

# 5 Health

- Who are the people?
- Where are they?
- What are they doing?



This unit is about health.  
You will learn how to:

## Listening and speaking

- Give personal information about yourself Sc/E1.3a, 4b; Lr/E1.4b
- Understand questions and explain when you are ill Sc/E1.3b, 4a; Lr/E1.1c, 2b
- Make an appointment with the doctor and dentist Sc/E2.2a, 3d; Sd/E1.1b; Lr/E1.2e, 5c
- Ask for medicines at the chemist's Sc/E1.2a; Sd/E1.1b; Lr/E1.1c, 2e, 3a, 5c

## Reading and writing

- Read and write information at the doctor's Rt/E1.1b; Rw/E1.1b, 2a, 3a; Wt/E1.1a
- Know words for parts of the body Rw/E1.1a; Ww/E1.1a, 1b, 1c
- Write appointments in a diary Wt/E1.1a
- Read instructions on medicines Rt/E1.1b

## Registering with a doctor

Filiz and her family are new to Birmingham. She goes to register with a doctor near her house.

### Activity A • At the doctor's

1 Who are the people in the picture?



2 The receptionist asks Filiz for information. Put the information in order. Listen. Write a number in the box.

- First name
- Date of birth
- Family name  1
- Telephone number
- Address
- Nationality

3 Your teacher will give you some cards. Match the words on the cards with the receptionist's questions.

4 Listen again and check your answers.

### Activity B • Giving personal information

Work in pairs. Your teacher will give you a form. Ask questions to complete it.

#### Remember

- When you give the information, say names and numbers slowly and clearly.



## Instructions

### Activity A • Reading instructions

1 Look at the texts. Which ones are instructions? Tick the boxes.

**A**

**Dosage**

- Adults and children over 12 years: 1 or 2 tablets 3 times a day
- Children under 12: 1 tablet 3 times a day

DO NOT TAKE MORE THAN 6 TABLETS IN 24 HOURS

**B**

**MARTLEY MEDICAL CENTRE**

**Surgery hours**

Monday – Friday: 8:00–7:30  
 Saturday: 9:00–12:30  
 Sunday: closed

**C**

**Meadow Walk Dental Practice**

Your next appointment

Mr Harris

4:30 Tuesday 2nd May

**D**

**DOSE**

Take every 4–6 hours

Adults and children over 12:  
 one 5 ml spoonful

Children 6–12:  
 one 2.5 ml spoonful

**E**

**Garland Dental Clinic**

- We care for your teeth
- NHS treatment available
- New patients and children welcome
- Saturday morning and late evening appointments

Keep out of reach of children

2 Work in pairs. Decide where you can find these different texts.



# Signs

## Activity A • Signs in a health centre

1 Read the signs.

RECEPTION

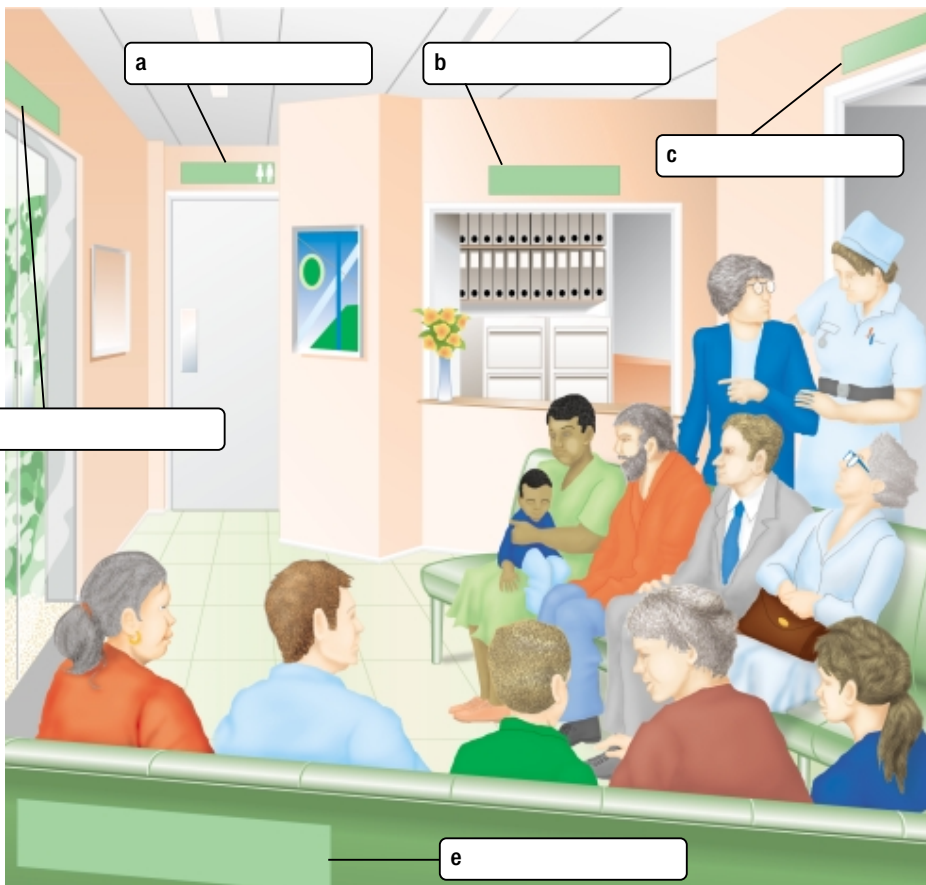
TOILETS

WAITING AREA

WAY OUT

COMMUNITY NURSE

2 Look at a picture of the health centre. Where do you find the signs? Write the words on the picture.



# A doctor's surgery

## Activity A • Reading about a surgery

This is the leaflet about the Ashlea Surgery in Birmingham.

## + Ashlea Surgery

**Services**

- Well Man Clinic
- Well Woman Clinic
- Diabetic Clinic
- Asthma Clinic

**The team at the surgery**

**Receptionist:** Annie Butler

**GPs:** Dr Leila Green,  
Dr Joseph Golden,  
Dr Solym Ahmed

**Nurse:** Sheila Thomas

**Number for appointments:**  
0121 987765

**EMERGENCY NUMBER:**  
0121 987764

**How to find us:**

*Ashlea Surgery*

**SURGERY HOURS**

Monday	8:00–4:00
Tuesday	8:00–4:00
Wednesday	8:00–6:30
Thursday	8:00–6:30
Friday	8:00–6:30
Saturday	9:00–11:30
Sunday	Closed

Work in pairs. Read the leaflet. Answer these questions.

- a How many GPs are there at the surgery? ..... 3
- b What is the nurse's name? .....
- c Which street is the surgery in? .....
- d Which day is the surgery closed? .....
- e What time does the surgery close on Wednesdays? .....
- f What time is the first appointment on Saturdays? .....
- g What is the number for appointments? .....

## The body




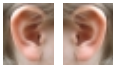

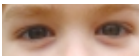


### Activity A • Words for parts of the body

1 Match the words and the parts of the body.

2 Write the plurals for these parts of the body.

- ear .....
- leg .....
- foot .....
- arm .....
- finger .....

**Remember!**

	
hand	hands
	
ear	ears
	
eye	eyes
	
foot	feet



## Filling in a form

### Activity A • Capital letters and small letters

Match the words.

- |                 |   |               |
|-----------------|---|---------------|
| a first name    | → | ADDRESS       |
| b family name   | → | FIRST NAME    |
| c address       |   | DATE OF BIRTH |
| d telephone     |   | AGE           |
| e age           |   | NATIONALITY   |
| f date of birth |   | TELEPHONE     |
| g nationality   |   | FAMILY NAME   |

2 Fill in the form with your details.

### Green Oak Health Centre

Family name .....

First name .....

Date of birth .....

Address .....

.....

.....

.....

.....

.....

Telephone number .....

Nationality .....

Male / Female (please circle)



# Mini-projects

## Activity A • Find a leaflet

Go to your local doctor's surgery and ask for a leaflet about the services.

## Activity B • Your GP

Complete this information about your GP.

GP'S NAME: \_\_\_\_\_  
 ADDRESS: \_\_\_\_\_  
 PHONE NUMBER: \_\_\_\_\_ EMERGENCY NUMBER: \_\_\_\_\_

## Activity C • The dentist

What is the name and address of your local dentist?

• Name: ..... • Address: .....  
 .....  
 • Telephone number: .....

## How am I doing?

I can	Yes	I need more practice
Give personal information about myself	<input type="checkbox"/>	<input type="checkbox"/>
Understand questions and explain when I am ill	<input type="checkbox"/>	<input type="checkbox"/>
Make an appointment with the doctor and dentist	<input type="checkbox"/>	<input type="checkbox"/>
Ask for medicines at the chemist's	<input type="checkbox"/>	<input type="checkbox"/>
Read and write information at the doctor's	<input type="checkbox"/>	<input type="checkbox"/>
Know words for parts of the body	<input type="checkbox"/>	<input type="checkbox"/>
Write appointments in a diary	<input type="checkbox"/>	<input type="checkbox"/>
Read instructions on medicines	<input type="checkbox"/>	<input type="checkbox"/>

## My health

### Activity A • What's the matter?

1 What's the matter with Gulay?

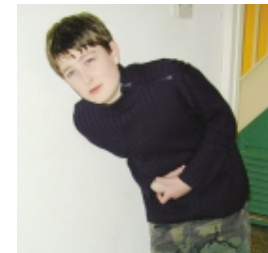
*I can't go to school today, Mum.  
I've got a sore throat.*



2 Look at these five people. What's the matter with them? Listen. Write the number of the conversation in the box.



Patrick



Tom



Florida



Harry  1



Jackie

3 Work in pairs. Look at the pictures. Ask about the people.

*What's the matter with .....*

*He's got .....*

### Remember!

- When we speak we say:  
*I've got a headache* = I have got  
*She's got backache* = She has got  
*He's got toothache* = He has got

# Appointments

## Activity A • Making an appointment

Filiz's daughter, Gulay, is ill. Filiz phones to make an appointment for Gulay.



- 1 Which doctor does Filiz ask for?  
 Dr Green     Dr Golden     Dr Ahmed
- 2 When is the appointment? Tick the day and the time.

February		09:00	<input type="checkbox"/>
Monday 17	<input type="checkbox"/>	09:30	<input type="checkbox"/>
Tuesday 18	<input type="checkbox"/>	09:45	<input type="checkbox"/>
Wednesday 19	<input type="checkbox"/>	09:45	<input type="checkbox"/>
Thursday 20	<input type="checkbox"/>	09:45	<input type="checkbox"/>
Friday 21	<input type="checkbox"/>	09:45	<input type="checkbox"/>
Saturday 22	<input type="checkbox"/>		

- 3 Filiz is making an appointment for her husband at the dentist's. Listen to the conversation.

<b>Receptionist</b>	<b>Filiz</b>
Hello. West Street Dental Practice.	Hello. Can I make an appointment for my husband to see the dentist, please?
Yes, what's the name, please?	Ali Akpinar.
Can you spell that, please?	Yes, it's A-K-P-I-N-A-R. Ali Akpinar.
We've got an appointment on Friday evening.	On Friday evening. At what time?
It's at 6:30. Is that OK?	Yes, that's fine.

- 4 Work in pairs. Practise the conversation.

## Check it

### Activity A • Health words

Look at the pictures and find the words.

s	e	a	r	a	c	h	e	v
x	h	t	b	c	h	s	p	m
n	n	u	r	s	e	k	f	h
y	r	b	k	s	m	w	c	p
q	d	e	n	t	i	s	t	y
r	o	v	b	m	s	n	l	p
n	c	w	d	b	t	x	f	f
m	t	c	k	t	z	l	j	e
t	o	o	t	h	a	c	h	e
b	r	n	l	p	r	f	h	t
c	r	t	n	f	m	s	v	n



### Activity B • At the doctor's and the chemist's

Complete the sentences with the words in the box.

Can I have    How many    How much    I've got    ~~Can I make~~

- a Can I make an appointment to see the doctor?  
 b ..... earache.  
 c ..... tablets do I take?  
 d ..... a packet of paracetamol?  
 e ..... are they?

## Phone call to a college

Filiz is an ESOL student at Birmingham City College. Today she is ill. She can't go to college.



### Activity A • Phoning to say you're ill

- 1 Filiz telephones her college. Listen. What's the matter with her? Tick the box.

headache

toothache

backache

- 2 Listen again. Match the questions and the answers.

a

Hello. Birmingham City College. Can I help you?

Yes, it's W40356.

b

Sorry, can you spell your surname?

Yes. My name's Filiz Akpınar. I've got bad backache and I can't come to class this afternoon.

c

What class are you in?

Yes. A-K-P-I-N-A-R.

d

What's your teacher's name?

Maria Kelly.

e

Do you know your student number?

ESOL 4.

#### Remember!

- When we speak we use the short form.

*I'm ill* = I am ill

*He's ill* = He is ill

*I'm not well* = I am not well

*She isn't well* = She is not well

### Activity B • Saying why you can't come to class

- 1 Practise the conversation in Activity A.
- 2 Work in pairs. You are ill. Phone your college and explain why you can't come to class.

### Activity B • Writing appointments in a diary

Write the appointments for Gulay and Ali in Filiz's diary.



## February

Mon 17

Ali Home Office 12.30

Tue 18

Wed 19

Parents' evening Gulay's school 7:30

Thu 20

Fri 21

Sat 22

Sun 23

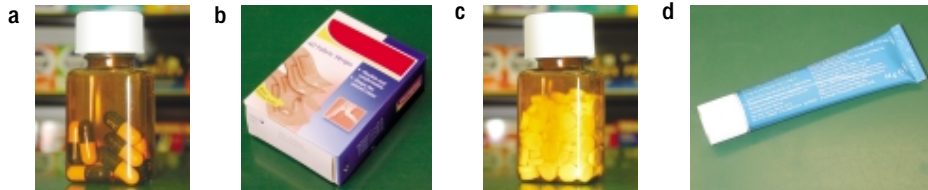
Yasar football training 9:30

## At the chemist's

### Activity A • Things you can buy at the chemist's

1 What are these things? Write the words under the pictures.

bottle capsules ointment packet plasters tablets tube



capsules

bottle

2 Filiz's son, Yasar, is ill. She goes to the chemist's. Listen. What does she buy?



3 Listen again and circle the correct words.

- a My son has got a cold / **flu**.
- b He's got earache / a temperature.
- c How much is it / are they?
- d Can I have a small / large bottle, please?

### Activity B • Asking for things

Work in pairs. Role play conversations at the chemist's. Your teacher will give you some cards.

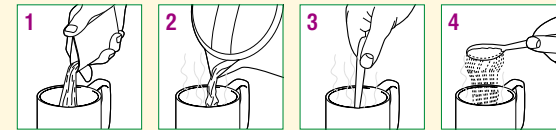
## Medicine instructions

### Activity A • Reading instructions for taking medicine

1 Read the instructions for a medicine called Betterquick. What is the medicine for?

### Take **BETTERQUICK** for flu and colds

#### How to take:



How many to take: Adults and children 12 and over: 1 sachet every 4 hours

**DO NOT GIVE TO CHILDREN UNDER 12**

2 Match the instructions and the pictures.

- a Stir well.  3
- b If you want, add sugar or honey to taste.
- c Open sachet of powder and pour it into mug.
- d Fill mug with hot water.

3 Can a six-year-old child take Betterquick?

### Activity B • Taking medicines

1 Listen to three people asking about medicines. Tick the correct answer.

- a 2 tablets 2 times a day  3 tablets 2 times a day
- b 2 spoonfuls 3 times a day  2 spoonfuls 4 times a day
- c after meals  before meals

2 Listen again and practise the questions.

3 Work in pairs. Role play conversations at the chemist's.