

National Irish Safety Organisation



52nd Annual Health & Safety Conference
& Awards Presentation

Good Safety is Good Business



Evening Workshop: Thursday, 1 October 2015

Conference & Awards Dinner: Friday, 2 October 2015

Radisson Blu Hotel & Spa, Galway

Supported
by:



Safety Awards in
association with:



anderco
when know-how matters



safetyconference.ie
niso.ie

Conference Sponsors:



Media Partner:



Message from the President and Conference Chairperson

On behalf of the National Irish Safety Organisation, I wish to cordially invite you to participate in our 52nd Annual Health and Safety Conference, which is being hosted by the NISO Western region in the Galway Radisson Blu Hotel & Spa.

This year, the NISO Conference will focus on the theme of "Good Safety is Good Business", bringing attention to workplace health, wellbeing and the importance of developing good safety cultures.

The programme for our 52nd Annual Conference promises to offer delegates an insight into current topical issues with presentations from our panel of esteemed national and international speakers. Delegates will hear presentations on a wide range of health and safety issues including musculoskeletal disorders, health and wellbeing, ergonomics and root cause analysis.

From Knoxville, Tennessee, one of our renowned international speakers, Mark Paradies, will present on root cause analysis and human performance. A lead developer of the TapRoot® Root Cause Analysis System, Mark started his career as an officer in the US Nuclear Navy. Dr. Kate O'Flaherty, Director of the Health and Wellbeing Programme with the Department of Health, will present

on the development of a national "Healthy Workplace" framework across the public and private sector throughout 2015-2017.

As the forerunner to the Safety, Health and Welfare at Work Act, NISO is proud of its achievements to date and we sincerely thank you, our members and supporters, for helping us on our mission to create safer, healthier workplaces throughout Ireland. While much has been done to improve health and safety in the workplace, there is still more to do.

Your attendance at the 2015 conference will clearly demonstrate your ongoing commitment to workplace health and safety.

We look forward to your participation.

Pauric Corrigan,
President and Conference Chairperson



What are the benefits in attending?

The National Irish Safety Organisation has organised a wide ranging informative programme with well-respected speakers for its Annual Conference in 2015.

The 52nd National Conference on "Good Safety is Good Business" is the opportunity for you to:

- Keep abreast of the latest industry findings, both in Ireland and abroad;
- Listen to prestigious speakers of national and international renown and ask them questions;
- Find out ways of tackling some of the issues you are most concerned about;
- Appreciate the correlation between efficient health and safety management and lower levels of workplace accidents together with a healthier workforce;
- Network with like-minded professionals.

Presentations

- Essential business synergies
- Good safety is not just good business it's everybody's business

- How the US Nuclear Navy achieves zero process safety accidents
- Building a more resilient workforce
- Healthy Ireland - working in partnership for Healthy Workplaces
- The influence of social media on communications
- Good ergonomic principles for health and safety
- Insuring business success - Taking your health and safety beyond compliance
- Driving for Work - it's your responsibility

Evening Workshop: Suicide Prevention and Introduction to QPR Training

Workshop presented by Console CEO, Paul Kelly. Console is a national organisation supporting people in suicidal crisis and those bereaved by suicide through professional counselling, support and helpline services.

Health and Safety Exhibition

See the latest products and services relating to occupational health and safety at the trade exhibition.

Who should attend?

- Chief Executives
- Senior Managers
- Influencers and all of those who have responsibility for leading and managing people in organisations big and small
- Board Directors with responsibility for Corporate Governance
- Health and Safety Managers/Officers
- Health and Safety Consultants/Advisers
- Occupational Physicians
- Occupational Hygienists
- Occupational Nurses
- Occupational Health Professionals
- Safety Engineers
- Line Managers
- Production Managers
- Safety Representatives
- Safety Committee Members
- HR Managers
- Environmental Managers/Officers
- Office Managers
- Trade Union Officials
- Facilities Managers
- Company Secretaries
- Insurance/Loss Control Officials and Advisers
- Medical Personnel
- Physiotherapists
- Security Officials
- Government Representatives
- Suppliers of Safety and Health Products and Services
- Legal Professionals



Programme

Thursday, 1 October 2015

19:30 - 20:30 **EVENING WORKSHOP: SUICIDE PREVENTION AND INTRODUCTION TO QPR TRAINING**
Workshop hosted by Console CEO Paul Kelly.

What is QPR TRAINING?

QPR is a suicide prevention training program that stands for 'Question, Persuade and Refer'. Three simple steps that anyone can quickly learn to help save a life from suicide.

People considering suicide often feel very isolated and alone. They may feel that nobody can help them or understand their pain. When unable to see any other way of dealing with pain, suicide may seem to be a way out.

Recognising the warning signs of suicide and learning the skills to help its prevention are skills that everyone should learn.

Just as people trained in CPR help save thousands of lives each year, people trained in QPR learn how to recognise the warning signs of a suicide crisis and how to question, persuade and refer someone to help.

Friday, 2 October 2015

ANNUAL HEALTH & SAFETY CONFERENCE GOOD SAFETY IS GOOD BUSINESS

07.45 REGISTRATION, COFFEE AND EXHIBITION VIEWING
NEW HEADING

Session 1

08.30 **WELCOME ADDRESS AND OPENING OF CONFERENCE**
Pauric Corrigan, *President, National Irish Safety Organisation*
Frank Fahy, *Mayor of Galway City*

08.50 **BUILDING A MORE RESILIENT WORKFORCE**
Lorraine Begley, *Occupational Health Manager, Vhi Corporate Solutions*
Joe Doddy, *EAP Manager, Vhi Corporate Solutions*

09.20 **HEALTHY IRELAND - WORKING IN PARTNERSHIP FOR HEALTHY WORKPLACES**
Dr. Kate O'Flaherty, *Director, Health and Wellbeing Programme, Department of Health*

09.45 **INSURING BUSINESS SUCCESS - TAKING YOUR HEALTH AND SAFETY BEYOND COMPLIANCE**
Dr. Peter J Claffey, *Programme Manager, Health and Safety Authority*

10.10 QUESTION AND ANSWER SESSION

10.20 COFFEE AND EXHIBITION VIEWING

Session 2

10.50 **ESSENTIAL BUSINESS SYNERGIES**
Tony Sheridan, *Director, Sisk*

11.15 **GOOD SAFETY IS NOT JUST GOOD BUSINESS IT'S EVERYONE'S BUSINESS**
Ruairi Connor, *Director of Group Operational Risk, Rexam plc*

11.40 QUESTION AND ANSWER SESSION

11.50 LAUNCH OF ALL IRELAND SAFETY QUIZ 2016

12.00 LUNCH AND EXHIBITION VIEWING

Session 3

13.15 **HOW THE US NUCLEAR NAVY ACHIEVES ZERO PROCESS SAFETY ACCIDENTS**
Mark Paradies, *President, System Improvements Inc., The Taproot® Folks*

13.40 **DRIVING FOR WORK - IT'S YOUR RESPONSIBILITY**
Moyagh Murdock, *Chief Executive Officer, Road Safety Authority*

14.05 QUESTION AND ANSWER SESSION

14.15 COFFEE AND EXHIBITION VIEWING

Session 4

14.45 **GOOD ERGONOMIC PRINCIPLES FOR HEALTH AND SAFETY**
Katharine Metters, *Senior Consultant, Posturite Ltd.*

15.10 **THE INFLUENCE OF SOCIAL MEDIA ON COMMUNICATIONS**
Eddie Shaw, *Director of PR, Carr Communications*

15.35 QUESTION AND ANSWER SESSION

15.45 **CLOSING REMARKS**
Pauric Corrigan, *NISO President*

AWARDS DINNER AND POST CONFERENCE GALA DINNER

18.30 CASH BAR

19.00 CALL FOR DINNER

Speakers Biographies



Lorraine Begley, OH Manager, Vhi Corporate Solutions

Lorraine's experience as a Health & Wellbeing professional and role as OH Manager ensure that the Vhi CS service delivers high quality occupational health and wellbeing to employees and organisations. Her main interest is in the area of sustaining work performance through wellbeing initiatives aimed at enhancing employee wellbeing and encouraging employees to take a more holistic approach to their health and lifestyle choices. Lorraine has an MSc in Health & Wellbeing at Work, a H.Dip in Occupational Health and Hygiene, is an RGN and a member of IOSH.



Dr. Peter J. Claffey, Programme Manager, Health and Safety Authority

Peter is a chemistry graduate from UCD. He has been working in the health and safety field for over 30 years, in all areas of workplace regulatory enforcement, particularly in the chemical sector. Currently he has responsibility for managing the Authority's field enforcement programme. He represents the Authority on the EU Senior Labour Inspectors Committee on the rapid sharing of Inspection Information. Peter has written Irish Guidance on the preparation of Safety Statements and Risk Assessments, Safety Consultation and Representation and on Health and Safety responsibilities for Directors and Senior Managers.



Ruairi Connor, Director of Group Operational Risk, Rexam plc

Ruairi is a highly experienced and enthusiastic risk management professional with over 24 years' experience working in the plastic packaging and aluminium industries. Ruairi has an in-depth understanding of key operational risk and social issues affecting corporate global business, from top level strategy development to ground level operational management and implementation. He was a former Chairperson of IOSH South East District. He has been based in London since 2012 with responsibility for the Operational Risk function for Rexam plc.



Joe Duddy, EAP Manager, Vhi Corporate Solutions

Joe is a Registered Organisational Psychologist and is the EAP Manager in Vhi CS. He has worked for almost ten years in the area of EAP and Health & Wellbeing, providing consultancy and training to organisations across all industry sectors on issues impacting on employee performance and wellbeing at work. Joe has particular interest in stress management and the positive impact of a resilient workforce.



Katharine Metters, Lead Consultant, Posturite Ltd.

Katharine Metters is the lead consultant for Posturite Ltd. She is a Chartered Physiotherapist and has an MSc. in Ergonomics, a Pg. Dip. in Health, Safety and Environmental Management, is a chartered member of IOSH and a member of the MIIRSM. Katharine has worked in the field of Occupational Health and Ergonomics since 1991, within a variety of industries, but since joining Posturite has been predominantly focused on the office environment. She is the education officer for the Association of Chartered Physiotherapists in Occupational Health and Ergonomics (ACPOHE) and chairs a Health and Safety group.

Reservation Form

Bookings - 5 Ways to Book

On-line: niso.ie, safetyconference.ie

E-mail: conference@niso.ie Facsimile: 01 465 9765

Telephone: 01 465 9760 Post: Address below

PLEASE PHOTOCOPY THIS FORM FOR MULTIPLE RESERVATIONS.

Delegate Name _____

_____ Title _____

Partner's Name (if attending Awards Dinner)

Tel _____

Fax _____

Mobile _____

E-mail _____

Please give details of any special dietary

requirements _____

Please indicate numbers attending:

Workshop (1 October)

Conference (2 October)

Awards Dinner (2 October)

See website for special packages and early online booking prices niso.ie, safetyconference.ie

Booked by:

Name _____

Title _____

Organisation _____

Address _____

Tel _____

Fax _____

Mobile _____

E-mail _____

Fees: See back page for prices or online niso.ie

Payment

Cheque I enclose € _____

Credit Card Please call +353 (0)1 465 9760 with your payment card details.

Purchase Order Number _____

(In the absence of a cheque or Card payment, a purchase order number must be supplied)

Amount € _____ Date _____

Signed _____

Confirmation of booking to: Booker Delegate(s)
Make cheques payable to: National Irish Safety Organisation.
The conference fee includes refreshments, lunch and delegate pack.

Data Protection

Your name and organisation's details may be included on a delegates list which may be distributed to conference delegates and exhibitors present at the Annual Conference. If you do NOT wish to be included on the list, please tick here:

Completed Reservation Forms to:

National Irish Safety Organisation, A11 Calmount Park, Ballymount, Dublin 12.

Tel: 01 465 9760 Fax: 01 465 9765

E-mail: conference@niso.ie

Good Safety is Good Business



Evening Workshop:
Thursday, 1 October 2015

Conference & Awards Dinner:
Friday, 2 October 2015

**Radisson Blu Hotel & Spa,
Galway**

Supported by: 

Safety Awards in association with:



Conference Sponsors:



Media Partner:

The Sunday BusinessPost

Speakers Biographies cont'd



Moyagh Murdock, Chief Executive Officer, Road Safety Authority

Moyagh Murdock has been in the transport sector for over 20 years. She spent ten years in the airline industry having worked in Bombardier in Belfast as an aircraft systems engineer and subsequently at TEAM Aer Lingus. Moyagh then moved into the heavy plant, construction and marine industry working for the Caterpillar dealership in Ireland as Group Product and Customer Support Manager. Before joining the RSA she was the Chief Operating Officer for Bus Éireann. Moyagh comes from Newry and graduated from Queen's University Belfast with a B.Eng. Mechanical Engineering. In 2012 she was awarded an MBA from Dublin City University (DCU).



Dr. Kate O'Flaherty, Director, Health and Wellbeing Programme, Department of Health

Kate leads the unit in the Department of Health which coordinates the implementation of Healthy Ireland, the national cross-sectoral framework for improving the health and wellbeing of the population which was published in 2013. A pharmacist by profession, Kate also holds an MA in journalism and has worked in a variety of roles in both professions. In 2007 she joined the Pharmaceutical Society of Ireland, the pharmacy regulator, as Head of Communications and Practice Development, and in 2013 moved into her current role in the Department of Health.



Mark Paradies, President, System Improvements Inc., The Taproot® Folks

Mark Paradies is an expert in root cause analysis, human performance, and process safety, who has worked with leading companies around the world to improve safety, operations, quality, and equipment reliability. He started his career as an officer in the US Nuclear Navy serving aboard two nuclear powered cruisers. Later, he worked for Du Pont developing methods to improve process safety. He started System Improvements in 1988 and led the development of the TapRoot® Root Cause Analysis System that is used by leading companies around the world.



Eddie Shaw, Director of PR, Carr Communications

Eddie Shaw joined Carr Communications in 2006 as Head of Public Relations. He now leads a team of PR specialists working with leading clients across the public, corporate, pharmaceutical and healthcare sectors. Eddie has more than 30 years' business experience at a senior level gained primarily in the Financial Services sector. He served as Vice President and later President of the Insurance Institute of Ireland; was a member of the board of the National Safety Council and the High Level Group on Road Safety from 1996 to 2005; was Chairman of the National Safety Council from 2000 to 2005 and is a member of the Steering Group of a number of EU funded research programmes.



Tony Sheridan, Director, Sisk

An engineer, Tony spent his early career working for a tier one contractor on major construction projects in the UK. On returning to Ireland in 1993, he spent two years in a local authority followed by a four-year tenure as facilities / safety engineer during the rapid growth years of DELL's European manufacturing facility in Limerick. In 1996, he was part of the first batch of graduates from the UCD SHWW Diploma class, and in 1999 he joined Sisk as their Western Region HSE Manager. He now heads up Sisk's Safety, Quality and Sustainability Department across Ireland, UK, Europe and the UAE.

Administrative Details and Further Information

Attendance fees

See website for special packages and early online booking discounts
niso.ie and safetyconference.ie

Conference Only Delegate Fee: 2 October 2015

€340 (NISO members)

€425 (Non members)

€50 (Full time student and unwaged rate)

Further discounts online

Special volume discounts, packages and early online booking discounts under events at niso.ie and safetyconference.ie

Awards Dinner: 2 October 2015; 19:00 hrs

€120 per person (NISO members)

€150 per person (Non members)

Further discounts online

Special volume discounts, packages and early online booking discounts under events at niso.ie and safetyconference.ie

Exhibition: 2 October 2015

Visit the exhibition to view the Health and Safety Products and Services

Evening Workshop: 1 October 2015, 19.30hrs Suicide Prevention and Introduction to QPR Training

Workshop hosted by Console.

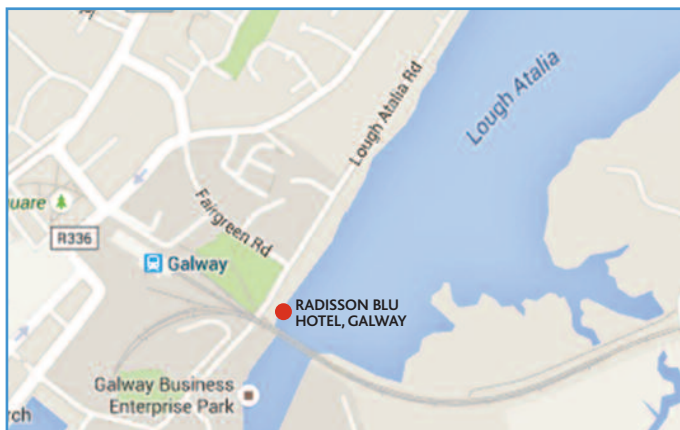
€40 per person (NISO members)

€50 per person (Non members)

Further details and online bookings under events at niso.ie and safetyconference.ie

Special Package, Online Offers and Early Booking Discounts

Online under Events at niso.ie or safetyconference.ie



Conference website:

Please visit our dedicated conference website, safetyconference.ie, for the most up to date information on the 2015 NISO Conference.

Bookings - 5 ways to book

Online: niso.ie or safetyconference.ie

Email: conference@niso.ie

Facsimile: +353 (0)1 465 9765

Telephone: +353 (0)1 465 9760

Post: Address below

Booking confirmation

Bookings with payments received before 19 September 2015 will be confirmed by email or post. All online bookings will be confirmed immediately.

Cancellations / Substitutions

Full refunds issued only if more than 2 weeks' written notice of a cancellation is received; 50% refund issued if 1 – 2 weeks written cancellation notice received; no refund issued if fewer than 7 days' cancellation notice is received. Please visit niso.ie under Refund Policy for further information. Substitutions may be made at any time prior to the event.

Hotel accommodation

Reduced rate accommodation has been arranged for delegates at the Galway Radisson Blu Hotel & Spa (please contact the hotel directly and quote NISO when making a booking).

Galway Radisson Blu Hotel & Spa

www.radissonhotelgalway.com

Reservations:

Telephone: +353 (0)91 538 300

Fax: +353 (0)91 538 606

Email: reservations.galway@radissonblu.com

Conference B&B Rates:

€140 double/twin, €120 single

These rates will also apply for delegates wishing to stay on for the weekend.

Travel

Car, Rail, Bus:

Car Parking is complimentary for hotel guests in the hotel car park.

Trains run from Dublin (Heuston Station to Galway approximately every two hours. www.irishrail.ie for timetables.

Bus services to Galway operate on a regular schedule. The hotel is a three minute walk from the train / bus station.