

AFTERBURNER

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AFTERBURNER

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Cover Photograph



Crew chiefs assigned to the 144th Fighter Wing prep an F-15C Eagle for a morning mission Jan. 9, 2020, at Joint Base Pearl Harbor-Hickam during exercise Sentry Aloha 20-1. The routine exercise is held several times each year to provide dissimilar aircraft combat training amongst participating flying units. (U.S. Air National Guard photo by Master Sgt. Charles Vaughn)

This funded monthly newsletter is an authorized publication for members of the United States military services. Contents of this newsletter are not necessarily the official views of, or endorsed by, the U.S. Govt., Dept. of Defense, Dept. of the Air Force, the National Guard Bureau, or the 144th Fighter Wing.

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Commander's Comments

By Col. Jeremiah Cruz

144th Fighter Wing Commander



144FW Warriors, it is an incredible honor to be a part of this team! It is a privilege to command and I take this responsibility seriously. The purpose of this article is to discuss my Vision and Priorities for our amazing Wing.

When I think of success, I always begin with an image of what I think success looks like. In the case of our Wing, I picture something I already see today; excited, dedicated, hardworking Airmen filled with pride in what they do and why they do it. I picture our Airmen coming together to ensure we meet our Federal, State, and Alert missions. Quite literally, I have an image in my mind of our Airmen working proudly to ensure our personnel, aircraft, and equipment are ready to deploy to any combat theater at a moment's notice. I see our Airmen supporting and protecting the members of our great state during natural disasters while simultaneously ensuring our Alert F-15s are ready to launch within minutes.

This is my Vision:

Provide the Finest Disaster and Combat Ready Forces to our Civilian Leaders and Combatant Commanders.

Every Group, Squadron, and Flight Commander works with their Supervisors to create understandable, measurable, and achievable Objectives for their Airmen to meet my Vision and accomplish our Federal, State, and Alert Missions. Just like any other organization, to include family life, it is not uncommon to find that there is more to do in a day than there is time to do it. That is where priorities come in. I use priorities to help me decide what must be done today vs. what I'd like to get done today.

My Priorities for this Wing are:

1. **People**
2. **Mission: Federal, State, Alert**
3. **Mentorship**
4. **Internal Controls**

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Chief's Corner



By Chief Master Sgt. Dawn Gillaspy
144th Maintenance Group Superintendent

Even Me

How many of you have had those days, weeks, or months when everything just seems to be going wrong? Have you ever felt like everything was falling apart? I know I have had many of those days. Stressors at work, stressors at home — sometimes it seems like they will never stop and will never go away.

Whenever I feel that way, I find it's important to ask myself some questions. So now, I'm going to ask you. What have you done to reduce stress? Have you talked to someone? your significant other? a friend? a Chaplain? a coworker? or a counselor? Did you try exercising or changing your diet? Did you feel better once you vented or talked to someone? What have you tried? What has worked?

Over the past several months during our Tactical Pause sessions, we sat in small groups and talked about how we can get

help for stress, depression, or other issues that we may have. We talked about seeking help without feeling that there would be repercussions, and we talked about how that help may be desperately needed. My hope is that those small group discussions have opened doors for many of you. It's okay to seek advice or help for yourself, and you should not worry that your military career will be negatively affected.

I often seek help by venting to either my family or my friends, (which, by the way, are usually my coworkers). I will walk straight into their office, plop down on a chair, and just start babbling. There are times when I just need to get something off my chest, and it may not even be work related. If I do not vent it out, it sometimes will just sit there, burning inside, which doesn't help anything. It usually causes me more grief, and then I don't act like myself.

I've also, at times, just sat and stared at the sky or a wall and tried to sort things out, but I will say that I have been much more successful at feeling better by just talking to someone and getting it off my chest.

Now, I know I am a Chief, and sometimes having feelings is not always associated with the rank, but I will admit, I do have feelings — it's true — and sometimes I get overwhelmed or stressed, and I have to seek help. As I mentioned, my tools are my family and my friends. Your tools may be completely different, but as long as they are healthy tools, and they help you overcome your stress, that is all that matters. I share this with you because I want all of you to know that it does not matter what rank you may wear. We all at some time need a little help, even me.

Commander's Comments: His Vision and His Priorities for the Wing

People & Mission: Taking care of our people means a lot of things; pay, promotions, training, using discipline to make corrections, expectation management, mental health, and family matters to name a few. Placing our people first has always made sense to me throughout my Military career because it is the people who execute the mission, not our equipment. There are of course, rare moments when the Mission will trump everything else and we are excited for those moments, they are what we train for. If The Adjutant General, MG David Baldwin, ordered us to "Take that Hill!" We would take the hill, secure it, name it Griffin Hill, and then get back to making sure our people are being cared for. Taking care of our people would be the only way to ensure the long-term success of Griffin Hill, which would of course, be our Mission.

My third priority, **Mentorship**, is not simply the mentorship of an individual Airman, it requires we

consider both the prospective career of the individual as well as the future of our Wing, the California Guard, and the United States Military. Where do our individual futures fit in with the organization at large and how can we best serve the Guard while simultaneously taking care of ourselves and our families? When filling leadership and supervisor positions I want our leaders to not only take into consideration the candidate's past performance and achievements, but also how their career goals and values strengthen the culture of this Wing and our ability to execute our mission. I have directed that our Commanders take a holistic approach to hiring leaders rather than considering "who's next in line." At this Wing we select leaders who will most benefit both our Wing and our Mission. We also work hard to mentor our members so they are ready to compete for high-level positions within their organizations and across the Nation.

Internal Controls help ensure continuous improvement in both ourselves and our Wing. We must regularly take a step back to evaluate what we are doing and how we can do it better. We have several shops on base who are responsible for helping us do this; Quality Assurance, Standards and Evaluations, the Inspectors General ... but it is ultimately the responsibility of each of us to ensure we continually improve ourselves, our training, and our organizations' processes. It is extremely important to me that each of you feel comfortable approaching your supervisors with suggestions for improvement. My recommendation, when you walk into your Boss' office, tell them what you think the problem is or what we could be doing better, then have at least one suggested course of action for them.

In closing I want to thank each and every one of you for what you do. The purpose of this article was to help you understand how I

utilize my Vision and Priorities to take care of you and execute our mission.

Being a Warrior for America is more than a job, it's a calling. As members of the 144FW we are a part of something remarkable, we are a part of something much larger than ourselves. We are members of the California National Guard and the United States Military. We are responsible for the security of our State, our Nation, and the defense of its freedom.

I am honored to share this calling with fellow Americans who have stepped-up and volunteered to be a part of this Amazing Team. A team that has been given the greatest of responsibilities. The People of the 144th Fighter Wing are:

The Shield of this State and the Sword of our Nation

It is an incredible honor to serve with each and every one of you!

Sentry Aloha

By Master Sgt. Charles Vaughn, 144th Public Affairs Office

JOINT BASE PEARL HARBOR-HICKAM, HI—F-15's assigned to the California Air National Guard's 144th Fighter Wing arrived in Hawaii Jan. 6 to participate in a Sentry Aloha fighter exercise. The exercise began Wednesday, Jan. 8, and will run through Jan. 22.

Sentry Aloha is an ongoing series of exercises hosted by the HIANG's 154th Wing enabling tailored, cost effective and realistic combat training for Air National Guard, U.S. Air Force, and other Department of Defense services. It provides U.S. war fighters with the skill sets necessary to perform homeland defense and overseas combat missions.

U.S. Air Force Lt. Col. Robert Swertfager, 144th Operations Group commander, said, "The combination of F-15s and F-22s is one of the most lethal forces in the world."

Sentry Aloha exercises have been conducted by the HIANG for over twenty years. This iteration of the exercise will involve approximately 1000 personnel and 35 aircraft from eight states.

"This is one of the best training events that we can do," said Lt. Col. Russ Piggott, 194th Fighter Squadron commander.

The 144th Fighter Wing's F-15's are participating in the exercise along with KC-135 Stratotanker air refueling support from the Wisconsin Air National Guard, F-16 Fighting Falcons from Alaska and radar aircraft from Oklahoma. The visiting aircraft will take part in simulated combat exercises with the 199th and 19th Fighter Squadrons' Hickam based "Hawaiian Raptors."



A rainbow is seen over an F-15C Eagle from the 144th Fighter Wing while parked on the flightline of the Hawaii Air National Guard's 154th Wing. Sentry Aloha is an ongoing series of exercises designed to provide tailored, cost effective and realistic combat training for National Guard and DOD counterparts. (Air National Guard photo by Master Sgt. Charles Vaughn)



The F-15C heritage jet from the 144th Wing takes off from the Fresno Yosemite International Airport to participate in Orange Flag Dec. 10, 2019. (U.S. Air National Guard photo by Capt. Jason Sanchez)

Griffins First Time at Orange Flag

By Capt. Jason Sanchez

F-15C Eagles from the 144th Fighter Wing's 194th Fighter Squadron participated for the first time in an Orange Flag exercise along with multiple airframes to test communication interoperability in air space over California's Mojave Desert Dec. 10, 2019. The evaluation is a quarterly large-force exercise hosted by the 412th Test Wing at Edwards Air Force Base, California. Its primary purpose is to test air-to-air and air-to-ground communication systems between multiple aircraft and platforms.

U.S. Air Force Lt. Col. Jeremy Vanderhal, 194th Fighter Squadron pilot, flew one of the two F-15Cs involved in the exercise. He explained why this mission was unique.

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2019: Year in Review

By Capt. Jason Sanchez, 144th Public Affairs Office



Pilots assigned to the 194th Expeditionary Fighter Squadron, California Air National Guard, step to their F-15C Eagles during Exercise Diamond Storm at Royal Australian Air Force Base Darwin, Northern Territory, May 13, 2019. (U.S. Air Force photo by Staff Sgt. Joshua Edwards)

During 2019, the 144th Fighter Wing continued to demonstrate that it is a premier fighter Wing by completing both its federal and state missions with overwhelming success.

The Wing participated in two major federal deployments. From March 11 to June 15, more than 225 144th FW Airmen and a dozen F-15C Eagles deployed as part of a Theater Security Package to the Indo-Pacific Command. While deployed there, the 144th FW simultaneously supported both the Korean Theater of Operations and the PACOM Theater of Operations. Additionally, the Wing participated in Exercise Diamond Storm from May 6-26, 2019. Diamond Storm is a multinational large

force employment exercise hosted by the Royal Australian Air Force.

Over 120 Airmen from the 144th FW deployed to conduct overseas missions in seven countries for the U.S. African Command, the U.S. European Command, and the U.S. Central Command as part of the Reserve Component Period cycle. Even before everyone had returned from the TSP, the Wing had already begun the deployments for RCP2, and our Airmen have been recognized on numerous occasions for their superior work performance.

Even while conducting these demanding deployments, our Wing continued to maintain its alert air superiority mission and defense of the western United States.

As part of the State Partnership Program, the 144th FW hosted six Ukrainian pilots from Sept. 3 to Sept. 9, strengthening our interoperability with partner nations and our NATO allies. Each Ukrainian pilot was given



194th Fighter Squadron pilots flew Ukrainian pilots on familiarization flights Sept. 6 - 8, 2019. (U.S. Air National Guard photo by Tech. Sgt. Christian Jadot)

a familiarization flight in the F-15 Eagle to experience U.S. Air Force flying procedures and techniques. It was the first time that the Wing was able to host the pilots as we continue to support Ukraine and their military infrastructure.

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Members of the 144th Operations Group stand with Ukrainian pilots in the 144th Maintenance Hangar Sept. 8, 2019. The visit is part of the State Partnership Program between Ukraine and the California Air National Guard. (U.S. Air National Guard photo by Capt. Jason Sanchez)

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While the 2019 fire season was much less severe than previous years, our Airmen were ready to provide assistance. As part of our Defense Support to Civil Authorities mission, the 144th Civil Engineering Squadron quickly deployed a group of Airmen to set up camp for over 300 Guardsmen in Santa Rosa, California, who supported firefighter response efforts and assisted local law enforcement during the Kincadee Fire in late October.

Both individual Airmen and offices were recognized for their outstanding performances.

The 144th Airfield Management office won the 2019 Ronald B. McCarthy Airfield Management Facility of the Year Award for the Air National Guard. The Maintenance Squadrons were repeatedly recognized for their superior numbers and their ability to fix jets quickly. Airman 1st Class Kimberly Self, Comptroller Flight finance management specialist, was chosen as Airman of the Year for the California Air National Guard and went on to compete nationally. Tech Sgts. Matthew Steht and Cory Snyder, 144th Maintenance Group maintainers, were 2019 Spark Tank

finalists and presented their idea for an adaptive basing platform to the Air Force Association Air Warfare Symposium. To top off the year, Tech Sgt. Moneshia Washington was selected as the ANG Recruiter of the Year for 2019.

Our members then paused to attend a memorial ceremony in Ukraine, honoring both U.S. Air Force Pilot Lt. Col. Seth



Col. Jeremiah Cruz, 144th Fighter Wing commander, welcomes Chief Master Sgt. Lorene Kitzmiller, 144th FW command chief, at her Assumption of Authority Ceremony, Dec. 8, 2020. (U.S. Air National Guard Photo by Master Sgt. Charles Vaughn)

Nehring and Ukrainian Pilot Col. Ivan Petrenko who were killed in a plane crash on Oct. 16, 2018. At the memorial, a monument was unveiled with both pilots' names, which was built by the men and women of the Ukrainian Air Force to honor the fallen pilots.

This past year we also welcomed new leadership, including Col. Jeremiah Cruz, 144th Fighter Wing commander, Col. Christopher Austin 144th Fighter Wing vice commander, Col. Robert Swertfager, 144th Operations Group commander, Lt. Col. Christopher Ridlon, 144th Maintenance Group commander, Lt. Col. Russ Piggott, 194th Fighter Squadron commander, and Chief Master Sgt. Lorene Kitzmiller, 144th Fighter Wing command chief.



Senior Maser Sgt. Ramiro Abad reviews the splint that Senior Airman Eric Ortega and Airman 1st Class Cisco Amezua applied to the leg of Airman 1st Class Joshua Gomez Castro, Sept. 8, 2019, in a medical tent at the Fresno Air National Guard Base, Calif. (U.S. Air National Guard photo by Capt Jason Sanchez)

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These leaders are charged with creating a culture of mutual respect throughout the Wing in addition to leading their individual sections.

During the midpoint of the Unit Effectiveness Inspection, which took place Sept. 5-9, our Wing scored well in all four Major Graded Areas including, Executing the Mission, Managing Resources, Leading People and Improving the Unit. A smooth UEI cycle is expected as we continue conducting operations and addressing any deficiencies that are found.

The 144th FW showed its commitment to the community. We hosted and participated in many events to support our local community and Airmen.

Community activities included participation in the annual Fresno Veterans Parade, the unveiling of the City of Fresno Veterans Memorial, local sporting event fly-overs, base tours, and Silent Sleigh, which is a holiday event for Central Valley children who are deaf or hard-of hearing. Our F-15C Eagles and Airmen also supported multiple airshows and provided military funeral honors.

Our outreach events this year included Central Valley Education Forum and a maintenance Job and Career Fair. For the Airmen of the wing, events included family day, a Halloween trunk or treat event, a children's Christmas party, and the annual Airmen of the Year Banquet.

Among the most unique events, our Wing's jets were featured in Marvel Studios' movie, Captain Marvel. A group of Airmen were able to attend the March 4th Red Carpet movie premier in Hollywood, California, and a promotional event at Disney California Adventure Park. Our F-15 Eagles were also able to conduct a rare flyover over the Disney California Adventure Park.

As the state and federal missions pushed forward, the 144th Civil Engineering Squadron lead numerous construction projects throughout the year to include upgrading fencing, resurfacing floors, upgrading gate security, replacing roofing,



U.S. Air Force Lt. Col. Cesar Gonzalez, 144th Aircraft Maintenance Squadron commander, leads a tour of the 144th Fighter Wing for a group of students from Sanger High School. (U.S. Air National Guard photo by Capt. Jason Sanchez)

and improving communication infrastructure along with the 144th Communications Flight.

2019 was a busy year with a high operations tempo. While the mission must always get done, Wing leadership has placed a renewed emphasis on taking care of our people. Our people, after all, are the ones who make the mission happen.



Actress Brie Larson, who portrays Captain Marvel, interacts with Airmen and family members of the 144th Fighter Wing during the Hollywood premiere of Captain Marvel March 4, 2019. (U.S. Air National Guard Photo by Master Sgt. Charles Vaughn)



The 144th Fighter Wing supported the California Capital Airshow at Mather Airfield by providing two F-15Cs Oct. 5 - 6, 2020. (U.S. Air National Guard Photo by Capt Jason Sanchez)

Volunteer to Serve as a Victim Advocate



The Wing is seeking volunteers to serve as Victim Advocates from the Groups. To begin your application process, please contact Mr. James Sowers, the 144th Fighter Wing Sexual Assault Response Coordinator.

Mr. Sowers can be reached at james.d.sowers.civ@mail.mil, his office (559) 454-5152, or a 24-hour cell number (559) 285-3667. His office is located in the bldg. Rm 25.

To serve as a Volunteer Victim Advocate, Air National Guard personnel must have no patient-related duties, and they must be an E-4 or above who is at least 21 years of age for enlisted members. The minimum rank for officers is O-2; however, officers in the grade of O-1 that were prior enlisted are eligible to become VVAs.

Eligible personnel who are interested in volunteering must schedule an interview with their SARC, complete DD

Form 2950, complete the VVA application and screening criteria, and complete a 40-hour training course.



U.S. Air Force courtesy photo

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Griffins First Time at Orange Flag

By Capt. Jason Sanchez

“The sorties that we fly regularly focus on tactical execution and training for how we would employ the Eagle in combat,” said Vanderhal. “Orange Flag did not focus on tactics at all, but rather the systems that can support us in combat.”

Vanderhal continued, “Often in a tactical sortie, there isn’t enough time to concentrate solely on our displays and all the information they provide. OFE allowed us the time to focus exclusively on those displays and really dig in to the various options that are available.” In addition to the F-15Cs, other aircraft involved in the exercise included F-16C/Ds, F-35s, F-18E/Fs, F-18Gs, F-22s, and a B-2. For many pilots, an exercise, which includes so many aircrafts at one time, is a rarity.

“For me personally, it was the first time I’d worked alongside F-35s,” said Vanderhal.

As participants in this modernization exercise, the Griffins flew with aircraft and aircrew from America’s premiere Navy and Air Force test centers based out of China Lake Naval Air Station and Edwards AFB.

Lt. Col. Kees Allamandola, 144th Fighter Wing Program Manager, coordinated the

144th FW’s involvement in Orange Flag. As a graduate of the U.S. Air Force Test Pilot School, he pushed for the 144th FW to participate in Orange Flag, ensuring that Griffin pilots directly experience enhanced communication systems for the F-15C and related airframes. To participate in the exercise, the fighter jets were equipped with state-of-the-art avionics and radar equipment.

“These missions verified the path for improved lethality and survivability amongst our early look developmental programs,” said Allamandola. “The future growth capabilities they tested were the finer points of interoperability between airborne assets across fourth and fifth generation aircraft, enhancing capabilities.”

Lt. Col. Allamandola also praised the maintainers for making the F-15Cs ready.

“Staff Sgt. Jamie Mabry Rairigh along with Capt. Ben Martin successfully prepared unique test avionics, ensuring electronic interoperability objectives were met,” said Allamandola. “Additionally, the 144th maintainers flawlessly readied the aircraft with special radars to meet all the objectives for this event.”

Helpful Ways to Make Your New Year's Resolutions Stick

By Dr. Stephanie Grant, Director of Psychological Health

It is often said that we are creatures of habit. The new year is a great time to take inventory of our habits and consider which habits are worth keeping and which ones help us live our best lives. Sometimes we get in the routine of engaging in habits that do not promote our wellbeing. We know that bad habits can negatively impact our health, overall happiness, and bottom line.

Research varies on exactly how long it takes to form a habit. Studies indicate that only changing goals and intentions are not effective at changing how a person behaves. We know that education alone does not promote sustained behavior change. Most would agree that behavioral change is much harder than self-help books suggest. In fact, only 30% of new year's resolutions are sustained after six months. There are some things you can do to make your new year's resolutions stick.

Prioritize Your Goals – Make sure that your goals are realistic and something you can sustain over time. Willpower is a finite resource. When we resist temptation, it can quickly drain our willpower. This leaves us vulnerable to actions that reinforce our impulsive behaviors. A common mistake with new year's resolutions is to be overly ambitious. It is wise to identify one behavior you'd like to target and prioritize your goals. The best approach is to focus on small, incremental changes that replace the habit with a behavior that produces a similar reward.

Change Your Routines – Habits and routines generally go hand in hand. Therefore, when we disrupt our routines it can prompt us to develop new habits. Routines can be useful boosting our productivity and stability but should be chosen carefully. The new year is a great time to take inventory of your day to day routines and decide which ones are worth keeping.

Monitor Your Behavior – Regularly take an inventory of your successes and failures as you work to decrease unwanted habits. Give yourself multiple options and flexibility as you learn to adapt to various temptations. Actively monitoring your goals and regulate your actions in response to different situations. This provides valuable feedback as you seek to reinforce the behaviors you want to establish.

Imagine Your Future Self – In order to make better decisions in the present, we need to challenge our tendency to prefer rewards now rather than later. Psychologists call this our "present bias." Intentionally keep your future goals in sight and planning ahead to help reinforce behaviors that will move you toward your goals. It will mitigate our tendency to regress to old habits when we are under pressure.

new years resolutions



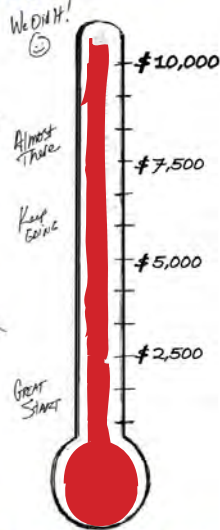
Set Goals and Deadlines – Foster Support– Establishing self-defined timelines with our goals can help us reinforce behavior changes to develop new habits. It also helps for us to foster peer support. Don't be afraid to share your goals with your support system. Accountability goes a long way in helping us reinforce our commitments of sustained change, and can add motivation when we are tempted to quit.

As you consider 2020 and the beginning of a new year, take inventory of your habits. Which habits are limiting your ability to live your best life? Which habits are moving you to your goals? Which habits reinforce your own health and wellness?



144th Fighter Wing 2019 Federal Giving Campaign

Oct. 18 to Dec. 18 Jan 12



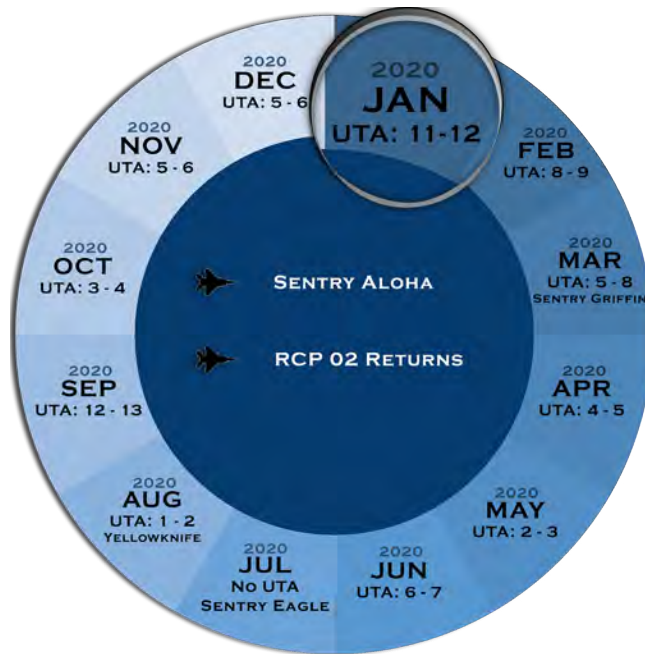
**We are the Guard, citizen Airmen,
community focused. Represent the 144th.**

For more information about the campaign, contact Capt. Jason Sanchez



**Military/Veterans
Crisis Line**
1-800-273-8255

Confidential chat at MilitaryCrisisLine.net or text 838255



UTA Menu

Dining Facility open 11 a.m. to 12:30 p.m.
Regular Meals are \$5.60 for AGR, officers, and members on orders.

Saturday

Soup of the Day: Bacon Potato
Main Line: Pot Roast, Lemon Herb Chicken, Cubed Potatoes, Wild Rice, Green Beans, Peas and Carrots, Full-Service Salad Bar
Desserts: Cookies, Carrot Cake
Short Line: Hamburgers, Turkey Burgers, Veggie Burgers, Seasoned French Fries, Beer-Battered Onion Rings, Personal-Sized, Pizza, Bacon, Mixed Veggies

Sunday

Soup of the Day: Clam Chowder
Main Line: BBQ Ribs, Baked Chicken, Mashed Potatoes, Rice Pilaf, Green Beans, Corn, Brown Gravy, Full-Service Salad bar
Dessert: Cookies, Apple Pie
Short Line: Hamburgers, Turkey Burgers, Veggie Burgers, Chicken Strips, Seasoned French Fries, Beer-Battered Onion Rings, Personal-Sized Pizza, Bacon, Mixed Veggies



Airfield Management Awarded

The 144th Airfield Management shop was chosen for the 2019 Ronald B. McCarthy Airfield Management Facility of the Year Award for the Air National Guard. The announcement was shared on behalf of Lt. Gen. L. Scott Rice, Air National Guard director, Dec. 4, 2019. The 144th Airfield Management shop was chosen for the award for their superb management of Fresno Air National Guard Base's airfield and their expert coordination and liaison with the Fresno Yosemite International Airport. They have overseen local and international infrastructure projects to, impacting USAF and FAA policy and improving safety and efficiency. The period of service for the award was from Oct. 1, 2018 - Sept. 30, 2020.

Upcoming Events & Announcements

Saturday, Jan. 11, 2020

Family Readiness Farewell Celebration
- 10 a.m. in the Wing Conference Room
- Thank Mr. and Mrs. Gann for serving as volunteers

Dining Facility
- Lunch Served from 11 a.m. to 12:30 p.m.

Top Three Meeting
- 1 p.m. in the Maintenance Conference Room
- All E-7 and E-8 welcome to attend

Catholic Mass
- 2 p.m. in the Headquarters Classroom

Sunday, Jan. 12, 2020

Protestant Worship Service
- 11 a.m. in the Headquarters Classroom

Dining Facility
- Lunch served from 11 a.m. - 12:30 p.m.

Latter Day Saints Worship Service
- 2:30 p.m. in the Headquarters Classroom

Upcoming Events

CGO Council Meeting
- The Friday before each UTA
- 12 noon in the wing conference room

2019 Federal Giving Campaign
- Hosted by the 144th FW
- From Oct. 18 to Jan. 12
- Close out date extended!
- Weekly emails sent with updates
- Donate to the many worthy charities
- Contact Capt. Jason Sanchez for information

2019 Service Member of the Year Banquet
- Hosted by the California Military Department
- Saturday, Jan. 18, 2020 in San Diego, CA
- RSVP by Dec. 19, 2019, Tickets are \$75 each
- <https://californianationalguard.regfox.com/2019-smoy>

Other Announcements

Calling 911 for On-Base Emergencies
- If 911 is called from a landline, the on-base authority and first responders will be contacted
- If 911 is called from a cell phone, the caller will need to tell the 911 operator its an "Air Guard" emergency so on-base authorities can respond

Scheduled Munitions Inventory
- IAW AFMAN 21- 201 A3.2.1.7, the Munitions Flight will be conducting a 10% inventory of munitions from Jan. 10-17, 2019

Customer Service

DEERS/ ID Cards
- Mon. to Fri. 8 a.m. to 11 a.m. Walk in Hours
- Mon. to Thurs. 11:30 a.m. to 3:30 p.m.
- Appointments Only
- UTA Saturday: 12:30 p.m. to 3 p.m.
- UTA Sunday: 8 a.m. to 11 a.m. and 12 p.m. to 3 p.m.
- ID card actions over UTA weekends are limited to wing members only.

Reenlistments, Extensions, Separations
- Mon., Tue., Thu, Fri: 8:30 a.m. to 11 a.m. and 12 p.m. to 3 p.m.; Wed 1 p.m. to 3:30 p.m.
- To schedule ID card appointments visit RAPIDS at: <https://rapids-appointments.dmdc.osd.mil/appointment/building.aspx?BuildingId=605>
- Please direct any questions to Customer Service at 454-5274

Legal

Legal assistance available UTA weekends and the Friday prior to UTA
- Walk-ins available Sun. 9 a.m. to 11 a.m.
- Article 137 held in the Chapel at Sat. 3 p.m.
- Deploying before next UTA? - Come in anytime
- Call 454-5153 to ensure someone is available
- For additional assistance visit: <https://aflegalassistance.law.af.mil/las/las.html>

Airman and Family Readiness

- Please let your family and friends know that the 144th Airman and Family Readiness Office is here for them upon your absence! If there is anything they need or have questions about, please refer them to our office.

- Ms. Dorene Vierra, 144th Fighter Wing Airman and Family Readiness Program manager:
- Work: (559) 454-5383 Cell: (559) 530-7807.
Please call me any time!
- Command Post's 24/7 number: (559) 454-5155.
Contact to relay information to commanders, chaplains or anyone else at the Wing.

Medical Group

UTA Weekends Hours
- Saturday: 6 a.m. to 6:45 a.m. for physical training exemptions
- Sunday: 8 a.m. to 12 p.m. for due or overdue PHA items
Customer Service Hours:
- Mon., Tue., Thu, Fri: 9 a.m. to 11 a.m. and 1 p.m. to 3 p.m.
Provider Schedule and Audiograms:
- Tue. 8 a.m. to 11 a.m.
- Thur. 1 p.m. to 4 p.m.
- By appointment only
- MGD Appointment Line: (559) 454-5247
- Closed every Wed.

Public Affairs Shared Image Drive

- Images taken by Public Affairs are now available on base through a shared drive. Any one interested in these images can map your base computer to \\144fw-fs-v7\publicmedia.

Event Listings in the Afterburner

- If you would like your UTA event to be listed in the next Afterburner, please send the information to Capt. Jason Sanchez at:
- jason.a.sanchez30.mil@mail.mil
- Please use "UTA Event" in the subject line of the email, and please include the date, location, and time of the event



During the Kincade Fire in early October, Airmen from the 144th Civil Engineering Squadron quickly deployed to set up camp for over 300 Guardsmen, securing a base of operations for fire response efforts.

ANG Prevention Services

ANG Prevention, Education and Outreach
- <https://www.ang.af.mil/prevention/>
ANG Sexual Assault Response and Prevention
- <https://www.ang.af.mil/SAPR/>
ANG Suicide Prevention
- <https://www.ang.af.mil/suicideprevention/>

AFTERBURNER



Vision

Provide disaster and combat ready forces to our civilian and combatant commanders

Mission Statement

Federal Mission - The 144th Fighter Wing is to provide Air Superiority in support of worldwide joint operations as well as Air Defense of the United States. Additionally, the Wing provides agile combat support, and intelligence, surveillance and reconnaissance to combatant commanders around the globe. The Wing also provides a variety of homeland defense capabilities to U.S. NORTHCOM.

State Mission - The 144th Fighter Wing provides a variety of Defense Support of Civil Authorities (DSCA) capabilities to the Governor of California. Primary contributions include Ready manpower, reconnaissance assets, response to chemical, biological and radiological attacks, security, medical, civil engineering and command and control.



Tech. Sgt. Moneshia Washington, a production recruiter for the 144th Fighter Wing, was recognized as the top recruiter for the Air National Guard. Along with being named the top ANG recruiter, she was also the ANG Blue Suit winner for fiscal year 2019. Each year Air Force Recruiting Service selects its most outstanding Airmen to be recognized as Operation Blue Suit recipients. Winners are nominated and selected from more than 2,000 recruiting personnel, recognizing them for their outstanding contributions to the Air Force recruiting mission. This year was the first year the Air National Guard recruiters were included in the selection process for the prestigious award. The 144th Fighter Wing's very own Tech. Sgt. Moneshia Washington was the first ever Air National Guard recruiter to win the Blue Suit award. (U.S. Air National Guard photo by Senior Master Sgt. Christopher Drudge)

Wing Priorities

1. Be Ready to Deploy at a Moment's Notice.
All 144th Fighter Wing Airmen will be combat ready whenever the Combatant Commander calls or a deployment tasking is assigned.
2. Be Ready to Perform our State Mission.
All Airmen must be ready when the Governor calls and needs the support of the 144th Fighter Wing.
3. Continue Alert Operations.
We have a 24/7/365 alert mission -- we must flawlessly continue to execute that mission.

Commander's Priorities

1. People
2. Mission: Federal, State, Alert
3. Mentorship
4. Internal Controls