

CORONAVIRUS

(COVID-19)

Situational Update

Wednesday, October 14, 2020

[CORONAVIRUS.DC.GOV](https://coronavirus.dc.gov)



DC | HEALTH
GOVERNMENT OF THE DISTRICT OF COLUMBIA

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Affordable Care Act in DC

Through the District's implementation of the Affordable Care Act, Washington, DC has the second lowest uninsured rate in the nation.



100,000 people are covered by private health insurance through DC Health Link.



- **80,000** employees and dependents covered by District small businesses and nonprofits
 - **5,100+** District employers covered
 - **11,000** Congress Members and designated staff in district offices and on the Hill
- **17,000** residents covered through the individual market



**Nearly 97%
of DC
residents are
insured.**



Anyone who needs insurance can enroll and coverage can start immediately. Just select COVID-19 as a qualifying event.

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During the pandemic, we've made it even easier to get insured.

Small businesses and nonprofits that can't afford to contribute to an employee premium can still sign up.

There are no late fees or interest for late payment of premiums for employers covered through DC Health Link.



Neither residents nor businesses will have coverage terminated for non-payment.



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Window shop from October 15 to October 31:

Review 2021 health plans and rates before open enrollment begins on November 1.

2021 premiums are lower than 2020 premiums for 15 of 25 plans.

No deductibles for primary care, specialists, mental and behavioral health, urgent care, and generic Rx.

Shop Bronze, Silver, Gold, and Platinum Standard plans for no deductibles.

All plans cover diagnosis, testing, and treatment for COVID-19 at no cost to patient (no copayment, no coinsurance, no deductible).

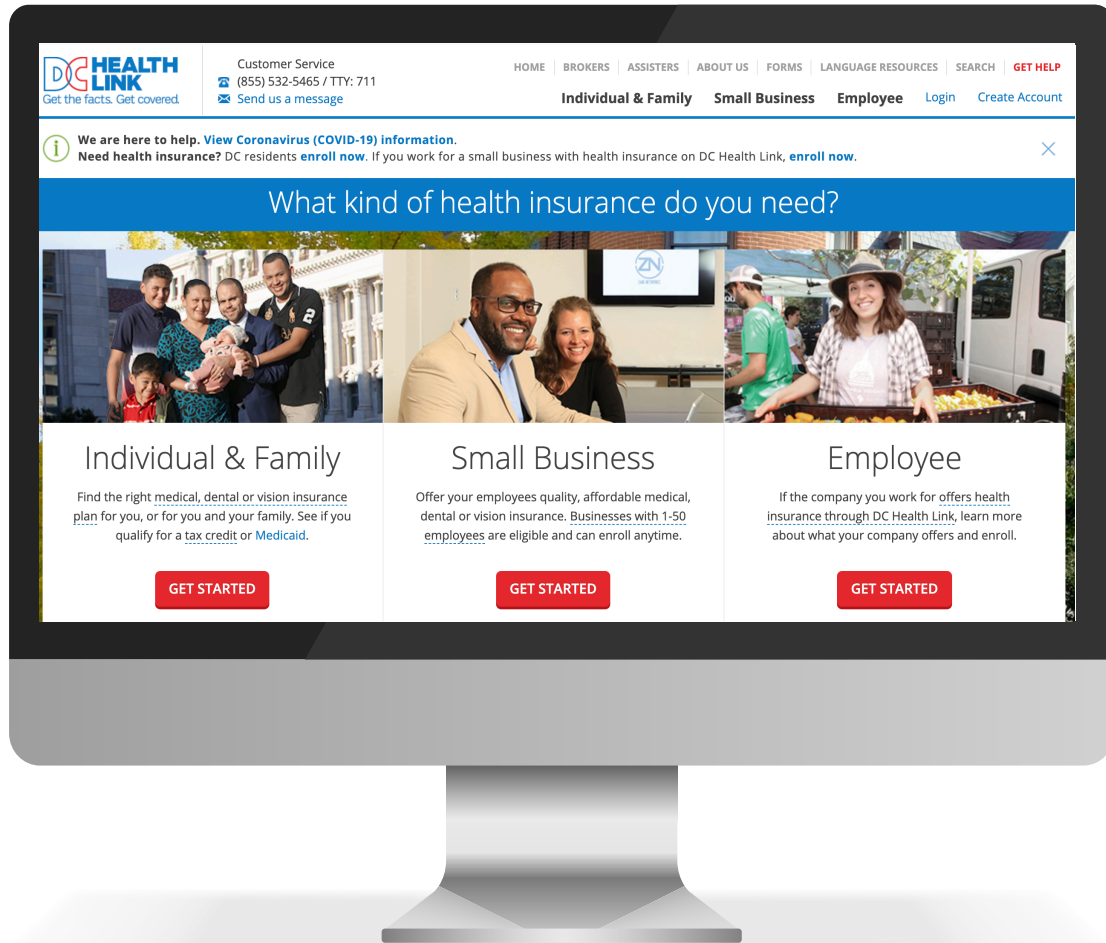
Health plans that fit all budgets:

163 health plans in the small group market

(United Healthcare, Aetna, Kaiser, and CareFirst BlueCross BlueShield)

25 health plans in the individual market

(Kaiser and CareFirst)



GET COVERED. STAY COVERED.

Learn more at
DCHealthLink.com

To make it even more convenient to get a flu shot, DC Health has partnered with CVS Pharmacy and Walgreens to provide flu vaccines at the public testing sites.

No registration is required, but bring your insurance card and a government issued ID.

Walgreens provides flu shots at the F Street testing site,
Monday through Friday from 9:00 a.m. to 1:00 p.m.

CVS Pharmacy provides flu shots at three firehouse testing sites,
on Tuesdays and Thursdays from 3:00 p.m. to 7:00 p.m.

- Engine 8, 1520 C Street, SE
- Engine 30, 50 49th Street, NE
- Engine 33, 101 Atlantic Street, SE

Individuals age 12 and up can get a flu shot at these sites. The CDC recommends everyone six months or older get a flu vaccine. It is recommended that you wear a t-shirt when going to get a flu shot.

Flu shots are safe and do not cause flu illness. Learn more at dchealth.dc.gov/flu



Breast Cancer Awareness Month

October is Breast Cancer Awareness Month

BREAST CANCER AWARENESS MONTH

Breast cancer
is the most diagnosed
cancer in District women.

Talk to your doctor about your risk and about screenings for breast cancer.

The District provides free breast and cervical cancer screening and diagnostic follow-up for eligible women through Project Women Into Staying Healthy (WISH).

Project WISH also provides patient navigation, transportation assistance, and cancer education.

Learn more at

dchealth.dc.gov/service/project-wish

Where We Are Today

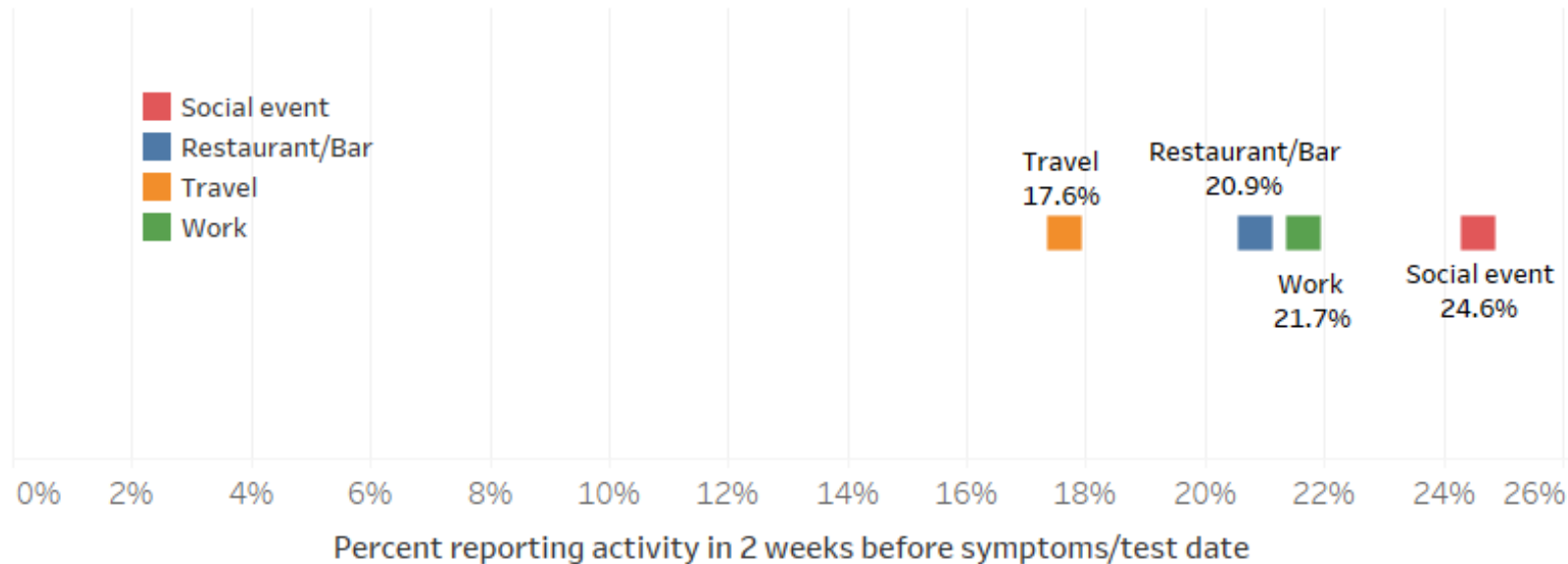
Level of Community Spread	Daily case rate	Rate of transmission	Test positivity rate	New cases from quarantined contacts
	8.8 (Oct 12) 7-day avg. per 100,000 pop.	1.2 (Oct 2) Effective reproduction number (R(t))	2.0% (Oct 10) Percent positive from RT-PCR tests	10.3% (Oct 10) 7-day average
Health System Capacity	Percent hospital utilization	Percent COVID-19 patients	Mean test turnaround time	Diagnostic tests conducted
	80.4% (Oct 12) of available beds without surge	4.6% (Oct 12) of daily hospital census, 7-day average	2.9 (Oct 12) (days) 7-day average	5,780 (Oct 10) 7-day avg. per million pop.
Public Health System Capacity	Positive cases with contact attempt	Close contacts with contact attempt		
	99.4% (Oct 11) 7-day avg. attempt within 1 day	96.9% (Oct 10) 7-day avg. attempt within 2 days		
Community Engagement	Positive cases interviewed	Positive cases who provide close contacts	Mean number close contacts provided	
	73.1% (Oct 10) 7-day avg. completed within 3 days	45.8% (Oct 10) 7-day avg.	1.3 (Oct 10) 7-day avg. mean per positive case	



Trends in Select Activity Types during the Exposure Period

Percent of Positive Cases Reporting Select High to Moderate Exposure Activity Types* During the 2 Weeks Before Symptoms/Test Date

Week of Oct 2 - Oct 8, 2020



N = 374

Source: DC Health

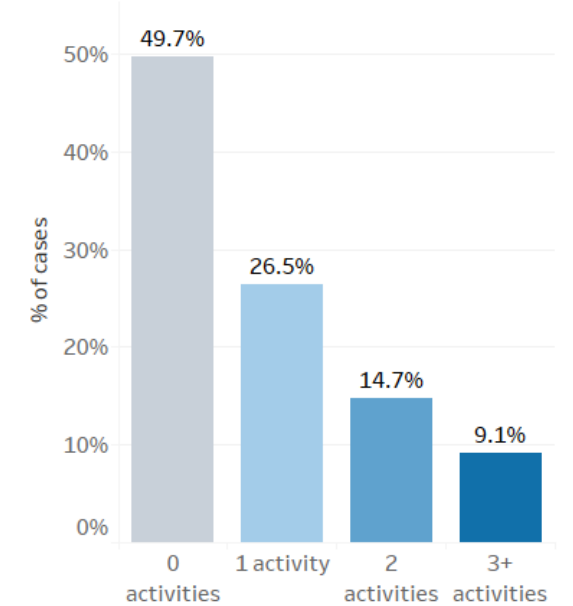
Note: Data are subject to change. Possible exposure data are collected through contact tracing interviews as self-reported activities occurring within the 2-week period before the date of symptom onset for symptomatic individuals or the date of the test sample collection for asymptomatic individuals.

*Select activity types include travel, work, restaurant or bar, and social events.

Among Positive Cases, the Number of Activity Types Reported

Week of Oct 2 - Oct 8, 2020

N=374



Source: DC Health

Note: Data are subject to change. Possible exposure data are collected through contact tracing interviews as self-reported activities occurring within the 2-week period before the date of symptom onset for symptomatic individuals or the date of the test sample collection for asymptomatic individuals. Activity types are not exhaustive and include travel, restaurant/bars, social events, and work.

**PROTECT YOURSELF.
PROTECT YOUR
FRIENDS AND FAMILY.
PROTECT DC.**

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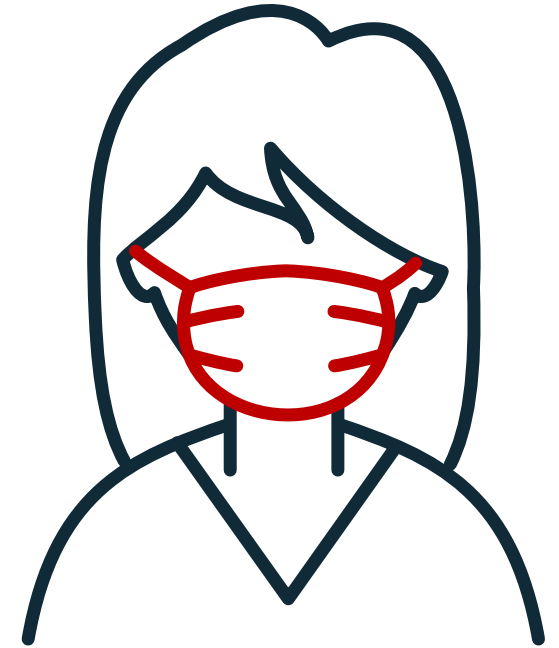
Choose your activities wisely.



Just because you can go doesn't mean you should go.

Wear a mask (over your mouth and nose).

- ✓ When you leave home or when visitors come in your home
- ✓ At work
- ✓ Hanging out with friends
- ✓ Visiting family who doesn't live with you



**Avoid crowds and groups of people.
Always keep at least six feet of space between
yourself and other people.**

Remember:

- Masks don't replace social distancing
- Outdoors is better than indoors, but COVID-19 can still spread outside



Practice good hygiene.



Wash your hands frequently and avoid touching your face with unwashed hands.

Do not go to gatherings, work, or any other activities if you feel sick.

Call your doctor, get a COVID-19 test, and stay home while you wait for your results.



Do Your Part, DC



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