



# ONE % LIFE

A 7-WEEK STUDY

BETHEL CHURCH WA

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# INTRODUCTION

## A ONE PERCENT LIFE

As we consider Jesus' life, we see that His life revolved around three relationships: His relationship with His Father, His relationship with the disciples, and His relationship with those who were far from God.

First, let's consider Jesus' relationship with His Father. The Gospels are filled with stories about Jesus and His relationship with God the Father. It becomes evident as you read through the gospels that Jesus prioritized spending time with the Father above all else. Every path Jesus walked, every conversation He initiated, everything He accomplished flowed from His intimate fellowship with the Father.

Mark 1:35, "Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed."

Luke 5:16, "Jesus often withdrew to lonely places and prayed."

Second, we see Jesus prioritizing His relationship with the disciples. Jesus spends the bulk of His three years of ministry actively and intentionally cultivating relationships with His disciples. He taught them, cared for them, challenged them, and walked with each of them through the ups and downs of life.

Mark 3:14, "He appointed twelve, so that they would be with Him..."

Third, we see Jesus purposefully pursuing a relationship with those who were far from God. One of the key patterns in Jesus' life was building intentional, engaging, loving relationships with people who were far from God so they could come to know God through Him. Think about how often Jesus is found eating, drinking, and socializing with those who had been pushed down and pushed out by religious and social circles.

The life of Jesus was all about relationships! So, what do you suppose the life of a Jesus follower is supposed to look like? The answer; relationships! As followers of Jesus, we do what Jesus would do by allowing Him to live through us.

“The one who says he remains in Him should walk just as he walked.” – 1 John 2:6 CSB

The life of a Jesus follower begins by developing a personal, dynamic relationship with God. Remember Mark 3:14 that we just looked at. Why did Jesus call disciples to Himself? So that they would be with Him. Our primary calling in life is not to do something for God but to be with God. Jesus would accomplish His mission through the disciples as an overflow of their spending time with Him. Jesus isn't just the way to eternal life; a relationship with Him is truly living! I love the way Jesus expressed this concept in John 17:3: “This is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent.” For followers of Jesus, eternal life is happening right now, right here on earth! And we are experiencing it to the degree that we know and grow in our relationship with God.

A Jesus follower must also develop and grow in their relationships with the people of God. This dynamic expression of community is exactly what the first disciples experienced when the church was born. In Acts 2, thousands of people became Jesus followers on the same day, and they immediately began living out their relationship with God in fellowship with one another. Acts 2:44-46, “And all who believed were together and had all things in common. 45 And they were selling their possessions and belongings and distributing the proceeds to all, as any had need. 46 And day by day, attending the temple together and breaking bread in their homes, they received their food with glad and generous hearts.

Not only did Jesus have a love relationship with the Father that spilled into a fellowship relationship with His disciples, but those connections also overflowed into relationships with people who didn't know God at all. The third relationship we need to cultivate is a relationship with those who are far from God.

In John 17:18, Jesus said, “As You [the Father] sent Me into the world, I also have sent them into the world.” We need to understand that Jesus said the Father sent Him into the world on mission and now He's sent us into the world on that same mission. What does that mean for us? It means looking up and looking around for those who need Jesus in our immediate circles and around the world. Every person whose heart does not beat for Jesus is a mission field that we are sent to reach.

The three relationships that Jesus prioritized will be the three relationships that we prioritize and grow in. So, how do you grow in these relationships? These relationships grow like any other relationship... through TIME!

We are convinced that if you start with just 1% of your day, your week, your month and year devoted to growing in these relationships, that the other 99% of your life will be transformed.

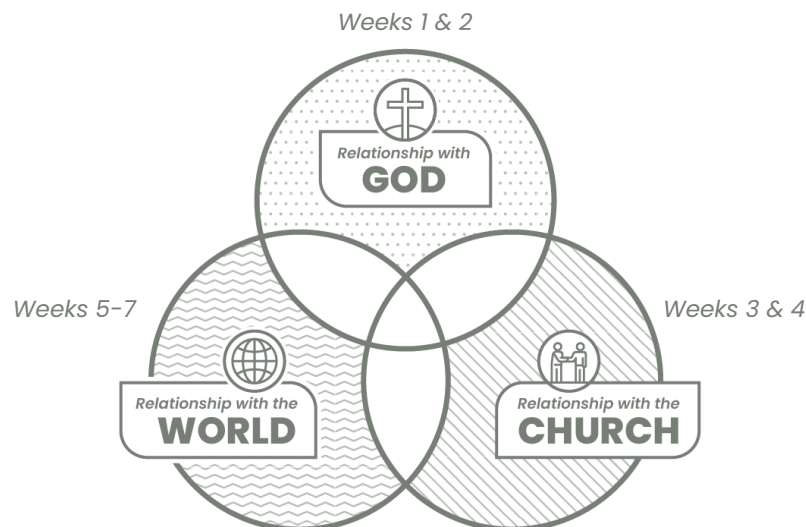
What do we mean by 1%?

- 1% of your day... approximately 15 minutes a day invested in your relationship with God through bible engagement and prayer.
- 1% of your week... approximately 90 minutes a week where you choose to gather with the local body of Christ in a worship gathering.
- 1% of your month... approximately 7 hours a month (1:45 mins/week) in life-on-life community that you are committed to.
- 1% of your year... approximately 4 days a year where you are consistently living on mission in your home, neighborhood, region, and world.

We invite you to take the 1% challenge to live the 1% life. And as we seek collectively to grow in our relationship with God, the church, and the world, we will become a 1% church.

In recent days, Bethel leadership has been seeking the Lord to discern the right approach for this new chapter of Bethel Church. As we prepare to step forward with faith into the new season ahead, we are more excited than ever to see all that God has in store for our future.

We should not settle for anything less than the global goal of our God: the spread of His glory in our communities, region, nation and world. Our strategic aim over the next five years is to see 1% of our region transformed. That's approximately 3630 transformed lives that we are praying for and strategically pursuing. Will you join us as we strive together as one body for the accomplishment of God's mission in the world?



# FAQ

## HOW TO USE 1% LIFE TOOLS

### HOW TO USE QR CODES

Throughout the book you will see QR codes to bonus content. To scan a QR code

1. Open up the camera app on your phone.
2. Hover over the QR code and within a few seconds a notification will pop up with the web URL.
3. Tap the notification and you will be directed to the content.

If you would like to use a direct link instead of a QR code, see the Appendix on page 167 for the full links.

### HOW TO ACCESS 1% LIFE PODCASTS AND SERMONS

Want to get the full 1% Life experience or learn more about living a 1% Life? Check out our accompanying material, including podcasts and sermons.



Scan for more  
1% Life Material

# WEEK ONE

## BIBLE ENGAGEMENT

### MEMORY VERSE

All Scripture is inspired by God and is profitable for teaching, for rebuking, for correcting, for training in righteousness

**II Timothy 3:16**

# DAY ONE

## WHY BIBLE ENGAGEMENT?

Why Bible engagement? Why not Bible reading? Or Bible listening? Or Bible study?

You might recall a scene from the 2004 animated movie *The Incredibles*. Bob, a superhero father, is reading his newspaper, obviously detached, as his three superhero children bicker, tease, and annoy one another at the dinner table. “Time to engage, Bob!” his wife says, snapping him to prompt attention. Bob engaged with superhero flair, successfully calming all five family members into a Norman Rockwell-like scene. Well, Bethel, it is “time to engage” our hearts, minds, souls, and strength!

### IS IT REALLY WORTH IT?

Perhaps you are asking, “Is it really worth it to read this ancient text?” Or put another way, “How could the Bible actually be relevant to my life?”

Do you desire:

- An abiding relationship with the Lord?
- Confidence and purpose in your daily life?
- Warrior-like connection with other believers (the kind where you’d go to battle, no questions)?
- Transforming depth to endure life’s trials?

If so, then Bible engagement is worth your time. Put simply, the Bible is useful for every facet of our lives.

### HOW IS THE BIBLE USEFUL?

To answer this question, let’s look at 2 Timothy 3:16 and break it down into pieces:

“All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness.”

“All Scripture” is literally the Bible, Old and New Testaments, in its entirety.



“Breathed out by God” more literally means that “all Scripture is breathed into by God.” When you speak, your word is “you-breathed”—your breath, prepared by your mind and formed into speech. You breathe out your words. In the same way, the Bible is God’s word, breathed out by Him alone through the men who wrote it, inspired by the Holy Spirit (2 Peter 1:20-21).

“Profitable for teaching, for reproof” refers to the usefulness of the Bible in forming sound doctrine or beliefs. Teaching informs your beliefs while reproof identifies wrong beliefs. Your beliefs matter and affect your behavior.

“For correction, and for training in righteousness” refers to the usefulness of the Bible in our conduct. Correction straightens out our behavior as we receive His reproof. Training in righteousness is the good and pleasing way we behave that honors the Lord.

In short, the Bible is useful in forming our beliefs and behavior, equipping us for His works.

## **HOW DO I GET STARTED?**

To engage with the Bible, we will use the HEAR tool. HEAR is an acronym for Highlight, Examine, Apply, and Respond. This method will allow us to engage with short passages of Scripture while reaping long-term benefits. The goal is to HEAR from the Lord as He leads us through our daily lives.

# DAY TWO

## HIGHLIGHT

Today we will focus on how to highlight Scripture. If you recall, the acronym HEAR stands for Highlight, Explain, Apply, and Respond. Each of these four steps contributes to creating an atmosphere to hear God speak.

Let's start with Psalm 19:1-14. An example is given for the first 11 verses; you get to try it out for the last few verses (v. 12-14).

Before reading the text, pause to sincerely ask God to speak to you. It may seem cliché, but it's so very wise to first ask God to help us understand His Word correctly. Perhaps start with the simple prayer that David prayed in Psalm 119:18: "Open my eyes, that I may behold wondrous things out of your law (Word)."

*<sup>12</sup> Who perceives his unintentional sins?*

*Cleanse me from my hidden faults.*

*<sup>13</sup> Moreover, keep your servant from willful sins;  
do not let them rule me.*

*Then I will be blameless  
and cleansed from blatant rebellion.*

*<sup>14</sup> May the words of my mouth  
and the meditation of my heart  
be acceptable to you,  
Lord, my rock and my Redeemer.*

- Psalm 19:12-14

The exercise of highlighting will remind you to read with a purpose. As you read, one or two verses will often stand out to you. You can highlight these verses under the letter "H" by writing down the following:

The name of the book: Psalm

The passage of Scripture: 19:1-11

The chapter and verse numbers that especially speak to you and why

A title to describe the passage

For example, given my current experiences, Psalm 19:1 and 8 captured my attention. Psalm 19:1 gives me hope because it declares that creation speaks to the existence of God. I need this hope for my unsaved family and friends. As I fumble through life, it is comforting to know creation can attest to God's faithfulness despite my less than perfect example.

Psalm 19:8 confirms that God's laws are right and pure, resulting in joy for my heart and light for my eyes. Since I tend to allow my current trials in life to steal my joy and light, I am encouraged to keep engaging with the Bible. I trust that His words will tilt my eyes and heart towards Him and away from these consuming trials.

I decided to title these two passages as follows, based on what I highlighted: God Speaks through Creation (v. 1-6); God's Words are Effective (v. 7-11).

This practice will make it easier to find the passage when you want to revisit it in the future.

## **YOUR TURN TO HIGHLIGHT**

Now it is your turn to highlight Scripture. Pray and read Psalm 19:12-14. What is the Lord highlighting for you? What stands out? Turn to page 19 and beside the "H" answer the questions from today's lesson.

# DAY THREE

## EXPLAIN

Today we are going to continue working through the HEAR acronym with "E". At this stage, you will explain what the text means. By asking simple questions, with the Lord's help, you can understand the meaning of a passage or verse. We recommend a good study Bible like the ESV Study Bible to help you with this step.

Here are some general questions to start with as you explain what you highlighted:

### WHY WAS THIS WRITTEN?

I start with my ESV Study Bible and read the introduction to the book of Psalms. This book is a compilation of songs and prayers. Like modern day music, these songs range in emotive responses to various life stages. They have been shared with us so we can be encouraged, be comforted, celebrate, or mourn with hope in the Lord.

### TO WHOM WAS IT ORIGINALLY WRITTEN?

Each psalm has a different audience and circumstance, but they were mostly written for the people of Israel. Often an individual wrote a psalm to the Lord, then shared it corporately with the people to be sung.

### HOW DOES IT FIT WITH THE VERSES BEFORE AND AFTER IT?

The book of Psalms is part of the wisdom literature found in the Old Testament: Job, Psalms, and Proverbs. Psalm 19 was written by David most likely during David's struggles with Saul.

### WHY DID THE HOLY SPIRIT INCLUDE THIS PASSAGE?

Psalm 19 provides us with hope, encouragement, and wisdom.

### WHAT DOES HE INTEND TO COMMUNICATE THROUGH THIS TEXT?

God can be known through His creation and His Word.

## **DO YOU NEED TO USE A DICTIONARY OR THESAURUS TO BETTER UNDERSTAND ANY WORDS?**

From the two verses I chose to examine (v. 1, 8), I noted the word “precepts” and found that synonyms include commandment, doctrine, or edict. Therefore, substituting “commands” for “precepts” gave me: the commands of the Lord are pure. This brought additional clarity as I examined the verse.

### **YOUR TURN TO EXPLAIN:**

Turn to page 19 and beside the "E" answer the following questions about Psalm 19:1-14:

- Why was Psalm 19 written?
- To whom was Psalm 19 originally written?
- How do verses 12-14 fit with verses 1-11?
- Why did the Holy Spirit include this psalm in the book?
- What is He intending to communicate through this psalm?
- Do you need to use a dictionary or thesaurus to better understand any words?

At this point, you are beginning the process of discovering the specific and personal message that God has for you from His Word. What is important is that you are engaging the text and wrestling with its meaning.

# DAY FOUR

## APPLY

Now that we have learned about highlighting and explaining a text from the Bible, we are ready to move to step three of the HEAR method: apply. This is the important step where you take what you have read and ask God how it should have an impact on your life. There are several questions you can ask yourself as you wrestle with applying an ancient Biblical text to our current world and your life situation:

- How can this help me?
- What does this mean today? What does this mean to me?
- What would it look like if I applied this to my life?
- What is God saying to me?

As I re-read through Psalm 19, I was most struck by verses 7-9 where David talks about how perfect, sure, right, and pure is the law of the Lord. David really loved studying God's Word. It revived his soul, enlightened his eyes, and provided Him with wisdom and joy. You can tell how much he reveres it by his word choice. When David was alive, he only had five books of the Bible to read: Genesis, Exodus, Leviticus, Numbers, and Deuteronomy. Here I am with the whole Bible, God's entire Word to us, from beginning to end, and yet I sometimes find it a chore to read. I put it off. I read hurriedly just so I can check a box. I don't always delight in God's Word like David did. If David could find joy in Leviticus and Numbers, then I should be grateful that I have so much more to read and study! My takeaway is that I need to daily remind myself that I am honored to be able to read and study from all of God's Word. His Word can transform my life if I let it.

So now it's your turn. Read through all of Psalm 19, focusing on verses 10-14. What do you feel God is saying to you? How can you apply something from these verses to your life? Write down your thoughts on page 19 beside the "A".

# DAY FIVE

## RESPOND

The last and final step of the HEAR method is to respond to the text you have just read. This is a critical step because it results in a specific action you are going to take. It is one thing to know how a text applies to your life. It is another thing entirely to actually take steps to apply it. This is where transformation occurs. James 1:22 says we should “be doers of the word, and not hearers only.” This last step of Bible engagement helps us to do precisely that.

After reading through Psalm 19:1-9, I have decided to make a renewed commitment to actively study God’s Word with joy in my heart. I will start each Bible reading with prayer to get my heart in the right place. I will take my time reading and savor every word. I won’t rush through. It’s better to fall behind on my Bible reading plan and really dig deep into God’s Word daily than to rush through, check off a box, and go on living life unchanged by God’s amazing Word.

Yesterday you determined an application for Psalm 19:10-14. Look back at what you wrote. Now, what are you going to do about that so you can be a doer of the Word? Jot down a specific action step on page 19 beside the “R”. Write how you want to be different now because of what you’ve read, or respond by writing out a prayer to God.

# EXTRA CREDIT

## SMALL GROUP QUESTIONS

1. Ice Breaker - In the introduction, Pastor Jason shares about the purpose of the 1% Life study. What are you most excited about?
2. Did you listen to Anchored Daily or Deeper Dive this week? Share something that inspired, impacted, or challenged you.
3. Summarize Sunday's sermon in 2-3 sentences. What was a key takeaway from the sermon? What action step will you (or could you) take?
4. What do you think of when you hear the term Bible Engagement?
5. Do you have a regular rhythm of reading, studying, and/or listening to God's Word? Does it feel like duty or delight?
6. What did you hear from God through your Bible time this week?
7. What other questions or comments do you have?

## CHALLENGE

Look back over the week. What did you hear from God through engaging with the Bible this week? Write them down.

Summarize the HEAR method of Bible study in your own words. How is HEAR different from how you typically read the Bible? How is it the same?

## FAMILY DISCIPLESHIP

1. Practice the HEAR tool with your children with the following passage: Deuteronomy 6:5-9. After practicing it, give your older kids a chance to try it on their own on Proverbs 1:8-9!
2. For an extra challenge, memorize the memory verse for this week as a family (II Timothy 3:16). Use movement and motions for key words to add some fun!





# PSALM 19

<sup>1</sup>The heavens declare the glory of God,  
and the expanse proclaims the work of his hands.

<sup>2</sup>Day after day they pour out speech;  
night after night they communicate knowledge.

<sup>3</sup>There is no speech; there are no words;  
their voice is not heard.

<sup>4</sup>Their message has gone out to the whole earth,  
and their words to the ends of the world.

In the heavens he has pitched a tent for the sun.

<sup>5</sup>It is like a bridegroom coming from his home;  
it rejoices like an athlete running a course.

<sup>6</sup>It rises from one end of the heavens  
and circles to their other end;  
nothing is hidden from its heat.

<sup>7</sup>The instruction of the Lord is perfect,  
renewing one's life;  
the testimony of the Lord is trustworthy,  
making the inexperienced wise.

<sup>8</sup>The precepts of the Lord are right,  
making the heart glad;  
the command of the Lord is radiant,  
making the eyes light up.

<sup>9</sup>The fear of the Lord is pure,  
enduring forever;  
the ordinances of the Lord are reliable  
and altogether righteous.

<sup>10</sup>They are more desirable than gold —  
than an abundance of pure gold;  
and sweeter than honey  
dripping from a honeycomb.

<sup>11</sup>In addition, your servant is warned by them,  
and in keeping them there is an abundant reward.

<sup>12</sup>Who perceives his unintentional sins?  
Cleanse me from my hidden faults.

<sup>13</sup>Moreover, keep your servant from willful sins;  
do not let them rule me.

Then I will be blameless  
and cleansed from blatant rebellion.

<sup>14</sup>May the words of my mouth  
and the meditation of my heart  
be acceptable to you,  
Lord, my rock and my Redeemer.

**H**

**E**

**A**

**R**

# WEEK TWO

## PRIORITIZE PRAYER

### MEMORY VERSE

In the same way the Spirit also helps us in our weakness, because we do not know what to pray for as we should, but the Spirit Himself intercedes for us with inexpressible groanings.

**Romans 8:26**

# DAY ONE

## WHY DO WE PRIORITIZE PRAYER?

The International Standard Bible Encyclopedia puts it this way: “Christian prayer in its full New Testament meaning is prayer addressed to God as Father, in the name of Christ as Mediator, and through the enabling grace of the indwelling Spirit” (Prayer by J. C. Lambert). That is a mouth full! To put it simply, prayer is intimate communication with God. The level of intimacy we may enjoy in prayer is made possible by the sacrifice of Jesus Christ on the cross. The experience of that intimate connection comes to us through the indwelling Holy Spirit, which God gives to those who believe in His Son, Jesus.

Prayer has many forms and expressions (formal, informal, poetry, song, audible, silent, private, public, etc.), but what all forms hold in common is an authentic engagement with God Himself. Prayer is expressive and is meant to bring about connection.

It is important to understand that God greatly desires to connect with you. He has from the beginning. Read back over the creation story in Genesis and pay attention to the intimacy of God’s interactions with Adam and Eve. The heart of God that longs to connect with us is reflected in the prayer of Jesus recorded in the Gospel of John chapter 17. This is the passage we will be studying this week.

While there is no one way to pray to God, there are guided ways designed to help us order our thoughts and facilitate that conversation. During this week we will be using the PRAY acronym: praise, repent, ask, yield.

We recommend maintaining good communication with God and that means keeping it a two-way street. God wants to hear your petitions, frustrations, joys, and sorrows (Phillipians 4:6-7), but He also desires to speak to you. It is beneficial to write down impressions, thoughts, and reflections received during prayer, or as Paul states, to “keep alert” (Ephesians 6:18).

Sometimes in prayer, we don't even know what to pray. Don't worry. Remember, the Holy Spirit is there to help you connect with God. The Holy Spirit even goes so far as to intercede on your behalf during prayer (Romans 8:26). Suffice it to say, God has gone all out to make prayer always available to you in the richest forms possible, so take full advantage of that connection (Hebrews 4:16).

## **WHY PRAY?**

It has been said that prayer is not an attempt to get God to do our will on earth. Rather, it is a means for Him to do His will on earth. When our will aligns with God's, we can be sure He hears us and that He will respond (1 John 5:14-15). Our prayers matter to Him. Communicating with God shifts our perspective, soothes our souls, informs our decisions, corrects our thinking, excites our spirit, and empowers us to action. All these lead to a fuller experience of life.

In addition to these, there is power gained in prayer. Prayer is a weapon that invokes change. It overcomes demonic strongholds (Matthew 17:14-21), aids us in overcoming temptation (Matthew 26:41), and brings about healing (Matthew 14:14). So let us be bold in our petitions and let us seek Him often in these pursuits, for we will never see answers to certain prayers we do not pray.

## **REFLECTION**

What has been your experience with prayer in the past (dry, invigorating, ritualistic, awkward)?

Did anything strike you as new in the explanation of prayer and why we pray?

Write out a prayer to God now expressing your experience with prayer and what you hope it to be as you commit to the relationship He holds out to you.



## **ROMANS 8:26-28**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

**H**

**E**

**A**

**R**



# DAY TWO

## PRAISE

Today we will focus on the first letter in the PRAY acronym, Praise. This is a time to focus on God and His specific attributes that stand out to you. To start, look through the list below of God's attributes and circle three that impact you the most. If there is an attribute not listed here that resonates with you more, write that one down instead.

Eternal	Wise
Faithful	Loving
Good	Infinite
Holy	Just
Omnipotent	Merciful
Omniscient	Gracious
Omnipresent	Longsuffering
Righteous	

Spend time praying through the three attributes you selected, reflecting on their implications and what they communicate about God. Praise Him for these. Here is an example:

Lord, thank you so much for your faithfulness! I can't fully grasp how faithful you are. You have always been faithful to me throughout my life. Even when I am faithless, you pursue me in your perfect faithfulness. For some reason you never give up on me. You continue to provide for me and uphold me like the loving Father you are. Thank you, God!

After spending time praising God for each attribute, ask this question of God, "Why do these attributes speak to me so deeply?" Be sure to take time and listen to what the Holy Spirit reveals to you.

Turn to page 35 and write down what He shows you during this time beside the "P".

## **JOHN 17:1-5**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

**H**

**E**

**A**

**R**



# DAY THREE

## REPENT

Today we will focus on the second letter in the PRAY acronym, Repent. Repentance means to turn away from sin, but more than that, it means to turn towards God and the abundant life He desires for you. Take some time to examine areas you are not submitting to God. Allow Him to work on your heart. Spend a few moments reflecting on this past week and circle three areas of failure or struggle from the list below. If something not on the list comes to mind, write that down instead.

Idolatry	Anger
Pride	Lying
Jealousy	Slander
Envy	Gossip
Drunkenness	Vanity
Sexual Immorality	

Once you have selected three areas and circled them, take time to repent before God and seek His forgiveness. Here is an example:

Lord, forgive me for my pride. I am so prone to thinking I am better than others and looking down on them. I sabotage my ability to love others and idolize myself. Lord, help me to see that, in reality, I am not better than anyone else. You have gifted each of us in unique ways for unique purposes. Help me to see others as more important than myself and rejoice in how you have made them.

After taking time to repent for each sin, ask God the questions below and listen for what He reveals:

- Do I need to repent of anything else?
- What lie am I believing that keeps me coming back to these sins?

Turn to page 35 and write down what He shows you during this time beside the "R".



## **JOHN 17:6-12**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

**H**

**E**

**A**

**R**

# DAY FOUR

## ASK

Today our focus is on the third letter in the PRAY acronym, Ask. This is a time of supplication. Supplication can come from an assortment of categories. You may be asking Him to move in someone's life, bringing them to a place of salvation in Jesus. You may wish to see a breakthrough in your own life. Maybe it is a healing for someone you know or a petition for the persecuted body of Christ in the world. Maybe you are confused about why something in your life has happened and desire to better understand why. Maybe you need to ask God to give you more faith. To start, think of three things you want to request of God and write them down beside the "A" on page 35. Spend time in prayer asking God about each of these requests and listening for Him to speak. Finish by asking Him the following questions:

- Is there anything else I should ask for?
- Is there anyone else I should pray for?

Take time to listen to the Spirit after you ask each of these questions and write down what He revealed to you beside the "A" on page 35.

## **JOHN 17:13-19**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

**H**

**E**

**A**

**R**



# DAY FIVE

## YIELD

Today we zero in on the fourth and final letter in the PRAY acronym, Yield. This is a time to reflect on what God has shown you this past week. As you prayerfully reflect on what the Lord has been teaching and revealing, consider specific areas of your life: Is He asking you to let go of something? Are there lifestyle changes He wants you to make? Who does He want you to talk to? Is He calling you to serve in a certain way or place? Write down three specific areas in your life you need to yield beside the "Y" on page 35. Now, in prayer, commit to letting go of these things or commit to carrying out what He has asked.

Finally, after you have prayed through the three things you wrote down above, ask God the following question:

Is there anything else you wish me to yield?

After you have asked this question and listened for God's response, take time and make a practical plan for how you are going to yield to Him. You can write your plan beside the "Y" on page 35.

## **JOHN 17:20-26**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

**H**

**E**

**A**

**R**

**P**

**R**

**A**

**Y**

# EXTRA CREDIT

## SMALL GROUP QUESTIONS

1. Ice Breaker - What is the craziest prayer you have ever prayed?
2. Did you listen to Anchored Daily or Deeper Dive this week? Share something that inspired, impacted, or challenged you.
3. Summarize Sunday's sermon in 2-3 sentences. What was a key takeaway from the sermon? What action step will you take?
4. Do you think it's important to prioritize prayer? Explain.
5. Do you have a regular rhythm of prayer and engaging with God's Word? Does it feel like duty or delight?
6. What did you hear from God through your Bible time this week?
7. Was there anything significant that came out of praying through the PRAY acronym this past week? Would you mind sharing?
8. What other questions or comments do you have?

## CHALLENGE

Look back over the week. How would you describe your prayer time?

What did you learn about prayer? Are there additional ways that you pray that aren't accounted for in the PRAY acronym? What are they?

Read and study Matthew 6:5-14. Are there additional insights about prayer that you learn?

## **FAMILY DISCIPLESHIP**

1. Spend one day out of the week in the evening praying with your family using the PRAY acronym. Invite your children to participate by having them give you a list of what to pray for!
2. For an extra challenge, memorize the memory verse for this week as a family (Romans 8:26). Use movement and motions for key words to add some fun!



# WEEK THREE

## CHOOSE CHURCH

### MEMORY VERSE

<sup>24</sup> And let us consider one another in order to provoke love and good works, <sup>25</sup> not neglecting to gather together, as some are in the habit of doing, but encouraging each other, and all the more as you see the day approaching.

**Hebrews 10:24-25**

# DAY ONE

## WHY CHURCH?

What do you think of when you think of church? Do you view it as optional or essential? An obligation or a joy?

Do you have a funny story about a church like the following one? I grew up in a small church. We had a nursery but no children's church, so kids attended "big church" once they had enough self-control to sit through the service. My brother got through sermons by enacting mental GI Joe versus Cobra battles on the ceiling. While I'm sure these were entertaining for Him and kept Him awake during the service, he was not experiencing the true purpose of church.

The church goes by different names in the Bible: the body of Christ, the People of God, and the Bride of Christ are some of them. We are called into a personal relationship with God and, at the same time, into a local community of believers. The local church exists to glorify God through worship, to build up and disciple His people, and to share the message of Christ.

Consider these words from Tony Merida's book "Love Your Church" (Merida, 26):

*"It is a privilege to belong to the new-covenant people of God: to be part of those who have been saved through repentance and faith in Christ Jesus, who possess the indwelling Holy Spirit, who are joined in a local gathering, who assemble to hear the word preached, who engage in corporate worship, who are led by qualified pastors/elders, and who enjoy the wonder of baptism and the Lord's Supper. It is an awesome thing to be part of those who commit to practicing the "one anothers of Scripture, who scatter to fulfill the Great Commandment (love your neighbor) and the Great Commission (make disciples of all nations)."*



Based on today's reading and scripture, take a minute and summarize why followers of Jesus should "Choose Church."

## **HEBREWS 10:23-25**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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# DAY TWO

## WE WELCOME PEOPLE TO THE FAMILY

We'll start today with a story from the opening minutes of a church service held by Roy Ortland found in Tony Merida's book "Love Your Church" (Merida, 51):

*"Welcome to church. Now here's the one thing I invite you to understand. You may have noticed when you walked in that the doors out there are painted red. That is an old Christian tradition, because we enter into the church through the blood of Christ. Out in that world, where we live the rest of the week, we never measure up. Our lives are never complete. We never fully belong. Then we come into the church through the finished work of Christ on the cross, and what makes a difference here - the reason why we belong is that we're walking into the completeness already prepared. Therefore, we can be weak; we can be honest with ourselves and with one another, and with the Lord and he says, "We belong."  
Welcome.*

*So, to all who are weary and need rest ...  
To all who mourn and long for comfort ...  
To all who fail and desire strength ....  
To all who sin and need a Savior ....  
The church opens wide her red doors in the  
name of Jesus, the friend of sinners.  
Welcome, I'm glad you're here."*

- Roy Ortland

## REFLECTION

What was your response to that story? Do you embrace this message for yourself?

Do you think that welcome reflects the heart of Jesus towards all who enter church? Why or why not?

How do you practically welcome others into church? Are there any specific people or groups of people who are difficult for you to welcome?

## **EPHESIANS 4:1-6**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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# DAY THREE

## WE WORSHIP TOGETHER

Psalms 103:1 – Bless the Lord, O my soul, and all that is within me, bless His holy name!

Perhaps the simplest way of describing worship is this: it's the "total adoring response of men to the one, self-revealed Eternal God." (Evelyn Underhill)

This is a great understanding of worship because it reminds us that, yes, worship IS personal and passionate. And yes, it does include music, but it also includes the adoring response of all our heart, soul, mind, and strength. And this goes far beyond music!

This understanding of worship also reminds us of the high importance of the Word of God. It is through His Word that God consistently self-reveals the vast depths of who He is and the love He has for His children.

One last thing that is great about this definition of worship is that it includes the word "men" – as in "men and women," PLURAL. This is important because while worship CAN be an intimate response of the created to its Creator, there is something special, and something dear to the heart of God when we come together as a larger body of people to worship and experience the living Christ.

*"God is trying to call us back to that for which He created us: to worship Him and enjoy Him forever."*

– A.W. Tozer



## REFLECTION

What do you agree and/or disagree with in today's reading?

Do your personal preferences influence your choice to worship with your church family? Explain.

## **EPHESIANS 4:7-16**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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# DAY FOUR

## WE SERVE ONE ANOTHER

In the introduction to our study, Pastor Jason said, “The Christian life is not about activity for God or information about God... that’s religion. The Christian life is about a personal, dynamic, life-transforming relationship with Jesus as we come to follow Him, are transformed by Him, and join Him in His mission in the world.”

So, if the Christian life is not about activity, then why do we serve? I’m glad you asked. We serve out of transformed hearts committed to Jesus’ mission in the world. We don’t serve to earn our salvation, or to earn God’s approval, but instead out of a response to our relationship with Him, and an ever-increasing love for His people.

Just as the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many (Matthew 20:28). In all we do, we serve out of the overflow of a heart of gratitude for God’s grace and mercy.

If you’re not sure where to start, or if you need a fresh place to serve, here’s a helpful tool:



## **EPHESIANS 4:17-24**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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# DAY FIVE

## WE SACRIFICE

Did today's title catch you off guard? Maybe you were curious, wondering if we were going to talk about baseball and how to hit a sacrifice bunt? Or did it make you want to skip today's reading because you immediately went to the cost of sacrificing? To what's being given up or what's being asked of you.

To sacrifice is to surrender or give up for the sake of something else. Too often we see sacrifice as only the cost, rather than the purpose. A sacrifice is a giving up for the sake of something more. We see this perfectly exemplified in Jesus: He Himself bore our sins in His body on the tree, so that, having died to sins, we might live for righteousness; by His wounding you have been healed. (1 Peter 2:24) His sacrifice was the way to our salvation. What perfect grace and mercy!

As followers of Jesus, we too make sacrifices, for the building up of His people and for the spread of the gospel, all to the glory of His great name.

"Therefore, through Him let us continually offer up to God a sacrifice of praise, that is, the fruit of lips that confess his name. Don't neglect to do what is good and to share, for God is pleased with such sacrifices." (Hebrews 13:15-16)

When we talk about sacrifice, consider these areas:

- Time
- Preference
- Money
- Praise
- Commitment
- Self-control
- Comfort



What areas do you sacrifice? Write a few down below. If you're not sacrificing, write down some areas you would like to grow in.

## REFLECTION

Take a moment to reflect on this Instagram caption from Louie Giglio:

*Church: birthed long before you were born - and  
will endure long after your life is over.*

*Her Head is eternal and unrivaled, Jesus Christ!*

*Don't count on her to fold.*

*Hell will not prevail against Christ's Church.*

*Use your gift*

*Take your place*

*Play your part.*

*- Louie Giglio*

## **EPHESIANS 4:25-32**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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# EXTRA CREDIT

## SMALL GROUP QUESTIONS

1. Ice Breaker - Share a funny church story.
2. Did you listen to Anchored Daily or Deeper Dive this week? Share something that inspired, impacted, or challenged you.
3. Summarize Sunday's sermon in 2-3 sentences. What was a key takeaway from the sermon? What action step will you (or could you) take?
4. Did you choose church this week? Why? Explain.
5. How do you intentionally greet and welcome others to church, especially those on the "outside" or "fringes"?
6. Do you see Bethel as your church family? Explain.
7. What did you hear from God through your Bible and prayer time this week? Is God asking you to do something with that?
8. What other questions or comments do you have?

## FOR FURTHER REFLECTION

1. Do I seek to love and serve more than evaluate and seek my preferences?
2. Do I pray more than I complain or "discuss" (gossip)?
3. Do I choose church even when it's not convenient?
4. Do I take my place and play my part, even when others don't?
5. Do I forgive quickly when my church family offends me?
6. Do I look first for reasons to stay? Or am I quick to find a reason to leave?

## CHALLENGE

Reflect on what you have learned this week, and do some additional Biblical research to answer this challenge:

Many people don't choose church. How would you explain the beauty and the blessing of belonging to a local church family to someone who doesn't think it's necessary, or who has a negative view of church?

Write your thoughts down below.

## FAMILY DISCIPLESHIP

1. Take some time this week to look through our "Kids Online" webpage. Then, choose a day to watch the videos together as a family. Get started at [bethel.ch/kids](http://bethel.ch/kids)
2. For an extra challenge, memorize the memory verse for this week as a family (Hebrews 10:24-25). Use movement and motions for key words to add some fun!

# WEEK FOUR

## COMMIT TO COMMUNITY

### MEMORY VERSE

<sup>34</sup> "I give you a new command: Love one another. Just as I have loved you, you are also to love one another. <sup>35</sup> By this everyone will know that you are my disciples, if you love one another."

**John 13:34-35**

# DAY ONE

## WE COMMIT TO COMMUNITY WITH JOY

As followers of Jesus we are active in our church, and we commit to a smaller community where we know and are known. We see Jesus model these closer relationships with his twelve disciples. Our goal for small groups is to connect people in genuine relationships with other followers of Christ, leading to spiritual transformation. In small groups we are known, loved, cared for, pursued, encouraged, and challenged to be more like Christ. We spur each other on to live out the 1% life with healthy inputs that lead to outputs of transformation and maturity.

What does it take for genuine relationships to form with our small group members? Well, just like every other relationship, they take time to grow. As we live the 1% life, we give at least one percent of our month, about two hours a week to life-on-life community, and those relationships begin to develop.

Today, let's start with the basics: 1) we make our small group a priority. 2) we are active contributors, and 3) we are intentional about getting to know each other.

When I make my small group a priority I take commitments seriously and show up consistently, not just to scheduled meetings, but to real life events as well. As an active contributor I realize that each of us bring talents and gifts to the group that are necessary to our collective health. And when I choose to welcome and get to know others, we start to become an authentic family.

*“The person who loves their dream of community will destroy community, but the person who loves those around them will create community.”*

- Dietrich Bonhoeffer, *Life Together: The Classic Exploration of Christian Community*

## **REFLECTION**

Do I prioritize building relationships with those in my small group community?

How does my dream of community intersect with my love for people?





## **JOHN 13:34-35**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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# DAY TWO

## WE COMMIT TO LOVE

<sup>34</sup> "I give you a new command: Love one another. Just as I have loved you, you are also to love one another. <sup>35</sup> By this everyone will know that you are my disciples, if you love one another."  
John 13:34-35

*Biblical love is neither a second hand emotion nor a sweet, old-fashioned notion. Love is actually a battlefield designed to reshape us into the likeness of the One who first loved us when we were not friends to Him, but enemies. God demonstrates his own love for us in this: While we were still sinners, Christ died for us. We love, not in a sentimental sense, but in the gutsy, costly sense, because He first loved us. We do not have the resources in ourselves to extend such selfless love. We are resourced by another, by Jesus Himself.*

- Scott Sauls

In our life-on-life community we choose to love each other as Jesus does. We are patient and kind, we do not envy, we don't insist on our own way, we hope, we persevere together, and we help each other keep our eyes on our Savior.

But love expressed doesn't stop there. We spur one another on to love those in our community and around the globe who desperately need to know and experience Jesus' love for them.

## REFLECTION

Read Acts 2:36-42. What kind of adjectives would you use to describe the relationships they had with each other?

What words describe the relationships you have in your small group community?

Does the way that you love show others that you are a disciple of Jesus? Explain.

## **COLOSSIANS 3:12-17**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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# DAY THREE

## WE COMMIT TO UNITY

Here's a quote to get us thinking today:

*"We probably argue as much as we do because Christianity is too easy here. It makes us bored, prayerless, addicted to knowledge over intimacy, which inevitably breeds division and lovelessness. Our focus is off and our enemies are not made of flesh. May God help us."*

- Jackie Hill Perry

Now take a moment to consider these scriptures:

*Above all, put on love, which is the perfect bond of unity. And let the peace of Christ, to which you were also called in one body, rule your hearts. And be thankful.*

- Colossians 3:14-15

*... with all humility and gentleness, with patience, bearing with one another in love, making every effort to keep the unity of the Spirit through the bond of peace.*

- Ephesians 4: 2-3



Reflect on the quote and the scriptures from the page before; what might God be telling you?  
Capture your thoughts:

If unity is what we are called to, what do we do when people are difficult to love or conflicts arise?

If possible, as far as it depends on you, live at peace with everyone. (Romans 12:18)

Jesus is the model for this. For as much as it depends on God, he is trying to live at peace with us. We should not overlook the lengths God has gone to in order to live at peace with us, specifically Jesus' death on the cross. So, when it says "as much as it depends on you" know that what is being asked might be more than you originally intended.

## **ACTS 2:1-15**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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# DAY FOUR

## WE COMMIT TO BEAR EACH OTHER'S BURDENS

Bear one another's burdens, and so fulfill the law of Christ. (Galatians 6:3)

I wonder if you have a story similar to this one, where someone entered your heartbreak, or where you walked alongside another?

*She called on an average weekday morning, and as soon as I answered the phone I could tell something was horribly wrong. Indeed, her life a few minutes before and her life after that event were heartbreakingly different. Through that season of grief, I learned to walk alongside her, not able to take her burden, but helping her shoulder it so she wasn't crushed.*

Your small group family can become your closest network of friends, the ones you are your most true and vulnerable self with. It takes time, intentionality, and love-in-action to build these relationships. They become the people who are committed to celebrating with you when life is full of joy, and supporting you when life is unbelievably difficult. They stay by your side for the long haul, not just the immediate aftermath. They remind you that God is good and that you are His beloved.

Here are some practical ways we can help bear burdens:

- Prayer
- Listening
- Writing or texting encouraging words
- Meeting practical needs (food, bills, house projects)
- Anticipating hard days (anniversaries, firsts/lasts)
- Going with them to appointments, etc
- Special gifts or fun surprises

## REFLECTION

What else would you add to this list?

How have others helped you bear burdens? What has not been helpful?

How do you respond when someone in your group is struggling or going through a difficult situation? What action step could you take today?

## **ACTS 2:16-36**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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# DAY FIVE

## WE COMMIT TO LIVING TOGETHER FOR CHRIST'S KINGDOM

As we've read Acts 2 this week, we've seen how the disciples began living their relationship with God in fellowship with one another. It's a beautiful picture of community, and one that through the power of the Holy Spirit, we can experience also.

Yet, if we think of 1% of our month as a small group Christian book club, or a social gathering, we miss the point. The commitment to the people in your group is the starting point. The transformation takes place as we live out the fullness of the gospel together, growing in humility, in love, in gratitude, in faithfulness, through the power and presence of the Holy Spirit.

As we pursue Christ together we help each other develop an eternal mindset. What do we mean by that? It's developing a destination mentality instead of a preparation mentality. It's realizing that everything here is preparing us for what is to come; that as 2 Corinthians 4:17 says, "Our momentary light affliction is producing for us an absolutely incomparable eternal weight of glory. So we do not focus on what is seen, but on what is unseen. For what is seen is temporary, but what is unseen is eternal." This changes not only how we see joy and pleasure, but also how we walk through trials and grief.

Those far from Christ know only the pleasures and heartache of this life and can easily be consumed by them. It's counter-cultural to live as Christ calls us to. Yet, that's why we have the gift of our life-on-life communities. We can encourage, strengthen, teach, love, and practice living in the light of eternity together, even when it feels like everyone around us is doing the opposite.



## **REFLECTION**

How does your small group community encourage you to live for eternity?

What happens when we default to living out only the commands we are comfortable with?

## **ACTS 2:37-47**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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# EXTRA CREDIT

## SMALL GROUP QUESTIONS

1. Ice Breaker – Share about a funny memory with a close family member or friend.
2. Did you listen to Anchored Daily or Deeper Dive this week? Share something that inspired, impacted or challenged you.
3. Summarize Sunday's sermon in 2-3 sentences. What was a key takeaway from the sermon? What action step will you (or could you) take?
4. How have you experienced God's love in your small group?
5. How can you, or do you, show love to others in your small group? In your community? In the world?
6. Does the way you love reflect that you are a disciple of Christ Jesus? Explain.
7. When do you celebrate with your group? BONUS: Can you reference an example in the gospels that highlights this?
8. What burdens can you help one another bear? (Here are some ideas to get you started: New baby, death of a family member, divorce, broken relationship, long-term illness, foster care placement or adoption)
9. How are you living with an eternal mindset? What helps you keep your focus?

## **CHALLENGE**

In our life-on-life community, we live out the “one anothers.” Do some Biblical research:

Are there any one-anothers that you would add to this week’s study?

Write your thoughts down below.

## **FAMILY DISCIPLESHIP**

1. At your next small group meeting, involve your kids during group time instead of keeping them separate. This is a great way to teach them what community looks like!
2. For an extra challenge, memorize the memory verse for this week as a family (John 13:34-35). Use movement and motions for key words to add some fun!

# WEEK FIVE

## LIVE IT OUT

### MEMORY VERSE

<sup>22</sup> But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, <sup>23</sup> gentleness, and self-control. The law is not against such things.

**Galatians 5:22-23**

# DAY ONE

## WHAT DOES IT LOOK LIKE TO LIVE OUT OUR FAITH?

*Every day is a teacher who begins each class with the same one-question pop quiz: "What will your actions today prove that you value most?"*

- Karen Swallow Prior

What do you value most? Maybe you said loving God, or loving people or living a good life, or \_\_\_\_\_. But, what does it actually look like to live out our faith? Here's one place we see a picture of the outward expression of our faith:

*But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.*

- Galatians 5:22-23

Is this fruit what characterizes your life? Maybe you're like me and in the easy times, or when I'm around certain people, it sure looks like I'm loving, patient, kind, and gentle. But how about when life is stressful, when my child disobeys for the millionth time, when I'm tired of the daily routine? Do I live out the message of the gospel then? Is what flows out of my heart, through my mouth and actions, good and faithful, full of joy and love?

To be clear, the fruit of the Spirit isn't a checklist we fill out, but rather it's a result of a changed heart that has encountered the love of Jesus. The more we know and love God, the more His fruit will be evident in all areas of our lives; we will be transformed. This transformation is the evidence of God's grace and power in our lives; it's the result of our choice to live fully dependent, in complete submission to Him each day.

## **A PRAYER:**

*Lord, our souls have told you: you are our God.*

*Other lords have had dominion over us, but we affirm the Lord this day to be our God.*

*We will walk in your ways, keep your commandments, honor your judgements. We will listen to your voice and give ourselves to you as your people - for your praise and for your glory.*

*We are yours. Save us, for we seek your ways. We give you what is yours, that which comes from your hand. Amen.*

- Matthew Henry, Piercing Heaven





## **GALATIANS 5:22-26**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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# DAY TWO

## TRANSFORMATION OF HEART AND MIND

What image comes to mind when you think of transformation? Maybe it's the metamorphosis of a caterpillar to a butterfly. Maybe you think of the cartoon "Transformers, more than meets the eye."

To transform is to change in form or appearance or to change in nature or character. The Christian life is about a personal, dynamic, life-transforming relationship with Jesus as we come to follow Him, are transformed by Him, and join Him in His mission in the world. When we are being transformed by Jesus, key areas of our lives begin to change. Over time, our everyday life will begin to reflect the work that Christ is doing in us.

This week we will be reflecting on several areas of our lives that have been transformed by God's grace. Together, we'll look at key areas; heart, mind, affection, will, relationships and purpose, taking time to acknowledge where we've been and where we're going. For each category there are some descriptors and then a chart for you to fill out. Start with who you were before Christ, then move to what changes you've experienced, and finally identify next steps.

## HEART: TRANSFORMED THROUGH REGENERATION

- If you confess with your mouth, "Jesus is Lord," and believe in your heart that God raised Him from the dead, you will be saved. (Romans 10:9)
- I am forgiven of sin, declared righteous, and indwelled by the Holy Spirit
- I respond daily with gratitude for the gift of salvation

<b>BEFORE CHRIST</b>	
<b>EVIDENCE OF GROWTH</b>	
<b>NEXT STEPS</b>	

## **MIND: TRANSFORMED THROUGH A THOROUGH KNOWLEDGE OF SCRIPTURE AND A BIBLICAL WORLDVIEW**

- Am I Biblically grounded?
- Do I spend time daily engaging with God’s Word?
- Does Biblical fluency inform (and transform) my worldview?
- Or are there other influences (i.e., social media, news outlets, peers, “professional” Christians) that inform my worldview more than the Bible?
- ... and you know that from infancy you have known the sacred Scriptures, which are able to give you wisdom for salvation through faith in Christ Jesus. All Scripture is inspired by God and is profitable for teaching, for rebuking, for correcting, for training in righteousness, so that the man of God may be complete, equipped for every good work. (II Timothy 3:15-17)

<b>BEFORE CHRIST</b>	
<b>EVIDENCE OF GROWTH</b>	
<b>NEXT STEPS</b>	



## **ROMANS 12:1-5**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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# DAY THREE

## TRANSFORMATION OF AFFECTION AND WILL

I'm not sure about you, but I don't commonly use the word "affections" in my everyday conversations - you either? Let's take a minute to define it. Affections are our emotions, feelings, sentiments, and the emotional realm of love. Synonyms include desire, devotion, emotion, closeness or passion.

### AFFECTIONS: TRANSFORMED SO THAT YOU GROW TO LOVE THE THINGS GOD LOVES AND HATE WHAT HE HATES

- Am I deeply satisfied in Christ?
- Does love of God continually win out over love for lesser things?
- Is the fruit of the Spirit consistently evident in my life?

<b>BEFORE CHRIST</b>	
<b>EVIDENCE OF GROWTH</b>	
<b>NEXT STEPS</b>	

## WILL: TRANSFORMED AS I GROW IN OBEDIENCE TO CHRIST

- Our will is our determination, our discipline, our decisions.
- Am I learning to listen to God's voice?
- Am I humbly obedient, doing what Jesus commands?
- Do I repent quickly?
- Be sober-minded, be alert. Your adversary the devil is prowling around like a roaring lion, looking for anyone he can devour. (1 Peter 5:8)

<b>BEFORE CHRIST</b>	
<b>EVIDENCE OF GROWTH</b>	
<b>NEXT STEPS</b>	

## **ROMANS 12:6-13**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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# DAY FOUR

## TRANSFORMATION OF RELATIONSHIPS AND PURPOSE

In the introduction, Pastor Jason said, "Not only did Jesus have a love relationship with the Father that spilled into a fellowship relationship with His disciples, but those connections also overflowed into relationships with people who didn't know God at all. The three relationships that Jesus prioritized will be the three relationships that we prioritize and grow in."

### RELATIONSHIPS: TRANSFORMED SO THAT YOU LOVE NOT JUST YOUR FRIENDS AND FAMILY BUT ALSO YOUR NEIGHBORS AND EVEN ENEMIES

- Do I sacrificially love and care for my family?
- Do I forgive freely as I have been forgiven?
- Do I actively care for the global church, the lost, and the poor?
- Do I have purposeful relationships with those who don't know Jesus?
- A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. (John 13:34)

Do the words "simple" and "pure" describe your relationship with Jesus? It's a call to abandon a superficial system of religion and pursue the adventure of a lifetime that can only be found in an authentic and growing relationship with Jesus. (Pastor Jason)

### PURPOSE: TRANSFORMED SO THAT YOU LIVE FOR THE GLORY OF GOD

- Making disciples who make disciples of all nations
- Forsaking personal or immediate comfort so others might know Christ
- Share, teach, serve - active and using your gifts

<b>BEFORE CHRIST</b>	
<b>EVIDENCE OF GROWTH</b>	
<b>NEXT STEPS</b>	

<b>BEFORE CHRIST</b>	
<b>EVIDENCE OF GROWTH</b>	
<b>NEXT STEPS</b>	

## **ROMANS 12:14-18**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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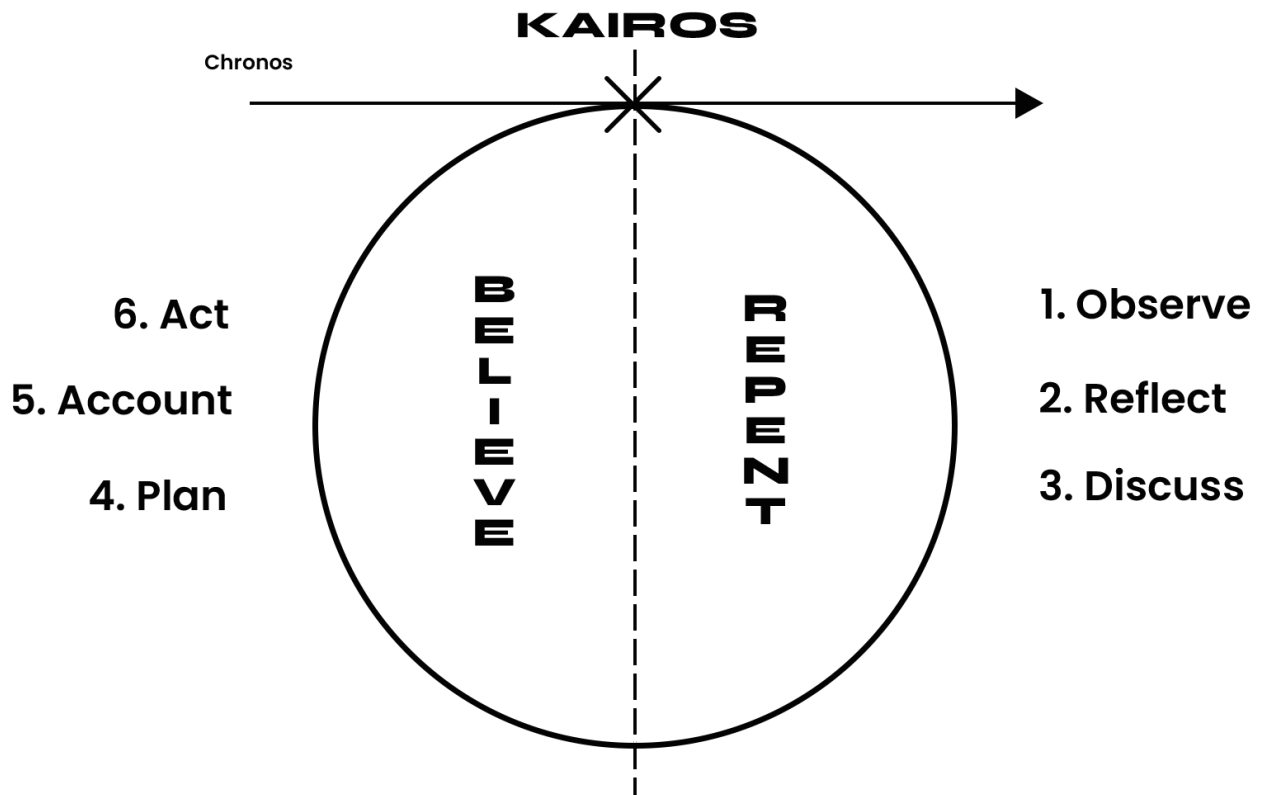
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# DAY FIVE

## REPENT AND BELIEVE

Transformation is a process. Here is a tool called the Kairos Circle to help us visualize the cycle of repentance. Take a moment to walk through the six steps it lays out.



### CHRONOS

The Greek word the Bible uses for time as we experience it in units such as seconds, days, years, etc. We want to make the most of the time we have on this planet.

## KAIROS

An event in time such as birthdays, anniversaries, and holidays.

For us as believers pursuing God, it is a God-empowered MOMENT when He teaches us. When Jesus started His ministry in Mark 1:15, He said, "The TIME is now. The KINGDOM of God is near. REPENT and BELIEVE the good news." The word for TIME in this passage in the original language was KAIROS.

The timeline of your life, your Chronos, has brought you to a moment when you can meet with God. To make the most of that Kairos moment, He tells you to REPENT (metanoia – internal change), and to BELIEVE (pistis – external change). God wants His family to experience continuous spiritual breakthrough by habitually practicing the presence of God. You practice His presence by really listening when He speaks, deeply considering what He says, and authentically trusting Him by doing what He says. When we do those three things, we practice the presence of God and experience spiritual breakthrough. The beginning of Kairos is hearing from God. Sometimes that is a struggle. Where is a place you're stuck in your life? Where is a place of growth in your life? Is there a point or message that keeps coming up in sermons, in the Word, in your conversations with fellow believers? These could all be God speaking. The next part of Kairos is responding in obedience. To do this, proceed through these steps:

The first side of the Kairos circle is REPENT. REPENT = INTERNAL CHANGE, which is a process. Here we ask ourselves the question, "What is God saying to me?"

1. OBSERVE means that you stop long enough to name your Kairos and say it out loud. You may start by describing it using lots of words. Try to narrow it down to two words. This will help you get specific about what God is really saying.
2. REFLECT means to deeply consider and meditate on what God is calling you to be, think, or do. Genuine reflection calls us to look at our life through God's eyes.
3. DISCUSS means that you begin the process of creating your own accountability by talking with trusted friends who are walking after God with you. Discussion is the hinge between REPENTANCE & BELIEF, and the bridge that moves us from internal transformation to external obedience. You discussing can also lead to shared Kairos for others in your life.

The second side of the Kairos circle is BELIEVE. BELIEVE (FAITH) = leads to EXTERNAL CHANGE, which is a process. Here we ask ourselves, "How do I respond to what God said to me?"

4. PLAN: Now that you've counted the cost and considered deeply what God is teaching you, MAKE A PLAN of action to do it. Your plan should be specific and detailed
5. ACCOUNTABILITY: Even though almost everyone resists accountability, disciples of Jesus must embrace it. Accountability is just like a mirror. When your group asks you the accountability question, they are demonstrating that they love you enough to remind you to conform your life to the picture God showed you in your Kairos moment. The goal = demonstrated faith!
6. ACT: now get out there and do it. The final part of Kairos is the change in trajectory of your life.. Once you act on the plan you and your community made, then your life will look different. It may be on a big scale (deciding to go on a church plant, etc.) or it may be on a smaller scale (spending your lunch break in prayer instead of scrolling through social media)



Scan to read  
source material

## REFLECTION

What are your kairos moments this week?

What has God been saying to you?

## **ROMANS 12:19-21**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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# EXTRA CREDIT

## SMALL GROUP QUESTIONS

1. Ice Breaker - What do you think of when you hear the word transform?
2. Did you listen to Anchored Daily or Deeper Dive this week? Share something that inspired, impacted or challenged you.
3. Summarize Sunday's sermon in 2-3 sentences. What was a key takeaway from the sermon? What action step are you (or could you) take?
4. What did you learn from the transformation charts in days 2-5?
5. What are you repenting from (internal) and believing in faith (external)?
6. What did you hear from God through your Bible and prayer time this week?
7. What other questions or comments do you have?

## CHALLENGE

Write, draw, or creatively express what a fully transformed follower of Christ looks and acts like in your current time/culture/demographic. Share with someone. Do you know someone who exemplifies this? What could be the impact?

## FAMILY DISCIPLESHIP

1. As a family, have a conversation about how you see Jesus transforming your life and the life of your family.
2. For an extra challenge, memorize the memory verse for this week as a family (Galatians 5:22-23). Use movement and motions for key words to add some fun!





# WEEK SIX

## SHARE

### MEMORY VERSE

For I am not ashamed of the gospel, because it is the power of God for salvation to everyone who believes, first to the Jew, and also to the Greek.

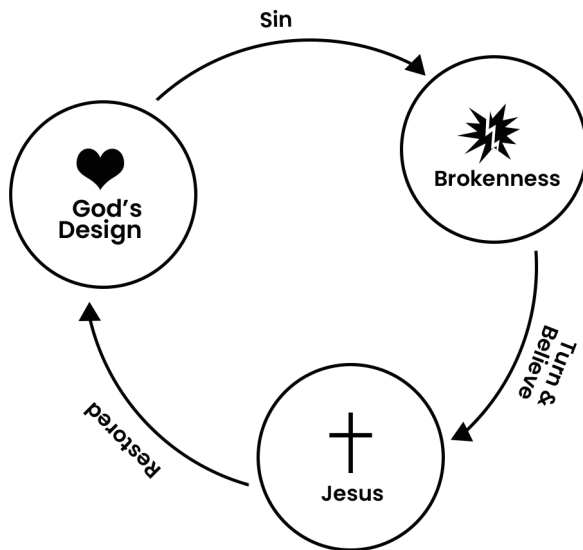
**Romans 1:16**

# DAY ONE

## GOD'S STORY IN THREE CIRCLES

This week we'll be considering why and how to share the story of the gospel. We start with God's story, using a tool called the Three Circles. The best way to learn about the Three

Circles is through this video by Jimmy Scraggins. Scan the QR code below and take a moment to watch.



Now that you understand the Three Circles, take a look at the example below.

### BROKENNESS

We live in a broken world, surrounded by broken lives, broken relationships, and broken systems. This brokenness is seen in the suffering, violence, poverty, pain, and death around us. Brokenness leads us to search for a way to make life work. In contrast to this brokenness, we also see beauty, purpose, and evidence of God's perfect design around us.

### GOD'S PERFECT DESIGN

The Bible tells us that God originally planned a world that worked perfectly—where everything and everyone fit together in harmony. God made each of us with a purpose—to worship Him and walk with Him. (See Gen. 1:31; Ps. 19:1.)

## **SIN**

Life doesn't work when we ignore God and His original design for our lives. We selfishly insist on doing things our own way. The Bible calls this sin. We all sin and distort the original design. The consequence of our sin is separation from God – in this life and for all eternity. (See Rom. 3:23; 6:23.) Sin leads to brokenness. We see this all around us and in our own lives as well. When we realize life isn't working, we begin to look for a way out. We tend to go in many directions and do many different things to figure it out on our own. Sometimes we try to escape through a relationship, or through an addiction, or even through religion. Brokenness leads to a realization of our need for something greater. (See Prov. 14:12; Rom. 1:25.) At this point we need a remedy—some good news. Because of His love, God didn't leave us in our brokenness.

## **JESUS**

Jesus, God in human flesh, came to us and lived perfectly according to God's design. Jesus came to rescue us – to do for us what we couldn't do for ourselves. He took our sin and shame to the cross, paying the penalty of our sin by His death. Jesus was then raised from the dead to provide the only way for us to be rescued and restored to a relationship with God. (See John 3:16; 1 Cor. 15:3-4; Col. 2:14.) Simply hearing this good news isn't enough. We must admit our sinful brokenness and stop trusting in ourselves. We don't have the power to escape this brokenness on our own. We need to be rescued. We must ask God to forgive us, turning from sin to trust in Jesus. This is what it means to repent and believe. Believing, we receive new life through Jesus, and God turns our lives in a new direction. (See Mark 1:15; Rom. 10:9; Eph. 2:8-9.) When God restores our relationship with Him, we begin to discover meaning and purpose in a broken world. Now we can pursue God's design in all areas of our lives. Even when we fail, we understand God's pathway to be restored – this same good news of Jesus. God's Spirit empowers us to recover His design and assures us of His presence in this life and for all eternity. (See Eph. 2:10; Phil. 2:13.)



## **ROMANS 1:16-17**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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# DAY TWO

## PRACTICE THE THREE CIRCLES

Now it's your turn to practice! Watch the video from yesterday again. Then, take a moment to write down what you would put in each of the three circles using the space below.

Try sharing the gospel with the three circle with a friend or family member. It is probably easier to start with a fellow believer. Ask for feedback.





## **ROMANS 10:1-4**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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# DAY THREE

## YOUR GOSPEL STORY

What is your story? If you've never written it out, today is the day! You can use this simple format: My life before Christ, how I met Christ and my life after Christ.

### TOOL: TWO-MINUTE TESTIMONY

The ability to share your two-minute story about meeting Jesus is powerful (Revelation 12:11)! Our personal, truthful “testimony” about Jesus is difficult to refute. It’s our story! Having this story prepared and thought through will equip you to share Jesus with others when God brings the opportunity your way (1 Peter 3:15).

### HOW DO I START?

Write your testimony out in 300 words or less, using these questions to guide you:

1. Briefly, what was your life like before you met and trusted Jesus?
2. How did you first hear about Jesus?
3. When did you realize your need for Jesus?
4. How and when did you receive Jesus Christ as Savior and Lord?
5. What key changes took place in your life after you received Christ?

### SUGGESTIONS TO CONSIDER:

- Ask the Lord to give you wisdom and guidance as you write your story.
- Be realistic. Don’t suggest that Jesus eliminates all your problems but, rather, He enables you to live them out with peace and hope.
- Avoid “Christian” terminology such as salvation, born again, conversion, the Word, fellowship, etc. Think of more common words like rescued, Bible, friend in the church, etc.
- Avoid referring to specific churches, organizations, denominations, people, etc. Doing so might sidetrack the main point and/or offend someone.



Scan to read  
more stories

- Emphasize the fact that Jesus made the difference in your life (not some person, church, behavior, etc.). That means that Question #1 above should be your shortest response.

## **REFLECTION**

Are you ready? Take a moment to write your 300 words (or less) two-minute testimony using today's questions and suggestions.

## **ROMANS 10:5-13**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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# DAY FOUR

## OIKOS MAP

Oikos Mapping is a tool that has revolutionized the way many Christians think about evangelism. Simply put, Oikos is a Greek word that means family. A family in Jesus' time would also include servants, extended family, and anyone else residing in their home. Basically, it was their circle of influence. For us this could include not only our family but our friends, coworkers, and acquaintances. It is anyone that we come in contact with on a regular basis that gives us the ability to, even in a small way, have influence in their lives.

The word Oikos is used about 120 times in the New Testament. Oftentimes when Jesus found people who were open to His message He would eventually share the message with their entire family network, their Oikos. A great example is when Jesus met the Samaritan woman at the well (John 4). After Jesus revealed His message and who He was, she went and told her Oikos, the whole town, and they came to hear Jesus and many believed in Him. God has given us influence in the lives of the people that are in our Oikos. We know them and oftentimes we know what is going on in their lives. This not only gives us influence, but it provides insight into how we can pray for them.

### WHY "MAPPING"?

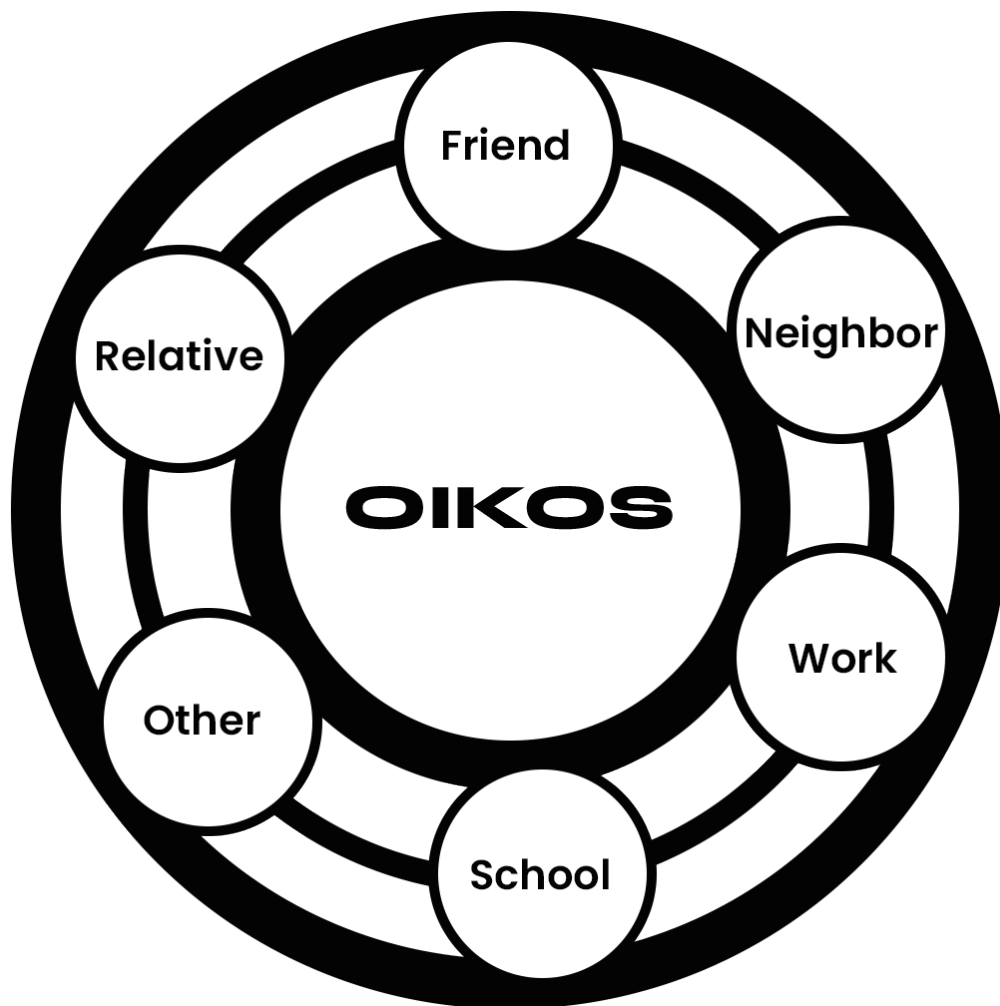
Mapping is a tool to help us organize our efforts, show us where we need to be working, and is a great way to pray for the people that we know. We've identified 5 Oikos circles that we find in most of our lives: friends, family, neighbors, work, and rhythms. Rhythms are those areas or businesses that you are routinely connected to. It could be the server at your favorite restaurant, your hair stylist, the gas station attendant, etc.

### HOW DO I BEGIN?

Begin by asking God for five or more names. Write these names in the primary category they belong. This is your immediate Oikos. But it doesn't stop there. Who do these people know? How are they connected? Continue drawing circles and names and how they are connected. These are called generations. You can keep drawing circles until you have mapped everyone you influence. Now you have specific names that you can commit to praying over.

Reference the Oikos circle on the next page for inspiration.





## **ROMANS 1:14-17**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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# DAY FIVE

## REFLECT AND MAKE AN ACTION PLAN

Pure evangelism is really just an expression of love. In this way evangelism is not so much something we do but rather who we are.

Here's a progression of thought:

Do you really care for a person?

- Then you will listen to that person.
- You will want to discover the unique pieces of how God made them and what He made them for.
- You will care for that person.
- You will want to know their hurts/brokenness (they are being robbed of joy and life)
- You will want to provide help.

The answer to every problem is Jesus. By caring for someone from a true heart you are sharing Jesus. Thus evangelism becomes not so much a thing you do but an ever present expression of who you are.

### ACTION PLAN – WHEN ARE YOU GOING TO DO IT?

What is your action plan going forward?

- Does your heart towards those who are far from God need to soften or be mobilized?
- Have you written out your testimony? Share it with one person and ask for feedback.
- Do you need to devote strategic prayer time over those on your Oikos map?
- Is there someone on your Oikos map you need to initiate a conversation with, and move it towards a gospel conversation?
- Ask the Lord if there is someone on your Oikos map you could share with using the three circles approach.
- Take a step this week to set that Gospel appointment (lunch date/coffee), with the intent to listen and then to share.



## **ROMANS 1:18-21**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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# EXTRA CREDIT

## SMALL GROUP QUESTIONS

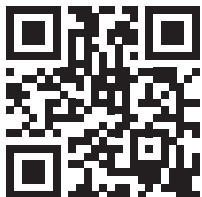
1. Ice Breaker - Share something good that happened this week.
2. Did you listen to Anchored Daily or Deeper Dive this week? Share something that inspired, impacted, or challenged you.
3. Summarize Sunday's sermon in 2-3 sentences. What was a key takeaway from the sermon? What action step are you (or could you) take?
4. Share your action plan from Day 5. How can we help support you as you take these steps?
5. What did you hear from God through your Bible and prayer time this week?
6. Take time to listen to each other's 2-5 minute testimonies.
7. Pray over each other's Oikos maps.



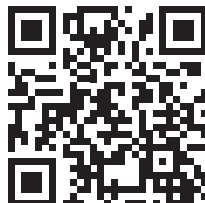
## CHALLENGE

Tell someone your action plan from Day 5 and commit to praying with and checking in with them as you seek to implement it.

Take some time this week to check out these stories:



Scan to read  
Good News Stories  
from Bethel family



Scan to read  
about a Rescue  
in Room 113

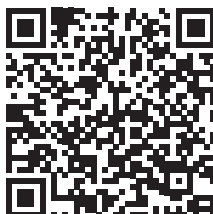
Now it's your turn! Write your own and share it with us: [communications@bethel.ch](mailto:communications@bethel.ch)

## FAMILY DISCIPLESHIP

1. Take some time this week to share the gospel message with your kids. If you need a resource, check out the Gospel Plan for Us below.
2. Have your kids color the Good News coloring sheet found below. Help them find a friend and drop it off at their home!
3. For an extra challenge, memorize the memory verse for this week as a family (Romans 1:16). Use movement and motions for key words to add some fun!



Scan for the  
Gospel Plan for  
Us PDF



Scan for  
Good News  
coloring sheet

# WEEK SEVEN

**GO!**

## MEMORY VERSES

<sup>18</sup> Jesus came near and said to them, “All authority has been given to me in heaven and on earth. <sup>19</sup> Go, therefore, and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, <sup>20</sup> teaching them to observe everything I have commanded you. And remember, I am with you always, to the end of the age.”

**Matthew 28:18-20**

But you will receive power when the Holy Spirit has come on you, and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.”

**Acts 1:8**

# DAY ONE

## EVERY PERSON CALLED... EVERY PERSON COUNTS

### EVERY PERSON CALLED...

As we begin this week exploring the call to “be on mission” (both locally and globally) as part of living the 1% Life, we start with the simplest of concepts, reading Matthew 28:18-20 together. We know in Matthew 28 that Jesus is speaking directly to the disciples about making disciples, and He instructs them very specifically about where they must carry out this directive: IN ALL NATIONS.

Matthew 28:18-20 (ESV): “And Jesus came and said to them, “All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.”

### EVERY PERSON COUNTS...

It helps to frame our mission biblically, in that every individual, every ethnic group, every nation, every tongue—all bear the image of God. All people have supreme worth, and God desires all to be in relationship with Him. While there is some mystery to this notion, we know from scripture that only humans are created in the image of God (scripture testifies to this fact in Genesis 1), and only humans are pursued by God for relationship. All humans. Every person.

We know that He is in pursuit of all people in all nations, as Revelation 7:9-10 (ESV) states, “After this I looked, and behold, a great multitude that no one could number, from every nation, from all tribes and peoples and languages, standing before the throne and before the Lamb, clothed in white robes, with palm branches in their hands, and crying out with a loud voice, “Salvation belongs to our God who sits on the throne, and to the Lamb!”

This theme resonates throughout the bible: Our El Shaddai (Mighty Creator), Elohim (Lord), Adonai (Father) is on a mission to draw all peoples into relationship with Himself, to fill earth (and heaven) with His image bearers; and just as miraculous: He has chosen us to help Him accomplish this mission. Every person is called and every person counts!

The next four days will lead you through the completion of something we use in local and global outreach a lot: MAPS! The point of a map is to get us to our destination, to help us travel from one point to another. We hope the next few days will help you map out your next steps as you consider how the Holy Spirit might be empowering you to be His witness (Acts 1:8) in your own little corner of the map (Jerusalem—Tri Cities Region, Judea—Washington, Samaria—USA, and To the Ends of the Earth – 194 other countries), as together we make disciples in His name!

But you will receive power when the Holy Spirit has come on you, and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.”

**Acts 1:8**



## **ACTS 1:8 AND MATTHEW 28:18-20**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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# DAY TWO

## MAP MAKING: MISSION (LOOKING AROUND)

Almost every person I know has a desire to make a difference. Most want to be a part of something meaningful, of something bigger than themselves. Being on mission isn't just about finding a project to complete, however. It's about changing the way we view ourselves and the people around us. It's not viewing people (or their needs) as a "project," but as someone with supreme worth and value with whom the Creator of the universe desires to have an intimate and lasting relationship. It's easy to focus on the "what" and miss the "who"; who God created each of us to become: ones who are reconciled and ones who are reconciling others to Himself (2 Corinthians 5:18-21).

There are multiple ways to explore where and what the needs are, both locally and globally. Here are some suggestions to consider:

- Explore the Bethel website ([bethel.ch](http://bethel.ch)) for a list of our local community partners and global missionaries. What needs are these partners specifically meeting?
- Read online newsletters of agencies and ministries that are involved in ministering to specific needs.
- What is grabbing the headlines in our local, state, national and international news? Needs are often highlighted, including natural disasters.
- Look around you. What needs are you seeing "first hand" in your community? Think about your own neighborhood, family, coworkers, your drive to work, places you eat or shop: what are the needs around you?
- What Bethel ministries are in place at our three campuses that are meeting needs in those locations? (For example, ESL training in Prosser)
- Visit the websites of our global partners and see what needs they are meeting in these specific countries:
  - Mexico ([ffhm.org](http://ffhm.org))
  - Haiti ([haitianchristianmission.org](http://haitianchristianmission.org))
  - Greece ([amginternational.org](http://amginternational.org))
  - Cambodia ([aimfree.org](http://aimfree.org))

Note: We are unable for security reasons to share any info about our ministry partners in East Asia and India



Use the chart below to help you consider what and where the greatest needs might exist. Determine two “where and what needs” that show up for each location listed.

LOCATION	NEED ONE	WHERE ONE	NEED TWO	WHERE TWO
<b>TRI CITIES REGION</b> <i>(Jerusalem)</i>				
<b>WASHINGTON</b> <i>(Judea)</i>				
<b>UNITED STATES</b> <i>(Samaria)</i>				
<b>ALL NATIONS</b> <i>(The ends of the Earth)</i>				
<b>SAMPLE TRI CITIES REGION</b> <i>(Jerusalem)</i>	<b>FOSTER PARENTS</b>	<b>GREATEST NEED IS IN THE LOWER VALLEY</b>	<b>MORE AFFORDABLE HOUSING FOR LOW INCOME FAMILIES</b>	<b>EAST PASCO AND EAST KENNEWICK</b>

## **ACTION**

After looking at your list of where and what the needs are, circle the two needs that you feel the most compelled or passionate about. Consider areas where you are not currently already serving, where God might want to stretch you and your influence.

## **PRAYER**

“Lord, you know all needs, everywhere. As you move in my heart to join you in serving these needs, would you show me where you want me to serve you and love others? Help me remember that people don’t need me and my works, they need you and your saving grace. In Jesus’ name, Amen.”



## **ACTS 11:19-22**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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# DAY THREE

## MAP MAKING: ACTIONS (LOOKING IN)

What are possible ways I can help? How can God use me to serve others?

Now that you have identified two needs that resonate with your desire to “be on mission”, the next step is to consider your giftings, skills, talents, abilities, etc., and how you might be a solution God can use to minister to another person in need. Scripture reminds us that we were created with intentionality for a purpose. Philippians 2:13 (NIV): “...for it is God who works in you to will and to act in order to fulfill His good purpose.”

Let’s pause for a moment and consider this question: How am I currently serving others with the gifts, talents, resources and skills God has given me to “be on mission” in fulfilling His mission?

What if you don’t know your spiritual gifts, strengths or talents? Here are a few ways to get started determining your gifts and strengths.

### SPIRITUAL GIFTS

Visit this website to take a quick free gifts test: [gifts.churchgrowth.org](https://gifts.churchgrowth.org)

### STRENGTHS

- Take the “Top 5 CliftonStrengths” assessment (cost involved \$20) to get a report on your top five strengths: [gallup.com](https://www.gallup.com)
- Ask 5-7 people who know you well to share an example when they saw you using a strength. Watch for similar words or patterns to develop that might help identify a strength or talent.

Take a few moments to fill out the following charts to further hone in on your spiritual gifts and strengths.

*“Natural talents are not the same as spiritual gifts. While God has given natural talents to every human being only believers in Christ Jesus have been given spiritual gifts. Unbelievers, by definition, cannot exercise spiritual gifts. We must also understand that natural talents do not automatically become one’s gift when a person becomes a Christian. God may indeed give someone, who is a teacher by profession, the spiritual gift of teaching. However, He may not. While there may be some relationship between the natural gifts which a person has and the spiritual gift they have been given, this may not be the case.”*

- Blue Letter Bible

**LIST TWO OF YOUR  
SPIRITUAL GIFTS:**

**1.**

**2.**

**LIST TWO OF  
YOUR STRENGTHS:**

**1.**

**2.**

**LIST TWO  
OF YOUR  
TALENTS**

**1.**

**2.**

**LIST TWO  
JOB SKILLS  
YOU POSSESS**

**1.**

**2.**

**PEOPLE OFTEN  
SAY I AM...**

**1.**

**2.**

**LIST TWO STRUGGLES  
THAT GOD HAS HELPED  
YOU OVERCOME THAT  
COULD BE A CATALYST  
FOR SERVING OTHERS:**

**1.**

**2.**





## **ACTS 11:23-26**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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# DAY FOUR

## MAP MAKING: PLAN (LOOKING FORWARD)

How can I partner with God in meeting the needs?

After assessing the needs and looking at the skills God has given you, it's time to make an action plan for the future. After you review a map, you then put a plan in place for how to use what you discovered. Utilize the following chart to review the needs you have seen and the gifts, talents, and strengths God has given you to determine action steps moving forward. It could be serving on a regular basis with a local community partner or perhaps joining a GO Team (Global Outreach mission trip) to serve overseas. However God is leading you to "be on mission" with Him, it's time to set action steps to start that journey.

NEED	MY IDEA	ACTION STEP 1	ACTION STEP 2	TIMELINE
<p><b>SAMPLE</b></p> <p>Children are being sex trafficked all around the world.</p>	<p>To utilize my musical talent, join a STMT to Cambodia to help girls AIM ministers to</p>	<p>Complete and turn in the trip application</p> <p>Apply for Passport</p>	<p>Request time off work</p> <p>Start fundraising for trip expenses</p>	<p>Trip to be completed by Summer 2022</p>
<p><b>NEED ONE</b></p>				
<p><b>NEED TWO</b></p>				

## **ACTS 11:27-30**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

**P**

**R**

**A**

**Y**

**H**

**E**

**A**

**R**

# DAY FIVE

## MAP MAKING: SUBMIT (LOOKING UP)

Submit this plan to prayer and seek how the Lord is asking you to respond. Then GO!

Now that you have your MAP in hand, it's time for the most crucial piece of it all:

SUBMIT: PRAY AND GO!

We submit our MAP to prayer in light of Proverbs 19:21 (NIV), "Many are the plans in a person's heart, but it is the Lord's purpose that prevails." We should never start any ministry, project, or idea that we hope to complete "in His name" without devoting substantial time to prayer and to His will. The Lord may show you ways you need to adjust or modify your MAP, or he may ask you to start over and try again.

As you pray and seek God's will, you might wonder "how do I know for sure this is where and how God is leading me to GO?"

You may have heard this analogy before shared by Bible Teacher Bob Mumford, "A certain harbor in Italy can be reached only by sailing up a narrow channel between dangerous rocks and shoals. Over the years, many ships have been wrecked, and navigation is hazardous. To guide the ships safely into port, three lights have been mounted on three huge poles in the harbor. When the three lights are perfectly lined up and seen as one, the ship can safely proceed up the narrow channel. If the pilot sees two or three lights, he knows he's off course and in danger."

As we pick up our maps and prepare to "be on mission" with God as part of the 1% Life, let us consider three "beacons" to help guide us towards next steps, as we seek His will and His purposes. The same rules of navigation apply—these three "beacons" should be aligned before it is wise for us to proceed forward with our maps. If one or more of these "beacons" doesn't align, then re-evaluation is needed.



1. The Word of God (what does the Word say about this idea? Does it contradict or align to scripture?)
2. The Holy Spirit (what does the Holy Spirit say to you about this idea? Are you feeling any hesitancy or lack of peace?)
3. Wisdom of Others (what do those I trust the most say about this idea? Can others see “red flags” or bring wisdom in ways that I might be missing? Have I talked to my Pastor, my small group leader, a ministry director, etc., about how God might be leading me?)

## **PRAYER**

“Lord, thank you for opening my eyes to see needs around me and around the globe. Thank you for giving me the gifts and skill sets that you have to be on mission with you. Please help me to use these for your glory. Help me to practice being on mission every day and in every interaction with your image bearers. Will you give me the dedication to see these action plans through? Place people in my life that will hold me accountable and encourage me to follow through with the ideas you have given me. Amen.”

## **ACTS 13:1-5**

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

**P**

**R**

**A**

**Y**

**H**

**E**

**A**

**R**

# EXTRA CREDIT

## SMALL GROUP QUESTIONS

1. Ice Breaker - Where is the most adventurous (or fun) place you've traveled?
2. Did you listen to Anchored Daily or Deeper Dive this week? Share something that inspired, impacted, or challenged you.
3. Summarize Sunday's sermon in 2-3 sentences. What was a key takeaway from the sermon? What action step are you (or could you) take?
4. What did you hear from God through your Bible and prayer time this week?
5. Share your MAPS plan. Speak into each other's plans, and ask how you can best support them. Are there any areas that overlap within the group?
6. What other questions or comments do you have

## FAMILY DISCIPLESHIP

1. As a family, choose an activity you can do together to serve your neighbors!
2. For an extra challenge, memorize the memory verse for this week as a family (Acts 1:8 OR Matthew 28:18-20). Use movement and motions for key words to add some fun!

# CONCLUSION

## WHERE DO I GO FROM HERE?

Here's a final principle to keep in mind: every relationship in my life is developed by choosing to invest time in that relationship. As it is with other earthly relationships, we need to choose different ways to invest our time based upon the uniqueness of each relationship.

Now remember, the 1% challenge is only a starting point. It's not the target. The target is to faithfully follow Jesus by deepening the three relationships we've identified – a relationship with God, a relationship with God's people, and a relationship with people far from God.

We are convinced that if you embrace the 1% life as a starting point, the other 99% of your life will be changed forever. Best of all, you'll be able to more fully embrace the greatest adventure of all; the adventure of following Jesus!

# WORKS CITED

Bonhoeffer, Dietrich. *Life Together. The Classic Exploration of Christian in Community*. 1st ed., HarperOne, 2009.

Elmer, Robert. *Piercing Heaven Prayer Journal: Prayers of the Puritans*. Lexham Press, 2022.

Merida, Tony. *Love Your Church: 8 Great Things About Being a Church Member*. The Good Book Company, 2021.

# APPENDIX

## FAQ

1% Life Podcast and Sermons: [bethel.ch/one-percent-curriculum-91221](https://bethel.ch/one-percent-curriculum-91221)

## WEEK FIVE

Resonate Church Kairos Circle: [static1.squarespace.com/static/551447e1e4b0ff90915347fc/t/59ca7c7890bade22a39b83cf/1506442361192/Kairos+Circle.PDF](https://static1.squarespace.com/static/551447e1e4b0ff90915347fc/t/59ca7c7890bade22a39b83cf/1506442361192/Kairos+Circle.PDF)

## WEEK SIX

Jimmy Scraggins Three Circles video: [vimeo.com/227782208](https://vimeo.com/227782208)

Good News Stories: [bethel.ch/good-news](https://bethel.ch/good-news)

Rescue in Room 113: [bethel.ch/updates/980](https://bethel.ch/updates/980)

The Gospel Plan for Us: [drive.google.com/file/d/100UeHIW1nbQM2Sy48bVp47RtIG--ZqEs/view](https://drive.google.com/file/d/100UeHIW1nbQM2Sy48bVp47RtIG--ZqEs/view)

The Good News Coloring Sheet: [drive.google.com/file/d/1ZeD0YihozldinqDlIiHgDCMp\\_ZyrH67b/view](https://drive.google.com/file/d/1ZeD0YihozldinqDlIiHgDCMp_ZyrH67b/view)