

AESTHETIC PLASTIC SURGERY / ANTI-AGING MEDICINE

T H E N E X T G E N E R A T I O N

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# Agenda



CONRAD HOTEL | NYC | JULY 20<sup>TH</sup> - 22<sup>ND</sup> 2012

[www.NextGenMTG.org](http://www.NextGenMTG.org)

## FRIDAY JULY 20, 2012 | 7:30am – 6:00pm

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| TOPIC                                     | MODERATOR                        | TIME          |
|---|----------------------------------|---------------|
| Welcome                                   | Z. Paul Lorenc, MD               | 7:30 - 7:45   |
| Module 1   Aesthetic Medicine             | Moderator: Brian Kinney, MD      | 7:45 - 9:00   |
| Module 2   Anti-Aging                     | Moderator: Syd Coleman, MD       | 9:00 - 10:00  |
| <b>BREAK</b>                              |                                  | 10:00 - 10:30 |
| Module 3   Lipo-Facial Rejuvenation       | Moderator: J. Peter Rubin, MD    | 10:30 - 11:30 |
| Module 4   Paradigm Shift in Facial Aging | Moderator: Z. Paul Lorenc, MD    | 11:30 - 12:30 |
| <b>LUNCH</b>                              |                                  | 12:30 - 1:30  |
| Module 5   Managing Complications         | Moderator: Foad Nahai, MD        | 1:30 - 2:45   |
| <b>BREAK</b>                              |                                  | 2:45 - 3:15   |
| Module 6   Evidenced-Based Medicine       | Moderator: Jeffrey M. Kenkel, MD | 3:15 - 4:00   |
| Module 7   Body Contouring                | Moderator: Joseph Hunstad, MD    | 4:00 - 6:00   |

## SATURDAY JULY 21, 2012 | 7:30am – 5:45pm

| TOPIC   | MODERATOR                        | TIME          |
|---|----------------------------------|---------------|
| Module 8   Facial Rejuvenation  | Moderator: Alan Matarasso, MD    | 7:30 - 9:00   |
| Module 9   Rhinoplasty  | Moderator: Joseph Gyskiewicz, MD | 9:00 - 10:00  |
| <b>BREAK</b>  |                                  | 10:00 - 10:30 |
| Module 10   Breast Rejuvenation   | Moderator: William P. Adams, MD  | 10:30 - Noon  |
| Keynote Discussion   The Present and Future of Cosmetic Medicine; Where Are We Going? | Moderator: Z. Paul Lorenc, MD    | Noon - 12:30  |
| <b>LUNCH</b>  |                                  | 12:30 - 1:30  |
| Module 11   Non-Surgical Facial Rejuvenation  | Moderator: Z. Paul Lorenc, MD    | 1:30 - 2:55   |
| <b>BREAK</b>  |                                  | 2:55 - 3:25   |
| Module 12   Live Demonstrations: Injectables  | Moderator: Steven Fagien, MD     | 3:25 - 5:45   |

## SUNDAY JULY 22, 2012 | 7:30am – 1:30pm

| TOPIC  | MODERATOR                       | TIME          |
|--|---------------------------------|---------------|
| Module 13   Research Update                  | Moderator: Geoffrey Gurtner, MD | 7:30 - 10:00  |
| <b>BREAK</b>                                 |                                 | 10:00 - 10:30 |
| Module 14   Video Procedures with Commentary | Moderator: Brian Kinney, MD     | 10:30 - Noon  |
| Module 15   Aesthetic Practice Enhancement   | Moderator: Wendy Lewis          | Noon - 1:30   |



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# Detailed Agenda

**FRIDAY** JULY 20, 2012 | 7:30am – 6:00pm

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| TOPIC  | FACULTY                | TIME          |
|--|------------------------|---------------|
| <b>INTRODUCTION   WELCOME ADDRESS</b>  |                        |               |
| Z. Paul Lorenc, MD   | Intro                  | 7:30 - 7:45   |
| <b>MODULE 1   AESTHETIC MEDICINE</b>   |                        |               |
| Moderator: Brian Kinney, MD  |                        | 7:45 - 9:00   |
| Multispecialty Model in Aesthetic Medicine   | Jason Pozner, MD       | 7:45 - 7:53   |
| Hormonal Therapy - Role in Aesthetic Medicine  | James Carraway, MD     | 7:53 - 8:01   |
| Next Generation Cosmeceuticals - 2012  | Neil Sadick, MD        | 8:01 - 8:09   |
| Novel Insights on Platelet-Rich Fibrin Matrix  | Sabine Zenker, MD      | 8:09 - 8:17   |
| Developing A Topical Anti-Aging Regimen For The Aesthetic Patient  | Heidi Waldorf, MD      | 8:17 - 8:24   |
| Multi Polar Magnetic Pulse Therapy - A Multimodal Approach   | Sabine Zenker, MD      | 8:24 - 8:32   |
| Non-Surgical Therapies in Aesthetic Medicine;<br>RF Fields, Mechanico-stimulation and Combination Injectables    | Brian Kinney, MD       | 8:32 - 8:45   |
| Panel Discussion - Integration Of Aesthetic Medicine and Aesthetic Surgery                                       | All                    | 8:45 - 9:00   |
| <b>MODULE 2   ANTI-AGING</b>   |                        |               |
| Moderator: Syd Coleman, MD   |                        | 9:00 - 10:00  |
| Nutritional Management - Anti-Aging Defined  | James Carraway, MD     | 9:00 - 9:08   |
| Molecular Mechanism of Human Tissue Aging - Adipose Tissue Model   | Ivona Percec, MD       | 9:08 - 9:18   |
| Stem Cells in Aesthetic Surgery - What the Future Holds  | J. Peter Rubin, MD     | 9:18 - 9:28   |
| Science Based Evaluation-Role Of Stem Cells in Fat Grafting  | Syd Coleman, MD        | 9:28 - 9:36   |
| Use Of Stem and Regenerative Cells in Aesthetic Surgery - Clinical Data Reviewed                                 | Steven R. Cohen, MD    | 9:36 - 9:45   |
| Panel Discussion - The Use of Stem and Regenerative Cells in Anti-Aging Therapy                                  | All                    | 9:45 - 10:00  |
| <b>BREAK</b>   |                        |               |
|  |                        | 10:00 - 10:30 |
| <b>MODULE 3   LIPO-FILLING REJUVENATION</b>  |                        |               |
| Moderator: J. Peter Rubin, MD  |                        | 10:30 - 11:30 |
| Stem Cell Face Lift - Evidence Based Discussion  | J. Peter Rubin, MD     | 10:30 - 10:40 |
| The Role of Structural Fat Grafting in Aesthetic Surgery   | Syd Coleman, MD        | 10:40 - 10:52 |
| 3-D Imaging In Assessing Volume Retention In Fat Grafted Breast  | Nolan Karp, MD         | 10:52 - 11:00 |
| Oncologic Risks of Autologous Fat Grafting to the Breast - Scientific Review                                     | Steven R. Cohen, MD    | 11:00 - 11:07 |
| Lipo-Filling For Post-Surgical Contour Deformities   | Joseph Hunstad, MD     | 11:07 - 11:15 |
| Panel Discussion - Deciphering The Complex Regulatory Pathways for Adipose Technology - A Standardized Protocol? | All                    | 11:15 - 11:30 |
| <b>MODULE 4   PARADIGM SHIFT IN FACIAL AGING</b>   |                        |               |
| Moderator: Z. Paul Lorenc, MD  |                        | 11:30 - 12:30 |
| Mathematics Of Facial Proportions - The First Step   | Arthur Swift, MD       | 11:30 - 11:42 |
| Clinical Applications of Lid-Cheek Junction Anatomical Studies   | Charles Thorne, MD     | 11:42 - 11:50 |
| Facial Fat Compartments Defined - Critical Role in Facial Rejuvenation   | Joel Pessa, MD         | 11:50 - 12:05 |
| 3-D Volumetric Facial Rejuvenation - Anatomically Derived  | Rebecca Fitzgerald, MD | 12:05 - 12:15 |
| Panel Discussion - Facial Volume Replacement - How Big A Paradigm?   | All                    | 12:15 - 12:30 |
| <b>LUNCH</b>   |                        |               |
|  |                        | 12:30 - 1:30  |



# Detailed Agenda

**FRIDAY** JULY 20, 2012 | 7:30am – 6:00pm

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| TOPIC   | FACULTY                                 | TIME               |
|---|---|--------------------|
| <b>MODULE 5   MANAGING COMPLICATIONS</b>  | <b>Moderator: Foad Nahai, MD</b>        | <b>1:30 - 2:45</b> |
| Understanding Factor Xa Inhibitors - Use in VTE Prophylaxis   | Joseph Gryskiewicz, MD                  | 1:30 - 1:35        |
| High Frequency Ultrasound Imaging in Aesthetic Practice   | Robert Bard, MD                         | 1:35 - 1:41        |
| Avoidance, Diagnosis and Treatment of Major Injectable Complications                                      | Cheryl Burgess, MD                      | 1:41 - 1:53        |
| Diagnosis and Treatment of Filler Biofilm Granulomas  | Miles Graivier, MD                      | 1:53 - 2:00        |
| Biofilm Granuloma vs Capsular Contracture in Augmentation Mammoplasty                                     | William Adams, MD                       | 2:00 - 2:07        |
| Complete Abdominoplasty Redo - Algorithmic Approach   | Joseph Hunstad, MD                      | 2:07 - 2:15        |
| Matrix of Assessing and Minimizing Perioperative Risks in Aesthetic Surgery                               | Jeffrey M. Kenkel, MD                   | 2:15 - 2:30        |
| Panel Discussion - Limiting Patient Complication Rate in Aesthetic Plastic Surgery                        | All                                     | 2:30 - 2:45        |
| <b>BREAK</b>  |   | 2:45 - 3:15        |
| <b>MODULE 6: EVIDENCED-BASED MEDICINE</b>   | <b>Moderator: Jeffrey M. Kenkel, MD</b> | <b>3:15 - 4:00</b> |
| FDA Regulatory Matrix: Clinical Implications  | Joseph Gryskiewicz, MD                  | 3:15 - 3:21        |
| Understanding Evidence-Based Medicine   | Henry Spinelli, MD                      | 3:21 - 3:27        |
| The Role of Evidence-Based Medicine in Post-Graduate Aesthetic Surgery Training                           | Robert Silich, MD                       | 3:27 - 3:33        |
| Patient-Reported Outcome Measures in Aesthetic Surgery: Use and Interpretation in Evidence-Based Medicine | Andrea Pusic, MD                        | 3:33 - 3:45        |
| Panel Discussion - Evidence-Based Medicine in Aesthetic Surgery - A Critical Issue                        | All                                     | 3:45 - 4:00        |
| <b>MODULE 7: BODY CONTOURING</b>  | <b>Moderator: Joseph Hunstad, MD</b>    | <b>4:00 - 6:00</b> |
| Bra Line Back Lift - New Concepts in Body Contouring  | Joseph Hunstad, MD                      | 4:00 - 4:12        |
| Lipoabdominoplasty - Importance of Myoaponeurotic Layer Correction  | Alan Matarasso, MD                      | 4:12 - 4:22        |
| Mons Rejuvenation in the Massive Weight Loss Patient  | J. Peter Rubin, MD                      | 4:22 - 4:32        |
| New Trends in Cosmetic Gynecology - Augmentation of the Female Genitalia                                  | Christine Hamori, MD                    | 4:32 - 4:44        |
| Tissue Liquifaction Technology in Hydro Fat Disruption  | Christopher Godek, MD                   | 4:44 - 4:54        |
| Pharmaceutical Lipoplasty Update - LIPO-102 / ATX-101 Injections  | Brian Kinney, MD                        | 4:54 - 5:02        |
| 1440nm Pulse Laser in Cellulite Reduction - Long Term Follow-Up   | Barry DiBernardo, MD                    | 5:02 - 5:12        |
| High Intensity US in Body Contouring  | Jeffrey M. Kenkel, MD                   | 5:12 - 5:21        |
| Radiofrequency Delivery Devices In Body Contouring  | Miles Graivier, MD                      | 5:21 - 5:29        |
| Fractionated Ultrasound For Skin Lifting and Tightening - Evidence Based Analysis                         | Haideh Hirmand, MD                      | 5:29 - 5:37        |
| Pulsed Light Therapy For Skin Tightening - Evidence Based Analysis  | Jason Pozner, MD                        | 5:37 - 5:45        |
| Panel Discussion - Combining Non-Invasive Techniques with Surgical Body Contouring                        | All                                     | 5:45 - 6:00        |
| <b>ADJOURNMENT</b>  |   | 6:00               |



# Detailed Agenda

**SATURDAY** JULY 21, 2012 | 7:30am – 5:45pm

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| TOPIC   | FACULTY                | TIME                |
|---|------------------------|---------------------|
| <b>MODULE 8   FACIAL REJUVENATION</b>   |                        |                     |
| Advanced Neuromodulator Application In Upper Face Contouring  | Steven Fagien, MD      | 7:30 - 7:40         |
| Micro-Beading Technique In Correction Of The Lid-Cheek Junction   | Haideh Hirmand, MD     | 7:40 - 7:46         |
| Minimally Invasive Approaches In Peri-Ocular Rejuvenation   | Joseph Eviatar, MD     | 7:46 - 7:53         |
| Periorbital Rejuvenation - An Algorithmic Surgical Approach   | David Hidalgo, MD      | 7:53 - 8:03         |
| Rejuvenation of the Neck Using Non-Invasive Techniques  | Jeffrey M. Kenkel, MD  | 8:03 - 8:11         |
| Short-Scar Facelift - An Algorithmic Approach   | Alan Matarasso, MD     | 8:11 - 8:19         |
| Optimizing the Results for Complex Neck Rejuvenation  | Miles Graivier, MD     | 8:19 - 8:27         |
| Large Volume Fat Transfer During Facelift Surgery   | Steven Cohen, MD       | 8:27 - 8:37         |
| Volumetric Facial Rejuvenation - Autologous Fat vs Synthetic Agents   | Foad Nahai, MD         | 8:37 - 8:45         |
| Panel Discussion - Incorporating Facial Volumization in Facial Surgery  | All                    | 8:45 - 9:00         |
| <b>MODULE 9   RHINOPLASTY</b>   |                        |                     |
| Role of Injectable Agents in Nasal Contouring   | Miles Graivier, MD     | 9:00 - 9:09         |
| Primary Rhinoplasty - Essential Technical Aspects   | Anthony Sclafani, MD   | 9:09 - 9:18         |
| Precision in Rhinoplasty Profile Reduction - The Use of High Definition Telescopes and Micropowered Instrumentation | Sam Rizk, MD           | 9:18 - 9:27         |
| Management of the Wide Nasal Tip  | Steven Cohen, MD       | 9:27 - 9:36         |
| Use of PDS Plates in Aesthetic Rhinoplasty  | Joseph Gryskiewicz, MD | 9:36 - 9:45         |
| Panel Discussion - Correction of Post-Surgical Nasal Deformities  | All                    | 9:45 - 10:00        |
| <b>BREAK</b>  |                        |                     |
| 10:00 - 10:30   |                        |                     |
| <b>MODULE 10   BREAST REJUVENATION</b>  |                        |                     |
| Mathematics of Breast Proportions   | Arthur Swift, MD       | 10:30 - 10:45       |
| FDA/PIP/ALCL: Breast Implant Status, and Now There Are Three?   | William Adams, MD      | 10:45 - 10:55       |
| Short Scar / Internal Mastopexy For Minimal Breast Ptosis - Dual Plane Augmentation                                 | Joseph Gryskiewicz, MD | 10:55 - 11:05       |
| Breast Augmentation in MWLP   | Jeffrey M. Kenkel, MD  | 11:05 - 11:15       |
| Shaping the Breast with Autologous Fat Transfer - Evidence-Based Volume Retention Measurement                       | Nolan Karp, MD         | 11:15 - 11:25       |
| Evolving Indications and Uses of Fat Grafting in Breast Surgery   | Steven Cohen, MD       | 11:25 - 11:35       |
| Use of Acellular Dermal Matrix in Secondary Aesthetic Breast Surgery  | Jason Pozner, MD       | 11:35 - 11:45       |
| Panel Discussion - Role of Autologous Fat in Primary Augmentation Mammoplasty                                       | All                    | 11:45 - Noon        |
| <b>KEYNOTE DISCUSSION   THE PRESENT AND FUTURE OF COSMETIC MEDICINE; WHERE ARE WE GOING?</b>                        |                        |                     |
| <b>Moderator: Z. Paul Lorenc, MD</b>  |                        | <b>Noon - 12:30</b> |



# Detailed Agenda

**SATURDAY** JULY 21, 2012 | 7:30am – 5:45pm

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| TOPIC   | FACULTY   | TIME               |
|---|---|--------------------|
| <b>LUNCH</b>  |   | 12:30 - 1:30       |
| <b>MODULE 11   NON-SURGICAL FACIAL REJUVENATION</b>   | <b>Moderator: Z. Paul Lorenc, MD</b>  | <b>1:30 - 2:55</b> |
| Financial Analysis - Surgery vs Non-Surgical Rejuvenation   | Foad Nahai, MD  | 1:30 - 1:37        |
| Safety of Topical Anesthetics in Office-Based Procedures  | Jeffrey M. Kenkel, MD   | 1:37 - 1:44        |
| Incorporating Multiple Neuromodulators in Aesthetic Medicine: A Decision Matrix   | Brian Kinney, MD  | 1:44 - 1:51        |
| Non-Surgical Rejuvenation in Ethnic Skin  | Cheryl Burgess, MD  | 1:51 - 1:58        |
| Comprehensive Global Filler Update - 2012   | Sabine Zenker, MD   | 1:58 - 2:05        |
| Ten Commandments Of Volumizing  | Arthur Swift, MD  | 2:05 - 2:12        |
| Synthetic Agents vs. Autologous Fat - Evidence Based Analysis   | Steven Fagien, MD   | 2:12 - 2:19        |
| Autologous Fibroblast Therapy for Facial Rejuvenation   | Doris Day, MD   | 2:19 - 2:29        |
| The Matrix of Comprehensive Hand Rejuvenation   | Heidi Waldorf, MD   | 2:29 - 2:36        |
| Customizing Injectable Agents Using Variable 1% Lidocaine Dilution  | Z. Paul Lorenc, MD  | 2:36 - 2:40        |
| Panel Discussion - Early Technology Adaptation Matrix   | All   | 2:40 - 2:55        |
| <b>BREAK</b>  |   | 2:55 - 3:25        |
| <b>MODULE 12   LIVE DEMONSTRATIONS:<br/>NEUROMODULATORS/FILLERS/VOLUMIZING AGENTS</b>   | <b>Moderator: Steven Fagien, MD</b>   | <b>3:25 - 5:45</b> |
| Aesthetic Assessment: Role in Agent Selection   | Arthur Swift, MD  | 3:25 - 3:40        |
| Live Injection Demonstrations<br>Anatomic Areas: Upper Face, Mid Face, Lower Face, Peri-Orbitum,<br>Lid-Cheek Junction, Peri-Oral, Lips, Platysma, Neck Lines, Décolleté, Hands | - Z. Paul Lorenc, MD<br>- Haideh Hirmand, MD<br>- Heidi Waldorf, MD<br>- Cheryl Burgess, MD<br>- Rebecca Fitzgerald, MD<br>- Miles Graivier, MD<br>- Sabine Zenker, MD<br>- Doris Day, MD | 3:40 - 5:45        |



# Detailed Agenda

**SUNDAY** JULY 22, 2012 | 7:30am – 1:30pm

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| TOPIC   | FACULTY                                | TIME                |
|---|--|---------------------|
| <b>MODULE 13   RESEARCH UPDATE</b>  | <b>Moderator: Geoffrey Gurtner, MD</b> | <b>7:30 - 10:00</b> |
| Role of Biotechnology In Clinical Research                                      | Brian Kinney, MD                       | 7:30 - 7:40         |
| Uncharted Anatomical Fat Compartments - Research Updates                        | Joel Pessa, MD                         | 7:40 - 7:55         |
| Kinetic Hyaluronic Acid Therapy   | Sabine Zenker, MD                      | 7:55 - 8:05         |
| Research Update On Novel Energy Sources For Skin Resurfacing                    | Jason Pozner, MD                       | 8:05 - 8:15         |
| Pathophysiology of Cellulite - Variable Depth/Multi-Frequency Treatment         | Neil Sadick, MD                        | 8:15 - 8:25         |
| Requirements Of Future Facial Fillers   | Steven Fagien, MD                      | 8:25 - 8:33         |
| Mechanomodulation In Scar Management  | Brian Kinney, MD                       | 8:33 - 8:41         |
| Intradermal Cryotherapy In Scar Management                                      | Z. Paul Lorenc, MD                     | 8:41 - 8:51         |
| Microfluidics-Based Stem Cell Analysis - Is There Donor Variance?               | Geoffrey Gurtner, MD                   | 8:51 - 9:00         |
| PRFM Supercharged Fat Injection - Clinical Outcomes                             | Anthony Sclafani, MD                   | 9:00 - 9:10         |
| Processing Techniques for Enhancement of Adipose Tissue Transfer                | Steven Cohen, MD                       | 9:10 - 9:20         |
| Enhancement of Stem Cell Capacity With a Hydrogel Scaffold                      | Geoffrey Gurtner, MD                   | 9:20 - 9:30         |
| Panel Discussion - Role of Research in Aesthetic Medicine/Surgery               | All                                    | 9:30 - 10:00        |
| <b>BREAK</b>  |  | 10:00 - 10:30       |
| <b>MODULE 14   VIDEO PROCEDURES WITH LIVE COMMENTARY AND AUDIENCE QUESTIONS</b> | <b>Moderator: Brian Kinney, MD</b>     | <b>10:30 - Noon</b> |
| Aesthetic Enhancement of Female Genitalia                                       | Christine Hamori, MD                   | 10:30 - 10:55       |
| TBD   |  | 10:55 - 11:20       |
| Revolumizing the Face Using Injectable Agents                                   | Rebecca Fitzgerald, MD                 | 11:20 - 11:45       |
| Robotic Injection Assist Device in Facial Rejuvenation                          | Z. Paul Lorenc, MD                     | 11:45 - 12:00       |
| <b>MODULE 15   AESTHETIC PRACTICE ENHANCEMENT SEMINAR</b>                       | <b>Moderator: Wendy Lewis</b>          | <b>12:00 - 1:30</b> |
| <b>CLOSING REMARKS &amp; ADJOURNMENT</b>  | Z. Paul Lorenc, MD<br>Brian Kinney, MD | 1:30                |

