

Aberdeen Proving Ground



# InDemand e-Newsletter

ISSUE 10-3



## FREE MOVIES

APG Post Theater

**Saturday, Oct 26**  
12 p.m. - *Men In Black*  
2 p.m. - *Men In Black 2*  
4 p.m. - *Men In Black 3*  
5 p.m. - *Men In Black International*

**Sunday, Oct 27**  
3 p.m. - *Toy Story 4*  
5 p.m. - *E.T.*

For more information contact Lyndsey Moore  
lyndsey.s.moore.naf@mail.mil  
443-910-6259





## APG TURKEY BOWL

### FLAG FOOTBALL COMPETITION

NOVEMBER 26, 27 FANSHAW FIELD  
REGISTRATION DEADLINE: NOVEMBER 4TH  
ALL UNITS ENCOURAGED TO SIGN UP

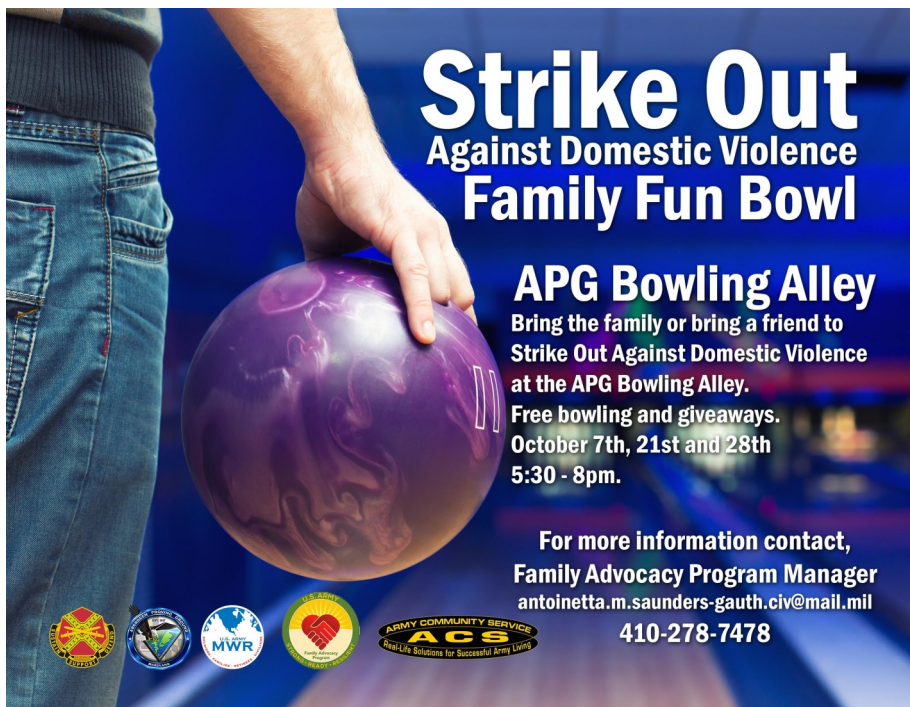
GAMES WILL BE LEADING UP TO CHAMPIONSHIP GAME ON NOVEMBER 27  
CHAMPIONSHIP GAME STARTS AT 11AM, NOVEMBER 27.

**VOLUNTEER REFS NEEDED.**  
REGISTER ONLINE  
[HTTPS://ABERDEEN.ARMYMWR.COM/PROGRAMS/LEAGUES-TOURNAMENTS](https://aberdeen.armymwr.com/programs/leagues-tournaments)  
OR CONTACT  
USARMY.APG.IMCOM-FMWRC.LIST.USAG-MWR-SPORTS@MAIL.MIL  
OR CALL 443-910-6259.



<https://aberdeen.armymwr.com/>

# Bowling




## Strike Out Against Domestic Violence Family Fun Bowl

### APG Bowling Alley

Bring the family or bring a friend to Strike Out Against Domestic Violence at the APG Bowling Alley. Free bowling and giveaways. October 7th, 21st and 28th 5:30 - 8pm.

For more information contact,  
Family Advocacy Program Manager  
antoINETta.m.saunders-gauth.civ@mail.mil  
410-278-7478



## Domestic Violence Helpline 410-652-6048

Available around the clock,  
every day of the year,  
for victims of domestic violence.

<http://www.apgmwr.com/community-services/army-community-services>



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FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS



## Fall/Winter Bowling Leagues Brewner Lanes

**Looking For something fun to do?**  
**Fall/Winter Bowling Leagues now forming.**  
Tuesday, Wednesday, Thursday, Friday - Coed leagues  
Saturday - Youth (Ages 5-18)

No skill level required... Looking for individual bowlers and teams Contact Brewner Lanes today for more information.

**410 278 4041**



## Brewner Lanes APG Bowling Center

### Office Hours

Mon - Fri 9 a.m. - 5:30 p.m.

### Open Bowling Hours

Mon - Fri 9 a.m. - 4 p.m.

Saturday 4 p.m. - 10 p.m.

(Lane availability maybe limited  
due to prior commitments.)

### Strike Force Café :

### Hours Of Operation

Mon - Fri 11 a.m. - 1:30 p.m.

Sat 4 p.m. - 9 p.m.



# General Info



## APG CABIN RENTALS

Located off Sydney Park Drive, near Shore Park Picnic Area and Swan Creek. Open year-round 5 Deluxe cabins.

- 2 Bedrooms and loft - Sleeps 10  
 (1 queen, 2 sets of bunk beds, 2 singles and a futon)
- Eat-in kitchen (refrigerator, stove, sink, microwave, coffee maker, dishes, flatware, pots and pans)
- Full bathroom
- Flat screen TV
- Porch swing

**Questions Call: 410-278-4124**



## APG 2019

### Holiday Bazaar

November 20, 10 a.m.-2 p.m.  
 APG Rec Center Ballroom,  
 6432 Ashbury St, Bldg. 3326

APG 2019 Holiday Bazaar is a festive event with vendors and give a ways. 30-40 vendors will be offering wide range of items, including home décor, jewelry, art work, gift items, baked goods and much more. Door prizes will be provided. Come and receive a chance to win giveaways while you shop!

For more information visit MWR Leisure Travel Services at AA Recreation Center, BLDG 3326. For questions call 410-278-4011/4907 or email us at: [usarmy.apg.imcom.list.apgr-usag-mwr-leisuretravel@mail.mil](mailto:usarmy.apg.imcom.list.apgr-usag-mwr-leisuretravel@mail.mil)



# Leisure Travel Office



## New York City Bus Trip December 7, 2019

Departure: 7 a.m.  
AA Rec Center, Bldg 3326  
Return: 9 p.m. AA Rec Center, Bldg 3326  
(return time may vary depending on traffic)

\$58 per person (Seats available while tickets last)  
Bus Drop Off: New York City, Theater District

For questions call: 410-278-4011 / 4907, or email:  
usarmy.apg.imcom.list.apgr-usag-mwr-leisuretravel@mail.mil



## 2019 Whitehouse Christmas Ornaments

\$19.50 each. 2019 White House Christmas Ornaments can be purchased in the following locations:

MWR Leisure Travel Services at the AA Rec Center, BLDG 3326, APG/North. For questions call **410-278-4011/4907** or

MWR Leisure Travel Services at the EA Rec Center, BLDG #4140, APG/South. **410-436-2713**

**email us at:**

usarmy.APG.imcom.list.apgr-usag-mwr-leisuretravel@mail.mil

## Pennsylvania Renaissance Faire NOW - Oct 28, 2019

Mount Hope Estate and Winery  
2775 Lebanon Rd, Manheim, PA 17545  
Customer Fees: Adult: \$25.75

Child (ages 5-11): \$8.50

*Registration Deadline: While Supplies Last*

To purchase tickets visit MWR Leisure Travel Services at the AA Recreation Center, Bldg 3326 or EA Recreation Center, Bldg E4140.

Questions? Call 410-278-4011 or email us at:  
usarmy.apg.imcom.list.apgr-usag-mwr-leisuretravel@mail.mil



# Fitness Classes



## 24/7 Fitness!

### Did you know

you can still use the Aberdeen Athletic Center even after hours?

**For more information  
call 410-278-7933/7934.**

**BOOT CAMP** (Co-ed) Challenge yourself with this fast-paced, calorie-blasting workout, using the traditional Boot Camp style approach. Boot Camp is geared toward all fitness levels. Modifications are always offered for the beginner to the advanced. A fitness boot camp is type of group exercise class that mixes traditional callisthenic and body weight exercises with interval training and strength training. While there are a variety of styles of fitness boot camps, most are designed in a way that pushes the participants harder than they'd push themselves and, in that way, resemble a military boot camp.

**Sign Up TODAY!**

**ZUMBA** – Take the “work” out of your workout as you let the Latin and world rhythms take over. Zumba mixes low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party, for everybody and every body. Want to burn calories and have fun? Then Zumba is for you.



**INSANITY** - Insanity classes target the entire body, beginning with an accelerated warm-up and moving into three intense blocks of work, each one targeting a different element of fitness. Cardio-based, total-body conditioning program a faster way of burning calories. Can burn up to 750 calories in 45 minutes concentrating on short bursts of maximum intensity with longer periods of rest. Insanity combines lengthier periods of high intensity exercise with shorter cool downs.

## Fitness Classes

<https://aberdeen.armymwr.com/programs/fitness-classes>

*\$5 for drop in class*

*\$30 for 8 class punch pass (expires in 6 months)*

*\$40 for monthly passes (expires 30 days from time of purchase)*

*\$450 for annual pass*

Passes are sold anywhere classes are held at the Athletic Center, Fitness Center, Hoyle Gym with credit card.

Passes are sold AA/ EA Rec and ODR with cash, check, credit card. **Questions? Call 443-910-6259.**

Stay informed with Fitness Classes join our group me at [https://groupme.com/join\\_group/46855545/TqKHtL](https://groupme.com/join_group/46855545/TqKHtL).

<https://aberdeen.armymwr.com/>



# Child and Youth Sports

## CYS SPORTS YOUTH CHEERLEADING

Practices held during the week and games are held on Saturdays beginning in January 2020. Cheer squads will cheer for the APG Basketball teams.

Registration held Oct. 10-Nov. 13.

Practices begin the week of December 1st.

APG Youth Center, Bldg 2522

(Practices & home games)

Practices and games TBA

AGES: 6-15

(Age Determination Date: Dec 31, 2019)

COST/FEE: \$50

SPORTS PHYSICALS REQUIRED TO CHEER.

**For more information, contact**  
**william.m.kegley3.naf@mail.mil or**  
**call 410-306-2297**

## CYS Change in operating hours

The Child and Youth Services Parent & Outreach Services Office will be open for services Monday through Thursday, from 7:30 a.m. until 5:30 p.m. with the last walk-in or appointment at 5 p.m. Every Friday we will be open from 7:30 a.m. until 4 p.m. by appointment only. The last appointment is at 3:30 p.m.

Please call (410) 278-7571/7479/1233 to schedule your appointment. Walk-ins are welcome Monday through Thursday, but appointments have priority and are highly encouraged to save on waiting time.



**ABERDEEN AREA YOUTH CENTER**



## MIDDLE SCHOOL AND TEEN OPEN RECREATION PROGRAM

APG (North) Youth Center Bldg 2522

Aberdeen Area Youth Center provides open recreation programming for Middle School and Teens every Friday from 6-9:00 pm, a Middle school teens can enjoy pickup basketball, cooking club, staffed internet connected computer lab, free Wi-Fi, interactive gaming and so much more.

**Fridays 6-9 p.m. Grades: 6-12**

For more information, contact jay.a.mckinney.naf@mail.mil or call: 410-278-2154.

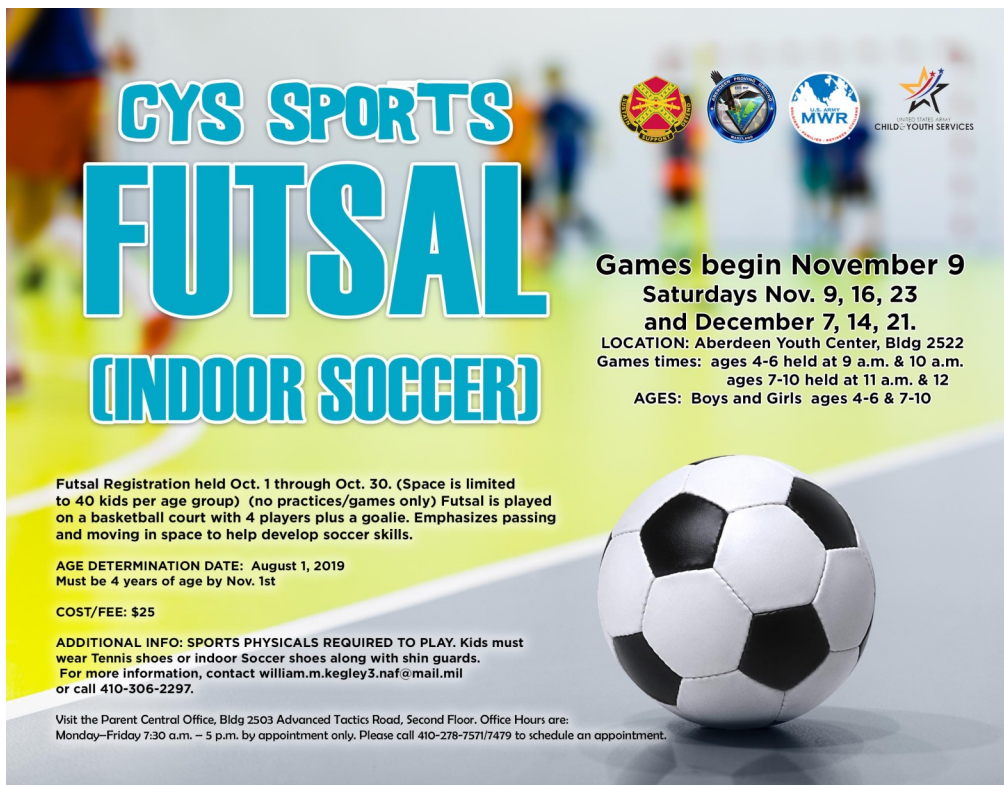
**REGISTRATION INFORMATION:** Visit the Parent Central Office, Bldg 2503 Advanced Tactics Road, Second Floor, Rooms 210/211/209. Office Hours are: Monday-Thursday 7:30 a.m.-5 p.m. (walk-ins and appointments) and Friday 7:30 a.m.-4 p.m. (by appointment only). Please call (410) 278-7571/7479 to schedule an appointment. Walk-ins are welcome but appointments will have priority.



<https://aberdeen.armymwr.com/>



# Child and Youth Sports



**CYS SPORTS  
FUTSAL  
(INDOOR SOCCER)**

Games begin November 9  
Saturdays Nov. 9, 16, 23  
and December 7, 14, 21.  
LOCATION: Aberdeen Youth Center, Bldg 2522  
Games times: ages 4-6 held at 9 a.m. & 10 a.m.  
ages 7-10 held at 11 a.m. & 12  
AGES: Boys and Girls ages 4-6 & 7-10

Futsal Registration held Oct. 1 through Oct. 30. (Space is limited to 40 kids per age group) (no practices/games only) Futsal is played on a basketball court with 4 players plus a goalie. Emphasizes passing and moving in space to help develop soccer skills.

AGE DETERMINATION DATE: August 1, 2019  
Must be 4 years of age by Nov. 1st

COST/FEE: \$25

ADDITIONAL INFO: SPORTS PHYSICALS REQUIRED TO PLAY. Kids must wear Tennis shoes or indoor Soccer shoes along with shin guards. For more information, contact [william.m.kegley3.naf@mail.mil](mailto:william.m.kegley3.naf@mail.mil) or call 410-306-2297.

Visit the Parent Central Office, Bldg 2503 Advanced Tactics Road, Second Floor. Office Hours are:  
Monday–Friday 7:30 a.m. – 5 p.m. by appointment only. Please call 410-278-7571/7479 to schedule an appointment.



**APG CYS  
Youth Basketball  
Registration  
for Boys and Girls**

Registration: Oct 10 – Nov 13  
Late registrations are not guaranteed. Clinic – ages 4-6  
In-House – ages 7-8 (6 yr. olds w/experience can play 7-8)  
League – ages 9-14 (9 yr. old beginners can play 7-8)

Practices and team meetings begin the week of Dec 1.  
Practices are held weekdays and games are held on Saturdays.

AGES: Boys and Girls ages 4-6 (Coed) Saturdays only (9-10:30 a.m.)  
Boys/Girls ages 7-8 (In-house APG program)  
Boys ages 9-14 (County League play)  
Girls ages 9-14 (County League play)  
Age Determination Date: Boys December 31, 2019  
Girls September 1, 2019

COST/FEE: \$50  
**Volunteer Coaches needed.** Sports Physicals are required to play before Dec 1st.  
For more information, contact [william.m.kegley3.naf@mail.mil](mailto:william.m.kegley3.naf@mail.mil) or call 410-306-2297.

REGISTRATION INFORMATION:  
Visit the Parent Central Office, Bldg 2503 Advanced Tactics Road, Second Floor. Office Hours are:  
Monday–Friday 7:30 a.m. – 5 p.m. by appointment only. Please call 410-278-7571/7479 to schedule an appointment.





# Community Service

## ACS Newcomers Welcome and In-processing

ACS, Bldg 2503 Advanced Tactics Road  
Every Tuesday, 2-3 p.m.

Welcome to the APG Family!

Are you new to Team APG? Come visit us at Army Community Service any Tuesday from 2-3 pm, to learn about our many services and also about other on-post and community resources. Soldiers can in process at this time too.

If you have questions about your new home for work and play, be sure to stop in and let ACS get you answers! Open to newly arriving Soldiers, Family members, Civilian employees and Contractors

**For additional information please contact  
Ms. Jennifer Eichner at 410-278-2500 or  
jennifer.eichner.civ@mail.mil**



### Lunch & Learn Special Education Resources with Q & A Session

Military Families and community members will be informed of special education resources available through the Army Exceptional Family Member Program (EFMP) and Harford County Public Schools (HCPS) Partners for Success Resource Center. Opportunities to participate in Q & A Session with HCPS personnel will be available to help families navigate the special education process.

**Nov 6** Partners for Success Resource Center  
11:30-1:30 Roye-Williams Elementary School, Annex Building, 201 Oakington Rd, Havre de Grace MD 21078  
Q & A Session: Elementary Special Education Focus

**Nov 13** APG Exceptional Family Member Program  
11:30-1:30 Army Community Service, 2503 Advanced Tactics Road, , Aberdeen Proving Ground, MD 21005  
Q & A Session: Secondary/High School Special Ed Focus

For additional information, contact Nancy Goucher, Aberdeen Proving Ground's Exceptional Family Member Program (EFMP) Coordinator at (410) 272420 or nancy.e.goucher.civ@mail.mil.





# Community Service



## Home Buying SEMINAR

**November 14, 2019      11:30-12:30      ACS Bldg 2503**

This seminar will cover current real estate market conditions, and how that relates to home buying. We will also provide take-home information packets that discuss the step-by-step process as well as useful tips in buying real estate.

For more information or to register, contact  
leary.g.henry.civ@mail.mil 410-278-2453



## FEDERAL EMPLOYEE BENEFITS OVERVIEW

**November 21, 2019    11:30 - 12:30 pm**  
Aberdeen North Recreation Center, Ashbury St, Bldg 3326

This seminar provides explanation of the key benefits of federal employment. Discuss and understand all that is offered, to include health, dental, vision, life insurance, long term care, Thrift Saving Plan, and federal retirement plans (CSRS and FERS).

Registration is required. For more information contact Leary Henry,  
Financial Readiness Program Manager leary.g.henry.civ@mail.mil or 410-278-2453



# Civilian Welfare Fund



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<https://www.instagram.com/apgmwr>



**Watch us on Youtube**  
[www.youtube.com/user/APGMWR/videos](https://www.youtube.com/user/APGMWR/videos)



## Membership Signup

**Edgewood Area:**

**Oct 15:**

**Exton Golf Course**  
**11 a.m. - 1 p.m.**

**Aberdeen Area:**

**Oct 16:**

**APG Bowling Center**  
**11 a.m. - 1 p.m.**

The Civilian Welfare Fund will be sponsoring SAM'S CLUB Membership sign-ups. Special savings and coupon discounts for new and renewal memberships.

No endorsement by  
 US Army implied.



## Membership Signup

**Edgewood Area:**

**Nov 12:**

**Exton Golf Course**  
**11 a.m. - 1 p.m.**

**Aberdeen Area:**

**Nov 13:**

**APG Bowling Center**  
**11 a.m. - 1 p.m.**

The Civilian Welfare Fund will be sponsoring BJ's Membership signups on Tuesday, November 12 at the Exton Golf Course Clubhouse,

Wednesday, November 13 at the APG Brewner Bowling Center, Bldg 2342. for Thanksgiving and Holiday shopping and is the last signup for 2019!

No endorsement by  
 US Army implied.



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 Customer Evaluation](#)

**These events are open to all military,  
 DoD civilians, retirees and contractors.**

For more information contact  
 Patricia Harkins,  
[patricia.e.harkins.naf@mail.mil](mailto:patricia.e.harkins.naf@mail.mil)  
 410-436-4467





# ATTN: BOSS ESPORTS ENTHUSIASTS APPLY TODAY FOR THE CHANCE TO COMPETE 2020 MADDEN NFL TOURNAMENT FINALS

FEATURING

**MADDEN**  **20**

**NOVEMBER 8 - 10, 2019**

**At Complexity Esports Headquarters in Frisco, Texas**

Two randomly selected qualified winners (one from CONUS and one from OCONUS) will:

- Get a spot in a two-day Gaming boot-camp and Madden finals
- Meet and play Madden with Complexity esports pros and Dallas Cowboys alumni
- Attend the Minnesota Vikings vs. Dallas Cowboys Salute to Service football game

**Don't miss out on this opportunity!**

Applicants must be experienced Madden players and be approved by their command to be in Texas from 7 - 11 Nov 2019. Applications will be accepted through 18 October. Winners will be announced 21 October

Return completed application NLT 18 Oct 2019 via email to:  
usarmy.jbsa.imcom-hq.mbx.army-entertainment@mail.mil

If not selected as one of the two finalists, BOSS Soldiers can still qualify for the finals by winning an online Madden tournament on 26 October in your time zone.

**For more details, visit [www.armymwr.com/esports](http://www.armymwr.com/esports)**

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