

Course Description:

AP Psychology provides an overview of current psychological research methods and theories. The equivalent of a 100-level college survey course, AP Psychology prepares students for the AP Exam and for further studies in psychology and life sciences. Students will explore the therapies used by professional counselors and clinical psychologist and examine the reasons for normal human reactions: how people learn and think, the process of human development and human aggression, altruism, intimacy, and self-reflection. Students will study core psychological concepts, such as the brain and sense functions, and learn to gauge human reactions, gather information, and form meaningful synthesis. All of these concepts are part of the 14 units that are covered throughout the year.

To help prepare students for the AP exams, each unit exam is designed to replicate the AP Psychology exam. Students are required to answer 60 multiple choice questions within a 50 minute period, while one Free Response question is assigned every other unit. Students also participate in a variety of experiments, field studies, or projects. These range from quick in-class exercises to replications of famous experiments, as well as self-designed experiments.

Course Objectives:

Students will:

- 1. Examine the study of human behavior and mental processes
- 2. Study the major topics of study in the field of psychology
- 3. Learn and use the vocabulary and terms of psychology
- 4. Participate in psychological experiments that complement the core topics of study
- 5. Learn the skills of psychological research, statistics, and methods
- 6. Be prepared for the AP Psychology exam in May

Texts:

- Myers, David G. Psychology for AP. 9th. New York: Worth Publishers/BFW, 2011. Print.
- Zimbardo, Philip G., Robert L. Johnson, Weber L. Ann, and Craig W. Gruber. Psychology. 1st. Boston: Allyn & Bacon, 2010. Print.
- Weseley, Allyson J., and Robert McEntarffer. Barron's AP Psychology. 4th ed. Hauppauge: Barron's Educational Series, Inc., 2010. Print.
- Various resources in the form of video clips and magazine and journal articles.

Recommended Supplies:

| Supply | Why you need it |
|--|--|
| 3-ring binder | AP Notes Notebook |
| Loose leaf college-ruled paper | For notebook |
| Colored pencils, sharpener, glue sticks | Diagramming or projects |
| Ruler | Diagramming and Cornell Notes |
| 3x5 Cards | Vocabulary |
| Multiple highlighters/Various pen colors | Help on FRQs and reading by color chunking information |

Class Procedures and Expectations:

We have so much to learn before the AP Exam in May! It's very important that we do not waste an ounce of time. In order to be successful, you need to do the following:

- Arrive to class organized, prepared, and on time
- Read the required pages before class the next day (yes, you will have reading every night!)
- Take Cornell Notes on your reading
- Be an active and positive participant in class
- · Complete your best work; take pride in it.

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Advanced Placement Psychology Mrs. Rebecca Rodriguez-Ziegler, M.Ed.

Grading:

| Description | Percentage of Grade |
|----------------------------|---------------------|
| Tests and Major Projects | 65% |
| Classwork/Notes/Vocabulary | 35% |

Units and Objectives:

| Unit | Objectives (2) |
|---|--|
| 11.974.1877 | (3 examples for each unit) |
| Unit 1: History and Approaches | -Trace the historical and philosophical development of psychology as a |
| (Prologue) | science |
| | -Identify famous psychologists and describe their contributions to the discipline |
| 11 10 D | -Explore different career options for people who earn degrees in psychology |
| Unit 2: Research Methods | -Identify the elements of an experiment -Apply elements of an experiment to different situations |
| (Chapter 1) | ''' |
| Hait 2: Dislocical Desce of Debastics | -Evaluate the importance of ethics in research -Explain the process of neural communication |
| Unit 3: Biological Bases of Behavior | -Explain how neurotransmitters work |
| (Chapters 2 and part of 3) | -Analyze the difference between the neural and hormonal systems |
| Unit 4: Sensation and Perception | -Identify the major components of the visual and auditory systems and the |
| | functions of each |
| (Chapter 6) | -Identify the two body senses and contrast one with the other |
| | -Identify the views of the Gestalt psychologists related to perceptual |
| | phenomena |
| Unit 5: Consciousness | -Describe the different stages of sleep |
| (Chapter 3) | -Analyze the different theories of dreaming |
| (Onapier 3) | -Analyze the consequences of addiction, tolerance, and withdrawl |
| Unit 6: Learning | -Describe the elements of classical conditioning |
| (Chapter 7) | -Describe the elements of operant conditioning |
| (Onapier 1) | -Apply elements of classical and operant conditioning to different situations |
| Unit 7: Cognition | -Analyze how humans encode, store and retrieve information in memory |
| (Chapters 8 and 9) | -Differentiate between algorithms and heuristics |
| (Onapioro o ana o) | -Analyze how fixation, confirmation bias, overconfidence, framing, and belief |
| | perseverance influence the ability to solve problems |
| Unit 8: Motivation and Emotion | -Discuss the similarities of instinct and drive theories |
| (Chapters 11 and 12) | -Determine how psychologists measure achievement motivation |
| (| -Identify the physiological changes that occur when people experience |
| | different emotions |
| Unit 9: Developmental Psychology | -Describe the physical and cognitive development of infants and children |
| (Chapter 5) | -Analyze how the reasoning ability of adolescents differs from that of children |
| , | -Describe and analyze Kohlberg's theory of moral reasoning |
| Unit 10: Personality | -Explain how different perspectives—psychodynamic, humanistic, trait, and |
| (Chapter 13) | social-cultural—approach the study of personality |
| | -Evaluate the advantages and drawbacks of each personality theory |
| | -Determine how psychologists assess personality according to the various |
| 11.244 1.2.11.15.00 | perspectives |
| Unit 11: Individual Differences | -Compare and contrast Gardner's and Sternberg's theories of intelligence -Evaluate Alfred Binet's contribution to intelligence testing |
| (Chapter 10) | -Explain the difference between reliability and validity |
| Unit 12: Abnormal Psychology | Explain the difference between reliability and validity -Identify the criteria psychologists use to diagnose psychological disorders |
| | -Describe the characteristics of mood, anxiety, somatoform, dissociative, and |
| (Chapter 14) | personality disorders. |
| | -Describe the characteristics of brain-based disorders. |
| Unit 13: Treatment of Psychological Disorders | -Describe the different treatment options for the various types of psychological |
| (Chapter 15) | disorders |
| Unit 14: Social Psychology | -How do people explain (attribute) the behavior of others? |
| | Under what conditions do people obey, conform, make friends, find love, |
| (Chapter 16) | and help others? |
| | -How do attitudes and actions influence individual and group behavior? |
| | 1 -1 low do attitudes and actions influence individual and group behavior? |



Course Schedule:

| Linit Title | Davi | Data | Class Astivities and Deadings* |
|--|------|------|--|
| Unit Title | Day | Date | Class Activities and Readings* *The readings need to be completed BEFORE you come to class that day |
| and AP | | | The redulings need to be completed beroke you come to class that day |
| Exam % | | 0 /0 | |
| 11 % 4 | W | 9/2 | Welcome and Course Introduction |
| Unit 1: History and Approaches 2-4% | Th | 9/3 | Prologue Reading: 1- 6: Psychology's Roots |
| | F | 9/4 | Reading: 6-13: Contemporary Psychology |
| | | | Historical Approaches: The Outrageous Celebrity |
| | Tu | 9/8 | Historical Approaches: The Outrageous Celebrity |
| Unit 3: | W | 9/9 | Chapters 2 & 3 |
| Biological Bases of Behavior | | | Reading: 48-54: Neural Communication |
| 8-10% | | | Introduce Unit Project: Superheroes, Villains, Sidekicks and the Brain |
| | Th | 9/10 | Reading: 55-58 The Nervous System |
| | | | , |
| | F | 9/11 | Reading: 58-60 The Endocrine System |
| | М | 9/14 | Reading: 60-68 Brain: the Tools of Discovery and Older Brain |
| | | ' | Structures |
| | Tu | 9/15 | Reading: 68-75 The Cerebral Cortex |
| | W | 9/16 | Reading: 75-81 Divided Brain |
| | | -, | Quick Vocabulary Check |
| | Th | 9/17 | Reading: 85-91 Consciousness |
| | F | 9/18 | Reading: 133-143 Behavior Genetics |
| | M | 9/21 | Reading: 143-149 Evolutionary Psychology |
| | Tu | 9/22 | Unit Project DUE : Superheroes, Villains, Sidekicks and the Brain |
| | ' " | 3,22 | Reading: 166-169 Nature and Nurture |
| | | | Review |
| | W | 9/23 | Cornell Notes Due |
| | | 3,23 | Unit Test |
| Unit 4: | Th | 9/24 | Test Autopsy |
| Sensation and | ''' | 3,2: | Chapter 6 |
| Perception 6-8% | | | Reading: 229-236 Sensing the World: Basic Principles |
| 0 0,0 | F | 9/25 | GET CAUGHT UP ON ALL YOUR READING! |
| | | 3,23 | Sensing the World: Basic Principles |
| | М | 9/28 | Sensing the World: Basic Principles |
| | Tu | 9/29 | Reading: 236-245 Vision |
| | w | 9/30 | Reading: 245-252 Hearing |
| | Th | 10/1 | Reading: 252-263 Other Senses |
| | | | Article: 5-year-old unable to feel pain |
| | | | Quick Vocabulary Check |
| | F | 10/2 | Reading: 263-272 Perceptual Organization |
| | М | 10/5 | Reading: 272-281 Perceptual Interpretation |
| | Tu | 10/6 | Reading: 282-285 Is there Extrasensory Perception (ESP)? |
| | W | 10/7 | Review |
| | Th | 10/8 | Cornell Notes Due |
| | | , | Unit Test |
| | 1 | | 1 One rest |



| Unit 2: | F | 10/9 | Test Autopsy |
|---------------------|----|-------|---|
| Research Methods | | | Chapter 1 |
| 8-10% | | | Reading: 15-22 The need for psychological science |
| | | | Introduce Unit Project: Grant Application |
| | М | 10/12 | Reading: 22-25 Description |
| | Tu | 10/13 | Reading: 25-30 Correlation |
| | W | 10/14 | Reading: 30-33 Experimentation |
| | | | EARLY RELEASE |
| | Th | 10/15 | Reading: 33-42 Statistical Reasoning |
| | | | Quick Vocabulary Check |
| | F | 10/16 | Reading: 42-46 Frequently Asked Questions |
| | | | Statistical Reasoning Continued |
| | М | 10/19 | Statistical Reasoning |
| | Tu | 10/20 | Unit Project DUE : Grant Application |
| | | | Multiple Choice Testing Strategies and Review |
| | W | 10/21 | Cornell Notes Due |
| | | | Unit Test |
| Unit 6: | Th | 10/22 | Test Autopsy |
| Learning 7-9% | | | Chapter 7 |
| | | | Introduce Unit Project: Conditioning Fun |
| | | | Reading: 291-294 How do we learn? |
| | F | 10/23 | Reading: 294-303 Classical Conditioning |
| | М | 10/26 | Classical Conditioning |
| | Tu | 10/27 | Reading: 304-317 Operant Conditioning |
| | W | 10/28 | Operant Conditioning |
| | Th | 10/29 | Operant Conditioning |
| | | | Quick Vocabulary Check |
| | F | 10/30 | Reading: 317-323 Observational Learning |
| | М | 11/2 | Observational Learning |
| | Tu | 11/3 | Practice FRQ |
| | W | 11/4 | Unit Project DUE : Conditioning Fun |
| | | | Review |
| | Th | 11/5 | Cornell Notes Due |
| | | | Unit Test |
| Unit 7: | F | 11/6 | End of 1 st Quarter |
| Cognition 8-10% | | | Test Autopsy |
| | | | Chapters 8 & 9 |
| | | | Introduce Chapter Project: Memory Essay |
| | | | Reading: 327-330 The Phenomenon of Memory |
| | М | 11/9 | Reading: 330-337 Encoding |
| | Tu | 11/10 | Reading: 337-345 Storage |
| | W | | NO SCHOOL: VETERAN'S DAY: November 11 |
| | Th | 11/12 | Reading: 345-349 Retrieval |
| | | | Quick Vocabulary Check |
| | F | 11/13 | Reading: 349-356 Forgetting |
| | | | |



| | М | 11/16 | Reading: 356-364 Memory Construction |
|------------------------|-----|-------|---|
| | Tu | 11/17 | Reading: 364-365 Improving Memory Review |
| | W | 11/18 | Chapter Project DUE : Memory Essay Cornell Notes Due |
| | | | Chapter 8 Test |
| | Th | 11/19 | Test Autopsy Introduce Chapter Project: Application of Application Process Reading: 369-373 Thinking: Concepts and solving problems |
| | F | 11/20 | Reading: 373-382 Making decisions and forming judgments |
| | М | 11/23 | Reading: 383-391 Language structure and development Quick Vocabulary Check |
| | Tu | 11/24 | Reading: 391-401 Thinking and Language |
| | W | 11/25 | EARLY RELEASE |
| | | | Due: Memory Practice |
| | | | Listening Exercise |
| | Th | 11/26 | NO SCHOOL: THANKSGIVING BREAK: November 26-27 |
| | | | Chapter 9 test: take over break(if Senior) Finish Application of Application Process Project |
| Enterprise | М | 11/30 | Chapter Project DUE : Application of Application Process |
| | | | Cornell Notes Due |
| | | | Chapter 9 Test |
| | | | Keep Up on Reading |
| Unit 11: Individual | Tu | 12/1 | Test Autopsy |
| Differences | | | Chapter 10 (Intelligence) |
| 5-7% Enterprise | | | Reading: 405-415 What is Intelligence? |
| | 14/ | 12/2 | Keep Up on Reading |
| Enterprise | W | 12/2 | Introduce Unit Project: Intelligence War Debate Reading: 415-419 Assessing Intelligence |
| | | | Keep Up on Reading |
| Enterprise | Th | 12/3 | Reading: 419-422 The Mathematics of Intelligence |
| | | , | Keep Up on Reading |
| Enterprise | F | 12/4 | The Mathematics of Intelligence |
| | | | Keep Up on Reading |
| Enterprise | M | 12/7 | Reading: 422-427 The Dynamics of Intelligence |
| | Tu | 12/8 | Reading: 427-439 Genetics and Environmental Influences on |
| | | | Intelligence |
| | | | Make sure research is done! |
| | W | 12/9 | Genetics and Environmental Influences on Intelligence |
| | | 40/10 | Get Vocabulary Finished |
| | Th | 12/10 | Unit Project Debate in class: Papers DUE |
| | F | 12/11 | Review |
| | M | 12/14 | Cornell Notes Due Unit Test |
| Unit 5 | Tu | 12/15 | |
| 3 | Tu | 12/15 | Test Autopsy |



| Consciousness | | | Chapter 3 |
|--------------------------|----|--------|---|
| 2-4% | | | Reading: 85-91: The Brain and Consciousness |
| | W | 12/16 | EARLY RELEASE |
| | | | Reading: 91-96: Sleep and Dreams |
| | Th | 12/17 | Reading: 97-103: Why do we sleep? |
| | F | 12/18 | Reading: 103-108: Dreams |
| | М | 12/21 | WINTER BREAK: December 21, 2015 – January 1, 2016 |
| | | | Break Assignment: States of Consciousness and Dream Journal |
| | | | Finish Chapter 3 |
| Unit 10: | М | 01/4 | DUE: Dream Journal and Cornell Notes on Chapter 3 |
| Personality 5-7% | | | Chapter 13 |
| | | | Reading: 554-564 The Psychoanalytic Perspective |
| | Tu | 1/5 | Reading: 564-567 The Humanistic Perspective |
| | W | 1/6 | Reading: 567-576 The Trait Perspective |
| | Th | 1/7 | The Trait Perspective |
| | F | 1/8 | Personality Tests! |
| | М | 1/11 | DUE: Dream Journal and Cornell Notes on Chapter 3 |
| | | | Recap of Psychoanalytic, Humanistic, and Train Perspectives |
| | | | Quick Vocabulary Check |
| | Tu | 1/12 | Reading: 576-584 The Social-Cognitive Perspective |
| | W | 1/13 | Social-Cognitive Perspective |
| | Th | 1/14 | Reading: 584-589 Exploring the Self/Culture and Self |
| | F | 1/15 | Review |
| | М | 1/18 | NO SCHOOL: MARTIN LUTHER KING, JR DAY – January 18 |
| | Tu | 1/19 | Cornell Notes Due |
| | | | Unit Test |
| Unit 9: Developmental | W | 1/20 | Test Autopsy |
| Psychology | | | Chapter 5 |
| 7-9% | | | Reading: 173-177 Prenatal Development and the Newborn |
| FINALS | | | |
| FINALS | Th | 1/21 | Reading: 177-196 Infancy and Childhood |
| FINALS | F | 1/22 | End of 1 st Semester |
| | | 1 | Reading: 159-166 Gender Development |
| | М | 1/25 | SEMESTER BREAK (1 ST SNOW DAY, IF NECESSARY): January 25 |
| | Tu | 1/26 | Reading: 149-153 Parents and Peers |
| | | | Quick Vocabulary Check |
| | W | 1/27 | Reading: 196-206 Adolescence |
| | Th | 1/28 | Reading: 206-223 Adulthood |
| | F | 1/29 | Reading: 223-225 Reflections on Two Major Developmental Issues |
| | 1 | 1 - 1: | Review |
| | М | 2/1 | Cornell Notes Due |
| 11:21.4.4 | | - '- | Unit Test |
| Unit 14: Social | Tu | 2/2 | Test Autopsy |
| Psychology | | | Chapter 16 |
| 8-10% | | | Introduce Unit Project: Breaking Social Norms |
| | | | Reading: 673-680 Social Thinking |



| | W | 2/3 | Social Thinking |
|---------------------------|------|------|---|
| <u> </u> | Th | 2/4 | Reading: 680-686 Conformity and Obedience |
| | F | 2/5 | Reading: 687-691 Group Influence, Cultural Influence, and the Power |
| l | ' | 2/3 | of Individuals |
| <u> </u> | М | 2/8 | Reading: 691-697 Prejudice |
| | Tu | 2/9 | Prejudice |
| <u> </u> | W | 2/10 | Reading: 698-705 Aggression |
| l | l vv | 2/10 | Quick Vocabulary Check |
| | Th | 2/11 | |
| İ | ''' | 2/11 | Aggression |
| | F | 2/12 | Reading: 705-712 Attraction |
| L | М | 2/15 | NO SCHOOL: PRESIDENTS' DAY- February 15 |
| 1 | Tu | 2/16 | FRQ IN CLASS- you may use your notes |
| | W | 2/17 | EARLY RELEASE |
| l | | | Reading: 712- 714 Altruism |
| | Th | 2/18 | Altruism |
| | F | 2/19 | Reading: 714-719 Conflict and Peacemaking |
| | М | 2/22 | Unit Project DUE : Breaking Social Norms |
| l | | | Review |
| | Tu | 2/23 | Cornell Notes Due |
| l | | | Unit Test |
| Unit 8: | W | 2/24 | Test Autopsy |
| Motivation and Emotion | | | Chapters 11 & 12 |
| 6-8% | | | Introduce Unit Project: What Motivates You? |
| | | | Reading: 444-447 Motivational Concepts |
| | Th | 2/25 | Reading: 447-464 |
| l | | | Hunger, Obesity and Weight Control |
| | F | 2/26 | Hunger, Obesity and Weight Control |
| | М | 2/29 | Hunger, Obesity and Weight Control |
| | Tu | 3/1 | Reading: 465-471 Sexual Motivation |
| l | | | Quick Vocabulary Check |
| | W | 3/2 | Reading: 471-478 Sexual Orientation |
| | Th | 3/3 | Reading: 478-481 The Need to Belong |
| | F | 3/4 | TRIMESTER BREAK (2 ND SNOW DAY, IF NECESSARY): March 4 |
| | М | 3/7 | Reading: 498-507 Theories of Emotion/ Embodied Emotion |
| | Tu | 3/8 | Reading: 507-514 Expressed Emotion |
| | W | 3/9 | EARLY RELEASE |
| l | | | Expressed Emotion |
| | Th | 3/10 | Reading: 514-526 Experienced Emotion |
| - I | F | 3/11 | Experienced Emotion |
| 1 | | | Quick Vocabulary Check |
| - | М | 3/14 | Reading: 527-549 Stress and Health |
| | IVI | 3/14 | 110000110100000000000000000000000000000 |
| | Tu | | Stress and Health |
| | | 3/15 | Stress and Health |
| | Tu | | · · |



| | | | Unit Test |
|----------------------------|-----|-------|---|
| <u>Unit 12:</u> | F | 3/18 | Test Autopsy |
| Abnormal Psychology | | | Chapter 14 |
| 7-9% | | | Introduce Unit Project: Illness, Diagnosis, and Treatment: Case Studies |
| | | | Reading: 594-600 Perspectives on Psychological Disorders |
| | М | 3/21 | Reading: 601-608 Anxiety Disorders |
| | Tu | 3/22 | Anxiety Disorders |
| | W | 3/23 | Reading: 608-611 Somatoform and Dissociative Disorders |
| | Th | 3/24 | Somatoform and Dissociative Disorders |
| | | | Quick Vocabulary Check |
| | F | 3/25 | Reading: 611-621 Mood Disorders and Suicide |
| | | | SPRING BREAK: MARCH 28 – APRIL 1 |
| | | | Get caught up on all reading and vocabulary! |
| | М | 4/4 | Mood Disorders and Suicide |
| | Tu | 4/5 | Reading: 621-630 Schizophrenia and Personality Disorders |
| | W | 4/6 | Schizophrenia and Personality Disorders |
| Unit 13: Treatment of | Th | 4/7 | Chapter 15 |
| Psychological Disorders | | | Reading: 631-633 Rates of Psychological Therapies |
| 5-7% | _ | | |
| | F | 4/8 | Reading: 638-650 The Psychological Therapies |
| | М | 4/11 | Reading: 650-660 Evaluating Psychotherapies |
| | Tu | 4/12 | Evaluating Psychotherapies |
| | | | Quick Vocabulary Check |
| | W | 4/13 | Reading: 660-668 The Biomedical Therapies |
| | Th | 4/14 | The Biomedical Therapies |
| | F | 4/15 | End of 3 rd Quarter |
| | 1 | 1/10 | Reading: 668-669 Preventing Psychological Disorders |
| | M | 4/18 | Unit Project DUE : Illness, Diagnosis, and Treatment: Case Studies |
| | - | 4/40 | Review |
| | Tu | 4/19 | Cornell Notes Due |
| Review of All | 14/ | 4/20 | Units Test |
| Units | W | 4/20 | Test Autopsy Start Review Sessions in Class |
| | | | Unit 1: History and Major Schools of Thought |
| | Th | 4/21 | Unit 2: Research Methods |
| | F | 4/21 | Unit 3: Biological Bases of Behavior and Unit 4: Sensation and |
| | | 4/22 | Perception |
| | M | 4/25 | Unit 5: States of Consciousness and Unit 6: Learning |
| | Tu | 4/26 | Unit 7: Cognition and Unit 8: Motivation and Emotion and Unit 9: |
| | ' | 7,20 | Developmental Psychology |
| | W | 4/27 | Unit 10: Personality and Unit 11: Testing and Individual Differences |
| | Th | 4/28 | Unit 12: Abnormal Psychology and Unit 13: Treatment of Psychological |
| | ''' | ., 20 | Disorders |
| | F | 4/29 | Unit 14: Social Psychology |
| AP EXAM!!! | M | 5/2 | AP PSYCHOLOGY EXAM: 12:00pm |
| [TENTATIVE] | | | |



| | | | Abnormal Psychology in the Media Project |
|-------------|-----|-----|--|
| | | | Tuesday, May 3 – Tuesday, May 24 |
| | | | Mentally Fractured Fairy Tales Project |
| | | | Wednesday, May 25- Tuesday, June 7 |
| Tentative?? | F | 6/7 | Final Exam Presentation |
| Tentative?? | SAT | 6/4 | GRADUATION: Edgar Brown Stadium |
| | | | |