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**Document A for Comment**

**3<sup>rd</sup> Edition**

**Statement on Clinical Nurse Specialist Practice and Education**

**National Association of Clinical Nurse Specialists**

**1998, 2004, 2018**

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45	<b>TABLE OF CONTENTS</b>
46	<b>Introduction</b>
47	<b>Parameters of the Statement</b>
48	<b>Goals of the Statement</b>
49	<b>Section 1: Clinical Nurse Specialist Practice</b>
50	<b>Introduction</b>
51	<b>Social and Professional Mandate for CNS Practice</b>
52	<b>Definition of Clinical Nurse Specialists</b>
53	<b>Relationship Between CNS Practice, Specialty Knowledge, and Practice Standards</b>
54	<b>Conceptual Model of CNS Practice</b>
55	<b>CNS Practice: Patient Direct Care Sphere</b>
56	<b>CNS Practice: Nurses and Nursing Practice Sphere</b>
57	<b>CNS Practice: Organization/System Sphere</b>
58	<b>Legislative Regulation of Clinical Nurse Specialist Practice</b>
59	<b>Professional Validation of CNS Competencies</b>
60	<b>Summary</b>
61	<b>Section 2: Clinical Nurse Specialist Core Competencies</b>
62	<b>Introduction</b>
63	<b>Domains of the Core Competencies</b>
64	<b>Conceptual Framework : Core Competencies by Spheres of Impact</b>
65	<b>Table 2. Core Clinical Nurse Specialist Competencies</b>
66	<b>Section 3: Outcomes of Clinical Nurse Specialists</b>
67	<b>Introduction</b>
68	<b>Conceptual Framework: Outcomes of Clinical Nurse Specialists by Spheres of Impact</b>

69 **Table 3: Outcomes of Clinical Nurse Specialists**

70 **Section 4: Recommendations for Graduate Preparation of Clinical Nurse Specialists**

71 **Introduction**

72 **History and Evolution of CNS Education**

73 **Curricular Recommendations**

74 **Essential Core Content Areas for Developing Clinical Nurse Specialist Competencies**

75 **Additional Educational Preparation**

76 **Table 4. Alignment of Competencies, Outcomes and Curricular Recommendations**

77 **Summary**

78 **Section 5: Criteria for the Evaluation of Clinical Nurse Specialist Master’s, Practice Doctorate,**  
79 **and Post-Graduate Certificate Educational Programs**

80 **Introduction**

81 **Criteria for the Evaluation of CNS Master’s, Practice Doctorate, and Post-Graduate Certificate**  
82 **Programs and Required and Recommended Documentation for Evaluating CNS Education**  
83 **Programs**

84 **References**

85 **Appendix 1: Glossary**

86

87

88

89

90

91

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93

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95

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97 **INTRODUCTION**

98 Clinical Nurse Specialists (CNSs) comprise a group of over 70,000 advanced practice registered  
99 nurses (APRN) (NACNS, 2017). In 1995, the National Association of Clinical Nurse Specialists  
100 (NACNS) was formed to be the national organization specifically dedicated to CNS issues and to  
101 promote the unique practice of CNSs. Since that time, NACNS has been a leader in articulating  
102 CNS practice competencies, educational guidelines, and credentialing requirements. The  
103 competencies and expected outcomes that distinguish CNS practice are articulated in this 2018  
104 revision of the NACNS Statement on Clinical Nurse Specialist Practice and Education.

105 The NACNS Statement is an evolving document and will continue to be shaped over time;  
106 however, it will always reflect NACNS's commitment to ensuring that society benefits from the  
107 full range of nursing services and the competencies characteristic of CNS practice. A national  
108 consensus on CNS competencies and outcomes brings CNS contributions to the forefront and  
109 shapes the agenda for education, public policy, professional practice, and performance  
110 standards.

111 Section 1 of the updated Statement defines the CNS and describes CNS practice, in light of the  
112 significant changes in today's healthcare environment. It provides a conceptual model of CNS  
113 practice, and describes the social mandate for CNS practice; the relationship between CNS  
114 practice, specialty knowledge, and practice standards; as well as the regulation and validation  
115 of CNS practice. Sections 2 and 3 focus on the competencies and outcomes of CNS practice  
116 across the three spheres of impact. Section 4 explains the recommendations for graduate  
117 preparation of CNSs to achieve the core competencies described in Section 2. Appendix A is a  
118 glossary of terms used throughout the document.

119 **Parameters of the Statement**

120 Clinical expertise in a specialty is the hallmark of CNS practice. For the CNS, entry into practice  
121 occurs at the level of the Master's or Doctor of Nursing Practice (DNP) degrees. This Statement  
122 describes core baseline competencies for CNS practice regardless of specialty and level of  
123 preparation. Mastery of the competencies is achieved with experience and continuing  
124 education.

125 The conceptual model utilized to describe the competencies of a CNS uses three spheres of  
126 impact as the framework. CNS practice includes the patient sphere, the nurses/nursing practice

127 sphere, and the organization/system sphere. NACNS recognizes that, depending on specialty,  
128 settings, populations, and other factors, actualization of individual CNS practice may vary. This  
129 document describes the competencies for the entire framework of CNS practice with the  
130 emphasis that the primary focus of any CNS's purpose for practice is to improve and optimize  
131 the care of the individual patient/family.

132 The competencies required for specific CNS specialty practice are not addressed in this  
133 document. Individual CNSs are expected to define their practice using this Statement along with  
134 other relevant specialty standards from specialty organizations. By defining core competencies,  
135 this Statement has implications for credentialing, education, and regulation. It articulates the  
136 unique competencies of CNS practice and the education necessary to support that practice. This  
137 Statement does not compare CNS practice with the practice of other advanced practice nursing  
138 groups.

### 139 **Goals of the Statement**

140 The purpose of the NACNS Statement on Clinical Nurse Specialist Practice and Education is to  
141 describe entry-level competencies and associated outcomes for CNS practice regardless of  
142 specialty across three spheres of impact. Specialty competencies, including those associated  
143 with populations or settings, should overlay the entry-level competencies to provide greater  
144 specification or emphasis among the competencies across the three spheres.

145 The Statement has three goals. The goals are to:

- 146 • Make explicit the contributions of CNSs in meeting societal healthcare needs;
- 147 • Articulate core competencies for CNS practice and associated outcomes;
- 148 • Provide a standardized framework for CNS education at the graduate level.

## 149 **SECTION 1.**

### 150 **CLINICAL NURSE SPECIALIST PRACTICE**

#### 151 **Introduction**

152 Clinical Nurse Specialists are one of four categories of advanced practice nurses, each with  
153 distinctively different practice characteristics. While all four groups—clinical nurse specialists,  
154 certified nurse practitioners (CNP), certified nurse midwives (CNMs), and certified registered  
155 nurse anesthetists (CRNA)—have their origins within professional and statutory definitions of  
156 nursing, each group's practice has expanded and evolved in diverse ways beyond required  
157 APRN core competencies to meet different aspects of the health needs of individuals, families,  
158 populations, and communities. Each category of advanced practice nursing has a knowledge

159 base unique to its practice to support its distinctive contributions. Each group’s unique practice  
160 functions within the healthcare system for the purpose of delivering cost-effective quality  
161 outcomes.

162 The essence of CNS practice is advanced clinical nursing expertise in diagnosis and intervention  
163 to prevent, remediate, or alleviate illness and promote health with a defined specialty  
164 population—be that specialty broad or narrow, well established, or emerging. The totality of  
165 CNS expert clinical practice is manifested in the advanced care of patients (I.e. individuals and  
166 families) and impacts populations and communities. The knowledge the CNS gains in direct  
167 practice with patients and families is frequently used to make improvements in entire patient  
168 populations, though the focus of CNS care is at the patient/family level. CNS practice is the  
169 translation of clinical expertise into nursing care provided directly and by influencing nurses and  
170 nursing personnel through evidence-based practice. CNS practice also transforms systems (i.e.  
171 healthcare institutions and systems, political systems, and public and professional  
172 organizations) to mobilize and change these systems through expertly designed and  
173 implemented nursing interventions. CNSs are uniquely qualified to improve healthcare in the  
174 achievement of all 6 aims of the Institute of Medicine (IOM) report: having healthcare that is  
175 safe, effective, patient-centered, timely, efficient, and equitable (IOM, 2001). Thus, CNS  
176 practice is consistently directed toward achieving quality, cost-effective patient-focused  
177 outcomes across all three spheres of impact. Illness may occur whether or not a patient has a  
178 disease (see the Glossary for the definitions of illness and patient). CNSs who care for patients  
179 experiencing illness with disease etiologies are also experts in assisting with disease-related  
180 diagnoses and interventions.

### 181 **Social and Professional Mandate for CNS Practice**

182 The role of the CNS was created to meet the increasingly complex needs of patients. This need  
183 has not abated and in fact, becomes even more of a priority within the context of the ever-  
184 increasing complexity of healthcare itself. 'Patient' in the context of this statement  
185 encompasses the broadest sense of the word—individuals, families as defined by the patient,  
186 patient populations, communities, and in some cases, may even include healthcare surrogates.  
187 Patients today are increasingly complex with potential or actual multiple chronic conditions,  
188 psychosocial, and socioeconomic challenges who are trying to navigate a frequently changing  
189 healthcare environment. In addition, patients demonstrate increasing diversity and identify  
190 with ever-varied cultural backgrounds. This increase in diversity and cultural backgrounds  
191 necessitates that CNSs approach each individual patient and family as unique and distinct,  
192 without assumptions of any broad brush of cultural or diversity categorization. Through a  
193 relationship-centered care foundation, CNSs provide expert care to patients with complex  
194 conditions. The relationship with the patient/family is of primary importance, while recognizing

195 that additional relationships such as those with other care providers and the community,  
196 support a comprehensive approach to optimizing health through reciprocal influences. CNSs  
197 advance the practice of nursing for these patients by (a) designing innovative evidence-based  
198 interventions, (b) setting practice standards and influencing the practice of other nurses, and (c)  
199 leading within the healthcare system environment to improve patient care and support quality  
200 outcomes.

201 As a profession, nursing has a social mandate to evolve its practice to meet the needs of the  
202 society, which creates and supports it. The profession is responsible for helping shape statutes  
203 and regulations that impact the health of patients and families. Professions are responsible for  
204 self-interpretation and self-regulation; therefore, it is imperative that nursing continues to  
205 critically self-appraise in the context of contemporary social needs. Regulatory agencies are  
206 mandating that healthcare institutions demonstrate quality outcomes in order to receive  
207 reimbursement for care provided. Patients are increasingly aware of the outcomes of  
208 individual providers and healthcare institutions, demanding care that is safe, high quality,  
209 individualized, and cost effective. This expected evolution and the increasing complexity of care  
210 is part of the rationale behind the emphasis on the DNP degree for all advanced practice  
211 registered nurses, including CNSs, which aims to prepare nurses at the highest level of practice  
212 in order to provide advanced care within this context (American Association of Colleges of  
213 Nursing [AACN], 2006). Because CNSs demonstrate mastery in the translation of evidence into  
214 nursing practice, CNS leadership in advancing nursing practice as a profession is critically  
215 important.

216 The American Nurses Association (ANA) recognizes CNSs as advanced clinical experts in nursing  
217 with attributes distinguishing them from other APRNs with the primary role of the CNS to  
218 continually improve the nursing care of patients resulting in improved patient outcomes (ANA,  
219 2010). The ANA acknowledges that while there is an overlap of knowledge and skills among the  
220 advanced practice groups, the scope of practice of CNSs is distinguishable from the other  
221 advanced practice nursing groups. CNSs bring analysis and implementation of emerging nursing  
222 science and evidence to the range of care in the wellness-illness continuum including:  
223 facilitating maintenance of health, prevention and early detection of illness; diagnosis and  
224 treatment of acute illness; management of chronic illness; and optimization of transitions of  
225 care.

226 CNSs integrate scientific evidence to design new interventions that treat symptoms, functional  
227 problems, and complications of disease treatment. Regardless of the setting, complications and  
228 failure to recover from disease and medical treatment may be prevented by appropriate  
229 diagnosis and treatment of illness. CNSs are skilled at advanced individual patient assessment  
230 and development of a treatment plan, but also use their assessment skills to identify overall



231 trends and patterns, utilizing the information to lead quality improvement changes for patients  
232 and patient populations. Innovation in illness diagnosis and treatment is one of the hallmarks  
233 of CNS practice. CNSs have in-depth advanced knowledge of evidence-based nursing practice  
234 within a specialty that results in competencies to (a) expand the boundaries of nursing practice  
235 by focusing on illness management, (b) advance the practice of other nurses and nursing  
236 personnel, and (c) develop organizational/system modifications to support and improve both  
237 patient outcomes and the practice of nursing.

#### 238 Definition of Clinical Nurse Specialists

239 In 2008, a joint group of the APRN Consensus Work Group and the National Council of State  
240 Boards of Nursing APRN Advisory Committee issued a statement that was a sentinel point in  
241 defining the role and preparation of APRNs: The Consensus Model for APRN Regulation:  
242 Licensure, Accreditation, Certification, and Education (APRN Joint Dialogue Group, 2008). This  
243 document identifies the four APRN roles (CNS, CNP, CRNA, and CNM) and outlines the core  
244 elements that are minimal requirements in order to be considered an APRN. It is imperative for  
245 all nurses and nursing leaders to understand these core elements in order to accurately  
246 appreciate who is prepared to function as an APRN and who is not—particularly in light of  
247 confusion related to the increasing numbers of nurses prepared at the DNP level. The DNP is a  
248 degree, not a role. This document provides the foundation for defining any one of the APRN  
249 roles including CNSs.

- 250 • The core criteria required to be considered an APRN are: Education in one of the four  
251 identified APRN roles
- 252 • Education in at least one of six identified population foci (family/individual across the  
253 lifespan, adult-gerontology, pediatrics, neonatal, women’s health/gender-related,  
254 psych/mental health)
- 255 • Education that includes the 3 p’s: advanced physiology/pathophysiology, advanced  
256 health/physical assessment, advanced pharmacology
- 257 • Certification in at least one of the roles and at least one of the population foci through a  
258 national accredited program
- 259 • Licensed at the APRN level in at least one of the roles and at least one of the population  
260 foci (Consensus Model, 2008)

261 In alignment with the Consensus Model criteria, CNSs are licensed registered professional  
262 nurses with graduate preparation (earned Master's or doctorate) from an accredited program  
263 that prepares CNSs. They may also be prepared in a post-master’s certificate program that is  
264 recognized by a national nursing accrediting body as preparing graduates to practice as a CNS.

265 CNSs are advanced clinical experts in the diagnosis and treatment of illness, and the delivery of  
266 evidence-based nursing interventions (AACN, 2006). They possess advanced knowledge of the  
267 science of nursing with a specialty focus and apply that knowledge to nursing assessments,  
268 diagnoses, interventions, and evaluation, and the design of innovations. They function  
269 independently to provide theory and evidence-based care to patients in their attainment of  
270 health goals.

271 CNSs are unique from the other APRN roles as they also have a significant focus of the role on  
272 areas outside the direct patient interface. CNSs practice from both an expanded and specialized  
273 area of expertise. From an expanded nursing practice perspective, CNSs are skilled at systems  
274 thinking in order to enhance patient care by identifying gaps, forging and leading collaborative  
275 relationships, leading quality improvement efforts, and creating innovative workflows. They  
276 work with other nurses to advance their nursing practices and improve outcomes, and provide  
277 clinical expertise to affect health system-wide changes to improve programs of care. In  
278 addition, CNSs are particularly prepared to care for complex and vulnerable patient  
279 populations. For example, as a result of their expertise in advanced direct patient care, CNSs  
280 are in an ideal position to create and implement delivery models to lessen the risks that can  
281 occur with transitions of complex patients between multiple specialty and primary care  
282 providers and between healthcare settings and home.

283 Many of the expert skills CNSs are prepared for and expected to exhibit (e.g., leadership,  
284 collaboration, consultation, quality improvement and evidence-based practice, systems  
285 thinking, professionalism, and ethical conduct) are also exhibited by other nurses and nursing  
286 leaders. CNSs, however, are unique in that they are also prepared in advanced patient care in a  
287 specialty. Therefore, CNSs consistently utilize those expert skills within a framework of an  
288 advanced direct patient care perspective. This distinctive combination is what distinguishes  
289 CNS practice from that of nurse executives, quality improvement specialists, nurses with a DNP  
290 in leadership, or an experienced staff nurse, for example.

291 Conversely, while CNSs must be prepared in one of the six population foci (a core foundation of  
292 the role), they also specialize in a delimited area of practice with evidence-based competencies  
293 associated with that specialty. APRN specialties are defined as “a focus of practice beyond role  
294 and population focus linked to healthcare needs (examples include but are not limited to  
295 oncology, older adults, orthopedics, nephrology, palliative care) (APRN Joint Dialogue Group,  
296 2008).

297 Specialty areas are evolving as the science of care evolves. Typically, the specialty can be  
298 identified in terms of the population being cared for, type of patient problem, setting, type of  
299 care, and/or disease or medical specialty. Specialties usually address more than a single  
300 population, may or may not have an advanced practice certification available, and can be

301 identified by a national organization or a single entity (e.g. clinic, hospital grouping). Table 1  
 302 highlights examples of specialties that exist in relation to the overarching populations as  
 303 defined by the Consensus Model (2008).

304

305 **Table 1.**

Population					
Family/Individual Across Lifespan	Adult- Gerontology	Neonatal	Pediatrics	Women’s Health/Gender- related	Psychiatric- Mental Health
<b>Specialty Examples with CNS Certifications (may cross populations)</b>					
Adult Health CNS Adult-Gerontology CNS Adult Psychiatric-Mental Health CNS (CNS exam retired in 2015) Advanced Oncology CNS Child/Adolescent Psychiatric-Mental Health CNS CNS Perioperative CNS Wellness through Acute Care (Adult-Gero) CNS Wellness through Acute Care (Neonatal) CNS Wellness through Acute Care (Pediatric) Diabetes Management-Advanced Gerontological CNS Home Health CNS Orthopaedic CNS Pediatric CNS					

306

307 While many registered nurses and nursing leaders may have skill and expertise in some of the  
 308 competencies outlined in Section 2 of this statement, either through formal education or  
 309 clinical experience, it is an expectation that CNSs are uniquely prepared through higher  
 310 education to function at this advanced level of nursing practice in all competencies outlined in  
 311 this document.

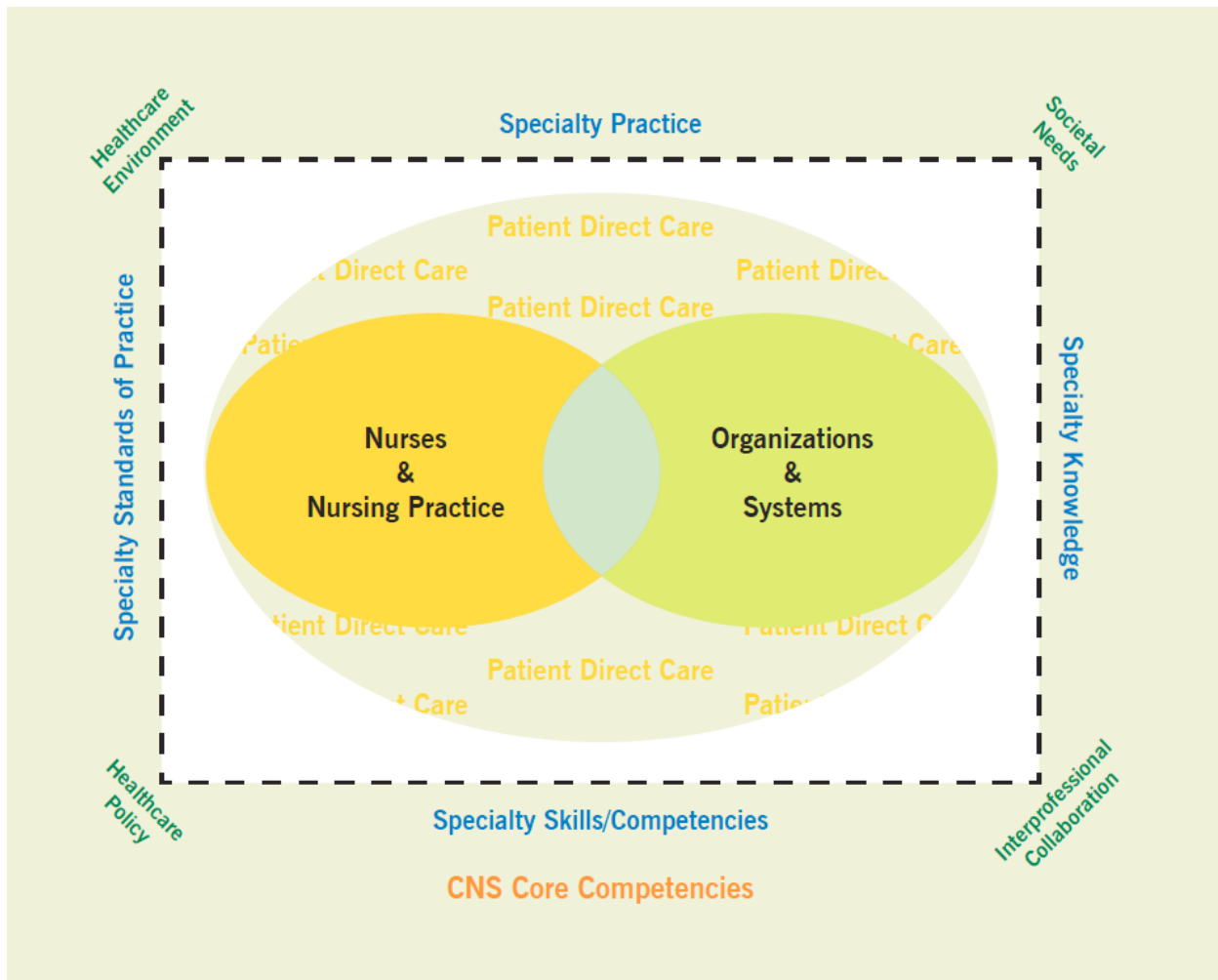
312 **Relationships between CNS Practice, Specialty Knowledge, and Practice Standards**

313 This Statement describes the core CNS practice competencies in three spheres of impact. The  
 314 core competencies are consistent across all specialty practice areas, and are actualized in  
 315 specialty practice (see Figure 1). The essence of CNS practice is advanced clinical expertise  
 316 based on advanced knowledge of nursing science. Thus, the patient sphere is depicted as the

317 largest and most all-encompassing. CNS clinical expertise, directed by the specialty, is the basis  
318 for competencies in the nurses/nursing practice sphere and the organization/system sphere.  
319 The context for CNS practice is the specialty. The specialty directs specific knowledge and skill  
320 acquisition; thus, the specialty area competencies build upon the core CNS competencies in an  
321 in-depth area of clinical expertise.

322

323 Because CNSs are prepared at an advanced level in all 3 spheres, activities in one sphere  
324 interact with, impact, and enhance activities in the other spheres. Optimal results are achieved  
325 when CNS knowledge and function in each sphere synergistically augments the overall  
326 outcome. The full impact of the role is exhibited when the CNS functions in all 3 spheres over  
327 the balance of the role. The unique nature of this APRN role is the ability to be flexible and  
328 evolutionary in meeting the healthcare needs of patients in all 3 spheres. The work therefore  
329 also fluctuates at any given time, depending on the needs of the organization, unit, or  
330 patient(s). While the spheres intersect and overlap, the direct care sphere is the all-  
331 encompassing, overarching focus of the CNS role.



332

333 Figure 1. CNS practice conceptualized as the core competencies in three interacting spheres  
 334 actualized in specialty practice, and guided by specialty knowledge, skills/competencies, and  
 335 standards of practice within the context of the ever-changing healthcare environment,  
 336 healthcare policy, interprofessional collaboration, and societal needs. The core is the  
 337 foundation upon which to build specialty competencies.

338 **Conceptual Model of CNS Practice**

339 Historically, the broad scope of CNS practice was described in terms of sub-roles, including  
 340 expert clinician, educator, researcher, change agent, administrator, and consultant (ANA  
 341 Council, 1986; Hamric, 1989; Sparacino, 2000). These sub-roles were created at a time when  
 342 schools of nursing were seeking ways to organize concepts and activities to direct curricula.  
 343 However, defining CNS practice by sub-roles partitions the skills and activities rather than  
 344 integrating them. It is the integration and aggregation of those activities that makes for  
 345 effective CNS practice. The CNS role reflects all of these sub-roles and is fluid from moment-to-  
 346 moment.

347 While CNS advanced competencies are integrated across the three spheres of impact ([1]  
348 patient direct care, [2] nurses/nursing practice, [3] organization/system), expert nursing  
349 practice in the patient sphere provides the underpinnings for advanced practice. Thus, the  
350 model for CNS practice, as articulated in this and the original Statement (NACNS, 2004) is based  
351 upon the position that CNS practice is consistently targeted toward achieving quality, evidence-  
352 based, and cost-effective outcomes through advanced, specialized patient care. In addition, the  
353 CNS also influences the practice of other nurses and healthcare personnel, as well as the  
354 healthcare organization/system, to support nursing practice through advanced specialty clinical  
355 expertise, advocacy, consultation, collaboration, scholarship, and leadership. CNSs are effective  
356 advocates due to their advanced knowledge and expertise in all three spheres of impact. The  
357 CNS serves as a consultant for complex patient problems; staff knowledge, and performance  
358 assessment and enhancement; program development; professional practice and best-practice  
359 model development and implementation; system change strategies; and professional  
360 development. As a content expert, the CNS suggests a wide range of alternative and innovative  
361 approaches to clinical or systems problems.

362 Elements of the model are interactive and collectively determine the scope or breadth of  
363 practice activities within and across the spheres. The core competencies for each sphere of  
364 impact and associated outcomes are presented in Section 2.

#### 365 **CNS PRACTICE: PATIENT DIRECT CARE SPHERE**

366 CNSs have advanced knowledge and skills to assess, diagnose, and treat illness. The CNS  
367 performs evidence-based assessment and treatment of illness including symptoms, functional  
368 problems, and risk behaviors. The CNS is educated and skilled in comprehensive assessment,  
369 differential diagnosis, and interventions to prevent or treat illness. CNSs use advanced  
370 communication skills in complex situations and conversations that may be unpredictable while  
371 caring for patients throughout the health continuum. Patients may seek or need the care of  
372 the CNS to prevent, alleviate, or minimize illness, or to alter risk behaviors. The CNS may  
373 intervene to educate, guide and coach the patient in modifying risk behaviors, and emphasize  
374 health-promoting lifestyles. The CNS leads discovery of innovations in patient care using nursing  
375 science, theory, and knowledge generated by nursing and related disciplines.

#### 376 **CNS PRACTICE: NURSES AND NURSING PRACTICE SPHERE**

377 The CNS advances nursing practice and improves patient outcomes by assuring nurses and  
378 nursing personnel utilize evidence-based practices to support patients and families during acute  
379 care and in transitions from acute care settings to home and community environments. The  
380 CNS develops population profiles and conducts clinical inquiries to determine the need to  
381 change practice. The CNS exerts influence through role modeling, consultation, and education

382 with other nurses and healthcare providers to improve nursing practice and thus improve  
383 patient outcomes. The CNS is a skilled communicator and educator with expertise in listening,  
384 validating, reflecting, providing constructive feedback, and supporting the nurse and nursing  
385 team. The CNS creates and develops evidence-based policies, procedures, and protocols, and  
386 best practice models/guidelines using advanced knowledge of specialty clinical population. The  
387 CNS assists nurses and the interprofessional team to evaluate and change practice standards  
388 and ensure that nursing practice is evidence-based.

### 389 **CNS PRACTICE: ORGANIZATION/SYSTEM SPHERE**

390 The third sphere of CNS impact—the organization and system level—is critically important due  
391 to the complexity of healthcare. The CNS articulates the value of nursing care at the  
392 organizational or decision-making level, and advocates for professional nursing. The CNS  
393 influences the trajectory of care from admission through discharge to home in order to assist  
394 the patient in achieving their desired outcomes after discharge and minimize recidivism and  
395 readmission. Because of advanced assessment, diagnostic, and collaboration skills coupled  
396 with advanced knowledge of systems, safety, and quality, CNSs facilitate transition of care  
397 across settings. To enhance abilities of patients and their families to manage care at home, the  
398 CNS leads nursing and interprofessional groups to implement innovative patient-centered care  
399 programs that address patient needs across the full continuum of care.

400 The CNS leads systematic quality improvement and safety initiatives based on gap assessments  
401 and data analysis to improve nursing practice for safe, high quality, and cost-effective patient  
402 outcomes. The CNS drives translation of best evidence into practice and facilitates integration  
403 of multiple programs and disciplines across the healthcare system to assure positive patient  
404 outcomes. The CNS collects and analyzes patient data to document the impact of nursing  
405 practice on outcomes, efficiency, and cost-effectiveness. The CNS has expertise in using  
406 collaborative systems thinking to determine what is working well, and what requires  
407 intervention to best predict and achieve quality cost-effective patient care and outcomes. The  
408 CNS interacts with governmental and regulatory agencies, healthcare insurers, and consumers  
409 to assure access to healthcare services and safe competent nursing care. In addition, CNSs use  
410 their expert leadership skills individually and through their professional organizations to  
411 influence policy makers and advocate for equitable health care.

### 412 **Legislative Regulation of Clinical Nurse Specialist Practice**

413 CNSs are licensed registered professional nurses who are educated at the graduate level as  
414 CNSs to practice nursing at an advanced level. Regulation of CNS practice includes both title  
415 protection explicated in statute and scope of practice delineated in regulations.

416 Statute/Law: Title protection for CNSs should be included in state statutes (laws created by  
417 legislative bodies). A statute granting title protection should specify that those who use the CNS  
418 title must hold a graduate degree (masters or doctorate) in nursing from a program that  
419 prepares CNSs. Lack of title protection in a state can result in misuse of the title by those  
420 without graduate preparation as a CNS and can be misleading to the public.

421 Regulation: The scope of CNS practice should be explicated in regulation. The scope of practice  
422 should be such that CNSs are recognized and held accountable for nursing at an advanced level.  
423 Evidence of specialty expertise may be defined in regulation. Requirements for evidence such  
424 as psychometric examination, portfolio, continuing education, or other mechanisms, if  
425 required, should be obtained from professional specialty organizations, and should be available,  
426 legally defensible, and logically linked to the specialty practice.

427 The registered nurse license authorizes autonomy in the diagnosis and treatment of health-  
428 related problems amenable to nursing interventions, as well as the authority to execute  
429 medical regimens. CNS education prepares graduates to expand the practice of nursing through  
430 application of knowledge and development of competencies for the purpose of increasing the  
431 depth and breadth of nursing practice within nursing's autonomous scope. CNSs are also  
432 responsible for the delivery of medical therapies as they apply knowledge and develop skills  
433 related to the methods, techniques, and management of medical therapies.

#### 434 **Professional Validation of CNS Competencies**

435 Validation of practice competency and practice expertise is the responsibility of professional  
436 organizations. Validation should be consistent with the specialty focus of the professional  
437 organization. NACNS supports a wide variety of initiatives by professional organizations to  
438 validate practice competencies of CNSs. Professional validation of practice competencies must  
439 include the core competencies for CNS practice as actualized in specialty practice. NACNS  
440 supports various methods for validation of competencies. Validation of competencies may  
441 occur at various time points in a CNS's career, including entry into practice and continuing  
442 abilities. Evidence used for validation of continuing competencies may include continuing  
443 education, psychometric examination, portfolio review, publication, research activities, or other  
444 evidence or combinations of evidence determined appropriate for the specialty by the  
445 professional organization.

446 Validation of competencies should match the specialty focus of the CNS practice. Validation of  
447 broad competencies or competencies in related content or practice areas do not attest to  
448 specialty competency.

#### 449 **Summary**



450 Nightingale's (1859/1969) groundbreaking work on the nature of nursing as separate from  
451 medicine set in motion the rich history of nursing as a profession with an autonomous practice.  
452 Peplau's (1965/2003) delineation of CNSs as master's prepared clinical nursing experts provided  
453 the underpinnings of a specialized group of advanced practice nurses. Fulfilling a professional  
454 and societal mandate, CNSs use evidence to change nursing practice to improve clinical and  
455 economic outcomes across three spheres of impact. CNSs advance nursing practice by serving  
456 as advanced expert clinicians, prepared at the graduate level, who assure that nursing  
457 interventions are based upon the best available evidence. CNSs integrate nursing practice with  
458 medical practice when patient problems are due to both illness and disease-related etiologies.  
459 CNSs translate new knowledge into innovative practice, identify clinical phenomena that need  
460 empirical examination, and support intervention research that brings new nursing therapies to  
461 practice. CNSs work collaboratively with nurses and other providers of healthcare to achieve  
462 high quality, cost-effective outcomes for individuals and populations. CNSs are responsible for  
463 advancing and articulating the unique contributions of nursing care in an interprofessional  
464 healthcare system to patients, nursing personnel, and organizations as well as to the public and  
465 policy makers.

## 466 **SECTION 2.**

### 467 **CLINICAL NURSE SPECIALIST CORE COMPETENCIES**

#### 468 **Introduction**

469 The core CNS competencies represent the foundation of clinical nurse specialist practice today  
470 in a complex and evolving healthcare system. The core CNS competencies are comprehensive,  
471 entry-level competencies and behaviors expected of graduates of all programs that prepare  
472 CNSs. Due to the wide range of specialties in which CNSs practice, these competencies reflect  
473 CNS practice across all specialties, populations, and settings. Fundamental to these  
474 competencies is that the CNS maintains clinical privileges including state licensure and/or  
475 designation as an advanced practiced registered nurse, certification as a CNS in one of the six  
476 approved population foci, and has completed a course of education as a CNS by an accredited  
477 program. (National CNS Core Competency Project Executive Summary, 2008; APRN Consensus  
478 Model)

#### 479 **Domains of the Core Competencies**

480 The core competencies presented in this statement align with the domains or categories  
481 utilized in the preparation of the 2010 Clinical Nurse Specialist Core Competencies (NACNS,  
482 2010) and the domains utilized in the 2017 Common APRN Doctoral-Level Competencies and  
483 Progression Indicators (AACN, 2017). The latter adopted the Common Taxonomy for  
484 Competency Domains in the Health Professions (Englander, R., Cameron, T. et al. 2013) For

485 example, within the Patient/Direct Care Sphere of Impact, the first competency is: Uses  
486 relationship-centered communication to promote health, healing, self-care, comfort, and  
487 peaceful end-of-life. This aligns with Direct Care from the 2010 document and with the Domain  
488 of Interpersonal and Communication Skills in correlation with the Common APRN Doctoral-  
489 Level Competencies. This crosswalk was conducted to ensure the competencies are reflective  
490 of relevant domains utilized in the past and contemporary domains that promote  
491 interprofessional practice.

#### 492 **Conceptual Framework: Core Competencies by Spheres of Impact**

493 The three spheres of CNS impact provide an organizing framework to describe core CNS  
494 competencies. These competencies represent essential skills used to achieve desired outcomes  
495 in CNS practice. A CNS may focus on any one or all of the three spheres of CNS practice, but  
496 clinical expertise in the patient and direct care sphere remains the core of CNS practice for each  
497 of the other two spheres. These competencies are used in other spheres to influence nurses,  
498 nursing practice, and the organizations and systems to improve patient outcomes, provide cost-  
499 effective care, and advance nursing practice. Deliberative CNS practice, working with colleagues  
500 from other disciplines, assures that desired patient/client outcomes will be attained.

#### 501 **Insert Core Clinical Nurse Specialist Competencies**

### 502 **SECTION 3.**

## 503 **OUTCOMES OF CLINICAL NURSE SPECIALISTS**

### 504 **Introduction**

505 The outcomes of clinical nurse specialists' practice were first published in the 2004 statement  
506 (NACNS, 2004). The extensive annotated bibliography of research studies and articles about  
507 CNS practice and outcomes by Kathleen Baldwin, PhD, RN, and NACNS, has been archived with  
508 NACNS. In 2015, a descriptive study was conducted by Fulton et al to assess CNSs' perceptions  
509 of the ongoing validity of outcomes published by the National Association of Clinical Nurse  
510 Specialists. (Fulton, J. et al., 2015). The findings of the study demonstrated agreement with  
511 identified outcomes and current CNS practice.

#### 512 **Conceptual Framework: Outcomes of Clinical Nurse Specialists by Spheres of Impact**

513 The validated outcomes of clinical nurse specialist practice have been cross-walked with the  
514 core competencies. Each competency within each sphere does have an associated outcome.  
515 This provides for confidence in the relevance and importance of the individual competencies  
516 within the framework of the spheres of impact.

## 517 **Insert Outcomes of Clinical Nurse Specialists**

### 518 **SECTION 4.**

#### 519 **Introduction**

520 This section presents recommendations for graduate preparation of CNSs necessary for the  
521 acquisition of CNS core competencies. The curricular content areas were derived from a review  
522 of the literature, feedback from practicing CNSs, and review of education standards (AACN,  
523 2006; AACN 2011). It is important to note that curriculum for specialty practice competencies  
524 is beyond the scope of these recommendations. For specialty practice, national standards  
525 articulated by specialty organizations should be used to develop additional courses, content  
526 areas, or threads as needed. The recommendations contained in this section are designed to  
527 provide guidance to CNS educators as they evaluate, revise, or develop CNS programs. They  
528 may also be used to guide current CNSs in practice as they continue their professional  
529 development.

#### 530 **History and Evolution of CNS Education**

531 In direct response to the National League for Nursing's recommendations for universities to  
532 develop master's level nursing curricula, Peplau and Reiter proposed the psychiatric CNS role in  
533 the 1940s as a model of advanced clinical nursing (Fulton, 2014; Reiter, 1966). The first CNS  
534 program was initiated at Rutgers University in 1954, heralding a fundamental shift in education  
535 for nurses away from the culture of hospital-based diploma education to university-based  
536 education leading to specialty practice knowledge through the integration of theory and science  
537 (Fulton, 2014; Mick & Ackerman, 2002). CNS education was developed to prepare CNSs as  
538 expert clinical nurses, providing specialized nursing care directly to patients, and indirectly  
539 improving care by focusing on nursing staff education and system analysis (Boyd, 1991; Fenton,  
540 1985; Page & Arena, 1994).

541 By 1980, there were multiple programs for CNS education, and early evaluation research  
542 validated the innovative contributions of CNS care (Bigbee & Amidi-Nouri, 2000;  
543 Georgopoulos & Christman, 1970; Georgopoulos & Jackson, 1970). During the 1980s, some  
544 nursing leaders suggested that reconfiguring the curricula and coalescing the CNS, NP, and CNM  
545 roles into one single advanced practice nursing role was a way to gain political clout and  
546 position nurses as a major provider of primary care, gaining public acceptance of APNs (Schroer,  
547 1991). The proposal for a single title, however, generated significant debate within the  
548 profession (Sparacino, 2000) and was abandoned because the unique contributions of each  
549 group were lost.

550 During the 1990s, variability in CNS education requirements existed across the country (Fulton,  
551 2014; Walker et al., 2003). Surveys of graduate nursing programs that prepared CNSs, NPs, and  
552 CNMs in the United States revealed significant variations in the length of programs, number of  
553 courses in the major, specialty titling, and competencies (American Association of Colleges of  
554 Nursing [AACN], 1994; Burns et al., 1993; Walker et al., 2003). These findings, along with  
555 changes in the healthcare system and debate within the nursing community concerning the  
556 requisite knowledge for nursing at the advanced level led to the publication of several position  
557 statements. These statements provided direction for advanced preparation by (1)  
558 recommending changes in the regulation of health professionals (Pew Health Professions  
559 Commission, 1995), (2) delineating the scope and standards of advanced practice nursing (ANA,  
560 1996; ANA 2004), and (3) providing guidelines for graduate preparation of advanced practice  
561 nurses (AACN, 1996).

562 The AACN's The Essentials of Master's Education for Advanced Practice Nursing (1996) filled a  
563 gap by offering guidance for curricular development for graduate programs. This document  
564 stated that graduates of master's programs in nursing must have "critical thinking and decision  
565 making skills . . . ability to critically and accurately assess, plan, intervene and evaluate the  
566 health and illness experiences of clients . . . ability to communicate effectively . . . [and] the  
567 ability to analyze, synthesize, and utilize knowledge . . ." (p. 6). Since that time, AACN  
568 published an updated document delineating education standards for Master's education in  
569 nursing (2011) and also published the 2006 Essentials of Doctoral Education for Advanced  
570 Nursing Practice. Both of these publications assist in guiding master's and practice doctorate  
571 CNS education today. It must be noted that both documents are useful in guiding core content  
572 but that neither document is specific to CNS practice.

573 The NACNS has published two documents to provide additional guidance for CNS education. In  
574 1998, NACNS published its first statement on CNS practice and education. After just three  
575 years, 56% of CNS education programs were using the 1998 NACNS recommendations to guide  
576 their curriculum (Walker et al, 2003). NACNS published a second edition of education  
577 recommendations in 2004. The recommendations in this document build on the two previously  
578 published statements.

579 In 2008, CNS education was further standardized through publication of the Consensus Model  
580 for advanced practice registered nurse (APRN) licensure, accreditation, certification and  
581 education (APRN consensus work group). This document has since been used by certification  
582 bodies to guide certification eligibility criteria and by state boards of nursing to regulate  
583 advanced practice. Because this document outlined requirements for three separate courses  
584 focused on advanced pathophysiology, pharmacology, and physical assessment, these courses  
585 are now standard in all CNS programs. Additionally, this document included National Council of

586 State Board of Nursing (NCSBN) criteria that certification bodies must require at least 500  
587 supervised practicum hours. Therefore, in order to ensure that CNS graduates were eligible to  
588 take a post-graduation certification examination, CNS programs had to include at least 500  
589 precepted practicum hours regardless of specialty. The requirements in the Consensus Model  
590 continue to drive regulation and certification requirements at this time.

591 It must be noted that the Consensus Model (APRN consensus work group, 2008) provided  
592 clarity related to the four roles of advanced practice: certified nurse anesthetist, certified nurse  
593 midwife, CNS, and nurse practitioner. The document established that APRN education would  
594 lead to preparation in one of these four roles, with further preparation in a population, of  
595 which there are six. The six populations include “family/individual across the lifespan, adult-  
596 gerontology, pediatrics, neonatal, women’s health/gender-related or psych/mental health”  
597 (APRN consensus work group, 2008, p. 5). Unfortunately, CNS certification exams do not exist  
598 for all populations. As of 2018, the American Nurses Credentialing Center (ANCC) offers one  
599 CNS-specific certification examination: Adult-Gerontology (ANCC, 2018). The American  
600 Association of Critical-Care Nurses offers CNS certification exams in Adult-Gerontology,  
601 Pediatrics, and Neonatal (AACN, 2018). Because certification exams are not available in all  
602 populations, CNS education programs will need to focus on those areas where certification  
603 exams exist.

604 As stated in Section One of this document, competencies listed in Section Two are role-based  
605 and do not address population or specialty. Similarly, the education recommendations  
606 contained in this section are also CNS role-based. Additional population and specialty education  
607 recommendations will need to be built on population and specialty competencies.

608 These national documents provide a general framework for preparing nurses at a Master’s or  
609 an advanced practice level. The Essentials documents are broad and include core content and  
610 learning outcomes that apply across roles and specialties (AACN 2006; AACN 2011). It is  
611 therefore important to outline CNS-specific content that ensures achievement of core  
612 competencies upon graduation from Master’s or practice doctorate CNS programs.

### 613 **Curricular Recommendations**

614 As previously stated in Section One of this document, the competencies contained in Section  
615 Two apply to two levels of entry for CNS practice: Master’s and DNP. We recognize multiple  
616 competency sets exist that can also be used to create CNS curricula, e.g. IPEC and QSEN. In this  
617 document, we are limiting our discussion to commonly used curriculum statements as opposed  
618 to competencies. For an example of QSEN curriculum alignment in the practice setting, readers  
619 are referred to Altmiller (2011) and for curriculum alignment with IPEC, readers are referred to  
620 Mayo and colleagues (2016).

- 621 NACNS recommends the following curricula content for CNS education:
- 622 1. Use AACN’s Essentials for Master’s (2011) and Doctoral Education for Nursing Practice (2006)  
623 to address core education requirements. As previously stated, neither document is specific to  
624 CNS practice.
- 625 2. Required courses in advanced pathophysiology, physical assessment and pharmacology  
626 should include the following content for CNS education:
- 627 a. Advanced physiology/pathophysiology should also include advanced science content such as  
628 epidemiology, psychobiology, or genetics. Advanced science content should include concepts  
629 and principles relevant for CNS practice, should reflect a balance between illness and disease  
630 etiologies, and should also be integrated throughout the curriculum.
- 631 b. In addition to performing advanced physical assessment, coursework must emphasize the  
632 evaluation of wellness, illness, psychosocial, functional, and environmental factors as well as  
633 risk behaviors to support the ability to make differential diagnoses.
- 634 c. Advanced pharmacology should include principles of pharmacodynamics, pharmacokinetics,  
635 pharmacotherapeutics, drug-drug, and drug-food interactions pertinent to this specialty. In  
636 situations in which the CNS desires prescriptive authority, an advanced pharmacology course  
637 should meet statute requirements.
- 638 3. NACNS recommends the following additional core content specific to CNS practice (a  
639 description of each content area follows):
- 640 a. Theoretical and empirical foundations for CNS practice
- 641 b. Theoretical and empirical knowledge of phenomena of concern that forms the basis for  
642 assessment, diagnosis, and treatment of illness and wellness within the CNS population and  
643 specialty
- 644 c. Theoretical and scientific base for the design and development of innovative evidence- based  
645 nursing interventions and programs of care
- 646 d. Clinical inquiry/critical thinking with advanced knowledge
- 647 e. Selection, use, and evaluation of health care technology/products/devices
- 648 f. Theories of teaching, mentoring, and coaching for use in all three spheres of impact
- 649 g. Influencing change
- 650 h. Systems thinking in regard to the organizational culture

- 651 i. Leadership for interprofessional collaboration
- 652 j. Consultation theory
- 653 k. Quality improvement and safety
- 654 l. Measurement and outcome evaluation methods
- 655 m. Evidence-based practice and knowledge translation
- 656 n. Interpersonal communication and leadership
- 657 o. Advocacy and ethical decision making

### 658 **Essential Core Content Areas for Developing Clinical Nurse Specialist Competencies**

659 A content area identifies the subject matter focus. Content areas do not specify courses since  
660 any content area may be represented by integrated threads throughout a CNS curriculum or  
661 may be reflected in a discrete course. Content areas encompass all pertinent learning  
662 experiences in both the acquisition and application of knowledge to CNS practice. The following  
663 areas of content are recommended for inclusion in CNS curricula:

#### 664 **1. Theoretical and empirical foundations for CNS practice:**

665 DESCRIPTION: This content area focuses on theories, conceptual models, empirical knowledge  
666 and research that shape the CNS perspective.

667 EXAMPLES: Theories of health, illness, and wellness; health behavior (including self-care) and  
668 health behavior change; and theories of learning, stress, leadership, consultation, collaboration,  
669 and organizational development.

670 RATIONALE: Theoretical foundations and empirical knowledge serve as a basis for CNS practice.

#### 671 **2. Phenomena of concern:**

672 DESCRIPTION: This content area focuses on theoretical and empirical knowledge of illness and  
673 wellness phenomena with nondisease and disease-based etiologies. Phenomena from all three  
674 spheres of impact should be incorporated into the curriculum.

675 EXAMPLES: Symptoms (e.g. nausea, fatigue, pain, dyspnea), cognitive impairment, dementia,  
676 iatrogenesis, developmental delay, end of life/dying, environmental hazards, impaired mobility,  
677 ineffective coping, impaired wound healing, safety, sleep disturbances, unsafe work place, and  
678 work place violence.

679 RATIONALE: Mastery of knowledge about the phenomena of concern to nursing prepares the  
680 CNS to differentially diagnose problems that are amenable to existing or innovative  
681 interventions, particularly in patients with complex and multifactorial health conditions. This  
682 knowledge also enables the CNS to (1) articulate nursing's unique contributions to  
683 patient/client care, (2) collaborate with other healthcare professionals, and (3) identify  
684 outcomes of care reflective of CNS interventions.

### 685 **3. Design and development of evidence-based innovative nursing interventions:**

686 DESCRIPTION: This content area focuses on the design and development of nursing  
687 assessments, evidence-based interventions, and programs of care. The content includes  
688 validating existing practices and identifying the need for innovations. This knowledge area also  
689 includes the theoretical and scientific basis for the selection and use of specific nursing  
690 assessment instruments and interventions and is the basis for nursing innovation. Innovations  
691 are focused toward cost-effectiveness and quality patient care.

692 EXAMPLES: Implementing innovative evidence-based, cost-effective interventions to  
693 decrease medication errors; designing a program for parents of dying children; creating an  
694 innovative community-based screening and education program for patients/clients at high risk  
695 for chronic obstructive lung disease; applying innovative interventions to decrease risk.

696 RATIONALE: This content is critical for CNSs because it requires graduate level analysis and  
697 synthesis of theory and evidence. CNSs develop innovative assessments and interventions with  
698 cost-effective outcomes, thus advancing the practice of nursing.

### 699 **4. Clinical inquiry/critical thinking using advanced knowledge:**

700 DESCRIPTION: This content area focuses on the development of intellectual skills that underpin  
701 the essential characteristics and competencies of the CNS. These cognitive skills are applied to  
702 the conduct of questioning practice for the purpose of advancing nursing practice, recognizing  
703 the nuances of patient experiences, and identifying the commonalties and uniqueness among  
704 population groups. These skills are used to determine the appropriate application of evidence  
705 to individuals or population groups. This content also includes the ability to reframe and hold  
706 biases and stereotypes in abeyance.

707 EXAMPLES: Critical thinking, diagnostic reasoning, pattern identification, clinical decision  
708 making, and problem-solving strategies.

709 RATIONALE: CNS practice requires the ability to understand and synthesize multiple  
710 perspectives, to be aware of personal thinking patterns, and to make effective decisions that  
711 enhance nursing practice and improve quality and cost-effectiveness.



712 **5. Health care technology, products, and devices:**

713 DESCRIPTION: This content area focuses on the evaluation, selection, and use of existing  
714 technology, products, and devices that support nursing practice and contribute to improved  
715 outcomes. Content may also focus on the development of new technology, products, and  
716 devices.

717 EXAMPLES: Evaluating patient education products; using and optimizing informatics;  
718 evaluating the sensitivity and specificity of a device to monitor a body function; using strategies  
719 to evaluate technology, products, apps, and devices from the perspectives of utility, cost-  
720 benefit analysis, ease of use, safety, and effects on patient outcomes; utilizing technology and  
721 products to improve patient safety; and evaluating ethical considerations. In addition, content  
722 includes consideration of strategies for standardization of products across a system so that  
723 errors and variance are reduced.

724 RATIONALE: CNSs are experts on technology, products, and devices in their respective specialty  
725 areas. CNSs serve as coaches to patients/clients, family members, and nursing personnel, and  
726 as consultants to purchasing departments and technology development companies. In an  
727 increasingly complex healthcare system, technology, products, and devices play a large role in  
728 supporting nursing practice.

729 **6. Teaching and coaching:**

730 DESCRIPTION: This content area focuses on theories and evidence about the factors that  
731 influence learning, health behaviors, and the teaching and coaching of learners who are  
732 patients and their significant others nurses, and other healthcare professionals.

733 EXAMPLES: Conducting needs assessments; designing health messages and health education  
734 materials to match literacy ability, cultural diversity, and physical capability; using theories and  
735 evidence to design teaching strategies to enhance learning; mentoring; and developing  
736 professional growth strategies.

737 RATIONALE: The CNS is responsible for developing innovative educational programs for  
738 patients, families, nurses, and other healthcare personnel. A continuing focus of CNS practice is  
739 teaching and coaching, particularly in the patient/client and nursing personnel spheres of  
740 impact. Approaches must be theory and evidence based, accessible, learner-friendly, cost-  
741 effective, patient-centered and lead to meaningful outcomes.

742 **7. Influencing change:**

743 DESCRIPTION: This content area focuses on theory and evidence-based approaches to  
744 implementing change in the practice setting.

745 EXAMPLES: Using theory and evidence to develop and use strategies to create change in the  
746 practice setting. Change strategies may involve developing relationships, empowerment,  
747 persuasion, negotiation, and collaboration. Experiences should include project management  
748 and knowledge translation. The focus of change strategies includes all three spheres of impact.

749 RATIONALE: Changes in healthcare delivery mandate more egalitarian and empowering  
750 relationships with patients/clients; require nurses to change the way they interact with patients  
751 and others; and necessitate that systems expand their services to include health promotion,  
752 prevention, and interdisciplinary practice groups to achieve desired outcomes and consumer  
753 satisfaction. These shifts require increased use of collaborative and mutually derived  
754 approaches that depend on influence, persuasion, and negotiation between CNSs and  
755 patients/clients, nurses, and other providers. Knowing how to influence organizational change  
756 through skillful negotiation is an essential part of CNS practice.

### 757 **8. Systems thinking:**

758 DESCRIPTION: This content area focuses on system theory and research to understand,  
759 evaluate, and predict individual, group, and organizational behaviors. The content includes skills  
760 in participating in change and policy-setting that influence the quality and cost of care within a  
761 system.

762 EXAMPLES: Assessing organizational culture, including formal and informal power bases;  
763 understanding how a change in one unit may create unintended adverse outcomes in another  
764 unit; engaging informal leaders in a planned change strategy; being able to constructively use  
765 system-level feedback to influence policies and standards of care; creating and evaluating  
766 organizational policy; and helping organizations respond proactively to outside influences  
767 requiring regulatory or other change. In addition, theories and evidence related to healthy work  
768 environments, organizational behavior and change related to organizational learning and  
769 development should be included.

770 RATIONALE: Healthcare is delivered in a complex system. CNSs need to understand the context  
771 within which nursing care is delivered and develop strategies for influencing change and  
772 creating innovation.

### 773 **9. Leadership for interprofessional collaboration:**

774 DESCRIPTION: This content area focuses on developing leadership skills to create a  
775 collaborative environment for interprofessional teams. The content encompasses interpersonal  
776 qualities (e.g., respectful or relationship-based communication) needed to ensure a healthy  
777 work environment and shared goals of the organization. This content area also includes care  
778 coordination and transition management.

779 EXAMPLES: Developing facilitators and removing barriers to collaboration; working within  
780 the organizational culture; articulating nursing's unique contributions within the context of  
781 interprofessional teams; describing shared risks and benefits of collaboration; communicating  
782 with respect; engaging in risk-taking behaviors; and promoting the organization's vision.

783 RATIONALE: Successful nursing care delivery depends on the quality of interprofessional  
784 collaboration and is essential to improve the quality of care and ensure that care is safe and  
785 patient-centered (Interprofessional Education Collaborative, 2016).

786

### 787 **10. Consultation theory:**

788 DESCRIPTION: This content area focuses on consultation theory and research, and the  
789 associated process skills of serving as a clinical expert consultant.

790 EXAMPLES: Identifying a problem for which a consultant is appropriate; clarifying the role of  
791 a consultant in problem-solving; developing alternative strategies for a client/consultee to  
792 consider; understanding revenue-generating processes; and using clinical expertise as a power  
793 base.

794 RATIONALE: Consultation skills are essential when working with patients/clients, nurses, or  
795 other healthcare providers. Consultation activities promote collaboration with other healthcare  
796 professionals, and lead to resolving complex patient problems, developing best practice  
797 models, and improving systems of care.

### 798 **11. Quality improvement and safety:**

799 DESCRIPTION: This content area focuses on theories and evidence related to quality  
800 improvement and safety. Understanding the science of quality improvement and patient  
801 safety is essential for CNSs to be effective in the practice setting.

802 EXAMPLES: Quality improvement theories and models; quality improvement processes; process  
803 mapping and evaluation; root cause analysis; monitoring of indicators; data analysis and  
804 interpretation from a QI perspective; communicating quality information; understanding and  
805 measuring a culture of safety; complex adaptive systems and human factors theory and  
806 evidence.

807 RATIONALE: A hallmark of CNS practice is ensuring patient safety and quality. In order to be  
808 effective, practicing CNSs must understand quality improvement models and processes.

809

810 **12. Measurement and outcome evaluation methods:**

811 DESCRIPTION: This content area focuses on clinical considerations of measurements (e.g.,  
812 physiological, behavioral, psychosocial) required to assess and diagnose problems as well as  
813 research methods and techniques to evaluate nurse-sensitive outcomes consistent with the  
814 organization's mission and goals. These methods are also important in the development of  
815 databases relevant to evaluation of CNS practice outcomes, as well as efficacy of treatment at  
816 the patient and population level. Evaluation methods include various units of analysis within  
817 the system, the generation of cost-effectiveness/cost-benefit data, and monitoring of outcome  
818 indicators over time.

819 EXAMPLES: Selecting measurement instruments for evaluation of interventions at the  
820 individual, population, and system level, and critiquing their validity, reliability, and clinical  
821 applicability. Additional content includes consideration of system characteristics, resources, and  
822 variance; methods of selecting outcomes of interest; dissemination of nurse-sensitive and CNS  
823 outcomes both within and external to the organization; and communicating the fiscal  
824 implication of the outcomes measured.

825 RATIONALE: CNSs use instruments to measure phenomena of concern to nursing and to  
826 monitor indicators of quality pertinent to making system-level changes. CNS decision-making  
827 must be based on data and compared to benchmarks to achieve optimal outcomes.  
828 Understanding measurement is critical to CNS leadership in assuring quality, cost-effective  
829 outcomes. CNSs must also provide evidence of dependable, cost-effective and high-quality care  
830 as outlined by the National Association of Clinical Nurse Specialists (2013). CNSs must continue  
831 to use evaluation strategies to demonstrate cost-effectiveness of programs. Program and  
832 outcome evaluation are necessary to enhance organizational performance.

833 **13. Evidence-based practice and knowledge translation:**

834 DESCRIPTION: This content area focuses on the evidence-based practice process for the  
835 purpose of translating knowledge into nursing practice.

836 EXAMPLES: Identifying problems and examining the evidence base of current practice,  
837 creating PICO questions, understanding and leveraging evidence hierarchies, creating effective  
838 search strategies, appraising evidence using reliable and valid tools, determining best practices,  
839 using project management skills and knowledge translation theory to apply evidence in  
840 practice, evaluating the outcomes of new evidence-based practices, and planning for sustaining  
841 gains and disseminating the outcomes of evidence implementation.

842 RATIONALE: Evidence-based practice and knowledge translation are important competencies  
843 for CNSs. The ability to conduct an analysis and synthesis of evidence is necessary in order to  
844 develop practice guidelines that will improve quality outcomes (IOM, 2001).

#### 845 **14. Interpersonal Communication and Leadership:**

846 DESCRIPTION: This content area focuses on expert interpersonal communication with  
847 patients/families, nurses and nursing personnel, and representatives from other disciplines at  
848 all levels within the system.

849 EXAMPLES: Relationship-based communication, conflict management, crucial conversations,  
850 peer feedback, awareness of implicit bias, embracing diversity, and shared decision making with  
851 patients and significant others. Additional examples include leadership theory, development of  
852 leadership skills, team building and the ability to convey a shared vision for practice.

853 RATIONALE: The ability to effectively communicate is essential for CNS practice. CNSs must  
854 learn how to build trust and use that trust to improve practice. The process of building trust  
855 relies on effective interpersonal communication and leadership skills.

#### 856 **15. Advocacy and Ethical Decision Making**

857 DESCRIPTION: This content area focuses on the use of ethical decision-making frameworks as a  
858 basis for advocating for patients/families, nurses, other health care providers, populations, and  
859 the community as a whole. This area also focuses on the CNS role in policy development,  
860 influence and action as well as mentoring nurses in this process. As an advocate, CNSs have a  
861 responsibility to promote nursing's unique contributions toward advancing health to key  
862 stakeholders.

863 EXAMPLES: Ethical frameworks, analysis of ethical dilemmas, opportunities to advocate on  
864 behalf of others, health policy formulation, processes of influencing policy makers, taking  
865 action, and promoting nursing's contributions toward advancing health.

866 RATIONALE : CNSs serve as a voice for their patients and families and advocate for them to  
867 ensure quality care. They also advocate on behalf of nurses and serve as a liaison between  
868 nurses at the unit level and upper administration, providing a voice for nursing concerns.  
869 Finally, CNSs bring their voice to the policy arena, advocating for nurses and patient/nursing  
870 issues.

#### 871 **Additional Educational Preparation**

872 In addition to the core content areas, the practice and socialization experiences of CNS students  
873 are shaped by the following:

874 1. Opportunities for students to develop competencies in the three spheres of impact through  
875 preceptorships with CNSs. Preceptorships provide continuing experiences with peer review and  
876 establish a network of CNS colleagues who can serve as resources for continuing development  
877 and professional collaboration. CNS students may augment clinical experiences by taking  
878 opportunities to work with other healthcare providers appropriate to the specialty. However,  
879 the emphasis of CNS student clinical experiences must be on learning the CNS role and practice  
880 competencies under the guidance of an experienced CNS who serves as preceptor.

881 2. Opportunities to individualize the program of study to meet personal career goals and  
882 competencies related to the CNS's specialty. Educational programs need to provide content on  
883 both CNS core competencies and give students opportunities to pursue specialty competencies  
884 if the education program purports to prepare students for practice in a specialty area. Faculty  
885 in many schools preparing CNSs report use of the NACNS Statement as required reading for  
886 their students to assist in learning about CNS core competencies. Other documents will be  
887 needed to supplement this and provide information about particular specialty competencies.

888 3. Socialization experiences for full and part-time students as a continuing process from the  
889 time of matriculation to graduation. The CNS educational preparation is more than the sum of  
890 completed courses. To become a clinical and professional leader, a CNS must integrate acquired  
891 knowledge and competencies with activities that enable the CNS to build a network with other  
892 CNSs and other nursing and policy leaders.

893

894 The following table displays the alignment of the core CNS competencies with CNS outcomes,  
895 and curriculum content recommendations.

896 **See Table 4: Alignment of Competencies, Outcomes and Curricular Recommendations**

### 897 **Summary**

898 Recommendations for graduate education of the CNS address core competencies and  
899 outcomes of CNS practice within the three spheres of impact. The recommendations for  
900 curricula focus on essential content areas and threads, using some of the recommendations of  
901 the AACN, with NACNS-recommended additions to produce specific competencies of the CNS.  
902 For preparation in a specialty area, schools of nursing may provide additional courses and  
903 experiences beyond these recommendations.

904 In addition to the core content, CNS students should have opportunities to individualize their  
905 programs of study to meet personal career goals and develop specialty area competencies.

906 Students should be precepted by CNSs who exemplify competencies and who can facilitate the  
907 students' socialization into the role.

908 It is recognized that some schools of nursing and their CNS programs and curricula do not  
909 address the recommendations of this document. It is recommended that faculty teaching in or  
910 planning to teach in a CNS program use this Statement to develop new programs or to revise  
911 curricula.

## 912 **Section 5.**

### 913 **Criteria for the Evaluation of Clinical Nurse Specialist Master's , Practice Doctorate, and Post- 914 Graduate Certificate Educational Programs**

#### 915 **Introduction**

916 The original document outlining criteria for evaluating clinical nurse specialist, master's,  
917 practice doctorate and post-graduate certificate educational programs was created by a  
918 national task force in 2009-2010. The document was validated in 2010-2011 by a large panel  
919 representing diverse professional nursing organizations. The final document was published in  
920 2011 by NACNS (Validation Panel of the National Association of Clinical Nurse Specialists, 2011).  
921 The development and validation processes used at that time are published in the 2011  
922 document. The criteria contained in this statement have been updated to reflect current  
923 competencies and practice.

924 Recommendations for using the criteria indicated they were to be used to evaluate CNS  
925 Master's, practice doctorate, and post-graduate certificate educational programs and to serve  
926 as an adjunct to existing national accreditation standards. In addition the standards could be  
927 used to guide development of new CNS programs and to conduct self-evaluation of new and  
928 existing CNS programs. This stated purpose of the criteria has not changed and the criteria can  
929 continue to be used as stated above.

930 This section of the statement includes main components: 1) criteria for the evaluation of CNS  
931 Master's, practice doctorate, and post-graduate certificate programs and 2) required and  
932 recommended documentation for evaluating CNS education programs. A toolkit that includes  
933 ideas regarding curriculum content, clinical learning experiences, and student-led change  
934 projects that relate to the three spheres of impact is available through NACNS.

#### 935 **Criteria for the Evaluation of CNS Master's, Practice Doctorate, and Post-Graduate Certificate 936 Programs**

937 The criteria for evaluating CNS Master's and practice doctorate educational programs follow.  
938 These are organized into five (5) sections – Program Organization and Administration; Program

939 Resources, including faculty, clinical, and institutional; Student Admission, Progression and  
940 Graduation Requirements; Curriculum; and Program Evaluation. Each criterion is explained in  
941 greater depth in an Elaboration section, and the required/recommended documentation for  
942 each criterion is specified.

## 943 **CRITERION 1. PROGRAM ORGANIZATION AND ADMINISTRATION**

944 **1-1. The CNS program operates within or is affiliated with an institution of higher education.**  
945 **The program is accredited by a nursing accrediting body that is recognized by the U.S.**  
946 **Department of Education.**

### 947 **Elaboration:**

948 The CNS program must exist within an academic nursing unit that operates within or is affiliated  
949 with an institution of higher education. The program must be at the graduate level and  
950 accredited by a nationally-recognized nursing accrediting body (i.e., CCNE, ACEN, CNEA).

### 951 **Documentation (Required):**

- 952 • Description of program’s relationship with the institution of higher education
- 953 • Evidence that the program is at the graduate level
- 954 • Evidence of current accreditation from a nationally-recognized nursing accrediting body

955

956 **1-2. The purpose of the CNS program is clear, and the program outcomes are clearly aligned**  
957 **with the mission of the parent institution and the mission/goals of the nursing unit.**

### 958 **Elaboration:**

959 The purpose of the CNS program must clearly define the population focus \* area and any  
960 additional specialty \* preparations. The program outcomes/competencies should reflect  
961 preparation at the graduate level and be congruent with the mission of the parent institution  
962 and the nursing unit.

963 \* Throughout these Criteria, “population” and “specialty” are used in accord with the  
964 definitions outlined in the APRN Consensus Work Group (2008) document.

### 965 **Documentation (Required):**

- 966 • Evidence of congruence among the purpose of the CNS program, the mission of the  
967 parent institution, and the mission/goals of the nursing unit



- 968 • Evidence of congruence among the program outcomes/competencies, mission of the  
969 parent institution, and mission/goals of the nursing unit

970 **1-3. The individual who has responsibility for the overall leadership or oversight of the CNS**  
971 **program:**

- 972 • \_has educational and/or experiential preparation for the CNS role;
- 973 • \_holds a master's or doctoral \* degree in nursing:
- 974 • \_documents experience in graduate education;
- 975 • \_is recognized/licensed by the Board of Nursing of the State in which the program is based;  
976 and
- 977 • \_has responsibility for ensuring that the program adheres to national CNS educational  
978 standards.

979 **Elaboration:**

980 There must be a full-time faculty member designated to provide overall leadership or oversight  
981 of the CNS program. This individual must have educational and/or experiential preparation for  
982 the CNS role in a population focus area that is congruent with a focus of the program. Lead  
983 faculty must also meet state/territorial regulatory requirements regarding education  
984 preparation, licensure, and certification. Based on the type of accreditation held by the nursing  
985 program, it may be necessary that lead CNS faculty hold national certification in role and  
986 population even if not required by state/territorial regulations. The faculty member designated  
987 to lead the CNS program is expected to keep abreast of current standards and trends in CNS  
988 education and practice and to ensure adherence to national CNS standards. Although not  
989 required, it is strongly recommended that the individual who has responsibility for the overall  
990 leadership or oversight of the CNS program be prepared at the doctoral level.

991 **Documentation (Required):**

- 992 • Description of the duties and responsibilities of the faculty member designated to lead  
993 the CNS program
- 994 • Evidence of how the faculty member designated to lead the CNS program advances the  
995 purpose, mission, goals, and outcomes of the program
- 996 • Curriculum Vitae of the faculty member designated to lead the CNS program, which  
997 documents educational preparation and/or national certification as a CNS in a population focus  
998 area congruent with one of the foci of the program

- 999 • Current credential as an APRN in the state/territory in which the program exists

1000 **Documentation (Recommended):**

- 1001 • List of publications and other scholarly activities relevant to CNS practice/education and  
1002 membership/leadership in professional organization(s) that focus on advancing or documenting  
1003 the impact of CNS practice/education

- 1004 \* Throughout these Criteria, “doctorate” refers to the practice or the research doctorate

1005

1006 **CRITERION 2. CNS PROGRAM RESOURCES: FACULTY, CLINICAL, AND INSTITUTIONAL**

1007

1008 **Criterion 2. CNS Program Resources: Faculty, Clinical, and Institutional – FACULTY**

1009 **2-1a. Faculty who teach in the CNS program have appropriate credentials, education and**  
1010 **experience that prepares them for such teaching responsibilities.**

1011 **2-1b. Faculty who teach CNS role and clinical practice courses have master’s, post-graduate,**  
1012 **or practice doctorate preparation as a CNS.**

1013

1014 **Elaboration:**

1015 Faculty teaching CNS role or clinical practice courses in the CNS program must hold the  
1016 academic credentials, qualifications, and experience that are needed to carry such teaching  
1017 responsibilities. It is strongly recommended that faculty teaching in the practice doctorate CNS  
1018 program hold an earned practice or research doctorate, or have a clearly-outlined plan for  
1019 attaining such preparation.

1020 **Documentation (Required):**

- 1021 • Profile Table of all faculty teaching in the CNS program documenting each individual’s  
1022 credentials, education, certification(s), experience, and courses taught for the past two years

- 1023 • Curriculum Vitae of all faculty members teaching in the CNS program

- 1024 • Plan to attain doctoral preparation for each master’s-prepared faculty member teaching  
1025 in the practice doctorate CNS program who does not currently hold that degree

1026

1027 **Criterion 2. CNS Program Resources: Faculty, Clinical, and Institutional – FACULTY**

1028 **2-2. Faculty who teach in the CNS program maintain expertise in their area of specialization**  
1029 **and contribute to the field (a) by engaging in scholarly projects and professional leadership**  
1030 **activities that promote evidence-based practice and improve health outcomes, or (b) through**  
1031 **other activities in one or more of the three Spheres of Impact (patient/client, nurses/nursing**  
1032 **practice, organization/system).**

1033 **Elaboration:**

1034 Faculty members teaching in the CNS program demonstrate expertise in at least one of the  
1035 three Spheres of Impact through some form of faculty practice, which may include clinical care,  
1036 scholarly projects (including evidence-based practice), consultation, or research with clinical  
1037 implications.

1038 **Documentation (Required):**

1039 • Evidence of the practice or contributions made by each faculty member teaching in the  
1040 CNS program, as they relate to one or more of the Spheres of impact.

1041 • Examples of the leadership activities of faculty members teaching in the CNS program,  
1042 including national/state/regional service in professional associations

1043 • Evidence of the professional development activities of faculty members teaching in the  
1044 CNS program that serve to help maintain expertise in the area of specialization and the area(s)  
1045 of teaching responsibility

1046 • Examples of the scholarly activities of faculty members teaching in the CNS program,  
1047 including publications, grants, presentations, evidence-based practice contributions, etc.

1048

1049 **Criterion 2. CNS Program Resources: Faculty, Clinical, and Institutional – FACULTY**

1050 **2-3. Faculty who teach in the CNS program must be sufficient in number and expertise to**  
1051 **teach all courses, support the professional role development of students, implement**  
1052 **essential clinical learning experiences, develop policies, advise students, and engage in**  
1053 **ongoing curriculum development and evaluation.**

1054

1055 **Elaboration:**

1056 It is essential to have an adequate cadre of full-time and part-time faculty teaching in the CNS  
1057 program to provide quality learning experiences for students, engage in ongoing curriculum  
1058 review and refinement, mentor students and junior faculty, guide preceptors, and provide  
1059 continuity regarding implementation of the program.

1060 **Documentation (Required):**

1061 • Copies of teaching assignments for all faculty teaching in the CNS program for the past  
1062 two years

1063 • Plan to develop and/or maintain a cadre of qualified full-time faculty to teach in and  
1064 maintain the quality and stability of the program

1065

1066 **Criterion 2. CNS Program Resources: Faculty, Clinical, and Institutional – CLINICAL**

1067 **2-4. A sufficient number of faculty and clinical preceptors are available to ensure quality**  
1068 **clinical experiences for CNS students and provide adequate direct and indirect supervision**  
1069 **and evaluation of students enrolled in clinical practice courses. Faculty/student ratios must**  
1070 **conform to any State Board of Nursing requirements.**

1071

1072 **Elaboration:**

1073 Adequate and appropriately-credentialed faculty and clinical preceptors to teach the clinical  
1074 components of the CNS program are essential for effective program implementation. The  
1075 recommended ratio for direct supervision (by the faculty member or clinical preceptor) is 1:1 or  
1076 1:2. The recommended ratio for indirect supervision (by the faculty member) is 1:6 to 1:8.  
1077 Such ratios ensure quality clinical learning experiences for students, as well as effective  
1078 evaluation of student performance.

1079

1080 **Documentation (Required):**

1081 • List of all full-time and part-time faculty, including credentials, involved in teaching  
1082 clinical CNS courses during the past two years, indicating whether each provided direct or  
1083 indirect supervision

1084 • List of faculty:student and preceptor:student ratios for all CNS clinical courses taught  
1085 during the past two years, indicating whether each was direct or indirect supervision

- 1086 • Description of mechanisms for determining faculty:student and preceptor:student ratios  
1087 and evaluating whether these provide quality outcomes
- 1088 • Explanation of any variations in the recommended faculty:student or preceptor:student  
1089 ratios noted in the Elaboration section above
- 1090 • Documentation of State Board of Nursing requirements (when available) regarding  
1091 faculty:student and/or preceptor:student ratios and how the CNS program meets those  
1092 requirements

1093

1094 **Criterion 2. CNS Program Resources: Faculty, Clinical, and Institutional – CLINICAL**

1095 **2-5. When preceptors are involved in the clinical supervision of students, the faculty who**  
1096 **teach in the CNS program retain ultimate responsibility for evaluating student performance**  
1097 **and the quality of the clinical experiences.**

1098

1099 **Elaboration:**

1100 When preceptors are used by the CNS program, they are expected to provide evaluative  
1101 feedback to students and faculty regarding the students' clinical performance. The criteria for  
1102 those evaluations are to be provided by faculty members teaching in the program, and they  
1103 have ultimate responsibility for evaluating student performance and evaluating the quality of  
1104 students' clinical experiences.

1105 **Documentation (Required):**

- 1106 • Criteria for selection/appointment of clinical preceptors
- 1107 • Methods of communication between faculty and clinical preceptors regarding student  
1108 performance and the adequacy of the clinical experience
- 1109 • Evaluation criteria used to assess student performance in each CNS clinical course

1110

1111 **Criterion 2. CNS Program Resources: Faculty, Clinical, and Institutional – CLINICAL**

1112 **2-6. Preceptors, who are authorized to practice in the CNS role through educational**  
1113 **preparation and/or CNS certification, supervise students in clinical practice experiences**

1114 **through direct or virtual interactions. Other professionals also may serve as preceptors for**  
1115 **clinical experiences.**

1116

1117 **Elaboration:**

1118 Clinical preceptors must be educationally- and experientially-prepared to mentor students in  
1119 the CNS role. If CNS preceptors are not available or additional professional expertise is deemed  
1120 essential for the student's education, other professionals (e.g., master's- or doctorally-prepared  
1121 nurse practitioners, physicians, nutritionists, social workers, psychologists, nurses, or other  
1122 health professionals with advanced preparation and specialized expertise) may precept CNS  
1123 students for circumscribed experiences.

1124 **Documentation (Required):**

1125 • Evidence that student clinical practice experiences are supervised by CNS preceptors or  
1126 CNS faculty members

1127 • Copies of agreements/contracts with all preceptors involved in the CNS program during  
1128 the past two years

1129 • Evidence that all preceptors hold the appropriate professional degree and credential

1130 • Documentation of verification of all preceptors' credentials, educational or experiential  
1131 preparation, and unencumbered professional license

1132 • Description of a plan to increase the number of educationally- and experientially-  
1133 prepared preceptors is provided when CNS preceptors are not available for essential  
1134 supervision of students

1135

1136 **Criterion 2. CNS Program Resources: Faculty, Clinical, and Institutional – CLINICAL**

1137 **2-7. Preceptors who supervise CNS students in clinical settings are oriented to curriculum**  
1138 **requirements, practice course objectives, and expectations regarding student supervision and**  
1139 **evaluation.**

1140

1141 **Elaboration:**

1142 Preceptors are better able to supervise CNS students when they receive ample information  
1143 about the specific course in which the student is enrolled and how the experience they are  
1144 sharing with the student relates to the overall program outcomes/competencies. The  
1145 preceptor’s role in supervision and evaluation should be evident to all concerned – preceptor,  
1146 student, and faculty. Page XX

1147 **Documentation (Required):**

1148 • Description of the way(s) in which preceptors are oriented to the CNS program  
1149 outcomes/competencies, specific course objectives, and their responsibilities related to the  
1150 supervision and evaluation of the student

1151 • Copies of orientation documents provided to preceptors

1152

1153 **Criterion 2. CNS Program Resources: Faculty, Clinical, and Institutional – CLINICAL**

1154 **2-8. Clinical facilities are sufficient in quality and number to provide experiences that give**  
1155 **CNS students ample opportunities for role development, implementation of nationally-**  
1156 **validated CNS competencies in the three Spheres of impact (patient/client, nurses/nursing**  
1157 **practice, organization/system), and meeting CNS/APRN certification/licensure requirements.**

1158

1159

1160 **Elaboration:**

1161 Sufficient clinical facilities are essential to support student practice experiences in all three  
1162 Spheres of Impact, to enhance role development, and to prepare students to meet  
1163 certification/licensure requirements in the role and population focus. Student experiences in all  
1164 three Spheres of Impact help them develop skills in all of the nationally-validated CNS  
1165 competencies and expand their career opportunities.

1166 **Documentation (Required):**

1167 • Description of clinical facilities available and used for student practice experiences  
1168 within the past two years

1169 • Examples of the experiences available in clinical facilities regarding each Sphere of  
1170 Impact

1171 • Examples of student practice experiences related to each Sphere of Impact

- 1172 • Examples of current agreements/contracts with facilities used for CNS clinical practice  
1173 experiences (NOTE: All agreements/contracts must be on file)

1174

1175 **Criterion 2. CNS Program Resources: Faculty, Clinical, and Institutional – INSTITUTIONAL**

1176 **2-9. Resources are sufficient to support the ongoing professional development, scholarly**  
1177 **activities, and practice of faculty who teach in the CNS program.**

1178

1179 **Elaboration:**

1180 Faculty members are expected to engage in professional development and scholarly activities,  
1181 as well as continue their practice, in order to remain current. Such activities must be supported,  
1182 at least in part, by the program.

1183 **Documentation (Required):**

- 1184 • Description of the support provided to faculty who teach in the CNS program that allows  
1185 them to enhance their professional development, engage in scholarly activities, and engage in  
1186 practice

1187

1188 **Criterion 2. CNS Program Resources: Faculty, Clinical, and Institutional – INSTITUTIONAL**

1189

1190 **2-10a. Learning resources and support services for on-campus/face-to-face and**  
1191 **online/distance environments are sufficient to ensure educational quality in the CNS**  
1192 **program.**

1193 **2-10b. Institutional resources, facilities, and services needed to support the development,**  
1194 **implementation, and evaluation of the CNS program are available to faculty and students.**

1195 **Elaboration:**

1196 Technology, library, faculty development, support systems, and other resources are essential to  
1197 support faculty in designing and implementing teaching and evaluation methods in all courses  
1198 in the CNS program and to ensure a quality educational experience. The institution, therefore,  
1199 must provide resources, facilities, and services that are sufficient in number and quality to  
1200 support faculty and students in all aspects of the CNS program.



1201 **Documentation (Required):**

1202 • Description of resources and support systems in place to support faculty in designing  
1203 and implementing effective teaching and evaluation methods

1204 • Description of how the institution supports faculty and students in the CNS program in  
1205 the areas of resources, facilities, and support services (including technology support for  
1206 distance education) to ensure program quality and student success.

1207

1208 **CRITERION 3. STUDENT ADMISSION, PROGRESSION AND GRADUATION REQUIREMENTS**

1209

1210 **Criterion 3. Student Admission, Progression and Graduation Requirements**

1211 **3-1. The CNS program builds on baccalaureate level nursing competencies and culminates in a**  
1212 **master's degree, post-graduate certificate, or doctorate.**

1213

1214 Since CNSs are advanced practice registered nurses, their education must be at the graduate  
1215 level and build upon baccalaureate nursing competencies. In light of the many pathways for  
1216 the educational preparation of nurses, graduate preparation for the CNS role may be at the  
1217 master's level, through a post-graduate certificate program, or through a practice doctorate  
1218 program.

1219 **Documentation (Required):**

1220 • Evidence that the CNS program meets appropriate expectations outlined by national  
1221 organizations for graduate and APRN programs

1222 • Documentation that the CNS program builds on baccalaureate nursing competencies  
1223 and, as appropriate to the degree being awarded, on nationally-recognized graduate level  
1224 nursing competencies

1225

1226 **Criterion 3. Student Admission, Progression and Graduation Requirements**

1227 **3-2. Faculty who teach in the CNS program participate in developing, approving, and revising**  
1228 **the admission, progression, and graduation criteria for the program**

1229

1230 **Elaboration:**

1231 The role of faculty teaching in the CNS program in developing and implementing admission,  
1232 progression and graduation criteria related to that program must be clear. Such faculty must  
1233 have the authority and responsibility to make decisions regarding student admissions and  
1234 progression through the program.

1235 **Documentation (Required):**

- 1236 • Description of the admission and progression criteria for students in the CNS program
- 1237 • Evidence of how faculty teaching in the CNS program are involved in making decisions  
1238 about admissions to that program
- 1239 • Evidence of how faculty teaching in the CNS program are involved in establishing  
1240 progression guidelines and making decisions related to student progression through that  
1241 program
- 1242 • Aggregate data about qualifications of students admitted to the CNS program, their  
1243 progression through it, graduation rates, and graduates' success on national certification exams  
1244 (if available) and state licensure/recognition as a CNS/APRN

1245

1246 **Criterion 3. Student Admission, Progression and Graduation Requirements**

1247 **3-3. All students in the CNS program must hold unencumbered licensure as an RN prior to and**  
1248 **throughout their enrollment in CNS clinical courses.**

1249

1250 **Elaboration:**

1251 Since the CNS program prepares students for an advanced practice role in nursing and requires  
1252 their involvement in patient care during clinical courses, students must meet legal  
1253 requirements to practice as a registered nurse.

1254 **Documentation:**

- 1255 • Description of how the current RN license of all students in the CNS program is verified
- 1256 • Documentation that files are maintained showing evidence of licensure validation

1257

1258 **CRITERION 4. CNS CURRICULUM**

1259

1260 **Criterion 4. CNS Curriculum**

1261 **4-1. The curriculum is congruent with state requirements, national standards for graduate**  
1262 **APRN programs, and nationally-recognized master' level or DNP CNS competencies.**

1263

1264 **Elaboration:**

1265 The CNS curriculum should incorporate appropriate theory and clinical courses consistent with  
1266 state requirements and nationally-endorsed standards, guidelines and competencies for  
1267 graduate, APRN and CNS programs. Graduates of the program should be prepared to practice in  
1268 the CNS role and be successful on a national certification exam appropriate to the population-  
1269 focused area. Preparation for meeting graduate-level CNS competencies and effectiveness  
1270 within the three CNS Spheres of Impact should be reflected in the curriculum. Post-graduate  
1271 certificate program graduates are expected to meet the same CNS competencies as master's or  
1272 practice doctorate program graduates.

1273 **Documentation (Required):**

- 1274 • Copy of the program of study showing core, role, population and, if appropriate,  
1275 specialty courses for each track or where core, role and population competencies are  
1276 integrated
- 1277 • Syllabus for each course in the CNS program, including course descriptions, objectives,  
1278 credits, didactic/clinical allocations, and relationship to nationally-recognized graduate core,  
1279 APRN core, CNS role/population-focused core standards, and the three Spheres of Impact
- 1280 • Description of how the program uses state requirements, nationally-endorsed standards  
1281 and guidelines, and each of the following to develop and refine the curriculum:
- 1282 o Nationally-endorsed CNS master's and/or practice doctorate competencies
  - 1283 o AACN Master's Essentials (2011) and/or DNP Essentials (2006);
  - 1284 o The Consensus Model for APRN Regulation: Licensure, Accreditation, Certification and  
1285 Education (2008)

- 1286 • Evidence that the curriculum prepares students to meet the criteria for eligibility to take  
1287 the appropriate national certification examination (when available) and for state  
1288 licensure/recognition as a CNS/APRN

1289

1290 **Criterion 4. CNS Curriculum**

1291 **4-2. The CNS program requires a minimum of 500 supervised clinical (clock) hours for**  
1292 **master’s and post-graduate preparation. A minimum of 1,000 supervised clinical (clock) hours**  
1293 **are required for post-baccalaureate practice doctorate preparation.**

1294

1295 **Elaboration:**

1296 CNS students must have an opportunity to practice the CNS role in settings related to the  
1297 population/focus area and, if appropriate, specialty of the program under the supervision of a  
1298 CNS faculty member and/or a qualified CNS preceptor. “Clinical (clock) hours” refers to hours in  
1299 which the student implements the CNS role in one or more of the Three Spheres of Impact.  
1300 (Skills lab hours and physical assessment practice sessions are not included in the calculation of  
1301 “clinical (clock) hours.”)

1302 Combined CNS/nurse practitioner programs must include clinical experiences in both the CNS  
1303 and NP roles and population/focus area and must prepare students to be eligible for  
1304 certification as a CNS. A minimum of 500 clinical (clock) hours must be spent in post-graduate  
1305 programs preparing for the CNS role and population/focus area of practice. A minimum of  
1306 1,000 clinical (clock) hours must be spent in post-baccalaureate programs preparing nurses for  
1307 the CNS role at the practice doctorate level.

1308 CNS programs preparing graduates for practice in a specialty area of practice in addition to the  
1309 population/focus area must document how clinical experiences address both. It is expected  
1310 that the number of required clinical hours will be greater for a program that prepares students  
1311 for CNS practice in a specialty area in addition to the population/focus area.

1312 **Documentation (Required):**

- 1313 • Evidence that validates a minimum of 500 clinical (clock) hours in the master’s and post-  
1314 graduate certificate CNS program
- 1315 • Evidence that validates a minimum of 1,000 clinical (clock) hours in the post-  
1316 baccalaureate practice doctorate program

1317

1318 **CRITERION 5. CNS PROGRAM EVALUATION**

1319

1320 **Criterion 5. CNS Program Evaluation**

1321 **5-1. There is a comprehensive evaluation plan for the CNS program that addresses the**  
1322 **curriculum, faculty resources, student outcomes, clinical sites, preceptors, and program**  
1323 **resources.**

1324

1325 **Elaboration:**

1326 A comprehensive plan for evaluating the CNS program that specifies the what, who, when and  
1327 how of data collection is essential to ensure continued program quality. The plan must provide  
1328 for regular reviews (e.g., every five years or more frequently as certification or national  
1329 standards are updated/ revised), document how results of the evaluation are used for program  
1330 improvement, and describe how faculty determine that program outcomes/competencies are  
1331 met.

1332 **Documentation (Required):**

1333 • Copy of the comprehensive evaluation plan that describes systematic evaluation of the  
1334 didactic and clinical experiences, preceptors, clinical sites, and faculty involved in the CNS  
1335 program

1336 • Evidence that the evaluation of the CNS program is integral to the nursing unit's overall  
1337 Evaluation Plan

1338 • Documentation of how evaluation results have been used for program improvement

1339 • Timeline for the ongoing, systematic evaluation of the CNS curriculum

1340 • Documentation of regular, formal reviews of the CNS curriculum by faculty teaching in  
1341 that program

1342

1343 **Criterion 5. CNS Program Evaluation**

1344 **5-2. The CNS program collects and aggregates data from a variety of sources to evaluate**  
1345 **achievement of program outcomes.**

1346

1347 **Elaboration:**

1348 The CNS program must develop and implement a plan to evaluate the extent to which program  
1349 outcomes/competencies have been achieved, incorporating the perspective of students,  
1350 alumni, graduates' employers, clinical partners/preceptors, and other significant stakeholders.  
1351 Aggregate data from program evaluations should be reviewed regularly by faculty teaching in  
1352 the CNS program and used for ongoing improvement of the program.

1353

1354 **Documentation (Required):**

1355 • Instruments/methods/measures used to collect data needed for a comprehensive  
1356 program evaluation. Such measures may include the following: graduate/alumni satisfaction,  
1357 employment following program completion, employer satisfaction, certification pass rates,  
1358 program retention and graduation rates, etc.

1359 • Aggregate data (such as average time to complete the program, graduation rates, and  
1360 pass rates on national certification exam and state licensure/approval as a CNS/APRN) from  
1361 students, alumni, graduates' employers, and other stakeholders for the past two years

1362 • Reports of analyses of data that document CNS program strengths, areas needing  
1363 improvement or refinement, and strategies designed to address areas of concern

1364 • Examples of program changes that have been made, based on findings from the  
1365 program evaluation

1366

1367 **Documentation (Recommended):**

1368 • Minutes of curriculum meetings where program outcome data were analyzed and  
1369 recommendations for program improvement were formulated

1370

1371 **Criterion 5. CNS Program Evaluation**

1372 **5-3. Faculty who teach and students who are enrolled in the CNS program have input into the**  
1373 **ongoing development, evaluation and revision of the program.**

1374

1375 **Elaboration:**

1376 Faculty who teach in the CNS program are knowledgeable about national practice standards,  
1377 guidelines for graduate nursing education, and guidelines for CNS education. They also  
1378 understand the curriculum structure and content, as well as the learning experiences that are  
1379 necessary to adequately prepare CNSs for their evolving role. Students also have a vested  
1380 interest in the program, since they are the ones who experience it and who desire to be  
1381 exceptionally well-prepared to assume the CNS role upon graduation. Therefore, both students  
1382 and faculty should participate in designing, evaluating, and revising the CNS program.

1383 **Documentation (Required):**

- 1384 • Description of processes in place that provide for faculty and student input into the  
1385 development, evaluation, and refinement of the CNS curriculum.
- 1386 • Examples of how students and faculty have been engaged in curriculum development,  
1387 evaluation, and refinement

1388

1389 **Documentation (Recommended):**

- 1390 • Minutes from CNS faculty and/or graduate program meetings that illustrate curriculum  
1391 development and decision making by faculty
- 1392 • Minutes from CNS faculty meetings that illustrate how student input is incorporated  
1393 into decisions related to curriculum design and implementation

1394

1395 **Criterion 5. CNS Program Evaluation**

1396 **5-4. The CNS curriculum is evaluated on an ongoing basis, using relevant data to inform**  
1397 **revisions.**

1398 **Elaboration:**

1399 In order to ensure that it remains current and relevant, the CNS program must be formally  
1400 evaluated, and such evaluation should occur regularly (e.g., every 5 years or more frequently as  
1401 certification or national standards are updated/revised, or as major changes in the  
1402 program/curriculum occur). Data from such evaluations, as well as the need to be responsive to  
1403 changes in certification or national standards, are essential to guide decisions about

1404 refinements that may be needed to provide quality education that prepares graduates for  
1405 effective practice in the CNS role.

1406 **Documentation (Required):**

- 1407 • Sample reports of data collection activities
- 1408 • Examples of how outcome data have been used to revise/refine the CNS program

1409

1410 **Criterion 5. CNS Program Evaluation**

1411 **5-5. Faculty who teach in the CNS program are evaluated regularly, according to parent**  
1412 **institution or nursing unit policies.**

1413

1414 **Elaboration:**

1415 In order to ensure that faculty continues to be appropriately-credentialed, effective teachers,  
1416 current in their knowledge of CNS practice and contributing professionals, there must be a plan  
1417 for when, how, and by whom regular evaluations of all faculty who teach in the CNS program  
1418 are conducted.

1419 **Documentation (Required):**

- 1420 • Methods used to evaluate faculty who teach in the CNS program (e.g., annual activity  
1421 reports, student evaluations of teaching effectiveness, peer evaluations of teaching and  
1422 scholarship)
- 1423 • Description of when faculty teaching in the CNS program are evaluated, by whom, and  
1424 how data from those evaluations are used to promote ongoing faculty development and  
1425 program quality
- 1426 • Tools/Instruments used to gather evaluative data about faculty who teach in the CSN  
1427 program

1428

1429 **Criterion 5. CNS Program Evaluation**

1430 **5-6. The clinical agencies and preceptors utilized for the CNS program are evaluated annually**  
1431 **by faculty members and students.**



1432

1433 **Elaboration:**

1434 There must be clearly-defined processes and methods to evaluate (a) the effectiveness and  
1435 appropriateness of clinical sites and (b) the qualifications and effectiveness of preceptors  
1436 engaged in supervising and evaluating CNS students.

1437 **Documentation (Required):**

- 1438 • Description of procedures and methods used by students enrolled in and faculty  
1439 teaching in the CNS program to evaluate clinical facilities used in the program.
- 1440 • Description of how clinical facilities, including those in locations for distance education  
1441 students, are selected and evaluated
- 1442 • Description of procedures and methods used by students enrolled in and faculty  
1443 teaching in the CNS program to evaluate the preceptors involved in supervising and evaluating  
1444 students
- 1445 • Tools/Instruments used to gather evaluative data about clinical facilities used and  
1446 preceptors who supervise and evaluate CNS students

1447

1448 **Criterion 5. CNS Program Evaluation**

1449 **5-7. Evaluation of students is cumulative, multi-method, and incorporates clinical observation**  
1450 **of performance by faculty who teach in the CNS program and preceptors who supervise**  
1451 **students in practice experiences.**

1452

1453 **Elaboration:**

1454 Student performance must be evaluated overall and should include an evaluation in each  
1455 clinical course according to a defined evaluation plan. Such evaluations should be  
1456 comprehensive, use multiple means to gather data about performance, and include  
1457 observations (in-person, virtually, or through the use of various technologies) of students'  
1458 performance by both the faculty member teaching the CNS clinical course and the preceptor  
1459 who provides ongoing supervision of student in the clinical facility.

1460 **Documentation (Required):**

1461 • Description of the plan for evaluating student performance, including the methods used  
1462 to evaluate their clinical performance, the frequency of evaluations, and the responsibilities of  
1463 faculty and preceptors in the evaluation process

1464 • Description of how feedback is provided to students by faculty and preceptors regarding  
1465 their performance and their progress in meeting program outcomes/competencies

1466

1467 **Documentation (Recommended):**

1468 • Examples of the tools/Instruments used to evaluate students' performance in the CNS  
1469 program, including both didactic and clinical courses

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