

Alex goes to Alnwood

Ashby



You are coming to Alwood. You might be worried about what to expect. This comic is to help you find out about Alwood.



Alex's new ward is called Ashby.

Alex might feel scared or worried about coming to a new ward. Staff will show Alex around.

OMG, it's so bare!
It definitely needs decorated!

Alex's bedroom - it's quite bare at the moment.

I don't want my bloods taken today.

When Alex comes to Alnwood, physical obs will be taken.

Alex gets a phone call to see how things are going.

Alex can make phone calls to keep in touch with people who are important.



As part of the structured day Alex meets with the team.


You're doing really well.



The team are doctors, nurses, psychologists, SALTs, OTs, Activities, social workers, advocates, teachers and chaplains.



After a few days Alex is starting his education.



This is freakin' sick man!

Alex enjoys music lessons – learning to play instruments, making songs and downloading music to an MP3 player.



Alex enjoys art lessons too.



The food isn't to everyone's liking but Alex can use the ADL kitchen to make food.

What a result... I can't wait to try it!



Alex likes to use the garden area – growing vegetables, flowers, cycle maintenance and relaxing on the swingseat.

I like this space.



Alex is able to make lots of cool things.

What happens if I press this button?



Alex uses the courtyard.

Anyone fancy a game?



It's nice to see you.

How are you? It's nice to hear from you.

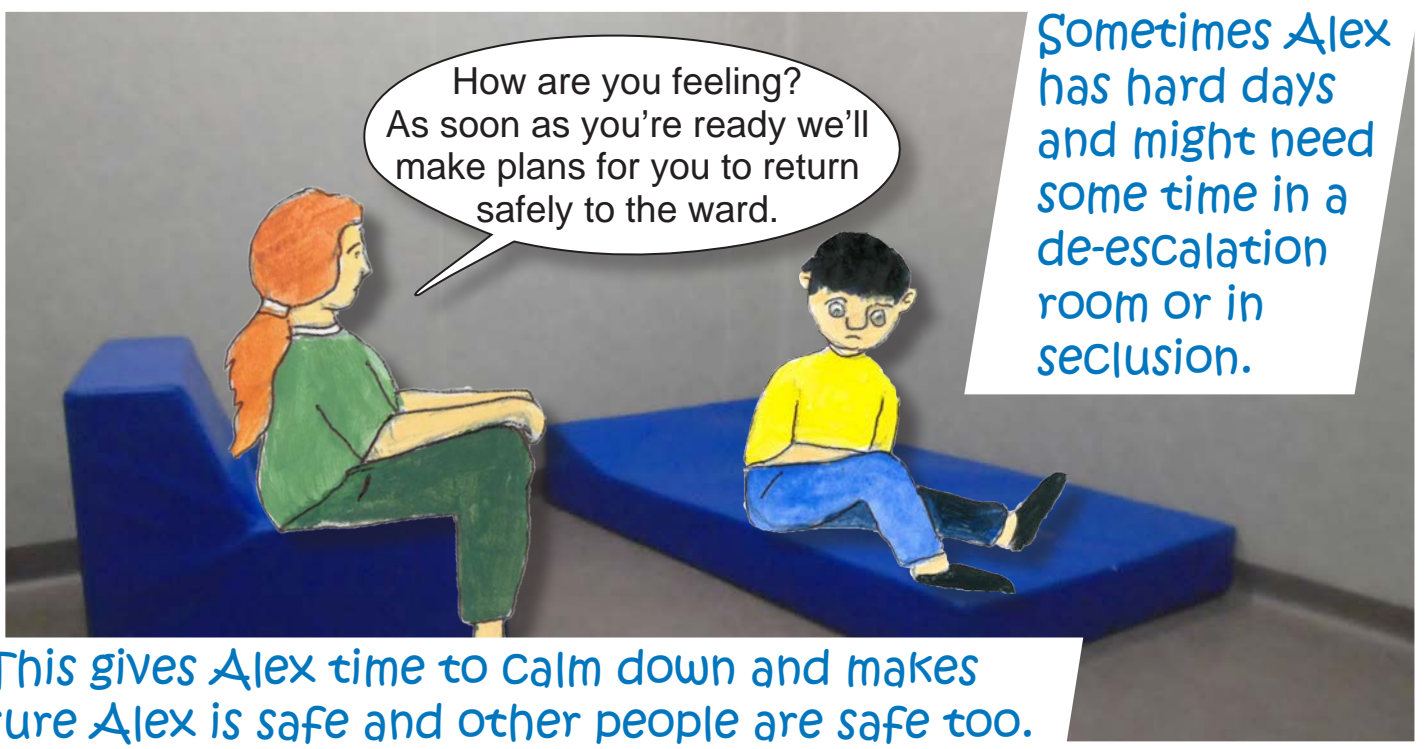


Alex can use Skype to keep in touch with people.

People who are important to Alex can visit too.

Don't eat all of that cake!





This gives Alex time to calm down and makes sure Alex is safe and other people are safe too.



Staff will stay close by when Alex is in seclusion. They will be there to help Alex.

Alex might be visited by the Police Liaison officer to talk about any offences.



Alex made some friends who have similar interests and know what it feels like to be somewhere new.



These people are all like me...

Pass the ball Alex!!

Alex was 'in the zone' when using the gym – running on the treadmill or using the rowing machine and trying out the gym equipment.



There's good places to chill out.



Alex uses the relaxation room to stay safe and feel calm.



When Alex is ready to leave Alnwood, the team make sure Alex is going to the best place for Alex. Young people go to different places when they leave Alnwood. Some might go to another hospital. Some might go to the community. Some might go home.

We hope this comic has helped you to know what to expect when you come to Alnwood. We are looking forward to meeting you when you arrive.

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If you think there are things we could do to make our service better please tell a member of the team.

Contact details

Alnwood
St Nicholas Hospital
Jubilee Road, Gosforth
Newcastle upon Tyne
NE3 3XT
Tel: 0191 246 6900



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