

# DAILY NEXUS

THURSDAY, AUGUST 24, 2017

www.dailynexus.com

UNIVERSITY OF CALIFORNIA, SANTA BARBARA

## '90S THROWBACK ISSUE

### What You Need to Know About I.V. Government

Jose Ochoa  
County News Editor

Isla Vista's vibrant political history rooted in efforts for self-governance culminated in last year's establishment of the Isla Vista Community Services District (CSD), the first government with wide-ranging abilities to provide services to the area.

#### Creating an Isla Vista Government

I.V. is an "unincorporated area" of Santa Barbara County with a population of over 26,000, according to U.S. Census Bureau data from 2015. The I.V. community has witnessed several movements in favor of cityhood, but the state ultimately determined these efforts to be politically and financially infeasible.

In 2003, the Santa Barbara County Grand Jury determined that a CSD would be the best option to represent the unincorporated community.

Assembly Bill 3 (AB-3) was introduced to the state assembly in 2014 and would effectively create a new government in I.V. capable of addressing the needs of the "transient student population" and its "predominantly renter-oriented" community.

The bill also assigns the CSD powers to provide services related to infrastructure, utilities, garbage, police services, parks, recreation, cultural facilities, fire, security and roads. Governor Jerry Brown signed AB-3 into law on Oct. 7, 2015, paving the way for Measure E to be on the ballot in Nov. 2016.

Measure E was the ballot measure to formally create the Isla Vista CSD and

was coupled on the ballot with Measure F, a utility user tax meant to fund the district through an 8 percent tax on gas, water, electricity, sewage and garbage disposal for users in the area.

#### CSD Financial Strains

While most of the country focused on welcoming and protesting a new president on Nov. 9, 2016, I.V. residents also saw the birth of a new government by voting a resounding 87.52 percent "yes" on Measure E.

The measure created the Isla Vista CSD with voters electing Ethan Bertrand, Spencer Brandt, Jay Freeman, Father Jon-Stephen Hedges and Natalie Jordan as directors to lead the newly formed government.

CSD Director Jay Freeman described the district as an "experiment" in providing small-scale government that has the "visceral" ability for students to become involved because of its relationship with UC Santa Barbara.

Measure F, however, received 61.22 percent of the total vote in favor, failing to reach the two-third (66 percent) vote necessary to impose the tax. This effectively left the CSD fundless and with little ability to finance the services it wished to provide.

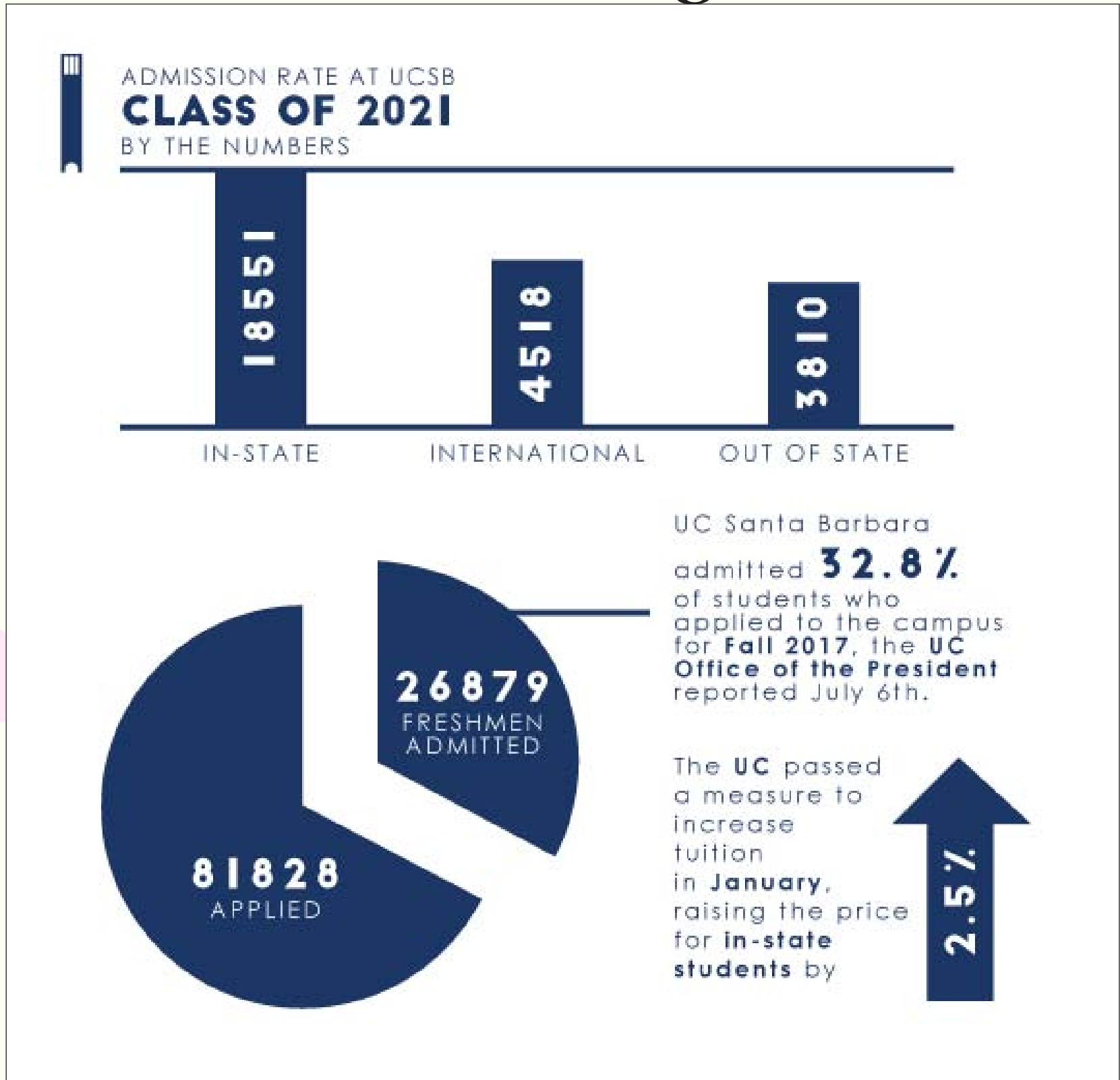
The failure to pass this tax is worrisome for the future of the district, as AB-3 stipulates that "the district would be dissolved" if a utility user tax is not passed by Jan. 1, 2023.

CSD Board Chair Ethan Bertrand, however, remains confident in its future.

In an interview with the *Nexus* Tuesday, Bertrand said there are plans to put the tax on the ballot once more

GOVERNMENT p.3

### Admissions Stats Released, Students Feel Crunch of Rising Enrollment



KEVIN SON / DAILY NEXUS

Jose Ochoa  
County News Editor

Admissions data published in July by the UC Office of the President shows that 32.8 percent of applicants were admitted to UC Santa Barbara for Fall Quarter, a slight drop from last year's rate of 35.9 percent.

UC Santa Barbara admitted a total of 26,879 freshmen from 81,828 applications in 2017, a record number of applications to the campus in the past three years. The UC system received a total of 209,918 applications, up about 1.7 percent from the previous year.

Approximately 35.3 percent of admitted students are first-generation college students, and 34.1 percent fall under the low-income categorization.

Race demographic data for the incoming freshman class is unavailable for another month, UCSB spokesperson Andrea Estrada said in an email Tuesday.

UCSB accepted 493 more out-of-state students than in the previous year and 297 more international students.

The Regents approved a cap on nonresident enrollment in May, limiting the amount of students to 18 percent of the student population across all UCs. Nonresident students currently make up 12.2 percent of the undergraduate population at UCSB.

The UC was met with criticism this year as students felt the crunch of rising enrollment and overcrowding.

A state audit also revealed in April that the Office of the President held \$175 million in

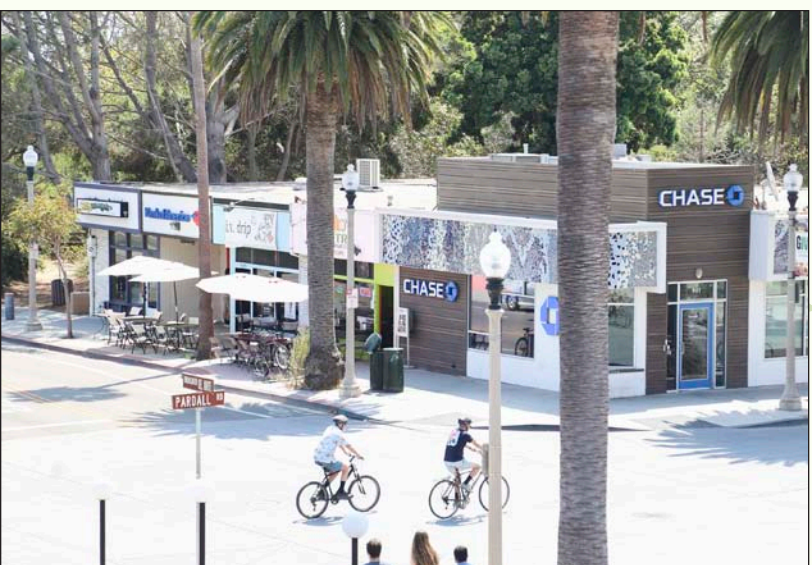
undisclosed funds and allegedly interfered with the auditing process.

The UC passed a measure to increase tuition in January, raising the price for in-state students by 2.5 percent. Undergraduate nonresident tuition also increased by \$1,668.

The measure was tabled from approval in November because of student protests at the Regents' meeting, but they ultimately passed the increase in January.

Renovations for new off-campus student dorms are scheduled for completion in the fall, as the UC plans to admit an additional 2,500 undergraduate students into the UC system this following year.

Current admission statistics are preliminary and may change as the UC finalizes its data.



JENNY LUO / DAILY NEXUS

The California Highway Patrol will begin enforcing the new traffic light law immediately after installation, which is expected to be completed by Sept. 15.

### County To Install Pardall Stoplight

Maura Fox  
University News Editor

The construction of a traffic signal at the intersection of Pardall Road and Embarcadero Del Norte in Isla Vista will begin this month and will be completed by Sept. 15, according to county officials.

The County Public Works Department estimates the project will take four to six weeks. The traffic signal at the intersection was first discussed in the mid-2000s as part of the Isla Vista Master Plan, a long-term infrastructure project for I.V.

County Public Works director Scott McGolpin said Southern California Edison electric company will remove the existing eight streetlights at the intersection within the next week and the new traffic signal poles will replace the streetlight infrastructure.

According to Lieutenant Steve Larson of the California Highway Patrol (CHP), the CHP will begin enforcing the new traffic light law immediately after installation.

"People need to realize that once a light goes on, it is enforceable," Larson said. "If the light is red, the light is red. The bicyclists, the skateboarders, they all have to stop at the stoplight."

According to the County Public Works Department, the project costs \$300,000. The Santa Barbara County Community Development Block Grant Program will fund half the cost and UC Santa Barbara will provide funding for the other half.

McGolpin described the installation as a "pretty easy job" because it will be completed on the sidewalks, allowing cars, bikers and pedestrians to still use the street during construction.

The traffic signal will not have sensors but will operate on a timer of approximately 20 seconds. Pedestrians will be able to see how many seconds they have to cross the street to adjust their speed.

McGolpin said 20 seconds is the approximate time it takes the slowest pedestrian to cross the street at the intersection.

McGolpin also said the county plans to coordinate with local artists to paint the signal cabinets, similar to those on El Colegio. He said he hopes this will minimize the chance of graffiti on the cabinets.

The project will be as noninvasive as possible, he said, because the department does not want to damage the construction completed on Pardall Road in 2009. The 2009 construction included the installation of the streetlights and palm trees, as well as pouring new concrete at the intersection.

STOPLIGHT p.6

# Letter from the Editor: From One '90s Kid to the Last



KENNETH SONG / DAILY NEXUS

Supriya Yelimeli  
Editor in Chief

The last generation of babies lucky enough to be born in the '90s will arrive on the UC Santa Barbara campus in less than a month. This realization, naturally, makes all of us existing '90s babies a little nostalgic.

There's nothing like adulthood zooming toward you without permission to make you want to hide in a blanket fort and seek comfort in the artifacts of a last-millennium childhood.

In this issue, we invite you to look back at pieces of history from the year you were born while preparing for a beautiful, scary, exciting and dizzyingly fast first year at our sun-topped university.

An overflowing history of activism, environment, academics, struggle, athletics and brilliance have grown at UCSB since its own first years. During your time here, we hope you have a chance to question everything, fall in love with your surroundings and revisit the kid in you as often as possible.

Welcome to UC Santa Barbara, '90s kids. You're among friends here.



NEXUS FILE PHOTO

Formally established in 1944 and boasting of over 1,000 acres on the California coast, UC Santa Barbara is ranked as one of the top three UCs. It offers over 200 majors, degrees and credentials and is also home to 12 national centers and institutes, including the Kavli Institute for Theoretical Physics.



## DAILY NEXUS

WWW.DAILYNEXUS.COM

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**"I didn't even have to do anything funky. I just looked up and it fit."**

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**WEATHER**

The Weatherman is a genderless, ageless and generally emotionless enigma, but even ze feels a hint of disappointment whenever Katy Perry manages to claw her irrelevant self back into pop culture.

Tomorrow's Forecast: Britney instead? Please?

## SUDOKU

THE SAMURAI OF PUZZLES By The Mepham Group

Level: 1 2 3 4

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SOLUTION TO SATURDAY'S PUZZLE 4/16/12

4	3	6	5	7	2	1	8	9
7	2	9	8	3	1	4	5	6
5	1	8	9	4	6	3	7	2
3	8	7	2	1	9	5	6	4
2	5	1	6	8	4	9	3	7
9	6	4	7	5	3	8	2	1
6	7	5	4	9	8	2	1	3
1	9	2	3	6	5	7	4	8
8	4	3	1	2	7	6	9	5

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit [www.sudoku.org.uk](http://www.sudoku.org.uk)

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### ACROSS

- 1 Picket line crosser
- 5 Arrange, as a vacation
- 9 Washington neighbor
- 14 "Splendor in the Grass" director Kazan
- 15 Gutter site
- 16 La Scala's city
- 17 Top banana
- 19 Mayan corn crop
- 20 Observation after too many wrong turns
- 21 "Dirty Harry" composer Schifrin
- 23 "Don't \_\_\_ stranger"
- 24 Like a dog's hind leg
- 25 A low-flow showerhead will help lower it
- 27 Enzyme ending
- 29 Online auction site
- 30 50 cents, in slang
- 35 After "get," gain an advantage
- 39 Attending a Lakers game, say
- 40 Ski resort named for a tree
- 42 Longest river entirely in Switzerland
- 43 Inning half
- 45 Baker's container
- 47 Dedicated works
- 49 Taylor of fashion
- 50 Hit generating four 71-Across
- 54 Horizontal punctuation
- 58 Hold up, as a bank
- 59 Yogi, for one
- 60 Wheel cover
- 62 HI hello
- 64 "The Iron Horse," baseball's all-time 50-Across recordholder
- 66 Jeopardy
- 67 Hops kiln
- 68 Took \_\_\_ loan
- 69 It has reservations
- 70 G.I. fare
- 71 One of them is hidden in 17-, 25-, 30- and 45-Across

### DOWN

- 1 Event before finals
- 2 Ascend
- 3 Path between rows
- 4 Conductor's wand
- 5 Cheeky
- 6 Research site
- 7 St. Teresa's city
- 8 Cancel out
- 9 Wicked
- 10 Luner o martes
- 11 Per's story
- 12 Eye color
- 13 "Shaq Diesel" rapper
- 18 Founded: Abbr.
- 22 Beirut's country
- 25 Licks, as a stamp
- 26 One way to play
- 28 Cat breed
- 30 White lie
- 31 Dedicattee of Lennon's "Woman"
- 32 Final: Abbr.
- 33 Inform against
- 34 Sunblock letters
- 36 Gift of the garrulous?
- 37 Ocean State sch.
- 38 Pilot product

- 41 Jason with a record 63-yard field goal to his credit
- 44 Weirdo
- 46 Like inappropriate influence
- 48 Picabo Street race
- 50 It's plotted in math class
- 51 Loggers' game
- 52 Scrub the launch
- 53 Like a cheering crowd
- 55 Can't stand
- 56 Use elbow grease on
- 57 Part of Hispaniola
- 60 5'2", 6'3", etc.: Abbr.
- 61 Some major golf tournaments, informally
- 63 Move it
- 65 Employ

### ANSWER TO PREVIOUS PUZZLE:

E	G	R	E	T	S	L	A	P	D	A	W	E
M	O	O	S	H	U	O	G	R	E	M	I	X
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xwordeditor@aol.com 03/06/12

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By Don Gagliardo and C.C. Burnikel (c)2012 Tribune Media Services, Inc. 03/06/12

## CLASSIFIEDS

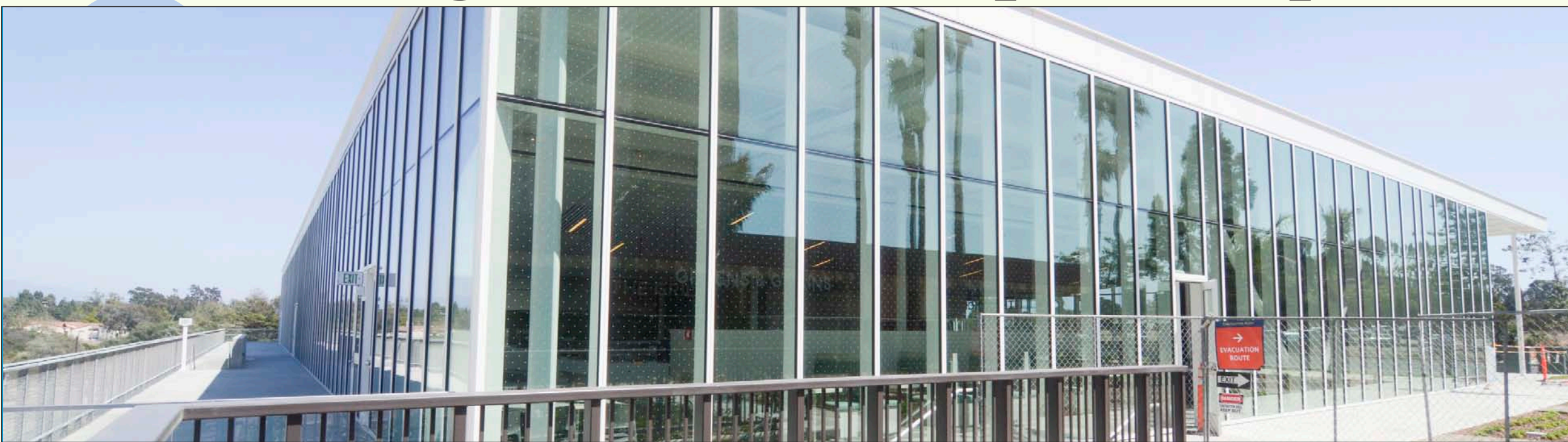
### Restaurants

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We are looking for the right genuine server, wine knowledge a plus, for our dynamite team. We are energetic breakfast, busy lunches great happy hour and in

house desserts. Stop by Andersens 1106 State st. Santa Barbara or e-mail your resume [andersenssantabarbara@gmail.com](mailto:andersenssantabarbara@gmail.com) [www.andersenssantabarbara.com](http://www.andersenssantabarbara.com)

# Portola Dining Commons To Open in September



WILLIAM TRACY / DAILY NEXUS

The old Portola Dining Commons contained approximately 450 seats, while the new building has 600 indoor seats and 200 seats on the outdoor patio. Though UC Santa Barbara has four dining commons across campus, this building construction is expected to make Portola the university's largest dining commons, with specialized cooking equipment including a tandoori oven, rotisserie oven and tortilla machine in the bakery.

**Tamari Dzotsenidze**  
Assistant News Editor

After a two-year-long construction project, the new Portola Dining Commons will be open and ready for students by Move-In Weekend at the end of September.

The dining commons' construction is a part of the larger San Joaquin Apartments construction that will also be completed for Fall Quarter. UC Santa Barbara has four dining commons across campus, and the building construction will make Portola the university's largest dining common.

The Portola Dining Commons are located near the Santa Catalina freshmen dorms on El Colegio Road.

The original design of the dining commons began in 2013, according to Kieran Timberlake, the architecture firm that designed Portola. Construction began in 2015 after the firm completed the building design in 2014.

"We are really excited to see this project come to life," Jill Horst, director of dining services, said in an email. "I can't wait for our guests to walk [through] the doors and experience this amazing venue while exploring a culinary feast-food innovation at its best with flavors forward."

According to Horst, the old dining commons contained approximately 450 seats, while the new building has 600 indoor seats and 200 seats on the outdoor patio. The university is in the process of hiring more student and full-time employees to accommodate the increase in the dining commons' capacity.

The Portola Dining Commons will be supplied with specialized cooking equipment, including a tandoori oven, rotisserie oven and tortilla machine in the bakery.

Students will also be able to see their food prepared through the six open kitchens, said Carin Whitney, spokesperson from Kieran Timberlake, adding that the cooking and serving areas of the dining commons are "integral" to its overall design.

"The culinary experience is architectural," Whitney said in an email.

Whitney said the university and architecture team considered the dining commons' environmental effects in its design and operation, including energy-efficient cooking equipment, sustainable food service practices and a solar hot water system for washing dishes.

"The team expects high performance benchmarks once [the] building opens for service," Whitney said in an email.

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**Tuesday Trivia Night**

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**Student Gift Cards Available**

*with Free Delivery!*



## GOVERNMENT

Continued from p.1



JOSE OCHOA / DAILY NEXUS

The Isla Vista Community Services District (CSD) was established by Measure E last fall, with favorable votes from 87.52 percent of I.V. residents.

in June or November of next year. He also said the district has received approximately \$6,500 in funding from private donations, grants and contributions from Third District Supervisor Joan Hartmann's office.

### Establishing Government

The CSD held its first meeting in March and has been meeting every two weeks since then.

Freeman said the district tries to make its meetings "as interactive as possible" because it works with all aspects of the community, including students, families and businesses.

"It's kind of the beauty of a small government that we have the ability to kind of work directly with [the public]," he said.

I.V. now has two entities directly governing it: the Recreation & Park District (IVRPD), a small body established in 1972 to regulate parks and other outdoor spaces, and the CSD, a body with broader governing powers.

Bertrand said the administrative framework took a long time to build but said he feels the CSD is now "getting [its] wings" as it begins to provide services.

### Goals of the CSD

According to Bertrand, public safety is "the top priority," as the CSD is working with UCSB to acquire this year's \$200,000 in annual funding for the next seven years. The university pledged this funding during the district's creation for "mutually agreed-upon projects, programs and services."

Bertrand said he is interested in "community-oriented policing

services" rather than placing sworn officers on the streets. He said he believes this will solidify the relationship between residents and law enforcement and will contribute to a decline in the amount of sexual assault in I.V., which has increased in recent years.

In addition to that sum, the district is applying for a \$20,000 grant with the James S. Bower Foundation, a local philanthropy, and acquired \$3,000 from the Fund for Santa Barbara for "community programming."

According to Freeman, the district plans to use the funds to schedule community meetings at the Community Conference Room in I.V., currently used for CSD meetings, and loan it to organizations interested in gathering there.

Freeman said the room can only be used for noncommercial purposes but said the district will not focus on the content of the meetings that happen there. Managing the room's scheduling would be the first service the CSD provides since its creation.

The CSD created an internship program in conjunction with UCSB's political science department in Spring Quarter, employing five interns to-date, but has not yet provided large-scale services to I.V. residents.

The district's ability to provide services has been bogged down significantly by its lack of funding, as well as its lack of structure, as it has spent several months drafting policies and developing procedures to follow.

For the full story, go to [dailynexus.com](http://dailynexus.com)



Summer, 2017

Dear Gauchos:

Welcome! We look forward to having you join our UC Santa Barbara community and to what we hope will be an excellent year! At this time of transition, it is important to share our campus values with you. We hope that you will adopt these values, and that your membership in our community will continue to contribute to a productive, healthy, and safe campus.

UCSB values respectful interpersonal interactions. This is more than a value; it is an expectation. There is no tolerance for sexual violence or assault of any kind, including sexual activity without fully informed and conscious consent, dating or domestic violence, or stalking. These actions, whether committed on or off campus, are violations of UC policy (<http://policy.ucop.edu/doc/4000385/SHSV>), campus regulations, and the law. We are committed to providing education to help prevent sexual violence, as well as resources to support survivors and encourage reporting. Ending sexual violence is a goal we must all work towards by confronting actions and attitudes that perpetuate such behavior.

UCSB also values healthy and respectful dialogue. We value civility, dignity, and differences of opinion that ultimately help all of us to learn and grow. We value listening, courtesy, and open-mindedness. We value freedom of expression, and will respect academic and personal freedoms. You may find, however, that there are times when your free expression (either verbal or online) offends or causes discomfort in others or when you become offended or uncomfortable after listening to the speech of another. It is in these times that we hope you will reflect on our campus values, take a moment to listen, and express your views thoughtfully and empathetically. It may help you to review our Principles of Community, which can be found online at: <http://diversity.evc.ucsb.edu/principles.of.community/>. This is our campus culture. Gauchos express their views in ways that maintain the dignity of every community member.

Promoting free expression on our campus aligns with our support for academic freedom; it nurtures innovative thinking and the creation of new knowledge. However, free speech is not unconditional. Speech in which a direct threat is made, or which harasses a particular individual, is not protected speech and is a violation of our campus policies. ("Harassment" is defined in the Student Conduct Code, section 102.09, available online at: <http://judicialaffairs.sa.ucsb.edu>.) Such harassing speech could jeopardize your status as a student. UCSB also has time, place, and manner regulations which ensure that free expression does not disrupt classes or the orderly operation of the campus.

Like our greater society, UCSB is not immune to acts of intolerance, sexual violence, or other misconduct. Please report such behavior and seek assistance from the following resources if you are the victim of or become aware of such an incident:

- **CARE Advocate Office for Sexual and Gender-Based Violence or Misconduct**, (confidential resources and information on reporting options for sexual violence, sexual assault, abusive relationships, and stalking), Student Resource Building, 805-893-4613 (24-hour advocacy line) or <http://wgse.sa.ucsb.edu/CARE> or <http://sexualviolence.ucsb.edu>
- **Title IX/Sexual Harassment Policy Compliance Office** to officially report incidents of sexual violence, sexual harassment, dating or domestic violence, or stalking to the University, 805-893-2701 or <https://oeosh.ucsb.edu>
- **Counseling and Psychological Services (CAPS) and 24/7 Counseling**, 805-893-4411 or <http://counseling.sa.ucsb.edu>
- **UC System-wide Intolerance Hate/Bias Report Form**, to report a hate or bias incident: [https://ucsystems.ethicspointvp.com/custom/ucs\\_ccc/default.asp](https://ucsystems.ethicspointvp.com/custom/ucs_ccc/default.asp)
- **UCSB Police Department**, 805-893-3446 or [www.police.ucsb.edu](http://www.police.ucsb.edu) (911 in an emergency) and **Isla Vista Foot Patrol**, 805-681-4179 (911 in an emergency)
- **Lesbian, Gay, Bisexual, and Transgender Resources and the Resource Center for Sexual and Gender Diversity**, 805-893-5847 or <http://wgse.sa.ucsb.edu/RCSGD/home>

Additional resources for addressing campus climate issues are available from the Office of Student Life, Educational Opportunity Program, MultiCultural Center, Dream Scholars Resource Team, and the Veteran's Resource Center (contact information available at [www.sa.ucsb.edu](http://www.sa.ucsb.edu)). Each department listed offers student involvement opportunities. We hope you will lead the way in making sure our campus is a safe and welcoming place for all.

Sincerely,

Handwritten signature of Margaret Klawunn in cursive.

Margaret Klawunn  
Vice Chancellor for Student Affairs

Handwritten signature of Katya Armistead in cursive.

Katya Armistead  
Dean of Student Life

# TAKE A HIKE



## KNAPP'S CASTLE



**Santa Barbara, CA**  
**Trailhead address:** East Camino Cielo (Forest Route 5N12), Los Padres National Forest, Santa Barbara, CA 93105  
**Elevation:** 2,900 feet  
**Distance:** 0.5 miles  
 Knapp's Castle is a privately owned landmark surrounded by the Los Padres National Forest. The ruins of the estate that burned down seventy years ago overlooks the Santa Ynez River Canyon, Lake Cachuma, and San Rafael Mountains. Great spot for a picnic, view of the mountains, and perfect for sunset.

## GRASS MOUNTAIN TRAIL

**Santa Barbara, CA**  
**Trailhead address:** 5100 Figueroa Mountain Rd, Santa Ynez  
**Elevation:** 2,381 feet  
**Distance:** 4.6 Miles  
 Located near Santa Ynez, California, this trail features wildflower blooms and an elevation gain of 2,447 feet.



**Santa Barbara, CA**  
**Trailhead address:** West Camino Cielo (Forest Route 5N12), Los Padres National Forest, Santa Barbara, CA 93105  
**Elevation:** 2,980  
**Distance:** 0.25 miles  
 Short but beautiful hike off of West Camino Cielo Road. Classic spot to go bouldering and watch the sunset, or just wander the tons of criss crossing trails.



## LIZARD'S MOUTH

# WELCOME TO



UCSB'S NEW ONLINE JOB BOARD

FIND...

**On-Campus Jobs**  
**Internships**  
**Part-Time Work**  
**Full-Time Positions**

DISCOVER...

**CAREER & INTERNSHIP FAIRS**  
**and other recruitment events**

REGISTER FOR...

**On-Campus Interviews**

UCSB Career Services  
Building 599  
Santa Barbara, CA 93106-7140  
(805) 893-4412  
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## STOPLIGHT

Continued from p.1

"We want to minimize the damage because we did the improvements along Pardall and it would be costly to remove all that," McGolpin said.

McGolpin said the county has discussed the project with the Isla Vista Community Network, local businesses, the Associated Students (A.S.) Senate and local residents. He said it also plans to work with law enforcement to ensure a smooth transition to the new traffic signal.

The plan received criticism from students in February, when former A.S. Senator Alex Giolito created a petition in opposition to the traffic light installation. The petition called for the termination of the project and urged alternative methods of controlling the busy intersection.

County officials addressed the alternatives, such as additional bike lanes in I.V. or channeling bike traffic more evenly to and from campus from I.V., but they ultimately deemed these solutions "too multilayered" to be practical.

mately deemed these solutions "too multilayered" to be practical.

The county originally intended to install another traffic signal at the intersection between Pardall Road and Embarcadero Del Mar but decided a signal at one intersection would create a sufficient break in the bike traffic.

The county also considered installing a roundabout or a four-way stop at the intersection but determined it would not be able to safely sustain the amount of people on bikes at the intersection.

"It's a cultural change, and we're in the heart of the community," McGolpin said. "We think this one signal should be enough, and we wanted to have a softer touch on the community since we're doing a signal for the first time in I.V."

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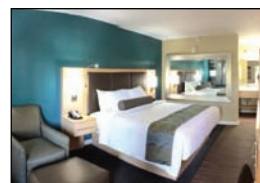


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The Los Angeles Lakers are being investigated for tampering after the Indiana Pacers accused them of talking to Paul George while still under contract. Lavar Ball needs to send the NBA some free sneakers.

# S P O R T S

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Please make sure to follow us on twitter @DailyNexSports to stay up to date with everything related to UCSB sports.

## Nexus Top 5: Best Sports Moments in UCSB History

Sean White  
Sports Co-Editor

UCSB is not a sports powerhouse like UCLA, USC, etc., but that doesn't mean it lacks amazing moments in any program's history. Whether it be soccer, basketball or water polo, every single UCSB sports program has managed to accomplish a lot of accolades. These are the top five moments in UCSB history:

### 5. Men's Volleyball Makes Cinderella Run in 2011

It will forever remain true that regular-season play does not compare to the postseason. The intensity, competition, emotion, hustle and every aspect of a sport are heightened immensely. Expect the unexpected.

The year was 2011. Entering the MPSF tournament 14-14 overall, no one gave the UCSB men's volleyball team a chance to make a deep run in the conference postseason. The idea of making it to the Final Four? Blasphemous.

As the No. 7 seed, the Gauchos proved the doubters wrong by first defeating No. 2 seed BYU while away on the road. It was the fourth meeting between the two teams in which UCSB defeated the Cougars 3-1, ending BYU's seven-match winning streak.

Leading UCSB in the back-and-forth exchanging of sets until winning the final two was senior outside hitter Jeff Menzel with a season-high 27 kills and match-high eight digs.

The victory led to Santa Barbara moving ahead to its match against sixth-seeded Long Beach State, a team the Gauchos outperformed 3-1. UCSB then advanced to the MPSF Championship to face the nation's and tournament's No. 1 seed, USC.

After being swept twice in the regular season by USC, the assumption that the Gauchos would be pummeled by the Trojans seemed most sensible.

But UCSB went on to shock the nation with a 3-2 upset over USC to claim the MPSF tournament title and an automatic bid to the NCAA Tournament.

Six days later, UCSB was back on the court for part four of a Gauchos-Trojans matchup in the NCAA Semifinals. This time UCSB managed to trim its time against Southern California by a set, winning 3-1 and clinching a spot in the NCAA Championship match.

UCSB faced No. 3 seed and MIVA Conference champion Ohio State in its quest to become national champions. It was a hard-fought match on both ends by both teams, but the Buckeyes managed to prevail in the fifth set 15-9 to capture their first ever national championship with a 3-2 win. Menzel remained consistent for UCSB, tallying his first double-double of the season with 12 kills and 10 digs. For the third consecutive year, the outside hitter eclipsed the 500-kill mark with 506 as a senior to end his UCSB career with 2,704 kills — third most in school history.

The end result didn't work in Santa Barbara's favor, but the Gauchos' trip to the championship match was their first NCAA finals appearance since 1988 and fifth in UCSB history.

### 4. Women's Basketball 2004 NCAA Tournament Run

Much acclaim is to be given to the UCSB women's basketball program. The 2003-04 season remains one of the most significant times to date, serving as the Gauchos' first and only Sweet 16 appearance.

It was bound to be a phenomenal year, as the Gauchos entered the season with a 23-game home winning streak — a feat that tailed the reigning national champion UConn Huskies' home-court streak.

Little did anyone know, the commonality of streaks foreshadowed the future

Sweet 16 matchup, in which the underdog UCSB would go head-to-head with the ultimate alpha dog of women's college basketball: UConn.

Still, the journey to face the best included a first-round contest versus the University of Colorado Boulder and a second-round slugfest against the University of Houston.

UCSB's near-Cinderella story began as the regular season prepared to end, as it strung together a six-game winning streak heading into the NCAA Tournament. The Gauchos wrapped up the season by winning their ninth straight Big West regular season title, ninth straight Big West tournament final and eighth consecutive NCAA Tournament berth. Santa Barbara ended up as the No. 11 seed in the east region.

Santa Barbara earning its eighth piece of Big West hardware included the extension of its Big West tournament winning streak to 23 games. The streak would go on to 26 conference tournament games before ending in 2006.

The ability to win at home was pivotal to UCSB's success, as its first two games were played in Santa Barbara. It was the second time in program history that UCSB hosted the two rounds.

In its first-ever Sweet 16 trip, the Gauchos nearly achieved the unthinkable but fell short 63-55 against the No. 2 seeded Huskies. Shots wouldn't fall as UCSB got off to a slow first-half start, shooting 7-of-31 and opening a lane for UConn to establish its rhythm with a 40.7 field goal percentage.

Santa Barbara shot 42.9 percent in the second half but could not overcome the Huskies' lead. Most notably, it was UConn's ability to draw fouls and get to the free-throw line that was advantageous in the game's final 20 minutes. It shot 13-of-18 from the free-throw line in comparison to UCSB's 4-of-5 shooting at the line.

In spite of the loss, UCSB's postseason run is one that still stands today and, in 2003-04, made it just the seventh program in NCAA history to advance to a regional as an 11th seed or lower.

### 3. Men's Basketball Upsets UNLV in Thunderdome Clash

The late 1980s and early '90s heralded the peak of the then Big West rivalry between the UCSB and UNLV men's basketball programs. More specifically, the date Feb. 26, 1990, will forever be praised in UCSB sports history as a 78-70 upset over the Runnin' Rebels.

It was a special night in the Thunderdome. Fervor filled the arena as the Gauchos' final home game of the season included the celebration of their seniors, supported by 6,000 plus fans roaring so loud that the noise level eventually reached 110 decibels.

The night seemed destined for a Gauchos' upset as they shot 51 percent from the field while holding UNLV to a 40-percent shooting performance. Despite a sub-par shooting night, the Runnin' Rebels trimmed UCSB's lead to as low as four, but they could not overcome Santa Barbara's momentum while playing on home court. Leaving an emphatic mark in their last game as the T-Dome were current "Legend of the Dome" members, guard Carrick DeHart and forward Eric McArthur. Entering the matchup as UCSB's all-time scoring leader with a season average of 16 points per game while shooting 48 percent from the three-point arc, DeHart validated big players stepping up in big games.

In the last three games leading up to the duel against UNLV, DeHart had been shooting a red-hot 61 percent and had made 11 of his last 18 three-point attempts to average 24.6 PPG. The star player showed up to show out, finishing with a game-high 24 points.

Backing his scoring was McArthur, the team's lone double-double player at 15.6

PPG and 13 rebounds per game. Known as "The Freeze," McArthur froze the paint with his consistency as he dominated UNLV's interior with 15 points and 20 rebounds.

### 2. Men's Soccer Wins National Championship Over UCLA

Two NCAA Division I titles belong in UCSB history. The first national championship was won in 1979 by the UCSB men's water polo team. The men's soccer team won its most recent (and its second ever) title in 2006.

A 2-1 victory over UCLA brought the first championship to "soccer heaven," following Santa Barbara's 3-2 loss to Indiana in its first ever College Cup appearance in 2004. The Gauchos' upset of a win was their first against the Bruins since Oct. 30, 1982.

UCSB went into the championship matchup having defeated UCLA just once in 32 meetings.

Santa Barbara's momentum entering the final was unmatched, as the team went 6-0 during the NCAA tournament and was 11-1-0 after beginning the season 7-6-0.

UCSB struck first blood with a goal by then sophomore forward Nick Perera at the 2:12 mark of the first half. The score was the first the Bruin defense had allowed in over 160 minutes of play.

Adding to the Gauchos' final score that would eventually secure their triumph was former star midfielder and Third-Team All-American Eric Avila, who increased their lead to 2-0 during the second half.

A goal at the 78:56 mark netted the Bruins their first point of the match, reducing their deficit to 2-1. However, it was too late for any comeback heroics, as time expired and UCSB captured its first title in program history.

Nearly 11 years since being crowned national champions, the current state of UCSB men's soccer remains in exceptional shape.

Recently, UCSB's most notable feat was the Gauchos making their first Sweet 16 appearance since 2011 in which they faced No. 2 Clemson and endured a 3-2 loss.

### 1. Sam Cohen Sends Gauchos to College World Series

After a successful 2016 campaign, the UCSB baseball team was able to make the postseason and would begin their run at the Vanderbilt Regional. To everyone's surprise, Santa Barbara dominated the regional sweeping through every opponent and made their first ever Super Regional in program history.

Normally, that alone would have made everyone happy. But UCSB wasn't happy with just making a Super Regional against the second-ranked team in the nation, Louisville; it wanted to beat them. Santa Barbara took game one, setting the stage for the top moment on this list.

Louisville seemed as though it was going to tie up the series up 3-0 heading into the final inning. With one of the best closers on the mound for the Cardinal, hope seemed dim for the visiting Gauchos. In spite of that, Santa Barbara managed to get the bases loaded with one out.

Instead of relying on a veteran, UCSB made a push for freshman catcher Sam Cohen, a player with only 26 previous at-bats. Facing a one-two count, Cohen guessed fastball, and he guessed right, knocking the ball right out of the park for a Grand Slam Home-Run and giving the Gauchos a 4-3 victory and their first ever College World Series. For the next few days, the UCSB baseball team and in particular Cohen dominated headlines, with the freshman getting interviewed by multiple sports outlets. No moment has even brought UCSB to such a national stage, and that alone should make this play worthy of the top spot. But it's also everything else. The whole moment was perfect.



Photo Courtesy of Timothy D. Easley, The Associated Press

## UCSB vs. Cal Poly: A Rivalry Made in Soccer Heaven

Sean White  
Sports Co-Editor

With the bleachers filled to the brim, the traditional chant of "Oleeeeeeeeeee, ole, ole, oleeeee, Gauchoooooo, Gauchoooooo" encompasses the depths of Harder Stadium. Cheers for goals scored and jeers for penalties missed echo across the field, the voices of thousands of students, family members, alumni and fans all coming together.

Welcome, Class of 2021! On behalf of the Daily Nexus Sports staff, I invite you to "Soccer Heaven." More specifically, you're being informed on one of the greatest rivalries in NCAA men's soccer history. Your decision to become a Gaucho proves that you've chose a side — the right side, at that — when it comes to the Blue-Green Rivalry.

Much is to be learned, but don't worry, I Gaucho back! See what I did there? Anyway, prepared to be amazed by the history of UCSB's dominance of the longstanding rivalry. Again, welcome. And remember: Once a Gaucho, always a Gaucho!

This reality reflects the historical rivalry between UCSB and Cal Poly in the sport of men's soccer. Better known as the Blue-Green Rivalry, it's a stand-off that has emerged as the nation's most prolific duel to date.

Ranked as the No. 1 rivalry on CollegeSoccerNews.com's list of "The Fourteen Greatest Rivalries in College Soccer," the meeting between the Gauchos and Mustangs has continued to meet the expectations and anticipation of audiences nationwide.

With both programs being members of the Big West North Division, the storied matchup is an annual battle

that takes place twice a year, giving fans the opportunity to brag and express pride in supporting the Gauchos or Mustangs.

A match full of intensity and high emotion, goals are a rarity that take much effort, as 18 of the last 21 matches between UCSB and Cal Poly have been decided by one goal or have resulted in a draw.

Thus far, it has been UCSB with the advantage over Cal Poly. The Gauchos' all-time record when facing their Central Coast rival is 47-18-9 after a recent 2-1 defeat of the Mustangs last Saturday while on the road in San Luis Obispo.

In his 18th season with UCSB, Head Coach Tim Vom Steeg owns a 24-7-7 record when facing the Mustangs. It has been nearly two decades since his takeover of the Gauchos' sideline, yet no introduction to the Blue-Green rivalry was needed for Vom Steeg in his transition to the helm, as he was a student and soccer player at UCSB from 1985-1988.

While the rivalry is one that expands across generations of athletes, students and fans, the classic match has consistently increased in popularity on a national scale.

Since the start of the 2007 season, the total amount of people who have witnessed the Gaucho-Mustang battle exceeds the 200,000 mark.

The contest has even surpassed the attendance numbers of postseason competition that has occurred in both NCAA Tournament and College Cup games, resulting in eight of the highest attended collegiate games in the U.S. in the last four years.

Although on the road, last Saturday's attendance of

11,075 signaled the seventh sellout for a Cal Poly men's soccer game in program history. It is a game that has sold out Alex G. Spanos Stadium for the past six seasons.

Increasing in size with the addition of 1,097 attendees, the attendance of the last five meetings between UCSB and Cal Poly — dating back to 2011-15 — has not fell below the total of 11,424.

Well deserving of its moniker as the "Soccer Heaven" of collegiate soccer, Harder Stadium has been a hub to the multitude of attendance records set over the years.

Over the course of nine straight years, UCSB has led Division I men's soccer in average attendance. For the last two seasons, it has recorded the top average of 3,844 fans per match. The Gauchos' 5,873 attendees per match in 2010 remains the highest average since the NCAA began accounting for the statistical category in 1998.

Last season's two meetings concluded with single-game attendance highs for both programs, as they were the only two schools to reach tens of thousands.

The total of 14,919 fans that attended the second matchup between the Gauchos and Mustangs at Harder Stadium ranked above all games on the list. Following was the first game of the 2015-16 Blue-Green series in which 11,075 people were in attendance.

Since the reinstatement of men's soccer into the Big West Conference in 2001, the Blue-Green bout has gradually grown each year as the purpose of the rivalry has extended beyond the field, becoming a ritual amongst both universities.

The Blue-Green game is the only exception in which students are allowed to storm the field at Harder Stadium.



ERIC SWENSON / DAILY NEXUS

Seven of the top 10 NCAA regular-season attendance records belong to the Blue-Green rivalry. The Gauchos lead the all-time series 47-18-9.



# Attention Newbies: Can't Miss Sporting Events of the 2017-18 Season

Jorge Mercado  
Sports Co-Editor

Every year there are countless sporting events you as a UCSB student shouldn't miss. Whether it be a home opener or a rivalry game, all I know is you better find your way to that stadium, sit at the student section and scream your lungs out.

Now, of course, with you all being freshman or transfers, you don't know the games you don't want to miss. Luckily for you, your sports co-editor is here to help your freshman year be an awesome one, not just with the party life but with the entertainment life as well:

## Any Game Against Cal Poly

If you know nothing else about UCSB sports, just be aware of the Cal Poly rivalry. So every chance we get to play them in any sport — whether it be men's or women's soccer, basketball, swim meets, tennis, anything — make sure to be there to chant on your fellow Gauchos.

Our official namesake is the Blue-Green Rivalry, and every year there is a competition, but it is most apparent in men's soccer.

It is known as the greatest soccer rivalry in the NCAA, and practically every game has gone down to the wire, with most every home match setting some type of attendance record.

Again, this is rookie stuff, but if you're only going to one sporting event this year, make sure to at least be at the CP-UCSB men's soccer match on Saturday, Oct. 14, at 7 p.m. with tortillas in one hand and a well-hidden beer in the other yelling out your loudest "Ole!" chants.

## Men's Basketball Home Opener

Normally, going to home openers is a safe bet just because those usually draw the biggest crowds. However, with everything that has gone on in the men's basketball program over the last year, you definitely want to come to this one.

Recently, UCSB did not renew the contract of 19-year Head Coach Bob Williams after an abysmal season last year in which the Gauchos missed the Big West Tournament for the first time since 1998. Despite that, the Gauchos seemed to have hired the right man for the job, as 40-year-old Joe Pasternack seems hungry to light a fire in the basketball scene at UCSB.

Before accepting the position, Pasternack was under the tutelage of highly respected Head Coach Sean Miller at Arizona.

If nothing else, his debut should be a fun one to watch and could actually be a historic moment depending on how he pans out. The season opener is Saturday, Nov. 11, with the time to be announced.

## Women's Basketball vs. Long Beach State

Conference games are always fun matches to go to simply because the familiarity the programs have with each other lend themselves to close matchups. That being said, the UCSB women's basketball team will kick off Big West play in tremendous fashion against the team they lost to last year in the Conference Tournament Championship game, Long Beach State.

UCSB clawed back from a 19-point deficit in that game to try to win its first Big West title since 2012. The Gauchos had the ball with about five seconds left to try to win the game at the buzzer.

They had a good look, but the ball clanked right off

the front of the rim and the win went to Long Beach State.

Many of those UCSB players are returning this year hoping to right the wrong of a loss last year, and what better way to do that than to beat the team who took your trophy a year ago?

## Men's Water Polo vs. USC

You probably think I'm crazy to suggest going to a water polo match. Well, I am. Regardless, UCSB has one of the best D-I water polo programs in the country, and when we play against perennial powerhouses like USC, those games are not to be missed.

Not only is the chance of witnessing an upset cool, but the crowds for these games are also huge, as many different frats fill the rows of Campus Pool. If nothing else, hearing their chatter is enough to go to the game.

## Baseball/Softball Home Openers

Few opening days are cooler than the ones for both the sport of baseball and softball.

I understand the slow pace of these games (even if softball is substantially faster) is what turns people off, but I ask you to just take two or three hours out of your day, slow it down, eat a hot dog and watch a game. Trust me, you will forget about any stresses, like that midterm or paper for those few hours, and it will be glorious.

Personally, I think you should go to at least one match of every sport. Each has a unique charm about it even if it doesn't look like it on the outset. Even if it's not your thing, just appreciate the fact that these are Division I athletes competing at the highest level that college sports has to offer.



ERIC SWENSON / DAILY NEXUS

Over 11,000 people gathered at Harder Stadium last season to witness the Blue-Green Rivalry take place. The match ended in a 0-0 draw.

# Nexus Co-Sports Editor Shares His Favorite UCSB Sports Moment



JORGE MERCADO / DAILY NEXUS

Jorge Mercado  
Sports Co-Editor

Hello, incoming freshmen! My name is Jorge Mercado and I serve as the Co-Sports Editor for the *Daily Nexus* alongside Sean White. I am entering my third year at UCSB and have worked for the *Nexus* sports staff since practically my first days on this campus, and it has easily been one of the best decisions since I have made since coming here.

For as long as I remember, sports have pretty much been what I get enjoyment from. I love watching, analyzing and, of course, participating in sports.

The one worry I had about coming to Santa Barbara would be that the sports culture here would be too bland and not to my liking. I could not have been more wrong.

Thanks in large part to the *Nexus* I have been to many different sporting events here at UCSB and most were exciting, whether it was our women's soccer team or our men's water polo team. However, my absolute favorite game I was glad to have been a part of was this year's women's basketball Big West Championship.

In case you didn't know, most UCSB sports belong to the Big West Conference, a smaller, less-talked about Division-I league. However, just because it isn't a household name doesn't mean it isn't full of intriguing games and athletes. This year's Big West Championship in Anaheim is a perfect example.

The UCSB women's basketball team this year was hot and cold during the regular season but snuck into the conference tournament after finishing with a 9-7 Big West record.

After easily defeating UC Riverside in the quarterfinals, the fourth-seeded Gauchos took on the top-seeded Aggies in the Semis.

To everyone's surprise, UCSB dismantled UC Davis, outscoring them 44-29 in the second half to punch its ticket to the championship game, its first appearance since 2012. This set up what is now my favorite sports memory, a match between Santa Barbara and Long Beach State.

Luckily I was able to volunteer at the Big West Tournament this year, and this game made

it all worthwhile. However, you wouldn't have thought that if you saw only the first half. UCSB came out flat, being outscored 18-8 in the first quarter and going down 33-19 at the break.

The beginning of the third quarter saw the 49ers grab a lead as large as 19, rendering many of the Gaucho fans in the stands useless as they didn't have much to cheer for. Then, for whatever reason, UCSB woke up and went on a 15-4 run making the score 42-35 after three.

The fourth quarter of this game was nuts. Fans on both sides were cheering frantically, coaches were out of their seats, and even though I was supposed to be an unbiased viewer, I couldn't help but cheer at every UCSB make and groan at every LBSU basket.

With 3:22 left in the game, guard Coco Miller nailed a three to cut the lead to just one point, and one minute later off a Long Beach State miss, point guard Drea Toler made a three of her own to give Santa Barbara the lead. No one was silent; every fan was on their feet.

Then came the final play. With about five seconds left, UCSB had possession down by one. UCSB guard Sarah Porter would be the go-to target, as she is a sniper from everywhere on the court. And just how they drew it up, the ball was inbounded to Toler, who dished it to the corner to an open Porter.

It was the first time in my life I actually felt like I saw a shot go in slow motion.

As she put up the jumper, from my view, which was directly behind the UCSB bench, I thought the shot was pure as gold. Then you hear the clank off the top of the rim and the buzzer sound, meaning that time had expired and LBSU was the 2017 Big West Tournament champions.

Even though it was a loss, every Gaucho player held their head up because they knew they gave it their all, and witnessing that in person is something I don't think I'll ever forget.

The point I want to make to you, young Gaucho, is to forget about the parties every once in awhile, forget about school and forget about any other drama you will undoubtedly face in college because almost every night for the next year there will be a game to attend. And no parties are better than after a big win; that much is true for every college.



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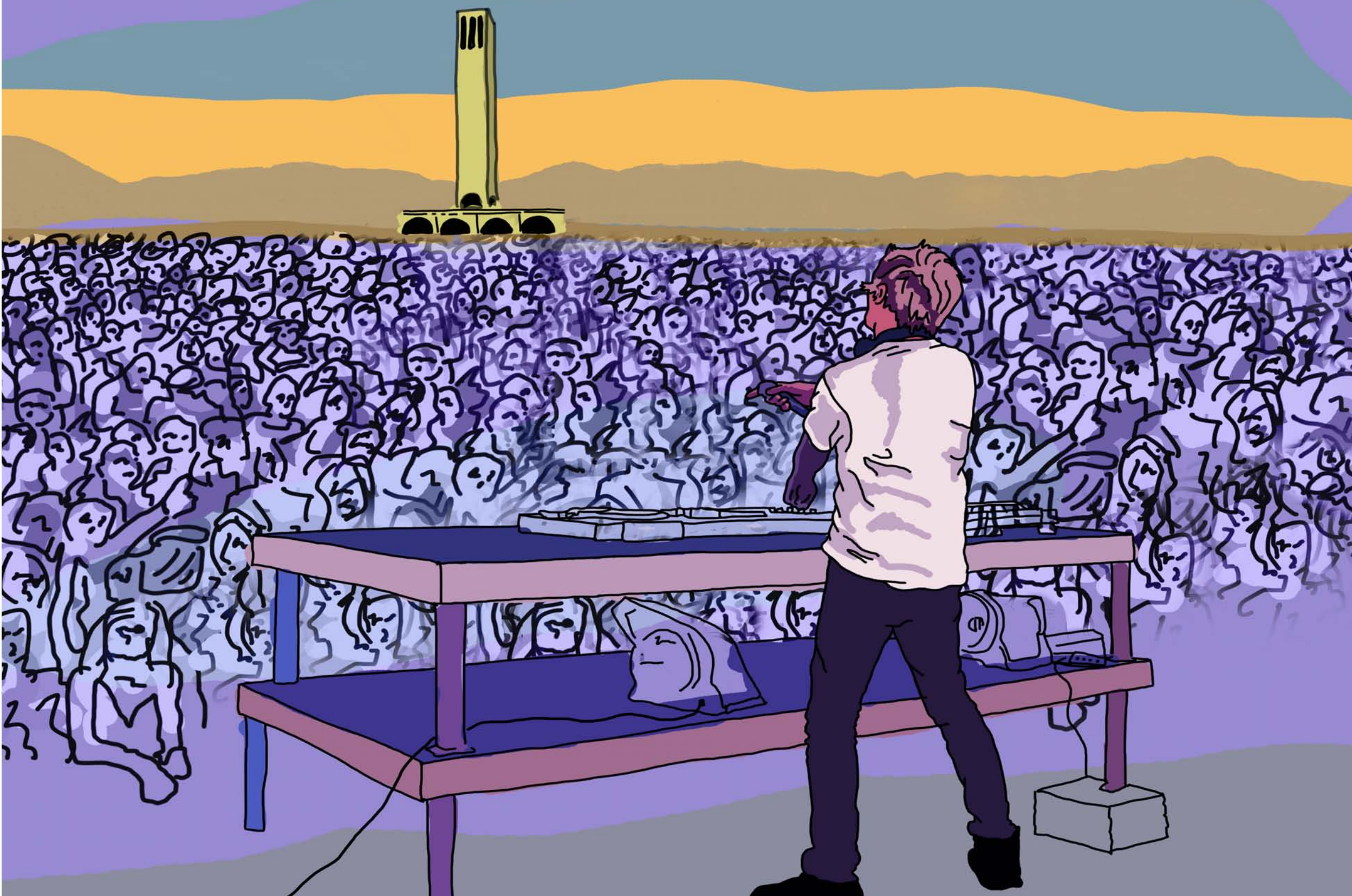
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# ARTSWEEK

## Aoki, Electronica and the Live I.V. Music Scene



WILLIAM EMMONS / DAILY NEXUS

Zoe Jones  
Artsweek Editor

William Emmons  
Asst. Artsweek Editor

I would be remiss if I didn't say that much of our arts community has not given enough credence to the electronic music scene in Isla Vista. It is an influential, forward-moving scene and a genre that has seeped into countless others. Many Top 40 hits of the past decade wouldn't have existed without the influence of electronic music. And yes, the Isla Vista music scene as we know it today wouldn't exist without it, either.

It is difficult to trace the genesis of an entire music scene in any community, especially when you consider something as vague as the "electronic" label. There isn't any particular strain of electronica that is unique to Isla Vista — walking down the street on a Friday night, you'll encounter dubstep, house and all of the other niche sounds in between.

These sounds are integral to our infamous party scene, and they provide the soundtrack for many weekend experiences, from the smallest house parties to the most ridiculous fraternity ragers. Despite this, however, most of the live music that one can experience in I.V. is confined to the realm of guitar music. There is not much by the way of live DJ sets, which is actually surprising considering the diverse community of musicians residing in Isla Vista. But at one time, electronica was dominating the live I.V. music scene.

In fact, one of our most famous alumni is Steve Aoki, world-famous musician, DJ and record producer, and the roots of Aoki's chart-topping

career can be traced back to Isla Vista.

In 1996, the then-college student started throwing shows in his two-story apartment located on the 6500 block of Sabado Tarde, later known affectionately as the Pickle Patch. This famous, residential music venue and part-time living room was home to a plethora of live shows featuring artists like Jimmy Eat World and At the Drive In.

When Aoki was merely 19, he was throwing roughly 20 shows a month out of his living room, recording tapes of every single one. The artist once noted that he made around 400 individual recordings during that time.

It was also from the Pickle Patch that Aoki founded his record label, Dim Mak. Now 21 years old, Dim Mak has promoted artists ranging from Bloc Party to The Kills and is host to a roster packed with newcomers such as Keys N Krates.

It is important, however, to note that the shows that Aoki produced were not electronic. During that period of time, the genre wasn't a mainstay in music, and it was barely putting down roots in underground scenes. The long-haired music mastermind was a punk aficionado back in those days, organizing shows at the popular housing co-op, Biko.

Biko, located on the 66 Block of Sueno, is known for its role in campus activism and strengthening diversity in the I.V. network of housing co-ops. Aoki was a student of color at UCSB when the concept of diversity was way more of a question and concern than it is now.

Although it is not clear whether his focus on electronic music endeavors heightened before or after UCSB, his influence on the Isla Vista rock scene is undeniable, and the world-famous DJ still maintains a punk-rock performance ethic.

If you attend a Steve Aoki show, you are there expecting at least one thing: cake. His performances have become famous because of his habit of throwing full, frosted sheet cakes into the audience. This carefree, slightly reckless approach to performing is something that can still be found in the ethos of Isla Vista backyard show culture. There is still a clear emphasis on letting go, getting pushed to the front of the crowd and getting a little messy.

In 2010, Aoki returned to Isla Vista for a show in the Hub, organized by A.S. Program Board. It was free of charge and sold out very quickly as word moved across campus that one of our own would be returning to grace the stage.

He said to the *Nexus*, "My expectations are all over the place, I didn't realize that it was going to sell out. It's cool to hear that, of course."

Indeed it was, no matter how nonchalantly the then-almost superstar tried to play it off. It is important to note that this was a year when electronic music in the mainstream was taking off in a major way, signaling a turn-of-the-decade trend. Electronic music influences began to creep their way ever so subtly into pop, alternative and hip hop, and it barely created a fuss. Now electronic music is not merely a trend, but a phenomenon across the country, including in Isla Vista.

Although the live music scene privileges guitar music over basically everything else, there is a strong love for electronica that flows through the veins of Isla Vista. Almost any significant party or event is bound to feature tracks with a bass drop, which is welcomed, loved and expected. Aoki is one of many Isla Vista musicians who has gone on to do things beyond the single square mile radius of our beloved town, but he is one of the few that had an unmistakable mark on its culture.

## UCSB Tips & Tricks: A Mixtape

Stephany Rubio  
Asst. News Editor

Striking the right balance of academics, a social life and self-care in college can be challenging at times.

As many of you joining the UCSB family this fall were born at the turn of the century in 1999, I've made you a five-point '90s playlist to prioritize your mental health, take advantage of UCSB's nationally-ranked academics and still have time for yourself.

After covering many stories about the UCSB and Isla Vista community for the *Nexus* news team, I'm excited to share some advice with you about how to navigate your soon-to-be beachside home with the best of the '90s: from legendary MCs to grunge to smooth R&B.

Whether you have bills to pay or studying has you stressed, reminiscing about the '90s can bring nostalgic comfort for all you '90s kids.

### Mental Health

"Brain Stew" by Green Day  
"It Was a Good Day" by Ice Cube  
"Como la Flor" by Selena

Your mental health should always be a priority.

The UC Santa Barbara Counseling and Psychological Services (C.A.P.S.) provides counseling and support to UCSB students. With a free massage chair, professional psychologists and peer counselors ready to listen if you need to talk, C.A.P.S. can be a resource as you transition into a new life at UCSB.

If you find yourself strung out from the day to day struggles, use the beautiful Santa Barbara landscape to alleviate stress. You can hike to Knapp's castle for a beautiful view or walk to Campus Point and release all of the stress. Turn on some Selena and remind yourself of home!

UCSB Health & Wellness also has Dog Therapy Day on the Student Resource Building's (SRB) lawn during the week before finals when a bunch of cute dogs are eager for a stress-relieving date with you. A perfect way to spend a Monday afternoon, if you ask me.

### Academics

"Learn to Fly" by Foo Fighters  
"Rebirth of Slick (Cool Like Dat)" by Digable Planets  
"Paranoid Android" by Radiohead

From guiding you through chemistry equations to helping you nail that personal essay, Campus Learning Assistance Services (CLAS) will not only get you immediate assistance on your assignments, but can also help you develop study skills and habits to help you succeed. Sign up for writing services and get Italian, German and Portuguese tutoring for extra help.

Attending your professor or T.A.'s office hours are another helpful way to succeed at UCSB. Office hours give you time to ask questions about assignments, elaborate on classroom discussions and share your interests. A chat with your professor about participating in research for your major could also lead to a possible career path.

### Getting Involved/Social Life

"Gettin' Jiggy wit It" by Will Smith  
"...Baby One More Time" by Britney Spears  
"Closer" by Nine Inch Nails

Home to several campus organizations and programs, the Office of Student Life (OSL) is here to help you become involved in community and student life engagement. Located at the SRB, OSL can provide resources on the over 500 clubs at UCSB.

Dorm events are another fantastic way to make new friends (and snatch some free food). Ask your RA what they have planned for the week!

The Associated Students is the student government of UCSB and can offer political experience if you're passionate about public policy and making change on campus. You can also take a walk over to KCSB if you're into keeping the beautiful art of radio alive.

Check out the UCSB MultiCultural Center (MCC), as well, which always has politicians, musicians, poets and scholars hosting conversations and concerts open to all students.

### Exercise

"Jump" by Kris Kross  
"C.R.E.A.M." by Wu-Tang Clan  
"Cherub Rock" by The Smashing Pumpkins

Whether you need to de-stress or you're just feelin' like getting a quick workout, here is a three-song playlist so you can knock out a mile and get your adrenaline pumping.

Joining an intramural sports team through the Department of Recreation is a fun way to get acquainted with other athletes and stay in shape. The Recreation Center also offers classes such as rock climbing, yoga and jump roping.

There's something for everyone — so grab your walkman, jam out to some Wu-Tang and get your heart rate up. Learn a new craft, polish some old skills and keep your body fit.

### Life After Graduation

"The Man Who Sold the World" by Nirvana  
"If I Ruled the World" by Nas  
"Bills, Bills, Bills" by Destiny's Child

Whether it's providing financial support for an unpaid internship, guiding you through graduate school opportunities or hosting practice interview sessions, UCSB's Career Services can help with every stage of the job-hunting process. Put on some Destiny's Child and get to work. Go to that resume building workshop, network with likeminded people and check out what the future could hold after your time at UCSB.

Ivan Gonzalez  
Reporter

Outside Lands, celebrating its 10-year anniversary, has become a staple event in the Bay Area for music, food and art lovers alike. Legendary performances, delectable local food vendors and captivating art displays among the fog-covered Eucalyptus and Redwood trees of Golden Gate Park have created a one-of-a-kind experience. The festival has secured a spot among older festivals like Coachella, Bonnaroo and Lollapalooza for these reasons alone. Aside from the San Francisco landmark-named stages, Outside Lands also includes food and beverage areas such as Wine Lands, Beer Lands, Chocolate Lands, Bacon Lands and, my personal favorite, Cheese Lands.

When I first arrived, I quickly realized the scene was less boho and more Patagonia, given it was 30 degrees colder than usual festivals. Walking into Golden Gate Park, I could hear the distinct and intoxicating voice of Colombia-born pop-singer Kali Uchis floating in the distance. We were able to catch Uchis at the Twin Peaks stage for her last two songs, "Tyrant," which was released earlier this summer, and her hit "Ridin Around" over a live band. She was clad in a white go-go outfit, which stood out among the backdrop of the mist and trees.

We made our way to the giant opening sprawl of Land's End stage, situated on the Golden Gate Polo Field and discovered that the majority of food and art vendors were located there. Pulled pork sandwiches, potato pesto pizza and ramen burgers filled our stomachs as we headed to watch Noname perform at the Panhandle stage. The Chicago poet and rapper was as graceful and charming as you would imagine her to be. Holding a cup of coffee as she walked on stage, she modestly commented on the larger-than-expected crowd. Her spoken-word-like rap flow gave me goosebumps as she opened with her verse from "Finish Line" off of Chance the Rapper's *Coloring Book*.

The Gorillaz were set to perform at 8:05 p.m. In the meantime, we previewed the various art exhibits, which included metal animal statues fixed on rideable bikes, countless murals, in-progress paintings and crystal structures.

We got to Land's End stage early to secure a good spot for the Gorillaz performance. Created by musician Damon Albarn, the virtual band consists of four fictional characters: singer Murdoc Niccals, bassist 2-D, drummer Russel Hobbs and guitarist Noodle. In the midst of the release of their fourth album, *Humanz*, they blessed Outside Lands with a rare live performance.

Still light out, Albarn took to the stage with a band and the silhouette of a choir behind him against a large screen displaying visuals of music videos and virtual band members. They primarily played songs from their newest release along with fan favorites from their previous records sprinkled in between. The two-hour performance, featuring guest appearances by Kali Uchis, Pusha T, De La Soul, Yukimi Nagano, Anthony Hamilton, Bootie Brown, Peven Everett, Jamie Principal, Little Simz, and Del the Funky Homosapien. Del the Funky

Homosapien performed the iconic laugh at the beginning of "Clint Eastwood," overwhelming everyone with nostalgia for the classic hit.

We started our second day with a UCSB favorite, Thundercat, who performed at 2017's Extravaganza. Thundercat gave yet another stellar performance, entralling the crowd with his futuristically funky and hypnotic groove. The crowd swayed along while sipping their IPAs or sat mesmerized as they sipped wine from under their blankets.

Next, we ran across the festival from Twin Peaks to Land's End to watch a part of Royal Blood's set. Royal Blood, a blues-rock duo hailing from the United Kingdom, rocked out the crowd with songs from their highly acclaimed eponymous debut album, as well as songs from the newly-released *How Did We Get So Dark?*. Their drum-pounding and electrifying guitar sound roared the typically mellow crowd, a small warm-up for Metallica later that night.

Running back to Twin Peaks, we witnessed the production genius KAYTRANADA. His impeccable DJ and production skills can be heard on his successful debut album 99.9%. His funky house beats stirred up the crowd and heavy bass had everyone vibing along. The crowd joined in on yelling lyrics to songs such as "Glowed Up," which features Anderson .Paak.

Once more, we ran back to Land's End to witness one of my all-time favorite bands, Cage the Elephant. Known for their eponymous debut album, their success has not stopped, as the rest of their discography has garnered them a large and loyal following. Every song from every album was received by the crowd passionately, who sang each song word for word and fed off the wild energy that lead singer Matt Schultz emanated.

Plans changed when, for the second time that weekend, A Tribe Called Quest moved their set time, eventually canceling their appearance all together. Due to the group's loss of founding member Phife Dog, performances would be emotionally turbulent without him present on stage.

The night finished with an unworldly set by hard metal rock legend Metallica. An early musical influence of mine, I fangirled and, along with many others, headbanged and thrashed around.

Bleachers, Soffi Tukker and Young the Giant all gave amazing performances to a physically tired but still emotionally energized crowd on the third day.

As for the food that day, the spicy tater tots won the award for best food for the entire weekend. When I tell you that these tater tots were the most perfectly crisp food I have ever eaten, I am not exaggerating. They are simple yet so flavorful with their spicy Sriracha sauce, so it is no surprise that these tots are famous Outside Lands favorites.

Action Bronson's charismatic and thoroughly entertaining personality made two appearances that weekend. Once chef-turned-rapper Action Bronson has, for many years now, been featured on countless tracks and released three successful albums, as well as having his own television special, "Fuck, That's Delicious." His appearance at the cooking demonstration stage included him throwing an array of meats and des-



IVAN GONZALEZ / DAILY NEXUS

# 2017 OUTSIDE LANDS

serts into the crowd. Eventually, he began tossing cannabis oil cartridges and even entire weed buds. His performance at Sutro was equally theatrical and energized. Singing his track "Baby Blue" at the top of my lungs with thousands of others made it my favorite performance the whole weekend.

We viewed Lorde from a distance as she performed new songs from her newly released sophomore album, *Melodrama*. The crowd surrounding the stage sang their hearts out as the fog eventually transitioned to a light drizzle.

Briefly catching Schoolboy Q's set, I experienced immediate flashbacks to his controversial Extravaganza performance. The little bit of resentment in me was not interested

in watching him again, so, instead, we made our way to see Isla-Vista-founded Rebellion. Among the heavy fog and cold drizzle, we were wrapped in a blanket on a slope singing along to high school classics like "Feeling Alright" and "Safe and Sound."

The weekend ended with an emotionally overwhelming DJ set by Above & Beyond. The fog along with the lights from their performance created an unforgettable cinematic spectacle. Their heavy buildups and magical drops seemed to synchronize with the wind's natural gusts, creating an otherworldly ending to an amazing weekend. For its 10th year, Outside Lands delivered an unforgettable experience.



IVAN GONZALEZ / DAILY NEXUS

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DAILY LAX SHUTTLE GOLETA SCHEDULE			
DEPART GOLETA	ARRIVE LAX	DEPART LAX	ARRIVE GOLETA
3:30 am <small>PICKS UP IN FRONT</small>	6:00 am	9:00 am	11:30 am
5:30 am	8:15 am	11:00 am	1:30 pm
7:00 am	9:45 am	12:30 pm	3:00 pm
8:30 am	11:15 am	2:00 pm	4:30 pm
10:00 am	12:45 pm	3:30 pm	6:15 pm
12:00 pm	2:45 pm	5:30 pm	8:15 pm
2:30 pm	5:45 pm	7:30 pm	10:15 pm
6:00 pm	8:45 pm	10:00 pm	12:45 pm

THANK YOU FOR TRAVELING WITH US  
OFFICE OPEN DAILY FROM 5 AM - 9 PM

# ON THE MENU

## Any Way You Slice It: A Guide to Eating Pizza at UCSB



NEXUS FILE PHOTO

overwhelming at times. So, how do we deal with this? Well, how about a nice steamy, cheesy, saucy, greasy pizza slice to calm the nerves? Yup, that sounds about right to me; I think that should do the trick. So if every stressful night and homesick weekend is going to require a dose of pizza, then I think you as the reader are going to need some guidance on where to grub and where to snub.

**Domino's:** Let's start with an easy one and work ourselves up. You've probably ordered takeout pizza with your parents before and enjoyed some of America's favorite delivery pizza, so I'm sure you're already acquainted. However, what you may have taken for granted is the fact that Domino's offers some seriously awesome online discounts, especially for college students and especially around midterm and finals season. Plus, as you already know, they are the kings of delivery. If you're feeling hungover — uh, I mean sick (hi, Mom and Dad) — then you don't even have to leave your glorious box that UCSB housing will convince you is a dorm room to enjoy that sweet, sweet pizza. Seriously, don't count out Domino's; it may one day save your life.

**Woodstock's:** Let's up the ante here a bit. The next up is a social hub you will probably find yourself getting to know on a deep personal level. Just about every organization on campus has probably used Woodstock's for an event or two, the *Nexus* included! The place is constantly bustling with a crowd either there for trivia night or for happy hour when the brew is amber and abundant. You can also find Woodstock's on campus at the Arbor for a mid-afternoon pick-me-up. The signature crust on this pizza is actually no crust at all but just the dough folded twice on itself. This gives the pizza its own unique spin on whether the crust should be eaten or not. (It totally should; don't be a wuss.)

**Pizza My Heart:** For some of you NorCal incomers, this chain may have already stolen your heart. However, if you're like me and you only learned about this chain your freshman year, then get ready. This place — best known as a hub for sports fanatics and cheap beer — brings tasty pies to the table as well. The sizeable slices are perfect for a quick and cheap bite to eat to prep for any of your I.V. shenanigans. PMH has somehow become my ritual to begin Deltopia every year; one slice of pesto, and I'm ready to roll.

**Blaze Pizza:** The build-your-own pizza joint let's you make the toppings as bold or as bland as you choose. Lately chains like Blaze Pizza have been sprouting up all over the place and for good reason, too. A thin crust, fast-fired pizza customized to all of my hearts desires? Uh, YES PLEASE. Personal-sized pizzas custom-made to your order are its specialty, and boy, are they special. Blaze isn't so much of a sit-down pizza parlor due to its limited seating, but by golly, it's delicious and it hits the spot! You can choose to go classic with just a simple pie with cheese, choose one of their signature concoctions or get funky with it and throw everything on it. The best part is, no matter how many toppings, the price is always the same. Keep an eye out for their recurring BOGO coupons often featured in our newspapers. Those are like gold 'round these parts.

**Rusty's Pizza Parlor:** Okay, so I am stretching it a bit by adding this restaurant to the list because it's not technically in Isla Vista. However, at some point you're going to have to make a Kmart run at the nearest shopping plaza,



NEXUS FILE PHOTO

and when you do you will come across this restaurant. It's just like all the pizza parlors you visited as a kid: dated vinyl seating, arcade games and, of course, dank pizza. This has become one of my special treat places; I love going here with either a group of people or as a date and enjoying a bit of the nostalgia that old-school parlors like this offer.

### HONORABLE MENTIONS:

**7-Eleven pizza:** I know. Why would I even mention it? Well, when you're in-between paychecks and the late night munchies kick, sometimes you gotta do what you gotta do.

**Costco:** It's not just good for free samples; the Costco food court is actually a very popular stop for UCSB students, and the pizza isn't half bad either.

**Dining Commons:** Hey, I shouldn't have to spell it out for you: If you've already paid for your meals there, then you might as well take advantage of free pizza. Need I say more?

Marisa Ratchford  
On The Menu Editor

Let's face it: College is synonymous with pizza. Venturing out into the world for the first time as young Americans can be frightening and perhaps a little

**350** slices of pizza are consumed in the U.S. every second



NEXUS FILE PHOTO

**23** lbs of pizza are consumed by the average American annually

## How to Avoid the Freshman 15

### 1 Make the Salad Bar Your Friend

I know that seems kind of forced, and it's not like every diet tip ever hasn't told you to just eat a goddamn salad. But there is some truth to it. Get creative; try new combinations. You'll be craving some freshness amidst all the greasy and junk.

### 2 Portion Control!

Most of you will be on a meal plan of some sort, which means that the dining commons will be your main source of nutrition. And while a plate of chicken and rice and a fro-yo for dinner isn't unhealthy, if you eat about three servings worth of food in one sitting at night you're definitely going to notice that your pants are snug.

### 3 Eat Light at Night

My grandma always told me to eat like a prince at breakfast and a pauper at dinner. It may be just an old wives' tale, but it does merit some thought. If you eat a big meal right before bed, your metabolism will slow, leading to more storage of fat, and that can lead to weight gain.

### 4 Avoid Eating Out Often

I know that it's impossible to never go out to eat, but be cautious with how often you do so. It's harder to maintain healthy eating choices when you're staring down the Blaze Pizza toppings. But if you just nailed an essay, treat yourself. If you've finished all your studying before Friday night, then maybe you've earned yourself some Freebs nachos.

### 5 Drink Responsibly and Health-Consciously

While I'm not condoning underage drinking, I'm not naive to what you are about to put your livers through this first quarter. All I ask is that you stay safe and smart and that you keep track of your drinking. Alcohol, especially beer, has way more calories than it may seem, and they can really add up. You don't want to come back for Thanksgiving with a beer belly.

### 6 Take Advantage of Your Environment

You are coming to a school in an amazing city. The beach is in your backyard and so are plenty of biking and hiking trails through the mountains. Not to mention, the weather here is as close to perfection as I've found. So take advantage, get out of the library and get active. Keeping your body active is just as important as working your mind if you want to have a successful school year.

## DORM KITCHEN PACKING LIST

- dishes, cups and utensils
- travel mug and water bottle/filter
- chips, crackers and bag clips
- coffee, tea and hot chocolate
- macaroni and cheese, ramen and soup
- popcorn
- granola bars
- instant oatmeal
- fruit
- sandwich ingredients and bags
- cereal and milk
- cheese sticks
- juice



## \* ONLY '90S KIDS WILL REMEMBER THIS PACKING LIST \*

- Dunk-a-Roos
- Wonder Ball
- Gushers, Fruit by the Foot or Fruit Roll-Ups
- Bugles
- Tofino's Pizza Rolls
- Trix Yogurt or Go-Gurt
- Push Pops or Baby Bottle Pops
- Kid Cuisine
- Lunchables
- Otter Pops
- Handi-Snacks
- Smucker's Uncrustables



# SCIENCE & TECH

## Hearing: A Biophysical and Neurological Enigma

Researchers at the Kavli Institute for Theoretical Physics take an interdisciplinary approach to explore the biophysics and neurobiology of the complex auditory system and why the brain has the ability to adapt to different surrounding sounds

Erin Haque  
Reporter

Humans harbor an extraordinary auditory capacity: the cocktail party effect. We can tune out background noise in a room full of conversation and focus on the speaker we intend to converse with. We can tune out the constant tick-tock of a clock in a room just as we can ignore a car's motor running while driving. At the same time, we can instantly tell when a car makes a peculiar noise or a glass breaks at a dinner party.

The way the human brain is able to analyze a complex auditory setting by focusing on one particular stimulus while filtering out a range of other stimuli remains incomprehensible. A group of scientists at UC Santa Barbara's Kavli Institute for Theoretical Physics (KITP) have come together to investigate the science behind this phenomenon. Scientists who have studied biophysics and neurobiology of the complex auditory system aim to explore the underlying reason for the brain's ability to adapt to the surrounding of complex sounds.

The program "Physics of Hearing: From Neurobiology to Information Theory and Back" integrates scientific research from different subject areas to work together in order to make sense of the information theory of complex auditory signals. "The goal of the program was to foster new collaborations and projects between physicists and neurobiologists that work on hearing and scientists who use machine learning to analyze/process speech," program coordinator Tobias Reichenbach, a senior lecturer in the department of bioengineering at the Imperial College of London, said.

A significant volume of research performed over an ample amount of time has clarified the biophysical mechanisms through which the inner ear is able to encode sound stimulation into neural signals that are subsequently processed in the auditory brainstem and cerebral cortex. However, there is still a lack of understanding on how a complex auditory scene is broken down into its individual, natural signal such as speech.

In an effort to understand the connection between the ear and brain at a deeper level, this eight-week program has employed a multidisciplinary approach that is necessary in order to gain different perspectives. The project examines many different perspectives, including "the interdisciplinarity between physicists, neurobiologists and speech-recognition engineers who were all interested in speech and hearing," Reichenbach said.

"We were really lucky to have and attract top-notch researchers from across the globe who came eager to share their unpublished work and to engage and serve ideas out of their field of interest," program coordinator Maria Geffen said. Geffen is an assistant professor at the University of Pennsylvania who has built the Laboratory of Auditory Coding that explores neural mechanisms of auditory processing.

Physicists are particularly interested in the biophysics of the inner ear, as they are able to replicate this in a front-end machine learning speech recognition, helping to improve performance. Furthermore, they show curiosity of the neural mechanisms through which sound is processed since they can mirror these mechanisms in artificial deep neural networks.

Similarly, neurobiologists are showing interest in machine-learning approaches because they allow them to analyze datasets that are obtained from multi-cellular

recordings. They are also intrigued by artificial neural networks and are attempting to see how the computational actions of artificial neurons in such networks compare to those of living neurons.

The program explored these topics in great detail and is working to collaborate in building more projects with many different professionals. In fact, Reichenbach mentioned that they "had engineers from the machine hearing group in Google attending and contributing. There are many other computer scientists/engineers in many technology companies that work on speech recognition through deep neural networks."

**"We were really lucky to have and attract top-notch researchers from across the globe who came eager to share their unpublished work and to engage and serve ideas out of their field of interest."**

- MARIA GEFFEN

The program looks at how biology and technology work together. There have been many advancements with hearing technology, such as the cochlear implants as well as voice-recognition devices.

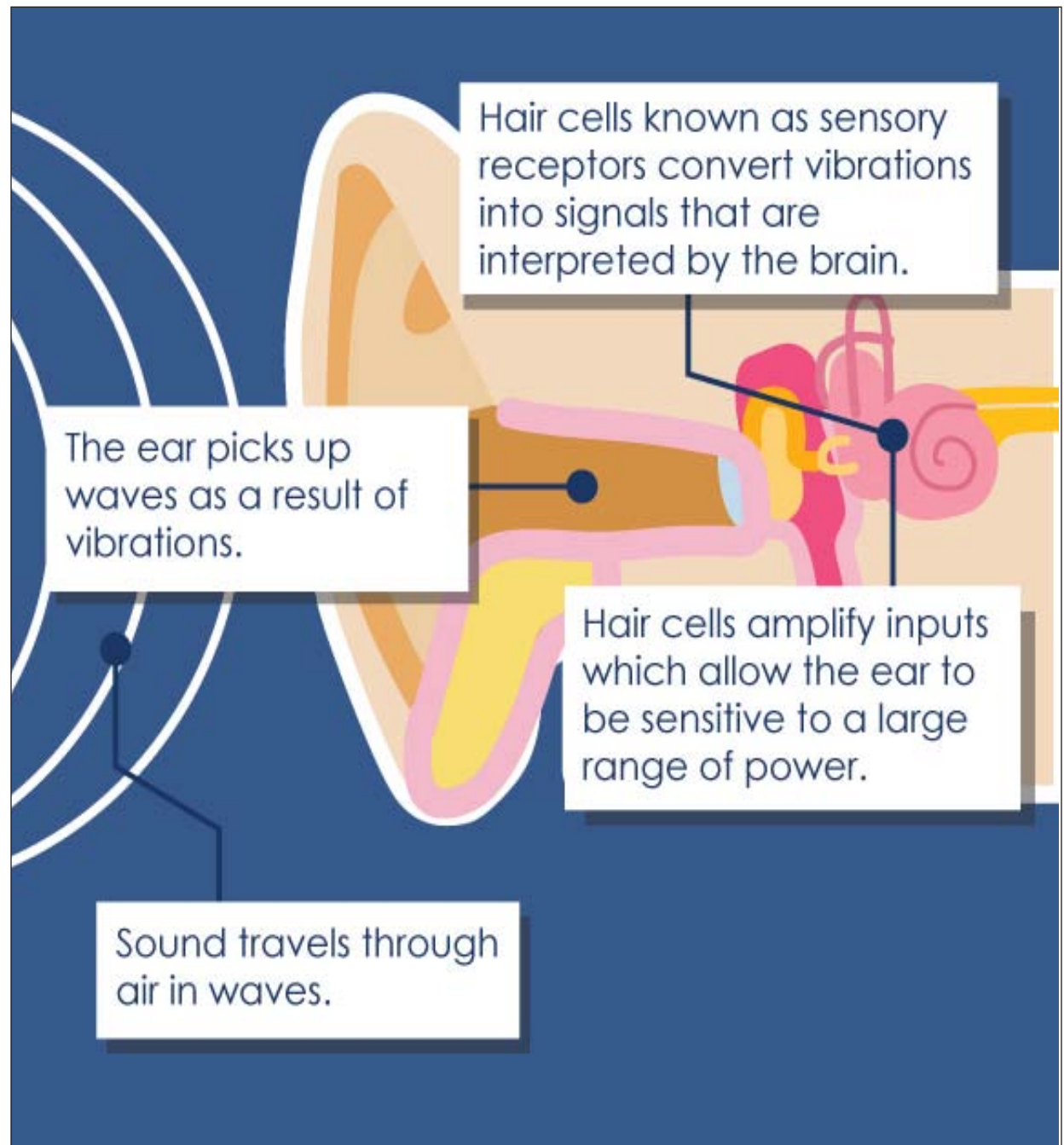
"Many things discussed at the workshop were how to make them work better in hearing noise, listening to music, more sophisticated aspect of sound processing," Geffen said.

Therefore, maintaining collaboration with professionals from many disciplines is fundamental in analyzing how the brain processes complex sounds and replicating this mechanism in hearing aids and voice-recognition devices.

The sense of hearing is an intricate process that is consistent of actions and reactions in order to work. Sound travels through the air in waves that are picked up by the ear as a result of vibrations. Hair cells on the ear called sensory receptors convert the vibration into signals that are interpreted by the brain. These hair cells are of particular interest to scientists due to the limited understanding of their operation as well as their degeneration, which causes many hearing impairments for a large population of people.

Hair cells employ a mechanical active process to amplify the signal inputs, allowing the ear to be sensitive to sounds in a large range of power. In the same way, as the active process decreases, so does the ear's sensitivity to differences in frequency of sound, which leads to the ear lacking the ability to distinguish the different sources of sounds.

"Lack of hearing is a very important problem; most of us, if we live long enough, are guaranteed to lose some hearing. When we lose hearing, our ability to detect sound is lost, but more so, we lose the ability to hear sound in the presence of noise," Geffen said.



KEVIN SON / DAILY NEXUS

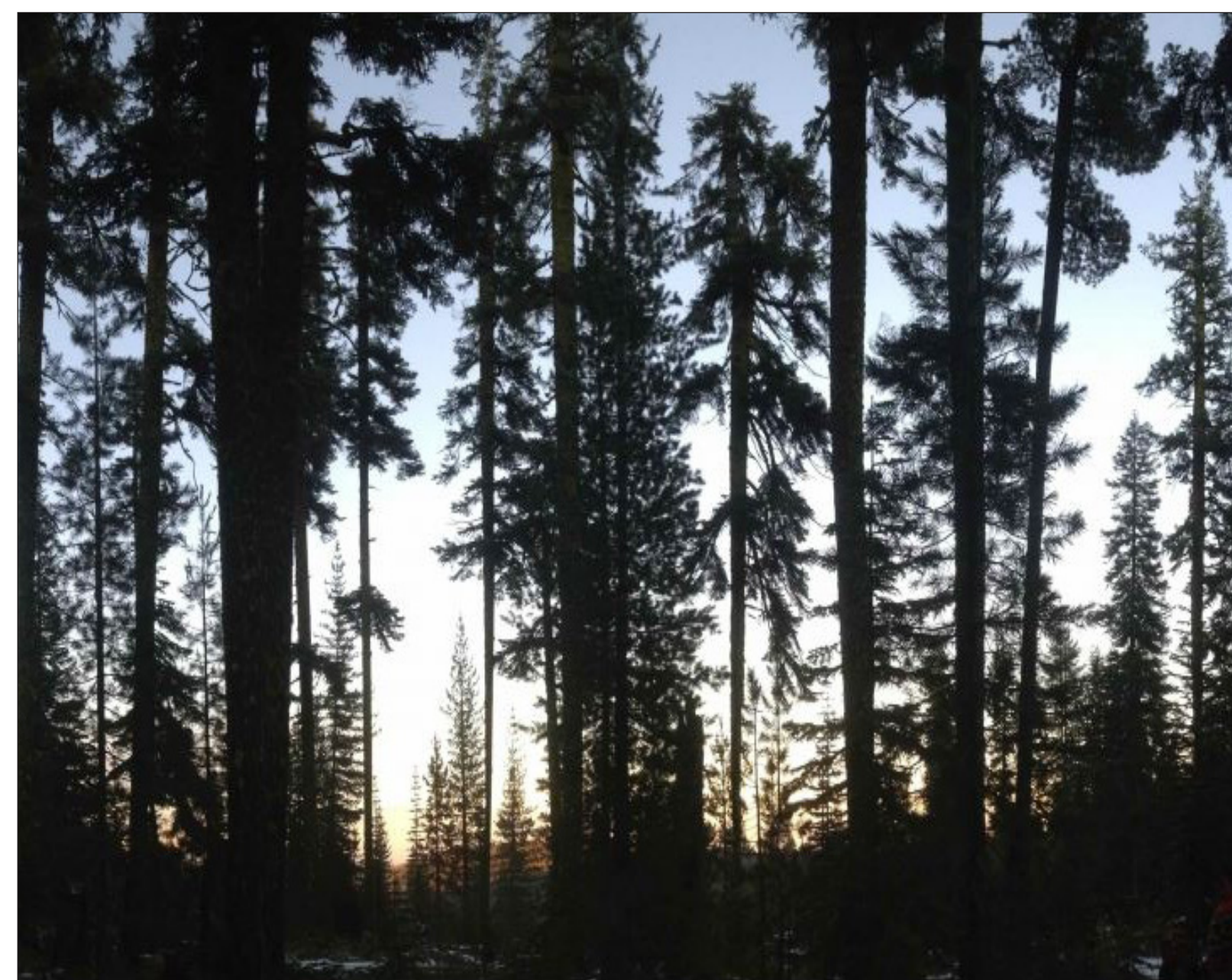
By hosting the physics of hearing workshop, the KITP was able to foster collaboration among various disciplines in order to comprehend the complex mechanisms of the auditory process and build upon potential ideas to cultivate growth for the future.

"What we wanted to do is bring people across the full spectrum, from people who study speech processing and speech recognition — for example, from Google, where they try to recognize speech, words and text — to people who study biological processes of hearing — either humans or in animals — in the central auditory system and people who study dynamics of the cochlear inner ear," Geffen said. "Our hope was that by learning about what people do in speech recognition, we can better design stimuli to use in our experiment and understand neural aspects of auditory systems and participants will be able to start collaborations with many researchers."

**"Lack of hearing is a very important problem; most of us, if we live long enough, are guaranteed to lose some hearing. When we lose hearing, our ability to detect sound is lost, but more so, we lose the ability to hear sound in the presence of noise."**

- MARIA GEFFEN

## Researchers Determine the Value of Biodiversity



Courtesy of labs.eemb.ucsb.edu

Stephanie Pernet  
Science Editor

As interest in protecting and conserving ecosystems increases, quantifying the ways we benefit from conservation services such as clean air and water, food and products can become complicated and expensive.

This leads conservation organizations to shift their objectives from preserving biodiversity to protecting ecosystems for the benefits they provide to us, known as ecosystem services. This shift in objectives may leave species with little or no direct benefit to us unprotected.

If conservation decisions were based solely on optimizing the value of ecosystem services, how much biodiversity would be protected?

In order to address the ecological and economic issues, a team of UC Santa Barbara researchers have developed an analytical framework that will answer their question.

According to lead author Laura Dee, the framework they developed balances the current costs of protecting species with the future risk of losing ecosystem services. This allows them to determine the optimal number of species to protect.

Dee and co-authors, Steve Gaines, dean of UCSB's Bren School of Environmental Science and Management, and Christopher Costello, a professor at Bren School, identified conditions under which ecosystem services would motivate protecting no species, some species and all species in an ecosystem.

Additionally they were able to determine that the optimal number of a species scales with the number of species that deliver a service or have a purpose to us the costs associated with species protection and the relationship between the number of species critical to a service and that service's value.

Scientists rarely know the roles all species play in providing benefits to people. This uncertainty is magnified by the fact that environments are constantly changing.

Additionally, not all species contribute to ecosystem services, yet critical ones could be lost without conservation. Unfortunately, scientists do not know for sure which species are critical.

Costello likened this research to insurance.

"You can think of this as insurance: If you lose a species that is critical to providing an ecosystem service, then the losses can be substantial and irreversible," Costello said.

According to Dee, this type of analysis could help identify when additional policies, such as endangered species regulation, will be needed to avoid biodiversity losses.

"Our results define when managing for ecosystem services alone could leave significant biodiversity unprotected," Dee said.

Biodiversity can be critical to ecosystem services. Nevertheless, focusing solely on the net value of ecosystem services could leave large fractions of biodiversity unprotected across a range of scenarios. This theory explores the conditions that must hold for ecosystem services goals to provide economic incentives for full biodiversity protection. As a result, this analysis brings attention to when other policies or management actions will also be needed to provide high levels of both ecosystem services and biodiversity preservation.

Because nature is so complex, scientists rarely know the roles all species play in providing benefits to people. This uncertainty is magnified by the fact that the environment is changing. Not all species contribute to ecosystem services, yet critical ones could be lost without conservation.

# OPINION

## Reflections from the Halfway Mark: The Ups and Downs of My First Two Years as a Gaucho



Laurel Rinehart

I can recall vividly the exact moment I clicked the button that determined the course of my life for the next four years. I was sitting at our kitchen island at home, whole family in tow, with my high school best friend standing by to record the whole process on her iPhone 5. It seemed a bit anticlimactic to me to hold an entire celebration revolving around the online submission of a commitment form, but my heart was racing nonetheless. The years-long process of touring colleges, writing essays, filling out applications and tearing my hair out while debating my final decision was about to culminate and give way to a new process: my life as a Gaucho.

My choice to attend UCSB did not occur through any sort of cosmic "this is MY place" revelation as my high-school self had expected it would. If anything, the decision was more practical than revelational. Santa Barbara was well-ranked among the UCs. It had an exceptional sociology program, my choice of major. The campus was not too close to my Bay Area hometown but not so far that I felt overwhelmed. I had relatives living nearby, and it was on the beach, for fuck's sake. It seemed like the best option on paper, so I signed up.

To be honest, I have never been fond of our culture's tendency to treat finding a college the same way we treat finding a soulmate. I've heard so many stories along the lines of "I knew it was the place for me when I saw the sunset and felt at home!" I was incredibly nervous when I signed the dotted line and committed to UCSB without having had one of these magical realizations, but I've come to believe that most of them are embellished retroactively with the aid of hindsight bias. Your college experience is what you make of it. No one should have to feel like they need a sign from the heavens or an a-ha moment as a prerequisite for finding the right place.

The journey of my college experience started at a place that's officially called Santa Catalina dormitory but is known around campus simply by its old name, FT. The two towers loomed high over my apprehensive head when I arrived. Although every building in college seemed ominous to me upon first sight, I felt optimistic that this one would eventually feel like home.

Someone once told me that living in dorms is the best experience of your life that you'll never want to do again. My roommate and I had met on an app that had an online-dating feel to it, for it was designed to pair students who were searching for others to live with. On paper, we were a great fit: both academically minded, similar enough tastes in music and looking for a living environment that was welcoming but not too distracting. However, once we actually shackled up, it became clear that our personalities could not be on more opposite ends of the spectrum. She was a headstrong Type-A engineering student who liked everything neatly in its place and did not shy away from conflict; I was a scatterbrained Type-B sociology major who would rather smoke weed and talk about cultural relativity and karma than clean up my mess.

The thing about college is that when you've grown up for 18 years surrounded by a family with its own rules and unique dynamic, it comes as a big upset to suddenly be thrown into a living space with someone who's been playing an entirely different ball game for their entire life. I was used to a family of people pleasers who would rather suffer in silence than fight out loud; we handled conflict by quietly adjusting and only speaking up if it was absolutely necessary. I had never gotten in trouble for leaving a mess because my mom figured that as long as it was contained to my own room, I wasn't bothering anyone else with it. As a result, being paired with someone who liked things a certain way and wasn't afraid to say so was quite a shock to my system.

I can look back now at the arguments we had and completely understand where both parties were coming

from. One of the biggest lessons you learn in college is how to cohabitate with people, and those people are not always going to share all of your preferences, let alone any of them. My parents had drilled the fact that "the world is not about you" into my head countless times when I was a kid, but I didn't feel that so distinctly and pervasively until college. Sometimes people are just so different that their preferences can't be contained harmoniously in such a small space. I'm happy to say, however, that she and I stayed in touch after freshman year and are now the best of friends. I guess a bit of space was all we needed.

One thing I struggled with the most my freshman year was the prolonged sensation that I was a stranger in this huge institution. With hindsight I can admit that most of this was my fault. I went into college with this notion that everything would come so easily to me. Adults had told me my whole life that college would be the best event I would ever experience.

They all seemed so confident in this assertion that it never occurred to me that happiness in college might be something I had to work toward. As someone with a history of chronic depression and a tendency to withdraw when I get overwhelmed, this assumption did not work out well for me. I didn't join a single club or organization, and I was in a relationship that allowed me to cling to my comfort zone of one person rather than putting myself out there to meet new friends. I remember staying in my room on weekends listening to everyone in my hall getting ready to go out and writing in my journal about how isolated I felt.

I did manage to have some quintessential first-year experiences. I roamed around Del Playa with my roommate the first weekend, hoping to find parties since we didn't yet know anyone who lived in I.V. I waited in line for hours to buy Snoopy Dogg tickets — a harrowing experience that was more stressful than most people's midterms that year — and had the time of my life screaming out the lyrics along with everyone else packed like sardines inside the Thunderdome. I went skinny-dipping in the ocean with a group of girls who lived in my hall. We suffered through the food at Portola Dining Commons, thankful for the Lucky Charms that sustained us.

It was a strange time. Freshman year was exciting for me academically, but I look back on those days and wish I had made more of an effort. Maybe if I had spent some time getting out and exploring instead of staying in with my boyfriend every night, I would have more stories to report for this time in my life.

If I could give one piece of advice to my 18-year-old self, it would be this: Don't hold onto someone if they're not letting you grow. The security net of a partner who knows you, who cares more about you than the multitude of other people entering your life freshman year, can be irresistibly tempting. But you will never be able to integrate into a place without letting yourself experience that

initial discomfort. I finished my freshman year feeling a lot more familiar with my surroundings but not at all like I was a part of them.

My experience as a Gaucho was about to get worlds better, but not before it got much, much worse. Fall Quarter of my sophomore year was when I learned that sometimes you really do have to hit rock bottom before you can find your way back up again.

That autumn I fell into a deep depression, perhaps the worst bout of this peculiar illness I've ever experienced. I spent my days either sitting in class or lying in bed, perpetually resting my body to conserve the energy I needed to fulfill the minimal requirements of a life I did not desire to be a part of. My mind was also exhausted from processing the constant stream of thoughts that life was pointless, I would always be alone, I wasn't good enough and I would never be able to make it through 60 more years of this existence if even one more day seemed like too much to handle.

The thought of walking to the dining commons and being surrounded by a hundred happy people was mentally overwhelming, and the thought of driving to Trader Joe's to buy my own food was physically overwhelming, so I stopped eating. Picking up the phone to text a friend, make plans and show up to those plans was an equally daunting task. I still showed up to my classes most days, but anything beyond that demanded more energy and inclination than I possessed at the time.

Like I said before, mental illness is a peculiar thing. Being in the throes of it as a college student makes the experience all the more peculiar. The perpetually close proximity to your peers in real life and on social media makes it incredibly easy to convince yourself that you are the only person who isn't taking advantage of the beach, the parties, the activism, internships, the gym and the hundreds of other activities college life has to offer. Appearances are deceiving, however. It took me a long time to realize that the people who are struggling the most, like I was, are the people you don't see out and about. For every happy

person in their element taking an Instagram picture on the beach, there were others like me who couldn't find the strength to get out of bed that day.

That quarter was a miserable one for me, but my melancholia gave me the wakeup call that I needed to take control over my own life and seize agency to become the busy, happy college student I had wanted to be for the past year and a half. I saw my psychiatrist back home and went back on the antidepressants that had helped me in the past, which lifted most of the heavy fog from the corners of my brain where it had settled. I started writing for the Daily Nexus and joined several organizations that connected me with people who were passionate about the same things I was. I studied my ass off to be accepted into a small seminar on human sexuality with the Baldwins, professors I had always admired at UCSB. I ended the relationship that had been holding me back from pursuing my goals for so long.

“For the first time I was able to say that I truly loved myself, that I had accomplishments I was proud of and things to look forward to.”

When winter came around, my efforts toward self-improvement and happiness began to pay off. For the first time I was able to say that I truly loved myself, that I had accomplishments I was proud of and things to look forward to. And in solving the problems that had plagued me inwardly for so long, I was finally able to look outward and fall head-over-heels in love with UCSB and the Isla Vista community.

In the years preceding my college journey, the picture of Isla Vista that high school had painted in my head was probably more representative of the town as it had been in the mid-1980s. This is because my aunt and uncle had both attended the school, and I grew up hearing about wild Halloweens, couches burning on front lawns, police breaking up street riots and days spent surfing on the beach.

It turns out that the home I would come to know did not match a whole lot of these descriptions. UCSB has eclipsed the era out of which its reputation was born, but the tall tales remain in circulation. I'm not saying today's Gauchos don't know how to party, but the atmosphere has certainly shifted to more of a "work hard, play hard" mentality. On weeknights we stay up until the wee hours of the morning studying, writing papers, doing chemistry labs or whatever the task of the hour happens to be. We go out on Friday nights and give it all we have and then go out for Saturday morning brunch at Bagel Café to give us the fuel to do it all over again.

The intensity with which Gauchos go about both their work and their play is one of my favorite things about this school. On campus, our passion extends beyond the classroom. Rallies protesting the hateful practices of our president, the harmful Dakota Access Pipeline proposal, unjust tuition hikes and many more issues occur frequently. Our sustainability program involves many students devising and implementing solutions to the growing environmental crisis that only human beings are able to confront. Issues that I had never heard of before college are given a voice and call to action here.

This vibrant energy continues as you pass through the glow of Pardall Tunnel into the streets of Isla Vista. The thing that differentiates us from many other colleges, in my opinion, is that most of our student body, restaurants, shops, live music and parties are all contained in a two-square-mile area right outside of campus. Rather than being spread out among the surrounding area unaffiliated with UCSB, I.V. is the epitome of a college town, with over 90 percent of its residents being students.

In the past few years, I have watched myself grow from an insecure, wide-eyed girl with no idea what to expect from my college years to a happy, busy upperclassman who can barely contain her excitement for life. Moving to an entirely new place and starting a new life in college was not as easy for me as movies and social media had led me to believe it would be. But that level of discomfort forced me to make the internal changes that were necessary for me to succeed in a college environment.

Everyone's experiences are different; some people love college the moment they hit the ground running, and others discover that a university environment is simply not the right place for them to be happy and successful. I wish I had known that finding happiness is not a prescribed path; it's a process, and it happens for everyone in different ways.

If I told my depressed self a year ago that I would be this happy today, she probably would have rolled her eyes and crawled back into bed. This coming year I will be living in the center of I.V., right down the street from both my freshman roommate and Bagel Café. Life has thrown me some unexpected challenges, but when I really think about it, I wouldn't have it any other way.

Laurel Rinehart hopes that people find peace in their time at UCSB.

# HOROSCOPES

## ARIES

MARCH 21 - APRIL 19

Remember all those times you said you were gonna start surfing? Well, it's time. The tides are high and knowing how to surf is a UCSB graduation requirement (really). Plus, it gives you justification for saying "dude" a lot.

## TAURUS

APRIL 20 - MAY 20

Don't even try to lie to anyone, we know you love back to school shopping. Now break out your 46 piece set of highlighters and get ready to start Fall Quarter.

## GEMINI

MAY 21 - JUNE 20

Taco Tuesday is real and it was meant for you. It was also meant for Monday, Wednesday, Thursday, Friday, Saturday and Sunday. DLG tacos are dank.

## CANCER

JUNE 21 - JULY 22

Friendly reminder that there is no Target in Santa Barbara. Make sure to get your fix before coming to school by going to Target at least twice daily.

## LEO

JULY 23 - AUGUST 22

You spent all summer trying to get in shape before Fall Quarter started, but let's get real: You really deserve all the carbs in the world right now. It's been a hard a week. Go ahead and eat as much pasta you can.

## VIRGO

AUGUST 23 - SEPTEMBER 22

Need some pre-school studying? Take a gander at the bus map. A wrong route may end up turning your quick grocery store trip into a 3 hour journey.

## LIBRA

SEPTEMBER 23 - OCTOBER 22

Nothing quite says fun like having your birthday during the first few weeks of school. Fear not, freshmen, everyone will want to celebrate with you.

## SCORPIO

OCTOBER 23 - NOVEMBER 21

Feeling down? Well pick yourself back up and finally try rock climbing at the Rec Cen. Sure you're afraid of heights, but nothing says "I'm fine" like scaling a plastic cliff covered in germs.

## SAGITTARIUS

NOVEMBER 22 - DECEMBER 21

Save up your money now. Your bank account won't know what hit it when those late night Freebs runs come into play.

## CAPRICORN

DECEMBER 22 - JANUARY 19

You may not be ready for midterms, but they sure are ready for you. The time is now to stake out the coveted back row of tables on the eighth floor of Davidson with the ocean view.

## AQUARIUS

JANUARY 20 - FEBRUARY 18

You're going to brag to all of your friends about how it takes you one minute and 16 seconds to walk to the beach. I'd tell you not to, but why?? Brag about it forever.

## PISCES

FEBRUARY 19 - MARCH 20

It's time to get those veggies in now to ensure you're fully prepared for the unfairly wonderful late-night meals at DLG. There are many toll house cookie bars and corn dogs in your future.