

# North Fremantle Primary School

*A Small School with Big Ideas*



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## 2021 TERM 1 WEEK 4

Dear North Fremantle Community,

What a great night we had for our P&C Welcome Picnic last Friday. It was great to see new faces and catch up with families for a great night of conversation, relaxation and sharing. I was so busy chatting this year that I didn't take any photographs. Thank you to everyone for supporting our P&C and being part of our school community.

### P&C ANNUAL GENERAL MEETING

I am hoping that everyone has marked their calendar ready for our P&C AGM on Tuesday, 2<sup>nd</sup> March at 6.30pm in Room 6. Many of you will have been on a school tour where I will have shared with you that we would not be able to do all of the wonderful things that we do without the involvement of our P&C. The support of the P&C enables fun events to happen and raises money that support our students across the school. It would be great if you would consider nominating for an office bearing role but if you feel unable to take on an official role we would love you to be a member of the team. Being involved in the life of the school through the P&C helps you and your family to make connections, keep informed and have lots of fun while supporting the school. I look forward to seeing many of you at 6.30pm on Tuesday evening in Room 6.

### PARENT INFORMATION MEETINGS

Thank you to everyone for working with us to successfully host our Parent Information Sessions. Please remember that Connect remains the main way in which we communicate through school and class notices. While you get email notifications please remember that you need to click on the links and/or access the notifications through the app or on the internet to see the pictures and download the attachments. Notices will remain in this space for you to refer to as many times as you need. Classroom teachers will have sent out 'Connect for NFPS Parents' information outlining conditions of use and agreements to promote cyber smart behaviours for our community. Thank you for keeping connected and engaged with our school community.

As part of the Parent Information Sessions classroom teachers will have shared a handout. This handout has information about school-wide processes along with classroom specific information. Classroom teachers have shared their emails with you as a form of communication. Please be aware that during the school day they are engaging with your children and may not be able to immediately get back to you. Please be assured that they will reply as soon as they are able. If you have urgent information which needs to be shared with the classroom teacher please email the school office using [northfremantle.ps@education.wa.edu.au](mailto:northfremantle.ps@education.wa.edu.au) or telephone 9432 1300 and the amazing ladies in the office will deliver the messages.

### PARENT LIAISON REPRESENTATIVES

Hopefully by the time you read this Newsletter we will have a Parent Liaison Representative for every class. Thank you also to everyone who has handed back your slip of information to pass on. As I mentioned in the parent information meeting note,

## UPCOMING EVENTS

### Monday 1 March

Labour Day Public Holiday

### Tuesday 2 March

P&C AGM 6.30pm

### Friday 5 March

Clean Up Australia

### Monday 8 March

P&C Welcome ECE Coffee

Mucky Monday Parents

9am

Early Close 2.30pm

### Thursday 11 March

Regis Visit Room 5 TBC

### Monday 15 March

Mucky Monday Parents

9am

Early Close 2.30pm

### Tuesday 16 March

P&C Meeting 6.30pm

### Friday 19 March

Harmony Day and National

Day of Action Against

Violence and Bullying

(In class activities)

### Monday 22 March

Mucky Monday Parents

9am

Early Close 2.30pm

### Tuesday 23 March

School Board Meeting 5pm

### Friday 26 March

Please note: Change of Day

Assembly French

French Cultural Day -

Whole School Activities

P&C Family Movie Night TBC



we are unable to pass on personal information to the representative from the school directly. The purpose of forming these networks is to support the students at NFPS. Please remember that these details are for school purposes only and all communication should be supporting families to be actively involved in our school.

### SCHOOL LEADERS

We would like to recognise the outstanding effort of the Year 6 students who delivered passionate and thoughtful speeches as part of the selection process for leadership roles at North Fremantle Primary School this year. Everyone was very impressed with the quality of the speeches and the students' willingness to have a go. Throughout all of the speeches we particularly appreciated hearing about the school values and how students are demonstrating these both within and outside of the school. All of our Year 6 students are valuable role models and leaders across the school. Our younger students are continually looking to our senior students for leadership and assistance. Throughout the year there will be leadership opportunities, both formally and informally, for all students to continue to display and develop our school values. Special thank you to Mr Adams for organising and supporting the students through this process and Mr Charlie Firth, our School Board chair, for being part of the panel working through the selection process.

The six students that were judged by our panel to be the student councillors for 2021 are:

- o Wes
- o Siofra
- o Emma
- o Harriet
- o Matilda
- o Ptolemy

The following students were elected by their peers to be Faction Captains and Choir Captain for 2021:

- o Apanie (Manatj Faction Captain)
- o Tex (Manatj Faction Vice Captain)
- o Amelia (Warding Faction Captain)
- o Dash (Warding Faction Vice Captain)
- o Daniella (Choir Captain)



### WHOLE SCHOOL INTEGRATED CURRIUCLUM THEME

For a few years now we have been selecting an overarching theme each semester. We have a Western Australian Curriculum that outlines knowledge, understandings and skills required to be taught and demonstrated at each year level and classroom teachers connect their learning to these overarching themes. For Semester 1 2021 the theme we have chosen is 'How Machines Move'. As the term moves along you may like to engage with your children across the classes to see how they are connecting to this theme and what machines they are exploring.



In newsletters throughout the year each class will have the opportunity to share their educational journey with the school community. In this fortnight's edition of the newsletter we will shine the spotlight on Room 7. Our Year 5 and 6 students have had a very busy start to the year. I am very pleased with the way in which they are taking on responsibilities and demonstrating our school values. Thank you to Mr Adams and their parents/carers for supporting their successful start to the year.

Thank you for your ongoing support of North Fremantle Primary School.

Linda Chandler  
Principal



## SPOTLIGHT ON ROOM 7

### Room 7 Mr Heath Adams

It was wonderful to see the students in Year 6 give their leadership speeches; always a big event to throw students into in the second week back at school. All students were very impressive and represented themselves well. It's an important part of our school's leadership programme that extends beyond the lucky few who were chosen for roles and includes all senior students in working with younger students, assisting with activities and leading various things throughout the year.

In our Chemistry lessons, the students had a mystery to solve when a guest presenter seemed to have disappeared — literally into thin air. He left behind a series of experiments, as well as his pile of clothes, combination locked briefcase and computer. Students have used their creative and critical thinking skills to problem solve what may have happened to him and discover a number of ciphers and interesting facts along the way, including becoming wrapped up in a search for the Philosopher's Stone.



The class will be presenting their Civics plays this week. A few years ago, my class complained that learning about the evolution of the Westminster System and its development into Australia's democratic institutions was a little boring, so I wrote a series of plays in the vein of Horrible Histories to try to engage them with the ideas. It makes some difference and there's at least more energy these days in reflecting on some key historical events that have led to some of the rights and freedoms that we have today. Students have already begun to reference these events in discussing issues around the school, such as the selection of the Leavers' Jumpers and Mrs Wilmott's instructions regarding play at break times. We've also discussed what seem to us in the 21st century as the obvious failings in the past, how we've improved on them and how far we may still have to go.

I was super excited by the standard of students' spelling and mental maths in the class, with the average level of ability exceeding previous years. It's a really positive reflection of all the work done by teachers in the earlier years and the benefit provided by our connected practice. It bodes well for all of our learning throughout the year.

Thank you to everyone who has returned forms and completed the one online. It's part of our school's response to Department of Education policy which is designed to protect our students and their privacy while online, and respect the different views that parents may have on apps and web browsing. It is an onerous task but really essential. If you haven't done so already, please get in contact so that I can guide you through it. I have lots of important resources I want students to work with online and getting permission to do so is required before I do so.



Room 6 have had a chance to experience the Relics exhibition in Claremont as part of the annual Scribblers Festival. Our class will be doing likewise but we are not booked in until next term. Mrs Thomas and I had a chance to go to a workshop and see what it's all about this week and it looks absolutely inspiring, with so many stories and imagined experiences coming out of it. We will use this as a source for our creative writing next term.



The other amazing thing that happened this week was the discovery of an owl behind Room 7. Its appearance was quite serendipitous as the class has noticed the small owl figurine I have on top of the class speaker, a souvenir I picked up in Bolivia and something their indigenous Aymara people believe is a powerful symbol of wisdom and learning. The class had spoken about naming the owl figurine, but they've now become excited about naming a real owl. It looks like it may take up roost beside our room, which would be very exciting, and we've discussed how to give it space and to encourage younger students to treat it respectfully during and after school. Hopefully it likes us and chooses to remain for the rest of the year.





## REGIS AWARD AND AUSSIE OF THE MONTH

### Regis Award and Aussie of the Month

Congratulation to our Regis Award winner, Remy, left, pictured with Jeanette from Regis and Aussie of the Month winner, Jessica. Well done!



## ROOM 6 EXCURSION – RELICS EXHIBITION

On the 23<sup>rd</sup> February, my class Room 6, was extremely lucky to experience a very wonderful exhibition. My classmates and I set off into groups exploring nine different Lego masterpieces, I especially love how they used old furniture and negotiated Lego into the design. To top all that off we met Alex, one of the previous winners of Lego masters and co-designer of the exhibition.

By Sofia



## FRIENDLY SCHOOLS PLUS

### Positive Behaviours School News

#### Families' role in creating a supportive school culture

Research demonstrates that efforts to change the attitudes and behaviour of students are more likely to be successful if families are actively involved and share a sense of ownership over the process.

#### What can you do to help reduce bullying in our school?

- Talk regularly with your children about bullying
- Encourage your children to ask for help if they are being bullied at school
- If your children are fighting at home, help them discuss their problem and come to a mutual solution
- Encourage your children to be assertive by helping them to practice speaking in a firm but friendly way, making eye contact, looking calm, smiling and feeling good about themselves.





All welcome to our 1st meeting of the year. Join the team that makes the fun happen for your kids.

# North Freo Primary School P&C AGM

Tuesday 2 March 2021 | 6.30 pm | Room 6

~WINE & NIBBLIES PROVIDED!~





Support Our Schools – SOS Program



## Support Our Schools - SOS Program

Gilbert's Fresh Market will donate  
1% of the money spent by you to your nominated school  
every time you shop with us.

### Don't delay! Join our SOS Program today!

- Sign up in store
- Present your SOS Card for scanning at the checkout each time you shop
- Start to earn the benefits for your school straightaway

Get your entire school community involved and  
earn more funds for your school.



**Gilbert's Fresh Market**





## Buster Term One

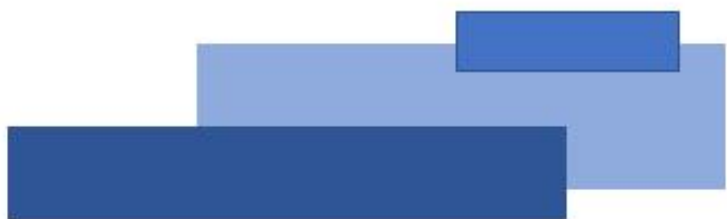
A free multi-sensory program for families to learn and play together.

Wednesday the 3<sup>rd</sup> of February to Wednesday the 31<sup>st</sup> of March 2021

Every Wednesday from 9.30am-11.30am at Fremantle Arts Centre.

Every Friday from 9.30am-11.30am at Gilbert Fraser Park, North Freo.

[fremantle.wa.gov.au/buster](http://fremantle.wa.gov.au/buster)





# BETTER HEALTH PROGRAM

Be fitter, healthier and happier!

The Better Health Program is a free 10-week healthy lifestyle program for 7-13 year old children who are above a healthy weight, and their families. The program is available face-to-face or online in selected areas throughout Australia.

*Get in touch to find out if the program is available near you!*



Online or  
face to face activity  
sessions and resources



Free fitness tracker\*,  
freebie packs and  
rewards

\*Online program only



One-on-one  
phone-based or face to  
face health coaching

**To register or find out more:**

1300 822 953

[betterhealthprogram.org](http://betterhealthprogram.org)

Follow us on social media

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@betterhealthcompany



The Program is funded by government agencies throughout Australia.

Call the Better Health team on 1300 822 953  
to find out if the program is available in your area.





# Specialist Expo



Monday 8 March 2021

3:30 - 5:00pm

Current Year 4, 5 and 6 students and their families are invited to learn more about the Approved Specialist and Academy programs available at Fremantle College:

- Specialist Contemporary Music
- Specialist Marine Studies
- Specialist ICT
- Gifted and Talented Selective Academic
- AFL Academy
- Academic Excellence Academy
- SLP Autism Spectrum Disorder

Introducing our



**CURIOSITY CLUB**

Specialists in Training

A wonderful opportunity for Year 5 students to attend transition sessions in Specialist Marine Science and Specialist ICT as 'Specialists in Training'.

Book into our Information Session at our Specialist Expo to learn more

<https://fremantlecollege.wa.edu.au/curiosity-club-information-sessions/>

[www.fremantlecollege.wa.edu.au](http://www.fremantlecollege.wa.edu.au) (08) 9338 8900 [fremantle.college@education.wa.edu.au](mailto:fremantle.college@education.wa.edu.au)



STRENGTH RESPECT SUCCESS





# International Women's Day 2021

## Cockburn

### Join us

for a FREE INCLUSIVE International Women's Day Celebration.

This event is open to all women in the local community who would like to share experiences, meet other like-minded women and have some fun in a welcoming space.

This year's theme is #ChooseToChallenge and we will be challenging ourselves in three ways:

- 1) Choose to Challenge - Business Station, inspirational stories of women in small business
- 2) Choose to Challenge - Lean in and listen circles
- 3) Choose to Challenge - Get up and move!

Come along and connect with women in your community. Why not bring along a woman who has inspired you?

Tuesday  
9 March

9.30am - 11.30am

Cockburn CRC  
40 Birchley Road, Yangebup

Light refreshments  
provided

### Registrations

[www.trybooking.com/BOXIS](http://www.trybooking.com/BOXIS)

### Children

Children are welcome to attend and there will be a children's activity corner at the event.



International Women's Day



Supported by



0429 904 324 | [info@connecting4kids.com.au](mailto:info@connecting4kids.com.au)

[www.connecting4kids.com.au](http://www.connecting4kids.com.au)







## Supporting Tweens and Teens

Parenting by Connection holds the view that your tween or teen needs you as an ally at a time that can be confusing and challenging for them. This talk will consider strategies for

- communicating your caring to your tween/teen,
- setting limits in a way that builds cooperation,
- managing your own wellbeing so that the challenges of this stage aren't overwhelming.

### Event Details

- When** Thursday 18<sup>th</sup> March 2021 8pm-10pm
- Where** Online via Zoom – meeting details sent on registration. Register: <https://us02web.zoom.us/j/8447123456>
- Note** Free. Suitable for parents of approximately 10+ yr olds.

### Book a Place

Email Belynda on [Belynda.smith@meerilinga.org.au](mailto:Belynda.smith@meerilinga.org.au)

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