

AUGUST 2020
ISSUE 8-20

KBTC VIEWER GUIDE



A FILM BY KEN BURNS
THE NATIONAL PARKS

America's Best Idea

The next best thing to being there.
Wednesdays at 6 p.m. starting August 19. See page 3.



DEANNE HAMILTON

Executive Director
and General Manager,
KBTC

Dear Friends,

As I write, it's a cool July day but it's sunny and the mountain is out. Its shining presence reminds me of many family hikes and day trips to Mt. Rainier National Park and how lucky we are in Western Washington to have such a beautiful site where we can escape, retreat, and reconnect with natural beauty.

The National Parks: America's Best Idea, produced by Ken Burns and written by Dayton Duncan, is filmed in some of America's most spectacular locales. The series tells stories of people from every conceivable background who were willing to devote themselves to saving some precious portions of the land they loved from being invaded and destroyed.

The first episode highlights President Theodore Roosevelt's 1903 three-day excursion into Yosemite with naturalist John Muir—arguably the most important camping trip in American history. The president was so moved by what Muir showed him that over the course of his term, Roosevelt created five new national parks and numerous bird sanctuaries, game refuges, national monuments, and more than 100 million acres of national forests. As a result, we all have access to these wonders in 29 states.

As a result of so much hard work a century ago, we inherit a legacy. Our national parks grant all Americans access to our majestic landscapes, and this documentary is the next best thing to being there.

The National Parks: America's Best Idea airs in six parts on KBTC this month and next, beginning August 19 at 6pm.

DeAnne Hamilton



KBTC/KCKA, licensed to Bates Technical College, reaffirms its policy of equal opportunity and does not discriminate on the basis of race, ethnicity, color, national origin, creed, religion, sex, sexual orientation, gender identity, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in its programs and activities in accordance with college policy, and applicable federal and state statutes and regulations. Bates publications are available in alternate formats upon request by contacting the Disability Support Services Office at 253.680.7010. Inquiries regarding Bates' non-discriminatory policies, including Title IX and ADA, should be directed to 253.680.7105.

Bates Technical College Board of Trustees

Christina Blocker, Chair
Heather Moss
Layne Bladow
Florence Chang

Bates Technical College President

Dr. Lin Zhou

KBTC Executive Director/ General Manager

DeAnne Hamilton

The KBTC Association Board

Brad Berger
Teresa Bergeson
Michael Carney
Dean Hanks
Lua Pritchard
Carla Santorno
Peter Sayah
Mark Siegel
Diane Tilstra
Dave Turk
Dr. Lin Zhou

The KBTC Viewer Guide is published monthly by KBTC Public Television and is mailed to those supporting KBTC-TV at a membership level of \$35 or more.

CONTACT US

KBTC Public Television
2320 S. 19th St.
Tacoma, WA 98405
www.kbtc.org

Membership Services

888.596.KBTC (5282)
membership@kbtc.org

Viewer Services

& Programming
253.680.7700
programming@kbtc.org

HOW TO WATCH

KBTC:

Over the air: 28.1
Comcast: HD 108 and 12
Click! and Comcast in Tac.: 3
Dish channel 28
DirecTV channel 28

KCKA:

Over the air: 15.1, .2 and .3
(KBTC cable coverage)

NHK World TV:

Over the air: 28.2
Comcast: HD 115

FNX | First Nations Experience:

Over the air: 28.3
Comcast: HD 334

TVW:

Over the air: 28.4

Online:

www.kbtc.org



INSPIRED ENDEAVORS



The National Parks: America's Best Idea | Wednesdays at 6 p.m. starting August 19

Walk through the history of the national parks featuring characters—some famous, most not—from every walk of life who dedicated their lives to ensuring all could enjoy these treasured places.



Second Wind: Tale of a Sailor |
Tuesday, August 18, 9 p.m.

A chronicle of award-winning nautical photographer Onne van der Wal's career and his solo, hands-on restoration of a 1972 Pearson 36 sailboat.



Sea of Light: A Blind Yachtman's Voyage Across the Pacific | Tuesday, August 25, 9 p.m.

Sailor Mitsuhiro Iwamoto achieves the spectacular as the first blind person to make the brutal journey across the Pacific Ocean.



KIDS SCHEDULE

11:00am	Hero Elementary
11:30am	Daniel Tiger's Neighborhood
12:00pm	Sesame Street
12:30pm	Pinkalicious and Peteriffic
1:00pm	Xavier Riddle and the Secret Museum
1:30pm	Molly of Denali
2:00pm	The Cat in the Hat Knows A Lot About That
2:30pm	Let's Go Luna!
3:00pm	Clifford the Big Red Dog
3:30pm	Curious George
4:00pm	Wild Kratts
4:30pm	Arthur
5:00pm	Nature Cat
5:30pm	Odd Squad



**DANIEL TIGER'S
NEIGHBORHOOD**

WON'T YOU
SING ALONG
WITH ME?

SPECIAL EVENT

Wednesday and Friday &
August 19 and 21 at 11:30am

Get ready for a musical event! Join Daniel in a sing-along special about staying home with family and taking care of each other. Plus all-new episodes this month!



Outside: Beyond the Lens | Sundays, 8 a.m.

Host Jeff Aiello and his Emmy Award-winning camera crew tell the stories of travel cinematically, exploring national parks and scenic wonders from Queenstown, New Zealand to Tornado Alley, Texas to the Alaskan wilderness.

1 SATURDAY

6:00am	Growing a Greener World
6:30am	Washington Grown
7:00am	Garden Smart
7:30am	P. Allen Smith's Garden Home
8:00am	Make It Artsy
8:30am	Knit and Crochet Now!
9:00am	It's Sew Easy
9:30am	Fit 2 Stitch
10:00am	Best of Sewing with Nancy
10:30am	Quilting Arts
11:00am	Fresh Quilting
11:30am	Fons & Porter's Love of Quilting
12:00pm	Quilt in a Day
12:30pm	3 Steps to Pain-Free Living
2:30pm	Rick Steves' Festive Europe
3:00pm	Ken Burns: The National Parks
5:00pm	Suze Orman's Ultimate Retirement Guide
7:00pm	Rise Up: Songs of the Women's Movement
8:30pm	My Music: 70s Soul Superstars
11:00pm	Doctor Who

11:30pm	Doctor Who
12:00am	Suze Orman's Ultimate Retirement Guide

2 SUNDAY

6:00am	Ask This Old House
6:30am	This Old House
7:00am	Paint This with Jerry Yarnell
7:30am	The Best of Joy of Painting
8:00am	Outside: Beyond the Lens
8:30am	The Good Road
9:00am	3 Steps to Pain-Free Living
11:00am	Suze Orman's Ultimate Retirement Guide
1:00pm	Rick Steves' Festive Europe
1:30pm	Rick Steves' Heart of Italy
3:30pm	Rick Steves' Holy Land: Israelis and Palestinians Today
5:30pm	Rick Steves' Fascism in Europe
7:00pm	Neil Diamond: Hot August Nights III
8:30pm	Rise Up: Songs of the Women's Movement



Suze Orman's Ultimate Retirement Guide | Monday, August 3, 8 p.m.

Suze Orman focuses on the pressing issue of planning for and financially thriving in one's retirement years. The program includes information about when to retire, how to save and invest for and during retirement, Social Security, annuities, long-term care insurance and much more.

SUNDAY CONTINUED

- 10:00pm** Retire Safe and Secure with Ed Slott
- 12:00am** My Music: 70s Soul Superstars

3 MONDAY

- 5:00am** Retire Safe and Secure with Ed Slott
- 7:00am** Suze Orman's Ultimate Retirement Guide
- 9:00am** Sit and Be Fit
- 9:30am** Aging Backwards 3 with Miranda Esmonde-White
- 10:30am** Rick Steves' Festive Europe

11:00am – 6:00pm KBTC KIDS

- 6:00pm** A Salute to Vienna
- 8:00pm** Suze Orman's Ultimate Retirement Guide
- 10:00pm** Deepak Chopra: The Spiritual Laws of Success
- 12:00am** Amanpour & Company

4 TUESDAY

- 5:00am** Suze Orman's Ultimate Retirement Guide
- 7:00am** The Longevity Paradox with Steven Gundry, MD

- 8:30am** Rick Steves' Festive Europe
- 9:00am** Sit and Be Fit
- 9:30am** Julia Child's Best Bites

11:00am – 6:00pm KBTC KIDS

- 6:00pm** ADD & Loving It?!
- 7:30pm** My Music: 70s Soul Superstars
- 10:00pm** 3 Steps to Pain-Free Living
- 12:00am** Amanpour & Company

5 WEDNESDAY

- 5:00am** ADD & Loving It?!
- 6:30am** Rick Steves' Festive Europe
- 7:00am** Dr. Fuhrman's Food as Medicine
- 9:00am** Sit and Be Fit
- 9:30am** ADD & Loving It?!

11:00am – 6:00pm KBTC KIDS

- 6:00pm** Relieving Stress with Yoga with Peggy Cappy
- 7:00pm** ADD & Loving It?!
- 8:30pm** The Longevity Paradox with Steven Gundry, MD
- 10:00pm** Last Tango in Halifax, Pt. 5 of 6
- 11:00pm** Aging Backwards 3 with Miranda Esmonde-White



My Music: 70s Soul Superstars | Friday, August 7, 8 p.m.

Join Patti LaBelle for an all-star reunion of the legends of 1970s Motown, R&B and soul, including the Commodores, original lead Eugene Record reuniting with the Chi-Lites, the Stylistics, Yvonne Elliman, Heatwave, the Trammps, the Emotions and the Manhattans.

12:00am Amanpour & Company

• **6 THURSDAY**

5:00am Dr. Fuhrman's Food as Medicine

7:00am 3 Steps to Pain-Free Living

9:00am Sit and Be Fit

9:30am Rise Up: Songs of the Women's Movement

11:00am – 6:00pm KBTC KIDS

6:00pm Ken Burns: The National Parks

8:00pm Rise Up: Songs of the Women's Movement

9:30pm Ken Burns: Country Music

11:30pm Rick Steves' Festive Europe

12:00am Amanpour & Company

• **7 FRIDAY**

5:00am Retire Safe and Secure with Ed Slott

7:00am ADD & Loving It?!

8:30am Rick Steves' Festive Europe

9:00am Sit and Be Fit

9:30am The Longevity Paradox with Steven Gundry, MD

11:00am – 6:00pm KBTC KIDS

6:00pm The Brain Fitness Program

7:30pm Northwest Now: Shorelines of Stone

8:00pm My Music: 70s Soul Superstars

10:30pm Neil Diamond: Hot August Nights III

12:00am Amanpour & Company

• **8 SATURDAY**

6:00am Growing a Greener World

6:30am Washington Grown

7:00am Garden Smart

7:30am P. Allen Smith's Garden Home

8:00am Make It Artsy

8:30am Knit and Crochet Now!

9:00am It's Sew Easy

9:30am Fit 2 Stitch

10:00am Best of Sewing with Nancy

10:30am Quilting Arts

11:00am Fresh Quilting

11:30am Fons & Porter's Love of Quilting

12:00pm Quilt in a Day

12:30pm Suze Orman's Ultimate Retirement Guide



Longevity Paradox with Steven Gundry, MD | Sunday, August 9, 11 a.m.

Have you ever wondered why some people live such long, active lives, while so many of us struggle as we get older? Dr. Gundry shares informative, life-changing information and an easy, step-by-step approach to help us all feel better and more youthful today, no matter your age.

SATURDAY CONTINUED

- 2:30pm** Rick Steves' Festive Europe
- 3:00pm** A Salute to Vienna
- 5:00pm** Rise Up: Songs of the Women's Movement
- 6:30pm** My Music: John Sebastian Presents Folk Rewind
- 8:30pm** Il Volo: 10 Years
- 10:00pm** Wings Over Grand Canyon
- 11:00pm** Doctor Who
- 11:30pm** Doctor Who
- 12:00am** My Music: John Sebastian Presents Folk Rewind

9 SUNDAY

- 6:00am** Ask This Old House
- 6:30am** This Old House



- 7:00am** Paint This with Jerry Yarnell
- 7:30am** The Best of Joy of Painting
- 8:00am** Outside: Beyond the Lens
- 8:30am** The Good Road
- 9:00am** Suze Orman's Ultimate Retirement Guide
- 11:00am** The Longevity Paradox with Steven Gundry, MD
- 12:30pm** ADD & Loving It?!
- 2:00pm** 3 Steps to Pain-Free Living
- 4:00pm** My Music: John Sebastian Presents Folk Rewind
- 6:00pm** Julia Child's Best Bites
- 7:30pm** Suze Orman's Ultimate Retirement Guide
- 9:30pm** My Music: John Sebastian Presents Folk Rewind
- 11:30pm** The Longevity Paradox with Steven Gundry, MD

10 MONDAY

- 5:30am** ADD & Loving It?!
- 7:00am** 3 Steps to Pain-Free Living
- 9:00am** Sit and Be Fit
- 9:30am** ADD & Loving It?!

**My Music: John Sebastian Presents Folk Rewind** | Tuesday, August 11, at 8:30 p.m.

John Sebastian of The Lovin' Spoonful hosts this celebration of the greatest singers and songwriters of the classic 50s & 60s folk era, featuring a treasure trove of historical footage not seen in more than four decades, plus new performances by artists who are still appearing in concert today.

11:00am – 6:00pm KBTC KIDS

- 6:00pm** Change Your Brain, Heal Your Mind with Daniel Amen, MD
- 8:00pm** The Longevity Paradox with Steven Gundry, MD
- 9:30pm** Doo Wop to Pop Rock: My Music Celebrates 20 Years
- 12:00am** Amanpour & Company

11 TUESDAY

- 5:00am** The Longevity Paradox with Steven Gundry, MD
- 6:30am** Rick Steves' Festive Europe
- 7:00am** Retire Safe and Secure with Ed Slott
- 9:00am** Sit and Be Fit
- 9:30am** Dr. Fuhrman's Food as Medicine

11:00am – 6:00pm KBTC KIDS

- 6:00pm** Aging Backwards 3 with Miranda Esmonde-White
- 7:00pm** Rick Steves' Fascism in Europe
- 8:30pm** My Music: John Sebastian Presents Folk Rewind

- 10:30pm** Neil Diamond: Hot August Nights III

- 12:00am** Amanpour & Company

12 WEDNESDAY

- 5:00am** 3 Steps to Pain-Free Living
- 7:00am** Rick Steves' Heart of Italy
- 9:00am** Sit and Be Fit
- 9:30am** The Longevity Paradox with Steven Gundry, MD

11:00am – 6:00pm KBTC KIDS

- 6:00pm** Retire Safe and Secure with Ed Slott
- 7:30pm** Doo Wop to Pop Rock: My Music Celebrates 20 Years
- 10:00pm** Last Tango in Halifax, Pt. 6 of 6
- 11:00pm** Relieving Stress with Yoga with Peggy Cappy
- 12:00am** Amanpour & Company

13 THURSDAY

- 5:00am** ADD & Loving It?!
- 6:30am** Rick Steves' Festive Europe
- 7:00am** Suze Orman's Ultimate Retirement Guide



Victoria on Masterpiece | Mondays, 6 p.m. - 8 p.m. starting August 17

Revisit season one in August and September and follow Victoria becoming queen at age eighteen through the relationship with her first prime minister Lord Melbourne, to her courtship and marriage to Prince Albert.

THURSDAY CONTINUED

- 9:00am** Sit and Be Fit
- 9:30am** Relieving Stress with Yoga with Peggy Cappy
- 10:30am** Rick Steves' Festive Europe

11:00am – 6:00pm KBTC KIDS

- 6:00pm** Dr. Fuhrman's Food as Medicine
- 8:00pm** Suze Orman's Ultimate Retirement Guide
- 10:00pm** Rick Steves' Fascism in Europe
- 11:30pm** Rick Steves' Festive Europe
- 12:00am** Amanpour & Company

14 FRIDAY

- 5:00am** Suze Orman's Ultimate Retirement Guide
- 7:00am** Aging Backwards 3 with Miranda Esmonde-White
- 8:00am** Relieving Stress with Yoga with Peggy Cappy
- 9:00am** Sit and Be Fit
- 9:30am** Julia Child's Best Bites

11:00am – 6:00pm KBTC KIDS

- 6:00pm** The Longevity Paradox with Steven Gundry, MD
- 7:30pm** Northwest Now: Home

- 8:00pm** My Music: John Sebastian Presents Folk Rewind
- 10:00pm** Ken Burns: Country Music
- 12:00am** Amanpour & Company

15 SATURDAY

- 6:00am** Growing a Greener World
- 6:30am** Washington Grown
- 7:00am** Garden Smart
- 7:30am** P. Allen Smith's Garden Home
- 8:00am** Make It Artsy
- 8:30am** Knit and Crochet Now!
- 9:00am** It's Sew Easy
- 9:30am** Fit 2 Stitch
- 10:00am** Best of Sewing with Nancy
- 10:30am** Quilting Arts
- 11:00am** Fresh Quilting
- 11:30am** Fons & Porter's Love of Quilting
- 12:00pm** Quilt in a Day
- 12:30pm** Ken Burns: Country Music
- 2:30pm** Ken Burns: The National Parks
- 4:30pm** Aging Backwards 3 with Miranda Esmonde-White



Endeavour on Masterpiece | *New Season* Premieres Monday, August 17, 8 p.m.

As Morse sees in the new year—1970—at an opera house in Venice, a murder in Oxford puts Thursday on a quest to find the man responsible. Returning home, Morse makes a new acquaintance, and old friendships show signs of strain.

5:30pm Julia Child's Best Bites
7:00pm Doo Wop to Pop Rock:
 My Music Celebrates
 20 Years
9:30pm Chuck Berry: Brown-
 Eyed Handsome Man
11:00pm Doctor Who
11:30pm Doctor Who
12:00am Neil Diamond: Hot
 August Nights III

• 16 SUNDAY

6:00am Ask This Old House
6:30am This Old House
7:00am Paint This with Jerry
 Yarnell
7:30am The Best of Joy of
 Painting
8:00am Outside: Beyond the
 Lens
8:30am The Good Road
9:00am Deepak Chopra: The
 Spiritual Laws of Success
11:00am Change Your Brain,
 Heal Your Mind with
 Daniel Amen, MD
12:30pm The Longevity Paradox
 with Steven Gundry, MD
2:00pm Food Fix with Mark
 Hyman, MD
4:00pm Doo Wop to Pop Rock:

My Music Celebrates
 20 Years
6:30pm Julia Child's Best Bites
8:00pm Rick Steves' Holy Land:
 Israelis and Palestinians
 Today
10:00pm Deepak Chopra: The
 Spiritual Laws of Success
12:00am ADD & Loving It?!

• 17 MONDAY

6:00am Relieving Stress with
 Yoga with Peggy Cappy
7:00am Queen Elizabeth's Secret
 Agents, Pt. 1 of 3
8:00am Queen Elizabeth's Secret
 Agents, Pt. 2 of 3
9:00am Sit and Be Fit
9:30am Lidia's Kitchen
10:00am America's Test Kitchen
10:30am Cook's Country
11:00am – 6:00pm **KBTC KIDS**
6:00pm Masterpiece: Victoria
 (S1, Ep. 1)
8:00pm Masterpiece: Endeavour
 (S7, Ep. 1)
10:00pm Foyle's War: Bad Blood,
 Pt. 1 of 2
11:00pm Foyle's War: Bad Blood,
 Pt. 2 of 2
12:00am Amanpour & Company



Black America Since MLK: And Still I Rise | Tuesdays, August 18 and 25, 10 p.m.

Henry Louis Gates, Jr. looks at the last 50 years of African-American history—from Stokely Carmichael to Barack Obama, James Brown to Beyonce—charting the remarkable progress made and raising hard questions about the obstacles that remain.

18 TUESDAY

- 6:00am** Northwest Now: Home
- 6:30am** Asia Insight
- 7:00am** Queen Elizabeth's Secret Agents, Pt. 3 of 3
- 8:00am** Secrets of Her Majesty's Secret Service
- 9:00am** Sit and Be Fit
- 9:30am** Creative Living
- 10:00am** My Greek Table with Diane Kochilas
- 10:30am** Lucky Chow

11:00am – 6:00pm KBTC KIDS

- 6:00pm** Rivers of Life: The Amazon
- 7:00pm** Nature: Attenborough and the Sea Dragon
- 8:00pm** NOVA: Lethal Seas
- 9:00pm** Second Wind: Tale of a Sailor
- 10:00pm** Black America Since MLK: And Still I Rise, Pt. 1 of 2
- 12:00am** Amanpour & Company

19 WEDNESDAY

- 6:00am** Journeys in Japan
- 6:30am** Consuelo Mack
- 7:00am** Black America Since MLK: And Still I Rise,

Pt. 1 of 2

- 9:00am** Sit and Be Fit
- 9:30am** P. Allen Smith's Garden Home
- 10:00am** To Dine For with Kate Sullivan
- 10:30am** JoAnne Weir's Plates and Places

11:00am – 6:00pm KBTC KIDS

- 6:00pm** The National Parks: America's Best Idea, Pt. 1 of 6
- 8:00pm** Finding Your Roots: All in the Family
- 9:00pm** Before We Die, Pt. 9 of 10
- 10:00pm** Masterpiece: Endeavor (S7, Ep. 1)
- 12:00am** Amanpour & Company

20 THURSDAY

- 6:00am** Focus on Europe
- 6:30am** Journeys in Japan
- 7:00am** Nature: Attenborough and the Sea Dragon
- 8:00am** NOVA: Lethal Seas
- 9:00am** Sit and Be Fit
- 9:30am** Ask This Old House
- 10:00am** Christopher Kimball's Milk Street Television
- 10:30am** Dining with The Chef

**Clinton: American Experience** | Thursdays, August 20 & 27, 8 p.m.

Explore the story of an American president who rose from a broken childhood in Arkansas to become one of the most successful politicians in modern American history and one of the most complex and conflicted characters to ever stride across the public stage.

11:00am – 6:00pm KBTC KIDS

- 6:00pm** American Experience: Space Men
- 7:00pm** American Experience: Mr. Tornado
- 8:00pm** American Experience: Clinton, Pt. 1 of 2
- 10:00pm** The Revolutionist: Eugene V. Debs
- 11:00pm** American Experience: McCarthy

21 FRIDAY

- 5:00am** 3 Steps to Pain-Free Living
- 7:00am** The National Parks: America's Best Idea, Pt. 1 of 6
- 9:00am** Sit and Be Fit
- 9:30am** This Old House
- 10:00am** Kitchen Queens: New Orleans
- 10:30am** Simply Ming

11:00am – 6:00pm KBTC KIDS

- 6:00pm** Finding Your Roots: All in the Family
- 7:00pm** Rick Steves' Europe
- 7:30pm** Northwest Now: The Casket Maker
- 8:00pm** Foyle's War: Bleak Midwinter, Pt. 1 of 2

- 9:00pm** New Tricks (S5, Ep. 3)
- 10:00pm** Death in Paradise (S9, Ep. 7)
- 11:00pm** Secrets of the Six Wives: Divorced, Pt. 1 of 3
- 12:00am** Amanpour & Company

22 SATURDAY

- 6:00am** Growing a Greener World
- 6:30am** Washington Grown
- 7:00am** Garden Smart
- 7:30am** P. Allen Smith's Garden Home
- 8:00am** Make It Artsy
- 8:30am** Knit and Crochet Now!
- 9:00am** It's Sew Easy
- 9:30am** Fit 2 Stitch
- 10:00am** Best of Sewing with Nancy
- 10:30am** Quilting Arts
- 11:00am** Fons & Porter's Love of Quilting
- 11:30am** Fons & Porter's Love of Quilting
- 12:00pm** Quilt in a Day
- 12:30pm** Motorweek
- 1:00pm** Samantha Brown's Places to Love
- 1:30pm** Classic Woodworking
- 2:00pm** This Old House



Variety Studio: Actors on Actors | Saturdays, August 22 & 29, 5:30 p.m.

Go inside the biggest television programs of the past year through candid conversations with today's most acclaimed actors. Each week several actors engage in intimate one-on-one discussions about their craft and work.

SATURDAY CONTINUED

- 3:00pm** Washington Grown
- 3:30pm** Pati's Mexican Table
- 4:00pm** Christopher Kimball's Milk Street Television
- 4:30pm** Cook's Country
- 5:00pm** America's Test Kitchen
- 5:30pm** Variety Studio: Actors on Actors
- 6:00pm** Secrets of the Six Wives: Divorced, Pt. 1 of 3
- 7:00pm** Keeping Up Appearances
- 7:30pm** Keeping Up Appearances
- 8:00pm** As Time Goes By
- 8:30pm** As Time Goes By
- 9:00pm** Last of the Summer Wine
- 9:30pm** Last of the Summer Wine
- 10:00pm** Are You Being Served
- 10:30pm** Hold the Sunset
- 11:00pm** Doctor Who
- 11:30pm** Doctor Who
- 12:00am** NOVA: Lethal Seas

- 7:00am** Paint This with Jerry Yarnell
- 7:30am** The Best of Joy of Painting
- 8:00am** Outside: Beyond the Lens
- 8:30am** The Good Road
- 9:00am** Change Your Brain, Heal Your Mind with Daniel Amen, MD
- 11:00am** Aging Backwards 3 with Miranda Esmonde-White
- 12:00pm** The Longevity Paradox with Steven Gundry, MD
- 1:30pm** Rick Steves' Festive Europe
- 2:00pm** Ken Burns: Country Music
- 4:00pm** A Salute to Vienna
- 6:00pm** Rick Steves' Holy Land: Israelis and Palestinians Today
- 8:00pm** Tim Janis Celtic Heart
- 9:30pm** Jonathan Antoine in Concert: Going the Distance
- 11:00pm** The Longevity Paradox with Steven Gundry, MD
- 12:30am** Retire Safe and Secure with Ed Slott

23 SUNDAY

- 6:00am** Ask This Old House
- 6:30am** This Old House

**The Hook | Tuesday, August 25, 10:30 a.m.**

From the producers of *A Chef's Life*, *THE HOOK* goes behind the scenes with chef Ricky Moore at his Durham restaurant, Saltbox Seafood Joint, to highlight the seafood traditions of North Carolina's coastline and celebrate the contributions of black chefs and fishermen to coastal food culture.

• 24 MONDAY

- 5:30am** The Longevity Paradox with Steven Gundry, MD
7:00am American Experience: Clinton, Pt. 1 of 2
9:00am Sit and Be Fit
9:30am Lidia's Kitchen
10:00am America's Test Kitchen
10:30am Cook's Country
11:00am – 6:00pm KBTC KIDS
6:00pm Masterpiece: Victoria (S1, Ep. 2)
7:00pm Masterpiece: Victoria (S1, Ep. 3)
8:00pm Masterpiece: Endeavour (S7, Ep. 2)
10:00pm Foyle's War: Bleak Midwinter, Pt. 1 of 2
11:00pm New Tricks (S5, Ep. 3)
12:00am Amanpour & Company

• 25 TUESDAY

- 6:00am** Northwest Now: The Casket Maker
6:30am Asia Insight
7:00am American Experience: Space Men
8:00am American Experience: Mr. Tornado
9:00am Sit and Be Fit

- 9:30am** Creative Living
10:00am My Greek Table with Diane Kochilas
10:30am The Hook
11:00am – 6:00pm KBTC KIDS
6:00pm Rivers of Life: The Nile
7:00pm Nature: Octopus - Making Contact
8:00pm NOVA: Saving the Dead Sea
9:00pm Sea of Light: A Blind Yachtsman's Voyage Across the Pacific
10:00pm Black America Since MLK: And Still I Rise, Pt. 2 of 2
12:00am Amanpour & Company

• 26 WEDNESDAY

- 6:00am** Journeys in Japan
6:30am Consuelo Mack
7:00am Black America Since MLK: And Still I Rise, Pt. 2 of 2
9:00am Sit and Be Fit
9:30am P. Allen Smith's Garden Home
10:00am To Dine For with Kate Sullivan
10:30am JoAnne Weir's Plates and Places


Secrets of Spanish Florida | Thursday August 27, 6 p.m.

Join a team of archaeologists, scientists and historians as they reveal the little-known history of America's Spanish colonists who settled in Florida in 1565, long before Jamestown or Plymouth. Narrated by Jimmy Smits.

WEDNESDAY CONTINUED
11:00am – 6:00pm KBTC KIDS

- 5:30pm** The National Parks: America's Best Idea, Pt. 2 of 6
- 8:00pm** Finding Your Roots: Hollywood Royalty
- 9:00pm** Before We Die, Pt. 10 of 10
- 10:00pm** Masterpiece: Endeavor (S7, Ep. 2)
- 12:00am** Amanpour & Company

• 27 THURSDAY

- 6:00am** Focus on Europe
- 6:30am** Journeys in Japan
- 7:00am** Nature: Octopus - Making Contact
- 8:00am** NOVA: Saving the Dead Sea
- 9:00am** Sit and Be Fit
- 9:30am** Ask This Old House
- 10:00am** Christopher Kimball's Milk Street Television
- 10:30am** Dining with The Chef
- 11:00am – 6:00pm KBTC KIDS**
- 6:00pm** Secrets of the Dead: Secrets of Spanish Florida
- 8:00pm** American Experience: Clinton, Pt. 2 of 2

- 10:00pm** Chehalis: A Watershed Moment
- 11:00pm** Sinking Cities: Miami
- 12:00am** Amanpour & Company

• 28 FRIDAY

- 6:00am** Suze Orman's Ultimate Retirement Guide
- 6:30am** The National Parks: America's Best Idea, Pt. 2 of 6
- 9:00am** Sit and Be Fit
- 9:30am** This Old House
- 10:00am** Kitchen Queens: New Orleans
- 10:30am** Simply Ming
- 11:00am – 6:00pm KBTC KIDS**
- 6:00pm** Finding Your Roots: Hollywood Royalty
- 7:00pm** Rick Steves' Europe
- 7:30pm** Northwest Now: Project Comet
- 8:00pm** Foyle's War: Bleak Midwinter, Pt. 2 of 2
- 9:00pm** New Tricks (S5, Ep. 4)
- 10:00pm** Death in Paradise (S9, Ep. 8)
- 11:00pm** Secrets of the Six Wives: Beheaded, Died, Pt. 2 of 3
- 12:00am** Amanpour & Company

**Growing a Greener World | Saturdays, 6 a.m.**

Blend the latest trends in eco-friendly living with traditional gardening know-how. This series highlights the diverse people, organizations and events that seek to raise environmental awareness and encourage better stewardship of the planet.

• 29 SATURDAY

6:00am	Growing a Greener World
6:30am	Washington Grown
7:00am	Garden Smart
7:30am	P. Allen Smith's Garden Home
8:00am	Make It Artsy
8:30am	Knit and Crochet Now!
9:00am	It's Sew Easy
9:30am	Fit 2 Stitch
10:00am	Best of Sewing with Nancy
10:30am	Quilting Arts
11:00am	Fons & Porter's Love of Quilting
11:30am	Fons & Porter's Love of Quilting
12:00pm	Quilt in a Day
12:30pm	Motorweek
1:00pm	Samantha Brown's Places to Love
1:30pm	Classic Woodworking
2:00pm	This Old House
2:30pm	This Old House
3:00pm	Washington Grown
3:30pm	Pati's Mexican Table
4:00pm	Christopher Kimball's Milk Street Television
4:30pm	Cook's Country
5:00pm	America's Test Kitchen

5:30pm	Variety Studio: Actors on Actors
6:00pm	Secrets of the Six Wives: Beheaded, Died, Pt. 2 of 3
7:00pm	Keeping Up Appearances
7:30pm	Keeping Up Appearances
8:00pm	As Time Goes By
8:30pm	As Time Goes By
9:00pm	Last of the Summer Wine
9:30pm	Last of the Summer Wine
10:00pm	Are You Being Served
10:30pm	Hold the Sunset
11:00pm	Doctor Who
11:30pm	Doctor Who
12:00am	NOVA: Saving the Dead Sea

• 30 SUNDAY

6:00am	Ask This Old House
6:30am	This Old House
7:00am	Paint This with Jerry Yarnell
7:30am	The Best of Joy of Painting
8:00am	Outside: Beyond the Lens
8:30am	The Good Road



Last of the Summer Wine | Saturdays, August 22 & 29, 9 p.m. to 10 p.m.

Spend your long Saturday summer evenings laughing with the longest running sitcom in TV history.

SUNDAY CONTINUED

- 9:00am** The Longevity Paradox with Steven Gundry, MD
- 10:30am** Suze Orman's Ultimate Retirement Guide
- 12:30pm** Retire Safe and Secure with Ed Slott
- 2:30pm** Deepak Chopra: The Spiritual Laws of Success
- 4:30pm** Change Your Brain, Heal Your Mind with Daniel Amen, MD
- 6:00pm** Wings Over Grand Canyon
- 7:00pm** Ken Burns: National Parks
- 8:30pm** Ken Burns: Country Music
- 10:30pm** 3 Steps to Pain-Free Living
- 12:00am** ADD & Loving It?!

31 MONDAY

- 5:00am** Rick Steves' Heart of Italy
- 7:00am** American Experience: Clinton, Pt. 2 of 2
- 9:00am** Sit and Be Fit
- 9:30am** Lidia's Kitchen
- 10:00am** America's Test Kitchen
- 10:30am** Cook's Country

11:00am – 6:00pm KBTC KIDS

- 6:00pm** Masterpiece: Victoria (S1, Ep. 4)
- 7:00pm** Masterpiece: Victoria (S1, Ep. 5)
- 8:00pm** Masterpiece: Endeavour (S7, Ep. 3)
- 10:00pm** Foyle's War: Bleak Midwinter, Pt. 2 of 2
- 11:00pm** New Tricks (S5, Ep. 4)
- 12:00am** Amanpour & Company



KBTC | Passport



PBS NewsHour | Available on Passport!

Join anchor Judy Woodruff for an objective look at the day's events. Available to KBTC members exclusively on Passport.

SRG
SENIOR
LIVING



A little help. A big difference.

The assisted living services at Narrows Glen are about the whole family and the whole YOU. No matter if you need a little help or a lot, you'll be amazed by the difference.

**Call today to schedule
a personalized virtual tour.**

Narrows Glen

🏠 📞 📧 LIC.# 2385

INDEPENDENT & ASSISTED LIVING • MEMORY CARE

8201 6th Avenue • Tacoma • NarrowsGlen.com • 253.292.5959



LAKEWOLD
GARDENS

The Trees of Lakewold Gardens are an invaluable resource. Adopt a Tree at Lakewold and preserve the trees' forever home, underwriting the cost of care.

For more information on this live and virtual campaign, August - October, 2020, visit lakewoldgardens.org/adoptatree or call 253.584.4106.

South Tacoma Antique Mall

More than 100 dealers – All in one location.

Wall art, lighting, furniture, sporting goods, appliances, toys, jewelry, games, clocks and much more.

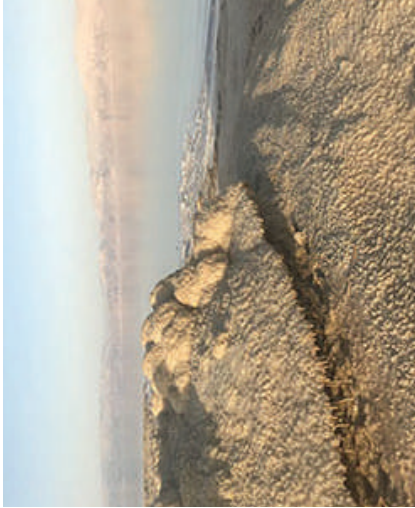
Open 10am to 5:30pm
7 Days a Week



8219 South Tacoma Way, Lakewood, WA 98499
253-584-0500

www.southtacomaantiquemall.com

Proud supporters of KBTC Public Television



NOVA: Saving the Dead Sea |
Tuesday, August 25, 8 p.m.

NOVA follows what may be the world's largest water chemistry experiment ever—scientists and engineers race to save the Dead Sea and help bring water to one of the driest regions on Earth.



2320 South 19th Street
Tacoma WA 98405-4895
KBTC: A viewer supported community service
of Bates Technical College.

If you would like to
conserve resources
and receive the
KBTC Viewer Guide
via e-mail, please contact
membership@kbtco.org

Non-Profit
Organization
U.S. Postage
PAID
Tacoma, WA
Permit No. 1052