

**GEORGIA QUALITY CORE CURRICULUM  
HEALTH STANDARDS/GRADES 7-12**

**CORRELATED TO**

***AGS DISCOVER HEALTH, LIFE SKILLS HEALTH,  
EVERYDAY LIFE SKILLS***

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**Subject Area:** Health Education **State-Funded Course:** 17.00800 Health/Grade 7

**Textbook Title:** Discover Health

**Publisher:** AGS-AMERICAN GUIDANCE SERVICE

Objective	Component Strand/Course Content Standard	Where Taught
1.	<b>Alcohol, Tobacco &amp; Other Drugs: Effects</b> Analyzes the effects of alcohol, tobacco products, and other drugs on the immune, nervous, and reproductive systems.	Pp. 187, 191-209, 224, 284, 328 There are 28 additional activities in the Teacher Resource Library that address this standard.
2.	<b>Alcohol, Tobacco &amp; Other Drugs: Consequences</b> Evaluates the harmful consequences of anabolic steroid use.	P. 207 There is 1 additional activity in the Teacher Resource Library that addresses this standard.
3.	<b>Alcohol, Tobacco &amp; Other Drugs: Persuasion</b> Analyzes alcohol, tobacco products, and other drug advertisements and promotional products and develops counter arguments.	Pp. 357-60 There are 6 additional activities in the Teacher Resource Library that address this standard.
4.	<b>Alcohol, Tobacco &amp; Other Drugs: Resources</b> Names information, treatment, and rehabilitation resources available in the community.	Pp. 200-01, 218, 363, 373-77 There are 15 additional activities in the Teacher Resource Library that address this standard.
5.	<b>Disease Prevention: HIV/AIDS</b> Recognizes that STDs, including HIV/AIDS, are communicable diseases.	Pp. 216, 242-51 There are 20 additional activities in the Teacher Resource Library that address this standard.
6.	Recognizes that HIV/AIDS is caused by a virus and is currently incurable and fatal.	Pp. 202, 233, 242-47 There are 20 additional activities in the Teacher Resource Library that address this standard.

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7.	Identifies HIV/AIDS as a sexually transmitted disease and explains the ways HIV is transmitted.	Pp. 242-47 There are 17 additional activities in the Teacher Resource Library that address this standard.
8.	Describes the effects of the AIDS virus on the immune system.	Pp. 233, 243-44 There are 6 additional activities in the Teacher Resource Library that address this standard.
9.	<b>Disease Prevention: Abstinence</b> Recognizes abstaining from sexual activity and refraining from intravenous drug use as the most effective methods of preventing HIV/AIDS.	Pp. 216, 219, 245, 248-50 There are 14 additional activities in the Teacher Resource Library that address this standard.
10.	Recognizes abstinence from sexual activity as the most effective method of preventing pregnancy and sexually transmitted diseases.	Pp. 216, 245, 248-50 There are 17 additional activities in the Teacher Resource Library that address this standard.
11.	<b>Disease Prevention: Pregnancy/STD Prevention</b> Identifies methods of preventing pregnancy and sexually transmitted diseases and discusses whether or not they are effective.	Pp. 216, 249-50 There are 8 additional activities in the Teacher Resource Library that address this standard.
12.	<b>Disease Prevention: Goal Setting</b> Identifies the benefits of setting personal goals for maintaining a healthy body.	Pp. 72, 91, 101-03, 217 There are 5 additional activities in the Teacher Resource Library that address this standard.

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13.	<b>Family Living: Self Concept</b> Identifies factors that promote a positive self-image (e.g., accepting responsibility; respect for self, authority and others; self-discipline, self-control, and the right to be assertive).	Pp. 67-70, 72, 90-95, 102-04, 106-11 There are 42 additional activities in the Teacher Resource Library that address this standard.
14.	<b>Family Living: Persuasion</b> Recognizes how sexual decisions are influenced by group pressure (e.g., community, media, peer).	Pp. 108-09 There are 4 additional activities in the Teacher Resource Library that address this standard.
15.	<b>Family Living: Refusal Skills</b> Identifies ways of resisting persuasive tactics regarding sexual involvement (e.g., saying “no,” negotiation, and using refusal and decision-making skills).	Pp. 110-11, 216, 219, 248 There are 10 additional activities in the Teacher Resource Library that address this standard.
16.	<b>Family Living: Relationships</b> Identifies characteristics of genuine friendship that enhance the good of the individual.	Pp. 122-26 There are 11 additional activities in the Teacher Resource Library that address this standard.
17.	<b>Family Living: Roles</b> Identifies roles and responsibilities of children in the family.	Pp. 69, 71-72 There are 5 additional activities in the Teacher Resource Library that address this standard.
18.	Identifies parental roles and responsibilities.	Pp. 67-70 There are 9 additional activities in the Teacher Resource Library that address this standard.

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19.	<b>Family Living: Parental Responsibilities</b> Analyzes changes in the prospective parents' lifestyles and responsibilities before and after the birth of their baby.	Pp. 66-68 There are 7 additional activities in the Teacher Resource Library that address this standard.
20.	<b>Family Living: Decision Making</b> Recognizes that having children is best undertaken in marriage.	Pp. 66-70 There are 12 additional activities in the Teacher Resource Library that address this standard.
21.	<b>Growth and Development: Reproductive System</b> Lists the parts of the male and female reproductive systems and describes their functions.	Pp. 47-49 There are 7 additional activities in the Teacher Resource Library that address this standard.
22.	<b>Mental Health: Stress Management</b> Discusses strategies to manage stress and feelings caused by disappointment, separation, and loss.	Pp. 60-62, 72, 74, 89-92, 96, 104-07 There are 33 additional activities in the Teacher Resource Library that address this standard.
23.	<b>Mental Health: Prejudice</b> Discusses prejudices, its roots, and its effects.	Pp. 328-29 There are 3 additional activities in the Teacher Resource Library that address this standard.
24.	<b>Mental Health: Conflict Resolution</b> Describes necessary elements of conflict resolution (e.g., nature of conflict, feelings, active listening, "I" messages, and restarting), and shows effective communication skills, in general.	Pp. 94-96, 122-26, 327-34 There are 32 additional activities in the Teacher Resource Library that address this standard.

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25.	<b>Nutrition: Fast Foods</b> Investigates the nutritional value of various fast foods.	
26.	<b>Nutrition: Food Preparation</b> Compares the effects of various cooking and food preparation methods on the nutritive value of foods.	Pp. 171-74 There are 6 additional activities in the Teacher Resource Library that address this standard.
27.	<b>Nutrition: Resources</b> Identifies various local, state, and national health resources that promote acceptable nutritional practices (e.g., American Heart Association, American Cancer Society, National Dairy Council, Local Cooperative Extension, National Institutes of Health, American Dietetic Association, etc.).	Pp. 171-72, 309, 315, 362-63, 373-75 There are 20 additional activities in the Teacher Resource Library that address this standard.
28.	<b>Personal Health: Hygiene</b> Develops strategies and skills for maintaining an adequate level of personal grooming and hygiene, emphasizing changes during adolescence.	Pp. 54-58, 121 There are 14 additional activities in the Teacher Resource Library that address this standard.
29.	<b>Safety: Accident Prevention</b> Examines factors contributing to accidents (e.g., carelessness, fatigue, emotions, and drugs).	Pp. 282-91, 296-300 There are 28 additional activities in the Teacher Resource Library that address this standard.

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30.	<b>Safety: First Aid</b> Identifies and explains the causes of choking and the appropriate strategies for prevention and treatment.	Pp. 312-14 There are 7 additional activities in the Teacher Resource Library that address this standard.
31.	<b>Safety: Violence Prevention</b> Identifies threats to personal safety (e.g., child abuse, sexual and physical abuse, neglect and emotional abuse).	Pp. 73, 215, 293, 323-34 There are 26 additional activities in the Teacher Resource Library that address this standard.
32.	<b>Safety: Resources</b> Identifies local support system concerning personal safety (e.g., family, teacher, religious advisor, friend, counselor).	Pp. 293, 332-34 There are 7 additional activities in the Teacher Resource Library that address this standard.



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Objective	Component Strand/Course Content Standard	Where Taught
1.	<b>Alcohol, Tobacco &amp; Other Drugs: Consequences</b> Assesses the consequences on the fetus and child (birth through age 19) of using alcohol, tobacco products, and other drugs.	Pp. 192, 195 There is 1 additional activity in the Teacher Resource Library that addresses this standard.
2.	<b>Alcohol, Tobacco &amp; Other Drugs: Effects/Resources</b> Recognizes signs and symptoms of chemical dependency and identifies appropriate sources for help and support.	Pp. 196-97, 198-209, 212-14, 217-26, 363, 373-77 There are 60 additional activities in the Teacher Resource Library that address this standard.
3.	<b>Alcohol, Tobacco &amp; Other Drugs: Consequences</b> Describes the consequences associated with the use of alcohol, tobacco products, and other drugs in teen relationships (e.g., physical abuse, date rape, violence, teen pregnancy, and drinking and driving).	Pp. 194-97, 198-200, 212-16, 328 There are 25 additional activities in the Teacher Resource Library that address this standard.
4.	<b>Alcohol, Tobacco &amp; Other Drugs: Refusal Skills</b> Practices countering aggressive behavior and intimidation by refusing to use tobacco products, alcohol and other drugs.	Pp. 108-11, 219-20, 248 There are 14 additional activities in the Teacher Resource Library that address this standard.
5.	<b>Alcohol, Tobacco &amp; Other Drugs: Alternatives</b> Proposes alternatives to using alcohol, tobacco products, and other drugs (including involvement in groups such as S.A.A.D., ALANON, ALATEEN).	Pp. 200-01, 218-20, 363, 373-77 There are 23 additional activities in the Teacher Resource Library that address this standard.

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6.	<b>Disease Prevention: Communicable Diseases</b> Describes causes, effects and prevention of communicable diseases.	Pp. 232-39, 242-51 There are 48 additional activities in the Teacher Resource Library that address this standard.
7.	<b>Disease Prevention: HIV/AIDS</b> Recognizes that sexually transmitted diseases, including HIV/AIDS, are communicable diseases.	Pp. 216, 242-51 There are 20 additional activities in the Teacher Resource Library that address this standard.
8.	Recognizes that HIV/AIDS is caused by a virus and is currently incurable and fatal.	Pp. 202, 233, 242-47 There are 20 additional activities in the Teacher Resource Library that address this standard.
9.	Identifies and explains the ways in which HIV/AIDS is transmitted and identifies behaviors that increase the risk of contracting HIV/AIDS.	Pp. 242-47 There are 17 additional activities in the Teacher Resource Library that address this standard.
10.	Lists misconceptions about the virus that causes HIV/AIDS and its transmission.	P. 246 There are 4 additional activities in the Teacher Resource Library that address this standard.
11.	<b>Disease Prevention: Abstinence</b> Recognizes the importance of individuals abstaining from premarital sex and intravenous drug use to prevent the spread of HIV/AIDS and other sexually transmitted diseases.	Pp. 216, 219, 245, 248-50 There are 14 additional activities in the Teacher Resource Library that address this standard.

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12.	<b>Disease Prevention: Pregnancy/STD Prevention</b> Identifies methods of preventing pregnancy and sexually transmitted diseases and discusses whether or not they are effective.	Pp. 216, 249-50 There are 8 additional activities in the Teacher Resource Library that address this standard.
13.	<b>Disease Prevention: Abstinence</b> Recognizes that abstaining from sexual activity and refraining from intravenous drug use are the most effective methods of preventing HIV/AIDS.	Pp. 216, 219, 245, 248-50 There are 17 additional activities in the Teacher Resource Library that address this standard.
14.	Recognizes abstinence from sexual activity as the only sure method of preventing pregnancy and sexually transmitted diseases.	Pp. 216, 219, 245, 248-50 There are 17 additional activities in the Teacher Resource Library that address this standard.
15.	<b>Disease Prevention: Goal Setting</b> Identifies the benefits of setting personal goals for maintaining a healthy body.	Pp. 72, 91, 101-03, 217 There are 5 additional activities in the Teacher Resource Library that address this standard.
16.	<b>Family Living: Self Concept</b> Identifies factors that promote a positive self-image (e.g., accepting responsibility; respect for self, authority, and others; self-discipline, self-control, and the right to be assertive).	Pp. 67-70, 72, 90-95, 102-04, 106-11 There are 42 additional activities in the Teacher Resource Library that address this standard.

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17.	<b>Family Living: Persuasion</b> Recognizes how sexual decisions are influenced by group pressures (e.g., community, media, peer).	Pp. 108-09 There are 4 additional activities in the Teacher Resource Library that address this standard.
18.	<b>Family Living: Refusal Skills</b> Identifies ways of resisting persuasive tactics regarding sexual involvement (e.g., saying “no,” negotiation, using refusal, and decision-making skills).	Pp. 110-11, 216, 219, 248 There are 10 additional activities in the Teacher Resource Library that address this standard.
19.	<b>Family Living: Dating</b> Identifies social, emotional, intellectual, and economic effects of dating.	Pp. 125-29 There are 9 additional activities in the Teacher Resource Library that address this standard.
20.	<b>Family Living: Decision-Making</b> Recognizes that having children is best undertaken in marriage.	Pp. 66-70 There are 12 additional activities in the Teacher Resource Library that address this standard.
21.	<b>Growth and Development: Maturation</b> Analyzes physical, social, and emotional changes that occur during the process of maturing.	Pp. 45-48, 69, 154 There are 11 additional activities in the Teacher Resource Library that address this standard.
22.	<b>Mental Health: Self-Esteem</b> Assesses personal characteristics associated with positive self-esteem.	Pp. 67-70, 72, 90-95, 102-04, 106-11 There are 42 additional activities in the Teacher Resource Library that address this standard.

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23.	<b>Mental Health: Friendships</b> Discusses the influence of self-identify and group acceptance in choosing friends.	Pp. 122-26 There are 11 additional activities in the Teacher Resource Library that address this standard.
24.	<b>Mental Health: Conflict Resolution</b> Analyzes possible causes of conflict among youth and styles/strategies to handle them (e.g., gangs).	Pp. 94-96, 122-26, 327-35 There are 32 additional activities in the Teacher Resource Library that address this standard.
25.	<b>Mental Health: Suicide</b> Analyzes causes of suicide, prevention, and its effects on survivors.	P. 215 There are 2 additional activities in the Teacher Resource Library that address this standard.
26.	<b>Nutrition: Risk Reduction</b> Analyzes the relationship between nutrition and disease prevention.	Pp. 145-51, 153, 159, 254, 256-57, 266 There are 26 additional activities in the Teacher Resource Library that address this standard.
27.	<b>Nutrition: Dietary Imbalance</b> Identifies disorders associated with malnutrition and obesity.	Pp. 112-14, 121, 153, 159, 160-62 There are 19 additional activities in the Teacher Resource Library that address this standard.
28.	<b>Personal Health: Lifestyle</b> Sets a personal goal for improving health and lifestyle based on an individual health risk assessment and makes progress toward its achievement.	Individual preference. Examples to strive towards: Hygiene: pp. 54-58; Fitness: pp. 59-63; Mental Health: pp. 100-15; Diet & Health: pp. 139-75; Disease Prevention: pp. 228-73; Injury Prevention: pp. 280-330; Violence Prevention; pp. 322-35

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<b>Objective</b>	<b>Component</b> <b>Strand/Course</b> Content Standard	<b>Where Taught</b>
29.	<b>Personal Health: Hygiene</b> Develops strategies and skills for maintaining an adequate level of personal grooming and hygiene, emphasizing changes during adolescence.	Pp. 54-58, 121 There are 14 additional activities in the Teacher Resource Library that address this standard.
30.	<b>Safety: Accident Prevention</b> Analyzes safety factors for motorized and nonmotorized vehicles and equipment for land and water purposes.	Pp. 285-87 There are 6 additional activities in the Teacher Resource Library that address this standard.
31.	<b>Safety: First Aid</b> Demonstrates appropriate first-aid procedures for shock, bleeding, and muscular and skeletal injuries.	Pp. 304-07, 311-12 There are 13 additional activities in the Teacher Resource Library that address this standard.
32.	<b>Safety: Violence Prevention</b> Identifies threats to personal safety (e.g., incest, rape, date rape).	Pp. 73, 215, 293, 323-34 There are 26 additional activities in the Teacher Resource Library that address this standard.
33.	<b>Safety: Resources</b> Identifies local support system concerning personal safety (e.g., family, teacher, religious advisor, friend, and counselor).	Pp. 293, 332-34 There are 7 additional activities in the Teacher Resource Library that address this standard.

**Subject Area:** Health Education **State-Funded Course:** 17.01100 Health/Grades 9-12

**Textbook Title:** Life Skills Health

**Publisher:** AGS-AMERICAN GUIDANCE SERVICE

Objective	Component Strand/Course Content Standard	Where Taught
1.	<b>Alcohol, Tobacco &amp; Other Drugs: Social Consequences</b> Determines how adolescent use of alcohol and other drugs contributes to accidents, crime, and suicide.	Pp. 152, 269-71, 276-77, 280, 287-90, 310, 313, 316-17, 335, 353 There are 29 additional activities in the Teacher Resource Library that address this standard.
2.	<b>Alcohol, Tobacco &amp; Other Drugs: Risk/Prevention</b> Recalls the leading causes of teen morbidity and mortality and formulates methods of prevention of each.	Pp. 32, 60-64, 153-54, 270-71, 289-96, 316-18, 378-82, 444 There are 46 additional activities in the Teacher Resource Library that address this standard.
3.	<b>Alcohol, Tobacco &amp; Other Drugs: Intervention</b> Recognizes that alcohol, tobacco, and other drug dependencies are treatable diseases/conditions and identifies appropriate community resources.	Pp. 58-62, 154, 266-71, 284-97, 300-01 There are 48 additional activities in the Teacher Resource Library that address this standard.
4.	<b>Alcohol, Tobacco &amp; Other Drugs: Personal Consequences</b> Compares how alcohol, tobacco, and other drug use and nonuse impacts personal goals, educational opportunities, and occupational choices.	Pp. 266, 268-69, 272-78, 285-88 There are 23 additional activities in the Teacher Resource Library that address this standard.
5.	<b>Alcohol, Tobacco &amp; Other Drugs: Drug Interaction</b> Evaluates the drug interactions that occur with using medicines in combination and their potential lethal effects.	Pp. 259-65, 274-76 There are 16 additional activities in the Teacher Resource Library that address this standard.

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6.	<p><b>Disease Prevention: STDs</b> Lists early symptoms and long-term consequences of syphilis, gonorrhea, genital herpes, chlamydia, genital warts (HPV), HIV/AIDS and other sexually transmitted diseases.</p>	<p>Pp. 218-29 There are 20 additional activities in the Teacher Resource Library that address this standard.</p>
7.	<p><b>Disease Prevention: Early Detection and Treatment</b> Describes diagnostic tests and available treatments for gonorrhea and syphilis and identifies places a person can go to obtain testing treatment.</p>	<p>Pp. 224-29 There are 10 additional activities in the Teacher Resource Library that address this standard.</p>
8.	<p><b>Disease Prevention: Abstinence</b> Recognizes the importance of individually abstaining from premarital and extramarital sex and intravenous drug use to prevent the spread of HIV/AIDS and other sexually transmitted diseases.</p>	<p>Pp. 142, 223, 225-29, 273, 291 There are 20 additional activities in the Teacher Resource Library that address this standard.</p>
9.	<p><b>Disease Prevention: Pregnancy and Sexually Transmitted Disease Prevention</b> Identifies methods of preventing pregnancy and sexually transmitted diseases and whether or not they are effective. Abstinence is the only sure way to prevent pregnancy and sexually transmitted diseases. (Note: Does not require demonstration of contraceptive devices).</p>	<p>Pp. 142, 223, 225-29, 273, 291 There are 20 additional activities in the Teacher Resource Library that address this standard.</p>



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10.	<b>Disease Prevention: HIV/AIDS</b> Recognizes that Sexually Transmitted Diseases, including HIV/AIDS, are communicable diseases and that abstinence is the sure method of prevention.	Pp. 142, 206-07, 219-29, 273, 291 There are 30 additional activities in the Teacher Resource Library that address this standard.
11.	<b>Disease Prevention: Abstinence</b> Recognizes that abstaining from sexual activity and refraining from intravenous drug use are the most effective methods of preventing HIV/AIDS.	Pp. 142, 223, 225-29, 291, 373 There are 20 additional activities in the Teacher Resource Library that address this standard.
12.	<b>Disease Prevention: HIV/AIDS</b> Recognizes that HIV/AIDS is caused by a virus and is currently incurable and fatal.	Pp. 208, 218-23, 227, 242, 382 There are 20 additional activities in the Teacher Resource Library that address this standard.
13.	<b>Disease Prevention: AIDS</b> Identifies the history of prevalence of HIV/AIDS in the United States.	Pp. 219-20, 398, 402 There are 8 additional activities in the Teacher Resource Library that address this standard.
14.	<b>Disease Prevention: Sexually Transmitted Diseases</b> Demonstrates an awareness of current statistics related to Sexually Transmitted Diseases, including HIV/AIDS.	Pp. 219-20, 223-27 There are 13 additional activities in the Teacher Resource Library that address this standard.

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15.	<b>Disease Prevention: HIV/AIDS</b> Recognizes known ways HIV/AIDS is transmitted and identifies behaviors that increase the risk of contracting HIV/AIDS.	Pp. 218-23, 273, 276 There are 14 additional activities in the Teacher Resource Library that address this standard.
16.	Describes clinical course of HIV/AIDS.	Pp. 218-23, 227, 242, 382 There are 20 additional activities in the Teacher Resource Library that address this standard.
17.	<b>Disease Prevention: Abstinence</b> Recognizes that returning to abstinence is a positive alternative to previous sexual behavior.	Pp. 142, 223, 225-29, 291, 373 There are 17 additional activities in the Teacher Resource Library that address this standard.
18.	<b>Disease Prevention: Decision-Making</b> Recognizes that an uninfected, mutually faithful sexual relationship within marriage does not put a person at risk for AIDS through sexual activity.	Pp. 142, 227 There are 5 additional activities in the Teacher Resource Library that address this standard.
19.	<b>Disease Prevention: Goal-Setting</b> Identifies the benefits of setting personal goals for maintaining a healthy body.	Pp. 35, 37, 40-41, 53, 60, 164 There are 13 additional activities in the Teacher Resource Library that address this standard.
20.	<b>Disease Prevention: Cancer</b> Analyzes the causes, treatments, and prevention methods for cancers affecting body tissues or organs.	Pp. 169, 182, 195, 206, 222, 239-43, 266-67, 269, 278, 397, 413, 415, 444-45 There are 33 additional activities in the Teacher Resource Library that address this standard.

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21.	<p><b>Disease Prevention: Risk Factors</b> Evaluates how one’s genetics and health choices contribute to disease (heredity, inactivity, diet, stress, environment, infection, and degenerative processes) and proposes strategies to reduce risk.</p>	<p>Pp. 20-21, 23, 85, 101, 106-12, 132, 134-35, 142, 169, 173, 182, 206, 208, 210, 223, 225-29, 261, 275, 289, 291, 296, 373, 397-98, 403, 410-30 There are 104 additional activities in the Teacher Resource Library that address this standard.</p>
22.	<p><b>Family Living: Self-Concept</b> Identifies factors that promote a positive self-image (e.g., accepting responsibility; respect for self, authority and others, and self-discipline, self-control and the right to be assertive).</p>	<p>Pp. 12, 15-16, 20-21, 23-24, 29-30, 32-35, 37-38, 40-41, 43-45, 55-56, 152, 227, 276, 294-96, 348-51, 357-60 There are 76 additional activities in the Teacher Resource Library that address this standard.</p>
23.	<p><b>Disease Prevention: Refusal Skills</b> Identifies ways of resisting persuasive tactics regarding sexual involvement (e.g., saying “no,” negotiation and using refusal and decision-making skills).</p>	<p>Pp. 40-42, 223, 227-28, 276, 291, 294 There are 20 additional activities in the Teacher Resource Library that address this standard.</p>
24.	<p><b>Disease Prevention: Persuasion</b> Recognizes how sexual decisions are influenced by group pressures (e.g., community, media, and peer).</p>	<p>Pp. 40-41, 118, 266, 268, 294, 352-53, 355-56 There are 16 additional activities in the Teacher Resource Library that address this standard.</p>
25.	<p><b>Disease Prevention: Dating</b> Identifies social, emotional, intellectual, and economic aspects of dating.</p>	<p>Pp. 14, 32, 40-43, 46-47, 140-42, 355-56 There are 23 additional activities in the Teacher Resource Library that address this standard.</p>

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26.	<b>Disease Prevention: Decision-Making</b> Recognizes that having children is best undertaken in marriage.	Pp. 142-44, 146-49 There are 15 additional activities in the Teacher Resource Library that address this standard.
27.	<b>Disease Prevention: Parental Responsibilities</b> Analyzes changes in the prospective parents' lifestyles and responsibilities before and after the birth of their baby.	Pp. 142-49, 152-55 There are 23 additional activities in the Teacher Resource Library that address this standard.
28.	<b>Disease Prevention: Health Consumerism</b> Matches various health needs and problems with the associated local health service agencies, clinics, and other advisory services.	Pp. 193, 292, 312, 314-15, 330, 385-87, 400-02, 426 There are 22 additional activities in the Teacher Resource Library that address this standard.
29.	<b>Growth and Development: Human Reproduction</b> Understands how conception occurs and describes human fetal development from conception through birth.	Pp. 122-31 There are 18 additional activities in the Teacher Resource Library that address this standard.
30.	<b>Growth and Development: Endocrine System</b> Analyzes and describes the relationship between the glands and hormones that control the secondary sex characteristics.	Pp. 83-84, 120-24, 126, 131, 172 There are 21 additional activities in the Teacher Resource Library that address this standard.
31.	<b>Growth and Development: Heredity and Environment</b> Lists ways heredity and environment affect human growth and development.	Pp. 86, 101, 132-37, 233-34, 237, 242, 245, 271, 285, 397-98, 409-12, 421-25 There are 34 additional activities in the Teacher Resource Library that address this standard.

**Subject Area:** Health Education **State-Funded Course:** 17.01100 Health/Grades 9-12

**Textbook Title:** Life Skills Health

**Publisher:** AGS-AMERICAN GUIDANCE SERVICE

Objective	Component Strand/Course Content Standard	Where Taught
32.	<b>Mental Health: Stress</b> Analyzes stress and its effects on all aspects of health and wellness.	Pp. 17-25, 31-32, 37-38, 79, 84, 107, 164, 189-90, 233, 238, 275, 289, 296 There are 41 additional activities in the Teacher Resource Library that address this standard.
33.	<b>Mental Health: Stress Management</b> Develops and practices effective coping skills for managing stress to prevent self-destructive behaviors (e.g., suicide).	Pp. 20-24, 31-32, 38, 84, 107, 164 There are 19 additional activities in the Teacher Resource Library that address this standard.
34.	<b>Mental Health: Conflict Resolution</b> Demonstrates effective communication skills and resistance skills (e.g., nature of conflict, feelings, active listening, effective communication skills, and empathy).	Pp. 32, 34-35, 40-43, 56, 142-43, 145, 149, 152, 154, 227, 276, 294, 347-62, 396, 403 There are 67 additional activities in the Teacher Resource Library that address this standard.
35.	<b>Mental Health: Decision Making</b> Demonstrates characteristics of a healthy decision-maker.	Pp. 23, 34-43, 55, 227, 266, 268, 276, 294, 306-24 There are 52 additional activities in the Teacher Resource Library that address this standard.
36	<b>Mental Health: Maturation</b> Explores the increased responsibility in the transition from adolescence to adulthood and proposes ways to make these changes easier.	Pp. 28-49, 116-21, 140-42, 154 There are 58 additional activities in the Teacher Resource Library that address this standard.

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**Publisher:** AGS-AMERICAN GUIDANCE SERVICE

Objective	Component	Where Taught
37.	<b>Nutrition: Dietary Guidelines</b> Evaluates diet relative to personal needs, dietary guidelines, and energy balance (caloric intake vs. energy expenditure) and designs a plan for improvement	Pp. 160-97 There are 55 additional activities in the Teacher Resource Library that address this standard.
38.	<b>Nutrition: Weight Management</b> Analyzes a variety of weight management plans for sound nutritional practices and their lifelong effects on health.	Pp. 107, 164, 167, 173, 180, 378 There are 8 additional activities in the Teacher Resource Library that address this standard.
39.	<b>Nutrition: Dietary Guidelines</b> Modifies personal diet relative to special needs (e.g., vegetarians, athletes, diabetics, food allergies, etc.).	Pp. 179-82, 245, 246, 249 There are 10 additional activities in the Teacher Resource Library that address this standard.
40.	<b>Nutrition: Misinformation</b> Analyzes the reliability of various sources of food and nutrition information (e.g., dietary supplements, diet aids, fad diets, food additives, and food labels).	Pp. 193-97 There are 10 additional activities in the Teacher Resource Library that address this standard.
41.	<b>Nutrition: Marketing Strategies</b> Applies critical thinking skills to analyze marketing and advertising methods for influencing food choices.	Pp. 190-92, 200-01 There are 8 additional activities in the Teacher Resource Library that address this standard.

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<b>Objective</b>	<b>Component</b>	<b>Where Taught</b>
	<b>Strand/Course</b>	
	Content Standard	
42.	<b>Personal Health: Hygiene</b> Correlates hygiene and grooming habits with employment opportunities and building relationships.	Pp. 98-105, 113 There are 11 additional activities in the Teacher Resource Library that address this standard.
43.	<b>Safety: First Aid/Cardiopulmonary Resuscitation</b> Demonstrates ability to properly respond to life-threatening cardiopulmonary emergencies.	Pp. 335-38 There are 8 additional activities in the Teacher Resource Library that address this standard.
44.	<b>Safety: Violence Prevention</b> Identifies threats to personal safety (e.g., incest, rape, date rape).	Pp. 13, 152, 349-62, 403 There are 29 additional activities in the Teacher Resource Library that address this standard.
45.	<b>Safety: Resources</b> Identifies local support system concerning personal safety (e.g., family, teacher, religious advisor, friend, and counselor).	Pp. 360-62 There are 5 additional activities in the Teacher Resource Library that address this standard.

**Subject Area:** Health Education **State-Funded Course:** 17.01100 Health/Grades 9-12

**Textbook Title:** Everyday Life Skills

**Publisher:** AGS-AMERICAN GUIDANCE SERVICE

<b>Objective</b>	<b>Component</b> <b>Strand/Course</b> <b>Content Standard</b>	<b>Where Taught</b>
1.	<b>Alcohol, Tobacco &amp; Other Drugs: Social Consequences</b> Determines how adolescent use of alcohol and other drugs contributes to accidents, crime, and suicide.	Pp. 47-53, 103, 156, 158-59 There are 11 additional activities in the Teacher Resource Library that address this standard.
2.	<b>Alcohol, Tobacco &amp; Other Drugs: Risk/Prevention</b> Recalls the leading causes of teen morbidity and mortality and formulates methods of prevention of each.	Pp. 52, 100-03, 156-61, 256-63 There are 30 additional activities in the Teacher Resource Library that address this standard.
3.	<b>Alcohol, Tobacco &amp; Other Drugs: Intervention</b> Recognizes that alcohol, tobacco, and other drug dependencies are treatable diseases/conditions and identifies appropriate community resources.	Pp. 46-53 There are 5 additional activities in the Teacher Resource Library that address this standard.
4.	<b>Alcohol, Tobacco &amp; Other Drugs: Personal Consequences</b> Compares how alcohol, tobacco, and other drug use and nonuse impacts personal goals, educational opportunities, and occupational choices.	Pp. 47-53, 103, 156, 158-59 There are 11 additional activities in the Teacher Resource Library that address this standard.
5.	<b>Alcohol, Tobacco &amp; Other Drugs: Drug Interaction</b> Evaluates the drug interactions that occur with using medicines in combination and their potential lethal effects.	Pp. 41-45 There are 7 additional activities in the Teacher Resource Library that address this standard.



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Objective	Component Strand/Course Content Standard	Where Taught
6.	<p><b>Disease Prevention: STDs</b> Lists early symptoms and long-term consequences of syphilis, gonorrhea, genital herpes, chlamydia, genital warts (HPV), HIV/AIDS and other sexually transmitted diseases.</p>	<p>Pp. 256-64 There are 14 additional activities in the Teacher Resource Library that address this standard.</p>
7.	<p><b>Disease Prevention: Early Detection and Treatment</b> Describes diagnostic tests and available treatments for gonorrhea and syphilis and identifies places a person can go to obtain testing treatment.</p>	<p>Pp. 260-62 There are 2 additional activities in the Teacher Resource Library that address this standard.</p>
8.	<p><b>Disease Prevention: Abstinence</b> Recognizes the importance of individually abstaining from premarital and extramarital sex and intravenous drug use to prevent the spread of HIV/AIDS and other sexually transmitted diseases.</p>	<p>Pp. 251, 258-59, 263, 271 There are 6 additional activities in the Teacher Resource Library that address this standard.</p>
9.	<p><b>Disease Prevention: Pregnancy and Sexually Transmitted Disease Prevention</b> Identifies methods of preventing pregnancy and sexually transmitted diseases and whether or not they are effective. Abstinence is the only sure way to prevent pregnancy and sexually transmitted diseases. (Note: Does not require demonstration of contraceptive devices).</p>	<p>Pp. 251, 263, 271 There are 3 additional activities in the Teacher Resource Library that address this standard.</p>

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Objective	Component Strand/Course Content Standard	Where Taught
10.	<b>Disease Prevention: HIV/AIDS</b> Recognizes that Sexually Transmitted Diseases, including HIV/AIDS, are communicable diseases and that abstinence is the sure method of prevention.	Pp. 251, 257-63, 271 There are 10 additional activities in the Teacher Resource Library that address this standard.
11.	<b>Disease Prevention: Abstinence</b> Recognizes that abstaining from sexual activity and refraining from intravenous drug use are the most effective methods of preventing HIV/AIDS.	Pp. 251, 258-59, 263 There are 6 additional activities in the Teacher Resource Library that address this standard.
12.	<b>Disease Prevention: HIV/AIDS</b> Recognizes that HIV/AIDS is caused by a virus and is currently incurable and fatal.	Pp. 257-60, 262-63 There are 8 additional activities in the Teacher Resource Library that address this standard.
13.	<b>Disease Prevention: AIDS</b> Identifies the history of prevalence of HIV/AIDS in the United States.	Pp. 257-58 There are 4 additional activities in the Teacher Resource Library that address this standard.
14.	<b>Disease Prevention: Sexually Transmitted Diseases</b> Demonstrates an awareness of current statistics related to Sexually Transmitted Diseases, including HIV/AIDS.	Pp. 257-58, 260-63 There are 9 additional activities in the Teacher Resource Library that address this standard.

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Objective	Component Strand/Course Content Standard	Where Taught
15.	<b>Disease Prevention: HIV/AIDS</b> Recognizes known ways HIV/AIDS is transmitted and identifies behaviors that increase the risk of contracting HIV/AIDS.	Pp. 10, 256-60, 262-63, 270-71 There are 14 additional activities in the Teacher Resource Library that address this standard.
16.	Describes clinical course of HIV/AIDS.	Pp. 259-60, 263 There are 4 additional activities in the Teacher Resource Library that address this standard.
17.	<b>Disease Prevention: Abstinence</b> Recognizes that returning to abstinence is a positive alternative to previous sexual behavior.	Pp. 251, 258, 263 There are 5 additional activities in the Teacher Resource Library that address this standard.
18.	<b>Disease Prevention: Decision-Making</b> Recognizes that an uninfected, mutually faithful sexual relationship within marriage does not put a person at risk for AIDS through sexual activity.	Pp. 258, 263 There are 5 additional activities in the Teacher Resource Library that address this standard.
19.	<b>Disease Prevention: Goal-Setting</b> Identifies the benefits of setting personal goals for maintaining a healthy body.	Pp. 131-36, 150-52, 155-56, 281-82 There are 16 additional activities in the Teacher Resource Library that address this standard.
20.	<b>Disease Prevention: Cancer</b> Analyzes the causes, treatments, and prevention methods for cancers affecting body tissues or organs.	Pp. 22-25, 27, 52, 121, 259-60, 422-23 There are 10 additional activities in the Teacher Resource Library that address this standard.

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<b>Objective</b>	<b>Component</b> <b>Strand/Course</b> Content Standard	<b>Where Taught</b>
21.	<p><b>Disease Prevention: Risk Factors</b> Evaluates how one’s genetics and health choices contribute to disease (heredity, inactivity, diet, stress, environment, infection, and degenerative processes) and proposes strategies to reduce risk.</p>	<p>Pp. 20-32, 46-53, 115-19, 121-26, 131-32, 134, 137, 147-48, 251, 257-63, 270-71, 276 There are 56 additional activities in the Teacher Resource Library that address this standard.</p>
22.	<p><b>Family Living: Self-Concept</b> Identifies factors that promote a positive self-image (e.g., accepting responsibility; respect for self, authority and others, and self-discipline, self-control and the right to be assertive).</p>	<p>Pp. 146, 148-49, 152-53, 162-67, 242, 251, 253, 258, 263 There are 25 additional activities in the Teacher Resource Library that address this standard.</p>
23.	<p><b>Disease Prevention: Refusal Skills</b> Identifies ways of resisting persuasive tactics regarding sexual involvement (e.g., saying “no,” negotiation and using refusal and decision-making skills).</p>	<p>Pp. 150-51, 251, 258-59, 263-67 There are 13 additional activities in the Teacher Resource Library that address this standard.</p>
24.	<p><b>Disease Prevention: Persuasion</b> Recognizes how sexual decisions are influenced by group pressures (e.g., community, media, and peer).</p>	<p>Pp. 251, 258 There are 2 additional activities in the Teacher Resource Library that address this standard.</p>
25.	<p><b>Disease Prevention: Dating</b> Identifies social, emotional, intellectual, and economic aspects of dating.</p>	<p>Pp. 240-52, 271 There are 15 additional activities in the Teacher Resource Library that address this standard.</p>

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Objective	Component Strand/Course Content Standard	Where Taught
26.	<b>Disease Prevention: Decision-Making</b> Recognizes that having children is best undertaken in marriage.	Pp. 251, 405-15 There are 23 additional activities in the Teacher Resource Library that address this standard.
27.	<b>Disease Prevention: Parental Responsibilities</b> Analyzes changes in the prospective parents' lifestyles and responsibilities before and after the birth of their baby.	Pp. 404-15 There are 23 additional activities in the Teacher Resource Library that address this standard.
28.	<b>Disease Prevention: Health Consumerism</b> Matches various health needs and problems with the associated local health service agencies, clinics, and other advisory services.	Pp. 9-10, 35-37, 52-53, 84, 101, 106, 110, 129-30, 140, 166, 236, 252, 333, 376, 400, 415 There are 45 additional activities in the Teacher Resource Library that address this standard.
29.	<b>Growth and Development: Human Reproduction</b> Understands how conception occurs and describes human fetal development from conception through birth.	
30.	<b>Growth and Development: Endocrine System</b> Analyzes and describes the relationship between the glands and hormones that control the secondary sex characteristics.	
31.	<b>Growth and Development: Heredity and Environment</b> Lists ways heredity and environment affect human growth and development.	Pp. 21, 25 There is 1 additional activity in the Teacher Resource Library that addresses this standard.

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Objective	Component Strand/Course Content Standard	Where Taught
32.	<b>Mental Health: Stress</b> Analyzes stress and its effects on all aspects of health and wellness.	Pp. 115, 137-41, 146-48, 152, 158-61 There are 18 additional activities in the Teacher Resource Library that address this standard.
33.	<b>Mental Health: Stress Management</b> Develops and practices effective coping skills for managing stress to prevent self-destructive behaviors (e.g., suicide).	Pp. 115, 137-41, 146-48, 158-61 There are 18 additional activities in the Teacher Resource Library that address this standard.
34.	<b>Mental Health: Conflict Resolution</b> Demonstrates effective communication skills and resistance skills (e.g., nature of conflict, feelings, active listening, effective communication skills, and empathy).	Pp. 78-79, 148, 150-51, 154, 242-48, 250-51, 255, 263, 341-58, 362-63, 367, 377, 413 There are 57 additional activities in the Teacher Resource Library that address this standard.
35.	<b>Mental Health: Decision Making</b> Demonstrates characteristics of a healthy decision-maker.	Pp. 146, 148, 150-51, 264-67 There are 10 additional activities in the Teacher Resource Library that address this standard.
36.	<b>Mental Health: Maturation</b> Explores the increased responsibility in the transition from adolescence to adulthood and proposes ways to make these changes easier.	Pp. 301-37, 340-77, 380-401, 404-15 There are 167 additional activities in the Teacher Resource Library that address this standard.

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Objective	Component Strand/Course Content Standard	Where Taught
37.	<b>Nutrition: Dietary Guidelines</b> Evaluates diet relative to personal needs, dietary guidelines, and energy balance (caloric intake vs. energy expenditure) and designs a plan for improvement	Pp. 22, 114-36, 424-27 There are 30 additional activities in the Teacher Resource Library that address this standard.
38.	<b>Nutrition: Weight Management</b> Analyzes a variety of weight management plans for sound nutritional practices and their lifelong effects on health.	Pp. 22, 115-26, 128, 424-25, 427 There are 17 additional activities in the Teacher Resource Library that address this standard.
39.	<b>Nutrition: Dietary Guidelines</b> Modifies personal diet relative to special needs (e.g., vegetarians, athletes, diabetics, food allergies, etc.).	Pp. 126-30, 424-25 There are 9 additional activities in the Teacher Resource Library that address this standard.
40.	<b>Nutrition: Misinformation</b> Analyzes the reliability of various sources of food and nutrition information (e.g., dietary supplements, diet aids, fad diets, food additives, and food labels).	Pp. 127-30, 424-25 There are 6 additional activities in the Teacher Resource Library that address this standard.
41.	<b>Nutrition: Marketing Strategies</b> Applies critical thinking skills to analyze marketing and advertising methods for influencing food choices.	

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<b>Objective</b>	<b>Component</b> <b>Strand/Course</b> Content Standard	<b>Where Taught</b>
42.	<b>Personal Health: Hygiene</b> Correlates hygiene and grooming habits with employment opportunities and building relationships.	Pp. 38-40, 327-28, 342 There are 8 additional activities in the Teacher Resource Library that address this standard.
43.	<b>Safety: First Aid/Cardiopulmonary Resuscitation</b> Demonstrates ability to properly respond to life-threatening cardiopulmonary emergencies.	P. 14 There are 2 additional activities in the Teacher Resource Library that address this standard.
44.	<b>Safety: Violence Prevention</b> Identifies threats to personal safety (e.g., incest, rape, date rape).	Pp. 93-94, 360-61 There are 4 additional activities in the Teacher Resource Library that address this standard.
45.	<b>Safety: Resources</b> Identifies local support system concerning personal safety (e.g., family, teacher, religious advisor, friend, and counselor).	Pp. 93-94, 360-61 There are 4 additional activities in the Teacher Resource Library that address this standard.



**Subject Area:** Health Education **State-Funded Course:** 17.01200 Mental/Social Health/Grades 9-12

**Textbook Title:** Life Skills Health

**Publisher:** AGS-AMERICAN GUIDANCE SERVICE

Objective	Component Strand/Course Content Standard	Where Taught
1.	<b>Alcohol, Tobacco &amp; Other Drugs: Social Consequences</b> Determines how adolescent use of alcohol and other drugs contributes to accidents, crime, and suicide.	Pp. 152, 269-71, 276-77, 280, 287-90, 310, 313, 316-17, 335, 353 There are 29 additional activities in the Teacher Resource Library that address this standard.
2.	<b>Alcohol, Tobacco &amp; Other Drugs: Risk/Prevention</b> Recalls the leading causes of teen morbidity and mortality and formulates methods of prevention of each.	Pp. 32, 60-64, 153-54, 270-71, 289-96, 316-18, 378-82, 444 There are 46 additional activities in the Teacher Resource Library that address this standard.
3.	<b>Alcohol, Tobacco &amp; Other Drugs: Intervention</b> Recognizes that alcohol, tobacco, and other drug dependencies are treatable diseases/conditions and identifies appropriate community resources.	Pp. 58-62, 154, 266-71, 284-97, 300-01 There are 48 additional activities in the Teacher Resource Library that address this standard.
4.	<b>Alcohol, Tobacco &amp; Other Drugs: Personal Consequences</b> Compares how alcohol, tobacco, and other drug use and nonuse impacts personal goals, educational opportunities, and occupational choices.	Pp. 266, 268-69, 272-78, 285-88 There are 23 additional activities in the Teacher Resource Library that address this standard.
5.	<b>Alcohol, Tobacco &amp; Other Drugs: Drug Interaction</b> Evaluates the drug interactions that occur with using medicines in combination and their potential lethal effects.	Pp. 259-65, 274-76 There are 16 additional activities in the Teacher Resource Library that address this standard.

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**Textbook Title:** Life Skills Health

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Objective	Component Strand/Course Content Standard	Where Taught
6.	<p><b>Disease Prevention: STDs</b> Lists early symptoms and long-term consequences of syphilis, gonorrhea, genital herpes, chlamydia, genital warts (HPV), HIV/AIDS and other sexually transmitted diseases.</p>	<p>Pp. 218-29 There are 20 additional activities in the Teacher Resource Library that address this standard.</p>
7.	<p><b>Disease Prevention: Early Detection and Treatment</b> Describes diagnostic tests and available treatments for gonorrhea and syphilis and identifies places a person can go to obtain testing treatment.</p>	<p>Pp. 224-29 There are 10 additional activities in the Teacher Resource Library that address this standard.</p>
8.	<p><b>Disease Prevention: Abstinence</b> Recognizes the importance of individually abstaining from premarital and extramarital sex and intravenous drug use to prevent the spread of HIV/AIDS and other sexually transmitted diseases.</p>	<p>Pp. 142, 223, 225-29, 273, 291 There are 20 additional activities in the Teacher Resource Library that address this standard.</p>
9.	<p><b>Disease Prevention: Pregnancy and Sexually Transmitted Disease Prevention</b> Identifies methods of preventing pregnancy and sexually transmitted diseases and whether or not they are effective. Abstinence is the only sure way to prevent pregnancy and sexually transmitted diseases. (Note: Does not require demonstration of contraceptive devices).</p>	<p>Pp. 142, 223, 225-29, 273, 291 There are 20 additional activities in the Teacher Resource Library that address this standard.</p>

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**Textbook Title:** Life Skills Health

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Objective	Component Strand/Course Content Standard	Where Taught
10.	<b>Disease Prevention: HIV/AIDS</b> Recognizes that Sexually Transmitted Diseases, including HIV/AIDS, are communicable diseases and that abstinence is the sure method of prevention.	Pp. 142, 206-07, 219-29, 273, 291 There are 30 additional activities in the Teacher Resource Library that address this standard.
11.	<b>Disease Prevention: Abstinence</b> Recognizes that abstaining from sexual activity and refraining from intravenous drug use are the most effective methods of preventing HIV/AIDS.	Pp. 142, 223, 225-29, 291, 373 There are 20 additional activities in the Teacher Resource Library that address this standard.
12.	<b>Disease Prevention: HIV/AIDS</b> Recognizes that HIV/AIDS is caused by a virus and is currently incurable and fatal.	Pp. 208, 218-23, 227, 242, 382 There are 20 additional activities in the Teacher Resource Library that address this standard.
13.	<b>Disease Prevention: AIDS</b> Identifies the history of prevalence of HIV/AIDS in the United States.	Pp. 219-20, 398, 402 There are 8 additional activities in the Teacher Resource Library that address this standard.
14.	<b>Disease Prevention: Sexually Transmitted Diseases</b> Demonstrates an awareness of current statistics related to Sexually Transmitted Diseases, including HIV/AIDS.	Pp. 219-20, 223-27 There are 13 additional activities in the Teacher Resource Library that address this standard.

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**Textbook Title:** Life Skills Health

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Objective	Component Strand/Course Content Standard	Where Taught
15.	<b>Disease Prevention: HIV/AIDS</b> Recognizes known ways HIV/AIDS is transmitted and identifies behaviors that increase the risk of contracting HIV/AIDS.	Pp. 218-23, 273, 276 There are 14 additional activities in the Teacher Resource Library that address this standard.
16.	Describes clinical course of HIV/AIDS.	Pp. 218-23, 227, 242, 382 There are 20 additional activities in the Teacher Resource Library that address this standard.
17.	<b>Disease Prevention: Abstinence</b> Recognizes that returning to abstinence is a positive alternative to previous sexual behavior.	Pp. 142, 223, 225-29, 291, 373 There are 17 additional activities in the Teacher Resource Library that address this standard.
18.	<b>Disease Prevention: Decision-Making</b> Recognizes that an uninfected, mutually faithful sexual relationship within marriage does not put a person at risk for AIDS through sexual activity.	Pp. 142, 227 There are 5 additional activities in the Teacher Resource Library that address this standard.
19.	<b>Disease Prevention: Goal-Setting</b> Identifies the benefits of setting personal goals for maintaining a healthy body.	Pp. 35, 37, 40-41, 53, 60, 164 There are 13 additional activities in the Teacher Resource Library that address this standard.
20.	<b>Disease Prevention: Cancer</b> Analyzes the causes, treatments, and prevention methods for cancers affecting body tissues or organs.	Pp. 169, 182, 195, 206, 222, 239-43, 266-67, 269, 278, 397, 413, 415, 444-45 There are 33 additional activities in the Teacher Resource Library that address this standard.

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**Textbook Title:** Life Skills Health

**Publisher:** AGS-AMERICAN GUIDANCE SERVICE

Objective	Component Strand/Course Content Standard	Where Taught
21.	<p><b>Disease Prevention: Risk Factors</b> Evaluates how one’s genetics and health choices contribute to disease (heredity, inactivity, diet, stress, environment, infection, and degenerative processes) and proposes strategies to reduce risk.</p>	<p>Pp. 20-21, 23, 85, 101, 106-12, 132, 134-35, 142, 169, 173, 182, 206, 208, 210, 223, 225-29, 261, 275, 289, 291, 296, 373, 397-98, 403, 410-30 There are 104 additional activities in the Teacher Resource Library that address this standard.</p>
22.	<p><b>Family Living: Self-Concept</b> Identifies factors that promote a positive self-image (e.g., accepting responsibility; respect for self, authority and others, and self-discipline, self-control and the right to be assertive).</p>	<p>Pp. 12, 15-16, 20-21, 23-24, 29-30, 32-35, 37-38, 40-41, 43-45, 55-56, 152, 227, 276, 294-96, 348-51, 357-60 There are 76 additional activities in the Teacher Resource Library that address this standard.</p>
23.	<p><b>Disease Prevention: Refusal Skills</b> Identifies ways of resisting persuasive tactics regarding sexual involvement (e.g., saying “no,” negotiation and using refusal and decision-making skills).</p>	<p>Pp. 40-42, 223, 227-28, 276, 291, 294 There are 20 additional activities in the Teacher Resource Library that address this standard.</p>
24.	<p><b>Disease Prevention: Persuasion</b> Recognizes how sexual decisions are influenced by group pressures (e.g., community, media, and peer).</p>	<p>Pp. 40-41, 118, 266, 268, 294, 352-53, 355-56 There are 16 additional activities in the Teacher Resource Library that address this standard.</p>
25.	<p><b>Disease Prevention: Dating</b> Identifies social, emotional, intellectual, and economic aspects of dating.</p>	<p>Pp. 14, 32, 40-43, 46-47, 140-42, 355-56 There are 23 additional activities in the Teacher Resource Library that address this standard.</p>

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**Textbook Title:** Life Skills Health

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Objective	Component Strand/Course Content Standard	Where Taught
26.	<b>Disease Prevention: Decision-Making</b> Recognizes that having children is best undertaken in marriage.	Pp. 142-44, 146-49 There are 15 additional activities in the Teacher Resource Library that address this standard.
27.	<b>Disease Prevention: Parental Responsibilities</b> Analyzes changes in the prospective parents' lifestyles and responsibilities before and after the birth of their baby.	Pp. 142-49, 152-55 There are 23 additional activities in the Teacher Resource Library that address this standard.
28.	<b>Disease Prevention: Health Consumerism</b> Matches various health needs and problems with the associated local health service agencies, clinics, and other advisory services.	Pp. 193, 292, 312, 314-15, 330, 385-87, 400-02, 426 There are 22 additional activities in the Teacher Resource Library that address this standard.
29.	<b>Growth and Development: Human Reproduction</b> Understands how conception occurs and describes human fetal development from conception through birth.	Pp. 122-31 There are 18 additional activities in the Teacher Resource Library that address this standard.
30.	<b>Growth and Development: Endocrine System</b> Analyzes and describes the relationship between the glands and hormones that control the secondary sex characteristics.	Pp. 83-84, 120-24, 126, 131, 172 There are 21 additional activities in the Teacher Resource Library that address this standard.
31.	<b>Growth and Development: Heredity and Environment</b> Lists ways heredity and environment affect human growth and development.	Pp. 86, 101, 132-37, 233-34, 237, 242, 245, 271, 285, 397-98, 409-12, 421-25 There are 34 additional activities in the Teacher Resource Library that address this standard.

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Objective	Component Strand/Course Content Standard	Where Taught
32.	<b>Mental Health: Stress</b> Analyzes stress and its effects on all aspects of health and wellness.	Pp. 17-25, 31-32, 37-38, 79, 84, 107, 164, 189-90, 233, 238, 275, 289, 296 There are 41 additional activities in the Teacher Resource Library that address this standard.
33.	<b>Mental Health: Stress Management</b> Develops and practices effective coping skills for managing stress to prevent self-destructive behaviors (e.g., suicide).	Pp. 20-24, 31-32, 38, 84, 107, 164 There are 19 additional activities in the Teacher Resource Library that address this standard.
34.	<b>Mental Health: Conflict Resolution</b> Demonstrates effective communication skills and resistance skills (e.g., nature of conflict, feelings, active listening, effective communication skills, and empathy).	Pp. 32, 34-35, 40-43, 56, 142-43, 145, 149, 152, 154, 227, 276, 294, 347-62, 396, 403 There are 67 additional activities in the Teacher Resource Library that address this standard.
35.	<b>Mental Health: Decision Making</b> Demonstrates characteristics of a healthy decision-maker.	Pp. 23, 34-43, 55, 227, 266, 268, 276, 294, 306-24 There are 52 additional activities in the Teacher Resource Library that address this standard.
36	<b>Mental Health: Maturation</b> Explores the increased responsibility in the transition from adolescence to adulthood and proposes ways to make these changes easier.	Pp. 28-49, 116-21, 140-42, 154 There are 58 additional activities in the Teacher Resource Library that address this standard.

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Objective	Component Strand/Course Content Standard	Where Taught
37.	<b>Nutrition: Dietary Guidelines</b> Evaluates diet relative to personal needs, dietary guidelines, and energy balance (caloric intake vs. energy expenditure) and designs a plan for improvement	Pp. 160-97 There are 55 additional activities in the Teacher Resource Library that address this standard.
38.	<b>Nutrition: Weight Management</b> Analyzes a variety of weight management plans for sound nutritional practices and their lifelong effects on health.	Pp. 107, 164, 167, 173, 180, 378 There are 8 additional activities in the Teacher Resource Library that address this standard.
39.	<b>Nutrition: Dietary Guidelines</b> Modifies personal diet relative to special needs (e.g., vegetarians, athletes, diabetics, food allergies, etc.).	Pp. 179-82, 245, 246, 249 There are 10 additional activities in the Teacher Resource Library that address this standard.
40.	<b>Nutrition: Misinformation</b> Analyzes the reliability of various sources of food and nutrition information (e.g., dietary supplements, diet aids, fad diets, food additives, and food labels).	Pp. 193-97 There are 10 additional activities in the Teacher Resource Library that address this standard.
41.	<b>Nutrition: Marketing Strategies</b> Applies critical thinking skills to analyze marketing and advertising methods for influencing food choices.	Pp. 190-92, 200-01 There are 8 additional activities in the Teacher Resource Library that address this standard.



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<b>Objective</b>	<b>Component</b> <b>Strand/Course</b> Content Standard	<b>Where Taught</b>
42.	<b>Personal Health: Hygiene</b> Correlates hygiene and grooming habits with employment opportunities and building relationships.	Pp. 98-105, 113 There are 11 additional activities in the Teacher Resource Library that address this standard.
43.	<b>Safety: First Aid/Cardiopulmonary Resuscitation</b> Demonstrates ability to properly respond to life-threatening cardiopulmonary emergencies.	Pp. 335-38 There are 8 additional activities in the Teacher Resource Library that address this standard.
44.	<b>Safety: Violence Prevention</b> Identifies threats to personal safety (e.g., incest, rape, date rape).	Pp. 13, 152, 349-62, 403 There are 29 additional activities in the Teacher Resource Library that address this standard.
45.	<b>Safety: Resources</b> Identifies local support system concerning personal safety (e.g., family, teacher, religious advisor, friend, and counselor).	Pp. 360-62 There are 5 additional activities in the Teacher Resource Library that address this standard.

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Objective	Component Strand/Course Content Standard	Where Taught
1.	<b>Alcohol, Tobacco &amp; Other Drugs: Social Consequences</b> Determines how adolescent use of alcohol and other drugs contributes to accidents, crime, and suicide.	Pp. 47-53, 103, 156, 158-59 There are 11 additional activities in the Teacher Resource Library that address this standard.
2.	<b>Alcohol, Tobacco &amp; Other Drugs: Risk/Prevention</b> Recalls the leading causes of teen morbidity and mortality and formulates methods of prevention of each.	Pp. 52, 100-03, 156-61, 256-63 There are 30 additional activities in the Teacher Resource Library that address this standard.
3.	<b>Alcohol, Tobacco &amp; Other Drugs: Intervention</b> Recognizes that alcohol, tobacco, and other drug dependencies are treatable diseases/conditions and identifies appropriate community resources.	Pp. 46-53 There are 5 additional activities in the Teacher Resource Library that address this standard.
4.	<b>Alcohol, Tobacco &amp; Other Drugs: Personal Consequences</b> Compares how alcohol, tobacco, and other drug use and nonuse impacts personal goals, educational opportunities, and occupational choices.	Pp. 47-53, 103, 156, 158-59 There are 11 additional activities in the Teacher Resource Library that address this standard.
5.	<b>Alcohol, Tobacco &amp; Other Drugs: Drug Interaction</b> Evaluates the drug interactions that occur with using medicines in combination and their potential lethal effects.	Pp. 41-45 There are 7 additional activities in the Teacher Resource Library that address this standard.

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Objective	Component Strand/Course Content Standard	Where Taught
6.	<p><b>Disease Prevention: STDs</b> Lists early symptoms and long-term consequences of syphilis, gonorrhea, genital herpes, chlamydia, genital warts (HPV), HIV/AIDS and other sexually transmitted diseases.</p>	<p>Pp. 256-64 There are 14 additional activities in the Teacher Resource Library that address this standard.</p>
7.	<p><b>Disease Prevention: Early Detection and Treatment</b> Describes diagnostic tests and available treatments for gonorrhea and syphilis and identifies places a person can go to obtain testing treatment.</p>	<p>Pp. 260-62 There are 2 additional activities in the Teacher Resource Library that address this standard.</p>
8.	<p><b>Disease Prevention: Abstinence</b> Recognizes the importance of individually abstaining from premarital and extramarital sex and intravenous drug use to prevent the spread of HIV/AIDS and other sexually transmitted diseases.</p>	<p>Pp. 251, 258-59, 263, 271 There are 6 additional activities in the Teacher Resource Library that address this standard.</p>
9.	<p><b>Disease Prevention: Pregnancy and Sexually Transmitted Disease Prevention</b> Identifies methods of preventing pregnancy and sexually transmitted diseases and whether or not they are effective. Abstinence is the only sure way to prevent pregnancy and sexually transmitted diseases. (Note: Does not require demonstration of contraceptive devices).</p>	<p>Pp. 251, 263, 271 There are 3 additional activities in the Teacher Resource Library that address this standard.</p>

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Objective	Component Strand/Course Content Standard	Where Taught
10.	<b>Disease Prevention: HIV/AIDS</b> Recognizes that Sexually Transmitted Diseases, including HIV/AIDS, are communicable diseases and that abstinence is the sure method of prevention.	Pp. 251, 257-63, 271 There are 10 additional activities in the Teacher Resource Library that address this standard.
11.	<b>Disease Prevention: Abstinence</b> Recognizes that abstaining from sexual activity and refraining from intravenous drug use are the most effective methods of preventing HIV/AIDS.	Pp. 251, 258-59, 263 There are 6 additional activities in the Teacher Resource Library that address this standard.
12.	<b>Disease Prevention: HIV/AIDS</b> Recognizes that HIV/AIDS is caused by a virus and is currently incurable and fatal.	Pp. 257-60, 262-63 There are 8 additional activities in the Teacher Resource Library that address this standard.
13.	<b>Disease Prevention: AIDS</b> Identifies the history of prevalence of HIV/AIDS in the United States.	Pp. 257-58 There are 4 additional activities in the Teacher Resource Library that address this standard.
14.	<b>Disease Prevention: Sexually Transmitted Diseases</b> Demonstrates an awareness of current statistics related to Sexually Transmitted Diseases, including HIV/AIDS.	Pp. 257-58, 260-63 There are 9 additional activities in the Teacher Resource Library that address this standard.

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Objective	Component Strand/Course Content Standard	Where Taught
15.	<b>Disease Prevention: HIV/AIDS</b> Recognizes known ways HIV/AIDS is transmitted and identifies behaviors that increase the risk of contracting HIV/AIDS.	Pp. 10, 256-60, 262-63, 270-71 There are 14 additional activities in the Teacher Resource Library that address this standard.
16.	Describes clinical course of HIV/AIDS.	Pp. 259-60, 263 There are 4 additional activities in the Teacher Resource Library that address this standard.
17.	<b>Disease Prevention: Abstinence</b> Recognizes that returning to abstinence is a positive alternative to previous sexual behavior.	Pp. 251, 258, 263 There are 5 additional activities in the Teacher Resource Library that address this standard.
18.	<b>Disease Prevention: Decision-Making</b> Recognizes that an uninfected, mutually faithful sexual relationship within marriage does not put a person at risk for AIDS through sexual activity.	Pp. 258, 263 There are 5 additional activities in the Teacher Resource Library that address this standard.
19.	<b>Disease Prevention: Goal-Setting</b> Identifies the benefits of setting personal goals for maintaining a healthy body.	Pp. 131-36, 150-52, 155-56, 281-82 There are 16 additional activities in the Teacher Resource Library that address this standard.
20.	<b>Disease Prevention: Cancer</b> Analyzes the causes, treatments, and prevention methods for cancers affecting body tissues or organs.	Pp. 22-25, 27, 52, 121, 259-60, 422-23 There are 10 additional activities in the Teacher Resource Library that address this standard.

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Objective	Component Strand/Course Content Standard	Where Taught
21.	<p><b>Disease Prevention: Risk Factors</b> Evaluates how one’s genetics and health choices contribute to disease (heredity, inactivity, diet, stress, environment, infection, and degenerative processes) and proposes strategies to reduce risk.</p>	<p>Pp. 20-32, 46-53, 115-19, 121-26, 131-32, 134, 137, 147-48, 251, 257-63, 270-71, 276 There are 56 additional activities in the Teacher Resource Library that address this standard.</p>
22.	<p><b>Family Living: Self-Concept</b> Identifies factors that promote a positive self-image (e.g., accepting responsibility; respect for self, authority and others, and self-discipline, self-control and the right to be assertive).</p>	<p>Pp. 146, 148-49, 152-53, 162-67, 242, 251, 253, 258, 263 There are 25 additional activities in the Teacher Resource Library that address this standard.</p>
23.	<p><b>Disease Prevention: Refusal Skills</b> Identifies ways of resisting persuasive tactics regarding sexual involvement (e.g., saying “no,” negotiation and using refusal and decision-making skills).</p>	<p>Pp. 150-51, 251, 258-59, 263-67 There are 13 additional activities in the Teacher Resource Library that address this standard.</p>
24.	<p><b>Disease Prevention: Persuasion</b> Recognizes how sexual decisions are influenced by group pressures (e.g., community, media, and peer).</p>	<p>Pp. 251, 258 There are 2 additional activities in the Teacher Resource Library that address this standard.</p>
25.	<p><b>Disease Prevention: Dating</b> Identifies social, emotional, intellectual, and economic aspects of dating.</p>	<p>Pp. 240-52, 271 There are 15 additional activities in the Teacher Resource Library that address this standard.</p>

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Objective	Component Strand/Course Content Standard	Where Taught
26.	<b>Disease Prevention: Decision-Making</b> Recognizes that having children is best undertaken in marriage.	Pp. 251, 405-15 There are 23 additional activities in the Teacher Resource Library that address this standard.
27.	<b>Disease Prevention: Parental Responsibilities</b> Analyzes changes in the prospective parents' lifestyles and responsibilities before and after the birth of their baby.	Pp. 404-15 There are 23 additional activities in the Teacher Resource Library that address this standard.
28.	<b>Disease Prevention: Health Consumerism</b> Matches various health needs and problems with the associated local health service agencies, clinics, and other advisory services.	Pp. 9-10, 35-37, 52-53, 84, 101, 106, 110, 129-30, 140, 166, 236, 252, 333, 376, 400, 415 There are 45 additional activities in the Teacher Resource Library that address this standard.
29.	<b>Growth and Development: Human Reproduction</b> Understands how conception occurs and describes human fetal development from conception through birth.	
30.	<b>Growth and Development: Endocrine System</b> Analyzes and describes the relationship between the glands and hormones that control the secondary sex characteristics.	
31.	<b>Growth and Development: Heredity and Environment</b> Lists ways heredity and environment affect human growth and development.	Pp. 21, 25 There is 1 additional activity in the Teacher Resource Library that addresses this standard.

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Objective	Component Strand/Course Content Standard	Where Taught
32.	<b>Mental Health: Stress</b> Analyzes stress and its effects on all aspects of health and wellness.	Pp. 115, 137-41, 146-48, 152, 158-61 There are 18 additional activities in the Teacher Resource Library that address this standard.
33.	<b>Mental Health: Stress Management</b> Develops and practices effective coping skills for managing stress to prevent self-destructive behaviors (e.g., suicide).	Pp. 115, 137-41, 146-48, 158-61 There are 18 additional activities in the Teacher Resource Library that address this standard.
34.	<b>Mental Health: Conflict Resolution</b> Demonstrates effective communication skills and resistance skills (e.g., nature of conflict, feelings, active listening, effective communication skills, and empathy).	Pp. 78-79, 148, 150-51, 154, 242-48, 250-51, 255, 263, 341-58, 362-63, 367, 377, 413 There are 57 additional activities in the Teacher Resource Library that address this standard.
35.	<b>Mental Health: Decision Making</b> Demonstrates characteristics of a healthy decision-maker.	Pp. 146, 148, 150-51, 264-67 There are 10 additional activities in the Teacher Resource Library that address this standard.
36.	<b>Mental Health: Maturation</b> Explores the increased responsibility in the transition from adolescence to adulthood and proposes ways to make these changes easier.	Pp. 301-37, 340-77, 380-401, 404-15 There are 167 additional activities in the Teacher Resource Library that address this standard.



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Objective	Component Strand/Course Content Standard	Where Taught
37.	<b>Nutrition: Dietary Guidelines</b> Evaluates diet relative to personal needs, dietary guidelines, and energy balance (caloric intake vs. energy expenditure) and designs a plan for improvement	Pp. 22, 114-36, 424-27 There are 30 additional activities in the Teacher Resource Library that address this standard.
38.	<b>Nutrition: Weight Management</b> Analyzes a variety of weight management plans for sound nutritional practices and their lifelong effects on health.	Pp. 22, 115-26, 128, 424-25, 427 There are 17 additional activities in the Teacher Resource Library that address this standard.
39.	<b>Nutrition: Dietary Guidelines</b> Modifies personal diet relative to special needs (e.g., vegetarians, athletes, diabetics, food allergies, etc.).	Pp. 126-30, 424-25 There are 9 additional activities in the Teacher Resource Library that address this standard.
40.	<b>Nutrition: Misinformation</b> Analyzes the reliability of various sources of food and nutrition information (e.g., dietary supplements, diet aids, fad diets, food additives, and food labels).	Pp. 127-30, 424-25 There are 6 additional activities in the Teacher Resource Library that address this standard.
41.	<b>Nutrition: Marketing Strategies</b> Applies critical thinking skills to analyze marketing and advertising methods for influencing food choices.	

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<b>Objective</b>	<b>Component</b> <b>Strand/Course</b> Content Standard	<b>Where Taught</b>
42.	<b>Personal Health: Hygiene</b> Correlates hygiene and grooming habits with employment opportunities and building relationships.	Pp. 38-40, 327-28, 342 There are 8 additional activities in the Teacher Resource Library that address this standard.
43.	<b>Safety: First Aid/Cardiopulmonary Resuscitation</b> Demonstrates ability to properly respond to life-threatening cardiopulmonary emergencies.	P. 14 There are 2 additional activities in the Teacher Resource Library that address this standard.
44.	<b>Safety: Violence Prevention</b> Identifies threats to personal safety (e.g., incest, rape, date rape).	Pp. 93-94, 360-61 There are 4 additional activities in the Teacher Resource Library that address this standard.
45.	<b>Safety: Resources</b> Identifies local support system concerning personal safety (e.g., family, teacher, religious advisor, friend, and counselor).	Pp. 93-94, 360-61 There are 4 additional activities in the Teacher Resource Library that address this standard.

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Objective	Component Strand/Course Content Standard	Where Taught
1.	<p><b>Alcohol, Tobacco &amp; Other Drugs: Social Consequences</b> Determines how adolescent use of alcohol and other drugs contributes to accidents, crime, and suicide.</p>	<p>Pp. 152, 269-71, 276-77, 280, 287-90, 310, 313, 316-17, 335, 353 There are 29 additional activities in the Teacher Resource Library that address this standard.</p>
2.	<p><b>Alcohol, Tobacco &amp; Other Drugs: Risk/Prevention</b> Recalls the leading causes of teen morbidity and mortality and formulates methods of prevention of each.</p>	<p>Pp. 32, 60-64, 153-54, 270-71, 289-96, 316-18, 378-82, 444 There are 46 additional activities in the Teacher Resource Library that address this standard.</p>
3.	<p><b>Alcohol, Tobacco &amp; Other Drugs: Intervention</b> Recognizes that alcohol, tobacco, and other drug dependencies are treatable diseases/conditions and identifies appropriate community resources.</p>	<p>Pp. 58-62, 154, 266-71, 284-97, 300-01 There are 48 additional activities in the Teacher Resource Library that address this standard.</p>
4.	<p><b>Alcohol, Tobacco &amp; Other Drugs: Personal Consequences</b> Compares how alcohol, tobacco, and other drug use and nonuse impacts personal goals, educational opportunities, and occupational choices.</p>	<p>Pp. 266, 268-69, 272-78, 285-88 There are 23 additional activities in the Teacher Resource Library that address this standard.</p>
5.	<p><b>Alcohol, Tobacco &amp; Other Drugs: Drug Interaction</b> Evaluates the drug interactions that occur with using medicines in combination and their potential lethal effects.</p>	<p>Pp. 259-65, 274-76 There are 16 additional activities in the Teacher Resource Library that address this standard.</p>

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Objective	Component Strand/Course Content Standard	Where Taught
6.	<p><b>Disease Prevention: STDs</b> Lists early symptoms and long-term consequences of syphilis, gonorrhea, genital herpes, chlamydia, genital warts (HPV), HIV/AIDS and other sexually transmitted diseases.</p>	<p>Pp. 218-29 There are 20 additional activities in the Teacher Resource Library that address this standard.</p>
7.	<p><b>Disease Prevention: Early Detection and Treatment</b> Describes diagnostic tests and available treatments for gonorrhea and syphilis and identifies places a person can go to obtain testing treatment.</p>	<p>Pp. 224-29 There are 10 additional activities in the Teacher Resource Library that address this standard.</p>
8.	<p><b>Disease Prevention: Abstinence</b> Recognizes the importance of individually abstaining from premarital and extramarital sex and intravenous drug use to prevent the spread of HIV/AIDS and other sexually transmitted diseases.</p>	<p>Pp. 142, 223, 225-29, 273, 291 There are 20 additional activities in the Teacher Resource Library that address this standard.</p>
9.	<p><b>Disease Prevention: Pregnancy and Sexually Transmitted Disease Prevention</b> Identifies methods of preventing pregnancy and sexually transmitted diseases and whether or not they are effective. Abstinence is the only sure way to prevent pregnancy and sexually transmitted diseases. (Note: Does not require demonstration of contraceptive devices).</p>	<p>Pp. 142, 223, 225-29, 273, 291 There are 20 additional activities in the Teacher Resource Library that address this standard.</p>

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Objective	Component Strand/Course Content Standard	Where Taught
10.	<b>Disease Prevention: HIV/AIDS</b> Recognizes that Sexually Transmitted Diseases, including HIV/AIDS, are communicable diseases and that abstinence is the sure method of prevention.	Pp. 142, 206-07, 219-29, 273, 291 There are 30 additional activities in the Teacher Resource Library that address this standard.
11.	<b>Disease Prevention: Abstinence</b> Recognizes that abstaining from sexual activity and refraining from intravenous drug use are the most effective methods of preventing HIV/AIDS.	Pp. 142, 223, 225-29, 291, 373 There are 20 additional activities in the Teacher Resource Library that address this standard.
12.	<b>Disease Prevention: HIV/AIDS</b> Recognizes that HIV/AIDS is caused by a virus and is currently incurable and fatal.	Pp. 208, 218-23, 227, 242, 382 There are 20 additional activities in the Teacher Resource Library that address this standard.
13.	<b>Disease Prevention: AIDS</b> Identifies the history of prevalence of HIV/AIDS in the United States.	Pp. 219-20, 398, 402 There are 8 additional activities in the Teacher Resource Library that address this standard.
14.	<b>Disease Prevention: Sexually Transmitted Diseases</b> Demonstrates an awareness of current statistics related to Sexually Transmitted Diseases, including HIV/AIDS.	Pp. 219-20, 223-27 There are 13 additional activities in the Teacher Resource Library that address this standard.

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Objective	Component Strand/Course Content Standard	Where Taught
15.	<b>Disease Prevention: HIV/AIDS</b> Recognizes known ways HIV/AIDS is transmitted and identifies behaviors that increase the risk of contracting HIV/AIDS.	Pp. 218-23, 273, 276 There are 14 additional activities in the Teacher Resource Library that address this standard.
16.	Describes clinical course of HIV/AIDS.	Pp. 218-23, 227, 242, 382 There are 20 additional activities in the Teacher Resource Library that address this standard.
17.	<b>Disease Prevention: Abstinence</b> Recognizes that returning to abstinence is a positive alternative to previous sexual behavior.	Pp. 142, 223, 225-29, 291, 373 There are 17 additional activities in the Teacher Resource Library that address this standard.
18.	<b>Disease Prevention: Decision-Making</b> Recognizes that an uninfected, mutually faithful sexual relationship within marriage does not put a person at risk for AIDS through sexual activity.	Pp. 142, 227 There are 5 additional activities in the Teacher Resource Library that address this standard.
19.	<b>Disease Prevention: Goal-Setting</b> Identifies the benefits of setting personal goals for maintaining a healthy body.	Pp. 35, 37, 40-41, 53, 60, 164 There are 13 additional activities in the Teacher Resource Library that address this standard.
20.	<b>Disease Prevention: Cancer</b> Analyzes the causes, treatments, and prevention methods for cancers affecting body tissues or organs.	Pp. 169, 182, 195, 206, 222, 239-43, 266-67, 269, 278, 397, 413, 415, 444-45 There are 33 additional activities in the Teacher Resource Library that address this standard.

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Objective	Component Strand/Course Content Standard	Where Taught
21.	<p><b>Disease Prevention: Risk Factors</b> Evaluates how one’s genetics and health choices contribute to disease (heredity, inactivity, diet, stress, environment, infection, and degenerative processes) and proposes strategies to reduce risk.</p>	<p>Pp. 20-21, 23, 85, 101, 106-12, 132, 134-35, 142, 169, 173, 182, 206, 208, 210, 223, 225-29, 261, 275, 289, 291, 296, 373, 397-98, 403, 410-30 There are 104 additional activities in the Teacher Resource Library that address this standard.</p>
22.	<p><b>Family Living: Self-Concept</b> Identifies factors that promote a positive self-image (e.g., accepting responsibility; respect for self, authority and others, and self-discipline, self-control and the right to be assertive).</p>	<p>Pp. 12, 15-16, 20-21, 23-24, 29-30, 32-35, 37-38, 40-41, 43-45, 55-56, 152, 227, 276, 294-96, 348-51, 357-60 There are 76 additional activities in the Teacher Resource Library that address this standard.</p>
23.	<p><b>Disease Prevention: Refusal Skills</b> Identifies ways of resisting persuasive tactics regarding sexual involvement (e.g., saying “no,” negotiation and using refusal and decision-making skills).</p>	<p>Pp. 40-42, 223, 227-28, 276, 291, 294 There are 20 additional activities in the Teacher Resource Library that address this standard.</p>
24.	<p><b>Disease Prevention: Persuasion</b> Recognizes how sexual decisions are influenced by group pressures (e.g., community, media, and peer).</p>	<p>Pp. 40-41, 118, 266, 268, 294, 352-53, 355-56 There are 16 additional activities in the Teacher Resource Library that address this standard.</p>
25.	<p><b>Disease Prevention: Dating</b> Identifies social, emotional, intellectual, and economic aspects of dating.</p>	<p>Pp. 14, 32, 40-43, 46-47, 140-42, 355-56 There are 23 additional activities in the Teacher Resource Library that address this standard.</p>

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Objective	Component Strand/Course Content Standard	Where Taught
26.	<b>Disease Prevention: Decision-Making</b> Recognizes that having children is best undertaken in marriage.	Pp. 142-44, 146-49 There are 15 additional activities in the Teacher Resource Library that address this standard.
27.	<b>Disease Prevention: Parental Responsibilities</b> Analyzes changes in the prospective parents' lifestyles and responsibilities before and after the birth of their baby.	Pp. 142-49, 152-55 There are 23 additional activities in the Teacher Resource Library that address this standard.
28.	<b>Disease Prevention: Health Consumerism</b> Matches various health needs and problems with the associated local health service agencies, clinics, and other advisory services.	Pp. 193, 292, 312, 314-15, 330, 385-87, 400-02, 426 There are 22 additional activities in the Teacher Resource Library that address this standard.
29.	<b>Growth and Development: Human Reproduction</b> Understands how conception occurs and describes human fetal development from conception through birth.	Pp. 122-31 There are 18 additional activities in the Teacher Resource Library that address this standard.
30.	<b>Growth and Development: Endocrine System</b> Analyzes and describes the relationship between the glands and hormones that control the secondary sex characteristics.	Pp. 83-84, 120-24, 126, 131, 172 There are 21 additional activities in the Teacher Resource Library that address this standard.
31.	<b>Growth and Development: Heredity and Environment</b> Lists ways heredity and environment affect human growth and development.	Pp. 86, 101, 132-37, 233-34, 237, 242, 245, 271, 285, 397-98, 409-12, 421-25 There are 34 additional activities in the Teacher Resource Library that address this standard.



**Subject Area:** Health Education **State-Funded Course:** 17.01300 First Aid and Safety/Grades 9-12

**Textbook Title:** Life Skills Health

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Objective	Component Strand/Course Content Standard	Where Taught
32.	<b>Mental Health: Stress</b> Analyzes stress and its effects on all aspects of health and wellness.	Pp. 17-25, 31-32, 37-38, 79, 84, 107, 164, 189-90, 233, 238, 275, 289, 296 There are 41 additional activities in the Teacher Resource Library that address this standard.
33.	<b>Mental Health: Stress Management</b> Develops and practices effective coping skills for managing stress to prevent self-destructive behaviors (e.g., suicide).	Pp. 20-24, 31-32, 38, 84, 107, 164 There are 19 additional activities in the Teacher Resource Library that address this standard.
34.	<b>Mental Health: Conflict Resolution</b> Demonstrates effective communication skills and resistance skills (e.g., nature of conflict, feelings, active listening, effective communication skills, and empathy).	Pp. 32, 34-35, 40-43, 56, 142-43, 145, 149, 152, 154, 227, 276, 294, 347-62, 396, 403 There are 67 additional activities in the Teacher Resource Library that address this standard.
35.	<b>Mental Health: Decision Making</b> Demonstrates characteristics of a healthy decision-maker.	Pp. 23, 34-43, 55, 227, 266, 268, 276, 294, 306-24 There are 52 additional activities in the Teacher Resource Library that address this standard.
36	<b>Mental Health: Maturation</b> Explores the increased responsibility in the transition from adolescence to adulthood and proposes ways to make these changes easier.	Pp. 28-49, 116-21, 140-42, 154 There are 58 additional activities in the Teacher Resource Library that address this standard.

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Objective	Component Strand/Course Content Standard	Where Taught
37.	<b>Nutrition: Dietary Guidelines</b> Evaluates diet relative to personal needs, dietary guidelines, and energy balance (caloric intake vs. energy expenditure) and designs a plan for improvement	Pp. 160-97 There are 55 additional activities in the Teacher Resource Library that address this standard.
38.	<b>Nutrition: Weight Management</b> Analyzes a variety of weight management plans for sound nutritional practices and their lifelong effects on health.	Pp. 107, 164, 167, 173, 180, 378 There are 8 additional activities in the Teacher Resource Library that address this standard.
39.	<b>Nutrition: Dietary Guidelines</b> Modifies personal diet relative to special needs (e.g., vegetarians, athletes, diabetics, food allergies, etc.).	Pp. 179-82, 245, 246, 249 There are 10 additional activities in the Teacher Resource Library that address this standard.
40.	<b>Nutrition: Misinformation</b> Analyzes the reliability of various sources of food and nutrition information (e.g., dietary supplements, diet aids, fad diets, food additives, and food labels).	Pp. 193-97 There are 10 additional activities in the Teacher Resource Library that address this standard.
41.	<b>Nutrition: Marketing Strategies</b> Applies critical thinking skills to analyze marketing and advertising methods for influencing food choices.	Pp. 190-92, 200-01 There are 8 additional activities in the Teacher Resource Library that address this standard.

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<b>Objective</b>	<b>Component</b> <b>Strand/Course</b> Content Standard	<b>Where Taught</b>
42.	<b>Personal Health: Hygiene</b> Correlates hygiene and grooming habits with employment opportunities and building relationships.	Pp. 98-105, 113 There are 11 additional activities in the Teacher Resource Library that address this standard.
43.	<b>Safety: First Aid/Cardiopulmonary Resuscitation</b> Demonstrates ability to properly respond to life-threatening cardiopulmonary emergencies.	Pp. 335-38 There are 8 additional activities in the Teacher Resource Library that address this standard.
44.	<b>Safety: Violence Prevention</b> Identifies threats to personal safety (e.g., incest, rape, date rape).	Pp. 13, 152, 349-62, 403 There are 29 additional activities in the Teacher Resource Library that address this standard.
45.	<b>Safety: Resources</b> Identifies local support system concerning personal safety (e.g., family, teacher, religious advisor, friend, and counselor).	Pp. 360-62 There are 5 additional activities in the Teacher Resource Library that address this standard.

**Subject Area:** Health Education **State-Funded Course:** 17.01300 First Aid and Safety/Grades 9-12

**Textbook Title:** Everyday Life Skills

**Publisher:** AGS-AMERICAN GUIDANCE SERVICE

Objective	Component Strand/Course Content Standard	Where Taught
1.	<b>Alcohol, Tobacco &amp; Other Drugs: Social Consequences</b> Determines how adolescent use of alcohol and other drugs contributes to accidents, crime, and suicide.	Pp. 47-53, 103, 156, 158-59 There are 11 additional activities in the Teacher Resource Library that address this standard.
2.	<b>Alcohol, Tobacco &amp; Other Drugs: Risk/Prevention</b> Recalls the leading causes of teen morbidity and mortality and formulates methods of prevention of each.	Pp. 52, 100-03, 156-61, 256-63 There are 30 additional activities in the Teacher Resource Library that address this standard.
3.	<b>Alcohol, Tobacco &amp; Other Drugs: Intervention</b> Recognizes that alcohol, tobacco, and other drug dependencies are treatable diseases/conditions and identifies appropriate community resources.	Pp. 46-53 There are 5 additional activities in the Teacher Resource Library that address this standard.
4.	<b>Alcohol, Tobacco &amp; Other Drugs: Personal Consequences</b> Compares how alcohol, tobacco, and other drug use and nonuse impacts personal goals, educational opportunities, and occupational choices.	Pp. 47-53, 103, 156, 158-59 There are 11 additional activities in the Teacher Resource Library that address this standard.
5.	<b>Alcohol, Tobacco &amp; Other Drugs: Drug Interaction</b> Evaluates the drug interactions that occur with using medicines in combination and their potential lethal effects.	Pp. 41-45 There are 7 additional activities in the Teacher Resource Library that address this standard.

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**Textbook Title:** Everyday Life Skills

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Objective	Component Strand/Course Content Standard	Where Taught
6.	<p><b>Disease Prevention: STDs</b> Lists early symptoms and long-term consequences of syphilis, gonorrhea, genital herpes, chlamydia, genital warts (HPV), HIV/AIDS and other sexually transmitted diseases.</p>	<p>Pp. 256-64 There are 14 additional activities in the Teacher Resource Library that address this standard.</p>
7.	<p><b>Disease Prevention: Early Detection and Treatment</b> Describes diagnostic tests and available treatments for gonorrhea and syphilis and identifies places a person can go to obtain testing treatment.</p>	<p>Pp. 260-62 There are 2 additional activities in the Teacher Resource Library that address this standard.</p>
8.	<p><b>Disease Prevention: Abstinence</b> Recognizes the importance of individually abstaining from premarital and extramarital sex and intravenous drug use to prevent the spread of HIV/AIDS and other sexually transmitted diseases.</p>	<p>Pp. 251, 258-59, 263, 271 There are 6 additional activities in the Teacher Resource Library that address this standard.</p>
9.	<p><b>Disease Prevention: Pregnancy and Sexually Transmitted Disease Prevention</b> Identifies methods of preventing pregnancy and sexually transmitted diseases and whether or not they are effective. Abstinence is the only sure way to prevent pregnancy and sexually transmitted diseases. (Note: Does not require demonstration of contraceptive devices).</p>	<p>Pp. 251, 263, 271 There are 3 additional activities in the Teacher Resource Library that address this standard.</p>

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Objective	Component Strand/Course Content Standard	Where Taught
10.	<b>Disease Prevention: HIV/AIDS</b> Recognizes that Sexually Transmitted Diseases, including HIV/AIDS, are communicable diseases and that abstinence is the sure method of prevention.	Pp. 251, 257-63, 271 There are 10 additional activities in the Teacher Resource Library that address this standard.
11.	<b>Disease Prevention: Abstinence</b> Recognizes that abstaining from sexual activity and refraining from intravenous drug use are the most effective methods of preventing HIV/AIDS.	Pp. 251, 258-59, 263 There are 6 additional activities in the Teacher Resource Library that address this standard.
12.	<b>Disease Prevention: HIV/AIDS</b> Recognizes that HIV/AIDS is caused by a virus and is currently incurable and fatal.	Pp. 257-60, 262-63 There are 8 additional activities in the Teacher Resource Library that address this standard.
13.	<b>Disease Prevention: AIDS</b> Identifies the history of prevalence of HIV/AIDS in the United States.	Pp. 257-58 There are 4 additional activities in the Teacher Resource Library that address this standard.
14.	<b>Disease Prevention: Sexually Transmitted Diseases</b> Demonstrates an awareness of current statistics related to Sexually Transmitted Diseases, including HIV/AIDS.	Pp. 257-58, 260-63 There are 9 additional activities in the Teacher Resource Library that address this standard.

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Objective	Component Strand/Course Content Standard	Where Taught
15.	<b>Disease Prevention: HIV/AIDS</b> Recognizes known ways HIV/AIDS is transmitted and identifies behaviors that increase the risk of contracting HIV/AIDS.	Pp. 10, 256-60, 262-63, 270-71 There are 14 additional activities in the Teacher Resource Library that address this standard.
16.	Describes clinical course of HIV/AIDS.	Pp. 259-60, 263 There are 4 additional activities in the Teacher Resource Library that address this standard.
17.	<b>Disease Prevention: Abstinence</b> Recognizes that returning to abstinence is a positive alternative to previous sexual behavior.	Pp. 251, 258, 263 There are 5 additional activities in the Teacher Resource Library that address this standard.
18.	<b>Disease Prevention: Decision-Making</b> Recognizes that an uninfected, mutually faithful sexual relationship within marriage does not put a person at risk for AIDS through sexual activity.	Pp. 258, 263 There are 5 additional activities in the Teacher Resource Library that address this standard.
19.	<b>Disease Prevention: Goal-Setting</b> Identifies the benefits of setting personal goals for maintaining a healthy body.	Pp. 131-36, 150-52, 155-56, 281-82 There are 16 additional activities in the Teacher Resource Library that address this standard.
20.	<b>Disease Prevention: Cancer</b> Analyzes the causes, treatments, and prevention methods for cancers affecting body tissues or organs.	Pp. 22-25, 27, 52, 121, 259-60, 422-23 There are 10 additional activities in the Teacher Resource Library that address this standard.

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Objective	Component Strand/Course Content Standard	Where Taught
21.	<p><b>Disease Prevention: Risk Factors</b> Evaluates how one’s genetics and health choices contribute to disease (heredity, inactivity, diet, stress, environment, infection, and degenerative processes) and proposes strategies to reduce risk.</p>	<p>Pp. 20-32, 46-53, 115-19, 121-26, 131-32, 134, 137, 147-48, 251, 257-63, 270-71, 276 There are 56 additional activities in the Teacher Resource Library that address this standard.</p>
22.	<p><b>Family Living: Self-Concept</b> Identifies factors that promote a positive self-image (e.g., accepting responsibility; respect for self, authority and others, and self-discipline, self-control and the right to be assertive).</p>	<p>Pp. 146, 148-49, 152-53, 162-67, 242, 251, 253, 258, 263 There are 25 additional activities in the Teacher Resource Library that address this standard.</p>
23.	<p><b>Disease Prevention: Refusal Skills</b> Identifies ways of resisting persuasive tactics regarding sexual involvement (e.g., saying “no,” negotiation and using refusal and decision-making skills).</p>	<p>Pp. 150-51, 251, 258-59, 263-67 There are 13 additional activities in the Teacher Resource Library that address this standard.</p>
24.	<p><b>Disease Prevention: Persuasion</b> Recognizes how sexual decisions are influenced by group pressures (e.g., community, media, and peer).</p>	<p>Pp. 251, 258 There are 2 additional activities in the Teacher Resource Library that address this standard.</p>
25.	<p><b>Disease Prevention: Dating</b> Identifies social, emotional, intellectual, and economic aspects of dating.</p>	<p>Pp. 240-52, 271 There are 15 additional activities in the Teacher Resource Library that address this standard.</p>



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Objective	Component Strand/Course Content Standard	Where Taught
26.	<b>Disease Prevention: Decision-Making</b> Recognizes that having children is best undertaken in marriage.	Pp. 251, 405-15 There are 23 additional activities in the Teacher Resource Library that address this standard.
27.	<b>Disease Prevention: Parental Responsibilities</b> Analyzes changes in the prospective parents' lifestyles and responsibilities before and after the birth of their baby.	Pp. 404-15 There are 23 additional activities in the Teacher Resource Library that address this standard.
28.	<b>Disease Prevention: Health Consumerism</b> Matches various health needs and problems with the associated local health service agencies, clinics, and other advisory services.	Pp. 9-10, 35-37, 52-53, 84, 101, 106, 110, 129-30, 140, 166, 236, 252, 333, 376, 400, 415 There are 45 additional activities in the Teacher Resource Library that address this standard.
29.	<b>Growth and Development: Human Reproduction</b> Understands how conception occurs and describes human fetal development from conception through birth.	
30.	<b>Growth and Development: Endocrine System</b> Analyzes and describes the relationship between the glands and hormones that control the secondary sex characteristics.	
31.	<b>Growth and Development: Heredity and Environment</b> Lists ways heredity and environment affect human growth and development.	Pp. 21, 25 There is 1 additional activity in the Teacher Resource Library that addresses this standard.

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Objective	Component Strand/Course Content Standard	Where Taught
32.	<b>Mental Health: Stress</b> Analyzes stress and its effects on all aspects of health and wellness.	Pp. 115, 137-41, 146-48, 152, 158-61 There are 18 additional activities in the Teacher Resource Library that address this standard.
33.	<b>Mental Health: Stress Management</b> Develops and practices effective coping skills for managing stress to prevent self-destructive behaviors (e.g., suicide).	Pp. 115, 137-41, 146-48, 158-61 There are 18 additional activities in the Teacher Resource Library that address this standard.
34.	<b>Mental Health: Conflict Resolution</b> Demonstrates effective communication skills and resistance skills (e.g., nature of conflict, feelings, active listening, effective communication skills, and empathy).	Pp. 78-79, 148, 150-51, 154, 242-48, 250-51, 255, 263, 341-58, 362-63, 367, 377, 413 There are 57 additional activities in the Teacher Resource Library that address this standard.
35.	<b>Mental Health: Decision Making</b> Demonstrates characteristics of a healthy decision-maker.	Pp. 146, 148, 150-51, 264-67 There are 10 additional activities in the Teacher Resource Library that address this standard.
36.	<b>Mental Health: Maturation</b> Explores the increased responsibility in the transition from adolescence to adulthood and proposes ways to make these changes easier.	Pp. 301-37, 340-77, 380-401, 404-15 There are 167 additional activities in the Teacher Resource Library that address this standard.

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Objective	Component Strand/Course Content Standard	Where Taught
37.	<p><b>Nutrition: Dietary Guidelines</b> Evaluates diet relative to personal needs, dietary guidelines, and energy balance (caloric intake vs. energy expenditure) and designs a plan for improvement</p>	<p>Pp. 22, 114-36, 424-27 There are 30 additional activities in the Teacher Resource Library that address this standard.</p>
38.	<p><b>Nutrition: Weight Management</b> Analyzes a variety of weight management plans for sound nutritional practices and their lifelong effects on health.</p>	<p>Pp. 22, 115-26, 128, 424-25, 427 There are 17 additional activities in the Teacher Resource Library that address this standard.</p>
39.	<p><b>Nutrition: Dietary Guidelines</b> Modifies personal diet relative to special needs (e.g., vegetarians, athletes, diabetics, food allergies, etc.).</p>	<p>Pp. 126-30, 424-25 There are 9 additional activities in the Teacher Resource Library that address this standard.</p>
40.	<p><b>Nutrition: Misinformation</b> Analyzes the reliability of various sources of food and nutrition information (e.g., dietary supplements, diet aids, fad diets, food additives, and food labels).</p>	<p>Pp. 127-30, 424-25 There are 6 additional activities in the Teacher Resource Library that address this standard.</p>
41.	<p><b>Nutrition: Marketing Strategies</b> Applies critical thinking skills to analyze marketing and advertising methods for influencing food choices.</p>	

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<b>Objective</b>	<b>Component</b> <b>Strand/Course</b> Content Standard	<b>Where Taught</b>
42.	<b>Personal Health: Hygiene</b> Correlates hygiene and grooming habits with employment opportunities and building relationships.	Pp. 38-40, 327-28, 342 There are 8 additional activities in the Teacher Resource Library that address this standard.
43.	<b>Safety: First Aid/Cardiopulmonary Resuscitation</b> Demonstrates ability to properly respond to life-threatening cardiopulmonary emergencies.	P. 14 There are 2 additional activities in the Teacher Resource Library that address this standard.
44.	<b>Safety: Violence Prevention</b> Identifies threats to personal safety (e.g., incest, rape, date rape).	Pp. 93-94, 360-61 There are 4 additional activities in the Teacher Resource Library that address this standard.
45.	<b>Safety: Resources</b> Identifies local support system concerning personal safety (e.g., family, teacher, religious advisor, friend, and counselor).	Pp. 93-94, 360-61 There are 4 additional activities in the Teacher Resource Library that address this standard.

**Subject Area:** Health Education **State-Funded Course:** 17.01500 Family Living/Grades 9-12

**Textbook Title:** Life Skills Health

**Publisher:** AGS-AMERICAN GUIDANCE SERVICE

Objective	Component Strand/Course Content Standard	Where Taught
1.	<b>Alcohol, Tobacco &amp; Other Drugs: Social Consequences</b> Determines how adolescent use of alcohol and other drugs contributes to accidents, crime, and suicide.	Pp. 152, 269-71, 276-77, 280, 287-90, 310, 313, 316-17, 335, 353 There are 29 additional activities in the Teacher Resource Library that address this standard.
2.	<b>Alcohol, Tobacco &amp; Other Drugs: Risk/Prevention</b> Recalls the leading causes of teen morbidity and mortality and formulates methods of prevention of each.	Pp. 32, 60-64, 153-54, 270-71, 289-96, 316-18, 378-82, 444 There are 46 additional activities in the Teacher Resource Library that address this standard.
3.	<b>Alcohol, Tobacco &amp; Other Drugs: Intervention</b> Recognizes that alcohol, tobacco, and other drug dependencies are treatable diseases/conditions and identifies appropriate community resources.	Pp. 58-62, 154, 266-71, 284-97, 300-01 There are 48 additional activities in the Teacher Resource Library that address this standard.
4.	<b>Alcohol, Tobacco &amp; Other Drugs: Personal Consequences</b> Compares how alcohol, tobacco, and other drug use and nonuse impacts personal goals, educational opportunities, and occupational choices.	Pp. 266, 268-69, 272-78, 285-88 There are 23 additional activities in the Teacher Resource Library that address this standard.
5.	<b>Alcohol, Tobacco &amp; Other Drugs: Drug Interaction</b> Evaluates the drug interactions that occur with using medicines in combination and their potential lethal effects.	Pp. 259-65, 274-76 There are 16 additional activities in the Teacher Resource Library that address this standard.

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**Textbook Title:** Life Skills Health

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<b>Objective</b>	<b>Component</b> <b>Strand/Course</b> Content Standard	<b>Where Taught</b>
6.	<p><b>Disease Prevention: STDs</b> Lists early symptoms and long-term consequences of syphilis, gonorrhea, genital herpes, chlamydia, genital warts (HPV), HIV/AIDS and other sexually transmitted diseases.</p>	<p>Pp. 218-29 There are 20 additional activities in the Teacher Resource Library that address this standard.</p>
7.	<p><b>Disease Prevention: Early Detection and Treatment</b> Describes diagnostic tests and available treatments for gonorrhea and syphilis and identifies places a person can go to obtain testing treatment.</p>	<p>Pp. 224-29 There are 10 additional activities in the Teacher Resource Library that address this standard.</p>
8.	<p><b>Disease Prevention: Abstinence</b> Recognizes the importance of individually abstaining from premarital and extramarital sex and intravenous drug use to prevent the spread of HIV/AIDS and other sexually transmitted diseases.</p>	<p>Pp. 142, 223, 225-29, 273, 291 There are 20 additional activities in the Teacher Resource Library that address this standard.</p>
9.	<p><b>Disease Prevention: Pregnancy and Sexually Transmitted Disease Prevention</b> Identifies methods of preventing pregnancy and sexually transmitted diseases and whether or not they are effective. Abstinence is the only sure way to prevent pregnancy and sexually transmitted diseases. (Note: Does not require demonstration of contraceptive devices).</p>	<p>Pp. 142, 223, 225-29, 273, 291 There are 20 additional activities in the Teacher Resource Library that address this standard.</p>

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**Textbook Title:** Life Skills Health

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Objective	Component Strand/Course Content Standard	Where Taught
10.	<b>Disease Prevention: HIV/AIDS</b> Recognizes that Sexually Transmitted Diseases, including HIV/AIDS, are communicable diseases and that abstinence is the sure method of prevention.	Pp. 142, 206-07, 219-29, 273, 291 There are 30 additional activities in the Teacher Resource Library that address this standard.
11.	<b>Disease Prevention: Abstinence</b> Recognizes that abstaining from sexual activity and refraining from intravenous drug use are the most effective methods of preventing HIV/AIDS.	Pp. 142, 223, 225-29, 291, 373 There are 20 additional activities in the Teacher Resource Library that address this standard.
12.	<b>Disease Prevention: HIV/AIDS</b> Recognizes that HIV/AIDS is caused by a virus and is currently incurable and fatal.	Pp. 208, 218-23, 227, 242, 382 There are 20 additional activities in the Teacher Resource Library that address this standard.
13.	<b>Disease Prevention: AIDS</b> Identifies the history of prevalence of HIV/AIDS in the United States.	Pp. 219-20, 398, 402 There are 8 additional activities in the Teacher Resource Library that address this standard.
14.	<b>Disease Prevention: Sexually Transmitted Diseases</b> Demonstrates an awareness of current statistics related to Sexually Transmitted Diseases, including HIV/AIDS.	Pp. 219-20, 223-27 There are 13 additional activities in the Teacher Resource Library that address this standard.

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**Textbook Title:** Life Skills Health

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Objective	Component Strand/Course Content Standard	Where Taught
15.	<b>Disease Prevention: HIV/AIDS</b> Recognizes known ways HIV/AIDS is transmitted and identifies behaviors that increase the risk of contracting HIV/AIDS.	Pp. 218-23, 273, 276 There are 14 additional activities in the Teacher Resource Library that address this standard.
16.	Describes clinical course of HIV/AIDS.	Pp. 218-23, 227, 242, 382 There are 20 additional activities in the Teacher Resource Library that address this standard.
17.	<b>Disease Prevention: Abstinence</b> Recognizes that returning to abstinence is a positive alternative to previous sexual behavior.	Pp. 142, 223, 225-29, 291, 373 There are 17 additional activities in the Teacher Resource Library that address this standard.
18.	<b>Disease Prevention: Decision-Making</b> Recognizes that an uninfected, mutually faithful sexual relationship within marriage does not put a person at risk for AIDS through sexual activity.	Pp. 142, 227 There are 5 additional activities in the Teacher Resource Library that address this standard.
19.	<b>Disease Prevention: Goal-Setting</b> Identifies the benefits of setting personal goals for maintaining a healthy body.	Pp. 35, 37, 40-41, 53, 60, 164 There are 13 additional activities in the Teacher Resource Library that address this standard.
20.	<b>Disease Prevention: Cancer</b> Analyzes the causes, treatments, and prevention methods for cancers affecting body tissues or organs.	Pp. 169, 182, 195, 206, 222, 239-43, 266-67, 269, 278, 397, 413, 415, 444-45 There are 33 additional activities in the Teacher Resource Library that address this standard.



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**Textbook Title:** Life Skills Health

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Objective	Component Strand/Course Content Standard	Where Taught
21.	<p><b>Disease Prevention: Risk Factors</b> Evaluates how one’s genetics and health choices contribute to disease (heredity, inactivity, diet, stress, environment, infection, and degenerative processes) and proposes strategies to reduce risk.</p>	<p>Pp. 20-21, 23, 85, 101, 106-12, 132, 134-35, 142, 169, 173, 182, 206, 208, 210, 223, 225-29, 261, 275, 289, 291, 296, 373, 397-98, 403, 410-30 There are 104 additional activities in the Teacher Resource Library that address this standard.</p>
22.	<p><b>Family Living: Self-Concept</b> Identifies factors that promote a positive self-image (e.g., accepting responsibility; respect for self, authority and others, and self-discipline, self-control and the right to be assertive).</p>	<p>Pp. 12, 15-16, 20-21, 23-24, 29-30, 32-35, 37-38, 40-41, 43-45, 55-56, 152, 227, 276, 294-96, 348-51, 357-60 There are 76 additional activities in the Teacher Resource Library that address this standard.</p>
23.	<p><b>Disease Prevention: Refusal Skills</b> Identifies ways of resisting persuasive tactics regarding sexual involvement (e.g., saying “no,” negotiation and using refusal and decision-making skills).</p>	<p>Pp. 40-42, 223, 227-28, 276, 291, 294 There are 20 additional activities in the Teacher Resource Library that address this standard.</p>
24.	<p><b>Disease Prevention: Persuasion</b> Recognizes how sexual decisions are influenced by group pressures (e.g., community, media, and peer).</p>	<p>Pp. 40-41, 118, 266, 268, 294, 352-53, 355-56 There are 16 additional activities in the Teacher Resource Library that address this standard.</p>
25.	<p><b>Disease Prevention: Dating</b> Identifies social, emotional, intellectual, and economic aspects of dating.</p>	<p>Pp. 14, 32, 40-43, 46-47, 140-42, 355-56 There are 23 additional activities in the Teacher Resource Library that address this standard.</p>

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**Textbook Title:** Life Skills Health

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Objective	Component Strand/Course Content Standard	Where Taught
26.	<b>Disease Prevention: Decision-Making</b> Recognizes that having children is best undertaken in marriage.	Pp. 142-44, 146-49 There are 15 additional activities in the Teacher Resource Library that address this standard.
27.	<b>Disease Prevention: Parental Responsibilities</b> Analyzes changes in the prospective parents' lifestyles and responsibilities before and after the birth of their baby.	Pp. 142-49, 152-55 There are 23 additional activities in the Teacher Resource Library that address this standard.
28.	<b>Disease Prevention: Health Consumerism</b> Matches various health needs and problems with the associated local health service agencies, clinics, and other advisory services.	Pp. 193, 292, 312, 314-15, 330, 385-87, 400-02, 426 There are 22 additional activities in the Teacher Resource Library that address this standard.
29.	<b>Growth and Development: Human Reproduction</b> Understands how conception occurs and describes human fetal development from conception through birth.	Pp. 122-31 There are 18 additional activities in the Teacher Resource Library that address this standard.
30.	<b>Growth and Development: Endocrine System</b> Analyzes and describes the relationship between the glands and hormones that control the secondary sex characteristics.	Pp. 83-84, 120-24, 126, 131, 172 There are 21 additional activities in the Teacher Resource Library that address this standard.
31.	<b>Growth and Development: Heredity and Environment</b> Lists ways heredity and environment affect human growth and development.	Pp. 86, 101, 132-37, 233-34, 237, 242, 245, 271, 285, 397-98, 409-12, 421-25 There are 34 additional activities in the Teacher Resource Library that address this standard.

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Objective	Component Strand/Course Content Standard	Where Taught
32.	<p><b>Mental Health: Stress</b> Analyzes stress and its effects on all aspects of health and wellness.</p>	<p>Pp. 17-25, 31-32, 37-38, 79, 84, 107, 164, 189-90, 233, 238, 275, 289, 296 There are 41 additional activities in the Teacher Resource Library that address this standard.</p>
33.	<p><b>Mental Health: Stress Management</b> Develops and practices effective coping skills for managing stress to prevent self-destructive behaviors (e.g., suicide).</p>	<p>Pp. 20-24, 31-32, 38, 84, 107, 164 There are 19 additional activities in the Teacher Resource Library that address this standard.</p>
34.	<p><b>Mental Health: Conflict Resolution</b> Demonstrates effective communication skills and resistance skills (e.g., nature of conflict, feelings, active listening, effective communication skills, and empathy).</p>	<p>Pp. 32, 34-35, 40-43, 56, 142-43, 145, 149, 152, 154, 227, 276, 294, 347-62, 396, 403 There are 67 additional activities in the Teacher Resource Library that address this standard.</p>
35.	<p><b>Mental Health: Decision Making</b> Demonstrates characteristics of a healthy decision-maker.</p>	<p>Pp. 23, 34-43, 55, 227, 266, 268, 276, 294, 306-24 There are 52 additional activities in the Teacher Resource Library that address this standard.</p>
36	<p><b>Mental Health: Maturation</b> Explores the increased responsibility in the transition from adolescence to adulthood and proposes ways to make these changes easier.</p>	<p>Pp. 28-49, 116-21, 140-42, 154 There are 58 additional activities in the Teacher Resource Library that address this standard.</p>

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Objective	Component Strand/Course Content Standard	Where Taught
37.	<b>Nutrition: Dietary Guidelines</b> Evaluates diet relative to personal needs, dietary guidelines, and energy balance (caloric intake vs. energy expenditure) and designs a plan for improvement	Pp. 160-97 There are 55 additional activities in the Teacher Resource Library that address this standard.
38.	<b>Nutrition: Weight Management</b> Analyzes a variety of weight management plans for sound nutritional practices and their lifelong effects on health.	Pp. 107, 164, 167, 173, 180, 378 There are 8 additional activities in the Teacher Resource Library that address this standard.
39.	<b>Nutrition: Dietary Guidelines</b> Modifies personal diet relative to special needs (e.g., vegetarians, athletes, diabetics, food allergies, etc.).	Pp. 179-82, 245, 246, 249 There are 10 additional activities in the Teacher Resource Library that address this standard.
40.	<b>Nutrition: Misinformation</b> Analyzes the reliability of various sources of food and nutrition information (e.g., dietary supplements, diet aids, fad diets, food additives, and food labels).	Pp. 193-97 There are 10 additional activities in the Teacher Resource Library that address this standard.
41.	<b>Nutrition: Marketing Strategies</b> Applies critical thinking skills to analyze marketing and advertising methods for influencing food choices.	Pp. 190-92, 200-01 There are 8 additional activities in the Teacher Resource Library that address this standard.

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<b>Objective</b>	<b>Component</b> <b>Strand/Course</b> Content Standard	<b>Where Taught</b>
42.	<b>Personal Health: Hygiene</b> Correlates hygiene and grooming habits with employment opportunities and building relationships.	Pp. 98-105, 113 There are 11 additional activities in the Teacher Resource Library that address this standard.
43.	<b>Safety: First Aid/Cardiopulmonary Resuscitation</b> Demonstrates ability to properly respond to life-threatening cardiopulmonary emergencies.	Pp. 335-38 There are 8 additional activities in the Teacher Resource Library that address this standard.
44.	<b>Safety: Violence Prevention</b> Identifies threats to personal safety (e.g., incest, rape, date rape).	Pp. 13, 152, 349-62, 403 There are 29 additional activities in the Teacher Resource Library that address this standard.
45.	<b>Safety: Resources</b> Identifies local support system concerning personal safety (e.g., family, teacher, religious advisor, friend, and counselor).	Pp. 360-62 There are 5 additional activities in the Teacher Resource Library that address this standard.

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Objective	Component Strand/Course Content Standard	Where Taught
1.	<b>Alcohol, Tobacco &amp; Other Drugs: Social Consequences</b> Determines how adolescent use of alcohol and other drugs contributes to accidents, crime, and suicide.	Pp. 47-53, 103, 156, 158-59 There are 11 additional activities in the Teacher Resource Library that address this standard.
2.	<b>Alcohol, Tobacco &amp; Other Drugs: Risk/Prevention</b> Recalls the leading causes of teen morbidity and mortality and formulates methods of prevention of each.	Pp. 52, 100-03, 156-61, 256-63 There are 30 additional activities in the Teacher Resource Library that address this standard.
3.	<b>Alcohol, Tobacco &amp; Other Drugs: Intervention</b> Recognizes that alcohol, tobacco, and other drug dependencies are treatable diseases/conditions and identifies appropriate community resources.	Pp. 46-53 There are 5 additional activities in the Teacher Resource Library that address this standard.
4.	<b>Alcohol, Tobacco &amp; Other Drugs: Personal Consequences</b> Compares how alcohol, tobacco, and other drug use and nonuse impacts personal goals, educational opportunities, and occupational choices.	Pp. 47-53, 103, 156, 158-59 There are 11 additional activities in the Teacher Resource Library that address this standard.
5.	<b>Alcohol, Tobacco &amp; Other Drugs: Drug Interaction</b> Evaluates the drug interactions that occur with using medicines in combination and their potential lethal effects.	Pp. 41-45 There are 7 additional activities in the Teacher Resource Library that address this standard.

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Objective	Component Strand/Course Content Standard	Where Taught
6.	<p><b>Disease Prevention: STDs</b> Lists early symptoms and long-term consequences of syphilis, gonorrhea, genital herpes, chlamydia, genital warts (HPV), HIV/AIDS and other sexually transmitted diseases.</p>	<p>Pp. 256-64 There are 14 additional activities in the Teacher Resource Library that address this standard.</p>
7.	<p><b>Disease Prevention: Early Detection and Treatment</b> Describes diagnostic tests and available treatments for gonorrhea and syphilis and identifies places a person can go to obtain testing treatment.</p>	<p>Pp. 260-62 There are 2 additional activities in the Teacher Resource Library that address this standard.</p>
8.	<p><b>Disease Prevention: Abstinence</b> Recognizes the importance of individually abstaining from premarital and extramarital sex and intravenous drug use to prevent the spread of HIV/AIDS and other sexually transmitted diseases.</p>	<p>Pp. 251, 258-59, 263, 271 There are 6 additional activities in the Teacher Resource Library that address this standard.</p>
9.	<p><b>Disease Prevention: Pregnancy and Sexually Transmitted Disease Prevention</b> Identifies methods of preventing pregnancy and sexually transmitted diseases and whether or not they are effective. Abstinence is the only sure way to prevent pregnancy and sexually transmitted diseases. (Note: Does not require demonstration of contraceptive devices).</p>	<p>Pp. 251, 263, 271 There are 3 additional activities in the Teacher Resource Library that address this standard.</p>

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Objective	Component Strand/Course Content Standard	Where Taught
10.	<b>Disease Prevention: HIV/AIDS</b> Recognizes that Sexually Transmitted Diseases, including HIV/AIDS, are communicable diseases and that abstinence is the sure method of prevention.	Pp. 251, 257-63, 271 There are 10 additional activities in the Teacher Resource Library that address this standard.
11.	<b>Disease Prevention: Abstinence</b> Recognizes that abstaining from sexual activity and refraining from intravenous drug use are the most effective methods of preventing HIV/AIDS.	Pp. 251, 258-59, 263 There are 6 additional activities in the Teacher Resource Library that address this standard.
12.	<b>Disease Prevention: HIV/AIDS</b> Recognizes that HIV/AIDS is caused by a virus and is currently incurable and fatal.	Pp. 257-60, 262-63 There are 8 additional activities in the Teacher Resource Library that address this standard.
13.	<b>Disease Prevention: AIDS</b> Identifies the history of prevalence of HIV/AIDS in the United States.	Pp. 257-58 There are 4 additional activities in the Teacher Resource Library that address this standard.
14.	<b>Disease Prevention: Sexually Transmitted Diseases</b> Demonstrates an awareness of current statistics related to Sexually Transmitted Diseases, including HIV/AIDS.	Pp. 257-58, 260-63 There are 9 additional activities in the Teacher Resource Library that address this standard.



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15.	<b>Disease Prevention: HIV/AIDS</b> Recognizes known ways HIV/AIDS is transmitted and identifies behaviors that increase the risk of contracting HIV/AIDS.	Pp. 10, 256-60, 262-63, 270-71 There are 14 additional activities in the Teacher Resource Library that address this standard.
16.	Describes clinical course of HIV/AIDS.	Pp. 259-60, 263 There are 4 additional activities in the Teacher Resource Library that address this standard.
17.	<b>Disease Prevention: Abstinence</b> Recognizes that returning to abstinence is a positive alternative to previous sexual behavior.	Pp. 251, 258, 263 There are 5 additional activities in the Teacher Resource Library that address this standard.
18.	<b>Disease Prevention: Decision-Making</b> Recognizes that an uninfected, mutually faithful sexual relationship within marriage does not put a person at risk for AIDS through sexual activity.	Pp. 258, 263 There are 5 additional activities in the Teacher Resource Library that address this standard.
19.	<b>Disease Prevention: Goal-Setting</b> Identifies the benefits of setting personal goals for maintaining a healthy body.	Pp. 131-36, 150-52, 155-56, 281-82 There are 16 additional activities in the Teacher Resource Library that address this standard.
20.	<b>Disease Prevention: Cancer</b> Analyzes the causes, treatments, and prevention methods for cancers affecting body tissues or organs.	Pp. 22-25, 27, 52, 121, 259-60, 422-23 There are 10 additional activities in the Teacher Resource Library that address this standard.

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21.	<p><b>Disease Prevention: Risk Factors</b> Evaluates how one’s genetics and health choices contribute to disease (heredity, inactivity, diet, stress, environment, infection, and degenerative processes) and proposes strategies to reduce risk.</p>	<p>Pp. 20-32, 46-53, 115-19, 121-26, 131-32, 134, 137, 147-48, 251, 257-63, 270-71, 276 There are 56 additional activities in the Teacher Resource Library that address this standard.</p>
22.	<p><b>Family Living: Self-Concept</b> Identifies factors that promote a positive self-image (e.g., accepting responsibility; respect for self, authority and others, and self-discipline, self-control and the right to be assertive).</p>	<p>Pp. 146, 148-49, 152-53, 162-67, 242, 251, 253, 258, 263 There are 25 additional activities in the Teacher Resource Library that address this standard.</p>
23.	<p><b>Disease Prevention: Refusal Skills</b> Identifies ways of resisting persuasive tactics regarding sexual involvement (e.g., saying “no,” negotiation and using refusal and decision-making skills).</p>	<p>Pp. 150-51, 251, 258-59, 263-67 There are 13 additional activities in the Teacher Resource Library that address this standard.</p>
24.	<p><b>Disease Prevention: Persuasion</b> Recognizes how sexual decisions are influenced by group pressures (e.g., community, media, and peer).</p>	<p>Pp. 251, 258 There are 2 additional activities in the Teacher Resource Library that address this standard.</p>
25.	<p><b>Disease Prevention: Dating</b> Identifies social, emotional, intellectual, and economic aspects of dating.</p>	<p>Pp. 240-52, 271 There are 15 additional activities in the Teacher Resource Library that address this standard.</p>

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26.	<b>Disease Prevention: Decision-Making</b> Recognizes that having children is best undertaken in marriage.	Pp. 251, 405-15 There are 23 additional activities in the Teacher Resource Library that address this standard.
27.	<b>Disease Prevention: Parental Responsibilities</b> Analyzes changes in the prospective parents' lifestyles and responsibilities before and after the birth of their baby.	Pp. 404-15 There are 23 additional activities in the Teacher Resource Library that address this standard.
28.	<b>Disease Prevention: Health Consumerism</b> Matches various health needs and problems with the associated local health service agencies, clinics, and other advisory services.	Pp. 9-10, 35-37, 52-53, 84, 101, 106, 110, 129-30, 140, 166, 236, 252, 333, 376, 400, 415 There are 45 additional activities in the Teacher Resource Library that address this standard.
29.	<b>Growth and Development: Human Reproduction</b> Understands how conception occurs and describes human fetal development from conception through birth.	
30.	<b>Growth and Development: Endocrine System</b> Analyzes and describes the relationship between the glands and hormones that control the secondary sex characteristics.	
31.	<b>Growth and Development: Heredity and Environment</b> Lists ways heredity and environment affect human growth and development.	Pp. 21, 25 There is 1 additional activity in the Teacher Resource Library that addresses this standard.

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Objective	Component Strand/Course Content Standard	Where Taught
32.	<b>Mental Health: Stress</b> Analyzes stress and its effects on all aspects of health and wellness.	Pp. 115, 137-41, 146-48, 152, 158-61 There are 18 additional activities in the Teacher Resource Library that address this standard.
33.	<b>Mental Health: Stress Management</b> Develops and practices effective coping skills for managing stress to prevent self-destructive behaviors (e.g., suicide).	Pp. 115, 137-41, 146-48, 158-61 There are 18 additional activities in the Teacher Resource Library that address this standard.
34.	<b>Mental Health: Conflict Resolution</b> Demonstrates effective communication skills and resistance skills (e.g., nature of conflict, feelings, active listening, effective communication skills, and empathy).	Pp. 78-79, 148, 150-51, 154, 242-48, 250-51, 255, 263, 341-58, 362-63, 367, 377, 413 There are 57 additional activities in the Teacher Resource Library that address this standard.
35.	<b>Mental Health: Decision Making</b> Demonstrates characteristics of a healthy decision-maker.	Pp. 146, 148, 150-51, 264-67 There are 10 additional activities in the Teacher Resource Library that address this standard.
36.	<b>Mental Health: Maturation</b> Explores the increased responsibility in the transition from adolescence to adulthood and proposes ways to make these changes easier.	Pp. 301-37, 340-77, 380-401, 404-15 There are 167 additional activities in the Teacher Resource Library that address this standard.

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Objective	Component	Where Taught
37.	<b>Nutrition: Dietary Guidelines</b> Evaluates diet relative to personal needs, dietary guidelines, and energy balance (caloric intake vs. energy expenditure) and designs a plan for improvement	Pp. 22, 114-36, 424-27 There are 30 additional activities in the Teacher Resource Library that address this standard.
38.	<b>Nutrition: Weight Management</b> Analyzes a variety of weight management plans for sound nutritional practices and their lifelong effects on health.	Pp. 22, 115-26, 128, 424-25, 427 There are 17 additional activities in the Teacher Resource Library that address this standard.
39.	<b>Nutrition: Dietary Guidelines</b> Modifies personal diet relative to special needs (e.g., vegetarians, athletes, diabetics, food allergies, etc.).	Pp. 126-30, 424-25 There are 9 additional activities in the Teacher Resource Library that address this standard.
40.	<b>Nutrition: Misinformation</b> Analyzes the reliability of various sources of food and nutrition information (e.g., dietary supplements, diet aids, fad diets, food additives, and food labels).	Pp. 127-30, 424-25 There are 6 additional activities in the Teacher Resource Library that address this standard.
41.	<b>Nutrition: Marketing Strategies</b> Applies critical thinking skills to analyze marketing and advertising methods for influencing food choices.	

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<b>Objective</b>	<b>Component</b>	<b>Where Taught</b>
	<b>Strand/Course</b>	
	Content Standard	
42.	<b>Personal Health: Hygiene</b> Correlates hygiene and grooming habits with employment opportunities and building relationships.	Pp. 38-40, 327-28, 342 There are 8 additional activities in the Teacher Resource Library that address this standard.
43.	<b>Safety: First Aid/Cardiopulmonary Resuscitation</b> Demonstrates ability to properly respond to life-threatening cardiopulmonary emergencies.	P. 14 There are 2 additional activities in the Teacher Resource Library that address this standard.
44.	<b>Safety: Violence Prevention</b> Identifies threats to personal safety (e.g., incest, rape, date rape).	Pp. 93-94, 360-61 There are 4 additional activities in the Teacher Resource Library that address this standard.
45.	<b>Safety: Resources</b> Identifies local support system concerning personal safety (e.g., family, teacher, religious advisor, friend, and counselor).	Pp. 93-94, 360-61 There are 4 additional activities in the Teacher Resource Library that address this standard.