



Members of the 4th Infantry Division Band perform a holiday classic at McMahon Auditorium Saturday during the annual holiday concert.

# 4ID celebrates birthday, holiday season

Story and photo by  
Staff Sgt. Diandra J. Harrell  
4th Infantry Division Public Affairs Office

The 4th Infantry Division and Fort Carson community celebrated the 99th birthday of the division and honored the heritage of some of the nation’s finest Soldiers during the holiday concert conducted by the 4th Inf. Div. Band Saturday.

“Ladies and gentlemen, it is now 1917,” said retired Sgt. Maj. Michael P. Borrelli, clad in a World War I “dough-boy” uniform, as the curtains at Fort Carson’s McMahon Auditorium opened to unveil Camp Greene, North Carolina, the birthplace of the “Ivy” Division. Four Soldiers, dressed in various vintage combat uniforms, led the audience through stories of the inception of the 4th Inf. Div. and Christmas 99 years ago.

Maj. Gen. Ryan F. Gonsalves, commanding general, 4th Inf. Div. and Fort Carson, hosted the concert and thanked all community leaders and guests who attended the event to celebrate another year’s sacrifice and excellence for the “Iron Horse” Division.

“This year’s theme ‘Home for the Holidays’ is most appropriate,” Gonsalves explained. “Perhaps the greatest present to me this holiday season is that all of our brigade colors, to include the 4th (Combat Aviation Brigade) and 2nd (Infantry Brigade Combat Team), are back at Fort Carson to spend this special time with their children and Families.”

Before closing, he asked the audience to keep the 3rd Armored Brigade Combat Team, that will deploy to Eastern Europe next month, and the Soldiers currently deployed around the world in their prayers as they celebrate the season’s festivities.

Following Gonsalves’ remarks, the 4th Inf. Div. Concert Band, led by bandmaster Chief Warrant Officer 3 George T. Bauer, performed classical and contemporary musical sets during the holiday performance.

Soldiers of the 4th Inf. Div. Band selected and arranged 11 Christmas classics from “Winter Wonderland” to “(It Must’ve Been Ol’) Santa Claus,” and concluded with “Stille Nacht” and “Sleigh Ride” as part of the salute to the division’s first Christmas in 1917.

The concert showcased the many talents of the 4th Inf. Div.’s music performance teams, featuring Iron Brass, Berkeley Avenue, Brass Authority and Mile High.

“I hope that this event has given you a chance to pause and taken you home,” Bauer said.

Bauer then told a story about how

powerful music can be and the effect it can have on people.

“I have seen more than once in my career where music can make us pause and take us somewhere else,” he explained. “In 2003, I found myself in east Fallujah ... with the rock band and the 76th Army band. We played for a battalion of Marines. Afterwards, a young Marine who was 19 years old, came up to me and said, ‘Thank you, I just forgot where I was for two hours.’”

“That’s the power of music and that’s the power that these musicians can project. I hope that this has given you pause and taken you home as well.”

Bauer then thanked the Soldiers and NCOs of the band for their work and preparation for the evening’s event. He then led the band on a boisterous rendition of “Sleigh Ride,” which earned the band a standing ovation to end the night.

Message board

Happy holidays

The next *Mountaineer* will be printed Jan. 6. Submission deadline is Dec. 30.

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# Commentary

*‘Steadfast and Loyal’*

## Qualities define division, Soldiers for nearly 100 years

**By Maj. Gen. Ryan F. Gonsalves**  
Commanding general, 4th Infantry Division and Fort Carson

It is with great enthusiasm and pride that we celebrated the 99th anniversary of this storied division Dec. 10. This week, it is my distinct honor to kick off our centennial celebration, commemorating 100 years of the 4th Infantry Division and the men and women who have donned the “Ivy” patch. I encourage everyone to join us this year in celebrating the prestigious and accomplished history of the “Iron Horse” Division.

On Dec. 10, 1917, Maj. Gen. George H. Cameron assumed command and organized the division as America prepared to enter the Great War. Four infantry and three artillery regiments constituted the backbone of the force that Maj. Gen. Cameron built along the hills and valleys of Camp Greene, North Carolina. A few months later, Maj. Gen. Cameron would adopt our division’s insignia which was derived from the numerical designation from the Roman numeral IV; hence the nickname, the “Ivy” Division. The insignia consisted of four green ivy leaves on a khaki background. The ivy leaves are symbolic of tenacity and fidelity which formed the basis of the division’s motto, “Steadfast and Loyal.”

The division received men from across the Army to fill the ranks of units whose lineage dated back to America’s initial conflicts. From that point forward, the veterans whose history resided under the banners of the old regiments diligently trained and imparted standards on the new recruits.

In April 1918, the nation’s finest Soldiers embarked for France on a trans-Atlantic transport and in the summer of 1918 the discipline and training of 4th Division Soldiers would be proved fighting in the final offensives of World War I.

Over the course of five days in July, the 4th Division measured up for the first time against the enemy in the trenches of France, joining allied forces as part of the Aisne-Marne Offensive.

From there to Serpy, Vesle, St. Mihiel, and the Meuse-Argonne, Ivy Division Soldiers proved their determination and strength was matched only by their courage and honor; nowhere was this more evident than the Battle of Meuse-Argonne, where the 4th Division would go further than any other American division in action.



cemetery of the Meuse-Argonne at Romagnesous-Montfaucon.

Our Iron Horse legacy is a testament to the long, proud traditions of America’s Soldiers, and no one knows better than the American Soldier the meaning of service and sacrifice to defend our great nation.

As we close out this amazing year and begin to recognize 100 years of Steadfast and Loyal service, Command Sgt. Maj. Michael A. Crosby and I want to thank the Soldiers and Families of the 4th Infantry Division and Fort Carson for their unparalleled service to the nation. The competency, resiliency and motivation of today’s Iron Horse Soldier is truly inspiring and builds upon the legacy of those veterans that have preceded us.

A rare gift has been given to us this holiday season as we fly all our unit colors here on Fort Carson for the remainder of 2016. The 2nd Infantry Brigade Combat Team “Warhorse,” 4th Combat Aviation Brigade “Iron Eagles” and 10th Combat Support Hospital “Mountain Medics” are home for the holidays following deployments across the globe.

While we celebrate this Christmas season, Soldiers of the 4th Inf. Div. and Fort Carson continue to train and fight at home and abroad. From Europe to Afghanistan and Iraq, our Soldiers never fail to accomplish their mission. So, let us not forget those who cannot celebrate this holiday season at home with their Families and offer our prayers and gratitude to the 4th Inf. Div. Soldiers deployed around the world. Let us also keep in mind and offer our full support to the “Iron” Soldiers of the 3rd Armored Brigade Combat Team as they prepare for the start of their nine-month deployment to Europe as part of Atlantic Resolve in January.

Command Sgt. Maj. Crosby and I wish all a safe and blessed holiday season, a merry Christmas and a happy New Year. From everyone here at Fort Carson, and all our men and women forward deployed, safeguarding our freedom for just such occasions, thank you for your service and sacrifice in honor of this great nation and the Iron Horse Division.

Steadfast and Loyal. 🇺🇸

Within six months of its arrival, the 4th Division defeated 16 German divisions and advanced 35 kilometers across France. The victories came at the cost of more than 14,000 men from the second Battle of the Marne through the signing of the Armistice Nov. 11, 1918. Many of the names which populate this Roll of Honor rest among the heroes buried in the

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# News

## Evans employees nab awards

**By Jeff Troth**  
U.S. Army Medical Department Activity-Fort Carson Public Affairs Office

Two Evans Army Community Hospital health care practitioners were recognized for their career accomplishments during the AMSUS (The Society of Federal Health Professionals) annual meeting Dec. 1 at National Harbor near Washington, D.C.

Col. Irene Rosen was selected as the top senior female physician in the Military Health System (MHS) and presented the 2016 MHS Female Physician Leadership Award. Registered nurse Lydia Kreighbaum was recognized as the Junior Army category winner of the 2016 MHS Federal Civilian Nursing Excellence in Leadership Award.

“I was very honored to be nominated for this award, and the fact that I was selected was very unexpected and humbling,” said Rosen, who graduated from the U.S. Military Academy in 1987, and from 1995 to 1999 attended medical school at the Uniformed Services University for the Health Sciences in Bethesda, Maryland. She currently serves as the U.S. Army

Medical Department Activity-Fort Carson deputy commanding officer and chief medical officer.

“It was an extreme honor, and I did not expect to win it at all,” said Kreighbaum, who has been a nurse for the Army for eight years, the past seven at the Evans Pain Clinic. “When I got the email stating that I had won I was speechless.”

Unlike most awards, these weren’t just for a single year or a single accomplishment. These awards recognize what individuals are currently doing to improve health care and what they have done in the past.

Rosen’s award nomination included her time at Fort Belvoir’s Family Medicine Residency program, where she taught and mentored many future family physicians. The packet also talked about her part in creating the Warrior Transition Care clinic at Madigan Army Medical Center, Joint Base Lewis-McChord, Washington. It also mentioned her time as the deputy surgeon for U.S. Forces-Afghanistan, where she worked in transferring authority of Kabul Role III hospital from French to U.S. authority.

“I couldn’t be where I am today if I

hadn’t done these jobs and many others,” Rosen said. “They all really build upon each other over the course of a career. I have been really lucky to have had a great progression of jobs that has gotten me to where I am now.”

Kreighbaum also credited her opportunities for earning her the award.

“Part of the submission was what I have done during my career as a nurse, both at work and in the community,” she said. “This included my time as a co-ambassador for the patient caring touch system and my participation on nurse practice councils.”

While at the Pain Clinic, Kreighbaum developed and directed an intensive out-patient program designed to improve function and quality of life by reducing opioid use. The program has had over 200 graduates who have decreased their utilization of opioids by more than 50 percent.

“This recognition by the Military Health System for Lydia and me is a credit to the great team we have at Evans,” said Rosen. “Because of our team, we are able to accomplish outstanding results for our patients.”



Rosen



Kreighbaum

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## Gold Star sendoff



Photo by Sgt. 1st Class Jason Epperson

Maj. Gen. Ryan F. Gonsalves, commanding general, 4th Infantry Division and Fort Carson; his wife, Janet; and 4th Inf. Div. and Fort Carson Command Sgt. Maj. Michael A. Crosby; join local military and civilian volunteers in saying farewell to Gold Star Families participating in the Snowball Express at the Colorado Springs Airport Sunday. Gonsalves and Crosby thanked the Families of the fallen heroes, escorting the group to a plane bound for Dallas/Fort Worth International Airport, Texas, where more than 1,700 Gold Star children and parents or guardians from across the nation and overseas will be honored for their service and sacrifice with five days of planned activities. This year's schedule of events includes a "Walk of Gratitude" honoring their sacrifice, a tour of the Fort Worth Museum of Science and History, jousting at Medieval Times and a private concert by Academy Award-nominated actor Gary Sinise and the Lt. Dan Band.

# Support system, resources limit holiday stress

By Lally Laksbergs

Mountaineer story

The holiday season can be difficult for service members, Families and civilians who are affected by stress, loss, family or personal matters or a feeling of disconnection. Maintaining balance and stress resilience is easier for some than others.

According to the Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury, Real Warriors Campaign, building a strong support system can help weather tough life changes and prevent small problems from snowballing. Help can come from many places to include family, friends, religious support services or even professional counseling. Asking for help takes courage, but taking care of personal mental health is important and the best thing each person can do to stay healthy and resilient.

Self-support activities can include being there for others to share the challenges; getting involved in the local community to become part of a built-in network

of local support when needed most; and seeking out counseling if problems seem too big to manage alone.

"Even though we generally think of the holidays as a joyful time, some people may not feel that way," said William Lana, Fort Carson Army Substance Abuse Program manager. "Common warning signs of suicide, such as talking about death, depression, isolation, etc., are much easier to identify than some of the more subtle ones. During the holidays, those who are separated from loved ones may not display these signs overtly. Being a caring listener to anyone who is going through a tough emotional time is key to recognizing the signs."

All age groups are affected by stressors and show signs in different ways.

Fountain-Fort Carson School District 8 has more than 8,000 students and more than 45 mental health staff to provide youth mental health resources as needed. The district is engaged in providing help to youths to identify the signs and symptoms of depression, suicide, and self-injury in themselves and their peers, according to officials.

"Mental health is a priority in this district," said

Christy McGee, public information officer, Fountain-Fort Carson School District 8.

Parents with children attending a Fountain-Fort Carson School District 8 school, can call the child's school and ask to speak to the counselor or school psychologist. Students not attending a District 8 school can call 719-382-1300 and ask to speak with a mental health professional in the district office.

Active duty, National Guard and Reserve service members, Families and survivors can contact Military OneSource to help find available resources. Confidential non-medical counseling can help address challenges and overcome personal concerns. Counseling is available face-to-face in the local community, by telephone, secure online chat or video format.

Military OneSource services are available 24 hours a day, seven days a week online through live chat at <http://www.militaryonesource.mil> or by calling (800) 342-9647.

For support 24/7, contact the National Suicide Prevention hotline at (800) 273-TALK (8255) or text to 838255 to get help immediately. 🇺🇸





# Military

## 230th FMSU Soldiers return home

Story and photo by Sgt. David Freydin  
4th Sustainment Brigade Public Affairs  
Office, 4th Infantry Division

Brightly-colored signs and anxious foot-tapping filled the Army Reserve Center on Fort Carson with an anticipation one could expect at a welcome home ceremony.

Families and friends welcomed home 18 Soldiers from Detachment A, 230th Financial Management Support Unit, 4th Special Troops Battalion, 4th Sustainment Brigade, 4th Infantry Division, Dec. 9.

The Soldiers returned from a nine-month deployment in support of military operations in Afghanistan.

“I am deeply honored to stand here before you,” said Maj. Ricardo Ortiz, commander, 230th FMSU, during the welcome home ceremony. “Most of you are young Soldiers on your first unit assignment and have just finished completing your first combat tour. Fifteen years ago, when this war started, most of you were young children growing up in this privileged nation. You had no obligation to serve, and yet you still had the courage to sacrifice any comfort you might have had to join the one percent of Americans who serve and defend this nation. I am proud of you, and I am honored to serve alongside you.”

During their time in Afghanistan, the detachment provided financial management support to more than 20,000 U.S. military service members, Department of Defense civilians and contractors. The FMSU operated at several forward operating bases, conducting financial management support team missions.



Staff Sgt. Chad Lawrence, financial management technician, 230th FMSU, said it was great to be back home with his wife and daughter in time for the holidays.

“It was a long nine months, but I am happy to be back in time for Christmas,” said Lawrence. “I plan on spending as much time with Family as possible.”

Lawrence’s wife shared the sentiment.

“I’m just happy that he’s back for the holidays and our

Soldiers from Detachment A, 230th Financial Management Support Unit, 4th Special Troops Battalion, 4th Sustainment Brigade, 4th Infantry Division, stand in front of Family, friends and loved ones at the Army Reserve Center, Dec. 9, upon their return from a nine-month deployment in Afghanistan. The FMSU operated at several forward operating bases and conducted nearly 100 Financial Management Support Team missions.

See Return on Page 9

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# ‘Mountain Medics’ change command

Story and photo by Scott Prater  
Mountaineer staff

The 10th Combat Support Hospital welcomed a new commander Wednesday during a ceremony at the William “Bill” Reed Special Events Center.

Soldiers, Families and friends connected to the unit gathered to bid farewell to Col. Kimberlee A. Aiello, the 10th CSH’s commander for the past two years, while also ushering in Col. Mark A. Stevens.

Col. Anthony R. Nesbitt, 1st Medical Brigade commander, presided over the passing of the 10th CSH’s colors during the ceremony.

“Col. Stevens is a proven leader who has demonstrated adaptability, organization skills and, most importantly, has demonstrated the ability to lead Soldiers in today’s Army,” Nesbitt said. “He is inheriting a well-oiled unit that has been more than capable of doing anything asked of it.”

Stevens comes to the 10th CSH from Fort Shafter Flats, Hawaii, where he served as the assistant chief of staff for operations, 18th Medical Command (Deployment Support).

While expressing his gratitude for a warm welcome from Nesbitt and Fort Carson leaders, Stevens said that commanding a CSH has been one of his goals since he was a junior officer.

“I look forward to serving with the ‘Silver Knights’ (1st Medical Brigade),” he said. “I understand we have an excellent brigade training plan lined up and that we are currently executing (stateside and overseas) missions while simultaneously undergoing a historical hospital force redesign. I look forward to the challenges ahead, improving expeditionary force readiness and being part of an already winning team.”

Assuming command of 10th CSH Dec. 16, 2014,

Aiello led the “Mountain Medics” during their nine-month deployment to Kuwait, where the unit supported operations Inherent Resolve, Spartan Shield and Enduring Freedom. The 10th CSH had seven direct reporting units and provided care to 87,000 coalition forces, civilians and host nation personnel. The unit’s area of operations encompassed six countries in the U.S. Central Command (CENTCOM) footprint.

Aiello said that she and Command Sgt. Maj. Matthew P. Baller shared a goal and vision for the 10th CSH “to be the premiere health support organization in the Army with a foundation built on trust. We defined trust as being teamwork, respect, understanding, servant leadership and tempered with our approach and voice. We asked our Soldiers and unit leaders to put leadership in action and develop a trusting and respectful relationship that enabled our organization to reach the top.”

Aiello then listed specific examples of how the unit’s Soldiers put this approach into practice during her time in the 10th CSH. She mentioned numerous selfless acts and examples of how unit members supported each other and their coalition forces while deployed.

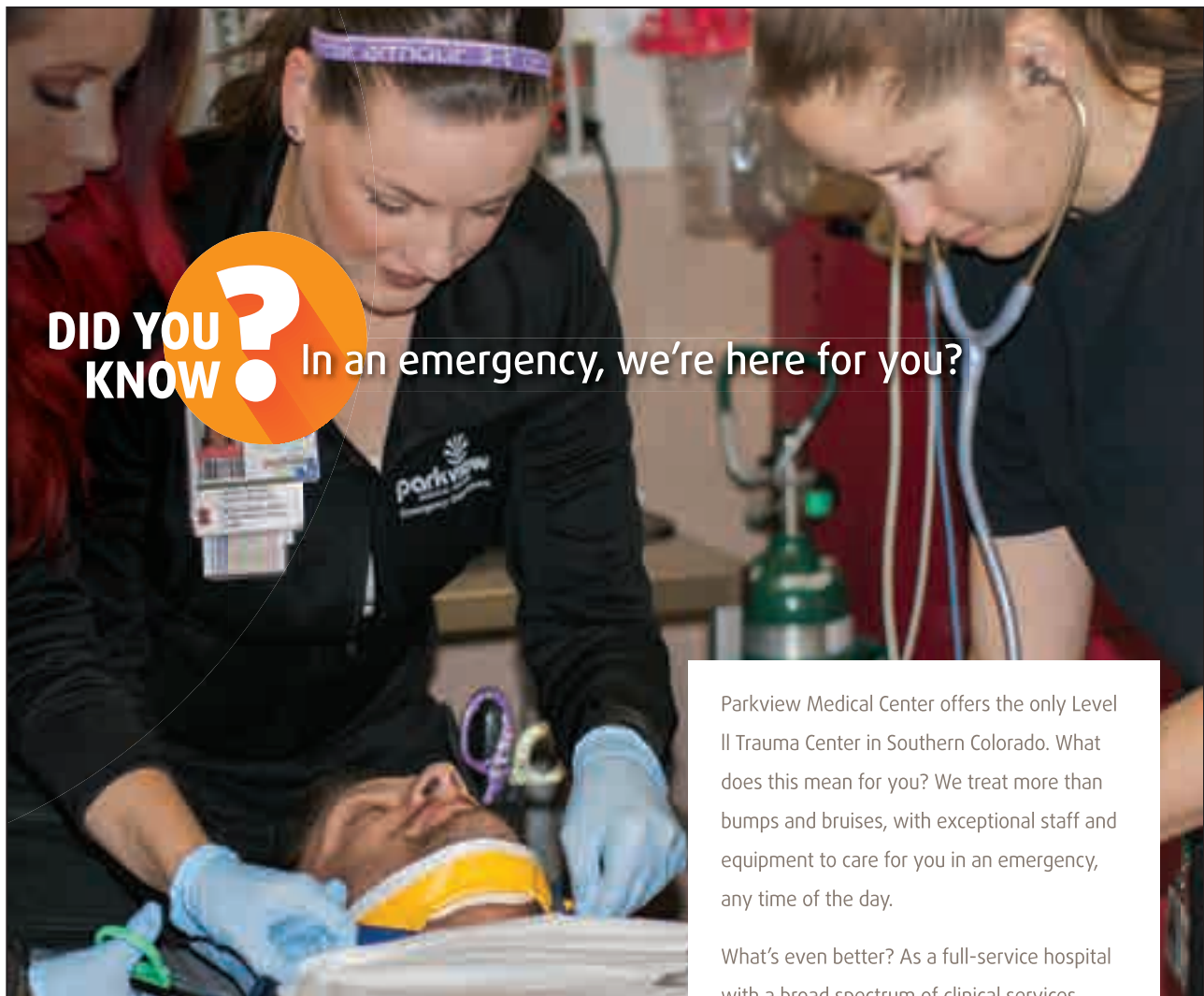
“This unit has set standards,” Nesbitt said. “Col. Aiello has had two tremendous years of command where she improved readiness while sustaining Families and



Col. Anthony R. Nesbitt, 1st Medical Brigade commander, passes the unit guidon to Col. Mark A. Stevens, incoming commander, 10th Combat Support Hospital, during a change of command ceremony Wednesday as Col. Kimberlee A. Aiello, right, looks on.

esprit de corps across the formation. She developed leaders, built teams and readied this unit for anything we asked it to do. She took the unit through multiple complex strategic missions, culminating with a superbly executed deployment in the CENTCOM (area of operation) – and made it look easy.

“Col. Stevens has some big shoes to fill and I am confident that he can fill them superbly,” he said.



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# ‘Iron’ Brigade kicks off centennial of service with ceremony, run

Story and photos by  
Staff Sgt. Ange Desinor

3rd Armored Brigade Combat Team  
Public Affairs Office, 4th Infantry Division

The 3rd Armored Brigade Combat Team, 4th Infantry Division, marked the beginning of its centennial year of service Dec. 9 with a brigade run followed by a ceremony at the William “Bill” Reed Special Events Center that featured veterans of the division from as far back as World War II.

“We talked a lot this morning as we started our run about the importance of connecting ourselves as Soldiers, as citizens serving today, to each other in this great team and to the legacy of this great division,” said Col. Christopher R. Norrie, commander, 3rd ABCT, during his opening remarks at the ceremony. “This is an incredible division — 99 years (Saturday) — of continuous service to our nation. Today is about connecting ourselves to that great legacy.”

The 3rd Brigade was organized Dec. 10, 1917, as Headquarters, 8th Infantry Brigade, as an element of the 4th Division at Camp Greene, North Carolina. By June 1918, the entire division was in France and fought with distinction during the Aisne-Marne Offensive, St. Mihiel and the Meuse-Argonne campaigns.

During World War II, the brigade also joined the division in leading the landing at Utah Beach on D-Day, June 6, 1944.

Reflecting on the heritage, Norrie introduced guest speakers to share their legacy with the Iron Brigade; three veterans of World War II, the Vietnam War and the Cold War.

Taking a seat in the middle of a packed auditorium, the first guest speaker was retired World War II veteran Staff Sgt. Bob Burrows, who enlisted in the U.S. Army on his 18th birthday and began his service on Feb. 20, 1943.

“It’s an honor to be here,” said Burrows, joking as he looked around the room. “You’re a great looking bunch of kids.”

He reflected on fighting with Gen. George S. Patton’s 3rd Army in the Ardennes region in southeast Belgium during the Battle of the Bulge.

He then spoke of being in locations of central Europe that the 3rd ABCT will again serve in during its nine-month rotation for Atlantic Resolve beginning in January.

“You fellas have got a big, heavy duty ahead of you. You’re heading to the near east (border) of Europe, and you’re going to be ambassadors as well as a fighting force in their minds. Best wishes, and may God bless you,” Burrows told the 3rd ABCT Soldiers.

Burrows’ great-grandson, Sgt. James Brendlinger, continues the family’s legacy in the Ivy Division by serving with the 4th Battalion, 9th Infantry Regiment, 1st Stryker Brigade Combat Team.

Burrows was followed by Retired Capt. Herbert Gagne, who commanded Company



**Above:** Col. Christopher R. Norrie, left, commander of 3rd Armored Brigade Combat Team, 4th Infantry Division, shakes the hands of his Soldiers after completing their brigade run marking the kickoff of the unit’s centennial year of service Dec. 9. The 3rd Brigade was organized along with the rest of the “Ivy” Division Dec. 10, 1917, to fight in Europe in World War I.



**Retired Staff Sgt. Bob Burrows, World War II veteran who served alongside 3rd Brigade, 4th Infantry Division, speaks to the 3rd Armored Brigade Combat Team, 4th Infantry Division, Soldiers during a ceremony marking the kickoff of the unit’s centennial year of service, at the William “Bill” Reed Special Events Center Dec. 9.**

C, 1st Battalion, 8th Infantry Regiment, 3rd Brigade, during the Vietnam War and Retired Sgt. Maj. Dick Foxworthy, who served in Germany with the 68th Armor Regiment during the Cold War.

Each veteran talked about his experiences and offered words of encouragement and appreciation for the roughly 4,200 Soldiers now serving in 3rd ABCT.

Prior to the brigade run earlier in the morning, the unit’s youngest Soldier, Pvt. Anna Zilka, 17, of 588th Brigade Engineer Battalion, read the unit’s history to Soldiers standing in formation. The brigade has been reorganized and redesignated several times over the years and was activated at Fort Carson as 3rd Brigade, 4th Inf. Div., on Dec. 15, 1970, according to Zilka.

Along the way, the 3rd Brigade Soldiers have also fought alongside the rest of the division in Vietnam, Iraq and Afghanistan.

“I am convinced, without a doubt, that this is the greatest division in the U.S. Army,” Norrie added. “It has the greatest Soldiers and the greatest leaders. It does more than any other division in the U.S. Army.”



**Below:** Retired Lt. Col. Nathan Watanabe, left, portrays a Vietnam War-era 4th Infantry Division Soldier and shows vintage weapons to Soldiers of the 3rd Armored Brigade Combat Team, 4th Infantry Division, during a ceremony marking the kickoff of the unit’s centennial year of service, Dec. 9, at the William “Bill” Reed Special Event Center.



# Return

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daughter’s birthday,” she said. “Her birthday party is tomorrow, so he made it just in time. ... it’s the best gift that she could receive.”

Ortiz highlighted some of the detachment Soldiers’ accomplishments during the deployment that included promoting five Soldiers to the rank of sergeant, re-enlisting one Soldier and awarding two Soldiers the German Armed Forces Badge.

Soldiers from Detachment A, 230th FMSU were also awarded an Army Commendation Medal, 24 Army Achievement Medals, two Military Outstanding Volunteer Service Medals and 12 certificates of achievement during the deployment.

Ortiz noted that the most important feat was that each member of Detachment A came home safe and sound. 🇺🇸



Photo by Sgt. David Freydin

**Staff Sgt. Chad Lawrence, financial management technician, Detachment A, 230th Financial Management Support Unit, 4th Special Troops Battalion, 4th Sustainment Brigade, 4th Infantry Division, greets his wife and daughter, Dec. 9, at the Army Reserve Center upon his return from a nine-month deployment in Afghanistan. Detachment A, 230th FMSU, provided financial management support to more than 20,000 U.S. military service members, Department of Defense civilians and contractors.**

# SHARP

## Course graduates 32

**By Jose A. Colon Rivera**  
Sexual Harassment/Assault Response and Prevention instructor

Thirty-two officers and NCOs received their Sexual Harassment/Assault Response and Prevention (SHARP) Program Foundation Course graduation certificate Dec. 9 from Command Sgt. Maj. Michael A. Crosby, 4th Infantry Division and Fort Carson.

The graduating Soldiers representing the 4th Inf. Div., Fort Carson separate units and the Colorado Army National Guard completed 80 hours of training on sexual harassment and sexual assault prevention and response.

SHARP advisers at the battalion level attend the Foundation Course to assist their command in conducting prevention and training activities and advising their commander on SHARP response.

“Your job matters to the victims of sexual assault,” said Crosby.

Officers and NCOs are usually among the first responders who a survivor has to assist them during their recovery by advocating for them during the medical, judicial, and criminal journey that survivors might face, Crosby emphasized.

Crosby and Lt. Col. John H. Chaffin, Equal Opportunity program manager, presented instructors Sgt. 1st Class Christopher Clay from Fort Hood, Texas and Sgt. 1st Class



Courtesy photo

**Command Sgt. Maj. Michael A. Crosby, 4th Infantry Division and Fort Carson, left, presents certificates of appreciation to Sexual Harassment/Assault Response and Prevention Program Foundation Course instructors Sgt. 1st Class Christopher Clay from Fort Hood, Texas and Sgt. 1st Class Tricia Hicks from Fort Bliss, Texas.**

Tricia Hicks from Fort Bliss, Texas, certificates of appreciation.

The next scheduled SHARP Foundation Course is Jan. 23 to Feb. 3. 🇺🇸

Victims of sexual assault can receive confidential assistance by calling Fort Carson’s sexual assault helpline at 719-338-9654.

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\*As reported by Military Times, July/August 2015



# ‘Fighting Eagles’ Soldier runs to military service for American dream

By 2nd Lt. Gunbold Ligden  
3rd Armored Brigade Combat Team,  
4th Infantry Division

When Spc. David Kiplagat joined the Army, he did so with a specific purpose in mind, to give back to the nation that he feels has given him so much. Born in Kapsabet, Kenya, in 1984 and raised in a family of 11 siblings, he has seven brothers and three sisters. When he arrived in the U.S. in 2004, he attended the University of Alaska-Anchorage on an athletic scholarship for running and earned bachelor’s degrees in finance and economics, graduating in 2009. He followed that up with a master’s

degree in public administration in 2011. During his time in college, Kiplagat won a number of marathons in Alaska and his brother, Solomon Kandie, ran for Tulane University in New Orleans. Although Kiplagat’s education qualified him for a variety of career choices, he chose to enlist. He enlisted in the Army in 2013 through the Military Accessions Vital to National Interest (MAVNI) program. Authorized by the Department of Defense in 2009, the MAVNI program is a recruiting resource that allows legal non-citizens with in-demand skills to join the Army in exchange for expedited U.S. citizenship. The DOD emphasized the need

for qualified personnel who have language and/or medical skills. Kiplagat joined the 1st Battalion, 8th Infantry Regiment, in 2014 after completing advanced individual training at Fort Lee, Virginia. For Kiplagat, unit supply specialist, Headquarters and Headquarters Company, 1st Battalion, 8th Infantry Regiment, 3rd Armored Brigade Combat Team, 4th Infantry Division, military service was his realization of the American dream and a means to give back to the U.S. once he obtained his citizenship. “I wanted to give back to the nation because it paid for my education,” said Kiplagat. “I love this country. I saw an opportunity to give back, and I took it. It is so hard to get employed in Kenya.” As an immigrant, Kiplagat wanted to not only serve in the U.S. military but also exchange his gratitude for citizenship and green cards for his family. His family still resides in Kenya but is coming to stay with him next year. Capt. William J. Whelan, commander, Headquarters and Headquarters Company, said Kiplagat remains active as a long-distance runner. “This year he finished seventh



Photos courtesy of Spc. David Kiplagat

Spc. David Kiplagat, left, unit supply specialist, Headquarters and Headquarters Company, 1st Battalion, 8th Infantry Regiment, 3rd Armored Brigade Combat Team, 4th Infantry Division, runs with brothers Paul Rottich, middle, and Solomon Kandie in the 2015 Mayor’s Midnight Sun Marathon in Anchorage, Alaska. Kiplagat, a three-time champion of the marathon, used a running scholarship to the University of Alaska-Anchorage as a means to come to the U.S. After earning three degrees and his U.S. citizenship, Kiplagat decided he needed to earn his way further through service in the U.S. Army.

overall at the Marine Corps Marathon in Washington, D.C., and third in his division,” Whelan said. “He regularly runs between 60 and 80 miles a week for training and it is not uncommon for him to run 20 miles for physical training and then come for a full day of work with little to no loss of productivity. Kiplagat is always happy and his attitude is contagious.” Kiplagat said Fort Carson’s high-altitude training resources are priming him for further goals. “I am now training for the tryout for the World Class Athlete Program here on Fort Carson,” he said. 🏃



Spc. David Kiplagat, third from left, unit supply specialist, Headquarters and Headquarters Company, 1st Battalion, 8th Infantry Regiment, 3rd Armored Brigade Combat Team, 4th Infantry Division, shakes hands with then-Army Chief of Staff Gen. Raymond T. Odierno at the 2014 Army Ten-Miler ceremony in Washington, D.C. Kiplagat joined the 1st Bn., 8th Inf. Reg., in 2014 after completing advanced individual training.



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# 3ABCT deployment town halls focus on Families

**By Staff Sgt. Ange Desinor**  
3rd Armored Brigade Combat Team Public Affairs Office,  
4th Infantry Division

Providing information to Families was a priority for the 3rd Armored Brigade Combat Team, 4th Infantry Division, during predeployment town hall meetings held Dec. 2 and Dec. 7.

The town halls included brigade leaders and installation Family advocates who spoke directly to Soldiers and Family members about the

“This helps keep the Families’ minds at ease knowing that they have a support system to help cope with deployment and family separation.”

— Capt. Chase Rham

upcoming “Iron” Brigade deployment in January in support of Atlantic Resolve.

“The purpose of the town hall meeting was to communicate to Families the purpose of our mission,” said Capt. Chase Rham, family readiness liaison, 3rd ABCT. “Also to show them what resources are available to them on and off post while their Soldiers are deployed. We had multiple agencies who came to talk to them.”



Col. Christopher Norrie, commander, 3rd Armored Brigade Combat Team, 4th Infantry Division, speaks to Soldiers and families about the Iron Brigade’s upcoming deployment to Europe in support of Atlantic Resolve at McMahon Auditorium Dec. 7. The predeployment town hall gave leaders a chance to tell Families about the importance of the mission to Europe, answer questions and provide resources to help prepare for deployment.

The agencies participating in the town hall included Army Community Service, American Red Cross and Fort Carson Housing.

“This helps keep the Families’ minds at ease knowing that they have a support system to help cope with deployment and Family separation,” said Rham. “Everyone was thankful to hear from the agencies, brigade leaders and, most importantly, from the brigade commander.”

Col. Christopher Norrie, commander, 3rd ABCT, discussed the purpose of the unit’s nine-month mission, which includes movement of armored equipment through Europe. The brigade will also perform integration tasks before sending battalions to NATO countries.

“I am convinced this is the greatest brigade in the United States Army because we have the best Soldiers,” said Norrie. “Usually when Soldiers arrive in country, they get settled in and then start their mission. This time it will be a little different. We will first test out our equipment and weapons, verify and inspect them to ensure they’re ready for operation.”

The arrival of the Iron Brigade to Europe marks the beginning of continuous rotations of U.S.-based armored brigade combat teams to strengthen NATO defenses while deterring acts of aggression.

The brigade will operate in Poland, Germany, Estonia, Latvia, Lithuania, Romania, Bulgaria and Hungary.

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A photograph of a person wearing a helmet and riding a motorcycle on a paved road. The background shows a hazy, mountainous landscape.



## Military Briefs

### Ongoing

**Directorate of Public Works services** — Services range from repair and maintenance of facilities to equipping units with a sweeper and cleaning motor pools. Below are phone numbers and points of contact for services:

- **Facility repair/service orders** — Fort Carson Support Services service order desk can be reached at 526-5345. Use this number for emergencies or routine tasks and for reporting wind damage, damaged traffic signs or other facility damage.
- **Elevator maintenance** — Call the Fort Carson Support Services service order desk at 526-5345.
- **Refuse/trash and recycling** — Call Eric Bailey at 719-491-0218 or email [eric.e.bailey4.civ@mail.mil](mailto:eric.e.bailey4.civ@mail.mil) when needing trash or recycle containers, trash is overflowing or emergency service is required.
- **Facility custodial services** — Call Bryan Dorcey at 526-6670 or email [bryan.s.dorcey.civ@mail.mil](mailto:bryan.s.dorcey.civ@mail.mil) for service needs or to report complaints.
- **Motor pool sludge removal/disposal** — Call Dennis Frost at 526-6997 or email [dennis.j.frost.civ@mail.mil](mailto:dennis.j.frost.civ@mail.mil).
- **Self-help** — Call Terry Hagen at 526-9262 or email [terry.j.hagen.civ@mail.mil](mailto:terry.j.hagen.civ@mail.mil) for tool sign-up and assistance/guidance.
- **Troop construction** — Call Tony Haag at 526-2859 or email [anthony.d.haag.civ@mail.mil](mailto:anthony.d.haag.civ@mail.mil).
- **Base operations contracting officer representative** — Call Dan Jahnke at 524-0191 or email [daniel.j.jahnke.civ@mail.mil](mailto:daniel.j.jahnke.civ@mail.mil) for questions on snow removal, grounds maintenance and contractor response to service orders.
- **Portable latrines** — Contact Jerald Just at 524-0786 or [gerald.j.just.civ@mail.mil](mailto:gerald.j.just.civ@mail.mil) to request, for service or to report damaged or overturned latrines.
- **Signs** — Call Jim Diorio, Fort Carson Support Services, at 896-0797 or 524-2924, or email [jdiorio@thservicesllc.com](mailto:jdiorio@thservicesllc.com) to request a facility, parking or regulatory traffic sign.

**Sergeant Audie Murphy Club** — The Fort Carson Sergeant Audie Murphy Club meets the second Tuesday of each month from 11:30 a.m. to 12:30 p.m. at Evans Army Community Hospital in the Aspen Room. The club is named after Audie Leon Murphy, the most highly-decorated Soldier in American history. To be a member, a Soldier must be recognized as an NCO of the highest quality, demonstrating both leadership and performance. Armywide, SAMC membership reflects the top 1 to 2 percent of NCOs. Email [pao@samampc.org](mailto:pao@samampc.org) for more information.

### Briefings

**Casualty Notification/Assistance Officer training** — The 4th Infantry Division and Fort Carson commanding general has directed all Soldiers, sergeant first class through command sergeant major, chief warrant officer 2-5 and officers, captain and above, to attend Casualty Assistance Officer and Casualty Notification Officer Training. The three-day training course is held monthly at Veterans Chapel. Soldiers must register through their school NCO to attend this training. Call 526-4551 for more information.

**Retirement briefings** — are available at <http://www.carson.army.mil/dhr/DHR/MPD/PPB/RetirementServices.html>. Call 526-2840 for details.

**ETS briefings** — are available at <http://www.carson.army.mil/dhr/DHR/MPD/PPB/Transitions.html>. Call 526-2240/ 8458 for more information.

**Reassignment briefings** — are available at <http://www.carson.army.mil/dhr/DHR/MPD/PPB/Briefings/Levy.html>.

**Hiring Our Heroes Corporate Fellowship Career Skills Program** — The 12-week program partners eligible/selected transitioning Soldiers with local companies in management or professional internships. Participants spend time in a classroom environment gaining valuable corporate skills and management certifications. This program is designed for active-duty Soldiers within 180 days of transition, available to work shortly after completion of the program and who hold a bachelor's degree or equivalent experience in

### Of note

**Free commercial driver's license training** — Teamsters Military Assistance Program/ABF Freight Commercial Driver's License training program establishes a direct pathway for transitioning Soldiers to secure high-quality, skills-based training in commercial driving and enter immediate employment with ABF Freight upon transition. This six-week intensive career skills training program is a combination of in-classroom learning and practical driving and maneuvers. The program is free to eligible transitioning Soldiers within 180 days of transitioning from active service. Interested Soldiers are encouraged to attend an information

a military field or an associate's degree with 10 years of equivalent experience. Interested Soldiers are encouraged to attend an information session held the third Wednesday of each month at 10 a.m. in the education center, building 1117, room 112.

**Disposition Services** — Defense Logistics Agency (DLA) Disposition Services Colorado Springs, in building 324, 1475 Wickersham Blvd., conducts orientations as required. Orientations discuss DLA processes to include turning in excess property, reutilizing government property, web-based tools available, special handling of property and environmental needs. To schedule an orientation, contact Allen Kirkpatrick, [allen.kirkpatrick@dla.mil](mailto:allen.kirkpatrick@dla.mil), for environmental requirements; Jason Graffi, [jason.graffi@dla.mil](mailto:jason.graffi@dla.mil), for receiving/turn in; David Sams, [david.sams@dla.mil](mailto:david.sams@dla.mil) for reutilization/web tools.

**Army ROTC Green-to-Gold briefings** — are held the first and third Tuesday of each month at noon at the education center, building 1117, room 120. Call University of Colorado-Colorado Springs Army ROTC at 262-3475 for more information.

### Hours of operation

**Soldier for Life Transition Assistance Program (SFL-TAP)** — has combined several services at one location and is open Monday-Friday 7:30 a.m. to 4 p.m.; open training holidays but closed on federal holidays. Call 526-1002/6465 to schedule a predeployment brief

or a professional development brief. Visit <http://facebook.com/FortCarsonSFLTAP> for upcoming job fairs and job postings.

- **SFL-TAP Center, building 6237, room 100, 1626 Elwell Street near Carson Middle School, 526-1002** — services include a computer lab to complete the pre-separation video at <http://www.sfl-tap.army.mil>; initial counseling Tuesday from 8-9:30 a.m. and 2-3:30 p.m.; Wednesday-Thursday from 8-9:30 a.m., 10-11:30 a.m. and 2-3:30 p.m.; and Friday from 8-9:30 a.m.; Individual Transition Plan/CAPSTONE review Thursday from 1-2 p.m.; and clearing (only location to clear), Monday-Friday from 9 a.m. to 3 p.m.
- **Transition services in building 6237** — include mandatory weekly five-day program which covers transition overview, Military Occupational Skill Crosswalk, financial planning, U.S. Department of Labor employment workshop and Veterans Affairs benefits; career counseling; transition resources; job fairs, resource fairs and Employer Days.
- **Transition services in building 1118, room 133** — Biweekly elective classes available following the five-day TAP program include social networking, Bring Your "A" Game, employer day, advanced résumé, federal résumé, interview techniques and dress for success. Two-day tracks consist of entrepreneurship and technical.
- **Soldier Family Assistance Center, building 7492, 524-7309/7310** — services are for Warrior Transition Unit Soldiers.

**Joint Personal Property Shipping Office (JPPSO)** — is open Monday-Thursday from 7:30 a.m. to 4 p.m. and Friday 9 a.m. to 4 p.m. in building 1012.

**Logistics Readiness Center Supply and Services**

- **Central issue facility, building 1525** — Monday-Friday, 7:30 a.m. to noon and 12:30-4 p.m. Last customer is served at 3:30 p.m.
- **Reparable exchange/directed exchange or turn-in**

session which is held every Thursday at 1:30 p.m. in the education center, building 1117, room 309.

**Substance abuse care** — Soldiers seeking substance abuse assistance can call 526-2862 or visit the new Behavioral Health Addiction Medicine office located in building 1056 on O'Connell Boulevard. Call 911 for emergencies. Substance use disorder clinical care treatment is now in the medical realm while U.S. Army Installation Management Command retains responsibility of the Army Substance Abuse Program (ASAP) drug testing and deterrence, alcohol and drug abuse prevention training, and the ASAP training curriculum. Visit <http://www.evans.amedd.army.mil/publicaffairs/webzines/2016/SUDCC.pdf> for more information on the recent changes.

— Monday-Friday, 7:30 a.m. to noon and 12:30-4 p.m. on a walk-in basis. For faster turn-in service, call 526-3321 for an appointment.

- **Ammunition supply point, building 9370** — Monday-Friday, 7:30 a.m. to noon and 1-4 p.m. Last issue/turn-in to ASP is at 2:30 p.m.; exceptions coordinated on case-by-case basis.
- **Subsistence Support Management Office, building 350** — Monday-Friday, 7:30 a.m. to noon and 12:30-4 p.m.; call 526-4086/5195.
- **Post Supply Support Activity, building 330** — Monday-Friday, 7:30 a.m. to noon and 12:30-4 p.m. Last customer served at 3:30 p.m.; call 526-9094.
- **Installation Property Book Office, building 330** — Monday-Friday, 7:30 a.m. to noon and 12:30-4 p.m.; call 526-5984.
- **Post Laundry, building 310** — Monday-Friday, 7:30 a.m. to noon and 12:30-4 p.m. Last customer served at 3:30 p.m.; call 526-8803.
- **Bulk fuel point** — Monday-Friday, 8 a.m. to midnight.
- **Hazardous Material Control Center, building 400/406** — Monday-Friday, 7:30 a.m. to 4 p.m. Contact administration operations at 526-5349 or the warehouse at 526-2979.

**DPW Work Management Branch** — located in building 1219, is responsible for processing work orders — Facilities Engineering Work Requests, DA Form 4283 — is open for processing work orders and other in-person support from 7-11:30 a.m. Monday-Friday. Afternoon customer support is by appointment only, call 526-2900.

**The Fort Carson Trial Defense Service office** — is able to help Soldiers 24/7 and is located in building 2354. During duty hours, Soldiers should call 526-4563. The 24-hour phone number for after hours, holidays and weekends is 526-0051.

**Medical Activity Correspondence Department office hours** — The Correspondence (Release of Information) Office in the Patient Administration Division hours are Monday-Wednesday and Friday 7:30 a.m. to 5 p.m., and Thursday from 7:30 a.m. to 12:30 p.m.; closed all federal holidays. Call 526-7322 or 526-7284 for details.

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**Claims Office hours** — are Monday-Friday, 9 a.m. to noon and 1-4 p.m., located on the first floor of building 6222, 1633 Mekong St. Shipment under Full Replace Value claimants must report the additional loss or damage listed on After Delivery Form 1851 directly to the transportation service provider by fax or report on the Defense Personal Property System line within 75 days. Claims must be submitted through <http://www.move.mil> within nine months for FRV compensation for certain items. All other claims, submit to Fort Carson Claims Office within two years of delivery or date of incident. Direct questions to 526-1355.

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# Community



**Below:** Soldiers with the 984th Military Police Company, 759th MP Battalion, unload food, clothing, supplies and toys at the Crawford House following their holiday ruck march Monday.

**Above:** Sgt. William Castaneda, detainee operations NCO, 984th Military Police Company, 759th MP Battalion, and 140 of his unit members and Family, carry food, clothing and supplies down Costilla Street during the company's holiday ruck march Monday.



## Ruck march doubles as food, toy drive

Story and photos by Scott Prater  
Mountaineer staff

Ruck marching appeals to few Soldiers, especially if it's conducted in subfreezing temperatures. The activity can be grueling, arduous and exhausting as Soldiers typically stuff their rucks with more than 60 pounds of food, clothing and supplies before marching for miles.

But, on Monday morning, roughly 140 Soldiers attached to the 984th Military Police Company, 759th MP Battalion, showed up at Colorado Springs' Memorial Park in a jolly mood. Many even brought Family members to participate in the ruck march. They donned Santa hats and festive sweaters, and some even blared holiday music through their boom boxes. The group started near the tennis courts and marched more than a mile through the neighborhood south of the park before arriving at their destination downtown.

Instead of military supplies, their rucks held toys, books, clothes, hats, gloves and winter coats, items very much in need by veterans who reside at a downtown veterans' support center known as the Crawford House.

"This fall, company leadership and MPs kind of got together and brainstormed about what we could do to support our community during the holidays, and helping the veterans at the Crawford House seemed like the best idea," said Capt. Orlando Castaneda, 984th MP company commander. "These are people much like us, who have served in the military and are having some rough times. They need and deserve whatever we can do for them."

The Crawford House was established in 2001 and is managed by the Colorado Veterans Resource Coalition. It was named after Master Sgt. William Crawford, a World War II Medal of Honor recipient, and provides emergency housing for veterans in the Colorado Springs area who are homeless and receiving Veterans Affairs-provided mental health care. A few of its residents have children living with them, so it was important for the MPs to also bring a few items to put under residents' trees.

Once the group arrived at Crawford House they joined residents and administrators outside for hot coffee and holiday revelry.

Then it was time to unload.

Spc. Melanie Adamski pulled a couple of toddler scooters out of her ruck, while Spc. Shaun Hyde unpacked dry foods, cans of soups, a flashlight, gloves and socks. Each company platoon was tasked with providing a different type of item. By the time the rucks were empty, a large table inside the Crawford House kitchen could barely hold the stacks of supplies, toys and food.

"A lot of our Soldiers help out at soup kitchens and other places that provided assistance to community members and not just during the holidays or just for the volunteer hours," Adamski said. "This type of effort provides a chance for us to give our time and do something extra that's positive and selfless."

Castaneda reiterated that the clothing, food and toy drive effort was planned and executed by the entire company, and that it was a small part in assisting an agency that fills an important need in the community.

"These (veterans) were active duty at some point and this is our way of thanking them," he said. "Many have issues that have stemmed from deployments and some need help coping. The Crawford House offers them classes and counseling to help with those issues and assists them in integrating back into civilian life." 🐾



# Celebrating volunteers



Photos by Lally Laksbergs

*Above:* Maj. Gen. Ryan F. Gonsalves, commanding general, 4th Infantry Division and Fort Carson; his wife, Janet; Command Sgt. Maj. Michael A. Crosby, 4th Inf. Div. and Fort Carson; Garrison Commander Col. Ronald P. Fitch Jr.; his wife, Jennifer; and Garrison Command Sgt. Maj. David Burton; welcome guests in the receiving line at the annual Fort Carson Volunteer Holiday Social Tuesday at the William “Bill” Reed Special Events Center. *Left:* Door prizes are on display at the volunteer holiday social Dec. 13. The annual event that honors volunteers for donating their time and efforts included a luncheon, entertainment, games, door prizes and a visit from Mr. and Mrs. Santa Claus. More than 250 guests attended.

## Wolf DFAC to serve holiday meal Dec. 25

Mountaineer staff

Food service specialists at the James R. Wolf Dining Facility (DFAC) will serve a special Christmas meal from 9:30 a.m. to 1 p.m. Dec. 25. The price for the holiday meal is \$9.05 per person; \$6.80 for Family members of corporals and below, the standard holiday rate. There is no charge for meal card holders. The Christmas meal will include roast steamship

round, buttered lobster tail, fried shrimp, roast ham, rotisserie chicken, penne and cheese, duchess potatoes, bacon wrapped asparagus, ginger glazed carrots, apple cobbler, cream cheese pinwheels, Russian tea cakes, pumpkin pie and red velvet cupcakes. The Wolf DFAC is located in building 2330 on Specker Avenue. The other post dining facilities served their holiday meals Thursday prior to beginning their half-day holiday schedules. 🍷

### Fort Carson dining facilities hours of operation

DFAC	Stack	Wolf	Warfighter (Wilderness Road)	LaRoche11e 10th SFG(A)
Dec. 16	Breakfast: 7-9 a.m. Lunch: 11:30 a.m. to 1 p.m. Dinner: Closed	Breakfast: 7-9 a.m. Lunch: 11:30 a.m. to 1 p.m. Dinner: 5-6:30 p.m.	Breakfast: 7-9 a.m. Lunch: 11:30 a.m. to 1 p.m. Dinner: 5-6:30 p.m.	Breakfast: 7-9 a.m. Lunch: 11:30 a.m. to 1 p.m. Dinner: Closed
Dec. 17-18	Closed	Brunch: 9:30 a.m. to 1 p.m. Supper: 5-6:30 p.m.	Breakfast: 7-9 a.m. Lunch: 11:30 a.m. to 1 p.m. Dinner: 5-6:30 p.m.	Closed
Dec. 19-22	Breakfast: 7-9 a.m. Lunch: 11:30 a.m. to 1 p.m. Dinner: 5-6:30 p.m.	Breakfast: 7-9 a.m. Lunch: 11:30 a.m. to 1 p.m. Dinner: 5-6:30 p.m.	Breakfast: 7-9 a.m. Lunch: 11:30 a.m. to 1 p.m. Dinner: 5-6:30 p.m.	Breakfast: 7-9 a.m. Lunch: 11:30 a.m. to 1 p.m. Dinner: Closed
Dec. 23	Closed	Brunch: 9:30 a.m. to 1 p.m. Supper: 5-6:30 p.m.	Breakfast: 7-9 a.m. Lunch: 11:30 a.m. to 1 p.m. Dinner: 5-6:30 p.m.	Closed
Dec. 24	Closed	Brunch: 9:30 a.m. to 1 p.m. Supper: 5-6:30 p.m.	Closed	Closed
Dec. 25	Closed	Holiday meal: 9:30 a.m. to 1 p.m. Supper: 5-6:30 p.m.	Closed	Closed
Dec. 26	Closed	Brunch: 9:30 a.m. to 1 p.m. Supper: 5-6:30 p.m.	Breakfast: 7-9 a.m. Lunch: 11:30 a.m. to 1 p.m. Dinner: 5-6:30 p.m.	Closed
Dec. 27-29	Breakfast: 7-9 a.m. Lunch: 11:30 a.m. to 1 p.m. Dinner: 5-6:30 p.m.	Breakfast: 7-9 a.m. Lunch: 11:30 a.m. to 1 p.m. Dinner: Closed	Breakfast: 7-9 a.m. Lunch: 11:30 a.m. to 1 p.m. Dinner: 5-6:30 p.m.	Breakfast: 7-9 a.m. Lunch: 11:30 a.m. to 1 p.m. Dinner: Closed
Dec. 30 to Jan. 2	Brunch: 9:30 a.m. to 1 p.m. Supper: 5-6:30 p.m.	Closed	Breakfast: 7-9 a.m. Lunch: 11:30 a.m. to 1 p.m. Dinner: 5-6:30 p.m.	Closed
Jan. 3-5	Breakfast: 7-9 a.m. Lunch: 11:30 a.m. to 1 p.m. Dinner: 5-6:30 p.m.	Breakfast: 7-9 a.m. Lunch: 11:30 a.m. to 1 p.m. Dinner: 5-6:30 p.m.	Breakfast: 7-9 a.m. Lunch: 11:30 a.m. to 1 p.m. Dinner: 5-6:30 p.m.	Breakfast: 7-9 a.m. Lunch: 11:30 a.m. to 1 p.m. Dinner: Closed



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# DES highlight

*Editor's note: The following article was written by the Directorate of Emergency Services division chiefs to inform the Fort Carson community of current policies and procedures.*

### Emergency Communications Center

**Winter survival kit** — Since we don't all get to live in Florida, it is critical to prepare a winter survival kit for the car. Taking the time to prepare now could save your life and the lives of your passengers.

The survival kit should be put in a waterproof container and stored in the passenger compartment of the vehicle if possible. The kit should include:

- ❖ Small shovel
- ❖ Windshield scraper and small broom
- ❖ Flashlight and extra batteries
- ❖ Water
- ❖ Food that will not spoil, such as energy bars, raisins, small candies and beef jerky
- ❖ Matches and small candles
- ❖ Extra hats, gloves, scarves and socks
- ❖ First aid kit
- ❖ Necessary medications
- ❖ Blankets or sleeping bags
- ❖ Tow chain or strap
- ❖ Road salt, sand or kitty litter for traction
- ❖ Jumper cables
- ❖ Emergency flares or reflectors
- ❖ Fluorescent distress flag
- ❖ Cell phone
- ❖ Cell phone battery charger

### Additional safety tips to consider:

- ❖ Keep track of where you are. If you need to call 911, provide location, condition of everyone in the vehicle and the problem you are experiencing. Follow the dispatcher's instructions as you may be told to stay where you are until help arrives.
- ❖ Refill the gas tank when you get to half full. Having half a tank of gas left to keep warm may save your life.
- ❖ Be easy to find. If you must travel during a winter storm, tell someone where you are going and what route you will be taking.
- ❖ If you get stuck, tie the fluorescent distress flag onto the outside of the vehicle. At night, keep the dome light on because rescue crews will be able to see the glow from a distance. To reduce battery drain, use emergency flashers only when you hear vehicles approaching. If you are with someone else, make sure at least one person stays awake and keeps watch for help at all times.
- ❖ Stay in your vehicle. Walking in a storm can be dangerous. You can easily become disoriented and get lost. Your vehicle is a good shelter.
- ❖ Snow can plug up your vehicle's exhaust system and cause deadly carbon monoxide gas to enter the vehicle. Run the engine for only 10 minutes per hour and make sure the exhaust pipe is free of snow. It is a good idea to keep a window cracked while running the engine.

### Fire and emergency services

**Holiday home safety** — The Fort Carson Fire and Emergency Services staff wishes everyone a safe and happy holiday season. Following these holiday safety tips can help ensure that your Family has a memorable season:

- ❖ Never use lighted candles near trees, wreaths or other flammable decorations.
- ❖ When using a "real" tree ensure that it is held in a sturdy stand and keep the stand full of water so that the tree does not dry out, creating a fire hazard.
- ❖ Keep all trees away from fireplaces, radiators and other heat sources. Also, make sure the tree does not block exits out of the house.
- ❖ If using an artificial tree, choose one that has been tested by Underwriter's Laboratory (UL).
- ❖ Only use lights that are UL tested and unplug lights when you are not home or before going to bed.
- ❖ Avoid "overloading" lights and use approved extension cords and surge protection.

### Security access control

All Fort Carson personnel are reminded to review the 4th Infantry Division and Fort Carson crime prevention policy, Command Policy Memorandum PMO-01. This memo identifies some basic techniques to protect Army and personal property. It requires that Army property will be secured in

accordance with applicable regulations, and prohibits the storage of CTA-50 equipment in privately owned vehicles. It also provides guidance on the use of Fort Carson Form 2031-E, the Personal Property Record, which is mandatory for all Soldiers living in the barracks. Finally, it gives commanders some web links to help develop their unit crime prevention programs. The policy letter is available on the Iron Horse Portal under the Command Policy Letters folder.

### Police and Provost Marshal Division

**Be proactive** — Criminals will be out in full force taking advantage of full parking lots at shopping centers across the country during the holiday season. Many thefts from motor vehicles occur when the operator has not taken proactive measures to ensure the security of their property.

While the average individual cannot do anything to completely eliminate the chances of items being stolen from their vehicle, there are proactive steps that can be taken to reduce the risk of property being stolen. By parking in a well-lit area, ensuring you have removed valuables from your vehicle (GPS devices, cell phones, wallets, computers, etc), and double-checking to ensure the vehicle is locked, you will be less of a target for theft.



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# STEADFAST AND LOYAL

*A special insert celebrating the start of the 4th Infantry Division's centennial year*

## Legacy dates back to WWI

4th Infantry Division Public Affairs Office

The proud heritage of the 4th Infantry Division begins in World War I with the creation of active-duty divisions in the regular Army, rather than calling up units from states as had been done in the Mexican, Civil and Spanish American Wars.

The story begins as America, which had been neutral during the Great War in Europe in 1917, decided to enter the war to support the Allies.

Filled with draftees, the 4th Division, whose insignia had been adopted by its first commanding general, Maj. Gen. George H. Cameron, became known as the "Ivy" Division.

### World War I

In April 1918, the Ivy Division embarked to fight in France in World War I. By the time the Great War ended some months hence, the Ivy Division would serve with distinction. It was the only American combat force to serve with both the French and the British in their respective sectors, as well as with all corps in the American sector.

When the war ended, Nov. 11, 1918, the Ivy Division had earned five battle streamers. Over 2,000 division men had been killed in action; total casualties were almost 14,000.

Sgt. William Shemin would be posthumously presented the Medal of Honor for his actions while serving as a rifleman during the Aisne-Marne Offensive, earning the 4th Inf. Div.'s only Medal of Honor during World War I.

The 4th Division inactivated at Camp Lewis, Washington, as part of the Army Reorganization Act of 1920.

### World War II

As war clouds engulfed Europe prior to World War II, the 4th Division reactivated June 1, 1940, at Fort Benning, Georgia. Chosen as the spearhead amphibious division of the D-Day landing on the Normandy coast of France, the men of the reflagged 4th Infantry Division stormed ashore at H-Hour (6:30 a.m.) on a stretch of the French coast named — for this operation and forever after — Utah Beach. It was for his actions that day that the assistant division commander, Brig. Gen. Theodore Roosevelt Jr., earned the division's first Medal of Honor for actions in World War II.

On Sept. 11, 1944, a patrol from the 4th Inf. Div. became the first Allied ground force to enter Germany. Fighting in the Siegfried Line followed. Mid-November found the division in the bloodiest battle of its history. The most grueling battle in Europe was fought in the Hürtgen Forest. Fighting in the cold rain and snow and in a forest of pine and fir trees 150 feet in height, the Ivy Soldiers slugged it out



**4th Infantry Division troops leave landing crafts onto Utah Beach, France, June 6, 1944.**

yard-by-yard and day-by-day against determined German artillery and infantry resistance.

By the end of the war, May 8, 1945, the 4th Inf. Div. had participated in all of the World War II campaigns — from the Normandy Beach through Germany. Five more battle streamers were added to the division colors and Ivy Soldiers who served during this period were authorized to wear the five campaign stars of Normandy, Northern France, Rhineland, Ardennes and Central Europe.

The division suffered almost 22,000 battle casualties and more than 34,000 total casualties, including more than 5,000 who were killed or died of injuries during the 4th Inf. Div.'s 11 months of fighting across Europe. For 199 straight days, the 4th Inf. Div. was in constant contact with the Germans, and five division Soldiers were presented the Medal of Honor for their actions above and beyond the call of duty.

### Cold War

The Cold War found the 4th Inf. Div. again standing tall in defense of freedom. While America's armed forces fought the Communists in Korea, the Ivy Division returned to Germany in 1950, and for the next six years stood strong against the Communist threat to Western Europe. After returning

to the U.S. in 1956, the division trained at Fort Lewis, Washington, for the next time they would be called into battle: Vietnam, in the late summer of 1966, 22 years and two months after the Ivy Division landed on Utah Beach.

### Vietnam

In August 1966, led by the 2nd Brigade, the Ivy Division headquarters closed into the central highlands of Vietnam. On Sept. 25, 1966, the division began a combat assignment against the North Vietnamese that would not end until Dec. 7, 1970.

With the largest assigned area of operations of any division in Vietnam, the Ivy Division was charged with screening the border of South Vietnam as the first line of defense against infiltration down the Ho Chi Minh trail through Laos and Cambodia, and to pre-empt any offensive on the more populated lowlands. Triple canopy jungles, extreme heat and seasonal monsoons were constant challenges to the division as were the North Vietnamese Regulars and Viet Cong. By the time the Ivy Division completed its assignment in Vietnam and arrived at Fort Carson at the end of 1970, 2,497 Ivy Soldiers had been killed and 15,229 had been wounded. Twelve Ivy Division Soldiers would be presented the Medal of Honor for their bravery during this period.

Resuming training and Cold War missions, the 4th Inf. Div. remained stationed at Fort Carson from 1970 through 1995. During this period, the division was converted to a mechanized organization and frequently sent units to Europe to continue the Cold War mission of standing against the Communist threat. It was during its time at Fort Carson that the division assumed the nickname "Iron Horse." The 4th Inf. Div. relocated to Fort Hood, Texas, in 1995, where it joined the Task Force XXI Advanced Warfighting Experiment to modernize Army warfare.

### Operation Iraqi Freedom

On Jan. 18, 2003, under the leadership of Maj. Gen. Raymond T. Odierno, the 4th Inf. Div. was given the deployment order for movement to Iraq as part of Operation Iraqi Freedom (OIF).

During the yearlong deployment from March 2003 to April 2004, the division and other Task Force Iron Horse units carried out





# 100 YEARS OF EXCELLENCE

World War I  
1918



World War II  
1944-45



Cold War  
1950-1956  
1970-1995



Vietnam  
1966-1970



Atlantic Resolve  
2015 to present



Afghanistan  
2013-2014



Iraq  
2003-2011



## 1917-2017

LEADERSHIP MILESTONES

**Maj. Gen. George H. Cameron**  
First division commanding general,  
Dec. 3, 1917 to Aug. 16, 1918



**Command Sgt. Maj. Lawrence T. Hickey**  
First division command sergeant major, 1968-1970

**Maj. Gen. Dennis J. Reimer**  
Division commanding general 1988-1990 and Army chief of staff from 1995-1999



**Gen. Raymond T. Odierno**  
Division commanding general 2001-2004 and Army chief of staff from 2011-2014

**CSM Daniel A. Dailey**  
Division command sergeant major from 2009-2011 and became 15th sergeant major of the Army Jan. 30, 2015



**Maj. Gen. Ryan F. Gonsalves**  
Became division commanding general May 14, 2015

**Command Sgt. Maj. Michael A. Crosby**  
Became division command sergeant major May 14, 2015



**Dec. 10, 1917**  
The 4th Division was organized at Camp Greene, North Carolina, under the command of Maj. Gen. George H. Cameron. It was here the division adopted its distinctive insignia, the four ivy leaves, from the Roman numeral IV.



**Nov. 11, 1918**  
World War I ended 359 days after the 4th Division was formed. The division earned five battle streamers and over 2,000 officers and men were killed in action. Total casualties nearly 14,000.

**June 1, 1940**  
The 4th Division was reactivated at Fort Benning, Georgia.



**June 6, 1944**  
The 4th Infantry Division assaulted the northern coast of German-held France during the Normandy landings, landing at Utah Beach.



**1950**  
The 4th Infantry Division returned to Germany in 1950 and for the next six years stood strong against the Communist threat to Western Europe.

**Sept. 25, 1966**  
The 4th Infantry Division deployed from Fort Lewis, Washington, to Camp Holloway, Pleiku, Vietnam, and served more than four years, returning to Fort Carson Dec. 8, 1970.



**Dec. 13, 2003**  
The 4th Infantry Division, in coordination with a special operations unit, captured Saddam Hussein, the former president of Iraq.

**Jan. 18, 2003**  
The 4th Infantry Division, under the leadership of Maj. Gen. Raymond T. Odierno, was given the deployment order for movement to Iraq as part of Operation Iraqi Freedom.



**Feb. 13, 2015**  
100 Soldiers from the "Iron Horse" Division arrived in Grafenwöhr, Germany, in support of Atlantic Resolve. The Mission Command Element served as the intermediate headquarters for U.S. Army Europe under the Army's new Regionally Aligned Force concept.

**July 8, 2013**  
The "Ivy" Division took command of Regional Command-South at Kandahar Airfield, Afghanistan.



100

From Page 4ID-1

aggressive offensive operations designed to hunt down the last holdouts of the old regime. At the same time, the mighty 4th had the massive job of rebuilding the infrastructure of the many villages within their area of operations and re-establishing a governmental structure. During Operation Red Dawn, conducted Dec. 13, 2003, in coordination with a special operations unit, the 4th Inf. Div. captured Saddam Hussein, the former president of Iraq. His capture has been described by the news media as the No. 1 news story of 2003.

The 4th Inf. Div. returned to Iraq starting in the fall of 2005, this time to Baghdad in support of OIF 05-06 where Maj. Gen. James D. Thurman led Multi-National Division-Baghdad (MND-B), with the 4th Inf. Div. as the command component. With attached units, MND-B numbered more than 30,000 personnel and was responsible for the largest population area of Iraq, including the always volatile city of Baghdad. In December 2006, the division again returned home.

On Dec. 19, 2007, Task Force Iron Horse again assumed command of MND-B with a 15-month mission to exploit the gains made during the “surge” in 2007. The mission in support of OIF 07-09 was defined as clear, control, retain and transition. In a Christmas letter, 4th Inf. Div. Commanding General Maj. Gen. Jeffery W. Hammond explained the challenge for the 4th Inf. Div.’s mission was “to continue to build upon the momentum built by Soldiers of Multi-National Division-Baghdad. To do this we must, first and foremost, in partnership with the Iraqi Security Forces, continue to protect the Iraqi people, aggressively hunt the enemy down, and build upon the partnerships with the Iraqi people, their security services and the local and provincial governments ...”

Through the summer, fall and winter, work continued to transition the lead from coalition to Iraqi Security Forces (ISF) and the 4th Inf. Div. and MND-B prepared to turn over the lead to the ISF Jan. 1, 2009. This was accomplished on schedule with the ISF taking the lead as the new year arrived. On New Year’s Eve 2008, Baghdad conducted successful provincial elections without a significant enemy attack, and a few months later, the 4th Inf. Div. again returned to Fort Hood, ending their its deployment to Iraq since 2003.

In the three deployments to Iraq, 84 Task Force Iron Horse Soldiers made the ultimate sacrifice in 2003-2004, 235 4th Inf. Div. Soldiers lost their lives in 2005-2006 and 113 were killed in 2007-2009.

**Operation New Dawn**  
In July 2009, Maj. Gen. David G. Perkins took command of the 4th Inf. Div. With this change of command, the Iron Horse Division completed 14 years calling Fort Hood home and returned to Fort Carson, where the Iron Horse Division began to prepare for its fourth deployment to Iraq in less than eight years.

As the sole commanding general in northern Iraq, Perkins and the Iron Horse Task Force were charged with maintaining the momentum of Iraq’s security forces and setting conditions for the smooth transition to an embassy-led mission, advising and training Iraqi security elements on intelligence collection, medical training and counterterrorism tactics. The 4th Inf. Div. furled and cased its colors Oct. 20, 2011, at Contingency Operating Base Speicher, Iraq, signifying the end of its 13-month mission in support of Operation New Dawn.

**Operation Enduring Freedom**  
Upon the division’s return to Fort Carson, Maj. Gen. Joseph Anderson assumed command, Nov. 16, 2011, and the 4th Inf. Div. began resetting, refitting and training to deploy as required to serve the nation for its next mission.

During this time, the division’s newly reflagged and reorganized 4th Infantry Brigade Combat Team (BCT) deployed to Afghanistan in support of Operation Enduring Freedom.

Two Soldiers from the “Warrior” Brigade were presented the Medal of Honor for their valor in the 2009 Battle of Kamdesh. Staff Sgts. Clinton L. Romesha and Ty Michael Carter received the nation’s highest military award for extraordinary gallantry and selfless actions during the Battle of Kamdesh at Combat Outpost Keating, Afghanistan, Oct. 3, 2009.

Another Warrior Brigade Soldier, Capt. Florent Groberg, also received the Medal of Honor, for his actions in Afghanistan, Aug. 8, 2012.

Maj. Gen. Paul LaCamera, assumed command of the 4th Inf. Div. and Fort Carson March 14, 2013. Under the watch of LaCamera, the Iron Horse Division took control of Regional Command-South at Kandahar Airfield, Afghanistan, from July 8, 2013, until July 7, 2014, and since 2013, three 4th Inf. Div. BCTs have deployed to Kuwait in support of Operation Spartan Shield.



Photo by Staff Sgt. Whitney Houston

**Spc. Jon Sweatt, infantryman, Company C, 1st Battalion, 12th Infantry Regiment, 4th Infantry Brigade Combat Team, 4th Infantry Division, pulls security in Morghan Kachah, Afghanistan, while on a joint patrol with the Afghan Uniformed Police, Aug. 18, 2014.**

**Atlantic Resolve**  
On Feb. 13, 2015, nearly 100 Soldiers from the Iron Horse Division arrived in Grafenwöhr, Germany, in support of Atlantic Resolve, and Maj. Gen. Ryan F. Gonsalves assumed command of 4th Inf. Div. and Fort Carson, May 14, 2015.

The Mission Command Element (MCE) serves as the intermediate headquarters for U.S. Army Europe under the Army’s new Regionally Aligned Force concept. The MCE is a headquarters element designed to provide command and control for all U.S. ground forces participating in the Atlantic Resolve footprint spread throughout eastern Europe.

**100 years of service**  
As the 4th Inf. Div. celebrates its 99th anniversary, Iron Horse Soldiers are looking forward to the division’s 100 years of distinguished service to the nation. In 2016, the 2nd Infantry Brigade Combat Team and 4th Combat Aviation Brigade returned home from deployments in Afghanistan, Iraq and Europe, having completed nine-month rotations providing dedicated training support to their host nations. A team of combat-focused Soldiers and resilient military Families, the 4th Inf. Div. continues to answer the nation’s call, whenever and wherever called.

The 4th Inf. Div. and Fort Carson Soldiers are the standard bearers for contingency operations around the world. From the origins of the Roman numeral IV, to the transitional nickname “Iron Horse,” in recognition of readiness for contingency deployments worldwide, 4th Infantry Division remains “Steadfast and Loyal.” ♦

CAMPAIGNS AND DECORATIONS

Campaigns	
<b>World War I</b> Aisne-Marne St. Mihiel Meuse-Argonne Champagne 1918 Lorraine 1918	Transition of Iraq, 2003-2004 Iraqi Governance, 2004-2007 National Resolution, 2005-2007 Iraqi Surge, 2007-2008
<b>World War II</b> Normandy Northern France Rhineland Ardennes-Alsace Central Europe	<b>Division decorations</b> Presidential Unit Citation (Army) for Plieku Province (1st Brigade) Presidential Unit Citation (Army) for Dak to District (1st Brigade) Belgian Fourragere, 1940 Cited in the Order of the Day of the Belgian Army for action in Belgium Cited in the Order of the Day of the Belgian Army for action in the Ardenes Republic of Vietnam Cross of Gallantry with Palm for Vietnam, 1966-1969 Republic of Vietnam Cross of Gallantry with Palm for Vietnam, 1969-1970 Republic of Vietnam Civil Action Honor Medal, First Class for Vietnam, 1966-1969 Army Superior Unit Award (selected units) for Force XXI Test and Evaluation, 1995-1996 Valorous Unit Award (1st Brigade Combat Team and supporting units) for Operation Red Dawn, Iraq, 2003
<b>Vietnam</b> Counteroffensive, Phase II Counteroffensive, Phase III Tet Counteroffensive Counteroffensive, Phase IV Counteroffensive, Phase V Counteroffensive, Phase VI Tet 69/Counteroffensive Summer-Fall 1969 Winter-Spring 1970 Sanctuary Counteroffensive Counteroffensive, Phase VII	
<b>Iraq War</b> Liberation of Iraq, 2003	

MEDALS OF HONOR

<b>World War I</b> Sgt. William Shemin Company G, 47th Infantry	<b>Spec. 4 Donald W. Evans Jr.</b> Company A, 2nd Battalion, 12th Infantry	<b>Sgt. Anund C. Roark</b> Company C, 1st Battalion, 12th Infantry
<b>World War II</b> Staff Sgt. Marcario Garcia Company B, 22nd Infantry	<b>Platoon Sgt. Bruce Alan Grandstaff</b> Company B, 1st Battalion, 8th Infantry	<b>Staff Sgt. Elmelindo R. Smith</b> 1st Platoon, Company C, 2nd Battalion, 8th Infantry
<b>Lt. Col. George L. Mabry Jr.</b> 2nd Battalion, 8th Infantry	<b>Spec. 5 Dwight H. Johnson</b> Company B, 1st Battalion, 69th Armor	<b>Pfc. Louis E. Willett</b> Company C, 1st Battalion, 12th Infantry
<b>1st Lt. Bernard J. Ray</b> Company F, 8th Infantry	<b>Pfc. Phill G. McDonald</b> Company A, 1st Battalion, 14th Infantry	<b>Afghanistan</b> <b>Staff Sgt. Clinton Romesha</b> Troop B, 3d Squadron, 61st Cavalry Regiment, 4th Brigade Combat Team
<b>Brig. Gen. Theodore Roosevelt Jr.</b> 4th Infantry Division	<b>Sgt. Ray McKibben</b> Troop B, 7th Squadron (Airmobile), 17th Cavalry	<b>Staff Sgt. Ty Michael Carter</b> Troop B, 3rd Squadron, 61st Cavalry Regiment, 4th Brigade Combat Team
<b>Pvt. Pedro Cano</b> Company C, 8th Infantry	<b>1st Sgt. David H. McNerney</b> Company A, 1st Battalion, 8th Infantry	<b>Capt. Florent A. Groberg</b> Headquarters and Headquarters Company, 4th Infantry Brigade Combat Team
<b>Vietnam</b> Pfc. Leslie Allen Bellrichard Company C, 1st Battalion, 8th Infantry	<b>Staff Sgt. Frankie Z. Molnar</b> Company B, 1st Battalion, 8th Infantry	
<b>Cpl. Thomas W. Bennett</b> 2nd Platoon, 14th Infantry		

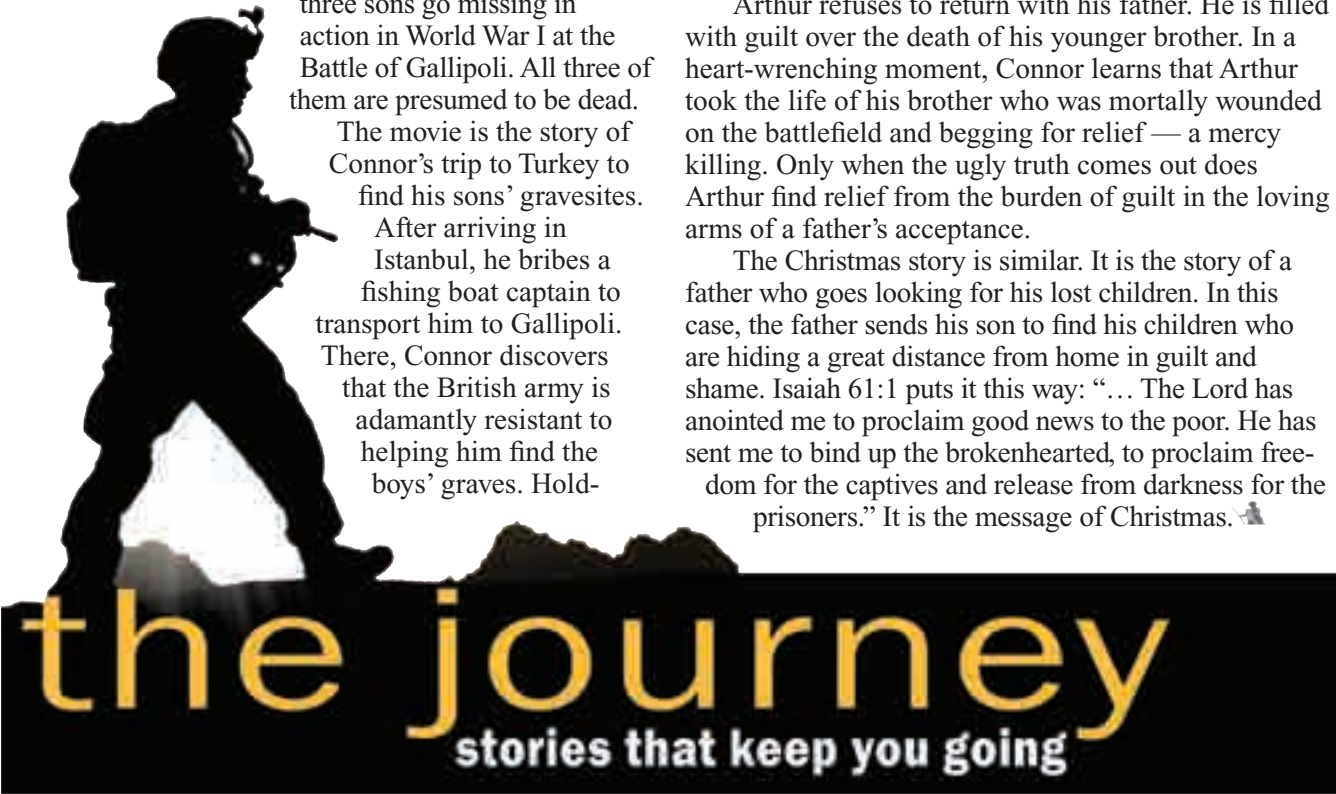


# When a father comes looking

Commentary by Lt. Col. Tim Meador  
Deputy garrison chaplain

Several years ago Russell Crowe starred in the film “The Water Diviner.” It is the story of an Australian farmer, Joshua Connor, whose three sons go missing in action in World War I at the Battle of Gallipoli. All three of them are presumed to be dead. The movie is the story of Connor’s trip to Turkey to find his sons’ gravesites. After arriving in Istanbul, he bribes a fishing boat captain to transport him to Gallipoli. There, Connor discovers that the British army is adamantly resistant to helping him find the boys’ graves. Hold-

ing nothing but his eldest son’s diary and the date of his sons’ disappearance, he presses on to find them. A Turkish officer reluctantly takes him to the location where the boys disappeared. To Connor’s great surprise, he finds his eldest son, Arthur, who is alive and fighting alongside the Turkish resistance. Arthur refuses to return with his father. He is filled with guilt over the death of his younger brother. In a heart-wrenching moment, Connor learns that Arthur took the life of his brother who was mortally wounded on the battlefield and begging for relief — a mercy killing. Only when the ugly truth comes out does Arthur find relief from the burden of guilt in the loving arms of a father’s acceptance. The Christmas story is similar. It is the story of a father who goes looking for his lost children. In this case, the father sends his son to find his children who are hiding a great distance from home in guilt and shame. Isaiah 61:1 puts it this way: “... The Lord has anointed me to proclaim good news to the poor. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners.” It is the message of Christmas. 🕊



## RSO announces holiday activities

The Fort Carson Religious Support Office released its holiday events schedule recently.

- Activities include:
- ❖ Dec. 18 - Protestant Gospel community holds its “Goodie Day” at 12:30 p.m. at the Prussman Chapel.
  - ❖ Dec. 24 - Catholic community holds its children’s Mass and Christmas Pageant which includes a re-enactment of the nativity story from 4-5:30 p.m. at Soldiers’ Memorial Chapel.
  - ❖ Dec. 24 - Protestant community holds its Christmas Eve worship service at 7 p.m. at Soldiers’ Memorial Chapel.
  - ❖ Dec. 25 - The Catholic community holds its Christmas Mass at 9 a.m. at Soldiers’ Memorial Chapel.
- Call Religious Support Office at 526-5279 for more information.

### Chapel schedule

#### Catholic

**Soldiers’ Memorial Chapel**  
Nelson Boulevard and Martinez Street

- Saturday, 4:15-4:45 p.m., reconciliation, 526-8583
- Saturday, 5 p.m., Mass, 526-8583
- Sunday, 8:15-8:45 a.m., reconciliation, 526-8583

**Prussman Chapel (Gospel)**  
Barkeley Avenue and Prussman Boulevard

- Sunday, 9:30 a.m., Sunday school, 526-5744
- Sunday, 11 a.m., gospel, 526-9640

**Soldiers’ Memorial Chapel (Multi-denominational Worship Celebration)**  
Nelson Boulevard and Martinez Street

- Sunday, 11 a.m., worship, 524-4316
- Tuesday, 9 a.m., PWOC, 524-4316

**Veterans Chapel – Chapel NeXt**  
Magrath Avenue and Titus Boulevard

- Sunday 9:30 and 11 a.m., 526-8889

reconciliation, 526-8583

- Sunday, 9 a.m., Mass, 526-8583
- Sunday, 10:30 a.m., religious education, 524-2458
- Sunday, 10:30 a.m., RCIA, 524-2458
- Monday-Friday, 11:45 a.m., Mass, 526-8583

**Healer Chapel**  
Evans Army Community Hospital

- Sunday. 11 a.m., Mass, 526-7386
- Monday-Thursday and first Friday of month, noon, Mass, 526-7386

#### Protestant

**Healer Chapel (Traditional)**  
Evans Army Community Hospital

- Sunday, 9 a.m., worship, 526-7386

#### Latter Day Saints

Sunday worship is from 10 a.m. to 1 p.m. at the Religious Education Center, building 1853. Contact Branch President Jeff Hanni at 435-890-3155 or Capt. Marc DeLuca at 254-226-4677.

#### Eastern Orthodox

Fort Carson does not offer Eastern Orthodox services on post. Call 719-473-9238 for off-post services.

#### Jewish

Fort Carson does not offer Jewish services on post. Contact the U.S. Air Force Academy Chapel for Jewish services information at 333-2636. The chapel is located at 2346 Academy Place on the U.S. Air Force Academy.

#### Islamic

Fort Carson does not offer Islamic services on post. Contact the Islamic Society at 2125 N. Chestnut, 632-3364, for information.

#### Colorado Warriors Sweat Lodge

Meets once or twice monthly and upon special request. Contact Michael Hackwith at 719-285-5240 or Kevin Cheek at 405-313-8049.

### Chapel Briefs

**Facebook** — Search “Fort Carson Chaplains (Religious Support Office)” for events and schedules.

**Chapel NeXt** — meets at 9:30 and 11 a.m. Sunday at Veterans Chapel. Contemporary worship, children’s ministry and biblical preaching is offered during both services. Youth group meets Sunday at 6:30 p.m. Visit the Chapel NeXt Facebook page at <https://www.facebook.com/#!/chapelnextfortcarson> for more information.

**Religious Education class** — Classes are held from 10:30-11:50 a.m. throughout the school year for preschool (at least 4 years old) through high school. Registration is also being held for adults seeking to be confirmed in the Catholic church. These classes are held on a weeknight. Contact Pat Treacy at 524-2458 or [patricia.a.treacy2.civ@mail.mil](mailto:patricia.a.treacy2.civ@mail.mil) for details.

**Catholic Women of the Chapel** — Child care is available by emailing children’s names and ages to [fortcarsonmccw@gmail.com](mailto:fortcarsonmccw@gmail.com). CWOC meets Wednesday from 9:30-11:30 a.m. at Soldiers’ Memorial Chapel; call Victoria Arellano at 210-900-6221 or email [varellano2@live.com](mailto:varellano2@live.com).

**Protestant Women of the Chapel** — meets Tuesday from 9:30 a.m. to noon at Soldiers’ Memorial Chapel. Free child care is available. Email [carson@pwoc.org](mailto:carson@pwoc.org) or visit “PWOC Fort Carson” on Facebook for details.

**Native American prayer/spiritual services** — The He Ska Akicita (White Mountain Warriors) hosts Inipi (sweat lodge) services at Turkey Creek Ranch on a biweekly basis. Services provided inside and outside the sweat lodge include prayer and purification, blessing of protection, and continued spiritual and emotional support to military members. The ceremonies are conducted in traditional Lakota style — they are not New Age or Earth-based ceremonies. There is no charge to attend the Inipi. Call Michael Hackwith at 719-285-5240 or Kevin Cheek at 405-313-8049 for more information and protocols.

**Knights of Columbus** — a Catholic group for men 18 and older, meets the third Wednesday of the month at Soldiers’ Memorial Chapel; call 526-5769. 🕊

See the *Mountaineer* online at  
<http://www.fortcarsonmountaineer.com>



## Community Briefs

### Claims to the estate

**Pfc. Marc Johantgen** — With deepest regret to the Family of the deceased. Anyone having claims against or indebtedness to his estate should contact 1st Lt. Eric Schilling at 503-4482.

### General announcements

**TRICARE Online** — is a secure web portal that allows users to make, change or cancel appointments at military hospitals or clinics, including same-day appointments. It also lets users view radiology and lab results, medication profiles and immunization records. Users can also use the system to refill prescriptions for military hospital or clinic pharmacy pick-up.

**Donated annual leave for Fort Carson civilian employees** — is currently being accepted for the following civilians who have exhausted all available leave because of medical emergencies under the Voluntary Leave Transfer Program: Carmelita Carrillo and Brenda Hart, Directorate of Family and Morale, Welfare and Recreation; Carrie Davidson, U.S. Army Network Enterprise Technology Command; David Grant, Denver Recruiting Battalion; Chad Staggs, Directorate of Emergency Services; and Rhonda Welles, Space and Missile Defense Command. Any Army appropriated fund civilian employees wishing to donate annual leave must complete the OPM Form 630a found at [http://www.opm.gov/forms/pdf\(underscore\)fill/opm630a.pdf](http://www.opm.gov/forms/pdf(underscore)fill/opm630a.pdf). Non-Army appropriated fund civilian employees from another federal agency interested in donating leave must complete the OPM Form 630b found at [http://www.opm.gov/Forms/pdf\(underscore\)fill/opm630b.pdf](http://www.opm.gov/Forms/pdf(underscore)fill/opm630b.pdf) and provide it to their civilian personnel/HR office for annotation. Both forms must then be forwarded to Irma Otte, Fort Carson Civilian Personnel Advisory Center, via fax at 526-6128 or via email at [irma.otte.civ@mail.mil](mailto:irma.otte.civ@mail.mil) with the subject line “VLTP.” Otte can be reached at 719-526-9341. Anyone experiencing a medical emergency and about to exhaust leave can

### Of note

#### Introduction to Medical Assisting Training Course

— The American Red Cross on Fort Carson is accepting applications at its hospital office through 4 p.m. Jan. 9 for the free course. No late applications will be accepted. Applicants must be at least 18 years of age, have a military identification card, hold a high school diploma or GED and be a U.S. citizen. Interviews will take place Jan. 12-13. The course will run April 17 to June 23 from 7 a.m. to 4:30 p.m. Contact the Red Cross office at 526-7144 for more information.

**Flu shots available** — Patients enrolled with designated primary care clinics are encouraged to request their flu shots with any scheduled appointments. Clinics may have specified times for walk-in flu vaccinations, so beneficiaries are encouraged to call their clinic directly or 524-CARE (2273) and ask for the clinic’s available flu vaccination walk-in times. Children with a pediatric clinic appointment and any accompanying siblings are encouraged to get their flu vaccinations during the visit. Pediatrics will provide walk-in flu vaccinations on a space-available basis weekdays from 8-11:30 a.m. and 1-3:30 p.m. Flu Mist will not be offered this

contact the CPAC Management Employee Relations team at 526-8317/1006/1336/4270.

**Patient satisfaction surveys** — The Department of Health Affairs is now mailing out a new patient satisfaction survey called the Joint Outpatient Experience Survey (JOES). Select patients will receive the surveys about 72 hours after their appointments. These surveys provide direct feedback to health care providers to improve quality of care, patient experience and satisfaction. JOES also provides additional funds to Evans Army Community Hospital for every survey returned to increase beneficiary access to care, satisfaction, safety and quality of care.

**Lactation support** — Call 526-0330 to schedule an outpatient lactation support appointment Monday-Friday between 9 a.m. and 3 p.m. at the Mountain Post Birthing Center (MPBC), located on the third floor of Evans Army Community Center. The MPBC offers two breastfeeding support groups that meet the first Tuesday and third Thursday of each month from 3:15-4:15 p.m. in the OB-GYN clinic’s classroom. Breastfeeding classes are available on the first Thursday and third Tuesday of each month from 4-6 p.m. in the OB-GYN classroom. Significant others are encouraged to attend these events.

**Yard sales on post** — can be held the first and third Saturday of the month, from April-December, in all post housing areas. Single Soldiers and off-post residents can set up in the Balfour Beatty Communities community center parking lot, building 4355, near Gate 3. Call Army Community Service at 526-4590/1082 for more information.

**TRICARE Urgent Care Pilot Program** — TRICARE Prime, Prime Remote and Young Adult-Prime beneficiaries may be able to participate in the new Urgent Care Pilot Program which runs through May 23, 2019. TRICARE will cover two urgent care visits to any TRICARE-authorized provider each fiscal year, Oct. 1 to Sept. 30, without a referral or authorization from a primary care manager. An authorized provider is any individual, institution/organization or supplier that is licensed by a state, accredited by national organization or meets other standards of the medical community, and is certified to provide benefits under TRICARE. This is only available to active-duty service members, including activated National Guard and reserve members, who are enrolled in TRICARE Prime Remote. There are no point of service deductibles or cost shares for the two urgent care visits, but network co-payments apply. Once an individual receives urgent care, he must notify his primary care manager about that care within 24 hours or the first business day after care. Visit <http://www.tricare.mil/Plans/SpecialPrograms/UrgentCarePilot> for more information.

year. Soldiers will receive their flu shots with their units. Visit <http://www.cdc.gov/flu> for current flu information.

**Extended hours clinic** — Evans Army Community Hospital has opened its new Premier Extended Hours Clinic at the Colorado Springs-based Premier Medical Home. The clinic is open Monday-Friday from 4-9 p.m., except federal holidays. Patients must have scheduled appointments at this time. The Extended Hours Clinic will provide medical services to active-duty military personnel, their Family members and TRICARE Prime beneficiaries. TRICARE Standard patients are not eligible. The clinic also provides basic laboratory and pharmacy services, however, it does not provide emergency services, pharmacy refills, specialty care or radiology services. Patients must be at least 18 years or older; pediatric services are expected in the future. Upon arrival, patients must present a valid military identification card. The clinic is located at 3920 N. Union Blvd., Suite 100, in the Premier Medical Plaza at the intersection of Union Boulevard and Austin Bluffs Parkway near the University of Colorado Colorado Springs campus. Patients may schedule an appointment at the clinic by calling the Access to Care Line at 526-CARE (2273).

**Nurse advice line** — is a toll-free number that puts beneficiaries in contact with a team of registered nurses who can answer urgent health care questions 24/7. Nurses will assess the medical condition and give professional advice to treat the condition at home or refer for an acute appointment. The nurse advice line can be reached at 800-TRICARE (874-2273), option 1.

**Spouse competitive employment** — Spouses of active-duty service members upon arrival to new duty stations from the contiguous U.S. may apply for competitive employment under Executive Order 13473. There is a two-year restriction from the date of the sponsor’s order to use the authorization. Spouses returning from overseas may apply under Executive Order 12721, which gives three years to use the authorization. Spouses of a veteran with 100 percent service connected disability may be eligible for employment under different circumstances. The Employment Readiness Program, Army Community Service, Directorate of Family and Morale, Welfare and Recreation, can assist spouses in applying for education and employment. Call 526-0452/0467 for information.

**TRICARE benefits** — Surveys have found that most service members and their Families are confused by TRICARE. The fact is, TRICARE is an enormous and complex health care system. There are several TRICARE programs available depending on status and location. Visit <http://www.military.com/benefits/tricare> for details.

**4th Infantry Division Gift Shop** — has a variety of division and customizable unit-specific merchandise. The gift shop is open 11 a.m. to 2 p.m. Tuesday-Thursday in The Hub, building 1532.

**Veterinary clinic hours** — The Fort Carson Veterinary Center, 1535 Sheridan Ave., building 6190, is open 7:30 a.m. to 4:30 p.m. Monday-Friday and closed on federal holidays. The center offers wellness exams, vaccinations, microchip implantation, dental appointments and sick call as well as some surgeries, including spaying and neutering. It also has X-ray, ultrasound and other advanced imaging capabilities. Call 526-3803/4520 for information or to make an appointment.

**Evans Army Community Hospital (EACH) offers online payments** — EACH offers an online payment option. Pay.gov is a convenient and quick way to make electronic payments to federal government agencies with credit cards, debit cards or direct debit. This is a secure service provided by the U.S. Department of the Treasury. Paying online is the preferred method for paying EACH medical bills. Visit <http://www.evans.amedd.army.mil/RMD/pay-gov.htm> for more information. 📄





# At Ease

## ■ ATTRACTION

### Explore and learn at museum of mining

Technology and the history of mining comes to life at the Western Museum of Mining and Industry (WMMI) on the north side of Colorado Springs.

The unique museum highlights operation of its carefully restored multi-ton steam engines and mining machines along with personal stories of mining history. The WMMI is the only accredited mining museum in the western U.S. and one of only three accredited museums in the Pikes Peak region.

A centerpiece of the museum is the 35-ton Corliss steam engine built in 1895 which still operates with a 17-ton flywheel, now with the help of an electric motor. The steam engine was originally in operation at a Massachusetts paper mill from 1910 -1973. The WMMI building was designed and built around this massive steam engine.

The museum also has a full-scale replica of a piece of mining history on permanent display. In August 2010, part of the 121-year-old San Jose gold and copper mine in the Atacama Desert of Chile collapsed, trapping 33 miners underground for 69 days. A team of experts from NASA and the Chilean navy designed and built three 54-centimeter wide by 3.9-meter long capsules, dubbed the Fenix I, II and III. These 1,800-pound pods became the iconic symbols of the rescue mission and included state-of-the-art features such as an oxygen supply, special lighting system, escape hatch, safety harness device and audio/video communication system. The only other replica is located in the British Museum in London.

The WMMI hosts special displays throughout the year. The Holiday Model Railroad Exhibit will be on display Saturday to Jan. 31.

The museum’s library features more than 5,000 volumes of early mining practice to contemporary fiction of mining in the west. The volumes are cataloged and available for online research.

Information about directions, inclement weather policy and education programs are available on the website. 📄

**Travel distance**  
22 miles

**Hours**  
9 a.m. to 4 p.m., Monday-Saturday  
Daily guided tours at 10 a.m. and 1 p.m. included in admission

**Cost**  
Military, \$8  
Adults, \$9  
Seniors, \$7  
Students, \$7  
Child 4-12, \$5  
Children under 3 are free with paid adult admission  
*Individuals under the age of 16 must be accompanied by a parent or guardian.*

**Contact**  
Western Museum of Mining and Industry  
225 North Gate Blvd.  
Colorado Springs, CO 80921  
719-488-0880  
<http://www.wmmi.org>  
<http://www.facebook.com/MiningMuseum>



Courtesy photos

**A massive 35-ton 1895 Corliss steam engine is operational and on display at the Western Museum of Mining and Industry on the north side of Colorado Springs. The museum building was built around the steam engine that has a 3-foot wide, 180-foot long belt that is driven by a 17-ton flywheel.**



**The Fenix II is a full-scale replica of the escape pod used to rescue 33 miners from the San Jose gold and copper mine in Chile. The Fenix II escape pod is only one of two replicas in the world and is on permanent display at the museum.**

## ■ ATTRACTION

### Making money at Denver Mint

Ever wondered how the U.S. Mint produces billions of coins each year or why the Mint is part of the nation’s history? Answers to those questions and more can be found at the U.S. Mint in Denver which offers free guided tours on a first-come, first-served basis.

The U.S. Mint in Denver was established in 1863. Today, the Denver Mint manufactures all denominations of circulating coins, coin dies, the Denver “D” portion of the annual uncirculated coin sets and commemorative coins authorized by Congress and also stores silver bullion. The Denver Mint’s output can exceed 50 million coins a day.

Visitors will learn about current coin manufacturing and the history of the Mint. The 45-minute tour shares details about the craftsmanship required at all stages of the minting process, from the designs and sculptures to the actual striking of the coins.

Touring the Mint is a unique experience for all ages and recommended for children 7 and older.

The gift shop is open to the public and offers a variety of coins and one-of-a-kind souvenirs.

Due to security requirements in the facility, all visitors are subject to a security screening, including metal detection and X-ray examination of hand-carried items. The Mint does not provide storage for any items.

Visitors can pick up tickets at the Tour Information window at the gift shop entrance gate on Cherokee Street, between West Colfax Avenue and West 14th Avenue. The window opens at 7 a.m. Monday-Thursday and remains open until all tickets have been distributed. Tickets are for same-day tours only and no advance tickets are available. Visitors will need photo identification and valid ticket to gain entry. Lost tickets cannot be replaced and are nontransferable.

For local schools and groups in the community, the Mint also offers a free speakers bureau program that covers a wide range of topics and can be tailored to meet a group’s specific interests.

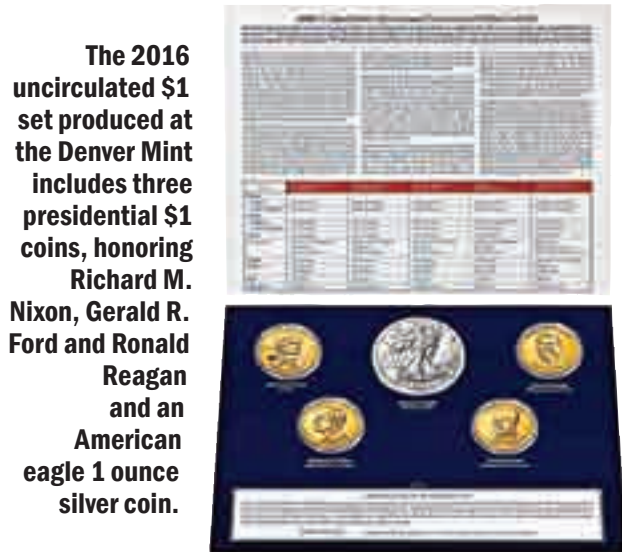


Courtesy photos

**In 1904 the government decided to convert an office into the much grander Italian Renaissance style Denver Mint modeled after a Florentine palace. The Denver Mint’s output can exceed 50 million coins a day.**



**The 2016 Native American \$1 coin commemorates the contributions of the Code Talkers from World War I and World War II and is minted at the U.S. Mint in Denver.**



**The 2016 uncirculated \$1 set produced at the Denver Mint includes three presidential \$1 coins, honoring Richard M. Nixon, Gerald R. Ford and Ronald Reagan and an American eagle 1 ounce silver coin.**

Information about security requirements, prohibited items, directions and parking are available on the website. 📄

**Travel distance**  
77 miles

**Hours**  
Monday-Thursday (excluding observed federal holidays)  
Tour hours: 8 a.m. to 3:30 p.m.  
Note: Coin production schedules vary and may not be in production during a tour. Tours may be canceled without prior notice.

**Cost**  
Free: Tickets are distributed on a first-come, first-served basis, limited to five per person.

**Contact**  
U.S. Mint-Denver  
320 West Colfax Ave.  
Denver, CO 80204  
303-405-4761  
<http://competition.usmint.gov/visiting-the-united-states-mint-in-denver-colorado/>  
<http://www.facebook.com/UnitedStatesMint/>



## At Ease Beyond the gate

**Ice skate in Acacia Park in downtown Colorado Springs through Jan. 16.** Admission is \$10 and includes skates. It's open every day of the week but hours vary. Visit <http://www.downtowncs.com> for the schedule.

**Denver's annual Christkindl Market is in Skyline Park on the 16th Street Mall at Arapahoe Street, open daily through Dec. 23 with free entry.** Hours Monday-Thursday are 11 a.m. to 7 p.m. and Friday-Saturday from 11 a.m. to 9 p.m. It's the place for German food, schuplattler dancing and oompah bands, as well as nutcrackers, ornaments and other gifts in the decorated stalls.

**The Christmas themed park, Santa's Workshop at the North Pole, is open Thursday-Monday, 10 a.m. to 5 p.m. except Christmas Eve when it closes at 4 p.m.** It's a great place to take the kids for a last-minute visit with Santa, to shop the Boys Shop and the Girls Shop or to mail Christmas cards to get them postmarked "North Pole, Colo." The rides will be up and running and are included in admission. Military admission is \$17 per person (with military identification for everyone older than 10). It's at 5050 Pikes Peak Highway. Take Highway 24 west and turn left at the traffic light in the town of Cascade and take the Pikes Peak Highway to the North Pole. Call 719-684-9432 for information.

**Santa will be in the cabin in Bancroft Park in Old Colorado City Saturday-Sunday, 11 a.m. to 4 p.m. and Dec. 23-24.** Get a picture of children with Santa for \$10, and enjoy the festively decorated stores and streets in the shopping center along Colorado Avenue, between 22nd and 26th streets.

**To look at special holiday lighting displays, take a drive by the Broadmoor Hotel, which has tiny white lights adorning the hotel and trees on the grounds.** It's easy to get to from Fort Carson; take Highway 115 north and take the exit for Lake Avenue, turning left on Lake Avenue; go through the three traffic circles to the hotel.

**Pikes Peak Cog Railway Santa Train runs daily through Christmas Eve. Santa and his elves will be on board and there will be cookies, hot chocolate and fun activities at the railway depot.** The trip is \$25 per person, children under 2 are free. There's a \$5 parking fee. The depot is at 515 Ruxton Ave., in Manitou Springs. Go online at <http://www.cograilway.com> for departure times and reservations or call 685-5401.

**"Nutcrackers, Tinsel and Bears – Oh My" is the exhibit in the Buell Children's Museum at 210 N. Santa Fe St. in Pueblo.** The exhibit features a collection of nutcrackers and a teddy bear tree and lots of interactive exhibits. There's a café on site. Admission is \$8 for adults and \$6 for children, and is open Tuesday, Thursday and Friday, 11 a.m. to 5 p.m.; Wednesday from 9 a.m. to 5 p.m.; and Saturday-Sunday, 11 a.m. to 5 p.m. It's closed Christmas Day.

**Santa Express Train, run by the Royal Gorge**

## Candy factory



Photo by Dani Johnson

**Hammond's Candies in Denver has been in business since 1920 and is known for its ribbon candy, whirl lollipops, candy canes and other holiday candies that can be purchased in the showroom. Free factory tours and candy samples are provided Monday-Friday, 9 a.m. to 3:30 p.m. and Saturday tours may be available during the holidays; call 303-333-5588 or 888-CANDY99 for tour information and directions. The factory is at 5735 N. Washington St., Denver.**

**Route Railroad, runs through Dec. 24, with no departures on Christmas Day.** From Dec. 26-30 the train runs at 12:30 p.m. as a holiday train. The Santa Express Train is popular and usually sells out quickly. Tickets begin at \$40 for adults and children ages 1-12 in coach class. Children are encouraged to wear their pajamas while they listen to Christmas stories, sing carols and have cookies and hot cocoa onboard the train. Santa boards the train at the "north pole" and has a gift for every ticketed child. Food is available on the train. Call 888-724-5748 or 719-276-4000 to make reservations. The train leaves from the depot in Cañon City. Visit <http://royalgorgeroute.com> for the Santa Express Train departure schedule.

**Visitors can participate in an interactive reading of "Twas the Night Before Christmas" and make snowflake crafts while waiting for Santa to arrive at the Fountain Creek Nature Center, Saturday at 320 Pepper Grass Lane, near Fort Carson's Gate 20.** After Santa arrives, attendees can hike the nature trail with Santa. The event is 10-11:30 a.m. and is \$4 per person. Reservations are required, call 520-6745.

**Take a horse-drawn wagon ride Saturday at 11:30 a.m., noon and 12:30 p.m., clip-clopping down the Regional Trail, at the Fountain Creek Nature Center, to the sound of jingle bells and holiday songs.** The cost is \$7 per person and prepaid reservations are required; call 520-6745.

**Rock Ledge Historic Site celebrates a Holiday Evening Saturday, 4-8 p.m. with jingle bell**

**wagon rides, musical entertainment, lantern light tours, a barn dance and a Victorian holiday celebration at Rock Ledge House.** The Heritage Shop will be open and hot cider is available. Admission for adults is \$8 and \$4 for children 5 and under. Rock Ledge Ranch is at Gateway Road, south of the entrance to Garden of the Gods Park on 30th Street.

**Holiday events at the Pikes Peak Center, 190 S. Cascade Ave., include:**

- Colorado Springs Christmas Symphony Sunday at 2:30 p.m.
- Nutcracker Holiday Event Monday at 7 p.m. and Tuesday at 3 and 7 p.m.
- The Beach Boys perform Dec. 27 at 7 p.m. Call 520-SHOW for tickets.

**The Broadmoor World Arena, 3185 Venetucci Blvd., has these upcoming events:**

- Cirque Du Soleil is on stage Jan. 20-22.
- Elton John and his band perform March 16. Buy tickets at the box office or call AXS Tickets, 888-929-7849.

**Area special holiday lighted events:**

- Electric Safari at the Cheyenne Mountain Zoo through Dec. 23 and Dec. 25 to Jan. 1. The zoo is decorated with a million lights and is in its 26th year. Admission is \$9.75 for adults and \$6.75 for ages 3-11. Children 2 and under are 75 cents. Admission for military is \$5.75. The zoo is at 4250 Cheyenne Mountain Zoo Road near the Broadmoor Hotel.

See Beyond the gate on Page 22



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- 10:30 a.m. Children's Service
- 2 p.m. Candlelight Service
- 3:30 p.m. Candlelight Service
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- 7 p.m. Candlelight Service
- 8:30 p.m. Candlelight Service
- 10:45 p.m. Celtic Christmas Service

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**Dates:** Dec. 24,  
Jan. 7, Jan. 21,  
Feb. 11 & March 4

**Time:** 7:30 a.m. - 3 p.m.

**Cost:** \$50

**Info:** 526-3907  
**Sign up:** 526-5366

## SNOWMOBILE TRIPS

**Info:** 526-3907  
**Sign up:** 526-5366



**Dates:** Dec. 24,  
Jan. 16, Feb. 25,  
March 11 & March 24

**Time:** 6 a.m. - 6:30 p.m.

**Cost:** \$175 single rider  
\$240 two riders

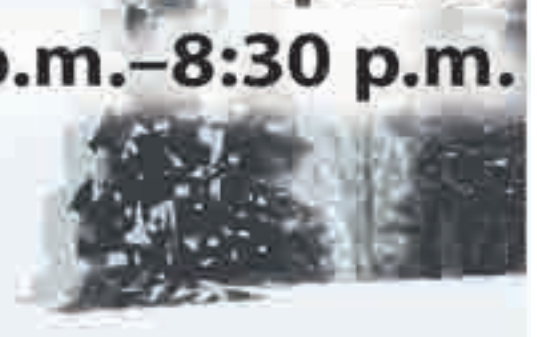
## SKI and SNOWBOARD Tuning Workshop



**Info:** 526-3907  
**Sign up:** 526-5366

**Jan. 4**  
**\$20**

**6 p.m. - 8:30 p.m.**



**\$50 (lift ticket)**  
**\$70 (ticket & gear)**

**Info:** 526-3907  
**Sign up:** 526-5366



**Jan. 13**  
**6 a.m. - 6 p.m.**  
**Fort Carson**

# SKI DAY



## At Ease Within the gate

**The Freedom Performing Arts Center, building 1129, shows free movies every Sunday.** The schedule is:

- Sunday, 1 p.m., “Phantom Boy,” PG; 3 p.m., “Bad Moms,” R
- Jan. 8, 1 p.m., “Finding Dory,” PG; 3 p.m., “The Wild Life,” PG
- Jan. 15, 1 p.m., “The BFG,” PG; 3 p.m., “Greater,” PG
- Jan. 22, 1 p.m., “The Angry Birds Movie,” PG; 3 p.m., “The Bronze,” R

**Thunder Alley Bowling Center hosts a New Year’s Eve party from 9:30 p.m. to midnight Dec. 31.** The event features two hours of unlimited black

light bowling, food and beverage tickets and coverage of the New Year’s Eve ball drop for \$20 for adults, \$10 for children 6-14 and is free for kids 5 and younger. Call 526-5542 to reserve a spot.

**Outdoor Recreation holds an avalanche awareness class Tuesday from 6:30-8:30 p.m.** Topics include avalanche terrain and equipment, trip planning, rescue and ways to reduce risks. Cost is \$10.

**The Cheyenne Mountain Shooting Complex offers special days with discounts to veterans and women.** Veterans receive \$5 admission every Wednesday while women 6 and older receive free range time the second Saturday of each month. Call 719-896-6196 for more information.

**Thunder Alley Bowling Center offers the following weekly specials:**

- **Cosmic bowling** — Unlimited bowling and \$2 shoe rental Friday from 9:30-11:45 p.m.;

\$9 for adults and \$8 for children; and Saturday from 1-3 p.m.; \$8 per person.

- **Pizza bowl** — Get three games of bowling, two slices of pizza and a soda for \$7 a person Sunday from 6-8 p.m. Shoe rental is \$2.50.
- **Red Pin** — Get a strike Tuesday-Friday from 11 a.m. to 1 p.m. with a red head pin and win a free game. Games are \$2 and shoe rental is \$2.50.
- **50 cent games, hot dogs and shoes** — Tuesdays from 6-9 p.m., minimum \$3 purchase.
- **Family Day** — Get \$1 games and \$2 shoes Wednesday from 1-11 p.m.

Call 526-5542 for more information.

**Subscribe to the Directorate of Family and Morale, Welfare and Recreation mailing list to receive emails about upcoming events and activities on post.** Visit <http://carson.armymwr.com>; click on the “Mailing List” icon and select categories of interest. 📧

## Beyond the gate

From Page 20

- Denver Zoo Lights run through Jan. 1, 5:30-9 p.m. Admission is \$13 for adults and \$9 for kids ages 2-15. The 70-acre zoo is in Denver City Park at 2300 Steele St. There are thousands of lights.
- Pueblo Zoo presents “Electricritters” during the holiday season, 5:30-8:30 p.m. through Dec. 24. There are 150 lighted creations and a quarter million lights. Warm drinks are sold in the Christmas Cane Café. Pueblo Zoo is located in Pueblo City Park, off Pueblo Boulevard on the city’s west side, at 3455 Nuckolls Blvd., call 719-561-1452. Admission is \$7 for adults and \$5 for ages 4-13. Children 3 and under are admitted free.

- Blossoms of Light is at the Denver Botanic Gardens, 1007 York St., from 5:30-9 p.m. through Jan. 1. Admission is \$13 for adults and \$10 for children, with an \$11 admission for military. There’s a free parking garage across from the entrance to the garden.
- The canyon leading to Seven Falls is lighted for the holidays with a million lights and scenes. To visit Seven Falls, visitors must take a free shuttle from the Broadmoor Hotel. Park at the Broadmoor East Parking Lot, near 6 Lake Avenue. Ride the free shuttle to the entrance of Seven Falls where visitors can purchase tickets to visit the Seven Falls park for \$14 for adults and \$8 for children; there’s a military discount available. Visitors can then walk through the canyon to the Seven Falls or ride the tram (\$1 per person). There’s a gift shop

nearby. Catch the tram back to the entrance and board the shuttle for the return trip to the Broadmoor Hotel East Parking Lot. The lights at Seven Falls are on from 5 p.m. until the park closes at 8 p.m. through the holidays.

**The National Western Stock Show is in Denver at the coliseum, 4655 Humboldt St., for its 110th year, from Jan. 7-22.** It’s the premier livestock and horse show in the nation, and includes rodeos, too. There are kids’ activities and special events. Call 866-464-2626 for ticket information. Visit <http://www.nationalwestern.com> for a schedule. The National Western Complex is east of Interstate 25; take I-70 east and take the Brighton Blvd. Exit.

**Colorado Springs’ 27th annual citywide Kwanzaa celebration is a seven-day celebration.** The first public activity Dec. 26, is in the

Carnegie Room at Penrose Library, 20 N. Cascade, from 6-7:30 p.m. The sixth day public activity is at the Hillside Community Center, 924 S. Institute, from noon to 4 p.m. Activities are free and open to the public. It is recommended that attendees be in place when the celebrations begin. Call 337-6409 for more information.

**Pikes Peak Children’s Museum will host its annual family-friendly “Noon Year’s Eve” celebration event Dec. 31, from 10 a.m. to 1 p.m. at the Colorado Springs Event Center, 3960 Palmer Park Blvd.** The New Year’s Eve style event features a balloon-drop, entertainment, face painting, crafts and activities for all ages. Tickets are available at the door for \$35 for a family of up to six people; \$5 more for each additional person. 📧



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Maintenance workers remove items prior to building new bunkers and installing a new irrigation system at Cheyenne Shadows Golf Club.

# Post golf course getting makeover

Story and photo by Walt Johnson  
Mountaineer staff

The current winter weather may not have many people thinking about spring and summer sports, but golf enthusiasts will have something to look forward to in April.

The Cheyenne Shadows Golf Club is undergoing a major renovation that is designed to make playing golf more fun and challenging next spring and summer, according to Keith Stillwell, golf course manager.

Stillwell said the goal of the \$2.1 million renovation is to reduce bunker space to make it easier for the maintenance team and install a state-of-the-art irrigation system.

“Going from 80,000 square feet to 50,000 square feet of bunkers allows us to go to the Billy Bunker system which is the most state-of-the-art bunker drainage system out there,” said Stillwell. “After the

renovation, the course is going to drain well. For example, we could get up to 6 inches of rain in one night and won’t have any puddling the next day,”

Stillwell said the new irrigation system will make the course play better and is needed since it’s been a while since the irrigation system was replaced.

“Our bunkers haven’t been renovated or really touched since 1972 when the course was built,” Stillwell said. “Bunker drainage has improved dramatically since 1972 so this is a huge upgrade to our course’s system. Dick Phelps was the original designer of the golf course and his son, Rick Phelps, has done the bunker redesign for the course.”

According to Stillwell, course officials believe the renovations will challenge experienced golfers while helping new golfers during their learning. 🏌️

## Follow the ball



Fort Carson varsity basketball player Terrell Moore, 10, drives to the basket against Peterson Air Force Base defenders Saturday at Peterson. The post team defeated Peterson twice but fell to Fort Bliss, Texas, twice during league action over the weekend. The men’s varsity basketball team will host Western Community College Saturday at 4 p.m. at Iron Horse Sports and Fitness Center. The team returns to action Jan. 7 when it hosts the U.S. Air Force Academy Prep School at 4 p.m. The team will travel to Texas to play in the Dr. Martin Luther King Jr. tournament at Sheppard Air Force Base Jan. 13-16. The team will travel to Wyoming to play Eastern Wyoming Community College Jan. 28 and Western Community College Jan. 29.

Photo by Walt Johnson



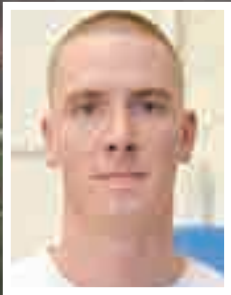
# FOOTBALL PICKS

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Miami vs. N.Y. Jets  
Green Bay vs. Chicago  
Jacksonville vs. Houston  
Cleveland vs. Buffalo  
Philadelphia vs. Baltimore  
Tennessee vs. Kansas City  
Detroit vs. N.Y. Giants

## Pro

Indianapolis vs. Minnesota  
Pittsburgh vs. Cincinnati  
San Francisco vs. Atlanta  
New Orleans vs. Arizona  
New England vs. Denver  
Oakland vs. San Diego  
Tampa Bay vs. Dallas  
Carolina vs. Washington



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127th MP

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Dolphins	Steelers
Packers	49ers
Texans	Saints
Bills	Patriots
Eagles	Raiders
Chiefs	Cowboys
N.Y. Giants	Redskins



**Joe Guzman**  
WCAP

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Dolphins	Steelers
Packers	Falcons
Texans	Cardinals
Bills	Patriots
Eagles	Raiders
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N.Y. Giants	Redskins

**Brent Davis**  
Company A, 588th BEB

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Sports

Briefs

**Cheyenne Shadows Golf Club holds its annual Christmas sale through Jan. 3.** Receive 5-30 percent off purchases in the pro shop or special orders with a combined value of \$25 or more. The golf course will also have golf and range punch cards, trail fees, annual fees and frequent rider cards on sale. Call 526-4102 for more information.

**Registration for the Fort Carson intramural basketball league runs through Jan. 4 at the Iron Horse Sports and Fitness Center.** Games will be played Monday-Thursday at 6:30, 7:30 and 8:30 p.m. Anyone 16 years and older with a DOD identification card is eligible to play in the league. Call 526-3972 or 526-5772 for more information.

**Fort Carson Aquatics holds its second annual English Channel Swim Challenge beginning Jan. 1.** Anyone with a DOD identification card is eligible; children under 12 must be accompanied by a parent or guardian. Sign up for the free program at the Iron Horse Sports and Fitness Center indoor pool. The challenge will use the honor system as people will track their miles swam and report them to a lifeguard. Swimmers can register at any time at any post aquatic facility, but must complete the challenge by March 25, according to officials. Call 526-4093 for more information.

**The Directorate of Family and Morale, Welfare and Recreation staff hosts a Spartan Kickoff Jan. 7 at the running track adjacent to McKibben Physical Fitness Center.** The free two-hour event will consist of training sessions every 30 minutes. The goal of the event is to “rip everyone off their couches, regardless of experience levels and get them moving,” according

Army sinks Navy



Photo by Alexandra Flodin

Army quarterback Ahmad Bradshaw takes the snap deep in Navy territory during the Army-Navy game Saturday in Baltimore. Army snapped a 14-game losing streak to Navy with a 21-17 victory in the rivalry game that dates back to 1890.

to event organizers. The kickoff is open to all service members, Families, veterans, DOD civilians, contractors, first responders, obstacle course enthusiasts and sports professionals. Participants should dress for outdoor conditions to take part in the Spartan SGX training model. Same-day registration will be available from 7:30-8:30 a.m.

Individual registration and signed waiver are required for each participant. Children 6-15 can participate with a parent or guardian 18 or over. Call 526-2597 for more information.

The Fort Carson Outdoor Recreation office

See Briefs on Page 26

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Briefs

From Page 25

**holds indoor climbing wall orientation classes Thursday from 5:30-8:30 p.m.** Class instruction includes knot tying, belay techniques and climbing communication. People who complete the course will be certified to use the indoor climbing walls at post fitness facilities. The course can also be a prerequisite for more advanced climbing trips and programs. Classes are \$20 per session. Register at Outdoor Recreation or call 526-5366.

**Child, Youth and School Services (CYSS) officials are looking for people interested in volunteering as youth sports and fitness coaches.** Anyone interested in being a coach must pass a background check, attend a mandatory training session and be available two to three hours a week for practices and games. CYSS officials said anyone interested in being a coach must have good communication skills with the CYSS sports staff and parents of the players. According to officials, youth coaches receive discounts on sports enrollment for their children, promotion points for active-duty Soldiers, volunteer hours and resume building while making a positive impact on the community. Contact Youth Sports at 526-4425 for more information.

**The Fountain-Fort Carson High School Trojans boys and girls basketball teams are preparing for the upcoming season.** The boys team will play in the Cherry Creek Tournament in Aurora Monday-Wednesday. The Trojans will then take a break for the holidays before traveling to Mountain Vista Jan. 6 and Liberty High School Jan. 7. The Trojans first home game after the holidays will be against the Rampart Rams Jan. 10 at 7 p.m. The Lady Trojans return to action Jan. 3 when they travel to Parker to meet Chapparral High School. After a road contest against Palmer High School in Colorado Springs,

Jingle Bell Run



Photos by Lally Laksbergs

**Above:** More than 540 runners brave the elements Dec. 9 for the Jingle Bell Run that began at the Iron Horse Sports and Fitness Center. **Right:** Participants get into the holiday spirit donning festive attire, to include ugly sweaters, for the 5-kilometer run. Prizes were awarded to select finishers and for best costume for men, women, children and pets. The free annual holiday event was open to the public.



the Lady Trojans host their first home game against Mountain Vista at 7 p.m. Saturday. **The Mesa Ridge High School boys and girls basketball teams are also preparing for the upcoming season.** The Lady Grizzlies are taking part in the Dakota Ridge High School tournament in Littleton Friday and Saturday. This will be the

last action for the Lady Grizzlies before they travel to Harrison High School to meet the Lady Panthers Jan. 5. The team's next home game will be Jan. 7 when it hosts the Classical Academy at 7 p.m. The boys team's next game is a home contest against the Harrison Panthers Jan. 5 at 7 p.m.  
— Compiled by Walt Johnson

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## CROSSWORD

Edited by Timothy Parker

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### 12/18 DON'T WORRY, BEE HAPPY By Timothy E. Parker

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<b>6055 Big Horn Road</b> Crystal Park • \$70,000 Land	<b>305 N. Santa Fe Avenue</b> Fountain Valley • \$175,000 Commercial/Residential	<b>5916 Fergus Drive</b> Wolf Ranch • \$430,000 New Construction/Under Contract
<b>1352 San Valley Lane</b> Crystal Park • \$78,000 Land	<b>1130 Sandance Street</b> Woodland Park • \$220,000 Under Contract	<b>14380 Park Canyon Street</b> Park Ridge • \$439,500 New Construction
<b>6860 Eagle Mountain Road</b> Crystal Park • \$78,000 Land	<b>7350 Aspen Glen Lane</b> Oak Valley Ranch • \$229,900 Under Contract	<b>9249 Kathi Creek Drive</b> Wolf Ranch • \$439,500 New Construction/Under Contract
<b>5655 Founders Place</b> Crystal Park • \$85,000 Land	<b>1603 Querida Drive</b> Austin Estates • \$234,900	<b>9261 Kathi Creek Drive</b> Wolf Ranch • \$439,500 New Construction/Under Contract
<b>565 Sunrise Peak Drive</b> Crystal Park • \$85,000 Land	<b>2211 Essex Lane</b> Palmer Park • \$234,900 Under Contract	<b>13616 Gilbert Road</b> 4 Way Ranch • \$448,300 New Construction/Under Contract
<b>545 Sunrise Peak Drive</b> Crystal Park • \$85,000 Land	<b>1705 Sherman Street</b> Lindale • \$259,900 Under Contract	<b>14330 Park Canyon Street</b> Park Ridge • \$449,950 New Construction
<b>3535 Walker Road</b> Walden Pines • \$95,000 Land	<b>7295 Edgetoesck Drive</b> Springs Range • \$270,000 Under Contract	<b>5903 High Noon Avenue</b> Indigo Ranch • \$469,000
<b>3555 Walker Road</b> Walden Pines • \$95,000 Land	<b>1625 W Colorado Avenue</b> Old Colorado City • \$249,900	<b>7420 Margarita Place</b> Woodmen Oaks • \$535,000 Under Contract
<b>Forest Road</b> Marble Springs • \$95,000 Land	<b>4390 Range Creek Drive</b> North Range of Springs Ranch • \$299,900 Under Contract	<b>2182 Peyton Highway</b> Peyton • \$547,242 New Construction/Under Contract
<b>0000 Waterfall Loop</b> Crystal Park • \$105,000 Land	<b>5745 Arrowhead Drive</b> Bridle Pass • \$359,900 Under Contract	<b>1043 Greenland Forest Drive</b> Monument • \$579,900
	<b>13985 Westchester Drive</b> Glen Eagle • \$379,900 Under Contract	<b>3335 Angelstone Point</b> Peregrine • \$825,000

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