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Volume 30 Number 1

7 1 5 C A M P U S S T . • M I L T O N W I S C O N S I N 5 3 5 6 3 6 0 8 • 8 6 8 • 3 5 0 0

Veterans Day Celebration

The Gathering Place extends an invitation to all Veterans, Rosie the Riveters and their spouses to enjoy a catered lunch provided free of charge at The Gathering Place on **Thursday, November 11 at 12:00 p.m.** Lunch is provided by Knute's of Orfordville and sponsored by the generosity of Dave and Nancy Lader. The meal includes roast beef, mashed potatoes with gravy, mixed



vegetables, roll, butter and a brownie for dessert. We ask those interested in attending the event to call The Gathering Place at 868-3500 to make reservations by **Tuesday, November 9** by 3:00 p.m.



Colonel Mike Williams will address our guests immediately after lunch. Colonel Williams retired from the Wisconsin Army National Guard in 2002 following 34 years of service in

the Armed Forces including active duty in the Viet Nam War. His major awards include the Legion of Merit and Meritorious Service Medal with two oak leaf clusters. He was inducted into the University of Wisconsin-Madison Hall of Fame in 1972 and inducted into the Wisconsin National Guard Hall of Fame in 2015. He currently serves the Department of Defense and the Wisconsin National Guard. TGP is proud to welcome back Colonel Mike to our Veterans Day celebration/luncheon.

Reservations must be made by calling TGP at 868-3500 no later than Tuesday, November 9.

Denny Diamond Holiday Concert

Enjoy a special evening with friends at The Gathering Place on **Friday, December 17, 2021.** Denny Diamond returns for our Holiday fundraiser. He will perform Christmas classics along with some of Neil Diamond's cherished hits. The evening begins in the upper level with a cash bar at 5:00 p.m., followed by a catered dinner from Knutes at 6:00 p.m. The meal includes turkey and gravy, cranberry relish, dinner salad, mixed vegetables and roll and butter. Immediately following dinner we will transition to the lower level for a desert bar and concert. The music will begin at 7:00 p.m. There will be a silent auction and meat raffle throughout the evening.



Only 100 tickets are available at \$40 each and are on sale now!

Tickets will sell quickly. We look forward to sharing this special night with you during the most joyous time of the year!

GREETINGS FROM THE DIRECTOR

"Nature gives to every time and season unique beauty; from morning to night, as from the cradle to the grave, it's just a succession of changes so soft and comfortable that we hardly notice the progress"

Charles Dickens

Each of us has our beliefs and values related to nature. We have held some of these beliefs since we were children, yet they influence our understanding of nature and our sense of its value in our lives.

It's human nature to be resistant to change. Though we might enjoy each season for its individuality and appreciate a change once it's taken place, there's an anxiety that comes with that actual change. Knowing change is coming tends to spark a bit of nervous energy within us, making us feel like we need to prepare ourselves or brace for impact even when it's as simple as allowing the seasons to turn. And though we've let go of one of the driest summers on record, we know that fall is here now with just a wind gust to winter ahead. So while we might be excited about things like sweater weather and Thanksgiving gatherings, we can't help but hesitate to embrace seasonal changes ahead. So together, let's watch for the waves of migrating birds passing through and feel the crispness of the north wind. Ponder for a moment which leaf will be the last to fall off the old oak tree. As we transition from fall to winter notice the changes, if just for a moment, search the shadows and listen to whispers of nature.

Annually, The Gathering Place looks forward to honoring Veterans and Rosie Riveters. This year we will return to an in-house luncheon/program celebration on Thursday, November 11, 2021. Information on this event is detailed on the front page of this month's newsletter.

On this day and every day, let us be thankful for our veterans.

Dave



PRES SEZ

I stumbled onto this article the other day. Some of the article is as relevant today as it was 11 ½ years ago. I hope that the readers of this column enjoy it half as much as I did. Gene

Milton Courier, Jan 6, 2010

As the incoming president of the Gathering Place board of directors, Gene Wenham, a resident of Janesville, is quick to remind Milton residents how fortunate they are to have the senior center, and to have it partially funded by the Marion Allen Foundation. "The taxpayers of Milton, they've got a good deal going," Wenham said Tuesday.



But Wenham said in recent years the level of support from the foundation, while generous, has dropped to only 43 percent of its operating costs. An additional \$25,000 matching grant from the foundation was withdrawn last fall without explanation, and the revenue gap in 2009 reached \$54,500.

In response, Gathering Place director Paula Schutt said she was forced to cut staff hours to the point that "it's almost like a restructuring."

Activity director Leigh Kuelz went from working 4.5 days per week to three, administrative assistant Sara Pickett's hours were cut from 39 to 21, and maintenance from Jim Slowey was cut from 25 to 13 hours per week.

The staff cuts also mean reductions in activities. Schutt, Wenham and others close to the Gathering Place are increasingly concerned for the financial future of the center. They also say they must constantly battle a widely held misconception that the center is entirely funded by Marion Allen's foundation. "Marion Allen set up a foundation to manage her assets," Wenham writes in the January issue of The Gathering Place newsletter, "but sadly, she did not instruct the foundation to continue support of The Gathering Place at a specified level."

The Allen Foundation contributed \$120,000 in 2009, while operating expenses were \$277,716. Wenham explained that the amount from the foundation has been declining for several years, and common wisdom suggests it's simply because of lower investment earnings during the recession. "I can understand why they're cutting us, but by the same token, it is making things difficult," Wenham said.

Pres Sez continued on page 10

SPECIAL EVENTS

Holiday Decorating at TGP

Monday, Nov. 29, 9:00 a.m.

We will be decorating The Gathering Place for the holidays! If you would like to help, please let Briana know or sign up at the reception desk. John will be putting up the trees and lights, so he'll need some help as well. Volunteers will be helping with decorating trees and arranging displays both inside and outside the building. Any amount of time you can give will be appreciated.



Line Dancing

Fridays, 9:30 a.m.

Line Dancing is returning to TGP. We're just as excited as you are. This is the perfect class for any kind of dancer you may be. The best part is that you won't get bored because a variety of music choices will be introduced for you to enjoy. Please sign up in advance for this class. There is no charge for this class.



Tech Corner

Wednesday, Nov 10, 1-3 p.m. / Thursday, Nov 11, 9-11 a.m.

Wednesday, Dec 8, 1-3 p.m. / Thursday, Dec 9, 9-11 a.m.

The truth is, we all need a little help from time to time when it comes to using technology. So we have partnered with the Milton Public Library to help you out! You will be able to reserve a 20-minute appointment to ask whatever tech question you may have. Bring your smart device and have your questions ready. Please arrive 5 minutes early for your appointment.



Works of Art Display at Milton Public Library

Our very own Open Art Studio artists are going to be displaying their works of art throughout the month of November! Wander into the Milton Public Library to check out the amazing work our artists do while they're at TGP.



The Fireside Theater - Holiday Inn Lunch Trip with Briana,

Thursday, December 16, leaving at 10:00 a.m. Return 4:00 p.m.

Based on the classic film starring Bing Crosby and Fred Astaire, Irving Berlin's HOLIDAY INN comes to The Fireside in celebration of the holidays. Jim, a song and dance man and his new love Linda turn a Connecticut farmhouse into a fabulous inn that's only open on holidays. All is well until Jim's best friend Ted comes along with his own ideas about Linda and the inn. This joyous musical features thrilling dance numbers, laugh-out-loud comedy and a parade of hit Irving Berlin songs including "Blue Skies," "Easter Parade," "Cheek to Cheek," "White Christmas," and many more. It's a year-round classic to make any holiday sparkle!



The menu for the show will be: Cream of Watercress Soup, Chicken Piccata with Scalloped Potatoes and Fresh Asparagus with Baby Carrots. For dessert you will have the ever popular Carrot Cake with Cream Cheese Frosting and Homemade Butter Pecan Frozen Custard.

The cost is \$78/person and must be paid in advance. Please call our receptionist at (608) 868-3500 to reserve your spot. The van will be taken, however, we will need some drivers willing to carpool to the theater.

NOTE: The limit will be 30 people to attend. The deadline to sign up is November 16.

New day!

Cribbage

Thursdays, 10:30 a.m.

Cribbage, or crib, is a card game, traditionally for two players, that involves playing and grouping cards in combinations which gain points. Come check out how to play this card game.



Pool Room News

Men's Pool - Fridays, 8:00 a.m.

Ladies Billiards - Mondays, 1:00 p.m.

We have several groups using our Pool Room. The pool room is also open Monday through Friday from 10:00 a.m. to 4:00 p.m. except for the first Thursday of each month. Stop in and get some practice.



Coloring for Adults

Tuesdays, 1:00 p.m.

Did you know coloring improves motor skills, sleep, focus, and reduces stress and anxiety?



Come check out our coloring group and see how beneficial it is to feel like a kid again while socializing with friends.

Please bring your own coloring book and pencils/pens to use (but we have extras).

Bingo!

Tuesday, Nov. 23, 1:15 p.m.

Who doesn't enjoy the thrill of yelling "BINGO!!"?

Come join us in the dining room for bingo. It's a great time to catch up with some friends you haven't seen in a while. A small snack and beverage will be provided.



Cost is 50¢/card with a maximum of four cards.

Phase 10 Card Game!

Wednesdays, 12:30 p.m.

Phase 10 is a rummy-type card game with a challenging and exciting twist! The object of the game is to be the first player to complete 10 varied Phases –two sets of three, one run of seven, seven cards of one color and more. The twist is that each Phase to be completed is specific for each hand dealt. Those who complete the Phase advance to the next, but those who don't must try again! Finish all 10 and win the game. For 2 to 6 players.



Mah Jong

Mondays & Wednesdays, 12:30 p.m.

Do you need to challenge your mind or are you looking for something to do in the afternoon? Play the fascinating Chinese tile game of Mah Jong. This tile based game will have you addicted in no time! Don't know how to play? We will teach you!



Ping Pong

Wednesdays, 1:00 p.m.

Ping Pong has arrived! Check out how this low-impact sport is easy on the joints, improves hand-eye coordination and reflexes. Ping Pong will meet on the lower level.



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CLUBS, CLASSES ETC

Spotlight on...

The Sing-Along Group!

Wednesdays at 10:30 a.m.

Are you missing the sound of music?

Do you miss singing for fun? Join your friends every Wednesday morning in the lower level. Everyone is welcome to join in no matter your skill level!



Diamond Painting

Friday, Nov 5, 1:30 p.m. Friday, Dec 10, 1:30 p.m.

Sherilyn Aures will be here to teach us how to make a unique craft with diamonds! Diamond painting is based on the same concept as mosaics and paint-by numbers. You use tiny "diamond"-like facets to create colorful designs with a pick-up pen.



Some of these crafts are totes, Christmas cards, boxes, bookmarks and many more new items to choose from. You do need to sign up with the receptionist. Prices run between \$10 - \$30 depending on the project.

Painting with Katie

Tuesday, Nov. 16, 11:00 a.m.- 2:00 p.m.

Join Katie in a fun painting class. No painting experience needed with this opportunity. Paint, brushes, and a canvas will all be provided. Katie will lead you step by step on how to create a beautiful painting you'll be proud to hang up in your home. Cost is \$25 and should be paid to Katie the day of class. Please sign up at the reception desk, attendance will be limited to 6 individuals.



Dulcimer Lessons

2nd & 4th Wednesdays of the month

Beginners 9:30-10:25,

Intermediate-10:30-11:25

Music is one of the best ways to increase your brain's ability to improve and

remain young. The dulcimer is a great instrument to play alone or with others. If you have any desire or interest in music, this is a wonderful place to



begin. The dulcimer is a three or four string instrument usually played across your lap. The mountain dulcimer is still young among instruments and easy to play. The cost is \$4.00 per session and you pay the instructor. Extra instruments are available to play and/or rent.

Paint Pouring with Nancy

Wednesday, Nov. 17, 1:00 - 3:30 p.m.

November Paint Pouring class will be on a rectangular canvas approximately 11"x14". Attendance will be limited to eight students, and all supplies included. The cost is \$35 per person. Option for 2nd canvas \$15 payable to Nancy McKinnon. Call to reserve your spot at (608) 868-3500.



Stained Glass Class

Thursday, Nov. 18 & Friday Nov. 19, 1:00 - 4:00 p.m.

Check out the art of stained glass. Caroline Britton will show you step by step how to create a beautiful glass project. All supplies are included. The cost for this two day class is \$20/person and payable to the instructor. Please call reception at (608) 868-3500 to sign up.

Benefit Specialist

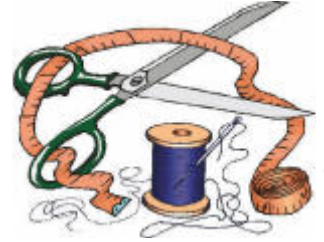
The Benefit Specialist will not be conducting outreach in November due to Medicare's Annual Open Enrollment. If you need assistance, please call 757-5414.



Alterations

Thursdays, 11:30 a.m. - 12:30 p.m.

Janet Butler is an accomplished seamstress and is our alteration person. She owns her own business called "Sew Affordable," located in her Janesville home. Meet with her in library when you need your favorite slacks



shortened or jacket altered. *Please note! Janet will not be here on November 11 or November 25.*

Open Art Studio

Thursdays 10:00 a.m. to Noon

From acrylic to pencil to chalk to watercolors. Any level of painters are welcome to join the fun group at the Open Art Studio. Bring your current project or start a new one.



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HEALTHY LIVING

Strong Women Classes

Tuesdays & Thursdays 9:15 a.m.

New Session Starting November 18

This is a strength training class to help women maintain muscle mass, strength and function as they age. Stop in and speak with an instructor for more information.

Yoga

Fridays, 11:30 a.m. - 12:30 p.m.

Some yoga poses might be too advanced for seniors, but the beauty of this ancient exercise is that poses can be easily adapted to suit beginners and individuals with limited mobility. The benefits of yoga extend to the entire body. The cost for these classes are \$10/class or \$100 for 11 classes.

Chair Massage

Tuesday, November 11

Massage Therapist, Alicia Jenski, LMT offers massages to relieve tension and arthritis aches. You can sign up for 20 or 40 minutes. Cost is \$10 per 20 minutes or \$20 for 40 minutes. If you have to cancel please do it as soon as possible so we can reschedule other people.

Stretching Class

Thursdays, 10:45 a.m.

Katie O'Brien, certified Health and Wellness Coach, teaches proper stretching techniques. This includes lying, sitting and standing stretches that will be done in a sequence that stretches all your muscles, large and small. Top 5 Reasons to Stretch: Increased Flexibility and Joint range of motion; Improved Circulation; Better Posture; Stress Relief; Enhanced Coordination. Bring your mat and a water bottle. Cost is \$3.00 a session. No registration is required.

Foot Clinic

Thursday, Nov. 4, 9:00 a.m. - 12:30 p.m.

Older adults' feet lose cushioning over time, and the nails and skin can grow brittle and dry. Come to our foot clinic to get those feet taken care of. George Daniels is a member of the American Foot Care Nurses Association. George will need each patient to bring a current list of their medications and a short medical history the first time you meet with him. Cost is \$40 (1/2 hour appointment) paid to him that day in cash or check. Be sure to sign up with the receptionist.



Blood Pressure!

2nd & 4th Wednesday every month, 10:30 - 11:30

This is the perfect opportunity to get your blood pressure checked! You may wait outside the conference room for your turn. Of course, there is no charge!

Please note: No blood pressure on Wednesday, November 24.

Chair Yoga

Monday and Wednesday at 9:00 a.m.

Chair yoga is a gentle form of yoga that can be done while sitting. Some poses can also be done standing using a chair for support. You can do chair yoga nearly anywhere you can find a place to sit.

Walking Group

Fridays, 10:00 a.m. *weather permitting

Let's walk! Bring a friend and enjoy the company of others while walking throughout the Milton community. Receive the benefits of walking: improve your circulation, lower cholesterol, and increase longevity. We'll meet on the patio to stretch and discuss where we will be walking that day.





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The Gathering Place, Milton, WI

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THIS 'N THAT

Pres Sez continued from page 2

Other Gathering Place funding comes from facility rentals (about \$30,000 last year); membership fees; \$9,000 from the city (down from \$10,000); fundraisers and charges for specific activities. The philanthropy that Allen bestowed on the community is legendary. Said Wenham, "She just took this town into her bosom. I don't know of anybody who was more community minded than she was." The Gathering Place is perhaps Allen's philanthropic crowning achievement. In 1991 she completely financed The Gathering Place building, including the purchase of the property. She was involved in all phases of the project, right down to the color of the walls and the curtains in the windows. Allen died in 2007. On the occasion of the building's grand opening on October 4, 1992, Allen famously stated, "This is not a house of stone; this is not a house of bricks and mortar. This is a home from the heart ~ a house built with love." Her passion made Milton's senior center a cut above most, but love alone can't pay the bills. Concurrent with the growing gap between revenue and expenses is a five percent increase in daily usage.

Wenham said that activity fees charged to seniors "are dirt cheap," and raise just enough to cover expenses. But he acknowledged that most users are seniors on fixed incomes. Said Schutt, "We don't like to have the cost of something prohibit someone from being able to participate." Despite that concern, Schutt and Gathering Place board members are considering charging higher fees for non-members and finding other sources of income. They also are worried about the building itself, which turns 18 this year. Repairs on a basement wall in 2009 exceeded \$10,000, and other fixtures and mechanicals, including six furnaces, are approaching life expectancy. Wenham said because of the misconceptions about the Allen Foundation funding, the private, non-profit senior center is not on the radar screen the way other organizations in the area are for gifts or bequeaths from wills. "She touched a (huge) number of people in the community." Wenham said, "The only way to pay her back is to keep her memory perpetuated in the Gathering Place." Wenham said that pay back to Marion Allen is the main reason he serves on the board of directors, and he urged Milton residents to think of the Gathering Place when it comes to charitable giving. "If you want the Gathering Place to be there when you retire," Wenham said, "it's got to be supported."

Quilt - Lucky Stars

Our next quilt to be displayed was provided by Candy Schroeder. As we were hunting down a new quilt to be displayed, Candy happened to mention she had a nice fall-related quilt. She said, "I just walk past it every day and forget that I even have it sometimes." This statement is actually quite true in many of our lives. We tend to walk past the same things every day and never bother to take a second look and when it comes to a simple change, we never even notice it. So this is just a friendly reminder, take that second look around in your surroundings and take a deep breath to be in the moment. There might be something there you may have never noticed before.

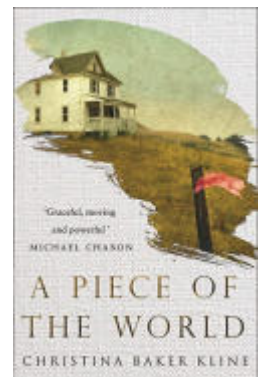


BOOK CLUB

Monthly Book Club

Thursday, Nov. 18, 1:00 p.m.

The TGP Book club will be discussing the book; **A Piece of the World by Christina Baker Kline**. From the #1 New York Times bestselling author of the smash bestseller *Orphan Train*, a stunning and atmospheric novel of friendship, passion, and art, inspired by Andrew Wyeth's mysterious and iconic painting *Christina's World*.



Told in evocative and lucid prose, *A Piece of the World* is a story about the burdens and blessings of family history, and how artist and muse can come together to forge a new and timeless legacy.

Calendar of Events

November
2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 9:00 Chair Yoga 9:00 Zumba Gold 10:00 Tai Chi 12:30 Mah Jong 1:00 Leather Tooling 1:00 Knitting/Crochet 1:00 Ladies Billiards	2 8:00 Dance Aerobics 9:00 Quilt Tying 9:15 Strong Women 1:00 Sheepshead 1:00 Bridge 1:00 Coloring Group 1:00 Euchre	3 9:00 Chair Yoga 9:00 Zumba Gold 10:30 Sing-Along 12:30 Mah Jong 12:30 Phase-10 Card Game 1:00 Ping Pong 1:00 Writing Group	4 9:00 Foot Clinic 9:15 Strong Women 10:00 Open Art Studio 10:30 Cribbage 10:45 Stretching Class 11:30 Alterations 1:00 Rag Ruggers 1:00 Euchre	5 8:00 Dance Aerobics 8:00 Pool Players 9:30 Line Dancing 10:00 Walking Group 11:30 Yoga 1:00 Chess 1:30 Diamond Painting
8 9:00 Chair Yoga 9:00 Zumba Gold 10:00 Tai Chi 12:30 Mah Jong 1:00 Leather Tooling 1:00 Knitting/Crochet 1:00 Ladies Billiards	9 8:00 Dance Aerobics 9:00 Quilt Tying 9:15 Strong Women 10:00 Pastries on the Patio 1:00 Sheepshead 1:00 Bridge 1:00 Coloring Group 1:00 Euchre 1:00 Quilt Club	10 9:00 Chair Yoga 9:00 Zumba Gold 9:30 Dulcimers Lessons 10:30 Sing-Along 12:30 Mah Jong 12:30 Phase-10 Card Game 1:00 Ping Pong 1:00 Writing Group 1:00 Tech Corner	11 9:00 Tech Corner 9:15 Strong Women 10:00 Open Art Studio 10:30 Cribbage 10:00 Chair Massage 10:45 Stretching Class 12:00 Veterans Day Lunch	12 8:00 Dance Aerobics 8:00 Pool Players 9:30 Line Dancing 10:00 Walking Group 11:30 Yoga 1:00 Chess
15 9:00 Chair Yoga 9:00 Zumba Gold 10:00 Tai Chi 12:30 Mah Jong 1:00 Leather Tooling 1:00 Knitting/Crochet 1:00 Ladies Billiards	16 8:00 Dance Aerobics 9:00 Quilt Tying 9:15 Strong Women 1:00 Sheepshead 1:00 Bridge 1:00 Coloring Group 1:00 Euchre	17 9:00 Chair Yoga 9:00 Zumba Gold 10:30 Sing-Along 10:30 Blood Pressure 12:30 Mah Jong 12:30 Phase-10 Card Game 1:00 Ping Pong 1:00 Writing Group 1:00 Paint Pouring	18 9:15 Strong Women 10:00 Open Art Studio 10:30 Cribbage 10:45 Stretching Class 11:30 Alterations 1:00 Rag Ruggers 1:00 Euchre 1:00 Movie: My Fair Lady 1:00 Stained Glass Class 1:00 Book Club 2:00 Fishing Club Meeting	19 8:00 Dance Aerobics 8:00 Pool Players 9:30 Line Dancing 10:00 Walking Group 11:30 Yoga 1:00 Chess 1:00 Stained Glass Class
22 9:00 Chair Yoga 9:00 Zumba Gold 10:00 Tai Chi 12:30 Mah Jong 1:00 Leather Tooling 1:00 Knitting/Crochet 1:00 Ladies Billiard	23 8:00 Dance Aerobics 9:00 Quilt Tying 10:00 Pastries on the Patio 9:15 Strong Women 1:00 Sheepshead 1:00 Bridge 1:00 Coloring Group 1:00 Euchre 1:00 Quilt Club 1:15 BINGO	24 9:00 Chair Yoga 9:00 Zumba Gold 9:30 Dulcimers Lessons 10:30 Sing-Along 12:30 Mah Jong 12:30 Phase-10 Card Game 1:00 Ping Pong	<div style="border: 2px solid #8B4513; padding: 10px; display: inline-block;"> <p style="font-size: 1.2em; margin: 0;">Happy Thanksgiving</p> <p style="font-size: 1.2em; margin: 0;">TGP is closed</p>  </div>	
29 9:00 Holiday Decorating 9:00 Chair Yoga 9:00 Zumba Gold 10:00 Tai Chi 11:30 Yoga 12:30 Mah Jong 1:00 Leather Tooling 1:00 Knitting/Crochet 1:00 Ladies Billiards	30 8:00 Dance Aerobics 9:00 Quilt Tying 9:15 Strong Women 1:00 Sheepshead 1:00 Bridge 1:00 Coloring Group 1:00 Euchre			

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November
2021

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1 Baked Cod Cheesy Spinach Red Potatoes Whole Wheat Bread Pineapple Cottage Cheese</p>	<p>2 Burgundy Tips Egg Noodles Peas Winter Squash Banana Jello</p>	<p>3 Tuna Casserole Carrots Winter Blend Veg. Strawberries Light Yogurt</p>	<p>4 Baked Chicken Breast Baked Beans Broccoli Salad Whole Wheat Bread Warm Mixed Fruit</p>	<p>5 Roast Beef w/ Gravy Au Gratin Potatoes Brussels Sprouts Whole wheat Bread Mandarin Oranges Apple Cake</p>
<p>8 Turkey and Gravy Green Beans Mashed Potatoes Whole Wheat Bread Mandarin Oranges Cake w/ Berry Frosting</p>	<p>9 Chopped Steak Stewed Tomatoes Scalloped Potatoes Whole Wheat Bread Cranberry Apple Crisp</p>	<p>10 BBQ Pork Riblet Baked Beans San Francisco Blend Veg. Whole Wheat Bun Pears</p>	<p>11 Baked Salmon Sweet Potatoes Broccoli WW Bread Fruited applesauce Frosted Cake</p>	<p>12 Swedish Meatballs Noodles Beets Cauliflower Peaches</p>
<p>15 Salisbury Steak Italian Blend Veg. Baked Bean Medley Whole Wheat Bread Fruited Applesauce</p>	<p>16 Chicken and Wild Rice Broccoli Florets Carrots Apple Slices Peanut Butter Sugar Cookie</p>	<p>17 Meatloaf Au Gratin Potatoes Romaine w/ Dressing Whole Wheat Bread Warm Fruit Salad</p>	<p>18 Baked Cod California Blend Veg. Red Potatoes Rye Bread Pineapple</p>	<p>19 Cheese Ravioli Peas and Carrots Cottage Cheese Warm Spiced Pears Pumpkin Bar</p>
<p>22 Ranch Chicken Whole Grain Bun Carrots Winter Blend Veg. Banana</p>	<p>23 <u>Thanksgiving Menu</u> Roast Turkey Mashed Potatoes Cornbread Stuffing Green Bean Casserole Dinner Roll Pumpkin Bar</p>	<p>24 Green Pepper Casserole Corn Green Beans Yogurt Strawberries</p>	<p>25</p> <div data-bbox="954 1396 1528 1551" style="border: 2px solid #8B4513; padding: 10px; text-align: center;"> <p>Happy Thanksgiving Meal site is closed.</p>  </div> <p>26</p>	
<p>29 Broccoli Quiche Asparagus Red Potatoes Cottage Cheese Orange Juice Cinnamon Raisin Bread</p>	<p>30 Chicken Breast Mashed Potatoes Cheesy Spinach Whole Wheat Bread Mandarin Oranges Fudgy Fiber Brownie</p>	<div data-bbox="826 1692 1369 1921" style="border: 2px solid #8B4513; padding: 10px; text-align: center;"> <p>Dining Centers are Closed Due to COVID-19. Please arrive for curbside pick-up meals at 11 a.m.</p> </div>		

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The Gathering Place, Milton, WI

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ETC.

Attention

Senior Stockbox

Senior Stockbox is a program through ECHO that provides food to seniors who need a little help. Pick-up day at St. Mary Catholic Church in Milton is the fourth Thursday of each month from 11:00 a.m. to 11:30 a.m. Senior Stockbox Program is run by Milwaukee's Hunger Task Force and funded by the federal government.



Recipients must sign up in advance. To sign up please call Vicki Kersten at 608-449-6530.

SERVICES

Many services and resources are offered to participants at The Gathering Place. Check the calendar on page 11 for days and times.

- * Blood Pressure Screening
- * Notary Public
- * Benefit Assistance
- * Ride to Dining Center
- * Exercise Equipment
- * Audio Books, Books and DVDs
- * Facility Rental
- * Nutritionist
- * Alterations

Help Wanted!

The Gathering Place is looking for a part-time custodian. If interested please call Dave at 608.868.3500.



Gather 'Round is published monthly from the offices of The Gathering Place, Milton's senior activity center.

Individual membership is \$30 yearly and includes monthly newsletter. Couples yearly membership is \$50 and includes monthly newsletter.

*Please indicate your preference below. Checks may be mailed to:
The Gathering Place, 715 Campus Street, Milton, WI 53563.*

Name _____

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1 year individual membership

1 year couples membership

MILTON PUBLIC LIBRARY

Milton Public Library Book of the Month



World War II brings together six remarkable young flight nurses, who face the challenges of war and its many heartbreaks and victories as unsung heroes, in this inspiring novel from #1 *New York Times* bestselling author Danielle Steel. (from Amazon.com).

Movie at The Gathering Place

Movie of the Month

My Fair Lady (1964)

Thursday, Nov. 18, 1:00 p.m.

Please note the earlier start time.

When a Cockney flower girl takes elocution lesson from an aloof professor, he decides to introduce her to high society, transforming both their lives.

Cast: Audrey Hepburn, Rex Harrison, Stanley Holloway

Rating / Genre: G / Musicals, Witty, & Classic Movies

Runtime: 2 hour and 53 minutes

The movie will be shown on our large screen. There is no charge, but a donation is appreciated for popcorn and beverages.



Thank you!



A huge **Thank you** to all our Pumpkin Fest Volunteers! It was a perfect day with a great turnout and none of this could be done without you! Thank you to everyone for the pumpkins! Also thanks to John and Joyce Kriedeman for the yummy treat bags!

The SPARK @ MPL: Mini Barn Quilt. Nov. 1 - 5.

Adults, drop by The SPARK during the week of November 1 - 5 to paint a miniature barn quilt. Materials and instructions will be provided, but you must reserve a spot as supplies are limited. Call 608-868-7462 to register. Open to ages 18 and up.

Friends of the Milton Public Library Book Sale. November 1 - 30.

Great selection and great prices! Sale will be open during regular library hours. All proceeds help fund library programs.

American Lives, Tuesday, November 9 at 6:30 p.m.

This non-traditional book group will be focusing on remarkable women who have influenced policy, practice, and the political landscape of the United States. Read any material about the assigned person and participate in the discussion. Contact the library for reading suggestions. November's topic is *The Writers*, featuring Willa Cather, Zora Neale Hurston, Harper Lee and Toni Morrison.

Mystery Book Club, Tuesday, November 16 at 6:30 p.m.

This book club meets the third Tuesday of each month for informal discussions. November's title is *Lost Tomorrows* by Matt Coyles. All who have read the book are welcome to attend.

Medicare Information Session, Tuesday, November 30 from 4 - 6 p.m.

Join Krystle Hanlon at the Milton Public Library for an informational session about the plans and benefits available in Rock County. A licensed sales representative will be present, however there is no obligation to enroll. Questions? Please call 608-516-7648.

THIS 'N THAT

Hot Dogs with Santa Is Almost Here!

We are still accepting prizes suited for kids between the ages of 1 year old and 10 years old. Boys and girls, small and large. Please drop off your donation at the reception desk.

We're in need of volunteers! Hot Dogs with Santa is on **Sunday, December 5, 2021**. Volunteers will be helping with food, games, clean-up, and Santa photos. Please sign up at the receptionist's desk if interested in this fun opportunity.



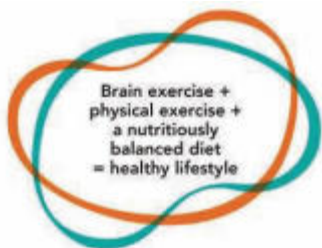
Membership Renewal

It is that time of year to think about renewing your membership to TGP. The dues remain the same, \$50.00 for a couple and \$30.00 for a single membership.

Along with the monthly newsletter, your dues ensure that TGP will continue giving you the quality programming you have come to enjoy.

Leaf Raking

Fall leaves taking over your yard and not able to rake it? The MECAS students are graciously volunteering to come to your home and rake your yard for you! Raking will be every Tuesday and Thursday through the end of November. All yards needing to be raked must be a Milton address. Please call MECAS during the school day at 608-868-9590 EXT 2 to reserve your spot.



Memorials

Given in Memory of Dave Evans

by

Donna Anderson

Carol Blomgren

Given in Memory of Marilou Haight

by

Donna Anderson

Given in Memory of Marian Longman

by

Jim and Mari Anne Warren

Given in Memory of Fran Parker

By

Karl and Judy Schultz

Given in Memory of Kathy Wendler

By

Rod and Nancy Hilton

Given in Memory of Rose Peabody

By

Wayne and Helen Lau

Carol Blomgren



Please know that every effort is made to include everyone who donated in memory of loved ones to The Gathering Place. If we have inadvertently omitted a name or printed a name in error, please contact Sara to correct it.

Thank you.



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Roasting Vegetables

Are you sick of the same old cooked vegetables at dinner? Do you sometimes overcook your vegetables to the point they are mushy? If you



crave vegetables that are crisp on the outside, soft in the inside with caramelized, brown edges, what about mixing things up and giving roasting a try!

Roasting vegetables simply means to cook them in an oven at a high temperature. When vegetables are exposed to higher temperatures, their natural sugars start to caramelize (brown), which can intensify and change their flavor. Any vegetable can be roasted; roasting a variety of vegetables together only enhances the flavorful outcome.

Roasted vegetables can be great as a stand-alone side dish or they can be added to other dishes for a more robust flavor. Try adding roasted peppers, mushrooms and onions to pizza; or add roasted broccoli, cauliflower, carrots and onions to your favorite pasta salad or homemade vegetable soup recipe. The ideas are endless!

Vegetable Roasting Tips

Cut all vegetables in uniform or bite size pieces so that they cook at the same rate.

Best oils to use for roasting are olive or canola.

Only just enough oil so vegetables look “glossy” not soaked.

Be creative with your seasonings.

Don’t layer vegetables. Instead, spread them out for more even cooking and caramelization.

The best temperature to roast vegetables is between 400° and 425° Fahrenheit.

Flip vegetables half way through to prevent burning.

Recipe for Garlic Roasted Cauliflower

- 1 large head cauliflower cut into even sized florets
- 3-4 cloves minced garlic
- 4 tablespoons olive oil
- Salt and pepper to taste

Combine florets, garlic, olive oil, salt & pepper in a large bowl and stir until cauliflower is fully coated. Transfer to a baking sheet. Bake uncovered at 400° Fahrenheit for 25-30 minutes, flipping halfway through cooking time.

New to Roasting? No Problem!

Beginner: Start by roasting just a single vegetable.

Intermediate: Pair together “vegetable friends” – ones that roast at roughly the same rate; try roasting them on the same baking sheet.

Advanced: Roast in stages. Add different vegetables to the baking sheet in stages – start by roasting the vegetables that take longer to cook, such as potatoes; then add the quicker-cooking vegetables, such as onions, later on. The goal is to have all the veggies finish roasting at the same time.

<https://www.thekitchn.com/how-to-roast-any-vegetable-101221>

Vegetable Roasting Times

Time listed in minutes

- Asparagus: 10-15
 - Green beans: 10-15
 - Bell peppers: 15-20
 - Mushrooms: 15-20
 - Sliced Red/Yellow Onion: 15
 - Zucchini/Yellow Squash: 15-20
 - Cherry/Grape Tomatoes: 15-20
 - Mushrooms: 15-20
 - Broccoli: 20-25
 - Carrots: 25-30
 - Butternut Squash: 25-30
 - Brussels Sprouts: 25-30
 - Cauliflower: 25-30
 - Eggplant: 30-35
 - Potatoes/Sweet Potatoes: 30-40
 - Rutabaga: 30-45
 - Beets: 35-40
 - Spaghetti Squash: 35-40
- <https://www.twopeasandtheirpod.com/roasted-vegetables/>

The Gathering Place
715 Campus Street
Milton, Wisconsin 53563
608-868-3500

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Administrative Assistant..... Sara Pickett
Program Coordinator Briana Sindahl
Events Coordinator Mary Jurgens-Jones
Maintenance.....John Bauer
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The Mission Statement:

The Gathering Place Supports Positive Living for All Ages.

Our Vision Statement is: To provide Milton area residents with a place to gather for programs, activities, and services to enhance their dignity, support their independence, and encourage their involvement with each other and the community.

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