

6 AMAZING BENEFITS OF PLASMA
Your Body, Mind & Spirit will thank you!

SPECIAL REPORT – GUIDE TO USING PLASMA AT HOME

By Cary Kirastar Ellis, author & show host
Presented & Published by 21st Century Superhuman

Visit us at www.21stcenturysuperhuman.com where we offer exciting classes and plasma products to enhance the Super Human Life!

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Why Become a Vegetarian?

Benefits for Health and Longevity; Truth About Weight Loss

1. BALANCE HEALTH, RESTORE ENERGY

Plasma Balances Fields In and Around the Body

Plasma Replenishes the Body's Energy Fields

Plasma Offers Nutrients Beyond the Matter State

The Body Takes what it Needs and Leaves the Rest

2. PROMOTE WEIGHT LOSS & ANTI-AGING

Grow Younger

Soften Lines & Wrinkles

Discover Your Lean Super Self

Let Cravings Disappear

For those who EXPLORE the POSSIBILITIES of PLASMA, everything changes.

3. GARDENS OF THE FUTURE

Produce 3x as much FOOD
Disease & Drought Resistant Plants
Reversal of GMO – to original traits

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5. HOME OASIS

Plasmafy: Cleaning, Painting, Laundry, Auto
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Avert Storms
Counteract Chemtrails
Enhance Resonance
Detoxify Pesticides

Use Your Water Station to Make Your Home an OASIS of Safety, Peace & LOVE

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All the Food, Medicine, Herbs, Vitamins and Minerals Needed
If System Shuts Down, You are Ready

All Available in your Never-Ending Plasma Water Station.
Learn how to Maximize it!

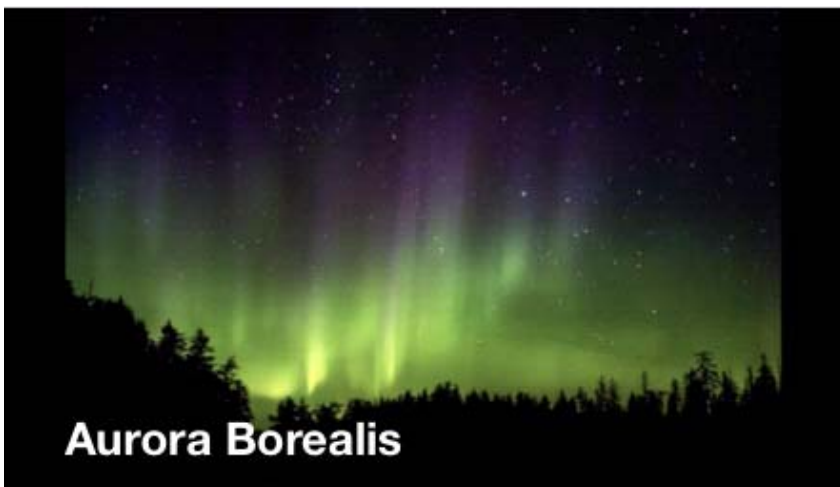
Introduction: WHAT THE HECK IS PLASMA ANYWAY?

In the beginning was plasma.

Imagine the ocean, minerals in solution, the same minerals that make up our blood, amino acids floating on the surface and suddenly a bolt of lightning strikes sending electricity through this medium and life is born! This is the action of plasma.



Plasma is the substance of the universe. Plasma is in our blood, sea water, in the sun, in lightning, in the aurora borealis, the stars, nebula and more.





Many of us were taught in school that Space was empty. Nothing could be further from the truth. Quantum physicist, Nassim Hamein tells us there is enough energy in one cubic foot of space to run everything on earth for a year.

In 2016 I was drawn to the teachings of nuclear engineer, Mehran T. Keshe, at the release of the Magrav free energy Blueprint.

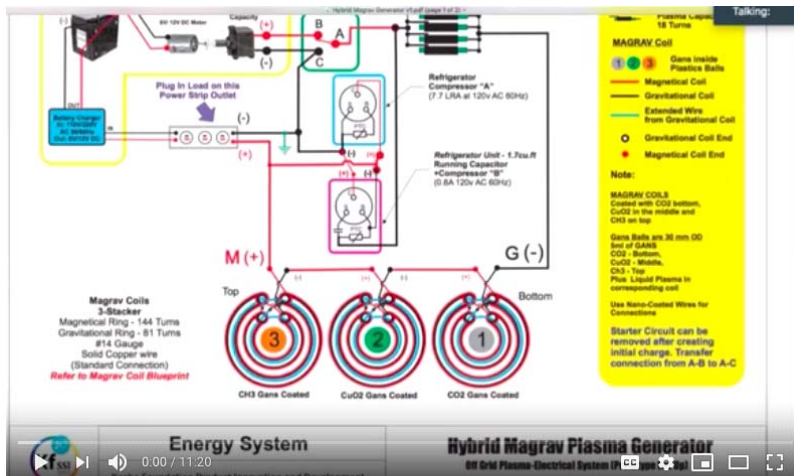
You could feel the waves of excitement going around the world – with people from many countries gathering at online teachings, asking questions, experimenting and putting new skills into practice.

People complain because we still do not completely have free energy. Yet we have made huge inroads in that direction. I believe some of the plasma science has been held back because of the warlike nature of our modern culture, which must change so that this science isn't used destructively.

It is really amazing how this plasma science has reached out from these life teachings of Mr. Keshe to literally millions of people, and it has become woven into the fabric and minds of the global culture.

The Keshe foundation is doing a lot, and they're proceeding forward towards Space technology, however it is the many bright minds of all the people on earth, putting into practice these new ways of thinking that will carry us ahead into the next wave of our future.

That future is here now.



2016 08 15 AM SSI KSW 131 Hybrid Magrav Generator v1 - Blueprint Explanation

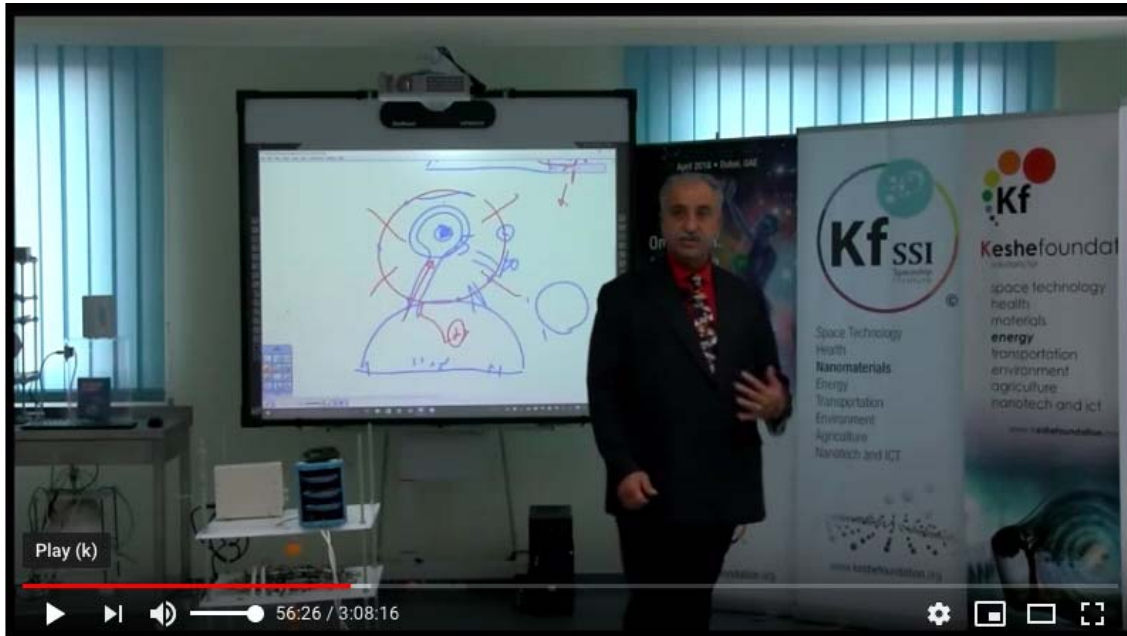
10,519 views · Aug 17, 2016

81 7 SHARE SAVE ...

I joined with others from nearly every country around the world, absorbing like a sponge the basics of this amazing ‘new plasma science,’ in weekly Knowledge Seekers Workshops (KSW), continuing now for over 5 years.

These 4 hour weekly teachings can be found on the YouTube channel, ‘Keshe Foundation Spaceship Institute,’ and are worth listening for those who really want to know the inner workings of plasma science.

There are literally thousands of hours of MT Keshe’s teachings given freely on YouTube, on the new plasma technology, with translations in many languages, as well as private teachings and many more resources at KesheFoundation.org.



140th Knowledge Seekers Workshop Oct 6th 2016

It is like a school classroom with a great teacher, patiently sharing principles of this new plasma science, promising to carry us into a better future, with basic knowledge of plasma tools to solve pressing needs in health, agriculture, energy, transportation, communication and space travel.

After participating in Knowledge Seekers Workshops online, I was so inspired I did a 90 day tour, teaching Plasma Energy Workshops in the US and then was invited to teach in South Africa as well.

I met many great people along the way, interested in better ways of living and being on Planet Earth. Reports on these can be found at my 21st Century Superhuman Youtube channel.

Many KSW students began to develop innovative ideas with the plasma technology. Some create and sell plasma products, as does the Keshe Foundation.

We stand at the dawn of a new era of technology, that will be able to solve many ecological, health and energy challenges in the twinkling of an eye in coming years.

We are taking our first 'baby' steps into using this new technology. We have entered the era of 'future science' where what may have seemed like science fiction is coming true.

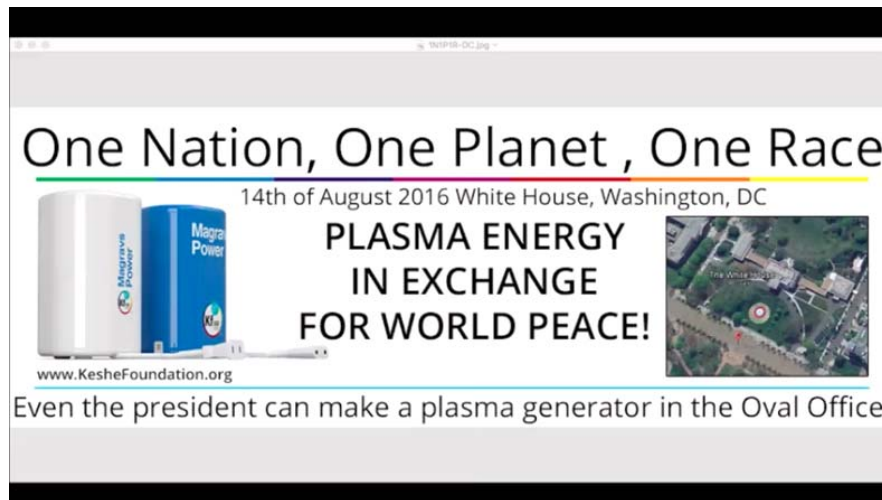
The Keshe Foundation offers plasma technology in exchange for World Peace, and uses the technology to meet these ends.

They also offer a weekly series of teachings on Youtube called, “One Nation, One Planet, One Race for World Peace,” and have developed a Universal Council to help solve planetary issues with plasma technology.

A large dedicated mostly volunteer International team of people have contributed to translations, transcriptions, video making, PowerPoint presentations, experimental Laboratories and gardens and medical innovation, supporting the Keshe Foundation which has been spearheading this movement, yet it the plasma science movement has become so big that it now belongs to everyone!

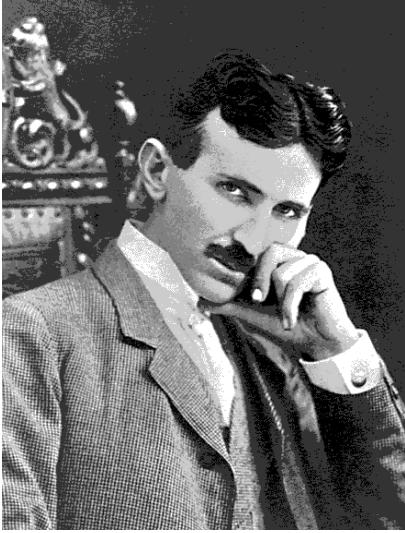
Thank You

I'd like to honor and thank the Keshe Foundation and the huge Global community (from nearly all countries & many languages) that has been activated and become involved in this plasma science over the last few years, who out of curiosity to learn, drive to put it into practice, and innovation to develop these new ideas have together, made amazing progress in bringing this new plasma science to the forefront, to serve and better the lives of all humanity. AHO.



129th Knowledge Seekers Workshop Aug 12 2016

NIKOLA TESLA (1856-1943), best known for discoveries of alternating current said, “The day science begins to study nonphysical phenomena, it will make more progress in one decade than in all the previous centuries of its existence.”



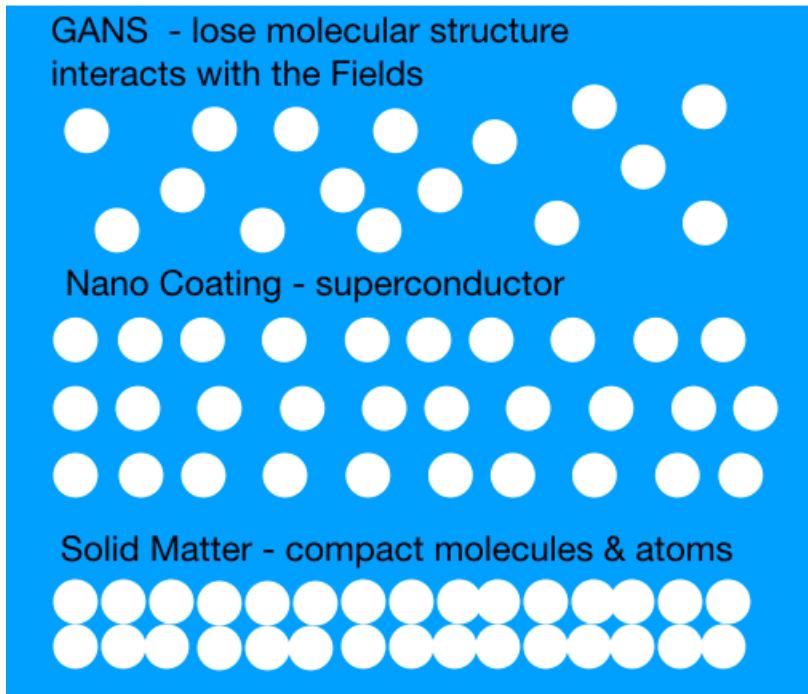
Chapter 1 BALANCE HEALTH, RESTORE ENERGY

a. Plasma Balances Fields In and Around the Body

Over the last many centuries, science has dealt mostly with the matter state, as well as most recently, nuclear and atomic.

Plasma introduces a new area of science dealing with 'FIELDS.'
These fields generate the atoms and all the matter that we see around us.

Through plasma science, we recognize denser molecular structure of the matter state, expanded molecules of the nano state, and further expanded into GANS (gas in the nano state) interacting with the plasmatic fields.



In the basics of plasma science, we learn how to make nano materials and GANS. If you would like to learn to make them, there are many videos on Youtube, and be sure to look for a Free Plasma GUIDE at our 21st Century Superhuman website.

We can begin to become aware that we are actually plasma beings and connected with our souls and all life.

Opening our minds to a new paradigm, we learn that our bodies are made up of plasmatic fields.

My all-time favorite saying of Mr. Keshe, “You need to learn to think beyond the matter state,” is a constant reminder to me to expand my way of thinking about our existence here.

We use plasma tools in specific ways, to offer ‘concentrated’ plasmatic fields for the body to choose and absorb what it needs, thus assisting the body to restore balance.

It is a big [and exciting] shift from our longtime view of the body as dense 3D matter, and ‘fixing it’ with matter state physical remedies, to recognizing that the body is made of plasmatic, multidimensional fields, that can be brought into balance by exposure to other plasmatic fields. Wow!

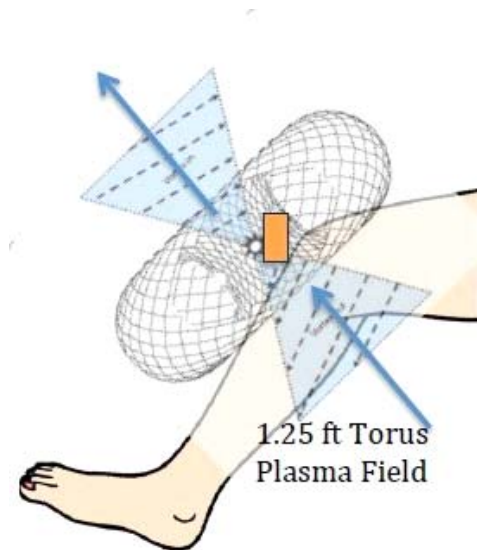
b. Plasma Replenishes the Body's Energy Fields

Even the simplest plasma tools in the home can help create fields around the body, that will replenish and balance the body's energy fields.

When plasma devices are set next to the body, additional magnetic-gravitational torus fields are activated, that can enhance and replenish the body's fields, thus assisting it in its own recovery or wellness process.

The torus field is intrinsic to the movement of magnetic – gravitational fields, and thus plasma. The torus field constantly gives energy freely, and we are part of and surrounded by these fields.

Plasma tools simply direct the natural process that is already going on.



Stress, poor nutrition, negative thinking, worry, grief, sorrow, sadness, being disconnected from the soul can all deplete the body's fields.

Millions of fields constantly move and interact based on their magnetic strength. As the magnetic fields move outward, they activate the plasma and inward flowing gravitational fields.

c. Plasma Offers Nutrients Beyond the Matter State

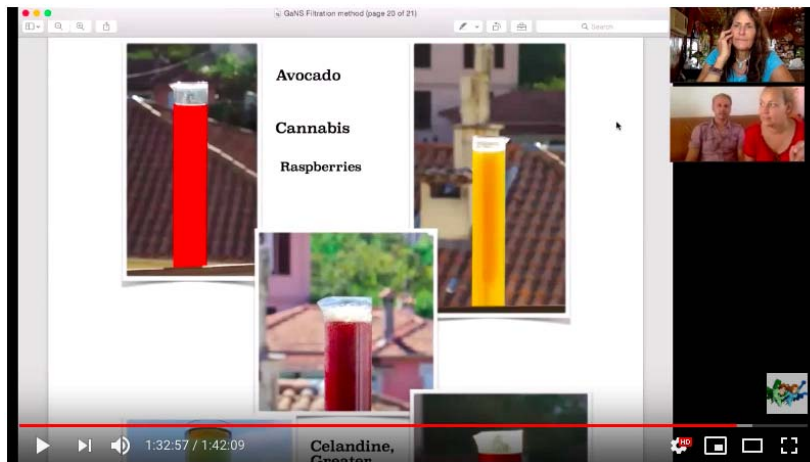
This is amazing! Plasma offers nutrients beyond the matter state. What does this mean?

Our matter realm here can be broken down into the periodic table of mineral elements.

Things like carbon, oxygen, hydrogen and iron are basic to the make up of the human form and much of the world around us.

These are the basic items that we make Gans out of. Also known is gas in a nano state, which is constantly emitting field strength and can actually feed our body.

We also make Gans out of food and many other mineral elements including gold and silver. There are several fascinating 21st Century Superhuman Youtube shows on this.



How to Make Liquid Plasma Food with Arvis & Litha NEW! - 21st Century Superhuman

4,915 views • Sep 2, 2016

65 1 SHARE SAVE ...

When I traveled and co-taught plasma energy with a friend on the 90-day tour, the kind people that we stayed with would feed us wonderful meals. My friend and I would look at each other afterwards and just say that we were stuffed!

This was my first experience of realizing that being around Gans and plasma tools all the time, nourished me and I really didn't need as much food anymore.

This is an example of ice made from the water that we drink at home which is potentized by many plasmatic fields. It contains the plasma of foods, herbs, vitamins and minerals, and many nourishing and healing substances.

This water can be found at Plasma Energy Solution dot com [coupon CARY for 15 percent off] And I can actually share this water with others by giving them a bottle of mine to potentize the water at their house for disaster relief, health and just all around well-being. How cool is this?



I haven't done the experiment of going completely without food for long periods with a plasma station, though some have and report feeling very well in the process.

Dr. Rodrigo tells us, this is an exciting evolutionary change we will potentially gradually go through over many years – both humans and animals – as there is more living from the heart and our plasmatic soul state, with no longer any need for any living thing to suffer for another to eat.

This is a new way of living in the body without the pleasure of tasting food to survive, but just thinking of the pleasure of it and being nourished by the fields enhanced around us.

Over my time I've been around plasma tools, my desire for food is much less, and I am so nourished by very simple things. I know that I am being constantly fed by the plasmatic fields around me that have been established in my home Oasis.

d. The Body Takes what it Needs and Leaves the Rest

Where there is a weakness in the body's fields due to imbalances, stronger fields can interchange to rebalance the body's fields. It takes only what it needs and leaves the rest.

We are in the early stages of putting this into practice.

Doctors around the world who are becoming aware, are getting involved with

developing and utilizing plasma tools to generate 'future science' pods and environments for the body to restore wellness in just a few hours or days.

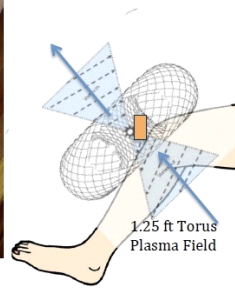
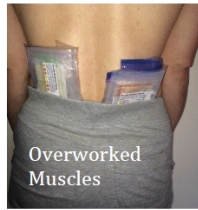
Field interactions are based on the magnetic – gravitational strength of those fields. This is how they interchange. What isn't taken up in this flow returns to the center of the torus field.

The fields are constantly given out freely. Below is an example of plasma water in jars, and a small amount put into color coded pads to use around home and body.



Here are ideas for how the plasma pads can be applied to experiment with changing balance of conditions in the body.

Suggested Experiments:



Duration of Use: It is suggested to leave the patches on for about 20-30 minutes then remove them.

Chapter 2 PROMOTE WEIGHT LOSS & ANTI-AGING

a. Grow Younger

Wouldn't we all like to stave off the aging process?

We are entering an age where this is not only possible, it will soon be available for everyone.

As we turn our homes into Plasma Oasis' we set up fields that keep us more relaxed, at peace, better nourished and filled with energy and deep rest.

I see changes in myself over my now 4-5 years of working with plasma tools, and I see the changes in others I know who are consistently around gentle plasma devices.

b. Soften Lines & Wrinkles

We see lines softening, and a brighter aura around the field of individuals.

Numerous students from around the world have been creating luscious plasma creams, soaps, lotions, toothpaste and drops with great reports from users of lines and wrinkles disappearing.



Plasma Health Pens, Soaps, Inhaler, Orgonite w/Plasma GIFTS - 21st Century Superhuman Show

463 views · Oct 27, 2018

👍 21 🗨️ 0 ➔ SHARE 📌 SAVE ⋮



21st Century Superhuman
3,24K subscribers

ANALYTICS

EDIT VIDEO

We will soon release a Plasma Directory of how to access many of these wonderful, life enhancing natural products.

c. Discover Your Lean Super Self

Underneath it, in all of us is a fit body.

Perhaps you've been good at maintaining yours.

However, there are many among us who have lost that fit body along the way, due to the challenges of life, the weariness, perhaps lacking nutrition, lack of confidence or commitment to self and the many other reasons of the modern world that have been hard to endure.

Many stumbling blocks, can keep us from being our optimum.

Surrounding oneself with plasma tools helps restore connection with the soul, hopes the body feel nourished and at peace and opens us up to a wider community where others also are seeking their best and supporting one another so we don't have to feel alone on our journey.

These changes to a lean fit body happen naturally as we restore connection with our purpose and joy of life. Gans and other plasma tools fill in the gaps until we feel whole again.

d. Let Cravings Disappear

When we are being nourished at the soul level by plasmatic fields, our cravings disappear.

The Plasmatic Fields that we are made of represent body, mind and spirit. They're connected to our soul. When they're truly nourished it comes from the soul level and the plasmatic fields around us.

Once one enters into the artistry of using Gans and other plasma products around the body and the home, persons create their own arrangement as to what feels good to them.



When we begin to feel good the soul level, false cravings just disappear, and craving that which nourishes our soul rises to the surface.



e. For those who EXPLORE the POSSIBILITIES of PLASMA, everything changes.

The biggest thing about plasma is to get brave and begin using it and playing with it.

You can:

A. Either make the tools yourself, or

B. There are now enough talented plasma students and explorers around the world, who have been using their creativity to produce amazing and wonderful things, to be purchased, and in return support them in continuing to create. Directory coming soon!

We all have different skills, and not everyone can do everything. This is why we are human family. We all help each other. There are those with the practical, technical and engineering skills to create more sophisticated things.

Even so all of plasma basics can be done even by children at home. Skills that should be known in every household and neighborhood. This is why we have classes ongoingly on this subject.

It is an amazingly simple science. And once the basics are mastered, more sophisticated tools can be produced with the technology, such as free energy vehicles, self-charging cell phones, plasma replacing or complementing electricity and more.

The old saying, "he who hesitates is lost," is true.

When we don't take a step forward and learn how to do new things we miss out, and we stay stuck in the old ways where we suffer, have pain or are unhappy with our lives and gradually decline.

Use plasma tools to enhance everything in our lives, making them fun, successful, exciting and filled with well-being!

This Free Report is just a beginning glimpse into the Great possibilities that plasma is bringing to our lives.

Jump on board. You won't be sorry!

Chapter 3 GARDENS OF THE FUTURE

PLASMA GARDENS of the Future – where plants have resilience and Produce Ample Amounts of Food

a. Produce 3x as much FOOD



Figs the size of avocados!

TECHNIQUE: just a plastic tube of plasma water placed around the base of the tree.
This happens through interaction of properly designed plasmatic fields.

Many trials with Gans and other plasma applications have consistently produced healthier plants and greater food production.

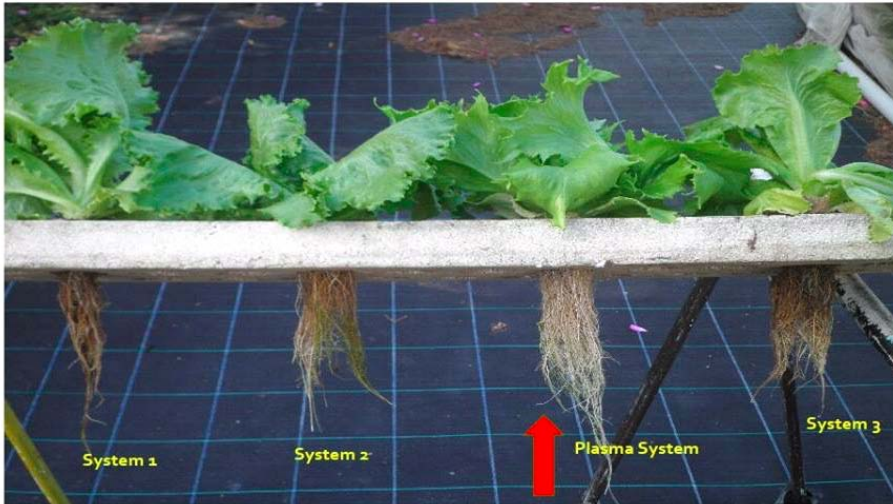
This apple tree had not borne fruit in years. With 1-2 sprayings of Gans in the spring, it was laden with delicious apples to the point where 2x4s were placed under branches to keep them from breaking!



b. Disease & Drought Resistant Plants

Agricultural experts in Australia, Jim & Lisa MacDonald have done many plasma experiments in their experimental plots, in a location where extremes of drought and temperature variation are the norm.

With control groups grown without Gans they discovered lettuce grown in an aquaponics system with plasma water set the healthiest roots.



The photo above shows plants taken from 4 different Aquaponic systems that we use to grow lettuce.

They also had greater survival during drought times of plants in the ground watered with plasma water.

Many stories report gardens and plants treated in various ways with plasma water and other devices are much slower to freeze and consistently produce more.

c. Reversal of GMO – to original traits

This is a powerful one.

We spend a lot of time thinking and worrying about what a mess the world is in, and what the big corporations have done that is wrong and how we're at the effect of it.

It's time to become empowered. Plasma tools among other things are some of the most powerful resources we have to make change on a grand scale.

Gans was used at Fukushima to help clean-up the spill. Choices were made at some level not follow through by those who were in charge of the power Plant.

However, we have the resources, new knowledge and abilities, this we will just put them into practice many things can be restored in the twinkling of an eye.

Chapter 4 MAXIMIZE IMMUNITY

Where Humans and Animals are Adapted to THRIVE

a. Natural Recovery from Illness

The body's only drive is towards wellness.

It is our job to heed the signals, and remove what is in the way of our life force.

When a person or animal is unwell, there has become an imbalance in their naturally harmonizing plasmatic fields.

When plasma tools are used with fields that can override the human imbalances and offer the body what it needs to heal itself, wellness will occur.

The Keshe Foundation is working on a Universal Enhancement Unit that will be internationally available, a concept that carries us into the idea of a "health bed" where everything needed is corrected in a few hours simply by restoring plasmatic balance.



This item is still in innovation stages, yet there are various units that have been developed and used by doctors over the last few years, with excellent results.



b. Detox Drugs

Interestingly, CO2 Gans can detoxify pesticides from vegetables when they're soaked in it, it helps vegetables and fruit keep longer.

It helps the body detoxify chemicals that it has exposure to.

I have heard stories from people who were gradually reducing their medications after setting themselves up with the constant exposure to plasma and Gans.

One man wore I necklace like tube of the plasma water around his neck with his medicine attached to it, which helped give him a plasmatic dose, similar to a homeopathic remedy, and he was reducing his intake.

c. The Body Knows how to Get Well

Once clearing the path, the body does not how to get well.

Sometimes rest is needed, and all of the time the body's natural energy and plasmatic fields need to be nourished and balanced.

Once this important step is taken, the body will take care of itself.

d. It Absorbs Plasmatic Fields it Needs

In our former matter-state methodology, we always worried about, "am I taking too much? How much am I supposed to take?"

In working with the plasmatic state, we don't have to worry about this. The body will take what it needs, and it integrates from the plasmatic level of the soul.

Getting into more sophisticated levels of creating the combination of what works best is coming through those who work with it on a daily basis, and anecdotal stories of those who choose to Bring plasmatic fields into their world.

Chapter 5 HOME OASIS

Use Your Water Station to Make Your Home an OASIS of Safety, Peace & LOVE

a. Plasmafy: Cleaning, Painting, Laundry, Auto

Lynn, of Plasma Energy Solution, which we offered a coupon for earlier in the book, tells the story of a man who lived in a neighborhood that was poor, and unsavory characters would come through his yard.

He soaked popsicle sticks in his plasma water station, and went around the border of his property and pounded them into the ground. Today is a great surprise and pleasure those unsavory characters quit coming through his property.

We add plasma water when we mop our floors, when we do our laundry, when we paint, and if an area is already painted, we spray it with plasma water, we use it in various ways in our vehicle. All of this is in our classes.



b. Protection from EMFs, Cellular & 5G

Most people have constant exposure to cell phones, as well as coming 4-5 G. Also most of us have relatively chronic exposure to low-level radiation called EMS's – such as:

- microwave ovens
- computers
- house energy meters
- wireless (Wi-Fi) routers

- cellphones
- Bluetooth devices
- power lines
- MRIs

Various plasma tools can set up protected fields.

Nano coated copper shapes such as triskelion and pyramids, along with Gans placed in particular locations can help create a protective field.

c. Avert Storms

When the island of Domenica was leveled by the hurricane a couple of years ago a very surprising thing happened.

Our friend who had built a futuristic style eco home for his family utilizing plasma on the property, had to his great surprise and demonstrating to the world, he had created a plasma oasis!

Everything was leveled around his property line, and his property wasn't touched. After the storm the birds were coming to get food and water from his place.

You can see the contrast in the pictures below.





Having plasma in and around your home as one of the most important things you can do how much you make your home an Oasis.

d. Counteract Chemtrails

Hmmmm... whoever came up with Chemtrails anyway?

What is being dumped out of the skies under the excuse of weather modification by NASA is unconscionable.

YES. Using plasma daily to clear your surroundings of residue it is important.

e. Enhance Resonance

Each of us has a vital resonance in this world. I heard ones that every time an animal or insect goes extinct that a sound in the sound of mother Earth was lost.

Each of our resonances is important to the whole, and we can enhance and app amplify the field that we hold the world by using plasma tools.

f. Detoxify Pesticides

Chapter 6 BE PREPARED – DISASTER RELIEF

a. For Family, Friends and Neighbors

One of the most exciting things about plasma technology, is the way that works it's not something that we keep just to ourselves.

When Mr. Keshe announced the Magrav unit in 2016, he suggested that everyone who made one, make two, and give one of them away.

This is really the principle of how plasma works. It multiplies. It is constantly giving.

When we have a plasma water station, or plasma pads, or any of the many other plasma tools it is so easy to multiply them and share them with friends. If we don't do that we miss out on the best part of plasma.

You could get a plasma water station, and potentize enough water for 100 people, 100 families, your neighborhood and more.

"Don't limit the is," Richard Bach, Illusions

Perhaps this is how the loaves and the fishes came about.

b. All the Food, Medicine, Herbs, Vitamins and Minerals Needed

We like to suggest the Plasma Energy Solution never ending plasma water station, developed by retired veterinarian, Dr. Paul and his wife, Lynn Schmaltz. [coupon CARY for 15 percent off].

It does contain All the Food, Medicine, Herbs, Vitamins and Minerals Needed, with over 500 ingredients in the Gans that make up the station. It really is extraordinary and represents thousands of hours of work, making many Gans solutions and putting it all together.

c. If System Shuts Down, You are Ready

They have really developed this with both every day well-being, and the ability to survive if things became difficult, in mind.

All built into this one unit is a never-ending ability to potentize water, with plasmatic fields of herbs, Foods and all kinds of resources.

That old nature of wanting to hold onto things for ourselves, needs to be let go, because

this is not how plasma operates. It gives. And when times get difficult this type of water station can help keep everyone going.

All Available in your Never-Ending Plasma Water Station. Learn how to Maximize it!

d. A Last Word

This new plasma science is here to stay.

The gifts it has for us are never ending, because it is connected to creation and our souls.

There are many places to learn, including videos on YouTube: on our channel 21st-Century Superhuman, on Keshe Foundation Spaceship Institute channel, as well as many Knowledge Seekers out in the field who have posted amazing videos of how-to put this into practice on YouTube, and information on Facebook sites, as well as teachings we will be offering at our website.

Don't miss it! The boat has already left. It's time to get on board and integrate this is amazing science into your life. It offers things that none of us should be without period

Thankfully there are many bright people out in the field were creating cool things for all of us to enjoy. Directory coming soon.

We look forward to seeing you on the cutting edge of human change, where you can actualize such amazing things in your everyday life. See you there!