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## FIJI 2009 FACT SHEET

### January - April, 2009

### **Event Schedule**

Daily events and classroom activities begin at approximately 8:00 am and conclude by 10:00 pm. An extended break in the afternoon allows participants to enjoy spa treatments, relax, or enjoy the environment.

Jan. 10-16 Feb. 7-13 Mar. 7-13 Apr. 4-10

### Register

To select your Life Mastery date, simple log onto www.AnthonyRobbbins.com/masteryreg and choose your date. The online registration system will have all the information that you need to get ready for your exciting journey to paradise. The Life Mastery Concierge is also available to answer any questions.

### Introduction

Anthony Robbins has created a special environment exclusively designed and priced for the Life Mastery experience at the University Campus in Savusavu, Fiji. All Life Mastery participants must stay at the University Campus or at Tony Robbins' personal retreat and hideaway, The Namale Resort, during the event. All reservations are to be booked through Robbins Research International

We recommend you arrive in Fiji a day or two prior to the beginning of your event to physically adjust to the time and weather conditions. We can assist you with recommendations for any pre/post nights and please see the Fijian Visitor's Website at www.bulafiji.com.

### **Arrival/Departure**

Your Life Mastery experience begins the moment you arrive. You will want to arrive at the University Campus by 10:00 AM Saturday morning and you will depart the following Saturday morning before 10:00 AM. Your Life Mastery stay will be a 7-night stay.

### **Accommodations**

Namale Resort – Ocean View Tropical Bure	Single or double occupancy	\$1050.00 USD/night \$595.00 USD/night
Namale Resort – Garden Tropical Bure	Single or double occupancy	\$925.00 USD/night \$495.00 USD/night
Wasa Wasa Lodge	Double occupancy only	\$200.00 USD/ person/night
University Lodge	Double occupancy only	\$150.00 USD/ person/night

### **Namale Resort**

Namale is Tony Robbins' personal retreat and hideaway, the #I Resort & Spa in The Fiji Islands. Just 3 minutes away from the University Campus, home of the Life Mastery Seminar. This 5-star resort is the ultimate luxurious retreat that guarantees to be the ultimate Life Mastery experience.

The Fijian word for home – bure – is a thatched roof bungalow. Each of the bures is unique, luxurious, and utterly charming. Your private accommodation will be tucked among towering palms, flowering plumeria trees and bright hibiscus.

**Ocean Tropical Bure** - For those of you that demand an Ocean View, this is the accommodation for you.

**Garden Tropical Bure** - If you like to awake to a lush garden setting, choose a Tropical Bure which have a two-person glass shower that opens onto a private deck and courtyard filled with botanical scents and a balmy ocean breezes.

Bure accomondations include room and cleanse program, based on availability.

Visit http://www.namalefiji.com/

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### **University Campus**

#### Wasa Wasa Lodge

Wasa Wasa Lodge houses up to 16 guests, with each room featuring ocean views. A unique freshwater swimming pool is perched on the edge of the hill directly in front of Wasa Wasa Lodge. This pool commands some of the most spectacular views in Fiji and is split over two levels.

#### **University Lodge**

The University Lodge houses up to 56 guests, with all 28 rooms feature a 200-degree views of the most pristine rainforest on the island of Vanua Levu. Each room has a balcony facing the rainforest.

Lodge accomondations include room and cleanse program, based on availability.

Life Mastery Fiji 2009 Room Rates, per night – U.S. Dollars NOTE: an additional 17.5% Government tax will be added to your total room rate.

All accomondations are all inclusive except boutique purchases, dive and spa services.

### **Air Travel**

For your convenience GlobalPoint Travel Solutions, the preferred Life Mastery travel service, can assist you in making your airline reservations. They can be reached at arobbins@globalpointtravel.com or 800-619-8785 or 858-824-2431. When flying to Fiji from the United States, you will cross the International Dateline and "lose" a day. You "make-up" this day when returning. Because of this change, depending on the departure date and airline, nearly all flights from the USA will arrive in Fiji very early the second day after the date of your departure. In exploring different options and rates, those participants traveling from Australia and Singapore can obtain better fares to Fiji than we can from the United States. If our international clients need assistance with the short inter-island flight, GlobalPoint Travel Solutions can assist. However, if you make your own arrangements, please fill in your flight information on our Travel Planning Form so we can make certain we meet you at the airport in Savusavu and transfer you to the University Campus.

### **Airport**

Nadi, Fiji, is your first Fijian destination. From Nadi, Fiji, you will take a short 60-minute inter-island flight to Savusavu, on the northern island of Vanua Levu, where the University Campus is located. Please make your flight reservations with Global Point Travel from your point of origin all the way through to Savusavu.

### **Shuttle**

The Life Mastery staff will greet you at the Savusavu airport and take you to the University Campus or the Namale Resort (depending on your accommodation.) This is a short 20-minute ride where you will pass through an authentic, traditional Fijian village.

### **The Cleansing Program**

The Cleansing Program is an integral part of your experience at Life Mastery, and is included with the price of your Life Mastery room. Generally, any person in good health should be able to complete this cleanse program (raw foods, wheat grass, vegetable and fruit juices). If for medical reasons you feel you cannot cleanse, please contact our Life Mastery Concierge at 800.445.8183 ext. 6512 or at Imconcierge@tonyrobbins.com.We do not recommend intense workouts during the cleanse.

### **Colon Cleanse and Spa Treatments**

During your Life Mastery you will be able to enjoy the Namale Spa and Sanctuary which offers world-class treatments designed to support you during the Cleansing Program. We recommend colon cleanses at Life Mastery and your first session will be complimentary. Additional cleanses and spa treatments, are available at an additional cost.

### **Attire**

Dress is casual and comfortable throughout the program. The seminar room can be extremely cool, so please bring a light jacket or sweater. You may want to bring a pair of "throw—away" sneakers in case you trail walk and reef shoes for snorkeling and reef walking. Athletic clothes are recommended for some optional activities.

### **Registration**

The first morning of Life Mastery, you will obtain your event entrance identification and information packet. Colon cleanse appointments and massage appointments will also be part of the registration process.

### **Tuition**

All event tuition fees must be paid 60 days in advance. We are not equipped to receive event tuition payments at the University Campus. Participants arriving in Fiji without having paid tuition in full in advance will not be admitted to the event and will not be able to check into the resort.



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### **Important**

All questionnaires and signed Terms and Conditions must be received by us no later than 60 days prior to the start of your Life Mastery program. You will be able to complete these online. Due to the limited availability of flights and accommodations at the University Campus, all hotel reservations and flights to Fiji must be made and reported to our office no later than 60 days prior to the start of your Life Mastery program. Participants who fail to reserve their travel and accommodations 60 days in advance will be responsible for event transfer fees or forfeiture of attendance at Life Mastery if the travel or hotel resources are no longer available for their confirmed event dates. If the event you wish to attend is within the 60 days timeframe please contact the Life Mastery Concierge for information.

### **Passport**

All participants: Please check with the Fijian Embassy or Consulate in your country for passport and visa information. If your itinerary contains international flights, it is the sole responsibility of each passenger in the itinerary to have the proper documents for entry/reentry into a country. To obtain documentation requirements, contact the embassy or consulate of all countries involved in your itinerary, including all countries in which you may be transiting.

### **Currency Exchange**

Assistance with currency exchange is available at: http://www.xe.net/ucc.

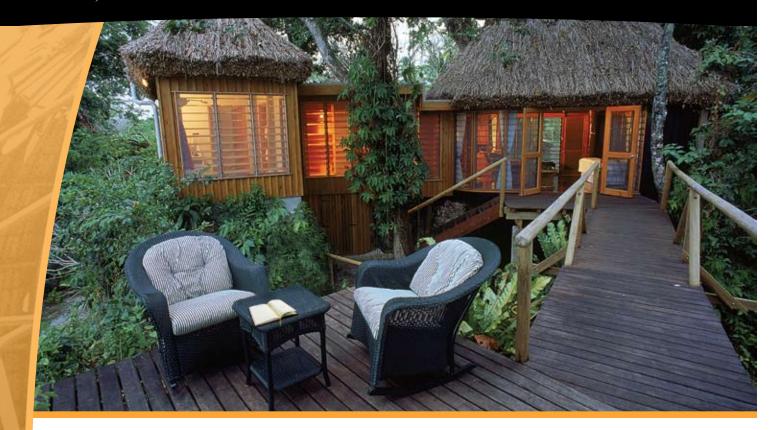
### Questions

If you have questions or need additional information, please contact your Personal Account Representative at 800.898.8669 or 858.535.9900 ext. 2003.

For accommodations and general information, you may contact the Life Mastery Concierge directly at 800.445.8183 ext. 6512 or 858.535.9900 ext. 6512, or via email at Imconcierge@tonyrobbins.com.

For airline reservations, please contact Global Point Travel Group, our preferred travel agency at 800.619.8785, 858.824.2431 or at arobbins@globalpointtravel.com.

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### NAMALE RESORT AND SPA, FIJI ISLANDS

### **Experience the Crown Jewel of Life Mastery Destinations**

If you want the ultimate life-transforming experience, consider attending Life Mastery at Anthony Robbins' personal tropical hideaway, Namale Resort and Spa in Vanua Levu, Fiji. A stunning 330-acre peninsula, this precious gem called Namale sits regally on the edge of the Koro sea and offers three miles of oceanfront that spreads into a magical rain forest of giant ferns and rushing waterfalls.

Here you'll enjoy luxury accommodations, private beaches and a state-of-the-art spa and wellness center. In your free time, you can snorkel on an untouched reef, hike to a jungle waterfall or explore a traditional Fijian village. During your stay, you'll experience endless activities including water sports and indulgent spa treatments, and you'll be moved by the warm hospitality of the Fijian people.

When your Life Mastery experience comes to an end, you will return home from this unparalleled tropical paradise with a fire in your soul that can never be extinguished. You will find yourself excited to share the genuine warmth and joy for life that you've adopted from the Fijian people as you absorb the fact that you've been blessed to revitalize and renew your very soul in one of the most beautiful places on earth.

Only then will you know why Anthony Robbins calls this place "home." Experience Life Mastery in the tropical bliss that is Namale!

Life Mastery has been offered in several beautiful and exotic locations worldwide, including Fiji, Europe, the United Kingdom and the United States.

### In this magical place for rejuvenation you will also enjoy:

- A 10,000-square-foot spa constructed from native palm wood, rock and palm thatch to complement its natural surroundings
- · Indulgent treatments from around the world
- Ancient aromas and soothing rhythms that will help guide you on your journey to serenity and relaxation



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## WHAT TO BRING TO FIJI

### **COMFORTABLE, COOL & CASUAL**

is the rule for Fiji. The culture is modest, which means that at meals, shirts and cover-ups are necessary.

Bring your bathing suits, but when you're not swimming please cover up.

Shorts and anything cool are ideal. For the evenings, you'll want some long pants or long-sleeved t-shirts in case it's cool or the mosquitoes are friendly.

During Life Mastery, wear whatever you'll be comfortable sitting (and dancing!) in.

#### **EVEN MORE IMPORTANT:**

## The commercial/charter airline from Nadi to Savusavu allows only 33 pounds of luggage per passenger!

Excess baggage charges are prohibitive, and if you bring too much luggage, it may take an extra day or two for it to arrive at the University Campus. So please pack light!

Here's a short list of "musts" and suggested items to pack for your tribal adventure:

#### **MUSTS**

- Passport (essential!)
- Any necessary visas for international clients
- Tennis shoes 2 pair, one for regular wear and an old pair to ruin hiking, in the water, etc.
- Reef shoes (Nike and many other companies make them) for snorkeling and reef walking
- Sunblock and tanning lotion
- Tea tree oil (for insect bites) can be purchased at most health food stores
- Cameras there's no corner drug store if you run out!
- Hat or visor to protect against the sun
- Bug repellent (we recommend SKIN OFF with aloe vera by Johnson & Johnson)
  - Sandals
  - T-shirts and shorts
  - Bathing suit

### **SUGGESTED ITEMS**

- · Airplane neck pillow for the trip
- Games, cards, frisbees, etc.
- Extra swimsuits
- iPod/mp3 player
- Medicine if you need any, please bring an extra supply, as, again there's no corner drug store if you run out!

### DISCOVERING THE ISLAND AND ITS PEOPLE

The beauty and wonder of the land and people in Fiji are incomparable. You'll have the opportunity to get to know both during your stay! You can take a short walk to the local villages—you'll be sure to experience a warm welcome from young and old alike.

If possible, we'll all spend Sunday morning at the local church, where you can bask in the beautiful acapella singing as the Fijians express their pure devotion and love of God.

Exploring the beautiful landscape of Fiji is always an adventure and a joy. You can discover waterfalls hidden deep in the foliage; or you can hike the paths that wind past tropical flowers and swaying palms, opening onto sudden vistas of beach and sky.

### WHEN YOU ARRIVE IN SAVUSAVU

Once you arrive in Savusavu, you'll be taken by shuttle to the University Campus, where you'll have time to settle in and get to know some of your teammates! Registration for Life Mastery will be on the morning you arrive at the University Campus.

The electricity at the University Campus is 240 volts, 50 cycles AC, so participants from the U.S. and Canada will need converters and adapters for any electrical appliances you bring. Fiji and Australia are on the same voltage and outlet system, so if you need to buy converters, ask for the same kind as you'd need in Australia.

### A FEW FIJIAN PHRASES FOR YOUR STAY

Since the Fijian people at Namale are part of our extended family, you might like to learn a few of their most commonly used words in advance:

ENGLISH	FIJIAN	PRONUNCIATION
Hello	Ni sa Bula	Nee-sah-boo-lah
Lady	Marama	Mah-ra-ma
Sir	Turaga	Too-rah-ngah
Water	Wai	Why
Yesterday	Nanoa	Nah-no-ah
Good morning	Ni sa Yadra	Nee-sah-yan-dra
Please	Yalo Vinaka	Yah-low-vee-nah-kah
Good-bye	Ni sa Moce	Nee-sah-mothay
No Worries	Seqa No Lega	Senga-nah-lenga
Thank you very much	Vinaka Vaka Levu	Vee-nah-kah-vah-kah-le-vu