



Kiwanis®

CAPITAL DISTRICT



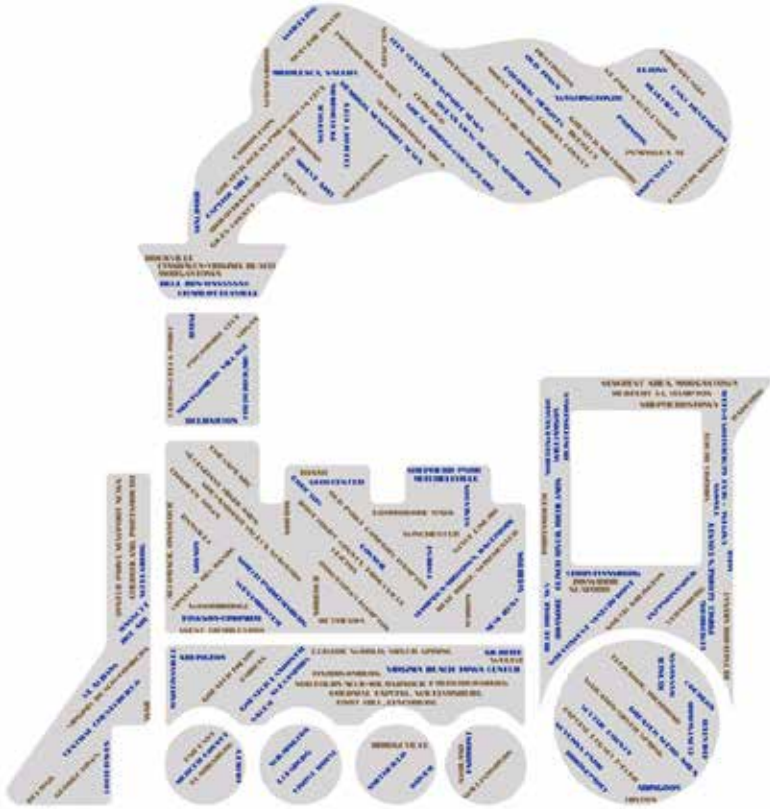
GET ON BOARD

**2022 Capital District Kiwanis Midyear Conference
& CKI District Convention**

March 4-6, 2022 | Williamsburg, VA

“Be like a train; go in the rain, go in the sun, go in the storm, go in the dark tunnels! Be like a train; concentrate on your road and go with no hesitation!”

- Mehmet Murat Ildan



You made a choice to “Serve the Children of the World” Thank you for choosing Capital District Kiwanis and for being here this weekend!

- Governor Elana

TABLE OF CONTENTS

Governor’s Welcome	4
Kiwanis International President’s Welcome	5
Full Schedule of Events	12
Friday Agenda	8
Friday Fellowship Dinner	8
Saturday Agenda.....	12
Opening Breakfast.....	12
Kiwanis Family Luncheon.....	16
Midyear Banquet	20
Sunday Agenda	22
Inspirational Breakfast	22
Executive Officer Biographies	25
Capital District CKI.....	27
Hotel Map.....	28
Conference Committee.....	29
2021-22 District Leadership Team	30
2021-22 District Committee Chairpersons	32
Service Project Sponsors.....	33
Workshop Descriptions.....	36
Workshop Grid	42

GREETINGS FROM THE GOVERNOR

I'd like to personally welcome each of you to Williamsburg and thank you for making the Capital District's 2022 Midyear conference as your destination for this weekend. It's an exciting time as we continue on this journey growing and adapting, engaging in our mission to "Serve the Children of the World". Our clubs and members are meeting the needs of our communities during an extended time of nationwide and global change, effectively mending our world. Now that you are onboard, prepare to experience a trip unlike any other. Governor-elect Jen has developed multiple workshops that will make your chosen route special and provide you with tools to transport you through the remaining journey ahead. You will benefit and be empowered in transforming the way Kiwanis operates to continuously improve our ability to recruit/retain members, create/develop service projects and connect with your community and the branches of our Kiwanis family.



We are joined by President Peter and First Lady Karen Mancuso for this crossroad in the Kiwanis year and my hope is that you will find the conductor within you. I am very proud of what we have accomplished since October 1st and excited about what lies ahead and where we are headed.

As Kiwanians, we have the vision, the knowledge, the wherewithal and the experience to help us choo choo Ch'boogie our way into the future. You are truly our greatest asset everyday, and Capital is powered by your support and leadership. Throughout this weekend, I ask you to stay engaged, keep us proactive, have fun and help us shape the next six months.

Elana T. Gardner

Elana Gardner
2021-22 Governor
Capital District Kiwanis

GREETINGS FROM THE KIWANIS INTERNATIONAL PRESIDENT

Greetings to the Capital District,

We have learned over the past year that whether we gather in person or virtually, Kiwanians can still get things accomplished. Karen and I are pleased that we are able to join you in Williamsburg for your Midyear Conference.

This is a special gathering in that we are celebrating the merger of the Capital and West Virginia districts. Your work together will bring a new strength to the region and build camaraderie to help create opportunities for children and your communities. I encourage you to use this time to improve the club experience to attract new members, and to improve the value of our service mission.



I am pleased to take part with you this weekend and thank you for your commitment to our organization.

Yours in Kiwanis service,

A handwritten signature in blue ink that reads "Peter J. Mancuso". The signature is written in a cursive, flowing style.

Peter J. Mancuso
2021-22 President
Kiwanis International

SCHEDULE AT A GLANCE

FRIDAY

10:00 am - 12:00 pm	District Board Meeting	<i>Dogwood</i>
4:00 pm - 9:00 pm	Registration Check-in (<i>Both CKI and Kiwanis</i>)	<i>Grand Oak Prefunction</i>
2:00 pm - 4:00 pm	CDKF Board Meeting	<i>Dogwood</i>
5:30 pm - 7:00 pm	Kiwanis International Meet & Greet Reception <i>with President Peter & First Lady Karen Mancuso</i>	<i>Grand Oak Prefunction</i>
7:00 pm - 9:00 pm	Fellowship Dinner (<i>ticketed event</i>)	<i>Grand Oak Ballroom</i>
9:00 pm - 9:45 pm	CKI Opening Session	<i>Fallen Timbers</i>

SATURDAY

7:00 am - 7:30 am	Registration Check-in	<i>Grand Oak Prefunction</i>
7:30 am - 8:45 am	Opening Breakfast (<i>ticketed event</i>)	<i>Grand Oak Ballroom</i>
8:45 am - 12:00 pm	Registration Check-in	<i>Grand Oak Prefunction</i>
9:00 am - 9:50 pm	CKI General District Meeting I	<i>Fallen Timbers</i>
9:00 am - 9:50 am	Workshops Session I	<i>See Workshop Grid on Page 42</i>
10:00 am - 10:50 am	CKI Workshop: Work Your Package <i>Ayanna Castro</i>	<i>Fallen Timbers</i>

2022 CAPITAL DISTRICT KIWANIS MIDYEAR CONFERENCE AND CKI DISTRICT CONVENTION

10:00 am - 10:50 am	Workshops Session II	See Workshop Grid on Page 42
11:00 am - 11:50 am	CKI Workshop: Recruitment & Retention <i>Madeleine Eichorn, International Trustee</i>	<i>Fallen Timbers</i>
11:00 am - 11:50 am	Workshops Session III	See Workshop Grid on Page 42
12:00 pm - 1:30 pm	Kiwanis Family Luncheon <i>(ticketed event)</i>	<i>Grand Oak Ballroom</i>
1:30 pm - 2:00 pm	Regional Trustee Election(s): Heart of Virginia (Redwood B), Mason Dixon (Dogwood), West Virginia (Redwood A)	
2:00 pm - 2:50 pm	Workshops Session IV	See Workshop Grid on Page 42
2:00 pm - 2:50 pm	CKI Workshop: All About CKI <i>Leah Reiser, International Vice President</i>	<i>Fallen Timbers</i>
3:00 pm - 3:50 pm	Workshops Session V	See Workshop Grid on Page 2
3:00 pm - 3:50 pm	CKI General District Meeting II	<i>Fallen Timbers</i>
4:00 pm - 5:00 pm	2021-2022 Lt. Governor's Council	<i>Redwood A</i>
4:00 pm - 5:00 pm	District Membership Committee Meeting	<i>Eagles Landing</i>
4:00 pm - 7:00 pm	Free Time (Enjoy Waterpark)	
7:00 pm - 9:00 pm	Midyear Banquet (ticketed event)	<i>Grand Oak Ballroom</i>

SUNDAY

8:00 am - 9:30 am	Inspirational Breakfast (ticketed event)	<i>Grand Oak Ballroom</i>
9:45 am - 11:45 pm	Generosity Feeds Meal Packaging Project	<i>Dogwood</i>

FRIDAY NIGHT FELLOWSHIP

Friday, March 4, 2022 | 7:00 pm - 9:00 pm | Grand Oak Ballroom

CALL TO ORDER

Sherry Charles, Division 16 Lieutenant Governor

I KNEW YOU COULD PT. 1

Drew Allen Oden

Nancy Simonelli, Executive Secretary- Capital District Foundation

DINNER

INTRODUCTION OF FEATURED PRESENTATION

"DISNEY'S AMERICAN LEGENDS"

Elana Gardner, Governor

REMARKS

Arthur Riley, Immediate Past President Kiwanis International

EDUCATIONAL ANNOUNCEMENTS

Jennifer Wolff, Governor-Elect

CONFERENCE MESSAGES

Catie Dugan Vargas, Midyear Conference Chairperson

ADJOURNMENT

ART RILEY

2020-21 President, Kiwanis International

Arthur “Art” Riley of Westminster, Maryland, USA, Immediate Past President of Kiwanis International. He was elected president for the 2020-21 administrative year. He was first elected to the board of trustees in July 2014.



Art’s dedication to Kiwanis began in 1956 during travel with his father to the Kiwanis International Convention in San Francisco, California. That experience gave him an initial view of the Kiwanis world that resulted in his involvement in many Kiwanis activities. Official service in the Kiwanis family began as a member and Lt. Governor of Key Club and has continued as a member of the Kiwanis Club of Westminster, Maryland, where he has served for 41 years. Additionally, he is a member of the Centennial Internet Club. Art’s Kiwanis district leadership included a variety of positions culminating as Capital District Governor in 2007-2008.

As a Kiwanis officer, Art continually advocated expanding opportunities for Kiwanis youth, advocating fiscal integrity, and improving the worldwide Kiwanis image. As president, he introduced several long-term initiatives addressing Kiwanis diversity, CKI opportunities, and a visionary examination of Kiwanis operational requirements needed in the coming years. Art’s energy during the pandemic year centered on membership growth, promoting leadership development and education for both Kiwanians and youth, while encouraging cooperation with the Kiwanis Children’s Fund. Art has received Diamond Level George F. Hixson Fellowship and Diamond Level Walter Zeller Fellowship honors. He and Vickie are Major Gift donors to The Eliminate Project.

Outside of Kiwanis, Art is a pharmacist and has been awarded a Governor’s Citation by the State of Maryland recognizing him for 50 years of service to the citizens of the state. Vickie is a retired elementary school teacher and past president of the Kiwanis Club of Westminster. They have three adult children and three grandchildren. Art’s extended family is also involved in Kiwanis in a variety of positions. Art is active in his community, including service as a lay speaker at his church. He has published a book entitled “At the Foot of the Cross.”



BE MORE IN **BALTIMORE**

Capital District Kiwanis Convention 2022

2022 Capital District Kiwanis Convention
Save the Date: August 19th – 21st, 2022
Sheraton Inner Harbor, Baltimore MD

Let's keep our Kiwanis train rolling into Baltimore, Maryland for the 2022 Capital District Convention coming in August 2022. Save the date and look for more information coming to your station in the Spring. Tell the Conductor that your next stop is the Inner Harbor. Get ready to 'Be More' in Baltimore, Hon!

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Precious Metals Purchasing, Expert-Level
Repairs, Unique Designer Jewelry, and more...

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Williamsburg Jewelers the best in town!**



*Pictured: Michael Fagan,
Owner of Williamsburg Jewelers &
James Curtis, Master Silversmith.*

Artisan

James Curtis began his craft as a
Silversmith in 1965 at Colonial
Williamsburg. In 1980 he became
Master Silversmith for the Foundation.

A Hans Christensen Sterling Silversmith's
Lifetime Achievement Award Winner,
Mr. Curtis has created and gifted pieces
for dignitaries around the world, including
Ronald Reagan and Prince Charles.

As a juried member of the Society of
American Silversmiths, Mr. Curtis has
lectured around the world about the
art of Silversmithing and his journey
to become a Master.

He continues to honor the 3,000 year old
tradition of creating pieces by hand for
guests of **Williamsburg Jewelers**.



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OPENING BREAKFAST

Saturday, March 5, 2022
7:30 am - 8:45 am
Grand Oak Ballroom

CALL TO ORDER

Deputy Fire Marshall Whit Gibbs & K-9 Cinco

PRESENTATION OF COLORS

York County, VA Sheriff's Office

PLEDGE OF ALLEGIANCE

Roger Diehl, Division 13 Capital District Foundation Director

I KNEW YOU COULD PT. 2

Lincoln, Sawyer & Krista Latchaw, Division 4 Lt. Governor

BREAKFAST

CHUGGING ALONG WITH KIWANIS

Kiwanis Club(s) of Colonial Capital, Toano, Williamsburg, and Ashland

INTRODUCTION OF DISTINGUISHED GUESTS

David Lurie, Past Governor 2019- 2020

INTRODUCTION OF KEYNOTE SPEAKER

Angela Thornhill

KEYNOTE: WORK YOUR PACKAGE

Ayanna Castro

INTRODUCTION OF CONGRESSMAN ROB WITTMAN

Stacy Whitehouse, Midyear Conference Committee

SPECIAL PRESENTATION

EDUCATIONAL ANNOUNCEMENTS

Jennifer Wolff, Governor-Elect

CONFERENCE MESSAGES

Catie Dugan Vargas, Midyear Conference Chairperson

ADJOURNMENT

AYANNA CASTRO

Motivational Speaker

Ayanna Castro is an international speaker, life coach and author with expertise in helping others see their potential and overcome self-imposed obstacles in pursuit of their goals. As the Founder and Chief Maven of Work Your Package™, her mission is to educate, encourage, and equip others to enhance what they already have to become the “total package” and be extraordinary.



Ayanna’s inspiring, truthful and transparent approach has made her the “unconventional” member on her client’s personal board of directors. Known for her perfect balance of guidance, support and hard truths, she is the “go-to” person for those embarking on new ventures or who have lost clarity on their goals. As a speaker, Ayanna delights and engages audiences with her inspiring and transparent message of perseverance and “working their package.” Her clients include the International Association of Administrative Professionals, Executive Secretary LIVE, Office Dynamics International, United States Department of the Navy, AARP and Zeta Phi Beta Sorority, Inc.

Ayanna has degrees in Deviant Behavior and Social Control and Business Administration. She is also a certified Project Management Professional (PMP), Certified Government Meeting Professional (CGMP), and Master Life Coach with over 25 years of professional experience in city government, law, public relations, private equity and media. She currently works for one of the country’s largest water utilities as the Employee Engagement Coordinator and chair of the Diversity & Inclusion Committee where she manages enterprise-wide employee programs to include recognition and celebration.

She has authored two books, “Work Your Package – A Guide to Being the Total Package” and “Lessons from Wednesday”.

ROB WITTMAN

United States Congressman, 1st District of Virginia

Serving the First Congressional District of Virginia since 2007, Rob has been focused on strengthening our military and supporting veterans, promoting economic development through fiscal responsibility, fixing our crumbling infrastructure, increasing access to high-speed internet, and promoting workforce development through Career and Technical Education (CTE) and Science, Technology, Engineering, and Math (STEM) programs. In the U.S. Congress, Rob serves on the House Armed Services Committee and the Committee on Natural Resources, where he is well-positioned to represent the needs of Virginia's First District. He has quickly earned a reputation for being an advocate for our men and women in uniform and for being a champion of the Chesapeake Bay.



He was re-elected for his seventh full term in the House of Representatives in November 2020 and for more than 30 years, Rob has served in several levels of government, from Montross Town Council to United States Congress. Rob won his first campaign for public office in 1986 when he was elected to the Montross Town Council, where he served for 10 years, four of them as Mayor. In 1995, Rob was elected to the Westmoreland County Board of Supervisors and was elected its Chairman in 2003. In 2005, voters in the 99th Legislative District elected Rob to the Virginia House of Delegates, where he served until he was elected to the United States House of Representatives in 2007.

Prior to his election to Congress, Rob spent 26 years working in state government, most recently as Field Director for the Virginia Health Department's Division of Shellfish Sanitation. Earlier, he worked for many years as an environmental health specialist for local health departments in Virginia's Northern Neck and Middle Peninsula regions.

He holds a Ph.D. in Public Policy and Administration from Virginia Commonwealth University, a Master of Public Health degree in Health Policy and Administration from the University of North Carolina, and a Bachelor of Science degree in Biology from Virginia Tech.



Capital District Kiwanis Foundation

Touching the Lives of Children

**Thank you to all the clubs and individuals
who continue to support the Capital
District Kiwanis Foundation.**

**The Capital District Kiwanis Foundation
continues to support the 9 Pediatric
Hospitals, Key Club scholarships, CKI
scholarships, Teenager of the Year, Key
Leader, and club grants.**

**Follow us on Facebook for upcoming
events - Ducky Derby and Caring Corner
at DCON in August and the kick off of our
50 year anniversary celebration.**

KIWANIS FAMILY LUNCHEON

Saturday, May 5, 2022
Noon - 1:30 pm
Grand Oak Ballroom

CDCKI EMCEE

Gina Alfred, CDCKI District Secretary Treasurer

I KNEW YOU COULD PT. 3

Matt Brent, Lt. Governor Division 12; CDCKI Administrator

CAPITAL KEY LEADER "A LIFE-CHANGING EXPERIENCE"

LUNCHEON

CDCKI AWARDS AND SCHOLARSHIPS

Matt Brent, Lt. Governor Division 12; CDCKI Administrator
Akilah Richards, CDCKI North Lt. Governor

KIWANIS FAMILY MESSAGES

Macy Lindbloom, Capital Key Club Governor
Anna Walters, West Virginia Key Club Governor

INTRODUCTION OF CKI VICE-PRESIDENT

Madeline Eichorn, CKI Trustee

GREETINGS FROM CKI

Leah Reiser, CKI Vice President

INTRODUCTION OF KEYNOTE SPEAKER

KEYNOTE: THERE IS NO NORMAL

Brenda Heckert

EDUCATIONAL ANNOUNCEMENTS

Jennifer Wolff, Governor-Elect

CONFERENCE MESSAGES & MIRACLE MINUTE

Catie Dugan Vargas, Midyear Conference Chairperson

REMARKS

Gina Alfred, CDCKI District Secretary Treasurer

ADJOURNMENT

LEAH REISER

2021-22 Vice President, Circle K International

Leah Reiser is originally from Warner Robins, Georgia. She served in Key Club all four years of high school and has served five in Circle K International. At the Georgia District level, she has served as the district Secretary-Treasurer, a Lieutenant Governor, and as the District Governor. On the International level of CKI she has served as the International Governing Documents and Awards Chair and is currently serving as the International Vice President. She is one of the three Vice Presidents of our organization that are all women from the Georgia District, the first time that all three have ever been from one district. Outside of Circle K International, she graduated from Georgia Southern University in December of 2021 and currently teaches 2nd and 3rd grade.



April 30, 2022
Railroad History & Lore
Real Locomotives
Model Trains

Trolley & Children Train
Rides
Kiwanis Food and Fun
ashlandvirginia.com

BRENDA HECKERT

Motivational Speaker

The word “brave” has been used to describe Brenda Heckert. She has been brave in overcoming an abusive childhood. She has been brave in navigating the world of caregiving for her mother who suffered from Alzheimer’s disease and her sister who was diagnosed with ALS / Lou Gehrig’s disease. And she has been brave in fighting for the education of her autistic son, Grayson. But as a result of how she faced those difficult times, she came to realize that she has a unique ability to help others deal with theirs through candor and humor.



Mother, actress, comedian, and keynote speaker, Brenda has woven her life experiences into her presentation entitled, THERE IS NO NORMAL. She believes every person has their own special needs...and her presentation offers a new perspective on dealing with people in the workplace and in your personal life. Through her speaking engagements, she has touched people’s lives and intends to continue to help those who feel overwhelmed by their caregiving responsibilities.



 **Kiwanis** Club of Williamsburg *3rd Annual* **Golf Tournament**


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LPGA CHAMPIONSHIP
RIVER COURSE

— Friday —
April 22, 2022

\$150/person
includes greens fee,
golf cart, prizes
and dinner

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Ed Irish
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epiris@wm.edu

KIWANIS CLUB OF NORTH PARKERSBURG

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Jackson Middle School
Emerson Elementary School*



TERRIFIC KIDS

Emerson Elementary
Fairplains Elementary
Gihon Elementary
Madison Elementary
Martin Elementary
Neale Elementary

MIDYEAR BANQUET

Saturday, May 5, 2022 | 7:00 pm - 9:00 pm
Grand Oak Ballroom

CALL TO ORDER

Richard Pippin, Southeast Virginia Regional Trustee

I KNEW YOU COULD PT. 4

Alyssa Anderson

Charles Marks, CDKF Ducky Derby Chair

DINNER

MUSICAL ENTERTAINMENT

Provided by Strolling Strings

INTRODUCTION OF KIWANIS INTERNATIONAL PRESIDENT

First Lady Karen Mancuso

KEYNOTE

Peter Mancuso, Kiwanis International President

2020- 2021 DISTINGUISHED RECOGNITION(S)

Eric Fithyan, Immediate Past Governor West Virginia

Dennis Baugh, Immediate Past Governor Capital

CLOSING REMARKS

Richard Pippin, Southeast Virginia Regional Trustee

ADJOURNMENT

PETER MANCUSO

2021-22 President, Kiwanis International

Peter Mancuso of North Bellmore, New York, USA, was elected as president for the 2021-22 Kiwanis year. He was elected during a June special meeting held in lieu of the 2021 Kiwanis International Convention. Peter was first elected as a member of the board of trustees in 2016.

Peter has been a member of the Kiwanis Club of East Meadow for 35 years. He is a past president of the Kiwanis Children's Fund, which was then known as the Kiwanis International Foundation. He served as distinguished governor of the New York District in the 2003-04 administrative year and distinguished lieutenant governor from 1996-97. Peter is also a past distinguished president of his club. He has been honored as Kiwanian of the Year by his club and division. Peter has chaired numerous clubs, district and international committees on outreach, growth, finance and leadership, among others.



He is a Diamond Level George F. Hixson Fellow; Diamond Level Walter Zeller Fellow; and Centennial Award and Table of Honor recipient. He holds Life Member status and belongs to the Kiwanis Children's Fund Heritage Society and Kiwanis Leadership Society.

Now retired, Peter was employed as an assistant district attorney, assigned to the investigation and prosecution of financial crimes. He earned his B.S. in economics from the Massachusetts Institute of Technology (MIT) and his law degree from the Cornell University Law School. He is a past president of the Nassau County, NY Bar Association; past president of the East Meadow, NY Chamber of Commerce; and past president of the MIT Club of Long Island. Peter is also a past dean of the Nassau Academy of Law.

Peter and his wife Karen have two adult children, Stephen and Cathy, and three grandchildren, Sam, Henry, and Evelyn. In his free time, Peter likes to exercise, read, watch movies and sports and listen to old time radio.

INSPIRATIONAL BREAKFAST

Sunday, March 6, 2022 | 8:00 am -10:00 am | Grand Oak Ballroom

CALL TO ORDER

Ken Surlis-Law, Division 13 Lt. Governor

INVOCATION

PG Carolyn Richar, Human & Spiritual Values Chair

BREAKFAST

IN MEMORIAM

NEXT STOP: AKTION CLUB WEEK

Jennifer Hiscock, Aktion Club District Administrator
Juan Serrano, Williamsburg Aktion Club

ON TO INDIANAPOLIS 2022

ON TO BALTIMORE 2022

INTRODUCTION OF KEYNOTE SPEAKER

Catie Dugan Vargas, Midyear Conference Chair

ADDRESS: GENEROSITY FEEDS

Erinn Beckner

I KNEW YOU COULD PT. 5

Elana Gardner, Governor

GENEROSITY FEEDS MEAL PACK ANNOUNCEMENTS

Catie Dugan Vargas, Midyear Conference Chairperson

ADJOURNMENT

ERINN BECKNER

Vice President of Operations, The Replenish Foundation

Hailing from Richmond, Virginia, Erinn Beckner likes to consider himself a culinary genius – with a remarkable sense of humor. He excels at being a husband (he is mostly sure my wife agrees) and is the father to a young superhero-in-training and a dashing young lady. As the Vice President of Operations for The Replenish Foundation, Erinn oversees the successful execution their various initiatives in underserved communities across America.



The Replenish Foundation, a 501c3 non-profit, is creating a wave of Generosity that inspires and shapes the health of communities across America by feeding and supporting under-resourced children and families.

In food-insecure households, the need for food competes with the need for other basic human necessities such as housing, utilities, transportation, and medical care. We believe no family should have to choose between putting food on the table and paying bills.

Replenish's initiatives, Generosity Feeds and Generosity Packs, are bringing food back to the table for children and families facing food insecurity.

Since 2011, volunteers have created over 4 million Fiesta Black Beans and Rice Meal pouches and packaged over 15,000 lbs. of additional food resources to feed food-insecure children.



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Williamsburg

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ELANA GARDNER, Governor

Elana Gardner is currently a resident of Rockville, MD where she works as an Executive Administrative Assistant at a Biotech firm. She is a mother of two and her favorite people are her grandchildren Atticus and Trella. Elana started her journey as a Bowie Sr. High School Key Club member and continued her service when her father was stationed at Vandenberg AFB, as a member of Cabrillo SHS Key Club. This is her 25th year as a Kiwanian in the Capital District where she is a dual member of the Eastern Branch (Division 1) and Rockville (Division 3) clubs. She is a distinguished Past Lt. Governor and has served in several district roles. In her spare time, she enjoys music, mythology and the Marvel Cinematic Universe.



Kiwanis
ELLICOTT CITY, MD

Serving Ellicott City and the Howard County community for 82 years!

We are proud to impact our community in a few of the following ways:

- Sponsoring 1 K-Kids Club, 6 Key Clubs, 1 Circle K Club, and a Terrific Kids Program
- Annually providing 10,000 meals for students during winter and spring school breaks
- Awarding \$6,500 in scholarships annually to Key Club and college students
- Awarding \$6,000 in community grants to organizations that are dedicated to serving children

www.ellicottcitykiwanis.org
[@ellicottcitykiwanis](#) (Instagram)
[@ellicottcitykiwanis](#) (Facebook)

JENNIFER WOLFF, Governor-Elect

Jen Wolff is the 2021-22 Capital District Governor-Elect. She is a dual member of the Kiwanis Club of Tysons, VA, and the Capital Legacy eClub. Jen has spent nearly 20 years serving the children of the world through the Kiwanis Family – first, as a CKI member at Towson University. As a Kiwanian, Jen has served in many capacities – a distinguished club president, distinguished Lt. Governor, CKI District Administrator, and most recently as the Editor of the District magazine, *The Capital Kiwanian*. Jen has also worked to build two clubs – Kiwanis Club of Canton-Fells Point, MD in 2019, and the Capital Legacy eKiwanis Club – comprised of CKI alumni – in 2020. She serves as a coach to both.



Professionally, Jen specializes in graphic design, marketing, and branding. Her work has earned her the 2017 GDUSA Inhouse Design Award, 2015 R.I. Foundation Best Practices Award, and the 2015 Boys & Girls Clubs of America MAC Gold Award for Publications.

In 2015, Jen was the recipient of CKI's Circle of Service Award which annually honors an individual within Kiwanis International who has made the most outstanding contribution to all of Circle K International. She also received the Circle K International Outstanding Alumni Award in 2013. In addition, Jen is a Diamond-level Walter Zeller Fellow, Carthage-Pullman Society Member, Kiwanis International Life Member, and Capital District Kiwanis Foundation Life Member.

In 2003, Jen met her future husband, fellow Kiwanian Jeffrey Wolff. Jen enjoyed serving as First Lady to the District in 2011-12 when Jeff was Governor. Together, they have three daughters – Charlotte, Audrey, and Olivia. Jeff is majorly outnumbered.

Jen will take office as Governor on October 1, 2022. Together, with our Service Leadership Programs and Kiwanians from all over, she is looking forward to *Creating Brighter Futures* for the Capital District.

CAPITAL DISTRICT CKI

DISTRICT OFFICERS



Secretary-Treasurer
Gina Alfred
George Mason University



Metro Lt. Governor
Simran Bhathal
The George Washington University



North Lt. Governor
Akilah Richards
Bowie State University



District Administrator
Matt Brent
Northern Neck

CKI ADULT COMMITTEE

Catie Dugan Vargas
Jerry Jones

Josh Hiscock
Justin Garrow

Nathaniel Kyle
Tameka Glover

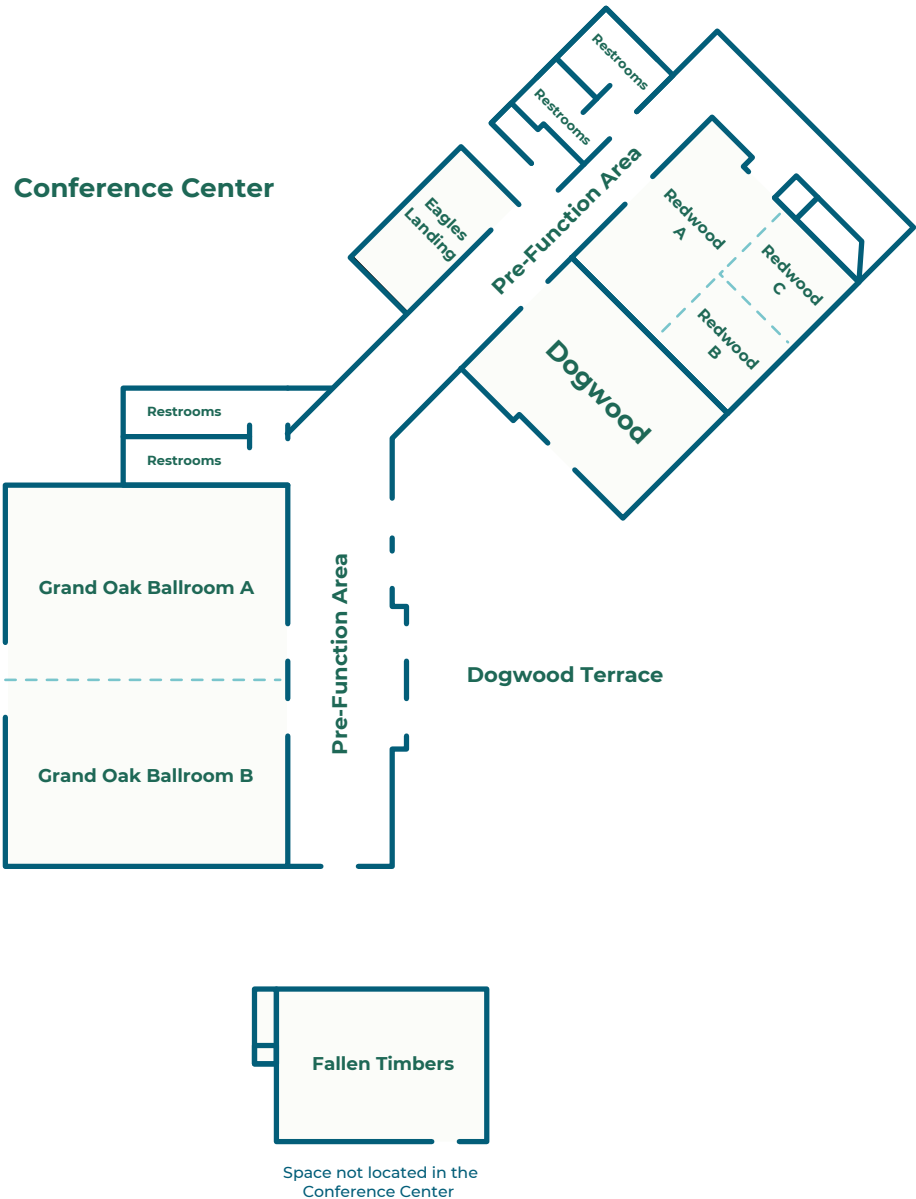
2021-22 CKI CLUBS

American University
Bowie State University
Christopher Newport University
George Mason University
George Washington University
Hood College
Johns Hopkins University
Potomac State College

Radford University
Randolph-Macon College
Shenandoah University
The College of William and Mary
Towson University
University of Delaware
University of Mary Washington
University of Maryland, Baltimore County

University of Maryland, College Park
University of Virginia
University of Virginia – Wise
Virginia Commonwealth University
Virginia State University
Virginia Tech
West Virginia University

HOTEL MAP



CONFERENCE COMMITTEE

CATIE DUGAN VARGAS, Chairperson

MATT BRENT
ELANA GARDNER
TAMEKA GLOVER
NATHANIEL KYLE
ERIC LAMB

JOSE LEONCIO
CAREN SCHUMACHER
STACY WHITEHOUSE
JEFFREY WOLFF
JENNIFER WOLFF

*Thank you to the Midyear Conference
Planning Committee for everyone's
help and support in making this all
come together! Such a pleasure to
work with all of you!*

~Catie Dugan Vargas, Midyear Chairperson

2021-2022

DISTRICT LEADERSHIP

DISTRICT BOARD OF TRUSTEES



Governor
Elana Gardner
*Eastern Branch,
Rockville*



Governor-Elect
Jennifer Wolff
*Tysons, Capital
Legacy eClub*



**Executive
Director**
Jeffrey Wolff
Tysons



**Immediate Past
Governor**
Dennis Baugh
Harrisonburg



**Immediate Past
Governor**
Eric Fithyan
Wellsburg



**Trustee
Chesapeake Bay**
Joshua Hiscock
Ellicott City



**Trustee
Heart of
Virginia**
William Watson
Richmond



**Trustee
Mason Dixon**
Renee Mackey
Hagerstown



**Trustee
National Capital**
Timothy Gillette
Leesburg



**Trustee
Southeast VA**
Richard Pippin
Chesapeake



**Trustee
Southwest VA**
Robert Lewit
Christiansburg



**Trustee
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Logan

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Washington



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Fairfax



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Division 4
Krista Latchaw
Severna Park



Division 5
Steven Cohen
Greater Ocean Pines



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Wilmington



Division 7
Robert Force
Mount Airy



Division 8
Mary Hester
Anton
Blue Ridge
Winchester



Division 9
Pam Warren
Alleghany High-lands



Division 10
Bill Williamson
Hopewell



Division 11
Barbara Dickinson
Richmond



Division 12
Matthew Brent
Northern Neck



Division 13
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Law
Mercury 64



Division 14
Stephanie Welke
Chesapeake



Division 15
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Division 17
Kathy Still
Norton



Division 18
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Division 19
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Harrisonburg

Aktion Club

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Ellicott City

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Severna Park

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Jennifer Wolff
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Key Leader

Missy Zimmerman
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Severna Park

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Jerry Jones
Montgomery County

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Service

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Teenager of the Year

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The Eliminate Project

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Youth Protection Manager

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Young Children

Sam Bosserman
Waynesboro

THANK YOU SO MUCH TO ALL THOSE THAT HELPED TO MAKE THE GENEROSITY FEEDS SERVICE PROJECT POSSIBLE!

Generosity Sponsor - \$1,500
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Community Sponsor - \$500
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Warm Heart Sponsor - \$250
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Kiwanis Club of Carrollton

And special thanks to those individuals and clubs that made a gift!

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Kiwanis Club of Shepherdstown, West Virginia
Kiwanis Club of Virginia Beach Town Center
Kiwanis Club of Seaford, DE

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Cynthia Benavidez
Otha Britton
Jo Ann Brooks
Monte Correll
Ed Daley
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Don Dudey
Catie Dugan Vargas
Tameka Glover
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*Past Chefs Include: JCC Fire Chief Ryan Ashe, Lt Gen Jerry Bates (ret.), Dr. Johnstuart Guarrierni,
Williamsburg Chief of Police Sean Dunn, York County Sheriff Danny Diggs,
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GLOBAL REACH, LOCAL IMPACT.

TOGETHER, KIWANIANS ARE MAKING A DIFFERENCE ALL OVER THE WORLD, ONE CHILD, ONE COMMUNITY AT A TIME.

In our little corner of the world, the Kiwanis Club of Richmond is doing our part by giving more than \$\$\$ to local non-profits, building Little Free Libraries in one of Richmond's "literacy deserts," fostering a spirit of inclusion with outings focused on African-American history, returning to service projects in Richmond Public Schools, FeedMore, and other organizations, and continuing our strong tradition of excellent speakers at our weekly in-person meetings.

LET'S KEEP MAKING A DIFFERENCE!



Kiwanis
CLUB OF RICHMOND

R I C H M O N D K I W A N I S . O R G

EDUCATION

SATURDAY, AUGUST 24

9:00 AM - 9:50 AM

Presidents' Roundtable

Krista Latchaw, Leadership Development & Education Chairperson

Calling all Club Presidents! You've gotten your feet wet & are halfway through your term - can you believe it? Well, we bet you have learned A LOT this year so far. Join a roundtable of current presidents and let's chat about successes, what's working well / not working as well as you thought, and general questions that you may have in your position. Our goal is to get YOU talking and to share new ideas, feedback, & questions with your peers. No topic is off limits. This is a fantastic (in-person) opportunity to share what you've learned with your fellow presidents.

ROOM: DOGWOOD

Why Membership Matters

Peter Mancuso, Kiwanis International President

Kids need Kiwanis more than ever to believe in them, nurture them, and support them. There is no better way to provide more service and a greater impact than to rethink everything your club does for membership retention and engaging new members. This workshop is a great opportunity for you to examine what sets your club apart from other opportunities in the community and to discuss if people join your club or if they belong to your club – there is a difference.

ROOM: REDWOOD A

Service in a Digital World

*Michelle Yuth, Division 4 Lt. Governor-Elect, Capital Nex-Generation e-Club
Katie Brownfiel, Immediate Past President of the Capital Legacy e-Club*

This workshop will focus on how we can perform service as we continue to navigate a digital world due to the on-going pandemic. It will go into detail on how the Next Generation e-Club finds service projects that allow members from all over the map to collaborate in service and fellowship all from the comfort of wherever they are. The projects will cover both completely virtual projects and some that require minimal materials. The projects also range from serving large organizations to our local communities.

ROOM: REDWOOD B /C

10:00 AM - 10:50 AM

Secretaries' Roundtable

PG Jeffrey Wolff, Executive Director

Come join your fellow club secretaries for an update on operational logistics from Kiwanis International as well as discussion about any issues you might be having within your respective clubs.

ROOM: DOGWOOD

It Takes a Village of Values in Kiwanis

PG Carolyn Richar, District Human & Spiritual Values Chairperson

Recognizing and celebrating the values that bring us together as Kiwanians - despite our varied political, religious and philosophical outlooks! This workshop provides a shared value monthly - with icebreakers, invocations/words of wisdom, project ideas and speaker ideas around each value. Come and experience ways that our values can unite us as you join in some icebreakers, share your ideas for words of wisdom, share project ideas and perhaps create some new Kiwanis connections!

ROOM: REDWOOD A

Keeping Your Club's Seats Filled

Josh Hiscock, District Trustee

So often, the focus of membership discussions is on finding new members to join our Kiwanis clubs. However, it is equally important to keep our current seats filled by retaining our current members! In this informative and interactive workshop, learn low and no-cost strategies your club can put into practice today to recognize, re-energize, and retain more of your members. Hear ways to slow steady declines in our current membership, while discovering some strategies that can also be put to use in recruiting new members to your club.

ROOM: REDWOOD B /C

11:00 AM - 11:50 AM

Treasurers' Roundtable

PG Jeffrey Wolff, Executive Director

Come join your fellow club treasurers for peer discussion on managing club finances as well as any other issues you might be having within your respective clubs.

ROOM: DOGWOOD

Young Children Projects Panel

Samantha Bosserman, Young Children Chairperson

Young Children is an ongoing program of Kiwanis that is focused on the needs of our youngest community members. This interactive panel discussion will feature projects from around the District that are focused on this important population and their families. Attend this session to hear of first-hand experiences, brainstorm new outreach opportunities, and bring project ideas home to implement in your community!

ROOM: REDWOOD A

Peaceful Conflict Negotiations

Rhonda Vrell, Area Director

Conflict is a fact of life. How that conflict is addressed and resolved is what matters. Come learn how to understand the basics of where conflicts come from, listen to techniques to set-up opportunities for quick resolutions, and discuss ways to resolve the conflicts your club is seeing now.

ROOM: REDWOOD B / C



The Triangle Shooters Men's Semi Professional basketball team is a newly formed team gearing up for the 2022-2023 basketball season. The Shooters represents the Williamsburg VA area of the ABA Mid-Atlantic region.

To learn more, visit:

<https://thetriangleshootersbasketball.com/about>

2:00 PM - 2:50 PM

Communicating with Everyone

Eric Lamb, Public Relations Chairperson

During this session we will explore why we need to communicate and how. Different age groups and personality types communicate differently. We will discuss the differences and how to make sure your PR strategies are touching each of these groups. Kiwanis clubs need to make sure they are using many strategies that will help get your message out to the community. Let's have fun and learn how to communicate!

ROOM: DOGWOOD

Bringing SLPs back after Pandemic-Hibernation

Stacy Whitehouse, Capital District Key Club Adult Committee

Our SLPs have faced numerous challenges to maintaining normal club operations and membership during ever-changing conditions in schools and campuses. Kiwanis can be an important and steadying partner in restarting clubs that have become inactive during the pandemic. Join us as SLP leaders share insights on current conditions in their organization and tips to supporting clubs as they emerge from 'hibernation'.

ROOM: REDWOOD A

Touching the Lives of Children Every Day of the Year

Mike Dasovich, Past President, Capital District Kiwanis Foundation

Learn how your district foundation increasingly improves the lives of children in communities throughout the Capital District thanks to your generosity.

ROOM: REDWOOD B /C

Recruitment Bootcamp Experience

Rhonda Vrell, Area Director & PG John Morris, Membership Coordinator

Join Capital District clubs in this "learn by doing" workshop experience where you will see what it takes to entice potential members to join your club. Learn the steps on how to "boost" your club's membership, watch a live demonstration on recruiting individuals into Kiwanis, and then put what you've learned to the test with a few practice sessions. You will go home a confident recruiter for your club! Advanced sign-up is required to participate. This workshop runs from 2:00 pm - 4:00 pm.

ROOM: GRAND OAK BALLROOM

3:00 PM - 3:50 PM

Kiwanis Family Relations: Strengthening Your Bond with SLPs

Katie Brownfiel, Immediate Past President of the Capital Legacy e-Club

Does your Kiwanis club sponsor an SLP? Does your Kiwanis club struggle to meaningfully connect with your SLP at meetings and service events? Does your SLP need extra support to thrive? CKI alumna Katie Brownfiel, former K-Kids faculty advisor Tameka Glover, and current Key Club faculty advisors Mic Platt & Dowler Wheat will discuss their experiences working with SLPs. They will highlight what steps have been taken to make K-Kids, Builders Club, Key Club, and CKI clubs flourish and what simple changes can be made to enhance our service family relationships. After sharing their own experiences, they will work with the group to create realistic action items that will reinvigorate and reimagine your club's relationship with your SLP clubs.

ROOM: REDWOOD A

Club Planning to Adapt to Changing Conditions

April Farmer, PG Eric Fithyan, Trustee Tim Gillette, Trustee Bill Watson

Join members of the Capital District's Long Range Planning Committee as we discuss how to create a Long Range Plan for your club. Topics addressed include succession planning, fundraising, service, membership, and more.

ROOM: REDWOOD B / C



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WORKSHOPS GRID

Time	Dogwood	Redwood (A)	Redwood (B/C)	Ballroom
9:00AM - 9:50AM	Presidents' Roundtable Krista Latchaw, Leadership Development & Education Chairperson	Why Membership Matters Peter Mancuso, Kiwanis International President	Service in a Digital World Michelle Yuth, Division 4 Lt. Governor-Elect, Katie Brownfiel, Immediate Past President	
10:00AM - 10:50AM	Secretaries' Roundtable Jeffrey Wolff, Executive Director	It Takes a Village of Values in Kiwanis Carolyn Richar, District Human & Spiritual Values Chairperson	Keeping Your Club's Seats Filled Josh Hiscock, District Trustee	
11:00AM - 11:50AM	Treasurers' Roundtable Jeffrey Wolff, Executive Director	Young Children Projects Panel Sam Bosserman, Young Children Chairperson	Peaceful Conflict Negotiations Rhonda Vrell, Area Director	
2:00PM - 2:50PM	Communicating with Everyone Eric Lamb, Public Relations Chairperson	Bringing SLPs back after Pandemic-Hibernation Stacy Whitehouse, Key Club Adult Committee	Touching the Lives of Children Every Day of the Year Mike Dasovich, Past President, Capital District Kiwanis Foundation	Recruitment Bootcamp Experience Rhonda Vrell, Area Director & John Morris, Membership Coordinator
3:00PM - 3:50PM	<i>Service Project Set Up</i>	Kiwanis Family Relations: Strengthening Your Bond with SLPs Katie Brownfiel, Immediate Past President, Capital Legacy e-Club	Club Planning to Adapt to Changing Conditions April Farmer, PG Eric Fithyan, Trustee Tim Gillette, Trustee Bill Watson, District Long Range Planning Committee	

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