manage social media for crafts, DIY projects and hobbies alike. Learn how to utilize Pinterest to find interesting DO IT YOURSELF projects, cooking recipes and new crafting ideas. This class will teach you how to create an account plus explore recipes, projects, and hobbies from likeminded enthusiasts based on your interests. Prerequisites: You must have a GMAIL or email account. Computer Basics 1 and Computer Basics 2 Recommended. Or a basic understanding of surfing the web.

Five Points Center for Active Adults – Course Fee: \$6
#267754 Apr 6 Tu 2:00-4:00pm

Project Preplan

Age: 18yrs. and up. You didn't always have a choice. Today, learn about the many options in planning ahead for cremation, burial, anatomical donation and possible future methods of final disposition. Learn why you may not want to rely on life insurance. Learn about Medicaid requirements and ways to protect against overspending, survivor doubt and family quarreling. Planning starts with knowledge. Sponsored by Renaissance Funeral Home.

Anne Gordon Center for Active Adults
#265880 Feb 2 Tu 11:00am-12:00pm
Five Points Center for Active Adults
#266606 Mar 3 W 2:30-3:30pm

Resources for Seniors: Who Are We and What We Do

Age: 18yrs. and up. Resources for Seniors will provide an overview of their agency and the many resources they provide to the aging population including programs that assist with locating housing, transportation, in-home care, weatherization, home improvements and Medicare assistance.

Anne Gordon Center for Active Adults
#265881 Feb 25 Th 11:00am-12:00pm
Five Points Center for Active Adults
#266607 Feb 25 Th 1:00-2:00pm

Round Table Discussion: Climate Change

Join a round table discussion to explore climate change. We will discuss resources, community efforts, and the choices individuals make daily that affect our planet.

Walnut Terrace Neighborhood Center
#267030 Mar 29 M 12:30-2:00pm

SHIIP Counseling

These 1:1 appointments will help you to understand your Medicare options with the Senior Health Insurance Information Program (SHIIP). If you are turning 65 or retiring and will have Medicare, now is the time to meet with a counselor and review your future Medicare options. Please call the Anne Gordon Center 919-996-4720, Five Points Center 919-996-4730 or Walnut Terrace Center 919-996-6160 to make an appointment.

Anne Gordon Center for Active Adults
#265884 Feb 1-Apr 26 M, F 1:00-4:00pm

TechRefresh

Age: 18yrs. and up. TechRefresh is an exciting new program that allows students who have previously completed a Digital Inclusion Adult Technology class to return and ask questions about the material that was previously covered or requires further explanation. Only those who have completed a course related to the refresh topic during a predetermined grace period are eligible to participate in this free program. Your TechRefresh time with an instructor is scheduled in advance and we require you to show up 15 minutes early for set up.

Anne Gordon Center for Active Adults
Android Phone Refresh
#267769 Apr 28 W 2:15-5:15pm
Five Points Center for Active Adults
Computer Basics Refresh
#267762 Apr 27 Tu 2:15-5:15pm
Walnut Terrace Neighborhood Center
Android Phone Refresh
#267757 Feb 1 M 2:15-5:15pm
#267758 Mar 1 M 2:15-5:15pm
#267759 Mar 29 M 2:15-5:15pm
#267760 Apr 5 M 2:15-5:15pm
#267761 Apr 26 M 2:15-5:15pm

Tips on Purchasing a Computer

Age: 18yrs. and up. Want to buy a computer, but don't know where to start? You're finally ready to purchase a computer, but you can't decide what type of computer you should get. First you need to decide specifically what you are going to do with your computer. And only you can decide this. But before you go to the store, let us help you understand the differences between a laptop, desktop, and tablet and all the tech that can be found in each. So that you will have an idea of what you should be looking for when you make your decision. Then you can decide which will work best for your needs.

Anne Gordon Center for Active Adults – Course Fee: \$6
#267771 Mar 17 W 2:00-4:00pm
Five Points Center for Active Adults – Course Fee: \$6
#267770 Apr 20 Tu 2:00-4:00pm
Walnut Terrace Neighborhood Center – Course Fee: \$6
#267772 Feb 8 M 2:00-4:00pm

Write Your Story

Capture your life experiences by writing them into stories that you can enjoy sharing with your children and grandchildren. We will create a safe place that facilitates and encourages us to remember, explore and create word pictures that bring our stories to life. This class will meet on the 3rd Monday of every month.

Walnut Terrace Neighborhood Center
#267031 Feb 15-Apr 19 M 12:30-2:00pm

Family

Homeschool Explorers

Age: All Ages. This cooperative homeschool support group provides social and educational activities for a minimum cost per family. For additional information, please visit the web site at www.homeschoolexplorers.org or call the Method Community Center.

Method Road Community Center – Course Fee: \$1
#266062 Feb 2-23 Tu 11:30am-1:30pm
#266063 Mar 2-30 Tu 11:30am-1:30pm
#266064 Apr 6-27 Tu 11:30am-1:30pm

Raleigh Women's History Trolley Tour

Age: All Ages. Come board the Historic Raleigh Trolley for a special Women's History Month tour! Celebrate the influential women who shaped Raleigh's history and explore their stories throughout Raleigh, from the women at Mordecai House to those who fought for equality during the Civil Rights Movement. The trolley departs from Mordecai Historic Park and lasts approximately one hour. Call 919-996-4364 for tickets and information.

Mordecai Historic Park – Course Fee: \$10
#266490 Mar 21 Su 1:00-2:00pm
#266491 Mar 21 Su 2:00-3:00pm
#266493 Mar 21 Su 3:00-4:00pm

TKD-All Belt Open Class

Age: 7-65 yrs. A blend of traditional and modern training gives student a strong understanding and foundation. This program increases flexibility, creates speed and explosion, improves reaction time, improves balance and coordination, agility and core strength. It also aids discipline, self service, respect, integrity, self-control, self-worth, courtesy, loyalty, and honor.

Biltmore Hills Community Center – Course Fee: \$50
#267547 Feb 1-24 M, W 7:00-7:45pm
#267548 Mar 1-31 M, W 7:00-7:45pm
#267549 Apr 5-28 M, W 7:00-7:45pm

Touch a Truck at Sanderford Road

Age: All Ages. Get in the driver's seat with a free hands-on experience with vehicles of all kinds. This is a fun, interactive, family-friendly event that allows children and adults to see, touch, and safely explore their favorite trucks and heavy machinery, as well as meet the personnel who protect, serve, and build the Raleigh community. We will feature a 'No Horn Hour' from 11 a.m.-12 p.m. for guests with sensitive hearing. Little ones with sensitivities to loud noises are encouraged to visit during this time to experience everything in a comfortable environment.

Sanderford Road Park
#267825 Apr 17 Sa 11:00am-2:00pm

Fitness



Preschool

Biltmore Hills Tiny Tot Time

Age: 2-5 yrs. Open gym time for youth under 5 yrs old. Bring your your child to play in the gym.

Biltmore Hills Community Center

#267490	Feb 3-24	W	11:00am-12:00pm
#267497	Mar 3-31	W	11:00am-12:00pm
#267501	Apr 7-May 5	W	11:00am-12:00pm

Dance - Twinkle Toes

Age: 2-3 yrs. Students will love this wonderful introduction to the art of dance! Twirling ribbons, scarves, hoops and music will help promote creative movement. Children will enjoy simple steps and dances that introduce them to ballet and jazz. Students will improve confidence, coordination, self-esteem and body awareness. This class is designed to help children transition to dancing

independently, without a parent. Instructor: Bethany Schlegel, BS in education and former USGA gymnast.

Greystone Community Center – Course Fee: \$40

#267638	Feb 2-23	Tu	11:30am-12:15pm
#267639	Mar 2-23	Tu	11:30am-12:15pm
#267640	Apr 6-27	Tu	11:30am-12:15pm

Gymnastics - Tumbling Tinies

Age: 9 - 24 mths. Parent and child participate in a fun-filled class that enhance balance, fitness and social skills. Tots will enjoy music, silly dances, tunnels, slides, obstacle courses, parachute play and more! This class provides a time of fun and togetherness for you and your little one, while building your child's motor skills. Instructor: Bethany Schlegel, BS in education and former USGA gymnast.

Greystone Community Center – Course Fee: \$40

#267658	Feb 2-23	Tu	9:30am-10:15am
#267659	Mar 2-23	Tu	9:30am-10:15am
#267660	Apr 6-27	Tu	9:30am-10:15am

Gymnastics - Tumbling Tots

Age: 18 mths - 3 yrs Parent and child participate in a fun-filled class that enhance motor skills, strength, balance, fitness and social skills. Children enjoy beginning gymnastic skills, obstacle courses, music, silly dances, parachute play and more! Have fun bonding with your child, while he or she releases energy in a fun and safe setting. Instructor: Bethany Schlegel, former USGA gymnast, BS in elementary education.

Greystone Community Center – Course Fee: \$40

#267661	Feb 2-23	Tu	10:30am-11:15am
#267662	Mar 2-23	Tu	10:30am-11:15am
#267663	Apr 6-27	Tu	10:30am-11:15am

Gymnastics- Preschool Tumbling

Age: 4-5 yrs. Participants will learn basic gymnastics skills, such as forward rolls, backward rolls, handstands, cartwheels and more. They will practice coordination, balance flexibility and strength exercises. This class is tumbling fun!

Barwell Road Community Center – Course Fee: \$40

#265775	Feb 2-23	Tu	5:30pm-6:15pm
#265776	Mar 2-23	Tu	5:30pm-6:15pm
#265777	Apr 6-27	Tu	5:30pm-6:15pm

Kidokinetics

Age: 3-5 yrs. Kidokinetics is a sports and fitness program designed especially for preschoolers! Through the introduction of a variety of sports, games and fitness activities, we focus on basic gross motor skills and sports fundamentals. Classes enhance coordination, improve muscle tone and encourage play and listening skills. Activities include soccer, basketball, baseball, hockey, golf, football, hula hoops, parachute games, obstacle courses and much more!

Greystone Community Center – Course Fee: \$40

#267724	Feb 1-22	M	12:00pm-12:45pm
#267725	Feb 4-25	Th	1:15pm-2:00pm
#267726	Mar 1-22	M	12:00pm-12:45pm
#267731	Mar 4-25	Th	1:15pm-2:00pm
#267727	Apr 5-26	M	12:00pm-12:45pm
#267732	Apr 8-29	Th	1:15pm-2:00pm

Kidokinetics Jr.

Age: 18 mths - 3 yrs. Get moving, build confidence and have FUN as you and your toddler engage in active play together! Instructor led classes encourage motor and social development through the introduction of a variety of sports, games and activities in a lively, non-competitive environment. Activities include soccer, basketball, baseball, hockey, hula hoops, parachute games, obstacles courses and much more! Instructor: Kidokinetics Triangle NC

Greystone Community Center – Course Fee: \$40

#267745	Feb 1-22	M	11:00am-11:45am
#267746	Feb 4-25	Th	12:15pm-1:00pm
#267747	Mar 1-22	M	11:00am-11:45am
#267752	Mar 4-25	Th	12:15pm-1:00pm
#267748	Apr 5-26	M	11:00am-11:45am
#267753	Apr 8-29	Th	12:15pm-1:00pm

Kinder Tae Kwon Do

Age: 4-6 yrs. This martial arts class for youth provides introductory instruction in tae kwon do. A Parent per family are encouraged to sit in and observe. Social distancing and Covid-19 guidelines will be in place during the class.

Lions Park Community Center – Course Fee: \$25
 #266981 Feb 4-25 Th 6:30-7:30pm
 #266984 Mar 4-25 Th 6:30-7:30pm
 #266985 Apr 1-22 Th 6:30-7:30pm

Parent and Toddler Yoga

Age: 3-5 yrs. This fun yoga series combines age-appropriate poses with imaginative yoga adventures, delightful books and music while offering a special time for parents and caregivers to connect with their child. Grown ups, get your silly hats on! We will hiss in cobra pose, bark in downward dog, and flutter our wings in butterfly all while building strength, coordination, and balance! Your little yogi will love this class with you and everyone will leave more centered and ready to face the weekend. Grown-ups and children should both wear clothes for movement. Please bring a yoga mat. Register child only.

Hill Street Center – Course Fee: \$40
 #264339 Feb 6-27 Sa 11:15am-12:00pm
 #264340 Mar 6-27 Sa 11:15am-12:00pm
 #264341 Apr 10-May 1 Sa 11:15am-12:00pm

Tumble 'n' Twist

Age: 4-5 yrs. Have a child who loves to tumble and have fun? Join us for our beginners tumbling class where your child will learn the basics of tumbling and fitness/conditioning. Your child will work on gross motors skills while learning the forward roll, backwards roll, straddle roll, intro to cartwheels and much more. Come join in the fun.

Hill Street Center – Course Fee: \$40
 #264253 Feb 3-24 W 5:45-6:45pm
 #264256 Mar 3-24 W 5:45-6:45pm
 #264257 Apr 7-28 W 5:45-6:45pm

Youth

Capoeira at Method - Youth

Age: 5-11 yrs. Capoeira is an amazing martial art from Brazil that combines dance, gymnastics and music! The beautiful movements are deceptive and powerful. Regular practice builds strength, flexibility, confidence and coordination. This registration is monthly.

Method Road Community Center – Course Fee: \$40
 #265936 Feb 6-27 Sa 11:00-11:45am
 #265937 Mar 6-27 Sa 11:00-11:45am
 #265938 Apr 3-24 Sa 11:00-11:45am

Cheer Dance

Age: 5-11 yrs. Learn basic cheer fundamentals including jumps, motions, and sharpness into a dance. Participants will enhance self-esteem, learn teamwork, and gain strength. Instructor is Tokisha Ragland.

Barwell Road Community Center – Course Fee: \$30
 #267321 Apr 7-21 W 6:30-7:30pm
 Course Fee: \$40
 #267319 Feb 3-24 W 6:30-7:30pm
 #267320 Mar 3-24 W 6:30-7:30pm

GENERATION POUND® @ Greystone

Age: 6-12 yrs. GENERATION POUND® is a youth-oriented program that fuses movement and music to improve focus, coordination and physical fitness, while building teamwork skills. Its creation was not only geared

towards encouraging wellness in kids, but a MOVEMENT that aims to change the concept of health and fitness for today's youth. Get ready to make fitness about self-expression, empowerment, self-love and FUN! This workout is bound to be a hit with young 'Rockstars' and introduces alternative ways to, MOVE, ROCK, PLAY and MAKE NOISE! Instructor: Lisa Shackelford; Certified Pound Pro; AFAA Group Ex. Certification; ACE PT Certified

Greystone Community Center – Course Fee: \$40
 #267652 Feb 3-24 W 5:30-6:15pm
 #267653 Mar 3-24 W 5:30-6:15pm
 #267654 Apr 7-28 W 5:30-6:15pm

Gymnastics- Youth Tumbling

Age: 6-11 yrs. Participants will learn basic gymnastic floor moves such as forward rolls, backward rolls, handstands, cartwheels and more. Participants will practice coordination, flexibility and strength exercises. This class is tumbling fun!

Barwell Road Community Center – Course Fee: \$40
Youth Beginner
 #265780 Feb 2-23 Tu 6:15-7:00pm
 #265781 Mar 2-23 Tu 6:15-7:00pm
 #265782 Apr 6-27 Tu 6:15-7:00pm

Step Dance Program

Age: 8-14 yrs. Join us for a program that will teach youth the foundation and techniques of Step, while empowering them to influence positive changes in their communities, schools and families. Students will learn basic step rhythms, formations and performance structure. Instructor is Shy/Kera Morgan.

Barwell Road Community Center – Course Fee: \$40
 #265784 Feb 4-25 Th 6:00-7:00pm
 #265785 Mar 4-25 Th 6:00-7:00pm
 #265786 Apr 1-22 Th 6:00-7:00pm

Tae Kwon Do Youth

Age: 6-12 yrs. Participants will learn the art of self-defense, discipline, continue to refine their skills, learn different techniques and develop physical fitness.

Worthdale Community Center – Course Fee: \$25
 #265904 Feb 2-25 Tu, Th 6:30-7:30pm
 #265905 Mar 2-30 Tu, Th 6:30-7:30pm
 #265906 Apr 1-29 Th, Tu 6:30-7:30pm

Adult

Abbotts Creek Tai Chi

Age: 18yrs. and up. End the weekend in a relaxing and insightful way at this Tai Chi class that's offered at Abbotts Creek every Sunday evening. Tai Chi offers a gentler approach to the martial arts, reducing stress, improving balance, and increasing flexibility. The rhythmic movements performed in this class engages the mind and body, and is designed for both beginner and advanced participants.

Abbotts Creek Community Center – Course Fee: \$15
 #262606 Feb 7-28 Su 5:00-5:55pm
 #262607 Mar 7-28 Su 5:00-5:55pm
 #262608 Apr 11-25 Su 5:00-5:55pm

Bootcamp At Worthdale

Age: 18yrs. and up. Participants will experience a full body strength and conditioning workout which increases metabolism so you may continue to burn more calories after each session. This workout mixes strength, cardiovascular and interval training using both body weight and free weights. A safe, supportive and motivational environment is provided for participants. All levels are welcomed.

Worthdale Community Center – Course Fee: \$15
 #265892 Mar 2-30 Tu, Th 7:00-8:00pm
 #265893 Apr 6-May 6 Tu, Th 7:00-8:00pm
 #265895 Feb 2-25 Tu, Th 7:00-8:00pm

Capoeira

Age: 18yrs. and up. Capoeira is a Brazilian martial art form that involves dance, music, gymnastics, self-defense and the Portuguese language. Participants appear to defy gravity as they jump, flip, spin and cartwheel through the air. Capoeira embodies a discipline, mind-set and rhythm that are clever and deceptive. Often appearing vulnerable, the good capoeirista knows the right time to strike back with lethal power and grace. Musically, capoeira is enchanting. Beautiful melodies, pulsating rhythms and the cries and shouts of the crowd blend into one intensely-charged atmosphere.

Marsh Creek Park
 #264195 Feb 1-Apr 28 M, W 6:30-8:30pm

Capoeira at Method - Adult

Age: 12-99 yrs. Capoeira is an amazing martial art from Brazil that combines dance, gymnastics and music! The beautiful movements are deceptive and powerful. Regular practice builds strength, flexibility, confidence and coordination. This registration is monthly.

Method Road Community Center – Course Fee: \$40
 #265930 Apr 3-28 Sa, W 12:00-1:00pm
 Course Fee: \$85
 #265928 Feb 3-27 W, Sa 6:30-7:30pm
 #265929 Mar 3-31 W, Sa 6:30-7:30pm

continued on page 40 —

Capoeira Daily Pass

Age: 5-100 yrs. Capoeira is an amazing martial art from Brazil that combines dance, gymnastics and music! The beautiful movements are deceptive and powerful. Regular practice builds strength, flexibility, confidence and coordination. This is a daily pass option.

Method Road Community Center – Course Fee: \$15
#266027 Feb 3-Apr 28 W, Sa 6:30-7:30pm

Cardio Fitness Workout Class

Age: 18yrs. and up. Tae kwon do develops strength, speed, balance, flexibility and stamina. Along with a cardio workout, this class will focus on physical fitness. By incorporating calisthenics, tae kwon do basics and cardio/strength training, this program works on multiple body areas, including core, arms and legs. The class is designed to build physical fitness and a healthier body.

Lions Park Community Center - Course Fee: \$12
\$20 (\$12 for those enrolled in Lions Park Tae Kwon Do)
#266986 Feb 5-26 F 7:30-8:30pm
#266987 Mar 5-26 F 7:30-8:30pm
#266988 Apr 2-23 F 7:30-8:30pm
Course Fee: \$20
\$20 (\$12 for those enrolled in Lions Park Tae Kwon Do)
#266986 Feb 5-26 F 7:30-8:30pm
#266987 Mar 5-26 F 7:30-8:30pm
#266988 Apr 2-23 F 7:30-8:30pm

Cardio Kick

Age: 18yrs. and up. Cardio Kick is a group fitness class that combines basic punching and kicking techniques with a safe cardiovascular workout. This high-energy class offers an excellent workout for both beginners and elite athletes. Experience increased cardiovascular endurance, flexibility, strength, agility and coordination while burning a ton of calories and having a blast! Drop in for a class Thursday evenings for only \$5! Instructor: Shontera Gillespie-Coleman.

Abbotts Creek Community Center – Course Fee: \$5
#262609 Feb 4-Apr 29 Th 6:30-7:30pm

Chavis Center Walk This Weigh Walking Club

Age: 16-99 yrs. Walk This Weigh Walking club. Come and join for some cool tunes as we walk the weigh right off. Fun and relax atmosphere for all families!

Chavis Community Center
#264115 Feb 5-26 F 9:15-10:15am

Chavis Fitness Punch Pass-4

Age: 18-99 yrs. Punch pass may be used for Mixed Fit evenings classes held at Chavis community Center only. The punch pass includes 4 classes and 2 free event classes Pass is good for up to 3 months!! Punch pass registration and pass pick up is done at Chavis Community Center.

Chavis Community Center – Course Fee: \$20
#266866 Feb 4-25 Th 6:45-7:45pm
#266867 Mar 4-25 Th 6:45-7:45pm
#266868 Apr 1-29 Th 6:45-7:45pm
#266869 May 6-27 Th 6:45-7:45pm

Chavis Line Dancing

Age: 16yrs. and up. You are invited to learn the latest and all-time favorite line dances to urban contemporary, classic R&B/soul and country music. Lessons are for beginner through advanced dancers. Improvisational dance techniques will be taught as well. Line dancing is a great form of exercise that is popular at all social occasions and events. Cost per class is \$5.

Chavis Community Center
#266872 Mar 9 Tu 6:30-7:30pm
Course Fee: \$5
#266871 Feb 9 Tu 6:30-7:30pm
#266873 Apr 13 Tu 6:30-7:30pm
#266874 May 11 Tu 6:30-7:30pm

Dance - Bollywood Dance Fitness

Age: 13yrs. and up. Bollywood is a fusion of dance styles based on traditional Indian dances blended with world elements. Energetic routines are taught in this class to inculcate rhythm, fitness and a sense of achievement as you are guided in rhythmic cardio fitness under the personalized attention of tutor Priya Chellani. With more than 20 years of teaching and performing experience, she demonstrates her lifelong love of dance and brings out the best in you. Each participant discovers hidden strengths while working out to upbeat Bollywood music! Get the exercise you need to be healthily engaged throughout the year!

Brier Creek Community Center – Course Fee: \$30
#267239 Mar 30-May 4 Tu 7:45-8:45pm
#267240 Feb 16-Mar 23 Tu 7:45-8:45pm

Dance - Contemporary Beginner/ Improver Line Dance

Age: 18yrs. and up. Come and join this line dance class and learn fun dances to all kinds of music: pop, western, and oldies. Line dancing is a great way to keep active - both for your brain and body! You'll learn basic dance steps while having a lot of fun! 6:00- 6:30 New beginner - A great way to start line dancing. You'll learn the steps for beginner line dances. 6:30 - 7:30 Beginner line dancing - Build on your knowledge of line dance steps by dancing contemporary line dances to all kinds of music. 7:30 - 8:00 Beginner plus line dancing- Work on more challenging dances at the high beginner and improver level. Knowledge of line dance steps and prior experience necessary. Instructor: Jackie Wheeler, Drop-in fee: \$2. Session Pass: \$10 .

Brier Creek Community Center
#266857 Feb 3-Apr 28 W 6:00-8:00pm



Dance - Contemporary Beginner/ Improver Line Dance DI

Age: 18yrs. and up. Come and join this line dance class and learn fun dances to all kinds of music: pop, western, and oldies. Line dancing is a great way to keep active - both for your brain and body! You'll learn basic dance steps while having a lot of fun! 6:00- 6:30 New beginner - A great way to start line dancing. You'll learn the steps for beginner line dances. 6:30 - 7:30 Beginner line dancing - Build on your knowledge of line dance steps by dancing contemporary line dances to all kinds of music. 7:30 - 8:00 Beginner plus line dancing- Work on more challenging dances at the high beginner and improver level. Knowledge of line dance steps and prior experience necessary. Instructors: Jackie Wheeler, Drop-in fee: \$2. Session Pass: \$10 .

Brier Creek Community Center
#266861 Feb 3-Apr 28 W 6:00-8:00pm

Dance & Get Fit

Age: 16yrs. and up. Join us for the best of both worlds: dancing and exercising. Dance & Get Fit is a total body workout that uses soul dancing, cardio hip-hop, reggaeton and more to get into shape. You will love the class, and the music is great. Our motto is move, sweat and have fun! Instructor: Jennifer Hampton.

Optimist Community Center - Course Fee: \$5
#267817 Feb 2-Apr 27 Tu 6:30-7:30pm

Dance Xross Fitness at the Creek

Age: 18yrs. and up. This is an intermediate to advanced level fitness class for our active adults. This fun, high-energy class is geared toward active older adults and combines dance fitness, with kickboxing moves, strength training, and soul line dancing. Instructor: Linda Thomas

Brier Creek Community Center - Course Fee: \$5
#266863 Feb 3-Apr 30 W, F 9:30-10:30am

Exercise - Fitness Centers

Age: 18yrs. and up. Check out the fitness rooms around the city! Take advantage of a variety of cardiovascular and strength-training equipment and get into shape. Fitness rooms will be open during normal center operating hours, locations are listed below. Participants must be 18 or older. Please see staff for additional information. City Wide Membership provides access to all Fitness Centers listed below.

City Wide Membership - Class Fee: \$15

- Abbotts Creek Community Center**
- Barwell Rd**
- Billmore Hills**
- Brier Creek**
- Chavis Park**
- Green Road Center**
- Halifax Community Center**
- Jaycee**
- Lake Lynn Community Center**
- Laurel Hills Center**
- Lions Park**
- Marsh Creek Community Center**
- Method Road**

Pullen Community Center
Roberts Park
Tarboro Road Center
Worthdale Community Center

Fit & Fun Punch Pass

Age: 18yrs. and up. Getting fit or improving your fitness level can be FUN! Fit & Fun is a total body workout based on a variety of the best and latest training methodologies. Each class will be different and you can go at your own pace! Achieve a healthy body, mind and spirit while having a good time. Please bring your own mat. Punch pass includes 4 classes + 2 free! Want to get even more benefits? You may also use the punch pass for our Wednesday evening yoga class. Punch pass registration and pass pick up is done at Halifax Community Center.

Halifax Community Center - Course Fee: \$45
Tu 6:30-7:30pm

Fitness - Zumba®

Age: 10yrs. and up. Zumba dance fitness combines rhythms of Latin and international music to make exercising fun! Learn basic steps to salsa, merengue, cumbia, samba and more! No dance experience necessary. Transform your body to a healthier you! Don't wait any longer! Come join the Zumba party for \$5 per class. All classes taught by licensed Zumba Instructor.

Abbotts Creek Community Center - Course Fee: \$5
#262616 Feb 3-Apr 28 W 7:00-8:00pm

Gentle Yoga at Abbotts Creek

Age: 15yrs. and up. This calming, stress-relieving yoga class will stretch and strengthen the body gradually. Emphasis will be placed on building awareness of the breath and the body. This class focuses on gentle flowing movements, passive and supported poses, and deep, relaxing stretches to build flexibility and strength. All levels are welcome. Please bring your own mat.

Abbotts Creek Community Center - Course Fee: \$40
#262618 Feb 4-25 Th 6:15-7:15pm
#262619 Mar 4-25 Th 6:15-7:15pm
#262620 Apr 1-22 Th 6:15-7:15pm
#262622 Feb 2-23 Tu 6:15-7:15pm
#262623 Mar 2-23 Tu 6:15-7:15pm
#262624 Apr 6-27 Tu 6:15-7:15pm

JKC Self Defense

Age: 10yrs. and up. Learn self-defense in a fun and unique way. Different from karate, Jo Kwon Chi (JKC) offers a soft but effective approach to the martial arts that's not only enjoyable, but also efficient and rewarding. Borrowing from various Chinese, Turkish, Japanese, and Korean styles, JKC teaches the student to utilize angles and go with the opponent's flow along with being acutely aware of surroundings, and de-escalation skills. This class is safe and geared for beginners, but advanced martial artists can benefit too!

Abbotts Creek Community Center - Course Fee: \$5
#262627 Feb 1-Apr 26 M 7:15-8:30pm
Sa 11:15am-12:30pm

Laurel Hills Yoga Drop in Fee

Age: All Ages. Gentle Yoga Drop in.
Laurel Hills Community Center - Course Fee: \$10
#266509 Feb 1-Apr 29 M, W-Th 10:15-11:30am

Line Dancing

Age: 16yrs. and up. You are invited to learn and follow the latest and all-time favorite line dances to urban contemporary, classic R&B/soul and country music. Lessons cover beginner through advanced line dances and improvisational dance techniques. Line dancing is a great form of exercise that is popular at social occasions.

Green Road Community Center - Course Fee: \$5
#263171 Feb 1-22 M 7:00-8:30pm
#263172 Mar 1-29 M 7:00-8:30pm
#263173 Apr 5-26 M 7:00-8:30pm

Lunch Time Free-Play Basketball

Age: 18yrs. and up. Beat the mid-day work stress and play basketball at Method Road. Release the pressures of the job and get a good workout.

Method Road Community Center
#266081 Feb 2-Apr 29 Tu, Th 10:30am-2:30pm

Martial Arts - Chinese Kenpo Karate - Teens & Adults

Age: 13yrs. and up. Increase your physical and mental abilities while developing effective self-defense skills through kenpo. Expand your self-awareness, sharpen your focus, promote your critical-thinking skills and improve your problem-solving talents. Belt level testing fee payable to the instructor applies, but testing is not required. Uniform and patches are required after one month or upon testing (whichever comes first) and are available through instructor. The local school is affiliated with an international organization. Instructor: Bill Parsons of Triangle Kenpo Institute.

Millbrook Exchange Community Center - Course Fee: \$45
#266443 Jan 4-27 M, W 7:00-8:30pm
#266444 Feb 1-24 M, W 7:00-8:30pm
#266445 Mar 1-24 M, W 7:00-8:30pm
#266446 Apr 5-28 M, W 7:00-8:30pm

Meditation Monday at Kiwanis Park

Age: 18yrs. and up. Are you having a Manic Monday? Had a busy weekend? Need a place to relax and gather your thoughts? Join us at Kiwanis Park for Meditation Mondays. We will provide a calm, relaxing space during your lunch hour for you to quietly reflect and meditate. Participants are welcome to bring their own mat or blanket to sit on.

Kiwanis Park
#266494 Feb 1-Apr 26 M 12:00-1:00pm

continued on page 42 —

MixedFit Fitness

Age: 18-99 yrs. MixedFit is a people-inspired dance fitness program that blends explosive dancing with bootcamp toning. We work out to today's hits and yesterday's favorites. If you are plateauing in your traditional workouts, give MixedFit a try and join the #MixedFitMovement!

Chavis Community Center – Course Fee: \$5
 #264111 Mar 4-25 Th 6:45-7:45pm
 #264110 Feb 4-25 Th 6:45-7:45pm
 #264112 Apr 1-29 Th 6:45-7:45pm
 #264113 May 6-27 Th 6:45-7:45pm

POUND. Rockout. Workout. Drop In

Age: 12yrs. and up. Instead of listening to music, you become the music in this exhilarating full body workout that combines cardio, conditioning, and strength training with yoga and Pilates-inspired movements. Using Ripstix®, lightly weighted drumsticks engineered specifically for exercising, POUND transforms drumming into an incredibly effective way of working out. Designed for all fitness levels, POUND® provides the perfect atmosphere for letting loose, getting energized, toning up and rockin' out! The workout is easily modifiable and the alternative vibe and welcoming philosophy appeals to men and women of all ages and abilities. Instructor Katrina Dooda: Certified Pound Pro/Pound Tour Crew, AFAA Certified

Brier Creek Community Center – Course Fee: \$5
 #266965 Feb 1-Apr 26 M 10:00-11:00am

POUND. Rockout. Workout® @ Greystone

Age: 18yrs. and up. Instead of listening to music, you become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training with yoga and Pilates-inspired movements. Using Ripstix®, lightly weighted drumsticks engineered specifically for exercising, POUND transforms drumming into an incredibly effective way of working out and releasing stress. Designed for all fitness levels, POUND® provides the perfect atmosphere for letting loose, getting energized, toning up and rockin' out! The workout is easily modifiable, and the alternative vibe and welcoming philosophy, appeals to men and women of all ages and abilities. Instructor: Lisa Shackelford: Certified Pound Pro; AFAA Group Ex. Certification; ACE PT Certified

Greystone Community Center – Course Fee: \$5
 #267675 Feb 3-Apr 28 W 6:30 -7:30pm

Soul Line Dance & Get Fit

Age: 16yrs. and up. This line dance class is for individuals new to line dancing and those who want to learn new line dance basics. Soul Line Dance is taught at a slow-to-moderate pace. Do not be fooled by the title: You will learn and practice some great cardio workouts and low-, medium- and high-impact soul line dances. Come prepared to move, sweat and have fun!

Abbotts Creek Community Center – Course Fee: \$5
 #262630 Feb 7-Apr 25 Su 3:00-4:30pm
Barwell Road Community Center – Course Fee: \$5
 #267312 Feb 3-Apr 28 W 6:00-7:30pm
Greystone Community Center – Course Fee: \$5
 #267678 Feb 1-Apr 26 M 6:00-7:30pm

Soul Line Dance & Get Fit Class-Advanced

Age: 16-100 yrs. This line dance class is for individuals advanced in line dancing and those who want to learn new line dance basics. Soul Line Dance is taught at a moderate-to-fast pace. Do not be fooled by the title: You will learn and practice some great cardio workouts and low-, medium- and high-impact soul line dances. Come prepared to move, sweat and have fun!

Marsh Creek Park – Course Fee: \$20
 #264230 Feb 2 Tu 7:00-8:30pm
 #264231 Feb 9 Tu 7:00-8:30pm
 #264232 Feb 16 Tu 7:00-8:30pm
 #264233 Feb 23 Tu 7:00-8:30pm
 #264234 Mar 2 Tu 7:00-8:30pm
 #264235 Mar 9 Tu 7:00-8:30pm
 #264236 Mar 16 Tu 7:00-8:30pm
 #264237 Mar 23 Tu 7:00-8:30pm
 #264238 Mar 30 Tu 7:00-8:30pm
 #264239 Apr 6 Tu 7:00-8:30pm
 #264240 Apr 13 Tu 7:00-8:30pm
 #264241 Apr 20 Tu 7:00-8:30pm
 #264242 Apr 27 Tu 7:00-8:30pm

Tae Kwon Do Level 2

Age: 13yrs. and up. Participants will continue to learn the art of self-defense and discipline at an advanced level. Also will refine their skills, learn different techniques and develop physical fitness.

Worthdale Community Center – Course Fee: \$25
 #265900 Mar 2-30 Tu, Th 7:30-8:30pm
 #265901 Apr 1-29 Th, Tu 7:30-8:30pm
 #265903 Feb 2-25 Tu, Th 7:30-8:30pm

Yoga Punch Pass

Age: 18yrs. and up. Yoga has become a popular form of physical exercise based upon asanas (physical poses) to promote improved control of mind and body and to enhance well-being. All these benefits are achieved through a combination of physical postures, breathing techniques and relaxation. Please bring your own mat. Punch pass includes 4 classes + 2 free! Want to get even more benefits? You may also use the punch pass for our Tuesday evening Fit & Fun class. Punch pass registration and pass pick up is done at Halifax Community Center.

Halifax Community Center – Course Fee: \$45
 W 6:30-7:30pm

Yoga @ Laurel Hills

Age: 16-99 yrs. Yoga begins with centering and a warm up followed by poses and movements with breath awareness and finally a relaxation. The practice intends to develop full body awareness, flexibility, strength, and balance and builds mindfulness. Open to all levels. Students should bring a mat or blanket.

Laurel Hills Community Center – Course Fee: \$32
 #266259 Mar 1-22 M 10:15-11:30am
 #266260 Mar 3-24 W 5:30-6:45pm
 #266261 Mar 4-25 Th 10:15-11:30am
 #266262 Apr 5-26 M 10:15-11:30am
 #266263 Apr 7-28 W 5:30-6:45pm
 #266264 Apr 8-29 Th 10:15-11:30am
 #266268 Feb 1-22 M 10:15-11:30am
 #266269 Feb 3-24 W 5:30-6:45pm
 #266270 Feb 4-25 Th 10:15-11:30am

Yoga at Brier Creek/Drop In

Age: 18yrs. and up. Come and discover the benefits of yoga. It is very effective for stress reduction and relaxation. Stretch and find balance, greater strength and overall well-being. This class will focus on where you are in your body with gentle healing postures. Bring a yoga mat to class.

Brier Creek Community Center – Course Fee: \$10
 #267236 Feb 2-Apr 27 Tu 6:45-7:45pm

Yoga at Brier Creek/Sessions

Age: 13yrs. and up. Come and discover the benefits of yoga. It is very effective for stress reduction and relaxation. Stretch and find balance, greater strength and overall well-being. This class will focus on where you are in your body with gentle healing postures. Bring a yoga mat to class.

Brier Creek Community Center – Course Fee: \$40
 #266951 Apr 6-May 11 Tu 6:45-7:45pm
 #266953 Feb 23-Mar 30 Tu 6:45-7:45pm

Yoga at Optimist Community Center

Age: 16yrs. and up. Restorative and chakra yoga for mind and body balance. Your yoga instructor will lead you to rejuvenate through restorative ananas/postures, regulate pranayama/breathing, balance the alignment of the mind within the body, and nurture positive energy to disseminate peace within and beyond. This is an open-level class that will offer options for beginner and experienced practitioners. Instructor: Samia Touati.

Optimist Community Center – Course Fee: \$8
 #267815 Feb 3-Apr 28 W 7:00-8:15pm



ZUMBA® Fit

Age: 18yrs. and up. This feel-good workout is based on a motivating fusion of Latin and international music with unique moves and dynamic combinations. A combination of fast and slow rhythms tone and sculpt the body, maximizing caloric output and fat burning. No dance experience is required. Dance to great music with great people and burn a ton of calories without even realizing it!

Halifax Community Center – Course Fee: \$5

#266004	Apr 8	Th	6:15-7:15pm
#266005	Apr 15	Th	6:15-7:15pm
#266006	Apr 22	Th	6:15-7:15pm
#266007	Apr 29	Th	6:15-7:15pm
#266011	Feb 1	M	6:15-7:15pm
#266012	Feb 8	M	6:15-7:15pm
#266013	Feb 15	M	6:15-7:15pm
#266014	Feb 22	M	6:15-7:15pm
#266015	Feb 4	Th	6:15-7:15pm
#266016	Feb 11	Th	6:15-7:15pm
#266017	Feb 18	Th	6:15-7:15pm
#266018	Feb 25	Th	6:15-7:15pm
#266019	Mar 1	M	6:15-7:15pm
#266020	Mar 8	M	6:15-7:15pm
#266021	Mar 15	M	6:15-7:15pm
#266022	Mar 22	M	6:15-7:15pm
#266023	Mar 29	M	6:15-7:15pm
#266024	Mar 4	Th	6:15-7:15pm
#266025	Mar 11	Th	6:15-7:15pm
#266026	Mar 18	Th	6:15-7:15pm

ZUMBA® & ZUMBA® Toning with Maria - Bundle Pass

Age: 12yrs. and up. When you see a Zumba class in action, you'll have to give it a try. Zumba classes feature exotic rhythms set to high-energy Latin and international beats. Before you know it, you're getting fit and your energy levels are soaring! There's no other fitness class like a Zumba fitness party. It's easy to do, effective and totally exhilarating, often building a deep-rooted sense of community among returning students.

Certified Zumba instructor: Maria Elena de Leon Angel Williams. Punch pass includes 5 passes that can be used at any time.

Green Road Community Center – Course Fee: \$25

#263174	Feb 1-5	M, W, F	6:00-7:00pm
#263175	Feb 8-12	M, W, F	6:00-7:00pm
#263176	Feb 15-19	M, W, F	6:00-7:00pm
#263177	Feb 22-26	M, W, F	6:00-7:00pm
#263178	Mar 1-5	M, W, F	6:00-7:00pm
#263179	Mar 8-12	M, W, F	6:00-7:00pm
#263180	Mar 15-19	M, W, F	6:00-7:00pm
#263181	Mar 22-26	M, W, F	6:00-7:00pm
#263182	Apr 5-9	M, W, F	6:00-7:00pm
#263183	Apr 12-16	M, W, F	6:00-7:00pm
#263185	Apr 19-23	M, W, F	6:00-7:00pm
#263186	Apr 26-30	M, W, F	6:00-7:00pm
#263191	Mar 29-31	M, W	6:00-7:00pm

ZUMBA® @ Greystone

Age: 12yrs. and up. ZUMBA® dance fitness combines rhythms of Latin and international music to make exercising fun! Learn basic steps to salsa, merengue, cumbia, samba and more! No dance experience necessary. Transform your body to a healthier you!

Don't wait any longer! Come join the Zumba party for \$5 per class. All classes taught by licensed Zumba Instructor Remy San Luis.

Greystone Community Center – Course Fee: \$5

#267696	Feb 4-Apr 29	Th	6:00 -7:00pm
#267697	Feb 6-Apr 24	Sa	10:00-11:00am

ZUMBA® at Barwell Road

Age: 13yrs. and up. This aerobic fitness class adults and teens uses rhythms from salsa, merengue, samba, cha-cha and other Latin music. This class combines body-sculpting movements with easy-to-follow dance steps. Chair Zumba may be incorporated into some classes. You may bring small weights to class. Instructor: Portia Walton.

Barwell Road Community Center – Course Fee: \$3

#267314	Feb 1-Apr 26	M	6:00-7:00pm
---------	--------------	---	-------------

ZUMBA® at the Creek!

Age: 18yrs. and up. International explosion of dance, fun and fitness! Learn the basic Latin rhythms and moves of merengue, salsa, cumbia and more. No prior dance experience or background necessary. Come join the Zumba party! \$5 Drop-In. Instructor: Crystal Morgan

Brier Creek Community Center – Course Fee: \$5

#266963	Feb 3-Apr 28	W	6:30-7:30pm
---------	--------------	---	-------------

ZUMBA® Boom

Age: 14yrs. and up. International explosion of dance, fun and fitness! Learn the basic Latin rhythms and moves of merengue, salsa, cumbia and more. No prior dance experience or background necessary. Come join the Zumba party! Passes: \$5 (daily), \$25 (6 visit pass), \$45 (12 visit Pass)

Laurel Hills Community Center – Course Fee: \$24

#266230	Feb 2-May 5	Tu-W	7:30-8:30pm
---------	-------------	------	-------------

ZUMBA® with Maria - Daily Pass

Age: 12yrs. and up. When you see a Zumba class in action, you'll have to give it a try. Zumba classes feature exotic rhythms set to high-energy Latin and international beats.

Before you know it, you're getting fit and your energy levels are soaring! There's no other fitness class like a Zumba fitness party. It's easy to do, effective and totally exhilarating, often building a deep-rooted sense of community among returning students.

Certified Zumba instructor: Maria Elena de Leon Angel Williams.

Green Road Community Center – Course Fee: \$5

February Zumba Daily Pass - \$5/day

#263193	Feb 1-26	M, W, F	6:00-7:00pm
#263194	Mar 1-31	M, W, F	6:00-7:00pm
#263195	Apr 5-30	M, W, F	6:00-7:00pm

continued on page 44 —

Dance Xross Fitness

Age: 18yrs. and up. This fun, high-energy class combines dance fitness, kickboxing moves, strength training and soul line dancing. Instructor: Linda Thomas

Anne Gordon Center for Active Adults

Course Fee: \$9/\$12/\$15

#264967	Feb 1-22	M	11:45am-12:45pm
#264968	Mar 1-29	M	11:45am-12:45pm
#264969	Apr 5-26	M	11:45am-12:45pm

Five Points Center for Active Adults

Course Fee: \$9/\$12/\$15

#264971	Feb 2-23	Tu	11:15am-12:00pm
#264972	Mar 2-23	Tu	11:15am-12:00pm
#264973	Apr 6-27	Tu	11:15am-12:00pm

Gentle Stretch

Age: 18yrs. and up. Participants will gently and safely stretch each body part in a quiet relaxing atmosphere. Gentle, structured stretches will allow the body to recognize loss in flexibility and range of motion and work to improve these losses. Instructor: Sue Payne.

Five Points Center for Active Adults

Course Fee: \$9/\$12/\$15

#266243	Feb 3-24	W	12:1-1:00pm
#266244	Mar 3-31	W	12:15-1:00pm
#266245	Apr 7-28	W	12:15-1:00pm

Line Dance for Active Adults

Age: 18yrs. and up. Enjoy a fun workout while learning new line dances. There is a class for every experience level! Those who do not know the line dancing steps, by name and movement, need to start with the Introduction level. This is a large group class and not individualized instruction.

Anne Gordon Center for Active Adults—

Course Fee: \$8
Line Dance: Introduction (little to no experience)

#265423	Feb 5-26	F	2:15-3:15pm
#265424	Mar 5-26	F	2:15-3:15pm
#265425	Apr 9-30	F	2:15-3:15pm
#265428	Feb 5-26	F	1:00-2:00pm
#265429	Mar 5-26	F	1:00-2:00pm
#265430	Apr 9-30	F	1:00-2:00pm

Line Dance Open Studio

Age: 18yrs. and up. Join us for this fun and informal line dance open studio time. There is no instructor, but the regulars can help get you up to speed. Enjoy dancing to some old favorites while making new friends! Participants should have some line dancing experience and know the basic steps.

Anne Gordon Center for Active Adults –

Course Fee: \$0
Line Dance Open Studio: Beginner (need to know steps)

#265449	Feb 2-Apr 27	Tu	4:00-5:15pm
---------	--------------	----	-------------

Mindful Meditation

Age: 18yrs. and up. Mindful Meditation is an exercise that integrates mind, body and spirit; but it does not require difficult floor work or strenuous poses. Class will incorporate warm-up movements and guided breathing, sitting, and walking techniques that enhance focus and spinal alignment. Practitioners will cultivate concentration within oneself and bring awareness to body mechanics, balance, and relaxation. Instructor: My Hao Tran

Anne Gordon Center for Active Adults

Course Fee: \$9/\$12/\$15

#264983	Feb 3-24	W	12:30-1:15pm
#264984	Mar 3-31	W	12:30-1:15pm
#264985	Apr 7-28	W	12:30-1:15pm

Pilates for Active Adults

Age: 18yrs. and up. Pilates takes a holistic approach to fitness and well-being. Students will do a series of movements in conjunction with breathing techniques that will stretch and strengthen muscles; improve flexibility and balance; and stabilize and strengthen your core. Modifications are shown for those with back, knee and neck issues.

Five Points Center for Active Adults

Course Fee: \$9/\$12/\$15

#266271	Feb 5-26	F	11:30am-12:30pm
#266272	Mar 5-26	F	11:30am-12:30pm
#266273	Apr 9-30	F	11:30am-12:30pm
#266275	Feb 1-22	M	4:30-5:30pm
#266276	Mar 1-29	M	4:30-5:30pm
#266277	Apr 5-26	M	4:30-5:30pm
#266279	Feb 1-22	M	9:15-10:00am
#266280	Mar 1-29	M	9:15-10:00am
#266281	Apr 5-26	M	9:15-10:00am
#266283	Feb 3-24	W	10:30-11:15am
#266284	Feb 3-24	W	11:30am-12:00pm
#266285	Mar 3-31	W	10:30-11:15am
#266286	Apr 7-28	W	10:30am-11:15am
#266288	Mar 3-31	W	11:30am-12:00pm
#266289	Apr 7-28	W	11:30am-12:00pm

Qi Gong

Age: 18yrs. and up. Qi Gong (chee-gong), the ancient Chinese practice of meditation with movement, uses 24 simple movements designed to promote internal energy and organ health. Practitioners believe that in addition to the physical exercise, the movements create good energy flow in the body and contribute to overall health. Qi Gong for Joint Health is conducted both seated and standing. You practice guided visualization, simple motion and balance exercises to improve strength and fluidity of movement, promoting bone and joint health. Instructor: Kathy Bundy

Anne Gordon Center for Active Adults

Course Fee: \$9/\$12/\$15

#264999	Feb 3-24	W	10:30-11:15am
#265000	Mar 3-31	W	10:30-11:15am
#265001	Apr 7-28	W	10:30-11:15am
#265003	Feb 5-26	F	10:30-11:15am
#265004	Mar 5-26	F	10:30-11:15am
#265005	Apr 9-30	F	10:30-11:15am
#265007	Feb 5-26	F	11:30am-12:15pm
#265008	Mar 5-26	F	11:30am-12:15pm
#265009	Apr 9-30	F	11:30am-12:15pm

Five Points Center for Active Adults

Course Fee: \$9/\$12/\$15

#265011	Feb 2-23	Tu	9:15-10:00am
#265012	Mar 2-30	Tu	9:15-10:00am
#265013	Apr 6-27	Tu	9:15-10:00am
#265015	Feb 5-26	F	9:15-10:00am
#265016	Mar 5-26	F	9:15-10:00am
#265017	Apr 9-30	F	9:15-10:00am

Shibashi for Active Adults

Age: 18yrs. and up. Shibashi is a gentle, free-flowing qigong routine utilizing movements from Yang style tai chi. The routine consists of an easy-to-remember sequence of 18 meditative movements emphasizing proper posture and deep breathing. There will be visualization practice and discussions explaining how to cultivate energy that results in improved health. Benefits include: improved flexibility and strength; better concentration; periods of sustained relaxation; and stress relief. Seated modifications will be available for those with physical limitations.

Anne Gordon Center for Active Adults

Course Fee: \$9/\$12/\$15

#265060	Feb 3-24	W	11:30am-12:15pm
#265061	Mar 3-31	W	11:30am-12:15pm
#265062	Apr 7-28	W	11:30am-12:15pm

Silver Cardio

Age: 18yrs. and up. Classes start with basic warm-up moves, followed by 30 minutes of moderate-impact moves, including gentle boxing, floor exercises and balance elements. Break a sweat and have lots of fun! Instructor: Bettie Ittenbach

Five Points Center for Active Adults

Course Fee: \$9/\$12/\$15

#266291	Feb 4-25	Th	1:00-1:45pm
#266292	Mar 4-25	Th	1:00-1:45pm
#266293	Apr 1-29	Th	1:00-1:45pm

Soul Line Dancing

Age: 18yrs. and up. Dance to soul and R&B music while working up a sweat and burning calories. Learn popular line dances, as well as new ones. All levels are welcome. Instructor: Journonya Harris-Rayner

Five Points Center for Active Adults

Course Fee: \$9/\$12/\$15

#266295	Feb 4-25	Th	10:30-11:15am
#266296	Mar 4-25	Th	10:30-11:15am
#266297	Apr 1-29	Th	10:30-11:15am

Tai Chi Chih

Age: 18yrs. and up. Tai chi chih consists of 19 flowing moves to balance and circulate energy (chi). Students of all levels experience benefits such as decreased stress and anxiety, improved balance and increased muscle flexibility. Instructor: Adrienne McKenzie

Five Points Center for Active Adults

Course Fee: \$9/\$12/\$15

Beginner			
#266299	Feb 1-22	M	10:15-11:15am
#266300	Mar 8-29	M	10:15-11:15am
#266301	Apr 5-26	M	10:15-11:15am
Intermediate			
#266304	Feb 1-22	M	11:30am-12:30pm
#266305	Mar 1-29	M	11:30am-12:30pm
#266306	Apr 5-26	M	11:30am-12:30pm

continued on page 46 —

ZUMBA Gold®

Age: 18yrs. and up. Zumba Gold® recreates the original moves of Zumba® at a lower intensity. It is set to Latin, international and pop music and combines cardio fitness, muscle conditioning, balance and coordination. The easy-to-follow moves and invigorating party-like atmosphere feel friendly. Modifications will be provided for all fitness levels.

Anne Gordon Center for Active Adults

Course Fee: \$9/\$12/\$15

#265380	Feb 3-24	W	9:15-10:00am
#265381	Mar 3-31	W	9:15-10:00am
#265382	Apr 7-28	W	9:15-10:00am
#265384	Feb 4-25	Th	11:15am-12:00pm
#265385	Mar 4-25	Th	11:15am-12:00pm
#265386	Apr 1-29	Th	11:15am-12:00pm
#265388	Feb 5-26	F	9:15-10:00am
#265389	Mar 5-26	F	9:15-10:00am
#265390	Apr 9-30	F	9:15-10:00am

Five Points Center for Active Adults

Course Fee: \$9/\$12/\$15

#265393	Feb 2-23	Tu	12:30-1:15pm
#265394	Mar 2-30	Tu	12:30-1:15pm
#265395	Apr 6-27	Tu	12:30-1:15pm

Family

Family Tree Yoga

Age: 5-8 yrs. This class is for parents, caregiver, and their child to have an opportunity to strengthen the family bond through the practice of yoga. We'll include age appropriate poses to build confidence, partner poses to promote bonding, acroyoga to foster trust, as well as yoga games that make learning yoga fun! Reinforce your family's roots while creating a strong and grounded practice that will last for years to come. All levels of yoga are welcomed. Dress comfortably and bring a yoga mat if you have one.

Hill Street Center – Course Fee: \$40

#264327	Feb 4-25	Th	6:30-7:30pm
#264329	Mar 4-25	Th	6:30-7:30pm
#264330	Apr 8-29	Th	6:30-7:30pm

Karate with Sensei Martin

Age: 6yrs. and up. Traditional Okinawan Karate, focused on self-defense and quick movements to avoid violence. Suitable for all ages and abilities. Great for fitness, fun and building self-confidence. *Students will be required to purchase a gradebook (\$20), patch (\$10) and uniform (\$50) if they wish to grade. Grading starts at \$25 and

additional fees paid to instructor. Open to youth and adults. Instructor: Sensei Martin
Brier Creek Community Center – Course Fee: \$40
 #266912 Mar 4-25 Th 6:00-6:45pm
 #266913 Apr 1-22 Th 6:00-6:45pm
 #266919 Feb 4-25 Th 6:00-6:45pm

Martial Arts -Tae Kwon Do

Age: 16yrs. and up. Tae Kwon Do is a Korean martial art. It loosely translates to 'the way of the hand and foot.' As such, no weapons are used. It is a strong, fast and powerful martial art form. This class will keep you fit and give you great confidence, not just physically, but in all aspects of life. This class practices a safe, no-contact format.

Jaycee Community Center – Course Fee: \$30

#266452	May 4-27	Tu, Th	6:30-8:00pm
Course Fee: \$40			
#266449	Feb 2-25	Tu, Th	6:30-8:00pm
#266450	Mar 2-30	Tu, Th	6:30-8:00pm
#266451	Apr 1-29	Th, Tu	6:30-8:00pm

Tae Kwon Do - Martial Arts

Age: 7yrs. and up. This martial arts class for youth and adults develops discipline in youth, fitness in adults and fine martial art skills in both youth and adults.

Lions Park Community Center – Course Fee: \$35

#266989	Feb 2-25	Tu, Th	6:30-7:30pm
#266990	Mar 2-25	Tu, Th	6:30-7:30pm
#266991	Apr 1-20	Th, Tu	7:30-8:30pm



Nature Education

Annie Louise Wilkerson, MD
Nature Preserve Park
919-996-6764

Durant Nature Preserve and
Horseshoe Farm Nature Preserve
919-878-9116

Forest Ridge Park
919-996-5800

Lake Johnson Park Waterfront Center
919-233-2121

Lake Wheeler Park
919-662-5704

Thomas G. Crowder Woodland Center
919-996-3141

Walnut Creek Wetland Park
919-996-2760

Programming for organized groups (such as schools, daycare centers and preschools) is available by request from the Nature Program office. For more information 919-996-6856.

Jake and Jennies: Young Explorers Club

Age: 3-6 yrs. Jakes and Jennies are young turkeys looking to find their way in the world. Join the flock at Forest Ridge Park to enjoy an hour of educational outdoor based programing. Activities include interactive games and crafts that orient these young turkeys with their natural surroundings. Programs take place outdoors weather permitting. Toms and Hens (Parents) are encouraged to participate with their children. Pre-Registration is highly recommended.

Forest Ridge Park – Course Fee: \$3

Jakes and Jennies

#263451	Feb 3	W	10:00-11:30am
#263452	Mar 3	W	10:00-11:30am
#263453	Apr 7	W	10:00-11:30am

Little Farmers

Age: 3-5 yrs. Calling all little farmers! The week of March 22 is Agriculture week. Hop on your tractor and visit Abbots Creek for a fun story and opportunity to plant your seeds for a home garden.

Abbots Creek Community Center – Course Fee: \$5

#267365	Mar 25	Th	9:30-10:15am
---------	--------	----	--------------

Love Bugs!

Age: 2-6 yrs. Children will enjoy games, stories and songs all featuring those six-legged creatures we call bugs! Children will see and touch live bugs and create a buggy valentine to take home. Preregistration is required. Children must be accompanied by adults. Adults attend free. For more information, contact Nature Programs at 919-996-6856.

Carolina Pines Community Center – Course Fee: \$2

#265507	Feb 12	F	10:30-11:30am
---------	--------	---	---------------

Kiwanis Park – Course Fee: \$2

#265506	Feb 10	W	10:30-11:30am
---------	--------	---	---------------

Lake Lynn Community Center – Course Fee: \$2

#265504	Feb 9	Tu	10:30-11:30am
---------	-------	----	---------------

#265505	Feb 9	Tu	12:30-1:30pm
---------	-------	----	--------------

Sertoma Arts Center – Course Fee: \$2

#265503	Feb 11	Th	10:30-11:30am
---------	--------	----	---------------

Masters of Disguise

Age: 3-5 yrs. Do you know that adaptation is the key to survival in the wild? Successful animals and plants can hide really well through disguises. Come learn about camouflage, mimicry, blending and other ways to hide in plain sight. This program will include games and activities to see if you can find the hidden creatures as well as the creation of some camouflage artwork.

Forest Ridge Park – Course Fee: \$3

#263455	Apr 14	W	10:00-11:30am
---------	--------	---	---------------

#263467	Apr 17	Sa	10:00-11:30am
---------	--------	----	---------------

Meadow Wee Walkers

Age: 1yrs. and up. Join us for a special Wee Walkers at Horseshoe Farm Nature Preserve. This is a great opportunity for adults and little ones (1-4 yrs) to meet each other and explore what's happening in nature as we take an easy-paced hike around the preserve. We'll explore the meadow and look for wildlife and signs of spring. Children must be accompanied by adults. Children and adults must pre-register for planning purposes.

Horseshoe Farm Nature Preserve

#266237	Apr 8	Th	10:00-11:00am
---------	-------	----	---------------

Preschool

Duck, Duck, Goose!

Age: 2-6 yrs. Little ones will have fun learning all about ducks, geese and other feathered creatures. Games, songs, stories and crafts will bring this program to life. Preregistration is required. Children must be accompanied by adults. Adults attend free. For more information, contact Nature Programs at 919-996-6856.

Carolina Pines Community Center – Course Fee: \$2

#265528	Apr 16	F	10:30-11:30am
---------	--------	---	---------------

Kiwanis Park – Course Fee: \$2

#265524	Apr 14	W	10:30-11:30am
---------	--------	---	---------------

Lake Lynn Community Center – Course Fee: \$2

#265520	Apr 13	Tu	10:30-11:30am
---------	--------	----	---------------

#265521	Apr 13	Tu	12:30-1:30pm
---------	--------	----	--------------

Sertoma Arts Center – Course Fee: \$2

#265518	Apr 15	Th	10:30-11:30am
---------	--------	----	---------------

Fairies and Trolls

Age: 3-6 yrs. Do fairies and trolls live at the nature preserve? Come find out. Make a tiny house in the woods for a mouse, bug, toad, woodland fairy or even a troll. Wear fairy wings and walk the fairy trails! Advance registration is required. Adults must accompany children; adults attend free. This program takes place on trails that may not be accessible by strollers.

Annie Louise Wilkerson Nature Preserve – Course Fee: \$4

#266934	Mar 17	W	1:00-2:30pm
---------	--------	---	-------------

Foxes and Coyotes

Age: 3-6 yrs. We will explore the wonders of foxes and coyotes with puppets, fur, skulls and stories. Weather permitting, we'll go outside to look for their tracks, poop and dens. Make a fox toy and a coyote or fox track to take home! Advance registration is required for this program. Adults must accompany children; adults attend free. This program may take place on trails that are not accessible by strollers.

Annie Louise Wilkerson Nature Preserve – Course Fee: \$3

#266921	Feb 10	W	1:00-2:30pm
---------	--------	---	-------------

Native Animals

Age: 3-5 yrs. What animals live near you? Do they live in the forest? In the lake? In the grassy fields? What do they eat? Do they stay active or hibernate in the winter? All animals have certain adaptations that help them survive in their habitats. What are these adaptations? Come learn about some Native North Carolina species that you may see around Falls Lake through games and activities. Then use what you learn to design a new species that can live in a nearby habitat.

Forest Ridge Park – Course Fee: \$3
#263464 Mar 17 W 10:00-11:30am

Shake Those Tail Feathers!

Age: 2-6 yrs. Children will shake their tail feathers as they come to understand the many different kinds, colors and textures of tails that trail behind all sorts of wild creatures. Games, stories, songs and live animals will engage little learners. Preregistration is required. Children must be accompanied by adults. Adults attend free. For more information, contact Nature Programs at 919-996-6856.

Carolina Pines Community Center – Course Fee: \$2
#265517 Mar 3 W 10:30-11:30am

Kiwanis Park – Course Fee: \$2
#265516 Mar 10 W 10:30-11:30am

Lake Lynn Community Center – Course Fee: \$2
#265511 Mar 9 Tu 10:30-11:30am
#265512 Mar 9 Tu 12:30-1:30pm

Sertoma Arts Center – Course Fee: \$2
#265510 Mar 11 Th 10:30-11:30am

Wee Walkers

Age: 1 yrs. and up. Would you and your toddler (1-4 yrs) like some company for your walks? Join others on an easy paced hike around the Preserve. This is a great opportunity for adults and little ones to meet each other and explore what's happening in nature. Preregistration is required for planning purposes. Children and

adults must pre-register. This program takes place on trails that may not be accessible by strollers.

Durant Nature Preserve
#266236 Mar 4 Th 10:00-11:00am

Welcome, Hummingbirds

Age: 3-6 yrs. The hummingbirds are coming back to Raleigh from their winter homes in Mexico and Central America. Learn about hummers and play some hummingbird games. Help us put up the nectar feeders in the park for our hungry hummingbirds. Advance registration is required for this program. Adults must accompany children; adults attend free.

Annie Louise Wilkerson Nature Preserve – Course Fee: \$3
#266936 Apr 14 W 1:00-2:30pm

Youth

Animal Survival

Age: 3-5 yrs. BRRR, it's cold and the trees are bare. There is less food available. How does life change in the winter forest? Some animals hibernate, some migrate, and some make changes in their lifestyle. Come learn about animal life and the adaptations animals make to survive!

Forest Ridge Park – Course Fee: \$3
Who Hibernates? Who Migrates?
#263445 Feb 17 W 10:00-11:30am
#263446 Feb 20 Sa 10:00-11:30am

Boy Scouts Merit Badge

Age: 10-18 yrs. Come to Walnut Creek Wetland Park to meet most of the requirements for earning your merit badge. Dress for walking in the forest, and bring a water bottle, spiral notebook to use as a field notebook, your Blue Card and the Merit Badge Workbook for the subject being taught. You will be contacted at least a week in advance if there are any additional prerequisites.

Walnut Creek Wetland Center – Course Fee: \$15
Nature
#265909 Mar 28 Su 2:00-5:00pm
Forestry
#265910 Apr 25 Su 2:00-5:00pm

Counting Canids

Age: 7-12 yrs. Learn about canids -- wolves, coyotes and foxes -- and how they are alike and different. Take a hike to look for tracks and signs. Learn how biologists use wildlife cameras to reveal these secretive animals. Make casts of canid feet to take home.

Annie Louise Wilkerson Nature Preserve – Course Fee: \$4
#266923 Feb 19 F 2:00-3:30pm

Native Wildlife

Age: 6-10 yrs. What animals live near you? Do they live in the forest? In the lake? In the grassy fields? What do they eat? Do they stay active or hibernate in the winter? All animals have certain adaptations that help them survive in their habitats. What are these adaptations? Come learn about some Native North Carolina species that you may see around Falls Lake through games and activities. Then use what you learn to design a new species that can live in a nearby habitat.

Forest Ridge Park – Course Fee: \$3
#263465 Mar 13 Sa 10:00-11:30am

Adult

Early Birds

Age: 16yrs. and up. Grab your binoculars and meet us at beautiful Horseshoe Farm for a bird-watching hike led by Wake Audubon guest naturalist, Erla Beegle. Spend your morning watching and learning about birds that prefer a meadow or edge habitat, on approximately a 1-mi walk. For beginning and advanced birders alike. Bring your binoculars or borrow some of ours. Pre-registration is required for planning purposes.

Horseshoe Farm Nature Preserve
#266241 Apr 10 Sa 8:00-9:30am

Environmental Lecture Series

Age: 12yrs. and up. Join us at the Thomas G. Crowder Woodland Center for an exciting environmental lecture series held every 2nd Monday of the month. With a new topic each month, there is something for everyone. We will have professionals and graduate students presenting on topics that they know best! Call 919-996-3141 to find out more about our upcoming speakers and topics. Earn 1 hour of criteria III EE credit. Advance registration is not required but is helpful for planning purposes.

Thomas G Crowder Woodland Center
#263966 Feb 8 M 6:00-7:00pm
#263967 Mar 8 M 7:00-8:00pm
#263968 Apr 5 M 7:00-8:00pm

continued on page 50 —



Gardening for Pollinators

Age: 12yrs. and up. Prepare your garden for spring by planting for pollinators. Learn how pollinators play an essential role in every ecosystem. We will go over what to plant to provide food and habitat for pollinators in this area. Participants will go home with knowledge of how to start their own pollinator garden and something to put in it. Earn 2 hours of criteria II or III EE credit. Advance registration is required for this program.

Thomas G Crowder Woodland Center – Course Fee: \$12
#263988 Apr 10 Sa 9:00-11:00am

Introduction to Birding

Age: 13yrs. and up. What kind of bird is that? In this program, participants will learn bird identification techniques. This program will start inside and then venture through the park to spot our feathered friends. Participants will receive field guides of local birds to take home. This is an outdoor event, and participants should dress for weather conditions. We will provide some binoculars, but you are encouraged to bring your own if you have them.

Forest Ridge Park – Course Fee: \$10
#263450 Apr 10 Sa 9:00-11:00am

Seasonal Tree ID

Age: 18yrs. and up. What kind of tree is that? In this program, you will learn to identify local trees based on bark, limb, buds and branching patterns as well as leaves, seeds and habitat. Participants will receive field guides for local trees to keep and take home. This is an outdoor event, and you should dress for weather conditions. Participants are eligible to receive three hours of Criteria II (outdoor) or Criteria III credit toward N.C. Environmental Educator Certification. Sign up today and answer the question, 'What kind of tree is that?'

Forest Ridge Park – Course Fee: \$10
#263458 Feb 7 Su 2:00-5:00pm

Sunrise Birding Walk

Age: 12yrs. and up. This program is for beginning birders and well-practiced watchers alike. Join us as we take a sunrise trek around the lake to find our avian friends. We will focus on both songbirds and waterfowl and maybe see some raptors! Bring your own binoculars if possible, as supplies are limited. Please bring water and wear comfortable footwear. Earn 2 hours criteria II or III EE credit upon request. Adult(s) must accompany child(ren) under 16, register, and pay the program fee. Advance registration is required for this program.

Thomas G Crowder Woodland Center – Course Fee: \$4
#263973 Feb 13 Sa 7:00-9:00am
#263974 Apr 10 Sa 7:00-9:00am

Tree ID Trek

Age: 14yrs. and up. Come join our naturalists and learn how to identify some common trees found in the park. Participants will learn features of tree ID that will help year-round. No prior tree identification knowledge is necessary. Earn 2 hours criteria II or III EE credit upon request. Adult(s) must accompany child(ren)

under 16, register, and pay the program fee. Advance registration is required for this program.

Thomas G Crowder Woodland Center – Course Fee: \$4
#263989 Apr 18 Su 1:00-3:00pm

Wild Reads - Nature Book Club

Age: 16yrs. and up. What's the first thing you want to do when you finish a great book? Talk about it! Join our community book club of nature lovers as we read and discuss quarterly selections on wildlife, science, environmental conservation, memoir, and more. Our relaxed meetings are an ideal way to meet like-minded friends and share ideas, questions, and perspectives inspired by notable books on nature. Pre-registration is required for planning purposes.

The Feather Thief by Kirk Wallace Johnson
Durant Nature Preserve
#266185 Apr 28 W 5:30-7:00pm

Wildlife in Motion

Age: 18yrs. and up. Take your best shot! This program introduces the use of trail cameras for wildlife viewing. In this two-session course you will get tips on use and etiquette, site selection, and how to set up a wildlife camera trap. The course will start indoors before moving outside to allow time to set up cameras in the park. On the second session we will retrieve the cameras to see what we've captured. This program will spend time outdoors; please dress accordingly. Sign up today to find out what critters are in your community. Cameras are provided.
Forest Ridge Park – Course Fee: \$5
#263459 Mar 18-25 Th 10:00am-12:00pm

Family

Astronomy Nights

Age: 5yrs. and up. What's up in space this month? Find out the answer in our monthly astronomy program. Each program begins with an indoor presentation and (weather permitting) moves outside after sunset to view the moon, stars and planets with the preserve's telescope. Advance registration is required for this program. Adults must accompany children. Adults and children (5 years and up) must register and pay the program fee.

Annie Louise Wilkerson Nature Preserve – Course Fee: \$2
#266929 Mar 19 F 7:00-8:30pm
#266930 Apr 16 F 7:45-9:15pm

Backyard Birds of Durant

Age: 8yrs. and up. Participate in the Great Backyard Bird Count! We'll go on a short hike in the preserve to look for your favorite backyard birds and discuss the variety of foods that different birds eat. Then, you'll make a bird feeder to take home so you can watch the birds as they flock to your feeder! Children must be accompanied by adults. Pre-registration is required. Children and adults must pre-register and pay program fee.

Durant Nature Preserve – Course Fee: \$2
#266231 Feb 13 Sa 2:00-3:00pm

Big Sweep

Age: 5yrs. and up. The Walnut Creek Wetland Center was founded by dedicated community volunteers who came together to clean up a neglected area and establish a nature park for southeast Raleigh. Be a part of the legacy of this gem by helping us with our biannual cleanup of the wetland. Please bring your own water bottle, and we will fill it with ice water. Light refreshments will be available when you are done! Registration is not required but appreciated for planning purposes. All volunteers will be required to sign a liability waiver, and children under 18 will need a waiver signed by a parent or guardian.

Walnut Creek Wetland Center
#265914 Apr 17 Sa 9:00am-12:00pm

Bird Feeder Watch

Age: 7yrs. and up. Join us for the Great Backyard Bird Count! Spend some time counting birds at our feeders and then make your own suet bird feed to take home. Ages 7+ welcome, but most appropriate for families with children middle school age or older. Adult(s) must accompany child(ren), register, and pay the program fee. Advance registration is required for this program.

Thomas G Crowder Woodland Center – Course Fee: \$4
#263975 Feb 13 Sa 9:30-11:30am
#263976 Feb 15 M 9:30-11:30am

Family Fishing

Age: All Ages. Join us for this fun fishing program! Participants will learn how to cast, set up a rod, and then go fishing in the lake. This is a great way to spend an afternoon with the whole family! Equipment is provided including rod, reel, and bait. Participants 3 years old and under attend free and do not need to register. Adult(s) must accompany all child(ren), register, and pay the program fee. Advance registration is required for this program.

Lake Johnson – Course Fee: \$4
#263982 Mar 6 Sa 10:00am-12:00pm
#263983 Apr 11 Su 10:00am-12:00pm

Family Fishing Class

Age: 6yrs. and up. Bring the family out for a day of fishing and fun! You and your family will learn all about the fundamentals of fishing as well as local fish biology and their importance. Equipment will be provided but you are welcome to bring your own fishing gear. Limited spots are available so register today. Pre-registration is required.

Lake Wheeler – Course Fee: \$2
#267376 Apr 17 Sa 10:00-11:00am

Feathery Friends

Age: All Ages. Join us for the Great Backyard Bird Count! Learn about what makes birds cool, spend some time identifying birds at our feeders, and make your own bird treats to take home. All ages welcome, but most appropriate for families with children elementary school age or older. Adult(s) must accompany child(ren), register, and pay the program fee. Advance registration is required for this program.

Thomas G Crowder Woodland Center – Course Fee: \$3
#263977 Feb 14 Su 10:00-11:30am

Frog Song Campfire

Age: All Ages. Gather 'round the campfire as we listen to the songs of spring. Together we'll learn about and hear from the frogs that make Durant Nature Preserve their home. Children must be accompanied by adults. Children and adults must pre-register and pay the program fee.

Durant Nature Preserve – Course Fee: \$2

#266204 Apr 16 F 7:30-8:30pm

Great Backyard Bird Count

Age: All Ages. Join an experienced birder at Walnut Creek Wetland Park for the annual Great American Backyard Bird Count! People of all ages and birding abilities join together during this four day weekend to count birds and submit their data which is used by scientists and bird experts. We'll get you started by counting the birds at Walnut Creek, and by giving you all the information you need to go home and count the birds in your own backyard! This is a fun, family activity where your count really counts! Bring your own binoculars or borrow a pair of ours.

Walnut Creek Wetland Center

#265915 Feb 13 Sa 10:00am-12:00pm

Groundhog Day Hike

Age: All Ages. Can the groundhog really predict upcoming weather? Join park staff as we learn more about this interesting animal and the myths and legends associated with it, all while enjoying a pleasant nature hike. Participants need to wear appropriate outdoor clothing and footwear.

Forest Ridge Park

#263449 Feb 2 Tu 10:00-11:30am

Guided Nature Hike

Age: 4yrs. and up. Join us for a 2 mile hike on the beautiful trails of Lake Johnson Park. A knowledgeable nature instructor will accompany you on each hike to discuss natural features and Lake Johnson's history. The hikes will be held on our unpaved trails that may not be suitable for children under the age of 7. Parts of the trail considered moderate/strenuous. Participants should dress for the weather in comfortable clothing and closed-toed shoes that can get messy. The program will run rain or shine. Adult(s) must accompany child(ren), register, and pay the program fee. Advance registration is required for this program.

Thomas G Crowder Woodland Center – Course Fee: \$2

#263980 Mar 13 Sa 10:00am-12:00pm

#263981 Apr 17 Sa 10:00am-12:00pm

Lake Johnson Park Nature Explorers

Age: All Ages. Flip over logs, dig a hole, or sift through leaves with one of our naturalists. Participants will immerse themselves in nature and learn about the interesting things they find. All ages welcome, but most appropriate for families with children elementary school age or older. Adult(s) must accompany child(ren), register, and pay the program fee. Advance registration is required for this program.

Thomas G Crowder Woodland Center – Course Fee: \$2

#263984 Mar 14 Su 1:30-3:00pm

#263985 Apr 11 Su 1:30-3:00pm

#264009 Apr 24 Sa 1:30-3:00pm

Little Birdwatchers

Age: 3-5 yrs. In honor of the Great Backyard Bird Count, swoop by Abbotts Creek and see if you can identify the different varieties of birds that live in the park. Prior to the hunt, your little bird watcher will have the opportunity to make a bird feeder!

Abbotts Creek Community Center – Course Fee: \$5

#267368 Feb 15 M 9:30-10:15am

Nature Art - Equinox Sun Printing

Age: 5yrs. and up. Soak up the sun as you make works of solar art on this special day, the weekend of the Spring Equinox. Collect natural materials, explore textures and shapes, and set your prints in the sun to preserve the sunlight of the first days of Spring in your creation. Make patterns, try some art science, and explore! Children must be accompanied by adults. Children and adults must pre-register and pay program fee.

Horseshoe Farm Nature Preserve – Course Fee: \$4

#266239 Mar 21 Su 3:00-4:00pm

Pint-Sized Planters

Age: All Ages. What do plants need to survive? Why are plants important? In this springtime program we will explore the needs of plants, make our very own seed starters and become little scientists as we take a closer look at pollinators! All ages welcome, but most appropriate for families with children elementary school age or older. Adult(s) must accompany child(ren), register, and pay the program fee. Advance registration is required for this program.

Thomas G Crowder Woodland Center – Course Fee: \$4

#263986 Mar 20 Sa 9:00-11:00am

Spring Has Sprung Wildflower Walk

Age: 6yrs. and up. Spring is here, Earth Day is around the corner, and the wildflowers have arrived. Take a stroll around the Preserve with a naturalist to find out what's in bloom and what's attracted to those blooms. Take home wildflower seeds and suggestions for making your yard a native paradise. Youth must be accompanied by adults. Youth and adults must pre-register in advance.

Durant Nature Preserve – Course Fee: \$2

#266242 Apr 18 Su 3:00-4:00pm

Treasure Hunting in the Wetland

All Ages. Legends say there is a treasure at the end of every rainbow, and that it is guarded by a tricky leprechaun. Other legends say there are treasures all around us in nature. Come out to find the natural treasures that are all around Walnut Creek Wetland Park during a family treasure hunt. Gain skills in using a map and a compass to follow a treasure map around the park and see what treasures you find! Families are encouraged to dress in a creative 'natural treasures' theme

attire; the best dressed family will get an extra treasure. Please register only one member of your family, at least 4 days in advance.

Walnut Creek Wetland Center – Course Fee: \$15

#265634 Mar 14 Su 1:00-4:00pm

Tree-mendous Trees

Age: All Ages. Come join us for this tree-mendous program where you'll get to learn all about trees. We will learn what makes trees so unique, how we use them in our everyday lives, and even how to identify some of our common trees that can be found in your backyard! All ages welcome, but most appropriate for families with children elementary school age. Adult(s) must accompany child(ren), register, and pay the program fee. Advance registration is required for this program.

Thomas G Crowder Woodland Center – Course Fee: \$4

#263991 Apr 30 F 6:00-8:00pm

Twilight Walk

Age: 4yrs. and up. Many animals are active around sunset or shortly after. Take a moonlit walk with a park naturalist to explore the woods and fields at this special time. Look for deer, coyotes and owls. This program is designed for families with young children. Advance registration is required for this program. Adults must accompany children. Adults and children (4 years and up) must register. This program takes place on trails that may not be accessible by strollers. Participants should dress for the weather.

Annie Louise Wilkerson Nature Preserve – Course Fee: \$2

#266925 Feb 26 F 5:00-6:30pm

#266926 Mar 26 F 7:00-8:30pm

#266927 Apr 23 F 7:30-9:00pm

Wildflower Walk

Age: 5yrs. and up. Many wildflowers bloom in spring. Join us for a leisurely hike as we learn to recognize some blooming beauties and appreciate their stories. Program is for all ages. Adults must accompany any children. Adults and children (5 years and up) must register.

Annie Louise Wilkerson Nature Preserve – Course Fee: \$2

#266940 Apr 10 Sa 10:30-11:30am



CITY OF OAKS *f o u n d a t i o n*

City of Oaks Foundation urges children to get outside

Keeping nature nearby for all to enjoy—this mission is at the heart of the City of Oaks Foundation’s goal for Raleigh. The connection to the outdoors is fundamental to the health and well-being of everyone, but especially children.

American children today spend less than 10 minutes a day on unstructured outdoor play, according to the National Recreation and Park Association. The rapidly growing role of technology in our world and the increased urbanization of our communities are just some of the reasons that experts have given for the limited time children now spend outside in nature. The City of Oaks Foundation wants to help children grow into stronger and healthier adults who will be connected to their environment. Part of educating children about nature is simply giving them the opportunity to spend more time outside.

Give Play is the City of Oaks’ premier youth program. A partnership with Raleigh Parks, Recreation and Cultural Resources, Give Play allows us to provide financial assistance to help children participate in the City’s incredible summer camps and nature programs, getting them outdoors and active, making friends and building an appreciation of natural settings and physical activity that will last a lifetime.



Give Play also introduces many children to outdoor sports such as hiking, climbing, canoeing and mountain biking, and helps them build self-confidence and important social skills. Recently, programs like outdoor arts and crafts have been added as a means for more creative and contemplative activities. Through these camps, local youth have safe and healthy ways to spend their summers

Our Give Play initiative strives to remove cost as a barrier for children’s participation in the nature play programs Raleigh offers. Additionally, the Foundation’s land conservation programs help landowners who want to leave a legacy by setting aside their forests, farms, gardens and streams as conservation land and future public parks. By supporting the City of Oaks Foundation with your tax-deductible contribution, you will help reverse our nature deficit and help maintain a great outdoors for a great Raleigh!

For more information:
visit www.cityofoaksfoundation.org call us at **(919) 996-4773**, or send us mail to:
City of Oaks Foundation 222 W. Hargett Street, Suite 608 Raleigh, NC 27601

The City of Oaks Foundation, a great outdoors for a great Raleigh!

Social Programs



Preschool

Castle Creations

Age: 3-5 yrs. Calling all Princesses and Princes! The honor of your presence is requested at the Castle to celebrate National Princess Week. Join us at Abbotts Creek for a fun craft and story. A royal good time awaits those who attend

Abbotts Creek Community Center – Course Fee: \$5
#267366 Apr 29 Th 9:30-10:15am

Cupid's Cuties

Age: 2-5 yrs. It's Valentine's Day and what better way to celebrate than being with the little ones you love! Kids and parents, come join us for fun story time and crafts to celebrate this happy holiday. Mask required and at least 1 parent/guardian required to stay with child during the program.

Hill Street Center – Course Fee: \$8
#264342 Feb 8 M 3:30-4:30pm

Earth Day Fun

Age: 2-5 yrs. Come out and celebrate Earth Day with us! We will be making some crafts, reading a book and planting some seeds! Please preregister your children so that we can plan accordingly.

Pullen Community Center – Course Fee: \$8
#262004 Apr 20 Tu 10:00-11:00am

Eco-Avengers

Age: 3-6 yrs. Let's celebrate Earth Day by discovering ways we can help our planet and protect the environment. As Eco-Avengers, it is our duty to raise awareness, educate, and act to promote environmentally friendly deeds that inspire others to join our efforts. Planet Earth will take center stage with crafts, activities, and food experiences all themed towards our majestic earthly home.

Greystone Community Center – Course Fee: \$10
Earth Day Celebration
#267698 Apr 22 Th 10:00-11:30am

Happy Birthday Dr. Seuss

Age: 2-5 yrs. Let's wish Dr. Seuss a happy birthday with a morning filled with fun activities! We will read books, make some crafts and play games. We will even have birthday cupcakes. Come out and join us for an awesome time! Please preregister your children so that we can plan accordingly.

Pullen Community Center – Course Fee: \$8
#262001 Mar 2 Tu 10:00-11:00am

Happy Groundhog Day!

Age: 2-5 yrs. Bring your little one out to come celebrate Groundhog's Day with us! We will have craft stations set up, play a game and read a book. We will also find out if the groundhog will see his shadow. Please preregister your children so that we can plan accordingly.

Pullen Community Center – Course Fee: \$8
#262003 Feb 2 Tu 10:00-11:00am

Little Crafters at Halifax

Age: 3-5 yrs. Join us for a fun morning out! Children will get to make crafts, participate in activities and have fun! Themes differ each month and theme is listed in the course title. Registration is due 3 days prior to program.

Halifax Community Center – Course Fee: \$8

Magnificent Mardi Gras

#266070 Feb 11 Th 10:00-11:00am

Rainbows Rule

#266071 Mar 11 Th 10:00-11:00am

Showers & Flowers

#266072 Apr 15 Th 10:00-11:00am

Little Leprechaun

Age: 2-5 yrs. Calling all the little leprechauns, one and all! We are going to have a sham-ROCK of a good time creating crafts and reading stories to celebrate this fun holiday! Hope to see you soon! Mask required and at least 1 parent/guardian required to stay with child during the program.

Hill Street Center – Course Fee: \$8
#264353 Mar 15 M 3:30-4:30pm

Party Like a Seuss!

Age: 3-6 yrs. Come cut loose for Dr. Seuss as we celebrate his birthday! Our superb celebration is sure to excite our little tykes as we read some of our favorite stories and craft some masterpieces themed to some of his greatest books. Now, no party is complete without a tasty treat, so rest assured some of our creations can't be eaten with our feet!

Greystone Community Center – Course Fee: \$10
#267699 Mar 2 Tu 10:00-11:30am

Peach Road Play Time

Age: Up to 3 yrs. Open play time for crawlers up to three years old. Join us for some indoor play time where the little ones can burn off some energy. Let them crawl around on mats, shoot some mini-basketball hoops and play ball. Parents must stay with their children at all times. Tiempo de Juego para bebes que

continued on page 54 —

arrastran se hasta tres años. /nase en Peach Rd para un poco de tiempo de juego interior donde los más pequeños pueden gastar un poco de energía. Déjalos arrastrarse sobre las estereras, jugar baloncesto o la pelota. Los padres deben quedarse con sus hijos todo el tiempo

Peach Road

#267068 Feb 2-Apr 29 Tu-Th 2:30-4:30pm

Play, Create and Explore-Preschool

Age: 3-5 yrs. Join us as we get creative in the kitchen, get crafty with art, get active in the gym, and explore in the lab! Schedule: March 3, arts and crafts; March 10, science; March 17, active games; March 24, cooking.

Tarboro Road Community Center – Course Fee: \$20
#264671 Mar 3-24 W 10:30-11:30am

Playgroup Tot Time

Age: Up to 5 yrs. The gym is your playground! Come meet other families in your community in a recreational setting. The gym will be open for parents and their young children. Sports and recreation equipment will be available for use. Participation in the program is limited to children who are under 6 years of age and registration is required for all participants. Please check with individual facilities for maximum number of registrants allowed at a time.

Abbotts Creek Community Center

#262629 Feb 1-Apr 30 M-F 8:00am-12:00pm

Barwell Road Community Center

#265790 Feb 3-Jun 4 W, F 10:00am-12:00pm

Green Road Community Center

#263169 Feb 1-Apr 30 M-F 10:30am-12:00pm

Optimist Community Center

#267251 Feb 5-Apr 23 F 10:30am-12:30pm

Tarboro Road Community Center

#264676 Feb 5-Apr 30 F 10:30am-12:00pm

Spring Spectacular!

Age: 3-6 yrs. Can you smell it??? Spring is in the air! Come celebrate the first day of spring with us while we plant seeds, make crafts and enjoy tasty treats...all Spring themed of course. We will learn about Spring and appreciate all the beauty and liveliness of this flower powered season.

Greystone Community Center – Course Fee: \$10
#267701 Mar 23 Tu 10:00-11:30am

Under the Sea Preschool Art

Age: 2-5 yrs. There are lots of fun animals that live under the sea. Come learn about some of those animals while creating fun crafts and listen to under water stories. Mask required and at least 1 parent/guardian required to stay with child during the program.

Hill Street Center – Course Fee: \$8
#264448 Apr 19 M 3:30-4:30pm

Valentine's Extravaganza

Age: 3-6 yrs. No heartbreakers at this party! Join our love-filled festivities as we celebrate Valentine's Day with new and old friends in the Raleigh community. Please invite your

neighbors, family and friends to join in for our LOVEly celebration. We will play games and make special gifts/treats for the one(s) you love this Valentine's Day Valentine's day is also about candy, so of course we will indulge in some of our own edible creations.

Greystone Community Center – Course Fee: \$10
#267707 Feb 11 Th 10:00-11:30am

Youth

Birthday Parties at Pullen Community Center

Age: 3-12 yrs. Pullen Community Center offers birthday parties for children 3-12 years old. We offer two packages of two hours each. The first package includes an hour at the center and an hour at Pullen Park. The second package includes an hour at the center and an hour making crafts. A birthday staff member stays with your group during the two hours. The room is decorated with balloons and tablecloths for you; all you have to do is bring the children and cake. Please call the center at 919-996-6052 for more information.

Pullen Community Center – Course Fee: \$130
#261952 Feb 5 F 8:00-10:00am

Breakfast with the Bunny

Age: Up to 11 yrs. Hop on over to Laurel Hills for our annual Breakfast with the Bunny Event which will include crafts and other family entertainment. Families will enjoy light refreshments and have an opportunity to meet the bunny!

Laurel Hills Community Center
#266113 Mar 27 Sa 10:00-11:00am

Daddy Daughter Dance

Age: All Ages. Hey dads and daughters, get dressed up and celebrate Valentine's Day at Laurel Hills with a night of dancing, refreshments and great entertainment. The fee includes heavy hors d'oeuvres, a flower for each daughter and door prizes. Bring your camera to capture this fun evening! A photo area will be set up and staff will be available to assist with picture taking. (No photos will be printed on site.) Register early, space is limited! Cost is per person.

Laurel Hills Community Center – Course Fee: \$17
#266240 Feb 5 F 6:30-8:30pm

Fun Friday at Sanderford

Age: 5-12 yrs. See you at Sanderford for a night filled with fun, games and other fun activities! There will be so much to do boredom is not an option. Bring your friends to mingle, relax, or have a little friendly competition. No one does fun like Sanderford. See you soon!

Sanderford Road Park
#267830 Feb 5-19 F 6:00-8:00pm
#267831 Mar 5-26 F 6:00-8:00pm
#267832 Apr 2-30 F 6:00-8:00pm

Game Room

Age: 6-16 yrs. Peach Road's game room will be open on designated weeknights from 6:30 to 8 p.m.

Peach Road
#267064 Feb 1-May 29 M, W, F-Sa 6:30-8:00pm

Imagination Playground

Age: Up to 6 yrs. Join your friends at Abbotts Creek Community Center for this opportunity to let your imaginations run wild! We will supply the equipment, you supply the fun! Each day, we will provide Imagination Playground blocks and other fun activities for your tot to put their imagination to work and socialize with friends. A maximum of 30 kids and adults will be allowed each session. Registration is required for all participants age 6 and under.

Abbotts Creek Community Center
#262625 Feb 6-Apr 24 Sa 9:15-11:30am

LEGO Open Build

Age: 3-99 yrs. Looking to unwind, get creative and build with LEGOs? Or maybe you just want to introduce your kids to LEGOs? Stop by Open Build and have fun. For ages 3+ Mega Blocks and LEGOs will be provided, no instruction.

Jaycee Community Center
#266448 Feb 2-Jun 1 Tu, Th 3:30-5:00pm

Love Bugs Activity Night

Age: 6-12 yrs. Join us for a special night of craft making. Your child will prepare their own special love bug to give to the one they love most!

Tarboro Road Community Center
#264668 Feb 11 Th 6:00-7:30pm

Open Activities

Age: 6-11 yrs. Play games, create crafts and have fun. Call 919-807-8545 or come visit us to see what we have planned.

Peach Road
#267067 Feb 6-May 29 Sa 11:30am-1:30pm

Play, Create and Explore-School Age

Age: 5-12 yrs. Join us as we get creative in the kitchen, get crafty with art, get active in the gym, and explore in the lab! Schedule: April 7, arts and crafts; April 14, science; April 21, active games; April 28, cooking.

Tarboro Road Community Center – Course Fee: \$20
#264674 Apr 7-28 W 6:00-7:00pm

Stay-cation

Age: 6-11 yrs. Kids! staying around town for break? Bored in the house. Join us in the afternoon for hands-on activities. Create, build and compete...what did you do during the break? Different themes every day.

Peach Road
Sense of Taste
#267069 Mar 29 M 4:00-5:00pm
#267070 Mar 30 Tu 5:00-6:00pm
#267071 Mar 31 W 5:00-6:00pm
#267073 Apr 1 Th 5:00-6:00pm

Teen

Halifax Youth VIP Night

Age: 11-16 yrs. Teens come out and enjoy a night full of fun and games while taking the opportunity to improve your social skills with your neighborhood peers.

Halifax Community Center

#266061 Feb 19 F 5:00-8:00pm

Pullen Winter Olympics

Age: 13-17 yrs. Compete with your team in different olympic style games and activities around the park. Have your team come up with a country name, matching uniforms and team spirit! A prize will be given to first, second and third place teams.

Pullen Amusements

#267372 Feb 5 F 4:30-6:30pm

Step Team of Worthdale

Age: 13-18 yrs. Youth will explore stepping and traditional native dance. Stepping is a form of complex rhythms and sounds through a mixture of footsteps, hand claps and promotes expressive dancing and dramatic acting.

Worthdale Community Center

#265899 Feb 5-Apr 30 F 7:30-8:30pm

Teens Night Out

Age: 13-15 yrs. Come to the Creek and enjoy a night of music, competition, art, gaming and sports. This is a time for you to come and enjoy friends while doing things you enjoy! You will be able to pick you activities and enjoy all or just a few. Instead of sitting at home on social media, come be social!!! Space is limited, so be sure to get registered and don't miss out!

Marsh Creek Park – Course Fee: \$5

Healthy Heart Theme

#264247 Feb 12 F 7:00-9:00pm

#264248 Mar 12 F 7:00-9:00pm

#264249 Apr 9 F 7:00-9:00pm

Adult

Active Adult Line Dancing

Age: 55yrs. and up. Would you like to dance, but don't have a partner? No problem! Line Dancing is a pattern of steps done repeatedly throughout the course of a song which individuals can do WITHOUT a partner. We'll dance to Soul, R&B, Country music PLUS other types. All the steps will be thoroughly explained. You'll develop your inner dancer, gain confidence, & make lifelong friendships in a safe & personal environment. Wear smooth-soled shoes; no experience necessary.

Worthdale Community Center – Course Fee: \$25

#265882 Mar 3-31 W 6:00-7:00pm

#265883 Feb 3-24 W 6:00-7:00pm

#266184 Apr 7-28 W 6:00-7:00pm

Bridge Club

Age: 18yrs. and up. Join fellow bridge enthusiasts at this weekly afternoon club. Come and join a very competitive atmosphere for experienced players and have a lot of fun at the same time. Fees are \$2 per person per meeting.

Tarboro Road Community Center – Course Fee: \$2

#264598 Feb 2-23 Tu 12:30-4:00pm

#264599 Mar 2-30 Tu 12:30-4:00pm

#264600 Apr 6-27 Tu 12:30-4:00pm

Card Game Night for Adults

Age: 18yrs and up. Laugh, learn and play! Enjoy learning new card games or teach a game you know to others. A great way to socialized and exercise the brain.

Tarboro Road Community Center

#264605 Feb 4-Apr 29 Th 6:00-8:00pm

Checkers At Tarboro Road

Age: All Ages. Join the neighborhood checkers players. Bring a partner or meet a new one. Fun and fellowship for all!

Tarboro Road Community Center

#264607 Feb 12 F 11:00am-4:00pm

#264608 Mar 12 F 11:00am-4:00pm

#264609 Apr 9 F 11:00am-4:00pm

Chicago Steppin' (Urban Ballroom)

Age: 18yrs. and up. The Capital City Steppers in partnership with Raleigh Parks and Recreation invite you to 'Look before you Step' by joining us for the partner's dance called Chicago Steppin. Courses will be every Friday at Green Road Community Center, 4201 Green Rd, Raleigh NC 27604. We invite you to come and take part in learning this beautiful partner's dance art form. Participants should be 18 years or older and no partner is required to take the lessons. The Capital City Steppers supported by the United Arts Council of Raleigh and Wake County and The North Carolina Arts Council is a recognized Non-Profit 501(C) organization.

Green Road Community Center – Course Fee: \$7

#263156 Feb 5-Apr 16 F 7:00-8:30pm

Chicas, Conversation & Coffee Book Club

Age: 18-99 yrs. If you want great conversations and discussion while enjoying a good cup o' Joe, then this book club is for you. Oh, the places we will go! The group will select books on a monthly basis from a list of captivating best sellers. Club will meet every 2nd Saturday of the month.

Lions Park Community Center

#267032 Feb 13 Sa 10:00-11:00am

#267033 Mar 13 Sa 10:00-11:00am

#267034 Apr 10 Sa 10:00-11:00am

Cupid's Bash

Age: 16+ yrs. Enjoy a day full of fun Valentine's Day activities. Enter a chance to win a prize by playing the Newlywed Game on our event lawn, enjoy dancing at the Island Gazebo on the lake, and take a romantic carousel ride with your loved one.

Pullen Amusements

#266911 Feb 13 Sa 11:00am-3:00pm

Drum Circle-Friday Nights

Age: All Ages. Raleigh drum circle is a community in rhythm. We are dedicated to using the universal language of percussive music and dance for creative self-expression. In doing so, we encourage cultural awareness, embrace diversity, and promote harmony through rhythm. No experience is necessary. Everyone has something to offer the circle and all are welcome. Loaner drums are available at most events - feel free to drop by and sit in.

Method Road Community Center

#266059 Feb 5-Apr 30 F 6:30-8:30pm

German Shepherd Dog Club

Age: 18yrs. and up. The purpose of the German Shepherd Dog Club is to improve the breed through education of club members and the public at large. The club meets the first Wednesday of each month and offers lectures and demonstrations throughout the year. See club president for information on meeting topics and club dues.

Millbrook Exchange Community Center

#266435 Jan 6 W 7:00m-9:00m

#266436 Feb 3 W 7:00m-9:00m

#266437 Mar 3 W 7:00m-9:00m

#266438 Apr 7 W 7:00m-9:00m

Green Road Open Gym

Age: 18yrs. and up. Green Road has open gym in Gymnasium #1 for ages 18 and up. Players must present a valid photo ID to staff who will hold it while you play. We must have an Adult Open Play Registration Form on file, and you must also sign in daily with the front desk.

Green Road Community Center

Adult - 18 and up

#263165 Feb 1-Apr 30 M, W, F 12:15-2:30pm

Open Ballroom Dance

Age: 18yrs. and up. Bring your partner or come solo and have fun dancing the night away. We play a variety of ballroom music, and you are welcome to bring your own. Feel free to call ahead with any questions about the music. Please make sure to read the scheduled dates below, because the dance does not meet every week.

Pullen Community Center – Course Fee: \$2

#261969 Feb 5 F 7:00-9:00pm

#261970 Feb 12 F 7:00-9:00pm

#261971 Feb 19 F 7:00-9:00pm

#261972 Feb 26 F 7:00-9:00pm

#261973 Mar 5 F 7:00-9:00pm

#261974 Mar 12 F 7:00-9:00pm

#261975 Mar 19 F 7:00-9:00pm

#261976 Mar 26 F 7:00-9:00pm

#261977 Apr 9 F 7:00-9:00pm

#261978 Apr 16 F 7:00-9:00pm

#261979 Apr 23 F 7:00-9:00pm

#261980 Apr 30 F 7:00-9:00pm

continued on page 56 —



Pinochle Challenge

Age: 50yrs. and up. Pinochle is a card game for two or more players using a 48-card deck consisting of two of each card from nine to ace, the object being to score points for various combinations and to win tricks. If you do not know how to play, the group will teach you.

Billmore Hills Community Center

#267448 Feb 5-Apr 30 F 1:00-8:00pm

Raleigh Hemerocallis Club

Age: 13yrs. and up. This club focuses on day lilies: recognizing their different forms and hybridizing, growing and enjoying them. A flower show is held in June for those who want their flowers judged. The club's fundraising allows it to have nationally known speakers at meetings and to award a scholarship to a deserving horticulture student. All ages are welcome to attend, and youth are encouraged to participate.

Powell Drive Park – Course Fee: \$1

#266083 Mar 9 Tu 6:30pm-8:30pm

#266084 Apr 13 Tu 6:30pm-8:30pm

Raleigh Zig-Zaggers Square Dance Club

Age: 13yrs. and up. The Zig-Zaggers are a challenge-level square dance group. The group is open to all dancers who have completed the A2 (advanced) level and want to take lessons for the C1 level as listed by Callerlab definition. All members also belong to other square dance clubs in the area offering classes at the basic and advanced levels. If you are interested in becoming a square dancer, the Zig-Zaggers are happy to provide contact information to get you started. Visitors are always welcome, but please call ahead to make sure the class is not canceled.

This is a small group and must have eight people to dance.

Pullen Community Center – Course Fee: \$1

#266099 Feb 1-22 M 7:00-9:00pm

#266100 Mar 1-29 M 7:00-9:00pm

#266101 Apr 5-26 M 7:00-9:00pm

Sister Enrichment Club

Age: 18yrs. and up. This program geared towards women, and will feature informative speakers who will uplift, encourage and motivate. The club will also include a Book of the Month. Take a moment for yourself, share social time and meet new friends.

Tarboro Road Community Center

#264684 Feb 1-Apr 26 M 6:30-8:30pm

Senior

Bingo

Age: 18yrs. and up. This is not your typical bingo. We play a variety of games each day, including straight bingo, Four Corners, Postage Stamp and Clear All. Cost is \$1 for three cards or 50 cents per card. If Wake County Public Schools are delayed or cancelled due to weather, then Bingo is cancelled for that day.

Green Road Community Center

#263155 Feb 2-Apr 27 Tu 10:30am-1:00pm

Marsh Creek Park

#264193 Feb 4-Apr 29 Th 10:00am-1:00pm

Bridge Club - Laurel Hills

Age: 55yrs. and up. Join members of the Laurel Hills Bridge Club as they meet weekly to play bridge in a fun and relaxed atmosphere. New participants are welcome to join us anytime!

Laurel Hills Community Center

#266116 Feb 2-Apr 27 Tu 10:15am-1:00pm

Bridge: Open Play

Age: 18yrs. and up. Join other bridge players for this open play program. All experience levels are welcome.

Greystone Community Center

#267632 Feb 1-Apr 26 M 10:00am-1:00pm

#267633 Feb 3-Apr 28 W 10:00am-1:00pm

Brier Creek Senior Club - Drop In

Age: 55yrs. and up. Join us at Brier Creek for a morning of fun. Adults 55 and older can come together for socializing and game options like bingo, bridge, chess and more!

Brier Creek Community Center – Course Fee: \$2

#266855 Feb 2-Apr 27 Tu 10:15am-12:30pm

Brier Creek Seniors Club

Age: 55yrs. and up. Join us at Brier Creek for a morning of fun. Adults 55 and older can come together for socializing and game options like bingo, bridge, chess and more!

Brier Creek Community Center – Course Fee: \$15

#266853 Feb 2-Apr 27 Tu 10:15am-12:30pm

Card Making to Lift Spirits

Enjoy fellowship with others while creating cards to send to those who are in need of a smile. All supplies will be provided. No experience needed.

Walnut Terrace Neighborhood Center

#267012 Feb 4-Apr 7 Th, W 2:00-4:00pm

Golden Age Bingo

Age: 50-100 yrs. If you are 50 years or over and like to play games to win prizes join us for bingo. Bingo is played in a variety of ways. When you have it yell bingo! You will win a great prize.

Tarboro Road Community Center – Course Fee: \$3

#264629 Feb 15 M 11:30am-1:30pm

#264630 Mar 15 M 11:30am-1:30pm

#264631 Apr 19 M 11:30am-1:30pm

Greystone Blanketeers

Age: 16yrs. and up. Knit, crochet, sew or quilt for charity. We meet the fourth Tuesday of the month from 1 p.m. to 4 p.m. to make blankets, hats and afghans for various charitable organizations in the Raleigh area. Items are distributed to women's shelters, local hospitals and homeless groups. Come join us, meet new people, and help bring a little joy to those in need. We do not offer lessons, but all members gladly share their knowledge. For those who cannot attend but wish to make items at home, all are gladly accepted. For more information, contact Linda Seanor 919-413-3548.

Greystone Community Center

#267655 Feb 23 Tu 1:00-4:00pm
#267656 Mar 23 Tu 1:00-4:00pm
#267657 Apr 27 Tu 1:00-4:00pm

Mah Jongg Open Play

Age: All Ages. This program is for those who know how to play and do not need instructions. Bring your game boards and cards; some supplies are available.

Greystone Community Center

#267673 Feb 1-Apr 26 M 1:30-4:00pm
#267674 Feb 2-Apr 27 Tu 12:00-2:00pm

Mahjong Madness

Age: 18yrs. and up. Mahjong is a 2-4 player tile game that originated in China in the 1800's and grew popularity in the United States during the 1920's. Mahjong is an intellectual game involving both skill and luck, which encourages better brain function in individuals. Experienced players will be in attendance to work with beginner players who are interested. Game equipment is provided for up to 16 players. Come join the group and have some fun!

Green Road Community Center

#263167 Feb 2-Apr 27 Tu 1:00-3:00pm

Movies at Walnut Terrace Center

Age: 18yrs. and up. Join us for a newly released movie. Bring your own drinks and snacks, as our site does not have vending machines. Microwave on site is available for your use. No registration, it is first come first serve starting at 9:30 and space is limited to 25 people. Free. You will be asked to sign in upon arrival. Monthly movie listing available at center.

Walnut Terrace Neighborhood Center

#267010 Feb 5-Apr 30 F 9:30am-12:00pm

Senior Club

Age: 50yrs. and up. Come join your neighborhood seniors for fellowship, friendship and fun. This group is for active adults 50 and over who like to travel, socialize, engage in recreational activities and just have a grand time! The Chavis Circle of Friends meets the 4th Wednesdays of every month.

Chavis Community Center

#266890 Feb 24 W 11:00am-1:30pm
#266891 Mar 24 W 11:00am-1:30pm
#266892 Apr 28 W 11:00am-1:30pm

Senior Fridays

Age: 50yrs. and up. Enjoy time playing cards and games while socializing with your friends. Feel free to bring cards and games with you!

Greystone Community Center

#267676 Feb 5-Apr 30 F 1:00-3:00pm

Family

Family Night at the Movies

Age: 5yrs. and up. We've got the movie ñ you bring the kids, parents or friends! Join us the last Friday of each month at Sanderford Road Center. Preregistration is required.

Sanderford Road Park

#267834 Feb 26 F 6:00-8:00pm

Food Truck Friday

Age: All Ages. Food trucks will be available in our park for everyone to grab a bite to eat. Pick up dinner on your way home or stay to enjoy a meal in the park

Sanderford Road Park

#267824 Feb 5-Apr 23 F 6:00-8:00pm

Friday Parent Child Game Night

Age: 5-99 yrs. Come out to a parent and child(ren) bingo night! Bring your family to enjoy a game of bingo with popcorn while social distancing between families. Family preregistration is required.

Lions Park Community Center – Course Fee: \$3

#267053 Feb 26 F 6:30-7:30pm
#267054 Mar 26 F 6:30-7:30pm
#267055 Apr 23 F 6:30-7:30pm

Hearts and Arrows Movie Event

Age: All Ages. Hearts for your sweetheart. Joins us to celebrate the LOVEliest day of the year with a kids valentine movie.

Peach Road

#267065 Feb 18 Th 5:30-7:30pm

HELLO SPRING!!!

Age: All Ages. Come join us for a spring welcoming celebration. Enjoy plenty of fun activities, games, music and prizes. Vengan a celebrar la bienvenida de primavera! Disfrute en abundancia las divertidas actividades, musica, comida gratis y premios.

Peach Road

#267066 Mar 27 Sa 1:00-4:00pm

Line Dance

Age: 16yrs. and up. You are invited to learn and follow the latest and all-time favorite line dances to urban contemporary, classic R&B/soul and country music. Lessons cover beginner through advanced line dances and improvisational dance techniques. Line dancing is a great form of exercise that is popular at social occasions. Cost per class is \$5.

Tarboro Road Community Center – Course Fee: \$5

#264636 Feb 2 Tu 6:30-7:30pm
#264637 Feb 16 Tu 6:30-7:30pm
#264638 Feb 23 Tu 6:30-7:30pm
#264639 Mar 2 Tu 6:30-7:30pm
#264640 Mar 16 Tu 6:30-7:30pm
#264641 Mar 23 Tu 6:30-7:30pm
#264642 Mar 30 Tu 6:30-7:30pm
#264643 Apr 6 Tu 6:30-7:30pm
#264644 Apr 20 Tu 6:30-7:30pm
#264645 Apr 27 Tu 6:30-7:30pm

Shamrocks and Shenannigans

All ages. Enjoy a variety of St. Patrick's Day activities at Pullen Park! Come dressed in your best kilt or Irish outfit for a chance to win a cool prize!

Pullen Amusements

Shamrocks and Shenannigans

#266928 Mar 20 Sa 2:00-6:00pm

Golden Years Clubs

Clubs are composed of persons age 50 and better. Anyone meeting the age requirements may join. Club activities vary from club to club and may include social, trips, cards, games, and luncheons. Contact the club leader for specific club information.

Asbury Joy Club

Asbury UMC
3rd Thursday, 11am
Sept - May: trips, meals, speakers
Susan (919) 624-1603

Chavis Circle of Friends

John Chavis Community Center
Wednesday, 11am
Oct. - May: speakers, cards, meals
Dennis (919) 831-6989

Fellowship Club

West Raleigh Presbyterian
2nd/4th Tuesday, 10am
Sept - May: speakers, meals, trips
Brenda (919) 85105851

Fifty-Five Plus Club

Anne Gordon Center
Wednesdays, 10am
Sept - May: speakers, cards, trips
June - Aug: cards only
Jane (919) 801-0097

First Cosmopolitan Club

First Cosmopolitan Baptist
3rd Wednesday, 1pm
Sept - May: social
Gene (919) 266-1222

First Friday

Five Points Adult Center
1st Friday, 9:30am
Yearly: social, crafts
Joan (919) 803-2266

Go-Getters Club

Creedmoor Rd.
Federal Coastal Credit
2nd/4th Thursday, 10am
Sept - May: trips only
Lauren (919) 612-5164

Golden Eagles Club

Top Greene Center
2nd Wednesday, 11am
Yearly: speakers, meals, trips
Carletta (919) 996-2730

Golden Jewels

St. Paul AME Church
Wednesdays, 10am
Sept - May: speakers, trips
Vallarie (919) 789-3366

Grand Age Club

Hayes Barton United Methodist
Thursdays, 11:15am
Sept - May: speakers, meals, trips
Margie (919) 280-4840

Hedingham Hi-Milers

Willow Oak Clubhouse
2nd Tuesday, 10:00am
Aug - June: speakers, meals, trips
Lianne (919) 880-7409

Keenagers Club

White Memorial Presbyterian
Thursdays, 10:15am
Sept - May: speakers
James (984) 255-5487

Lake Lynn Seniors

Lake Lynn Comm. Center
Tuesdays, 10am
Sept - May: speakers, meals, trips
Kathy (919) 349-8905

Lions Park Club

Lions Park Comm. Center
1st Wednesday, 10am
Sept - June: speakers, meals,
cards, trips
Christie (919) 996-4726

NRUMC—Joy Club

North Raleigh UMC
1st, 2nd, 3rd, 5th Wed, 11am
Yearly: speakers, meals, trips
Cletha (919) 847-5988

Pullen Park Club

Pullen Park Comm. Center
Wednesdays, 10am
Yearly: cards
Jane (919) 785-1345

Quail Hollow Club

Millbrook United Methodist
Wednesdays, 9:45am
Sept - May: speakers, meals, cards
Susan (919) 870-0557

St. Francis of Assisi 55+Club

St. Francis of Assisi Parish
Wednesday, 12noon
Sept - May: speakers, meals, cards, trips
Kathy (919) 272-4442

St. Joseph Happy Hearts

St. Joseph Catholic Church
1st Tuesday, 12pm
Sept - May: speakers, meals, trips
Liz (919) 872-2917

Smiling Age Club

Billmore Hills Community Center
Tuesdays, 10am
Sept - May: speakers, trips
Mary (919) 755-1086

Snappy Seniors

Marsh Creek Comm. Center
1st and 3rd Monday, 10am
Sept - May: speakers, meals
Nancy (804) 921-5465

Tarboro Road Movers and Shakers

Tarboro Road Comm Center
1st/3rd Monday, 11am
Sept - May: speakers, meals, trips
Chris/Sherri (919) 996-6505

Thirty-Niners Club

First Baptist Church
Thursdays, 10:30am
Sept - May: speakers, meals, trips
Mary Alice (919) 832-4485

Touch of Love

St. Matthew Baptist Church
Wed after the 2nd/4th Sun
10:30am
Sept - June: speakers, meals, trips
Dee (919) 630-0320

Trailblazers

Mt. Pleasant Baptist Church
2nd Tuesday 11:00 am
Yearly: speakers, meals
Deanna (919) 830-0975

Trinity JOY Club

Open Table UMC
3rd Tuesday, 11am
Aug - May: speakers, meals, trips
Jeanette (919) 872-6561

Wakefield Villagers Club

Villages of Wakefield
1st & 3rd Tuesday, 9:30am
Yearly: speakers, meals, cards, trips
Margaret (919) 556-9541

Watts Seniors

Watts Chapel
Wednesday after the 1st/3rd
Sunday, 10:30am
Sept - June: social, speakers
Gaynelle (919) 851-0869

Worthdale Walkers Club

Worthdale Comm. Center
Thursdays, 11am
Sept - May: social
Carletta (919) 996-2730

Visually Impaired People of Wake

Pullen Community Center
2nd Tuesday, 10:30am
Yearly: social, speakers, bingo, trips
Carl (718) 598-7366

Young at Heart Club

Five Points Adult Center
2nd/4th Wednesday, 10am
Yearly: speakers, meals, trips
Brenda (919) 834-8170
Revised Aug. 2019

This information is not to be used for solicitation purposes.

Specialized Recreation & Inclusion Services

Specialized Recreation and Inclusion Services
919.996.2147
SRIS@raleighnc.gov

Program Director
Nikki Speer-Raleigh
nikki.speer@raleighnc.gov

Inclusion Manager
Vacant

Program Manager
Christen Winstead
christen.winstead@raleighnc.gov

Assistant Program Managers
Amy Lubawy
amy.lubawy@raleighnc.gov

Olivia Atkinson
olivia.atkinson@raleighnc.gov

Taylor Shuler
taylor.shuler@raleighnc.gov

Specialized Recreation and Inclusion Services offers a variety of specialized programs and inclusion services for individuals of all abilities to enjoy recreation opportunities of their choice.

Specialized Recreation programs are offered to meet the needs and interests of participants. Programs may be modified and/or adaptive equipment may be available to assist participants. Some eligibility requirements may apply. Please review our program listings for more information.

Inclusion Services provides supports to individuals who request modifications due to disability or medical condition, to assist with participation in all Parks, Recreation and Cultural Resource programs. To ensure reasonable modifications are available, the request should be received at least two weeks prior to the start date of the program.

For more information about our programs or inclusion services, please contact us at SRIS@raleighnc.gov or 919.996.2147.

Return registrations or forms to:

Raleigh Parks, Recreation and Cultural Resources Department
Specialized Recreation and Inclusion Services
2401 Wade Avenue, Raleigh, NC 27607

Art Time

Age: 16yrs. and up. Join us to create some unique, one-of-a-kind art on the fourth Monday of the month! Each class will focus on a different theme, and various types of materials will be used. Materials will be provided. An instructor will be available to facilitate and assist participants at a ratio of 1:5. Individuals requiring a higher level of support may attend with a personal assistant. For more information, please call 919-996-2147.

Hill Street Center – Course Fee: \$24

#267307	Feb 22	M	6:00-8:00pm
#267308	Mar 22	M	6:00-8:00pm
#267309	Apr 26	M	6:00-8:00pm

Buddy Basketball

Age: 5-14 yrs. Buddy Basketball is an instructional program for children with developmental disabilities age 5-14 that focuses on developing basic basketball skills such as passing, dribbling, guarding and shooting. Each participant must attend with a buddy (sibling, friend, assistant, parent). Only the participant must register for the program; there is no charge for the buddy. For more information, please call 919-996-2147.

Marsh Creek Park – Course Fee: \$30

#267310	Feb 6-Mar 27	Sa	10:00-11:00am
---------	--------------	----	---------------

Inclusive Open Gym Basketball

Age: 18-99 yrs. We want to welcome YOU to come to our open gym program. This open gym experience will be a welcoming inclusive environment for ages 18 and up. Bring your friends and we will be ready to welcome you with a friendly accommodating environment to play basketball. When you leave, you will be ready to come back!

Jaycee Community Center

#266447	Feb 4-May 27	Th	10:00am-12:00pm
---------	--------------	----	-----------------

Open Mic Night

Age: 18yrs. and up. If you love to sing or perform, then it is your time to shine! Grab your friends and join us on the 3rd Friday of each month for karaoke open mic! We have thousands of songs to choose from in an encouraging, family-friendly atmosphere. We provide a staff to facilitate and supervise performers. If performers require a higher level of support, assistants are welcome to attend. Preregistration is preferred. For more information, please call 919-996-2147.

Chavis Community Center

#267284	Feb 19	F	6:00-8:30pm
#267285	Mar 19	F	6:00-8:30pm
#267286	Apr 16	F	6:00-8:30pm

continued on page 60 —

Quest Adult Day Program

Age: 22-99 yrs. This program is designed for participants with developmental and/or physical disabilities who are interested in daytime recreation, healthy living and community engagement. Participants must be able to work in a small group setting, manage personal care with minimal assistance and follow basic rules of safety and interaction. Individuals who require more support may attend with a personal assistant. Personal assistants must complete additional paperwork and a background check before attending. Registration and additional participant information forms are required at least two weeks before each monthly program start date. For more information, please call 919-996-2147.

Five Points Center for Active Adults – Course Fee: \$125

#267252	Feb 2-23	Tu	10:00am-3:00pm
#267253	Mar 2-30	Tu	10:00am-3:00pm
#267254	Apr 6-27	Tu	10:00am-3:00pm

Millbrook Exchange Community Center – Course Fee: \$125

#267256	Feb 4-25	Th	10:00am-3:00pm
#267257	Mar 4-25	Th	10:00am-3:00pm
#267258	Apr 1-29	Th	10:00am-3:00pm

VIP Darts

Age: 18yrs. and up. Come enjoy a competitive evening playing darts. You must register for the entire month in order to participate. Weekly registration is not available. This program is designed for individuals with visual impairments. For more information, please call 919-996-2147.

Five Points Center for Active Adults

February – Course Fee: \$16

#267272	Feb 1-22	M	6:30-8:15pm
#267274	Apr 5-26	M	6:30-8:15pm

March – Course Fee: \$20

#267273	Mar 1-29	M	6:30-8:15pm
---------	----------	---	-------------

Specialized Recreation Virtual Program

SRIS offers a variety of free, online/virtual programs, all of which, can be found via Reclink (<https://reclink.raleighnc.gov/Start/Start.asp>). There will be one instructor leading and monitoring the group. If program participants need assistance completing the activity, a parent/guardian/or friend can attend to assist them. These opportunities are sent out via a monthly newsletter and are posted online. For more information, to receive the newsletter, or to register, please call 919-996-2147 or email SRIS@raleighnc.gov.

Specialized Recreation & Inclusion Services Partnership Programs

SRIS partners with various organizations in our community to offer programs. The following program schedules may be modified for the Winter/Spring 2021 session, so please call 919-996-2147 or email SRIS@raleighnc.gov for more information.

- Abilities Tennis
- Bridge to Sports
- Junior Thunder Wheelchair Basketball
- Next Step
- Raleigh Sidewinders Quad Rugby
- Special Olympics Wake County
- The Raleigh Outlaw Bowling League
- Triangle Taiko Drumming
- Triangle Thunder Wheelchair Basketball
- VIP of Wake County



SPECIALIZED RECREATION SOCIAL EVENTS AND OUTINGS

SRIS offers various social events and outings for individuals with various disabilities, who are interested in travel, dances, and/or seasonal outings. These opportunities are sent out via a bi-monthly newsletter and may also be posted online via Reclink (<https://reclink.raleighnc.gov/Start/Start.asp>). For more information, or to receive the bi-monthly newsletter, please call 919-996-2147 or email SRIS@raleighnc.gov.

Sports



Preschool

All Sports - Little Starters

Age: 3-5 yrs. Want to try several sports? Little Starters introduces a different sport each week. Sports may include baseball, football, hockey, lacrosse and others. Get your game on!

Green Road Community Center – Course Fee: \$27			
#265303	Apr 10-24	Sa	11:00-11:45am
Green Road Community Center – Course Fee: \$36			
#265301	Feb 6-27	Sa	11:00-11:45am
#265302	Mar 6-27	Sa	11:00-11:45am
Marsh Creek Park – Course Fee: \$36			
#264187	Apr 7-28	W	9:30-10:15am
#264188	Mar 3-24	W	9:30-10:15am

Basketball - Little Shooters

Age: 3-5 yrs. This is a skills, drills and play basketball class. Players learn the basics, including dribbling, shooting, passing, one-on-one, offense-defense and team play fundamentals for a rewarding, noncompetitive sports experience. This gym does not have air conditioning.

Green Road Community Center – Course Fee: \$36			
#263149	Feb 2-23	Tu	6:00-6:45pm
#263150	Mar 2-23	Tu	6:00-6:45pm
#263151	Apr 6-27	Tu	6:00-6:45pm
Laurel Hills Community Center – Course Fee: \$36			
#266674	Mar 6-27	Sa	10:15-11:00am

Basketball - Twos Sport Zone

Age: 2-2 yrs. This parent-tot class is a great way to play while learning about the basics of basketball on a toddler's level. Little shooters will enjoy tiny hoop games, touch-n-go dribbling, catch, pass and more motor skill development fun. Wonderful for social skills and fitness! Instructor: Coach K. This gym does not have air conditioning.

Laurel Hills Community Center – Course Fee: \$36			
#266676	Mar 6-27	Sa	9:30-10:00am

Soccer - Little Kickers

Age: 3-5 yrs. This introduction in skills development teaches the basics of soccer, including drills in passing, dribbling and shooting. Class will help develop hand-eye coordination, listening skills, good sportsmanship and teamwork!

Laurel Hills Community Center – Course Fee: \$36			
#266678	Apr 10-May 1	Sa	10:15-11:00am

Soccer - Twos Sport Zone

Age: 2-2 yrs. Parent and child come off the sidelines and get into the game, learning soccer skills by participating in mini soccer drills and fun games. Play drop, dribble, kick, net goals and more. Benefits include hand-eye coordination, body awareness and socialization. Instructor: Coach K.

Laurel Hills Community Center – Course Fee: \$36			
#266680	Apr 10-May 1	Sa	9:30-10:00am

Youth

Basketball - Shooters

Age: 6-9 yrs. This skills development sports program teaches the basics of basketball, including passing, dribbling and shooting. The program helps develop good hand-eye coordination as well as listening skills and good sportsmanship. This gym does not have air conditioning.

Laurel Hills Community Center – Course Fee: \$36			
#266675	Mar 6-27	Sa	11:15am-12:15pm

Basketball Skills for Beginners

Age: 6-9 yrs. Just can't get enough basketball? This class will stress the fundamentals of basketball with an emphasis on fun. Learn the basic techniques of dribbling, shooting and passing along with other drills for ball control. Be prepared to sweat, learn and have a good time!

Green Road Community Center – Course Fee: \$30			
#263154	Apr 10-24	Sa	10:15-11:00am
Course Fee: \$40			
#263152	Feb 6-27	Sa	10:15-11:00am
#263153	Mar 6-27	Sa	10:15-11:00am

Cricket for Beginning Youth

Age: 7-12 yrs. Learn the sport of Cricket from Nate Hays, the Marketing Director of the Triangle Cricket League. This is a cricket class for youth who are wanting to try something completely new. Cricket for Beginning Youth is free to participants (only registration will be required). The class will take place from 5:30-7 each Wednesday evening and will be followed by a free unstructured open gym time from 7-8:30.

Abbots Creek Community Center			
#266666	Mar 3-Apr 28	W	5:30-7:00pm

Cricket Open Gym

Age: 7-12 yrs. Cricket Open Gym time

Abbots Creek Community Center			
#262610	Mar 3-Apr 28	W	7:00-8:30pm

Homeschool Sports

Age: 6-14 yrs. Meet us in the gym! Make friends while learning a variety of games, exercises and sports. Activities with instructor include kickball, basketball, soccer and more.

Worthdale Community Center – Course Fee: \$2			
#265896	Mar 5-Apr 2	F	11:00am-12:00pm
#265897	Apr 2-30	F	6:00-7:00pm
#265898	Feb 5-26	F	6:00-7:00pm

Marsh Creek MVP Basketball Skills

Age: 10-14 yrs. 3...2...1... Swish!!! The crowd goes wild!!! Come join us for some fun and engaging basketball drills to prepare for your big moment. We will work on basic fundamentals to help you become the player you want to be. During our 4 one hour sessions we will practice dribbling, passing, shooting, and some simple defensive strategies. Sign up today, the ball is in your court!

Marsh Creek Park – Course Fee: \$40			
#264203	Apr 5-26	M	7:00-8:00pm

continued on page 62 —

Physical Education - Grade School

Age: 9-10 yrs. This program for school-age children provides a fun, encouraging and learning environment that promotes physical activity. It provides a foundation for building strong bodies and minds. The program is great for homeschooled children looking for physical education credit and for families seeking increased physical activity for their children.

Lions Park Community Center

9-10 year olds – Course Fee: \$30

#267003 Apr 1-15 Th 10:30am-11:15am

5-6 year olds – Course Fee: \$40

#266993 Feb 2-23 Tu 10:30-11:15am

#266994 Mar 2-23 Tu 10:30-11:15am

#266995 Apr 6-27 Tu 10:30-11:15am

#266997 Feb 2-23 Tu 11:30am-12:15pm

#266998 Mar 2-23 Tu 11:30am-12:15pm

#266999 Apr 6-27 Tu 11:30am-12:15pm

#267001 Feb 4-25 Th 10:30am-11:15am

#267002 Mar 4-25 Th 10:30am-11:15am

#267005 Feb 4-25 Th 11:30am-12:15pm

#267006 Mar 4-25 Th 11:30am-12:15pm

#267007 Apr 1-22 Th 11:30am-12:15pm

Soccer - Kickers

Age: 9-12 yrs. G-O-O-OA-L! This class will help develop the fundamentals of soccer, including passing, dribbling, shooting and defense. Class will help develop hand-eye coordination, listening skills, good sportsmanship and teamwork!

Brier Creek Community Center – Course Fee: \$40

#266824 Mar 9-30 Tu 5:30-6:15pm

#266825 Mar 11-Apr 1 Th 5:30-6:15pm

#266830 Mar 9-30 Tu 4:45-5:30pm

#266831 Mar 11-Apr 1 Th 4:45-5:30pm

Laurel Hills Community Center – Course Fee: \$40

#266677 Apr 10-May 1 Sa 11:15am-12:15pm

Spring Fling Baseball Clinic

Age: 7-10 yrs. Calling all Pinto (7-8) and Mustang (9-10) League players. Method Community Park along with league coaches and special guests will conduct a baseball clinic to get players ready for the upcoming season. All fundamentals of baseball from offense to defense will be covered in this full day of instruction. Eligibility is based on age as of Aug. 31, 2020.

Method Road Community Center – Course Fee: \$15

#266110 Feb 27 Sa 9:00am-2:00pm

Tennis Jr. Level 1

Age: 6-8 yrs. No experience needed for this class. Players will work on building rallying skills, learning basic strokes, scorekeeping, and the rules of tennis. To graduate into level 2, players must be able to sustain a rally, make 6 out of 10 serve from the baseline, keep score and play a full court set. Please bring light, loose-fitting clothes, nonmarking sneakers and a racquet. Racquets will be available to borrow if needed. Class length is seven weeks, including one bonus week.

If there is more than one week of rainouts, classes can be made up during other class times by emailing david.bell@raleighnc.gov

Lake Lynn Community Center – Course Fee: \$132

#262085 Mar 8-Apr 21 M, W 4:30-5:30pm

#262093 Mar 9-Apr 22 Tu, Th 5:30-6:30pm

Course Fee: \$72

#262086 Mar 6-Apr 17 Sa 10:00-11:00am

#262094 Mar 6-Apr 17 Sa 11:00am-12:00pm

Millbrook Tennis Center – Course Fee: \$132

#262078 Mar 8-Apr 21 M, W 5:00-6:00pm

#262079 Mar 8-Apr 21 M, W 6:00-7:00pm

#262080 Mar 9-Apr 22 Tu, Th 5:00-6:00pm

#262081 Mar 9-Apr 22 Tu, Th 6:00-7:00pm

#262087 Mar 8-Apr 21 M, W 5:00-6:00pm

#262088 Mar 8-Apr 21 M, W 6:00-7:00pm

#262089 Mar 9-Apr 22 Tu, Th 5:00-6:00pm

#262090 Mar 9-Apr 22 Tu, Th 6:00-7:00pm

#262095 Mar 8-Apr 21 M, W 4:00-5:00pm

#262096 Mar 9-Apr 22 Tu, Th 4:00-5:00pm

Course Fee: \$72

#262082 Mar 6-Apr 24 Sa 9:00-10:00am

#262083 Mar 6-Apr 24 Sa 10:00-11:00am

#262084 Mar 6-Apr 24 Sa 11:00am-12:00pm

#262091 Mar 6-Apr 24 Sa 9:00-10:00am

#262092 Mar 6-Apr 24 Sa 11:00am-12:00pm

#262097 Mar 6-Apr 24 Sa 10:00-11:00am

Tennis Jr. Level 2

Age: 8-18 yrs. Requirements: Must be able to sustain a rally with another student, serve 6 out of 10 in from the baseline, keep score and have played a full court set. This class works on using full-swing forehand, backhand, full-swing serve, overhead and good volley techniques while playing points. To pass, players must successfully demonstrate these techniques while playing a match. Please bring light, loose-fitting clothes, nonmarking sneakers and a racquet. Racquets will be available to borrow if needed. Class length is seven weeks, including one bonus week.

If there is more than one week of rainouts, classes can be made up during other class times by emailing david.bell@raleighnc.gov

Lake Lynn Community Center – Course Fee: \$132

#265772 Mar 9-Apr 22 Tu, Th 4:00pm-5:00pm

Millbrook Tennis Center – Course Fee: \$132

#265765 Mar 8-Apr 21 M, W 5:00p6:00pm

#265766 Mar 9-Apr 22 Tu, Th 5:00-6:00pm

#265768 Mar 8-Apr 21 M, W 4:00-5:00pm

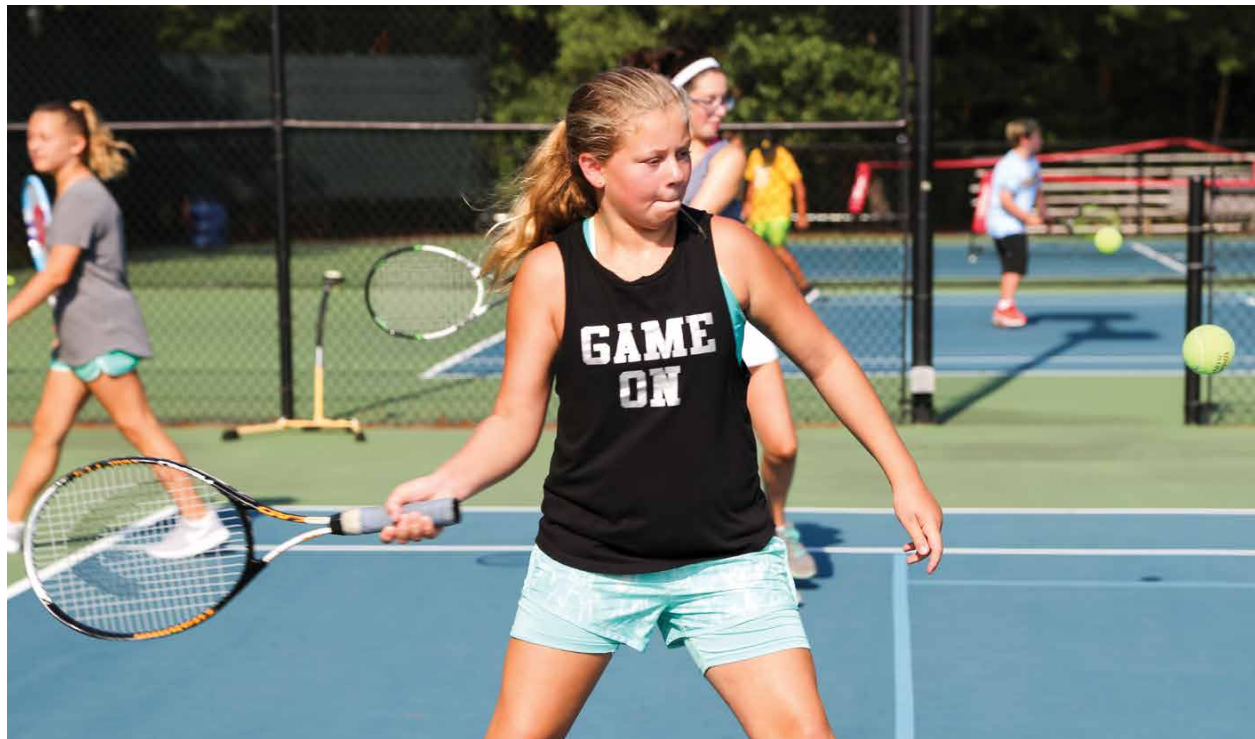
#265769 Mar 9-Apr 22 Tu, Th 4:00-5:00pm

Course Fee: \$72

#265767 Mar 6-Apr 24 Sa 11:00am-12:00pm

#265770 Mar 6-Apr 24 Sa 9:00-10:00am

#265771 Mar 6-Apr 24 Sa 10:00-11:00am



Tennis Adult 3.5 Drills

Age: 18yrs. and up.
 Requirements: Must be at the NTRP 3.5 level or be able to hit topspin and underspin on groundstrokes, underspin volleys and slice serves during match play. This is a drills class, which will work on all of your strokes. Class length is seven weeks, including one bonus week. If there is more than one week of rainouts, classes can be made up during other class times by emailing david.bell@raleighnc.gov

Millbrook Tennis Center – Course Fee: \$132
 #265832 Mar 8-Apr 21 M, W 7:00-8:00pm
 Course Fee: \$72
 #265833 Mar 6-Apr 24 Sa 12:00-1:00pm

Tennis Adult Cardio - All Levels

Age: 18yrs. and up. Cardio tennis is a fun group activity featuring drills to give players of all abilities an ultimate, high-energy workout. Taught by a teaching professional, cardio tennis includes a warm-up, cardio workout and cool-down phases. If you are looking for a great new way to get in shape and to burn calories, you must try cardio tennis. Class length is 7 weeks which includes 1 bonus week. If there is more than 1 week of rainouts, classes can be made up during other class times by emailing david.bell@raleighnc.gov

Millbrook Tennis Center – Course Fee: \$72
 #265834 Mar 9-Apr 20 Tu 9:00-10:00am
 #265835 Mar 11-Apr 22 Th 9:00-10:00am
 #265836 Mar 12-Apr 23 F 9:00-10:00am

Tennis Adult Doubles Ladder

Age: 18yrs. and up. In recreational doubles ladder play for all adult levels, participants play challenge matches for points. Players may join the ladder any time. Ladder rankings will be updated online each Monday. Players arrange their own match time and location. The ladder finishes with a season-ending tournament for the top eight players.

Millbrook Tennis Center – Course Fee: \$14
 #266577 Mar 1-May 10 M
 #266578 Mar 1-May 10 M

Tennis Adult Level 1

Age: 18yrs. and up. No experience needed for this class. Players will work on building rallying skills; learn basic strokes, scorekeeping, and the rules of tennis. To graduate into level 2, players must be able to sustain a rally, make 6 out of 10 serve from the baseline, keep score and play a full court set. Please bring light, loose-fitting clothes, nonmarking sneakers and your racquet. Racquets are available to borrow. Class length is seven weeks, including one bonus week.

If there is more than one week of rainouts, classes can be made up during other class times by emailing david.bell@raleighnc.gov
Lake Lynn Community Center – Course Fee: \$132
 #265815 Mar 8-Apr 21 M, W 6:00-7:00pm
 Course Fee: \$72
 #265816 Mar 6-Apr 17 Sa 9:00-10:00am

Millbrook Tennis Center – Course Fee: \$132

#265809 Mar 8-Apr 26 M, W 10:00-11:00am
 #265810 Mar 8-Apr 21 M, W 6:00-7:00pm
 #265811 Mar 9-Apr 22 Tu, Th 11:00am-12:00pm
 #265812 Mar 9-Apr 22 Tu, Th 7:00-8:00pm
 Course Fee: \$72
 #265813 Mar 6-Apr 24 Sa 9:00-10:00am
 #265814 Mar 6-Apr 24 Sa 12:00-1:00pm

Tennis Adult Level 2

Age: 18yrs. and up. Must be able to serve 6 out of 10 in from the baseline, keep score and have played a full court set. This class works on using full swing forehand and backhand while playing points, full swing serve and overhead and good volley technique while playing points. To pass, players must successfully demonstrate these techniques while playing a match. Class length is 7 weeks which includes 1 bonus week. If there is more than 1 week of rainouts, classes can be made up during other class times by emailing david.bell@raleighnc.gov

Millbrook Tennis Center – Course Fee: \$132
 #265819 Mar 8-Apr 21 M, W 7:00-8:00pm
 #265820 Mar 9-Apr 22 Tu, Th 6:00-7:00pm

Tennis Adult Singles Ladder

Age: 18yrs. and up. In recreational singles ladder play for all levels, participants play challenge matches for points. Players may join the ladder any time. Ladder rankings will be updated online each Monday. Players arrange their own match time and location. The ladder finishes with a season-ending tournament.

Millbrook Tennis Center – Course Fee: \$14
Men's 3.0
 #266584 Mar 1-May 3 M
 #266585 Mar 1-May 3 M
 #266586 Mar 1-May 3 M
 #266587 Mar 1-May 3 M
 #266588 Mar 1-May 3 M
 #266589 Mar 1-May 3 M
 #266590 Mar 1-May 3 M

Tennis Quadrants

Age: 18yrs. and up. All matches are at Millbrook Exchange Tennis Center. Each week there will be courts of doubles matches. A player will play a total of 24 games in a round robin format in eight games with each of the three other players as a partner. The results will be used to adjust positions for the following week. The player with the most games won will move up, and the player with the fewest will move down a quad. All players are responsible for being present or having a substitute present. New balls will be provided each week.

Millbrook Tennis Center – Course Fee: \$44
 #265839 Mar 3-May 12 W 9:30-11:30am
 #265840 Mar 1-May 10 M 7:00-9:00pm
 #265841 Mar 4-May 13 Th 7:00-9:00pm

Volleyball - Open Play

Age: 13yrs. and up. Bring your friends and practice your volleyball skills during open play at Barwell Road Center.

Barwell Road Community Center
 #265818 Feb 7-May 9 Su 1:00-5:00pm

Senior

Basketball - Active Adults Open Play

Age: 50yrs. and up. Join other active adults in playing basketball, staying healthy and learning the Senior Games rules! Participants play competitive half-court pickup games, and all levels are welcome. The gym is air conditioned and has sportscore flooring. Bring your towel and be ready to sweat!

Barwell Road Community Center
 #265808 Feb 1-Jun 3 M, Th 3:00-6:00pm

Parkinson's Pickleball Workshop & Beginner/Advanced Beginner

Age: 18yrs. and up. Playing Pickleball is a great exercise for anyone, especially for those diagnosed with Parkinson's disease (PD). Evidence continues to show that daily regular exercise has a profound effect on managing PD symptoms. Pickleball combines hand, eye coordination and simple movement thus assisting with daily life activities. Pickleball combines the elements tennis, badminton and table tennis on a court with solid paddles and a waffle ball. All levels of experience and physical mobility welcome. For specific questions please contact Rudy Patterson at Rudy.Patterson@gmail.com or 919-812-5314.

Chavis Community Center
 #266879 Feb 2-May 11 Tu 10:30am-2:00pm

Additional Facility and Program Information

Facilities

Amusements

Pullen Park Amusements

520 Ashe Avenue Raleigh, NC 27606
Phone: 919-996-6468

Park Manager: Scott Mott

Email: Scott.Mott@Raleighnc.gov

Assistant Manager: Matthew Wright

Email: Matthew.Wright@Raleighnc.gov

Assistant Manager: Allora Spruill

Email: Allora.Spruill@Raleighnc.gov

Pullen Park offers popular amenities such as a renovated 1911 Gustave A. Dentzel menagerie carousel, a C.P. Huntington miniature train ride, pedal boat rentals, a kiddie boat ride and exciting playground equipment. Picnic shelters and our Island Gazebo are also available to rent for all occasions. The Pullen Place Cafe offers seasonal menus in addition to standard park fare.

Tickets are \$1.50 each for all guests over 1 year old. Pedal boat rentals are \$6 per boat for a 30 minute ride. Riders must be at least 42 inches tall to ride unaccompanied on the carousel and train.

Hours of Operation

April-September	10:00am-9:00pm
October-March	10:00am-6:00pm

John Chavis Memorial Park Carousel

505 Martin Luther King Jr. Boulevard Raleigh, NC 27601

Carousel Supervisor: Scott Mott

Phone: (919) 996-6468

Email: scott.mott@raleighnc.gov

Re-live the memories while riding the newly renovated Allan Herschell Carousel in its new location within the park.

Tickets are \$1.50 for all guests over 1 year old. Riders must be at least 42 inches tall to ride unaccompanied.

Hours of Operation

April-September	M-F	10:00am-9:00pm
	Sa	10:00am-8:00pm
	Su	10:00am-6:00pm
October-March	M-Sa	10:00am-6:00pm
	Su	12:00-6:00pm

Greenways

919-996-3285

The Capital Area Greenway is a linear system of open space located along rivers, creeks, and streams, which can include public recreation trails for activities such as walking, jogging, hiking, fishing, picnicking, and outdoor fun. The trails connect many of Raleigh's parks and in many cases complement the recreational activities at the parks. The Neuse River, Walnut and Crabtree Creeks and their tributaries are the framework of the Capital Area Greenway System. Many of the city's major ecological features can be experienced in their natural state along these water courses. If you would like to request

a hard copy of our greenway map, please call 996-3285. You can also view the map using a KML file and Google Earth—visit www.parks.raleighnc.gov To Apply for the Greenway Volunteer Program email rdpvolunteer@raleighnc.gov

Historic Homes

Mordecai Historic Park

1 Mimosa Street, Raleigh NC, 27604

(919) 996-4364

www.raleighnc.gov/museums

Site Manager: Joshua Ingersoll

Email: joshua.ingersoll@raleighnc.gov

The Mordecai House at Mordecai Historic Park is the oldest home in Raleigh on its original location and was once the seat of one of the largest plantations in Wake County encompassing more than 5,000 acres. The park also features historic structures moved to Mordecai for preservation, including the Birthplace of Andrew Johnson and St. Mark's Chapel. The Chapel and grounds are a popular spot for wedding rentals. Tours of the Mordecai Mansion and other historic buildings are offered Tuesday through Sunday—call or visit our website for times. The cost is \$5 for adults, \$3 for youth (7-17), \$3 for seniors (65+), and children 6 and under are free. In addition, Mordecai conducts family friendly events throughout the year.

The Tucker House

The Tucker House was built in 1914 for Garland S. Tucker, owner of G.S. Tucker Furniture Company. The home was donated to the City of Raleigh by the Tucker Family in 1975. At that time, the home was located one block west, at 420 N. Blount Street. It was moved to its present site by the City and renovated as a Community Meeting House. Many house furnishings have been donated by families of deceased members of the Oakwood Community. Today the downstairs portion of the Tucker House is available for weddings, receptions, meetings, small conferences and other approved functions. For more information call 919-831-6009.

The Borden Building

The Borden Building is one of the two remaining buildings on the former campus of the Methodist Home for Children. Built in 1900, it was the home of the Superintendent of the Orphanage and later served as home to hundreds of children. Purchased by the City of Raleigh in 1982, the house and its companion, Fred Fletcher Park provides a wealth of history and tranquility in an urban setting. The Borden Building was extremely renovated in 1992 and is presently available for weddings, receptions, meetings, small conferences, and other approved functions. For more information call 919-996-4363 and leave a message for the caretaker.

Lakes

Lake Johnson Park and Nature Preserve

4601 Avent Ferry Road, Raleigh NC, 27606
(919) 233-2121

Park Manager: Mark Elmore

Email: Mark.Elmore@raleighnc.gov

Year-round (October-March closed Mondays)

Assistant Park Manager: Chris Hill

Email: christopher.hill@raleighnc.gov

Lake Wheeler Park

6404 Lake Wheeler Road, Raleigh NC, 27603

(919) 662-5704

Park Manager: Chris Murray

Email: Chris.Murray@raleighnc.gov

Assistant Park Manager: Ben Coats

Email: Ben.Coats@raleighnc.gov

Year-round (October-March closed Mondays)

Lake Facility Rentals

Both Lake Johnson and Lake Wheeler offer a beautiful setting to hold a variety of special events including: weddings/receptions, family reunions, company outings, business meetings, etc. For more information about available rentals contact the facility or visit www.parks.raleighnc.gov

Boat Rentals

Both Lake Johnson and Lake Wheeler have a variety of boats available for rental, some motorized and some nonmotorized (weather and temperature conditions permitting). Please contact each facility for additional information.

Private Boat Launchings

Lake Wheeler and Lake Johnson (non-motorized only) permit private boat launches with a fee. Contact each site for current fees, pass options, permitted types of boats, no-wake hours, and other guidelines.

Fishing Opportunities

Bank fishing from the shores is restricted from the banks of Lake Wheeler and Lake Johnson. Fishing is permitted from Lake Johnson's Boardwalk and Shelley Lake's shorelines and docks. A fee is required for fishing at Lake Wheeler and is permitted from designated fishing piers and the banks of Simpkins Pond. Fishing from any boat is allowed. Please check each facility for additional regulations.

Off-Leash Dog Parks

Raleigh Parks, Recreation and Cultural Resources encourages you and your dog to come out and enjoy the park facilities located throughout Raleigh. Each park is managed by volunteers and depends on responsible dog ownership and etiquette. These dog parks are areas where you can take your dogs and let them off leash, while remaining in compliance with Raleigh city ordinances. They are located at Carolina Pines Park, Millbrook Exchange Park, Jaycee Park, Oakwood Park and Dorothea Dix Park.

Additional Facility and Program Information

Museums

COR Museum

Museum Director: Ernest Dollar
Email: ernest.dollar@raleighnc.gov
220 Fayetteville St. Raleigh, NC 27601
Phone: 919-996-2220

COR Museum is located on Fayetteville Street, Raleigh's "Main Street" and the center of downtown. Originally established in 1993 as a non-profit entity, the City of Raleigh assumed operational control of the museum in 2012. Housed in a historic former hardware store, the museum is dedicated to preserving and interpreting the history of North Carolina's capital city while envisioning its future. The museum curates temporary and permanent exhibits about the city's people, places, and resources, maintains a collection of approximately 5,000 artifacts, and offers educational programming and tours. The COR Museum is open Tuesday-Saturday from 9:00am-4:00pm and Sundays from 1:00-4:00pm. Admission is free.

Pope House Museum

511 South Wilmington St. Raleigh, NC 27601
Phone: 919-996-2220

The Pope House Museum was originally built in 1901 as the home to Dr. Manassa Pope and his wife. Dr. Pope holds the distinction of being the first medically licensed African-American doctor in the state. The structure has undergone a transition from private management to City of Raleigh Parks, Recreation and Cultural Resources Department management, and will be open for regular tours for the first time. The Pope House Museum's new hours will be Saturdays, 10:00am-3:00pm and by appointment during the week. Saturday tours start on the hour with the first at 10:00am and the last tour beginning at 2:00pm. A new program has been developed to inform the public about one of Raleigh's more interesting citizens. Exterior work is being performed on the structure to improve its appearance and make the house more closely resemble its appearance from the 1930s.

Playgrounds

The City of Raleigh owns and operates many playgrounds throughout Raleigh. For a list of playgrounds including location, age recommendation, surfacing, and photos, please visit www.parks.raleighnc.gov

Saint Monica Teen Center

The Saint Monica Teen Center is the first teen center operated by Raleigh Parks, Recreation and Cultural Resources and provides a wide range of programs and opportunities for teenagers in Raleigh! The facility houses a state of the art technology room, teen lounge, fitness/dance room, multipurpose classroom, wall of history, and homework area. The Saint Monica Teen Center is open to ages 13-19 that are currently enrolled in a middle or high school. Free membership is required to utilize the Saint Monica Teen Center. Please call 919-996-4770 for more information.

Tennis Center and Courts

The Raleigh Parks, Recreation and Cultural Resources Department offers 108 public tennis courts (104 are lighted) located at 23 sites throughout the city. No advanced sign up is necessary and it is free to play at any location each day until 10:00pm. Millbrook also has a drop in doubles challenge court, a ball machine court and three backboards. Racquets and balls are available to borrow and tennis accessories are available for purchase. Tennis program updates and forms can be downloaded from www.Raleighnc.gov. To talk to someone about tennis for you, call Millbrook Exchange Tennis Center, 919-996-4129.

Programs

The Cultural Outreach and Enrichment (COE) Program

Cultural Outreach Coordinator: Lisa-Ann Utsumi
Phone: 919-996-6844

Email: coeprogram@raleighnc.gov

The Cultural Outreach and Enrichment Program invites people of all ages to discover the ethnic and cultural richness of the community. The program provides meaningful leisure experiences for people of other cultures and the local community to connect in an open and welcoming environment. Highlights of some of the current recreation programming include: Virtual Tours of the World, Multicultural Camp Specialists, and English as a Second Language classes. The COE program also supports events such as the Raleigh Tamale Festival and has created meaningful partnerships that serve the needs of the local community through the International Festival; and North Carolina State University through the Foreign Language Department with programs like VOLAR (Voluntarios Ahora in Raleigh) and TESOL (Teaching English to Speakers of Other Languages). Volunteers are always needed to assist with community outreach, teaching English, and many other opportunities. For more information, please visit our website at parks.raleighnc.gov, keyword search "COE".

Historic Resources and Museum Program

HRM Program Administrator: Troy Burton
Downtown Cultural Resources Director: Douglas Porter

The HRM Program manages operations and programs at the Borden Building and Stone Circle at Fletcher Park, the City of Raleigh Museum, the Fred Fletcher Amphitheater at Fletcher Park, John Chavis Memorial Park Historic Attractions, the Latta House and University Site, Mordecai Historic Park, the Pope House Museum, Pullen Park Historic Attractions, Moore Square Park and the Raleigh Trolleys. The Historic Resources and Museum Program manages an artifact collection consisting of more than 18,000 fine and decorative material culture objects. The program offers various programs throughout the year including guided tours and rentals at the facilities, school field trips, summer camps, and special events.

School Programs

Youth Programs: 919-996-6165

Program Director:

Toni Webb

Email: toni.webb@raleighnc.gov

Program Managers:

Beth Soles

Email: beth.soles@raleighnc.gov

Joseph Voska

Email: joseph.voska@raleighnc.gov

Katie Walker

Email: katie.walker@raleighnc.gov

Youth Programs offers School Based Programs (After School, Before School, and Track Out Programs) and Summer Camps throughout the city for elementary and rising middle school aged participants. To obtain specific program descriptions and to register for these programs, visit your local community center to obtain at School-Based Programs or Summer Camp Brochure. Also, you can visit www.raleighnc.gov and search for the specific program name for more information.

Adult Program

Recreation Program Director:

Todd Riddick 919-996-2151

Email: todd.riddick@raleighnc.gov

Recreation Program Manager:

Carmen Rayfield 919-996-4734

Email: carmen.rayfield@raleighnc.gov

The Adult Program serves over 7,000 older adults throughout the Raleigh area. Activities are offered at the two Active Adult Centers, Walnut Terrace Neighborhood Center, as well as many city wide community centers and other locations within the City of Raleigh. These activities include sports leagues, exercise classes, bingo, cards, Outdoor Adventure Club, and much more; numerous one-day and overnight trips each year, including cruises and international travel; educational seminars and workshops

Additional Facility and Program Information

on a wide range of topics; and a network of 48 adult clubs throughout the city. Further information can be found throughout this brochure under the Senior Sections, or by calling 919-996-4720, 919-996-4730 or 919-996-6160.

Teen Programs

Program Supervisors:

Kent Hunt, Chiffonda Holloway, Jason Jones and Carmen Myles

The Teen Program of Raleigh Parks, Recreation and Cultural Resources provides recreation, education, career exploration, personal and social empowerment, and personal development for the purpose of serving teens ages 12-18 in the City of Raleigh and Wake County through various programs and events. The goal of the program is to provide an opportunity for youth to initiate, plan, and implement programs as well as to design and develop projects and special events that will be of benefit to their peers, the community, and to themselves as individuals. For information on Teen programs, call 919-996-2139.

Portable Challenge Course for Teens

Age: 12-19yrs. Let the Teen Program Staff custom design a team building workshop to help meet your group's needs and challenges. Initiative activities are utilized to enhance problem solving, team building, conflict resolution and other life skills through experiential learning and will be tailored to your specific group. These programs are great for schools, church groups, student councils, drop-out prevention programs, and many other established youth groups. Courses will be held at the site of the participants' choosing and will be scheduled according to availability. Please contact the Teen Program at least one month in advance of desired program date. Cost: \$25 per staff hour of program with a minimum of 2 hours; we require a 1 to 10 staff member to student ratio.

Raleigh Youth Council

Are you a high school student that is interested in initiating, organizing and executing programs and projects that benefit youth? The Raleigh Youth Council is for teens and is run by teens. They focus their involvement in leadership opportunities, community service, recreation, fundraisers, special events, and State Youth Council conferences. The Raleigh Youth Council creates a forum where teens can freely express their ideas and opinions and serve as advocates for teens in Wake County. The meetings take place on the second and fourth Mondays of each month during the traditional school year. Cost: There is no membership fee but there may be additional fees for activities or conferences. Pre-registration is not required. Please contact the Teen Program at 919-996-2139 for more information.

Volunteer Opportunities with Raleigh Parks, Recreation and Cultural Resources

You are invited to make a difference in your community and volunteer with Raleigh Parks, Recreation and Cultural Resources. Individuals, families, students, businesses and organizations have an opportunity to contribute time, talents and resources to our City parks, programs and facilities.

Volunteer Opportunities in the Parks

Volunteers can enhance City Parks and facilities through the following projects:

- Gardening/Landscaping
- Tree plantings
- Mulching
- Litter and debris removal
- Painting projects
- Removal of invasives

The Raleigh Parks, Recreation and Cultural Resources Adopt-A-Park Program utilizes volunteers to enhance city parks, trails and facilities. Over 70 groups currently participate in the program and volunteer quarterly to improve a park or trail.

Volunteer Opportunities in Recreation Programs

Volunteers can assist with the following Recreation Programs:

- **Sports and Tournaments** – Youth athletic coaches are needed for baseball, basketball, football, lacrosse, in-line hockey, softball, swimming and tennis
- **Special Events** – Assist with registration, set-up, and activities at various citywide special events.
- **Specialized Recreation Services** – Assist individuals with developmental and/or physical disabilities in diverse events and activities including Wake County Special Olympics.
- **COE (Cultural Outreach and Enrichment) Program** Volunteers are always needed to assist teaching basic elements of English, and other exciting recreational opportunities. Volunteer are also needed to assist at various special events and with community outreach.
- **Centers for Active Adults** – Assist with teaching classes, special events, greeters, receptionists, room hosts, tour guides and more
- **Mordecai Historic Park** – Assist in the park as docents, gardeners, tour leaders and special events volunteers.

Volunteers can register now online at

parks.raleighnc.gov

For more information contact Mary Owens at mary.owens@raleighnc.gov or call 919-996-3292.

Account and Program Registration Form

Remember you can also register online with RecLink at parks.raleighnc.gov



Raleigh Parks

Main Contact

Raleigh Resident Non-resident Add \$15 to course.

Non-resident fees do not apply to Specialized Recreation Programs or courses less than \$15.

Last Name _____ First Name _____ DOB ____/____/____ Male Female

Mailing Address _____ City _____ State _____ Zip _____

Home Phone _____ Work Phone _____ Cell Phone _____ *Email _____

Emergency Contact _____ Phone _____

Registration Receipt: (for mail-in) I would like my receipt (please check one) emailed (valid email address required) printed/mailed

*By providing my email address I agree to receive email communication from Raleigh Parks, Recreation and Cultural Resources.

The City of Raleigh Parks, Recreation and Cultural Resources Department welcomes the participation of all individuals, including those with disabilities or special needs. We are committed to compliance with the ADA and will provide reasonable accommodations to facilitate participation in our programs. To ensure that reasonable accommodations are in place, program registration or accommodation request should be received at least two weeks prior to the start date of the program. For more information please contact Inclusion Services 919.996.2147

Participant #1 Information

Participant #1 Name _____ DOB ____/____/____ Male Female

Parent/Guardian Last Name If participant is under 18 _____ Parent's First Name _____

I want Parks, Recreation and Cultural Resources to know about these medical conditions for the participant: _____

I want Parks, Recreation and Cultural Resources to know about these disabilities for the participant: _____

I request ADA accommodation for the disability/medical condition listed. Yes No

Course Barcode	Program Name	Location	Date	Time	Fee
_____	_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	_____	\$ _____

Participant #2 Name DOB ____/____/____ Male Female

Parent/Guardian Last Name If participant is under 18 _____ Parent's First Name _____

I want Parks, Recreation and Cultural Resources to know about these medical conditions for the participant: _____

I want Parks, Recreation and Cultural Resources to know about these disabilities for the participant: _____

I request ADA accommodation for the disability/medical condition listed. Yes No

Course Barcode	Program Name	Location	Date	Time	Fee
_____	_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	_____	\$ _____

Account Information

Create a New Account Update my Account Please send me My Family PIN and Client Barcode

Registration Information

Payment is required at the time of registration. Please use this form for registration, and mail to the facility where the program is held.

Non-City of Raleigh Resident Fee (\$15/course) \$ _____

I would like to make a donation to support a child's participation in
Raleigh Parks, Recreation and Cultural Resources Programs (specify amount) \$ _____

TOTAL AMOUNT DUE \$ _____

Payment Information

Check # _____ (checks payable to City of Raleigh) Money Order

Credit Card payments may be made at a staffed facility or through the online registration system RecLink. Visit parks.raleighnc.gov and select "Register on RecLink". If you would like to complete your registration online, but prefer not to pay online with a credit card, you may add a credit to your account prior to online registration by making a payment at a community center or the Recreation Business Office.



Account and Program Registration Form

Remember you can also register online with RecLink at parks.raleighnc.gov

Refund Policy

- **100% refund/credit/transfer if the Department cancels the program** or the facility rental.
- **Refund requests received in writing** at least 14 or more days in advance of the program/rental/team placement date are entitled to:
 - A. 100% credit or transfer of fees to another program at the time of the withdrawal;
 - B. 85% refund based on the total cost of the program or rental;
 - C. 85% credit/transfer/refund of eligible rental fees
- **Refund/credit/transfer requests** received less than 14 days in advance of the program/rental/team placement date will not be granted.
- **Refunds for medical circumstances** requested prior to the program/rental/team placement date will be granted at 100%, pending verification.
- **Outdoor facility** usage canceled due to inclement weather may be rescheduled pending space availability.
- **A transfer** must be requested at the time of withdrawal.
- **A credit** may be used by any family member on the same registration account.
- **Non-attendance/non-participation** in a program does not entitle the patron to a refund.

Refund requests may be sent to: Raleigh Parks, Recreation and Cultural Resources Department Rbo.registration@raleighnc.gov

Photo/Media Policy

I acknowledge and agree that the City of Raleigh may take photographs and video of individuals or groups participating in programs and events and may use any photographs(s) and/or video taken of me or my child to publicize the program and for other City-related purposes.

Non-Discrimination Policy

The policy of the City of Raleigh is, and shall be, to oppose any discrimination based on actual or perceived age, mental or physical disability, sex, religion, race, color, sexual orientation, gender identity or expression, familial or marital status, economic status, veteran status or national origin in any aspect of modern life. A participant alleging discrimination on the basis of any of the aforementioned areas may file a complaint with either the Director of Raleigh Parks, Recreation and Cultural Resources Department or the Office of Equal Opportunity, U.S. Department of the Interior, Washington, D.C. 20240.

COVID – 19 Risks / Release, Indemnity, and Agreement Not To Sue (revised 7/6/2020)

The City of Raleigh has been forced to confront the potential dangers associated with the COVID-19 pandemic. The City's Parks, Recreation, and Cultural Resources (PRCR) Department remains committed to providing high quality programming. However, in order to comply with guidelines from the Centers for Disease Control (CDC) and other federal, state, and local public health agencies, the PRCR Department has implemented additional safety precautions to ensure that program participants and other PRCR Department staff will have a fun, exceptional experience.

The contents of this document supplement applicable program policies (including Camp Policies and School-Based Program policies), the Program Registration Form, and the online registration for participants who registered through RecLink at parks.raleighnc.gov. Unless amended herein, all prior policies applicable to the program for which you have registered remain in effect. Please review the following information carefully to learn more about what the City is doing to maintain a healthy program environment and what participants (or their Parents/Guardians, if applicable) should do before participating in the PRCR program for which you have registered.

COVID-19 Risks

COVID-19 is a highly contagious and novel viral agent. Its transmission vectors are imperfectly understood, and it may be possible to transmit or become infected by COVID-19 despite strict adherence to guidelines prescribed by the CDC and other federal, state, and local health agencies.

Participants in Raleigh Parks programs will be in a group setting where they may come into contact with other program participants (instructors, coaches, campers, camp counselors, camp program staff, and camp program administrators, etc.). Many program activities will be conducted in a public community center setting. As a result, while PRCR Department staff will make reasonable efforts to adhere to the above-stated guidelines, participants in PRCR programs may be exposed to increased risk of transmission or infection of COVID-19 through various actions or interventions, including but not limited to contact with or proximity to one or more of the following:

- Other program participants, staff members, or administrators;
- The personal belongings of program participants, staff members, or administrators;
- Programming and activity materials including, but not limited to, markers, books, games, toys, recreational equipment, etc.; and;
- City of Raleigh community center fixtures and furnishings, including door knobs, chairs, tables, plumbing apparatus, light switches, etc.

I understand that participating in the recreational program selected involves risk of injury or illness. These risks include, but are not limited to, inclement weather, accidents while traveling, food related illness, equipment problems or failures, contact with and actions of other participants, spectators, and volunteers, slips/trips/falls, musculoskeletal injuries, exposure to and illness from infectious diseases, and any and all risks described in the preceding section. I choose for myself or for my child to participate in the selected programs despite the risks. By signing below, I acknowledge all risks of injury, illness, death, and property damage, and affirm that I have assumed all responsibility of injury, illness, or death in any way connected with participation in the program. I also agree for myself and for any child participant to follow all rules and procedures of the program and to follow the reasonable instructions of the counselors, staff members, and supervisors of the program.

Registration Date Mail-in, Walk-in, and RecLink Registration begins Tuesday, July 28, 2020

By signing below, I acknowledge that I have read, understand, and agree to the City of Raleigh policies listed on this form. Signature is required to complete the registration process.

Participant Signature _____ Date _____

Signature of parent/legal guardian if child is under 18 _____ Date _____

Directory

Explore Your Parks with Park Locator! Access Park Locator: <http://maps.raleighnc.gov/parklocator/> Find the closest park to your home, search for parks by amenity, get directions to a park, and explore program offerings at the parks!

Frequently Called Numbers

Adopt-A-Park	919-996-3292
City Cemeteries	919-996-6548
General Park Maintenance	919-996-4115
Facilities and Operations	
Facilities, Irrigation, Lighting	919-996-3420
General Recreation	919-996-6640
Greenways	919-996-4786
Greenway Map Request	919-996-3285
ReLink Support	919-996-2153
Recreation Business Office	919-996-4800

Division

Administration	919-996-3285
Design/Development	919-996-4824
Maintenance/Parks	919-996-4115
Marketing	919-996-3285
Raleigh Arts	919-996-3610
Recreation	919-996-6640
Urban Forestry	919-996-4115

Programs

Adult Program	
Annie Gordon Center for Active Adults	919-996-4720
Five Points Center for Active Adults	919-996-4730
Walnut Terrace Center	919-996-6160
Adventure Program	919-996-6855
Amusements	
520 Ashe Avenue	919-996-6468
Aquatics and Swimming Pools	
2401 Wade Avenue	919-996-6852
Arts Program	919-996-4683
Athletic Program	
2401 Wade Avenue	919-996-6836
Athletics Leisure Line Update	
2401 Wade Avenue	(24 hr. recording) 919-996-6575
Community Centers Program	
2401 Wade Avenue	919-996-6640
Cultural Outreach and Enrichment Program	
2401 Wade Avenue	919-996-6844
Nature Programs	
820 Clay Street	919-996-6856
Specialized Recreation Services	
2401 Wade Avenue	919-996-6640
Adults	919-996-2149
Inclusion Services	919-996-2145
or	919-996-2146
Social Clubs	919-996-2148
Visually Impaired	919-996-2147
Youth	919-996-2110
Special Olympics Wake County	919-996-2111
Tennis Program – Millbrook Exchange Tennis Center	
1905B Spring Forest Road	919-996-4129
Teen Program	
820 Clay Street	919-996-2139
Urban Forestry	919-996-4115 / 919-872-4137(fox)
Volunteer Programs	
222 W. Hargett Street	919-996-3292
Youth Programs	
820 Clay Street, 27605	919-996-6165
After School Program, Before School Program, Summer Camps, Track Out Program	

Abbots Creek Community Center

— **•AEZ**
9950 Durant Road, 27614
919-996-2770

All Children's Playground c/o Laurel Hills Park

— **•BEG**
3808 Edwards Mill Road, 27612
919-996-2383

Anderson Point Park c/o Barwell Road

— **•EKMN**
20 Anderson Point Drive, 27610
919-996-5994

Anne Gordon Center for Active Adults

— **•L**
1901 Spring Forest Road, 27615
919-996-4720

Annie Louise Wilkerson, MD Nature Preserve Park

— **•K**
5229 Awls Haven Drive, 27614
919-996-6764

Bailewick Road Park c/o Lake Lynn

— **•BEM**
9501 Bailewick Road, 27615
919-996-2911

Barwell Road Community Center

— **•AWZ**
5857 Barwell Park Drive, 27610
919-996-5994
Barwell's Open Play Line: 919-996-6736

Biltmore Hills Park and Community Center

— **•ABCDEGMZ**
2615 Fitzgerald Drive, 27610
919-831-6895

Biltmore Hills Swimming Pool

— **•D**
701 Crown Crossing Lane, 27610
919-831-6736

Borden Building at Fletcher Park

— **•GMV**
820 Clay Street, 27605
919-996-4363

Brentwood Neighborhood Park and Center c/o Green Road

— **•BCEGM**
3315 Vinson Court, 27604
919-996-4141

Brier Creek Community Center

— **•AEGMWZ**
10810 Globe Road, 27617
919-420-2340

Brookhaven Nature Park

— **•K**
5125 Berkeley Street, 27612

Buffaloe Road Aquatics Center

— **•D**
5908 Buffaloe Road, 27616
919-996-5600

Buffaloe Road Athletic Park

— **•BEW**
5900 Buffaloe Road, 27616
919-996-6836

Carolina Pines Park, Community Center, and Off-Leash Dog Park

— **•ABCEUZ**
2305 Lake Wheeler Road, 27603
919-831-6435

Cedar Hills Park c/o Optimist

— **•BCEFGHM**
5600 Sweetbriar Drive, 27609
919-996-2880

City of Raleigh Museum (COR)

220 Fayetteville Street, 27601
919-996-2220

Dorothea Dix Park

— **•NUV**
2105 Umstead Dr, Raleigh, NC 27603
919-996-6688

Durant Nature Preserve

— **•EKMOQ**
8305 Camp Durant Road, 27614
919-870-2871

Eastgate Neighborhood Park Center c/o Millbrook

— **•CEJM**
4200 Quail Hollow Drive, 27609
919-996-4156

Fallon Park c/o Kiwanis Park

2601 Oxford Road 27608
919-996-3135

Five Points Center for Active Adults

— **•LZ**
2000 Noble Road, 27608
919-996-4730

Fred Fletcher Park c/o Jaycee

820 Clay Street, 27605
919-996-6833

Forest Ridge Park

2100 Old NC 98 Hwy, Wake Forest 27587
919-996-5800

Garris Building c/o Jaycee

820 Clay Street, 27605
919-996-6833

Glen Eden Pilot Neighborhood Center c/o Jaycee

— **•CM**
1500 Glen Eden Drive, 27612
919-996-6833

Green Road Park and Community Center

— **•ABCEGMZRZ**
4201 Green Road, 27604
919-996-4141

Greystone Recreation Center

— **•E**
7713-55 Lead Mine Road, 27615
919-996-4848

Halifax Park and Community Center

— **•AEG**
1023 Halifax Street, 27604
919-996-6378

Hill Street Park and Neighborhood Center

— **•EM**
2307 Hill Street, 27604
919-996-5300

Honeycutt Park c/o Millbrook Exchange

— **•BEGRMN**
1032 Clear Creek Farm Road, 27615
919-996-4156

Horseshoe Farm Nature Preserve

— **•KN**
2900 Horseshoe Farm Road, 27587
919-870-2871

Isabella Cannon Park c/o Jaycee

2601 Kilgore Avenue, 27608
919-996-6833

Jaycee Park and Community Center

— **•ABCEJMRVZ**
2405 Wade Avenue, 27607
919-996-6833

John Chavis Memorial Park and Community Center

— **•ABCDEMNWZ**
505 MLK Jr. Boulevard, 27601
919-831-6989



City of Raleigh
Parks, Recreation and Cultural Resources
P.O. Box 590 Raleigh, NC 27602
PRCR 6501

PRSR STD
US Postage
PAID
Raleigh, NC
Permit No.813

Please recycle or share with a friend.

PLAY SAFELY

The health and safety of the community and our staff remain our top priorities. While we are hopeful that the programs included will give you an opportunity to stay active and healthy, all offerings are subject to modification or cancellation based upon state and local guidelines. Visit parks.raleighnc.gov to view the status of park facilities, amenities, and programs.

Thank you for staying safe, Raleigh!



[Instagram.com/raleighparks](https://www.instagram.com/raleighparks)



[YouTube.com/raleighparksandrec](https://www.youtube.com/raleighparksandrec)



[@raleighparks](https://twitter.com/raleighparks)



[pinterest.com/raleighparks](https://www.pinterest.com/raleighparks)



[facebook.com/raleighparks](https://www.facebook.com/raleighparks)