

# Advocate

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## Warden Sara McQuilliams Retires From ADC



After 35 years of distinguished service, **Sara McQuilliams, Warden** of the **Benton Unit** has retired. Her career with the Arkansas Department of Correction began in 1975 as secretary at the Tucker Unit and then later at the Women's Unit. Her duties would soon take her from Correctional Officer to Lieutenant and then to an instructor at the ADC Training Academy.

She would serve as Academy Supervisor from 1984 to 1993, when she became a Parole Officer. She soon promoted again. This time, it was to become the first female Assistant Warden of the Varner Unit. In 1997, she was transferred to the Warden's office at Delta Regional then later to North Central.

In 2004, Sara became Warden of the Benton Unit and would remain there until her last official day on June 30. **ADC Director Ray Hobbs** recognized Sara's years of dedicated service at the Annual Warden's Prayer Breakfast held in Little Rock where she was presented a Char-Griller Smoker from the wardens at the meeting. **Randy Watson, Deputy Warden** of the Wrightsville Unit, succeeded her at Benton on August 1st. Congratulations, Sara, for your 35 years of exceptional service and best of luck on a well deserved retirement!

## Kids Recreation Center Get Facts About Prison

Inmate volunteers from the Mississippi County Work Release Center were on a mission July 16th to help kids avoid crime.

Children at the Charles Strong Recreation Center in Luxora were given the hard facts about prison life and the consequences of making poor life decisions.

Lack of privacy, privilege, and the elements of living behind bars were described to the young people in an attempt to keep their lives on the right track in order to avoid a path of misery and destruction that can ultimately lead to prison.



**Corporal Phillip Robinson (L)** watches as an inmate tells kids "like it is" about prison life.

## Director's Corner



**Ray Hobbs**  
ADC Director

Last month, Congress took a step forward in the battle against cell phones in prison by passing legislation to make cell phones and other wireless devices contraband at federal prisons. This is good news for the Federal Bureau of Prisons who is fighting to keep cell phones out of the hands of inmates. We all are. Cell phones are a problem for every correctional system in the world.

In this battle, though, the feds are a few steps behind Arkansas. It's already a

crime for inmates to have a cell phone in an ADC facility and an even bigger felony if they use it to further an escape or other crime. It's also a felony to provide a cell phone to an inmate.

The reason is simple. Cell phones plus inmates equal big trouble. Cell phones have been used to order hits; to intimidate witnesses, legislators, judges and victims; to orchestrate gang activity and make drug deals; and to plan escapes. In Arkansas, cell phones have played a major role in the last three escapes from ADC facilities. That's right. Our last three escapes were carried out with the help of cell phones. Through hard work and fast action by a lot of people, all of the escapees were recaptured and no one was hurt or killed. But someone could have been. Felons on the run don't always have a high regard for the lives of others.

As grateful as I am that these incidents had peaceful

endings, I am equally convinced that they could have turned out much differently. We don't like to think about it, but we all know it's true. People can get hurt or lose their lives when inmates are on the run. It's happened here. It's happening in Arizona right now. And will happen somewhere else.

So please continue to be extra vigilant. Keep your eyes open and your senses sharp. There are cell phones hidden in our units, and we have to step up the search for them. We have already found phones in hollowed out books and bars of soap. We've pulled them out of pipe chases and from behind toilets. We have discovered phones stashed in bags and buckets and inside of soccer balls. They could be anywhere so we must be everywhere.

And if you're thinking about sneaking in a phone

to an inmate, I say don't you dare. We will catch you, and you'll lose your career, your reputation and your freedom. All for a little cash. I promise you the money is not worth the price you'll pay. And if the inmate uses that phone to plan an escape or a murder, what then? How would you live with that for the rest of your life?

I know the inmates say they're just going to call their mama or their girlfriend, and they don't want to pay the rates of the inmate phone system. Don't you fall for it. That's not all they're going to do. They want to have conversations the inmate phone system can't record. They want to talk in secret to plan things. Bad things.

Don't become part of the problem; be part of the solution. Be someone who builds public safety; not someone who helps a convicted felon tear it apart.

## Department Briefs

**James "Hoot" Gibson** was nominated in June and has accepted a position on the **Arkansas Police Olympics Board** according to board Vice-President **Chris Coody**. Mr. Gibson's years of service and experience will be a welcome addition to the board's activities and planning for the upcoming Police Olympics this fall.

On June 29, the **Arkansas Board of Corrections** named **Ray Hobbs** as **Director** of the Arkansas Department of Correction. Mr. Hobbs had

been serving as Interim Director since the January retirement of former ADC Director **Larry Norris**. We want to congratulate **Mr. Hobbs** on his appointment and wish him continued success as ADC Director!

On June 30, Interim Chief Deputy Director **Larry May** was named **Chief Deputy Director** of the Arkansas Department of Correction. He fills the spot previously held by **Ray Hobbs**, and his years of hard work and experience will be continue to be valuable assets to the department. Best of luck, **Mr. May!**

**Randy Watson** has been selected as the new **Warden** of the **Benton Unit**. He assumed the post, which became vacant when Sara McQuilliams retired, on August 1.

**Deputy Warden Tommy Hurst** of the Grimes Unit will transfer to the **Wrightsville** complex as Deputy Warden effective August 9.

**Deputy Warden Judy Taylor** of the Randall Williams Unit transfers to the **Pine Bluff Unit** as the new Deputy Warden effective August 16.

## More Department Briefs

Deputy Warden John Lowe of the Diagnostic Unit will soon transfer to the **Randall Williams Unit** as its new Deputy Warden. His new position will begin on August 16.



**Eddie Holcomb (L)** receives a service plaque at the 2010 SSCA Conference.

At the recent SSCA Conference in Hot Springs, **Eddie Holcomb** was honored by the **Arkansas Criminal Justice Association** with a service plaque for his work with ACJA.



**Warden Joe Porchia (L)** and State Trooper **Freddy Ware** at a recent MCWRC Advisory Board meeting

On June 29, **Warden Joe Porchia** was given special recognition for his work with area kids by MCWRC Advisory Board Director **Freddy Ware**. Joe received a plaque for his work at the Charles Strong Recreation Center along with an annual fishing derby for local kids. Great work and congratulations, Joe!

Deputy Warden **Darryl Golden** of the Varner unit will be transferring to the **Diagnostic Unit** as its new Deputy Warden. His new position will take effect on August 16.



The Advocate recently paid a visit to the good folks over at the **Inmate Banking Department** during one of their Red Shirt Days. Behind the smiling faces are a group of dedicated people who manage the input and flow of inmate account services much like a regular bank. Thanks for helping the ADC run smoothly!



**The Advocate Chooses It's News Very Carefully...**

## ADC Recipe Corner

**Eggplant Casserole** Brenda Wilson



### INGREDIENTS

- 1 large eggplant, peeled, cut up in 1" chunks
- 1 lb. ground meat
- 1/2 cup chopped celery
- 1/2 cup green pepper
- 3/4-1 cup chopped onion
- 3-4 fresh tomatoes, chopped and skinned  
( may substitute 1 can chopped tomatoes- do not drain)
- 1 tblspn olive oil
- 2 slices of bread, toasted & cut into crouton size
- 1/2-3/4 cup grated cheese
- 1 tblspn garlic powder or chopped garlic
- 1 tblspn salt
- 1/2 tblspn pepper

Brown meat and drain. Sauté onion, green pepper, and celery in olive oil in large skillet for 10 minutes. Add remaining ingredients except cheese and bread cubes. Cover and cook on medium-high heat for 15 minutes. Pour in large casserole dish, top with cheese and bread cubes, cover and bake at 350 degrees for 40 minutes.



# ADC Hosts Southern States Correctional Association Conference At Arlington Hotel in Hot Springs in July

The Arkansas Department of Correction was the proud host of the 41st annual Southern States Correctional Association conference held this year at the Arlington Hotel in Hot Springs. Members from 14 states gathered together for seminars, training, and to attend lectures from guest speakers and authors from across the country.

Vendors were on hand to present the latest products and technological breakthroughs for the corrections and law enforcement agencies. Awards were presented to members for their outstanding service along with a solemn memorial service for those who have lost their lives in the line of duty.

Guest speakers included Sheriff J.B. Smith on humorous law enforcement and true crime stories, Dr. Richard Guy on keeping one's faith in the correctional setting, and ATF agent Jay "Bird" Dobbins with an account of his two year undercover work inside the Hell's Angels.



Opening ceremonies of the 41st annual SSCA Conference in Hot Springs



ATF agent Jay Dobbins—"I'm No Angel"



SSCA President Kevin Murphy



Thunderstorms rock the boat on Lake Catherine before the Arkansas Night Party



Dina Tyler, ADC spokesperson, gets a warm escort by Hot Springs Mayor Mike Bush before he stole the show with his jokes and stories.



Razorback shirts and Hog calls kick-off Arkansas Night as the rain chased the party indoors with great barbecue and red hot music



## Members Get Into the Swing at Conference Golf Tournament



ADC Director Ray Hobbs (L) shows us how it's done as his team takes the 1st place honors

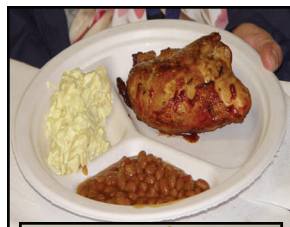
As the morning sun rose over the rolling hills of the Hot Springs Country Club, golfers from across the south divided into 18 four-person teams to scramble for top honors in the SSCA Golf Tournament on Sunday July 11.



## Banquets, Blues and Good Old Southern Hospitality Abound at SSCA 2010



When people of the Delta party, they **PARTY!** Whether it's blues and comfort food or black ties and tails, the members of the SSCA know how to have fun! Members of the Mississippi delegation put out the welcome mat with great food like catfish, barbeque and tamales for "Mississippi Night" in preparation of hosting the 2011 conference in Biloxi. Later that night, members met for a formal banquet and awards presentation followed by live music and dancing in the Crystal Ballroom.



Great party, daahling!



As the conference began to wind down Wednesday, it was time to pass the torch as Kevin Murphy relinquished his position as SSCA President by swearing in Commissioner Christopher Epps of Mississippi as his successor. Mr. Murphy was then made a lifetime member of the SSCA in honor of his contributions and hard work. Congratulations to everyone from the ADC whose tireless efforts made this one of the most memorable conferences in recent history.



## Health Matters

### DEPRESSION: Recognize the Warning Signs of Pain and Stress



According to a 2003 study published in the **Journal of the American Medical Association**, 9.4 percent of U.S. workers suffer from a form of depression. An average 5.6 hours of productivity are lost per week by these individuals compared to the 1.5 hours of their peers. When projected across an entire workforce, it is estimated that worker depression costs U.S. employers \$31 billion per year in lost productivity. While situations vary person-to-person, the pain is indeed very real and debilitating.

**Recognize the Symptoms**— coworkers and supervisors can often recognize when someone seems constantly sad, has trouble sleeping, difficulty in concentrating or seems

to suffer persistent physical pain. This can hinder productivity, lower morale, and increase safety risks.

**Support Coworkers**— if symptoms persist two weeks or longer, the person may require clinical help. Make no diagnosis yourself, but help coworkers by listening and offering hope. Keep the depressed person involved in recreational and social activities. Be encouraging.

**Don't Give Up**— if you are experiencing depression yourself, avoid negative thinking. Try to identify what caused the condition and determine what to do.

Reorient yourself to identify the facts in various situations. Don't misinterpret the words or actions of others as you try to control your responses with good character. If work is a factor in your depression, set realistic goals and break down larger jobs into smaller ones. Confide with trusted friends.

Get some exercise or attend religious or social activities. Try and stay involved in things that take your mind away from the causes of your depression. Make an effort to support others and seek support from others as well.



### Meekness Doesn't Always Mean Weakness



**Meekness** is not for the weak or faint-hearted. The ability to control and refocus hostility, anxiety, and stress takes great strength. Instead of allowing aggravation to control us, we should attempt to control **IT**.

**“Temper, Temper”**— control the stress that causes anger. Get enough rest—things seem worse when you feel tired. Exercise— take a walk, run or go workout to shake off the bad feelings. Read or watch something funny. Think things through before acting irrationally. And when things seem out of control—walk away. The pain you feel or could cause others just isn't worth it.

**Say What You Mean**—words can make the difference. They convey praise and strengthen friendships or they can threaten, accuse or insult.

Using the right words at the right time can diffuse a situation before it can become worse.

**Take Control**—never lose it. Be willing to put aside personal needs or feelings in order to maintain hold of your character. Get perspectives from others around you—don't allow personal differences to undermine a positive environment. Use criticism as a learning tool to better understand how others see you and what you can do to improve areas of your personal life. Meekness is not weakness. It can strengthen and heal us.

## Annual Wardens' Prayer Breakfast Honors Sara McQuilliams



**Norma Gillom and Earnest Evans serve it up hot at the Warden's Prayer Breakfast.**

Good food and great fellowship were the specials of the day at the annual Warden's Prayer Breakfast held in Little Rock on June 30th. Hosted by the ADC Chaplains, guests were treated to a southern-style breakfast along with some old school gospel singing from the "ADC Red Shirts."

Keynote speaker **Todd Ball**, Deputy Warden from East Arkansas Regional, spoke of how Hollywood typically sees the roles of Wardens and Chaplains in prison films. He went on to give his thoughts on the encouragement given to him by his ADC mentors who helped to guide him to where he is today.



**Todd Ball speaks of wardens and chaplains as depicted in Hollywood**



**ADC Director Ray Hobbs and retiring Warden Sara McQuilliams of Benton**

Special recognition went to **Warden Sara McQuilliams** who, after 35 years with the ADC, was retiring. Director Ray Hobbs gave his personal dedication before presenting Sara with a Char-Griller Barbeque Grill on behalf of the wardens for her years of service and dedication to the department. A great time was had by one and all!

## Suspect on Run Jumps Fence Into Prison

**Dateline: Ohio, March 30, 2010**— Garfield, Ohio police were led on a high-speed chase by 20-year-old Ricky Flowers who attempted to flee after a routine traffic violation.

The chase spanned several communities and across two interstates before Flowers and three other suspects ditched the car and attempted to flee on foot. The other three suspects were soon captured as police began to close in on Flowers who began scaling a tall chain-link fence. What Flowers didn't realize was that he was climbing into the most ironic of places—a prison.

Alarms immediately went off as Flowers landed into the exercise yard of the Northeast Pre-Release Center for Women where prison officials promptly took him into custody.

"He ended up in the prison yard," said Capt. Robert Sacket. "He was apprehended. He had nowhere to go. It was a little easier to get in than get out, apparently."

This chase that ended up in a prison yard easily goes down in history as one of the dumbest moves by a suspect.



**Service with a smile, Miss Betty**

As the first face many see when at ADC Administration East, **Betty Greene** offers up a warm smile while running a tight ship.

So drop by and get to know Miss Betty and don't forget to sign out!



**Poor Mavis!**

Don't worry Mavis; simply send in that recipe, story, announcement, or photo to [bill.watson@arkansas.gov](mailto:bill.watson@arkansas.gov) at the Advocate by the 15th of each month, then relax. We will try to fit you in without any drama!



## Diagnostic Unit Service Awards Luncheon Honors Staff With Luau



**Staff and Officers say “Aloha” to the great BBQ at the DGU Service Awards.**

It may not have been on a Hawaiian beach, but the staff of Diagnostic Unit certainly felt the festive spirit during their annual Service Awards luncheon on July 1st.

Staff members were treated to a Hawaiian-style luau complete with palm trees and flowery leis.

Guests included ADC Director Ray Hobbs and Judge Waymond Brown, who shared humorous stories of his night in a county lock-up. Judge Brown then paid tribute to the officers and staff who make a difference every day in the lives of the people they are responsible for.

Warden Kay Howell and Deputy Warden John Lowe presented both staff and officer awards for their years of dedicated service. Recipients of three, five, ten, fifteen, twenty and thirty years service are:

### 3 Years

Sonya Sanders, Miranda Rochelle, Angelia Thornton, Kamilla Mays, Paul Bray, Quianna Jackson, Linda Thomas, Lakendra Brown, Megan Agee, and Latonya Shelton.

### 5 Years

Sedrick Foote, Terry Michuad, Kevin Pryor, and Sharon Peyton.

### 10 Years

Shanetta Brown, Angela Jamerson, and Sharon Culclager.

### 15 Years

Connie Jenkins, Sheila Williams, Deborah Turner, Gerald Jones, and Don Bolden.

### 20 Years

Mark Norris, Michael Harroway, John Brule, Dalton Rankin, Brenda Dixon, and Andrew Peters.

### 30 Years

Marilyn Maxie and Jimmy Johnson.



**Judge Waymond Brown**



## Annual Newport Fishing Derby Reels in Great Food and Family Fun

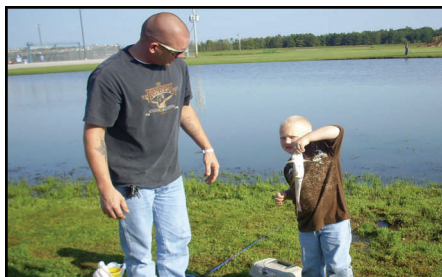


**Lunch is served as anglers enjoy a day out at annual Newport Fishing Derby.**

Officers and staff of the Grimes and McPherson Units got a chance to get hooked on fishing along with their families at the annual Newport Fishing Derby this past May. Anglers got to try their luck in the moat located on

the grounds separating the units that was stocked ahead of time.

All employees got to spend time with their families including reliefs for those officers who were on duty so that no one would miss out on the fun and food.



**Daniel Hanley shows his dad John the one that didn't get away!**



**Alex James (L) and Tammy James (R)**

A fish fry with all the trimmings awaited everyone to ensure that no one went away hungry. As the day came to an end, excited kids went home with bragging rights and their parents with memories of a great day out.



**Promotions**

<b>Date</b>	<b>Name</b>	<b>Position</b>	<b>Unit</b>
06/07/10	Joy Taylor	Senior Software Specialist	Information Tech
06/24/10	Chester Pool	Lieutenant	North Central
06/27/10	Gary Drummond	Sergeant	Cummins
06/27/10	Joshua Holcomb	Sergeant	Cummins
06/27/10	Latoya Johnson	Sergeant	Cummins
06/28/10	Clayton Brooks	Lieutenant	East Arkansas
06/29/10	Ray Hobbs	ADC Director	All Units
06/30/10	Larry May	ADC Chief Deputy Director	All Units
07/08/10	Randy Watson	Warden	Benton Unit
07/08/10	Jennifer K Elkins	Payroll Services Specialist	Human Resources
07/12/10	Tristan Head	Sergeant	Delta Regional
07/12/10	Thomas Rowland	Lieutenant	Tucker
07/14/10	Regina Reynolds	Payroll Technician	Human Resources
07/16/10	Undray Fields	Lieutenant	Delta Regional
07/18/10	William Arnold	Lieutenant	McPherson
07/18/10	Robert Beel	Sergeant	McPherson
07/19/10	William Talley, Jr	Sergeant	Grimes
07/22/10	Tamora Baker	Human Resources Manager	Diagnostic
07/22/10	Charles Couch	Captain	Ouachita
07/28/10	Tommy Hurst	Deputy Warden	Wrightsville
07/29/10	Judy Taylor	Deputy Warden	Pine Bluff Unit
07/29/10	John Lowe	Deputy Warden	Randall Williams
07/29/10	Darryl Golden	Deputy Warden	Diagnostic
07/25/10	Kevin Courtney	Captain	Randall Williams
07/25/10	Timothy Howard	Sergeant	Cummins
07/25/10	Marcie Nash	Sergeant	Cummins
07/25/10	Rodney Petty	Sergeant	Cummins
07/26/10	Jimmy Hill	Sergeant	Cummins
07/26/10	Kenneth Moss	Sergeant	North Central
07/26/10	Michael Richardson	Sergeant	Cummins
07/26/10	Terry Treadway	Lieutenant	Mississippi Co
07/26/10	Randall Williams	Lieutenant	Mississippi Co
07/29/10	James Shipman	Captain	Maximum Security

**New Hires**

<b>Date</b>	<b>Name</b>	<b>Position</b>	<b>Unit</b>
06/07/10	Lamont Wimbley	Fiscal Support Supervisor	Admin East
06/22/10	Tammy Drake	Administrative Specialist I	Tucker
06/22/10	Terrie Dyer	Administrative Specialist I	Ouachita
06/28/10	Kimberly F Clemmons	Human Resources Assistant	East Arkansas
06/28/10	Craig K Estes	Administrative Specialist I	Construction
06/28/10	Mary L Jackson	Administrative Specialist I	East Arkansas
06/28/10	Jimmy D Melton	Construction Supervisor	Construction
07/07/10	Terry A Davis	Substance Abuse Program Leader	Mental Health
07/07/10	Teryn N Moreland	Advisor	Mental Health
07/12/10	Gary Bryant	Advisor	East Arkansas
07/12/10	Kenneth Carswell	Advisor	Ouachita
07/12/10	Kara King	Administrative Specialist I	East Arkansas
07/12/10	Margaret Rector	Psychologist	Mental Health
07/19/10	Jimmie Beggs	Maintenance Technician	Construction
07/19/10	Markie Schultz	Administrative Specialist I	East Arkansas
07/21/10	Sondra Taylor	Substance Abuse Program Leader	Mental Health/ Wrightsville
07/26/10	Marcia White	Administrative Specialist II	NW Arkansas



### In-Service Training Protocol

The Training Academy wishes to welcome staff to In-Service Training. The academy strives to promote a professional environment during your learning experience.

Listed below is appropriate attire for In-Service class participation.

Shirt—button up or pull over (please, nothing derogatory, offensive or inappropriate for professional correctional staff, no T-shirts, no sports team shirts).

Shirt and Tie

Slacks—NO DENIM, no holes or frayed edges.

Dress/Pantsuit—(please, nothing see through, sleeveless or low cut. Length should be professional and appropriate for professional correctional staff)

Shoes—(no flip flops, sandals, tennis shoes or house slippers).

Uniforms—must meet Department guidelines

Headgear—allowed only outside of building (no derogatory or offensive wording, symbols, etc.).

Sweats/Shorts/Sport Warm-ups—will be considered appropriate only in classes containing physical activities – not during normal In-Service classes.

Smoking is not allowed on Academy property.

Please observe break times and lunch periods.

Cell phones or pagers need to be on vibrate or silent while in the classroom.

Students arriving more than 15 minutes late for the starting time of a class, or more than 15 minutes late from a break/lunch will be dismissed from the class.

## JULY TRAINING SCHEDULE

Date	Title	Time	Length	Location
1	Cultural Awareness ( ML II )	8 a.m.	4 hrs.	HR
2	Identity Theft	8 a.m.	4 hrs.	TA
6	Image Matters (VS)	8 a.m.	4 hrs.	TA
7	Fair Labor Standards Act ( ML I )	8 a.m.	4 hrs.	HR
7	Leadership, Security & Body Language(VS)	8a.m.	4 hrs.	TA
7	It's OK to Say NO (VS)	12:30 p.m.	4 hrs.	TA
8-9	The Human Element	9 a.m.	12 hrs.	TA
8	Performance Evaluation ( ML I )	12:30 p.m.	4 hrs.	HR
12-16	Horsemanship for New Riders	8 a.m.	40 hrs.	WU
15	Advanced eOMIS for Security	8 a.m.	4 hrs.	HR
15-16	16 hr Security for Non-Security	8 a.m.	16 hrs.	TA
16	Basic eOMIS	8 a.m.	4 hrs.	HR
16	eOMIS for Security Officers	12:30 p.m.	4 hrs.	HR
16	Attitude Virus	8 a.m.	4 hrs.	TA
17	Employee Motivation	12:30 p.m.	4 hrs.	TA
19-23	Correctional Security for Non-Security	8 a.m.	40 hrs.	TA
19	Sexual Harassment/Misconduct (ML I ) (VS)	8 a.m.	5 hrs.	TA
20	Administering Discipline ( ML I )	8 a.m.	4 hrs.	TA
20	Avoiding Mediocrity	8 a.m.	4 hrs.	TA
20	Structured Interviewing ( ML II )	8 a.m.	4 hrs.	HR
20	Physical Fitness and Training	12:30 p.m.	4 hrs.	TA
20-21	Security for Non- Security	8 a.m.	16 hrs.	TA
21	Back Safety and Office Ergonomics (VS)	8 a.m.	4 hrs.	HR
21-22	Management Effectiveness Training ( ML I )	8 a.m.	16 hrs.	TA
22	Grievance Prevention and Handling	8 a.m.	5 hrs	HR
26-30	Horsemanship for New Riders	8 a.m.	40 hrs.	WU
26	Managing the Multi-Generational Workforce (VS)	8 a.m.	8 hrs.	TA
27	Staff Safety and Self- Defense (VS)	8 a.m.	4 hrs.	TA
27-28	Introduction to Management ( ML II )	8 a.m.	16 hrs.	TA
29	Personal Boundaries (VS)	8 a.m.	4 hrs.	TA
30	Accident Investigation and Reporting	8 a.m.	4 hrs.	HR
30	Interpersonal Communication ( ML I )	8 a.m.	8 hrs.	TA

## OPEN ENROLLMENT (Year round Classes)

- **Internet-Based e-Learning Classes.** (for managers and supervisors only) Classes provided by National Institute of Corrections Visit [www.nicic.org](http://www.nicic.org). \*You must get approval from your Unit Trainer before taking any e-learning classes.
- **Open enrollment, Inter-Agency classes** are offered to all staff members in Little Rock. They vary in length.
- Classes are also offered through the **Criminal Justice Institute** in Little Rock.

Your unit trainer has more information about Criminal Justice Institute, Inter-Agency, E-learning and other classes.

*"My wife's jealousy is getting ridiculous. The other day she looked at my calendar and wanted to know who May was."*

— Rodney Dangerfield, Comedian



**AUGUST TRAINING SCHEDULE**

Date	Title	Time	Length	Location
3	Stress Management (VS)	8 a.m.	4 hrs.	TA
3	Identity Theft (VS)	12:30 p.m.	4 hrs.	TA
4	Behavior– Based Safety Training (VS)	1 p.m.	3 hrs.	HR
4	Fair Labor Standards Act ( ML I )	8 a.m.	4 hrs.	HR
5	Cultural Awareness ( ML I )	8 a.m.	4 hrs.	HR
5	Performance Evaluation (ML I )	12:30 p.m.	4 hrs.	HR
5	Field Training Officer Training	8 a.m.	8 hrs.	TA
9	Image Matters	8 a.m.	4 hrs.	TA
10	Basic eOMIS	8 a.m.	4 hrs.	HR
10	eOMIS for Security	12:30 p.m.	4 hrs.	HR
10	Administering Discipline ( ML I )	8 a.m.	4 hrs.	TA
11	Structured Interviewing ( ML II )	8 a.m.	4 hrs.	HR
12	Advanced eOMIS Training	8 a.m.	4 hrs.	HR
12	Avoiding Complacency in Corrections	8 a.m.	4 hrs.	TA
13	Staff Safety and Self– Defense (VS)	12:30 p.m.	4 hrs.	TA
13	Leadership, Security and Body Language (VS)	8 a.m.	4 hrs.	TA
16-17	16 hr Security for Non– Security	8 a.m.	16 hrs.	TA
18	Health and Safety Plan for Supervisors	8 a.m.	4 hrs.	HR
17-18	Management Effectiveness Training (ML I )	8 a.m.	16 hrs.	TA
19	Grievance Prevention and Handling (ML I )	8 a.m.	5 hrs.	HR
19	Sexual Harassment / Misconduct (VS)	8 a.m.	5 hrs.	TA
23	Avoiding Mediocrity	8 a.m.	4 hrs.	TA
23	Physical Training/Fundamentals of Fitness	12:30 p.m.	4 hrs.	TA
23	Inmate Grievances	8 a.m.	4 hrs.	HR
24-25	Introduction to Management (ML II )	8 a.m.	16 hrs.	TA
26	Slips, Trips and Falls (VS)	8 a.m.	4 hrs.	HR
26-27	The Human Element ( ML II )	9 a.m.	12 hrs.	TA
27	Managing the Multi– Generational Workforce	8 a.m.	8 hrs.	TA
30	Interpersonal Communication	8 a.m.	8 hrs.	TA
31	Attitude Virus	8 a.m.	4 hrs.	TA
TBA	Emergency Preparedness	8 a.m.	16 hrs.	TBA

**Central Office Churns Up Cool Fun at Annual Ice Cream Social**

As temperatures continued to soar on the outside, the Central Office Employees Association were keeping things cool during their annual Ice Cream Social on June 23rd.

Attendees were treated to homemade ice cream with all the trimmings to not only beat the heat, but to enjoy good company and a great dessert!

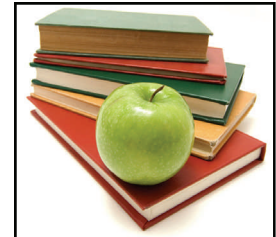


**Arkansas Hunger Relief Alliance Gets a Hand-Up From ADC**



The ADC has answered the call for help from the Arkansas Hunger Relief Alliance. Volunteers from the Delta Regional, Tucker, and Grimes Units were able to collect more than 265,000 pounds of fresh tomatoes, corn, cantaloupe and watermelon to help feed thousands of Arkansans struggling with hunger. Thanks to the staff and inmates who are making a difference!

**ADC  
CALENDAR  
OF EVENTS  
August 2010**



**July 30—Aug 4**  
American Correctional Association 140th Congress-Chicago

National Catfish Month

**5** National Night Out

**11** First day of Ramadan

**13-14** ASEA Convention-Little Rock

School Begins

**Special Events?  
Unit Functions?  
Announcements?  
Conference Dates?**

Then tell it to the guys at the Advocate and they'll post them on the calendar of events for all to see!



## ADC Advocate Employee Newsletter

### *ADC Mission Statement*

- *To provide public service by carrying out the mandates of the courts.*
- *To provide a safe humane environment for staff and inmates.*
- *To provide programs to strengthen the work ethic.*
- *To provide opportunities for spiritual, mental and physical growth.*



**Arkansas Department of Correction**

The *ADC Advocate* newsletter is published monthly by the Public Information Office for employees of the Arkansas Department of Correction. The publication strives to enhance communication and provide information on the development and achievements of this agency.

All employees are encouraged to submit articles, comments, ideas, letters and questions. The deadline for submission is tentatively set for the 15th of each month for inclusion in that month's publication.

Please be aware that all submitted items will be subject to editing. However, every effort will be made to maintain the writer's essential meaning.

In addition, statements contained in the *ADC Advocate* are the personal views of the authors and do not necessarily represent the opinion or policies of the Arkansas Department of Correction.

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