



TRAINING NEWS

ISSUE NO. 69 | SPRING 2009

COMMITMENT

INTEGRITY

QUALITY

TEAMWORK

BALANCE

*The Apprenticeship Program celebrates another record breaking year!
¡El Programa de Aprendizaje celebra otro año de romper records!*



Assemblyman Sandré Swanson (Center) pictured with representatives from Local 304 and Apprenticeship Program graduates.

(L-R) Jose Chavez, Manuel Velasco, Rene Perez, Jessica Stankovich-Muñoz, Mauricio Díaz, and Ricardo Cardenas.

NORTH BAY CONSTRUCTION OUTSTANDING ACHIEVEMENT IN APPRENTICESHIP

President Steve Geney accepts the award presented to North Bay Construction for outstanding achievement in Apprenticeship.

(L-R) David George Local 139, Will Earnshaw, Mike Cossey, and Steve Geney of North Bay Construction and Jeff Armstrong of the Apprenticeship Program.



Our Mission

LABORERS

The Laborers' Training Center provides Union Laborers comprehensive quality training emphasizing safety, skills and knowledge to increase their marketability and value to themselves, the Signatory Contractors and the Construction Industry.

*INSIDE - Schedule of Classes
ADENTRO - Horario de Clases*



Executive Director

Joe Ochoa

Director of Training

Vic Macias

Director of Apprenticeship

Jeff Armstrong

Instructor Supervisor

Jerome Williams

Administrative Manager/IT

Anabel Llanos

Facility Manager/Safety Officer

Richard Rocha

Terence J. O'Sullivan

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Jeff Armstrong, Joe Ochoa and Rocco Davis at the Apprenticeship Graduation Ceremony for the class of 2008

***Congratulations to the
Apprenticeship Graduating Class of 2008!***

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DIRECCIONES Y MAPAS

During the present economic situation many Signatory Contractors have had to adjust their approach to business. Some contractors have gone out of their specialty area into areas that will produce income so that they can remain solvent until the economic climate changes. Many of our Laborers have also become specialized in certain construction skills and are taking equipment, construction, and safety courses at the Laborers' Training Center, which will make them more valuable to their contractors.

Contractors are taking the opportunity of training their Laborers in new skills or recertification of skills, now that their schedule is not as hectic. Our phones at the Laborers' Training Center have been ringing off the hook with requests from contractors for training at their site, or at the San Ramon and Sacramento training centers. Laborers that had no time to take courses because of their job demands,

Durante la presente situación económica muchos de nuestros Contratistas Signatarios han tenido que ajustar el método de administrar su negocio. Algunos contratistas se han salido de su área de especialidad, para pasar a sectores que producirán ingresos que les ayudarán a mantenerse solventes hasta que el clima económico cambie. Muchos de nuestros Obreros también se han especializado en ciertas técnicas y están tomando cursos de equipo, construcción, y de seguridad en el Centro de Capacitación para Los Obreros, los cuales los harán más valiosos para los contratistas.

Los contratistas están tomando la oportunidad de entrenar a sus Obreros en nuevas técnicas o renovando sus certificaciones ahora que el trabajo no está tan atareado. Nuestros teléfonos en el Centro de Capacitación no paran de timbrar con solicitudes de nuestros contratistas signatarios pidiendo clases de capacitación en su empresa o en los Centros de Capacitación



“Welding” seams with T-Lock compound in classroom and hands-on.

Tunnel Boring Machine used for the project

have gone to their Locals requesting to be scheduled for classes to improve, or learn new skills that will increase their chances of being dispatched when a contractor calls.

The Laborers Training Center continues to provide our core Construction, Equipment, Safety, Environmental, and Apprenticeship Classes to our Laborers. These courses help train new members and sharpen Journeyman Laborers skills. Many of these courses require the use of mathematics in order to become proficient. Concrete, Asphalt, Grade Checking and Pipe Laying to name a few, are courses that require mathematics. In order to improve the ability of our Laborers to grasp the math portion of these courses, we will be offering a Basic Construction Math Class in English and Spanish in the Spring Quarter Schedule.

Working with contractors to fulfill their needs of up-to-date training is necessary for the survival of our Signatory Con-

en San Ramon y Sacramento. Los Obreros que no tenían tiempo de tomar cursos por la demanda de su trabajo, se han presentado a su Oficina Local para inscribirse en las clases y así poder mejorar o aprender nuevas técnicas que aumentarán sus oportunidades de ser despachados cuando un contratista lo requiera.

El Centro de Capacitación continúa proporcionando los cursos principales de Construcción, Equipo, Seguridad, Medioambiente, y clases de Aprendizaje a nuestros Obreros. Éstos cursos ayudan a entrenar a los nuevos miembros y afilar las habilidades de los Obreros. Varios de los cursos requieren el uso de la matemática. El Concreto, Asfalto, Topografía, e Instalar Pipa son algunos de los cursos que requieren el uso de la matemática. Para poder ayudar a nuestros Obreros a poder captar la porción de la matemática de manera más eficiente, estaremos ofreciendo la clase de “Matemática Básica en la Construcción”. La clase será instruída en Inglés y en Español durante el programa de Verano.

El trabajar con contratistas para que sus necesidades de entre-

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tractors as well as the Laborers' Union, especially during the present economic situation. Signatory Contractors Traylor - Shea, a Joint Venture, needed to have their labor force trained to install 400,000 linear feet of T Lock liner manufactured by Ameron for the UNWI 1 & 2 Project in Sacramento. Our International Representative, Ron Myers arranged the meeting with Executive Director, Joe Ochoa, Senior Instructor/Supervisor, Jerome Williams, and I, with Traylor - Shea Project Manager Dave Ferguson and his staff. When the meeting had concluded we had agreed to partner in the training of the Traylor- Shea Laborers, and Mr. Ferguson had agreed to provide the T Lock equipment and liner material to train our members at the Laborers' Training Center. Senior Instruc-

namiento estén al día, es necesario para la sobrevivencia de nuestros Contratistas Signatarios y también para La Unión de Los Obreros; especialmente durante la situación económica en que nos encontramos. Contratistas Signatarios Traylor - Shea, Empresa Conjunta, necesitaba que se le entrenara a sus Obreros en como instalar 400,000 pies lineales de forro T-Lock manufacturado por Ameron para el proyecto UNWI 1 y 2 en Sacramento. Nuestro Representante Internacional, Ron Myers organizó una junta con el Director Ejecutivo, Joe Ochoa, Instructor y Supervisor, Jerome Williams, con el Gerente del Proyecto de Traylor - Shea, Dave Ferguson, sus empleados y con su servidor Victor Macias. Al concluir la reunión acordamos que participaríamos en el entremamiento de sus empleados, y el Señor Ferguson nos proporcionaría el equipo T-Lock y el material para entrenar a nuestros miembros



Unplugging the shotcrete hose

Practical part of the Shotcrete

Shotcreting the mock tunnel

tor/Supervisor, Jerome Williams received a "Train the Trainer Course" in the T Lock technique from Ameron Director of Operations, Mr. Mike Carruth during the certification process of the Traylor - Shea Laborers. We now have the ability to train our members in the T Lock technique, and to provide trained laborers for the Traylor - Shea Project, as well as future projects.

en el Centro de Capacitación para Los Obreros. Instructor y Supervisor, Jerome Williams recibió el "Entrenamiento de Instructor en la Técnica de T-Lock" del Director de Operaciones de Ameron, Mike Carruth durante el proceso de certificación de los Obreros del Proyecto de Traylor - Shea. Ahora tenemos la capacidad de entrenar a nuestros miembros en la técnica de T-Lock, y proveer Obreros que estén entrenados para el Proyecto de Traylor - Shea, así como proyectos futuros.

Using the resources from one class to assist in creating or adding to another class is not new to the Laborers' Training Center approach to training. Continuing this approach will ensure that we will use our resources in an efficient manner and reduce our costs. Training will in no way be compromised, so proper planning will help us reach our training goals. Our Shotcrete class conducted by our instructor Dave Petrosky is a perfect example; the shotcrete material that was used in the practical part of the class was used to continue the building of our mock tunnel for our future Safety Tunnel Training Class.

Usando los recursos de una clase para ayudar a crear o apoyar a otra clase, no es un método nuevo de entrenamiento en el Centro de Capacitación. Continuando este método asegurará que usemos nuestros recursos eficientemente y que los costos sean reducidos. La Capacitación no será transigida y la planificación eficiente nos ayudará a conseguir nuestra meta. La clase de Shotcrete presentada por el Instructor Dave Petrosky es un ejemplo; el material de Shotcrete que se utilizó en la parte práctica del curso también se utilizó para continuar edificando el simulacro del túnel para nuestra futura clase de Seguridad en Túneles.

The Laborers' Training Center will continue to improve the training and quality of our Laborers, and the unification of our Signatory Contractors and Laborers' Locals will help us out of these troubled times.

El Centro de Capacitación para Los Obreros continuará mejorando el entrenamiento y la calidad de nuestros Obreros, y a la vez, la unificación de nuestros Contratistas Signatarios y las Oficinas Locales de Los Obreros nos ayudará a salir adelante en estos tiempos turbulentos.

Apprenticeship Graduation Ceremony Breaks Previous Records

La Ceremonia de Graduación del Programa de Aprendizaje Rompe Records Anteriores

On February 7, the Northern California Laborers' Apprenticeship Program graduated its largest class to date. Over 200 guests watched and cheered as 120 graduates marked their passage from apprentice to journey worker.

El 7 de Febrero, el Programa de Aprendizaje de los Obreros del Norte de California graduó a la clase más grande hasta la fecha. Más de 200 invitados observaron y vitorearon mientras que 120 graduados marcaban su transición de aprendiz a Obrero.

Matching previous milestones such as graduating at least one apprentice from each affiliated local simply would not suffice this year. Going one step further, the program graduated apprentices from each of its four programs - Construction Craft Laborer, Brick Tender, Plaster Tender and Parking and Highway Improvement Painter. As a testament to just how popular the apprenticeship program has become, during 2008 we also passed the 600 apprentice mark for the first time in our 10 year history.

Igualando marcas previas tales como graduar a por lo menos un aprendiz de cada local afiliado, simplemente no fué suficiente este año. Yendo un paso más allá, el programa de aprendizaje graduó aprendices de cada uno de sus cuatro programas - Construction Craft Laborer/Obrero de oficio en la construcción, Brick Tender, Plaster Tender/Ayudante de emplaste y enjarador y Parking and Highway Improvement Painter/Mejoramiento de Estacionamientos y Autopistas de Obreros Pintores. Como un testimonio de que tan popular se ha convertido el programa de aprendizaje, durante el 2008 también se sobrepasó por primera vez la marca de 600 aprendices en nuestros 10 años de historia.

Jeff Armstrong, Director of the Apprenticeship Program, welcomed the many family members and union representatives who made the drive to the Terence J. O'Sullivan Laborers' Training Center in San Ramon to show their support. He then introduced a number of distinguished guests who were all proud to be our partners and a part of the ceremony.

El Director del Programa de Aprendizaje, Jeff Armstrong, dió la bienvenida a todos los familiares y a los representantes de la unión, quienes se dieron cita para demostrar su apoyo en el Centro de Capacitación para los Obreros Terence J. O'Sullivan en San Ramon. Se dió a la tarea de presentar a un número de distinguidos invitados quienes están orgullosos de ser nuestros asociados y a la vez ser partidarios de la ceremonia.

After a moving invocation by Sam Robinson, Business Manager of Hod Carriers Local 166, the Executive Director of the Training Center, Joe Ochoa, welcomed all in attendance.

Después de una invocación conmovedora por Sam Robinson, Gerente General de Hod Carriers Local 166, el Director Ejecutivo del Centro de Capacitación, Joe Ochoa, dió la bienvenida a todos los presentes.

Next up was Rocco Davis, Pacific Southwest Regional Manager, Laborers' International Vice-President, and Special Assistant to The General President. After offering his congratulations, Rocco spoke about the opportunities that lie ahead for all the graduates and encouraged all to become active members in their local unions.

Enseguida le tocó el turno a Rocco Davis, Gerente Regional de Pacific Southwest, Vice-Presidente de la Unión Internacional de Obreros, y Asistente Especial para el Presidente General. Después de ofrecer sus felicitaciones, Rocco habló acerca de las oportunidades que se presentarán y animó a todos los aprendices a ser miembros activos de sus uniones locales.

Raul Galvan of the California Division of Apprenticeship Standards addressed the graduates and detailed the State's role as a partner in apprenticeship. Raul continues to play an integral role in our program's development. His dedication to apprenticeship in general and apprentices in particular was evident as he congratulated the graduates on their achievement and commended them for their accomplishments.

Raúl Galván de la Division de Estándares de Aprendizaje de California se dirigió a los graduados y describió en detalle el papel que el Estado desempeña como asociado del aprendizaje. Raúl continúa desempeñando un papel integral en el desarrollo de nuestro programa. Su dedicación al aprendizaje y a los aprendices en particular se hizo evidente al felicitar y elogiar a los graduados por su éxito.

Also on hand to praise the graduates was the Principal of the Petaluma Adult School, Carol Waxman. The Petaluma Adult School serves as the Program's Local Education Agency (LEA). The role of the LEA is to act as our liaison with the California Department of Education. Carol has been deeply committed to the growth and success of our Program by ensuring we get the support we need from the Department. Some of that commitment was on display as she lauded the graduates for achieving an important milestone.

También estuvo presente la Directora de la Escuela de Adultos de Petaluma, Carol Waxman, quién elogió a los graduados. La Escuela para Adultos de Petaluma funciona como la Agencia Local de Educación (LEA) para el programa. El papel que desempeña la LEA es actuar como enlace con el Departamento de Educación de California. Carol a estado profundamente dedicada al crecimiento y progreso de nuestro Programa



(Left)
Mauricio Diaz
Local 304



(Right)
Marco Lemus
Local 324



(Left)
Chance Gray
Local 73



(Right)
Daniel Meda
Local 1130



(Left)
Jean Sidener
Local 185



(Right)
Alfredo Villegas
Local 139

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This year's recipient of the award for Outstanding Achievement in Apprenticeship was North Bay Construction. This award is given to the contractor who demonstrates the highest level of involvement in apprenticeship and shows a real commitment to the success of the Program while recognizing the important role apprentices can play in contributing to a company's prosperity. Accepting the award on behalf of North Bay Construction were Steve Geney, Will Earnshaw and Steve Cossey. Steve commended the graduates on their accomplishment and mentioned that North Bay Construction has been a union contractor "since day one."

Next up was the presentation of certificates. As is tradition, once the certificates were handed out, we opened the microphone up to all the graduates who wanted to share their feelings about what this day means to them and to thank those who stood by them and pushed them to succeed. Many took advantage of the opportunity and had the audience thoroughly engaged as they spoke from the heart.

Following the heartfelt thanks and expressions of gratitude from many of the graduates, the Honorable Sandré Swanson, who represents the 16th district in the State Assembly of the California Legislature, addressed the graduates and shared with them just how impressed he was with their accomplishments. He also commended José Mejía, Director of the California State Legislative Council, for being such a tenacious advocate on behalf of the Laborers.

Instructor Ollie Hurd spoke to the graduates next and told them to be "Damn good Laborers" because those are the ones who work in good times and in bad. He went on to say that the certifications they have earned and the experience they garnered will keep them in demand.

Director Armstrong closed the ceremony by asking the graduates to realize their potential and to know deep down that they've got what it takes to succeed - their certificates prove it. He also asked them to share all their accomplishments with their children so they will be instilled with the same sense of pride when they see a building, a bridge or a stretch of highway built by their mom or dad.

All of us who work at the Terence J. O'Sullivan Training Center wish each and every one of the graduates success as our newest journey workers.
C o n g r a t u l a t i o n s !

asegurando que obtengamos el apoyo necesario del Departamento. Su dedicación fuè demostrada al elogiar a los graduados por el logro de un hito tan importante.

Èste año, el receptor del premio por el Logro Sobresaliente en Aprendizaje fuè otorgado a North Bay Construction. Este premio es otorgado al contratista que demuestre el nivel más alto de intervención en aprendizaje y demuestre una dedicación real para el éxito del Programa y a la vez reconozca el papel tan importante que los aprendices desempeñan al contribuir a la prosperidad de una compañía. En nombre de North Bay Construction, el premio fue aceptado por Steve Geney, Will Earnshaw y Steve Cossey. Steve elogió a los graduados por su logro y mencionó que North Bay Construction a sido contratista de la Unión "desde el primer día".

A continuación se dió la entrega de certificados. Como es tradición, ya que los certificados fueron otorgados, se abrió el micrófono a todos los graduados que quisieran compartir sus sentimientos acerca de lo que èste día significaba para ellos y dar las gracias a aquellos que los apoyaron y motivaron para alcanzar el éxito. Muchos tomaron esta oportunidad y mantuvieron a la audiencia completamente captivada al hablar del corazón.

Tras el más sincero agradecimiento y las expresiones de gratitud de parte de muchos de los graduados, el Honorable Sandré Swanson, quien representa al Distrito 16 en la Legistarura del Estado de California, se dirigió a los graduados y compartió con ellos lo impresionado que estaba con sus éxitos. También elogió a José Mejía, Director del Consejo Legislativo del Estado de California, por ser tan tenaz defensor en nombre de los Obreros.

Enseguida, el instructor Ollie Hurd se dirigió a los graduados y les pidió que fueran "Buenos Obreros" porque los Buenos Obreros son los que trabajan en los buenos y malos tiempos. Èl continuó diciendo que las certificaciones y la experiencia que han obtenido los mantendrá en demanda.

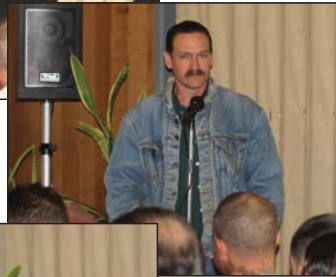
El Director Armstrong cerró la ceremonia pidiendole a los graduados que se den cuenta de su potencial y que estén seguros de que poseen lo que se necesita para tener éxito - sus certificaciones lo comprueban. También les pidió que compartieran con sus hijos todos sus logros para que se les inculque el mismo sentimiento de orgullo cuando vean un edificio, un puente o un tramo de una autopista construidos por su mamá o papá.

Todos los que trabajamos en el Centro de Capacitación Terence J. O'Sullivan, les deseamos a cada uno de los graduados éxito como nuestros nuevos Obreros.

F e l i c i d a d e s !



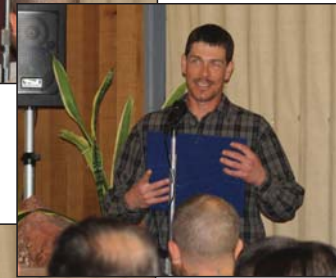
(Left)
Gavin Taylor
Local 166



(Right)
Kenneth Beltramo
Local 185



(Left)
Victor John
Local 261



(Right)
Jason Vogell
Local 185



(Left)
Darrion Bratton
Local 324



(Right)
Carlos Echevarria Jr.
Local 185

Apprenticeship Graduation

Graduación del Programa de Aprendizaje

Class of 2008 - Clase del 2008



Rocco Davis, Special Assistant to the General President, LIUNA Vice-President & Pacific Southwest Regional Manager



The Honorable Sandré Swanson, California State Assembly Member



José Mejía, Director of the California State Regional Legislative Council



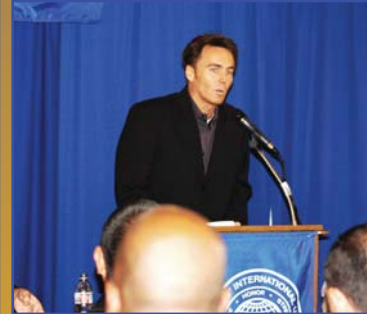
Paul Supton, Legal Counsel N.C.D.C.L



Sam Robinson, Business Manager Local Union 166



Joe Ochoa, Executive Director Terence J. O'Sullivan Laborers' Training Center



Jeff Armstrong, Director of Apprenticeship Terence J. O'Sullivan Laborers' Training Center



Raul Galvan, Consultant Division of Apprenticeship Standards



Carol Waxman, Principal Petaluma Adult School



David George Business Manager Local Union 139



Steve Geney, President North Bay Construction



Ollie Hurd, Instructor Terence J. O'Sullivan Laborers' Training Center



Jeff Armstrong, Sandré Swanson & José Mejía



Terry Lopp, Local 166 Apprenticeship Program Graduate



Jesse Arnold, Local 324 Apprenticeship Program Graduate



Guadalupe Macias, Local 73 Apprenticeship Program Graduate



Manjit Nath, Local 324 Apprenticeship Program Graduate



Amber Rohr, Local 185 Apprenticeship Program Graduate



Jeremiah Robinson, Local 166 Apprenticeship Program Graduate



Apprenticeship Program Graduates

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Northern California Laborers' Local Union Offices

Oficinas de la Unión Local de Obreros del Norte de California

Local 67 : Asbestos, Lead & Mold, and HAZ-MAT Laborers'
Business Manager Victor Parra
7:00am – 5:00pm : (510) 569-4761
8400 Enterprise Way #119 : Oakland, CA 94621
Branch Office : 7:00am – 5:00pm
2717 Cottage Way #12 : Sacramento, CA 95825 : (916) 482-2607

Local 73 : General Laborers' & Hod Carriers
Business Manager / Secretary Treasurer Ray Recinos
6:30am – 5:00pm : (209) 466-3356
2841 East Myrtle Street : Stockton, CA 95205

Local 139 : Hod Carriers & Construction Laborers'
Business Manager / Secretary – Treasurer David E. George
6:30am – 5:00pm : (707) 542-1107
81 Barham Avenue : Santa Rosa, CA 95407

Local 166 : Hod Carriers
Business Manager / Secretary – Treasurer Samuel Robinson
7:00am – 9:00am : (510) 568-0141
8400 Enterprise Way Room 109 : Oakland, CA 94621

Local 185 : Construction & General Laborers'
Business Manager / Secretary – Treasurer Doyle S. Radford
Office Hours: 6:30am – 4:30pm : (916) 928-8300
1320 National Drive : Sacramento, CA 95834
Branch Offices : 6:30am – 3:30pm
2865 Churn Creek Rd., D : **Redding**, CA 96049 : (530) 221-0961
1650 Sierra Ave., #206 : **Yuba City**, CA 95993 : (530) 674-4707

Local 261 : Construction & General Laborers'
Business Manager / Secretary – Treasurer Oscar De La Torre
6:30am – 4:30pm : (415) 826-4550
3271 – 18th Street : San Francisco, CA 94110

Local 270 : Hod Carriers, General Laborers'
Deputy Trustee, Robert R. Trenkle
6:30am – 5:00pm : (408) 297-2620
509 Emory Street : San Jose, CA 95110
Branch Office : 6:30am – 5:00pm
640 Eaton Street : Santa Cruz, Ca 95062 : (831) 475-7058

Local 291 : Construction & General Laborers'
Business Manager / Secretary – Treasurer Harry C. Harris
6:30am – 5:00pm : (415) 492-0936
4174 Redwood Highway : San Rafael, CA 94903

Local 294 : Construction & General Laborers'
Business Manager / Secretary – Treasurer Bruce Rust
7:00am – 5:00pm : (559) 255-3019
5431 East Hedges : Fresno, CA 93727
Branch Office : 7:00am – 9:00am
319 N. Church Street : Visalia, CA 93277 : (559) 734-9426

Local 297 : Laborers' & Hod Carriers
Business Manager / Secretary – Treasurer Gary A. Alameda
7:00am – 5:00pm : (831) 422-7077
117 Pajaro Street : Salinas, CA 93901
Branch Office : 7:00am – 9:00am / 3:30pm – 5:00pm
254 Casa Verde Way : Monterey, CA 93940 : (831) 648-1081

Local 304 : Construction & General Laborers'
Business Manager / Secretary – Treasurer Jose M. Zapien, JR.
6:00am – 4:30pm : (510) 581-9600
29475 Mission Blvd : Hayward, CA 94544
Branch Office : 6:00am – 4:30pm
2063 Research Dr. : Livermore, CA 9455 : (925)455-8292
425 Roland Way : Oakland, CA 94621 : (510) 562-2661

Local 324 : Construction & Hod Carrier Laborers'
Business Manager / Secretary – Treasurer Randy LeMoine
6:30am – 4:00pm : (925) 228-0930
611 Berrellesa Street : Martinez, CA 94553
Branch Offices : 6:30am – 9:00am
1005 Fitzuren Road : Antioch, CA 94509 : (925) 522-0006
101 South 12th St. : Richmond, CA 94804 : (510) 234-1069
2920 Sonoma Blvd, Ste B : Vallejo, CA 94590 : (707) 643-7214

Local 389 : Construction & General Laborers'
Business Manager / Secretary – Treasurer Anthony W. Dimas
6:30am – 5:00pm : (650) 344-7168
300-7th Avenue : San Mateo, CA 94401

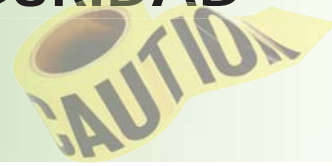
Local 1130 : Construction, Production & Maintenance Laborers'
Business Manager / Secretary – Treasurer David J. Gorgas
7:00am – 4:30pm : (209) 521-9883
2549 Yosemite Bl., Suite K : Modesto, CA 95354



SAFETY CORNER | RINCÓN DE SEGURIDAD

By: Richard Rocha

Asphalt Safety



Millions of tons of asphalt are produced and used every year in the paving and roofing industries. Over a half-million workers are exposed to fumes from asphalt. Health effects from exposure to asphalt fumes can include headache, skin rash, sensitization, fatigue, reduced appetite, throat and eye irritation, cough, and skin cancer. There are currently no specific Occupational Safety and Health Administration (OSHA) standards or directives for asphalt fumes. However, exposures to various chemical components of asphalt fumes are addressed in specific standards for general industry, such as the use of personal protective equipment (PPE).

Hazards

There are two main hazards associated with asphalt:

- Fire and explosion hazards, and
- Health hazards associated with skin contact, eye contact, and/or inhalation of fumes and vapors.

Personal Protective Equipment

OSHA requires employers to use personal protective equipment (PPE) to reduce employee exposure to hazards when engineering and administrative controls are not feasible or effective. Employers are required to determine all exposures to hazards in their workplace and determine if PPE should be used to protect their workers. PPE is necessary to protect workers from asphalt burns and irritation. In addition, many of the solvents used to cut asphalt can be absorbed through unprotected skin into the bloodstream, where they can travel throughout the body and cause damage to many different organs.

PPE recommended when handling heated asphalt

- Chemical goggles and a 200 mm (8 inches) minimum sized face shield.
- Loose clothing in good condition with collars closed and cuffs buttoned at the wrist.
- Thermally insulated gloves with gauntlets that extend up the arm and worn loosely so that they can easily be flipped off if covered with hot asphalt.
- Boots with tops at least 150 mm (6 inches) high and laced without openings.
- Pants without cuffs which extend over the tops of the boots.
- Safety shoes at least 15 centimeters (cm) high and laced.
- Barrier creams and lotions leave a thin film on skin and act as a barrier against skin irritants worn with protective clothing.
- Long handled sprayers with flexible hoses should be used when emulsified asphalts are applied by hand for tack coats, or when cut-back asphalts are applied by hand for prime coats.

Safe Work Procedures - Training

All workers who can be exposed to asphalt fumes should be trained about hazards and safe work procedures. This training should include specific information about the solvents used in mixing the asphalt. Material Safety Data Sheets (MSDS) should be made available to each employee assigned to work with or near asphalt processes. The MSDS should include specific information on the solvents present in the asphalt mix and should list all pertinent information including flashpoint, boiling point, acute and chronic effects of all chemical ingredients in the solution, recommended PPE, as well as other fire and emergency cleanup information.

Millones de toneladas de asfalto son producidas y usadas cada año en las industrias de pavimentación y techado. Más de medio millón de trabajadores están expuestos a los humos del asfalto. Los efectos a la salud a causa de estar expuestos a los humos del asfalto pueden incluir dolor de cabeza, sarpullido en la piel, sensibilización, fatiga, pérdida de apetito, irritación de la garganta y los ojos, tos y cáncer en la piel. Hoy en día no hay estándares o directivas específicas de Seguridad Ocupacional y Administración de la Salud (OSHA) para los humos del asfalto. Sin embargo el contacto con varios químicos que componen los humos del asfalto son tratados en estándares específicos para la industria general, tal como el uso de Equipo Personal Protector (Personal Protective Equipment).

Riesgos

Hay dos riesgos principales relacionados con el asfalto:

- Incendios y riesgos de explosión
- Riesgos de salud asociados con el contacto con la piel, los ojos y/o la inhalación de humos y vapores.

Equipo Personal Protector

OSHA requiere que los empresarios utilicen equipo personal protector (PPE) para reducir el contacto de los empleados con peligros cuando controles de ingeniería y administrativos no son factibles o efectivos. Se le requiere a los empresarios determinar el contacto con riesgos en su sitio de trabajo y determinar si el PPE debe ser usado para proteger a sus empleados. El PPE es necesario para proteger a los empleados de las quemaduras de asfalto y de irritación. Además, muchos de los solventes utilizados para cortar el asfalto pueden ser absorbidos a través de la piel que no está protegida y entra a la corriente sanguínea, por donde pueden recorrer a través del cuerpo y causar daño a diferentes órganos.

PPE recomendado cuando esté trabajando con asfalto caliente

- Gafas para químicos y una pantalla protectora de 200mm (8 pulgadas) mínimo.
- Ropa suelta/cómoda en buenas condiciones, con cuello cerrado y manga larga que se abotone alrededor de la muñeca.
- Guantes termales, aislados y largos que protegen el brazo y que estén un poco sueltos para poder removerlos fácilmente en caso de que se cubran con asfalto caliente.
- Botas largas de por lo menos 150 mm (6 pulgadas) de altura que se sujeten sin quedar aperturas.
- Pantalones sin dobladuras que se extiendan sobre la parte de arriba de las botas.
- Zapatos de seguridad de aproximadamente 15 cm de altura y que estén sujetos.
- Cremas bloqueadoras y lociones dejan una pequeña capa en la piel, la cual actúa como barrera contra los irritantes de la piel utilizándose a la vez con ropa protectora.
- Pulverizadores con asa larga y manguera flexible deben ser usadas cuando productos de asfaltos con emulsión sean aplicados a mano, para que el asfalto pueda adherirse con más seguridad.

Procedimientos de Seguridad en el Trabajo - Entrenamiento

Todos los empleados que puedan estar expuestos a los humos del asfalto deben ser entrenados en riesgos y procedimientos de seguridad en el trabajo. Este entrenamiento debe incluir información sobre los solventes utilizados en la mezcla del asfalto. Láminas de Datos de Seguridad para los materiales (MSDS) deben estar accesibles para cada empleado asignado a trabajar con o cerca de procesos de asfalto. Las láminas de datos (MSDS) deben incluir información específica acerca de los solventes presentes en la mezcla de asfalto y deben de tener una lista con toda la información pertinente, incluyendo punto de incendio, punto de hervor, efectos agudos y crónicos de todos los ingredientes químicos en la solución, el equipo (PPE) recomendado, como también cualquier otra información para la limpieza de incendios y emergencias.

Apprenticeship Courses

<p>Apprenticeship Initial 3 Weeks Dates: 04/06 - 04/24 04/27 - 05/15 05/11 - 05/29 06/08 - 06/26 06/22 - 07/10 Pre-requisite: None</p>	<p>Apprenticeship Follow Up 2 Weeks Dates: 04/13 - 04/24 Pre-requisite: Apprenticeship Initial Completion</p>
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Construction Courses

<p>Advanced Concrete Finishing 2 Weeks Dates: 06/08 - 06/19 Pre-requisite: Concrete Techniques/ Experience</p>	<p>Air Track Drilling Orientation 1 Week Dates: 04/27 - 05/01 05/18 - 05/22 Pre-requisite: None</p>	<p>Air Track Drilling Advanced 3 Weeks Dates: 06/08-06/26 Pre-requisite: Air Track Drilling Orientation</p>	<p>Asphalt Paving Techniques 2 Weeks Dates: 05/04 - 05/15 Pre-requisite: None</p>
<p>Basic Construction Math Skills 1 Week Dates: 05/04 - 05/08 06/22 - 06/26 (Spanish) Pre-requisite: None</p>	<p>Blueprint Reading Orientation 3 Days Dates: 04/20 - 04/22 06/29 - 07/01 Pre-requisite: None</p>	<p>Concrete Techniques 2 Weeks Dates: 05/18 - 05/29 Pre-requisite: None</p>	<p>Confined Space Entry 1 Day Dates: 04/02 05/28 Pre-requisite: None</p>
<p>Fence Building 1 Week Dates: 05/11 - 05/15 Pre-requisite: None</p>	<p>Grade Checking Orientation 4 Days Dates: 04/06 - 04/09 06/29 - 07/02 Pre-requisite: None</p>	<p>Plaster/Brick Tender (Hod Carrier) Apprenticeship/Journeyman 3 Weeks Dates: 04/20 - 05/08 Pre-requisite: None</p>	<p>Rigging & Signaling 1 Week Dates: 04/13 - 04/17 Pre-requisite: None</p>
	<p>Sand Blasting (Abrasive Blasting) 1 Day Dates: 04/03 05/15 07/02 Pre-requisite: None</p>	<p>Shotcrete Techniques 2 Weeks Dates: 03/30 - 04/10 06/22- 07/02 Pre-requisite: Fundamentals of Construction/Exp.</p>	

Equipment Courses

<p>Aerial Work Platform Initial 2 Days Dates: 05/28 - 05/29 06/30 - 07/01 Pre-requisite: None</p>	<p>Aerial Work Platform Recertification 1 Day Dates: 04/03 05/13 Pre-requisite: Experience/Certification</p>	<p>Concrete Coring & Saw Cutting 2 Days Dates: 05/26 - 05/27 Pre-requisite: Construction Experience</p>	<p>Directional Drilling 4 Consecutive Saturdays Dates: 05/02, 05/09, 05/16, 05/23 Pre-requisite: None</p>
<p>Forklift Orientation-All Terrain 1 Week Dates: 04/06 - 04/10 06/08 - 06/12 06/22 - 06/26 (Spanish) Pre-requisite: None</p>	<p>Forklift Recertification 1 Day Dates: 04/01 04/16 (Spanish) 05/11 05/27 05/28 (Spanish) Pre-requisite: Experience/Certification</p>	<p>Skid-Steer Loader Orientation 1 Week Dates: 04/13 - 04/17 06/15 - 06/19 Pre-requisite: None</p>	<p>Skid-Steer Loader Recertification 1 Day Dates: 04/02 05/12 05/26 05/27 (Spanish) Pre-requisite: Experience/Certification</p>

Welding Courses

<p>Oxy Acetylene Torch Cutting & Burning 1 Day Dates: 04/02 05/14 05/28 Pre-requisite: None</p>
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San Ramon Schedule of Courses / Horario de Clases de San Ramón

April - June 2009

Abril - Junio 2009

Environmental Courses

Asbestos Worker Initial <i>1 Week</i> Dates: 04/06 - 04/10 05/11 - 05/15 <i>(Spanish)</i> 05/18 - 05/22 <i>(Spanish)</i> Pre-requisite: None	Asbestos Worker Recertification <i>1 Day</i> Dates: 04/23 Pre-requisite: Asbestos Worker Certificate	Hazardous Waste Removal <i>1 Week</i> Dates: 04/06 - 04/10 <i>(Spanish)</i> 04/20 - 04/24 05/11 - 05/15 06/15 - 06/19 Pre-requisite: 200 Hours Worked	Hazardous Waste Recertification <i>1 Day</i> Dates: 04/14 <i>(Spanish)</i> 04/21 05/26 Pre-requisite: Haz.Waste Certificate
Lead Abatement Initial <i>3 Days</i> Dates: 04/21 - 04/23 04/28 - 04/30 <i>(Spanish)</i> 06/30 - 07/02 Pre-requisite: None	Lead Recertification <i>1 Day</i> Dates: 04/22 Pre-requisite: Lead Initial Certificate (CDPH)	Mold Remediation <i>2 Days</i> Dates: 06/09-06/10 Pre-requisite: None	

Safety Courses

BATC Refinery Safety <i>1 Day</i> Dates: 04/16 05/14 05/28 06/11 Pre-requisite: None	First Aid/CPR <i>1 Day</i> Dates: 04/30 05/27 Pre-requisite: None	Firewatch Safety <i>1 Day</i> Dates: 04/03 04/24 05/15 05/29 06/26 07/10 Pre-requisite: None	Flagging <i>1 Day</i> Dates: 04/03 04/15 <i>(Spanish)</i> 04/17 05/12 05/26 <i>(Spanish)</i> 06/29 Pre-requisite: None
Mine & Tunnel Safety <i>1 Week</i> Dates: 05/11-05/15 Pre-requisite: None	OSHA10 + Flagging <i>2 Days</i> Dates: 04/28-04/29 Pre-requisite: None	OSHA 10 <i>2 Days</i> Dates: 05/26-05/27 Pre-requisite: None	
	Safety Certification (OSHA10, Flagging, Traffic Control, First Aid/CPR, Confined Space) <i>1 Week</i> Dates: 05/04-05/08 <i>(Spanish)</i> 05/18-05/22 Pre-requisite: None	Traffic Control <i>1 Day</i> Dates: 04/01 05/13 05/29 Pre-requisite: None	

IMPORTANT REMINDER!

All trainees/apprentices are expected to be on time for all courses and to be suitably attired with work clothing and work boots. **NO** shorts, tank tops, or tennis shoes will be allowed in class or in the dining area. **NO** head gear will be allowed in the dining room. Registration for all courses is from 6:00am to 7:00am the first day of class. After the first day, classes will begin at 6:30am. Classes end at 3:00pm. Those arriving late or without proper attire will **NOT** be accepted.

RECORDATORIO IMPORTANTE!

Se les requiere a todos los estudiantes y aprendices el llegar a tiempo a todos los cursos y venir vestidos apropiadamente con ropa y botas de trabajo. Pantalones cortos, camisetas sin manga, o zapatos de tenis **NO** serán permitidos, en ninguna de las clases o en el comedor. **NO** es permitido entrar al comedor con sombrero. La registraci3n para todos los cursos es de las 6:00am a 7:00am de la ma1ana. Despu3s del primer d1a de las clases, las clases empiezan puntualmente a las 6:30 de la ma1ana y terminan a las 3:00 de la tarde. Las personas que lleguen tarde, o sin ropa adecuada **NO** ser3n aceptadas.

Sacramento Schedule of Courses / Horario de Clases de Sacramento

April - June 2009

Abril - Junio 2009

Apprenticeship Courses

Apprenticeship Initial

3 Weeks

Dates: 04/13 - 05/01
05/04 - 05/22
06/15 - 07/02

Pre-requisite: None

Construction Courses

Asphalt Paving Techniques

1 Week

Dates: 04/20-04/24

Pre-requisite: None

Blueprint Reading Orientation

3 Days

Dates: 05/27-05/29

Pre-requisite: None

Concrete Techniques

2 Weeks

Dates: 06/08-06/19

Pre-requisite: None

Fundamentals of Construction

2 Weeks

Dates: 03/30-04/10

Pre-requisite: None

Grade Checking Orientation

4 Days

Dates: 05/26-05/29

Pre-requisite: None

Equipment Courses

Concrete Coring & Saw Cutting

2 Days

Dates: 05/18-05/19

Pre-requisite: Construction Experience

Directional Drilling

4 Consecutive Saturdays

Dates: 04/04, 04/11, 04/18, 04/25

Pre-requisite: None

Forklift Orientation

1 Week

Dates: 06/22-06/26

Pre-requisite: None

Skid-Steer Loader Orientation

1 Week

Dates: 06/08-06/12

Pre-requisite: None

Environmental Courses

Hazardous Waste Recertification

1 Day

Dates: 06/09

Pre-requisite: Hazardous Waste Certificate

Safety Courses

Firewatch Safety

1 Day

Dates: 04/10

05/01

05/22

07/02

Pre-requisite: None

Flagging

1 Day

Dates: 05/21

Pre-requisite: None

Safety Certification (OSHA10, Flagging, Traffic Control, First Aid/CPR, Confined Space)

1 Week

Dates: 04/27-05/01

Pre-requisite: None

OSHA10 + Flagging

2 Days

Dates: 06/10 - 06/11

Pre-requisite: None

Traffic Control

1 Day

Dates: 05/20

Pre-requisite: None

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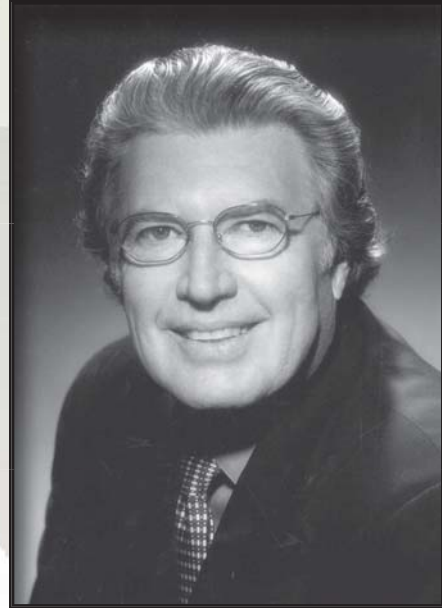
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Mobile Training Unit Unidad Móvil de Capacitación

The Northern California Laborers' Training Center offers off-site/mobile training for those Employers/Union Offices who would prefer to train their employees at their job sites/offsite location.

El Centro de Capacitación de Obreros del Norte de California ofrece capacitación móvil para los Contratistas/Oficinas Sindicales que prefieren que el entrenamiento se lleve a cabo en el sitio de trabajo/afuera del centro.



Let Us Know How we can fulfill your Organization's Training Requirements
Déjenos Saber como podemos satisfacer los requisitos de Capacitación de su Organización
Director of Training : Vic Macias
Instructor Supervisor : Jerome Williams

Tel - (925) 828-2513 : vmacias@norcalaborers.org : jwilliams@norcalaborers.org

The following classes are a sampling of the courses that can be provided via our Mobile Unit.

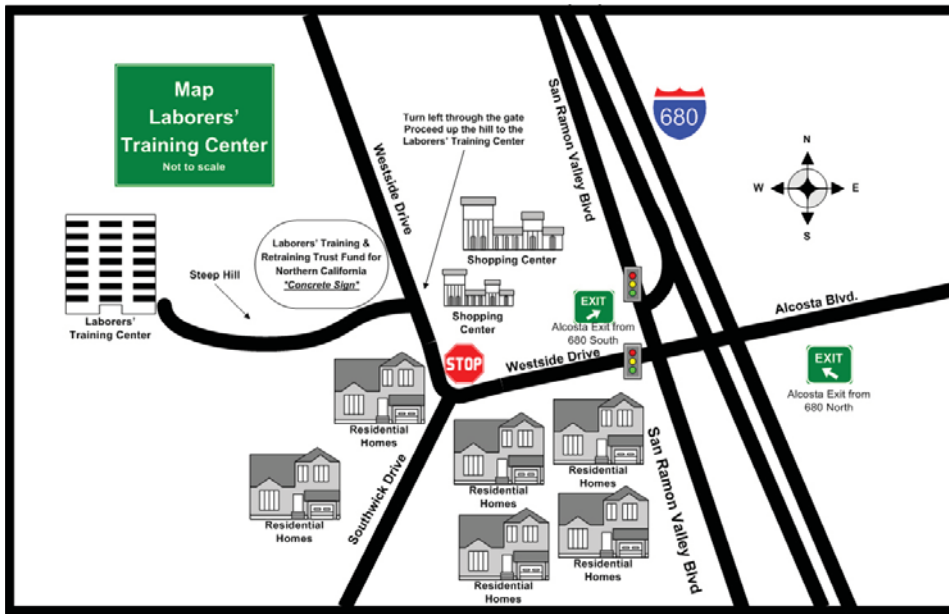
Las siguientes clases son una muestra de los cursos que son ofrecidos a través de nuestra Unidad Móvil.

Bilingual Communication:
Asphalt, Concrete, Pipe-Laying
Blueprint Reading
Competent Person
Concrete Cutting
First Aid/CPR
Flagging

Forklift Recertification
Grade Checking
OSHA10-Hour
Pipe Fusion Techniques
Skidsteer Loader
Traffic Control
Aerial Work Platform

DIRECTIONS & MAPS | DIRECCIONES Y MAPAS

San Ramon Location



1001 Westside Drive, San Ramon, CA 94583
(925) 828-2513 - Tel : (925) 828-6142 - Fax

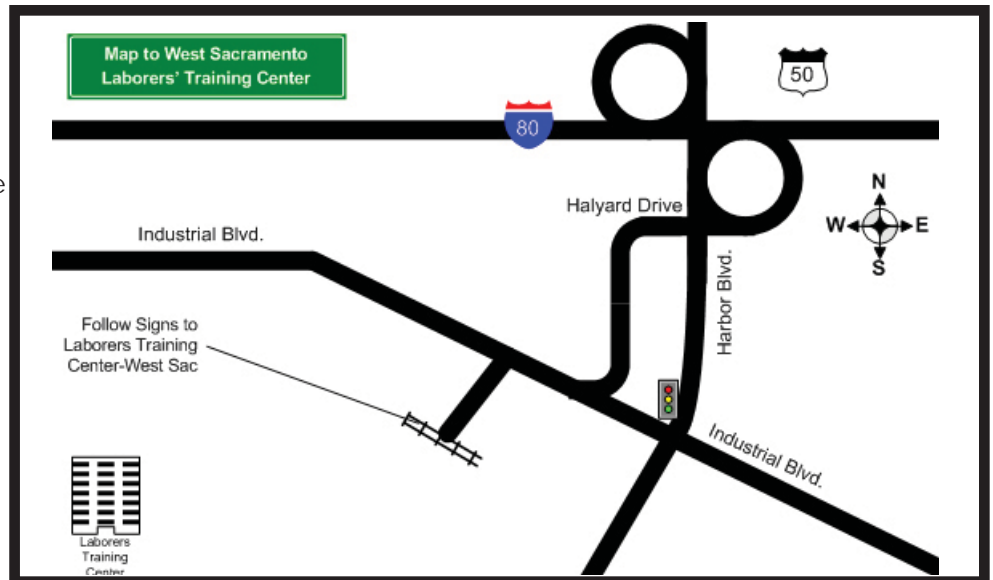
Take the ALCOSTA BOULEVARD exit off Highway 680, from Northbound 680, head West on Alcosta Boulevard, from Southbound 680, make a left (south) at top of ramp onto San Ramon Valley Boulevard. Turn right (west) on Westside Drive. Stay in the straight-ahead lane and look on your left for the large sign and gate leading to the Training Center. Proceed up the hill to the Administration building (on the left).

Tome la salida ALCOSTA BOULEVARD de la autopista 680, de la Ruta Norte 680, siga al Oeste en Alcosta Boulevard, del sur 680, gire a la izquierda (sur) en la parte superior de la rampa en San Ramon Valley Boulevard. Gire a la derecha (oeste) en Westside Drive. Permanezca en la recta por delante de carril y ver a su izquierda para el gran signo y puerta principal para el Centro de Capacitación. Proceda hasta la colina a la Administración edificio (a la izquierda)

Take the HARBOR BOULEVARD exit off U.S. 50/Business 80 towards Harbor Boulevard/Port of Sacramento. Continue on Harbor Boulevard for approximately ½ mile. At the Industrial Boulevard intersection at the entrance to the Port, make a right and continue about 100 yards on Industrial. The entrance to the Laborers' Training Center is on your left at a yellow pole gate. Follow the signs to the Administration Building.

Tome la HARBOR BOULEVARD salida en EE.UU. 50/Business 80 hacia el Boulevard Harbor / Puerto de Sacramento. Continuar en Harbor Boulevard de aproximadamente media milla. En la intersección Boulevard Industrial a la entrada del puerto, a la derecha y continúe unos 100 metros a Industrial. La entrada a los obreros "Centro de Capacitación" está a la izquierda en un polo de color amarillo puerta. Siga las indicaciones para el Edificio de la Administración.

West Sacramento Location



2901 Industrial Blvd., West Sacramento, CA 95691
(916) 375-0191 - Tel : (916) 375-0227 - Fax



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A quarterly newsletter from the Northern California Laborers' Training Center