

School of Medicine
& Health Sciences

THE GEORGE WASHINGTON UNIVERSITY



The GW Medical
Faculty Associates



THE GEORGE WASHINGTON
UNIVERSITY HOSPITAL

Date: April 28, 2020

The Daily Digest - GW Clinical Enterprise

A Message from GW President LeBlanc



The GW Covid-19 Intelligence Unit supports the GW Covid-19 Incident Management Team to scan the scientific, technical and lay literature to provide a concise weekly update for use by GW's front-line clinicians, administrative and operational leaders. These are the themes of this week:

THEMES OF THE WEEK:

- Professional organizations and States are developing strategies for easing social distancing requirements. Until highly effective new methods of treatment and prevention of COVID-19 are discovered, public health experts recommend a mass investment in testing, contact tracing, outbreak containment, and careful easing of social distancing based on local realities.
- Epidemiological and clinical experiences from China, Italy, New York and other early-hit communities are being published to help clinicians diagnose and manage patients.
- Our understanding of pulmonary and vascular pathology in this disease is growing. This includes considerable concern about coagulation abnormalities seen in COVID-19 patients.
- NIH and other health professional organizations are publishing guidelines and recommendations for practice based on these experiences and expert opinion.
- Early results of research on the use of various therapeutics are being published. Most are not peer reviewed and few are controlled, so we must interpret them with great caution.
- The results of serologic testing must be interpreted cautiously given the current limits on the sensitivity and specificity of the tests, and the absence of knowledge about the level of protective immunity that may be conferred.

For more details and the Weekly GW Covid-19 Intelligence Reports see these searchable GW resources:

GW Covid-19 Research Guide: <https://guides.himmelfarb.gwu.edu/covid-19>

GW Covid-19 Intelligence Reports: <https://guides.himmelfarb.gwu.edu/SituationReport>

2. [Light a Candle to Honor Those Affected by COVID-19](#)

| [GW MFA](#) | [GW Hospital](#) | [GW SMHS](#) | [Staying GWell](#) |

The GW Medical Faculty Associates

1. D.C. Mayor's Virtual COVID-19 Town Hall for Healthcare Workers

Thursday, April 30

5 - 5:30 p.m.

Please call 844-881-1314 to join the call. No Passcode is required.

Register here:

<https://www.eventbrite.com/e/health-care-worker-telethonhall-on-coronavirus-tickets-103736703272?aff=erelexpmlt>

2. GW MFA kicks off Patient Experience Week with a video from MFA COO Ben Riestra recognizing our patients during the COVID-19 pandemic

<https://www.youtube.com/watch?v=3oYQQzvsidA>



GW Hospital

1. D.C. Mayor's Virtual COVID-19 Town Hall for Healthcare Workers

Thursday, April 30

5 - 5:30 p.m.

The Bowser Administration will be providing an update on coronavirus (COVID-19) for Health Care Workers.

Please call 844-881-1314 to join the call. No Passcode is required.

Register here:

<https://www.eventbrite.com/e/health-care-worker-telethonhall-on-coronavirus-tickets-103736703272?aff=erelexpmlt>

The GW SMHS

1. TOMORROW! CLINICAL PUBLIC HEALTH LEARNING LAB: COVID-19: *Marginalized Populations and Health Disparities - Part 1*

TOMORROW - Wednesday, April 29 - 10 am to 1 pm

10 am-10:45 am - An Update on COVID-19 in the U.S. and its Impact on Key Vulnerable Populations, Hana Akselrod, MD, MPH, assistant professor of medicine, Division of Infectious Diseases, and Clinical Public Health Mentor, SMHS

10:45 am-11:30 am - COVID-19 among Incarcerated Criminal Justice-Involved Populations, Newton E. Kendig, MD, clinical professor of medicine, and Criminal Justice Health Initiative lead in clinical public health, SMHS

11:30 am-Noon Health Disparities in COVID-19, Cara Lichtenstein, MD, associate professor of pediatrics, SMHS, and Pediatric Residency Associate Program Director, Children's National Hospital

Noon-12:30 pm - COVID-19 among Immigrant Populations, Lanre O. Falusi, MD, assistant professor of pediatrics and Clinical Public Health PPS Mentor, GW SMHS, Associate Medical Director, Municipal and Regional Affairs, Child Health Advocacy Institute, Children's National Hospital

12:30 pm-1 pm - COVID-19 in Homeless Populations, Catherine Crosland, MD, director of homeless outreach development and medical director of emergency response sites, Unity Health Care

Join via

WebEx: <https://gwu.webex.com/gwu/onstage/g.php?MTID=eff078b27017c4f1bb6250408f1cf587e>

2. We have heard from members of our community that they want to support our mission during this time of need. The GW COVID Response Fund was established to support the work of our faculty, staff, and students during this crisis.

Staying GWell

<https://smhs.gwu.edu/wellness/resources/covid-19-wellness-resources>

1. Resources to Maintain Wellness - From the GWell Center for Healthcare Professionals Wellness Toolkit

Toolkit: How to Make WFH Work for You

Maintain boundaries

- Work volume may be picking up
- Separation between professional and personal lives is key to avoid burnout at a time of high demand
- Define hours and space within your home, as much as possible
- If you have a partner, trade kid duty

Use commute time intentionally

- Physical activity

Maintain social connection

Felstead A, Henseke G. Assessing the growth of remote working and its consequences for effort, well-being and work-life balance. *New Technology, Work & Employment*, October 2017

Please find guidance from the GWell Center for Healthcare Professionals Wellness Toolkit. You can find the full toolkit here:

https://smhs.gwu.edu/wellness/sites/wellness/files/Resources%20to%20Maintain%20Wellness_4_2_2020.pdf

This email is intended to serve as a digest of all messaging for our clinical faculty, students, and staff. We will send this email at the close of business each day, as we are managing daily operations during the COVID-19 pandemic.

This content will also be available at www.COVID19GWHealth.com - please refer to that site often, as we will be posting updates on a regular basis.

If you have feedback, please feel free to send to SMHSNews@gwu.edu

