

# All About Me Theme for Preschool

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The goal behind an All About Me Theme is to help children learn about each other and each others' families! It is also a great way for you to get to know your children and their families better.

The theme helps children to realize that every person is unique and special; every child's thoughts and ideas are important and no one person is more or less important than another!



## PRESCHOOL PLAN IT STANDARDS

Instructions: See box in the "My Standard and Reference" column, enter your state or program's equivalent of the standard listed to the left. When completed, print and laminate for quick reference when using themes from the Preschool Cubby.

Approaches to Learning (ATL)	My Standard & Reference
1. ATL: Demonstrate appropriate curiosity & fascination in a variety of ways	22 MAT
2. ATL: Develop ability and self-direction to act and follow through with goals to investigate nature or real objects in and around the world	24 MAT
3. ATL: Engage in and cooperate with others in play and learning	25 MAT
4. ATL: Engage in and cooperate with others in play and learning	26 MAT
5. ATL: Engage in and cooperate with others in play and learning	27 SCI
6. ATL: Engage in and cooperate with others in play and learning	28 SCI
7. ATL: Engage in and cooperate with others in play and learning	29 SCI
8. ATL: Engage in and cooperate with others in play and learning	30 SCI
9. ATL: Engage in and cooperate with others in play and learning	31 ART
10. ATL: Engage in and cooperate with others in play and learning	32 ART
11. ATL: Engage in and cooperate with others in play and learning	33 ART
12. ATL: Engage in and cooperate with others in play and learning	34 ART
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17. ATL: Engage in and cooperate with others in play and learning	39 ART
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78. ATL: Engage in and cooperate with others in play and learning	100 ART

DISCLAIMER: These standards were developed based on research of the standards used in the early childhood field such as Head Start, DAP, NAEYC, and others. As well as any state established preschool developmental child outcome standards. © Copyright Preschool Plan It. [www.preschool-plan-it.com](http://www.preschool-plan-it.com)

## Using the Standards Conversion Chart

1. Type in each of your program's equivalent standards next to my standard.
2. Save to your computer.
3. Refer to this chart each time you use a theme from Preschool Cubby

## Using the Weekly Planning Form

In the weekly planning form, ALL of the boxes are editable! Simply print as they are OR move activities to the days you want them or replace activities with your own!

You'll find my standards listed under each activity. This is where you will enter YOUR program's standards (that you added to the Conversion Chart)

1. Refer to the conversion chart you completed and look up my Standard Letter/Number.
2. Replace that letter and number with YOUR program's equivalent that you typed into the Conversion Chart.
3. Print!

The Weekly AND Daily Planning forms are both 100% editable so you can move the activities to the days you want to do them or even replace them with your own activities! (If you do that-be sure to change them on the daily planning forms as well AND replace the standards in that box with the correct standards for the activity you have replaced mine with!)

NOTE: The blue areas will NOT print blue, don't worry! Those areas are the "editable areas". They will print with a white background when you print!

**All About Me WEEKLY PLANNER**

	CIRCLE	ART	MATH & MANIPULATIVES Throughout the week	SCIENCE	SMALL GROUP	MUSIC & MOVE	GROSS MOTOR	STORY TIME
<b>MON</b>	Who I Am Name Tag Creation 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD	Who I Am 18 SCI, 25 MAT, 31 ART, 36 LLD	I Can Make Shapes 9, 11, 13, 14 PDI, 22, 23 MAT, 27 SCI, 29 SCI, 43 LLD	Homem... Journal 1 ATL, 13, 15 PDI, 22, 23 MAT, 27 SCI, 29 SCI, 43 LLD	Mobile Playdough 13 PDI, 23 MAT, 27 SCI, 29 SCI, 43 LLD	Move To The Beat 3 ATL, 10 PDI, 22 MAT, 31, 34 ART, 36 LLD	Getting Dressed Ready 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD	1:00 Min By Nancy Carlson 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD
<b>TUES</b>	Eye Color Charting 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD	Cookie Cutter Painting 13, 14 PDI, 25 MAT, 29 SCI, 31 ART, 36 LLD	Thumbprints 13, 15 PDI, 22, 23 MAT, 27 SCI, 29 SCI, 43 LLD	Thumbprints 13, 15 PDI, 22, 23 MAT, 27 SCI, 29 SCI, 43 LLD	How to Be a Hero 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD	How to Be a Hero 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD	How to Be a Hero 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD	How to Be a Hero 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD
<b>WED</b>	Getting To Know Us 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD	Crayon Resist 13, 14 PDI, 25 MAT, 29 SCI, 31 ART, 36 LLD	Pinpoint Head Game 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD	Homem Part 2 1 ATL, 13, 15 PDI, 22, 23 MAT, 27 SCI, 29 SCI, 43 LLD	Thumb Print Cookies 13, 15 PDI, 22, 23 MAT, 27 SCI, 29 SCI, 43 LLD	Head, Shoulders, Knees and Toes 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD	Chalk Tracing Names 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD	My Book About Me 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD
<b>THU</b>	Show & Tell Day 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD	Thumb Print Finger painting 13, 14 PDI, 25 MAT, 29 SCI, 31 ART, 36 LLD	Homem Part 2-continued 1 ATL, 13, 15 PDI, 22, 23 MAT, 27 SCI, 29 SCI, 43 LLD	Homem Part 2-continued 1 ATL, 13, 15 PDI, 22, 23 MAT, 27 SCI, 29 SCI, 43 LLD	Copy Me 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD	Name Game Ball 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD	How I'm Big 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD	How I'm Big 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD
<b>FRI</b>	Who I Am 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD	What I Like 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD	How Many Blocks? 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD	About Me 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD	If You're Happy and You Know It 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD	Name Game Ball 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD	How I'm Big 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD	How I'm Big 1 ATL, 18 SCI, 25 MAT, 31 ART, 36 LLD

### SUGGESTED CHANGES TO INTEREST CENTERS FOR THE WEEK

<b>Block Center:</b> My House: Encourage the children to build their house out of the blocks in your block area. 1 ATL; 13, 14 PDI; 18 SCI; 23-26 MAT; 28 & 30 SCI	<b>Dramatic Play Center:</b> Housekeeping: This theme is perfect for your basic housekeeping center. It allows the children to be the grown-ups and to share and learn more about each other! 1 ATL; 10 & 17 PDI; 18 & 19 SCI; 32 ART; 36 LLD; 45 LLD	<b>Small Group:</b> Shape Faces: Provide different shaped paper for the children to choose from (circles, ovals, squares, etc.) to paint details of their face of friends' faces and hair on their shape. 13-15 PDI; 25 MAT; 28 SCI; 31 ART; 36 LLD
<b>Literacy in the Library:</b> Print and laminate 2 sets of the Activity mat letters from this packet. Several uses on that page! 41, 42 LLD	<b>Sensory (Sand/Water Table):</b> Bath Time: Add soapy water to your table along with baby dolls, wash cloths and towels. VARIATION: Add dishes, cups, etc. to your table with sponges and towels! 17 PDI; 19 SCI; 27, 28 & 30 SCI	<b>Writing Center:</b> Hand Prints: Have the children trace their hand and encourage them to print their name on it as best they can. They can compare the size of their hand print to other's handprints. Encourage them to try to cut out their handprints as well. 13-15 PDI; 41 & 43 LLD



## WEEKLY PLANNER

<i>Standards</i>								
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### SUGGESTED CHANGES TO INTEREST CENTERS FOR THE WEEK


<div>Theme</div> <div>You'll Need:</div>	



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<b>Theme</b> 	



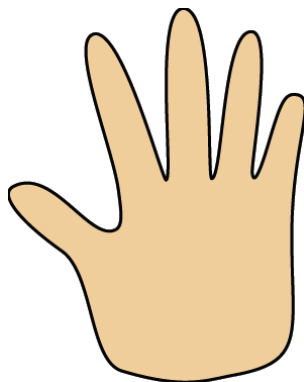
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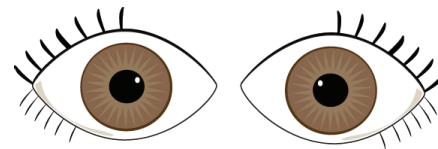
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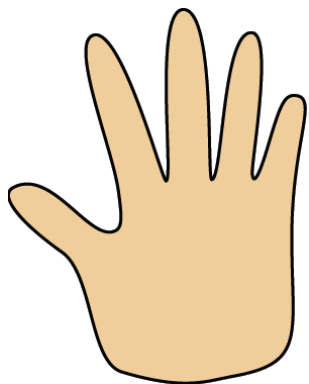
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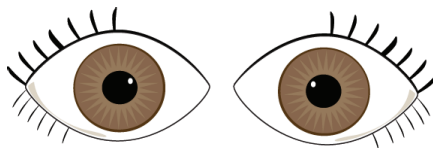
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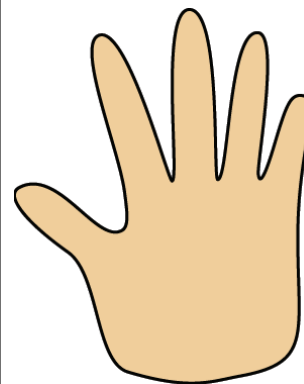
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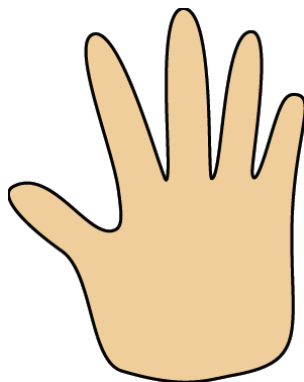
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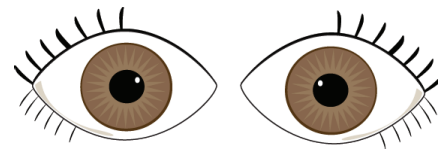
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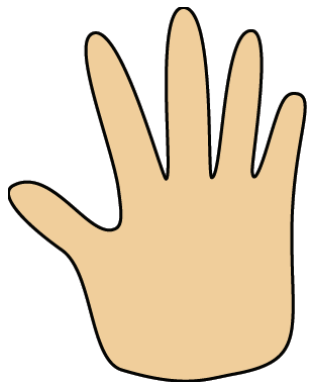
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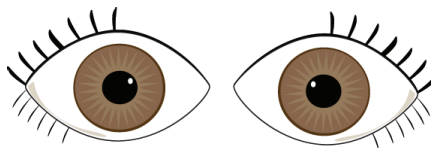
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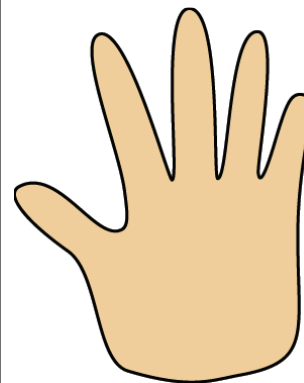
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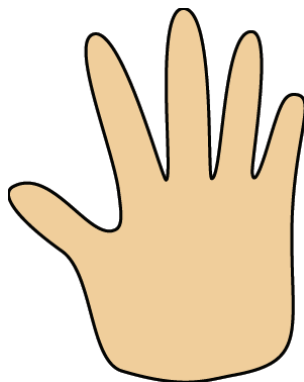


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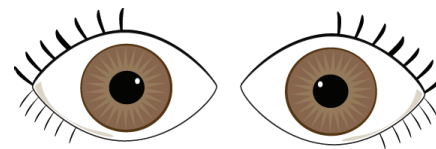
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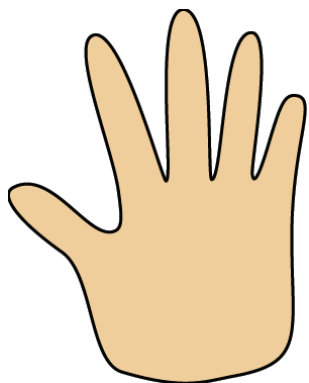
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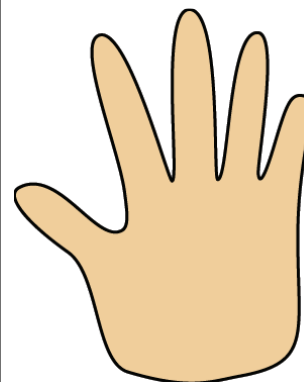
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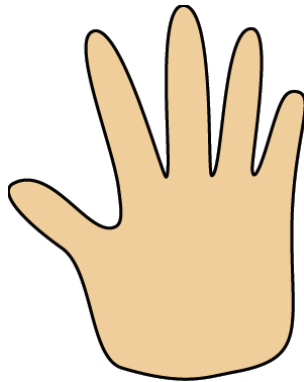


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Calendar Pieces All About Me Theme AB Pattern



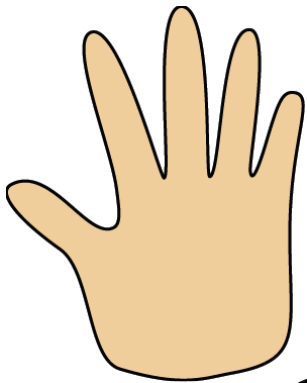
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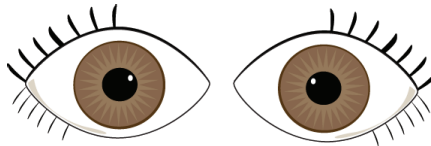
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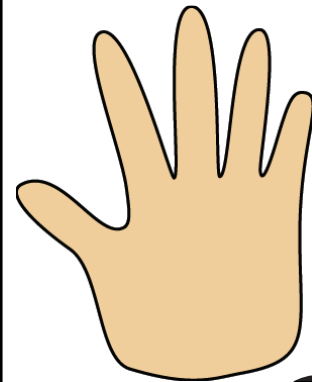
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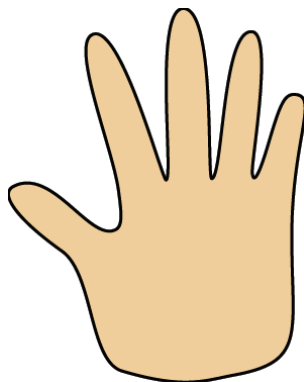


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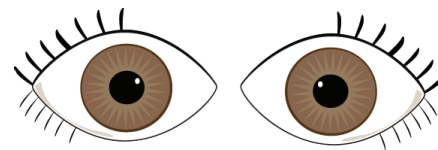
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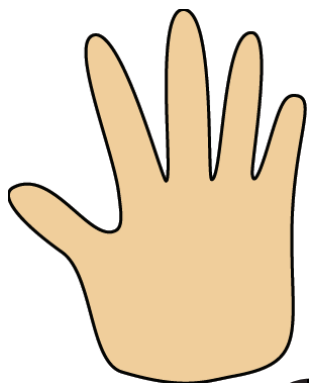
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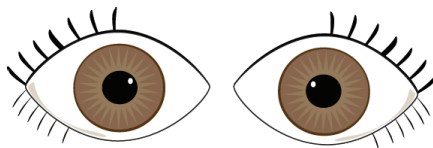
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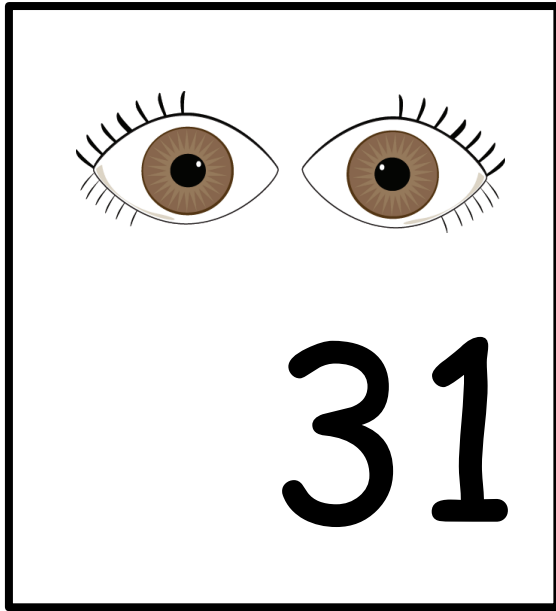
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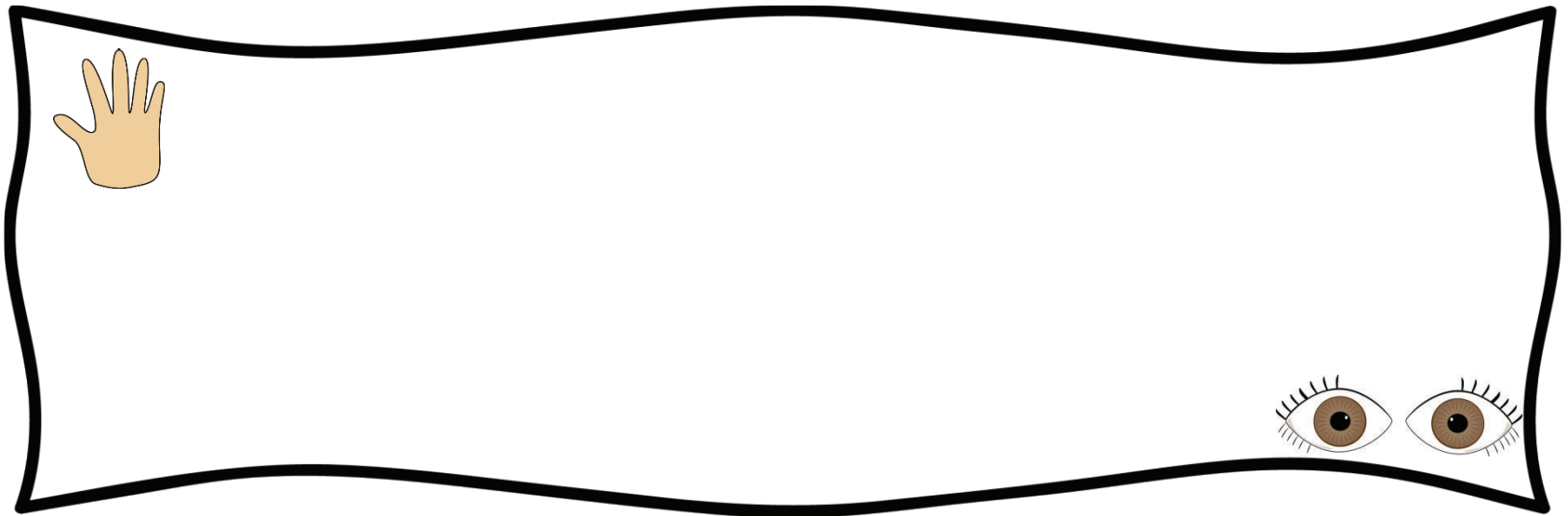


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The blank card below is to add the month you would like! Simply cut out, laminate and print the month's name with a dry erase marker so that you can erase and use whenever you like throughout the year.

Because this All About Me Theme is typically run at the beginning of the school year, the months of August and September are printed on the next page!





August



September



## Playdough Recipe

4 c (1000 mg) flour

2 Tbsp. (30 ml) oil

food coloring

1 ½ c (375 mg) salt

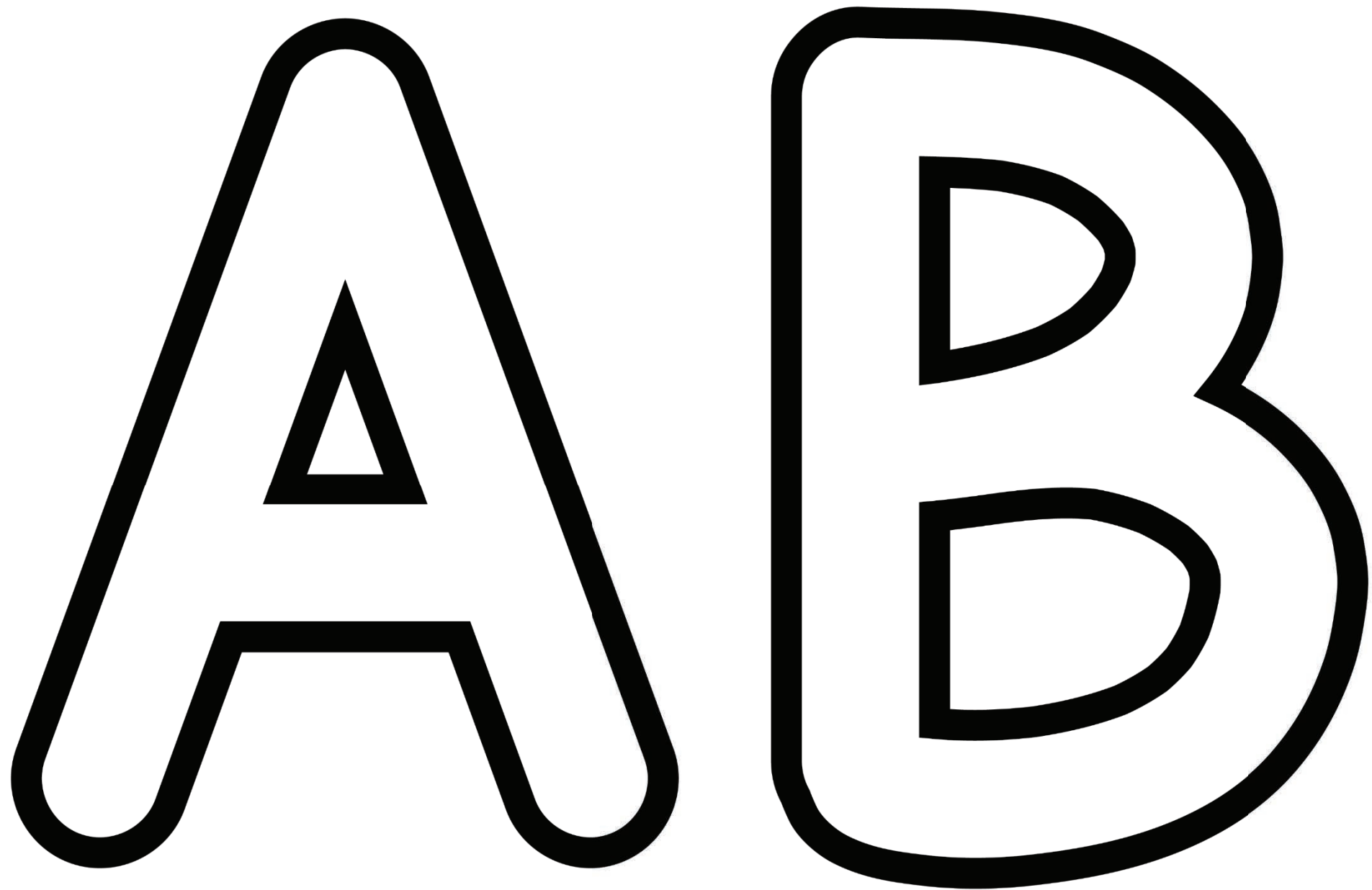
1 c (250 ml) water

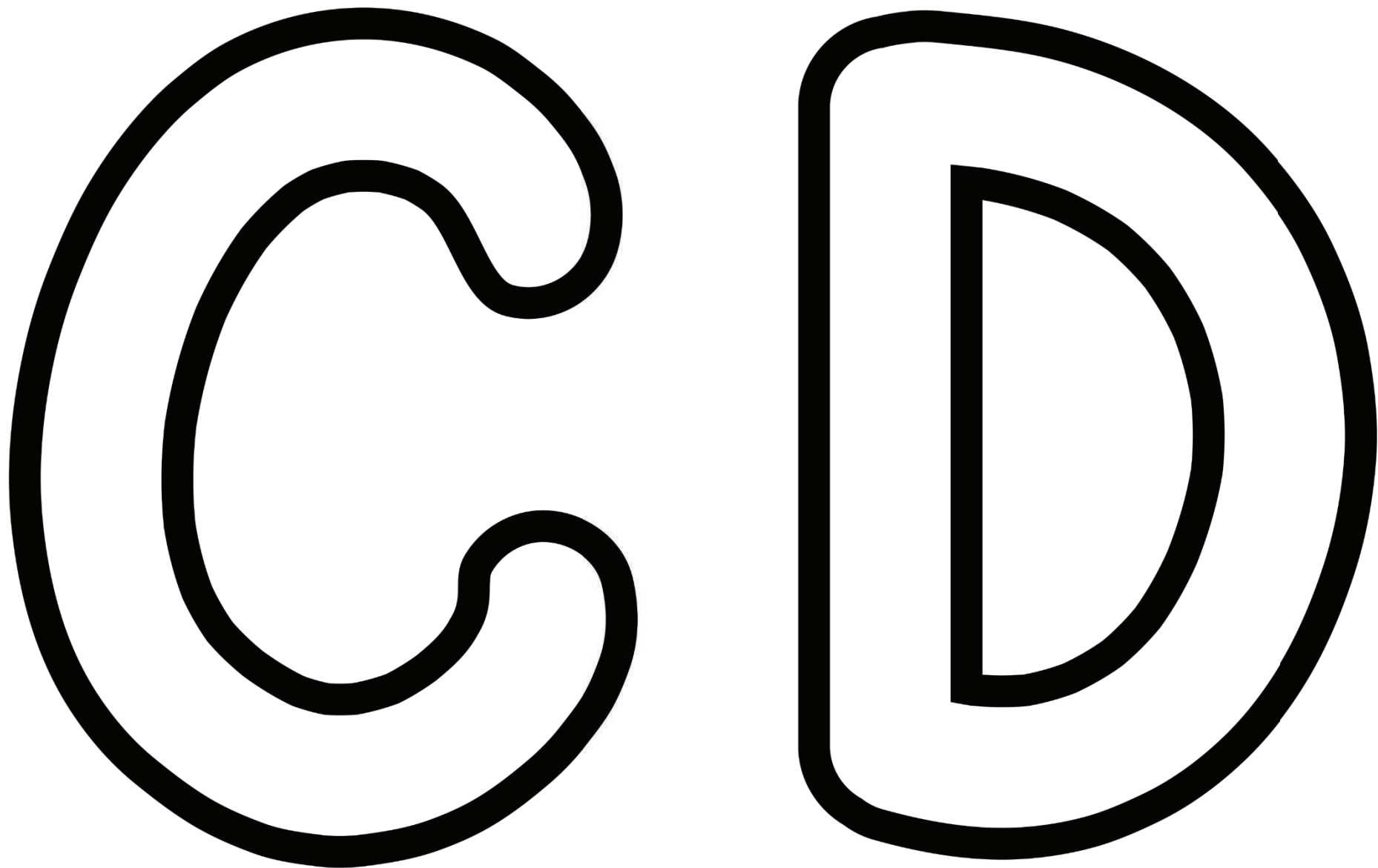
1. Add food coloring to water.
2. Add oil.
3. In separate bowl, mix flour and salt.
4. Add to wet ingredients. Mix, knead and play!

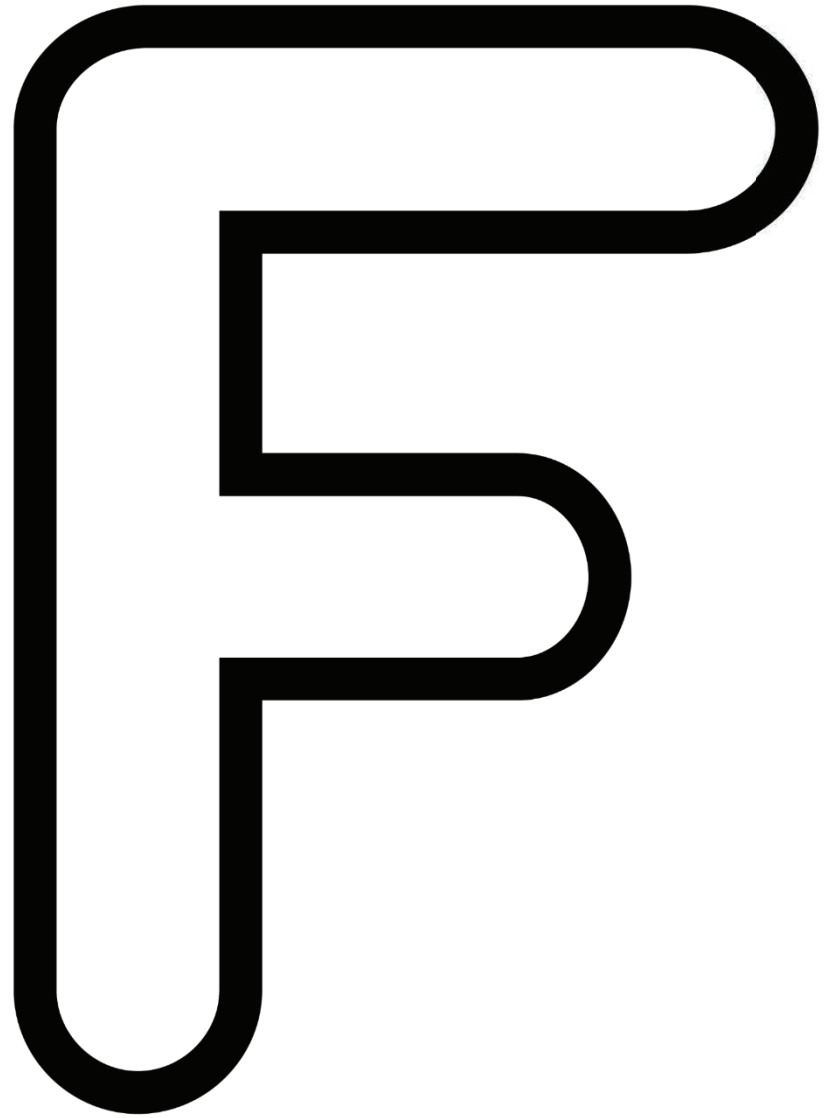
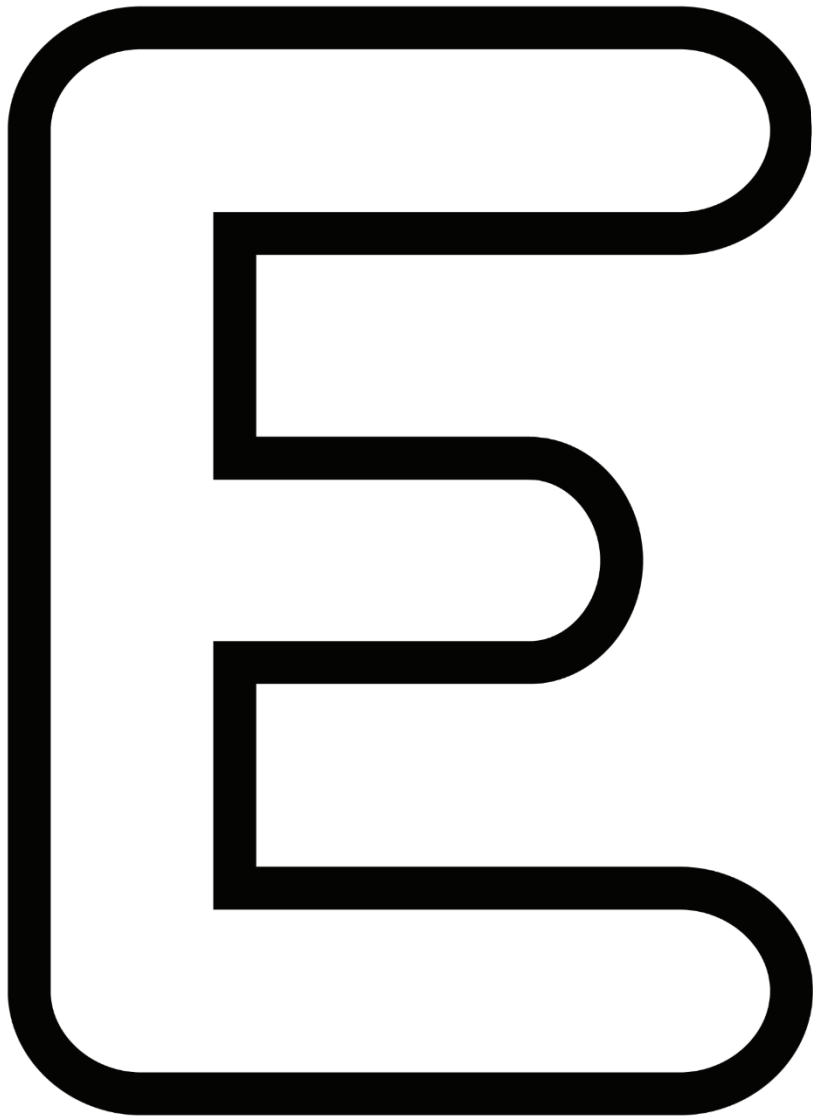
# **Letter Cards for: Playdough Alphabet Activity Mats and for Literacy in the Library Activity**

1. Print the following letter pages.
2. Cut each page in half, separating the 2 letters.
3. Laminate the half pages.
4. Use these with playdough for the children to develop their motor skills while developing their letter recognition and formation skills!
5. Provide children with dry erase markers to draw on and design their own letters while developing their pre-writing, letter recognition and motor skills!
6. Print 2 copies of each and laminate for the children to use as a matching game!

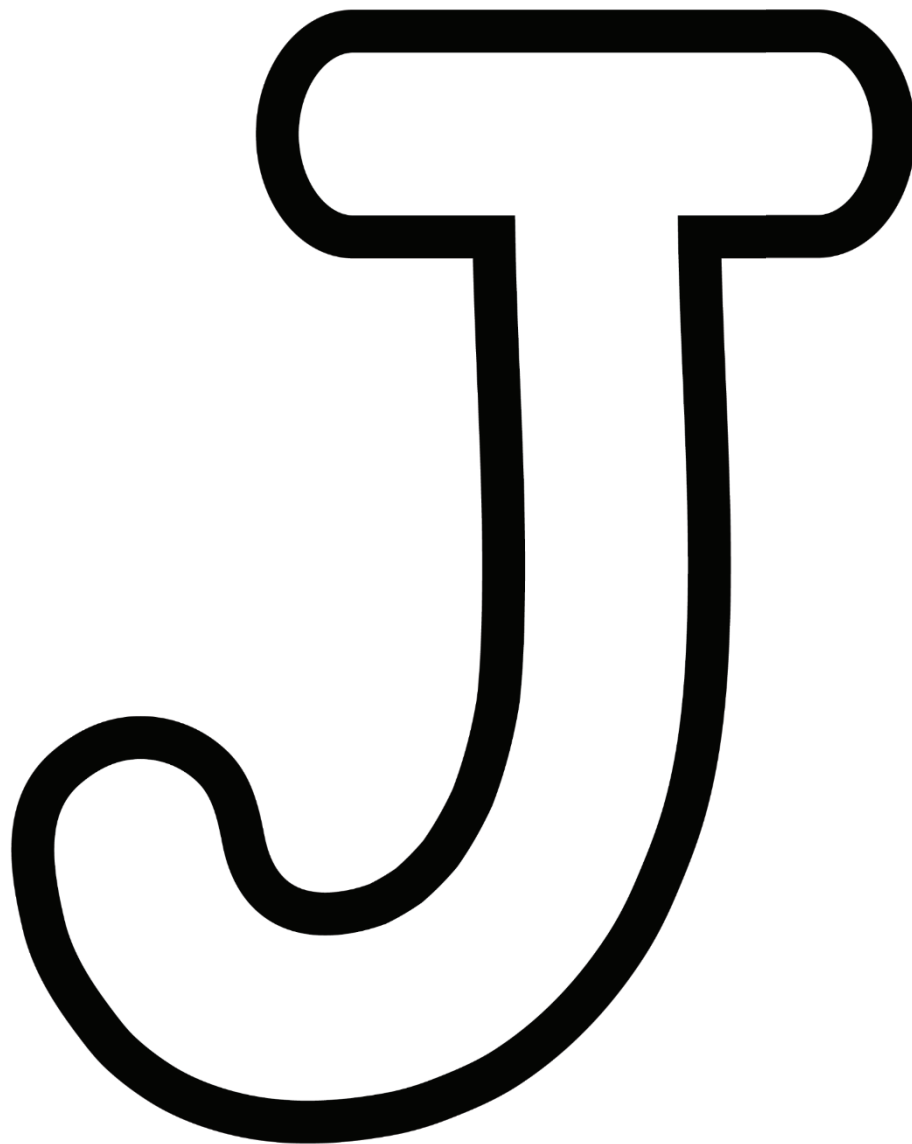
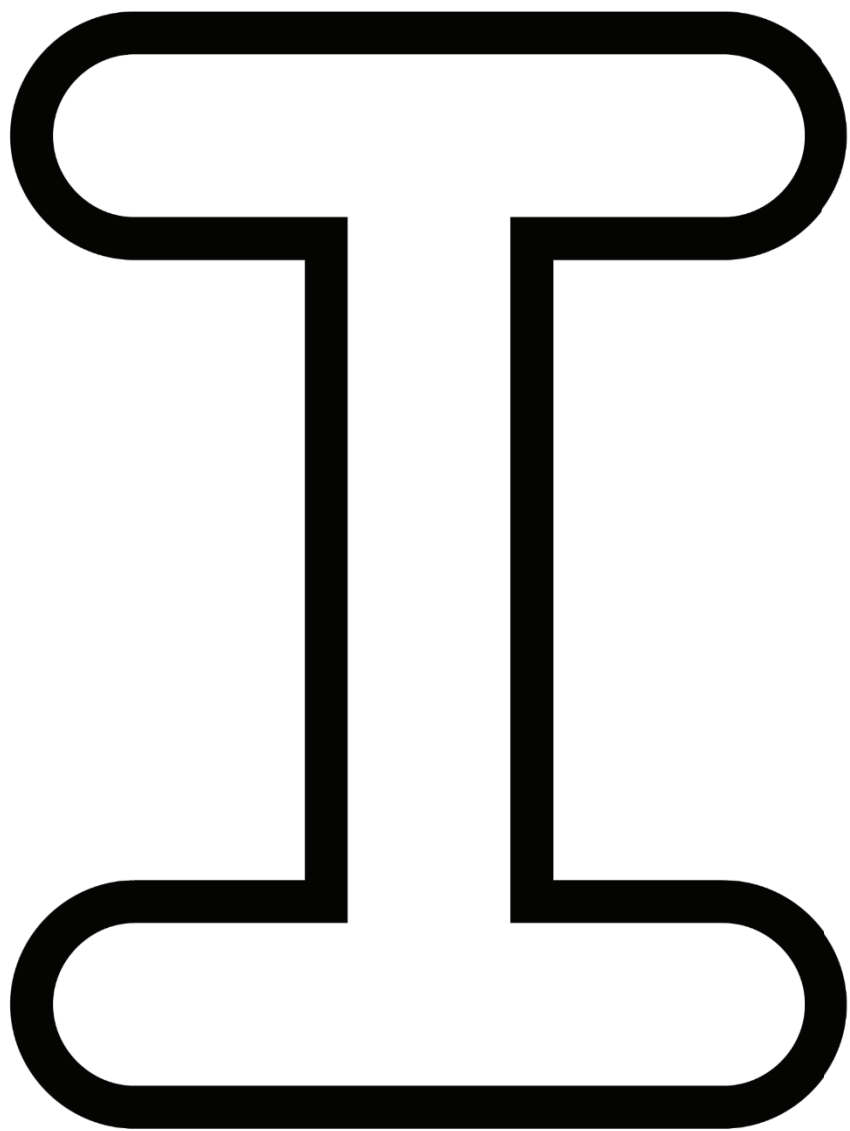


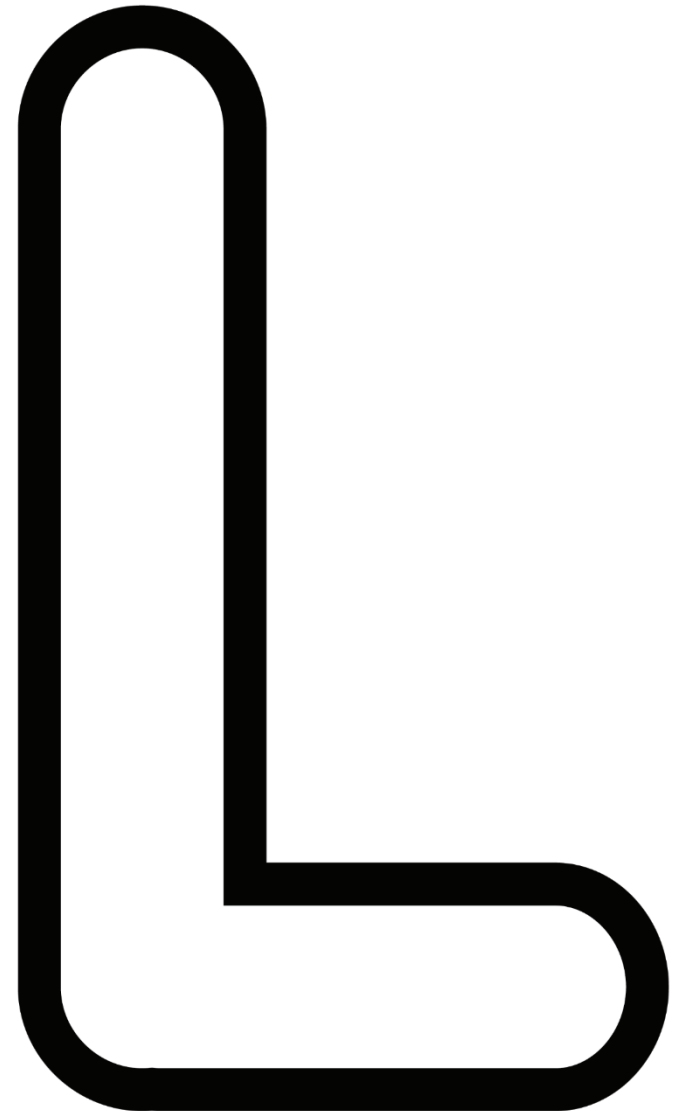
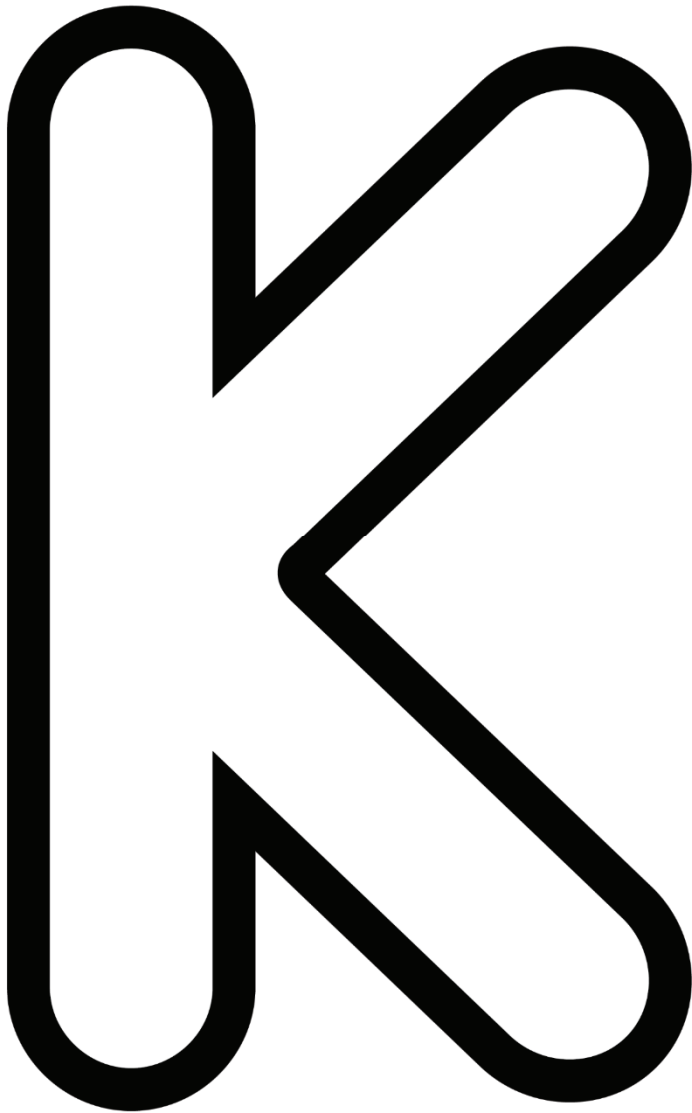




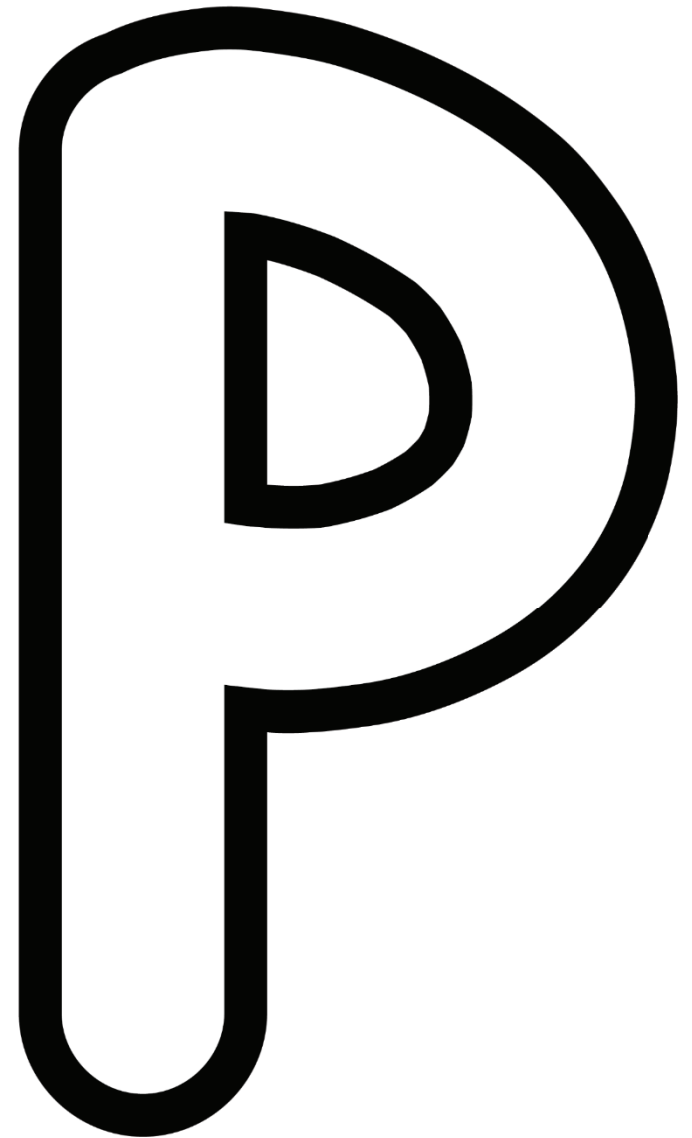
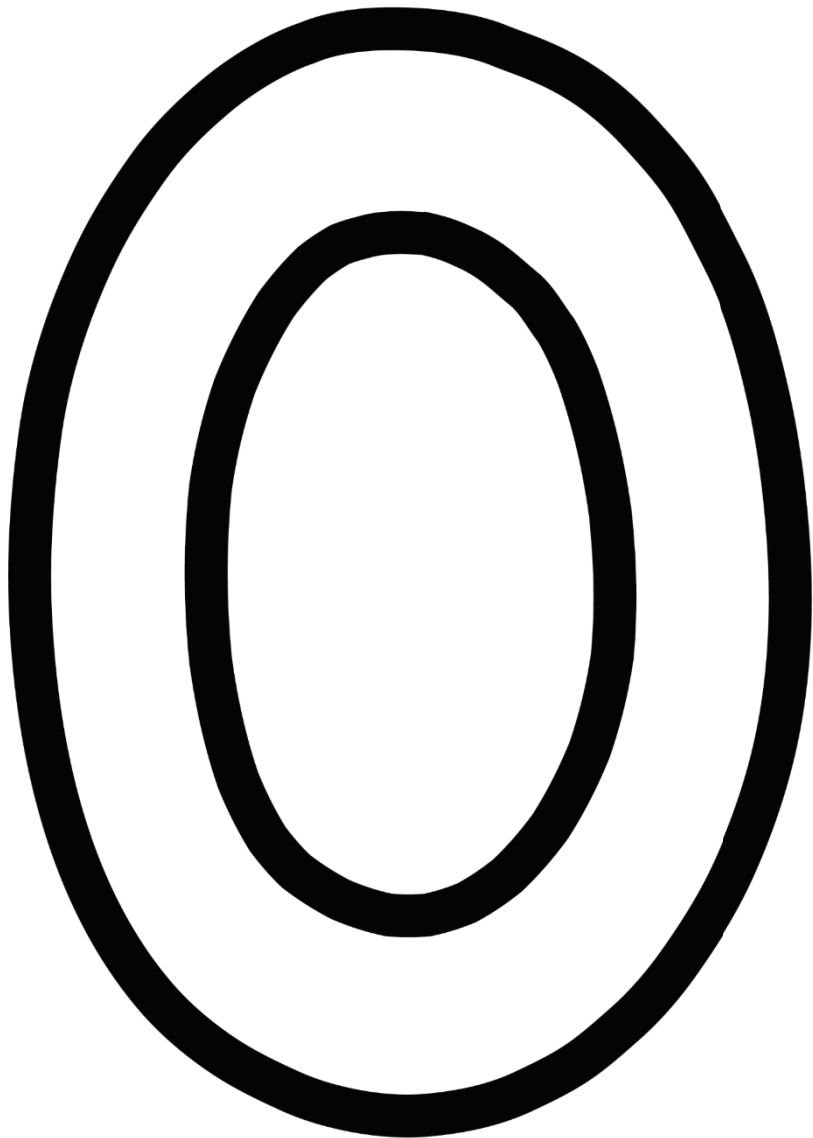




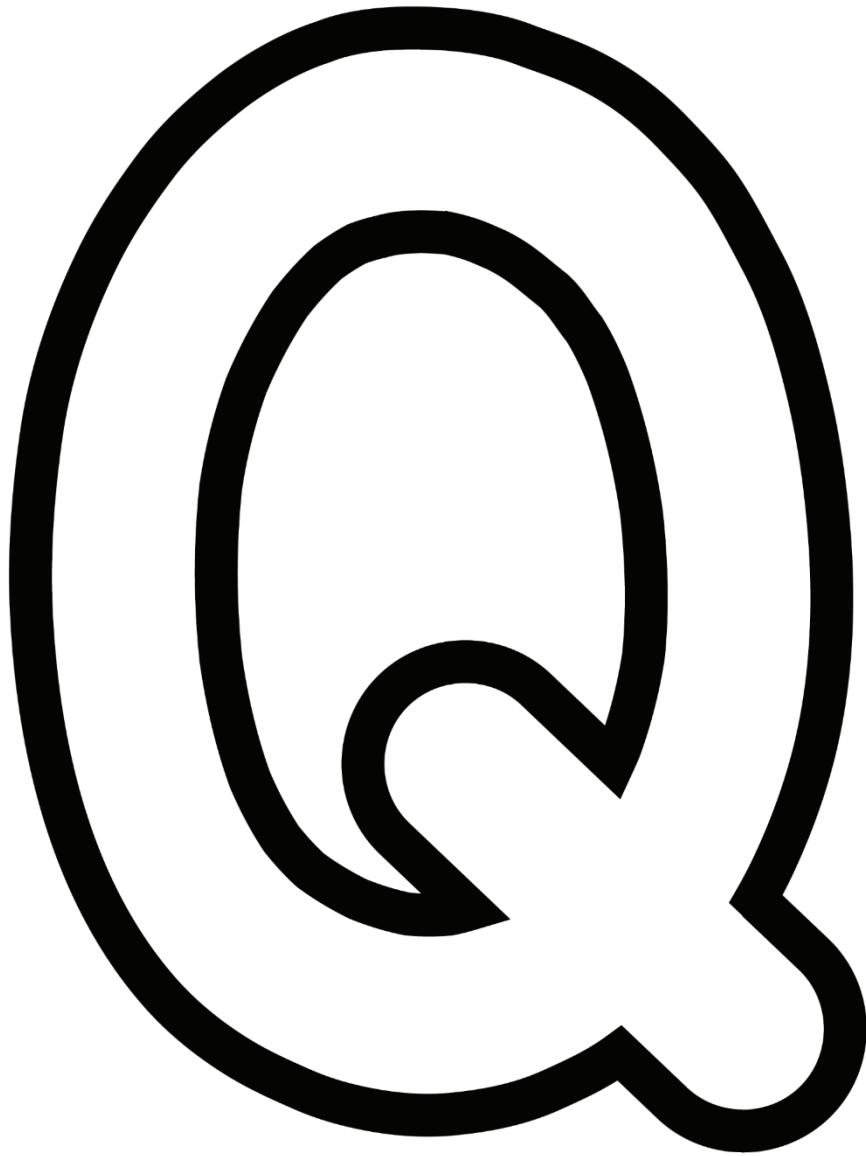




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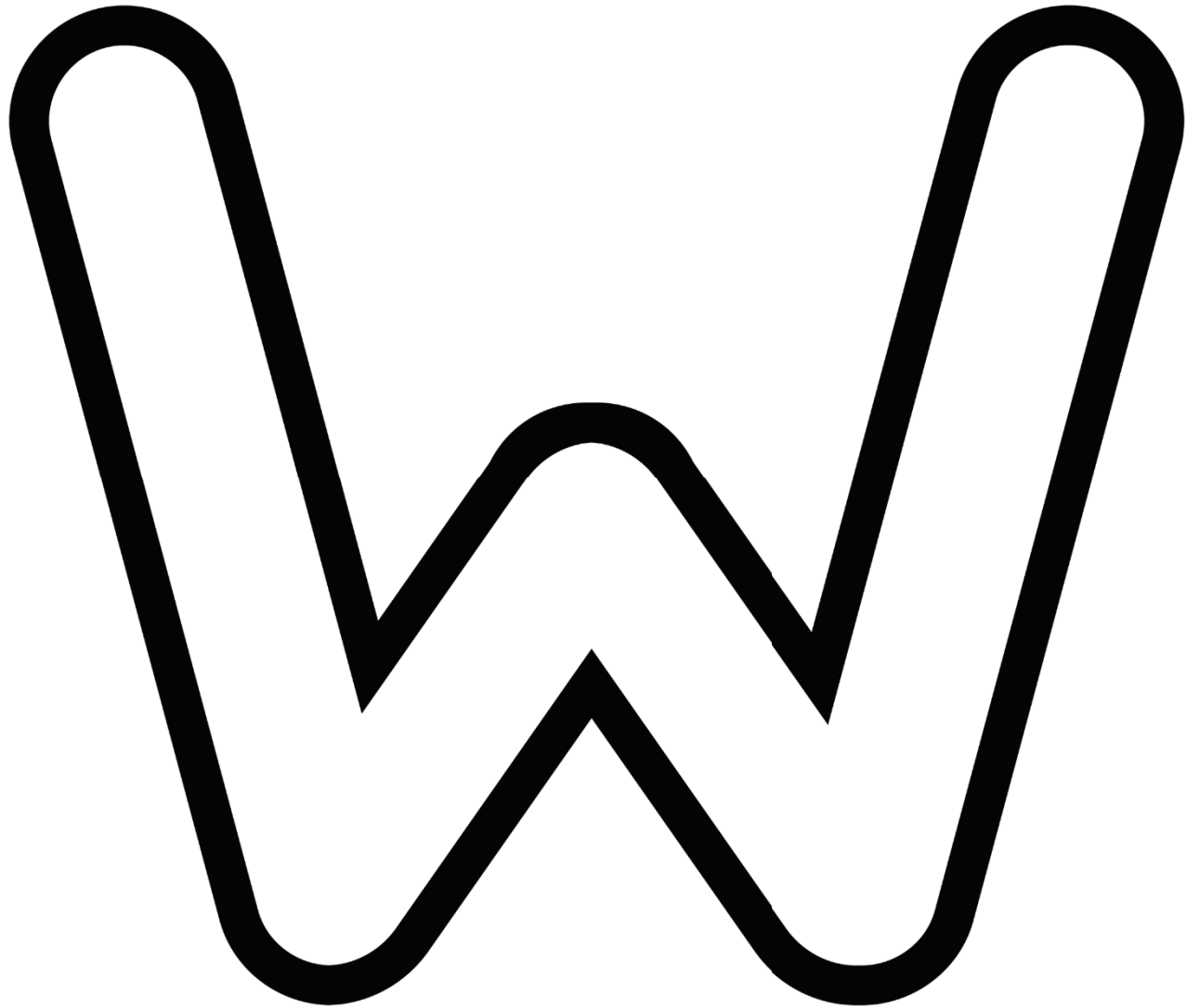




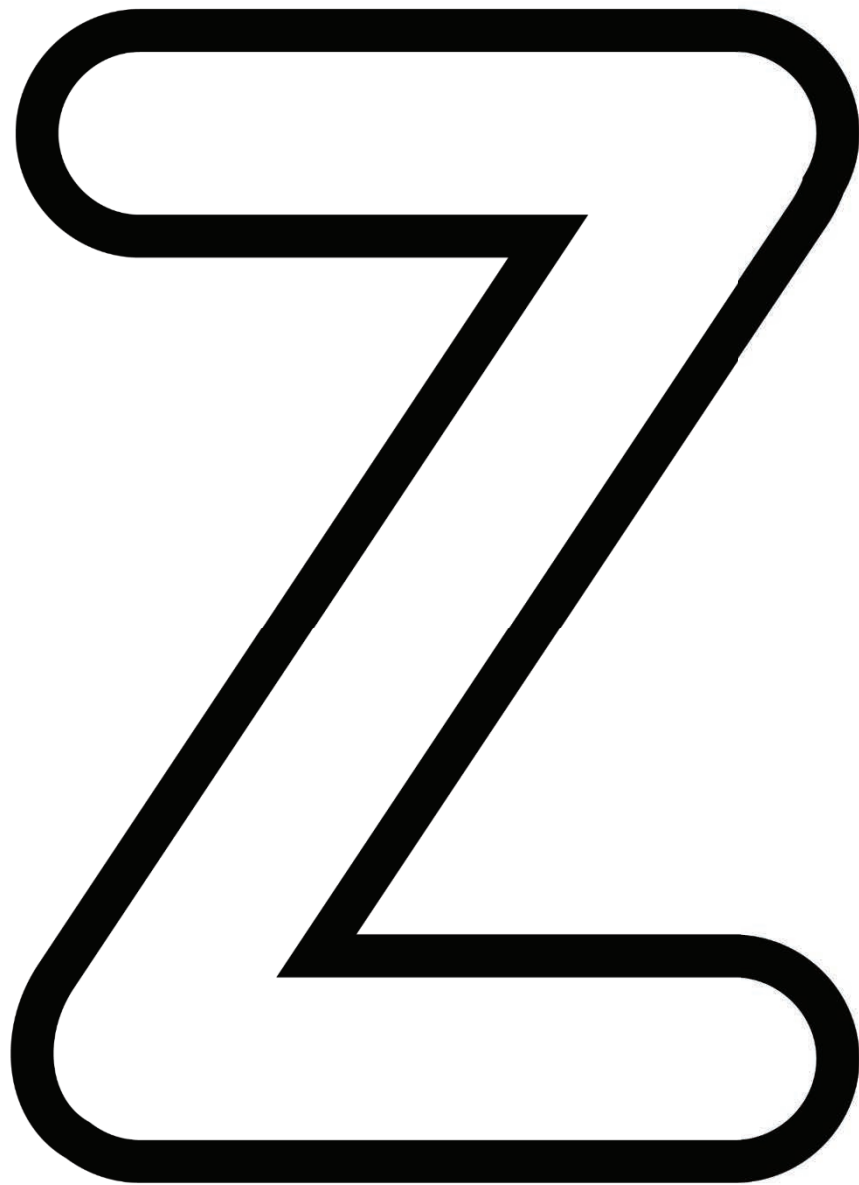
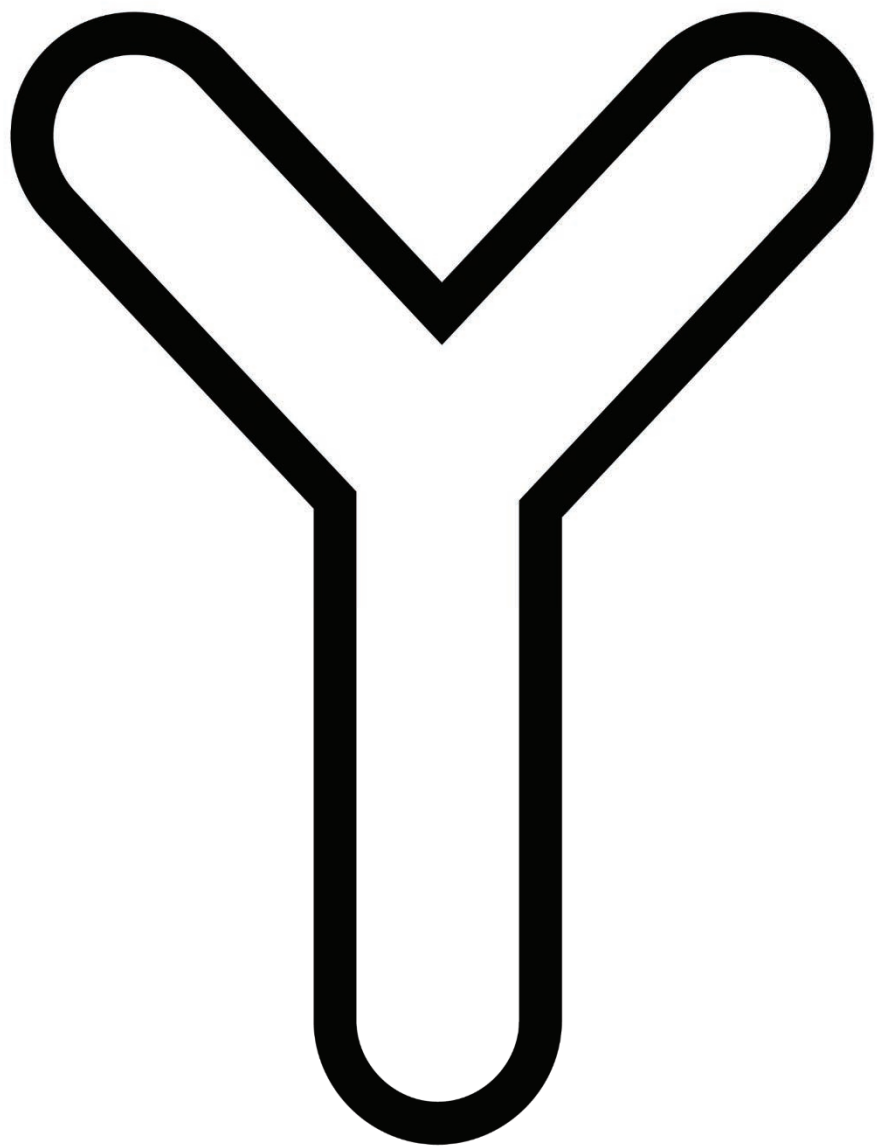
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## Potato Head Game

Potato Heads are still so popular and fun for preschoolers! Use their love of them to teach not only All About Me (eyes, ears, nose, etc.) but also taking turns, number sense, counting and color recognition!

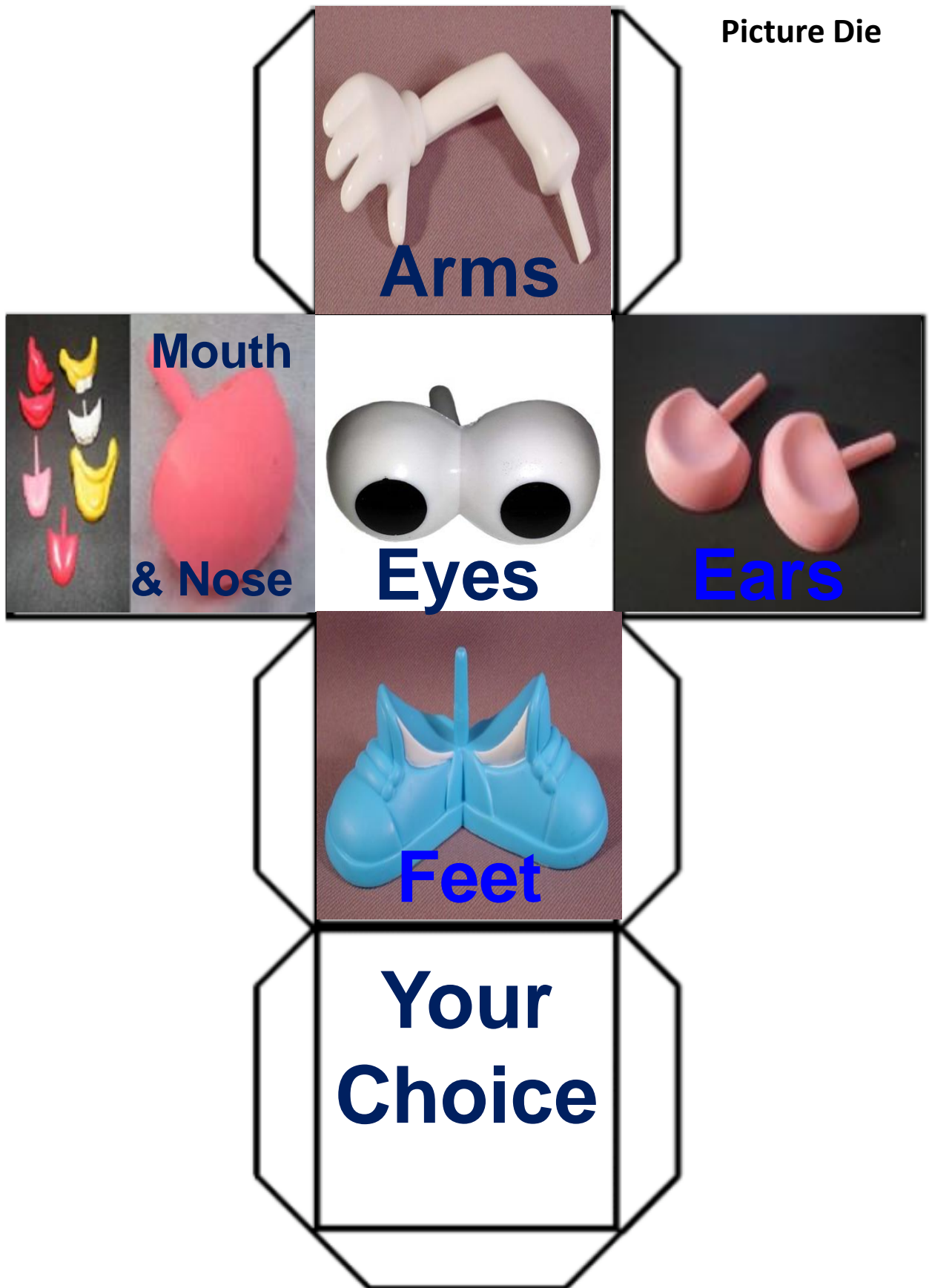
On the following page you will find a fun Potato Head game to add to your classroom this week!

### Potato Head Picture Die:

1. Print out this picture die onto sturdy tag board.
2. Fold into a cube.
3. Glue the tabs in place.
4. I also use clear, packing tape to cover the entire cube.
5. The children then take turns rolling the die.
6. They put on the piece of the potato head that lands up right!

I also have a Potato Head Game Pack for sale [here in my store](#) that has 3 additional math games to use with Potato Heads!

**Potato Head Game:  
Picture Die**





# Song Card & Song Poster

How to use:

- Print and laminate the song card below (it is 5" X 3").
- Place in a can or box with other cards of songs your children love!
- In transitional times (waiting to go outside or wash hands, etc.), pull out your song box or song can (I use a decorated coffee can!).
- Shuffle the cards in your hands saying "Shuffle, shuffle, shuffle" and your children yell "STOP"!
- When they yell stop, whichever card is on top is the one you sing! The kids LOVE this!

Each month you'll receive one of these cards that correspond with the song poster for the month to add to your Song Card Collection!

On the next page, you'll find the Song Poster! Print and laminate for use over the years!



# Head, Shoulders, Knees & Toes

Head, shoulders, knees & toes!

Knees and toes!

Head, shoulders, knees & toes!

Knees and toes!

Eyes, and Ears and Mouth and Nose

Head, shoulders, knees & toes!

Knees and toes!

Hair, elbows, tummy and hips

Tummy & hips!

Hair, elbows, tummy and hips!

Tummy & hips!

Chin and cheeks and teeth and lips!

Hair, elbows, tummy and hips

Tummy & hips!

