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FALL 2020 CATALOG

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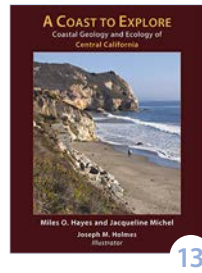
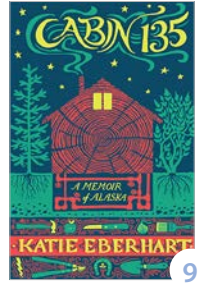
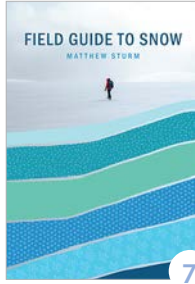
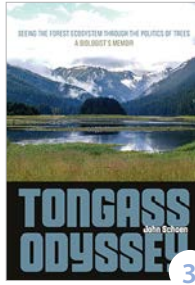
*Alaska Native Games and  
How to Play Them* (p. 7).

Photo by Roy Jazhguq Corral

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SEEING THE FOREST ECOSYSTEM THROUGH THE POLITICS OF TREES  
A BIOLOGIST'S MEMOIR



# TONGASS ODYSSEY

John Schoen

alaska

September

350 p. | 7 x 10

978-1-60223-426-0

978-1-60223-427-7 (ebook)

Paper \$24.95

Biography

Nature

# Tongass Odyssey

Seeing the Forest Ecosystem  
through the Politics of Trees

**JOHN SCHOEN**

*Tongass Odyssey* is a biologist's memoir of personal experiences over the past four decades studying brown bears, deer, and mountain goats and advocating for the conservation of Alaska's Tongass National Forest. The largest national forest in the nation, the Tongass encompasses the most significant expanse of intact old-growth temperate rainforest remaining on Earth.

*Tongass Odyssey* is a cautionary tale of the harm that can result when science is eclipsed by politics that are focused on short-term economic gain. Yet even as those problems put the Tongass at risk, the forest also represents a unique opportunity for conserving large, intact landscapes with all their ecological parts, including wild salmon, bears, wolves, eagles, and other wildlife.

Combining elements of personal memoir, field journal, natural history, conservation essay, and philosophical reflection, *Tongass Odyssey* tells an engaging story about an enchanting place.

**JOHN SCHOEN** worked for twenty years as a scientist with the Alaska Department of Fish & Game and fourteen years for Audubon Alaska. He also served as an affiliate professor of wildlife biology at the University of Alaska and is a coauthor and coeditor of the book *North Pacific Temperate Rainforests: Ecology and Conservation*.



**ALASKA  
NATIVE  
GAMES**

and How to Play Them

TWENTY-FIVE CONTESTS  
THAT SURVIVED THE AGES

TRICIA NUYAQIK BROWN // JONI KITMIIQ SPIESS

PHOTOGRAPHY BY ROY JAZHGUQ CORRAL

Foreword by NICK ILIGUTCHIAK HANSON, ESKIMO NINJA

# Alaska Native Games and How to Play Them

TRICIA NUYAQIK BROWN AND  
JONI KITMIIQ SPIESS

PHOTOGRAPHS BY ROY JAZHGUQ CORRAL

August

56 p. | 7.25 x 10

978-1-60223-418-5

978-1-60223-419-2 (ebook)

Paper \$19.95

Sports



The athletes of the Alaska Native games aren't just returning to their roots. They've never left them. In this beautifully illustrated book, readers learn the history of twenty-five Native games that have been handed down through generations, how each one relates to the subsistence lifestyle, and how you can try them yourself, regardless of where you live.

As Tricia Nuyaqik Brown shows, even though today's competitions are a big media event in Alaska, the games themselves are really no different from those of long ago. Ancestral communities once pitted their strongest, their most agile, their fastest men and women against those from neighboring villages or tribal groups. Those games never died, but rather than gathering in a sod meeting place, competitions are now held in gyms and arenas.

Each game today can be linked to some aspect of surviving in a harsh environment, of drawing sustenance from the land and sea. From the Seal Hop to the Bench Reach to the Four-Man Carry, these ancient games still require athletes to be in top physical condition and possess sharp mental focus. They hold dear the traditional Native values of honoring the elders, responsibility to tribe, sportsmanship, humor, patience, and hunter success. This book offers an engaging introduction to these games and their history, inviting people to jump in and try them for themselves!

TRICIA NUYAQIK BROWN has been writing and editing publications about Alaska since the early 1980s. JONI KITMIIQ SPIESS is an Iñupiaq woman born in Nome, Alaska, who has been a traditional games competitor, coach, and encourager to many. ROY JAZHGUQ CORRAL is a veteran photographer whose work has appeared in books, magazines, and websites nationally, among them *Alaska* magazine, *National Geographic*, and *Forbes*.

# FIELD GUIDE TO SNOW

MATTHEW STURM





# A Field Guide to Snow

**MATTHEW STURM**

December

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978-1-60223-415-4 (ebook)

**Paper \$24.95**

Science

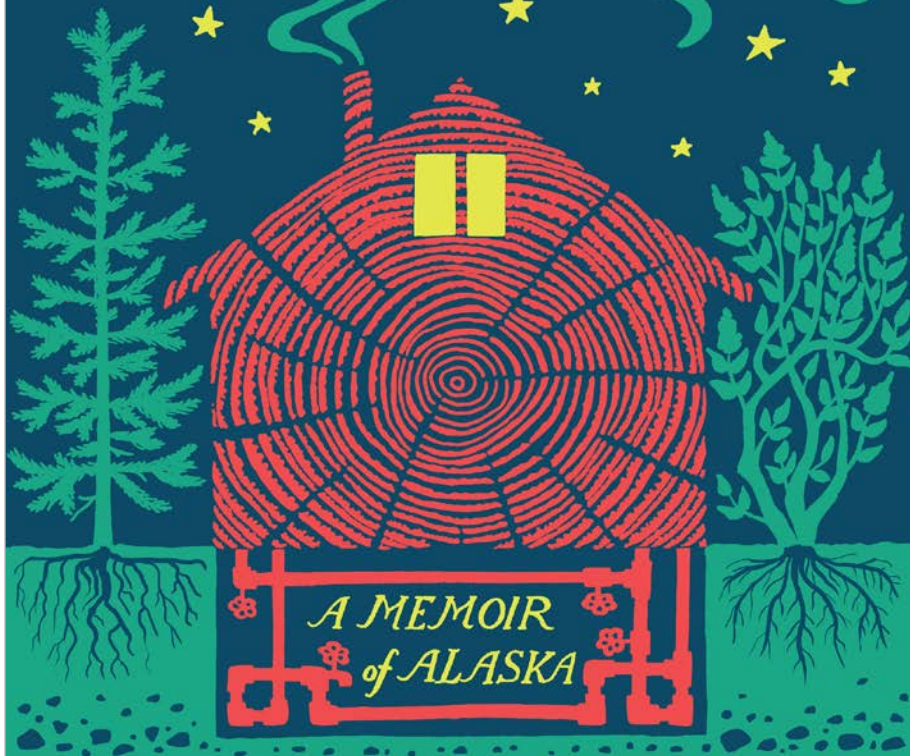


People love snow. They love to ski and sled on it, snowshoe through it, and watch it fall from the sky. They love the way it blankets a landscape, making it look tranquil and beautiful. Few people, however, know how snow works. What makes it possible for us to slip and slide over it, whether that's falling on sidewalks or skiing down a mountain? What makes it cling to branches and street signs? What qualities of snow lead to avalanches?

In *A Field Guide to Snow*, veteran snow scientist Matthew Sturm answers those questions and more. Drawing on decades of study, he explains in clear and simple ways how and why snow works the way it does. The perfect companion a ski trip or a hike in the snowy woods, *A Field Guide to Snow* will give you a new appreciation for the science behind snow's beauty.

**MATTHEW STURM** is professor of geophysics at the Geophysical Institute, University of Alaska Fairbanks and the leader of the Snow-Ice-Permafrost Group at the Institute, the author of three books, and a fellow of the American Geophysical Union.

# CABIN 135



KATIE EBERHART



# Cabin 135

A Memoir of Alaska

**KATIE EBERHART**

December

352 p. | 6 x 9

978-1-60223-420-8

978-1-60223-421-5 (ebook)

**Paper \$16.95**

Memoir



As a young adult, Katie Eberhart moved to Cabin 135, a house on a knoll in remote Alaska. Over the next decade, growing up and growing into her home, she found herself thinking through her ever-changing ideas about aging and place, a lot of which were wrapped up closely in her experience of living in the house itself. Cabin 135 provided shelter and security, and it also offered lessons on economic disruptions and how ideas of normalcy change.

In these pages, we share Eberhart's experience of digging into the past—figuratively and, in her garden, at an archaeology site, and in a national park, literally. Every layer peeled back, we find, reveals another story, another way of thinking about nature and the past—our own and that of others. In greenhouse and garden, yard, forest, and more distant places—a beach in southeast Alaska, the Arctic coast, Swiss Alps, Iceland, and even Biosphere-2 in Arizona—Eberhart engages with the world around her, and, through it, reflects on her own experiences and journey through life. Offering a journey of wonder and curiosity, through the author's mind, a house's structure, and other places, *Cabin 135* is a deft combination of memoir and nature writing, rich with thought and full of appreciation for—and profound concerns about—the world and our place in it.

**KATIE EBERHART** currently lives in Oregon with her husband, Chuck Losgdon, where she plays 2nd violin in the Bend Pops Orchestra and continues to write poetry. Her work has been published in various online and print journals, her poetry chapbook *Unbound: Alaska Poems* was published by Uttered Chaos Press in 2013.

A watercolor illustration of a misty mountain landscape. The scene is dominated by dark green evergreen trees in the foreground and middle ground, with a soft, hazy atmosphere of mist or low clouds. The mountains in the background are rendered in lighter, more ethereal tones, suggesting a sense of depth and distance. The overall mood is serene and atmospheric.

*LEAVETAKINGS*

*ESSAYS*

Corinna Cook

November

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978-1-60223-425-3 (ebook)

**Paper \$16.95**

Literature



# Leavetakings

Essays

**CORINNA COOK**

*Leavetakings* is an Alaska-based essay collection propelled by movements of departure and return. Corinna Cook asks: What can coming and going reveal about place? About how a place calls to us? About heeding that call? And might wandering serve not only to map new places but also to map the most familiar ones, like home? Departures and returns in these essays derive in large part from the narrator's personal experiences of cross-continental travel by pickup truck and by airplane, human-powered expedition-style travel by kayak, regional travel by ferry, and her daily or local travel on foot. But the movement of coming and going at the heart of this collection exceeds the physical, for these essays are also intent on understanding spiritual and psychological pulses of proximity and distance in human connections to other people, their stories, and their homes.

**CORINNA COOK** has published essays in *Flyway*, *Alaska Quarterly Review*, *Ocean State Review*, *Alaska* magazine, and other venues.

# A COAST TO EXPLORE

Coastal Geology and Ecology of  
**Central California**



**Miles O. Hayes and Jacqueline Michel**

**Joseph M. Holmes**

*Illustrator*

# A Coast to Explore

Coastal Geology and Ecology of  
Central California

**MILES O. HAYES AND JACQUELINE MICHEL**

**ILLUSTRATED BY JOSEPH M. HOLMES**

August

200 p. | 8.25 x 11

978-0-9816618-1-0

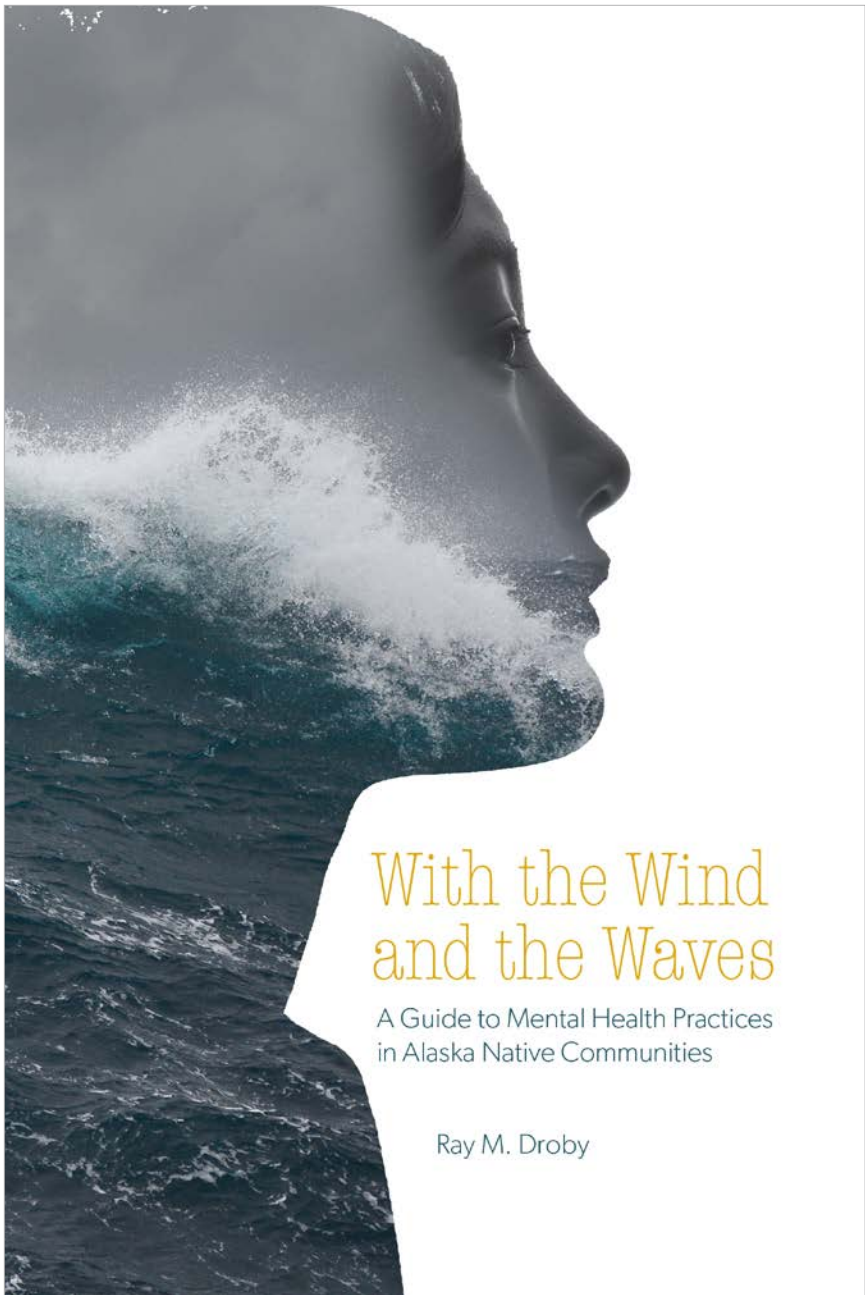
**Paper \$29.95**

Science

Coasts have always enchanted us with their wild beauty. *A Coast to Explore* offers an accessible guide to what we see when we look at a coastline: the wave-cut rock cliffs, sea caves, and sea stacks, as well as sand and gravel beaches and coastal dunes. Focusing specifically on North America's Pacific coast, Hayes and Michel explain how the San Andreas Fault system created a new and complex shoreline that has enthralled visitors from around the world, and he shows how the coastline has changed through erosion driven by El Niños, the effects of tsunamis, the formation of spectacular raised marine terraces created as a result of the changing sea level during the ice ages, and the continuing rise of the Coast Ranges. Richly illustrated with original diagrams, photographs, and satellite imagery, the book paints a truly complete picture of a complicated topic smoothly distilled from the scientific literature and personal observations along the coast.

**MILES O. HAYES** is a coastal geomorphologist with more than fifty years of research experience.

**JACQUELINE MICHEL** is an internationally recognized expert in oil and hazardous materials spill response and assessment, participating in numerous research projects across thirty-three countries.



# With the Wind and the Waves

A Guide to Mental Health Practices  
in Alaska Native Communities

Ray M. Droby



October

200 p. | 6 x 9

978-1-60223-416-1

978-1-60223-417-8 (ebook)

**Paper \$19.95**

Psychology

alaska

# With the Wind and the Waves

A Guide to Mental Health Practices in Alaska Native Communities

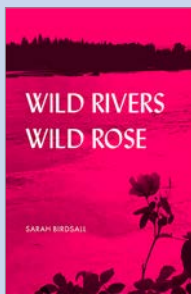
**RAY M. DROBY**

In *With the Wind and the Waves*, psychologist Ray M. Droby tells a story of treatment and learning, drawing on experiences ranging from an ocean journey he took on the Bering Sea while serving in a Alaska native community to his clinical work as a psychologist in rural Alaska.

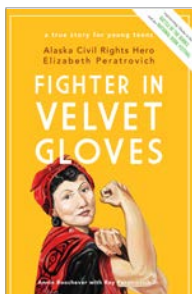
Like negotiating an ocean, Droby moves “with the wind and the waves” use disorders and mental health issues superimposed on intergenerational trauma and internalized oppression. He captures positive momentum in work aimed at facilitating self-determination with Alaska natives and their communities while discouraging historical dependency and colonizing patterns of thinking and doing for mental health workers. Sensitive to the history of non-native outsiders imposing their own culture on native land, Droby presents here principles, combined with cultural and therapy considerations, that are designed to help people avoid replicating this history of harm.

Recognizing the strengths of Alaska natives and their communities, and the stages of change human individuals and communities undergo, Droby shows how to exercise a nonjudgmental presence as a mental health worker in rural Alaska.

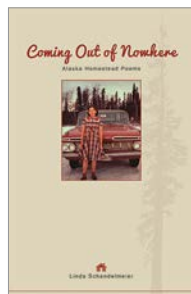
**RAY M. DROBY** is a licensed psychologist who has been in the field of mental health for nearly thirty years.



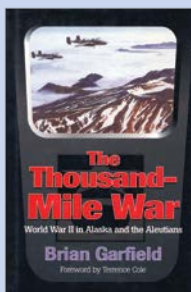
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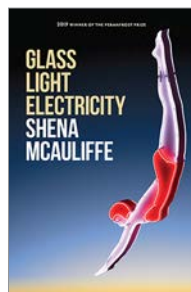
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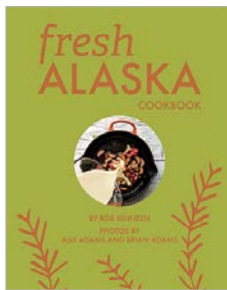
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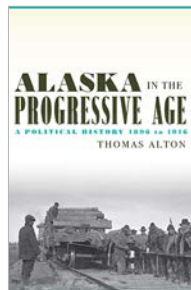
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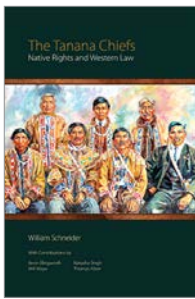
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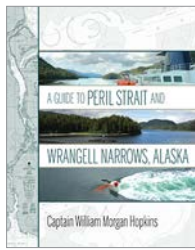
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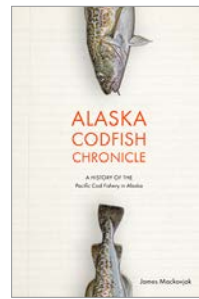
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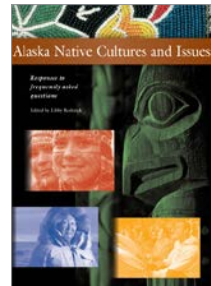
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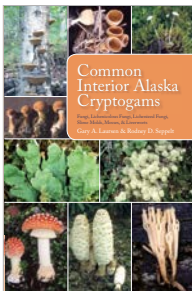
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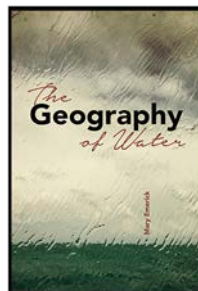
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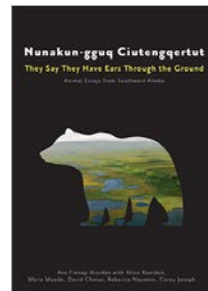
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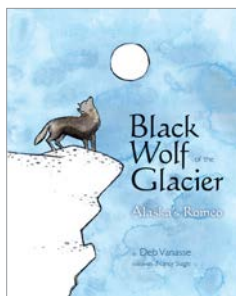
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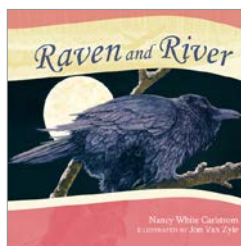
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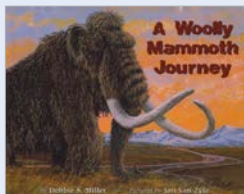
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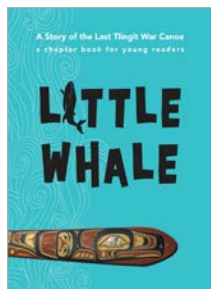
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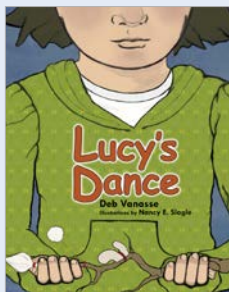
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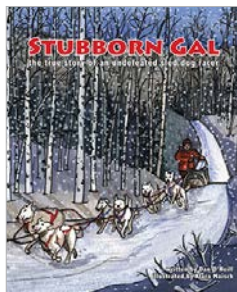
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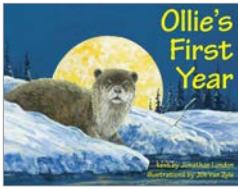
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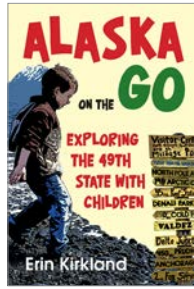


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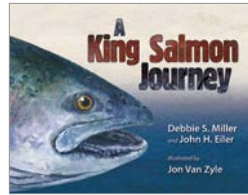


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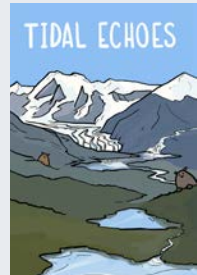
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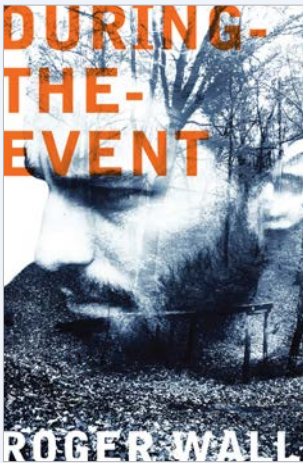
The journal is published by the University of Alaska Southeast and edited by undergraduate students on the Juneau campus. It may be purchased for \$5 from Emily Wall at [edwall@alaska.edu](mailto:edwall@alaska.edu).



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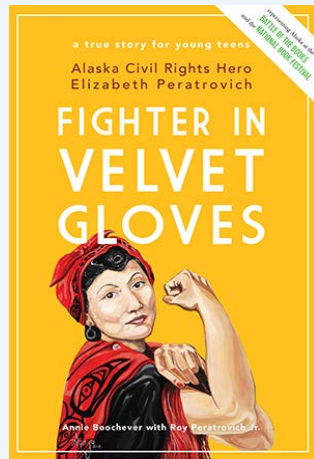


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