

ENGLISH



FALKENSTEINER

Club Funimation
Katschberg ☆☆☆☆

ACQUAPURA
SPA

Acquapura Spa

MASSAGES – BEAUTY – BATHS

funimation.falkensteiner.com

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ACQUAPURA
SPA






Exclusive wellness

»Acqua pura« means »pure water«. Water plays a central role in the Acquapura SPA wellness concept at Falkensteiner Hotels & Residences. Water is our life-blood and has incredible abilities. It stimulates blood circulation, activates metabolism and enhances overall well-being.

Large areas of water, inspiring sauna areas, a wide array of treatments, and many more features of the Acquapura SPA foster *relaxation, enjoyment, happiness, health, and vitality*. We can only feel energetic and healthy if our cells have the best possible supply of water, nutrients and oxygen. Our ability to perform is also controlled by our biorhythm. Biorhythm is our inner clock that determines whether we are awake or asleep, tired or active. These phases are reflected not only over the course of a day, but also in the four seasons.

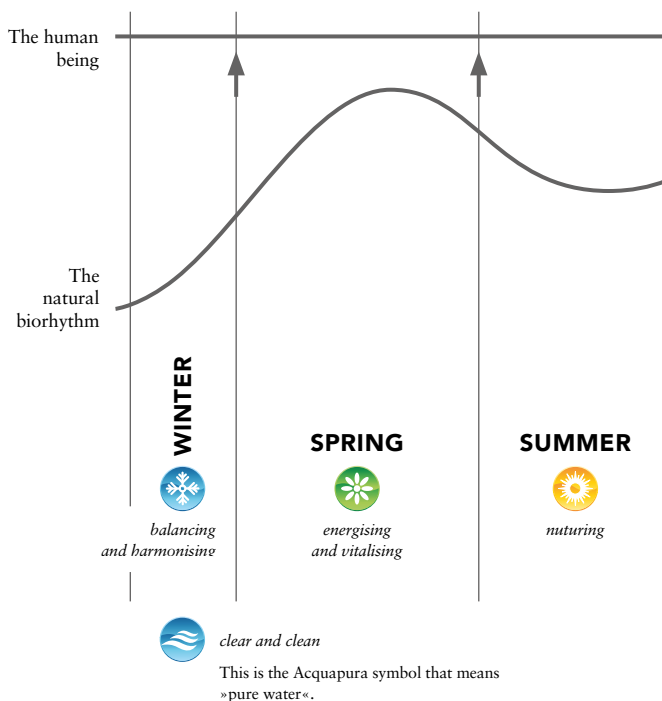


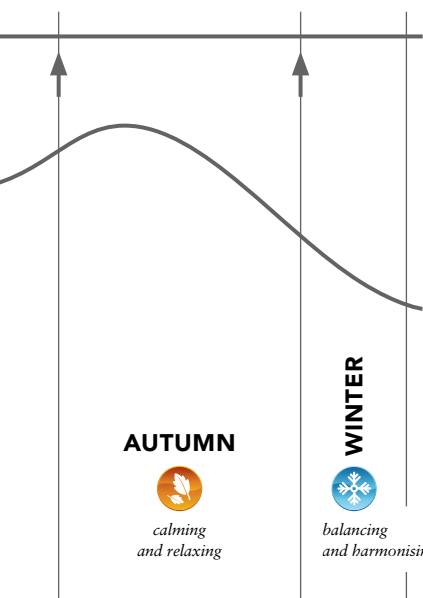
Our wellness treatments are adjusted to these natural processes, and can help find your biorhythm:

-  *energising and vitalising*
-  *nurturing*
-  *calming and relaxing*
-  *balancing and harmonising*
-  *clear and clean*

THE ACQUAPURA PRINCIPLE

Modern people have forgotten how to live in harmony with nature. However, just like the natural change of seasons, the human biorhythm is governed by the ups and downs of nature. The challenges of our daily lives have no regard for that. But we cannot struggle against it on a long-term basis. The consequences are stress, fatigue and general discomfort. We can help you rediscover yourself by finding your rhythmical balance. You decide whether you would like to revitalise, cultivate, relax, or recharge. We will gladly advice on how to plan your own individual wellness programme.





In civilised society, people live at a constant and consistently fast pace.





**100% ME ...
AND THE POWER
OF THE MOUNTAINS.**
WELL-BEING 1,640 M
ABOVE SEA LEVEL.

Clean, pure water, light and warm, soothing colours, and natural materials. All surrounded by an unspoilt natural scene. A stylish world of well-being awaits you.

FOUR-SEASONS SPA PACKAGES



ENERGY BOOST

90min. € 110

1. Fresh-up facial treatment
2. Energising shoulder, neck, and foot massage

Energy boost – a powerful combination – individually mixed for your face and body!



A MATTER OF SKIN

95min. € 120

1. Refreshing, nourishing body peeling with body care
2. Intensive facial treatment using ampoules
3. Pure nurture for the eyes

A Matter of Skin, your protection package providing care and balance for your skin – an all-round deeply effective package!



TIME-OUT

75min. € 97

1. Relaxation bath
2. Individual massage with herbal inhalation

Time-out – natural relaxation for the body, muscles, and your senses!



WARM-HEARTEDNESS

65min. € 75

1. Hot aroma pack
2. Acquapura aromatic candle massage

Warm-heartedness – the inner harmony will warm you up blissfully. Enjoy pure silence and soothing warmth!



BEAUTY TREATMENTS



ACQUAPURA BELLA DONNA

50 min. **€ 60**

80 min. **€ 90**

Acquapura Bella Donna – the ultimate gift for your skin. During this fully individual ritual, you will experience pure relaxation and maximum effectiveness:

- Natural radiance and vitality
- Structuring, smoothing and firming of the skin

50 min Duration of well-being: Skin analysis, cleansing, peeling, optional focus on deep cleansing or massage, active-ingredient concentrate, mask, hand massage and finishing treatment

80 min Duration of well-being: Skin analysis including vitality check, cleansing, peeling, shaping of eyebrows, deep cleansing, active-ingredient concentrate, thorough face/neck and décolleté massage, special mask, hand massage and individual finishing treatment



ACQUAPURA MAN'S OPTION –

FACIAL TREATMENT FOR MEN

50 min. **€ 60**

Everything a man needs. Innovative blends of active ingredients contain the power of the natural world and supply your skin with new energy and dynamic radiance. Acquapura Man's Thing – new energy, pure vitality!

Skin analysis, cleansing, peeling, optional focus on deep cleansing or massage, active ingredient concentrate, mask, hand massage and finishing treatment



IN THE BLINK OF AN EYE

Eyebrow adjustment	10 min. € 10
Eyebrow tinting	10 min. € 10
Eyelash tinting	10 min. € 10
Eyelash and eyebrow tinting	15 min. € 20

PHYTOMER

FACE TREATMENTS



INTENTION JEUNESSE – ANTI-AGING-CARE FOR RADIANT SKIN 75 min. **€ 105**

Deep cleansing & eyebrow shaping

The ultimate treatment to preserve your youthful complexion. With extremely powerful marine ingredients for immediate results in just 1 hour. Double anti-aging effects - fewer wrinkles, greater strength. Gentle micro-dermabrasion – supplemented by a professional acid peel - produces the „immediate result“, the special hyaluronic acid ampoules ensure a long-lasting effect.

RECOMMENDATION: This treatment should always be booked at the end of a wellness holiday to make sure your great looks make an impression when you get home.



CITADINE – TO PROTECT AGAINST ENVIRONMENTAL STRESS

Deep cleansing & eyebrow shaping 60 min. **€ 78**

Comprehensive skin care for city dwellers and anyone exposed to urban pollution. Shiny areas in the face, dull complexion: this treatment removes impurities like magic. The skin becomes clear, is detoxed and infused with oxygen. For clear, fresh and fine-pored skin.



PHYTOMER



PERFECT REGARD –

SMOOTHING CREAM FOR A RADIANT
COMPLEXION

35 min. **€ 40**

The tender skin around the eyes require special care. The PERFECT REGARD treatment firms up this area and smooths out creases und crow's feet. Dark circles and bags under the eye are reduced. A radiant, vibrant complexion is the visible result of this treatment, which can be booked along with any other face treatment.



HYDRA BLUE – REFRESHING
MOISTURE TREATMENT

60 min. **€ 75**

The perfect combination to detox the skin, infuse the skin with oxygen and, at the same time, saturate and replenish the water reservoir using weaving algae. The skin is supplied with moisture to ensure firmness, silky softness and and greater suppleness.



BEAUTY À LA CARTE



MULTI-TALENT – HOLIDAY CHECK
FOR HANDS AND FEET

60min. **€ 70**

A refreshing treatment for your hands and feet, including nail length and form correction, cuticle care, and skin care – a concentrated multi-talent!



ALLERHAND –

SPA MANICURE

with varnish

40 min. **€ 45**

50 min. **€ 55**

A SPA manicure for that feel-good moment with hand bath, nail care and a massage to wind up the treatment. Craftsmanship – comprehensive care – all hands in at Allerhand!



FOOT VITALITY –

SPA PEDICURE

with nail polish

50 min. **€ 60**

60 min. **€ 70**

Holiday for the feet with foot bath, peeling, nail care, pack and massage up to the calves. Foot Vitality – a real treat and care at the same time!

NAIL VARNISH

without treatment

25 min. **€ 35**

HAIR REMOVAL

Hair removal in the following areas:

forearms, lower legs or back

20 min. **€ 30**

full legs

40 min. **€ 50**

bikini or arm pits

15 min. **€ 20**

upper lip

10 min. **€ 10**

PHYTOMER

BODY TREATMENTS





SCULPT ZONE – SLIMMING TREATMENT FOR ABDOMEN-LEGS-BUTTOCKS 60 min. **€ 75**

Sleek and slim in record time: more than 1 cm off your waist after only 4 treatments - a gentle, remineralising ocean peel makes for delightful relaxation and silky soft, smooth skin all over the body. The warming shaping wrap simply „melts away“ fat pads. The follow-on slimming massage has a long-lasting contouring effect. The outcome: less visible cellulites, smoother problem areas, fewer persistent fat pads.



SEA HOLISTIC – RELAXATION & REGENERATION TREATMENT USING LAVENDER STAMPS 70 min. **€ 90**

A special massage technique inspired by a traditional Thai method provides total relaxation and regeneration. Full-body sea salt crystal peel with firming essences and sea salt crystals treated with warm lavender stamps provide absolute well-being and silky smooth, delicate skin.

BODY TREATMENTS



RELAXING WATER SPRING BATH – BATH

25 min. € 37

Hot water and various bath additives ensure deep muscle relaxation. Relaxing water spring - take a plunge and get away from it all!

Choose your own personal favourite:

- muscle relaxation
 - 7 herbs
 - aromatic oil bath
-



FINAL TOUCH – PEELING

25 min. € 35

At first, you will choose your own final touch as a product, and then we'll give you purity and freshness down to your tiptoes!

Available peelings:

- Herbal oil
 - Algae
 - Aromatic salt
-



BEAUTIFUL BODY – PEELING AND PACK

50 min. € 65

The delightful combination of a fresh peeling and a warm and nurturing pack will provide your skin with a clear and satiny feel, and strengthen its resilience. Beautiful Body – pure nurturing power!





VITALIS STEAM BATH

BODY PACKS –

REJUVENATING EFFECTS

30 min. **€ 39**

Nutrients work in conjunction with warmth to detoxify and boost the immune system.

- Evening primrose oil – pure nurturing
- Algae pack – draining, detoxifying
- Dead Sea salt – detoxifying
- Hay bath – for fit limbs
- Alpine Glow body wrap – Alpine fragrance experience
- Silky cream wrap – for silky soft skin





Massages

Bodily well-being is a luxury that also requires a little effort. Or better still, let someone make that effort for you. Allow their skilled hands to release blockages, bring physical and spiritual relaxation, and get your energy flowing. You are certain to find your own personal path to a greater sense of well-being by choosing from our wide range of massage treatments.

CLASSIC MESSAGES



ACQUAPURA BODY CULT – INDIVIDUAL, CLASSIC MESSAGES

Partial body massage	25 min. € 33
Full body massage	50 min. € 60

In the available treatment times, we work with various massage techniques, using your chosen aromatic oil, working entirely individually on your focal points. Acquapura Body Cult – for sportspersons, relaxation seekers, and targeted muscle relaxation!



ACQUAPURA AROMA – AROMATIC CANDLE MASSAGE

Partial body massage	25 min. € 35
Full body massage	50 min. € 65

Aromas have a variety of effects on our nervous and muscular system – they can be activating, balancing or calming. At first, you will choose the desired aromatic candle, according to your sense of well-being. The warm beeswax massage with floating massage grips will accompany you into a deep and healing calmness. Acquapura Auroma – fantastically warming!



PAUSE FOR THOUGHT – HEAD, SHOULDER AND NECK MASSAGE 50 min. € 60

Releasing, relaxing and opening techniques free the head and relax the neck. Pause for Thought – totally light and free!



ENERGY SOURCE – FOOT REFLEX ZONE MASSAGE 30 min. € 40

Your feet know you! Stimulating the foot reflex zones has a positive effect on the organs, nervous system, hormones, spine, and joints. Tired feet are refreshed and warmed. Energy Source – sustainable, extensive and delightful!

HOLISTIC



FALKENSTEINER – HOT STONE MASSAGE 75 min. € 98

Natural basalt stones, penetrating warmth, and gentle massage techniques result in a deep relaxation that will make you close your eyes and rest. Falkensteiner – the grounding power of stones ... perfectly palpable!



NATURAL TALENT – HERBAL STAMP MASSAGE 50 min. € 68 80 min. € 98

Warm herbs wrapped in linen are used to tap, caress, and perform circular movements. The aim is to stimulate blood circulation, have a positive effect on the immune system, and invite you to take a deep breath and re-charge. Natural talent – naturally healthy and nurturing!



BODY JOURNEY

60 min. € 80

Allow us to take your body on a journey to Hawaii. After all, that is where the famous temple dance massage, also known as Lomi Lomi Nui, has its origins. Lomi is the Hawaiian term for »press, knead, rub«. Nui means »important, unique, great«. This oil massage promises a unique comfortable feel



MASSAGE COMBO

50 min. € 65

The ideal combination: back massage and foot reflexology massage. The entire body benefits from a treatment of the reflex zones on the soles of the feet.



VITALITY MIRACLE

16 min. € 17

Vita Life is an ergonomically designed lounge chair with magnetic resonance therapy, coloured light therapy, vibration and relaxing music. It promotes relaxation and stress relief, stimulates sensory perception, and improves overall well-being.

SPORT AND *fitness*

Exercise is the best recipe for well-being. There are plenty of opportunities to practise your favourite sport here in Katschberg. Depending on the season and the weather, indoor and outdoor physical training programmes are on offer, along with mental relaxation.

HEART & CIRCULATION

e.g.: Nordic walking (outdoor), hiking (outdoor), aerobics (indoor)

STRENGTH & TONING

e.g.: legs, bums and tums, body shaping, aqua fitness, fitness studio

SPINE & BACK

e.g.: spinal gymnastics, swimming

RELAXATION & MEDITATION

e.g.: stretching, relaxation techniques, breathing exercises



PLEASE NOTE

... that programmes vary according to the season. Please consult the poster in the hotel for details of our current programme. Participation in group fitness courses is free of charge.





ACQUAPURA SPA COSMETICS

Treat yourself to the very finest care and cosmetic products from Acquapura SPA, the exclusive product range from Falkensteiner Hotels & Residences. High-quality essences invigorate body and soul – revitalising the senses. Precious vitamins and active ingredients nourish your skin with extra moisture – leaving a beautifully soft and smooth finish.

The products are available from SPA reception.



REFRESHING SHOWER GEL

250 ml € 9,90

VITALIZING SHAMPOO

250 ml € 9,90

CARING BODY LOTION

250 ml € 9,90

PRESS & WASH FLACON
(Shampoo Hair & Body)

330 ml € 9,90

GENTLE CONDITIONER

250 ml € 9,90

SPA

ETIQUETTE

BOOK A TREATMENT

To arrange your selected treatment, we recommend making a booking at our SPA reception prior to arrival. You will receive your booking confirmation directly upon arrival at our hotel.

Contact SPA reception:

Tel.: +43 / (0)4734 / 631 960 (internal tel. no. 960),
spa.funimation@falkensteiner.com

TIME FOR YOURSELF

In accordance with our Acquapura SPA philosophy, we would like to invite you to our SPA reception about 10 minutes before your treatment to get into the right mood for the treatment, for instance with a soothing cup of tea. If you arrive late, the treatment will be shortened accordingly, out of respect for subsequent guests.

CLOTHING

Please come to the treatment wearing a bathrobe. To protect your privacy, we provide a disposable slip for every treatment and we work with various covering techniques. For some treatments, you can also wear comfortable clothes. We will be happy to provide you with information about this.

WISH FULFILMENT

In accordance with our motto Rediscover yourself, we want to fulfil your wish to achieve vitality, care, relaxation, balance and / or purity. Therefore, before the treatment we will ask you what you consider to be the most important. Competent advice is an integral part of the treatment, and we regard it as essential.

VALUABLES

We recommend that you do not bring any jewellery to your treatment. For your own peace of mind, please secure any valuables in your room safe. We accept no liability for any lost valuables.

CANCELLATION

Please note that in the case of cancellation, you must inform the Spa reception at least 12 hours before the treatment. Later cancellations will be charged in full.

OPENING HOURS

- Cardio fitness, solarium: 07.00 am – 08.00 pm
- Cinema herbal sauna or steam bath and indoor pool: 07.00 am – 08.00 pm
- other saunas and pools: from 03.00 pm
- Treatments (massages, baths, packs, beauty): 09.00 am – 08.00 pm

ARE THERE ANY AGE RESTRICTIONS?

The sauna area is dedicated to rest and relaxation and is therefore reserved for adults. Children under the age of 16 may only enter when accompanied by an adult. Family sauna until 6:00 pm on Mondays and Wednesdays – children may use the sauna when accompanied by their parents. All other sauna rules (e.g. rest area, unclothed area, no play pool) apply.

Falkys Acqua World: the adventure pool is open for children daily from 7.00 am – 8.00 pm.

Falky-KinderSPA: We have a range of child-friendly spa treatments designed in conjunction with our team of experts. More detailed information is available from the SPA reception and the Falky-KinderSPA menu.

HEALTH & PREGNANCY

Please inform us before booking if you have any health issues or if you are pregnant. You are responsible for your own health. Every time you book or use the SPA facilities, you declare that you have consulted a doctor regarding SPA usage. Usage and participation are entirely at own risk.

POOL/SAUNA AREA

In the pool area, bathing suits are required. In the sauna area, please do not wear any clothing, for hygienic reasons. The pool area is also a family area. Nevertheless, please be considerate of other guests seeking rest. To ensure that you and all other guests have an enjoyable stay, we ask that you do not reserve loungers with towels, bags or other items.

ACQUAPURA SPA ATMOSPHERE

To ensure that all guests can enjoy their stay, the Acquapura SPA is a non-smoking area. Please also turn off your mobile phone.

VOUCHER

The ideal gift – adjusted individually or specifically for one treatment. Be it for your partner, friends or family – the time to rediscover oneself feels really good. For information about our Acquapura SPA vouchers, please ask at our SPA reception.

The management reserves the right to make any changes to treatments, prices and opening hours. All prices include any taxes. The publication of this brochure invalidates any previous prices. Misprints and errors are excepted.

Falkensteiner Club Funimation Katschberg ****
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A warm, inviting still life composition. In the foreground, a white ceramic bowl contains a single white flower with a yellow center, floating in a light blue liquid. To the left, a glass bottle filled with an amber-colored liquid stands on a bamboo mat. In the background, a lit candle in a metal holder casts a soft glow. The overall atmosphere is serene and relaxing.

WELCOME HOME!

www.falkensteiner.com

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