

-     -         *             *                 *                     *                         * 
- Recreation \&Welfare Club Frederick
- 2013 Elections and Officers
- 2013 Events
- 2013 Canceled Events
- 2013 Fundraisers and Charitable Donations
- Member Discounts
- Business Sponsors
- 2014 Events
- 2014 Committee Meetings - Bldg. 376
- Coming in 2014
- Cooperation \& Collaboration
- NIH\&NOAA Recreation and Welfare is an "Employee Service Program and Health Promotion Organization"
- *New website: http://www.fedesp.com/nih/
- R\&W Club Frederick was created underneath the Parent R\&W Club to bring the mission of the R\&W to NCI at Frederick and the Fort Detrick Community.
- Roxanne Angell - Chair, Event Planner, Books are Fun \& Charity Liaison
- Melissa Porter - Vice-Chair and Wellness Committee Member
- Tanya Ransom - Secretary, Jewelry is Fun and Charity Golf Coordinator
- Carolynne Keenan - Assistant Secretary, Website updates and weekly e-mails
- Carrie Belasco- Treasurer and Event Planner

- Membership Meeting
- Great Wolf Lodge Trip
- Valentine’s Day Breakfast

* :

- Children's Easter Party
- Segway Tour of DC during the Cherry Blossom Festival
- Rave On!
- Archaeological Dig
- Spring Research Festival

- Ice Cream Social
- Take Your Child to Work Day
- Inaugural Golf Tournament to benefit The Children's Inn at NIH
- Cruise to Canada
- Keys Ticket Sales

- Celebrate Autumn
- Wine Trail Tour

- Take a Hike Day
- First Noel Show
- Girls Night Out Musical
- Children’s Holiday Party
- NYC Day Trip
- Christmas Markets Germany
- Hersheypark Candylane

- Bowling
- No turnout in Hagerstown
- No signups at Ft. Detrick this year
- Night at the Frederick Keys Game

- Ghost tours of Gettysburg
- Horseback riding and carriage tours of Gettysburg
- R\&W Club Frederick Event Line for cancellations or delays due to weather or acts of Congress:
- 301-846-7066



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- Books Are Fun
- Jewelry is Fun
- Fudgie Wudgie
- Pizza Hut
- Glory Days
- Golf Tournament
- Collette Vacations


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- Special Love: Camp Fantastic - \$178.00
- Kohl's Cares for Kids via Christmas Shopping \$190.60
- Children's Inn at NIH \$1,000.00

- Ananda Shala Yoga and Pilates
- Catoctin Zoo
- Gallery in the Woods
- Reclaimed Living Solutions
- Spirited Painting
- Stanley J. Robinson, DDS, MS, PA
- The Wellness Loft
- Washington Sports Center
- Thanks to our Sponsors:
- NYMEO Credit Union
- Special Thanks:
- Frederick Sport and Health
- Angell Photography
- Balloons by Brenda
- Charelle’s Costume Shop
- Recommend a Businesses Sponsor
- Jan. 8 Free Exercise Class - Bldg. 549
- Jan. 15 Free Exercise Class - ATRF
- Jan. ? Lunch and Learn - National Parks Tour
- Feb. 11-12 Books Are Fun and Fudgie Wudgie - 549
- Feb. 13 Books Are Fun and Fudgie Wudgie - ATRF
- Feb. 14-17 Massanutten Resort Trip - SOLD OUT
- March 21 Welcome Spring - Free Event
- Mar. 13-30 Galapagos Islands - SOLD OUT
- April 2 Take A Hike - Free Event
- April 12 Children's Easter Party - ATRF
- April 15-16 Fudgie Wudgie - Bldg. 549
- April 17
- April/May
- Spring
- May 10
- May
- May 24-25
- August 10-21
- September
- Dec. 6

Fudgie Wudgie - ATRF
Lunch "N Learn: Archeological Dig
Music of the Night - Lancaster
Day Trip to New York City
Books Are Fun
Archeological Dig
National Parks Tour
Books Are Fun
Children's Christmas Party

- January 9
- February 13
- March 13
- April 10
- May 8
- June 12
- July 10
- August 14
- September 11
- October 9
- November 13
- December 11

to ** $x$ x
- Display Case in Building 549
- A Goal to Increase Charitable Contributions
- Camp Fantastic through Books Are Fun Sales
- Children's Inn at NIH through Golf Tournament
- A Goal to increase membership and participation
- Another archeological dig?

- All non-active military personnel working at Fort Detrick including employees of:
- USAMRIID
- Fort Detrick Fire and Police Departments
- NYMEO
- Burger King and Subway
- Naval Medical Logistics Command
- All NCI at Frederick Employees including government, contractor, and subcontractors
- Patients involved in NCI at Frederick Clinical Trails*
- Summer Interns, WHK Student Interns*
*No membership fees



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－Compete with NIH R\＆W
－Compete with the MWR
－Compete with the Green Team
－Compete with the Diversity Team
－Complement and advertise activities for the NIH R\＆W
－Advertise MWR events open to R\＆W Club Frederick Members
－Support the Green Team
－Begin collaborations with the Diversity Team to offer unique events

- Susie Culler - Event Planner, Ticket and T-Shirt Sales
- Roberta Harner - Ticket and T-Shirt Sales
- Amy Huter-Imming - Travel, Christmas, and Easter Committees
- Carolynne Keenan - Dining Out Fundraisers, Weekly News Updates, Website Updates, Wellness Committee Member
- Barb Kending - ATRF Liaison
- Christine Pacula-Cox - Event Planning, Weekly News Updates, NIH R\&W Liason
- Ricki Putman - Christmas Committee, Fudgie Wudgie Contact
- Kandy Rahochik - Christmas Committee, Event Planning, OHS Liaison
- Margaret Slaughter - OHS and Wellness Liaison
- Rebecca Soto - Membership Committee, Weinberg Center \& Way Off Broadway Events
- Gaye Lynn Wilson - R\&W Bethesda Meeting Liaison
- Howard Young - Founder, NCI at Frederick Liaison, R\&W Bethesda Liaison, Wellness Committee Member
- Club Frederick office location: Building 426 Room 138
- Phone: 301-846-7066
- E-mail: RWClubFrederick@nih.gov


