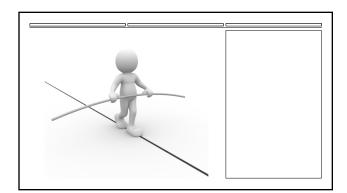


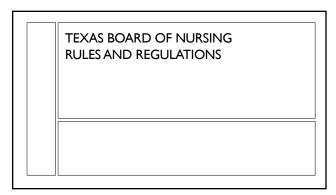
OBJECTIVE AND FINANCIAL DISCLOSURES

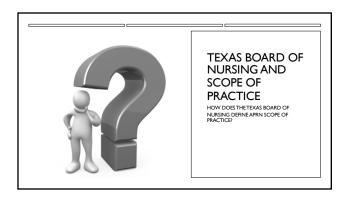
Objectives

At the completion of the session that attendee will be able to:

- Analyze the NP scope of practice?
- Discuss how to respond to scope of practice driven questions.
- Examine Texas laws which shape the NP Scope of practice.
- I have no financial disclosures





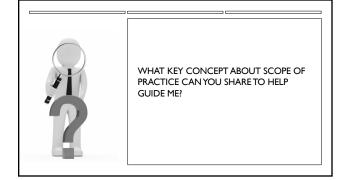


TEXAS BON SOP DEFINITION SOP are those activities that we do while delivering patient care. Recognizes that SOP is variable and dependent upon education and certification. Board rule 221.12 Scope of Practice SOP defined by national nursing organizations ARN SOP is addition to the RN SOP Professional Scope of Practice That which is defined by the national nursing organizations Individual Scope of Practice Formed by your education, experience Can evolve but there are limits to how much it can evolve

SO NOW WHAT? THAT DID NOT HELP?

- This means that you are required to know how NP scope of practice is defined at the national level by our professional organizations.
- BON rule 221.12 mandates that you know this.
- We will look at some common questions and explore these definitions and Texas Law.





APRN CONSENSUS MODEL



- The National Council of State Boards of Nursing published the Consensus Model for APRN regulation: Licensure, Accreditation, Certification, and Education in 2008
- This document was the first to clarify that scope of practice is not setting specific, but rather based on the patient's needs.
- It states that one's education, certification, and licensure all have to be congruent.
 APRN programs are to follow the Consensus Model.

- The Consensus model was endorsed by a number of national nursing and APRN organizations.
- It has been adopted by the Texas BON



SO HOW IS MY NP **ROLE DEFINED BY** THE NATIONAL **NURSING ORGANIZATIONS?**

ACUTE CARE NURSE PRACTITIONERS

- AGACNP and PNP-AC
- Defined by the American Association of Critical Care Nurses
- AACN define the scope of practice for the acute care nurse practitioner as the provision of care for patients who are
 physiologically unstable, have rapidly changing conditions, are highly vulnerable for complications, technologically dependent,
 have complex chronic filless, or experience injuries.

PRIMARY CARE NURSE PRACTITIONERS

- FNP, AGPCNP, PNP-PC
- Defined by National Organization of Nurse Practitioner Faculties
- PCNPs focus on comprehensive, continuous care characterized by a long-term relationship between the patient and PCNP. The PCNP provides care for most health needs and coordinates additional health services beyond the PCNP's area of expertise.
- PNCB
- The role of the primary care pediatric nurse practitioner is to provide care to children from birth through young adult with an in-depth knowledge and experience in pediatric primary health care including well child-care and prevention/management of common pediatric acute fineses and chronic conditions. This care is provided to support optimal health of children within the context of their family, community, and environmental setting.

WOMEN'S HEALTH NURSE PRACTITIONER

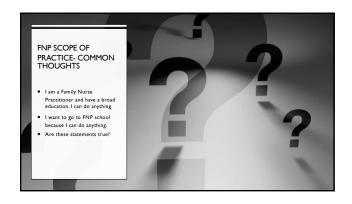
- Defined by Association of Women's Health, Obstetric, and Neonatal Nurses
- The WHNP is an APRN prepared through academic and clinical study for practice as a primary care nurse
 practitioner that includes a focus on providing care for conditions unique to women from menarche through the
 remainder of their lives, and reproductive health care for men. The role of the WHNP is to provide evidencebased assessment, diagnosis, treatment and management in wellness promotion, care of women's common primary care non-gnecologic problems, gnecologic care, male sexual and reproductive health care, and normal and high risk prenatal and postpartum care.

PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONER

- American Psychiatric Nurses Association
- They are trained to provide continuous and comprehensive mental health care, including assessment, diagnosis
 and treatment across settings, which means inpatient and outpatient practice sites. They provide care to
 individuals, families, groups, and communities from pre-birth to end of life.

NEONATAL NURSE PRACTITIONER

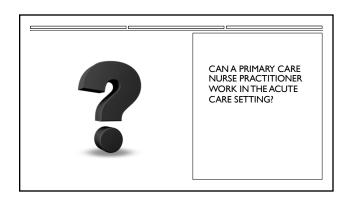
- Defined by National Association of Neonatal Nurses
- Neonatal Nurse Practitioners have specific competency standards encompassing wellness through critical care in
 the population of neonates, infants, and toddlers through 2 years of age. NNP education standards of practice
 have evolved beyond acute and chronic care to include primary care across the continuum. This means they can
 provide acute, chronic, critical and primary care for their specific patient population. They are trained across care
 settings.



- Texas BON response in their APRN scope of practice webrair available on their website:
 NN he have a broad scope of practice that does not include the same depth in particular areas as those APRNs with more limited population focus areas.
 - The APRN must have been educated not only in the provision of the service, but also in the response to and medical management of untoward events, adverse reactions, or complications experienced as a result.
- Board rule 217.11 Standards of Nursing Practice
- (Applies to all nurses)
 IB

- Requires all nurses to implement measures to promote a safe environment for clients and others.

 IT
 Accept only those nursing assignments that take into consideration client's safety and that are come experience, knowledge, and physical and emotional ability.
- Board rule 221.12 Scope of Practice
 Requires that we all practice within our scope of practice.
- FNP programs may discuss and teach about acute care diagnoses such as DKA, but the focus is the recognition of the diagnosis and
 referral to the appropriate level of care. Not the full treatment of the diagnoses and its complications.



ANSWER

- Hot topic!

- Hot Copic!

 ARN Consensus Model

 NONPF's definition of primary care

 NONPF's definition of primary care

 Texas BON Mule 217.1 Sandards of Nursing Practice

 Consultrafor, accept only assignments within your educational training and promote safety

 - Must work within your SOP
 SOP defined by national nursing organization.
- Acute Care NP Scope of Practice- Defined by the American Association of Critical Care Nurses
- It depends on the needs of the patients for which the Primary Care NP will be providing care.

COLLABORATIVE PRACTICE **AGREEMENTS**

 A certified nurse midwife has recently become licensed as a Family Nurse Practitioner. Can the CNW use their knowledge and skills under the collaboration agreement she/he has arranged as an FNP with their family practice or internal medicine physician?



NP SCENARIO

I am going to renew my FNP license next year and need to begin completing my continuing education requirements. What are the current requirements for continuing education and what has changed with the 2019 legislative session?

ANSWER

- Texas BON Rule: Chapter 216 Continuing Competency
 - Rule 216.3 Continuing Competency Requirements
 - A nurse must complete 20 contact hours of continuing education in the nurse's area of practice every 2 years or obtain and maintain a
 national nursing certification, which is approved by the BON and is in the nurse's area of practice.
 - APRNs are nationally certified by a Board approved agency and therefore meet the required 20 contact hours by maintaining national
 - APRNs who have prescriptive authority are however required to obtain at least 5 additional contact hours of continuing education in pharmacotherapeutics. One who prescribes controlled substances must have at least 3 more additional continuing education hours related to prescribing
 - Category I Continuing Medical Education (CME) contacts can be used to meet this requirement.

ANSWER

- Texas BON Rule: Chapter 216 Continuing Competency
 - Rule 216.3 Continuing Competency Requirements

 - Forensic Evidence Collection
 2 contact hours for anyone who works in the ED. This is a one time requirer Recommended continuing education, if you treat tick borne illness
 - 2 hours of nursing jurisprudence
 - 2 hours of geriatric specialty hours or maintain a certification in geriatrics
 elder abuse, age-related memory changes and disease processes, including chronic of

- WHAT'S NEW?
 - MB 2059 Passed in 2017. This bill requires health care professionals to obtain continuing education in Human Tradicios₁. The course must be approved by the Executive Commissioner of the Harbard Human Service Commission. This goes into effect on September 2019 and persons who restew their license on or after September 1, 2020 will have to meet this requirement. The Texas BON will write rules for this requirement.
 - rules for this requirement.

 **HB 2454 Passa din 2018. This bills requires the Texas Board of Nursing and the PA Board to jointly develop a process by which they exchange information regarding the names, locations and license number of physicians. APINs and PAs who have entered into a prescriptive authority agreement. Early will now be required to one only the other all centers holder becomes under investigation involving the delegation and supervision of precryptive authority and the final outcome. Also this law requires that each APINs who has entered education amountly regarding all and effictive pain management operations and the law requires the each APINs who has entered education amountly regarding all and effictive pain management complete the News of Contributing

 **education amountly regarding all and effictive pain management complete the News of Contributing

 **education amountly regarding all and effictive pain management and the processing opioids to assend as least one hour of contributing education amountly overing best practices, alternative treatment options, and multi-modal approaches to pain management. Expires August 31, 2023.

CASE SCENARIO



I am a NP who works in the emergency room. I am employed by the physician group who provides emergency services for the hospital where I work. I bill for my visits and there are times when the physician group is hot a provider on the patient's insurance. When this happens, the company balance billing?

ANSWER

- Texas Insurance Code Chapter: 1447 addresses mediation for consumers for billing practices

 The insurance code allows an enrolles to request mediation of a settlement of an out-of-servork health benefit claim if they are balance billed and the amount is grown the 1800.

 This law affects providers who balance bill and provide care in an emergency department or a facility. The provider is required to participate in the mediation.

 Ecops in the case of an emergency, the facility-based provide, benefit provider care, shall disclose to the enrolles that

 They do not have a comman with the workless health benefit plan

 They report amount of incomple hard report with the reposable for the amount.

 A facility-based provider who makes the above disclosures to the enrolles and obtains their written acknowledgement may not be required to mediates a bill.

 Balance bill statements must include the following:

 You may be able to makes some of your and options cannot be considered on the consideration of the same of the amount of the consideration of the consideration of the amount of the consideration of the same of the consideration of the amount of the amount of the same of the desire of the amount of the amount of the same of the consideration of the amount of antiferation of the amount of amount or administrator was small and contemps or a second of the amount past by the insurer or administrator was small and contemps or a second of the amount past by the insurer or administrator was small and contemps or a second of the amount past by the insurer or administration was small and contemps or a second of the amount past by the insurer or administration was small an
- Mediation must determine if the amount that was billed was excessive and if the amount paid by the insurer or administrator was usual and customary or unreasonably low. The mediators fee is paid everyly by the enrollee and provider. The matter can be referred to a judge if the mediation is not successful.

ANSWER

- Texas BON Rule 217.23 Balance Billing Dispute Resolution
- Prior to participation in mediation, all parties, including the facility-based provider or their representative must participate
 in an informal settlement teleconference no later than the 30th day after the date the enrollee requests mediation. If this is
 unsuccessful then a formal mediation process must be held in the county in which the health care or medical services were
 provided.
- Mediator may file a complaint with the BON if the facility-based provider has demonstrated bad faith:
- · Failing to participate in a required mediation
- Failing to provide information that the mediator believes is required
- Failing to designate a representative participating in the mediation with full authority to enter into any mediation agreement
- Failure to reach an agreement is not conclusive proof of bad faith mediation.

CASE SCENARIO



I am an FNP who has been operating my own rural health clinic for the last year. My patient load has steadily increased. Since I work under a prescriptive authority agreement, I am required to have face to face meetings with my delegating physician. Given the distance from my delegating physician and my patient responsibilities it has become very difficult to meet face to face. Does the law allow us to meet using telecommunication programs such as zoom, Microsoft teams etc?

ANSWER

- Texas BON Rule 222.5 Prescriptive Authority Agreement
- The current rules do not allow the use of telecommunications to complete the face to face meetings.
- HB 278 was passed in 2019 which changed how the meetings are conducted between the APRN and the physician. Meetings now have to be done monthly and may be done in a manner that is determined by the physician an NP.
- This change went into effect September 1, 2019.

CASE SCENARIO

 A Nurse Practitioner is employed by a physician to provide primary care services in his office. The physician employees a medical assistance in the back office to assist with in the back office to assist with checking in patients, obtaining historical data, doing vitals, collecting urine and stool samples, and administration of medication.



- responsibility in the supervision of the medical assistant?
- Can the Nurse Practitioner delegate nursing tasks to the medical assistant?

ANSWER

- Texas BON Rule Chapter 224 Delegation of Nursing Tasks by Registered Professional Nurses to Unlicensed Personnel for Clients with Acute Conditions or in Acute Care Environments
- This rule applies to any RN (including APRN) who is providing care to a client who has an acute health condition that is unstable or unpredictable.
- Or the client for whom the RN is providing care is located in an acute care environment where nursing services are continuously provided.
- Settings include but are not limited to hospitals, rehabilitation centers, skilled nursing facilities, clinics, correctional health, private practice physician offices and any setting which does not meet the definition of independent living environment, in Rule 225.49.

ANSWER

- Texas BON Rule Chapter 224 Delegation of Nursing Tasks by Registered Professional Nurses to Unlicensed Personnel for Clients with Acute Conditions or in Acute Care Environments
 - Rule 224.6 General Criteria for Delegation
 - This rule requires that the following standards be meet before the RN delegates nursing tasks.

 - The RAP must requires that the intervening scanners we miss secret the RAP designes that mig basis.

 The RAP must make an assessment of the forth surving reads.

 The task must be one that a reasonable and prudent RAP would find is within the scope of sound nursing judgment to delegate.

 The task must be one that, in the opinion of the delegating RN, can be properly and safely performed by the unificarised personnel, with clients william.

- cums written.

 The task must not require the unificanced person to exercise professional nursing judgment.

 The unificanced person to who the nursing task is delegated must be adequately identified. This may be done by the individual or if appropriate by the training, decidention or certification/person of the unificanced person.
- The RN shall instruct the unicensed person in the delegated task or verify the unicensed person's competency to perform the task. The verification of
 competence may be done by the RN making the decision to delegate, or if appropriate, by training, education, experience and/or certification/permit of the
 unicensed person.
- The RN shall adequately supervise the performance of the delegated task.

ANSWER



- Texas BON Rule Chapter 224 Delegation of Nursing Tasks by Registered Professional Nurses to Unlicensed Personnel for Clients with Acute Conditions or in Acute Care Environments
 Rule 224,7 Supervision
- - The RN shall supervise all delegated nursing tasks.
 - The degree of supervision required may be determined by the RN after evaluating the following:
 The client's stability in relationship to the task

 - The training seperance and capability of the unificensed person
 The nature of the task to be delegated
 The nature of proximity and availability of the RN to the unificensed person when the task will be performed.
 - The RN supervising the unlicensed person must be available in person or by

 telecommunications.

ANSWER

- Rule 224.8 Delegation of Task
- List the task which are typically ok to delegate

 Non-invasive and non-sterile treatment

 Collecting, reporting, and documenting data such as
 - Vitals, height, weight, I&O, capillary blood, urine test

 Environmental situations
 - Client or family comments about the care
 Behaviors related to the plan of care
- Ambulation, positioning and turning
 Transportation of the client within the facility
 Personal hygene and elimination including vagicleaning enemas

- ADLS
 Reinforcement of health teaching
- Lists task which are prohibited from being delegated
 Physical, psychological and social assessment which requires professional nursing judgement
- Formulation of the nursing care plan and evaluation of the client's response to the care provided
- Specific tasks involved in the implementation of the care plan which require professional nursing judgement or intervention.
- The responsibility for the client's health teaching and counseling
- Administration of medications, including IV fluids

- **ANSWER**
- Texas BON Rule Chapter 224 Delegation of Nursing Tasks by Registered Professional Nurses to Unlicensed Personnel for Clients with Acute Conditions or in Acute Care Environments

 Rule 224.10 Supervising Unlicensed Personnel Performing Tasks Delegated by Non RN Practitioners

 - This rule applies to RNs who practice in a collegial relationship with another licensed practic
 unlicensed person over whom the RN has supervisory responsibilities.

 - In this instance the RN is still response for doing the following:

 Werking the training of the unicensed person

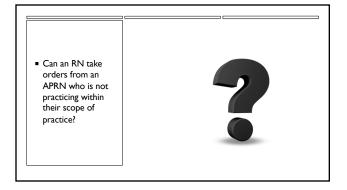
 Verlief that the unicensed person can properly and adequately perform the delegated task without jeopardizing the client's welfare.

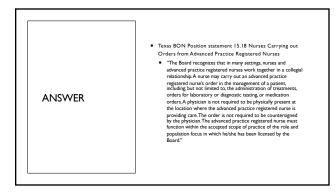
 Adequately separates the unicensed person.

 - If the RN cannot verify the unlicensed person's capability to perform the delated task, the RN must inform the licensee who delated the
 task.
 - If the performance of the unlicensed person poses risk of harm to the patient the RN must intervene as required to stabilize the patient
 and prevent complications and then communicate with the delegating person.

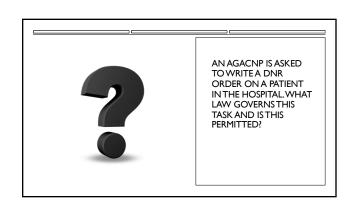
FINAL ANSWER

- How should the NP handle this situation?
 - $\hfill \blacksquare$ Certain tasks can legitimately be delegated by the NP which is ok.
 - The problem is with medication administration. With only one exception, this is not a task that is appropriate for any RN can delegate to an unlicensed person.
 - Must follow and document the information in Rule 224.10
 - Texas BON suggests that office settings have a job description and policies and procedures in place which clearly delineate under whose delegated authority the UAP is functioning.
- You should maintain some documentation of the UAP to show compliance with Rule 224.10.

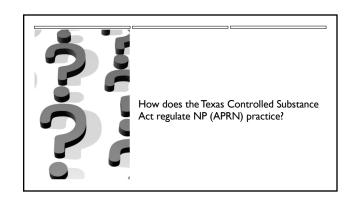




TEXAS HEALTH AND SAFETY
CODE



Advanced Directives (Texas Health and Safety Code, Title 2, Subtitle H, Chapter 166)
 Subchapter E: Health Care Facility Do-Not-Resuscitate Orders
 Went into effect on April 1, 2018
 Requirements
 The attending physician must write the DNR
 A physician providing care to the patient can revoke the DNR
 Physician, PA or Nurse must notify the patient or medical power of attorney if the patient is not competent that a DNR order is on the chart.
 A violation of this law is a class A misdemeanor and a person is subject to disciplinary actions by their licensing board.



ANSWER

- Health and Safety Code: Chapter 481:Texas Controlled Substance Act, Section 481.0762 Monitoring by a regulatory Agency
- This law requires that controlled substances only be prescribed/ordered/dispensed/administered by a practitioner for a valid medical purpose in the course of medical practice.
- Anabolic steroids or growth hormone may not be prescribed by a practitioner for the purpose of bodybuilding, muscle enhancement, or increasing muscle bulk or strength to a person who is in good health.
- This law also authorizes the development and use of the prescriptive monitoring program.

ANSWER

- alth and Safety Code: Chapter 481:Texas Controlled Substance Act, Section 481.0762 Monitoring by a regulatory Agency Passed in the 2017 Legislative Session
- HB 2561 was passed which amended the Touss Controlled Substance Act and imposed more licensing board oversight of the prescription of controlled substances.
 Requires licensing boards to publish pidelines on the responsible prescribing of opioids, bereadsteepines, barbarrases, and canteoprodol. The BON has written the raises and will be publishing this year.

- reas and we use placement can be presented in the prescription monitoring program to identify and potentially fearful prescribing practices and act accordingly.

 APPNA are now required to check the prescription monitoring program prior to prescribing one of these casegories of drugs unless the patient has cancer or is in hospice.
- Any prescriptions written for pain for a cancer patient or a hospice patient must clearly document on the prescription and record that the patient has cancer or is receiving hospice care. Violation of this is grounds for disciplinary actions. One may not be held accountable for not checking the prescription monitoring system if they have made a good fail this flow for 6 do so and at it unliable to check it for frozenos out of fifter consecs out of first contracts.

ANSWER

- Health and Safety Code: Chapter 481: Texas Controlled Substance Act, Section 481.0762 Monitoring by a regulatory Agency
- Passed in to Passed in the 2019 Legislative Session
- Amended the Texas Controlled Substance Act and now requires that all controlled substances be prescribed electronically. In an emergency the prescription may be given orally or telephonically but it must be followed by an electronic prescription no later than 7 days after the oral or telephonic prescription was given.

- Written prescriptions may be used:

 By a vearinarias
 In circumstance in which electronic prescribing is not available due to temporary sechnical issues
- The prescription will be filled in a pharmacy outside of Texas
 The prescription will be filled in a pharmacy outside of Texas
 What the prescriber and dispasses run in the same location or under the same Scene

- medicil condition

 Nas a winer from using an electronic form

 Each licensing board in an develop criteria for waiters but it will include economic hardship and sechnological limitations.

 Wrims before passary 1, 2021

ANSWER

- Health and Safety Code: Chapter 481:Texas Controlled Substance Act, Section 481.0762 Monitoring by a regulatory Agency
- Passed in the 2019 Legislative Session
- HB 2174
- Continuing Education

 - A person licensed to prescribe control substances are required to complete two hours of professional education related to approved procedures of prescribing and monitoring controlled substances.

 One may take this course annually to fulfill the ethics education requirement of the person's license, certification or registration. This is however a one-time requirement.
- Opioid Prescription Limits
 - Opicids prescribed for acute pain management may only be prescribed for a maximum of 10 days or provide for 1 refill. This does not apply to an opi approved by the FDA for the treatment of substance addiction that is being used in that manner.

TEXAS LAW AND END OF LIFE CARE



- An AGACNP has been coding a patient for 20 minutes. This is obviously futile care. How should the AGACNP proceed? Can the AGACNP decide to stop the code?
- A hospital administrator asks: If the NP can pronounce death for a patient on a ventilator why can they not write the order to stop the ventilator?

- Two laws give us direction on these scenarios.
- Advanced Directives (Texas Health and Safety Code, Title 2, Subtitle H, Chapter 166)
 - Before withholding or withdrawing life sustaining treatment from a patient, the attending physic are lawful and are consistent with the patient's existing desires.
- Death and Disposition of the Body (Health and Safety Code Title 8, Subtitle A, Chapter 671 Determination of Death)
- If artificial means of support precises a determination that a person's spontaneous respiratory and circulatory functions have ceased, person is dead when, in the announced opinion of a physician, according to ordinary standards of medical practice, there is irreversible cessation of all physicians, according to ordinary standards of medical practice, there is irreversible cessation of all physicians provided in the provided practice.
- Physician must make the decision to stop a code.
- NPs can not pronounce death when life support is being used



CASE SCENARIO



■ You are an FNP or PNP-PC working in a primary care clinic and parent brings in their 15-year-old son for you to clear them to return to school sports after sustaining a concussion.

ANSWER

- Texas Education Code: Chapter 38 Health and Safety
- This requires schools in Toxas to appoint a concussion oversight team. They are responsible for developing a return to play protocol base on peer responsible for developing a return to play protocol base on peer concussion to interactionistic athletes practice or competition following a concussion to interactionistic athletes practice or competition following a concussion to the following concerns the following
- An athletic trainer
- An athletic trainer
 APRN
 Neuropsychologist
 PA

- Each member of the teams must have had training in the evaluation, treatment and oversight of concussions at the time of appointment.
 A physician, coach, licensed helation erap rofessional (APRA), RPA) may remove a student from play if they believe the student has sustained a concussion during practice or competition.



ANSWER

- Texas Education Code: Chapter 38 Health and Safety
 - A student may be cleared to return to practice or competition when the following has been completed
 - The student has been evaluated, using established medical protocols based on peer review evidence, by a treating physician

 - The treating physician has provided a written statement indicating that, in the
 physician's professional judgment, it is safe for the student to return to play



- Texas Education Code: Chapter 38 Health and Safety
- A student may be cleared to return to practice or competition when the following has been completed

 The student and students parent or legal guardian have

 Adnowledged that the student has completed the requirements of the return to play protected

 - Have provided the physician release to the school official responsible for compliance with the return to play protocol

 - Have signed an informed consent
 Consenting to the return to play
 - Explains the risks associated with the student returning to play and will comply with ongoing requirements
 - ongoing requirements

 Consents to disclose the physician return statement/recommendations to appropriate
 people as defined by HIPPA

 Understand the immunity provisions of this law





- You are an AGACNP working with for a neurology practice. A patient with intractable seizures comes in for follow up and asks you to prescribe cannabis.
- You are a PNP-AC working for a neurology practice and the parents bring in their daughter for follow up for intractable seizures and ask you to prescribe cannabis.
- How do you proceed?

