Montgomery Youth Hockey Association

2022 – 2023 Travel Registration Booklet



MYHA 2022 – 2023 Travel Registration Booklet

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If you have any questions or require more information about MYHA, please visit our web site (MYHA.ORG) or email Registrar@MYHA.org.

Program Overview

The Travel program is a very competitive level of hockey play and requires a strong time commitment by both the player and the parent. It is very important that the player and parent understand and accept the time commitment of the travel program and that they are expected to make the travel team a priority (see "Attendance Policy" in Travel Program Policies). Parents and players should be prepared to accept this level of commitment or reconsider applying for the travel program.

Planned Travel Teams - Youth 10U to 18U and Girls' 10U to 19U

For the 2022 - 2023 season, based on the player's age as of December 31st, MYHA plans to field the following teams. The number of teams at each competitive level of play (AA, A or B) will be determined by the skill level of players trying out.

| YOUTH – Boys and Girls can try out for these teams | AGES | BIRTH YEARS |
|---|------------------------|-------------------------------------|
| 10U (Squirt - 6 teams) | 9/10 | 2013/2012 |
| 10U Select Team (Squirt – 1 team) NOTE 1 | 9/10 | 2013/2012 |
| 12U (Peewee - 6 teams) | 11/12 | 2011/2010 |
| 12U Travel Lite (2 Teams) NOTE 2 | 11/12 | 2011/2010 |
| 14U (Bantam - 6 teams | 13/14 | 2009/2008 |
| 14U Travel Lite (2 Teams) NOTE 2 | 13/14 | 2009/2008 |
| 16U/18U (Midget - 6 teams) | 15-18 | 2007/2004 |
| | | |
| | | |
| GIRLS – Only Girls may try out for these teams. | AGES | BIRTH YEARS |
| GIRLS – Only Girls may try out for these teams. Girls' 10U | AGES 9-10 | BIRTH YEARS 2013/2012 |
| • | | |
| Girls' 10U | 9-10 | 2013/2012 |
| Girls' 10U Girls' 12U (2 teams) | 9-10 11-12 | 2013/2012 2011/2010 |
| Girls' 10U Girls' 12U (2 teams) Girls' 14U (2 teams) | 9-10 11-12 13/14 | 2013/2012 2011/2010 2009/2008 |

Planned Travel Teams – 12U and 14U Travel Lite and 10U/12U Girls Select Team

Note 1: 10U Youth Select Team: The 10U Youth Select team will be a supplemental team for players playing in the MYHA 10U (Squirt) House program. Players will register NOW and the try-out for this team will take place in the spring. Players must also register in June to August for the MYHA 10U House program and will be placed on teams in the House program. In addition to the weekly house team practice and house game schedule, this 10U Youth Select team will practice as a team most weeks and play approximately 16 games in CBHL league play. Parents will purchase travel jerseys.

Note 2: 12U & 14U Youth Travel Lite: In addition to the above travel teams, MYHA plans to field two Youth 12U "travel lite" teams and two 14U "travel lite" teams. These teams will practice once per week and play in the CBHL but play fewer games than the 12U & 14U Travel teams. Please note these two teams will not participate in the House Peewee and Bantam programs. You SHOULD register now if interested only in the "travel lite" teams. Tryouts for "travel lite" teams will take place after the other Travel Peewee and Bantam team tryouts, and start on May 21.

Note 3: Bronze Program: This program is appropriate for the girl who wants a girls' team experience but is not able to commit to a travel program or needs to further develop her skills. Girls must, at a minimum, have completed the MYHA Instructional Program, and it is not open to girls playing on a Youth or Girls' travel team or House Select team. This group will practice once a week, form small teams, and play cross ice games once per week. Players considering playing House League and the Bronze program must be aware that there will be conflicts with practices and games. Registration for the Bronze program will occur in June to August, along with the MYHA House League registration.

National Bound Teams:

14UAA, 16UAA, and 18UAA Youth Teams will be National Bound. Girls' 14U, 16U and 19U teams will be National Bound unless otherwise determined by MYHA. Parents must understand that upon accepting a spot on a team that is to be National Bound, players must be prepared to attend the State (Youth) or District (Girls) tournament in March and if successful, the National Tournament in early April.

Based on the number of players and the skill of the players trying out, MYHA reserves the right NOT to field a team at any level.

Travel Roster Size

At all levels, only players qualified to play at that level will make a travel team roster. Travel teams will have a target roster, including goalies, (actual roster could be slightly higher) of 16 players at the 10U level but not less than 15 players, 18 players at the 12U level but not less than 17 players, 19 players at the 14U and 16U/18U levels but not less than 18 players and 17 players at the Girl's level but not less than 16 players. During and immediately after the May try-outs, roster spots may be filled by the most qualified players attending the try-outs. MYHA anticipates that all spots may not be filled after try-outs and that some number of players may be added by the Director of Coaching's discretion without having participated at try outs.

Travel Practices

10U Youth teams

The 10U teams will have two practices per week.

12U Youth teams

12U teams will have two practices per week.

14U Youth teams

All 14U teams will have two practices per week.

16U/18U Youth teams

All 16U/18U teams will have two practices per week of some combination of joint and full ice.

Girls 12U. 14U. 16U and 19U

All Girls travel teams will have two practices per week.

12U and 14U Travel Lite Teams

12U and 14U Travel Lite teams will have a practice once per week.

Girls 10U/12U Select and 10U Youth Selects

Girls 10U/12U Select and Youth 10U Select Teams will have a practice once per week.

Girls Bronze Program

This program will practice once per week.

These are typical weekly practice schedules. Holidays and ice considerations will result in only one practice per week for some weeks for those teams who normally get 2 per week and possibly no practice in some weeks.

Travel Games

Chesapeake Bay Hockey League - CBHL

All MYHA travel and travel lite teams play in the CBHL league. CBHL teams are from around the Beltway and include teams from Hagerstown, MD, Easton, MD, Hampton Roads, VA, Charlottesville, VA and Richmond, VA. The CBHL usually plays about a 20-game league schedule at all youth levels (16 at Girls' levels) and a season ending tournament of 1 to 2 games for those teams that qualify. CBHL competition may require overnight stays.

Atlantic Hockey Federation - AHF

All MYHA teams except travel lite teams, Youth 10U Select team and girls' travel teams will also play in the AHF as well as the CBHL. The AHF games are in a Showcase weekend format (two showcases totaling 8 games for all levels plus for all teams 8 head-to-head games with selected opponents. Teams playing in the AHF will have overnight travel for the showcase events and possibly the head-to-head games. The AHF will deliver top opponents from the mid-Atlantic area.

Atlantic Girls' Hockey Federation - AGHF

All MYHA girls' teams will also play in the AHF as well as the CBHL. The AGHF games are in a Showcase weekend format (two showcases totaling 8 games for all levels plus for all teams 8 head-to-head games with selected opponents. Teams playing in the AGHF will have overnight travel for the showcase events and possibly the head-to-head games. The AGHF will deliver top opponents from the mid-Atlantic area.

Tournament Travel Games

Based on the decision of the parents and the team's coaching staff, teams may participate in several tournaments to be paid by the parents. MYHA does not schedule or pay for any tournaments for any team.

Budgeted Game Counts: per current plan/subject to change.

Budgeted game counts for all Youth travel teams will be 38, 34 for girls' travel and 25 for travel lite teams. The 10U Youth Select will play approximately 16: it will based on the CBHL schedule for their level..

Travel Coaching Staff

MYHA plans to announce coaches at the parent meeting held during try outs, however in some cases this information will not be finalized until the end of tryouts.

Travel Program Policies

Checking policy:

Checking and slap shots are not allowed in Travel games at the 10U level. Checking is not allowed at the 12U level and all girls' levels, but slap shots are allowed. Checking and slap shots are permitted at the 14U and 16U/18U levels.

Line Changing Policy:

All Travel games include changing on the fly.

Ice Time Policy:

At all 10U levels, and all other "A" and "B" levels, equal ice time except in the last 5 minutes of the game is the policy of the club. For 12U "AA" the policy will be equal ice time except the last 5 minutes of the game and during penalties and power play situations when the coach will have the prerogative to play the players of his choice. For 14U "AA" and 16U/18U "AA", the coach will have the prerogative throughout the game to play the players of his choice. However, the club does expect that all players will play in every period. Girls' 12U/14U will follow the 12U AA policy and Girls 16U/19U the 16U/18U AA policy.

Attendance policy:

MYHA requires that Travel players not miss more than one (1) practice and one (1) game per month on an unexcused basis. Occasional absences, approximately once a month, for illness, school obligations and family obligations will be considered excused absences. However, these absences will only be considered excused absences if the head coach or team manager is informed in advance of the impending absence. If no advance notice is given, the absence will be considered unexcused.

If a player has 2 unexcused absences in any month as outlined above, the following shall occur:

- If a second practice or game in any month is missed, the player will be required to sit out one (1) period of the next game.
- If a third practice or game in any month is missed, the player will be required to sit out two (2) periods of the next game.
- If a fourth practice or game in any month is missed, the player will be required to be in attendance but sit out the next game. In addition, there will be a discussion with the player and his/her parents as to the athlete's commitment to the program.

Travel Try-out Schedules and Fees

Try outs will start on April 23 for Youth and Girls' travel teams and on April 29 for Travel lite and 10U Select teams. There will be directions sent out when to pick up their tryout jersey from the Rockville pro shop. Tryout fees are \$165 for Youth teams and \$130 for Girls' teams and \$130 for travel lite teams. Try out schedules for each level are posted on MYHA.ORG

This try out fee will be non-refundable in whole or in part regardless of the number of try-outs attended by the player. NO Exceptions.

- 1. A female player trying out for a youth travel and a girls' travel team, will pay the youth travel tryout fee, but indicate in the registration that she is trying out also for the girls' team.
- 2. A player who wants to try out first for travel and then if not placed, then wants to try out for travel lite or 10U Select will not have to pay the additional fee. The player will register for Youth travel, and then if not placed, email registrar@myha.org to be placed on the Travel Lite tryout list. This fee does not apply towards the yearly registration fee.
- 3. Dual rostering: there may be an option for a girl to be rostered on a youth and a girls' travel team. This option will depend on the number of full time players on the roster as team budgets and commitments to practices and games must be met.

<u>Yearly Fee for the Travel Program – Youth and Girls</u>

The yearly fee for the Travel program will ONLY include:

- Sessions as noted in the Section "Travel Practices".
- CBHL and AHF/AGHF league fees. Not all MYHA teams play in the AHF or AGHF.
- All games as noted in the Section "Travel Games".

The yearly fee at all levels does not include, but not limited to:

- Coach's expenses. Parents are expected to pay reasonable travel expenses for a non- parent coach.
- Player/parent expenses
- Any tournament fees.
- Player's jerseys, shells, bags, warm-ups which MYHA may require all players to purchase. The Travel Yearly Fee Schedule for this season will be:

| | One Payment Season Fee (NOTE 1) | 3 Payment Plan Season Fee (NOTES 1&3) |
|-------------------------------|------------------------------------|--|
| 10U Youth Teams | \$3,030 | \$3,180 (\$1,060 each payment) |
| 12U Youth Teams | \$3,285 | \$3,435 (\$1,145 each payment) |
| 14U Youth Teams | \$3,435 | \$3,585 (\$1,195 each payment) |
| 16U/18U Youth Teams | \$3,255 | \$3,405 (\$1,135 each payment) |
| Girls' 10U, 12U Travel Teams | \$2,625 | \$2,775 (\$925 each payment) |
| Girls' 14U, 16U, 19U | \$2,880 | \$3,030 (\$1,010 each payment) |
| 12U and 14U Lite Teams | \$1,980 | \$2,130 (\$710 each payment) |
| 10U Youth Select Team *Note 2 | \$990 | \$1,140 (\$380 each payment) |

Note 1: Credit card customers will be charged a credit card processing fee to their card.

Note 2: Youth 10U Select players will also pay the appropriate House fee when they register for the House program in June to August. Youth Select Fee above does not include jerseys. Players will purchase travel jerseys and socks.

Note 3: Registration for all Travel teams must be complete (defined below) in full within 48 hours of being notified of team assignment. If not fully completed within 48 hours: player's spot may be offered to another player and ALL Season Fees shown above will be increased by \$400. For players on 12U Lite teams and 14U Lite teams the increase will be \$300 and for 10U Youth Select the increase will be \$150, if not registered within 48 hours of being selected to the teams.

Complete registration includes:

- USA Hockey on-line registration. You must complete USA Hockey registration before registering with MYHA on-line. The MYHA registration system will prompt the user for his/her new USA Hockey number. Registration cannot proceed without the correct number.
- On-line MYHA registration.
- Full Payment received by MYHA, or if paying by check, check(s) must be received within 5 days of registration.

Travel Payment Schedule

When a player is selected to play for a team, the yearly fee can be paid by:

- Full payment of the "One Payment Season Fee" above at the time of registration by one check or one
 credit card payment for the full amount. Note: Credit card customers will be charged an additional credit
 card processing fee to their card.
- 3 equal payments by 3 checks or credit card of the <u>"3 Payment Plan Season Fee"</u> shown above. All three checks must be submitted at registration time. One check dated as of the registration date for 1/3 of the fee, One check dated July 15 for 1/3 of the fee and one check dated September 15 for the remaining 1/3 of the fee. Credit card customers will be charged an additional credit card processing fee to their card.

Travel Withdrawal/Refund Policy

Once teams have been formed, if a player leaves, it is very difficult to find replacement players. MYHA's policy is that once registration for a team has been completed, the party registering the player is responsible to pay MYHA the entire fee associated with that team: if the player leaves, we will not refund any portion of the fee. Until MYHA has received payment of the registration fee in full, the player will not be released from MYHA. Until a written release is issued by MYHA, the player cannot register for/play for a team in any other USA Hockey association/club.

Try-out Policies for Travel Programs

The Club has adopted the following policies for the Travel team tryout eligibility, which will apply for the upcoming season.

1. Open Eligibility for Team Try Out

- A) It is the Club's policy to give every player the opportunity to tryout for the age appropriate team of his or her choice, regardless of where or at what skill level the player may have played in the prior year.
- B) Roster spots will be open to any players who attend try-outs. Prior playing experience with MYHA will not be a factor in determining which players make a Travel roster. No number of roster spots on a Travel team will be reserved for MYHA players.

2. Number of Try Out Sessions Prior to "Cuts"

There will be no cuts until after the second scheduled try-out. The Director of Coaching will be responsible for developing tryout evaluation procedures and providing evaluators and Club coaches with adequate direction relating to this matter.

3. Travel TryOut Procedures

- A) Each player will be assigned a unique tryout number and jersey that MUST be worn at each evaluation.
- B) An Evaluation Committee shall be organized by the Director of Coaching and will be comprised of the Director of Coaching, and no less than two (2) other disinterested, qualified evaluators, to be selected by the Director of Coaching. This committee shall organize the drills and objectives for each level and shall evaluate at as many evaluation sessions as possible. The committee shall work with the coaches throughout the try outs. At the conclusion of each try out session, or as soon thereafter as possible, the Head Coach of the appropriate team shall conduct a roundtable discussion to gather and review the try out results. At least one member of the Evaluation Committee shall attend the round table discussion.
- C) At the conclusion of each session, the Head Coach upon approval of the Director of Coaching shall be allowed to make selections to the team, thereby waiving attendance at the remaining try out sessions for those selected players.
- D) All players, whether they are being placed on a team or cut from the try-out process will be notified by posting on the web or bulletin board, individual telephone calls or a personal face to face conversation. The appropriate coach has the responsibility for providing this notification to the affected players.
- E) Goalies shall be evaluated by Wolfe Hockey evaluators. The goalie evaluations will take place during the regular try-out sessions.

4. 48 Hours To Register

Once players have been notified of their team placement, parents have 48 hours to register for that team, or MYHA may offer the player's spot to another player.

5. Player Addition After Tryouts

A player may be added to any team at any time up to 12/31 without attending any try-outs by coach's selection only after approval by MYHA's Director of Coaching. However, this will be the exception and the vast majority of player's will be placed on a team right after the try out sessions.

6. Player playing at a higher level than his/her USA Hockey defined level

A player shall <u>only</u> be allowed to play at a level above his regularly slated USA Hockey level as determined by his birth date, (i.e. 10U, 12U, 14U, and 16U/18U), if the Director of Coaching determines that the player demonstrates skills such that at the higher level he will be one of the top six players (i.e. a first line player or starting goalie) on the higher level's top team. For example, a 14U would have to be in the top 6 to make the 16U AA team.

MYHA Codes of Conduct

Players and parents should read and discuss together the following rules of conduct of the Club. Remember, each player is representing the Club not just on the ice during practices and games, but also in the locker room both home and away, in the hotels on road trips, at restaurants when dining together, etc.

MYHA Code of Conduct for PARENTS

- 1. I agree that, "Kids play sports for their own enjoyment, not mine." I will encourage my child to play by the rules of the game, I will teach my child that winning games does not make a winner and losing games does not make loser, and I will teach my child that good sportsmanship and having fun are truly the most important parts of sports.
- 2. I agree that officials are an important and integral part of the game. I accept the premise that each official has integrity and is trying to call a fair and equitable game. I understand that referees are human and subject to make mistakes just as I am. If I disagree with an official's call, I will express my disagreement without verbally abusing the officials or demeaning them in any way.
- 3. I will applaud good plays from our team and from opponents', and avoid criticizing children (mine or others') if they fail. I understand that children respond positively to positive encouragement and negatively to negative comments. I will remember that my activities and actions can either enhance or demean the efforts of my child as well as all other participants. The choice is mine. The benefit (or harm) is always the child's.
- 4. I will at all times act like an adult, cheering when appropriate and refrain from making loud, abusive, demeaning, or vulgar comments toward officials, other team members, parents or other team's coaches and will remember that such actions can cause serious embarrassment to my child and damage to the reputation of the team and the program.
- 5. I will support my coaches and will refrain from criticizing them in front of my child or other players. I will treat the coaches and team officials with respect and insist that my child does likewise. I will explain to my child that the coaches are unpaid volunteers and that I greatly appreciate their efforts.
- 6. If I have a disagreement with a coach, player, parent, referee or club official, I either approach them in a calm, reasonable manner or will use the club procedures for resolving this conflict.
- 7. I will volunteer my services when needed.
- 8. I will ensure that my child abides by the rules of the team, USA Hockey and Montgomery Youth Hockey Association, and will ensure that my child doesn't disparage other participants concerning their skills, race, ethnic background, sex, religion or national origin.
- 9. I will ensure that my child is on time to team practices and games and that his/her behavior is not disruptive to the other members of the team.
- 10. I will not knowingly participate, instigate or pursue any course of action that could reasonably be expected to lead or cause physical or emotional harm or legal action to or against any minor participant including, but not limited to providing of controlled substances or alcohol.

MYHA Code of Conduct for PLAYERS

- 1. **Rules**: Follow the rules. Each player agrees to abide by all of the published and non-published rules and regulations of USA Hockey, Potomac Valley Amateur Hockey Association, all leagues the team may play in, and MYHA.
- 2. **Respect**: Be Respectful. MYHA expects to be respectful of all referees and refrain from any negative communication with the referees. MYHA expects all parents, players and coaches to show respect to the referees, opposing team, parents, and other coaches.
- 3. **Behavior**: Watch the language, horseplay, gestures, attitudes, etc. Be respectful of others and the property of others. Always be a good sport and set a positive example for others, particularly younger players.
- 4. **Sportsmanship**: Practice teamwork, sportsmanship and discipline. Demonstrate mature behavior on and off the ice. Participate, with grace, in end of game hand-shake line. Learn to win and lose with the same amount of sportsmanship and dignity.
- 5. **Adults**: No Insubordination. Follow the directions given by the coaches, MYHA staff, rink officials and referees. Please note the Zero Tolerance posters in all rinks. Play for FUN and enjoy hockey.
- 6. **Illegal Activities**: Any activities/situations that are illegal (possession or use of cigarettes, alcohol or drugs, shoplifting, stealing, vandalism, etc.) will not be tolerated. Illegal activities will be reported to the appropriate authorities. Demand a drug- and alcohol-free sports environment for your team.

The consequences for violating the above-referenced rules are varied, depending on such factors as whether this is a first time offense or part of a pattern or practice, the seriousness of the offense, the potential for or actual harm to the player or other players, and whether or not the behavior is illegal (this list is not exhaustive). The coach may determine the appropriate punishment or may refer violators to the MYHA disciplinary committee. Consequences of violations may range from suspension for a period or two of a game, to a single or multiple game suspensions; to expulsion from MYHA (this list is not exhaustive).

Suspensions or expulsions will not entitle any family to a refund of any kind. In fact, parents are responsible for the player's actions and will be held financially liable for them.