10 KEYS
TO SUCCESSFUL FOREX
TRADING

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A Beginner's Guide to Forex Trading:

The 10 Keys to Forex Trading

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The 10 Keys to Forex Trading

KEY 1: What is the Forex?

A brief history of the Forex market; how it all began:

Bretton Woods Accord

The modern foreign exchange, or Forex market as we know it today, was put into play around 1973. The establishment of the Bretton Woods Accord in 1944 is generally accepted as the beginning of Forex market. It was established to stabilize the global economy after World War II. It not only created the concept of pegging currencies against one another, but also led to the creation of the International Monetary Fund (IMF). Currencies from around the world were pegged against the U.S. dollar which were in turn pegged against the value of gold in an attempt to bring stability to global economic events. In 1971, this act finally failed. However, it did manage to stabilize major economies of the world including those within the Americas, Europe and Asia.

Free-Floating Currencies

Late in 1971 and 1972, two more attempts were made to establish free-floating currencies against the U.S. dollar (namely the Smithsonian Agreement and the European Joint Float). The Smithsonian Agreement was a modification of the Bretton Woods Accord with allowances for greater currency fluctuations while the European Joint Float aimed to reduce dependence of European currencies upon the U.S. dollar. After the failure of each of these agreements, nations were allowed to peg their currencies to freely float and were actually mandated to do so in 1978 by the IMF. The free-floating system managed to continue for several years after the mandate, yet many countries with weaker currency values failed against those countries with stronger currency values.

European Monetary System

European currencies were among those that were affected the most by the strength of stronger currencies such as the U.S. dollar and the British pound. In July of 1978, the European Monetary System was created to counter the dependency on the U.S. dollar. It became increasingly clear by 1993 that this attempt had failed. Shortly thereafter, retail currency trading opportunities, as we know them today, started to be enjoyed not only by those familiar with the foreign exchange market, but also by small investors willing to take similar risks like the banks and large financial institutions.

The Impact of Devaluation

By the late 1990s, stability issues increased in Europe as did major financial problems in Asia. In 1997, there was a major currency crisis in Southeast Asia. Many of the countries' currencies were forced to float. The devaluation of currencies continued to plague the Asian currency markets. Confidence in trading the open Asian Forex markets was failing. Those currencies that had continued to be valued relatively higher remained unchanged and kept the concept of trading currencies out of those economically strong nations.

The Introduction of the Euro

Though Europeans were already very comfortable with the concept of Forex trading, this trading arena was still unfamiliar territory to the rest of the world. The establishment of the European Union later gave birth to the euro in 1999. The euro was the first single currency used as legal tender for the member states in the European Union. It became the first currency able to rival the historical leaders such as United States of America, Great Britain, and Japan in the foreign exchange market. It created the financial stability that Europe and the Forex market had long desired.

What is the Forex?

"Forex" is an acronym for **For**eign **Ex**change. It is a market where people exchange one country's currency for another country's currency. It is called the cash market or spot market. The spot market means trading right on the spot at whatever the price is at the moment the transaction occurs. This market was established in 1971 as was previously mentioned. The Forex market is the arena in which the currencies of countries around the globe are exchanged for one another. Payments for import and export purchases and the selling of goods or services between countries all flow through the foreign exchange market. This part of the Forex market is called the consumer Forex market and this is where the majority of the daily volume takes place.

Prior to 1994, the Forex retail interbank market for small individual speculative investors or traders was not available. A speculator investor is one who looks to make profit on price movements and is not looking to hold onto the currency for the long haul. With the previous minimum transaction size, the smaller trader was excluded from being active within the market. In the late 1990s, retail market maker brokers (i.e. Forex Capital Markets/FXCM) were allowed to break down the large interbank units in order to offer individual traders the opportunity to participate in the market.

The Forex market is the largest financial market in the world. The term "market" refers to a location where buyers and sellers are brought together to execute trading transactions. Nearly $4 trillion is traded on the Forex daily. To give one a perspective of how big this market is, consider the following: $300 billion each day is traded on the U.S. Treasury bond market and $100 billion is traded on the U.S. stock market every financial day the market is open. That is a total of $400 billion per day. The Forex trades almost ten times that volume. The Forex marketplace has no physical location. It is comprised of an electronic medium where transactions are placed automatically through the Internet or via telephone. It is comprised of approximately 4,500 world banks and retail brokers who all monitor current prices, as they constantly change, and who execute transactions for their clients. Individual traders wanting to capture profit by speculating on price changes get access to the market through a Forex broker.

How Do Traders Get Paid?

The word pip is an acronym for price interest point. The pip system monitors price movements in the market. Pips are usually measured in decimals. Depending on the pair being traded, pips are usually the last number of the decimal in the price evaluation. A trader's financial reward is measured in pips and those pips are converted into dollars. Most traders in the Forex market trade with what is called leverage. Trading with leverage means you are either borrowing or using someone else's money to trade. You do this by posting a deposit with a broker who will let you use their money. The minimum deposit, with some brokers, for trading with leverage is 1%, but this number can go up as high as 4%.

Trading on the Forex is done in currency lots. There are three types of lots. A micro lot is approximately $1,000 worth of a foreign currency. A mini lot is approximately $10,000 worth of a foreign currency. A standard lot is approximately $100,000 worth of a foreign currency. To trade on the Forex market, a margin account must be established with a currency broker. This is an account into which profits will be deposited and from which losses will be deducted. These deposits and deductions are made instantly upon exiting a position.

These three types of lots create different payouts per lot. A $100,000 unit is called a standard lot and pays approximately $10 per pip captured. A $10,000.00 unit is called a mini lot and pays approximately $1 per pip captured. A micro lot is a $1,000 unit and pays approximately $0.10 per pip captured.

Forex traders love the Forex market for its availability, liquidity, volatility, and diversification that leveraged trading allows.

Learn How Pips Are Captured

You can learn more about how pips are captured by attending a FREE online webinar at www.markettraders.com/forex-book/webinar/

Key 2: Trading Japanese Candlesticks

"Charts may be deaf and mute, yet they communicate very well. Candlestick formations are the sign language of the market. They tell the trader a large majority of the time where U-turns or reversals are and where the market is going."

Most traders prefer learning how to read charts using what is called a Japanese candlestick. A Japanese candlestick monitors price movements against time. When a trader looks at a chart, they have three viewing options: a line chart, a bar chart, or a Japanese candlestick chart. Bar charts dominated the financial industry until just recently. Now even the world's best traders are using Japanese candlestick charts due to the stories they can tell.

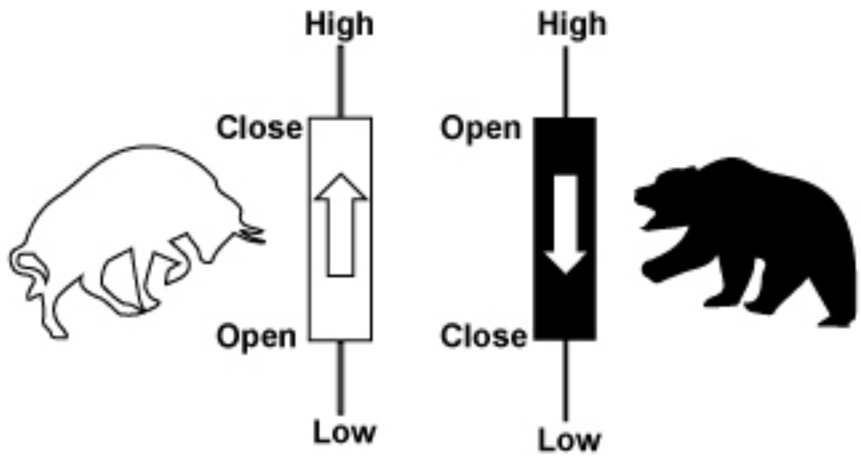
One of my most amazing discoveries that turned my trading world around was learning that the market talks and communicates through candlestick formations. It is one of the most amazing things I constantly see in the market on a daily basis. It is somewhat like talking to a deaf person who does not verbally talk, yet they communicate via sign language. Learning to read candlestick formations opens up the world of trading every bit as much as sign language opens up the communication world for the deaf.

Reading a Japanese Candlestick

Japanese candlestick charts are very unique in the way that they monitor price movements during a certain period of time. As the candlesticks form, they begin to tell a story of the activity in the market as well as reflect the mood of the market during a specific time frame. Candlesticks then become the sign language of the market as they communicate, via certain formations, the future potential moves of the market. Financial profits are made from predicting correctly where the market will go, not where it has been.

Successful traders visually take the time to study and understand this sign language of the Forex market. Candlestick formations give off buy and sell signals. They are communicating to the trader that it is time to enter the market or it is time to get out. Our decision-making processes will be directly influenced by how clearly we understand these formations.

Japanese candlestick formations can become the markets first sign of a change in direction, making a U-turn, or signaling a market reversal. They will appear in the form of a single candlestick or a combination of candlesticks. There are hundreds of formations, yet only a handful of formations carry substantial weight when looking for good market entry points. A good entry point is described as a location where the market goes your way from the beginning. Let's look at what a Japanese candlestick looks like and how it forms.



Candlesticks measure price fluctuations within a certain time frame.

Japanese candlesticks can also tell you about a certain period of time. For example, you can set your charts to provide you with 5-minute candlesticks, 10-minute candlesticks, 15-minute candlesticks, 30-minute candlesticks; even hourly, daily, weekly, monthly, and yearly candlesticks. As seen in the image above, candlesticks are monitoring price movements in relation to an amount of time passed. They provide the trader with four key levels of information for that specific time period: the opening price, the closing price, the high selling price, and the low selling price. They are made up of full bodies and wicks. As prices move up or down from the opening of the candlestick, the body begins to form. If prices begin to rise from the original opening price then close higher than the opening price, a bullish candlestick is formed. If prices begin to fall from the opening price and close lower than the opening price, a bearish candlestick is formed. The lines on the north and south sides of the candle bodies are called wicks. They are monitoring the highest price and the lowest price of that time period.

Trading is a financial game. It involves two sides: the bulls and bears. We all know that there are not actual bulls and bears trading in the market, but rather investors and traders that have either invested in a bullish direction or a bearish direction. Both sides have clear objectives and want the market to move in their direction. Bulls want the market to go up or rally and if it does, they are going to want the market to make higher highs. The bears want the market to go down or have it dip to make lower lows.

Before you even think about trading, make sure you educate yourself on the 10 major bullish and bearish candlestick formations professional traders use to discover entry and exit points in the market.

Learn About Japanese Candlestick Formations

You can learn more about Japanese candlestick formations by attending a free online webinar at www.markettraders.com/forex-book/webinar/

Key 3: Advantages of the Forex Market

Liquidity

In the Forex market, there is a buyer and a seller. The Forex absorbs trading volumes and per trade sizes which dwarf the capacity of any other market. On the simplest level, liquidity is a powerful attraction to any investor. It suggests the freedom to open or close a position, whenever you would like during market hours.
Once purchased, many other high-risk, high-return investments are difficult to sell at will. Forex traders don't have to worry about being "stuck" in a position due to a lack of market interest. In the nearly $4 trillion per day market, major international banks have bid (buying) and ask (selling) prices for currencies.

Access

The Forex market is open 24 hours a day from about 5:00 pm ET Sunday to about 5:00 pm ET Friday. An individual trader can react to news when it breaks rather than having to wait for the opening bell other markets have which creates a situation where everyone else has the same information. This timeliness allows traders to take positions before the news details are fully factored into the exchange rates. High liquidity and 24-hour trading permits market participants to enter or exit positions regardless of the hour. There are Forex dealers in every time zone and in every major market center: Tokyo, Hong Kong, Sydney, Germany, London, the United States, and Canada willing to continually quote buy and sell prices.

Since no money is left on the market table, this game is referred to as a zero sum game or zero sum gain and, if the trader picks the right side, money can be made.

Two-Way Market

Currencies are traded in pairs. For example: euro/ U.S. dollar (EUR/USD), U.S. dollar/yen (USD/JPY), U.S. dollar/Swiss franc (USD/CHF), just to name a few. Every position involves the selling of one currency and the purchase of another. If a trader believes the Swiss franc will appreciate against the U.S. dollar, the trader can sell U.S. dollars and buy francs. This position is called selling short.

If one holds the opposite belief, that trader would buy U.S. dollars and sell Swiss francs, which is called buying long. The potential for profit exists because there is always movement in the exchange rates or prices involved in these transactions. Forex trading offers the opportunity to capture pips from both rising and falling currency values. In every currency trading transaction, one side of the pair is always gaining value and the other side is always losing value.

Leverage

As a recap, trading on the Forex market is done in currency lots. There are three types of lots: micro, mini, and standard. A micro lot is approximately $1,000 worth of a foreign currency. A mini lot is approximately $10,000 worth of a foreign currency. A standard lot is approximately $100,000 worth of a foreign currency. To trade on the Forex market, you need a margin account, which can be established through a brokerage firm. This equates to an investment account into which profits will be deposited and from which losses will be deducted. These deposits and deductions are made instantly upon exiting a position.

Different brokers around the world have different margin account requirements and perhaps different regulations due to the country they are operating within. Many require as little as a $100 deposit into the account for a micro account, $1,000 deposit for a mini account, and $3,000 for a standard account. In comparison to trading stocks and other markets (which may require approximately a 50% deposit into the margin account), a Forex speculator trader gets excellent leverage of 1% to 4% of the margin value. For example, a $2,000 deposit in the margin account can control $100,000 worth of currency, which means the trader can control each lot for one to two cents on the dollar.

Execution Quality

Because the Forex market is so liquid, most trades can be executed at the current market price. In all fast-moving markets (such as stocks, commodities, etc.), slippage is an inevitable consequence of trading. In the Forex slippage may be avoided with some currency brokers' software that informs you of your exact entering price just prior to executing the trade. At that point, you are given the option of avoiding or accepting the slippage. The Forex market's huge liquidity offers the ability for high-quality execution with less opportunity for slippage to occur.

Trade confirmations are immediate and the Internet trader can print a copy of their computer screen for a written record of all trading activity. Many individuals feel these features of Internet trading make it safer than placing trades over the telephone where misinterpretation may thwart efforts. On that same note, the Internet is not an infallible form of technology. In the event of a temporary technical problem with the broker's order system, the trader can telephone the broker 24 hours a day to immediately get in or out of a trade. Account security is a broker's highest concern. They take multiple steps to decrease any risks associated with financial transactions on the Internet.

A Forex Internet trader does not have to speak with a broker by telephone. The elimination of the middleman (broker/salesman) lowers expenses, makes the process of entering an order faster, and decreases the possibility of miscommunication.

Execution Costs

Unlike other markets, the Forex generally does not charge commissions. The cost of a trade is represented in a bid/ask spread established by the broker. This typically equates to approximately one to four pips per trade depending on the currency pair being traded. Each broker has their own schedule for fees, spreads, and/or commissions.

Trends

One reason thousands of traders are gravitating to Forex trading is due to the fact that it is a trending market. Historically, currencies have demonstrated substantial patterns and identifiable trends. Each individual currency has its own "personality" and offers a unique, historical pattern of trends that provide diversified trading opportunities within the spot Forex market.

Focus

Instead of attempting to choose from more than 50,000 products in the stock, bond, mutual fund, or commodity markets, Forex traders generally focus their efforts on one to six currencies. The most common and most liquid currencies are the U.S. dollar, Japanese yen, British pound, Swiss franc, euro, and Canadian dollar. Highly successful traders tend to focus on a limited number of investment options. New Forex traders will usually focus on one currency pair and later incorporate one to three more currency pairs into their trading activities.

Margin Accounts

Trading on the Forex requires a margin account. You are committing to trade and take positions on the day you trade. As a speculator trader, you will not be taking delivery on the product that you are trading. As a stock day trader, you would only hold a trading position for a few minutes up to a few hours and then you would need to close out your position by the end of the trading session.

All orders must be placed through a broker. To trade stocks, you would need a stockbroker. To trade currencies, you will need a Forex currency broker. Most brokerage firms have different margin requirements. You need to ask the brokerage firm of your choice about their particular margin requirements.

A margin account is nothing more than a performance bond. All accounts are settled daily. When you gain profits, the brokerage firm places your profits into your margin account that same day. When you lose money, your losses are removed from you margin account on that same day.

A very important part of trading is taking out some of your winnings or profits. When the time comes to take out your personal gains from your margin account, all you need to do is contact your broker and ask them to send you your requested amount. They typically will send you a check, credit your payment card, or wire transfer your money.

Learn About the Advantages of Forex Trading

You can learn more about the advantages of Forex trading during a free online webinar at www.markettraders.com/forex-book/webinar/

Key 4: The Trend is Your Friend Until it Bends

A Trend is Your Friend

Trends appear on all time frames. They appear on monthly, weekly, and daily charts for long-term trading. They appear on eight-hour charts all the way down to one-hour charts for day trading and on one-hour charts down to three to five-minute charts for scalping.

One of the greatest financial benefits of learning how to trade currencies is learning the skill of spotting a trend that can last several hours for scalping, several days for day trading, and several months for long-term trading that may create enormous financial returns for the skilled and educated trader.

As you learn to trade the Forex, you need to possess three very simple yet critical trading keys:

1. Learning how to determine market direction on any time frame
2. Utilizing a simple entry strategy that works
3. Using a tested exit strategy that consistently works (this is how you get paid)

The Forex market is open 24 hours a day, 5 ½ days a week. At any time during market hours, you can turn on your Internet-connected computer and sit down to trade. While setting aside the time to trade is important, the most important step of successful currency trading is turning on your charting analysis software and determining market direction on any time frame. The fact of the matter is, if you want to make money through trading, you will have to take a bullish or bearish position. You must choose one or the other. You cannot hold both opposing positions simultaneously in one trade. You simply cannot make money taking a bullish and bearish position at the same time. You would be in a net zero position, making and losing the same amount of money with every pip movement. For this reason, you must choose a side and luckily, due to visible patterns in the market, you can make an educated decision about which side you would like to be on at that trading moment.

People trade according to their personality. Aggressive people love to scalp, while passive people love long-term trading. Figuring out your trading style is very important to do before you begin to trade. However, whether you are a passive trader or an aggressive trader, you need to be able to determine market direction before you trade. You need to learn how to find the current trend before you enter the market because you need to trade in the direction of the trend at all times. Do not fight the trend. Fighting a trend is like trying to swim upstream in violent, forceful rapids. It doesn't work!

"Traders can make many mistakes. The biggest mistake is trading in the wrong direction! "

One of the best ways to determine market direction is to use charting software like MTI 4.0 Charting software. This charting software includes an automated trend indicator that keeps up with the trend direction on any time frame for you. This means that you do not need to be sitting right in front of your computer at all times analyzing charts at all hours because the software will do this for you as you continue to care for your other responsibilities.

Look at the image below. As the market moves, the trendlines move with it. You can see how the market is constantly bouncing off of the inner trendline. It is when the outer trendline is broken that the market incurs a major reversal as you see illustrated in the image below.

If you are an active trader and are using charting software that does not have a moving trendline indicator, you will need to learn the skill of drawing correct trendlines. I use the term correct because many traders think they are drawing their trendlines correctly only to find out later that the trendlines they used to place their trades were detrimentally incorrect. An incorrectly drawn trendline could mean the difference between making money on a trade and losing money on a trade. Drawing trendlines is a skill that can be taught and most successful traders turn this skill into an art. Regardless of how good you are at correctly locating and drawing trendlines, I think it is always best to have an automated trendline from an esteemed charting software that is constantly keeping up with the trends you want to monitor.

Successful traders are constantly aware of market movements and they monitor all uptrend lines on all time frames. Why? Because this movement on smaller time frames will always respond to the trendlines on larger time frames. This means, if the market is retracing back down toward an upward trendline on a daily chart, that retracement on the daily chart may be a 200-pip move. A 200-pip retracement from a daily chart will be a downtrend movement on a 60-minute chart. If you only look at the 60-minute chart to do your analysis, you will be in a strong downtrend and your bias will be bearish. You will probably enter the market bearish. However, the way Murphy's Law works, you will be entering at the end of that 60-minute trend because as soon as the market from the daily chart hits its trendline, the 60-minute chart will reverse and begin to rally and you will be sitting there scratching your head while you lose money wondering what happened.

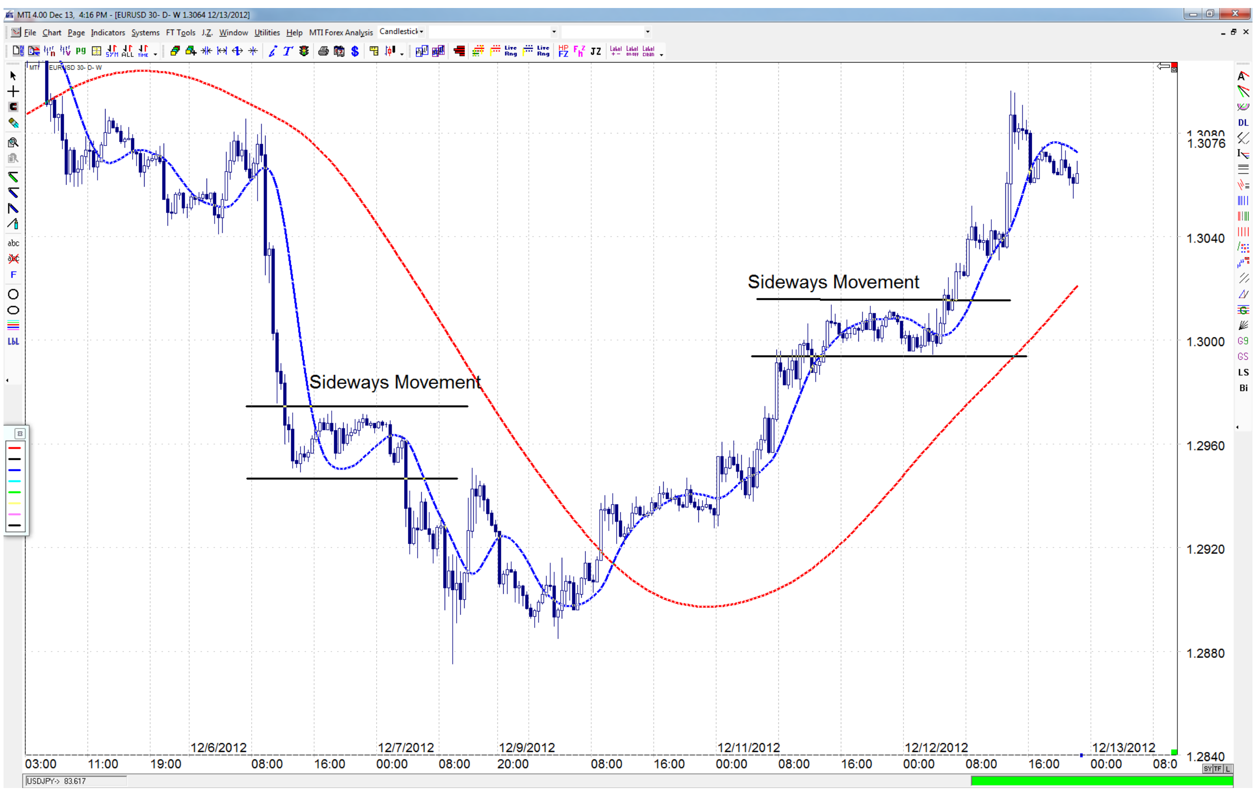
Learn More About Market Trends

You can learn more about market trends by attending a free online webinar at www.markettraders.com/forex-book/webinar/

Key 5: Trading Consolidation and Fundamentals

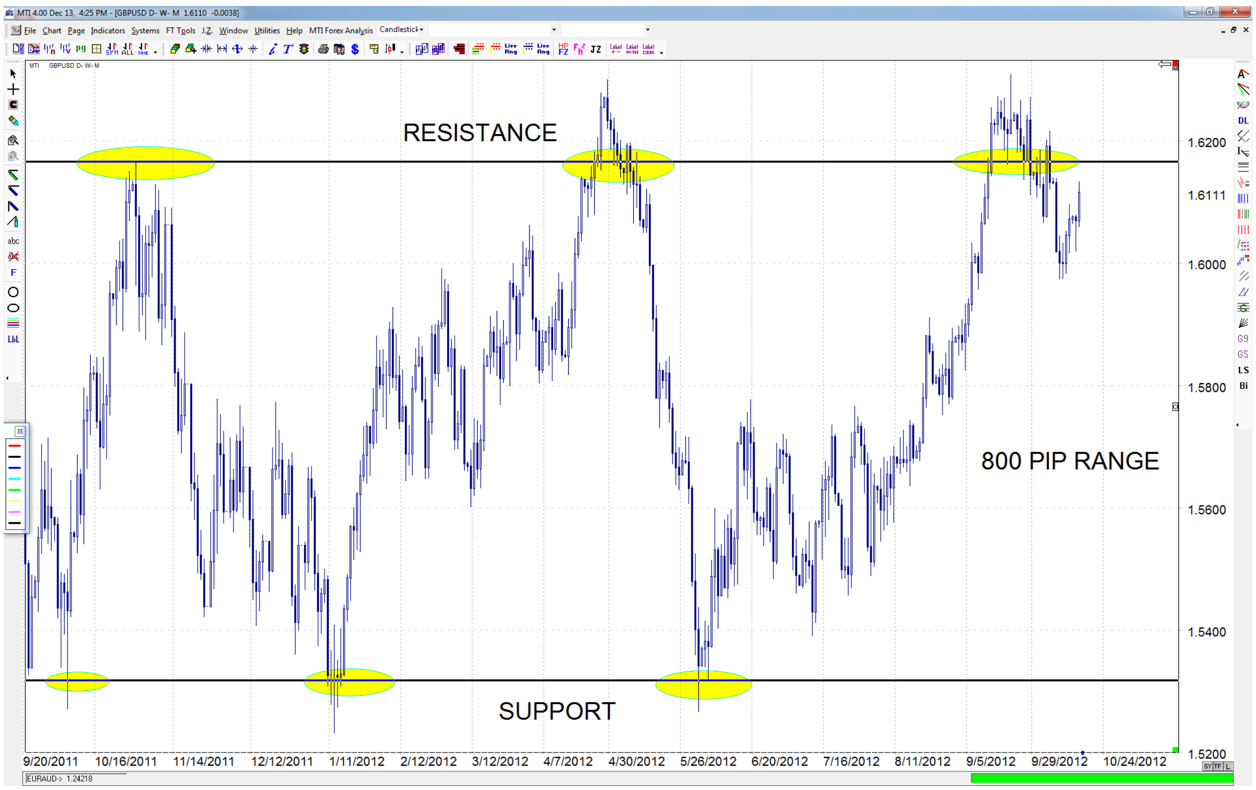
Consolidating, Bracketing, Accumulation or Sideways Movement

The market only moves upward, downward, and sideways. If it is not trending up or down, it is moving sideways as illustrated below.



Believe it or not, sideways movements are really a part of the upward or downward movements! The markets are either consolidating or moving sideways the majority of the time. A lot of money can be made in sideways movements. When traders create trading systems for trending markets, they typically lose money when the market begins to move sideways. If you are going to use a trading system, I suggest that you use two trading systems simultaneously: One system that spots trends and allows you to take advantage of these trends and one system that spots consolidations and allows you to take advantage of these movements. Learning how to spot and trade sideways market movements becomes every bit as profitable to a trader as upward and downward movements.

When the market consolidates, it creates equal levels of support and equal levels of resistance within a trading range. Trading ranges vary in size based on the particular chart and time frame being used. They can range as little as 30 pips on an hour chart to 800 pips on a daily chart and this number can move even higher. In the image below, a consolidation inside an 800-pip trading range is displayed.



Reasons for Market Consolidation

There are two main reasons why a market starts to consolidate, accumulate, bracket, or go sideways. One reason is that the world is waiting for a fundamental announcement to be released and traders have stopped trading in anticipation of a major market move or breakout to occur after the announcement's release. This is particularly true when the announcement is related to a report where statistics are expected to change economic outlooks. When traders stop trading, the market begins to consolidate in what is called a tight trading range or a small trading range. Small trading ranges are found on smaller time frames and are between 20 and 60 pips. They are commonly seen on smaller time frames such as the ones found on 60-minute and 30-minute charts.

The second reason the market may consolidate is due to a country intervening in the marketplace in an effort to make its currency trade within a certain trading range for economic reasons. Many times, countries desire that their currency stay within a trading range of, for example, say 4 to 8 cents, or a 400- to 800-pip trading range, as seen in the image above. The reason they may want the market to stay in this range is for importing and exporting reasons. Perhaps this desired range is a good price that spurs imports or exports. If that is the case, the markets may go sideways for extended periods of time. Large trading ranges that are between 400 to 800 pips may exist for even longer periods of time such as a few weeks or even a couple of months. These movements are easily seen on larger time frames such as 4- to 8-hour charts or daily charts and they lend themselves to great trading opportunities by buying support and taking the ride to the resistance line and then reversing the position and selling resistance and taking the ride to the line of support.

With the market only able to go upward, downward, or sideways, it is to your benefit as a trader to learn how to trade trends.

Learn More About Market Directions and Trends

You can learn more about these types of market directions and trends during a free online webinar at www.markettraders.com/forex-book/webinar/

Key 6: Equity Management

Protect Yourself First with Every Financial Opportunity!

Let me ask you some questions:

1. What is the biggest loss you have taken while trading the markets? If you have never traded in the markets, what is the biggest loss you have taken in an investment or a business opportunity?
2. What was your emotional experience during that event?
3. What went through your head and heart during that event?
4. Were you in emotional control or was your destructive ego in control?
5. Was it worth it?
6. What did you learn from that experience? (This is important because if you did not learn anything, you will probably repeat the same actions and endure the same consequences again.)
7. What new disciplines have you now implemented when you invest or trade due to what you have learned from that event?

For some reason many people think something magical is going to take place in the Forex market and "poof," they will become rich. They are not trading with any intention to understand the market and why it moves the way it does. As a matter of fact, they believe there is nothing to be understood (and they are very wrong). They may say that the market is simply mysterious and it just works the way it does without rhyme or reason. As much as I hate to be the bearer of bad news, I must inform you that this is far from the truth.

Hopefully you have been paying attention as you read this e-book and realize that the trading chaos that exists in the markets can be understood. My discoveries in the Forex market and how I have simplified them have altered the lives of countless people around the world. I really wanted to name this book "When I trade, I may lose, but don't count on it." The Forex market is not a mysterious or magical place. It can be figured out and people can make money over and over again as they come to this realization. You can trade strategically because the market and its movements can be understood – you just have to know what to look for.

"Forex Truth: Traders can make more money than they lose, but they can also lose more money than they can make."

If you have already tried your hand at Forex trading, let me ask you this question: Did you try to outsmart the market by not protecting yourself and trading without stop loss orders? If so, how many pips did the market move against you? One hundred pips? Two hundred pips? Are you embarrassed to say? Did the market move back to your entry point or were you liquidated? If it came back in your financial favor after working against you, did you continue to stay in to capture hundreds of pips worth of profit by keeping your risk/reward ratio intact? Or, were you so traumatized and emotionally beat up that when it came back, you were just grateful and happy to get out by breaking even, or with only a handful of pips worth of profit, in fear that the market would take it all away again?

Always Protect Yourself

If you take nothing away from this e-book, please understand that there is no excuse for not protecting yourself while currency trading. You always protect yourself when you drive by wearing a seat belt, driving undistracted, etc. You always protect yourself when you are on vacation. You always protect yourself when you are swimming in oceans, rivers, and lakes. You always protect yourself when you enter into a relationship. You always protect yourself when you lend money to your friends and family. When you invest in the Forex market or in any trading avenue, you should always protect yourself – period!

Successful traders have learned to always protect themselves when they trade. Protecting yourself as you trade can be done by placing a protective stop loss order in the market at the time you execute the trade. Protecting yourself as you trade is quantifying how much you are willing to lose before you enter the trade to ensure that you do not lose more than that amount. To sum it up, if the trade does not work out according to your plan, you should be able to emotionally and financially survive without that loss substantially affecting anything in your life.

Protecting yourself at all times, and in every trade, needs to become a subconscious habit. It should become every bit as mindless as avoiding walls when you walk. Never trade without looking at the downside first or the opposite side of the risk you are taking. You should never trade without asking yourself, "If this trade does not work out, can I afford to lose X amount of money?" Protect yourself at all times and if you take a financial loss, don't take it personally. Emotions control most traders and when you let your destructive emotions get involved, it may become hard for you to make any money as a result of your trading efforts.

As you trade, you must never forget that security in the market is a myth. It does not exist. Trading without protective stop loss orders is outright exposure to financial self-destruction. Trading without a protective stop loss order is a bad habit to begin. It is when you don't protect yourself that you will open a door to one of the scariest rooms you will ever walk through in your entire life.

As you learn to trade and get a little experience coupled with successes under your belt, you'll step into an arena of false security. That is why people drown in the ocean. They swim with insufficient respect and knowledge about what the ocean can do (a false sense of security) based on a feeling. They have the feeling that they are greater than the force of the ocean and it is at this point that they drown. The sad part is that the ocean meant to do no harm. It was just doing what it does. It was simply carrying on as it always has. Like the ocean, the market exists with no feelings. Without the proper knowledge and respect for the market, you too can drown from a financial standpoint. And if you do drown, the market will feel nothing! Why? It can't feel and it can't care. As I have pointed out, it is a part of nature and it does not have any emotions.

"Fear always springs from ignorance." -Ralph Waldo Emerson

Trading without a protective stop loss order is being ignorant to the realities of the damage the market can do to you psychologically, emotionally and financially. If you enter the market without protecting yourself first, you are the perfect candidate for a catastrophic, life-altering event in your trading career. I want you to know that this holds true for both novice and experienced traders alike. There are unforeseen events like the September 11th terrorist attacks which unexpectedly moved the currency market 500 to 1,000 pips in an unplanned direction. Although these instances do not occur every day, fundamental announcements occur often. Like increases or decreases of interest rates after the U.S. Federal Reserve or a bank holds a secret meeting about the economy. These announcement results can change market direction rather quickly. This is why your protective stop loss order is so very important in helping you achieve your vision of Forex success, by protecting your trades and emotions.

Setbacks and failures are a part of life. What we don't want is a setback so devastating that it changes our lives forever. This illuminates the true value of the protective stop loss. When it is time to execute a trade, you can never really quantify how much you could make in a trade, however, you can always quantify the largest amount you are willing to risk or lose in a trade should the trade not go your way.

Learn More About Equity Management

You can learn more about how to set up protective stop losses by attending a free online webinar at www.markettraders.com/forex-book/webinar/

Key: 7 The Fibonacci Secret

Leonardo Fibonacci

Leonardo de Pisa de Fibonacci was born in Italy, however, he was educated in North Africa where his father, Guglielmo, held a diplomatic post. Leonardo Fibonacci was taught mathematics in Bugia and he often travelled with his father. He began to recognize the enormous advantages of the mathematical systems that were being used in the countries he visited versus the Roman numerals he had been taught.

Fibonacci's travels ended around 1200 and he returned to his hometown of Pisa. It was there that he started to work with the royal families introducing the numerical numbers of 0 through 9 and wrote many of his texts including "Liber Abaci" in the year of 1202, "Practica Geometriae" in the year of 1220, "Flos" in the year of 1225, and "Liber Quadratorum" in the year of 1225. Producing a book during this time was a major task, taking into consideration that there were no typewriters or computers and everything had to be written by hand. It is interesting to note that after he introduced the numerical numbers of 0 through 9, Roman mathematical scholars debated for more than 300 years whether or not the number 0 was of any value.

Be that as it may, back in the 12th century the world predominantly used Roman numerals for all mathematical calculations. There has always been a major dilemma with using Roman numerals to add, subtract, multiply, and divide. The task is virtually impossible. For that reason, historians could not quantify the wealth of a person. Just think about it; How wealthy was King Solomon or King Herod in biblical times? No one knows. No one was able to quantify their wealth due to the use of Roman numerals. All we know today, via the Bible, is that they had more money than they needed or could spend. Today, we can quantify a person or company's wealth by using our current numerical system. We are able to quantify and publish Bill Gates' wealth at

$56 billion (a dramatic drop from $96 billion due to the crash of the stock market after September 11th's terrorist attacks).

The knowledge of the Fibonacci secret saved my financial life. You have no idea how many times I wanted to throw in the trading towel as I struggled to figure out how the Forex market worked. I felt like I was sinking little by little into the ocean's abyss. I was frantically grabbing onto any lifeline that could save my soul, my self-esteem, my self-respect, and ultimately my dignity as a provider for my family.

Every new trader has dreams and those dreams can quickly turn into nightmares when they don't know what they are doing. That is why I am so adamant about new traders finding a trading mentor. I didn't have a mentor and my dreams quickly turned into nightmares. The only way I was able to overcome my nightmares was through the support of my wife who helped me to stay focused on my dreams.

The name Leonardo Fibonacci was sent to me straight from heaven. The understanding of his discoveries changed not only my trading career, but my entire life as well. His knowledge has answered a plethora of questions in my life. What he discovered back in the 1200s explains how nature takes its course. His discoveries prove that we are all created in a numerical sequence just like pinecones and pineapples. His discoveries prove that the market is not a mysterious chaotic place as most people fear. The Forex market is a place where organized chaos exists. It is a dynamic system that is extremely sensitive to the human condition. It is the science of matter and energy and their interactions. The ebb and flow, the yin and yang, the action and reaction, and the ups and downs of life have all been explained by Fibonacci. Humans act within the market; not banks or financial institutions, but human beings with human feelings and human emotions cause the market to move. Our greed, fears, and habits create the market; yet we are nothing more than nature's puppets acting, in most cases, in an unconscious state enabling us to participate in the balance of nature.

When I heard about the Fibonacci sequence back in the early 1990s, just about everyone I asked knew very little about them. I immediately called my data provider. I figured if anyone should know about the Fibonacci numerical sequence and how to trade it, they would know. After all, I was told they provided market data to more than 200,000 traders worldwide. To my surprise, the customer service representative knew nothing about them and suggested I talk to their programmer. The programmer was kind enough to tell me he had heard of Fibonacci retracement levels and, if I wanted, he would program them into the software. I was like a kid in a candy store getting free candy and screaming "YES!"

As life goes, if it sounds too good to be true, it usually is. The next day the programmer called to tell me that Fibonacci numbers had been installed into the software. I thanked him then asked, "Can you now show me how to use them or apply them in a trade?"

He was quick to respond, "No, I am just a programmer, not a trader." I felt like I was ready to throw up from eating too much "false hope" candy from the candy store. I once again sat in disbelief that I was no better off today than yesterday and was back to square one.

The Fibonacci Numerical Sequence

Fibonacci was fascinated with numbers and his claim to fame was the discovery of a numerical sequence. This sequence goes as follows: the sum of the previous two numbers will always equal the next number in the sequence. See examples listed below:

1+1=**2**	13+21=**34**
1+2=**3**	21+34=**55**
2+3=**5**	34+55=**89**
3+5=**8**	55+89=**144**
5+8=**13**	89+144=**233**
8+13=**21**	144+233=**377 … to infinity**

As you continue to read, you will be amazed at how this numerical sequence becomes relevant in all the financial markets of the world today.

Things turn out best for those people who make the best out of the way things need to turn out. I figured that by using this sequence I could easily get my levels installed, but now I needed to learn how to trade them.

As much as I have tried to make things perfect in my life, I had to learn that life does not have to be perfect to be wonderful. Learning how to trade the Fibonacci retracement and extension numbers like I did, helped to make my life wonderful. It became the main life preserver in my trading career as I moved forward. Have you ever noticed that every now and then in our lives we go on a journey and sometimes it becomes the longest journey we have ever taken? Have you ever noticed that as you go on this journey, you begin to discover yourself and are challenged with one very important thing—the courage to be able at any moment to sacrifice who you are for who you need to become? I was confronted with this as I discovered the Fibonacci numbers in the marketplace.

When the conditions of life are so closely linked to nature, not much is left to human control. Believe it or not, the Fibonacci series is a lot more than a source of amusement. Watch what happens when you start dividing the numbers:

Take any three numbers in the numerical sequence after the first seven sets of numbers and start dividing them.

For example: 144 + 233 = 377

If you divide the sum (377) by the first number of the sequence (144), you will come up with a ratio of 2.618.

If you divide 233 by 144, it will equal a ratio of 1.618.
If you divide 144 by 233, it will equal a ratio of 0.618.
If you divide 144 by 377, it will equal a ratio of 0.382.

It doesn't matter which numbers in the sequence you divide with one another, you will still come out with the Fibonacci ratios listed above.

One interesting aspect of the summation progression is that it doesn't matter where you start. Take any two numbers like 5 and 100, and soon we are dealing with the same series.

5 + 100 = 105	⟶	100 + 105 = 205
105 + 205 = 310	⟶	205 + 310 = 515
310 + 515 = 825	⟶	515 + 825 = 1340
825 + 1340 = 2165	⟶	etc...

Now, start to divide these numbers as we did earlier and you will see that you come out with the same ratios.

825 / 1340 = 0.616 (which is close to 0.618)
1340 / 2165 = 0.618
2165 /1340 = 1.616 (which is close to 1.618)
3140 / 825 = 1.624 (which is close to 1.618)
825 / 2165 = 0.381 (which is close to 0.382)

I showed you these examples to turn you into a believer. Any person that is going to get involved with anything needs to become a believer. You will need to believe in the Fibonacci numbers as you trade. There are six sets of ratio numbers that you will need to know. They are:

0.382

0.50

0.618

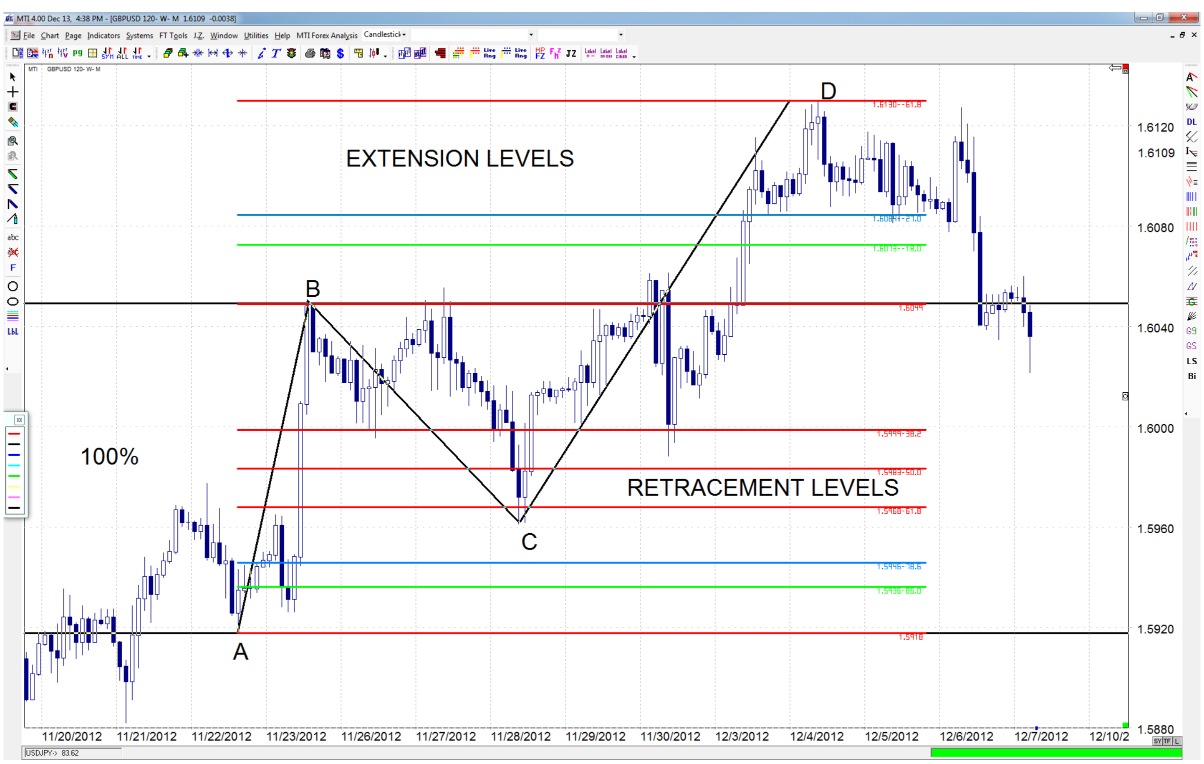
0.786

1.27

1.618

You are probably wondering where the 0.50, 0.786 and 1.27 came from. The 0.50 comes from taking the sum of the three numbers and dividing them by two. The 0.786 is the square root of 0.618. And, 1.27 is the square root of 1.618.

The market waves in a Fibonacci sequence and can become very predictable when you know how to use the Fibonacci tool. The image below shows how the market waves in a retracement-extension sequence.



MTI 4.0 Charting software has the Fibonacci tool that becomes critical in analyzing your trades. As you use the Fibonacci tool in your charting software, you will always start by connecting the A with the B to find the C retracement ratio numbers. This enables you to project the appropriate D extension ratio level. The settings in your charting software will automatically find the retracement and extension levels for you.

There is no doubt that after being introduced to the phenomena of the Fibonacci numbers in the Forex market, you may think you have been shown the Forex Holy Grail. You may think, "This is going to make me rich in no time." I know I did. The reality is there is no Holy Grail in the Forex market. The closest that you will ever get to a Holy Grail is the application of correct or credible knowledge that works accompanied by the implementation of a set of rules with the utmost discipline when trading.

Learn More About the Fibonacci Tool

You can learn more about the Fibonacci tool and MTI's 4.0 Charting software by attending a free online webinar at www.markettraders.com/forex-book/webinar/

Key 8: So You Want to Be a Forex Trader

Remember: "Even the smallest person can climb the highest mountain." -Author Anonymous

The wealthiest traders maintain the lowest profiles! They were your average person before they became traders. They were just like you. They were somewhat lost before that little seed of a trader's dream was planted deep inside their heart. It was only when they had the courage to water and nurture it that their life's dreams came true! Remember, we miss 100% of the shots we don't take! I feel sorry for the person who gets up each day and is unable to get really excited about their work. Not only will they never be satisfied, but they will also never achieve anything worthwhile. I feel even more sorry for any person that does not have a dream because the end result is that 97% of all of those people will arrive to their retirement age flat broke. The saddest part is that only 3% of people will achieve financial freedom by their retirement age and this is regardless of the number of financial opportunities that constantly flash before their eyes on a daily basis. *You can't have a better tomorrow if you're always thinking about yesterday*. This type of thinking keeps you from acting today and being happy with your work.

We are the most advanced and complex organisms on this planet, yet as we begin to work our way through life, many of us lose our way and begin to malfunction at an early age and start living paycheck to paycheck instead of becoming a highly productive, fine-tuned, money-making human machine. For some reason, we become satisfied to just get by as an unproductive human machine, settling into either poverty or mediocrity.

If you don't rekindle your life and pursue your dreams, your creative abilities, your personal desires and performance along with your drive will die. Your dreams and willingness to fight for a quality way of life will slowly fade away. Striving for financial success and figuring out where and what we want to do for work becomes the biggest piece of our life's puzzle.

The majority of the world lives in frustration because they are unable to acquire the income needed during their work hours to pay for something to look forward to such as a new car, a new house, an exotic vacation, a new boat, a second home on the beach, etc. The primary reason they walk around frustrated is because they get locked into a subconscious state of managing their poverty or mediocrity instead of striving toward success. When you live a life of managing your poverty or mediocrity, you lose your direction and your purpose in life. We are here to reach our highest potential at whatever we do. Managing our poverty or mediocrity is not reaching our highest potential.

Learning to become a successful trader can bring back that spark that can ignite your dreams and begin to fund all those things you want to look forward to. I hope that whatever dreams you have place you in a position to dig deep into your soul in order to bring out the very best in you and I hope this spurs you toward ultimately achieving your dream.

In order to reach your fullest potential at anything, you need to be excited about what you are doing and where you are going. The majority of the world gets up day in and day out as they go to work doing something they really don't want to do or enjoy. As Henry David Thoreau wrote in 1854, "The mass of men lead lives of quiet desperation." Are you one of the fortunate few who jump out of bed with excitement to start your day looking forward to all the opportunities that will knock on your door? Or, are you one of the masses of people who fall out of bed and begrudgingly live a life of quiet desperation?

Are you doing what you are doing because you believe it is the best you can do with your skills or are you performing just to please your significant other, a parent, a loved one, a friend, or your boss? You must be careful if you are living your life to please someone else. You must be even more careful if you don't know where you're going. You just might end up where someone else wants you to be and not where you want to be.

Look at all of the marriages that go bad. What is said in the end? "I am tired of trying to please you. I can't do anything right! I'm sick and tired of asking you for permission to do this or that. I'm tired of racing home after work in fear of getting grilled as to where I have been."

One of the saddest statistics shows that a large majority of all human beings get up every day and perform their daily tasks only to please someone else or for someone else's emotional approval. How sad it is to live a life through someone else's control? How terrible it is to get up in the morning only with the motivation to please someone else? Are you living that life right now? If you are, what are you going to do about it?

To free us from the expectations of others and to discover who we truly are, to reclaim our identity and give us back to us, is the greatest gift we can give to ourselves. The greatest relationship you will ever form is the relationship with yourself. Having a loving, caring, and true relationship with yourself means: not settling for anything less than you know you deserve, speaking the truth regardless of the tension or conflict it may create, and making fair choices based on your personal constitution and what you believe versus being forced to do what others believe is right for you.

The freedom to be just plain old you, without judgment, without someone trying to control you, or without the inner feeling that you need to perform to please someone else in order to avoid conflict, is one of the greatest feelings in the world. The first step to reclaiming ownership of your personality is to sit back and dream what you would like to be and where would you like to go.

The reason you are reading this today is because when you heard how the Forex works, you started to dream a little about becoming a successful trader and how neat that would be. I will tell you, there is nothing better than a dream that will get you motivated or on the road to success. Nothing great happens unless you start to dream.

Key 9: You Better Find a Forex Mentor

Find a mentor in everything you attempt to do in your life before you set out to do it.

Now, you might be saying to yourself, "Why would a mentor be willing to help me? After all, I might end up being his competition in the future." Frankly, if they are worried about that, you need to go find another mentor. After all, truly successful people do not fear competition. They know that their greatest competition is not outside the walls of their business, but rather inside the walls of their business.

Being a mentor myself, I am very qualified to answer that question with the following answers:

1. Greatness lies not in trying to be somebody, but rather trying to help somebody.
2. A mentor can potentially turn every person who comes along into a future mentor. We can all learn something from one another.
3. Mentors are kind to everyone because they understand how hard life's battles are. They understand that everyone is fighting a difficult battle.
4. Mentors know that what they have done for themselves alone dies with them. What they have done, and continue to do for others in this world, and how they help these people in their struggles as they fight their battles in this world, remains and becomes immortal.
5. Finally, successful people make a living by what they get, but they make a life by what they give.

Success in life is not a fantasy; it is a formula. Successful people who can become your mentor have discovered a formula that works in their area of expertise. Their daily focus is to be disciplined to that formula.

Mentors have learned how to think accurately from their past experiences of trial and error. They are very clear on how to separate facts from mere information. They have learned which facts are important and which facts are unimportant for their continued success. Mentors have already made the mistakes and are skilled in not repeating them. They are a brain you can pick, an ear to bend, and a person who can push you in the right direction. They are someone whose hindsight can work hugely to your advantage in creating your foresight.

The greatest reward in choosing a mentor is the fact that you get to learn from their mistakes rather than making them yourself. If you were to ask a true mentor, “What is the first step in learning and finding the fastest, most productive way of doing something and the truth of how things work?” I expect they would answer by saying, “The first step is to talk less, listen more and stay humble.” If you were to ask them about the second step, they would say, “Talk less, listen more and stay humble.” Chances are they would even respond the same about the third step.

Good mentors know what works and what doesn’t. Furthermore, they don’t think they know everything so they humble themselves in order to learn from others. A true mentor will not allow you to dig holes with a shovel. Instead, they will introduce you to a backhoe. You will make a big mistake in your financial life if you start something new and refuse to find a mentor.

Excitement and logic may get you from point A to point B, but a mentor will take you where you need to go.

Think for a second. Think of the most successful person you know. Do they have two arms and two legs? Do they have two eyes and a mouth? Do they need to eat when they get hungry and sleep when they get tired, just like you do? Of course they do. Then what is the difference between yourself and them? It is their skills, their knowledge, their disciplines and their talent of repetitive patterns of thought, feeling, and action. Trust me, you will achieve success much faster if you can find a mentor and make an effort to learn from them.

Not finding a mentor can dramatically hold you back from achieving what you want out of life.

A mentor is a person you look up to. They are a person you respect. They are a person you want to be like. They are a person that is an expert in the area you want to sharpen your skills in. If you want to be a better father, go find another father that you admire. A father that makes you say to yourself, “Boy, I would like to be a father to my children just like that!” Do three things: get to know them, study them, and do exactly what they do. Do the same thing if you want to be a good spouse, a good friend and even a good trader.

Finding a mentor in your life is like acquiring a map to a gold mine. Rather than going up to the mountain kicking over rocks, wasting time for who knows how long, looking for that vein that leads to the mother lode you buy a map that specifically shows you where the beginning vein is that leads to the mother lode which accelerates your potential immediately. This is the power of a Forex mentor.

Learn More About Finding a Mentor
You can learn more about finding a Forex mentor and how I can be your Forex mentor by attending a free online webinar at www.markettraders.com/forex-book/webinar/

Key 10: Common Mistakes to Avoid and Persist Until You Succeed!

One of my greatest pleasures in life has been doing what people said I could never do. When someone tries to steal your dream and begins to tell you that you can't do something, **DON'T QUIT!** Just smile and say, "I'll show you." After all, people who say it cannot be done should not interrupt those who are doing it.

If you don't chase your dream and don't go after what you want, you'll never get it. A popular saying by A.A. Milne states, "You are braver than you believe, stronger than you seem and smarter than you think." Don't let people take your dreams away from you. Don't let anyone steal your dream – ever! We truly underestimate our own potentials. When people make you feel inferior or insecure, have the courage to say, "I'm not beautiful like you. I'm beautiful like me." Our dream is to live a life of happiness and abundance by achieving our highest potentials, whatever that may be, so why not live to dream?

"The future belongs to those who believe in the beauty of their dreams"- Eleanor Roosevelt

The future belongs to those who believe in the beauty of their dreams and in the power and passion they bring to their dreams. As I have spoke with countless people about their dreams, when they begin to share with me the person they want to be, no matter how impossible it may seem, I slowly start to see that the person they want to be like always shadows the person they truly are.

Thomas Jefferson said, "When you want something you've never had, you have to do something you've never done." Nora Roberts wrote, "If you don't ask, the answer will always be no. If you never step forward, you will always stay in the same place. If you don't go after what you want, you'll never get it." It's not what you know; it's what you do with what you know that really matters.

"Great lives are created by ordinary people like you and me who had the courage to think great thoughts and follow them up with great actions."

Anatole France said, "To accomplish great things, we must not only act but also dream. We must not only plan, but also believe." You have to believe you are capable of succeeding at anything you do in life (even trading) otherwise you'll give up.

"It's not because things are difficult that we dare not venture. It's because we dare not venture that they are difficult." -Lucius Annaeus Seneca

You cannot believe learning to trade is difficult or you will not apply all your necessary talent toward it that you need to succeed.

Dealing with the Forex market either makes us strong which enables us to conquer it or it tears us down and makes us crumble. So what is it going to be: conquer or crumble? Persist until you achieve success or resist at achieving your success?

"Mistakes are the stepping-stones needed for achievement." – John Wooden

Unless the mistake is fatal, something can be learned to your benefit. Every mistake you make that you choose to learn from gets you that much closer to your goal. Paul J. Meyer said, "Mistakes are merely steps up the ladder of success." What one calls a dead-end mistake, another looks at as the birth of an opportunity. Mary Pickford once said, "Failing and falling down in life is not the mistake; it is staying down that is the mistake."

Making mistakes is part of being human. Coleman Hawkins once said, "If you don't make mistakes, you aren't really trying." People who are afraid to move forward out of fear of making mistakes live lives of denial. Elbert Hubbard said, "Sometimes the greatest mistake in life is walking around with the fear of making a mistake." Peter McWilliams is quoted as saying, "To avoid situations in which you might make a mistake may be the biggest mistake of all." To carry on with this thought, Henry C. Link said, "While one person hesitates to make a mistake due to inferiority, another person is busy making mistakes while feeling superior."

"Assert your right to make a mistake. If your boss, friends or family, even strangers can't accept your mistakes as you try to find success in life, that is their issue, not yours."- Dr. David M. Burns

Creativity many times becomes the reason for our mistakes. Think of a child that is learning to walk or talk. If they became embarrassed every time they wobble or fall down, or say something incorrectly and their parents giggle, they might never learned. Children are not afraid of making mistakes. In fact, part of learning requires you to make mistakes. We can all learn a lesson from children, in this regard, and learn to be more fearless.

Never forget: Strong people make as many mistakes as weak people. The difference is that strong people admit their mistakes, laugh at them, learn from them, create systems to avoid making them again and move on. That is how they become stronger.

Most people beat themselves up emotionally when they make a mistake. Some people are so embarrassed about their mistakes that they go and hide thinking the whole world just saw what they did, when in fact, the rest of the world is not watching because they too are absorbed in their own mistakes and insecurities. The fact is just about all of life's most important lessons can only be learned from making a mistake. We need to learn to appreciate our mistakes for the lessons they teach us and for the disciplines they force us to implement.

You must take chances. You must take a lot of them and not be afraid to make mistakes along the way. Because, honestly, no matter where you end up and with whom or what, it always ends up just the way it should be. Your mistakes make you who you are. You learn and grow with each choice you make. And, with every wrong turn you make, where down the road you end up having to make a U-turn, you own that mistake and it places you in a position to do the thing you are attempting to do more intelligently. Every attempt you make to achieve anything great is worth it. Things don't go wrong and break your heart so you can become disappointed, resentful or bitter and give up. These things happen to test you, to see what you are made of, to break you down, and then build you up so you can be all that you were intended to be. Automobile companies test cars by crashing them over and over again, from all angles, at various speeds, with all kinds of weather conditions. This is all done to ensure that the finished product is built as durable as it can be.

When you go to bed at night, remember that tomorrow will always be a new day, enabling you to start it mistake-free. However, never forget that nothing great is ever achieved without setbacks. Be you and be okay with it. It doesn't matter what any other person thinks. Don't regret the past. Learn from the past. Never let your past mistakes dictate who you are or who you want to become. Let it be a part of who you are committed to becoming. Don't be ashamed if life knocks you down to your knees because you will be in the perfect position to ask for help. God doesn't give you the people in your life you necessarily want. He gives you the people you need. People are going to need you, want you, love you, save you, hate you, play you, rate you, judge you, use you, abandon you, and even try to break you. The key is to never forget that this is what makes you, well you! If someone is strong enough to bring you down, show them you're strong enough to get back up and even potentially bring them up with you. That is the ultimate sign of greatness -- turning your enemy into your ally.

Don't dwell on what went wrong. Don't get hung up on finding fault. Stay focused on finding closure. Focus on what to do next. Spend your energies on moving forward toward looking and finding the answer that will eliminate the problem and turn things around for you.

Successful living and successful trading is all about finding a remedy and not fault. We need to learn to persist until we succeed. Don't dwell on what went wrong. Instead, focus on what to do next. Nothing in this world can take the place of persistence. However, the reasonable trader does not fight the market. Rather, he adapts himself to the market and persists until he succeeds. The unreasonable trader persists and demands that the market adapt to his world. It is there that the problem lies. You cannot insist that this market adapt to your needs. It will never happen.

Persistence allows you to get back on track when you hit a detour. It allows you to re-evaluate and re-adjust your thinking as you re-approach the market. There are traders who persisted until they succeeded. They finally figured it out. But even though they figured it out, they were confronted with additional problems they would not believe were dead ends. They had the insight and courage to call these problems challenges. Challenges and obstacles are put in our way to see if what we want is really what we want and if it is worth fighting for.

People who are committed to their dreams will always find a way to figure things out. They will stop at nothing. They will bang on whatever door is necessary to keep their dream alive. If the opportunity they are looking for is not there, they will make it appear someway, somehow.

Dare to be successful in life and at trading. Persist until you succeed and never forget these words: in the confrontation between the stream and the rock, the stream always wins. This is not because of strength. This is because of pure persistence. Don't believe me? Look at the Grand Canyon.

Health, Happiness and Successful Trading,
Jared F. Martinez, the FX Chief™

Learn More About Persistence and the Forex

You can learn more about persistence and its role in your trading journey
by attending a free online webinar at
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